

# Clinical significance of overexpression of NRG1 and its receptors, HER3 and HER4, in gastric cancer patients

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## Abstract

**Background** Neuregulin 1 (NRG1), a ligand for human epidermal growth factor (HER) 3 and HER4, can activate cell signaling pathways to promote carcinogenesis and metastasis.

**Methods** To investigate the clinicopathologic significance of NRG1 and its receptors, immunohistochemistry was performed for NRG1, HER3, and HER4 in 502 consecutive gastric cancers (GCs). Furthermore, HER2, microsatellite instability (MSI), and Epstein-Barr virus (EBV) status were investigated. *NRG1* gene copy number (GCN) was determined by dual-color fluorescence in situ hybridization (FISH) in 388 available GCs.

**Results** NRG1 overexpression was observed in 141 (28.1%) GCs and closely correlated with HER3 ( $P = 0.034$ ) and HER4 ( $P < 0.001$ ) expression. NRG1 overexpression was significantly associated with

aggressive features, including infiltrative tumor growth, lymphovascular, and neural invasion, high pathologic stage, and poor prognosis (all  $P < 0.05$ ), but not associated with EBV, MSI, or HER2 status. Multivariate analysis identified NRG1 overexpression as an independent prognostic factor for survival ( $P = 0.040$ ). HER3 and HER4 expressions were observed in 157 (31.3%) and 277 (55.2%), respectively. In contrast to NRG1, expression of these proteins was not associated with survival. *NRG1* GCN gain ( $\text{GCN} \geq 2.5$ ) was detected in 14.7% patients, including two cases of amplification, and was moderately correlated with NRG1 overexpression ( $\kappa, 0.459$ ;  $P < 0.001$ ).

**Conclusions** Although our results indicate a lack of prognostic significance of HER3 and HER4 overexpression in GC, overexpression of their ligand, NRG1, was associated with aggressive clinical features and represented an independent unfavorable prognostic factor. Therefore, NRG1 is a potential prognostic and therapeutic biomarker in GC patients.

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**Keywords** Gastric cancer · Neuregulin 1 · Immunohistochemistry · Fluorescence in situ hybridization · Copy number gain

## Introduction

Despite recent diagnostic and therapeutic advances, gastric cancer (GC) remains a leading cause of cancer deaths, particularly in South Korea [1]. Deeper understanding of the molecular pathogenesis of GC has contributed to successful clinical application of targeted drugs, for example, drugs targeting to human epidermal growth factor receptor (HER) 2 mutations [2]. The HER family consists of four

transmembrane proteins, HER1 (EGFR), HER2, HER3, and HER4. HER2 is well studied and can induce cell proliferation, differentiation, and apoptosis [2]. HER2 overexpression has been found in a subset (20–30%) of GC samples, primarily as a result of *HER2* gene amplification [2, 3], and currently, drugs targeting HER2-positive GC are increasingly used as part of treatment for patients with advanced GC, as they can significantly improve outcomes [3, 4]. Unfortunately, a significant number of these patients eventually develop drug resistance and exhibit poor survival rates [4, 5]; hence, recent studies have focused on other members of the HER family, including HER3 and HER4 and their ligands.

Neuregulin (NRG) is a ligand of HER family protein, which has more than 32 isoforms. NRG1 is the predominant ligand of HER3 and HER4. Through binding to HER3, it functions in specific regulation of cell proliferation and organ development [6, 7]. Additionally, NRG1 can induce carcinoma development and promote metastasis [7]. Interestingly, recent studies have suggested that PI3K/Akt activation through the NRG1/HER3 signaling pathway leads to development of resistance to HER2-targeted treatment, and it has been proposed that inhibition of this signaling pathway has potential as a therapeutic option to overcome resistance to anti-HER2 treatment [8–11]. However, few studies have assessed the association of NRG1 status and GC or the clinicopathologic significance of the NRG1/HER3/HER2 and NRG1/HER4/HER2 axis in GC.

Unlike other HER family proteins, HER3 lacks significant tyrosine kinase activity; it has a regulatory function through heterodimer formation with other members of the HER family [12]. Heterodimer containing HER3 can activate the following two key signaling pathways: mitogen-activated protein kinase (MAPK) and phosphoinositide 3-kinase (PI3K)/Akt [12]. In various cancers, HER3/HER2/PI3K/Akt signaling promotes tumor cell proliferation and survival [6, 12, 13]. Several studies have demonstrated associations between HER3 protein expression and poor survival in various cancers including GC [14–17].

HER4 has markedly different functions in tumors, including functionally distinct splice isoforms and multiple proteolytically derived types. Alternative splicing of HER4 releases its intracellular domain and enables it to translocate to the nucleus [18–20]. Although the function of nuclear HER4 has not been fully elucidated, it has a role as a transcriptional cofactor [19]. Several previous studies have reported various prognostic associations with HER4 immunohistochemistry (IHC) results, particularly in breast cancer, including a correlation between cytoplasmic HER4 and improved prognosis [18]. However, the prognostic role of cytoplasmic and nuclear expression of HER4 in GC

remains unclear. Moreover, detailed information regarding the mechanism of action of HER4 and its relationship with its ligand in gastric cancer is lacking [17].

In this study, we aimed to determine the prevalence and clinicopathologic implications of NRG1 expression in a large cohort of GC samples and to assess the relationship between NRG1 expression and that of HER3 and HER4. In addition, NRG1 expression status in GC was compared with HER2 positivity, Epstein-Barr virus (EBV) in situ hybridization (ISH), and microsatellite instability (MSI) status. We evaluated the *NRG1* gene copy number (GCN) status using dual-color fluorescence in situ hybridization (FISH) analysis and compared the concordance rate between protein expression and genetic alteration for NRG1.

## Materials and methods

### Patients and clinicopathologic characteristics

A total of 502 consecutive GC patients who had curative surgery at Seoul National University Bundang Hospital from May 2003 to December 2005 were analyzed in this study. Clinical information including age, sex, size, location, and pathologic stage were collected retrospectively from medical records retrospectively. Patients who had received preoperative chemotherapy or radiotherapy were excluded from this study. The American Joint Committee on Cancer seventh staging system was used to determine pTNM stage [21]. Disease-specific survival (DSS) data were collected, including patient outcome, the interval between the date of surgery and the date of death due to GC, and the period of disease-free survival (DFS) from surgery until the date of disease progression, death, or last disease assessment.

### Tissue microarray (TMA) construction

TMA blocks were constructed using previously described methods [22]. Briefly, we selected a representative tumor area for TMA construction in each case, and tissue cores of 2 mm diameter were transferred to the TMA block. Samples were considered valid when the tumor occupied more than 15% of the core area. Serial sections were cut and used for IHC and FISH analyses.

### Immunohistochemistry

We performed IHC using anti-NRG1 (1:2000, Abcam, Cambridge, MA, USA), anti-HER3 (1:3000, Thermo Scientific, Fremont, CA, USA), anti-HER4 (1:8000, Thermo scientific), and anti-HER2 (4B5; pre-dilution; Ventana

Medical Systems, Tucson, AZ, USA) antibodies with a Ventana Benchmark automatic immunostaining system (BenchMark XT, Ventana Medical system), according to the manufacturer's instructions. Antigen retrieval for immunohistochemistry consisted of Cell Conditioning 1 (CC1) (pH 8.4) for 24 min at 100 °C. Sections on microslides were incubated with these antibodies and immunoreactivity detected using diaminobenzidine (DAB) substrate. Immunostaining was interpreted without prior knowledge of clinicopathologic data. NRG1, HER3, and HER4 were faintly expressed in the foveolar glands of non-neoplastic gastric mucosa; however, weak to moderate expression was observed in the cytoplasm of deep gastric glands. In tumor cells, NRG1 expression was detected in the cytoplasm and HER3 expression in the cytoplasm and/or membrane of tumor cells. HER4 expression was also observed in the cytoplasm of tumor cells; however, a significant fraction of GC exhibited nuclear expression of HER4; therefore, we recorded cytoplasmic and nuclear expression of HER4 separately. We evaluated both the extent (%) and the intensity of positive tumor cells. The intensity of NRG1, HER3, and HER4 protein expression was classified into the following four categories according to the scoring system presented in a previous report [15]: 0, negative; 1+, weak positive; 2+, moderate positive; 3+, strong positive. For statistical analysis, cases with the immunostaining intensity of 2+ or 3+ in 10% or more tumor cells were defined as positive or overexpression of NRG1 and its receptors.

#### **NRG1 analysis by dual-color fluorescence in situ hybridization**

We performed FISH analysis to evaluate *NRG1* GCN. Of the 502 cases, 388 were interpretable by FISH analysis. Samples that were negative for tumor cells or without FISH signals were excluded. *NRG1* gene status was evaluated by dual-color FISH assay according to the manufacturer's instructions [23]. TMA slides (2 µm in thickness) were incubated with a *NRG1* probe (Macrogen Inc., Seoul, Korea) and centromeric enumeration probe 8 (CEP8, Macrogen Inc., Seoul, Korea) with pepsin at 37 °C for 30 min. After being placed in HYBrite solution (Abbott Laboratories, Abbott Park, IL, USA) at 74 °C, slides were counterstained with DAPI (Macrogen, Inc., Seoul, Korea). FISH analysis was evaluated without prior knowledge of clinicopathologic information. Entire cores were scanned and signals in 20 non-overlapping tumor nuclei counted in each core. If clusters were observed, small and large clusters were considered as 6 and 12 signals, respectively. *NRG1* amplification was defined as an *NRG1*/CEP8 ratio of  $\geq 2.0$ . In addition to *NRG1* amplification, increased *NRG1* GCN signals were also observed. Since there are no

standardized guidelines for evaluation of *NRG1* gene status, we used a cutoff value adapted from a previous study on *EGFR* in gastric cancer [24]; hence, *NRG1* GCN gain was defined as the copy number of *NRG1* per nucleus of  $\geq 2.5$ .

#### **Evaluation of HER2 status**

HER2 status was determined according to the results of IHC and silver ISH (SISH), as described previously [25]. Briefly, HER2 protein expression was evaluated according to the DAKO guideline for scoring HercepTest<sup>TM</sup> in GC. *HER2* gene status was evaluated using a Ventana Benchmark XT device (Ventana Medical Systems). INFORM HER2 DNA and INFORM Chromosome 17 (CEP17) were used for automatic SISH staining. HER2 positivity was indicated when cancer cells had IHC scores of 2+ or 3+ in addition to *HER2* gene amplification based on SISH.

#### **Microsatellite instability status**

Tissue sections were obtained from formalin-fixed paraffin-embedded blocks, and both tumor and normal areas were microdissected. After deparaffinization with incubation at 70 °C for 10 min, DNA was extracted using a chelating ion-exchange resin (Instagene matrix; Bio-Rad, Hercules, CA, USA) according to the manufacturer's instructions. MSI analysis was performed using an ABI 3731 automated DNA sequencer (Applied Biosystems, Foster City, CA, USA) with five microsatellite markers (BAT-26, BAT-25, D5S346, D17S250, and D2S123). MSI status was determined into MSI-high (two or more unstable markers), MSI-low (one unstable marker), or microsatellite stable (MSS, no unstable marker) [25].

#### **Epstein-Barr virus in situ hybridization**

EBV ISH using a fluorescein-conjugated EBER oligonucleotide probe (INFORM EBV-encoded RNA probe, Ventana Medical Systems) was performed to determine the EBV status of tumor samples. The cases with cancer cells positive for nuclear EBER were considered EBV-positive GC.

#### **Statistical analyses**

SPSS 21.0 (SPSS Inc., Chicago, IL, USA) was used for statistical analyses. Correlations between NRG1 or HER expression results and clinicopathologic variables were examined using Pearson's chi-square and Fisher's exact tests. The significance of associations with patient outcome was analyzed using Kaplan-Meier survival curves and compared using log rank tests. Univariate and multivariate

analyses were performed for significant prognostic factors using Cox regression survival analysis. The concordance of NRG1 assessment by IHC and FISH was determined using a Spearman's rank correlation test. Values of  $P < 0.05$  were considered statistically significant.

## Results

### Clinicopathologic characteristics of patients

The median age of the 502 patients was 62 years (range 25–89 years); 332 (66.1%) were male and 170 (33.9%) female (Table 1). At the time of surgical treatment, pTNM stages were distributed as follows: 256 (51.0%) cases were at stage I, 78 (15.5%) at stage II, 144 (28.7%) at stage III, and 24 (4.8%) at stage IV. By the Lauren classification, intestinal, diffuse, and mixed type tumors accounted for 217 (43.2%), 240 (47.8%), and 45 (9.0%) cases, respectively. Of the 502 cases, 239 (47.6%) had lymph node metastasis. MSI status was evaluated in 489 cases, and 40 (8.2%) cases were in the MSI-high group. EBV results were available from 501 GCs, among which EBV positivity was observed in 50 (10.0%) cases. NRG1 overexpression was detected in 141 (28.1%) cases. HER3 overexpression was present in 157 (31.3%) cases, including 13 (2.6%) with membrane staining. Cytoplasmic HER4 expression was observed in 277 (55.2%) cases.

### Clinicopathologic significance of NRG1, HER3, and HER4 expression

The results of analyses of correlations between clinicopathologic variables are presented in Table 1, along with the expression status of NRG1, HER3, and HER4. NRG1 overexpression was more frequently identified in GC with unfavorable clinicopathologic features, including larger tumor size ( $P < 0.001$ ), infiltrative tumor border ( $P = 0.002$ ), vascular invasion ( $P = 0.012$ ), lymphatic invasion ( $P < 0.001$ ), neural invasion ( $P < 0.001$ ), advanced pT stage ( $P < 0.001$ ), lymph node metastasis ( $P < 0.001$ ), and advanced pTNM stage ( $P < 0.001$ ). However, there was no significant correlation between NRG1 positivity by IHC and age, sex, location, or Lauren classification ( $P = 0.338$ , 0.793, 0.244, and 0.150, respectively). Among 502 cases, HER3 overexpression correlated strongly with older age ( $P < 0.001$ ) and an expanding tumor border ( $P = 0.007$ ). HER3 overexpression was also more frequently detected in intestinal or mixed type GC than in diffuse type GC ( $P < 0.001$ ) and tended to be detected in tumors located in the lower third of the stomach ( $P = 0.021$ ). HER4 expression did not show any significant association with clinicopathologic

characteristics except age ( $P = 0.011$ ) and histologic type by the Lauren criteria ( $P = 0.007$ ). HER2, MSI, and EBV status exhibited no significant correlations with NRG1, HER3, or HER4 expression (all  $P > 0.05$ ) other than a correlation between HER2 and HER3 ( $P = 0.022$ ).

### Survival analysis

For survival analysis, 501 patients were followed up for 1–109 months, with a median follow-up period of 67 months. The remaining single case was lost to follow-up after surgery. At the time of analysis, 118 (23.6%) patients had tumor recurrence and 110 (22.0%) suffered disease-related death. Kaplan-Meier survival analysis revealed that patients with GC overexpressing NRG1 had significantly worse DFS and DSS compared to the NRG1 negative group (both  $P < 0.001$ ); however, there was no difference in DFS or DSS associated with HER3 or cytoplasmic HER4 overexpression (both  $P > 0.05$ ; Fig. 2).

Univariate analysis indicated that NRG1 expression and established prognostic pathologic factors, including tumor size, non-intestinal histology, tumor border, vascular invasion, lymphatic invasion, neural invasion, and pathologic stage, were significantly associated with DFS and DSS. By multivariate analysis, NRG1 overexpression was identified as an unfavorable prognostic factor for DFS (hazard ratio 1.455; 95% confidence interval 1.009–2.100;  $P = 0.045$ ) and DSS (hazard ratio 1.490; 95% confidence interval 1.019–2.177;  $P = 0.040$ ). Vascular invasion, lymphatic invasion, and pTNM stage were independent prognostic factors for both DFS and DSS. Neural invasion was also independently associated with DSS (Table 2).

### Correlation of NRG1 expression status with that of its receptors

To investigate associations between NRG1 and its receptors, we evaluated the results of NRG1 IHC in comparison with those for HER3 and HER4. As shown in Table 3, there was a close association between NRG1 and HER3 expression ( $P = 0.034$ ) and between NRG1 and cytoplasmic HER4 ( $P < 0.001$ ). HER3 overexpression was significantly related to HER4 cytoplasmic expression ( $P < 0.001$ ).

### Evaluation of NRG1 GCN by FISH

The median *NRG1*/CEP8 ratio was 1.03 (range 0.57–5.72). Among the available 388 cases, *NRG1* GCN gain was detected in 57 (14.7%), including 2 (0.5%) cases of amplification (Fig. 1g, h). When *NRG1* GCN status was compared with NRG1 protein expression, *NRG1* GCN gain was significantly associated with NRG1 protein expression

**Table 1** The correlation between clinicopathologic parameters and expression status of NRG1, HER3, and HER4

Characteristics	Total (%)	NRG1 (%)			HER3 (%)			HER4 (cytoplasmic) (%)		
		Negative	Positive	<i>P</i>	Negative	Positive	<i>P</i>	Negative	Positive	<i>P</i>
Total	502 (100.0)	361 (71.9)	141 (28.1)		345 (68.7)	157 (31.3)		225 (44.8)	277 (55.2)	
Age (years)				0.338			<0.001			0.011
≤60	225 (44.8)	157 (69.8)	68 (30.2)		173 (76.9)	52 (23.1)		115 (51.1)	110 (48.9)	
>60	277 (55.2)	204 (73.6)	73 (26.4)		172 (62.1)	105 (37.9)		110 (39.7)	167 (60.3)	
Sex				0.793			0.097			0.139
Male	332 (66.1)	240 (72.3)	92 (27.7)		220 (66.3)	112 (33.7)		141 (42.5)	191 (57.5)	
Female	170 (33.9)	121 (71.2)	49 (28.8)		125 (73.5)	45 (26.5)		84 (49.4)	86 (50.6)	
Tumor size				<0.001			0.932			0.726
≤3 cm	158 (31.5)	131 (82.9)	27 (17.1)		109 (69.0)	49 (31.0)		69 (43.7)	89 (56.3)	
>3 cm	344 (68.5)	230 (66.9)	114 (33.1)		236 (68.6)	108 (31.4)		156 (45.3)	188 (54.7)	
Location				0.244			0.021			0.139
Upper third	80 (15.9)	51 (63.8)	29 (36.3)		59 (73.8)	21 (26.3)		33 (41.3)	47 (58.8)	
Middle third	156 (31.1)	119 (76.3)	37 (23.7)		118 (75.6)	38 (24.4)		82 (52.6)	74 (47.4)	
Lower third	252 (50.2)	181 (71.8)	71 (28.2)		157 (62.3)	95 (37.7)		104 (41.3)	148 (58.7)	
Entire	14 (2.8)	10 (71.4)	4 (28.6)		11 (78.6)	3 (21.4)		6 (42.9)	8 (57.1)	
Lauren classification				0.150			<0.001			0.007
Intestinal type	217 (43.2)	164 (75.6)	53 (24.4)		122 (56.2)	95 (43.8)		82 (37.8)	135 (62.2)	
Diffuse type	240 (47.8)	169 (70.4)	71 (29.6)		196 (81.7)	44 (18.3)		125 (52.1)	115 (47.9)	
Mixed type	45 (9.0)	28 (62.2)	17 (37.8)		27 (60.0)	18 (40.0)		18 (40.0)	27 (60.0)	
Ming classification				0.002			0.005			0.141
Expanding	185 (36.9)	148 (80.0)	37 (20.0)		113 (61.1)	72 (38.9)		75 (40.5)	110 (59.5)	
Infiltrative	317 (63.1)	213 (67.2)	104 (32.8)		232 (73.2)	85 (26.8)		150 (47.3)	167 (52.7)	
Vascular invasion				0.012			0.579			0.661
Absent	445 (88.6)	328 (73.7)	117 (26.3)		304 (68.3)	141 (31.7)		201 (45.2)	244 (54.8)	
Present	57 (11.4)	33 (57.9)	24 (42.1)		41 (71.9)	16 (28.1)		24 (42.1)	33 (57.9)	
Lymphatic invasion				<0.001			0.243			0.193
Absent	256 (51.0)	208 (81.3)	48 (18.8)		182 (71.1)	74 (28.9)		122 (47.7)	134 (52.3)	
Present	246 (49.0)	153 (62.2)	93 (37.8)		163 (66.3)	83 (33.7)		103 (41.9)	143 (58.1)	
Neural invasion				<0.001			0.571			0.086
Absent	330 (65.7)	264 (80.0)	66 (20.0)		224 (67.9)	106 (32.1)		157 (47.6)	173 (52.4)	
Present	172 (34.3)	97 (56.4)	75 (43.6)		121 (70.3)	51 (29.7)		68 (39.5)	104 (60.5)	
Depth of invasion (pT)				<0.001			0.221			0.156
T1-T2	295 (58.8)	239 (81.0)	56 (19.0)		209 (70.8)	86 (29.2)		140 (47.5)	155 (52.5)	
T3-T4	207 (41.2)	122 (58.9)	85 (41.1)		136 (65.7)	71 (34.3)		85 (41.1)	122 (58.9)	
Lymph node metastasis				<0.001			0.809			0.459
N0	263 (52.4)	213 (81.0)	50 (19.0)		182 (69.2)	81 (30.8)		122 (46.4)	141 (53.6)	
N(+)	239 (47.6)	148 (61.9)	91 (38.1)		163 (68.2)	76 (31.8)		103 (43.1)	136 (56.9)	
pTNM stage				<0.001			0.604			0.607
I-II	334 (66.5)	262 (78.4)	72 (21.6)		227 (68.0)	107 (32.0)		147 (44.0)	187 (56.0)	
III-IV	168 (33.5)	99 (58.9)	69 (41.1)		118 (70.2)	50 (29.8)		78 (46.4)	90 (53.6)	
Tumor multiplicity				0.264			0.186			0.739
No	471 (93.8)	336 (71.3)	135 (28.7)		327 (69.4)	144 (30.6)		212 (45.0)	259 (55.0)	
Yes	31 (6.2)	25 (80.6)	6 (19.4)		18 (58.1)	13 (41.9)		13(41.9)	18 (58.1)	
HER2 status				0.992			0.022			0.186
Negative	477 (95.0)	343 (95.0)	134 (28.1)		333 (96.5)	144 (30.2)		217 (96.4)	260 (54.5)	
Positive	25 (5.0)	18 (72.0)	7 (28.0)		12 (48.0)	13 (52.0)		8 (32.0)	17 (68.0)	

**Table 1** continued

Characteristics	Total (%)	NRG1 (%)			HER3 (%)			HER4 (cytoplasmic) (%)		
		Negative	Positive	<i>P</i>	Negative	Positive	<i>P</i>	Negative	Positive	<i>P</i>
MSI status (n = 489)				0.336			0.215			0.762
MSS/MSI-L	449 (91.8)	324 (72.2)	125 (27.8)		312 (69.5)	137 (30.5)		202 (45.0)	247 (55.0)	
MSI-H	40 (8.2)	26 (65.0)	14 (35.0)		24 (60.0)	16 (40.0)		17 (42.5)	23 (57.5)	
EBV status (n = 501)				0.332			0.454			0.192
Negative	451 (90.0)	327 (72.5)	124 (27.5)		312 (69.2)	139 (30.8)		206 (45.7)	245 (54.3)	
Positive	50 (10.0)	33 (66.0)	17 (34.0)		32 (64.0)	18 (36.0)		18 (36.0)	32 (64.0)	

MSI microsatellite instability, EBV Epstein-Barr virus, NRG1 neuregulin 1, HER2 human epidermal growth factor 2, HER3 human epidermal growth factor receptor 3, HER4 human epidermal growth factor receptor 4

**Table 2** Univariate and multivariate analysis for disease-free and disease-specific survival in gastric cancer

Variables	Category	Disease-free survival		Disease-specific survival	
		HR (95% CI)	<i>P</i>	HR (95% CI)	<i>P</i>
Univariate analysis					
Age (years)	>60 vs. ≤60	1.154 (0.801–1.662)	0.443	1.245 (0.851–1.821)	0.258
Tumor size	>3 vs. ≤3 cm	10.163 (4.469–23.110)	<0.001	11.309 (4.610–27.741)	<0.001
Lauren classification	Non-intestinal vs. intestinal	2.228 (1.485–3.344)	<0.001	2.115 (1.396–3.204)	<0.001
Ming classification	Infiltrative vs. expanding	3.217 (1.988–5.205)	<0.001	3.400 (2.051–5.636)	<0.001
Vascular invasion	Present vs. absent	6.078 (4.137–8.932)	<0.001	6.364 (4.279–9.464)	<0.001
Lymphatic invasion	Present vs. absent	8.938 (5.197–15.372)	<0.001	9.541 (5.345–17.031)	<0.001
Neural invasion	Present vs. absent	7.900 (5.187–12.030)	<0.001	8.705 (5.566–13.614)	<0.001
pTNM stage	III, IV vs. I, II	24.361 (13.658–43.452)	<0.001	23.829 (13.063–43.470)	<0.001
MSI status	MSI_H vs. MSS/MSI-L	0.588 (0.259–1.338)	0.205	0.626 (0.275–1.425)	0.264
NRG1	Positive vs. negative	2.458 (1.710–3.532)	<0.001	2.450 (1.683–3.567)	<0.001
HER3	Positive vs. negative	1.227 (0.842–1.788)	0.288	1.150 (0.776–1.703)	0.487
HER4	Positive vs. negative	1.232 (0.852–1.781)	0.268	1.180 (0.807–1.726)	0.393
Multivariate analysis					
Tumor size	>3 vs. ≤3 cm	2.171 (0.901–5.228)	0.084	2.395 (0.924–6.208)	0.072
Lauren classification	Non-intestinal vs. intestinal	0.810 (0.531–1.236)	0.328	0.775 (0.503–1.194)	0.248
Ming classification	Infiltrative vs. expanding	0.894 (0.528–1.514)	0.677	0.975 (0.562–1.691)	0.928
Vascular invasion	Present vs. absent	1.785 (1.203–2.648)	0.004	1.846 (1.228–2.776)	0.003
Lymphatic invasion	Present vs. absent	1.911 (1.044–3.499)	0.036	2.086 (1.110–3.919)	0.022
Neural invasion	Present vs. absent	1.450 (0.890–2.363)	0.136	1.655 (1.008–2.717)	0.046
pTNM stage	III, IV vs. I, II	14.008 (7.312–26.836)	<0.001	9.896 (4.875–20.086)	<0.001
NRG1	Positive vs. negative	1.455 (1.009–2.100)	0.045	1.490 (1.019–2.177)	0.040

NRG1 neuregulin 1, HER3 human epidermal growth factor receptor 3, HER4 human epidermal growth factor receptor 4, HR hazard ratio, CI confidence interval

( $P < 0.001$ ; kappa = 0.459; Table 4). However, the two cases with NRG1 amplification were negative for NRG1 by IHC analysis, and NRG1 GCN gain was not observed in the majority of NRG1 IHC-positive cases (65/113, 57.5%). NRG1 GCN gain was significantly associated with diffuse or mixed type by the Lauren classification ( $P = 0.001$ ), lymphatic invasion ( $P = 0.013$ ), and lymph node

metastasis ( $P = 0.013$ ; Supplementary material 1). By Kaplan-Meier analysis, patients with NRG1 GCN gain had shorter DFS and DSS with borderline statistical significance ( $P = 0.082$  and  $P = 0.078$ , respectively; Fig. 2), but Cox regression analysis indicated that NRG1 GCN gain was not an independent prognostic factor ( $P > 0.05$ , data not shown).

**Table 3** Correlation among expression of NRG1, HER3, and HER4

	HER3			HER4		
	Negative	Positive	<i>P</i>	Negative	Positive	<i>P</i>
NRG1			0.034			<0.001
Negative	258 (71.5%)	103 (28.5%)		184 (51.0%)	177 (49.0%)	
Positive	87 (61.7%)	54 (38.3%)		41 (29.1%)	100 (70.9%)	
HER3						<0.001
Negative				182 (52.8%)	163 (47.2%)	
Positive				43 (27.4%)	114 (72.6%)	

NRG1 neuregulin 1, HER3 human epidermal growth factor receptor 3, HER4 human epidermal growth factor receptor 4

### Correlation between HER3 membranous expression and clinicopathologic factors

Positive expression of HER3 was predominantly observed in the cytoplasm, and 13 of 502 cases (2.6%) also showed HER3 membranous expression (Supplementary material 2). GC cases with HER3 membranous expression correlated with lymphatic invasion ( $P = 0.009$ ), lymph node metastasis ( $P = 0.032$ ), and mixed type according to the Lauren classification ( $P = 0.002$ ), but did not correlate with other clinicopathologic factors including MSI and EBV status (all  $P > 0.05$ , Supplementary material 1). GC patients with HER3 membranous expression had an unfavorable outcome for DFS ( $P = 0.018$ ) and DSS ( $P = 0.015$ ) by univariate analysis (Supplementary material 3). However, it was not an independent prognostic factor by multivariate analysis for DFS (HR 1.835; 95% CI 1.798–4.218;  $P = 0.153$ ) and DSS (HR 1.744; 95% CI 0.757–4.016;  $P = 0.191$ ).

### Clinicopathologic significance of HER4 nuclear expression

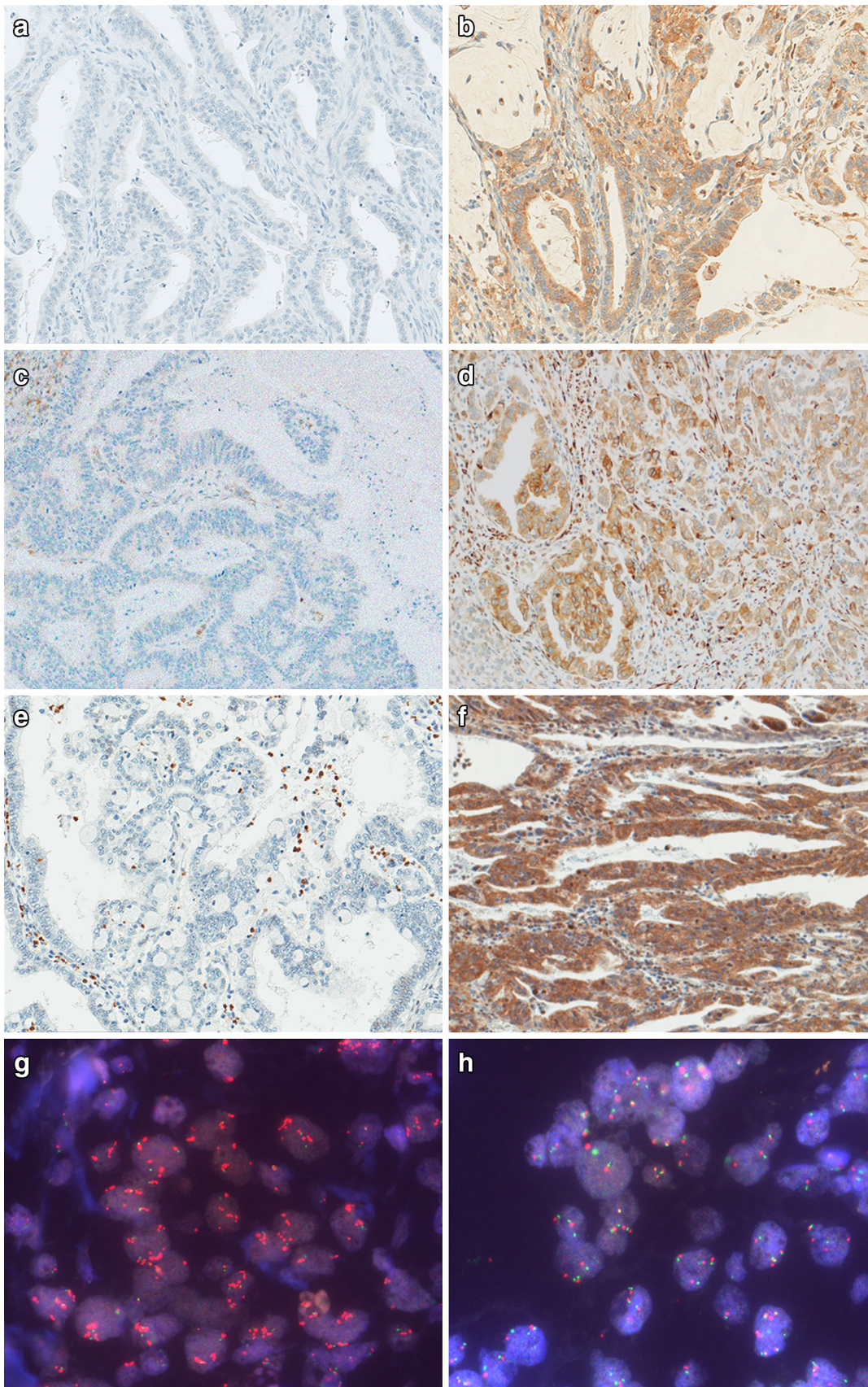
We next evaluated the clinical significance of HER4 nuclear expression in GC. HER4 nuclear expression was observed in 115 (22.9%) of 502 GC cases (Supplementary material 2). HER4 nuclear expression was significantly associated with less aggressive clinicopathologic features, such as smaller tumor size, expanding tumor border, absence of lymphovascular and neural invasion, and early pathologic stage (all  $P < 0.05$ ). HER4 nuclear expression was also associated with intestinal type GC with borderline statistical significance ( $P = 0.052$ ; Supplementary material 1). In survival analysis, the HER4 nuclear expression group had superior DFS and DSS (both  $P < 0.001$ ; Supplementary material 3); however, in a multivariate hazard model, it no longer exhibited prognostic significance for either DFS or DSS (hazard ratio 1.088; 95% confidence interval 0.561–2.111;

$P = 0.803$  and Hazard ratio 0.901; 95% confidence interval 0.438–1.854;  $P = 0.778$ , respectively).

### Discussion

To date, the clinicopathologic role of NRG1 in GC has been unclear; therefore, we investigated the clinicopathologic implications and prognostic value of NRG1 expression in GC specimens. NRG1 overexpression was observed in 28.1% of GC samples, and NRG1 status was strongly associated with aggressive clinicopathologic parameters, including larger tumor size, infiltrative tumor border, lymphovascular invasion, neural invasion, lymph node metastasis, and advanced pathologic stage. Additionally, the overexpression of NRG1 predicted poor prognosis in patients with GC. To the best of our knowledge, this is the first study to demonstrate the clinicopathologic significance of NRG1 expression in a large-scale study of GC.

NRG1, a member of the NRG family, acts by binding to HER3 and HER4. HER3 is considered the major receptor for NRG1 [26, 27]. Recently, NRG1 has become the focus of research attention because of its overexpression in various cancers, including breast, urinary bladder, colorectal, prostate, and lung cancers [6]. In breast cancer, NRG1 overexpression was observed in approximately 30–80% of cases. In addition, NRG1 overexpression has been implicated in the activation of the HER3/HER2 signaling pathway, which mediates cancer cell proliferation, and other malignant features, including tumor invasion and metastasis [28–30]. Despite the increasing focus on NRG1 in various cancers, few studies have investigated the expression of NRG1 and its association with clinical outcome in GC. Han et al. [23] reported that NRG1 overexpression was significantly related to advanced pathologic stage, lymph node metastasis, and poor prognosis; however, there have been several conflicting reports on the prognostic significance of NRG1 overexpression in various cancers [31–33]. Our results indicate that NRG1 overexpression is strongly





**Fig. 1** Representative images of NRG1, HER3, HER4 protein expression, and the *NRG1* FISH assay in GC specimens. **a** NRG1 negative. **b** NRG1 positive. **c** HER3 negative. **d** HER3 positive. **e** HER4 negative. **f** HER4 positive. **g** *NRG1* amplification. **h** *NRG1* GCN gain

**Table 4** Correlation between NRG1 immunohistochemistry and GCN status

	NRG1 IHC		<i>P</i>	$\kappa$
	Negative	Positive		
<i>NRG1</i> GCN				
GCN non-gain	266 (80.4%)	65 (19.6%)	<0.001	0.459
GCN gain	9 (15.8%)	48 (84.2%)		

*NRG1* neuregulin 1, *IHC* immunohistochemistry, *GCN* gene copy number,  $\kappa$  Kappa coefficient

associated with unfavorable clinicopathologic features in GC. Moreover, we identified pronounced differences between outcomes in GC patients with or without NRG1 overexpression. Hence, the results of the present study suggest that NRG1 overexpression may be an independent poor prognostic factor in GC.

Because of the close relationship between NRG1 and HER3, NRG1 expression has been suggested as a predictive biomarker for HER3 inhibition [6, 11]. In addition, NRG1 can promote resistance to HER2-targeted therapy through activation of HER3 and PI3K/Akt signaling both in vivo and in vitro [9, 34, 35]. Furthermore, a combination of anti-HER2 treatment with administration of a HER3 inhibitor has been proposed as a promising therapeutic strategy to improve tumor regression [36]. Therefore, our NRG1 expression and GCN results provide basic information of potential use for the development of clinical trials of HER3 inhibitor therapy and combined HER2 and HER3 inhibitor therapy. The expression and genetic status of NRG1 may facilitate identification of a GC patient subgroup who could benefit from anti-HER3 treatment.

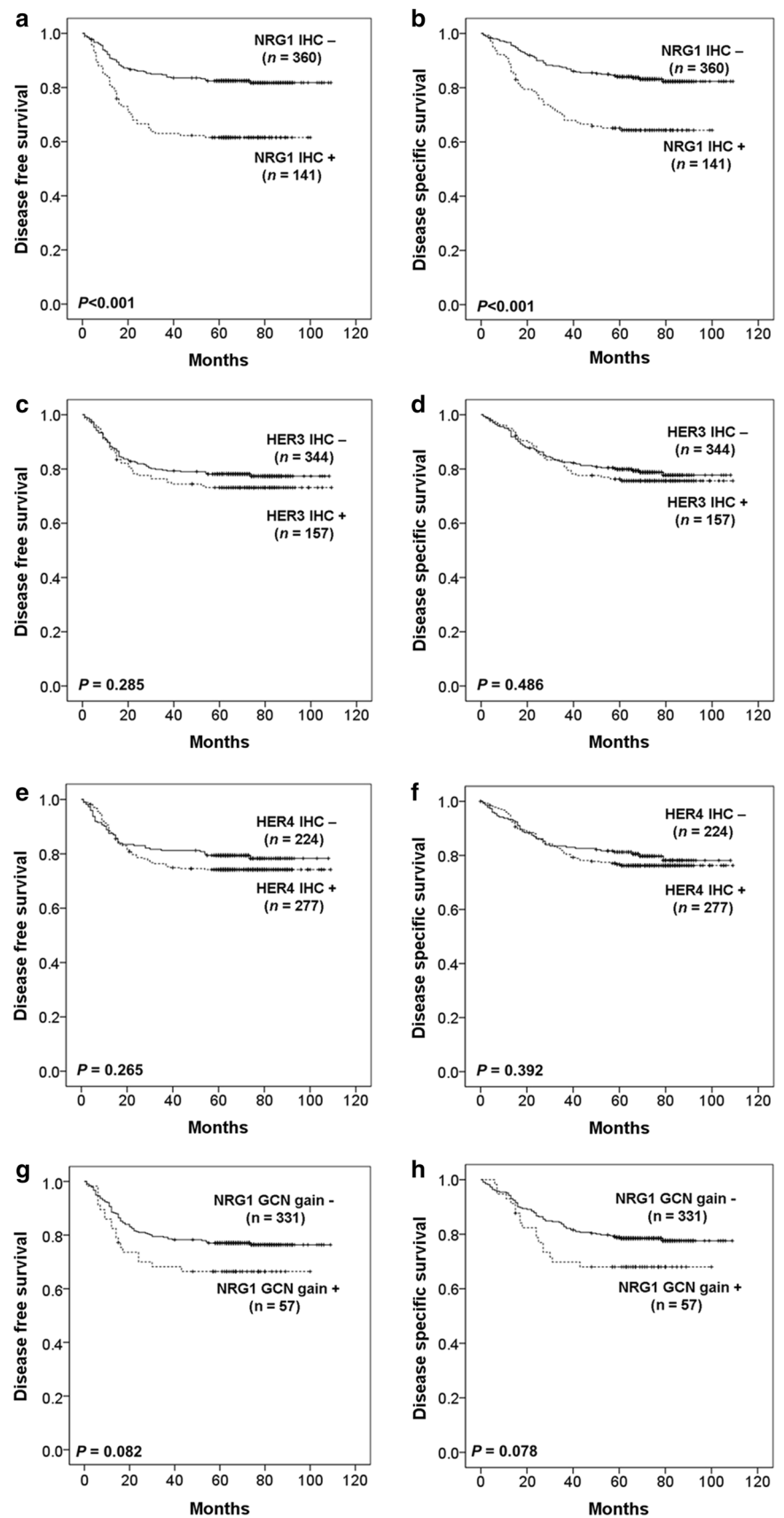
Previous studies demonstrated that HER3 was overexpressed in the cytoplasm or membrane of tumor cells, which predicted poor prognosis in GC [15, 37, 38]. However, in our result, patients with cytoplasmic and/or membranous expression of HER3 have suffered slightly shorter DFS and DSS, without statistical significance ( $P > 0.05$ ), and HER3 overexpression did not correlate with lymph node metastasis or stage ( $P > 0.05$ ). By subgroup analysis HER3 overexpression was associated with unfavorable prognosis in diffuse type GC ( $P = 0.025$ , data not shown), but not in intestinal type ( $P > 0.05$ ). Furthermore, GCs with membranous expression of HER3 showed significantly worse outcomes ( $P = 0.018$ ). Therefore, the

survival analyses of HER3 expression may be affected by histologic subtypes and intracellular sublocalization (cytoplasmic vs. membranous). It may be additionally influenced by the sample size, race, ethnicity, antibody sources, and immunostaining protocol. However, our results showed that HER3 overexpression was significantly associated with HER2 positivity ( $P = 0.022$ ) and the intestinal type of the Lauren classification ( $P < 0.001$ ), consistent with most previous studies [39, 40].

Recent studies have also highlighted the clinical implications of HER4, since its expression is detected in various cancers [18, 41, 42]. Notably, HER4 has two conflicting roles in cancer. It can both inhibit and promote cell proliferation, depending on the localization of different HER4 isoforms generated by alternative splicing [18–20]. Alternative splicing of the *HER4* gene leads to the production of two intracytoplasmic isoforms, CYT1 and CYT2. Compared with CYT2, translocation into the nucleus by CYT1 is less efficient. CYT1 also can induce the PI3K/Akt pathway, leading to increased cell proliferation and inhibition of cell differentiation [19, 43]. Depending on the presence of these isoforms, HER4 may show different intracellular localizations and varying clinical significance in malignancies. Previous studies on HER4 expression in GC failed to demonstrate a significant association with patients survival [15, 39], and little is known about the function of NRG1 in relation to the subcellular distribution of HER4 in GC. In a review of breast cancer studies, while HER4 cytoplasmic expression was favorably associated with patient survival, the significance of HER4 expression localized to the nucleus with regard to survival was uncertain [18]. In the current analysis, we evaluated HER4 nuclear and cytoplasmic expression independently in GC, according to the localization of immunostaining. We found that HER4 nuclear expression was tightly associated with favorable clinicopathologic features and better survival rates in GC; however, HER4 cytoplasmic expression failed to show a significant association with these parameters, in contrast to the reported results for this protein in breast cancer. Moreover, NRG1 expression was tightly related to cytoplasmic expression of HER4 and exhibited an inverse association with HER4 nuclear expression, with borderline statistical significance (data not shown). Considering the conflicting role of HER4 in cancer, our findings suggested that HER4 nuclear rather than cytoplasmic expression might be related to favorable clinical characteristics.

Our results demonstrate that *NRG1* amplification is a relatively rare event (0.5%) in GC. This is consistent with the findings of a previous study, which demonstrated that *NRG1* amplification is infrequent in GC [23]; however, alterations in *NRG1* GCN have not previously been investigated in GC. Despite the lack of acknowledged

**Fig. 2** Kaplan-Meier survival estimates according to NRG1, HER3 and HER4 protein expression, and *NRG1* GCN status. DFS and DSS according to **a**, **b** NRG1, **c**, **d** HER3 and **e**, **f** HER4 expression, and **g**, **h** *NRG1* GCN status



consensus criteria for GCN gain, our results revealed that this phenomenon was observed with relatively low frequency (14.7%). Additionally, we compared NRG1 protein expression and gene status. A significant discrepancy between *NRG1* GCN alteration and protein expression was identified, with cancer cells exhibiting *NRG1* amplification found to be negative for NRG1 immunostaining. One possible explanation for this discrepancy is that NRG1 may be overexpressed through mechanisms other than GCN alteration or gene amplification.

Our study has some limitations, including sampling bias of TMA slides, the use of a single institute retrospective cohort, and a lack of inclusion of patients receiving HER3 inhibitor therapy. Therefore, further comprehensive studies and clinical trials are necessary to clarify the usefulness of NRG1 for the identification of cases where anti-HER3 treatment would be appropriate.

In conclusion, we evaluated the clinical significance of NRG1 and its receptors, including HER3 and HER4, in a large cohort of patients with GC. NRG1 was frequently overexpressed, and its expression was highly correlated with those of HER3 and HER4 in GC. We also identified a strong correlation between high levels of NRG1 protein expression and increased *NRG1* GCN. Moreover, overexpression of this protein was significantly associated with aggressive behavior of GC including poor prognosis. However, the expression of HER3 and HER4 was not significantly associated with patient outcome. These results suggest that NRG1 overexpression may predict poor clinical outcome and that targeting NRG1 represents a therapeutic opportunity in GC.

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#### Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

**Ethics statement** All procedures in this study were conducted in accordance with the ethical standards of the responsible institutional committee on human experimentation and with the Helsinki Declaration of 1964 and later versions. This study was approved by the institutional review board (IRB) of Seoul National University Bundang Hospital (IRB no. B-1407-260-305). The need to acquire written informed consents was waived by the IRB on condition of anonymization.

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