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# **Fractionated Crystallization Kinetics and Polymorphic Homocrystalline Structure of Poly(<sup>L</sup> -lactic acid)/Poly(D-lactic acid) Blends: Effect of Blend Ratio**

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**Abstract** Stereocomplex (SC) crystallization has been an effective way to improve the physical performances of stereoregular polymers. However, the competition between homo and SC crystallizations can lead to more complicated crystallization kinetics and polymorphic crystalline structure in stereocomplexable polymers, which influences the physical properties of obtained materials. Herein, we select the medium-molecular-weight (MMW) poly(<sub>L</sub>-lactic acid)/poly(<sub>D</sub>-lactic acid) (PLLA/PDLA) asymmetric blends with different PDLA fractions (*f<sub>D</sub>=0.01−0.5) as the model system and investigate the effects of <i>f<sub>D</sub> and crystallization temperature (T<sub>c</sub>) on the crystallization kinetics and* polymorphic crystalline structure. We observe the fractionated (*i.e.*, multistep) crystallization kinetics and the formation of peculiar *β*-form homocrystals (HCs) in the asymmetric blends under quiescent conditions, which are strongly influenced by both  $f_{\rm D}$  and  $T_{\rm c}$ . Precisely, crystallization of β-form HCs is favorable in the MMW PLLA/PDLA blends with high *f*<sub>D</sub> (≥0.2) at a low *T<sub>c</sub>* (80–100 °C). It is proposed that the formation of metastable *β*-form HCs is attributed to the conformational matching between *β*-form HCs and SCs, and the stronger constrain effects of precedingly-formed SCs in the early stage of crystallization. Such effects can also cause the multistep crystallization kinetics of MMW PLLA/PDLA asymmetric blends in the heating process.

**Keywords** Poly(lactic acid); Stereocomplex crystallization; Polymorphic structure; Crystallization kinetics

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# **INTRODUCTION**

In the past few decades, poly(lactic acid) (PLA) derived from renewable resources has attracted great attention of both research and industry. PLA has been widely used to substitute the petroleum-based polymers,<sup>[[1,](#page-7-0)[2\]](#page-7-1)</sup> due to its good biocom-patibility, biodegradability, and processing ability.<sup>[\[3](#page-7-2)–5]</sup> Having two stereoisomers, poly(<sub>L</sub>-lactic acid) (PLLA) and poly(<sub>D</sub>-lactic acid) (PDLA), PLA can form stereocomplex (SC) crystals in its enantiomeric mixtures. In such crystalline phase, PLLA and PDLA chains are packed tightly by hydrogen-bondinginteractions between the complementary enantiomeric chains.<sup>[[6](#page-7-4)]</sup> Due to the unique crystalline structure, stereocomplexed PLA possesses better physical properties than the common homocrystalline one (*e.g.*, higher thermal and solve[n](#page-7-5)[t](#page-7-6) resistances, mechanical properties, and gas barrier properties<sup>[\[7](#page-7-5),[8](#page-7-6)]</sup>). Thus, SC crystallization

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has been an effective way to enhance the physical properties of PLA-based materials.

Crystallization behavior of PLLA/PDLA blends is influenced by many variables such as molecular weight,<sup>[[9](#page-7-7)−[11](#page-7-8)]</sup> blend ratio,<sup>[[12](#page-7-9)[,13\]](#page-7-10)</sup> polymer additives<sup>[[14](#page-7-11)[,15\]](#page-7-12)</sup> and crystallization condi-tion.<sup>[\[9,](#page-7-7)[16](#page-7-13)]</sup> During crystallization, competitive crystallization between homocrystallites (HCs) and SCs are often observed in the PLLA/PDLA blends. Generally speaking, SCs can be exclusively obtained in the low-molecular-weight PLLA/PDLA blends (<~20 k),<sup>[[9\]](#page-7-7)</sup> which is much lower than that of commercialized PLA. When the molecular weight of PLLA/PDLA blend increases, the SC crystallization ability is gradually weakened. For instance, SCs and HCs form in comparable manner in the medium-molecular-weight (MMW, 20−50k) PLLA/PDLA blends. However, formation of SCs is obviously depressed and that of HCs becomes prevailing in the high-molecularweight (HMW) PLLA/PDLA blends (>~50k). Therefore, elucidating the molecular-weight dependence of crystallization behavior of PLLA/PDLA blends is of fundamental importance to understand the SC crystallization mechanism.

Because of the competitive formations of HCs and SCs, crystallization kinetics and crystalline structure are more complicated in the MMW and HMW PLLA/PDLA blends. As reported previously, MMW and HMW PLLA/PDLA blends undergo multistep crystallizations and the formation of SCs is more fa-vorable in the initial stage of crystallization.<sup>[[17](#page-7-14)[,18\]](#page-7-15)</sup> These precedingly-formed SCs could be regarded as physical crosslinkers that restrict the mobility of surrounding chains, which further influences the crystallization of PLLA/PDLA chains in the later homocrystallization process.<sup>[[12](#page-7-9),19–[21](#page-8-0)]</sup> Previous studies reported that the precedingly-formed SCs lead to forma-tion of unusual homocrystalline forms such as mesophase,<sup>[\[22\]](#page-8-1)</sup> meta-form,<sup>[[23](#page-8-2)]</sup> and modified HCs<sup>[\[24](#page-8-3)]</sup> in the PLLA/PDLA blends with specific molecular weights. Particularly, the precedinglyformed SCs was found to cause the fractionated crystallization kinetics and the formation of *β*-form HCs in the MMW PLLA/PDLA symmetric blend.[[19](#page-7-16)] *β*-Form HC is a specific crystalline polymorph of homocrystalline PLLA and PDLA, which is generally obtained under rigorous crystallization conditions such as strong shearing or stretching under high pressure and temperature.[\[25−](#page-8-4)[27\]](#page-8-5)

Since PLLA and PDLA chains are alternately packed in the crystalline lattice of SCs,<sup>[\[28\]](#page-8-6)</sup> blend ratio plays a key factor in the crystallization kinetics and crystalline structure of PLLA/PDLA blends. SCs are preferentially formed in PLLA/PDLA symmetric blend, but are highly suppressed when the PLLA/PDLA blend ratio is much deviated from 1:1.[[13](#page-7-10)] The exceeded PLLA or PDLA would crystallize in HCs in the asym-metric PLLA/PDLA blends.<sup>[\[29,](#page-8-7)[30\]](#page-8-8)</sup> Accordingly, we anticipate that the blend ratio can strongly influence the fractionated crystallization kinetics and the formation of specific homocrystalline phase in the MMW PLLA/PDLA blend, which, however, remains unexplored in previous studies.

In this work, we choose MMW (~40k) PLLA/PDLA asymmetric blends with different PDLA fractions (*f*<sub>D</sub>'s, 0.01–0.5) as model samples, and investigate their crystallization kinetics and polymorphic crystalline structures in the crystallization process at various crystallization temperatures (*T*<sup>c</sup> 's, 70−140 °C). We illustrate the strong dependence of fractionated crystallization kinetics and homocrystalline structure of PLLA/PDLA blends on  $f_{\mathsf{D}}$  and on  $T_{\mathsf{c}}.$  In addition, we aim to present potential mechanisms of fractionated crystallization kinetics and *β*form HC formation in asymmetric PLLA/PDLA blends.

# **EXPERIMENTAL**

#### **Materials and Sample Preparation**

Both <sub>L</sub>- and <sub>D</sub>-lactide (optical purities >99.9%) were purchased from Purac Co., (Gorinchem, the Netherlands) and further purified by recrystallization from ethyl acetate. Tin (II) 2 ethylhexanoate [Sn(Oct)<sub>2</sub>] and lauryl alcohol were purchased from Sigma-Aldrich Co., (St. Louis, MO, USA). MMW PLLA ( $M_w$ =41.1k, *Đ*=1.15) and PDLA ( $M_w$ =39.5 k, *Đ*=1.21) were synthesized by bulk ring-opening polymerization of lactide at 130 °C, with lauryl alcohol as initiator and Sn(Oct)<sub>2</sub> as catalyst.<sup>[[19](#page-7-16)]</sup>

PLLA/PDLA blends were prepared through solution blending. PLLA and PDLA with different *f*<sub>D</sub>s (0.01–0.5) were separately dissolved in chloroform (50 g/L) and then mixed. The mixed solution was casted on a polytetrafluoroethylene dish and the solvent was evaporated at 25 °C for 24 h. Residual solvent was removed by further drying *in vacuo* at 80 °C for 6 h. For sake of clarity, the mass fraction of PDLA in PLLA/PDLA blends is denoted as  $f_D$ .

#### **Characterizations**

#### *Differential scanning calorimetry (DSC)*

DSC analysis was measured on a NETZSCH 214 Polyma DSC (NETZSCH, Germany) under a nitrogen gas flow (40 mL/min). The sample (8−10 mg) was melted at 260 °C and kept at this temperature for 3 min to erase the thermal history. For the nonisothermal cold crystallization, the sample was quenched into liquid nitrogen (denoted as melt-quenched sample), and then heated from 0 °C to 260 °C at 10 °C/min. For the isothermal crystallization, the sample was quickly cooled to 0 °C, then heated to the desire T<sub>c</sub>s (70–140 °C) at 100 °C/min and held at this temperature for enough time to crystallize. Then, it was reheated to 260 °C at 10 °C/min to study the melting behavior.

## *Wide angle X-ray diffraction (WAXD)*

WAXD measurements of isothermally-crystallized PLLA/PDLA blends were carried out on the beamline BL16B1 of Shanghai Synchrotron Radiation Facility (SSRF). The wavelength of X-ray is 0.124 nm. Diffraction patterns were collected using a Rayonix SX-165 CCD detector (Rayonix Illinois, USA). The crystallized samples used for WAXD measurement were treated by the same thermal procedure as those for DSC analysis. The sampleto-detector distance of WAXD measurement was 155 mm and the acquisition time of each WAXD pattern was 30 s. For temperature-variable WAXD measurements, the melt-quenched sample was sandwiched by polyimide films and heated from 40 °C to 260 °C on a Linkam THMS600 hot stage (Linkam Scientific Instrument Ltd., Surrey, UK) at 10 °C/min. The pattern was collected with a temperature interval of 5 °C and an acquisition time of 15 s. 2D-WAXD data were converted into 1D pattern by integration with a Fit2D software.

Overall crystallinity (X<sub>total</sub>) and crystallinities of SCs (X<sub>SC</sub>), β-HCs (*X<sup>β</sup>* ), *α*(*α*′)-HCs [*Xα*(*α*′) ] of PLLA/PDLA blends were evaluated from the WAXD patterns with a X'Pert HighScore soft-ware.<sup>[[31](#page-8-9)]</sup>  $X_{total}$  was estimated by comparing the area of total diffractogram with the area of Bragg reflections after subtracting the amorphous halo; *X<sub>SC</sub>, X<sub>α(α')</sub>* and *X<sub>β</sub>* were calculated from the diffraction peak area obtained by peak splitting/fitting:[\[32\]](#page-8-10)

$$
X_{SC} = \frac{A_{SC}}{A_{SC} + A_{a(a)} + A_{\beta}} X_{\text{total}}
$$
 (1)

$$
X_{\alpha(\alpha)} = \frac{A_{\alpha(\alpha)}}{A_{SC} + A_{\alpha(\alpha)} + A_{\beta}} X_{\text{total}}
$$
 (2)

$$
X_{\beta} = \frac{A_{\beta}}{A_{SC} + A_{\alpha(\alpha)} + A_{\beta}} X_{\text{total}}
$$
 (3)

where  $A_{\mathsf{SC}}$ ,  $A_{\mathsf{a}(\mathsf{a}^\prime)}$ , and  $A_\beta$  correspond to the diffraction peak areas of SCs, *α*(*α*′)- and *β*-HCs, respectively.

#### **RESULTS AND DISCUSSION**

#### **Nonisothermal Crystallization Kinetics**

Nonisothermal crystallization kinetics of PLLA/PDL[A blen](#page-2-0)ds with different *f*<sub>D</sub>s (0.01–0.5) were investigated by DSC. [Fig. 1](#page-2-0) depicts the DSC heating curves of melt-quenched blends with different  $f_{\text{D}}$ s at 10 °C/min. Obviously, the crystallization and melting behaviors of PLLA/PDLA blends are highly dependent on  $f<sub>D</sub>$ . The blend with  $f_D=0.01$  exhibits a sharp cold crystallization peak ( $P_{c1}$ )

at 94 °C and a broad melting region at 140−190 °C, indicating the formation of HCs during heating. However, the blends with *f*<sub>D</sub>=0.1−0.5 show two melting regions at temperature ranges of 150−180 and 200−250 °C, corresponding to the melts of HCs and SCs, respectively. The formation of SCs is favorable and that of HCs is substantially suppressed when  $f<sub>D</sub>$  is close to 0.5. Melting enthalpy of SCs (ΔH<sub>m,SC</sub>) increases and that of HCs (ΔH<sub>m,HC</sub>) decreases with increasing the *f*<sub>D</sub>. Since PL[LA](#page-8-6) and PDLA chains are alternatively packed in the crystalline lattice of  $SCs<sub>i</sub>$ <sup>[[28\]](#page-8-6)</sup> SCs are preferentially generated when the PLLA and PDLA fractions are equivalent. Moreover, the blends with high  $f_D \approx 0.2$ ) exhibit dual melting peaks ( $P_{m1}$ ,  $P_{m2}$ ) in the melting regi[on](#page-7-7) of SCs, originating from the melt-recrystallization mechanism.<sup>[[9\]](#page-7-7)</sup>



<span id="page-2-0"></span>**Fig. 1** DSC heating curves of melt-quenched PLLA/PDLA blends with different  $f_{\text{D}}s$ .

The blends with high  $f<sub>D</sub>$  exhibit multiple exotherm peaks  $(P_{c1}, P_{c2}, P_{c3})$  and an exotherm peak  $(P_{\text{exo.HC}})$  prior to the dominant melting peak of HCs.  $P_{c1}$  and  $P_{c3}$  are well separated and  $P_{c2}$  seems to be a shoulder or tail of  $P_{c1}$ . The appearance of P<sub>exo,HC</sub> stems from the heating-induced structural transition (*i.e.*, *β*-to-*α* crystal transition) of HCs in the heating process.[\[19\]](#page-7-16) The multiple exotherm peaks  $(P_{c1}, P_{c2}, P_{c3})$  shift to lower temperature with increasing  $f<sub>D</sub>$  from 0.1 to 0.5, implying the accelerated crystallization at higher  $f_D$ .  $P_{c2}$  becomes less visible as  $f<sub>D</sub>$  decreases from 0.5 to 0.1 and nearly diminishes in the blend with  $f_D$ =0.1 (indicated by the red asterisk). Since the PLLA and PDLA used have similar molecular weights (~40k) and crystallization rates, the observation of multiple exotherm peaks in asymmetric PLLA/PDLA blends could be ascribed to the fractionated formation of different crystals.<sup>[\[33\]](#page-8-11)</sup> Fractionated crystallizations are usually reported in block polymers<sup>[[34](#page-8-12)–[36](#page-8-13)]</sup> and polymer blends<sup>[\[37,](#page-8-14)[38](#page-8-15)]</sup> that are phase-separated in the nanometer scale. The mechanism of fractionated crystallization for melt-quenched blends will be discussed in the following part with the combination of temperature-variable WAXD results.

## **Melting Behavior and Crystalline Structure**

We studied the melting behavior and crystalline structure of PLLA/PDLA blends after isothermal crystallization at different *T*c s. Melting behaviora[nd crysta](#page-2-1)lline [struc](#page-2-1)tures of the blends depend strongly on  $f<sub>D</sub>$ . [Figs. 2\(a](#page-2-1)) an[d 2\(b\)](#page-2-1) show the DSC heating curves of the blends with *f*<sub>D</sub>=0.01−0.5 after isothermal

crystallization at  $T_c=90$  and 120 °C. As shown in [Fig. 2\(a](#page-2-1)), although the blends with various  $f<sub>D</sub>$ s were crystallized at  $T<sub>C</sub>=$ 90 °C for enough time, a cold crystallization peak  $(P_{c3})$  can still be observed at 125−145 °C upon subsequent heating. This suggested that the blends with *f*<sub>D</sub>=0.1–0.5 did not crystallize completely after annealing at  $T_c$ =90 °C. The exothermic peak  $(P_{\text{exoff}})$  related to the structural transition of HCs is also observed before the melting peak of HCs for the blends with *f*<sub>D</sub>=0.1−0.5. However, the exothermic peaks of  $P_{c3}$  and  $P_{\text{exo,HC}}$  $P_{\text{exo,HC}}$  $P_{\text{exo,HC}}$  are absent for the blends crystallized at a high  $T_{\rm c}$  of 120 °C ([Fig. 2b](#page-2-1)), indicating the sufficient crystallization and the formation of stable crystals under this condition.



<span id="page-2-1"></span>**Fig. 2** DSC heating curves of PLLA/PDLA blends with different  $f<sub>D</sub>$ s after isothermal crystallization at (a) 90 °C and (b) 120 °C. The heating rate is 10 °C/min.

As seen in Figs.  $2(a)$  and  $2(b)$ , the blends crystallized at  $T_c$ =90 and 120 °C exhibit the melting region of HCs at 150−175 °C and that of SCs at 210−245 °C. The blends with high *f*<sub>D</sub>s (≥0.2) display dual melting peaks of SCs at 210− 245 °C, due to the melt recrystallization mechanism.<sup>[[19](#page-7-16)]</sup> Melting temperatures of HCs ( $T_{m,HC}$ ) and SCs ( $T_{m,SC}$ ) increase from 167 °C to 169 °C and from 224 °C to 228 °C respectively, as  $f_D$ increases from 0.1 to 0.5, which is ascribed to the formation of more ordered crystals in the blends with high  $f_{\text{D}}$ .

[Figs. 3](#page-3-0)(a) and 3(b) show the corresponding WAXD patterns of PLLA/PDLA blends with different  $f_{\text{D}}$ s crystallized at  $T_c$ =90 and 120 °C. Crystalline polymorphs of the blends are influenced not only by  $f_{\text{D}}$ , but also by  $T_{\text{c}}$ . Characteristic diffraction



<span id="page-3-0"></span>**Fig. 3** WAXD results of PLLA/PDLA blends after isothermal crystallization at 90 and 120 °C: WAXD patterns for the samples crystallized at (a) 90 °C and (b) at 120 °C; (c) Plots of *α*'-HC, *β*-HC, SC and total crystallinities as a function of *f*<sub>D</sub> for the samples crystallized at 90 °C; (d) plots of *α*-HC, SC and total crystallinities as a function of *f*<sub>D</sub> for the samples crystallized at 120 °C.

peaks located at *q*=11.7 and 13.4 nm−1 are observed for the blendwith  $f_D$ =0.01 ([Fig. 3a](#page-3-0)), which are assigned to the (110)/(200) and (203) planes of *α*′-form HCs, respectively.[\[39\]](#page-8-16) The characteristic diffraction peaks located at *q*=8.5, 14.7, and 17.0 nm<sup>-1</sup> appear for the blend with *f*<sub>D</sub>=0.1, which are attributed to (110), (300)/(030) and (220) planes of SCs, respectively.[[40](#page-8-17)] Two new diffraction peaks located at *q*=12.2 and 14.0 nm<sup>-1</sup> are observed in the WAXD pattern as *f*<sub>D</sub> increases to 0.2−0.5, besides the diffraction peaks of *α*′-HCs and SCs. In order to clarify the crystalline polymorph, we enlarged WAXD pattern of the blends with  $f<sub>D</sub>=0.4$  crystallized at 90 °C from [Fig. 3](#page-3-0)(a), as shown in [Fig. 4](#page-3-1). In addition to the diffraction peaks of *α*′-form HCs and SCs, the other diffraction peaks located at *q*=12.2, 14.0, 15.8, 18.5, 19.9, 21.0, and 22.5 nm−1 (*d*=0.517, 0.448, 0.397, 0.339, 0.315, 0.298, and 0.279 nm) correspond to the (200), (131), (221), (132), (222), (003), [and \(023](#page-3-0)) planes of *β*-form HCs, respectively.<sup>[\[41\]](#page-8-18)</sup> As shown in [Fig. 3\(a\)](#page-3-0), the peak intensities of SCs and *β*-HCs are enhanced but those of *α*'-form HCs decrease as *f*<sub>D</sub> increases from 0.2 to 0.5, demonstrating that similar amounts of PLLA to PDLA are favorable for the formation of *β*-HCs in the blend.

On basis of the WAXD results,  $X_{\text{total}}$ ,  $X_{\alpha'}$ ,  $X_{\text{SC}}$ , and  $X_{\beta}$  values [are qu](#page-3-0)antitatively evaluated and plotted as a function of  $f<sub>D</sub>$  in [Fig. 3](#page-3-0)(c).  $X_{total}$ ,  $X_{\alpha'}$ ,  $X_{SC}$ , and  $X_{\beta}$  show quite different variation tendencies with  $f<sub>D</sub>$  in the blends. The blend with  $f<sub>D</sub>=0.01$  crys-

tallizes solely in *α*′-form HCs with the *Xα*′ value of 42.1%. *Xα*′ value drops from 38.4% to 18.5% and the SCs and *β*-form HCs are formed as  $f^{}_{\rm D}$  enhances from 0.1 to 0.2. Notably,  $X^{}_{\rm \beta}$  and  $X^{}_{\rm SC}$ in the blend show similar  $f<sub>D</sub>$ -dependent evolutions in the blend with  $f_{\text{D}}$ =0.2–0.5.  $X_{\beta}$  and  $X_{\text{SC}}$  increase from 4.5% to 9.9% and from 8.8% to 18.8%, respectively, as  $f<sub>D</sub>$  varies from 0.2 to 0.5. Accordingly, we consider that formation of *β*-HCs is re-



<span id="page-3-1"></span>**Fig. 4** Enlarged WAXD pattern of the blends with  $f<sub>D</sub>=0.4$  crystallized at 90 °C.

lated to the existence of SCs, as will be explained in the following section. Additionally, formation of *α*′-HCs is competitive with that of the SCs and *β*-HCs, resulting in a minimum  $X_{total}$  value of 31.7% in the blend with  $f_D=0.3$ .

We further studied the polymorphic crystalline structures of the blends crystallized at a high  $T_{\rm c}$ . [Fig. 3\(b\)](#page-3-0) shows the WAXD patterns of the blends with different  $f<sub>D</sub>$ s after crystallization at *T<sub>c</sub>*=120 °C. The *α*-HCs and SCs are predominantly formed in the blends at a high  $T_{\rm c}$  of 120 °C. As shown in [Fig. 3\(b\)](#page-3-0), characteristic diffraction peaks of *α*-HCs (*q*=11.9 and 13.6 nm−1, (110/200) and (203) planes of *α*-HCs) and SCs (*q*=8.5, 14.7, and 17.0 nm−1, (110), (300/030) and (220) plane of SCs) are present, while the diffraction peaks of *β*-HCs (*q*=12.2 and 14.0 nm−1, (200) and (131) planes of *β*-HCs) are absent for [the blen](#page-3-0)ds with *f*<sub>D</sub>=0.01−0.5 after crystallization at *T*c=120 °C. [Fig. 3\(d\)](#page-3-0) shows the variations of *X*total, *X<sup>α</sup>* , and *X*sc with  $f^{}_{\rm D}$  for the blend crystallized at  $T^{}_{\rm c}$ =120 °C.  $X^{}_{\! \alpha}$  value decreases from 45.4% to 18.0% and  $X_{sc}$  value increases from 0% to 27.0% at  $T_c$ =120 °C as  $f<sub>D</sub>$  varies from 0.01 to 0.5. Similar to the blends crystallized at  $T_c$ =90 °C, competitive crystallization of HCs and SCs results in a minimum X<sub>total</sub> value of 40.0% in the blend with *f*<sub>D</sub>=0.3. Therefore, we conclude that *β*-HCs are predominantly formed in the blends with a high  $f_D$  (≥0.2) at a low *T*<sup>c</sup> (*e.g.*, 90 °C).

To further elucidate the effect of  $T_{\rm c}$  on polymorphic structure, we investigate the crystalline structure of the blends with various *f<sub>D</sub>s (0.1–0.4) that are crystallized at different 7<sub>c</sub>s* 

(70−140 °C). [Fig. 5](#page-4-0) shows the WAXD patterns of the blends with *f*<sub>D</sub>=0.1−0.4 crystallized at *T<sub>c</sub>*=70−140 °C. As expected, *β*-HCs are generated in the blends with a high *f*<sub>D</sub> (0.2−0.4) but not in those with a low  $f_D$  (0.1). [Fig. 5](#page-4-0)(a) shows that the blend with  $f<sub>D</sub> = 0.1$  crystallizes in SCs+*α*'-HCs and SCs+*α*-HCs mixtures at *T<sub>c</sub>*≤100 °C and ≥110 °C, respectively. The blend with *f*<sub>D</sub>=0.2 crystallizes in SCs+*α*′-HCs+*β*-HCs and SCs+*α*-HCs mixtures at *T*<sub>c</sub>≤100 °C and ≥110 °C, respectively [\(Fig. 5b](#page-4-0)). The blends with  $f_D$ =0.3−0.4 [\(Figs. 5c](#page-4-0) and [5d\)](#page-4-0) have similar  $f_D$ -dependence of crystalline polymorphs to the blend with  $f_D=0.2$ . We note that the (200) diffraction intensity of *β*-HCs increases remarkably as  $f<sub>D</sub>$  enhances from 0.2 to 0.4.  $β$ -HC shows the highest diffraction intensity at  $T_c$ =90 °C for the blends with *f*<sub>D</sub>=0.2−0.4, indicating that the formation of *β*-HC is prefera[ble at m](#page-5-0)edium  $T_c$ .

[Fig. 6](#page-5-0) depicts the  $X_{SC}$ ,  $X_{β}$ ,  $X_{α(α')}$ , and  $X_{total}$  of the blends with  $f_{\rm D}$ =0.2 and 0.4 after isothermal crystallization at various  $T_{\rm c}$ s. These blends exhibit similar varia[tion t](#page-5-0)rends for each crystalline polymorph fraction with *T<sub>c</sub>*. [Fig. 6](#page-5-0) shows that  $X_{total}$ ,  $X_{sc}$ and *X<sub>α(α')</sub>* increase gradually with enhancing *T<sub>c</sub>* from 80 °C to 120 °C and then remain nearly unchanged as  $T_c$  further increases to 140 °C, which indicates that the crystallization of blend is constrained at a low  $T_c$  (<110 °C). In case of the blends with  $f_D$ =0.2 and 0.4,  $X_\beta$  enhances slightly from 4.0% to 4.5% and from 9.4% to 10.2% with increasing  $T_{\rm c}$  from 80 °C to 90 °C, and then decreases to zero with further increasing  $T_c$ to above 100 °C. β-HCs are favored at a medium  $T_{\mathsf{c}}$  and in the



<span id="page-4-0"></span>**Fig. 5** WAXD patterns of PLLA/PDLA blends after isothermal crystallization at various  $T_c$ s: (a)  $f_D$ =0.1; (b)  $f_D$ =0.2; (c)  $f_D$ =0.3; (d)  $f_D$ =0.4.

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<span id="page-5-0"></span>**Fig. 6** Plots of *α*(*α*′)-HC, *β*-HC, SC and total crystallinities as a function of *T*<sup>c</sup> for the PLLA/PDLA blends after isothermal crystallization at various *T*<sub>c</sub>s: (a) *f*<sub>D</sub>=0.2; (b) *f*<sub>D</sub>=0.4.

blends with comparable PLLA and PDLA fractions. The blends with  $f_{\mathsf{D}}$ =0.2 and 0.4 show maximum  $\mathsf{X}_\beta$  values of 4.5% and 10.2% at  $T_c$ =90 °C.

On basis of the WAXD results, we summarized the  $T_{\mathsf{c}}$  and  $f<sub>D</sub>$ -dependent polymorphic crystalline structure of PLLA/ PDLA blends in [Fig. 7](#page-5-1). Crystalline polymorphs of the blends [show](#page-5-1) strong dependences on both  $f_{\mathsf{D}}$  and  $\mathcal{T}_{\mathsf{c}}.$  As shown in [Fig. 7](#page-5-1), the asymmetric blends crystallize in SCs+*α*-HCs mixture at a high *T<sub>c</sub>* (≥110 °C), regardless of the  $f_{\mathsf{D}}$ . However, the blends with the low (≤0.1) and high (≥0.2)  $f_{\rm D}$ s crystallize in SCs+*α*′-HCs and SCs+*α*′-HCs+*β*-HCs mixtures at a low *T*<sup>c</sup> (≤100 °C), respectively.



<span id="page-5-1"></span>**Fig. 7** Phase diagram of PLLA/PDLA blends with different  $f<sub>D</sub>$ s crystallized at various *T<sub>c</sub>s*.

As mentioned above, *β*-HCs are preferentially generated in the blends with a high  $f^{}_{\rm D}$  (≥0.2) at a low  $T^{}_{\rm c}$  (≤100 °C). In order to quantitatively analyze the crystallization kinetics, we chose the blends with a low (0.01) and a high (0.3)  $f<sub>D</sub>$ s as model samples and calculated the crystallization half-time  $(t_{0.5})$  and Avrami index (*n*) from the DSC curves collected in isothermal [crysta](#page-5-2)llization at a low  $T_{\rm c}$  (70−100 °C) by Avrami equation.<sup>[\[42\]](#page-8-19)</sup> [Fig. 8](#page-5-2) shows the inverse  $t_{0.5}$  (1/ $t_{0.5}$ ) and *n* values of th[e blen](#page-5-2)ds isothermally-crystallized at a low T<sub>c</sub> (70–100 °C). [Fig. 8](#page-5-2)(a) shows that 1/ $t_{0.5}$  value increases gradually as  $T_{\rm c}$  varies from 70  $^{\circ}$ C to 100  $^{\circ}$ C, indicating the faster crystallization at a higher  $T_{\rm c}$ ;



<span id="page-5-2"></span>**Fig. 8** Kinetic parameters of PLLA/PDLA blends after isothermal crystallization at low *T*<sub>c</sub>s (70–100 °C): (a) 1/t<sub>0.5</sub> versus *T*<sub>c</sub>; (b) Avrami  $index (n)$  versus  $T_c$ .

this is due to the enhanced diffusion ability and mobility of PLLA/PDLA chains at a higher  $T_{\mathrm{c}}$ . In addition, crystallization of the blends becomes faster with increasing  $f<sub>D</sub>$  from 0.01 to 0.3 at the same  $\mathcal{T}_{\mathbf{c}'}$  due to the heterogeneous nucleation effect of pre-formed SCs on following homocrystallization.<sup>[[43](#page-8-20)]</sup> [Fig. 8](#page-5-2)(b) shows that the blend with *f*<sub>D</sub>=0.01 has the *n* values of 2−3 at a low *T<sub>c</sub>* (70−100 °C). However, the blend with *f*<sub>D</sub>=0.3 has the *n* values of ~2 at *T*<sub>c</sub>=70−80 °C but ~1 at *T*<sub>c</sub>=90−100 °C. Governed by the crystal growth geometry and time dependence of nucleation,[[44](#page-8-21)] the *n* value is generally around 2−4 for semicrystalline polymers in common crystallization processes. First-order crystallization kinetics (*n*=1) are frequently found in the confined crystallization of polymers.<sup>[[44](#page-8-21)–46]</sup> Therefore, the small *n* value for the blends (*e.g.*,  $f_D$ =0.3) at  $T_c$ =90−100 °C suggests the occurrence of constrained crystallization.

# **Proposed Mechanisms for Fractionated Crystallization and** *β***-HC Formation**

In order to clarify the fractionated crystallization mechanism, crystallization and structural evolution of melt-quenched asymmetric blends with different *f*<sub>D</sub>'s [\(0.](#page-6-0)1−0.4) were [inves](#page-6-0)tigated by *in situ* WAXD upon heating [\(Fig. 9](#page-6-0)). As shown in Fig.  $9(a)$ , the melt-quenched blend with  $f_D=0.4$  is amorphous at temperature below 60 °C. SCs start to crystalliz[e with](#page-2-0) heating to 60−80 °C, resulting in the appearance of *P*c1 in [Fig. 1](#page-2-0). *β*-HCs are present with further [heating](#page-2-0) to 110−120 °C, leading to the appearance of *P<sub>c2</sub>* in [Fig. 1](#page-2-0). Diffractions of SCs and *β*-HCs become remarkable at 120[−140](#page-2-0) °C, which corresponds to the temperature range of  $P_{c3}$  ([Fig. 1](#page-2-0)). β-HCs are metastable and transform into the thermodynamically stable *α*-HCs with further heating t[o 150−](#page-2-0)160 °C; this temperature range agrees with that of P<sub>exo,HC</sub> [\(Fig. 1](#page-2-0)). HCs melt first and then SCs melt with further heating to 250 °C. Similar sequential crystallization and *β*-to-*α* phase transition are also ob[served](#page-6-0) in the melt-quenched blend with $f<sub>D</sub>=0.2$  upon heating ([Fig. 9b](#page-6-0)). Based on both DSC and WAXD data, we conclude that the multiple crystallization peaks  $(P_{c1}, P_{c2}, P_{c3})$  observed upon heating for melt-quenched blends with *f*<sub>D</sub>=0.2−0.5 should stem from the crystallization of SCs (*P<sub>c1</sub>*), crystallization of *β*-HCs ( $P_{c2}$ ), and further crystallization of *β*-HCs and SCs  $(P_{c3})$ , respectively.  $P_{\text{exo,HC}}$  observed in the DSC heating curves of melt-quenched blends with *f*<sub>D</sub>=0.2−0.5 is attributed to the heating-induced *β*-to-*α* phase transition. Previous study has demonstrated that the heating-induced *β*-to-*α* transition proceeds through melt-r[ecr](#page-7-16)ystallization route, rather than the direct solid-to-solid route.<sup>[\[19](#page-7-16)]</sup> The blend with a low  $f^{}_{\rm D}$  (*e.g.*, 0.1) cryst[allizes d](#page-6-0)irectly in *α*-HCs at 110−120 °C, [with](#page-2-0)out forming *β*-HCs([Fig. 9c](#page-6-0)). The  $P_{c1}$  and  $P_{c3}$  observed in [Fig. 1](#page-2-0) for the blend with  $f_D=0.1$  correspond to the crystallization of SCs  $(P_{c1})$ , and further crystallization of SCs and *α*-HCs ( $P_{c3}$ ).

*β*-Form HC is a special polymorph of homocrystalline PLLA and PDLA, which is usually obtained under rigorous crystallization co[ndi](#page-8-6)tions such as high pressure, strong stretching or shearing.<sup>[\[28\]](#page-8-6)</sup> Herein, β-HCs can be obtained in the MMW PLLA/PDLA blends with a high  $f_D$  (≥0.2) under mild conditions such as at a low  $T_{\rm c}$  (80−100 °C), without employing the pressure, shearing or stretching. We propose that the formation of *β*-HCs is ascribed to (i) the conformational matching between SCs and *β*-HCs, and (ii) the constrained effects of pre-formed SCs. Due to the conformatio[na](#page-8-4)[l s](#page-8-23)imilarity of *β*-HCs to that of SCs (3<sub>1</sub> helix conformation), $^{[25,47]}$  $^{[25,47]}$  $^{[25,47]}$  $^{[25,47]}$  PLLA and PDLA



<span id="page-6-0"></span>**Fig. 9** Temperature-dependent WAXD patterns of melt-quenched PLLA/PDLA blends collected upon heating at 10 °C/min: (a)  $f_D=0.4$ ; (b)  $f_D$ =0.2; (c)  $f_D$ =0.1.

chains would prefer the formation of *β*-HCs to the conventional *α*(*α'*)-HCs adopting 10<sub>3</sub> helix conformation.<sup>[[41](#page-8-18)]</sup> On the other hand, the MMW blends with high  $f<sub>D</sub>$  show stronger constrained effects at low *T*<sub>c</sub>=90−100 °C, as demonstrated by *n=*~1 in [Fig. 8](#page-5-2)(b). Temperature-variable WAXD results [\(Fig. 9](#page-6-0)) have revealed that SCs are formed prior to HCs in the crystallization process. The precedingly-crystallized SCs in the early stage can act as physical crosslinkers and form physical networks in the PLLA/PDLA matrix, which would restrict the diffusion of surrounding chains and thus constrain the following crystallization of PLLA and PDLA. Therefore, it would be easier for PLLA and PDLA to crystallize in the *β*-HCs adopting more extended conformation. Moreover, such constrained effect by formation of SCs becomes more predominant at a high fraction of SCs. As a result, *β*-HCs are only crystallized in the MMW PLLA/PDLA blends with a high  $f_D$  (≥0.2), but not in the blends with a low  $f^{}_{\rm D}$  (≤0.1). Finally, at high  $\mathcal{T}^{}_{\rm c}$ s (≥110 °C), the blends would prefer to crystallize in conventional *α*-HCs for that the mobility of PLLA and PDLA chains increase at small supercooling.

## **CONCLUSIONS**

In summary, we have elucidated the multistep crystallization kinetics and polymorphic crystalline structures of MMW PLLA/PDLA asymmetric blends with different *f*<sub>D</sub>s (0.01–0.5) under various crystallization conditions. Crystallization kinetics and crystalline structure of PLLA/PDLA asymmetric blends depend on  $f_{\mathsf{D}}$  and  $T_{\mathsf{c}}.$  The asymmetric PLLA/PDLA blends with a high  $f_D$  (≥0.2) show fractionated crystallization kinetics and form peculiar β-form HCs when being crystallized at a low *T<sub>c</sub>* (80−100 °C), while the blends crystallize into the usual *α*-form HCs and SCs at a higher  $T_c$  (≥110 °C). We propose that the fractionated crystallization kinetics of MMW PLLA/PDLA asymmetric blends are originated from the constrained effects of pre-formed SCs. Formation of metastable *β*-form HCs is probably attributed to the conformational matching between *β*-form HCs and SCs, and also to the stronger constrained effects by precedingly-formed SCs in the early stage of crystallization. This work has shed light on the complicated crystallization kinetics and polymorphic structure of stereocomplexable polymers and put forward potential methods to tune the crystalline structure of stereocomplexed materials.

### **NOTES**

The authors declare no competing financial interest.

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