**ORIGINAL ARTICLE** 



# Predictors and burden of hospital readmission with recurrent *Clostridioides difficile* infection: a French nation-wide inception cohort study

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#### Abstract

To investigate the predictors and burden of hospital readmission with recurrent *Clostridioides difficile* infection (rCDI) in a large European healthcare system with a low prevalence of hyper-virulent *C. difficile* clones. We conducted an inception cohort study based on an exhaustive health insurance database and including all survivors of a first hospital stay with CDI over a one-year period (2015) in France. Readmissions with rCDI were defined as a novel hospital stay with CDI within 12 weeks following discharge of the index hospitalization. Risk factors for readmission with rCDI were investigated through multivariate logistic regression analyses. Among the 14,739 survivors of the index hospital stay (females, 57.3%; median age, 74 [58–84] years), 2135 (14.5%) required at least one readmission with rCDI. Independent predictors of readmission were age  $\geq 65$  years (adjusted odds ratio (aOR), 1.34, 95% confidence interval (CI), 1.21–1.49, *P* < 0.0001), immunosuppression (aOR, 1.27, 95% CI, 1.15–1.41, *P* < 0.0001), chronic renal failure (aOR, 1.29, 95% CI, 1.14–1.46, *P* < 0.0001), and a previous history of CDI (aOR, 2.05, 95% CI, 1.55–2.71, *P* < 0.0001). The cumulative number of risk factors was independently associated with the hazard of readmission. Mean acute care costs attributable to rCDI were 5619 ± 3594 Euros for readmissions with rCDI as primary diagnosis (mean length of stay, 11.3 ± 10.2 days) and 4851 ± 445 Euros for those with rCDI as secondary diagnosis (mean length of stay, 16.8 ± 18.2 days), for an estimated annual nation-wide cost of 14,946,632 Euros. Hospital readmissions with rCDI are common after an index episode and drive major healthcare expenditures with substantial bed occupancy, strengthening the need for efficient secondary prevention strategies in high-risk patients.

**Key-words** Clostridium difficile  $\cdot$  Hospital-acquired diarrhea  $\cdot$  Pseudomembranous colitis  $\cdot$  Healthcare costs  $\cdot$  Prevention  $\cdot$  Risk factors

# Introduction

The growing burden of *Clostridioides difficile* infections (CDI, formerly *Clostridium difficile* infections) stands as a

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global public health threat [1]. Indeed, *C. difficile* is the main pathogen responsible for hospital-acquired diarrhea—with a marked cross-transmissibility resulting in epidemics in hospitals and long-term care facilities—while the incidence of

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community-acquired CDI is rising steadily [2, 3]. At the individual level, the occurrence of CDI translates into worsened morbidity and discomfort, extended length of hospital stay (LOS), and a substantial mortality attributable to both severe presentations (e.g., pseudomembranous colitis, toxic megacolon, and related organ failures) and the frailty of atrisk patient populations [4, 5]. At the hospital scale, CDI account for major expenditures and organizational challenges ensuing from additional healthcare resources utilization and the implementation of barrier precautions to prevent dissemination [6, 7].

CDI is characterized by a recurrence rate ranging from 15 to 25% that dramatically amplifies the global burden of the disease [1]. Age over 65 years, immunosuppression, severe comorbidities, a previous history of CDI, an index CDI episode meeting the criteria for severe complicated disease or involving a hyper-virulent *C. difficile* strain, the continuation of drugs that impair the normal gut microbiome (i.e., antimicrobial agents or proton-pump inhibitors), and the use of metronidazole rather than vancomycin or fidaxomicin as first-line regimen may predispose to recurrent CDI (rCDI) [8, 9].

Yet, predictors of hospital readmission with rCDI after an index episode and its impact on healthcare costs and bed occupancy remain scarcely investigated in large epidemiological studies. Of note, most of available data on these issues originate from the USA [10–12] and may not be directly transposable to other ecological and medico-economic environments. Further, defining patient subgroups with the higher hazard of readmission with rCDI could help better targeting the implementation of secondary prevention strategies [13].

The objectives of this study were to investigate the predictors and nation-wide burden of hospital readmission with rCDI after an index CDI episode using an exhaustive administrative database over a one-year period in France.

# Patients and methods

#### Study design and data source

This retrospective inception cohort study was conducted by exploiting the French Health Insurance database (*Programme de Médicalisation des Systèmes d'Information* - PMSI). This exhaustive database includes all hospital stays in public and private care facilities with prospectively collected data on patient demographics, hospitalization unit (i.e., medical or surgical wards, intensive care unit (ICU), and rehabilitation or long-term care facilities), main and secondary diagnoses of the hospital stay using the 10th revision of the International Classification of Diseases (ICD-10), PMSI codes for resource utilization (including radiological, surgical, and invasive medical procedures), LOS, and vital status at discharge. A personal identification number is attributed to each single patient, enabling the search for iterative hospital admissions over a given period. Of note, information on deaths occurring outside the French hospital system is not available in the database. In compliance with French law on electronic data sources, this database is registered at the *Commission Nationale de l'Informatique et des Libertés* (registration number, 2019044). The protocol of this observational study was not submitted to an ethical committee since all data were fully anonymized at baseline. Results are reported according to the STROBE guidelines (www.strobe-statement.org). The study sponsor was not involved in data acquisition, statistical analyses, or interpretation of the results.

#### Patient selection and definitions

We first identified all patients with at least one hospital admission with the ICD-10 code for CDI (i.e., A04.7) as main or secondary diagnosis between January 1 and December 31, 2015, without age restriction. The index episode of CDI was defined as the first hospital stay with CDI and was considered as cured at hospital discharge. Hospital readmission with rCDI was defined as a new stay with CDI as main or secondary diagnosis within 12 weeks following discharge of the index hospital stay. This extended period when compared with the 8week timeframe established by the European Society of Clinical Microbiology and Infectious Diseases (ESCMID) guidelines [9] to define rCDI was chosen to fit with recent randomized controlled trials (RCT) focused on rCDI prevention, and in whom recurrence was defined as a new episode occurring up to 12 weeks following the index case [14–16]. A 12-week rolling period was applied to distinguish index episodes and recurrences-that is, back to October 1, 2014, for patients enrolled on January 1, 2015, and until April 1, 2016, for patient enrolled on December 31, 2015. Survivors of the index hospital stay with CDI were included in the study cohort. Only the first index CDI was considered for patients with two or three index episodes (i.e., more than 12 weeks apart) over the study period.

Variables presented in the tables were extracted from the database. Age  $\geq$  65 years, chronic renal failure, immunosuppression, a history of previous CDI between 24 and 12 weeks before the index episode (i.e., not defining a recurrence), and a severe complicated index episode of CDI were considered as risk factors for rCDI, in accordance with the ESCMID guide-lines [9]. A severe complicated episode of CDI was defined by the occurrence of at least one complication among acute renal failure, paralytic ileus, septic shock, ICU admission, and need for unscheduled colectomy during the same hospital stay, as adapted from the ESCMID definition [9]. The ICD-10 and PMSI code lists used for these definitions were elaborated by author consensus (Table S1 in the electronic supplementary data—ESD).

#### Burden of rCDI

The financial burden of rCDI was appraised using the DRG (diagnosis-related groups of patients) and MEG (medicoeconomic groups of patients) administrative tools which are uniformly applied in France for activity-based funding of acute care hospitals and rehabilitation or long-term care facilities, respectively. For patients with rCDI as the primary diagnosis, we measured the global cost of the hospital stay. For patients with rCDI as secondary diagnosis, we performed a case-control study by matching these patients (1:1 ratio) on age, sex, main diagnosis of the index hospital stay, and the need for ICU admission with non-CDI patients randomly selected in the database over the same 1-year period. Incremental costs related to CDI were then calculated as the cost difference between the two groups of patients using the DRG and MEG nomenclatures, as appropriate. The same methodology was applied for index hospital stays. The annual financial burden of CDI was estimated as the sum of costs attributable to CDI for both index hospital stays and readmissions. Additional information on cost measurement is provided with Table S2 in the ESD. Recurrences occurring during the index hospital stay and those managed in the outpatient setting were not considered.

#### Statistical analyses

Categorical variables are expressed as number (percentage) and continuous variables as mean  $\pm$  standard deviations (SD) or median (25th–75th percentile, IQR). Patients with and without hospital readmission with rCDI were compared using the Student *t* test for continuous variables and the  $\chi$ 2 test or the Fisher exact test for categorical variables. The Wilcoxon or Kruskal–Wallis non-parametric tests were used when appropriate.

To identify risk factors for hospital readmission with rCDI, we first performed bivariate analyses to compare survivors of the index hospital stay with at least one readmission to those not readmitted. Analyses were restrained to the first readmission in patients with multiple readmissions with rCDI. Variables yielding P value < 0.2 were then entered into a backward multivariate logistic regression model for the calculation of adjusted odds ratio (aOR) and corresponding 95% confidence interval (CI), handling readmission with rCDI as the primary outcome. This model was applied on both the whole cohort and a sub-cohort excluding the patients who died during another hospital stay without rCDI within the 12-week timeframe. Another multivariate logistic regression model was built to appraise whether the cumulative number of risk factors for rCDI-rather than risk factors separatelymay impact the hazard of readmission with rCDI. No variable was forced into these models. Kaplan-Meier curves of readmission-free survival according to the number of risk factors were compared using the log-rank test. Only deaths occurring during a new hospital stay without rCDI were considered for these analyses. All tests were two-sided, and P values < 0.05 were considered statistically significant. Analyses were carried out using the SAS® version 9.3 (SAS Institute, Cary, NC, USA).

# Results

#### **Study cohort**

A total of 16,794 patients experienced an index hospital stay with CDI over the year 2015 in France and 2055 (12.2%) died during this first hospitalization (Fig. 1 and Table S3). The remaining 14,739 patients (females, 57.3%; age, 74 [58–84] years) were included in the study (Table 1). Among them, 9638 (65.4%) were aged 65 years or older, 2081 (14.1%) suffered from chronic renal failure, 3828 (26.0%) were immunocompromised (mostly solid neoplasms and hematological malignancies), 1628 (11.0%) met the criteria for a severe complicated index episode of CDI, and only 267 (1.8%) had a previous history of CDI before the index episode. Overall, 11,790 survivors (80.0%) had at least one risk factor for rCDI (one factor, 58.1%; two factors, 19.5%; three or four factors, 2.4%; five factors, none).

#### Predictors of hospital readmission with rCDI

Among the 14,739 survivors of the index hospital stay, 2135 (14.5%) required at least one readmission with rCDI within 12 weeks following discharge (mean interval between discharge and readmission,  $18 \pm 20$  days). More than 80% of readmission with rCDI occurred within 8 weeks, whichever the number of risk factors for rCDI (Fig. 2). Survivors with and without readmission are compared in Table 1.

By multivariate analysis, independent risk factors for hospital readmission with rCDI were age  $\geq 65$  years (aOR 1.34, 95% CI 1.21 to 1.49, P < 0.0001), immunosuppression (aOR 1.27, 95% CI 1.15 to 1.41, P < 0.0001), chronic renal failure (aOR 1.29, 95% CI 1.14 to 1.46, P < 0.0001), and an history of CDI (aOR 2.05, 95% CI 1.55 to 2.71, *P* < 0.0001) (Table 2). Conversely, cerebrovascular diseases (aOR 0.73, 95% CI 0.58 to 0.91, P = 0.004) and dementia (aOR 0.73, 95% CI 0.61 to 0.88, P = 0.001) were protective (Table 2). Of note, a severe complicated index episode of CDI was slightly more common in patients with readmission than in those without (12.6% versus 10.8%, respectively, P < 0.0001); however, this feature had no independent impact on the hazard of readmission with rCDI after adjustment on potential confounders. Similar results were obtained in a second multivariate model excluding the 969 patients (6.6%) who died during another hospital stay without rCDI within the 12-week timeframe (Table S4).

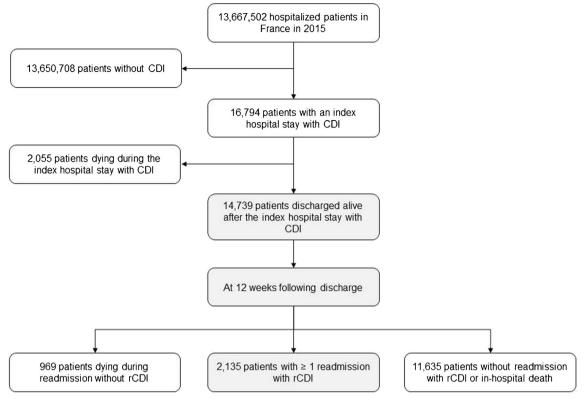


Fig. 1 Study flowchart. CDI, Clostridioides difficile infection; rCDI, recurrent CDI

The potential effect of the cumulative number of prespecified risk factors for rCDI was appraised in a third multivariate model (Table S5). Patients with two (aOR 1.77, 95% CI 1.51 to 2.07, P < 0.0001) or three to four (aOR 1.67, 95% CI 1.23 to 2.26, P = 0.001) risk factors were at higher hazard of readmission with rCDI than those with only one (aOR 1.50, 95% CI 1.31 to 1.71, P < 0.0001) or no (reference, aOR = 1) risk factor.

#### Burden of hospital readmission with rCDI

Average hospital LOS for readmissions with rCDI as primary or secondary diagnosis were  $11.3 \pm 10.2$  and  $16.8 \pm 18.2$  days, respectively (Table 3). The mean inclusive cost of readmissions with rCDI as primary diagnosis (n = 1392) was evaluated as  $5619 \pm 3594$  Euros versus  $5276 \pm 3929$  Euros for index hospital stays (Table 3). Mean extra-costs attributable to rCDI for readmissions with rCDI as secondary diagnosis (n =1378) were evaluated as  $4851 \pm 445$  Euros versus  $8535 \pm 242$ Euros for index hospital stays. Additional costs are detailed in Table 3. Overall annual costs attributable to rCDI were estimated as 14,946,632 Euros—that is, 10.5% of the nation-wide financial burden of CDI (estimation, 142,619,422 Euros for the year 2015).

#### Outcome of hospital readmission with rCDI

The overall in-hospital mortality rate in patients with a first readmission for rCDI was 12.6% (n = 270). Among the 1865 patients who survived to this first readmission, 422 (22.6%) required one or more additional readmissions for rCDI (second readmission, n = 296; third readmission and beyond, n = 126).

# Discussion

Predictors of hospital readmission with rCDI and associated costs remain under-investigated in large European hospital systems. In this study including 14,739 inpatients discharged alive after an index episode of CDI over a one-year period in France, age  $\geq 65$  years, immunosuppression, chronic renal failure, and a previous history of CDI were independently linked with a higher hazard of readmission (overall rate, 14.5%), this association strengthening as the cumulative number of risk factors increased. The annual cost burden of readmission with rCDI was estimated as almost 15 million Euros.

Previous studies reported an 8–11% rate of hospital readmission with rCDI after an index episode [6, 12, 17–20]. However, most of these works were conducted in referral

#### Table 1 Characteristics of the study population

	All patients $(N = 14,739)$	No readmission with rCDI $(N = 12,604)$	Readmission with rCDI $(N = 2135)$	P value
Sex, female	8442 (57.3)	7201 (57.1)	1241 (58.1)	0.39
Age, years	74 [58–84]	73 [57–84]	75 [61-85]	0.0005
Age $\geq 65$ years	9638 (65.4)	8148 (64.6)	1490 (69.8)	< 0.0001
Chronic diseases other than immunosuppression	n			
Congestive heart failure	2175 (14.8)	1861 (14.8)	314 (14.7)	0.94
Coronary heart disease	299 (2.0)	254 (2.0)	45 (2.1)	0.78
Peripheral arterial disease	928 (6.3)	787 (6.2)	141 (6.6)	0.53
Cerebrovascular disease	862 (5.8)	765 (6.1)	97 (4.5)	0.005
Dementia	1215 (8.2)	1071 (8.5)	144 (6.7)	0.006
Chronic pulmonary disease	1290 (8.8)	1093 (8.7)	197 (9.2)	0.40
Rheumatic disease	242 (1.6)	196 (1.6)	46 (2.2)	0.04
Peptic ulcer disease	221 (1.5)	195 (1.5)	26 (1.2)	0.25
Liver disease	1053 (7.1)	893 (7.1)	160 (7.5)	0.50
Diabetes mellitus	2625 (17.8)	2228 (17.6)	397 (18.6)	0.31
Chronic renal failure	2081 (14.1)	1710 (13.6)	371 (17.4)	< 0.0001
Immunosuppression				
Overall	3828 (26.0)	3190 (25.3)	638 (29.9)	< 0.0001
Hematological malignancy	853 (5.8)	699 (5.5)	154 (7.2)	0.002
Solid neoplasm	1886 (12.8)	1594 (12.6)	292 (13.7)	0.19
Solid organ transplant recipient	445 (3.0)	366 (2.9)	79 (3.7)	0.05
Others	1163 (7.9)	966 (7.7)	197 (9.2)	0.01
Charlson comorbidity index	4 [3-6]	4 [2-6]	5 [3-7]	< 0.0001
History of CDI <sup>1</sup>	267 (1.8)	198 (1.6)	69 (3.2)	< 0.0001
Type of hospital admission				
From home	13,191 (89.5)	11,328 (89.9)	1863 (87.3)	0.0004
Transfer from other healthcare facilities	1548 (10.5)	1276 (10.1)	272 (12.7)	
Features of the index episode of CDI				
Main diagnosis of the hospital stay	5575 (37.8)	4625 (36.7)	950 (44.5)	< 0.0001
Secondary diagnosis of the hospital stay	9164 (67.2)	7979 (63.3)	1185 (55.5)	
Severe complicated disease [2]	1628 (11.0)	1359 (10.8)	269 (12.6)	< 0.0001
Main infection diagnosis associated with CDI				
Lower respiratory tract infections	2000 (13.6)	1749 (13.9)	251 (11.8)	0.008
Urinary tract infections	2435 (16.5)	2100 (16.7)	335 (15.7)	0.26
Skin and soft tissues infections	519 (3.5)	449 (3.6)	70 (3.3)	0.51
Intra-abdominal infections	724 (4.9)	644 (5.1)	80 (3.7)	0.007
Central nervous system infections	30 (0.2)	28 (0.2)	2 (0.1)	0.30
Bone and joint infections	256 (1.7)	219 (1.7)	37 (1.7)	0.99
Endocarditis	324 (2.2)	273 (2.2)	51 (2.4)	0.52
Length of hospital stay, days	14 [7–26]	14 [7–26]	13 [7–23]	< 0.0001
Type of hospital discharge	-			
Back to home	10,206 (69.2)	8898 (70.6)	1308 (61.3)	< 0.0001
Transfer to other healthcare facilities	4533 (30.8)	3706 (29.4)	827 (38.7)	

Data are exposed as number (%) or median (25th-75th interquartile range)

CDI, Clostridioides difficile infection

rCDI, recurrent CDI

<sup>1</sup> Defined as a previous hospital stay with CDI between 24 and 12 weeks before the index episode (i.e., not defining a recurrent CDI); <sup>2</sup> defined as intensive care unit admission, occurrence of acute renal failure, paralytic ileus, toxic megacolon, or the need for unscheduled colectomy

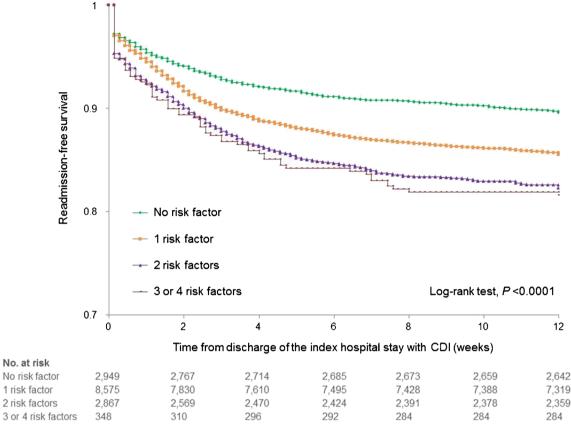


Fig. 2 Kaplan–Meier curves of survival without hospital readmission with recurrent *Clostridioides difficile* infection (rCDI) according to the number of risk factors for rCDI. CDI, *Clostridioides difficile* infection. Risk factors for recurrent CDI: age older than 65 years, chronic renal failure, immunosuppression, severe complicated index episode of CDI,

and a previous history of CDI before the index episode. Only deaths occurring during a new hospital stay without rCDI were considered since information on deaths occurring outside the French hospital system was not available in the database

hospitals where the management of index cases may differ from practices implemented in non-specialized healthcare settings. In addition, available data on readmission with rCDI mainly comes from North America, a region where the hyper-virulent BI/NAP-1/027 strain of *C. difficile* has successfully disseminated. The prevalence of this ribotype independently associated with rCDI has declined markedly over the recent years in Europe, especially in France where the overall prevalence of hyper-virulent *C. difficile* clones remains currently limited. [21, 22] The 14.5% rate of readmission that we observed in this nation-wide cohort highlights the need for sustained efforts to prevent rCDI even in healthcare systems with low endemicity of such hyper-virulent strains.

Older age, immunosuppression, chronic renal failure, and a history of CDI have been identified as independent risk factors for rCDI [23–26]. Still, whether these factors may predict hospital readmission with rCDI had not been precisely appraised. Here, we demonstrated that patients exhibiting these

Table 2Independent predictorsof hospital readmission withrecurrent Clostridioides difficileinfection

Patient characteristics	Adjusted odds ratio	95% confidence interval	P value
Age $\geq 65$ years	1.344	1.213-1.490	< 0.0001
Immunosuppression	1.271	1.146–1.409	< 0.0001
Cerebrovascular disease	0.728	0.585-0.906	0.004
Dementia	0.733	0.609-0.881	0.0001
Chronic renal failure	1.292	1.140–1.463	< 0.0001
History of CDI <sup>1</sup>	2.051	1.551-2.712	< 0.0001

CDI, Clostridioides difficile infection

<sup>1</sup> Defined as a previous hospital stay with CDI between 24 and 12 weeks before the index episode (i.e., not defining a recurrent CDI)

 Table 3
 Lengths of hospital stay

 and healthcare costs associated
 with Clostridioides difficile

 infection

	CDI as primary diagnosis	CDI as secondary diagnosis
All hospital stays with CDI		
Number of stays	7477	12,412
Length of stay, days	$11.0\pm10.3$	$25.8 \pm 25.5$
Inclusive costs (acute care)	$5340\pm3871$	$8135\pm221$
Additional cost, medications	$1113 \pm 563 \ (n = 487)$	$1297 \pm 707 \ (n = 550)$
Additional cost, transfer to rehabilitation or LTC facilities Index hospital stay with CDI	$284 \pm 56 \ (n = 558)$	$284 \pm 56 \ (n = 302)$
Number of stays	6085	11,034
Length of stay, days	$11.0 \pm 10.3$	27.0±27.4
Inclusive costs (acute care)	$5276 \pm 3929$	$8535\pm242$
Additional cost, medications	$1142 \pm 624 \ (n = 249)$	$1297 \pm 707 \ (n = 444)$
Additional cost, transfer to rehabilitation or LTC facilities	$283 \pm 55 \ (n = 430)$	$284 \pm 56 \ (n = 259)$
Hospital readmission with rCDI		
Number of stays	1392	1378
Length of stay, days	$11.3\pm10.2$	$16.8\pm18.2$
Inclusive costs (acute care)	$5619\pm3594$	$4851\pm445$
Additional cost, medications	$1083 \pm 492 \ (n = 238)$	$1297 \pm 707 \ (n = 106)$
Additional cost, transfer to rehabilitation or LTC facilities	$289 \pm 61 \ (n = 128)$	$284 \pm 56 \ (n = 43)$

Data are expressed as mean ± standard deviation

All costs are indicated in Euros

CDI, Clostridioides difficile infection; rCDI, recurrent CDI; LTC, long-term care

baseline characteristics were at higher risk of being readmitted. This appears especially meaningful as the proportion of at-risk inpatients—notably those aged and/or immunocompromised—are expected to increase in the years to come. Strikingly, cerebrovascular diseases and dementia exerted an apparent protective effect, a finding that possibly reflects physicians' decision not to re-hospitalize institutionalized patients with poor performance status or extra-hospital mortality ensuing from severe underlying conditions and not colligated in the PMSI database.

Overall, 80% of patients presented at least one risk factor for rCDI; therefore, identifying those with the higher hazard of readmission remains challenging. Considering the cumulative number of risks factors could be a rational approach when discussing the indication of expensive secondary prevention strategies after an index hospital stay with CDI. Vancomycin and fidaxomicin are currently the recommended drugs for a first episode, especially when risk factors for rCDI are present [9, 27]. The cost-effectiveness of fidaxomicin to prevent a first recurrence remains equivocal when compared to vancomycin [28] yet might improve when extended-pulsed regimens are prescribed. [29] Model-based analyses suggest that bezlotoxumab—a monoclonal antibody directed against *C. difficile* toxin B—is cost-effective for rCDI prevention when combined to standards of care for index CDI cases [30]. Of note, a post-hoc analysis of the MODIFY-I/II RCTs suggests that bezlotoxumab has the greatest preventive effect in patients with three or more risk factors, while no relevant impact was observed in those with no risk factor [31]. The potential role of fecal microbiota transplantation as a first-line treatment for CDI is currently evaluated [32].

Studies conducted in tertiary care hospitals in the USA and Europe estimated the extra-costs attributable to rCDI in inpatients as ranging from 8488 to 9960 Euros [6, 11, 20, 33]. Our estimations based on the French Health Insurance invoicing algorithms are slightly below these values as a likely result of more heterogeneous case-mix and patient management. Nevertheless, the nation-wide annual cost of hospital readmission with rCDI-that is, roughly 15 million Euros or 10.5% of overall annual CDI-related costs-was consistent with a previous estimation from 12 French acute care hospitals [6] and underlines the burden of rCDI on the healthcare system. However, our study was conducted on a cohort of patients hospitalized with CDI in 2015. Hence, we cannot firmly exclude that this amount decreased over the more recent years owing to improved management of patients at high risk for rCDI.

Strengths of this study include the large number of enrolled patients, the exploitation of an exhaustive nation-wide database that ensures external validity, and the accurate appraisal of readmission-related costs using standardized administrative tools. Yet, several limitations inherent to claims data analysis should be underlined. First, definitions for CDI episodes, severity criteria, and comorbidities were based on ICD-10 coding, without further medical chart review, which could have led to a degree of patient misclassification owing to reporting omission. Next, the impact of certain wellestablished risk factors for rCDI could not be evaluated since they were not available in the database-this especially applies for antibiotic exposure [9], the pharmacological management of index episodes [34], and serum levels of anti-toxin B antibodies [35]. Third, certain risk factors for rCDI (i.e., older ages, immunosuppression, and chronic renal failure) exert an independent impact on the hazard of short-term death in survivors of a first hospital stay with CDI. Since out-of-hospital deaths were not mentioned in the database, the competing risk of death could not be taken into account when appraising the incidence and predictors of readmission with rCDI. Lastly, analyses were restrained to the first readmission with rCDI, which could have underestimated total healthcare costs. However, only 3% of included patients experienced more than one readmission over the study period.

In conclusion, readmissions with rCDI are commonly required in French patients discharged after an index episode and are responsible for a significant part of the global burden of CDI. Secondary prevention strategies—along with the use of vancomycin or fidaxomicin—should be discussed upon the index episode in patients cumulating two or more risk factors for readmission.

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Statistical analysis: C. Emery, E. Torreton and A. Duburcq.

Interpretation of results: A. Dinh, A. Le Monnier, A. Duburcq and F. Barbier.

Writing of the manuscript: A. Dinh, A. Le Monnier and F. Barbier. Critical revision of the manuscript for important intellectual content: all authors.

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#### **Compliance with ethical standards**

The database exploited for this study is registered at the *Commission Nationale de l'Informatique et des Libertés* (registration number, 2019044), in compliance with French law on electronic data sources. The protocol of this retrospective observational study was not submitted to an ethical committee since all data were fully anonymized at baseline.

**Conflict of interest** FB: MSD (conference and lecture fees, conference invitation), Pfizer (conference invitation), BioMérieux (conference fees).

AD: MSD (conference and lecture fees, conference invitation), Pfizer (conference invitation), InfectoPharm (conference and lecture fees), Sanofi-Pasteur (conference and lecture fees), Correvio (conference and lecture fees).

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