

Association of torque teno virus (TTV) and torque teno mini virus (TTMV) with liver disease among patients coinfecting with human immunodeficiency virus and hepatitis C virus

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Received: 11 July 2012 / Accepted: 30 August 2012 / Published online: 16 September 2012
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Abstract Torque teno virus (TTV) and torque teno mini virus (TTMV) have been potentially related to liver diseases. The aim of the study was to quantify TTV and TTMV in human immunodeficiency virus (HIV)/hepatitis C virus (HCV)-coinfecting patients to study the relationship between the TTV and TTMV viral loads and the severity of liver disease. We carried out a cross-sectional study in 245 patients coinfecting with HIV and HCV (HIV/HCV-group), 114 patients mono-infected with HIV (HIV-group), and 100 healthy blood donors (Control-group). Plasma samples were tested for TTV and TTMV by quantitative real-time polymerase chain reaction (PCR). The prevalences of TTV and TTMV infections in the HIV/HCV-group and the HIV-group

were significantly higher than the Control-group ($p < 0.05$). Furthermore, TTV and TTMV coinfections were found in 92.2 % (226/245) in the HIV/HCV-group, 84.2 % (96/114) in the HIV-group, and 63 % (63/100) in the Control-group ($p \leq 0.05$). HIV/HCV-coinfecting patients with HIV viral load ≥ 50 copies/mL and patients with severe activity grade had the highest viral loads of TTV and TTMV ($p \leq 0.05$). HIV/HCV-coinfecting patients with high TTV load (> 2.78 log copies/ μ L) had increased odds of having advanced fibrosis or severe necroinflammatory activity grade in the liver biopsy. Moreover, HIV/HCV-coinfecting patients with high TTMV load (> 1.88 log copies/ μ L) had decreased odds of having no/minimal fibrosis and no/mild activity

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grade, and increased odds of having a high fibrosis progression rate. In conclusion, TTV and TTMV might play a role in the development of liver disease in immunodeficiency patients, such as the patients coinfecting with HIV and HCV.

Introduction

Two human anelloviruses, torque teno virus (TTV) and torque teno mini virus (TTMV), were described in the 1990s [1, 2]. TTV was first identified in a patient with post-transfusion hepatitis of unknown etiology [1] and TTMV was discovered shortly afterwards due to its homology with TTV [2]. Both anelloviruses appear to be present in the majority of individuals [3, 4]. The evidence indicates that infection with TT viruses is acquired in early childhood via perinatal and horizontal routes (fecal–oral, mother–child, and family contacts), while the parenteral and sexual routes appear to be predominant for infection in adulthood [4–6].

TTV and TTMV are persistent viruses, as shown in serial samples where the same DNA sequences were found repeatedly [7, 8], and plasma/serum viral load is the best marker of the activity or reactivation of TT viruses. Moreover, the viral load of TT viruses in healthy individuals is known to be generally low [9]; however, increased prevalence has been reported in persons infected with human immunodeficiency virus (HIV) [10, 11] and patients with hepatitis [12].

TT viruses may be in the semi-latency state and increase their level of replication in cases of immunodeficiency [13]. In addition, HIV infection predisposes to opportunistic infections, although the level of CD4+ cells was not too low [14]. The TTV load has been proposed as an indirect marker of cellular immune response at a functional level in patients infected with HIV who receive highly active antiretroviral therapy (HAART) [15] and patients who receive autologous stem cell transplantation [13].

TTV apparently replicates in liver cells, as circular double-stranded forms of TTV DNA have been detected in liver tissues [16, 17], but the exact role of TTV in liver diseases has not yet been defined. In one study, no correlation was found between the acquisition of TTV infection and the development of clinical symptoms of hepatitis [18]. However, other studies have found an association between the dynamics of TTV viremia and transient abnormalities in the liver enzyme levels that may influence the progression of liver disease in hepatitis C virus (HCV)-mono-infected patients [19, 20]. Although it does not seem that TTV infection provokes liver injury in humans, it is important to clarify whether coinfection with TTV promotes the progression of liver disease in patients with chronic hepatitis C [21–23].

The aim of this study was to quantify TTV and TTMV in patients coinfecting with HIV and HCV to study the possible relationship between the viral load of TTV and TTMV and the severity of liver disease.

Patients and methods

Patients

A retrospective cross-sectional study was performed on 245 patients coinfecting with HIV and HCV (HIV/HCV-group) of the Hospital Gregorio Marañón in Madrid (Spain), who underwent a liver biopsy between May 2000 and May 2007. Additionally, we included two control groups with similar age and gender values to those HIV/HCV-coinfecting patients: (a) patients mono-infected with HIV (HIV-group): 114 HIV-infected patients but without HCV or human B virus (HBV) infections; b) healthy control group (Control-group): 100 healthy blood donors of the Centro de Transfusión of the Comunidad de Madrid participated as a control group, all of which were negative for HCV, HBV, and HIV [24]. The studies were conducted in accordance with the Declaration of Helsinki. All patients gave their written consent for the liver biopsy and the Institutional Ethics Committee approved the study.

On the day of the liver biopsy, the following information was obtained from medical records: age, gender, height, weight, risk category, Centers for Disease Control and Prevention (CDC) clinical category, nadir CD4+, CD4+ T-cells, antiretroviral therapy, complete blood counts, HIV and HCV viral loads, HCV genotype, and liver and basic metabolic panel.

Liver biopsy and fibrosis

Liver biopsies were only performed on patients coinfecting with HIV and HCV who were potential candidates for anti-HCV therapy and had not received previous interferon therapy, following the recommendations of the Patient Care Committee of the American Gastroenterological Association [25]. All liver biopsies were performed by the same physicians (J.B. and P.M.) with a suction needle (HISTOCUT 16G, Sterylab Srl., Milano, Italy). Ultrasound was routinely used to determine the percutaneous biopsy site. The liver tissue sections were fixed in formalin, embedded in paraffin, and stained by hematoxylin-eosin, Mason's trichrome, and Perls' iron. The samples were evaluated by a pathologist (E.Á.), who was unaware of the patients' clinical or laboratory data.

Liver fibrosis was estimated following the criteria established by the METAVIR Cooperative Study Group [26]. Fibrosis was scored as follows: F0, no fibrosis; F1, portal

fibrosis; F2, periportal fibrosis or rare portal–portal septa; F3, fibrous septa with architectural distortion; no obvious cirrhosis (bridging fibrosis); and F4, definite cirrhosis. Activity grade was scored as follows: A0, no activity; A1, mild activity; A2, moderate activity; A3, severe activity.

In each patient, the fibrosis progression rate (FPR) was calculated dividing the fibrosis stage (0 to 4) by the estimated duration of HCV infection in years. The duration of HCV infection was calculated assuming that HCV infection was acquired in the first year needles were shared. For patients without a history of intravenous drug use, we only had certainty of the infection date in two patients who were infected by blood transfusion and three other patients who were infected by sexual contact. We selected a cut-off of 0.08 (median value) to classify the patients with low or high fibrosis progression.

Quantitative real-time PCR

Plasma samples were obtained at the time of liver biopsy and stored at -80°C . Viral DNA was extracted from 200 μl of plasma using the QIAamp[®] MiniElute[®] Virus Spin Kit (Qiagen, Hilden, Germany) in a QIAcube automated extractor (Qiagen), as recommended by the manufacturer.

Real-time polymerase chain reaction (RT-PCR) of a TTV and TTMV conserved region of approximately 150 nt [2] was performed in a LightCycler Instrument version 1.5 (Roche Diagnostics, Mannheim, Germany). The RT-PCR Ct scores (number of cycles required to bring the amount of product above a certain threshold) were converted to the number of viral genomes by using standard curves based on the amplification of dilutions of purified PCR products. Standard regression analyses gave reasonably linear results when plotting the Ct values against the log of template DNA copies, in the range $1.5 \log_{10}$ – $1.5 \times 10^{11} \log_{10}$. The slope coefficients of the standard curves (-3.80 for TTV PCR and -3.51 for TTMV PCR) indicated that, with PCR products as templates, both the TTV and the TTMV real-time PCRs were nearly 100 % efficient (in a 100 % effective PCR, the slope should be $-1/\log 2 = -3.32$). Negative and positive controls were included.

The PCR protocol was as follows: 4 μl of TaqMan Master Mix (Roche Diagnostics, Mannheim, Germany), 0.5 μM each primer, 0.2 μM TaqMan probe, and 5 μl DNA extract (or standard) in a 20- μl total reaction volume. The DNA polymerase was activated for 10 min at 95°C , followed by 45 cycles of amplification: 10 s at 95°C and 1 min at 62°C . Primers were as follows: TTVf, 5'-GTT TTC TAC GCC CGT CC-3' (115–131); TTVr, 5'-CCT TGA CTC CGG TGT GTA A-3' (210–192); TTMVf, 5'-AGT TTA TGC CGC CAG ACG-3' (193–210); and TTMVr, 5'-CCC TAG ACT TCG GTG GTT TC-3' (287–268). The TaqMan probe, TTV/

TTMVpb, was (6-FAM) 5'-ACT CAC CTH CGG CAC CCG C-3' (TAMRA) (191–173) [27].

Statistics

Log transformation was performed for all variables that were not normally distributed. The analysis of variance (ANOVA) test was used to compare differences of means between two or more groups adjusted by the Bonferroni Test. Moreover, we used the Mann–Whitney test to compare the means of two groups when the data distribution did not follow a normal distribution.

For analysis of the influence of high viral load of TTV and TTMV in liver disease, logistic regression analysis was performed. For this, we selected a cut-off near the 75th percentile of TTV and TTMV viral loads in HIV patients coinfecting with HCV. Next, we carried out a univariate linear regression analysis to evaluate the association of several cut-offs to the METAVIR score (fibrosis stage and activity grade of liver biopsy). Multivariate logistic regression was used to evaluate the association between high viral load of TTV and TTMV and METAVIR score adjusted for clinical and epidemiological characteristics.

All tests were two-tailed, with p -values <0.05 considered to be significant. Statistical analysis was performed by SPSS 15.0 software (SPSS, Chicago, IL, USA).

Results

Patients

This study included 245 patients coinfecting with HIV and HCV, whose characteristics at the time of liver biopsy are shown in Table 1. Overall, the median age of the patients was 39.8 years, 75.1 % were males, 30.2 % had had prior acquired immunodeficiency syndrome (AIDS)-defining conditions (ADCs), the median CD4+ count was 483 cells/ mm^3 , 69.3 % had an HIV viral load <50 copies/mL, and 57.9 % were infected with HCV genotype 1. Advanced fibrosis ($F \geq 3$) was found in 24.9 % and severe activity grade (A3) in 15.1 % of the patients.

Prevalence of TTV and TTMV infection

The prevalence of TTV and TTMV infections in the HIV-group and the HIV/HCV-group were significantly higher than the Control-group ($p < 0.001$) (Table 2). Furthermore, more TTV and TTMV coinfections were found in the HIV/HCV-group and the HIV-group than in the Control-group ($p < 0.001$) (Table 2).

The viral loads of TTV and TTMV were significantly higher in the HIV/HCV-group and the HIV-group than the

Table 1 Characteristics of 245 patients coinfecting with human immunodeficiency virus (HIV) and hepatitis C virus (HCV) who underwent a liver biopsy

	All patients
No. of patients*	245
Sex (male)*	184 (75.1 %)
Age (years)**	39.8 (37.1; 43.9)
HIV acquired by IVDU*	212 (86.5 %)
Years since HCV infection**	21.3 (17.5; 24.6)
Prior AIDS*	74 (30.2 %)
High alcohol intake ^a *	129 (52.9 %)
Antiretroviral therapy	
Non-treated	35 (14.2 %)
PI-based*	61 (24.9 %)
NNRTI-based*	110 (44.9 %)
3-NRTI-based*	32 (13.5 %)
Other*	7 (2.8 %)
METAVIR fibrosis stage*	
No fibrosis (F0)	25 (10.2 %)
Portal fibrosis (F1)	94 (38.4 %)
Periportal fibrosis (F2)	65 (26.5 %)
Bridging fibrosis (F3)	36 (14.7 %)
Cirrhosis (F4)	25 (10.2 %)
METAVIR activity grade*	
No activity (A0)	5 (2 %)
Mild activity (A1)	109 (44.5 %)
Moderate activity (A2)	94 (38.4 %)
Severe activity (A3)	37 (15.1 %)
HIV markers	
Nadir CD4+ T-cells**	200 (90; 338.5)
CD4+ T-cells/μL**	483 (360; 669)
HIV viral load <50 cp/mL*	170 (69.3 %)
HCV markers*	
HCV genotype 1*	142 (57.9 %)
HCV viral load >500,000 IU/mL	174 (71.02 %)
Biochemical parameters**	
Glucose (mg/dL)	85 (77; 95)
ALP (IU/L)	105.5 (80; 181)
AST (IU/L)	54 (36; 85)
GGT (IU/L)	92 (53.5; 188.5)
ALT (IU/L)	74 (46; 112)
AST/ALT	0.75 (0.6; 0.97)

ALP alkaline phosphatase; ALT alanine aminotransferase; AST aspartate aminotransferase; GGT gamma glutamyl transpeptidase; HCV hepatitis C virus; HIV human immunodeficiency virus; IVDU intravenous drug users; NNRTI non-nucleoside analog HIV reverse transcriptase inhibitor; NRTI nucleoside analog HIV reverse transcriptase inhibitor; PI protease inhibitor

*Absolute number (percentage)

**Median (percentile 25; percentile 75)

^a We considered the consumption of greater than 50 g of alcohol per day for ≥12 months as a high intake

Control-group ($p < 0.05$) (Fig. 1). In addition, the HIV/HCV-group had higher viral loads of TTV and TTMV than the HIV-group ($p < 0.05$). In the HIV/HCV-group, the 75th percentile of the TTV viral load was 2.78 log copies/μL (605 copies/μL) and for the TTMV viral load, it was 1.88 log copies/μL (77 copies/μL).

TTV and TTMV infections among patients infected with HIV

The viral loads of TTV and TTMV were significantly higher in HIV/HCV-coinfecting patients with HIV viral load ≥50 copies/mL than in HIV/HCV-coinfecting patients with HIV viral load <50 copies/mL, the HIV-group, and the Control-group ($p < 0.05$) (Fig. 2). Besides, HIV/HCV-coinfecting patients with HIV viral load <50 copies/mL and HIV-infected patients with HIV viral load ≥50 copies/mL had higher viral loads of TTV and TTMV than the Control-group (Fig. 2).

TTV and TTMV infections and chronic hepatitis C

The viral loads of TTV and TTMV were higher in HIV/HCV-coinfecting patients with severe activity grade (A3) than HIV/HCV-coinfecting patients with moderate (A2) and patients with low activity grade (A0/A1), as well as compared to the HIV-group and the Control-group ($p < 0.05$) (Fig. 3a). Likewise, the viral loads of TTV and TTMV were significantly higher in HIV/HCV-coinfecting patients with moderate (A2) and patients with low activity (A0/A1) than the HIV-group and the Control-group ($p < 0.05$) (Fig. 3a).

The viral load of TTV was not significantly different between HIV/HCV-coinfecting patients with different fibrosis stages and FPR, but these three groups of patients coinfecting with HIV and HCV had higher viral loads of TTV compared to the HIV-group and the Control-group (Fig. 3b–c). However, HIV/HCV-coinfecting patients with significant fibrosis (F2), advanced fibrosis (F≥3), and high fibrosis progression (FPR ≥0.08) had the highest viral loads of TTMV ($p < 0.05$) (Fig. 3b–c).

Logistic regression analyses showed that HIV/HCV-coinfecting patients with high TTV load (viral load >2.78 log copies/μL) had increased odds of having advanced fibrosis (F3/F4) or severe necroinflammatory activity grade (A3) in the liver biopsy (Table 3). Moreover, HIV/HCV-coinfecting patients with high TTMV load (viral load >1.88 log copies/μL) had decreased odds of having no/minimal fibrosis (F0/F1) and no/mild activity grade (A0/A1), and increased odds of having a high fibrosis progression (FPR ≥0.08) (Table 3).

No association was found between the viral load of these anelloviruses and CD4+ T-cell counts, prior AIDS, HCV viral load, and HCV genotype (data not shown).

Table 2 Prevalence of TTV and TTMV infections in healthy controls, HIV patients, and HIV/HCV-coinfected patients

	Healthy controls	HIV-infected patients	HIV/HCV-coinfected patients	<i>p</i> -value*
TTV	83/100 (83 %)	101/114 (90 %)	230/245 (93.9 %)	<i>p</i> <0.001
TTMV	72/100 (72 %)	102/114 (89.5 %)	233/245 (95.1 %)	<i>p</i> <0.001
TTV+TTMV	63/100 (63 %)	96/114 (84.2 %)	226/245 (92.2 %)	<i>p</i> <0.001

Values are expressed as absolute number (percentage)

*Linear-by-linear association Chi-squared test

HCV hepatitis C virus; HIV human immunodeficiency virus; TTV torque teno virus; TTMV torque teno mini virus

Discussion

In this study, we found a high prevalence of TTV and TTMV infections in HIV/HCV-coinfected patients and an association between the plasma viral load of these anelloviruses and advanced stages of liver disease.

The prevalence of TTV and TTMV in the European population is very high [28]. In our study, infections with TTV and TTMV were extremely prevalent in the healthy blood donors (Control-group) and more than half of the blood donors were infected by both anelloviruses. The explanation for why TTV and TTMV infections were not detected in all subjects remains unknown, but it could reflect low viral infectivity, the presence of neutralizing antibodies

in blood donors, technical limitations since the TTV and TTMV might be below the limit of detection of our RT-PCR, or the presence of minor transmitted variants in recipients with an existing related infection. Moreover, in the cases of detected infection, TTV/TTMV infections might suggest the presence of mechanisms of immune evasion that have evolved in TTV and TTMV to establish a persistent infection in immunocompetent individuals [29]. The TT viruses seem to be a well-adapted human virus and have been a persistent source of infection since the distant past. It has been suggested that TT viruses are commensal in normal conditions and do not cause any disease per se [30]. However, TT viruses possibly behave as opportunistic pathogens, causing harm only under exceptional circumstances [29].

Debilitating diseases and several comorbidities that are associated with some degree of immune dysfunction have been associated with an increased prevalence of infections with TT viruses [5, 13]. Although it remains unclear what role the immune system plays in the natural course of TT viruses infection, previous studies have found associations between TTV and TTMV and severe immunodeficiency in HIV patients and other immunocompromised individuals

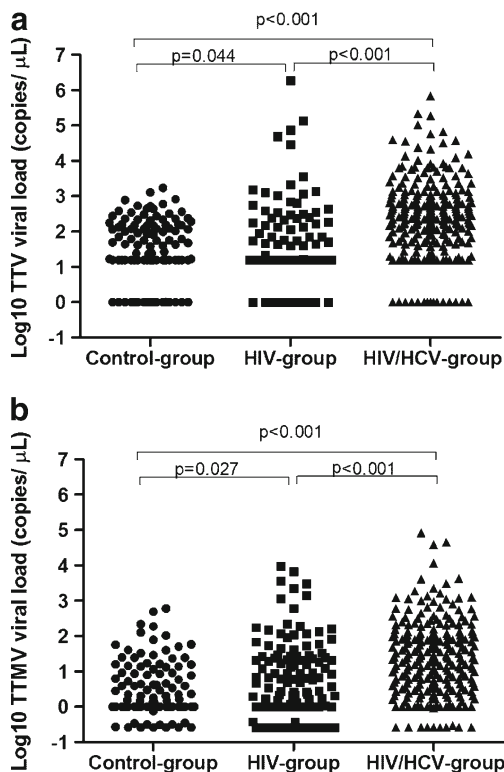


Fig. 1 Viral loads for TTV (a) and TTMV (b) in the three main groups studied. HCV hepatitis C virus; HIV human immunodeficiency virus; TTV torque teno virus; TTMV torque teno mini virus

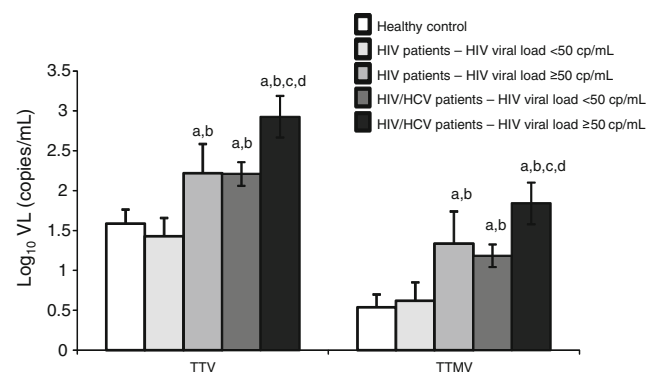


Fig. 2 Summary of TTV and TTMV viral loads according to HIV viral load at the time of liver biopsy in HIV/HCV-coinfected patients. Statistically significant differences (*p*<0.05) among patients according to HIV viral load: (a) healthy control; (b) HIV-infected patients with HIV viral load <50 copies/mL; (c) HIV-infected patients with HIV viral load ≥50 copies/mL; (d) HIV/HCV-coinfected patients with HIV viral load <50 copies/mL. HCV hepatitis C virus; HIV human immunodeficiency virus; TTV torque teno virus; TTMV torque teno mini virus

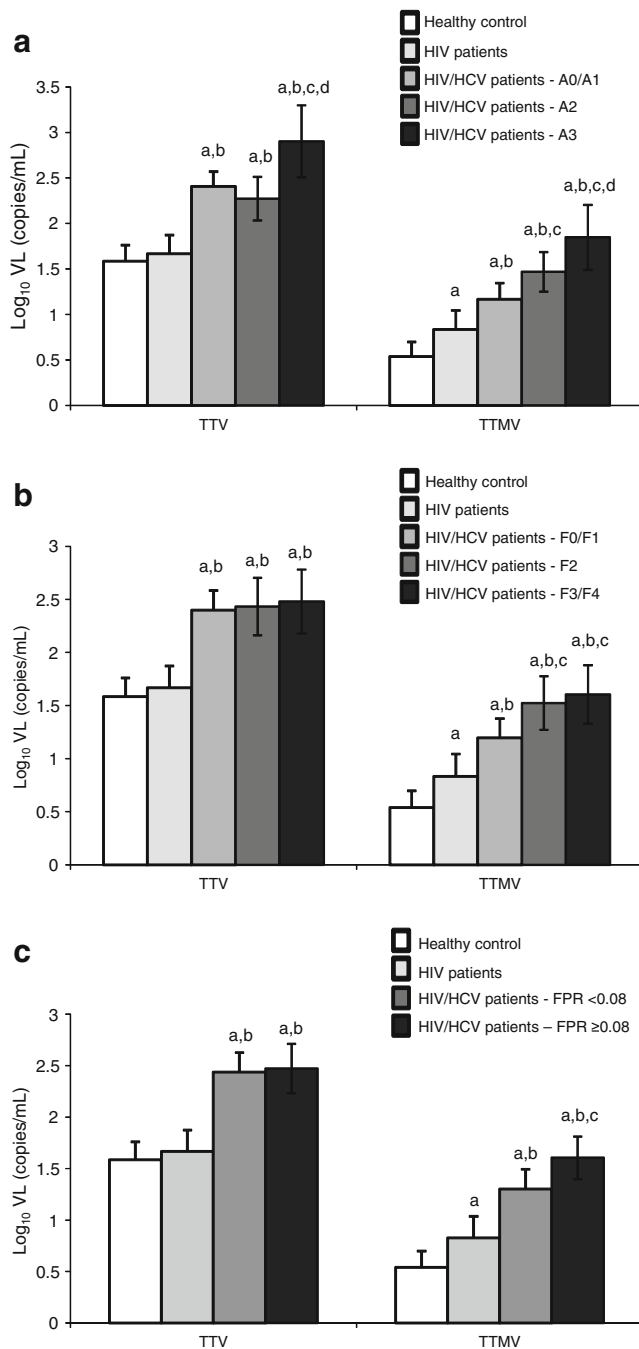


Fig. 3 Summary of viral load values of TTV and TTMV according to METAVIR score. Statistically significant differences ($p < 0.05$) among patients according to activity grade (A): (a) healthy control; (b) HIV-infected patients; (c) HIV/HCV-coinfected patients with A0/A1; (d) HIV/HCV-coinfected patients with A2. Statistically significant differences ($p < 0.05$) among patients according to fibrosis stage (B): (a) healthy control; (b) HIV-infected patients; (c) HIV/HCV-coinfected patients with F0/F1; (d) HIV/HCV-coinfected patients with F2. Statistically significant differences ($p < 0.05$) among patients according to fibrosis progression rate (C): (a) healthy control; (b) HIV-infected patients; (c) HIV/HCV-coinfected patients with low fibrosis progression (FPR < 0.08); (d) HIV/HCV-coinfected patients with high fibrosis progression (FPR ≥ 0.08). HCV hepatitis C virus; HIV human immunodeficiency virus; TTV torque teno virus; TTMV torque teno mini virus

Table 3 Summary of univariate and multivariate logistic regression to evaluate the association between high viral load of TTV and TTMV (viral load ≥ 75 th percentile) with METAVIR score in HIV/HCV-coinfected patients

	Fibrosis stage		Activity grade		Fibrosis progression	
	F0/F1	F3/F4	A0/A1	A3/A4	FPR ≥ 0.08	
	OR (95 % CI)	OR (95 % CI)	OR (95 % CI)	OR (95 % CI)	OR (95 % CI)	p-value
Univariate						
TTV load > 2.78 log copies/ μ L	0.62 (0.36; 1.07)	2.29 (1.23; 4.26)	0.60 (0.35; 1.04)	2.42 (1.05; 5.58)	1.34 (0.76; 2.38)	0.305
TTMV load > 1.88 log copies/ μ L	0.36 (0.20; 0.645)	1.83 (0.98; 3.42)	0.41 (0.23; 0.72)	1.79 (0.77; 4.15)	1.90 (1.07; 3.41)	0.029
Multivariate*						
TTV load > 2.78 log copies/ μ L	0.63 (0.35; 1.12)	2.07 (1.04; 4.14)	0.67 (0.37; 1.21)	2.49 (1.31; 5.89)	1.29 (0.71; 2.34)	0.404
TTMV load > 1.88 log copies/ μ L	0.36 (0.19; 0.66)	1.55 (0.76; 3.16)	0.47 (0.26; 0.86)	1.85 (0.77; 4.41)	1.89 (1.03; 3.46)	0.038

OR odds ratio; 95 % CI 95 % confidence interval; HCV hepatitis C virus; HIV human immunodeficiency virus; TTV torque teno virus; TTMV torque teno mini virus

Outcome variables: F ≤ 1 , no fibrosis (F0) or mild portal fibrosis (F1); F ≥ 3 , advanced fibrosis (F3) or cirrhosis (F4); A ≤ 1 , no activity (A0) or mild activity grade (A1); A3, severe activity grade; FPR, fibrosis progression rate

*Multivariate regression analysis was adjusted for gender, age, nadir CD4 $^+$, AIDS, CD4 $^+$ T-cells/ μ L, HIV viral load (copies/mL), HCV viral load $\geq 500,000$ IU/mL, HCV genotype 1 (genotype 1 versus not genotype 1), fasting glycemia (mg/dL), high alcohol intake

Statistically significant differences are shown in bold

[10, 11, 31–33]. We were unable to find a correlation between CD4+ cell count and CDC stage of HIV infection with an increased frequency of infection with TTV and TTMV or their viral loads (data not shown). Nevertheless, it must be taken into consideration that all our patients had more than 200 CD4+/mm³, and most of them were undergoing effective treatment with HAART on a long-term basis. However, we found a correlation between complete suppression of HIV viremia and lower viral load of TTV and TTMV. On one hand, previous data have shown that short-term cultures of phytohemagglutinin-stimulated peripheral lymphocytes, but not resting lymphocytes, permit a measurable level of TTV replication, indicative of at least a moderate degree of lymphotropism [34]. On the other hand, Madsen et al. reported that HAART lead to an immediate and significant reduction in HIV viral load, followed by a significant reduction in TTV load [15]. It is possible that HIV replication benefits the immune evasion of TTV and TTMV due to HIV-related immune dysfunction, resulting in higher replication rates [32]. At the same time, it has been shown that the control of HIV replication and CD4+ levels are associated with liver disease progression [35, 36]. So, HIV-related immune status, TT viruses replication level, and liver disease progression may be three possible factors interrelated in the setting of HIV/HCV coinfection.

The key finding of our study is the greater viral load of TTV and TTMV in HIV/HCV-coinfected patients, with greater severity of liver disease. However, we did not show any data on how increased replication of both TT viruses could enhance HCV-mediated liver damage. Despite this, we should not rule out the possible cytopathic effect of these TT viruses in the liver and the enhancement of liver damage caused by HCV infection. On one hand, TT viruses can replicate in the liver [16] and have the potential of causing acute liver disease by themselves [17, 37, 38]. On the other hand, TT viruses were associated with chronic liver disease in association with HCV infection [20–22, 39, 40], suggesting that both TT viruses could enhance HCV-mediated liver cirrhosis and subsequent complications. However, other reports have not shown that coinfection with TTV affects the clinicopathological course of chronic hepatitis C in HCV-monoinfected patients [18, 41].

Moreover, the exact role of TTV and TTMV in HIV/HCV-coinfected patients has not been completely defined, although there is some evidence that TTV infection is associated with higher levels of alanine aminotransferase (ALT) in HCV/HIV-coinfected patients than in patients infected with HIV or HCV alone [42]. In our study, we found an association between high TTV and TTMV loads with advanced stages of liver disease and high FPR after adjusting for the main clinical and epidemiological variables that may affect the progression of liver fibrosis. It is possible that the immune disturbance caused by HIV infection allows

increased replication of TTV and TTMV in the liver, which might generate an additional inflammatory response and liver fibrosis in concert with concurrent HCV infection. Thus, TTV and TTMV loads might be an indirect marker of liver disease in chronic hepatitis C of patients infected with HIV and HCV.

There are several limitations in the current study. First, the study design is cross-sectional with a low number of patients, and we do not show any data which may confirm a direct action of TT viruses on liver disease. However, our data only confirm a direct relationship between TT viruses replication and advanced hepatic stages in liver biopsies. Second, the patients selected for our study were patients who met a specific set of criteria for starting HCV treatment (e.g., little alcohol abuse, high CD4 cell counts, controlled HIV replication, and good treatment adherence), and it is possible that this may have introduced a selection bias. Third, we did not provide any data of hepatic biopsy in HIV-infected patients without chronic hepatitis C and in blood donors. We found a large prevalence of both viruses in HIV-infected patients and in blood donors, but we did not show any association with liver disease in those groups. Fourth, we did not study other viruses like hepatitis G virus (HGV), which has been associated with hepatitis and liver disease, although the true influence between HGV and the clinical course of chronic hepatitis C remains uncertain [43, 44].

Our data show that HIV/HCV-coinfected patients have a high prevalence of both TTV and TTMV infections, and these anelloviruses were associated with advanced fibrosis and severe activity grade. These two viruses might play a role in the development of liver disease in immunodeficiency patients, such as the patients coinfecting with HIV and HCV.

Acknowledgments

Additional contributions We acknowledge the patients in this study for their participation and the Centro de Transfusión de Comunidad de Madrid for the healthy donor blood samples provided.

Potential conflicts of interest None for all authors.

Funding/support This work has been supported by grants from the “Instituto de Salud Carlos III (ISC-III)” (PI08/0738 and PI11/00245) to S.R.; from ISC-III (ref. ISCH-RETIC RD06/006, PI08/0928) and the “Fundación para la Investigación y la Prevención del Sida en España” (FIPSE) (ref. 36443/03; ref. 361020/10) to J.B.; from ISC-III (INTRA-SALUD; RD09/0076/00103), Red RIS RD06-0006-0035, FIPSE (240800/09, 300509), and Fundación Caja Navarra and Comunidad de Madrid (S-SAL-0159-2006) to M.A.M.F. M.G.-F. and M.G.-A. are supported by a grant of Instituto de Salud Carlos III (CM09/00031 and CM08/00101, respectively). J.B. is supported by a grant from the “Programa de Intensificación de la Actividad Investigadora en el SNS” (I3SNS).

Writing assistance: Dr. Nick Weber provided writing assistance for this manuscript.

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