

Candida infective endocarditis

J. W. Baddley · D. K. Benjamin Jr. · M. Patel · J. Miró ·
E. Athan · B. Barsic · E. Bouza · L. Clara · T. Elliott ·
Z. Kanafani · J. Klein · S. Lerakis · D. Levine ·
D. Spelman · E. Rubinstein · P. Tornos · A. J. Morris ·
P. Pappas · V. G. Fowler Jr. · V. H. Chu · C. Cabell ·
The International Collaboration on Endocarditis—
Prospective Cohort Study Group (ICE-PCS)

Received: 9 November 2007 / Accepted: 16 January 2008 / Published online: 19 February 2008
© Springer-Verlag 2008

Abstract *Candida* infective endocarditis (IE) is uncommon but often fatal. Most epidemiologic data are derived from small case series or case reports. This study was conducted to explore the epidemiology, treatment patterns, and outcomes of patients with *Candida* IE. We compared 33

Candida IE cases to 2,716 patients with non-fungal IE in the International Collaboration on Endocarditis—Prospective Cohort Study (ICE-PCS). Patients were enrolled and the data collected from June 2000 until August 2005. We noted that patients with *Candida* IE were more likely to have prosthetic

ICE-PCS Group investigators are listed in the [Appendix](#).

J. W. Baddley (✉) · M. Patel
Department of Medicine, Division of Infectious Diseases,
University of Alabama at Birmingham,
1900 University Boulevard, 229 Tinsley Harrison Tower,
Birmingham, AL 35294-0006, USA
e-mail: jbaddley@uab.edu

J. W. Baddley · M. Patel
Department of Medicine, Infectious Diseases Section,
Birmingham Veterans Administration Medical Center,
700 19th Street South,
Birmingham, AL 35233, USA

D. K. Benjamin Jr. · V. G. Fowler Jr. · V. H. Chu · C. Cabell
Department of Medicine, Duke University Medical Center,
P.O. Box 1799, Durham, NC 27715, USA

J. Miró
Department of Medicine, Infectious Disease Service,
Institut d'Investigacions Biomediques August
Pi i Sunyer-Hospital Clinic, University of Barcelona,
Villarroel, 170,
Barcelona 08036, Spain

E. Athan
Department of Infectious Diseases, Barwon Health,
The Geelong Hospital,
P.O. Box 281, Geelong, Victoria 3220, Australia

B. Barsic
Department of Infectious Diseases,
University Hospital for Infectious Diseases,
Mirogojska 8,
Zagreb, Croatia

E. Bouza
Department of Medical Microbiology,
Hospital General Universitario Gregorio Marañón,
Dr. Esquerdo 46,
Madrid 28007, Spain

L. Clara
Hospital Italiano,
Buenos Aires, Argentina

T. Elliott
Department of Clinical Microbiology and Infection Control,
Queen Elizabeth Hospital,
Edgbaston,
Birmingham B15 2TH, UK

Z. Kanafani
Department of Medicine,
American University of Beirut Medical Center,
Beirut, Lebanon

J. Klein
Department of Microbiology, St. Thomas' Hospital,
5th Floor North Wing, Lambeth Palace Road,
London SE1 7EH, UK

S. Lerakis
Department of Medicine, Emory University,
1365A Clifton Road, NE,
Atlanta, GA 30322, USA

D. Levine
Department of Medicine, Wayne State University,
4201 St. Antoine Boulevard,
Detroit, MI 48201, USA

valves ($p < 0.001$), short-term indwelling catheters ($p < 0.0001$), and have healthcare-associated infections ($p < 0.001$). The reasons for surgery differed between the two groups: myocardial abscess (46.7% vs. 22.2%, $p = 0.026$) and persistent positive blood cultures (33.3% vs. 9.9%, $p = 0.003$) were more common among those with *Candida* IE. Mortality at discharge was higher in patients with *Candida* IE (30.3%) when compared to non-fungal cases (17%, $p = 0.046$). Among *Candida* patients, mortality was similar in patients who received combination surgical and antifungal therapy versus antifungal therapy alone (33.3% vs. 27.8%, $p = 0.26$). New antifungal drugs, particularly echinocandins, were used frequently. These multi-center data suggest distinct epidemiologic features of *Candida* IE when compared to non-fungal cases. Indications for surgical intervention are different and mortality is increased. Newer antifungal treatment options are increasingly used. Large, multi-center studies are needed to help better define *Candida* IE.

Introduction

Candida infective endocarditis (IE) is a rare and poorly understood complication of fungemia. Although *Candida* IE has been regarded traditionally as an uncommon infection, the rates of fungemia have increased by as much as 128% in recent years, leaving a growing number of patients at risk for this complication [1]. Despite aggressive antifungal and surgical therapy, mortality approaches 80% in some series and a better understanding of this infection is needed [2–4].

D. Spelman
Department of Microbiology, The Alfred Hospital,
Commercial Road,
Melbourne, Victoria 3004, Australia

E. Rubinstein
Department of Medicine, Section of Infectious Diseases,
University of Manitoba,
543–730 William Avenue,
Winnipeg, MB R3E0W3, Canada

P. Tornos
Department of Cardiology, Hospital Universitari Vall d'Hebron,
P Vall d'Hebron 119–129,
Barcelona 08035, Spain

A. J. Morris
Department of Microbiology, Auckland City Hospital,
Grafton, Auckland, New Zealand

P. Pappas
Outcomes Research and Assessment Group,
Duke Clinical Research Institute,
Durham, NC 17969, USA

Because of the rarity of candidal IE at any single institution, the epidemiology, prognosis, and optimal therapy of *Candida* IE are poorly defined, and treatment guidelines are derived mostly from single-site case series and case reports [3–6]. The recommended treatment of *Candida* IE is an amphotericin B-based regimen plus surgical intervention, often followed by long-term fluconazole for suppression [5]. However, because of the availability of safe, effective drugs for invasive candidiasis, emerging azole resistance, and high mortality, alternative drugs are now being increasingly used for *Candida* IE [7–14].

In the current investigation, we used a contemporary, prospective, international, multi-center cohort of patients with definite endocarditis to better evaluate the clinical characteristics, current antifungal treatment practices, and outcome of patients with *Candida* IE. Moreover, we compare and contrast *Candida* IE cases with non-fungal cases in order to highlight differences in epidemiology and outcomes.

Materials and methods

Study population

The patient data are derived from the International Collaboration of Endocarditis—Prospective Cohort Study (ICE-PCS), a multi-national database of prospective cases of endocarditis. Details of the ICE-PCS have been described previously [15–17]. From June 2000 to August 2005, there were 2,760 cases of definite IE contributed by 61 centers in 28 countries. Of the 2,760 cases of definite IE, there were 33 cases due to *Candida* spp. All cases were classified as definite IE based on revised Duke criteria [18] and all cases were verified by the coordinating center (Duke University Medical Center). Fungal IE cases caused by organisms other than *Candida* (11 cases) were excluded from analysis. From each enrolled patient, data were collected from the index hospitalization and entered using an Internet-based system. The data collected included demographics, symptoms associated with IE, underlying medical conditions, predisposing factors, clinical signs and symptoms, antifungal therapy, echocardiographic findings, associated complications, and outcomes (stroke, embolic events, heart failure, intracardiac abscesses, persistently positive blood cultures, and death). Healthcare-associated IE was defined as either nosocomial infection or non-nosocomial healthcare-related infection. Nosocomial infection was defined as IE developing in a patient hospitalized for more than 48 h before the onset of signs/symptoms consistent with IE. Death was determined at the time of hospital discharge. Data on longer-term mortality was not collected.

Statistical methods

Categorical variables were represented as frequencies and percentages of the specified group. The associations between clinical characteristics and *Candida* IE were measured using the Wilcoxon rank sum test for continuous variables and Chi-square or Fisher's exact methods for categorical variables. For all tests, statistical significance was determined at the 0.05 level. All statistical analyses were performed using SAS software (version 9.1, SAS Institute, Cary, NC).

Results

Patient characteristics

Of the 2,749 patients with definite IE, 33 (1.2%) were *Candida* IE cases. The mean age of patients with *Candida* IE was 54.9 years. Patient characteristics including diabetes, renal disease, malignancy, intravenous drug use, and congenital heart disease were similar between the two groups (Table 1). Patients with *Candida* IE were less likely to be male (51.5% vs. 67.9%, $p=0.04$), more frequently had previous endocarditis (21.2% vs. 7.8%, $p=0.005$), and were more likely to have short-term indwelling catheters (21.2% vs. 4.4%, $p<0.0001$). Among patients who had an invasive procedure within 60 days prior to the onset of symptoms, coronary artery bypass grafting (CABG) was more common among *Candida* IE patients (22.2% vs. 3.7%, $p=0.007$). Prosthetic valve IE was more common in *Candida* patients (48.8% vs. 19.6%, $p=0.005$), and *Candida* IE patients were more likely to have the infection classified as being healthcare-related (51.5% vs. 25.8%, $p=0.0009$).

Clinical findings

Of patients with any IE etiology, most (75%; 2,068/2,749) experienced the first clinical manifestation less than one month before presentation, and the timing of IE manifestations was similar between the two groups. The most common clinical manifestations among all of the patients were fever (79.5%; 2,170/2,728), new murmur (47.9%; 1,053/2,198), hematuria (22.1%; 607/2,737), pulmonary edema (22.3%; 556/2,491), and evidence of a vascular embolic event (15.9%; 435/2,728). Overall, there was little difference in symptoms and signs at presentation between the *Candida* and non-fungal IE groups (Table 2). A total of 1,316 (47.9%) of 2,749 patients had surgery for endocarditis, and this was not different for the two groups. *Candida* IE patients were more likely to have surgery indicated because of embolization (40% vs. 19.8%, $p=0.054$), persistent fungemia (33% vs. 9.9%, $p=0.003$), and myocardial abscess (46.7% vs. 22.2%, $p=0.026$). By contrast, surgery for the indications of

congestive heart failure (42.6% vs. 13.3%, $p=0.02$) and valvular regurgitation (68% vs. 40%, $p=0.018$) were more common in patients with non-fungal IE.

Complications

Congestive heart failure, systemic embolization after presentation, and stroke were common but had similar in occurrence in the two groups. *Candida* IE was associated with persistently positive blood cultures (39.4% vs. 8.8%, $p<0.001$) (Table 3). Mortality at the time of discharge was higher among *Candida* IE patients than non-fungal IE patients (30.3% vs. 17%, $p=0.046$). This mortality difference was more pronounced among those patients who had surgery for this episode of IE (33.3% vs. 13.8%, $p=0.03$). Among 15 *Candida* IE patients who underwent surgical intervention for this episode of endocarditis, mortality at discharge was similar to *Candida* IE patients who did not have surgery (33.3% vs. 27.8%, $p=0.26$). Those patients who underwent surgical intervention were more likely to have previous IE (40% vs. 5.7%, $p=0.016$), previous surgery for IE (33.3% vs. 5.6%, $p=0.009$), paravalvular complications on ECHO (46.7% vs. 11.1%, $p=0.015$), and systemic embolization (46.7% vs. 16.7%, $p=0.04$) when compared with patients with *Candida* IE who were not treated with surgical intervention.

Organisms and antifungal treatment

Among the 33 patients with *Candida* IE, 16 (48%) were caused by *C. albicans*, 7 (21%) *C. parapsilosis*, 5 (15%) *C. glabrata*, and 3 (9%) *C. tropicalis*. Two (6%) isolates were not fully speciated. Treatment data were available for 27 (82%) of 33 patients (Table 4). The most common antifungal agent used was amphotericin B (AmB), either conventional AmB (13/27; 48.1%) or a lipid formulation (3/27; 11.1%). Fluconazole was used in 12 (44.4%) of 27 patients. Primary therapy with fluconazole was used in 6 (54.5%) of 11 patients with complete fluconazole treatment data available. Ten patients (37%) received treatment with the newer antifungal agents caspofungin or voriconazole. Among the patients who received single-drug therapy, death occurred in 6 (40%) of 15 patients; death occurred in 2 (25%) of 8 who received sequential therapy. In only two cases, combination therapy was used and both patients were alive at discharge. Two (20%) of 10 people who received newer therapies (caspofungin or voriconazole) died.

Discussion

Candida IE is an uncommon but frequently fatal infection [3, 4, 6]. A better understanding of the epidemiology, associated risk factors, and treatment methods is needed,

Table 1 Characteristics of patients with *Candida* and non-fungal endocarditis from the International Collaboration of Endocarditis (ICE) database ($n=2,749$)

Characteristic	Level	<i>Candida</i> , $n=33$ (%)	Non-fungal, $n=2,716$ (%)	<i>P</i> -value ^a
Age	Mean±SD	54.9±18.95	56.7±17.84	0.58
Gender	Male	17 (51.5)	1,844 (67.9)	0.04
	Female	16 (48.5)	859 (31.6)	
	Missing	0 (0.5)	14 (0.5)	
Hemodialysis	Yes	2 (6)	218 (8)	0.68
	No	31 (94)	2,259 (83.2)	
	Missing	0	17 (0.6)	
Diabetes	Yes	7 (21.2)	440 (16.2)	0.45
	No	26 (78.8)	2,285 (83.1)	
	Missing	0	17 (0.6)	
Current IVDA	Yes	4 (12.1)	262 (9.7)	0.60
	No	28 (84.9)	2,449 (89)	
	Missing	1 (3)	33 (1.2)	
HIV	Yes	3 (9)	54 (2)	0.005
	No	30 (90.9)	2,639 (96.8)	
	Missing	0	32 (1.2)	
Malignancy	Yes	2 (6)	227 (8.4)	0.63
	No	31 (94)	2,480 (91)	
	Missing	0	9 (0.3)	
Chronic immunosuppressives	Yes	5 (15.2)	156 (5.7)	0.023
	No	28 (84.9)	2,530 (93)	
	Missing	0	30 (1.1)	
Congenital heart disease	Yes	4 (12.1)	300 (11)	0.82
	No	27 (81.8)	2,294 (84.5)	
	Missing	2 (6)	122 (4.5)	
Type of IE	Native	15 (45.5)	1,875 (69)	0.0005
	Prosthetic	16 (48.8)	533 (19.6)	
	Other	2 (6)	169 (6.2)	
	Missing	0	139 (5.1)	
Recent dental procedures	Yes	1 (3)	216 (8)	0.27
	No	27 (81.8)	2,011 (741)	
	Missing	5 (15.2)	489 (18)	
CABG ^b	Yes	2 (22.2)	18 (3.7)	0.007
	No	7 (77.8)	447 (92.4)	
	Missing	0	19 (3.9)	
Chronic indwelling catheter	Yes	3 (9.1)	132 (4.9)	0.26
	No	30 (90.9)	2,566 (94.5)	
	Missing	0	18 (0.7)	
Short-term indwelling catheter	Yes	7 (21.2)	119 (4.4)	<0.0001
	No	26 (78.8)	2,567 (94.5)	
	Missing	0	24 (0.88)	
Endocavitary device ^c	Yes	6 (18.2)	305 (11.2)	0.65
	No	27 (81.8)	2,411 (88.8)	
	Missing	0	19 (3.9)	
Previous IE	Yes	7 (21.2)	213 (7.8)	0.005
	No	26 (78.8)	2,502 (92.1)	
	Missing	0	1 (0.04)	
Healthcare-associated	Yes	17 (51.5)	702 (25.8)	0.0009
	No	16 (48.5)	2,014 (74.1)	

^a *P*-values were obtained by Chi-square or Fischer's exact methods

^b Among patients who had an invasive procedure within 60 days prior to the onset of symptoms

^c Refers to pacemakers, intra-cardiac defibrillators, or other SD=standard deviation; IVDA=intravenous drug abuse; IE=infective endocarditis; CABG=coronary artery bypass grafting

but it is difficult to obtain because of the rarity of cases and the lack of large prospective cohorts. We compared contemporary clinically well-characterized cases of candidal IE to non-fungal IE cases registered as part of a large, multi-center, prospective dataset to better understand

Candida IE. This analysis revealed several important observations regarding predisposing conditions, clinical findings, and treatment modalities.

Important risk factors or predisposing conditions for fungal endocarditis have been reported in recent, extensive

Table 2 Clinical findings of patients with *Candida* and non-fungal endocarditis

Clinical finding	Level	<i>Candida</i> , n=33 (%)	Non-fungal, n=2,716 (%)	P-value ^a
Time since clinical manifestation	<1 month	22 (66.7)	2,046 (75.3)	0.41
	>1 month	9 (27.3)	602 (22.2)	
	Missing	2 (6)	689 (2.5)	
Evidence of IE on examination	Yes	25 (75.6)	2,272 (83.6)	0.15
	No	7 (21.2)	344 (12.7)	
	Missing	1 (3)	100 (3.7)	
Fever>38.0°C ^b	Yes	23 (92)	2,147 (94.4)	0.42
	No	2 (8)	104 (5.8)	
	Missing	0	21 (0.9)	
Osler's nodes ^b	Yes	2 (8)	73 (3.21)	0.19
	No	23 (92)	2,178 (95.9)	
	Missing	0	21 (0.9)	
Janeway lesions ^b	Yes	2 (8)	116 (5.1)	0.52
	No	23 (92)	2,135 (94)	
	Missing	0	21 (0.9)	
Roth spots ^b	Yes	2 (8)	46 (2)	0.04
	No	23 (92)	2,205 (97)	
	Missing	0	21 (0.9)	
Vascular embolic event ^b	Yes	6 (24)	429 (18.9)	0.53
	No	19 (76)	1,822 (80.2)	
	Missing	0	21 (0.92)	
Splenomegaly ^b	Yes	3 (12)	265 (11.7)	0.97
	No	22 (88)	1,986 (87.4)	
	Missing	0	21 (0.92)	
New murmur	Yes	10 (30)	1,043 (38)	0.15
	No	19 (57.6)	1,134 (41.8)	
	Missing	4 (12)	539 (19.9)	
Intracranial hemorrhage	Yes	2 (6)	111 (4)	0.56
	No	30 (90.9)	2,535 (93.3)	
	Missing	1 (3)	70 (2.6)	
Septic pulmonary infarcts	Yes	5 (15.2)	248 (9.1)	0.22
	No	27 (81.8)	2,408 (88.7)	
	Missing	1 (3)	12 (0.59)	
TTE evidence of IE ^c	Yes	17 (68)	1,448 (64.5)	0.96
	No	8 (32)	667 (29.7)	
	Missing	2 (6)	75 (2.76)	
TEE evidence of IE ^c	Yes	24 (96)	1,757 (90.7)	0.76
	No	1 (4)	100 (5.1)	
	Missing	2 (6)	94 (3.7)	
Surgery this episode	Yes	15 (45.5)	1,301 (47.9)	0.76
	No	18 (54.5)	1,403 (51.2)	
	Missing	0	12 (0.44)	
Indications for cardiac surgery CHF	Yes	2 (13.3)	554 (42.6)	0.02
	No	13 (86.7)	735 (56.5)	
	Missing	0	12 (0.9)	
Embolization	Yes	6 (40)	257 (19.8)	0.05
	No	9 (60)	1,032 (79.3)	
	Missing	0	12 (0.9)	
Persistent positive blood cx	Yes	5 (33.3)	129 (9.9)	0.003
	No	10 (67)	1,160 (89.2)	
	Missing	0	12 (0.9)	
Myocardial abscess	Yes	7 (46.7)	289 (22.2)	0.026
	No	8 (53.3)	1,000 (76.9)	
	Missing	0	12 (0.9)	
Valvular regurgitation	Yes	6 (40)	885 (68)	0.018

Table 2 (continued)

Clinical finding	Level	<i>Candida</i> , n=33 (%)	Non-fungal, n=2,716 (%)	P-value ^a
Vegetation	No	9 (60)	404 (31)	0.46
	Missing	0	12 (0.9)	
	Yes	6 (40)	639 (49.1)	
	No	9 (60)	651 (50)	
	Missing	0	11 (0.9)	

^a P-values were obtained by Chi-square or Fisher's exact methods

^b Includes patients who had evidence of IE on history or physical examination (n=25 for *Candida* group and n=2,272 for non-fungal group)

^c Not all patients had echocardiography

TTE=transthoracic echocardiography; TEE=transesophageal echocardiography; CHF=congestive heart failure; IE=infective endocarditis; cx=culture

reviews, and the most frequently reported are previous surgery, vascular lines, antibiotic use, underlying heart disease, prosthetic valves, and immunocompromising conditions [2–4, 6]. We found similar predisposing conditions and noted several distinct differences among *Candida* and non-fungal IE cases. First, CABG and prosthetic valve IE were significantly more common in *Candida* patients. An increase in previous CABG among *Candida* IE patients could be explained by CABG being performed in association with prosthetic valve surgery. Second, healthcare-associated IE was more common among patients with *Candida* IE. The increase in hospital-acquired *Candida* IE, in general, is consistent with recent data describing *Candida* as an emerging nosocomial bloodstream pathogen over the past decade [19].

The clinical findings and presentation of patients with *Candida* and non-fungal IE are very similar, as has been

previously described [6]. The most important exceptions discovered in our review are related to indications for cardiac surgery. Of patients who had surgery during this episode of IE, those with *Candida* IE were more likely to have surgery based on the finding of myocardial abscess or persistently positive blood cultures. Non-fungal cases more commonly had heart failure or valvular insufficiency as a reason for surgery.

There were few differences in complications and outcomes in the two groups except mortality. *Candida* IE mortality has been reported to be up to 80% in previous reviews [2–4, 6], but variability in the data collection and description of individual cases makes it difficult to determine an appropriate risk of death. Ellis et al. [3], in a recent review, demonstrated that the crude survival of patients with fungal endocarditis had increased over the past 20 years, from 14% before 1970 to 41% in the period

Table 3 Complications and outcomes of patients with *Candida* and non-fungal endocarditis

Characteristic	Level	<i>Candida</i> , n=33 (%)	Non-fungal, n=2,716 (%)	P-value ^a
Stroke	Yes	4 (12.1)	450 (16.6)	0.51
	No	28 (84.8)	2,213 (81.5)	
	Missing	1 (3)	53 (2)	
Embolization	Yes	10 (30.3)	592 (21.8)	0.23
	No	22 (66.7)	2,053 (75.6)	
	Missing	1 (3)	71 (2.6)	
CHF	Yes	8 (24.2)	856 (31.5)	0.44
	No	23 (69.7)	1,794 (66)	
	Missing	2 (6)	66 (2.4)	
Persistent positive blood cx	Yes	13 (39.4)	238 (8.8)	<0.001
	No	19 (57.6)	2,397 (88.3)	
	Missing	1 (3)	81 (3)	
Mortality at discharge	Yes	10 (30.3)	464 (17)	0.046
	No	23 (69.7)	2,243 (82.6)	
	Missing	0	9 (0.33)	
Mortality (with surgery) ^b	Yes	5 (33.3)	179 (13.8)	0.030
	No	10 (66.7)	1,120 (86.1)	
	Missing	0	2 (0.2)	
Mortality (without surgery) ^b	Yes	5 (27.8)	285 (20.3)	0.83
	No	13 (72.2)	1,117 (79.6)	
	Missing	0	1 (0.1)	

^a P-values were obtained by Chi-square and Fisher's exact methods

^b Refers to cardiothoracic surgery. Mortality determined at the time of discharge
CHF=congestive heart failure; cx=culture

Table 4 Treatment for 27 patients with *Candida* infective endocarditis (IE)

Patient ¹	Organism	Therapy	Surgery	Outcome ²
1	<i>C. parapsilosis</i>	AmB	Yes	Alive
2	<i>C. albicans</i>	FLU then CASPO	No	Dead
3	<i>C. albicans</i>	CASPO then FLU	Yes	Alive
4	<i>C. parapsilosis</i>	FLU/CASPO ³	No	Alive
5	<i>C. glabrata</i>	FLU then CASPO	No	Alive
6	<i>C. albicans</i>	FLU	No	Alive
7	<i>C. glabrata</i>	AmB	No	Alive
8	<i>C. tropicalis</i>	AmB	Yes	Dead
9	<i>C. albicans</i>	AmB then FLU	No	Dead
10	<i>C. glabrata</i>	CASPO+lipid AmB followed by CASPO ⁴	No	Alive
11	<i>C. parapsilosis</i>	AmB/CASPO ³	Yes	Alive
12	<i>C. glabrata</i>	CASPO	No	Alive
13	<i>C. parapsilosis</i>	AmB	Yes	Alive
14	<i>C. albicans</i>	Lipid AmB then FLU	Yes	Alive
15	<i>C. albicans</i>	FLU	No	Dead
16	<i>C. albicans</i>	FLU	No	Alive
17	<i>C. parapsilosis</i>	CASPO	Yes	Dead
18	<i>C. glabrata</i>	AmB	No	Alive
19	<i>C. albicans</i>	AmB	No	Dead
20	<i>C. albicans</i>	AmB	Yes	Alive
21	<i>C. parapsilosis</i>	AMB then FLU	No	Alive
22	<i>C. albicans</i>	FLU+5-FC	Yes	Alive
23	<i>C. tropicalis</i>	AmB	No	Alive
24	<i>C. parapsilosis</i>	CASPO then FLU	No	Alive
25	<i>C. tropicalis</i>	Lipid AmB	Yes	Dead
26	<i>C. albicans</i>	AmB then VORI	Yes	Alive
27	<i>C. albicans</i>	AmB	No	Dead

¹ Only 27 patients had treatment data available

² Outcome at the time of hospital discharge

³ Treatment data other than the drugs received were unavailable

⁴ Patient received 1 month of VORI for suppressive therapy after an initial 11 weeks of treatment with CASPO and lipid AmB. Because of toxicity with VORI, CASPO was administered for an additional 8 weeks

AmB=amphotericin B; Lipid AmB=liposomal AmB; CASPO=caspofungin; FLU=fluconazole; 5-FC=flucytosine; VORI=voriconazole

1991–1995. Possible reasons for this improved survival were attributed to better echocardiographic techniques, earlier diagnosis of endocarditis, or better supportive care of ill patients [3]. Nearly one-third of patients in our series died during hospitalization, with mortality significantly greater than non-fungal cases. The mortality among patients with *Candida* IE in our series is surprisingly less than that reported in previous reviews, but may be due to a multitude of factors. Diagnostic and treatment modalities have improved in the past decade, but, likely, cannot account for such a difference in survival. The inclusion of *Candida* cases only, which often have better survival compared to other fungal causes [3, 4], and the survival end-point defined at hospital discharge (compared to literature reviews, where follow-up data were available for up to several years) may reflect the lower mortality in this series [3]. Finally, the use of newer antifungal therapies, such as the echinocandins and lipid preparations of amphotericin B,

not included in previous reviews because of the lack of availability, may have an impact on outcomes and warrant further evaluation.

The traditional antifungal treatment of *Candida* IE is amphotericin B (6–8 weeks), often followed by fluconazole as suppression because of frequent relapse [5, 6]. In addition, surgical intervention with valve replacement is generally recommended in most cases. The combination of antifungal and surgical therapy is purported to be more beneficial than antifungal therapy alone, although controlled studies have not been performed for confirmation [3, 4, 20]. In this cohort, surgical therapy was not associated with increased survival compared to antifungal therapy alone. It is encouraging that patients who did not receive surgical therapy fared relatively well; however, we speculate that the lack of a significant difference between the groups may reflect a combination of factors, including increased morbidity and complications at presentation

among patients who underwent surgery. Patients who underwent surgical intervention were more likely to have previous IE, previous surgery for IE, paravalvular complications on ECHO, and systemic embolization. Although these may be important differences that influenced the risk of death, with the limited number of patients evaluated, it is difficult to draw conclusions with respect to the appropriate management.

In this cohort, an amphotericin B preparation was the most frequent drug used. Fluconazole was the second most common, and was used either for primary or sequential therapy. Sequential therapy was frequently employed, and mortality in this group was lower than in patients who received a single agent. This probably results from selecting a subset of patients that lived long enough to “step down” to azole therapy. The lengths of therapy and dosages were not captured, so appropriate comparisons cannot be made. An important obstacle in the successful antifungal therapy of *Candida* IE has been adverse events associated with prolonged amphotericin B administration. With the approval of new antifungal agents in the past several years, specifically echinocandins and newer azoles, questions have arisen about the role of these agents for the treatment of *Candida* IE. The echinocandins and voriconazole have shown efficacy and safety for the treatment of invasive candidiasis and candidemia [21, 22]; however, data on usage in endocarditis is limited to case reports [7–14]. Although some clinical success has been documented, selection bias may be present, and determinations of efficacy cannot be made. Our series reflects a shift in the treatment of *Candida* IE. More than one-third of patients received newer antifungal agents, particularly the echinocandin, caspofungin, and mortality among these patients (20%) was similar to the other groups. Adverse events from drug use and isolate susceptibilities were not captured in the database, so the reasons for the use of these drugs are unclear.

Although an important aspect of this dataset is its overall size, and this represents the largest reported number of definite *Candida* IE cases compared to non-fungal cases, there are important limitations. The data were collected prospectively, but analysis was conducted retrospectively. The number of *Candida* cases is not large enough to draw conclusions regarding treatment, and long-term mortality data were not collected.

These data represent a multi-center collaborative effort describing a large cohort of definite endocarditis cases. There appear to be distinct epidemiologic features of *Candida* IE when compared to non-fungal cases. Indications for surgical intervention are different, mortality is increased, and alternative antifungal treatment options are increasingly used for this devastating disease. Large datasets or series, despite their limitations, are needed to help better define *Candida* IE.

Acknowledgments

Manuscript support This study was sponsored in part by a grant from Merck and Co., Inc. The sponsor had no role in the design and the conduct of the study, or in the collection, analysis, and interpretation of the data.

Research support from NICHD K23HD-0044799 (DKB).

Potential conflicts of interest JWB: Research support from Astellas and Merck, Inc. Speaker’s bureau for Merck and Enzon. Consulting services for Pfizer and Enzon.

DKB: Research support from Astellas, Pfizer, Inc., Biosynexus, Cape Cod Associates, Inc., Johnson & Johnson, and Astra Zeneca. Fellowship support from Johnson & Johnson and MedImmune. All monies go to Duke University. Dr. Benjamin does not own any stock or hold financial interest in any organization listed above.

MP: None.

JM: None.

EA: None.

BB: Grant support from the Croatian Ministry of Science, no. 108-1080002-0102. Consulting services for Pliva Pharmaceuticals. Speaker’s bureau for Pliva Pharmaceuticals, Pharmasuiss Zagreb. Unrestricted research grant from Roche d.o.o. Zagreb.

EB: None.

LC: None.

TE: None.

ZK: None.

JK: None.

SL: None.

DL: None.

DS: None.

ER: Research support from Theravance, Daiichi, Replidyne. Consulting services for Pfizer, Bayer, Wyeth, Teva, Replidyne, Schering Plough, Atox, and BiondVax.

PT: None.

AJM: None.

PP: None.

VGF: Research funding from Theravance, Merck, Nabi, Inhibitex, Cubist, and the National Institutes of Health. Consulting for Astellas, Biosynexus, Cubist, Inhibitex, Merck, Johnson & Johnson, and is on the speakers’ bureaus for Cubist and Pfizer.

VHC: None.

CC: None.

Appendix

ICE Registry Investigators 2007: David Gordon MBBS, FRACP, FRCPA, PhD, Uma Devi MD (Flinders Medical Centre, Adelaide, Australia); Denis Spelman MD (Alfred Hospital, Amiens, France); Jan T.M. van der Meer MD, PhD (University of Amsterdam, Amsterdam, Netherlands); Carol Kauffman MD, Suzanne Bradley MD, William Armstrong MD (Ann Arbor VA Medical Center, Ann Arbor, USA); Efthymia Giannitsioti MD, Helen Giamarellou MD, PhD (Attikon University General Hospital, Athens, Greece); Stamatios Lerakis MD FAHA, FACC, FASE, FCCP (Emory University, Atlanta, USA); Ana del Rio MD, Asuncion Moreno MD, Carlos A. Mestres MD, PhD, FETCS, Carlos Paré MD, Cristina García de la María MD, Elisa De Lazzario BSc, Francesc Marco MD, Jose M Gatell

MD, José M. Miró MD, PhD, Manel Almela MD, Manuel Azqueta MD, Maria Jesús Jiménez-Expósito MD, Natividad de Benito MD, Noel Pérez MD (Hosp. Clinic—IDIBAPS: University of Barcelona, Barcelona, Spain); Benito Almirante MD, Nuria Fernandez-Hidalgo MD, Pablo Rodriguez de Vera MD, Pilar Tornos MD, Vicente Falcó MD, Xavier Claramonte MD, Yolanda Armero MD (Hospital Universitari Vall d'Hebron, Barcelona, Spain); Nisreen Sidani RN, MSN, Souha Kanj-Sharara MD, FACP, Zeina Kanafani MD, MS (American University of Beirut Medical Center, Beirut, Lebanon); Annibale Raglio MD, DTM&H, Antonio Goglio MD, Fabrizio Gneccchi MD, Fredy Suter MD, Grazia Valsecchi MD, Marco Rizzi MD, Veronica Ravasio MD (Ospedali Riuniti di Bergamo, Bergamo, Italy); Bruno Hoen MD, PhD, Catherine Chirouze MD, Efthymia Giannitsioti MD, Joel Leroy MD, Patrick Plesiat MD, Yvette Bernard MD (University Medical Center of Besançon, Besançon, France); Anna Casey, Peter Lambert BSc, PhD, DSc, Richard Watkin MRCP, Tom Elliott B.M., B.S., B.Med.Sci., PhD, D.Sc., FRCPath (Queen Elizabeth Hospital, Birmingham, UK); Mukesh Patel MD, William Dismukes MD (University of Alabama at Birmingham, Birmingham, USA); Angelo Pan MD, Giampiero Caros MD (Spedali Civili—Università di Brescia, Brescia, Italy); Amel Brahim Mathiron Christophe Tribouilloy MD, PhD MD, Thomas Goissen MD (South Hospital Amiens, Bron Cedex, France); Armelle Delahaye, Francois Delahaye MD, MPH, FESC, Francois Vandenesch MD, PhD (Hopital Louis Pradel, Bron Cedex, France); Carla Vizzotti MD, Francisco M. Nacinovich MD, Marcelo Marin MD, Marcelo Trivi MD, Martin Lombardero MD (Instituto Cardiovascular, Buenos Aires, Argentina); Claudia Cortes MD, José Horacio Casabé MD (Instituto de Cardiología y Cirugía Cardiovascular, Buenos Aires, Argentina); Javier Altclas MD, Silvia Kogan MD (Sanatorio Mitre, Buenos Aires, Argentina); Liliana Clara MD, Marisa Sanchez MD (Hospital Italiano, Buenos Aires, Argentina); Anita Commerford MD, Cass Hansa MD, Eduan Deetlefs MD, Mpiko Ntsekhe MD, Patrick Commerford MD (Groote Schuur Hospital, Cape Town, South Africa); Dannah Wray MD, MHS, Lisa L. Steed PhD, Preston Church MD, Robert Cantey MD (Medical University of South Carolina, Charleston, USA); Arthur Morris MD, FRCPA, David Holland MD, David Murdoch MD, DTM&H, FRACP, FRCPA, FACTM, Katherine Graham MD, Kerry Read MD, Nigel Raymond MD, Paul Bridgman MD, Richard Troughton MD, Selwyn Lang MD, Stephen Chambers MD (Canterbury Health Laboratories, Christchurch, New Zealand); Despina Kotsanas BSc (Hons), Tony M. Korman MD (Southern Health, Clayton, Australia); Gail Peterson MD, Jon Purcell BS, Paul M. Southern, Jr. MD (UT-Southwestern Medical Center, Dallas, USA); Manisha Shah MD, Roger Bedimo MD, MS (Dallas VA Medical Center, Dallas, USA); Arjun Reddy, Donald Levine MD, Gaurav Dhar MD (Wayne State

University, Detroit, USA); Alanna Hanlon-Feeney, Margaret Hannan MD, BCh BAO, MSc, MRCPath, FRCPI, Sinead Kelly MD (Mater Hospitals, Dublin, Ireland); Andrew Wang MD, Christopher H. Cabell MD, MHS, Christopher W. Woods MD, MPH, Daniel J. Sexton MD, Danny Benjamin, Jr. MD, MPH, PhD, G. Ralph Corey MD, Jay R. McDonald MD, Jeff Federspiel, John J. Engemann MD, L. Barth Reller MD, Laura Drew RN, BSN, L.B. Caram MD, Martin Stryjewski MD, MHS, Susan Morpeth MBChB, Tahaniyat Lalani MD, Vance Fowler, Jr. MD, MHS, Vivian Chu MD (Duke University Medical Center, Durham, USA); Bahram Mazaheri PhD, Carl Neuerburg, Christoph Naber MD (University Essen, Essen, Germany); Eugene Athan MD, Margaret Henry BSc (Hons), PhD, Owen Harris MD (Barwon Health, Geelong, Australia); Eric Alestig MD, Lars Olaison MD, PhD, Lotta Wikstrom, Ulrika Snygg-Martin MD (Sahlgrenska Universitetssjukhuset/Östra, Goteborg, Sweden); Johnson Francis MD, DM, K. Venugopal MD, DM, Lathi Nair MD, DM, Vinod Thomas MD, DM (Medical College Calicut, Kerala, India); Jaruwat Chaiworramukun MD, Orathai Pachirat MD, Ploenchan Chetchotisakd MD, Tewan Suwanich MD (Khon Kaen University, Khon Kaen, Thailand); Adeeba Kamarulzaman MBBS, FRACP, Syahidah Syed Tamin MD (University of Malaya Medical Center, Kuala Lumpur, Malaysia); Manica Mueller Premru MD, PhD, Mateja Logar MD, PhD, Tatjana Lejko-Zupanc MD, PhD (Medical Center Ljubljana, Ljubljana, Slovenia); Christina Orezzi, John Klein MD (St. Thomas' Hospital, London, UK); Emilio Bouza MD, PhD, Mar Moreno MD, PhD, Marta Rodríguez-Créixems MD, PhD, Mercedes Marín MD, Miguel Fernández MD, Patricia Muñoz MD, PhD, Rocío Fernández, Victor Ramallo MD (Hospital General Universitario Gregorio Marañón, Madrid, Spain); Didier Raoult MD, PhD, Franck Thuny MD, Gilbert Habib MD, FACC, FESC, Jean-Paul Casalta MD, Pierre-Edouard Fournier MD (Faculté de Médecine de Marseille, Marseille, France); Natalia Chipigina PhD, Ozerecky Kirill MD, Tatiana Vinogradova MD, PhD, Vadim P. Kulichenko PhD (Russian Medical State University, Moscow, Russia); O.M. Butkevich PhD (Learning Medical Centre of Russian Presidential Affairs Government, Moscow, Russia); Christine Lion MD, Christine Selton-Suty MD, Francois Alla MD, PhD, Hélène Coyard, Thanh Doco-Lecompte MD (CHU Nancy-Brabois, Nancy, France); Diana Iarussi MD, Emanuele Durante-Mangoni MD, PhD, Marie Françoise Tripodi MD, Riccardo Utili MD (II Università di Napoli, Naples, Italy); A. Sampath Kumar MD, Gautam Sharma MD (All India Institute of Medical Sciences, New Delhi, India); Stuart A. Dickerman MD (New York University Medical Center, New York, USA); Alan Street, Damon Peter Eisen MBBS, MD, FRACP, Emma Sue McBryde MBBS, FRACP, PhD, Leeanne Grigg (Royal Melbourne Hospital, Parkville, Australia); Elias Abrutyn MD (Drexel University College of Medicine, Philadelphia, USA);

Christian Michelet MD, PhD, Pierre Tattevin MD, Pierre Yves Donnio PhD (Pontchaillou University, Rennes, France); Claudio Querido Fortes MD (Hospital Universitario Clementino Fraga Filho/UFRJ, Rio de Janeiro, Brazil); Jameela Edathodu MRCP, Mashael Al-Hegelan MD (King Faisal Specialist Hospital & Research Center, Riyadh, Saudi Arabia); Bernat Font MD, Ignasi Anguera MD, PhD, Joan Raimon Guma MD (Hospital de Sabadell, Sabedell, Spain); M. Cereceda MD, Miguel J. Oyonarte MD, Rodrigo Montagna Mella MD (Hospital Clinico Universidad de Chile, Santiago, Chile); Patricia Garcia MD, Sandra Braun Jones MD (Hosp. Clínico Pont. Universidad Católica de Chile, Santiago, Chile); Auristela Isabel de Oliveira Ramos MD (Instituto Dante Pazzanese de Cardiologia, São Paulo, Brazil); Marcelo Goulart Paiva MD, Regina Aparecida de Medeiros Tranches MD (Hospital 9 de Julho, São Paulo, Brazil); Lok Ley Woon BSN, Luh-Nah Lum BSN, Ru-San Tan MBBS, MRCP (National Heart Centre, Singapore, Singapore); David Rees MD, Pam Kornechny MD, Richard Lawrence MD, Robyn Dever MD (St. George Hospital, Sydney, Australia); Jeffrey Post MD, Phillip Jones MD, Suzanne Ryan MHSc, GCDM (The University of New South Wales, Sydney, Australia); John Harkness MD, Michael Feneley MD (St. Vincent's, Sydney, Australia); Ethan Rubinstein MD, LL.B, Jacob Strahilewitz MD (Tel Aviv University School of Medicine, Tel Aviv, Israel); Adina Ionac MD, PhD, Cristian Mornos MD, Stefan Dragulescu MD, PhD (Victor Babes University of Medicine and Pharmacy, Timisoar, Romania); Davide Forno MD, Enrico Cecchi MD, Francesco De Rosa MD, Massimo Imazio MD, FESC, Rita Trincherio MD (Maria Vittoria Hospital, Torino, Italy); Franz Wiesbauer MD, Rainer Gattringer MD (Vienna General Hospital, Vienna, Austria); Ethan Rubinstein MD, LLB, Greg Deans MD (University of Manitoba, Winnipeg, Canada); Arjana Tambic Andrasevic MD, PhD, Bruno Barsic MD, PhD, Igor Klinar MD, Josip Vincelj MD, PhD, FESC, Suzana Bukovski MD, Vladimir Krajinovic MD (Univ. Hospital for Infectious Diseases, Zagreb, Croatia).

References

- Martin GS, Mannino DM, Eaton S, Moss M (2003) The epidemiology of sepsis in the United States from 1979 through 2000. *N Engl J Med* 348(16):1546–1554
- Benjamin DK Jr, Miró JM, Hoen B, Steinbach WJ, Fowler VG Jr, Olaison L, Habib G, Abrutyn E, Perfect J, Zass A, Corey GR, Eykyn S, Thuny F, Jiménez-Expósito MJ, Cabell CH; ICE-MD Study Group (2004) *Candida* endocarditis: contemporary cases from the International Collaboration of Infectious Endocarditis Merged Database (ICE-mD). *Scand J Infect Dis* 36(6-7):453–455
- Ellis ME, Al-Abdely H, Sandridge A, Greer W, Ventura W (2001) Fungal endocarditis: evidence in the world literature, 1965–1995. *Clin Infect Dis* 32(1):50–62
- Pierrotti LC, Baddour LM (2002) Fungal endocarditis, 1995–2000. *Chest* 122(1):302–310
- Pappas PG, Rex JH, Sobel JD, Filler SG, Dismukes WE, Walsh TJ, Edwards JE; Infectious Diseases Society of America (2004) Guidelines for treatment of candidiasis. *Clin Infect Dis* 38(2):161–189
- Ellis M (1997) Fungal endocarditis. *J Infect* 35(2):99–103
- Rajendram R, Alp NJ, Mitchell AR, Bowler IC, Forfar JC (2005) *Candida* prosthetic valve endocarditis cured by caspofungin therapy without valve replacement. *Clin Infect Dis* 40(9):e72–e74
- Lye DC, Hughes A, O'Brien D, Athan E (2005) *Candida glabrata* prosthetic valve endocarditis treated successfully with fluconazole plus caspofungin without surgery: a case report and literature review. *Eur J Clin Microbiol Infect Dis* 24(11):753–755
- del Castillo M, Wainsztein N, Klein F, Manganello S, Orellana N (2004) Treatment with caspofungin of *Candida tropicalis* endocarditis resistant to fluconazole. *Medicina (B Aires)* 64(2):152–154
- Bacak V, Biocina B, Starcevic B, Gertler S, Begovac J (2006) *Candida albicans* endocarditis treatment with caspofungin in an HIV-infected patient—case report and review of literature. *J Infect* 53(1):e11–14
- Jiménez-Expósito MJ, Torres G, Baraldés A, Benito N, Marco F, Paré JC, Moreno A, Claramonte X, Mestres CA, Almela M, García de la María C, Pérez N, Schell WA, Corey GR, Perfect J, Jiménez de Anta MT, Gatell JM, Miró JM (2004) Native valve endocarditis due to *Candida glabrata* treated without valvular replacement: a potential role for caspofungin in the induction and maintenance treatment. *Clin Infect Dis* 39(7):e70–73
- Prabhu RM, Orenstein R (2004) Failure of caspofungin to treat brain abscesses secondary to *Candida albicans* prosthetic valve endocarditis. *Clin Infect Dis* 39(8):1253–1254
- López-Ciudad V, Castro-Orjales MJ, León C, Sanz-Rodríguez C, de la Torre-Fernández MJ, Pérez de Juan-Romero MA, Collell-Llach MD, Díaz-López MD (2006) Successful treatment of *Candida parapsilosis* mural endocarditis with combined caspofungin and voriconazole. *BMC Infect Dis* 6:73
- Mrówczyński W, Wojtalik M (2004) Caspofungin for *Candida* endocarditis. *Pediatr Infect Dis J* 23(4):376
- Cabell CH, Abrutyn E (2002) Progress toward a global understanding of infective endocarditis. Early lessons from the International Collaboration on Endocarditis investigation. *Infect Dis Clin North Am* 16(2):255–272
- Fowler VG Jr, Miró JM, Hoen B, Cabell CH, Abrutyn E, Rubinstein E, Corey GR, Spelman D, Bradley SF, Barsic B, Pappas PA, Anstrom KJ, Wray D, Fortes CQ, Anguera I, Athan E, Jones P, van der Meer JT, Elliott TS, Levine DP, Bayer AS; ICE Investigators (2005) *Staphylococcus aureus* endocarditis: a consequence of medical progress. *JAMA* 293(24):3012–3021
- Wang A, Athan E, Pappas PA, Fowler VG Jr, Olaison L, Paré C, Almirante B, Muñoz P, Rizzi M, Naber C, Logar M, Tattevin P, Iarussi DL, Selton-Suty C, Jones SB, Casabé J, Morris A, Corey GR, Cabell CH; International Collaboration on Endocarditis—Prospective Cohort Study Investigators (2007) Contemporary clinical profile and outcome of prosthetic valve endocarditis. *JAMA* 297(12):1354–1361
- Li JS, Sexton DJ, Mick N, Nettles R, Fowler VG Jr, Ryan T, Bashore T, Corey GR (2000) Proposed modifications to the Duke criteria for the diagnosis of infective endocarditis. *Clin Infect Dis* 30(4):633–638

19. Wisplinghoff H, Bischoff T, Tallent SM, Seifert H, Wenzel RP, Edmond MB (2004) Nosocomial bloodstream infections in US hospitals: analysis of 24,179 cases from a prospective nationwide surveillance study. *Clin Infect Dis* 39(3):309–317
20. Steinbach WJ, Perfect JR, Cabell CH, Fowler VG, Corey GR, Li JS, Zaas AK, Benjamin DK Jr (2005) A meta-analysis of medical versus surgical therapy for *Candida* endocarditis. *J Infect* 51(3):230–247
21. Mora-Duarte J, Betts R, Rotstein C, Colombo AL, Thompson-Moya L, Smetana J, Lupinacci R, Sable C, Kartsonis N, Perfect J; Caspofungin Invasive Candidiasis Study Group (2002) Comparison of caspofungin and amphotericin B for invasive candidiasis. *N Engl J Med* 347(25):2020–2029
22. Kullberg BJ, Sobel JD, Ruhnke M, Pappas PG, Viscoli C, Rex JH, Cleary JD, Rubinstein E, Church LW, Brown JM, Schlamm HT, Oborska IT, Hilton F, Hodges MR (2005) Voriconazole versus a regimen of amphotericin B followed by fluconazole for candidaemia in non-neutropenic patients: a randomised non-inferiority trial. *Lancet* 366(9495):1435–1442