



## The second family affected with a *PRDM8*-related disease

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### Abstract

**Introduction** Lafora disease (LD) is a severe form of progressive myoclonus epilepsy characterized by generalized seizures, myoclonus, intellectual decline, ataxia, spasticity, dysarthria, visual loss, and in later stages, psychosis and dementia. To date, mutations in the *EPM2A* and *EPM2B/NHLRC1* genes have been identified as the common causes of LD. However, a mutation in *PRDM8* has been reported only once in a Pakistani family affected with early-onset Lafora disease. In the present study, we report the second family with a *PRDM8* mutation.

**Methods** Two affected individuals of an Iranian family initially diagnosed as complicated hereditary spastic paraplegia (HSP) underwent careful neurologic examination. Homozygosity mapping and whole-exome sequencing were performed. Based on the results of genetic analysis to detection of Lafora bodies, a skin biopsy was done.

**Results** The clinical features of the patients were described. Linkage to chromosome 4 and a mutation in the *PRDM8* gene were identified, suggesting the patients may be affected with early-onset LD. However, like the Pakistani family, the search for Lafora bodies in their skin biopsies was negative. Their electroencephalograms showed generalized epileptiform discharges in the absence of clinical seizures.

**Conclusions** The current study increases the number of *PRDM8*-related cases and expands the phenotypic spectrum of mutations in the *PRDM8* gene. Both reported *PRDM8*-related families presented intra and inter-familial heterogeneity and they have originated from the Middle East. Thus, it seems the *PRDM8* mutations should be considered not only in LD but also in other neurodegenerative disorders such as a complicated HSP-like phenotype, especially in this region.

**Keywords** Early-onset Lafora body disease/myoclonic epilepsy-10 · Hereditary spastic paraplegia (HSP) · *PRDM8* · Whole exome sequencing (WES) · Homozygosity mapping

### Introduction

Lafora disease (LD) is an autosomal recessive and severe form of progressive myoclonus epilepsy (PME) that develops at 8 to 19 years [1]. The disease is characterized by

generalized seizures, myoclonus, and poor school performance in most patients. The progressive neurodegeneration and impairment of cerebral cortical neurons result in intellectual decline, ataxia, spasticity, motor dysfunction, dysarthria, visual loss, and in later stages, psychosis and

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dementia [2–4]. Death usually occurs within 10 years of the disease onset [3, 5, 6]. Lafora disease is a relatively rare disorder, and its prevalence is comparatively higher in the Mediterranean, Northern African, or Asian countries [7]. LD, known as a glycogen storage disease, is caused by forming an aberrant poorly branched and insoluble polymer of glucose, called polyglucosan [5, 8–10]. Therefore, it accumulates and forms Lafora bodies in different tissues such as skin and brain [11–13]. Lafora bodies play a crucial role in the pathogenesis of LD and those are not found in other types of progressive myoclonus epilepsies [14].

Until now, bi-allelic pathogenic variants in three causative genes, *EPM2A* (OMIM:607,566), *EPM2B/NHLRC1* (OMIM:608,072), and *PRDM8* (OMIM:616,640), have been associated with Lafora disease [12, 13, 15, 16]. The *EPM2A* and *EPM2B* genes encode laforin and malin, and their mutations are responsible for 58% and 35% of LD cases, respectively [10, 17]. Both genes are involved in glycogen synthesis regulation [18, 19], and their pathogenic variants result in the typical/classic forms of Lafora disease [6].

Evidence for mutation in the *PRDM8* gene, located on chromosome 4q21.21, has previously been reported only once in a single consanguineous Pakistani family. The family was affected with an atypical form of LD called early-onset Lafora disease or progressive myoclonic epilepsy-10 (EPM10; OMIM:616,640) [12]. The affected individuals presented an earlier age at onset, about 5 years less than classic LD. Dysarthria, myoclonus, ataxia, and motor defects began as first symptoms in early childhood. Subsequently, they variably manifested other classic symptoms of LD [3, 12].

*PRDM8* acts as a multifunctional gene [20]. It plays an important role in mice neocortical development [21] and may be a candidate gene for human congenital stationary night blindness [22]. Moreover, the protein encoded by the *PRDM8* gene is a probable histone methyltransferase [12, 23, 24] and also involved in the innate immune system [25]. This protein interacts with cytoplasmic laforin and malin and relocates them to the nucleus [12]. So, it may contribute in regulation of glycogen synthesis and its abnormality results in a glycogen storage disease [12].

In the present study, we report the second family with a *PRDM8*-related disorder. The phenotypic manifestations of our patients were not completely matched to early-onset LD patients.

## Subjects and methods

This research was performed by the Declaration of Helsinki and with approval of the ethics board of the University of Social Welfare and Rehabilitation Sciences (USWR) in Iran.

## Subjects

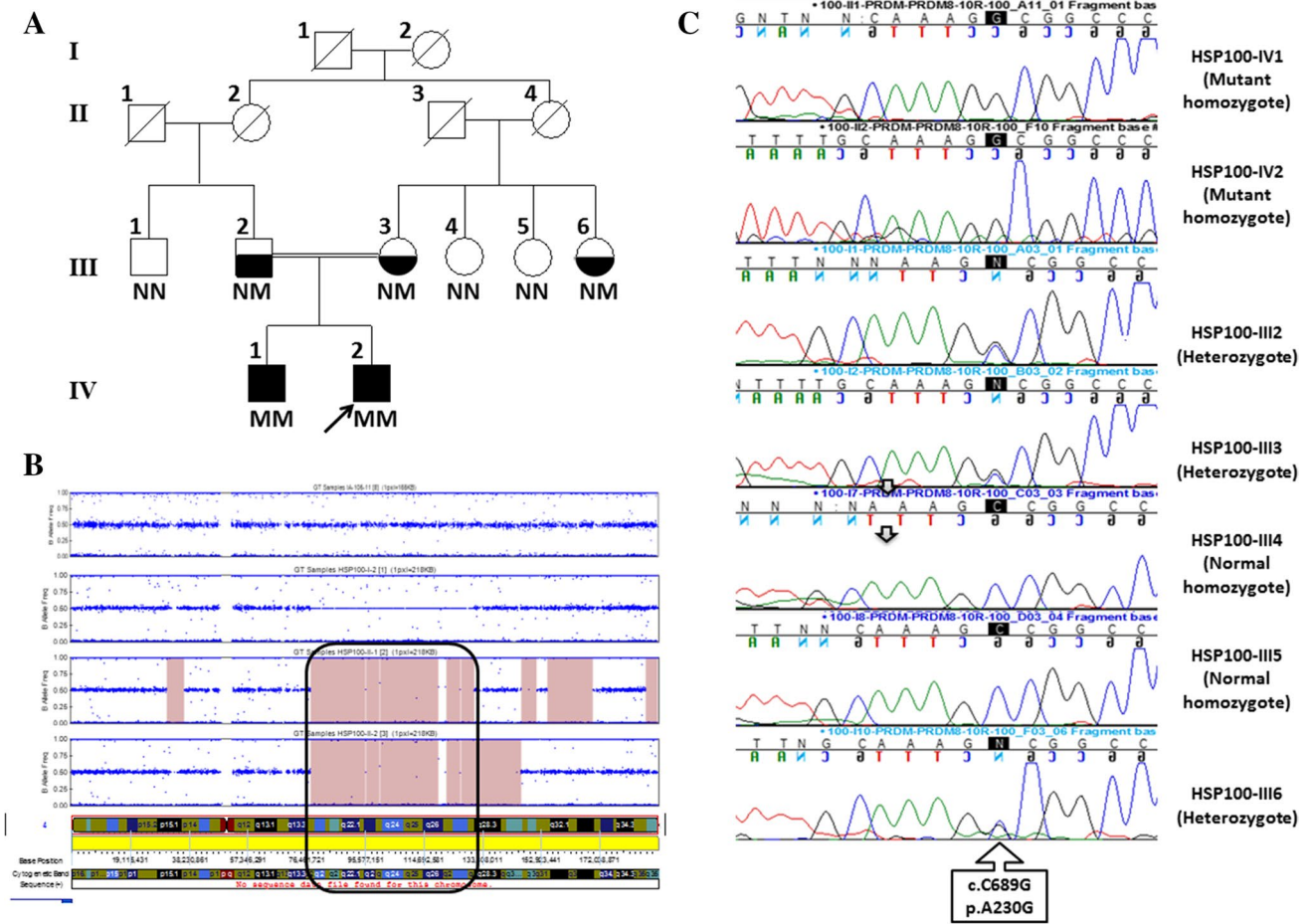
Two siblings suspected to have HSP (HSP100-IV1 and HSP100-IV2), born to the consanguineous Iranian parents, were referred to the genetics research center (GRC) of the USWR for genetic analysis (Fig. 1A). Initially, they were referred to us as “complicated HSP” cases. The mode of inheritance of disease was consistent with an autosomal (or X-linked) recessive pattern, as two male offspring were born to unaffected consanguineous parents. Clinical data from both affected siblings were collected. Relevant information on the patients not reported in Table 1 is presented in the results section.

## Genome-wide linkage analysis

DNA was isolated according to the salting-out method. Genome-wide single-nucleotide polymorphism (SNP) genotyping was performed on DNA samples of four individuals of the HSP100 family using HumanCytoSNP-12v2-1\_L BeadChips (Illumina; [www.illumina.com](http://www.illumina.com)). The individuals included two affected siblings and their unaffected parents (Fig. 1A). This chip includes ~300,000 SNPs and can also detect cytogenetic abnormalities. Data were analyzed using GenomeStudio\_Genotyping\_Module\_V1.0 (Illumina). SNPs with Mendelian error and non-call SNPs were removed. Homozygous regions common to affected siblings with a minimum physical length of 1 Mb and absent in parents were sought.

## Exome sequencing

Exome sequencing was performed on the DNA of the proband (HSP100-IV2) by Illumina HiSeq 2500 system (Illumina). Sequence alignment and variant calling were performed against human reference genome UCSC NCBI37/hg19. Preliminary filtering was carried out to identify all homozygous/compound heterozygous/X-linked variants. Then, variants that did not affect amino acid change or splicing were filtered out. Subsequently, SNPs with a reported minimal allele frequency (MAF) more than 0.01 in the 1000 Genomes database ([www.1000genomes.org](http://www.1000genomes.org)), the NHLBI Exome Sequencing Project (<http://evs.gs.washington.edu/EVS/>), the Genome Aggregation Database (<http://genomad.broadinstitute.org/>), the Healthy Exomes database (<https://www.alzforum.org/exomes/hex>), and Iranome database (<http://iranome.com/>), or observed in in-house exome data of 100 unrelated Iranians affected with non-neurological diseases, were removed. The remaining variants were examined to identify those within any of the known HSP- or other neurodegenerative disease-causing genes, including



**Fig. 1** **A** The Iranian Lafora disease (LD) pedigree. Genotypes of the *PRDM8* variant are shown when individuals were assessed. Arrow shows proband. Unfilled circles and squares, normal individuals; black circles and squares indicate affected individuals; bottom filled circles and squares indicate heterozygotes. Abbreviations: M, mutated allele; N, normal allele. **B** Homozygosity mapping

shows that the two affected individuals (bottom two samples in black square box) are homozygous (homozygosity shown as bookmarks) in the region bordered by rs2865147 (77,954,733 bp) and rs17472783 (131,309,534 bp) on chromosome 4. Two unaffected individuals (top two samples) are not homozygous in this region. **C** Sequence chromatograms of variant in the *PRDM8* gene

amyotrophic lateral sclerosis (ALS), neurodegenerations with brain iron accumulation (NBIA), Parkinson disease (PD), and myoclonus epilepsy and neuropathies (Supplementary Table S1). Finally, variants located within the homozygous region or consistent with X-linked inheritance were considered. The remaining variants were also evaluated based on the American College of Medical Genetics (ACMG) criteria [26].

**Screening of the candidate variants**

Nine candidate disease-causing variants, c.A12193G:p.I4065V and c.A13039G:p.I4347V in *SACS*, c.A1195G:p.K399E in *ERMPD4*, c.G1694A:p.R565H in *DRP2*, c.G109A:p.D37N in *OTUD6A*, c.G278A:p.R93Q in *GLRA4*, c.G491T:p.G164V in *CXXC4*, c.C1003T:p.R335W in *OCLN*, and c.C689G:p.A230G in *PRDM8*, were amplified

from the DNA of the proband by polymerase chain reaction (PCR). The PCR products were sequenced using the Sanger method. Confirmed variants in the proband were screened in family members for co-segregation analysis with the disease status by direct sequencing.

Furthermore, the variant of *PRDM8* was also screened in the 200 additional Iranian control individuals by amplification refractory mutation system-polymerase chain reaction (ARMS-PCR) and in the 100 individual’s in-house exomes data on Iranian peoples.

**Skin biopsy**

For histopathological evaluation of Lafora bodies, axillary skin punch biopsy (0.4 × 0.3 × 0.3 cm) was done for both affected siblings. Periodic acid-Schiff (PAS) staining with

**Table 1** Phenotypic features of the Iranian and Pakistani patients with *PRDM8* mutations

Patient ID	HSP100-IV2 (proband)	HSP100-IV1	1	2	3
Mutation in <i>PRDM8</i>	c.C689G;p.A230G		c.781T4C:F261L		
Ethnicity	Iranian		Pakistani		
Consanguinity	+		+		
Present age (y)	13	19	34	30	29
Sex	M	M	F	M	F
Age at onset	2	2	5	13	Dysarthric since childhood*
Initial manifestations	Delay of motor development	Delay of motor development	School difficulties, cognitive decline, myoclonus, dysarthria	Dysarthria, myoclonus, ataxia	Dysarthria
Weakness of LL	+	+	NR	NR	NR
Spasticity of LL	+	+	+ Quadriparetic	+	+
Ataxia	+	Severe	Severe	Severe	Severe
Dystonia	+	+	NR	NR	NR
Extensor plantar responses	+	+	+	NR	NR
Deep tendon reflexes	Increased	Increased	Increased	Increased	Increased
Dysarthria	+	+	Mute	+	+ Mute
Dysphagia	-	-	-	-	-
Seizures	-	-	+ Rare	+ Rare	-
Tremor	+	+	-	NR	NR
Myoclonus	-	+	+ at age of 5 years	+ since primary school	+ at the age of 21 years
Eye movements	Normal	Normal	NR	NR	NR
Hearing loss	-	-	-	-	-
Urinary incontinence	+	+	+	NR	+
Mental impairment/ School difficulties	Border line/+	Border line/+	+	+	+
Ambulatory state	Wheelchair-bound	Wheelchair-bound	Bedridden	Mobile	Independent ambulation
Scoliosis	-	-	-	-	-
Foot deformity	Equinovarus	Equinovarus	NR	NR	NR
Heart involvement	-	-	-	-	-
Respiratory involvement	-	-	-	-	-
Hyperhidrosis of hands	+	+	NR	NR	NR
Development	Delay of motor development	Delay of motor development	Unremarkable	Unremarkable	Unremarkable
Other	-	Urolithiasis- Amblyopia	She is unresponsive except for smiling	Confused, paranoid, screaming outbursts	Confused, paranoid, screaming outbursts, hallucinations
EEG	Sharp waves in frontal areas and bursts of generalized sharp waves	Bilateral synchronous sharp waves in frontal areas	EEG at age 14: diffuse slowing with no epileptiform discharges. EEG at age 24 greater slowing with generalized interictal and myoclonus-associated spike-wave discharges	Not done	Not done
EMG/NCS	Normal	Normal	NR	NR	NR
Brain MRI	Normal	Normal	Normal	Not done	Not done
Skin biopsy	LBs negative	LBs negative	LBs negative	Not done	Not done

M male; F female; y year; + positive;—negative; LL lower limb; NR not reported; EMG/NCV electromyography/nerve conduction studies; EEG electroencephalograms; LB Lafora bodies

\*She was healthy until age 21 when she developed progressive myoclonus and ataxia

and without diastase treatment, an enzyme that digests the glycogen, was performed.

## Results

### Results of clinical presentations

#### HSP100-IV2 (proband)

He presented with a delay in motor development and started walking after 3 years old. After physiotherapy, he could walk on his toes by 5 years old. He studied only to the first grade in school and began exhibiting school difficulties in the second grade. Then he developed progressive lower-limb spasticity and weakness, hand tremor, and dysarthria later on followed by ataxia and urinary incontinence. He became wheelchair-bound by the age of 10 years. At present, he is 13 years old and has not reported any history of seizures.

On neurologic examination, he was fully oriented to time, place, and persons and followed the orders. Due to illiteracy, he was not cooperative enough to do a cognitive test such as Montreal Cognitive Assessment (MoCA). He had scanning speech and a mild jerky tremor in the head. He had abnormal facial movements with persistent contraction of the brow and eyelids as well as the lower face. There was additional tremulousness of the facial muscles and jaw as well as possible slightly rhythmic movements of the lower face. Electromyographic study of facial muscles confirmed tremor with a frequency of 3–4 Hz. Upper limbs showed finger to nose dysmetria and dysdiadokokinesia.

He had a mixture of tremor and athetoid movements of the fingers and dystonic posturing in his hands. He was slow and stiff in upper extremities and had severe spasticity of lower extremities with equinovarus deformity of the feet. Deep tendon reflexes were increased in the upper and lower extremities with bilateral Babinski signs. Gait required bilateral assistance with severe spasticity and prominent scissoring of his legs (Video 1).

Brain magnetic resonance imaging (MRI) was entirely normal without evidence of cerebellar atrophy. Electromyography/nerve conduction studies (EMG/NCS) were normal with no evidence of myopathy or polyneuropathy. Electroencephalography (EEG) showed bursts of generalized sharp waves (Supplementary Figure S1).

#### HSP100-IV1

The second sibling presented similar features to his brother. He also displayed motor developmental delay and started walking after 2 years old. He became wheelchair-bound by the age of 13 and could walk on his toes before that. He studied to the 6th grade in school and then he revealed school

difficulties. His IQ test was borderline. Gradually, he developed spasticity, progressive weakness of the lower limbs and severe ataxia and dysarthria, foot drop and deformity, hand tremor, and urinary incontinence. Like his affected sibling, he did not exhibit any generalized seizures to date.

Examination revealed scanning speech and head tremor (titubation). There was abnormal contraction (probably dystonia) of upper and lower facial muscles associated with the tremor of the jaw and facial muscles. There was a mixture of abnormal movements in his upper limbs with tremor, athetoid movements, dystonic posturing, and jerks in the arms and fingers when he outstretched the hands (probably myoclonus). There was dysmetria on the finger to nose test and dysdiadokokinesia. He had severe spasticity of lower extremities with equinovarus deformity of feet. Deep tendon reflexes were increased in upper and lower extremities with bilateral sustained ankle clonus. Plantar reflexes were extensor on both sides (Babinski sign). He was not able to walk even with bilateral assistance (Video 2).

Like his brother, his brain MRI and EMG/NCS were normal. EEG showed bilateral synchronous sharp waves in frontal areas but no generalized slowness (Supplementary Figure S2).

### Results of genetic analyses

The GenomeStudio Homozygosity Detector tool of the GenomeStudio program identified nine regions on chromosomes 3, 4, 5, 6, 17, 18, and 22 that were homozygous for the two affected siblings and were not homozygous in the unaffected parents (Fig. 1B). The proximal and distal markers of these regions and their length have been shown in Supplementary Table S2. No copy number variations (CNVs) were detected.

After preliminary filtering of WES data discussed above, 26 variants with  $MAF < 0.01$  in public databases were identified (Supplementary Table S3). Respectively, 3, 4, and 2 of these variants had been located in homozygous regions, X-chromosome, or were in the compound heterozygous state (Supplementary Table S3).

All nine candidate variants were screened in the family members and only a novel missense variant, c.C689G:p.A230G, in the *PRDM8* gene co-segregated with disease status in the family. Both affected members carried homozygous mutations, whereas six unaffected individuals carried at least one normal allele, consistent with autosomal recessive inheritance (Fig. 1C). The candidate variant in *PRDM8* was observed only in gnomAD v2.1.1 in a heterozygous state (minor allele frequency;  $MAF = 0.000021$ ). It was not present in other exome/genome databases mentioned in the “Methods” section and especially in the IRANOME database that reports exome sequences data of 800 healthy Iranian individuals.

Also, the variant was not detected in the 300 additional Iranian control individuals. None of them had the variant in either the heterozygous or homozygous states. It was anticipated as a “Likely pathogenic” variant by adjusted ACMG criteria and Varsome (<https://varsome.com/>).

A search of clinical databases showed the variant has been submitted to ClinVar database with accession ID: SCV001372980.2 on January 07, 2021. So, based on all the below evidence, the *PRDM8* variant was considered a candidate disease-causing variant in the HSP100 family (Supplementary Table S3); (i) it is located in the linked/homozygosity region, (ii) it is located in a gene definitively known to cause the disease and co-segregated with the disease in multiple affected individuals of the family, (iii) it was absent from controls or its homozygous allele count was less than 3 or its allele frequency was less than 0.0001 [22], (iv) evolutionarily, Ala230 was a conserved amino acid among mammalian orthologue proteins, (v) there was the same variant in the ClinVar, and (vi) there were similarities between the clinical features of our cases and Pakistani cases with another mutation in the *PRDM8* gene.

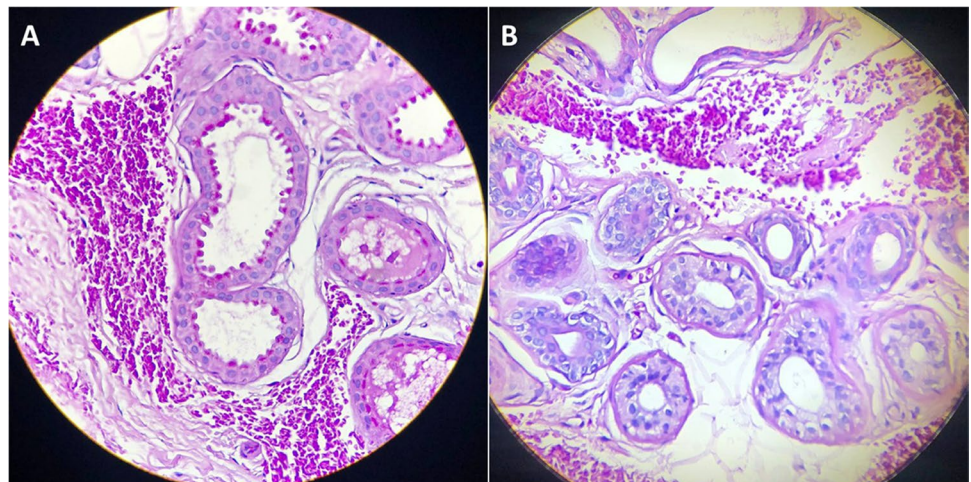
### Pathological findings

Periodic acid-Schiff (PAS) staining of sections of the axillary skin biopsies of the proband and his brother, with and without diastase treatment, showed no evidence of skin Lafora bodies (Fig. 2A and B). The family declined consent for a muscle biopsy, and we were unable to determine the existence or lack of Lafora bodies in the skeletal muscle.

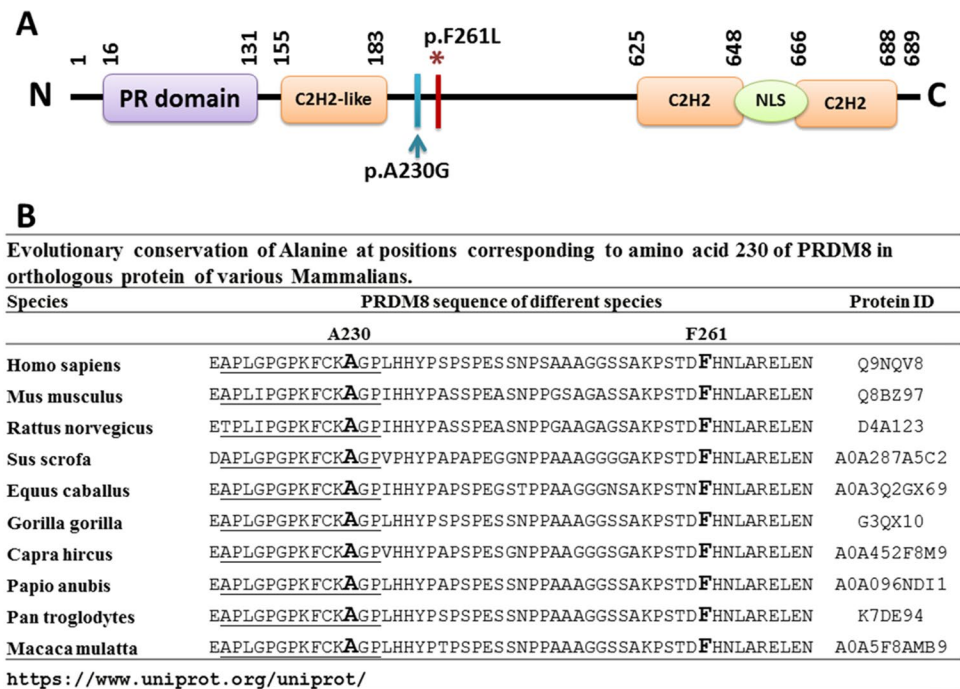
### Discussion

Approximately, 93% of all families affected with Lafora disease have carried mutations in the *EPM2A* or *EPM2B* gene [19, 27] that suggests the involvement of other unknown genes in the remaining (7%) families. Turnbull et al. in 2012 identified a mutation in a novel gene, *PRDM8*, as the cause of early-onset Lafora disease in a Pakistani family [12]. A decade from the first report and in the present study, we have identified a second probable disease-causing variant in the *PRDM8* gene in an Iranian family suspected to be the complicated form of HSP. Our experience expanded the phenotypic spectrum of mutations in the *PRDM8*-related disorders. There were intra- and inter-familial similarities and differences in these families. The Pakistani cases were older than Iranian patients which may explain these clinical differences. While dystonia and equinovarus were only observed in the Iranian patients, behavioral/neuropsychiatric disorders and epilepsy were only detected in the Pakistani cases. Ataxia, spasticity, dysarthria, and mental impairment or school difficulties were manifested in the affected individuals of both families (Table 1). Myoclonus was the first symptom in two Pakistani siblings, but the third case presented myoclonus at age 21 years [12], while it was only a mild feature in the older Iranian brother. Altogether, as mentioned previously, myoclonus and seizures are less severe in the early-onset LD than other subtypes of LD. Thus, these manifestations may be mild or present later as the disease progresses. As specified in the definition of the early-onset LD, (i) its age at onset is about 5 years and (ii) phenotypic presentations have some differences with other subtypes of progressive myoclonus epilepsies; visual impairment is not observed in early-onset LD however; dysarthria is an important and severe symptom of the disease [12], just as observed in our patients. (iii) The course of disease in early-onset LD

**Fig. 2** Skin biopsies of axillary apocrine glands with periodic acid-Schiff (PAS) staining. There is no evidence of Lafora bodies. **A** HSP100-IV2; **B** HSP100-IV1



**Fig. 3** A PRDM8 protein domain: five conserved domains including three zinc finger domains (CH2 and CH2-like), a nuclear localization signal (NLS), and a Proline-rich (PR) domain. Arrow and star indicate positions of the Iranian and Pakistani *PRDM8* variants, respectively. Ala230 is part of a conserved block of amino acids across mammals (indicates with underline). **B** Evolutionarily conservation of alanine at position 230 (in Iranian family) and phenylalanine at position 261 (in Pakistani family) of *PRDM8* in human and mammalian orthologue proteins



is more prolonged than classic LD, and patients can be alive into the fourth decade of life, while most patients affected by classic LD are dead by the age of 30 years [3, 12]. (v) Also, it seems the skin Lafora bodies are not detected in the early-onset LD than classic LD. Like the Pakistani family [12], Lafora bodies were not detected in skin biopsies of the affected members of the Iranian family (Fig. 2A and B). However, the skeletal muscle biopsy of two Pakistani patients showed numerous Lafora bodies. Unfortunately, our family declined muscle biopsies. Although we have not been able to confirm the presence of Lafora bodies in skeletal muscle, however, based on the phenotypic presentations and results of genetic analysis, we suggest that our patients may be affected by early-onset LD, or, given our evidence for an expanded phenotypic spectrum; we propose that they may be affected by a *PRDM8*-related disorder. It seems reasonable that other *PRDM8*-related patients should be assessed for the presence or absence of Lafora bodies in their skin. Also, in the advanced stages of the disease, the formation of Lafora in their skin should be re-checked.

*PRDM8* protein contains a nuclear localization signal (NLS) suggesting that it might be a nuclear protein. It interacts with laforin phosphatase and malin ubiquitin E3 ligase, translocates them from the cytoplasm to the nucleus, and forms distinctive punctate foci [12]. The mutant *PRDM8* (F261L-*PRDM8*) over-sequesters laforin and malin in the nucleus much more than the wild type and leads to deficiencies of these proteins in the cytoplasm [12]. Laforin and malin normally contribute to glycogen synthesis, and it is suggested that their deficiencies can lead to the formation

of insoluble polyglucosans instead of glycogen [12]. Formation and accumulation of polyglucosans in neuronal tissue may interfere with normal cellular functions and contribute to neurodegeneration, and finally clinical manifestations of the disease [4]. In support of these findings, a knockout mouse model of *PRDM8* manifests abnormal axon guidance [28]. However, the role of Lafora bodies in early-onset LD remains uncertain and requires clarification in future studies. Further studies on *PRDM8* will hopefully uncover its possible role in regulation of glycogen construction and lead to better recognition of the biological pathways and functions of this gene.

Evolutionarily, *PRDM8* has been detected only in the vertebrates and alanine at position 230 is completely conserved in human *PRDM8* and mammalian orthologue proteins (Fig. 3). The c.C689G:p.A230G variant is located in exon 4 of the *PRDM8* gene (NM\_001099403) and close to the previously reported variant, c.T781C:p.F261L, in the Pakistani family. So, we expect the variant can cause similar phenotypic symptoms.

Both reported families with mutations in *PRDM8* have originated from the Middle East, so additional cases of the disease may probably be found in this region. Given that about 7% of all families affected with Lafora disease do not carry a mutation in *EPM2A* or *EPM2B* gene, we suggest that these families should be screened for *PRDM8* mutations. Screening of *PRDM8* in the large cohort of LD cases without mutations in the classic genes may result in identification of other *PRDM8*-related cases and expand the spectrum of mutations in this gene. *PRDM8* mutations

are not likely the cause of classic LD but those should be considered in patients with progressive myoclonus, dysarthria, and ataxia, or even cases with other neurodegenerative disorders especially in the Middle East.

Due to the false results, a skin biopsy should not be relied on for the diagnosis. Lafora bodies on muscle biopsy are strongly supportive, although the sensitivity of this finding for a diagnosis of early-onset LD is not known and the muscle biopsy is an invasive method. Therefore, the disease should be confirmed by the genetic analysis as the “gold standard” method [1].

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1007/s10072-021-05815-w>.

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**Data availability** The data that support the findings of this study are available from the corresponding author, upon reasonable request.

## Declarations

**Conflict of interest** None.

**Ethical approval** All participants, after being informed of the nature of the research, consented to participate. This research was performed in accordance with the Declaration of Helsinki and with approval of the ethics board of the University of Social Welfare and Rehabilitation Sciences.

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