



Paradoxical manifestations during tuberculous meningitis treatment among HIV-negative patients: a retrospective descriptive study and literature review

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Abstract

Background Tuberculous meningitis (TBM) is the most frequent, severe, and disabling form of central nervous system (CNS) tuberculosis (TB). TBM paradoxical manifestations are characterized by clinical or paraclinical worsening after 1 month of effective anti-TB treatment in patients who initially responded to treatment despite the use of adjunctive corticosteroids.

Methods Retrospective descriptive study of consecutive HIV-negative adult patients (≥ 18 years) with definitive TBM who developed a paradoxical manifestation following anti-TB in a tertiary-care hospital in Mexico from 2009 to 2019; we also conducted a literature review of published cases/series of paradoxical manifestations in HIV-negative patients from 1980 to 2020.

Results We detected 84 cases of definitive TBM; 55 (68.7%) HIV-negative patients and 29 (36.3%) HIV-infected patients. Among HIV-negative patients, four (7.3%), three female and one male (19–49 years old), developed a paradoxical manifestation within 4–14 weeks following treatment initiation despite receiving adequate corticosteroid doses; *Mycobacterium bovis* was isolated from the cerebrospinal fluid of three cases and *Mycobacterium tuberculosis* in one more. Two patients developed vasculopathy-related cerebral infarctions, one severe basilar meningitis, and hydrocephalus, one more a tuberculoma. Two were treated with intravenous cyclophosphamide, and two with steroids. One of the patients treated with steroids died; patients who received cyclophosphamide had a good clinical response.

Conclusions This case series illustrates the diverse clinical/radiologic paradoxical manifestations of TBM in HIV-negative patients. Cyclophosphamide may be safe and effective in treating TBM-associated paradoxical manifestations. Specific diagnostic and care protocols for these patients are needed.

Keywords Tuberculous meningitis · Paradoxical manifestation · Cyclophosphamide · Mycobacterial infection · Central nervous system tuberculosis

Introduction

Tuberculous meningitis (TBM) is the most frequent, severe, and disabling form of central nervous system (CNS) tuberculosis (TB) [1, 2]. The World Health Organization estimates that 8.9–11 million persons will develop TB each year [3]. With approximately 100,000 new cases each year, TBM accounts for roughly 1% of all TB cases and ~5% of extrapulmonary TB cases [1, 2]. Despite adequate anti-TB treatment, its mortality ranges from 20 to 50%, being significantly higher for human immunodeficiency virus (HIV)-infected patients [4–6]. Paradoxical manifestations in TBM are characterized by clinical or paraclinical worsening after 1 month of effective anti-TB treatment in patients who

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initially responded to treatment despite the use of adjunctive corticosteroids [7–9]. Its diagnosis requires excluding other causes of deterioration, mainly poor treatment compliance, treatment failure due to microbiological resistance to first-line anti-tuberculosis drugs, and co-existence of another CNS infection [7, 8].

In HIV co-infected patients, a paradoxical manifestation may develop following antiretroviral treatment initiation, mostly in treatment-naïve patients with high viral load and low CD4+ cell counts who simultaneously receive antiretroviral and anti-TB treatment [10, 11]. The frequency of CNS paradoxical manifestations among HIV-negative patients with TBM can be up to 56% [12], with a mortality as high as 35% [13]; however, most of the evidence derives from a few case reports and small case series. Here we report a series of HIV-negative patients with definitive TBM who developed clinical and radiographical CNS paradoxical manifestations despite being treated with high doses of corticosteroids and an updated literature review on paradoxical manifestations among HIV-negative patients.

Methods

This retrospective descriptive study was conducted at the *Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán*, a tertiary-care reference hospital in Mexico. The study was revised and approved by our institutional Ethics and Research Committees (Reference: NER-2706–18-18–1). Due to the nature of the study, both Committees waived the need for signed informed consent. We reviewed electronic medical records of consecutive adult patients aged ≥ 18 years with definitive TBM diagnosed and treated at our center from January 2009 to December 2019. This case series only included HIV-negative patients who developed a paradoxical manifestation following anti-TB treatment for TBM. One of the reported cases (case 1) was diagnosed and treated at our center by two of the authors (C.C-B and A.G-D) and previously published elsewhere [14].

TBM was diagnosed according to the uniform case definition for clinical research in TBM [15]. In all cases, the presence of *Mycobacterium tuberculosis complex* (MTBC) in the CSF was confirmed by either cartridge-based nucleic acid amplification test (CB-NAAT) (Xpert MTB/RIF assay; Cepheid Inc., Sunnyvale, CA, USA) or liquid culture media (Bactec MGIT 960; Becton Dickinson, Sparks, MD, USA) or solid Löwenstein-Jensen medium. The GenoType *Mycobacterium* CM/AS (common mycobacteria/additional species) probe assay (Hain Lifescience, GmbH, Nehren, Germany) was used for mycobacteria typification. Disease severity at admission was graded according to the British Medical Research Council (BMRC) criteria as follows: grade I, patient with a Glasgow Coma Scale (GCS) of 15

points without focal neurological signs; grade II, patient with a GCS of 11–14 points or with 15 points and focal neurological signs; and grade III, patient with a GCS of ≤ 10 points with or without focal neurological signs [15, 16].

We defined paradoxical manifestations as clinical deterioration or the development of any new neurological signs or symptoms with either worsening of preexisting central nervous system (CNS) lesions or the appearance of lesions on follow-up neuroimaging studies with an increase in cerebrospinal fluid (CSF) protein levels in patients who initially responded to anti-TB drugs and had been receiving them for ≥ 4 weeks, after excluding other potential causes [7, 8]. Functional outcome was assessed using the modified Rankin scale (mRS) [17]. Using a standardized case report format, we collected demographic characteristics, comorbidities, the interval between TBM symptoms onset to hospital presentation. The clinical/radiologic characteristics, CSF analysis, and microbiological approach result at the time of TBM diagnosis and when the paradoxical manifestation was diagnosed, the interval between treatment initiation and paradoxical manifestation onset, clinical manifestations, treatments, and outcomes.

We also conducted a systematic literature review of all peer-reviewed case reports and case series describing paradoxical manifestations in adult (age ≥ 18 years) HIV-negative patients with TBM, published from January 1980 to December 2020. We searched on PubMed/National Library of Medicine, MEDLINE, SCOPUS, Web of Science, Lilacs, and SciELO, using the MeSH terms: “tuberculous meningitis” OR “tubercular meningitis” OR “central nervous system tuberculosis” OR “tuberculomas” AND “paradoxical reaction” OR “paradoxical response” OR “paradoxical deterioration OR “paradoxical manifestation.” Papers were selected in the first screening if they described paradoxical manifestations in patients with TBM. We abstracted papers published in English or Spanish that reported age, sex, time from anti-TB treatment initiation to paradoxical manifestation onset, clinical findings, treatments, and mortality.

Results

During the studied period, 84 cases of definitive TBM were diagnosed and treated at our center; 55 (68.7%) HIV-negative patients and 29 (36.3%) HIV-infected patients. Among HIV-negative patients, we found four (7.3%) who developed paradoxical a manifestation. Demographics, time from symptoms onset to TBM diagnosis, type of mycobacteria, type of corticosteroid and doses before the paradoxical manifestation onset, CSF characteristics at baseline and at the time of paradoxical manifestation diagnosis, manifestations, treatment, and outcome of these cases are summarized in Table 1.

Table 1 Findings of our reported cases of paradoxical manifestations among HIV-negative patients with definitive tuberculous meningitis

| | Case 1 | Case 2 | Case 3 | Case 4 |
|---|--|---|---|--|
| Sex / age, years | F / 19 | M / 30 | F / 46 | F / 49 |
| Time from symptoms onset to TBM diagnosis | 1 week | 3 weeks | 2 weeks | 4 weeks |
| BMRC grade | II | II | I | II |
| Baseline CSF findings | Proteins: 189 mg/dL Leukocytes: 47 cells/mm ³ Glucose: 14 mg/dL | Proteins: 290 mg/dL Leukocytes: 585 cells/mm ³ Glucose: 43 mg/dL | Proteins: 290 mg/dL Leukocytes: 585 cells/mm ³ Glucose: 43 mg/dL | Proteins: 183 mg/dL Leukocytes: 35 cells/mm ³ Glucose: 40 mg/dL |
| Type of mycobacteria | <i>Mycobacterium bovis</i> | <i>Mycobacterium tuberculosis</i> | <i>Mycobacterium bovis</i> | <i>Mycobacterium bovis</i> |
| Type of steroid and dose before PM | PDN 100 mg/day | DXM 34 mg/day | PDN 10 mg/day | DXM 20 mg/day |
| Time from treatment to PM | 4 weeks | 12 weeks | 14 weeks | 7 weeks |
| Paradoxical manifestations | Seizures, CNS vasculopathy, and ischemic stroke | Headache, altered mental status, CNS vasculopathy, and ischemic stroke | Headache, altered mental status, and hydrocephalus | Headache and fever |
| CSF findings at PM diagnosis | Proteins: 502 mg/dL Leukocytes: 7 cells/mm ³ Glucose: 57 mg/dL | Proteins: 524 mg/dL Leukocytes: 20 cells/mm ³ Glucose: 65 mg/dL | Proteins: 486 mg/dL Leukocytes: 14 cells/mm ³ Glucose: 46 mg/dL | Proteins: 608 mg/dL Leukocytes: 52 cells/mm ³ Glucose: 23 mg/dL |
| PM immunosuppressive treatment | PDN 100 mg/day CFM 750 mg/m ² ; 2 doses | DXM 36 mg/day CFM 750 mg/m ² ; 3 doses | PDN 0.6 mg/kg/day | DXM 0.6 mg/kg/day |
| Functional outcome | mRS 4 | mRS 4 | mRS 6 | mRS 0 |

Abbreviations: F, female; M, male, TBM, tuberculous meningitis; BMRC, British medical research council; CSF, cerebrospinal fluid; PDN, prednisone; DXM, dexamethasone; PM, paradoxical manifestation; CNS, central nervous system; CFM, cyclophosphamide; mRS, modified Rankin score

Case 1 A 19-year-old woman presented to the emergency department (ED) with fever (39 °C), headache, ataxia, altered mental status, and tachycardia. Neurologic examination showed papilledema, bilateral sixth nerve palsy, and neck stiffness (BMRC grade II). Magnetic resonance imaging (MRI) of the brain showed meningeal enhancement without parenchymal lesions. CSF examination revealed proteins of 189 mg/dL, glucose of 14 mg/dL, and leukocytes of 47 cells/mm³. With a diagnosis of possible TBM, she was started on dexamethasone, isoniazid, rifampicin, pyrazinamide, and ethambutol. Two weeks later, *Mycobacterium bovis* grew from the CSF culture, resistant to pyrazinamide, isoniazid, and streptomycin; hence, treatment was modified to rifampicin, ethambutol, and levofloxacin. Dexamethasone was tapered and was discharged home. Three weeks later, she returned with seizures; a new MRI revealed an acute left cerebral infarct with basal ganglia involvement. CSF proteins (276 mg/dL) and leukocytes count (60 cells/mm³) had increased. At this time, cultures were negative, and dexamethasone was increased to 4 mg/kg/day. A transcranial Doppler ultrasound (TCD) showed bilaterally increased velocities of the middle cerebral arteries, and MRI angiography showed severe vasospasm. During the next months, control MRIs showed new ischemic lesions, and in two subsequent spinal taps, protein levels continued rising (maximum 502 mg/dL), despite high doses of oral steroids (100 mg/

day) for approximately 6 months and multiple negative cultures. Due to persistent CNS inflammation, two doses of cyclophosphamide (1 g, 750 mg/m²) were administered over 5 weeks showing clinical, CSF, and TCD velocities improvement, without further recurrences.

Case 2 A 31-year-old man with a 5-year history of systemic lupus erythematosus presented with fever, headache, and progressive altered mental status for the past 3 weeks; on examination, there were no focal neurological signs (BMRC grade II), and his initial MRI was unremarkable (Fig. 1A). CSF analysis revealed proteins of 290 mg/dL, glucose of 43 mg/dL, and leukocytes of 585 cells/mm³; CB-NAAT for MTC in the CSF was positive. We started him on rifampicin, isoniazid, ethambutol, pyrazinamide, and IV dexamethasone (36 mg/day). He was asymptotically discharged a few weeks later. *Mycobacterium tuberculosis* was isolated from CSF. He returned 3 months after discharge with headache, altered mental status, and right-sided hemiplegia. An MRI revealed a left internal ischemic lesion (Fig. 1B); TCD showed severe vasospasm of the left middle and right posterior cerebral arteries. CSF analysis showed an increase in proteins (524 mg/dL), leucocytes of 20 cells/mm³, and normal glucose levels (65 mg/dL); at this time, CB-NAAT and cultures were negative, with those finding, IV dexamethasone was restored (34 mg/day) without clinical

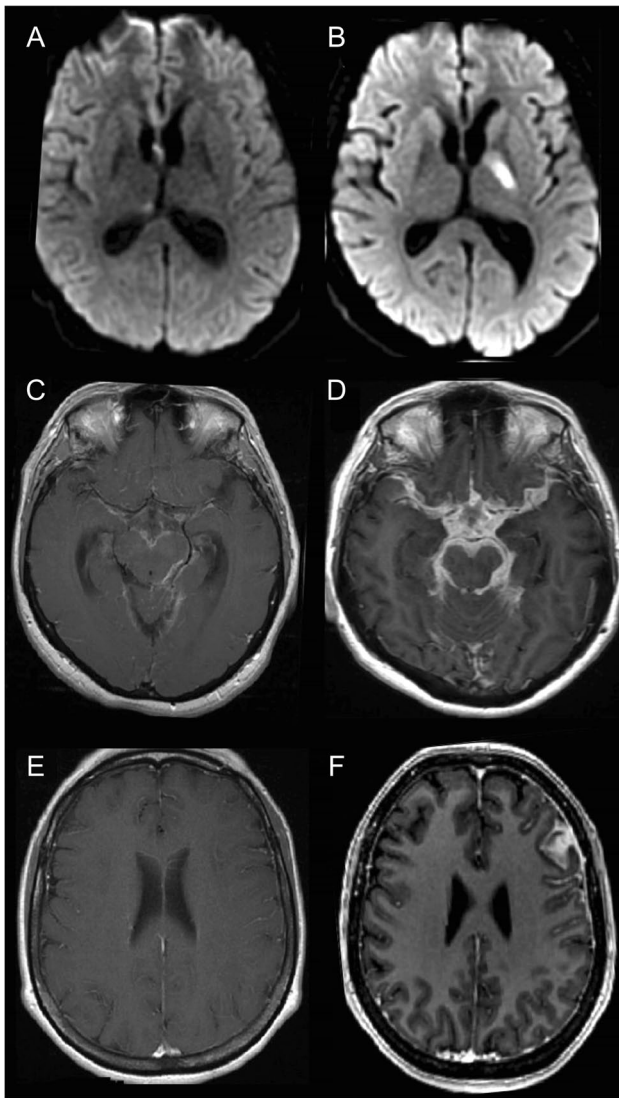


Fig. 1 Findings on magnetic resonance imaging (MRI) of the brain among HIV-negative patients with tuberculous meningitis who developed a paradoxical manifestation. Case 2. **A** normal diffusion-weighted imaging (DWI) at baseline, **B** follow-up imaging 12 weeks after anti-tuberculous treatment initiation revealed an internal capsule infarct. Case 3. **C** gadolinium-enhanced T1-weighted image (T1WI) showing mild/moderate basal meningeal enhancement at the time of tuberculous meningitis diagnosis, **D** follow-up MRI 14 weeks after treatment initiation showed severe pachymeningeal enhancement and hydrocephalus. Case 4. **E** baseline gadolinium-enhanced T1WI shows minimal leptomeningeal enhancement, **F** follow-up imaging seven weeks after treatment revealed a left frontal tuberculoma

improvement. Therefore, three doses of cyclophosphamide were administered (750 mg/m^2) 3 weeks apart. His symptoms subsided after the first bolus; during follow-up, 1 year later, he remains without further recurrences (mRS 4).

Case 3 A previously healthy 46-year-old woman presented to the ED with a 2-week history of fever, night sweats, and

headache; her neurological examination was unremarkable (BMRC grade I). Brain MRI revealed mild/moderate post-contrast basal meningeal enhancement (Fig. 1C). CSF analysis revealed proteins of 85 mg/dL , glucose of 35 mg/dL , and leukocytes of 97 cells/mm^3 ; CB-NAAT for MTC in the CSF was positive. She also was diagnosed with lymph node TB. We started treatment first-line anti-TB drugs and IV dexamethasone (0.4 mg/kg/day), and we discharged her asymptotically 4 weeks after admission on anti-TB drugs and prednisone 10 mg/day . During the forthcoming weeks, a positive CSF culture for *Mycobacterium bovis* was reported. Ten weeks after discharge, she developed altered mental status, fever, and seizures, despite adequate treatment adherence. A contrast-enhanced brain MRI showed severe pachymeningeal enhancement and hydrocephalus (Fig. 1D). CSF analysis revealed increased proteins in 486 mg/dL , leukocytes of 14 cells/mm^3 , and glucose levels of 46 mg/dL ; CB-NAAT and cultures were negative. Hydrocephalus was treated with an external ventricular drain; however, due to severe clinical deterioration and aspiration pneumonia for which the patient required invasive mechanical ventilation, we were unable to add intensive immunosuppressive therapies. She developed brain death and died two weeks after admission.

Case 4 A previously healthy 49-year-old woman presented with fever, aphasia, and altered mental status; on examination, there were no other neurological signs (BMRC grade II). Contrast-enhanced MRI showed mild leptomeningeal enhancement (Fig. 1E). CSF analysis revealed proteins of 183 mg/dL , glucose of 40 mg/dL , and leukocytes of 35 cells/mm^3 ; CB-NAAT was negative. However, a sputum smear was positive for acid-fast bacilli. Two weeks later, *Mycobacterium bovis* grew from the CSF culture. We started treatment with rifampicin, isoniazid, ethambutol, pyrazinamide, moxifloxacin, imipenem, amoxicillin-clavulanate, and IV dexamethasone (0.4 mg/kg/day). Lastly, she was diagnosed with disseminated TB (meningeal, pulmonary, and peritoneal). Her mental status gradually improved, and the aphasia resolved; we discharged her 5 weeks after admission on anti-TB treatment and oral dexamethasone (10 mg/day). Seven weeks later, she was readmitted due to new episodes of fever and headache. An MRI showed that she had developed meningeal and parenchymal tuberculomas (Fig. 1F). CSF analysis revealed an increase in proteins to 608 mg/dL , leukocytes of 52 cells/mm^3 , and glucose of 23 mg/dL ; CB-NAAT and cultures were negative. After ruling out other CNS infections, dexamethasone was increased to 0.6 mg/kg/day ; her symptoms resolved, and we discharged her without neurological sequelae. On follow-up, she remains asymptomatic.

Discussion

In this study, 7.3% of HIV-negative patients with definitive TBM developed a clinical and radiologic paradoxical manifestation, a lower frequency than the 8–56% reported in other series [12, 18]. Interestingly, in three out of four patients, *Mycobacterium bovis* was the etiological agent, a mycobacterium associated with higher mortality in patients with TBM [19]. In 1974, Thrush and Barwick documented the first case of a CNS paradoxical manifestation in a patient who developed a new tuberculoma while receiving anti-TB treatment [20]. Since that initial description, a broad spectrum of CNS manifestations has been reported [21]. Clinical manifestations in three of our patients included new-onset headaches, two presented with altered mental status, and one with new-onset seizures. On neuroimaging during the paradoxical phase, all patients developed diffuse pachymeningitis (not shown for cases one and two), one with severe basal enhancement suggesting the presence of thick basal exudates, causing severe hydrocephalus; also, two patients developed vasculopathy-related cerebral infarcts. As in most series describing HIV-negative patients, timing from treatment initiation to paradoxical manifestation onset was highly variable (Table 2).

Brain tuberculomas which are conglomerate caseous foci containing mycobacteria in a dormant state [30] represent the most frequent CNS paradoxical manifestation [7, 8]. When the host cellular immunity wanes, replication of these resting bacilli may resume, leading to reactivation of the disease [30]. Dysregulation of the tumor necrosis factor (TNF)- α and other cytokines plays a crucial role in the pathogenesis of tuberculomas and other paradoxical manifestations [31]. A series of 34 patients found that females are more susceptible to develop tuberculomas as a paradoxical manifestation [26]. However, as of this day, no other predictors have been found. Paradoxical tuberculomas may appear within the second week and up to the twenty-seventh month after treatment initiation, more frequently around the sixth week [13, 24].

Multiple manifestations can simultaneously co-exist or share common mechanisms. For example, basal exudates surrounding the circle of Willis might result in compressive or inflammatory vasculopathy [32], manifested as acute infarcts within the main arteries perforating branches territory; ischemic lesions are usually located within the so-called TB zone, which includes the periventricular regions, internal capsule, thalamus, and basal nuclei [32, 33]. Exudates may also develop in the Sylvian fissure, posterior fossa, and the optochiasmatic region, the latter causing vision impairment/loss. Additionally, exudative material allocated in the basal cisterns may lead to communicating hydrocephalus [34, 35], a complication

significantly associated with mortality and poor outcome [36], which is more frequent when CSF proteins are ≥ 250 –500 mg/dL [37].

Clinically, some patients may only present with mild and sometimes misleading symptoms, such as an isolated new-onset headache. Also, enlarged lymph nodes can be seen mainly in the cervical and supraclavicular regions. [38]. Some findings on ancillary tests that may help make the diagnosis include the presence of new or progressive sub-clinical lesions on neuroimaging studies [8, 39], a steady increase of intracranial vessels mean flow velocities (vasculopathy), or pulsatility indexes (elevated intracranial pressure) by TCD, an increase of the CSF protein levels or a cellular shift in its components [14, 40]. However, CSF changes occur in some patients even before clinical or radiological manifestations develop [35, 41].

The pathophysiological mechanisms involved in the development of these paradoxical manifestations among HIV-negative patients remain incompletely understood. It has been hypothesized that it may result from an exaggerated inflammatory reaction following anti-TB treatment initiation triggered by antigens directed to the mycobacterial cell wall, which are also present in the infected brain tissues [7, 8]. In line with this hypothesis, it has been reported that a combination of low CSF interferon (IFN)- γ and TNF- α levels at the time of TBM diagnosis may predict clinical deterioration related to a severe inflammatory reaction; however, this has only been observed in a small series of HIV-infected patients [42]. Also, increased CSF neutrophil count, interleukin (IL)-6, and IL-10 levels have been associated with tuberculomas' paradoxical development or progression [43]. The paradoxical shift of the CSF cellular components from a lymphocytic to a neutrophilic predominance early during treatment suggests that neutrophils also play a role in its pathogenesis [8, 41]. Furthermore, polymorphisms of the gene encoding leukotriene A4 hydrolase (LTA4H), an enzyme that regulates the balance between pro-inflammatory and anti-inflammatory response and influences TNF- α expression, which is also related to corticosteroid response, has been associated with higher mortality in patients with TBM [44–46]. These polymorphisms may explain why some patients develop paradoxical manifestations despite corticosteroid treatment.

Paradoxical manifestations should be distinguished from poor treatment compliance, treatment failure, drug toxicity, microbiological resistance to first-line anti-tuberculosis drugs, co-existence of another CNS infection, or other non-infectious causes [8]. Therefore, it is imperative to obtain drug susceptibility patterns in cases of culture-positive TBM or by other molecular methods such as the Xpert MTB/RIF or Xpert MTB/RIF Ultra, both of which detect the presence of MTBC and rifampicin resistance simultaneously in less than 2 h [2, 47]. Differential diagnosis includes less frequent

Table 2 Summary of series including more than ten cases with central nervous system tuberculosis describing paradoxical manifestations in HIV-negative patients

| Author (year) | Total cases, <i>N</i> | PM cases, <i>n</i> (%) | Sex (%) | Age (years) | Interval between treatment and PM | Main PM findings | PM treatment | Mortality |
|---------------------------------|-----------------------|--|----------|----------------------------|--|---|---------------------|-----------|
| Watson et al. [22]. (1993)* | 22 | 7 (31.8) | M (57.1) | Range 17–68 y | Tuberculoma, mean 2.3 months Meningitis, mean 17 days | Headache, fever, cognitive decline, visual loss, and cranial nerve palsy | Steroids | 14.3% |
| Sütlaş et al. [23]. (2003)** | 61 | 20 (32.7) | M (56.5) | Mean 34.5 y, range 16–74 | ≥ 1 week | CSF shift from lymphocytic to neutrophilic pleocytosis and tuberculomas | Steroids | 27.8% |
| Unal and Sütlaş [24]. (2005)*** | 22 | 14 (64) | M (64.3) | Range 19–52 y | Range 7 days to 7 months | Tuberculoma | Steroids | 14.3% |
| Carvalho et al. [18]. (2006)* | 137 | 11 (8) | M (73) | Median 37 y, range 26–68 | Median 107 days, range 31–443 days | Tuberculomas (6 cases) Lymph node enlargement (5 cases) | Steroids | NR |
| Anuradha et al. [13]. (2011)** | 110 | 7 (6.3) | M (68.7) | Median 31 y, range 14–85 | Mean 9 months | Tuberculoma | Steroids | 35% |
| Misra et al. [25]. (2013)** | 40 | 20 (50) | M (55) | Median 26.5 y | Mean 3 months | Tuberculoma, infarction, hydrocephalus | NR | 12.5% |
| Kalita et al. [26]. (2014)*** | 34 | Neuroimaging, 22 (64.7) Clinical, 12 (35) | M (61.7) | Mean 34.1 y, SD ± 13.2 | Mean 3 months | Tuberculoma, focal neurological deficit, and AMS | Steroids | 9.1% |
| Lu et al. [27]. (2015)**** | 101 | 27 (27.8) | M (58.4) | Median 36.7 y, range 14–81 | Range 18 to 30 days | Angiographic changes | Steroids | NR |
| Tai et al. [12]. (2016)* | 41 | 23 (56) | M (50) | Median 32.3 y, SD ± 11.7 | Range 28 days to 9 months | Fever, headache, AMS, new ischemic lesions, hydrocephalus, and tuberculomas | Steroids | 15% |
| Kalita et al. [28]. (2017)** | 51 | Neuroimaging, 25 (49) Clinical, 14 (27) | M (58.8) | Median 35 y | Mean follow-up 3 months | Hemiplegia-infarct, tuberculoma, and hydrocephalus | Steroids Aspirin | 15.7% |
| Ledingham et al. [29]. (2019)** | 12 | 3 (25) | M (58.3) | Median 40 y, range 22–81 | Mean 7 weeks | Worsening headaches and AMS | Cyclosporine | 16.7% |
| Liu et al. [9]. (2019)* | 50 | 26 (52) | M (54) | Mean 34.9 y, SD ± 18.1 | Mean 30 days, range 15–330 | Fever, headache, AMS, and spinal meningeal involvement | Steroids | NR |

Abbreviations: *F*, female; *M*, male; *PM*, paradoxical manifestation; *SD*, standard deviation; *AMS*, altered mental status; *NR*, not reported

*Data for cases with paradoxical manifestations. **Age, gender, and mortality for cases with paradoxical manifestations not reported ***Data for cases with paradoxical manifestations, defined as development of tuberculomas. ****Age, gender, and mortality for cases with paradoxical manifestations not reported; only angiographic changes were studied

entities, such as neurosarcoidosis, meningeal carcinomatosis, CNS mycoses, and CNS other granulomatous diseases [7, 8]. After excluding other causes, performing a brain biopsy may be considered if there is no clinical improvement or if the patient continues deteriorating [8].

Ideally, CNS tuberculosis treatment should be guided according to antimicrobial sensitivity patterns [37]. Nevertheless, if clinical suspicion is high, empirical treatment must be started while waiting for confirmation. Most cases often respond to first-line anti-TB drugs. Duration of anti-TB treatment in TBM is 9–12 months with adjunctive corticosteroids, tapered over 6–8 weeks [48, 49]. Corticosteroids have a benefit in short-term mortality but not in long-term disability or HIV-infected patients [50]. A trial re-evaluating the role of adjunctive dexamethasone patients with HIV has been recently registered (ClinicalTrials.gov Identifier: NCT03092817). A recent meta-analysis has shown that 81–150 mg/day of aspirin significantly reduces the risk of infarctions but not survival [51]. However, due to small sample sizes, these results must be taken with caution. Surgery is only recommended to treat hydrocephalus or large tuberculomas with significant mass effects and a high risk of herniation [52].

As for paradoxical manifestations, there are no protocols or consensus regarding surveillance, diagnosis, and treatments [8]. Case reports and case series have used different corticosteroid doses, most of them according to the Thwaites protocol [53], designed for TBM and not for treating paradoxical manifestations. When corticosteroids at TBM doses fail to control the immunological response, increasing the dosage or extending its use for longer periods is feasible; optimal duration and doses are still unknown [1, 37]. Even so, up to 47% of cases may not respond to those strategies [42, 54], and doses over 0.6 mg/kg/day probably will not provide any further benefit, increasing the risk for developing adverse events [55, 56].

In these scenarios, the empirical use of other immunosuppressants and immunomodulatory drugs is imperative (Table 3). With the rationale that TNF- α plays a crucial role in regulating the inflammatory response in CNS TB, anti-TNF- α drugs such as infliximab and adalimumab have been successfully used [57–59]. A possible disadvantage of these monoclonal antibodies could be the cost, given that low-middle-income countries account for most TB cases worldwide [3]. Thalidomide, also a TNF- α inhibitor with anti-inflammatory and immunomodulatory activity, could be considered to treat tuberculomas that are not responding to standard treatment or high-dose corticosteroids [49]; however, its use remains controversial. A randomized trial assessing the effects of adjunctive thalidomide in conjunction with standard anti-TB drugs and corticosteroids in children with TBM was terminated early due to increased mortality, although apparently, the groups

Table 3 Potential immunosuppressant and immunomodulatory drugs previously reported in the treatment of paradoxical manifestations in patients with central nervous system tuberculosis

| Agent | Rationale | Disadvantage | Dose |
|-------------------------------|--|--|--|
| Ruxolitinib [63] | Inhibition of pathways such as JAK1/JAK2-dependent IFN- γ and IL-6 signaling, JAK2-JAK3-dependent GM-CSF and IL-12 signaling, and JAK3-dependent IL-2 signaling | Cost and cytopenias due to inhibitory effects of hematopoietic cytokines | 20 mg twice daily (effects have been seen at 2 and 5 months, used for up to 20 months) |
| Infliximab [59] | Anti-TNF- α | Cost, risk of tuberculosis reactivation, or other intracellular infections | Infliximab (5 mg/kg, 3 doses) |
| Adalimumab [57] | Macrophage activation | Cost, flu-like symptoms, and headache | Adalimumab (40 mg, 3 doses) |
| Interferon- γ [61, 62] | Depletion of B-cells and T-cells (cytostatic) | Nausea, vomiting, hemorrhagic cystitis, infertility, and cytopenias | 50–100 mcg/m ² (up to 19 months) |
| Cyclophosphamide [14, 64, 65] | Calcineurin activity inhibitor and nuclear factor of activated T-cells, inhibiting T-cells activation and shifts cytokine expression from Th1 to Th2 | Co-occurrence of infections, skin changes, and tremor | 750 mg/m ² (2–3 monthly doses) |
| Cyclosporine [29] | TNF- α inhibition | One pediatric clinical trial showed increased mortality, peripheral neuropathy, and seizures | 150 mg twice daily (4 mg/kg/day) for up to 2 years |
| Thalidomide [49, 60] | Modulation of immune responses by reducing fractionation of T-cells and specific cytokine responses | No human data, gastric and renal injury | 1–1.2 mg/kg/day or 50, 100, 150, 200 mg twice a day (5–7 months) |
| NSAID [66, 67] | | | Doses and timing are not well established |

Abbreviations: NSAID, non-steroidal anti-inflammatory drugs; JAK, Janus kinase; *INF- γ* , interferon- γ ; *IL*, interleukin; *TNF- α* , tumor necrosis factor alpha

were unbalanced [60]. Interferon (IFN)- γ , an immunoregulatory cytokine that plays a crucial role in controlling mycobacterial infections through macrophage activation, has shown good results [61, 62].

The use of cyclophosphamide, an alkylating agent that reduces the number of circulating B cells and T cells widely used in rheumatological and hemato-oncological diseases with relatively safe profile [64], has been reported in a few patients [14, 65]. This immunosuppressant has the advantage of being a low-cost and widely available drug. A randomized placebo-controlled clinical trial has been registered to evaluate its efficacy and safety in the treatment of refractory proliferative arachnoiditis in CNS TB (ClinicalTrials.gov Identifier: NCT04620772). In a recent report, ruxolitinib, a Janus kinase inhibitor, was used with favorable clinical/radiologic outcomes in a woman with disseminated TB and multiple tuberculomas that progressed despite adequate anti-TB treatment, adjunctive corticosteroids, and two surgical resections [63].

In murine models of pulmonary TB, ibuprofen, a non-steroidal anti-inflammatory drug (NSAID), significantly reduced the percentage of affected lung area and increased the survival of these animals treated with ibuprofen alone [66]. Besides ibuprofen, other NSAIDs such as oxyphenbutazone, carprofen, celecoxib, and indomethacin, have demonstrated inhibitory properties towards *Mycobacterium tuberculosis* cells [68, 69]. In vitro, indomethacin significantly reduced the fraction of T regulatory cells with a concomitant reduction of specific cytokine responses (TNF- α , IFN- γ , IL-2) and T cell proliferation in the serum of patients with active TB compared to the serum of patients with latent TB [67]. Still, the exact mechanisms on how NSAIDs may modulate the inflammatory immune response in TB and their potential benefits as adjuvants to anti-TB treatments remains to be elucidated. Although mortality for patients with TBM who develop CNS paradox manifestations can be up to 35% (range 5.8–35%) [13, 26], the prognosis may be favorable if symptoms are detected early before structural damage occurs. Additionally, in a recent series including 141 HIV-infected and HIV-negative patients, paradoxical manifestations do not adversely affect these patients' functional outcomes or survival [7]. However, we consider that those findings must be taken with caution, as methodologically, the study was not designed to answer that question.

This study has limitations, including our retrospective design with data collection from electronic medical records and the small sample size limited to a few cases reports. Also, the fact that in our center, these patients were not systematically screened for the development of paradoxical manifestations during follow-up; hence, subclinical and asymptomatic radiologic manifestations may not have been detected, which may explain the low frequency we report when compared to other series.

In conclusion, this case series illustrates the diverse clinical/radiologic paradoxical manifestations that HIV-negative patients with definitive TBM can develop. Two of the cases hereby reported expand the evidence of cyclophosphamide's safety and efficacy in treating paradoxical manifestations. The use of adjuvant aspirin may reduce the risk of cerebral infarctions in TBM. Due to its anti-inflammatory effects, low cost, and safety profiles, the repurposing of NSAIDs as adjuvants in TBM treatment seems feasible. Randomized clinical trials evaluating the safety and benefits of the different immunosuppressants and immunomodulatory drugs used in treating TBM paradoxical manifestations are needed to establish treatment and care protocols for these patients.

Data availability All the data supporting our findings are contained within the manuscript.

Code availability Not applicable.

Declarations

Ethical approval The study was revised and approved by our institutional Ethics and Research Committees (Reference: NER-2706–18–18–1). Due to the nature of the study, both Committees waived the need for signed informed consent.

Conflict of interest The authors declare no competing interests.

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