

Curcumin attenuates ischemia-like injury induced IL-1 β elevation in brain microvascular endothelial cells via inhibiting MAPK pathways and nuclear factor- κ B activation

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Abstract Inflammatory reactions play a key role in the cerebral injury after stroke or other ischemic brain diseases. Curcumin, which is extracted from herb turmeric, has been reported to have anti-inflammatory effects. The present study was aimed to investigate the anti-inflammatory effects of curcumin on oxygen-glucose deprivation (OGD) injured brain microvascular endothelial cells (BMECs). Rat BMECs were used and the results showed that OGD induced a significant elevation of the leakage of lactate dehydrogenase and the secretion of the proinflammation cytokine, IL-1 β . Activation of p38, JNK MAPKs, and NF- κ B in BMECs was also observed after OGD. The treatment of curcumin (20 μ M) inhibited the increased production of IL-1 β both at the protein and mRNA levels. The increased

phosphorylation of p38 and JNK induced by OGD was decreased under the treatment of curcumin, whereas the p38 inhibitor, SB203580, significantly inhibited OGD-induced IL-1 β production, but the JNK inhibitor, SP600125, failed to do so. These results suggest that the inhibition of IL-1 β by curcumin may dependent on the p38 signaling pathway. The OGD-induced IL-1 β production was also inhibited by the NF- κ B inhibitor, and curcumin suppressed OGD-induced NF- κ B activation. Furthermore, the NF- κ B activation was attenuated by the SB203580, indicating that NF- κ B activation was dependent on p38 signaling pathway. The present study suggests that curcumin displays an anti-inflammatory effect on OGD-injured BMECs via down-regulating of MAPK and NF- κ B signaling pathways and might have therapeutic potential for the ischemic brain diseases.

Hua-jiang Dong, Chong-zhi Shang and Ding-wei Peng contributed equally to this work (co-first authors).
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Introduction

Brain ischemia due to stroke affects a large population. Ischemic brain injury, as a secondary neuronal degenerative and inflammatory disease, can lead to the breakdown of the blood–brain barrier (BBB) and cause secondary damage to neurons. Brain microvascular endothelial cells (BMECs), as the main constituents of the BBB, play an essential role in maintaining normal blood flow within the brain. BMECs are also involved in the inflammatory reaction and cell apoptosis that may occur secondary to cerebral ischemia [1]. Besides the inflammatory damage to BMECs itself, BMECs also exacerbate the ischemic injury by affecting the survival of peripheral neurons and the

activation of microglial cells [2, 3]. Therefore, protecting the BMECs and ameliorating their inflammatory reactions have been suggested to be the promising methods of alleviating brain damage. In recent years, searching for active ingredients which target multiple signaling molecules from natural medicines is considered to be the new trend in pharmaceutical development, as most of the currently available mono-targeted drugs are associated with numerous side effects.

Curcumin (7-bis (4-hydroxy-3-methoxyphenyl)-1,6-heptad iene-3,5-dione) is the major yellow pigment extracted from turmeric, which is isolated from the powdered dry rhizome of the herb *Curcuma longa*. Accumulating evidences have shown that curcumin possesses a wide range of properties including anti-inflammation, antioxidation, anticancer, antiparasite, and antimalaria [4]. Recent studies have demonstrated the neuroprotective effect of curcumin on cerebral ischemic injury in rodent animals [5–8]. In addition, in vitro studies have shown that curcumin protects cortical neurons exposed to oxygen and glucose deprivation (OGD) in an Akt/nuclear factor-erythroid 2-related factor two dependent pathway [8], protects BMECs against OGD-induced disruption of tight junction and barrier dysfunction via the heme oxygenase-1 pathway [9], and inhibits the adhesion of thrombin-activated platelets to BMECs [10].

However, little information is available regarding the effect of curcumin on inflammatory responses in the OGD challenged BMECs. Therefore, in the present study, we investigated the effects of curcumin on inflammatory molecules and signaling pathways in BMECs challenged by OGD.

Materials and methods

Cell culture and reagent

Rat BMECs were separated from male Sprague Dawley (SD) rats (provided by the Center of Experimental Animals at Tianjin Medical University) weighing 50–60 g as previously described [11] with minor modifications and cultured at 37 °C in a humidified atmosphere of 5 % CO₂. The purity of the BMECs was more than 95 % based on factor VIII staining and 3–6 passages were achieved prior to the following experiments. All cell culture supplies, Dulbecco's modified Eagle's medium (DMEM) and fetal bovine serum were purchased from Invitrogen (Carlsbad, CA, USA); and all chemicals and reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA), unless stated otherwise. Experiments were performed in accordance with the NIH guidelines and the approval of the ethics committee of Tianjin Medical University was obtained.

OGD and other treatments

Cells were divided into the following groups: control group, control + curcumin group, OGD group, OGD + curcumin group, and OGD + curcumin + inhibitor group. For the control group and control + curcumin group, BMECs were not exposed to OGD. For the OGD group, the original medium was removed, and then the cultures were rinsed with phosphate-buffered saline (PBS, 0.01 M, pH 7.4) twice, and exposed to DMEM (glucose free) and placed into a sealed anaerobic chamber flushed with 5 % CO₂ and 95 % N₂ (v/v) for the indicated time. Curcumin (at a final concentration of 20 μM), SB203580 (p38 inhibitor, 20 μM), SP600125 (JNK inhibitor, 25 μM), or pyrrolidine dithiocarbamate (PDTC, NF-κB inhibitor, 10 μM) was added at 30 min before OGD exposure, respectively.

Cell injury assay

The cell injury was determined by measuring lactate dehydrogenase (LDH) release in the culture medium using the LDH assay kit (Nanjing Jiancheng Bioengineering Institute, Jiangsu, China) according to the manufacturer's instructions. In brief, an aliquot of the medium was mixed with nicotinamide adenine dinucleotide and lactate solution, and the LDH release was measured on the microplate reader at 450 nm.

Measurement of IL-1β secretion

The level of IL-1β secretion in culture media was determined by the ELISA kit (R&D System, Minneapolis, MN, USA) following the manufacturer's instructions. Concentrations were calculated with reference to the standard curve.

Quantitative analysis of the IL-1β mRNA expression

Total RNA was extracted using Trizol reagent (Invitrogen). After reverse transcription, quantitative analysis of the IL-1β mRNA expression was performed with the real-time PCR method. The primers are as follows: for IL-1β, forward: 5'-ATGCCTCGTGCTGTCTGACC-3', reverse: 5'-CCATC TTTAGGAAGACACGGGTT-3'; and for GAPDH, forward: 5'-ATGTGCCGGACCTTGGAAG-3', reverse: 5'-CC TCGGGTTAGCTGAGAGATCA-3'. The mRNA level was quantified using the 2^{-ΔΔCT} method.

Western blots

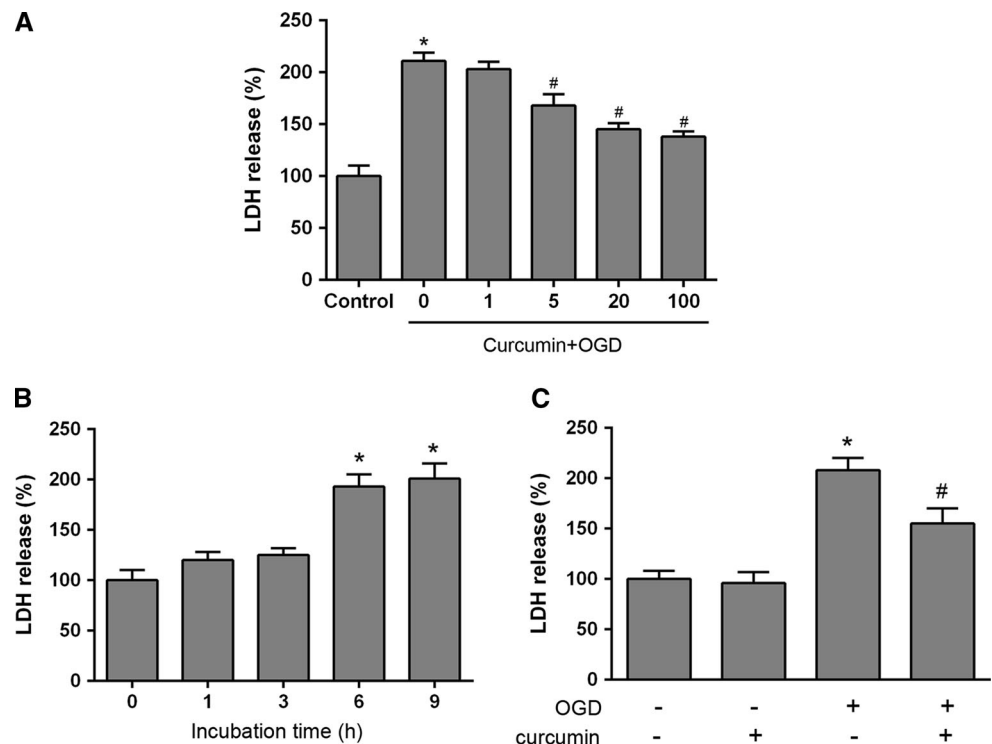
BMECs were collected in lysis buffer (20 mM HEPES, pH 7.5, 150 mM NaCl, 1 mM EDTA, 1 mM EGTA, 1 %

Triton X-100, 1 mM dithiothreitol (DTT), 1 mM β -glycerol-phosphate, 1 mM Na_3VO_4 , 1 mM phenylsulfonyl fluoride (PMSF), and protease inhibitor cocktail), after centrifugation, total cellular protein in the supernatant was determined using the bicinchoninic acid (BCA) method. Equal amounts of protein (40 μg per lane) were separated on 12 % SDS-PAGE gels and electrically transferred to nitrocellulose membranes. The nitrocellulose membranes were blocked with 5 % nonfat dry milk, and then blots were incubated overnight at 4 °C with primary antibodies (rabbit anti-p-p38, anti-p38, anti-p-JNK, anti-JNK, anti-NF- κB p65, anti-p-I κB , or anti- β -actin antibody, 1:1,000, Cell Signaling Technology, Danvers, MA, USA). Next morning, the membranes were washed in PBS with Tween-20, incubated with horseradish-peroxidase-conjugated goat antirabbit second antibody and washed again. Signals were visualized by enhanced chemiluminescence. The intensity of each band was measured and analyzed with the Quantity One software (Bio-Rad, Hercules, CA, USA).

Statistical analysis

Each experiment was repeated at least three times, data were expressed as mean \pm SEM and analyzed using statistical package SPSS13.0. Statistical analyses were carried out by one-way analysis of variance (ANOVA) followed by Tukey's post hoc test. A value of $P < 0.05$ was considered statistically significant.

Fig. 1 Effects of OGD and curcumin on cell injury in BMECs. Cell injury was measured by lactate dehydrogenase release assay. Curcumin at indicated concentrations was applied to BMECs 30 min prior to OGD for 6 h (a). Cell injury was determined at different time points after OGD (b), $*P < 0.05$ vs. control. OGD-induced cell injury was ameliorated by curcumin (c), $*P < 0.05$ vs. control group, $\#P < 0.05$ vs. OGD group



Results

Curcumin attenuated OGD-induced cell injury

To assess cell injury after OGD, the leakage of LDH into the medium was measured. The effect of curcumin on LDH release in the BMECs was more significant in the 20 and 100 μM groups than in the 5 μM group (Fig. 1a). Curcumin at the dose of 20 μM was administrated in the following experiments. In addition, the LDH release was increased time dependently after OGD ($P < 0.05$ vs. control, Fig. 1b). As shown in Fig. 1c, the activity of LDH was significantly reduced after curcumin treatment ($P < 0.05$ vs. OGD). These results have shown that curcumin could attenuate the injury of the BMECs induced by OGD.

Curcumin reduced IL-1 β level in BMECs

After 6 h exposure to the OGD, the concentration of IL-1 β in the culture medium was significantly elevated as compared to the control group ($P < 0.05$). As shown in Fig. 2a, under the treatment of 20 μM curcumin, OGD-induced IL-1 β secretion was remarkably inhibited ($P < 0.05$ vs. OGD), whereas curcumin did not influence the IL-1 β level in normally cultured BMECs ($P > 0.05$ vs. control); moreover, pretreating with p38 inhibitor SB203580 or the NF- κB inhibitor PDTC inhibited the

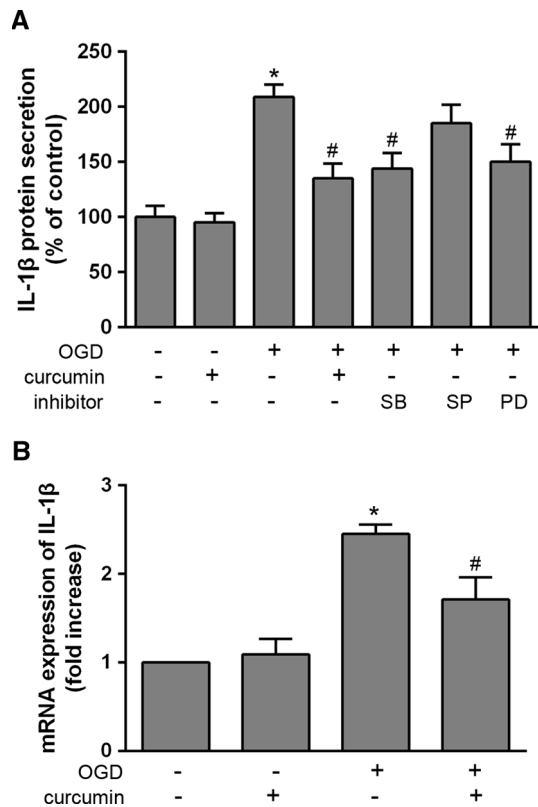
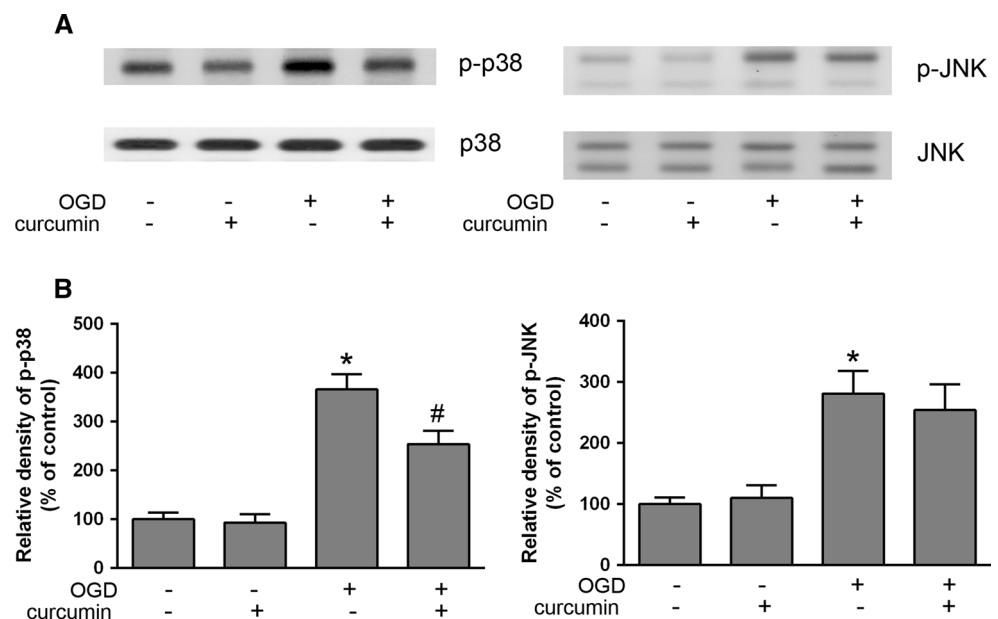


Fig. 2 Effects of OGD, curcumin and various signaling pathway inhibitors on secretion of IL-1 β in BMECs. IL-1 β protein levels in the culture media of BMECs exposed to OGD and not, with or without curcumin, p38 inhibitor (SB203580, 20 μ M), JNK inhibitor (SP600125, 25 μ M) or NF- κ B inhibitor (PDTC, 10 μ M) for 6 h were analyzed by ELISA (a). Effects of OGD and curcumin on IL-1 β mRNA expression in BMECs were determined by real-time PCR. * P < 0.05 vs. control group, # P < 0.05 vs. OGD group

Fig. 3 Effects of OGD and curcumin on phosphorylation of p38 and JNK in BMECs. Expressions of p-p38, p38, p-JNK, and JNK were detected by western blots. Immunostaining of p38 and JNK served as respective controls (a). Bar graph represents semi-quantitative densitometry from Western blot analysis (b). * P < 0.05 vs. control group, # P < 0.05 vs. OGD group



OGD induced increase in IL-1 β level (P < 0.05 vs. OGD), whereas the JNK inhibitor SP600125 failed to do so (P > 0.05 vs. OGD). For IL-1 β mRNA expression, a significant decline in IL-1 β level was induced by 20 μ M curcumin when compared with the OGD group (P < 0.05, Fig. 2b).

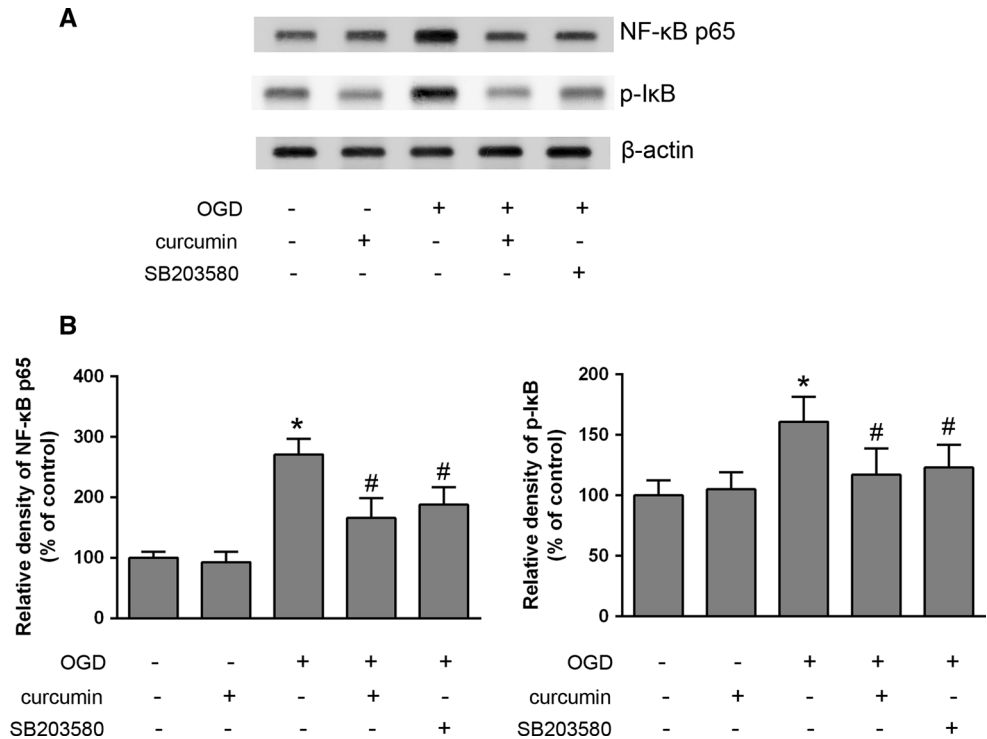
Curcumin suppressed OGD-induced phosphorylation of p38 and JNK MAP kinases

Protein expressions of key molecules in intracellular MAPK signaling pathways, p-p38 and p-JNK were investigated by Western blots. The results showed that expressions of p-p38 and p-JNK were up-regulated in the OGD group significantly (P < 0.05 vs. control), whereas treatment with curcumin could suppress the expressions of p-p38 and p-JNK significantly when compared with the OGD group (P < 0.05, Fig. 3).

Curcumin suppressed OGD-induced NF- κ B activation via inhibition of p38 phosphorylation

The activity of the molecules in the NF- κ B signaling pathway was determined by measurement of the NF- κ B p65 and p-I κ B proteins in the cellular extraction of the BMECs. The expressions of NF- κ B p65 and p-I κ B were increased significantly in the OGD group (P < 0.05 vs. control); treatment with curcumin inhibited the OGD-induced increase of NF- κ B p65 and p-I κ B significantly (P < 0.05 vs. OGD); furthermore, pretreatment with p38 inhibitor SB203580 attenuated the increase of NF- κ B p65 and p-I κ B remarkably (P < 0.05 vs. OGD) (Fig. 4).

Fig. 4 Effects of OGD, curcumin and p38 inhibitor on phosphorylation of proteins in intracellular NF-κB signaling pathway. Expressions of NF-κB p65 and p-IκB were detected by western blots, and β-actin was used as a control (a). Bar graph represents semi-quantitative densitometry from Western blot analysis (b). **P* < 0.05 vs. control group, #*P* < 0.05 vs. OGD group



Discussion

Previous studies have demonstrated that curcumin has a neuroprotective effect on cerebral ischemic models in vitro and in vivo [5–7, 9]. However, the effects of curcumin on BMECs in terms of inflammation have not yet been described. Curcumin is known to exert its anti-inflammatory activity in various cell lines [12–16]. Consistently, the results of the present study indicate that curcumin may have anti-inflammatory effects on OGD-injured BMECs via inhibition of MAPK, and NF-κB pathways in the setting of stroke and ischemic cerebrovascular diseases.

BMECs, the essential cells that contribute to the function of the BBB, are important responsive and regulatory components of cerebral inflammation induced by OGD and have also been proved to generate inflammatory cytokines, such as TNF-α and IL-1β, which have been demonstrated to mediate ischemic cerebral injury [17, 18]. In the present study, we investigated the effects of curcumin against ischemia-like injury in the BMECs. The results showed that curcumin significantly ameliorated the LDH release after OGD, indicating its protective effects on the ischemia. The effect of curcumin on the secretion of key inflammatory cytokine IL-1β was then investigated, and the results showed that the increased protein and mRNA levels of IL-1β induced by OGD were significantly decreased after the treatment of curcumin.

Accumulated data suggest that MAPKs signaling pathways positively regulate the production of inflammatory molecules [19]. The MAPKs have been shown to be up-

regulated after cerebra ischemia [20, 21], and recent studies have revealed that inhibition of p38 and/or JNK MAPK pathways can improve the outcome of ischemic brain injury by improving neural cell survival directly or indirectly, including the inhibition of inflammatory cytokines [22–26]. In this study, increased activation of p38 and JNK was observed in BMECs after OGD, and the curcumin treatment significantly decreased their activation. Meanwhile, p38 MAPK inhibitor was able to decrease IL-1β secretion in BMECs induced by OGD, whereas JNK inhibitor failed to do so. These results indicate that the inhibition of p38 MAPK signaling pathway is one of the mechanisms that underlying curcumin’s inhibitory effect on the inflammatory cytokines.

In resting states, NF-κB, is primarily located in the cytoplasm and bound to inhibitors of κB (IκB), while under stimulation, NF-κB translocates to the nucleus and regulates the transcription of genes, including those coding for the inflammatory molecules [27]. Previous reports showed that NF-κB was activated in cerebral ischemia, and curcumin was also able to inhibit inflammatory processes through the NF-κB signaling pathway [28]. The results from the present study showed that NF-κB specific inhibitor PDTC significantly prohibited the OGD-induced IL-1β elevation, which suggests that OGD-induced IL-1β increase may dependent on the NF-κB signaling pathway. Furthermore, NF-κB activation was significantly increased in OGD-induced BMECs as evidenced by increased expression of NF-κB p65 and p-IκB, whereas curcumin treatment inhibited the activation of NF-κB after

OGD significantly. These results indicate that the inhibitory effect of curcumin on the OGD-induced IL-1 β elevation is also dependent on the NF- κ B activation. Moreover, p38 inhibitor attenuated the NF- κ B activation after OGD significantly, which suggests that OGD-induced NF- κ B activation may dependent on p38 activation and this result is in consistent with previous studies conducted in other cell lines under different stimuli [28–31].

In conclusion, curcumin may protect BMECs injury induced by OGD via anti-inflammation through the inhibition of MAPK and NF- κ B signaling pathways. Curcumin may serve as a promising anti-inflammatory agent and therefore be a candidate for the treatment of cerebral ischemic diseases.

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