

Does a Trawl Ban Benefit Commercially Important Decapoda and Stomatopoda in Hong Kong?

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ABSTRACT

Crustaceans were among the most valuable fishery resources in Hong Kong. However, the unrestricted and intensive use of different fishing gears, especially bottom trawling, has led to the depletion of commercially important crustaceans in Hong Kong since the 1980s. This study investigated whether commercial crustaceans recovered after the implementation of a permanent Hong Kong-wide trawl ban that began on December 31, 2012. Standardized field surveys were conducted using a commercial shrimp trawler at two sites in eastern and western waters of Hong Kong before (2004) and after the trawl ban (2013-2014 and 2015-2016) and two sites in southern waters after the trawl ban. Diversity, mean size, abundance, biomass and level of disturbance of commercial crustaceans from the three periods were investigated. The

eastern waters exhibited an increased diversity of crustacean assemblages in Inner Tolo, and a higher abundance and biomass of crabs were detected in Outer Tolo after the trawl ban. Reduced disturbance, higher diversity in crustacean assemblages and greater abundance and biomass of predatory crabs were observed after the trawl ban in the outer estuary of western waters, and increased abundance and biomass of shrimp were detected in the inner estuary of western waters. No temporal or negative changes were detected in the southeast and southern waters of Lamma Island. The various responses of crustacean assemblages in Hong Kong waters revealed the critical role of complex interactions among multiple stresses, such as ongoing reclamation works, illegal trawling activities and increased fishing efforts using other (legal) fishing methods.

Key words: trawl closures; recovery; biodiversity; coastal ecosystem; invertebrate assemblage; South China Sea.

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HIGHLIGHTS

- The Hong Kong SAR Government implemented a trawling ban on December 31, 2012.
- Initial signs of recovery were detected in eastern and western waters of Hong Kong.
- Site-specific responses to the ban were observed and linked to multiple stressors.

Introduction

Overexploitation of predatory fishes and restrictions on their targeting fish species have led fishermen to increasingly target invertebrates in recent decades (Pauly and others 1998; Anderson and others 2011; Eddy and others 2017). Invertebrate catches have expanded to more than 10 million tons per year globally since the 1950s (Eddy and others 2017). Among marine invertebrate fisheries, crustaceans have been the most highly-valued group since the 1970s, reaching approximately 3000 USD per ton in the 1990s (Swartz and others 2013). In particular, shrimp globally accounted for the largest part of internationally traded fishery products based on total value (approximately 15% in 2012; FAO 2014). Among the internationally traded shrimp products, approximately 60% come from wild-caught fisheries (up to 3.4 million ton per year), with Asia as the highest yield area (Gillett 2008). Crustaceans also play an important economic role in human society and serve multiple roles as predators, herbivores, detritivores and filter feeders in marine benthic ecosystems (Anderson and others 2011). Thus, they have diverse effects on other functional groups and energy flows in the system (Eddy and others 2017).

Hong Kong's fishery resources have undergone intensive and unrestricted exploitation since the 1950s (Cheung and Sadovy 2004). Large predatory species were depleted by the 1970s, resulting in shifts in ecosystem structure, with small fishes and invertebrates forming the bulk of organisms present. Increased demand and wholesale prices of invertebrates, especially shrimp, led to increased fishing for crustaceans in local waters (Cheung and Sadovy 2004; Cheung 2015). Annual crustacean landings from Hong Kong waters peaked at 2084 tons in 1979, but declined to approximately 500 tons from 1997 onward (Cheung, 2015). Four commercially important crustacean species (Metapenaeopsis barbata, Metapenaeopsis palmensis, Oratosquilla anomala and Oratosquilla oratoria) were fully exploited in Hong Kong waters. Previous stock

assessments conducted in the 1990s indicated that fishing mortality rates of these species had already exceeded the optimum level for sustainable production since the late 1970s (Pitcher and others 1998). These depletions in crustacean resources were primarily attributed to the dramatic increase in fishing efforts using bottom trawlers, which accounted for 80% of the engine power of the total fishing effort in Hong Kong (Morton 2011). In addition to the overexploitation of adults of commercial species, juveniles and a variety of noncommercial species were also caught by bottom trawlers (Sadovy 1998; Munga and others 2012). This nonselective fishing method reduced local biodiversity and caused serious destruction to benthic habitats in other parts of the world, and therefore, trawling was considered one of the most destructive fishing methods to benthic marine ecosystems (Kaiser and Spencer 1996; Tillin and others 2006; van Denderen and others 2014). To promote recovery of the seabed and associated fishery resources, the Government of the Hong Kong Special Administrative Region (HKSAR) implemented a permanent, territory-wide ban on all trawling activities on December 31, 2012 (AFCD

The effects of the implementation of trawl bans on commercial fishery resources have varied in different areas around the world. In the Scotian Shelf of Canada, the Georges Bank of the USA and the Gulf of Castellammare of Italy, several commercially important benthic fauna exhibited increased abundance and biomass after a trawl ban (Murawski and others 2000; Pipitone and others 2000; Hermsen and others 2003). Increases in catches were recorded in Indonesia and Kenya within 2 years of a trawl ban but subsequently declined due to further heavy exploitation by illegal trawling and other legal, nontrawling fishing gears (Buchary 1999; Munga and others 2012; Swaleh and others 2015). However, no positive change in abundance or biomass was reported in St. Andrews Bay or near the Offshore Wind Farm Egmond aan Zee (OWEZ), where all kinds of trawling activities were banned (Defew and others 2012; Bergman and others 2015). These varying responses to trawl bans demonstrate the effects of regional-scale drivers, such as intrinsic ecosystem structure, the effectiveness of trawl ban enforcement and the prevalence of other legal fishing efforts, in constraining ecosystem recoveries.

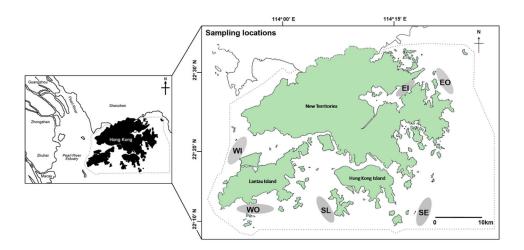
The present study aimed to investigate whether the abundance, biomass, diversity, level of disturbances and mean size of commercially important crustacean assemblages in Hong Kong waters would increase in the short term (3.5 years) after the implementation of a trawl ban. The trawl ban was expected to decrease disturbances and reduce fishing pressure on benthic ecosystems. Therefore, we hypothesized that after the trawl ban, (1) the level of disturbance on crustacean assemblage would decrease, (2) the abundance and biomass of commercially important crustacean species and predatory carnivorous crustaceans would increase and (3) the diversity, as measured by species richness and Shannon's diversity index, and mean sizes of the crustacean assemblages would increase.

MATERIALS AND METHODS

Field Sampling

Sampling was conducted at two eastern sites (Inner Tolo Channel = EI, Outer Tolo = EO), two southern sites (Southeast Water = SE, Southern Lamma Island = SL), and two western sites (Inner Estuary = WI, Outer Estuary = WO) $(22^{\circ} 09' \text{ N}-22^{\circ} 31')$ N, 113° 51′ E–114° 23′ E; Figure 1). The western waters of Hong Kong are influenced by the freshwater discharge from the Pearl River and have low salinity and high levels of suspended solids. The eastern waters are more oceanic and influenced by ocean currents from the Western Pacific Ocean and South China Sea, with high salinity and low levels of suspended solids. The southern waters of Hong Kong are a transitional zone where there is a mixing of freshwater from the west and oceanic water from the south and east (Morton and Morton 1983; Morton 1996; Ng and others 2016).

A scientific research permit (R1710007) for trawling was issued by the Director of Agriculture, Fisheries and Conservation Department, which enabled us to conduct the sampling using a commercial shrimp trawler after the trawl ban. Two transects were trawled at each site per survey using the commercial shrimp trawler during the day. Along each transect, the trawler (beam size: 2 m; stretched mesh size: 2 cm) with a 15-m outrigger and ten nets towed for 30 min at a speed of 5-7 km/h and covered a total trawled area of 0.0375-0.0525 km² per transect. In total, 49 months of surveys were conducted from December 2003 to May 2016 in the three waters (49 months in eastern and western waters starting from December 2003, and 32 months in southern waters starting from August 2012). The details of sampling months in each water zone are described in Table S1. All Decapoda and Stomatopoda specimens were returned to the laboratory and identified at the species level whenever possible (Lui and others 2007). All commercially important crustaceans were identified and counted, and body wet weights for individuals of each species were measured to the nearest 0.01 g using an electronic balance (HA-622 N, Yamada). The abundance and biomass of crustacean assemblages in each transect for each survey were standardized to individuals (ind.)/km² for abundance and kg/km² for biomass by Equation (1):



203x103mm (300 x 300 DPI)

Figure 1. Sampling locations of benthic crustaceans in the marine environment of Hong Kong. Inner Tolo Channel (EI), Outer Tolo (EO), Southeast Water (SE), Southern Lamma Island (SL), Outer Estuary (WO) and Inner Estuary (WI).

where the beam width was 2 meters for each net, the number of nets was 10 and trawl distance (km) was recorded during each trawl survey using a handheld GPS device (GPSMAP-62S, Garmin).

Data Analysis

Comparison of Assemblage Structure Using Multivariate Analysis

Nonmetric multidimensional scaling ordination (nMDS) plots based on the Bray-Curtis similarity matrix were constructed to visualize spatial and interannual variations in the commercially important crustacean assemblages. Prior to calculation of the Euclidean distance dissimilarity matrix, the abundance and biomass data were $\log_{10}(x + \min(M)/10)$ transformed, where x is the raw value of abundance or biomass and M is the smallest abundance or biomass value observed from the field surveys. As significantly spatial differences in commercially important crustacean assemblages were detected in a previous study (Lui and others 2007) and the present study (Figure S1), interannual differences in commercially important crustacean assemblage structure from the three periods, that are, January 2004 to December 2004 (2004; before the trawl ban), June 2013 to May 2014 (2013–2014; after the trawl ban), and June 2015 to May 2016 (2015–2016; after the trawl ban) were analyzed for each eastern and western site. Due to the limited data before the trawl ban in southern waters (SE and SL), yearly comparisons were only carried out between 2013-2014 and 2015–2016. To assess the effects of the trawl ban, a one-way permutation-based multivariate analysis of variance test (PERMANOVA; Year: fixed) was conducted to investigate interannual differences in the crustacean assemblage structure for eastern and western waters (Anderson and others 2008). The same analysis was applied to investigate the yearly variations of crustacean assemblage structure in southern waters. Prior to running the PERMANO-VA, permutational tests of the homogeneity of multivariate dispersions (PERMDISP) were performed to check the homogeneity of the data. If significantly yearly differences were detected by the PERMANOVA, pairwise comparisons were subsequently conducted to identify which pairs of years were significantly different. Similarity percentages analysis (SIMPER) was performed to distinguish which species contributed to most of the differences between years in each site. All multivariate analyses were carried out using the PRIMER 6.1.5 package in PERMANOVA+ (Clarke and Gorley 2006).

Comparison of Assemblage Annual Variations Using Univariate Analysis

Interannual differences in the total abundance and biomass of commercially important crustaceans among the three surveyed years in eastern (EI and EO) and western waters (WI and WO) and between the two surveyed years in southern waters (SE and SL) were investigated at each site using Wilcoxon signed-rank test using month as the paired sample unit due to the nonnormal distribution and heterogeneous variances in the original and transformed data. Bonferroni corrections were performed to adjust the statistical significance for multiple tests in the eastern and western waters when inferring an overall difference before and after the trawl ban (Rice 1989). To test the effect of the trawl ban on different functional groups in each site, Wilcoxon signed-rank tests were used for the abundance and biomass of the three grouped taxa, namely crabs, mantis shrimp and shrimp. Specifically, species in commercially important crab and mantis shrimp groups are carnivores, and shrimp species are categorized as omnivores (Table S2).

The mean weight of the crustacean assemblage was calculated per transect per month as the total biomass of all species divided by the total abundance of individuals captured (Dulvy and others 2004; Nicholson and Jennings 2004). The diversity of the commercially important crustacean species is expressed as species richness (S) and exponential of Shannon's diversity index (EXP H') (Gray 2000) by estimating these indices for each transect in each month. The levels of disturbance on crustacean assemblages were identified using Warwick statistic (W, Clarke 1990), which was derived from the abundance biomass curves (ABC) proposed by Warwick (1986). W has values that range between - 1 and 1. W close to 1 indicates an undisturbed ecosystem that supports high biodiversity and is dominated, in terms of biomass, by K-selected species, and W close to -1 represents a disturbed ecosystem that only supports a low total biomass, with a higher abundance of smaller individuals (Clarke 1990). Wilcoxon tests, followed by Bonferroni corrections, were used on the above four indices to determine the effect of the trawl ban at each site separately. All univariate analyses were conducted under the R environment (R version 3.3.2), and all figures were constructed using the "ggplot" package (Wickham 2009) of the R environment (R Core Team 2016).

Notably, because all waters of Hong Kong had been trawled by fishing vessels in the past (AFCD 2006; Figures S2–S5 in Supplementary Informa-

tion), it was not possible to assign a control site (that is, an area without trawling) for this study. This limitation restricted the experimental design to a before-and-after comparison without a control. We investigated the effects of the trawl ban on crustacean resources collected from eastern (EI and EO) and western waters (WI and WO) before and after the trawl ban. However, due to limited data before the trawl ban in southern waters (SE and SL), only yearly comparisons between 2013–2014 and 2015-2016 were investigated in this zone. Our results revealed an initial recovery trend in eastern and western waters, if any, and provide essential baseline data for long-term studies on spatiotemporal changes in the crustacean resources in the marine environment of Hong Kong.

RESULTS

A total of 22 decapod and nine stomatopod species of commercial importance were recorded during the entire study period. Temporal trends of the abundance, biomass and species richness of the crustaceans collected in the eastern, southern and western waters of Hong Kong are shown in Figure 2. Although there were high temporal variations in each of these parameters, increases in the biomass of total crustaceans were apparent after the trawl ban in western waters (Figure 2B).

Comparison of Interannual Assemblage Structure Changes Using Multivariate Analyses

Based on the nMDS plots of abundance and biomass data, clear separations in the crustacean assemblage structure among different years were observed in EI, EO, SL, WI and WO (Figures S6–S7). The PERMANOVA results also confirmed that the crustacean assemblage structures were significantly different among years in these five sites (Tables S3–S4). Pairwise comparisons showed that the assemblage structure differed among all investigated years in the above five sites (except 2013–2014 vs. 2015–2016 comparison in WI; Tables S3–S4).

Comparison of Interannual Variations Using Univariate Analysis

Interannual Variations in the Abundance and Biomass in Each Site

Interannual variations in the abundance and biomass in each of the six sites were observed in different taxonomic groups (that is, crabs, mantis

shrimp and shrimp) (Figure 3; results of Wilcoxon test are shown in Tables S5-S6). In EI, significantly higher abundance and biomass of predatory crabs were recorded in 2013-2014 than in 2004 (Figure 3A, G), which were ascribed to increases in the abundance and biomass of predatory crustaceans, namely Charybdis feriatus, Miyakella nepa, Portunus pelagicus/trituberculatus and a higher abundance of P. sanguinolentus (Figure S8). There was a significantly higher abundance of predatory crabs in EO after the trawl ban (Figure 3B), which was largely attributed to three carnivorous species, P. pelagicus/ trituberculatus and P. sanguinolentus (Figure S9). Significant interannual differences were also observed in predatory crabs and total crustacean biomass, with higher values recorded in 2013-2014 2004 (Figure 3H), which was attributable to the three Portunus species.

No significant yearly differences were detected in SE in all four crustacean groups (Figure 3C, I), but there were significantly lower abundance and biomass of mantis shrimp and lower biomass of shrimp and total crustaceans in 2015–2016 in SL compared to 2013–2014 (Figure 3D, J). The abundance and biomass of the predatory mantis shrimp, *M. nepa* and *Oratosquilla oratoria*, decreased sharply in 2015–2016 in SL, but seven out of the nine omnivorous shrimp species decreased in biomass in 2015–2016 (Figure S10).

The abundance and biomass of predatory crabs, including *C. feriatus*, *P. pelagicus/trituberculatus* and *P. sanguinolentus* (Figure S11), increased significantly in WO after the trawl ban (Figure 3E, K). However, the abundance and biomass of shrimp increased from 2004 to 2013–2014 but declined in 2015–2016. In contrast, the abundance of predatory mantis shrimp decreased significantly in 2015–2016 compared to 2004, which was largely due to a decrease in the abundance of *Oratosquilla oratoria* and *Oratosquillina interrupta* (Figure S11).

The biomass of predatory crabs in WI decreased significantly in 2015–2016, but shrimp showed a significantly higher abundance and biomass after the trawl ban (Figure 3F, I) due to a drastic increase in *M. affinis* (Figure S12).

Interannual Variations in Size, Biodiversity and Levels of Disturbance Indices in Each Site

The mean weight (MW), species richness (S), exponential of Shannon's diversity index (EXP H') and Warwick statistics (W) are shown in Figure 4, and the Wilcoxon test results for these parameters are presented in Table S7. EXP H' and W increased significantly after the trawl ban in EI. Similar

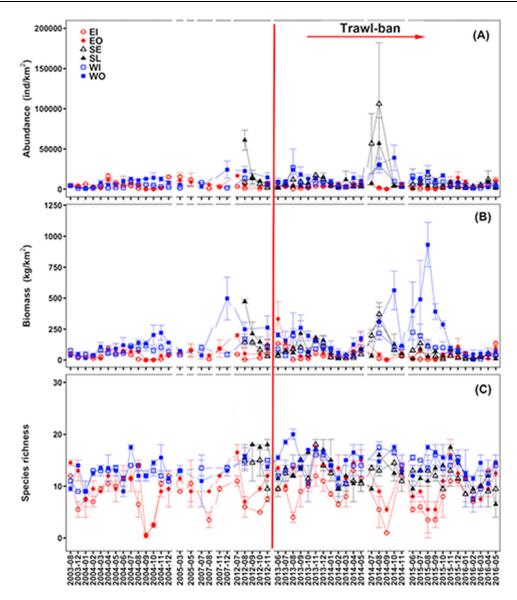


Figure 2. Monthly (**A**) abundance, (**B**) biomass and (**C**) species richness of all commercially important benthic crustaceans (mean \pm SEM) in EI, EO, SE, SL, WO, and WI of Hong Kong collected between August 2003 and May 2016. No data were available for SE and SL before 2012. Site abbreviations are described as: Inner Tolo Channel (EI), Outer Tolo (EO), Southeast Water (SE), Southern Lamma Island (SL), Outer Estuary (WO) and Inner Estuary (WI).

findings were recorded in EO, with significantly higher S, EXP H' and W value recorded in 2013–2014. SE did not show any significant temporal changes in the four parameters, but SL exhibited significant decreases in these parameters in 2015–2016. Improved crustacean assemblages were found in WO, with significant increases in MW, higher biodiversity indices and W value in 2015–2016. However, a significant decrease in MW was recorded in WI in 2015–2016, and no temporal differences in the other three indices were detected.

DISCUSSION

After the banning of trawling activities, various degrees of recovery in fishery resources in previously overexploited and destructed ecosystem were reported worldwide via the measurement of various biological attributes and responses (Pipitone and others 2000; Munga and others 2012; Bergman and others 2015). Based on the results of the Ecopath and Ecosim model, Sumaila and others (2007) predicted that the biomass of benthic crustaceans would increase rapidly five years after the implementation of trawl ban in Hong Kong waters. Our

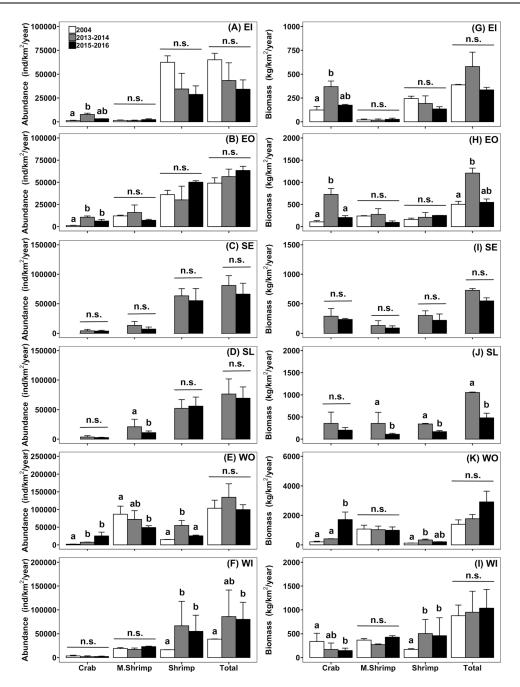


Figure 3. Temporal comparisons of mean (+ SEM) abundance (left panel; **A–F**) and biomass (right panel; **G–L**) of total crustacean, crab, mantis shrimp and shrimp species collected from the three surveyed years in EI, EO, SE, SL, WO and WI of Hong Kong. M. Shrimp represents mantis shrimp. No data were available for SE and SL in 2004. Significant differences between years are indicated by a and b, whereas no significantly difference between 3 years was marked with n.s. Site abbreviations are described as: Inner Tolo Channel (EI), Outer Tolo (EO), Southeast Water (SE), southern Lamma Island (SL), Outer Estuary (WO) and Inner Estuary (WI).

study used univariate and multivariate statistical analyses which demonstrated that the trawl ban contributed to ecosystem recoveries in eastern and western waters in the short term (3.5 years postban). Similarly, increases in the biomass and production of fishes and invertebrates were observed

in Georges Bank after exclusion of fishing activities for 6 years, and a higher abundance and larger size of legal-sized lobsters were reported in Lundy Island after the establishment of a no take zone for 4 years (Murawski and others 2000; Hermsen and others 2003). Consistent with Lester and others

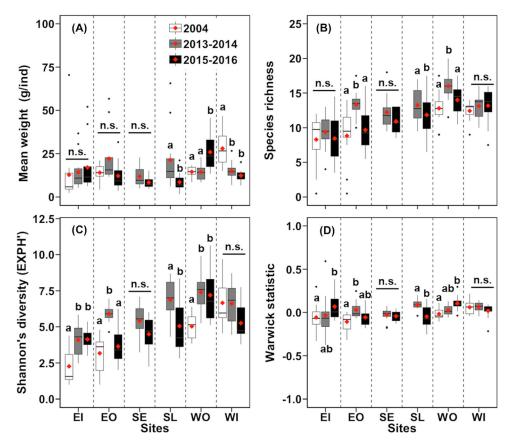


Figure 4. Mean weight (MW; **A**; mean + SEM), species richness (S; **B**; mean + SEM), exponential of Shannon's diversity index (EXP *H*'; **C**; mean + SEM) and Warwick statistic (*W*; **D**; mean + SEM) of commercial crustaceans collected from the three surveyed years in EI, EO, SE, SL, WO, and WI of Hong Kong. Black bar in the box indicates the median, and red diamond represents the mean of value per site per year. No data were available for SE and SL in 2004. Significant differences between years are indicated by a and b, while no significant difference between 3 years was marked with n.s. Site abbreviations are described as: Inner Tolo Channel (EI), Outer Tolo (EO), Southeast Water (SE), Southern Lamma Island (SL), Outer estuary (WO) and Inner estuary (WI).

	Studied sites					
	Eastern waters		Southern waters		Western waters	
Confounding factors	EI	EO	SE	SL	wo	WI
Actions and legislation to improve the water quality						
Increases in purse seiner fishing efforts						
Illegal trawling						
Sea urchin blooms						
Increases in predatory fishes						
large-scale reclamation activities						
	The overall trends of crustacean assemblage					
	Signs of recovery		No change	Decline	Signs of recovery	Uncertair

Figure 5. Confounding factors that may affect the effectiveness of the trawl ban and the overall trend of crustacean assemblage in each site after the trawl ban (based on the current results). Green color represents the factor might have positive effects on the crustacean assemblage; red color represents the factor might have negative effects on the crustacean assemblage, whereas grey color represents the factor did not have an effect on the crustacean assemblage. Site abbreviations are described as: Inner Tolo Channel (EI), Outer Tolo (EO), Southeast Water (SE), Southern Lamma Island (SL), Outer Estuary (WO) and Inner Estuary (WI).

(2009), the present study demonstrated strong variations in crustacean assemblage recovery spatially and across functional and taxonomic groups. These findings are summarized in Figure 5 and suggest initial signs of improvement in eastern waters (EI and EO) and WO, with positive changes in most indicators, but the recovery condition is uncertain in WI, with positive and negative changes in different indicators. No changes or negative situations were recorded in southern water (SE and SL) in 2015–2016 compared with 2013–2014. These variations could be attributed to a number of factors, including biological interactions, variations in pollution status, large-scale construction works, the effectiveness of enforcement of the trawl ban and the regulation of fishing pressure from nontrawling gears (Figure 5; Hutchings 2000; Lotze and others 2011; Hiddink and others 2017; Sciberras and others 2018; Tao and others 2018).

Eastern Water Zone: Inner Tolo Channel (EI) and Outer Tolo (EO)

The marine ecosystem of the Tolo area was substantially degraded due to reclamation, polluted surface runoff from livestock farms in Tai Po and sewage discharge from an increasing population during the 1970s–1980s (Xu and others 2006), which produced regular hypoxia events each summer (Lee and Arega 1999; Lai and others 2016). Overexploited by a variety of fishing gear, fishery grounds and stocks in the Tolo and Mirs Bay areas have experienced a dramatic degradation since 1970s (Pitcher and others 2000; Xu and others 2006; Lai and others 2016).

To rehabilitate these deteriorated and impoverished marine ecosystems, a series of actions and legislation were undertaken, such as restriction on the direct release of wastewater into Tolo Harbour in 1987 (DSD 2015), exportation of sewage effluent from Tai Po and Sha Tin sewage treatment plants for discharge in the Victoria Harbour in 1998 (that is, Tolo Harbour Effluent Export Scheme), construction of sewer systems and the collection of wastewater from village houses in Tai Po for treatment in recent years (DSD 2019). These control measures remarkably improved the water quality with reduced total nitrogen and increased dissolved oxygen in bottom waters, although red tides still frequently occur in the Tolo area on an annual basis (EPD, 2018). However, our findings indicated that the abundance and biomass of carnivorous crabs, such as Portunus pelagicus, P. trituberculatus and P. sanguinolentus, were low despite the relatively higher DO that was recorded in 2004

(Figures S13-S14). This finding suggests that fishing activities in the Tolo area, which were as severe as trawling several times a day per square meter (Pitcher and others 2000), imposed high pressures on the crustaceans therein. Nonetheless, the trawl ban in Hong Kong waters should alleviate the fishing pressures on the benthic marine fauna community (Murawski and others 2000; Grift and others 2004) and improve the environmental conditions by reducing the probabilities of (1) churning up sediment that resuspends and releases sedimentary nitrogen into the water column, which could trigger undesirable algal blooms (Pilskaln and others 1998) and (2) shifting the surface metazoan-microbial aerobic condition into an anaerobic and turbid condition, which hampers the growth of benthos larvae, such as scallops (Yamamoto 1960; Jones 1992). With the trawl ban policy in place, it was not surprising that our study found that the abundance and biomass of carnivorous crabs, such as P. pelagicus, P. trituberculatus and P. sanguinolentus, increased significantly in EI and EO waters after the trawl ban (Figures S11-S12). These increases were attributable to a large number of individuals of Portunus carbs in EI and EO being detected during May-July and November-January of 2013-2014 and 2015-2016 (Figures \$13-\$14), which suggests decreased fishing pressure after the trawl ban.

Our study found that the crustacean composition and dominant species in eastern waters changed after the implementation of the trawl ban, which is consistent with the findings of Hermsen and others (2003). The reduction of the dominant, small-sized and omnivorous shrimp species Metapenaeopsis sp. may have been the result of elevated competition pressure from increases in other penaeid species, such as Metapenaeus affinis, Penaeus latisulcatus and Parapenaeopsis tenella, and elevated predation pressure from increased predators (for example, the carnivorous Portunus crabs in our study and predatory fishes in Mak 2017) after the trawl ban. The decreases in small-sized species combined with the increases in predatory crabs contributed to the lower level of disturbance (higher W values) after the trawl ban. Coupled with increased biodiversity (EXP H'), the overall increase in these indicators (Figure 5) suggests that the ecosystem status in eastern waters improved after the trawl ban.

Southern Water Zone: Southeast Water (SE) and Southern Lamma Island (SL)

This study failed to uncover any increases in the investigated indicators in southern waters in 2015–

2016. The lack of changes in any indicators in SE and decreases in most indicators in SL were likely linked to increases in other legal, nontrawling fishing gear after the trawl ban. However, the trawl ban policy provoked fishers into expanding their use of other legal, nontrawling fishing gear (for example, purse seine fishing, gill netting and cage trapping; AFCD 2018), which were observed more frequently during our field work after the trawl ban. There was a significant increase in fishing efforts in southern waters that operated with purse seines at night during 2013-2014, as reflected by the preliminary results of the satellite image analysis (Tao and others unpubl. data). There was also anecdotal evidence from local fishermen who claimed that they earned approximately 1.5 times more income using purse seine fishing in southern waters after the trawl ban (KMY Leung, per. commun.). These increases in legal fishing activities also compromised the positive effects of trawl bans elsewhere (Bailey 1997; Buchary 1999; Sweeting and others 2009; Mullowney and others 2012; Munga and others 2012; Swaleh and others 2015). In addition to expanding the use of nontrawling fishing gear and activities, illegal trawling, which was a notable issue in Indonesia after the trawl ban (Chong and others 1987), may be a confounding factor hindering the recovery process in the southern waters of Hong Kong (AFCD 2016).

The crustacean assemblages in SE and SL may be partially controlled by the strong biological interactions resulting from massive sea urchin blooms (primarily Temnopleuridae: *Temnopleurus* sp.) at southern sites after the trawl ban due to the lack of constant bottom trawling to remove them (González-Irusta and others 2014; Wong 2016). Sea urchin blooms substantially reduce food and space availabilities to other marine benthos, and it may have suspended the recovery of fish communities after the trawl ban in southern waters (Mak 2017).

Western Water Zone: Outer Estuary (WO) and Inner Estuary (WI)

Our study observed a higher diversity (increased EXP H') of crustacean assemblages in WO, which followed our expectation after implementation of the trawl ban (Babcock and others 1999; Worm and others 2006; Lotze and others 2011). Heath and Speirs (2011) found that the species evenness of the demersal fish community increased quickly after a seasonal trawl ban in the Firth of Clyde in southwest Scotland. Similarly, a higher Shannon–Wiener diversity index of the benthic community was reported in the Offshore Wind Farm Egmond

aan Zee (OWEZ) 5 years after the trawl ban despite insignificant changes in the abundance and biomass of benthic organisms (Bergman and others 2015). The present study detected a general increasing trend in the total biomass of crustaceans in WO 3.5 years after the trawl ban, which is consistent with the findings of Hermsen and others (2003) who found an increased production of benthic megafauna after 5 years of closure to all bottom fishing gear. The increase in the W value was marked in the WO after the trawl ban, which suggests decreased disturbances and a shifting of the crustacean assemblage that was initially dominated by a few small-sized species to a status dominated by a few large-sized species (Clarke and Warwick 1994). These increases were primarily attributed to an expansion of predatory crabs, which subsequently elevated the mean size of crustacean assemblages in the WO and were expected to increase under low fishing pressure (Worm and others 2009). Similar patterns were observed in fish communities with increases in the abundance and biomass of fish, especially large, predatory fish, after a trawl ban (Mak 2017; Tao and others 2018).

Nevertheless, the results observed in the WI were somewhat different from the WO. There were significant increases in total crustaceans in the WI. particularly shrimp, after the trawl ban. The increased abundance and biomass of omnivorous shrimp were largely attributed to Metapenaeus affinis, which have a short life span (Leena and Deshmukh 2009) and high market value (Holthuis 1980). A similar increase in the production of omnivorous invertebrates was reported in the Georges Bank of North America, with a higher production of sea urchins (Strongylocentrotus droebachiensis), 6 years after a trawl ban (Hermsen and others 2003). Commercial scallop (*Placopecten mag*ellanicus) stocks also benefited from 4 years of the closure of fishing activities, with a 15-fold increase in commercial-sized sea scallops (Murawski and others 2000). However, the biomass of predatory crabs decreased significantly after the trawl ban in the present study, which may be attributed to the increased abundance and biomass of predatory fishes in WI, which imposed strong competition among these species (Mak 2017). These responses are in agreement with the findings of Hoskin and others (2011) who documented that the abundance of the velvet crab Necora puber decreased in the No Take Zone (NTZ) of Lundy Island in the UK after a 4-year closure and was suppressed by the increased abundance of the lobster Homarus gam*marus*. Other than the biological factors that hinder recovery, there are a number of ongoing local disturbances to the benthic marine communities in the western waters of Hong Kong, including illegal trawling (AFCD 2016), large-scale reclamation activities associated with the construction of the Hong Kong-Zhuhai-Macau Bridge and the Third Runway System at the Hong Kong International Airport and busy marine traffic (Highway Department 2015; HKIA 2015; Lai and others 2016). These construction works, which involve reclamation of a large area of the seabed (for example, 650 ha for the Third Runway), remove benthic habitats, occasionally release contaminants from the seabed and generate noise, which impose major threats to local marine biodiversity and likely hinder the ecosystem recovery brought by the trawl ban (Lotze and others 2006; Liu 2013).

Previous studies on the effects of closure to trawling and/or all fishing activities suggested that management interventions may be more efficacious in tropical ecosystems than temperate regions. As species living in tropics tend to have short life spans, fast growth rates and mature at a younger age than temperate species, ecosystem recoveries are expected to be faster in tropical than temperate regions (McConnell and Lowe-McConnell 1987; Link and others 2011; Breen and others 2015: Kincaid and Rose 2017). Our study is consistent with the above findings and demonstrated positive responses in crustacean assemblages after 3.5 years of the trawl ban in eastern and western waters of subtropical Hong Kong. These positive responses in the short term are consistent with previous meta-analysis findings (Hiddink and others 2017; Sciberras and others 2018) and empirical studies (Hermsen and others 2003; Hoskin and others 2011; Bergman and others 2015), which denoted post-trawling recovery times that ranged from a few months to 6.4 years. However, the current study also demonstrated that the effects of the trawl ban were spatially variable, which indicates the important role of regional-scale processes, such as large-scale construction works, biotic interaction in driving the recoveries of marine benthic community and the effectiveness of law enforcement and fisheries management. Therefore, long-term monitoring across multiple regions within the territory is needed to further evaluate the effectiveness of the trawl ban in the long run.

CONCLUSION

The present study observed site-specific responses to the trawl ban on commercially important crustacean assemblages in Hong Kong waters. Signs of

improvement in these crustaceans were detected in eastern and western waters of Hong Kong after 3.5 years of the trawl ban. No yearly differences or decreased trends were recorded in the southern waters between the two investigated years after the trawl ban. These spatial variations in the response to the ban are likely attributable to differences in the food-web structure, anthropogenic disturbances, fishing pressure using legal methods and ongoing construction works across sites. The current results only represent short-term responses of the trawl ban, and long-term studies are essential to ascertain the full recovery and understand the extent of the recovery. To better understand changes in the food-web structures and functioning, we advocate the use of other techniques, such as stable isotope analysis and mass-balance-based modeling approaches (for example, Ecopath and Ecosim (Pauly and others 2000)), for more comprehensive assessments of ecosystem responses to the management interventions (that is, the trawl ban) and the presence of anthropogenic disturbances.

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Compliance with Ethical Standards

Conflict of interest The authors declare that they have no competing interests.

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