

A new sensor architecture based on carbon Printex 6L to the electrochemical determination of ranitidine

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Received: 15 October 2015 / Revised: 24 January 2016 / Accepted: 27 January 2016 / Published online: 10 February 2016
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Abstract A glassy carbon electrode (GCE) modified with carbon Printex 6L (Printex6L/GCE) as a novel sensor is proposed. A morphological study was carried out using scanning electron microscopy, and an electrochemical characterization of the proposed electrode was performed by cyclic voltammetry (CV) using $[\text{Fe}(\text{CN})_6]^{4-}$ as a redox probe. With the incorporation of the carbon Printex 6L film onto the GCE surface, the $[\text{Fe}(\text{CN})_6]^{4-}$ analytical signal was substantially increased and the difference between the oxidation and reduction potentials (ΔE_p) decreased, a characteristic of the electrocatalytic effect. Furthermore, the use of carbon Printex 6L film resulted in an 84 % increase in the oxidation current and a 123 % increase in the reduction current. Faster charge transfer was observed at the proposed electrode/electrolyte interface during CV when compared with GCE. The Printex6L/GCE was tested for ranitidine (RNT) sensing and showed a decrease in the working potential and an increase in the analytical signal, when compared with GCE, again demonstrating an electrocatalytic effect. Under optimized experimental conditions, the developed square-wave adsorptive anodic stripping

voltammetry (SWAdASV) method presented an analytical curve that was linear in RNT concentration range from 1.98×10^{-6} to 2.88×10^{-5} mol L⁻¹ with a detection limit of 2.44×10^{-7} mol L⁻¹. The developed Printex6L/GCE was successfully applied to the determination of RNT concentrations in human body fluid samples (urine and serum).

Keywords Carbon black · Carbon Printex 6L · Ranitidine determination · Biological samples · Urine · Human serum

Introduction

Several carbon-based materials, including graphite [1, 2], carbon nanofibers [3, 4], carbon nanotubes [5–7], fullerenes [8, 9], graphene [10], diamond-doped boron [11, 12], nanodiamonds [13, 14], and carbon black (CB) [15–22], have been studied for use in the development of electrochemical sensors. Among these carbon materials, CB is often incorrectly called soot. In 2001, Watson and Valberg [23] reported the physical and chemical differences between these compounds and demonstrated that soot has a heterogeneous composition, containing large fractions of organic carbon, while CB consists of small fine particles composed mainly of elemental carbon with low amounts of organic and inorganic surface compounds [23–27]. CB is produced by partial combustion or thermal decomposition of gaseous or liquid hydrocarbons under controlled conditions. Changes in the synthesis conditions can produce a variety of CB with different properties, such as surface area, conductivity, size, and particle structure [23–27].

CB material is widely used in research involving fuel cells [28–30], lithium-ion batteries [31–33], and oxygen reduction reactions [34–38]. Positive, reliable results have been reported in some studies employing CB as an electrochemical sensor

Electronic supplementary material The online version of this article (doi:10.1007/s10008-016-3143-5) contains supplementary material, which is available to authorized users.

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[39–41]. Recently, Vicentini et al. [15] studied the behavior of CB (Vulcan-X) and observed a significant improvement in the analytical signal for determining acetaminophen and dopamine concentrations when compared with GCE and edge-plane pyrolytic graphite electrode.

A screen-printed electrode (SPE) modified with CB and Au nanoparticle (AuNP) composite was studied by Arduini et al. [42]. In this work, the authors presented, for the first time, the electrocatalytic effectiveness of AuNPs–CB modified SPE (AuNP–CB–SPE) in electrochemical processes involving different electroactive species, namely, glucose, hydrogen peroxide, hydroquinone (HQ), and ascorbic acid (AA).

The synthetic compound ranitidine (RNT) (Fig. 1) plays a significant role in the secretion inhibition of histamine H₂ receptors from parietal cells. This compound is widely used for the treatment of ulcers in stomach and duodenum in addition to treating other conditions such as indigestion and heartburn [43, 44].

Several analytical methods for determining RNT in pharmaceutical formulations and biological fluids, such as high-performance liquid chromatography with UV detection [45, 46], near-infrared spectroscopy [47, 48], spectrophotometry UV–Vis [49, 50], and electroanalytical methods [51–58], have been reported. Some of these techniques make use of large volumes of organic solvents that are often toxic. Other techniques involve many steps prior to the final analysis or the development of modified electrodes which require complicated and time-consuming preparation. Moreover, the use of mercury electrodes has been replaced due to environmental concerns.

Thus, in the present work, we have developed a GCE modified with CB (carbon Printex 6L) as a new sensor architecture (Printex6L/GCE) to be used for the electrochemical determination of RNT in biological samples using square-wave adsorptive anodic stripping voltammetry (SWAdASV).

Experimental

Reagents and solutions

Carbon Printex 6L was purchased from Evonik Degussa Brazil Ltda. The stock solution of 1.00×10^{-2} mol L⁻¹ RNT (Sigma-Aldrich) was prepared daily in water, and for dilutions, the chosen supporting electrolyte was used. All reagents used were of analytical grade. The solutions were prepared using ultrapure water of resistivity not less than 18 MΩ cm obtained with a Millipore Milli-Q system.

Synthetic urine samples were prepared according to Laube et al. and containing most of the potential interferents that are present in real samples [59]. The components used for preparation of synthetic urine were NaCl, KCl, CaCl₂·2H₂O,

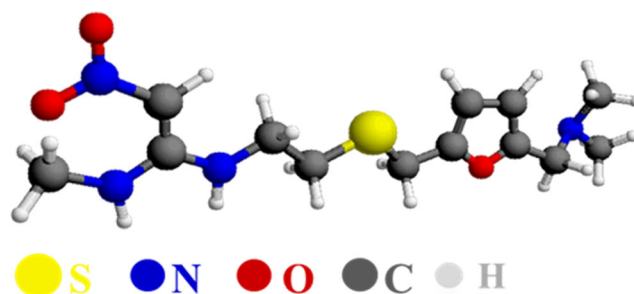


Fig. 1 Molecular structure of ranitidine

Na₂SO₄, KH₂PO₄, NH₄Cl, urea, and water. This solution was used immediately after its preparation.

The synthetic human serum sample was prepared as described by Parham and Zargar [60] with the following composition: NaCl, NaHCO₃, glycine, tryptophan, tyrosine, serine, phenylalanine, lysine, histidine, aspartic acid, arginine, alanine, and water. This solution also was used immediately after its preparation. The synthetic samples were spiked with two different concentrations of RNT, and 200 μL aliquots of each sample were added to the electrochemical cell containing the supporting electrolyte for the measurement.

Preparation of the Printex6L/GCE

The GCE was carefully polished with alumina on a polishing cloth and rinsed thoroughly with ultrapure water. It was then sonicated in isopropyl alcohol followed by ultrapure water, for 5 min each, and then dried at room temperature (25 ± 1 °C).

The carbon Printex 6L suspension was prepared by adding 1.0 mg of carbon Printex 6L to 1.0 mL of water, and the mixture was sonicated for 30 min to give a black dispersion. Next, 8 μL of that dispersion was dropped onto the surface of the clean GCE and the solvent was evaporated at 25 °C for 2 h to give the proposed modified GCE, Printex6L/GCE.

Apparatus

All electrochemical measurements were carried out using a μAutolab potentiostat/galvanostat (EcoChemie BV) controlled with the GPES 4.9 software. For the measurements, a three-electrode cell system (volume of 10 mL) was used, with a modified GCE as the working electrode ($\varnothing = 3$ mm), a platinum plate as the counter electrode, and an Ag/AgCl (3.0 mol L⁻¹ KCl) electrode as the reference electrode, to which all electrode potentials hereinafter are referred. The square-wave voltammograms were baseline-corrected by the moving average method and smoothed with a Savicky and Golay algorithm using the GPES 4.9 software.

The film morphology was characterized by scanning electron microscopy (SEM) with a Supra 35-VP microscope (Carl Zeiss, Germany) and electron beam energy of 25 keV.

Analytical procedure

The Printex6L/GCE was electrochemically characterized using the $[\text{Fe}(\text{CN})_6]^{4-}$ probe in 0.1 mol L^{-1} KCl and cyclic voltammetry (CV).

Impedance spectroscopy (EIS) measurements were carried out at the formal potential of the $[\text{Fe}(\text{CN})_6]^{4-}$ redox probe, from 10 mHz to 100 kHz (10 points per decade) and with a 10 mV (r.m.s.) ac perturbation, for a 1.0 mmol L^{-1} $[\text{Fe}(\text{CN})_6]^{4-}$ in 0.1 mol L^{-1} KCl solution.

The parameters that influence the SWAdASV techniques, such as pre-concentration potential and time, were evaluated and optimized. Analytical curves were constructed by the addition of different concentrations of the RNT standard solutions. The detection limit was calculated as three times the standard deviation for the blank solution ($n = 10$) divided by the slope of the analytical curve. The RNT concentration of each biological sample was determined in triplicate by interpolation in the analytical curve previously obtained.

Results and discussion

Scanning electron microscopy

Figure 2 presents a SEM image of carbon Printex 6L on the GCE surface at a magnification of $200,000\times$. This figure demonstrates that the carbonaceous material is present as beads with dimensions from 30 to 65 nm. Moreover, the carbon Printex 6L formed a homogeneous film and was uniformly distributed on the GCE surface.

Characterization of Printex6L/GCE

Initially, the GCE and Printex6L/GCE were characterized electrochemically using the redox $[\text{Fe}(\text{CN})_6]^{4-}$ as a probe. Figure 3 presents the cyclic voltammograms for a $1.0 \times 10^{-4} \text{ mol L}^{-1}$ $[\text{Fe}(\text{CN})_6]^{4-}$ solution in 0.1 mol L^{-1} KCl employing the GCE and Printex6L/GCE. As can be seen, a well-defined pair of redox peaks with a peak separation (ΔE_p) of approximately 252 and 56 mV (vs. Ag/AgCl (3.0 mol L^{-1} KCl)) was obtained for GCE and Printex6L/GCE, respectively. The probe showed a reversible behavior [61] when the Printex6L/GCE was used, which indicates that the proposed electrode promotes a rapid electron transfer. Moreover, the Printex6L/GCE (Fig. 3, red line) provided higher anodic and cathodic current peaks ($I_{pa} = 5.97 \mu\text{A}$ and $I_{pc} = -7.08 \mu\text{A}$) than the GCE (Fig. 3, black line, $I_{pa} = 3.24 \mu\text{A}$ and $I_{pc} = -3.17 \mu\text{A}$).

The carbon Printex 6L formed a highly conductive film on the GCE surface and the proposed film provided an increase in the electrode electroactive area, as presented below. Applying the Randles–Sevcik equation (Eq. 1) [61], the electroactive

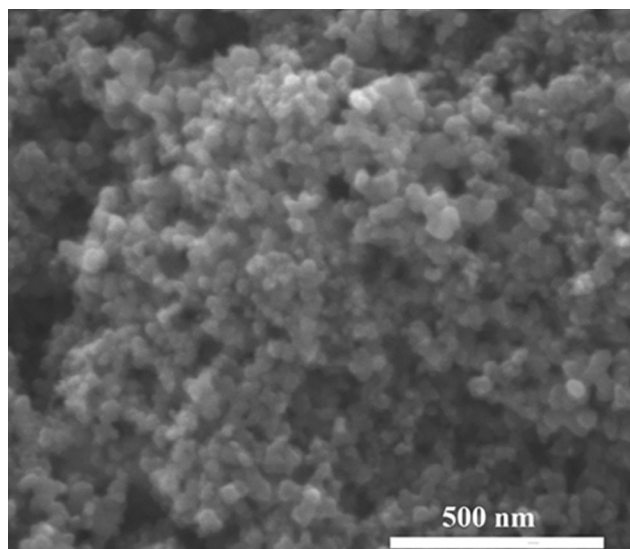


Fig. 2 SEM image of carbon Printex 6L film on the GCE surface at $200,000\times$

areas of GCE and Printex6L/GCE were estimated using cyclic voltammetry, which varied the scan rate potential from 10 to 500 mV s^{-1} (see Fig. S1a, b, in the supplementary data), for a $4.76 \times 10^{-4} \text{ mol L}^{-1}$ $[\text{Fe}(\text{CN})_6]^{4-}$ in 0.1 mol L^{-1} KCl solution:

$$I_p = \pm 2.69 \times 10^5 n^{3/2} A D^{1/2} C v^{1/2} \quad (1)$$

where I_p is the anodic or cathodic peak current (A), n is the number of electrons involved in the redox process, A is the electroactive surface area (cm^2), D is the diffusion coefficient of $[\text{Fe}(\text{CN})_6]^{4-}$ ($7.60 \times 10^{-6} \text{ cm}^2 \text{ s}^{-1}$) [61], C is the concentration of $[\text{Fe}(\text{CN})_6]^{4-}$ in bulk solution ($4.76 \times 10^{-7} \text{ mol cm}^{-3}$), and v is the potential scan rate (V s^{-1}). The slopes of I_p versus $v^{1/2}$ for the anodic process (see Fig. S1a, b insets, in the

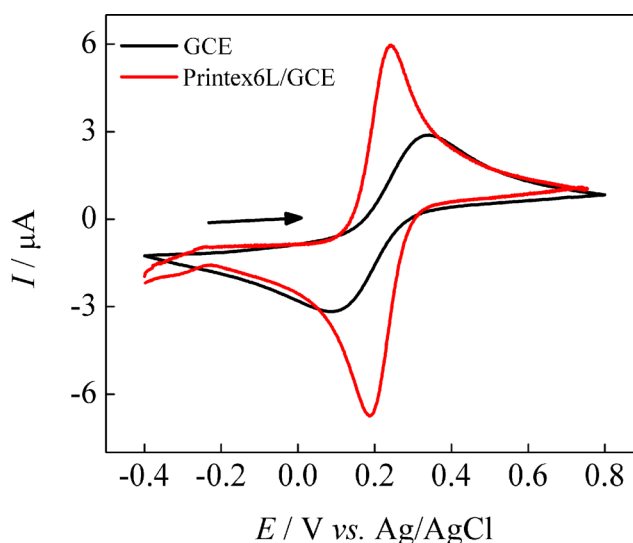


Fig. 3 Cyclic voltammograms for $1.0 \times 10^{-4} \text{ mol L}^{-1}$ $[\text{Fe}(\text{CN})_6]^{4-}$ in 0.1 mol L^{-1} KCl solution using the GCE (black line) and Printex6L/GCE (red line). $v = 50 \text{ mV s}^{-1}$

supplementary data) were 1.69×10^{-5} and $2.77 \times 10^{-5} \text{ A s}^{1/2} \text{ V}^{-1/2}$ for GCE and Printex6L/GCE, respectively. The calculated electroactive areas were 0.048 cm^2 for GCE and 0.079 cm^2 for Printex6L/GCE; thus, the carbon Printex6L increased the area by a factor of 1.6 over GCE.

Furthermore, to evaluate the ability of the proposed electrode to transfer electrons, the heterogeneous electron transfer rate constant (k^0) was calculated for the GCE and the Printex6L/GCE using the Nicholson equation [62] for quasi-reversible systems controlled by diffusion:

$$\psi = k^0 [\pi D n \nu F / (R T)]^{-1/2} \quad (2)$$

where ψ is a kinetic parameter, k^0 is the heterogeneous electron transfer rate constant (cm s^{-1}), π is the mathematical constant (3.1415), D is the diffusion coefficient of $[\text{Fe}(\text{CN})_6]^{4-}$ ($7.60 \times 10^{-6} \text{ cm}^2 \text{ s}^{-1}$), n is the number of electrons involved in the redox process, ν is the potential scan rate (V s^{-1}), F is the Faraday constant ($96,485 \text{ C mol}^{-1}$), R is the Universal gas constant ($8.314 \text{ J K}^{-1} \text{ mol}^{-1}$), and T is the thermodynamic temperature (298.15 K).

The ψ values were calculated by the Lavagnini equation [63], which relates the potential scan rate with a ΔE_p value:

$$\psi = (-0.6288 + 0.0021 \Delta E_p) / (1 - 0.017 \Delta E_p) \quad (3)$$

So, the calculated k^0 was $6.55 \times 10^{-4} \text{ cm s}^{-1}$ for GCE and $1.21 \times 10^{-1} \text{ cm s}^{-1}$ for Printex6L/GCE, a 185 times increase for the proposed electrode, indicating a significant improvement in the electron transfer rate on the Printex6L/GCE. This can be attributed to the higher electrical conductivity provided by the carbon Printex 6L.

Additionally, the GCE and Printex6L/GCE were also characterized by EIS using a $1.0 \times 10^{-3} \text{ mol L}^{-1} [\text{Fe}(\text{CN})_6]^{4-}$ solution prepared in $0.1 \text{ mol L}^{-1} \text{ KCl}$. Figure 4 shows the resulting Nyquist plots for GCE and Printex6L/GCE. The catalytic properties of the electrode/electrolyte interface are responsible for the obtained values of charge transfer resistance.

Analyzing the impedance spectra (Fig. 4, red line) for GCE, we observed a well-defined semi-circle at higher frequencies, which decreases substantially for Printex6L/GCE (Fig. 4, black line). This behavior is evidence that the electron transfer resistance decreased dramatically when Printex6L/GCE was used, which can result in greatly improved electron transfer on the electrode surface.

The excellent conductivity of carbon Printex 6L decreases the resistance in the electrode/solution system [64]. The quantity of oxygen atoms in the carbon Printex 6L provides a larger number of active sites on the electrode surface for analyte adsorption which can be related to the decrease in resistance [65]. These results also are in agreement with our calculated k^0 values, using CV, and demonstrated that the carbon Printex 6L film was successfully adhered to the GCE surface.

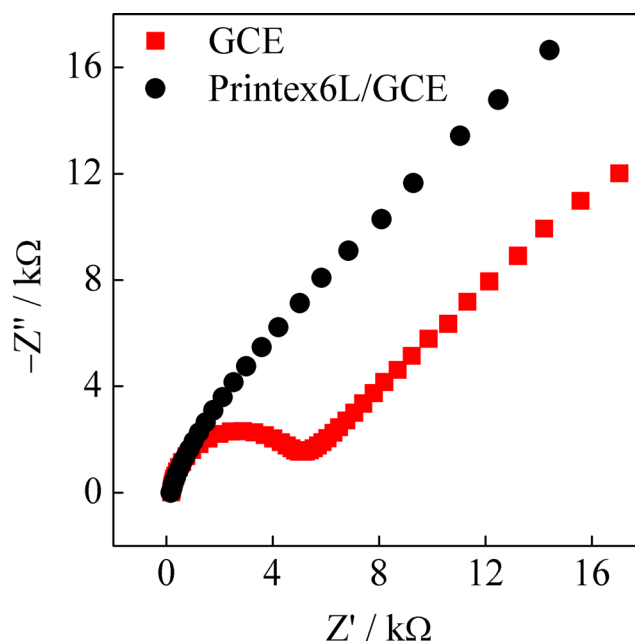


Fig. 4 Nyquist plots of (red squares) GCE and (black circles) Printex6L/GCE. The measurements were performed in $0.1 \text{ mol L}^{-1} \text{ KCl}$ solution containing $1.0 \times 10^{-3} \text{ mol L}^{-1}$ of the redox couple $[\text{Fe}(\text{CN})_6]^{4-}$ in a frequency range from 0.01 Hz to 100 kHz

Electrochemical oxidation of RNT on the Printex6L/GCE

Characterization of the electrochemical behavior of the RNT at the Printex6L/GCE was carried out by CV in 0.2 mol L^{-1} phosphate buffer (pH 4.5). As demonstrated in Fig. 5, an anodic peak was obtained at $+0.98 \text{ V}$ for the Printex6L/GCE in the presence of $9.90 \times 10^{-5} \text{ mol L}^{-1}$ RNT solution. No reduction peak was observed, indicating an irreversible oxidation process for the RNT at the electrode surface. Using the same experimental conditions, the electrochemical response for RNT on a GCE was also evaluated (Fig. 5). The GCE presented an anodic peak for RNT oxidation at $+1.14 \text{ V}$.

Comparing the results, it is possible to observe an increase in the analytical signal from $1.5 \mu\text{A}$ for GCE to $16.5 \mu\text{A}$ when the Printex6L/GCE was used. Moreover, there was a negative shift of 160 mV in the anodic peak potential when the Printex6L/GCE was employed, indicating an electrocatalytic effect of carbon Printex 6L on the RNT oxidation, which demonstrates a great ability for RNT detection.

Effect of scan rate

The effect of the scan rate on the electrochemical response of the RNT at the Printex6L/GCE was carried out by cyclic voltammetry in 0.2 mol L^{-1} phosphate buffer (pH 4.5). For this, CV assays were carried out at different scan rate potentials (from 10 to 500 mV s^{-1}) in the presence of $9.90 \times 10^{-5} \text{ mol L}^{-1}$ RNT to evaluate RNT oxidation.

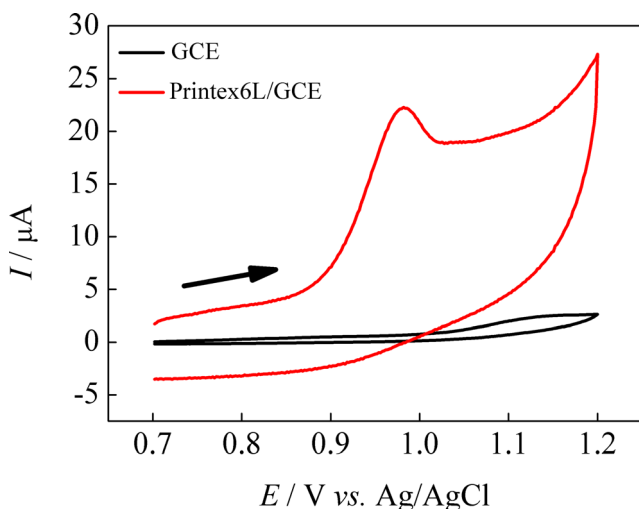


Fig. 5 Cyclic voltammograms for a 9.90×10^{-5} mol L⁻¹ RNT in 0.2 mol L⁻¹ phosphate buffer (pH 4.5) solution, using the GCE (black line) and the Printex6L/GCE (red line). $\nu = 50$ mV s⁻¹

There was a shift in the anodic peak potentials with increasing scan rate potentials (data not shown). A linear relationship ($r = 0.989$) was obtained between the logarithm of the oxidation peak current ($\log I_p$) and the logarithm of the scan rate ($\log \nu$), with a slope of 0.76. According to previous studies [66, 67], this value indicates that the RNT oxidation process on the Printex6L/GCE surface can be controlled for both process, diffusion or adsorption of the species, i.e., there is a mixing process, since the obtained value is between 0.5 (diffusion-controlled process) and 1.0 (adsorption-controlled process).

In order to better understand the RNT oxidation onto Printex6L/GCE surface, plots were constructed between the anodic peak current (I_{ap}) and the scan rate potential (ν) and between the anodic peak current (I_{ap}) and the square root of the scan rate ($\nu^{1/2}$). According the cyclic voltammetry theory, a linear relationship between I_{ap} versus ν suggests an adsorption-controlled process. On the other hand, a linear relationship between I_{ap} versus $\nu^{1/2}$ characterizes a diffusion-controlled process [66, 67]. The RNT oxidation process using the proposed electrode presented a linear relationship by the dependence of I_{ap} versus ν , according to the regression equation (Eq. 4) showing the prevalence of an adsorption-controlled process:

$$I_{ap} = 2.0 \pm (0.4) \times 10^{-6} + [5.5 \pm (0.1) \times 10^{-5}] \times (\nu); r = 0.996 \quad (4)$$

This behavior was also observed by Xi and Ming [58] in a recent publication.

Effect of the supporting electrolyte and pH

The effects of the pH and the composition of the supporting electrolyte on the electrochemical determination of RNT using the Printex6L/GCE were investigated. Initially, the effect of

pH was evaluated in the range from 3.5 to 8.0 in 0.2 mol L⁻¹ phosphate buffer solution by SWAdASV, for a 2.97×10^{-5} mol L⁻¹ RNT solution. The highest analytical signal and better peak definition were obtained at pH 4.5, so this pH was selected for further experiments.

The composition of the supporting electrolyte was also evaluated using phosphate, acetate, and Britton–Robinson buffer solutions all fixed at pH 4.5. The highest analytical signal and better shape for the anodic peak current were observed for the phosphate buffer solution, which was employed for further experiments.

Effect of pre-concentration potential and time

The study of pre-concentration potential on the oxidation peak current of the Printex6L/GCE was assessed for a 2.97×10^{-5} mol L⁻¹ RNT solution in 0.2 mol L⁻¹ phosphate buffer (pH 4.5), in the range from -0.5 to 0.9 V with a pre-concentration time of 120 s. The anodic peak current increased up to 0.3 V when the pre-concentration potential was varied from -0.5 to 0.3 V (see Fig. S2a in the supplementary data). However, this pre-concentration potential was not reproducible, so a pre-concentration potential of 0.5 V, which presented better repeatability and a good voltammetric profile, was utilized for further studies.

Beyond that, the effect of pre-concentration time was also evaluated in the range from 20 to 180 s. The anodic peak current increased up to 120 s, and for longer times remained practically constant (see Fig. S2b in the supplementary data). After 2 min, there was a maximum of saturation by the RNT molecules on the Printex6L/GCE surface. Thus, for the RNT pre-concentration step, we selected a pre-concentration potential of 0.5 V and a pre-concentration time of 120 s.

Optimization of parameters and analytical curve

The SWAdASV parameters, square-wave frequency (f), pulse amplitude (a), and scan increment (ΔE_s) were optimized for a 9.90×10^{-6} mol L⁻¹ RNT solution in 0.2 mol L⁻¹ phosphate buffer (pH 4.5). The studied ranges were $10 \text{ Hz} \leq f \leq 70 \text{ Hz}$, $10 \text{ mV} \leq a \leq 180 \text{ mV}$, and $1.0 \text{ mV} \leq \Delta E_s \leq 10 \text{ mV}$. The values were selected ($f = 30 \text{ Hz}$, $a = 120 \text{ mV}$, and $\Delta E_s = 5.0 \text{ mV}$), taking into account repeatability, baseline stability, accuracy, and magnitude of analytical signal onto the Printex6L/GCE for RNT determination.

After optimization of the SWAdASV parameters, the analytical curve for RNT using the Printex6L/GCE was carried out by adding, in the electrochemical cell, successive aliquots of RNT concentrations ranging from 1.98×10^{-6} to 2.88×10^{-5} mol L⁻¹, and the obtained SW voltammograms are shown in Fig. 6. The analytical curve (Fig. 6, inset) showed a linear concentration range with the following linear

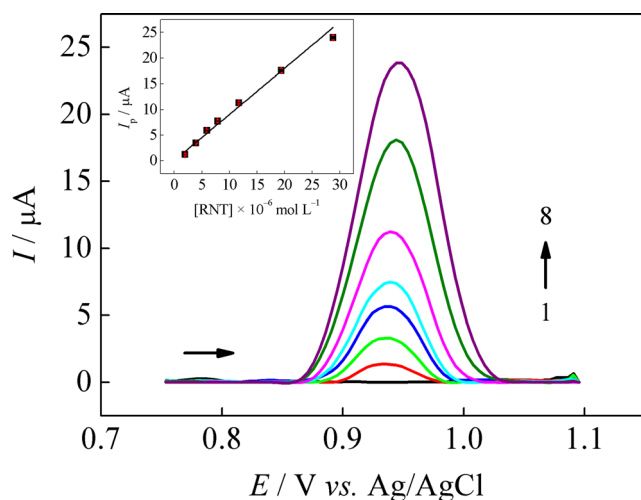


Fig. 6 SW voltammetric curves at a Printex6L/GCE for different concentrations of RNT in 0.2 mol L⁻¹ phosphate buffer (pH 4.5): (1) blank, (2) 1.98, (3) 3.94, (4) 5.91, (5) 7.86, (6) 11.7, (7) 19.4, and (8) 28.8 × 10⁻⁶ mol L⁻¹. SWAdASV parameters: $f = 30$ Hz, $a = 120$ mV, $\Delta E_s = 5$ mV. *Inset*: Corresponding analytical curve

regression equation: I_p (μA) = $5.9 \pm (0.9) \times 10^{-8} + 0.84 \pm (0.01)$ [RNT] (× 10⁻⁶ mol L⁻¹); $r = 0.993$ with a detection limit of 2.44×10^{-7} mol L⁻¹ (calculated as described in experimental section).

Table 1 presents the analytical parameters of the proposed method compared with other electroanalytical procedures reported in the literature. The proposed Printex6L/GCE presented a detection limit lower than those reported for some other RNT sensors [54, 55, 57], while it was similar to the sensor proposed by Ming and Xi [58] yet higher than that reported by some others [52, 53, 56]. However, the sensors developed by Norouzi et al. [53] and Rezaei et al. [56] employed modified electrodes and are complicated and time-consuming to prepare. Moreover, the procedure reported by Malagutti and Mazo [52] used a mercury electrode, which has since been replaced because of environmental issues. In addition, the

Table 1 Comparison of the analytical parameters obtained using the Printex6L/GCE and other sensors for the determination of RNT

Electrode	Technique	Linear range (mol L ⁻¹)	Detection limit (mol L ⁻¹)	Reference
Au/UME	FIA-Voltammetric	1.71×10^{-10} to 1.34×10^{-7}	7.12×10^{-11}	[48]
Graphene/GCE	LSV	3.00×10^{-7} to 1.00×10^{-4}	1.00×10^{-7}	[53]
GCE	FIA-Amperometric	1.00×10^{-6} to 2.00×10^{-5}	6.00×10^{-7}	[49]
AuNP-MIP-MWCNT/PGE	SWV	5.00×10^{-8} to 2.00×10^{-6}	2.00×10^{-8}	[51]
[VO(salen)]/CPE	LSV	9.90×10^{-5} to 1.00×10^{-3}	6.60×10^{-5}	[50]
HMDE	SWV	9.90×10^{-6} to 9.09×10^{-5}	3.50×10^{-8}	[47]
HMDE	DPAdSV	2.60×10^{-9} to 1.27×10^{-5}	–	[46]
HMDE	CV	3.58×10^{-6} to 1.50×10^{-3}	1.07×10^{-6}	[52]
Printex6L/GCE	SWAdASV	1.98×10^{-6} to 2.88×10^{-5}	2.44×10^{-7}	This work

UME ultramicroelectrode, FIA flow injection analysis, LSV linear sweep voltammetry, AuNP gold nanoparticle, MIP molecularly imprinted polymer, MWCNT multi-walled carbon nanotube, PGE pencil graphite electrode, SWV square-wave voltammetry, CPE carbon paste electrode, HMDE hanging mercury drop electrode, DPAdSV differential pulse adsorptive stripping voltammetry, CV cyclic voltammetry

Table 2 RNT concentrations in urine and serum samples as determined by SWAdASV

Samples ^a	RNT (× 10 ⁻⁶ mol L ⁻¹)		Recovery (%)
	Added	Found	
Urine	6.0	5.7 ± 0.4	95.0
	10	10.6 ± 0.2	106
Serum	6.0	5.5 ± 0.2	91.7
	10	9.2 ± 0.3	92.0

^a $n = 3$

here-proposed sensor does not require a prior modification step and is easy to prepare.

The intra-day repeatability ($n = 10$) of one Printex6L/GCE was investigated for two different levels of RNT solution (3.98×10^{-6} and 1.19×10^{-5} mol L⁻¹) in 0.2 mol L⁻¹ phosphate buffer (pH 4.5). Relative standard deviations (RSDs) of 4.27 and 4.33 % were obtained, respectively, indicating a good stability of the proposed film. In addition, the repeatability of the preparation of three different Printex6L/GCE was evaluated from the SWAdASV measurements for a 3.98×10^{-6} mol L⁻¹ RNT in 0.2 mol L⁻¹ phosphate buffer solution (pH 4.5). A RSD of 3.55 % was obtained, showing a high repeatability of the electrode fabrication that is related to the ease preparation of the Printex6L/GCE.

Determination of RNT in human body fluid samples

Finally, the determination of RNT in human body fluid samples (urine and serum) was performed using the proposed method and the Printex6L/GCE. Table 2 presents the results for the analysis of recovery percentage in the samples. The Printex6L/GCE provided an accurate response for RNT, even in the presence of the complex matrices, with recoveries that

ranged from 91.7 to 106 %. Furthermore, electrode fouling/response attenuation was not detected in the complex matrices, demonstrating the potential application of this method for the determination of RNT in biological samples.

Conclusions

In this study, the carbon Printex 6L was immobilized in GCE and this new proposed electrode was applied for RNT determination in biological samples using a SWAdASV method. The incorporation of the carbon Printex 6L film on the GCE surface produced an increase in the analytical signal for the redox $[\text{Fe}(\text{CN})_6]^{4-}$ probe and a decrease in the oxidation and reduction potentials when compared with GCE. Thereafter, faster charge transfer was observed at the proposed electrode/electrolyte interface during CV when compared with GCE.

The Printex6L/GCE presented an electrocatalytic effect on RNT oxidation, leading to a reduction in the working potential and increasing the analytical signal when compared to the GCE. The proposed sensor was applied to the determination of RNT by SWAdASV in the range from 1.98×10^{-6} to $2.88 \times 10^{-5} \text{ mol L}^{-1}$ with a detection limit of $2.44 \times 10^{-7} \text{ mol L}^{-1}$.

Intra- and inter-day repeatability studies showed excellent stability of the carbon Printex 6L film. Furthermore, the proposed SWAdASV method was used for RNT determination in spiked human body fluid samples (urine and serum) with satisfactory recoveries, indicating the promising potential applications of Printex6L/GCE in evaluating biological samples.

Acknowledgments The authors are grateful to the following Brazilian funding agencies, FAPESP (Proc. 2013/16770-0 and 2014/03019-7), CNPq (561071/2010-1), and CAPES, for financial support and scholarships.

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