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Controlled synthesis and electrochemical application of skein-shaped NiO nanostructures

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Abstract A simple, economical and mild solution chemistry method was used to synthesize diverse nickel oxide (NiO) nanostructures employing methionine as a growth-directing agent. The as-synthesized NiO nanostructures were observed to possess a unique skein-shape morphology with uniform spherical distribution. The NiO nanoskein (NiO NSk) formation was extensively studied using X-ray diffraction (XRD), X-ray photoelectron microscopy (XPS), scanning electron microscopy (SEM) and Fourier transform infrared (FTIR) techniques, respectively. The unique NiO NSks exhibited better electrocatalytic activity towards glucose oxidation in alkaline media, enabling the development of a highly sensitive non-enzymatic glucose sensor. The observed analytical properties included high sensitivity (1915 μ A mM⁻¹ cm⁻²), wide linear range (0.1–5.0 mM), low detection limit (0.7 μ M), higher stability and reproducibility. Moreover, the sensor is selective in the presence of interfering species such as ascorbic acid (AA), uric acid (UA) and dopamine (DP) during the non-enzymatic glucose sensing. The worthy-of-notice electrocatalytic activity

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Department of Science and Technology, Linkoping University, Campus Norrkoping, SE-60174 Norrkoping, Sweden and economical feasible preparation of NiO NSk-shaped electroactive material for direct glucose-sensing applications make the present study of high interest for the fabrication of low-cost devices. A NiO NSk-based glucose sensor has also been employed for glucose determination in human serum with adequate results, suggesting high potential for the routine monitoring of glucose from biotechnology, clinical and food industry samples.

Keywords NiO nanostructures · Cyclic voltammetry · Enzyme-free glucose sensor

Introduction

The study of metal oxides has attracted the attention of material scientists due to their optical, electrical, magnetic and catalytic properties, which make them technologically beneficial [1]. Currently, considerable interest in nanocrystalline oxide materials exists owing to their unusual properties. Decreasing particle size and fabricating unique morphologies result in some remarkable electronic phenomena [2]. For example, Li et al. reported the fabrication of NiO hollow nanospheres and its electrocatalytic potential towards amperometric sensing [3]. Similarly, Umar et al. prepared polyhedral nanocages of MgO, which were determined to be an effective electrode material in bio-sensing of glucose [4], and very recently, Chen et al. and Yi et al. prepared novel Co₃O₄/PbO₂ core-shell nanorod arrays and nickel oxidecarbon nanotube hybrid nanobelts, respectively, and examined their electrochemical capability towards enzyme-free glucose determination [5, 6]. At present, various metal oxides like NiO [7, 8], Co₃O₄ [9], RuO₂ [10], and MnO₂ [11] are being heavily investigated due to their small size, high surface-to-volume ratio, better crystalline quality and Debye length relative to their dimensions. Among these metal oxides,

NiO nanostructures particularly are believed to possess electrocatalytic response besides the simplicity offered in their growth procedures [12–14]. Interestingly, most properties of metal oxides including electrochemical behaviour are largely influenced by their morphological features [15]. Thus, obtaining an attractive morphology with efficient properties besides their application in sensing technology is an important task to explore. Due to such consideration, a great deal of interest is growing towards the employment of various biocompatible templates to obtain more morphologically unique and special nanostructures contemporary to conventional structures of metal oxides. In addition to the growthdirecting capability, bio-templates enable controlled synthesis, high reliability and consistence in synthesis, as a consequence of which the development of a robust and stable sensor system can be assured. Thus, fabrication routes for such morphologically unique-shaped nanostructures which are efficient in improving the sensitivity and selectivity of sensors, particularly bio sensors, need to be extensively explored [16].

As the determination and monitoring of glucose is gaining high interest regardless of its practice in routine analysis, today's scientific research has thus very much focused its attention towards portable, convenient and cost-effective glucose sensors [17, 18]. Especially in the case of diabetic patients, the regular, fast and precise monitoring of glucose concentration is essential in order to ensure effective treatment and prevention of sudden diabetic shock during the critical conditions (blood glucose level higher or lower than the physiological value (4.4-6.6 mM)) [19]. Hence, there is an increasing need for the development of miniaturized, economic, handy sensitive, precise and fast glucose sensors/ biosensors [20]. In this regard, various techniques have been proposed and applied for the quantification of glucose including infrared spectroscopy, Raman spectroscopy, photoacoustic spectroscopy [21-23], surface plasmon resonance biosensor [24], capacitive determination [25], electrochemiluminescence [26] and colorimetric biosensor [27]. However, the electrochemical technique is considered to be more useful with advantages like easy miniaturization of devices [28, 29].

There are two kinds of electrochemical glucose sensors, glucose oxidase enzyme-based biosensors and enzyme-free glucose sensors [30]. The enzyme-based glucose biosensors are highly selective, sensitive, quick and reproducible. However, such sensors, besides being expensive, are accompanied by disadvantages like chemical and thermal instabilities which reduce their analytical usage [31]. In order to overcome these disadvantages, a lot of work has been devoted for the direct measurement of glucose concentrations by developing enzyme-free glucose sensors. Such sensors have been fabricated using various metals including Pt [8], Au [32], Cu [33] and bimetallic-like Pt–Pb [34], Pt–Te [35], etc., but the high cost, weak selectivity and instability of such sensors make them an unsuitable candidate from the perspective of practical usage. Such drawbacks of enzyme-free glucose sensors based on metals have been removed by the advancement in the field of nanotechnology and different electrode nanomaterials including well-ordered Pt nanotubes [36], Pt nanoparticles [37], Pt–Ru nanoparticles [38], Ni-Pd nanoparticles [39], nanoporous Pt–Pb [40], Pt–Pb nanowires [41] and threedimensional Au films which have been successfully used to modify the electrodes. The aforementioned reports clearly indicate the significance and requirement for the investigation of cost-effective materials for the purpose of sensing.

Although several attempts have been published regarding the fabrication of NiO nanostructures [42], there still remains much interest in designing simpler, inexpensive, consistent and more versatile fabrication routes to produce unique NiO nanostructures and to study their structure-dependent electrochemical properties. Keeping this in mind, the present study is focused on the synthesis of new and novel nanostructures of NiO, obtained via assistance of methionine (an amino acid) used as a bio-template. The prepared skein-shaped morphological features of NiO demonstrated extremely high potential for stimulating electronic communication during electrocatalytic oxidation of glucose, which facilitated the development of a sensitive, selective, robust, economic and stable nonenzymatic glucose sensor. The reliability of the developed sensor for routine glucose analysis was evaluated by precise determination of glucose from human blood sera.

Experimental

Chemicals and reagents

Analytical-grade nickel nitrate hexahydrate (Ni(NO₃)₂·6H₂O), methionine (HO₂CCHCH₂CH₂SCH₃), 33 % ammonia (NH₃), D-glucose (C₆H₁₂O₆), dopamine (C₈H₁₁NO₂), ascorbic acid (C₆H₈O₆), uric acid (C₅H₄N₄O₃) and sodium hydroxide (NaOH) were purchased from Sigma-Aldrich. Nafion, 1.0 %, was prepared in isopropanol (Merck), while other stock solutions were prepared using Milli-Q water.

Apparatus and electrochemical measurements

Material characterization was carried out using scanning electron microscopy (SEM) model JSM 6380 of Jeol, Japan. X-ray diffraction (XRD) pattern was recorded by model D-8 of Bruker using CuK α radiation (λ =1.54050 Å) and (2 θ) scale range of 30 to 80°. The Fourier transform infrared (FTIR) study was performed by model Nicolet 5700 of Thermo, after incorporating the air-dried sample in a solid-state KBr disc. The X-ray photoelectron microscopy (XPS) experiment was performed by an ESCA200 spectrometer in ultrahigh vacuum using a base pressure of 10⁻¹⁰ mbar. The measurement chamber was associated with a monochromatic Al (K α) X-ray

source using photons with frequency (hv=1486.6 eV). The electrochemical and amperometric measurements were performed using Bipotentiostate model 760, USA.

Synthesis of skein-shaped NiO nanostructures

The methionine-assisted nickel oxide nanostructures were obtained by using the low-temperature aqueous chemical growth method. In the synthetic procedure, 0.1 M nickel nitrate (Ni(NO₃)₂·6H₂O) and 1 g of methionine (HO₂CCHC H₂CH₂SCH₃) were homogenized in 100 ml of deionized water followed by adding 05 ml of 33 % (NH₃) solution. The beaker containing the growth solution was tightly sealed with aluminium foil, and the growth solution was kept in a preheated electric oven at 95 °C for 4–6 h. At the completion of growth, Ni(OH)₂ nanomaterial was collected, washed to remove exterior impurities and dried at room temperature. Complete conversion of hydroxide to the pure oxide phase of NiO was thus achieved after annealing the precursor material at 450 °C for 2–3 h in an electrical furnace.

Fabrication and electrochemical assessment of the NiO NSk-modified glassy carbon electrode

Prior to the surface modification, a glassy carbon electrode (GCE, diameter 3 mm) was polished with 1 and 0.05 µm alumina paste followed by washing with deionized water and ethanol, respectively. Then, 05 µl of a well-sonicated suspension of as-synthesized NiO nanostructures in ethanol (5 mg ml^{-1}) was drop casted over the surface of mirror polished GCE and dried under ambient air. The entrapment of NiO NSks was fully assured by casting a similar volume of 1 % Nafion solution onto the modified layer. The fabricated electrode was denoted as GCE/NiO NSks/Nafion. The modified electrode was further used as working electrode in the electrochemical cell system in combination with silver-silver chloride wire (Ag/AgCl) used as reference and platinum (Pt) as a counter electrode. The entire glucose-sensing study was carried out using cyclic voltammetry (CV) as a primary mode with the following optimized conditions: 0 to 0.7 V initial potential range, 0.05 V s⁻¹ scan rate, 5 s quiet time, 1×10^{-6} (A/V) sensitivity and 9 ml of 0.1 M NaOH used as an electrolytic solution.

Glucose sensing in human blood sera

The real practical application of GCE/NiO NSks/Nafion was carried by analysing real blood samples, collected from few personally known individuals. The blood serum was obtained via high-speed centrifugation followed by proper treatment and adequate dilution before analysis. A similar sensing procedure was adopted as described above and the obtained results were found satisfactory when compared with those achieved with the commercially available glucose meter.

Results and discussion

Structural characterization of NiO skein-shaped nanostructures

Figure 1 represents the XRD diffractogram obtained for NiO NSks. The diffraction patterns located at 43.16, 62.77 and 75.30 are consistent with pure-phase NiO (JCPDS card no. 71-1179) and could be attributed to (200), (220) and (311) crystal planes of a face-centred cubic (FCC). The obtained intensity suggests that the prepared nanostructures are highly crystalline in nature [43].

XPS was applied to reveal the surface chemical composition of NiO NSks. As shown in Fig. 2(b), the two peaks at 873.0 and 885.9 eV, with a spin orbit splitting gap of 12.9 eV, are attributed to Ni $2p^{1/2}$ and Ni $2p^{3/2}$. The bonding energy for O 1s in Fig. 2(c) is 529.8 eV, attributed to the lattice oxygen of NiO. The absence of any other peaks within the full-scale spectrum shown in Fig. 2(a) clearly indicates the surface composition of pure Ni and O. The obtained results are in good agreement with previous reports on NiO nanostructures [44, 45].

Figure 3 shows the results obtained from the SEM imagining of as-synthesized NiO nanostructures. The SEM observation revealed spherical skein morphology with uniform size and high density distribution. Figure 3a–d represents low- and high-resolution images, where hollow cavities within each skein can be visualized. It can be depicted that the formation of such nanostructures takes place via interconnected nanorods during the nucleation process. The observed morphology



Fig. 1 XRD diffraction pattern of NiO NSks



Fig. 2 Widescale XPS spectra of the NiO NSks with inset (*a*) Ni 2p and (*b*) O 1 s binding energy

based on its unique cavitation and size homogeneity and greater surface area offered by connecting tentacles could be responsible to produce themselves as a potential candidate in the enzyme-free sensing of glucose by declaring the high electrocatalytic properties. The average diameter for present nanoskeins was measured to be within 200–300 nm in size. Without the methionine used as template, the obtained NiO NSks would have uncontrollably grown to giant structures and tended to agglomerate as shown in Fig. S1. In addition, they were also found to deceive presently observed electrocatalytic behaviour. This led to the conclusion that the methionine in this case plays an extremely crucial role in

Fig. 3 SEM captures of NiO NSks. **a**, **b** Low-resolution scale images with high distribution; **c**, **d** high-resolution scale images showing enhanced skein-shaped features of individual nanostructures simultaneous control of the growth and morphology of synthesized NiO nanostructures. The proposed mechanism can be suggested in this way: the methionine molecule resulted in the formation of a spherical micelle around nickel hydroxide nanostructures and also provided a large number of nucleation sites for the growth of nickel hydroxide nanocrystals. The use of methionine resulted in a subsequent increase in the conglomeration of the nickel hydroxide nanostructures which led to the formation of the nanoskein-like structure of NiO.

Figure 4 represents the FTIR spectrum of standard methionine, precursor material (Ni(OH)₂) before and after annealing, respectively. The comparison of spectra in Fig. 4(a, b) clearly depicts an interaction between functional moieties of methionine and prepared Ni(OH)₂. The shift observed in the vibrational frequencies for CO stretching from 2094 to 2120 cm^{-1} and NH band from $3160 \text{ to } 3180 \text{ cm}^{-1}$ in Fig. 4(b) indicates metal ligand interactions [46]. In addition, the FTIR band observed at 2580 cm⁻¹ resulting from standard methionine was observed to shift to a slightly higher wavelength, i.e. 2590 cm^{-1} , which suggested the existence of intermolecular hydrogen bonding between the protonated amine and the carboxylate groups of methionine during metal ligand interactions [47]. The FTIR band residing at 500 cm⁻¹ is attributed to metal-oxide vibrational stretching. The FTIR spectrum recorded after annealing the precursor material is provided in Fig. 4(c). Since no bands associated with that of methionine were detected, this assures complete removal of bio-template from NiO NSks. However, a sharp band residing near 500 cm⁻¹ attributed to NiO was observed which further confirms the formation of pure NiO nanomaterial. Based on the collected information, a reasonable scheme for the





Fig. 4 FTIR spectra of a standard methionine b before annealing and c after annealing of precursor material

formation of the NiO nanostructures is presented in the following schematic diagram (Scheme 1).

The enzyme-free detection of glucose using novel nanostructures of NiO

NiO NSks

To explore sensing properties of novel nanostructures of NiO, cyclic voltammetry was selected as a powerful tool for studying electrochemical behaviours. Figure 5 depicts the CV response of bare and GCE/NiO NSks/Nafion both in the absence and



Fig. 5 CV measurements of bare GCE in the presence of 0.1 M NaOH (black), bare GCE in the presence of 0.1 mM glucose (blue), GCE/NiO NSks/Nafion in the absence (green) and in the presence (red) of 0.1 mM glucose

presence of 0.1 mM glucose recorded at a scan rate of 0.05 V s^{-1} . It can be clearly seen that bare GCE has failed to exhibit any prominent response either in the absence or presence of glucose molecules. In contrast to this, GCE/NiO NSks/Nafion clearly exhibits a beautiful pair of oxidation and reduction peaks corresponding to Ni (II)/(III) [48]. In addition, the peak current (Ip) response recorded for GCE/NiO NSks/Nafion in glucose solution is very much higher than the CV response obtained for GCE/NiO NSks/Nafion in blank solution. The observed phenomena reflect the extreme potential of NiO NSks towards oxidation of glucose. The measured



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responses of the proposed sensor device are in good agreement with the other reported NiO-based sensors [16, 49, 50]. The description for the sensing mechanism of the developed enzyme-free glucose sensor by using the novel nanostructures of NiO can be said as first Ni²⁺ is electrochemically oxidized to Ni³⁺ in alkaline solution. The unique morphological features allow enhanced generation of an electron which oxidizes glucose to gluconic acid and reduces Ni³⁺ to Ni²⁺ ions and results in a large anodic peak Ip increase [48]. Thus, it is safe to say that typical structural characteristics along with a large surface area of NiO nanoskein are responsible for observed high sensitivity and reactivity of the developed glucose sensor compared to those presented in Table 1.

To achieve the best possible Ip responses during glucose determination, optimization of the most crucial parameters was carried out using GCE/NiO NSks/Nafion in 0.1 mM glucose solution. Figure 6a presents the CV responses for scan rate, recorded with respect to incremental scan rate in the range from 0.05 to 1.0 V s^{-1} . Successive enhancement in Ip response can be observed with the electrochemical process believed to be diffusion controlled as interpreted from the inset of Fig. 6a showing linear proportionality between Ip and the square root of the scan rate.

The Ip responses of GCE/NiO NSks/Nafion under various electrolytic volumes ranging from 1.0 to 10 ml were also recorded. Figure 6b indicates that the maximum Ip responses can be achieved with 9 ml of NaOH during glucose determination. However, other than the 9-ml decline in Ip response, and shift in potential towards lower value were found eminent.

The Ip responses for NiO NSk casting volume in the range from 5 to 15 μ l for GCE/NiO NSks/Nafion were further studied. The corresponding CV measurements are presented in Fig. 6c. As expected, successive increment in Ip was noted with increasing casting volume. However, 5 μ l was selected as an optimum volume as it was found to exhibit most stable Ip responses, unlike other volumes (>5 μ l) which showed instability caused by erosion of casted material from the electrode surface.

The analytical data for the developed non-enzymatic sensor was obtained via plotting a linear calibration graph between the Ip response of GCE/NiO NSks/Nafion and glucose concentration in the range between 0.1 and 5.0 mM as shown in Fig. 7a. Although the sensor works very well outside the selected calibration range, but to ensure the working potential of the developed sensor in the physiological glucose range and for appropriate data presentation, such range was considered best suitable. The analytically important characteristics of the developed sensor were obtained through linear regression analysis of Ip vs. glucose concentration at the fixed potential of 0.52 V as shown in the inset of Fig. 7a. The developed equation $Y = (134 \pm 2)x (\mu M) + 175 \pm 6 (R = 0.997)$ was used to calculate the sensitivity of the developed sensor by dividing the obtained slope with the electrode surface area (0.07 cm^{-1}) . The sensitivity was calculated to be 1915 μ A mM⁻¹ cm⁻² with limit of detection (LOD) and limit of quantification (LOQ) determined to be 0.7 (S/N=3) and 4.3 μ M, respectively. In addition, subsequent amperometric measurements, presented in Fig. 7b, were recorded at the fixed potential of +0.52 V (vs. Ag/AgCl) with increasing glucose concentration in the range from 0.1 to 4.5 μ M. It can be clearly seen that sensor response achieves >90 % of steady current in less than 9 s.

The obtained analytical characteristics of the developed sensor were compared with other NiO-based non-enzymatic sensors as shown in Table 1. It is clear that the developed nonenzymatic glucose sensor based on NiO NSks is associated with acceptable advantages compared to the reported enzymefree glucose sensors. Thus, besides the development of a sensitive and stable non-enzymatic glucose sensor, the easy, consistent, environment friendly and low-cost synthesis protocol makes NiO NSks a potential candidate for sensitive electrochemical glucose sensing compared to the recently reported sensors.

Specificity, reproducibility and stability of GCE/NiO NSks/Nafion

The specificity of the GCE/NiO NSks/Nafion was evaluated by recording its response in the presence of interfering species like dopamine (DA), ascorbic acid (AA) and uric acid (UA), which presented in the physiological fluids are considered to produce most interferences during non-enzymatic glucose oxidation [36]. CV responses were obtained at the normal

Table 1	Comparison of different	NiO-based non-enzy	ymatic glucose ser	nsors in terms	of analytical	parameters
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Type of electrode	Performance		Sensitivity ($\mu A \ mM^{-1} \ cm^{-2}$)	Reference
	LOD (µM)	Linear range (mM)		
NiO/MWCNTs/GCE	160	0.2 to 12.0	13.7	[58]
NiO hollow nanospheres	47	1.5 to 7.0	3.43	[3]
DNA dispersed graphene-NiO	2.5	0.001 to 8.0	9.0	[59]
NiO/MWCNTs	2.0	0.01 to 7.0	1769	[60]
GCE/NiO NSks/Nafion	0.7	0.1 to 5.0	1915	This study



Fig. 6 CV measurement of **a** GCE/NiO NSks/Nafion at various scan rates from 0.05 to 1.0 mV s⁻¹ in 0.1 M NaOH with 0.1 mM glucose with *inset* linear graph between Ip response and square root of scan rate, **b**

variation of Ip with electrolytic volume in range from 1.0 to 10.0 ml, c variation NiO NSks casting volume in range from 05 to 20 μl at 0.52 V

physiological levels of DA (0.1 mM), UA (0.1 mM), AA (0.1 mM) in the presence of 0.1 mM glucose and 0.1 M NaOH solution at 0.52 V. It can be seen in Fig. 8a that the developed sensor possesses high anti-interference capability suggesting

higher selectivity during glucose sensing. The reproducibility of the sensor was evaluated by preparing ten GCE/NiO NSks/Nafion under the same fabrication conditions and recording Ip responses for the electrode with 1 mM glucose solution



Fig. 7 a CV response for GCE/NiO NSks/Nafion with successive increase in glucose concentration ranging from 0.1 to 5.0 mM with *inset* showing corresponding linear calibration plot. **b** The response time curve of the GCE/NiO NSks/Nafion sensor in range from 0.1 to 4.5 μ M



Fig. 8 CV measurements recorded for a specificity of GCE/NiO NSks/Nafion in the presence of common electroactive interferents, b GCE/NiO NSks/Nafion reproducibility with *inset* showing Ip responses

for 10 similarly modified electrodes, c Ip response measured for GCE/NiO NSks/Nafion up to 6 weeks for the same electrode stored in ambient air environment

in 0.1 M NaOH solution at 0.48 V as shown in Fig. 8b. The relative standard deviation (RSD) was 1.5 %, suggesting a highly reproducible nature of the developed sensor. Similarly, the stability of the developed sensor was examined by measuring the Ip response of GCE/NiO NSks/Nafion during 3 weeks of its storage in ambient air conditions. A very small decrease in Ip response (2.5 %) was observed compared to the initial response, which reflected the long-term stability of the sensor.

Poisoning effect of halides

Halide poisoning is an important issue when developing a non-enzymatic glucose sensor [51, 52]. A large number of studies have addressed strong halide poisoning for noble metal electrodes such as gold (Au) [53, 54] and platinum (Pt) [55]. Thus, the effect of halides particularly chloride (CI^{-1}) and bromide (Br^{-1}) was studied for poisoning during

Table 2 Determination of glucose level in real blood serum	Samples ^a	Concentration (mM) ⁿ		Relative standard	Glucometer (mM)	
samples		Fasting sugar	Random sugar	deviation (70)		
	Sample 1	4.50		0.3	4.48	
	Sample 2	4.53		0.1	4.51	
Conditions: GCE/NiO	Sample 3	4.65		0.2	4.61	
NSks/Nafion, 9 ml 0.1 M NaOH,	Sample 4		4.6	0.4	4.45	
10 µl filtered real sample	Sample 5		5.45	0.1	5.40	
ⁿ no. of replications=3 ^a Twofold diluted	Sample 6		5.41	0.2	5.38	

non-enzymatic glucose sensing. Figure S2 shows the corresponding CV measurements recorded in the presence of CI^{-1} and Br^{-} ions within the concentration range of 0.1–0.3 M. It can be seen that no significant changes have occurred on the glucose oxidation peak in the presence of both halides. The observed strong tolerance of NiO NSks towards halides may be attributed to the lower susceptibility of metal oxides towards halide poisoning compared to their metal counterparts as suggested by several other studies [56, 57].

Practical applications

To investigate GCE/NiO NSks/Nafion for practical applications, it was subjected to glucose analysis in human blood serum samples. The separated blood serum was two fold diluted before analysis and linear equation mentioned above was used for concentration evaluation. The obtained results, presented in Table 2, were further confirmed authentic by cross analysing the same samples with a commercial glucometer.

Conclusion

In summary, we have developed a sensitive, selective, performance-durable and cost-effective non-enzymatic glucose sensor based on unique skein-shaped nanostructures of NiO. The NiO NSk-based sensor demonstrated acceptable sensitivity (1915 μ A mM⁻¹ cm⁻²), low detection limit (0.7 μ M) and high stability besides a wide linear working range (up to 5 mM). The high performance can be ascribed to the unique morphological features of NiO which were obtained with the assistance of methionine used as a growth-directing agent. All the obtained data suggested GCE/NiO NSks/Nafion as a promising candidate in the development of a non-enzymatic glucose sensor. Furthermore, this work also demonstrated a promising route to fabricate unique skein-shaped NiO nanostructures with controlled shape and size.

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