



In silico assessment of new progesterone receptor inhibitors using molecular dynamics: a new insight into breast cancer treatment

Vahid Zarezade¹ · Marzie Abolghasemi² · Fakher Rahim³ · Ali Veisi¹ · Mohammad Behbahani⁴

Received: 20 June 2018 / Accepted: 12 October 2018 / Published online: 10 November 2018
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Abstract

Nowadays, breast cancer is one of the most widespread malignancies in women, and the second leading cause of cancer death among women. The progesterone receptor (PR) is one of the treatment targets in breast cancer, and can be blocked with selective progesterone receptor modulators (SPRMs). Since administration of chemical drugs can cause serious side effects, and patients, especially those undergoing long-term treatment, can suffer harmful consequences, there is an urgent need to discover novel potent drugs. Large-scale structural diversity is a feature of natural compounds. Accordingly, in the present study, we selected a library of 20,000 natural compounds from the ZINC database, and screened them against the PR for binding affinity and efficacy. In addition, we evaluated the pharmacodynamics and ADMET properties of the compounds and performed molecular docking. Moreover, molecular dynamics (MD) simulation was carried out in order to examine the stability of the protein. In addition, principal component analysis (PCA) was performed to study the motions of the protein. Finally, the MMPBSA method was applied in order to estimate the binding free energy. Our docking results reveal that compounds ZINC00936598, ZINC00869973 and ZINC01020370 have the highest binding energy into the PR binding site, comparable with that of Levonorgestrel (positive control). Moreover, RMSD, RMSF, Rg and H-bond analysis demonstrate that the lead compounds preserve stability in complex with PR during simulation. Our PCA analysis results were in accordance with MD results and the binding free energies support the docking results. This study paves the way for discovery of novel drugs from natural sources and with optimal efficacy, targeting the PR.

Keywords Molecular dynamics simulation · Docking · Progesterone receptor · Inhibitor · Breast cancer · Virtual screening

Electronic supplementary material The online version of this article (<https://doi.org/10.1007/s00894-018-3858-6>) contains supplementary material, which is available to authorized users.

✉ Vahid Zarezade
coolboy.vahid@gmail.com

- ¹ Behbahan Faculty of Medical Sciences, Behbahan, Iran
- ² Genetic Division, Department of Biology, Faculty of Basic Science, Shahrekord University, Shahrekord, Iran
- ³ Thalassemia and Hemoglobinopathy Research Centre, Health Research Institute, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran
- ⁴ Faculty of Engineering, Shohadaye Hoveizeh University of Technology, Susangerd, Dasht-e Azadegan, Iran

Introduction

Breast cancer (BC) is a deadly malignancy that affects the lives of millions women and their families worldwide, and is the second leading cause of cancer-related deaths in women [1]. BC has attracted growing scientific and clinical interest. A remarkable point is that BC is a clinically heterogeneous disease, associated with a large number of gene mutations. Detection of the mutated genes clarifies the genetic and molecular mechanisms of the disease; furthermore, it significantly increases the chances of finding a successful treatment [2]. In other words, recent findings on the molecular mechanisms of BC could lead to the discovery of new drug candidates [3]. The progesterone receptor (PR), also known as a member of the steroid/nuclear receptor (NR) superfamily, handles a composite network of distinct target genes. Ligand binding to PR leads to a conformational change in the receptor, which activates PR to bind to DNA and regulate transcription [4]. Loss

of PR expression is associated with worse overall prognosis and survival among patients with BC.

Current studies have reported that the underlying PR molecular pathway is frequently dysregulated in BC; therefore, it can serve as an efficient therapeutic target [5].

Normally, PR has two isoforms in humans, which differ by structure and function [6]: PRA (~94 kDa) and PRB (~110 kDa). PRA and PRB exert opposite regulatory roles in gene transcription. Barring 164 amino acids at the N-terminus of PRB, the structures of the two isoforms are similar. Both isoforms contain one AF-1 domain with an important function, that of inhibiting the gene transcription. The AF-3 N-terminal domain prevents the function of the AF-1 domain in the PRB isoform [7]. Unlike PRA, PRB induces gene transcription [8]. Actually, PRA plays a role as the inhibitor of PRB and other members of the NR superfamily, such as estrogen receptor (ER) and androgen receptor (AR) [9]. In addition, two structural motifs have been found in PR isoforms: a DNA binding domain (DBD) and a ligand-binding domain (LBD). Tissue-specific expression of progesterone is induced by the function of more than 300 co-regulators that interact with PR.

The modulation of PR activity using a new class of synthetic steroids—selective progesterone receptor modulators (SPRMs)—has become an active area of research in BC treatment. SPRMs exert their effect as PR antagonists or PR agonists (progestins) [10]. Progestins, progesterone antagonists, and SPRMs bind to the PR on the nucleus, allowing a conformational change in the receptor structure. The shape of the receptor changes, enabling DNA to bind to the receptor. Agonists serve as co-activators of gene transcription and antagonists serve as co-repressors, inhibiting gene transcription [11]. Reported in 1981, Mifepristone (RU486) was the first glucocorticoid receptor antagonist and agonist [12]. Subsequently, numerous PR modulators have been described and synthesized [13]. Although considerable research has been devoted to BC, rather less attention has been paid to analysis of PR.

Since natural products have a large number of chiral centers, ring fusion and a higher density of functional groups, allowing for higher ligand affinity and better specificity for biological targets, they have therefore been considered for the treatment of nuclear receptor-mediated diseases such as cancers [14].

Hence, we report an extensive *in silico* analytical study was carried out in order to perform computational assessment of PR modulation by a large number of diverse ligands derived from natural compounds.

Materials and methods

The strategy of the workflow is shown in Fig. 1.

Receptor preparation

The amino acid sequence of PR (Uniprot ID: P06401) was obtained from the UniProt Database (<http://www.uniprot.org/>) in FASTA format, and was used in BLAST analysis [15]. Then, BLASTP against the protein data bank (PDB) database was performed, in order to acquire a determined PDB structure with the best alignment scores. The X-ray crystal structure of PR (PDB ID: 1SQN, resolution: 1.45 Å) was downloaded from the RCSB website (<http://www.rcsb.org>). The PDB file had some missing residues, including amino acids 673–681, 706–707, 861, 933 in chain A and amino acids, 674–682, 861 in chain B. Therefore, the MODELLER 9.15 program [16] was utilized to fill these missing residues by treating the original structure as a template. The new protein model was then validated using the SAVES (<https://services.mbi.ucla.edu/SAVES/>) and RAMPAGE (<http://mordred.bioc.cam.ac.uk/~rapper/rampage.php>) servers. Subsequently, the protein was simulated through the AMBER03 force field, using GROMACS 5.1.3 software [17] for 100 ns.

Ligands and library preparation

In this study, several PR inhibitors, gathered from the literature, were selected as controls, and their structures were extracted from the PubChem database (<https://pubchem.ncbi.nlm.nih.gov/>). On the other hand, to explore new anti-cancer drugs, a massive collection of compounds was screened. Before initiating a virtual screening (VS) process, a library of potential ligands ought to be built, derived from the available compound databases. ZINC (<http://zinc.docking.org/>) is a free database, containing over 35 million commercially available structures. A library consisting of 20,000 compounds structures was selected randomly from the ZINC natural products database. All structures were saved in a mol2 file format, and converted to pdbqt format. Afterwards, all the ligands in pdbqt format were imported into openbabel software [18], and minimized in terms of energy using the MMFF94 force field.

Virtual screening

An integral component of the drug discovery process, VS relies on computer-based methods to design and discover novel drug-like compounds. In the present study, we used VS to determine the affinity of ligands, and appropriate binding mode, for the binding site of PR. All 20,000 selected compounds were docked into the binding cavity of the target PR molecule, through AutoDock Vina [19] in PyRx 0.8, in order to attain optimal complementarity of stereo- and physico-chemical properties. The configuration file was assigned to a grid size of $x = 30$, $y = 30$ and $z = 30$, and a grid Centre of $x = 10.83$, $y = 10.16$ and $z = 17.3$. The number of runs was set at

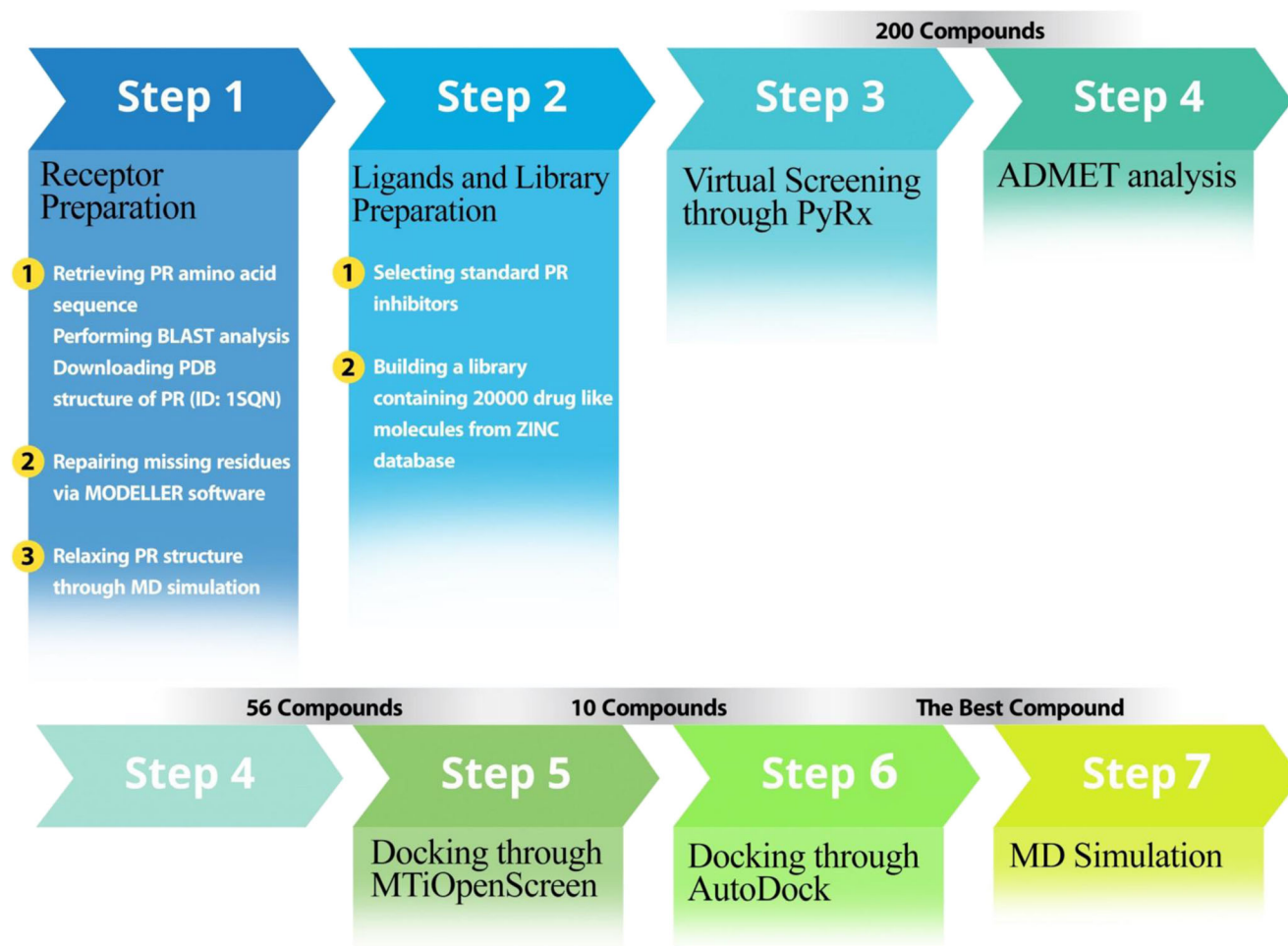


Fig. 1 Schematic workflow for finding potential drug-like compounds specific to the progesterone receptor (PR)

100 for each ligand. The Lamarckian genetic algorithm (LGA) was applied, whereas the remaining parameters were set to default. The 200 compounds with the best docking scores were selected for further assessment.

ADMET analysis

ADMET (absorption, distribution, metabolism, excretion and toxicological) properties, concomitant with determination of efficacy and clinical safety, perform a crucial role in the early steps of drug design and development. Forming a robust interaction between a drug and its target is necessary for effectiveness; however, the above-mentioned factors must be considered. A clinically effective drug must pass through the body in order to reach its target. ADMET factors identify the potency of the drug to reach its target in the body. However, determination of ADMET for all novel compounds using in vivo methods is a very challenging, expensive and time-consuming task. Hence, in order to forecast drug-like features of designed ligands, we utilized the FAF-Drugs 3 (a free ADME/tox filtering tool) web server [20], which can predict

whether the physicochemical properties of drugs are acceptable by applying some filtering rules. The filtering rules for suitable physicochemical properties were set up using the well-known drug-like soft and Lipinski's rule-of-five, with default values, respectively. All 200 compounds resulting from the previous VS step were subjected to this web server.

Molecular docking analysis

The output of ADMET analysis led to 56 drug-like molecules. In order to narrow down the number of lead compounds, all 56 ligands were subjected to the MTiOpenScreen web server (<http://bioserv.rpbs.univ-paris-diderot.fr/services/MTiOpenScreen/>), using the same parameters as for PyRx. This web service provides an automated platform, using AutoDock Vina [19], to perform VS. Furthermore, it yields detailed results of the docking between the target PR molecule and the most potent drug-like compounds. Hence, the top ten ligands resulting from the MTiOpenScreen were selected, and then subjected to the AutoDock 4.2 suite [21]. Moreover, the three-dimensional (3D) structures of PR control inhibitors

were docked through Autodock 4.2 [21]. AutoDock is an automated docking software programmed for assessment of interactions amongst small molecules, such as ligands or drug-like compounds, and a receptor with known 3D structure. The PR molecule was also prepared by adding polar hydrogens and merging non-polar hydrogens. Kollman united atom charge, and atom type parameters were added. The dimensions of the grids were therefore $90 \times 90 \times 90 \text{ \AA}$, with a spacing of 0.475 \AA between the grid points. A grid Centre with $x = 10.83$, $y = 10.16$ and $z = 17.3$ was applied. The parameters were set as follows: a population size of 150, a maximum number of generations of 27,000 and a maximum number of 25,000,000 energy evaluations. Lamarckian genetic search algorithm was applied, and docking runs were set to 100 for each ligand.

Molecular dynamic simulation studies

In this study, molecular dynamic (MD) simulation was performed in two phases. In the first phase, the prepared conformation of PR was used as the initiating structure for MD simulation. The constituents of the simulation system were protein and water. In the second phase, the acquired conformation of PR from the first phase of MD, as well as the three top docked ligands (ZINC00936598, ZINC01020370 and ZINC00869973) and Levonorgestrel, were engaged in the MD simulation process. All MD simulations were performed by the GROMACS 5.1.3 software package, using the AMBER03 force field [17]. Water, ions, proteins and ligands were coupled to a temperature bath. Water molecules were characterized using a simple point charge (SPC216) model. Seven Cl^- counter-ions were added, replacing water molecules, in order to guarantee total charge neutrality of the simulated system. The system was located in a box with dimensions $96 \times 95 \times 100$ (all in \AA). Periodic boundary conditions (PBC) were exerted in all three directions of the system. The force field parameters of the ligands were acquired from the antechamber module [22] of the Amber program, using the GAFF force field [23]. Partial charges of the ligands were assigned using the AM1-BCC model [24]. Initially, an energy minimization procedure was carried out. After energy minimization, a position restraint process was accomplished in association with NVT and NPT ensembles. An NVT ensemble was implemented at constant temperature of 300 K, using a coupling constant of 0.1 ps for 100 ps. After temperature equilibration, an NPT ensemble was carried out. In this step, a constant pressure of 1 bar was applied, with a coupling constant of 5.0 ps for 1 ns. NPT ensemble was performed after pressure equilibration. In both NVT and NPT ensembles, the coupling scheme of Berendsen was applied. The particle mesh Ewald (PME) method interaction was utilized. The Lincs algorithm for covalent and a 12 \AA cutoff for long-range bond

constraints were applied. In both phases, MD simulation was performed for 100 ns.

Principal component analysis

In order to reduce the complexity and dimensionality of the data and feature various forms of possible motions in the protein, principal component analysis (PCA) or essential dynamics (ED) was performed [25]. In this method, a covariance matrix is built, with a simple linear transformation in Cartesian coordinate space, after exclusion of translational and rotational movements. Thus, the backbone was selected and least squares fitted to the average structure, using `g_covar` and `g_anaeig` modules of GROMACS [26]. Diagonalization of the covariance matrix produced a set of eigenvectors. For every eigenvector, a specific eigenvalue defines the energetic impact of the component on the motion [27]. Porcupine plots were depicted using PyMol [28].

Free energy calculations

The molecular mechanics–Poisson Boltzmann surface area (MM-PBSA) method is pivotal to computing the binding free energy of protein–ligand complexes in the study of the molecular behavior of proteins [29]. In this study, the `g_mmpbsa` module of GROMACS was applied to estimate the binding free energy of selected complexes [30, 31]. Computation of the binding free energy using this method comprises three steps. In the first step, the potential energy in vacuum is calculated. Subsequently, polar and non-polar solvation energies were estimated, respectively. The non-polar solvation energy was calculated via the solvent-accessible surface area (SASA) model. For all calculations, the last 1000 frames of each trajectory were selected to assess the binding free energy.

Results and discussion

Receptor preparation

As shown in Table 1, the BLAST results represent the highest identity, query cover and score and the lowest E-value and resolution, between PR amino acid sequence and PDB ID: 1SQN. Hence, the PR ligand binding domain with bound norethindrone (PDB ID: 1SQN) was downloaded, from the RCSB website (<http://www.rcsb.org>). On the basis of the information in the PDB file, there are some missing residues, including amino acids 673–681, 706–707, 861, 933 in chain A and amino acids 674–682, 861 in chain B. Therefore, the missing residues were filled in using MODELLER 9.15 software [16] and specific scripts (Supplementary scripts). As the original structure of the 1SQN PDB file was changed, the prepared PDB file was

Table 1 Template identification using BLAST against protein data bank (PDB). *PR* Progesterone receptor

Protein	Method	Template	Identity (%)	Query cover (%)	Score	<i>E</i> -value	Resolution (Å)	
Isoform A of PR	BLASTP (protein-protein BLAST)	PDB ID	Chain					
		1SQN	A	100	33	543	0.0	1.45
		3G8O	A	100	33	543	0.0	1.90
		1E3K	A	100	33	536	0.0	2.80
		1SR7	A	100	33	536	0.0	1.46
		1A28	A	100	33	533	0.0	1.80
		2W8Y	A	100	33	533	0.0	1.80
		4OAR	A	100	33	533	0.0	2.41
3KBA	A	100	32	526	0.0	2.00		

validated using the SAVES (<https://services.mbi.ucla.edu/SAVES/>) and RAMPAGE (<http://mordred.bioc.cam.ac.uk/~rapper/rampage.php>) servers. The results show that the repaired PDB file has an overall quality factor of 89.683, in ERRAT test [32] (Fig. 2a), suggesting crystallographic reliability. An averaged 3D-1D score ≥ 0.2 in Verify3D test [33] was found for 89.42% of residues, confirming compatibility of the repaired model, and 99.6% of residues were in the favored allowed regions in Ramachandran plot, suggesting acceptable PHI–PSI angles (Fig. 2b), and 3D structure reliability.

Library preparation and virtual screening

The two-dimensional (2D) structures of 12 PR inhibitors are illustrated in Fig. 3. In the present study, as natural compounds are known to exert preventive effects on nuclear receptor-mediated disease, such as different type of cancers [34], we

selected a library of 20,000 natural compounds from the ZINC natural products database.

A structure-based virtual screening (SBVS) was carried out to investigate potential inhibitors amongst the selected library, and to narrow down the number of the possible drug-like candidates. SBVS was implemented over the set of natural compounds by molecular docking using AutoDock Vina [19], in PyRx 0.8. After screening, a set of 2500 compounds was selected by the estimated binding energy; the top 200 ligands were selected for further analysis.

ADMET analysis

The chosen top 200 compounds were scanned for their pharmacokinetics, pharmacodynamics descriptors, and toxicity, through the FAF-Drugs 3 (a free ADME/tox filtering tool) web server [20]. FAF-Drugs 3 predicts a set of descriptors, which are the ADMET and drug-like properties of compounds

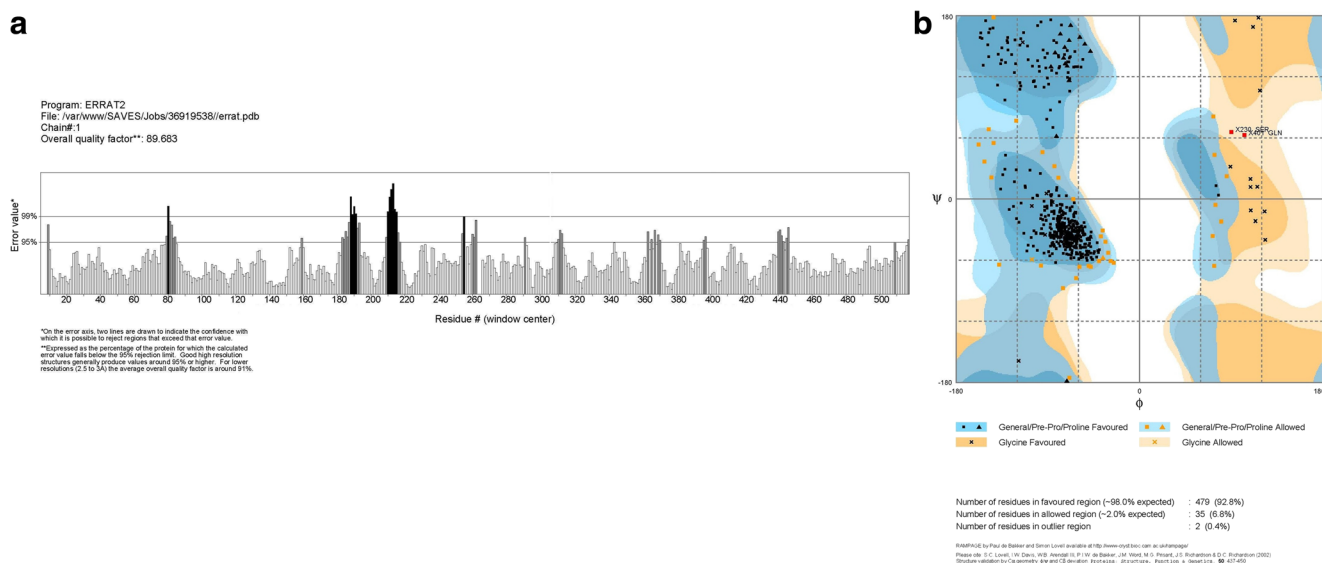


Fig. 2a,b Validation of modified PR structure. **a** ERRAT analysis, **b** Ramachandran plot

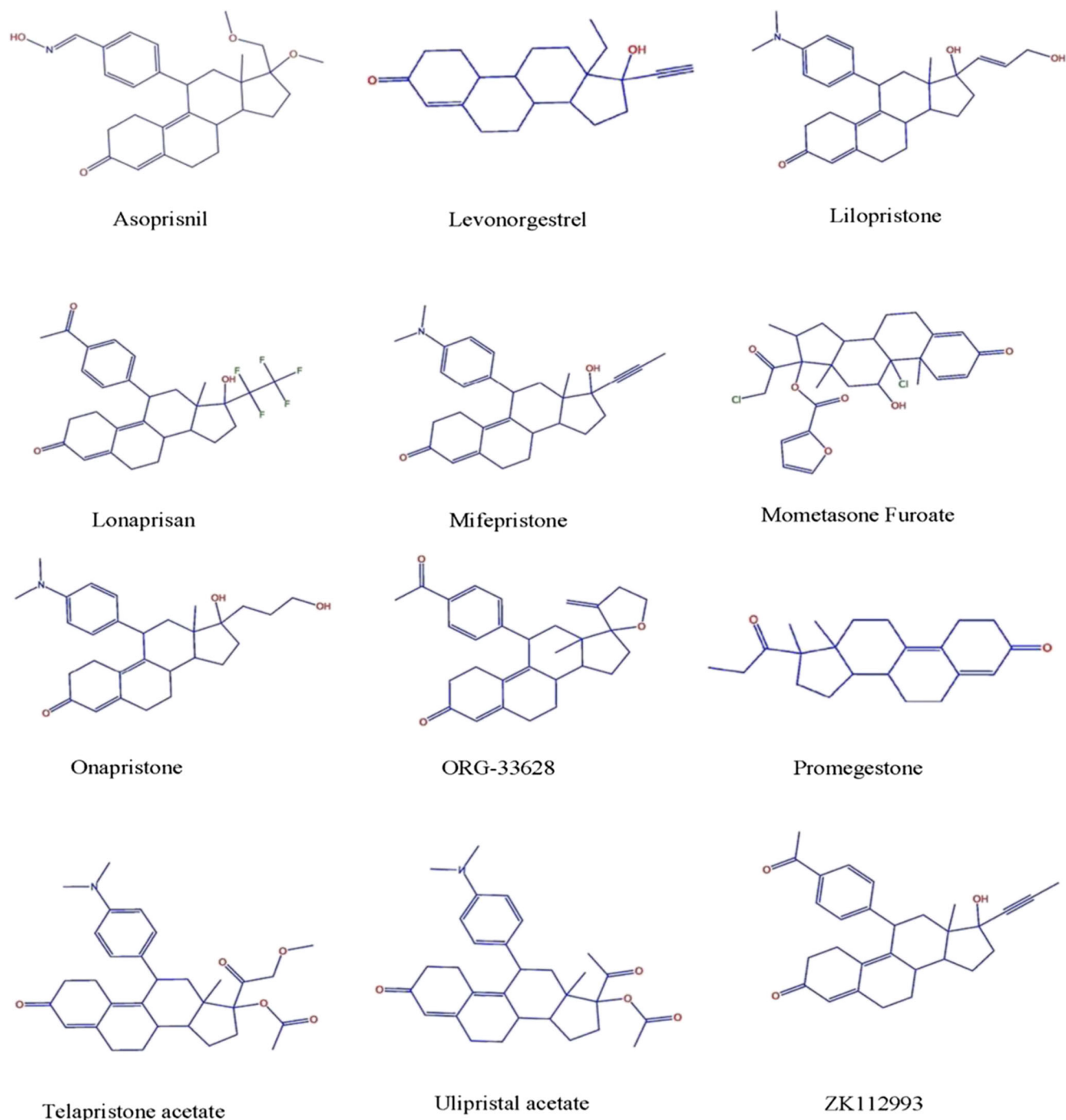


Fig. 3 Chemical two-dimensional (2D) structures of known PR blocker drugs

with probable medicinal properties (<http://fafdrugs3.mti.univ-paris-diderot.fr/descriptors.html>). Furthermore, the server employs some pre-defined filters, expressing the descriptors reference range, for considering the potency of the drug. In this study, we first applied the Drug-like soft filter to all the top 200 compounds. Among them, 92 compounds were able to successfully pass the filter (Supplementary Table 1). Subsequently, all 92 compounds were subjected to the

Lipinski-RO5 filter, and 56 compounds were filtered successfully and selected for further analysis (Table 2).

The descriptors and reference range supplied in this test are explained in this link: <http://fafdrugs3.mti.univ-paris-diderot.fr/filters.html>.

The ADMET properties for final compounds reveal that these compounds meet drug-like criteria, and can be utilized as robust PR inhibitors.

Table 2 ADMET (absorption, distribution, metabolism, excretion and toxicological) properties of 56 compounds selected from previous screening steps

Ligand	ID	MW ^a	logP ^b	logSw ^c	HBA ^d	HBD ^e	tPSA ^f	ratio H/C ^g	Lipinski violation ^h	Solubility (mg/l)	Oral bioavailability ⁱ
1	ZINC00726878	431.4406	2.17	-3.93535	8	0	91.89	0.333333	0	8429.835108	Good
2	ZINC00936596	371.4748	4.32	-4.95614	4	1	54.88	0.166667	0	2615.201218	Good
3	ZINC00344138	329.3951	4.61	-4.97409	4	2	57.78	0.190476	0	2277.692785	Good
4	ZINC00936598	399.4849	3.64	-4.62728	5	1	71.95	0.2	0	3907.496392	Good
5	ZINC01020377	387.4742	3.93	-4.7395	5	1	64.11	0.208333	0	3387.695737	Good
6	ZINC00155640	256.3013	4.31	-4.54087	2	0	25.78	0.111111	0	2733.234459	Good
7	ZINC01020370	387.4742	3.93	-4.7395	5	1	64.11	0.208333	0	3387.695737	Good
8	ZINC00057876	236.2653	3.92	-4.10311	2	0	30.21	0.125	0	3903.383882	Good
9	ZINC00130087	238.2381	3.62	-3.95453	3	1	53.27	0.2	0	4566.455174	Good
10	ZINC00057688	268.2641	3.59	-4.00294	4	1	62.5	0.25	0	4899.016999	Good
11	ZINC00671043	356.336	-0.57	-1.75647	10	3	134.01	0.625	0	61,522.62885	Good
12	ZINC00057677	238.2381	3.62	-3.95453	3	1	50.44	0.2	0	4566.455174	Good
13	ZINC00117321	344.3633	3.42	-4.3148	5	3	81.42	0.238095	0	4603.890725	Good
14	ZINC00125039	300.3242	4.01	-4.258	3	0	35.53	0.222222	0	4249.750428	Good
15	ZINC00377099	317.3446	2.61	-3.69932	6	1	72.7	0.333333	0	7851.185584	Good
16	ZINC00726877	431.4406	2.17	-3.93535	8	0	91.89	0.333333	0	8429.835108	Good
17	ZINC00852625	443.4513	2.16	-3.93286	8	0	91.89	0.32	0	8686.091801	Good
18	ZINC00852626	443.4513	2.16	-3.93286	8	0	91.89	0.32	0	8686.091801	Good
19	ZINC01020368	387.4742	3.93	-4.7395	5	1	64.11	0.208333	0	3387.695737	Good
20	ZINC00028457	266.2482	2.54	-3.32094	4	0	52.6	0.25	0	9616.593697	Good
21	ZINC00038943	236.2653	3.92	-4.10311	2	0	30.21	0.125	0	3903.383882	Good
22	ZINC00039314	252.2647	3.25	-3.70148	3	0	39.44	0.1875	0	6227.670547	Good
23	ZINC00057674	222.2387	3.56	-3.8332	2	0	30.21	0.133333	0	4809.309751	Good
24	ZINC00057689	252.2647	3.53	-3.87788	3	0	39.44	0.1875	0	5220.547878	Good
25	ZINC00057872	284.7369	4.65	-4.82766	2	0	30.21	0.176471	0	2279.392325	Good
26	ZINC00072412	336.3844	2.92	-3.83052	5	2	67.43	0.25	0	7299.004291	Good
27	ZINC00486924	302.3682	2.03	-3.02849	5	2	61.8	0.294118	0	14,631.16155	Good
28	ZINC00716875	454.4277	4.07	-5.30266	7	1	114.65	0.52381	0	2262.286111	Good
29	ZINC00969332	419.8636	4.36	-5.36195	7	0	66.23	0.363636	0	1969.88566	Good
30	ZINC00057672	282.2907	3.5	-3.93549	4	0	48.67	0.235294	0	5514.877515	Good
31	ZINC00394228	288.4244	3.6	-3.89623	2	0	34.14	0.105263	0	5860.305128	Good
32	ZINC00468904	336.4275	3.08	-3.88527	4	1	59.06	0.190476	0	6910.983058	Good
33	ZINC00490459	339.342	3.34	-3.99555	6	1	81.7	0.315789	0	6242.991921	Good
34	ZINC00618633	312.7503	2.64	-3.69339	4	2	56.33	0.294118	0	7783.532869	Good
35	ZINC00693405	454.8631	3.51	-4.78016	9	0	97.35	0.454545	0	3818.430798	Good
36	ZINC00715489	356.3989	3.34	-4.1967	7	2	106.73	0.470588	0	5362.058903	Good
37	ZINC00869973	370.4437	3.9	-4.66215	4	1	49.41	0.166667	0	3499.256812	Good
38	ZINC01038918	258.3139	4.81	-4.66561	1	0	17.07	0.052632	0	2431.637064	Good
39	ZINC00125042	300.3242	4.01	-4.258	3	0	35.53	0.222222	0	4249.750428	Good
40	ZINC00308515	323.3856	3.91	-4.34074	4	1	55.4	0.2	0	4212.726785	Good
41	ZINC00486923	302.3682	2.03	-3.02849	5	2	61.8	0.294118	0	14,631.16155	Good
42	ZINC00490904	320.3419	2.12	-3.30722	5	1	62.54	0.263158	0	11,730.22636	Good
43	ZINC00565273	278.3053	2.19	-3.19634	4	3	65.12	0.235294	0	11,385.98371	Good
44	ZINC00627172	367.4448	2.93	-3.91352	7	1	75.92	0.35	0	7337.908121	Good
45	ZINC00779093	363.3667	2.34	-3.63816	7	3	100.43	0.35	0	9556.754071	Good
46	ZINC00818841	353.3686	3.16	-3.88902	6	1	81.7	0.3	0	7231.837739	Good
47	ZINC00848806	389.3661	5.63	-6.0195	2	0	45.61	0.35	1	946.507928	Good

Table 2 (continued)

Ligand	ID	MW ^a	logP ^b	logSw ^c	HBA ^d	HBD ^e	tPSA ^f	ratio H/C ^g	Lipinski violation ^h	Solubility (mg/l)	Oral bioavailability ⁱ
48	ZINC00852673	350.4374	3.21	-4.12957	5	0	76.32	0.315789	0	5638.465771	Good
49	ZINC00057966	254.2806	3.11	-3.51293	3	0	35.53	0.1875	0	7579.959399	Good
50	ZINC00107125	332.4188	4.7	-4.997	3	1	57.64	0.2	0	2246.557247	Good
51	ZINC00128775	265.2667	1.55	-2.74761	5	3	70.23	0.333333	0	16,998.59145	Good
52	ZINC00217137	265.3098	3.51	-3.97108	4	0	47.26	0.25	0	5001.912288	Good
53	ZINC00490844	334.3685	2.45	-3.51672	5	0	51.54	0.25	0	9929.591896	Good
54	ZINC00518188	279.29	4.52	-4.5252	4	0	52.33	0.235294	0	3025.428142	Good
55	ZINC00565202	343.1747	2.52	-3.83616	4	3	65.12	0.3125	0	7404.451516	Good
56	ZINC00565261	335.3566	1.36	-2.9083	6	4	99.42	0.315789	0	18,299.94169	Good

^a Molecular weight^b Logarithm of the partition coefficient between n-octanol and water, characterizing lipophilicity^c logSw represents the logarithm of compounds, water solubility^d Hydrogen bond acceptors: sum of all O and N [according to the Lipinski rule of five (RO5) definition]^e Hydrogen bond donors: sum of all OHs and NHs (according to the Lipinski RO5 definition)^f Topological polar surface area: summation of tabulated surface contributions of polar fragments (i.e., atoms regarding also their bonding pattern)^g Ratio between the number of non-carbon atoms and the number of carbon atoms^h Number of RO5 violations: Rule of thumb, according to Lipinski, where four properties are listed: MW ≤ 500; H-bond donors ≤ 5; H-bond acceptors ≤ 10; logP ≤ 5. If two properties are out of range, a poor absorption or permeability is possible, one is acceptable.ⁱ Veber rule: bad or good oral bioavailability rule, according to Veber: tPSA ≤ 140 Å or H-bond donors + H-bond acceptors ≤ 12.

Molecular docking analysis

Molecular docking analysis was conducted to investigate the drug candidates' binding mode inside the PR structure. These analyses confirmed predictions suggested to date. In the first step, to narrow down the number of 56 compounds found in the previous stage, all 56 structures were subjected to MTiOpenScreen web server (<http://bioserv.rpbs.univ-paris-diderot.fr/services/MTiOpenScreen/>) using the same parameters as for PyRx. This web server is capable of performing docking analysis using both AutoDock and AutoDock Vina programs. The top ten compounds with highest estimated binding energy were chosen, and then subjected to AutoDock 4.2 software [21]. Moreover, structures of 12 PR control inhibitors were docked using the Autodock 4.2 program [21]. All 100 runs for each ligand were explored, and the best conformation, regarding binding energy and cluster rank, was considered. The interactions between ligand and PR structure were analyzed and visualized using the MOE (molecular operating environment) software package, version 2013.08 (Chemical Computing Group, Montreal, Canada).

The estimated binding energy, inhibitory constant (Ki) and the key residues involved in diverse interactions discussed below are listed in Tables 3 and 4. The estimated binding energy of these compounds varies between -5.82 and -9.03 kcal mol⁻¹. Moreover, the 2D structures of the ten docked ligands are illustrated in Fig. 4. According to the

results of molecular docking, the ZINC00936598 compound has the highest binding energy and the lowest Ki, with ZINC01020370 in second place, followed by ZINC00869973 (Table 4). The results suggest that these compounds have the greatest binding affinity to key PR binding site residues.

Compound ZINC00936598 has the highest negative binding energy (-9.03 kcal mol⁻¹) in the PR binding cavity. The 2D and 3D interaction diagrams of this drug-like compound are illustrated in Fig. 5. As shown in Fig. 5a, the side chain guanidinium moiety of Arg 94 interacts with formamide oxygen through hydrogen binding interaction [35]. In addition, Pro24, Val26, and Phe146 residues have established hydrophobic interactions with an acetonephthone group of the ligand (Fig. 5a).

The ZINC01020370 interaction study shows formation of hydrogen binding and hydrophobic interactions with the PR binding cleft residues (Fig. 6). The binding energy of this compound is -8.50 kcal mol⁻¹. The side chain guanidinium moiety of Arg94 forms a hydrogen bond with the formamide oxygen of the ligand [36]. Moreover, Pro24, Val26, and Phe146 residues interact with the anisole group of the docked ligand through hydrophobic interactions (Fig. 6a).

As shown in Fig. 7a, the benzene ring of the ZINC00869973 compound was able to establish a Pi-cation (arene-cation) interaction, with the Lys150 side chain amine group, and, concurrently, another benzene ring of the ligand interacts with Trp93 through hydrophobic interaction [37].

Table 3 Docking results of control PR inhibitors docked into the PR binding site. *RMSD* Root mean square deviation

Ligand	Best binding energy (kcal mol ⁻¹)	Ki (μM)	Interacting residues	Key residues	RMSD (Å)
Levonorgestrel	-8.35	0.758	-	His31, Asn33, Thr34, Lys35, Pro36, Asp37, Thr38, Ser39, Ser41, Leu42, Asp109, Leu110, Ile111, Leu112, Arg116	0.00
ORG-33628	-8.02	1.32	Gln225	Phe223, Ile224, Gln225, Ser226, Arg227, Phe484, Ile485, Ser487, Glu493, Phe494, Glu496, Ser499, Glu500	0.00
Asoprisnil	-7.25	4.85	Phe494	Phe223, Ile224, Gln225, Ser226, Arg227, Phe484, Ile485, Ser487, Val492, Glu493, Phe494, Glu496, Ser499	0.00
Ulipristalacetate	-6.96	7.88	Gln225, Glu493, Phe494, Glu496	Phe223, Ile224, Gln225, Ser226, Arg227, Ala228, Phe484, Arg488, Glu493, Phe494, Glu496, Ser499, Glu500, Ala503	0.00
Promegestone	-6.91	8.60	-	His31, Asn33, Thr34, Lys35, Pro36, Asp37, Thr38, Leu42, Met103, Pro108, Asp109, Leu110, Ile111, Leu112, Arg116	0.00
Onapristone	-6.72	11.91	Asp37, Thr38	His31, Asn33, Lys35, Pro36, Asp37, The38, Ser39, Ser41, Leu42, Gln115, Arg116, Lys118, Glu119	0.00
Mifepristone	-6.64	13.49	Glu493, Glu496	Phe223, Ser226, Arg227, Ala228, Phe484, Ile485, Ser487, Arg488, Arg493, Phe494, Glu496, Ser499	0.00
Telapristoneacetate	-6.51	16.88	Gln225, Glu493, Phe494, Glu496	Phe223, Ile224, Gln225, Ser226, Arg227, Ala228, Phe484, Arg488, Glu493, Phe494, Glu496, Ser499, Glu500, Ala503	0.00
ZK112993	-6.48	17.70	Arg227, Ile485	Phe223, Ile224, Ser226, Arg227, Ala228, Phe484, Ile485, Ser487, Glu493, Phe494, Pro495, Glu496	0.00
Lilopristone	-6.47	18.12	Ser487, Arg488, Glu493, Glu496	Phe223, Ile224, Gln225, Ser226, Arg227, Ala228, Phe484, Ile485, Gln486, Ser487, Arg488, Glu493, Phe494, Glu496, Ser499, Glu500, Ala503	0.00
Lonaprisan	-5.87	50.21	Ile283	Ile283, Pro285, Val287, Ile288, Arg313, Leu316, Ser317, Lys320, Trp321	0.00
Mometasonefuroate	-5.82	54.10	Ile224, Gln225, Glu493, Glu500	Ile224, Gln225, Arg227, Phe484, Ser487, Val492, Glu493, Phe494, Glu496, Ser499, Glu500, Ala503	0.00

Table 4 Docking results of natural compounds docked into the PR binding site

Ligand	Best binding energy (kcal mol ⁻¹)	Ki (uM)	Interacting residues	Key residues	RMSD (Å)
ZINC00936598	-9.03	0.241	Arg94	Glu23, Pro24, Asp25, Val26, Ile27, Gln53, Ser56, Val57, Trp60, Leu86, Gly90, Leu91, Trp93, Arg94, Gln143, Phe146, Lys150	0.00
ZINC01020370	-8.50	0.586	Arg94	Glu23, Pro24, Asp25, Val26, Ile27, Gln53, Ser56, Val57, Trp60, Leu86, Gly90, Leu91, Trp93, Arg94, Gln143, Phe146, Lys150	0.00
ZINC00869973	-8.48	0.603	Lys150	Glu23, Pro24, Asp25, Gln53, Ser56, Val57, Trp60, Leu86, Met87, Gly90, Leu91, Trp93, Arg94, Lys95, Gln143, Phe146, Lys150	0.00
ZINC00057872	-8.41	0.685	Thr418	Tyr342, Ser343, Ser346, Leu414, Asn417, Thr418, Leu469, His470, Val473, Lys474, Ile509, Gly512, Val514	0.00
ZINC00117321	-8.20	0.983	Pro24, Arg94	Glu23, Pro24, Asp25, Val26, Ile27, Gln53, Ser56, Val57, Trp60, Leu86, Met87, Gly90, Leu91, Arg94, Phe146, Lys150	0.00
ZINC00468904	-7.62	2.59	Ile224	Phe223, Ile224, Gln225, Ser226, Arg227, Phe484, Ile485, Ser487, Arg488, Ser499, Glu500, Ala503	0.00
ZINC00936596	-7.52	3.06	-	Phe223, Ile224, Gln225, Arg227, Ala228, Phe484, Ile485, Ser487, Glu493, Phe494, Glu496, Ser499, Glu500, Ala503	0.00
ZINC00130087	-7.34	4.14	Val473	Tyr342, Ser343, Ser346, Leu414, Asn417, Thr418, Leu469, His470, Val473, Lys474, Ile509, Val514, Pro516	0.00
ZINC00852626	-7.13	5.93	Ile224, Ser487, Phe494, Ser499	Phe223, Ile224, Gln225, Arg227, Ala228, Phe484, Ile485, Ser487, Val492, Glu493, Phe494, Glu496, Ser499	0.00
ZINC00057677	-7.81	1.90	Tyr342, Leu414, val473	Tyr342, Ser343, Ser346, Leu414, Asn417, Thr418, Leu469, His470, Val473, Lys474, Ile509, Val514, Pro516	0.00

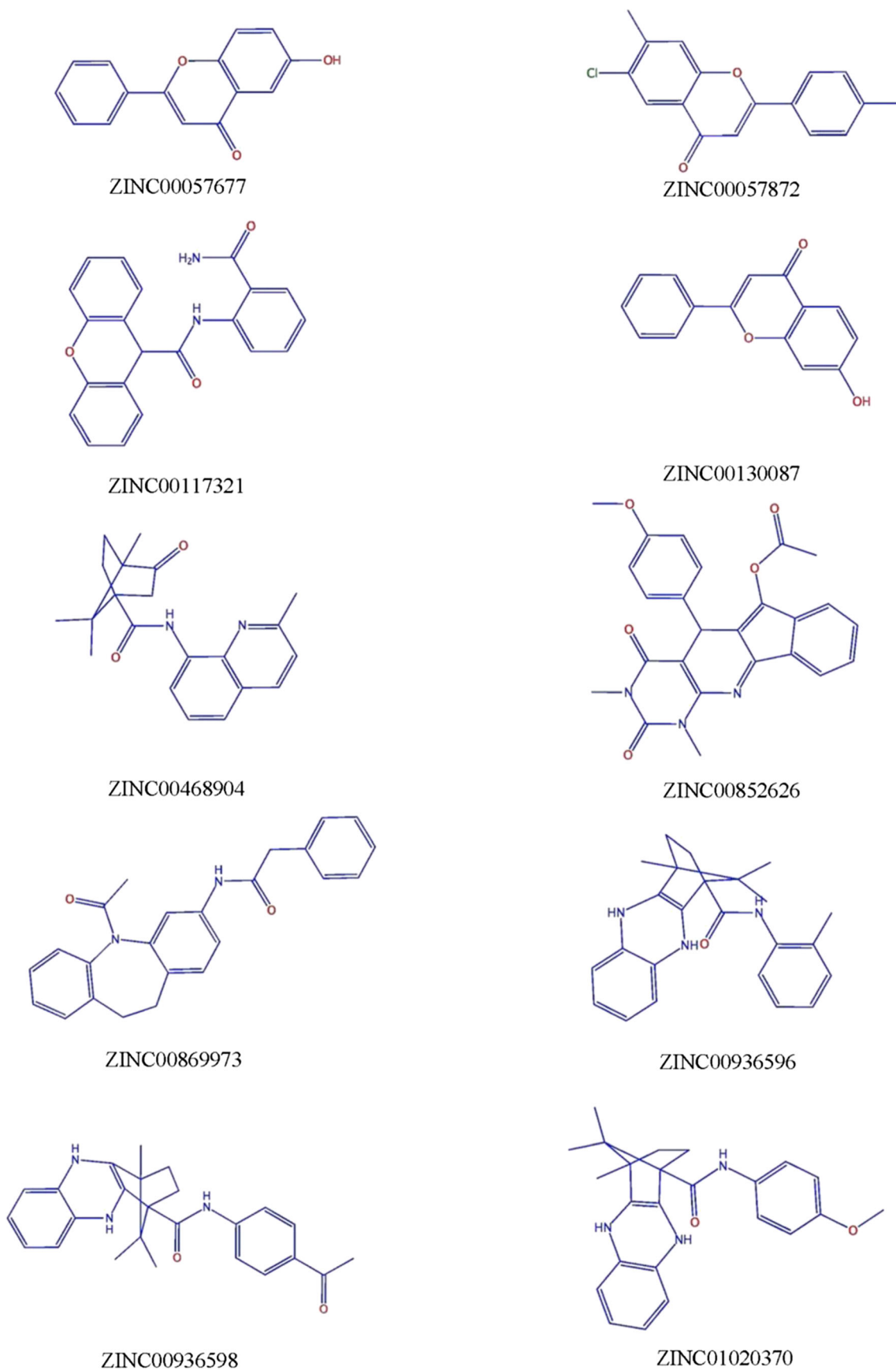


Fig. 4 Chemical 2D structures of top ten natural compounds, docked with progesterone receptor

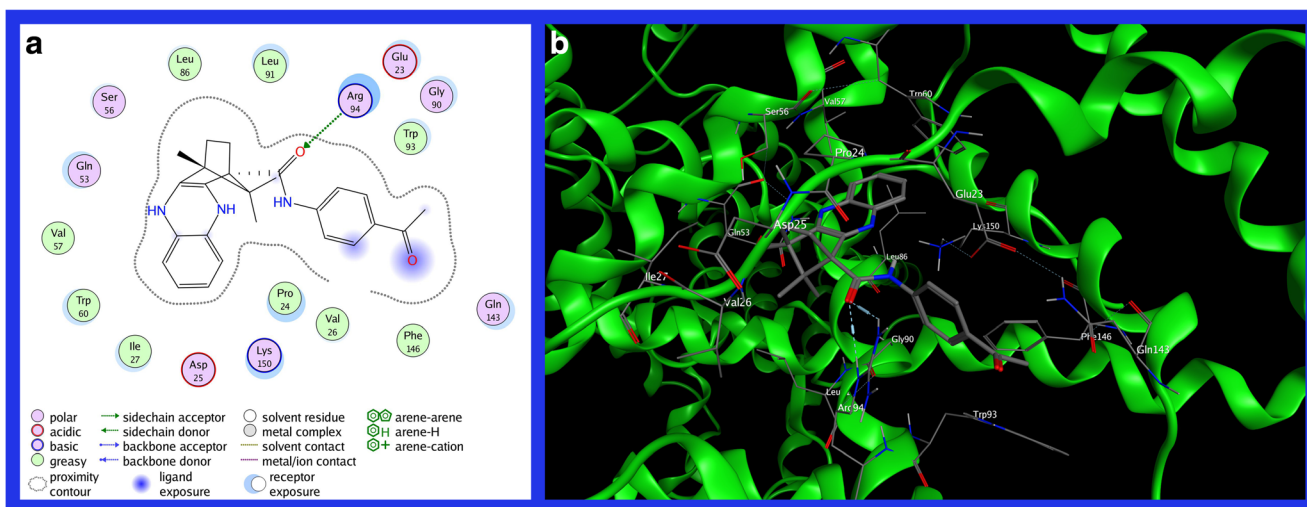


Fig. 5 Schematic representations (2D and 3D) of the binding interactions, between the PR active site and ZINC00936598

The estimated binding energy of the ZINC00869973 compound equals to $-8.48 \text{ kcal mol}^{-1}$.

As listed in Table 3, the highest binding energy among the docked control drugs belongs to Levonorgestrel, with a value of $-8.35 \text{ kcal mol}^{-1}$. The 2D and 3D interaction diagrams of this drug, with PR binding sites are shown in Fig. 8. As illustrated in Fig. 8, the drug has not succeeded in establishing a hydrogen-binding interaction with any residues of the PR binding cavity. However, Leu110, Ile111, and Leu112 residues interact with Levonorgestrel through hydrophobic interactions (Fig. 8a).

Based on the results presented in Figs. 5–7, and Tables 3 and 4, the ZINC00936598, ZINC01020370, and ZINC00869973 compounds have the strongest affinity toward key PR binding site residues in comparison with the other natural compounds and the best-docked control drug (Levonorgestrel).

Furthermore, studies of the interactions of these natural compounds reveal not only that these compounds have the highest binding energy with key PR binding site residues, but also that the key residues interacting with these ligands were the same in all three cases. These data reflect the significant role of Glu23, Pro24, Asp25, Val26, Ile27, Gln53, Ser56, Val57, Trp60, Leu86, Gly90, Leu91, Trp93, Arg94, Gln143, Phe146 and Lys150 residues in PR inhibition.

Investigation of the interactions of the compound ZINC00057872 (binding energy of $-8.41 \text{ kcal mol}^{-1}$; Fig. 9a), reveals that the pyran ring oxygen of the ligand can interact with the side chain of Thr418 through hydrogen bonds. Simultaneously, hydrophobic interactions can be seen between Val473 and the ligand.

As shown in Fig. 10a, the aminobenzamide nitrogen of the ZINC00117321 compound interacts with the backbone of Pro24 through hydrogen bonds, and the aminobenzamide

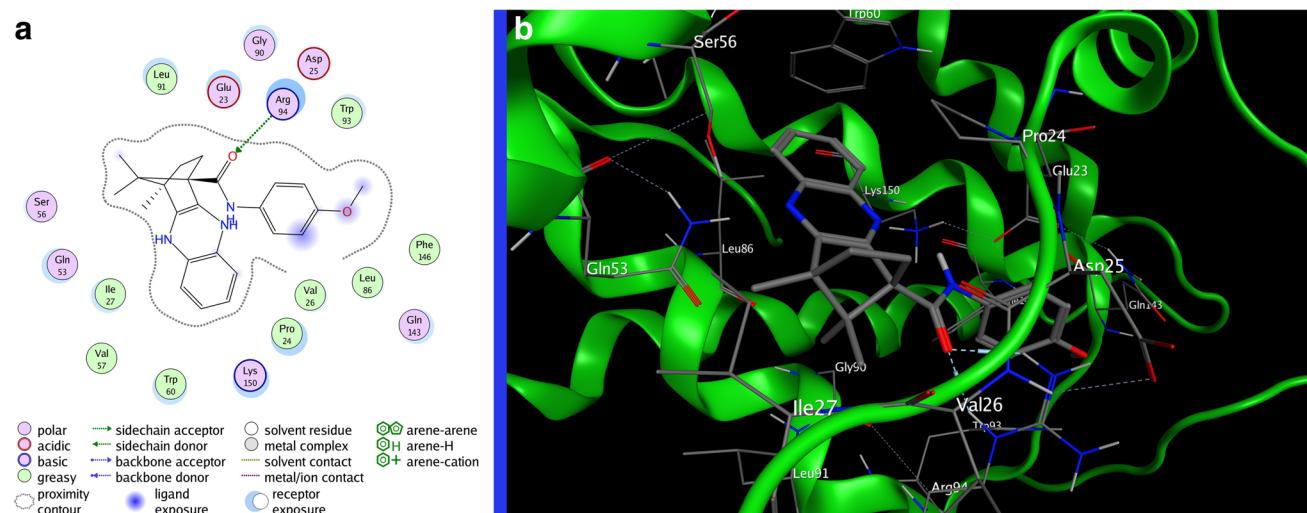


Fig. 6 Schematic representations (2D and 3D) of the binding interactions between the PR active site and ZINC01020370

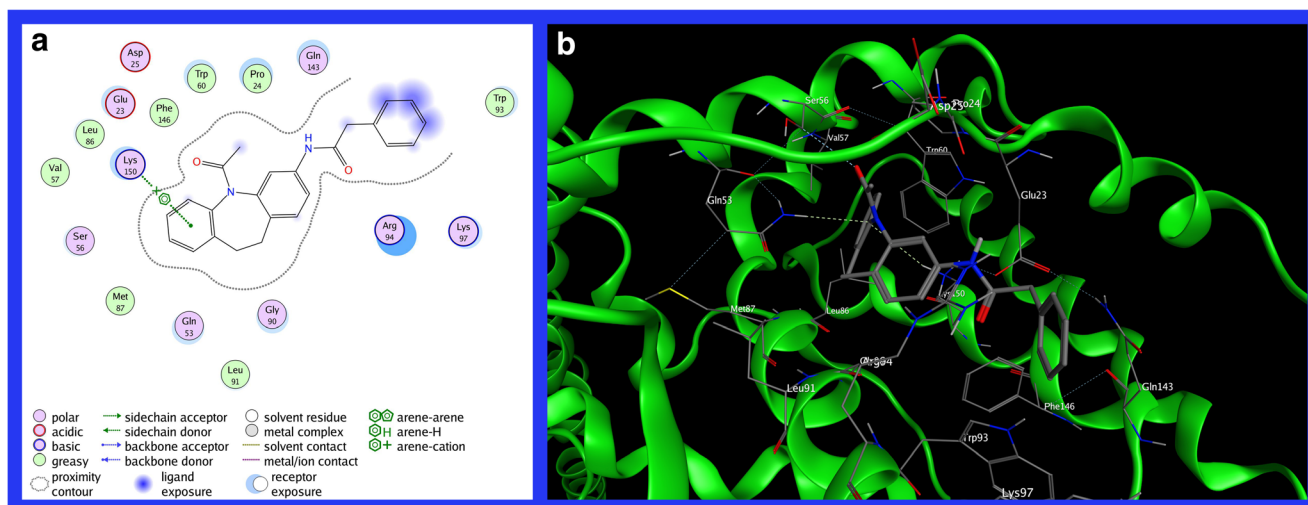


Fig. 7 Schematic representations (2D and 3D) of the binding interactions between the PR active site and ZINC00869973

oxygen of the ligand interacts with the side chain of Arg94 via hydrogen bonds [35]. The binding energy of the ligand to the binding site of the PR is $-8.20 \text{ kcal mol}^{-1}$.

The 2D and 3D interaction diagrams of the other natural compounds and control drugs with PR binding site residues are depicted in Supplementary Figs. 1–16. As listed in Table 4, compounds ZINC00468904, ZINC00936596, ZINC00130087, ZINC00852626 and ZINC00057677 all have a binding energy less than -8 kcal mol^{-1} . Moreover, the binding regions of these compounds are very far from those with a binding energy of more than -8 kcal mol^{-1} .

Based on the results presented so far, it seems the amino acids Glu23, Pro24, Asp25, Val26, Ile27, Gln53, Ser56, Val57, Trp60, Leu86, Gly90, Leu91, Trp93, Gln143, Phe146, Lys150, and especially Arg94, play a key role in

binding of inhibitors to the PR binding site. Our docking results are not consistent with those of previous studies [38, 39], and indicate that the PR structure has a potential ligand-binding site that could serve as an inhibitory pocket. In total, according to the molecular docking results, three top ranked natural compounds (ZINC00936598, ZINC01020370, and ZINC00869973) gave promising results as potential PR inhibitors and are likely to have a noteworthy role in the treatment of BC.

MD simulation studies

The simulation in this study was carried out in two phases. In the first phase, the goal was relaxation of the structure, and to study PR behavior, over a period of 100 ns. The first stage is

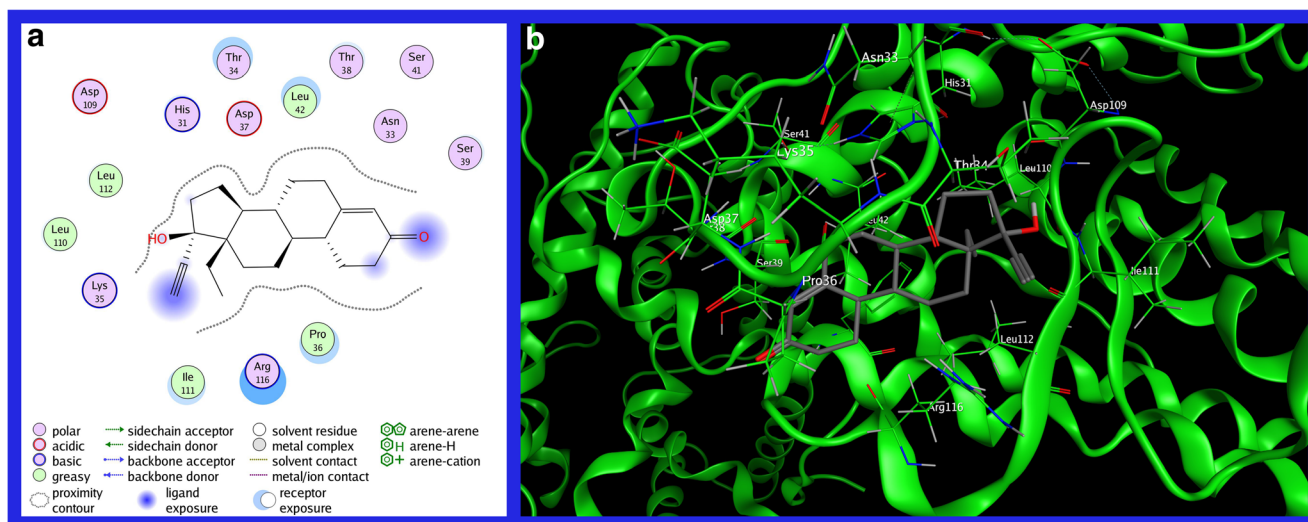


Fig. 8 Schematic representations (2D and 3D) of the binding interactions between the PR active site and Levonorgestrel

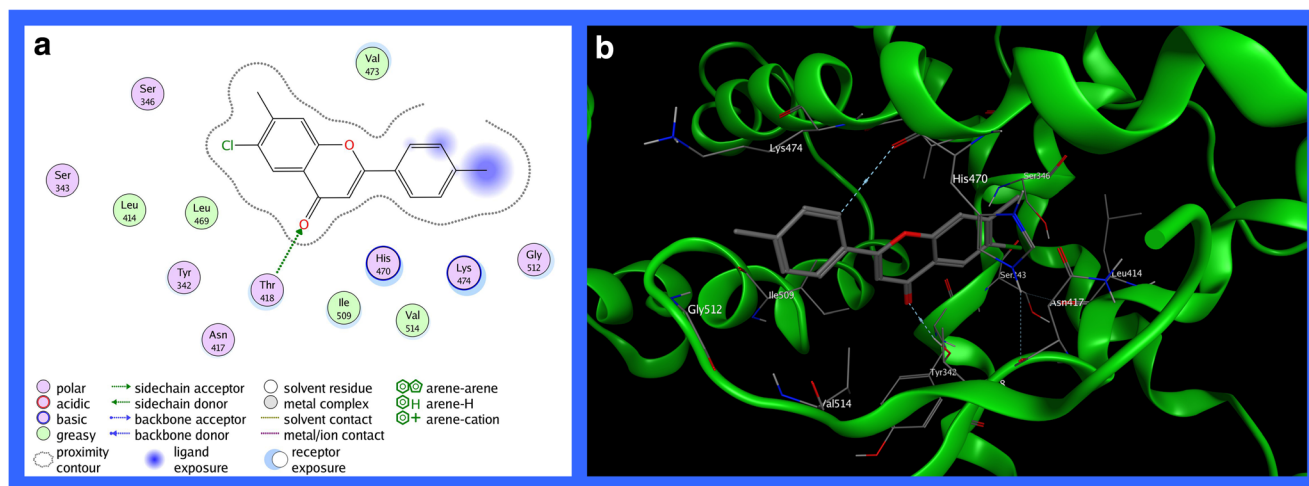


Fig. 9 Schematic representations (2D and 3D) of the binding interactions between the PR active site and ZINC00057872

necessary since, before docking and other stages of the study, the structure has to be energetically optimal and corrected in terms of internal clashes. Subsequently, screening and docking were performed on the output structure of the first phase. In the second phase, MD simulation was performed on the three complexes acquired from docking that had the most negative energy levels, i.e., PR-ZINC00936598, PR-ZINC01020370, PR-ZINC00869973, and the PR-Levonorgestrel complex as a control. The aim was to study the stability and other molecular behaviors of these complexes for 100 ns.

In order to study the stability and conformational changes of the free PR and above-mentioned complexes during MD simulation, root mean square deviation (RMSD) was calculated [35] for backbone atoms of both structures (Fig. 11) and each ligand separately (Fig. 12). As shown in Fig. 11, it can be said that all systems enjoy a level of RMSD between 0.100–

0.415 nm during 100 ns of MD simulation. It is obvious that the RMSD of the free PR rises gradually in the first 3 ns; thereafter, no tangible rise in the RMSD rate of the free PR is seen until the end of the simulation, and the structure reaches stability. In the same way, the RMSD of the PR-ZINC00869973 complex enjoys a rise in first 1 ns, thereafter becoming stable until the end of the simulation. Moreover, the RMSD of the other complexes' elevates for the first 2 ns, and continues almost similarly to the end of the simulation. Therefore, it is seen that all the systems equilibrate along the MD simulation, reflecting the notion that the presence of the ligand and various interactions with PR binding site residues cause no eminent deviation in complex structure during the MD simulation [40]. Moreover, Zheng et al. [41] reported that the PR structure preserves its stability during MD simulation, which is in accordance with our findings. Furthermore, as shown in Fig. 12, the RMSD values of the ligands in each

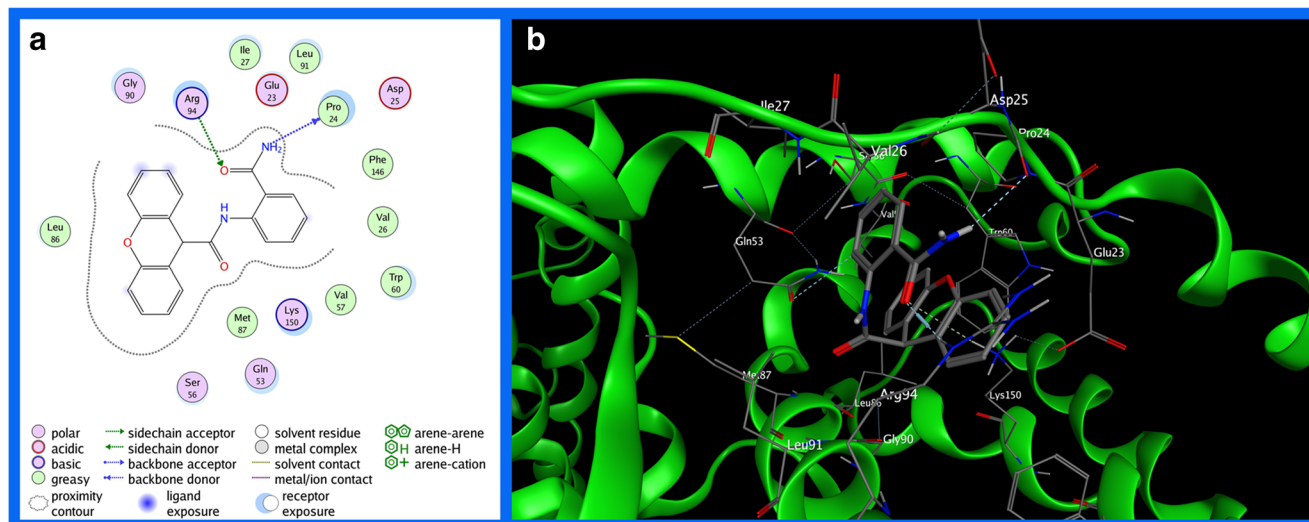
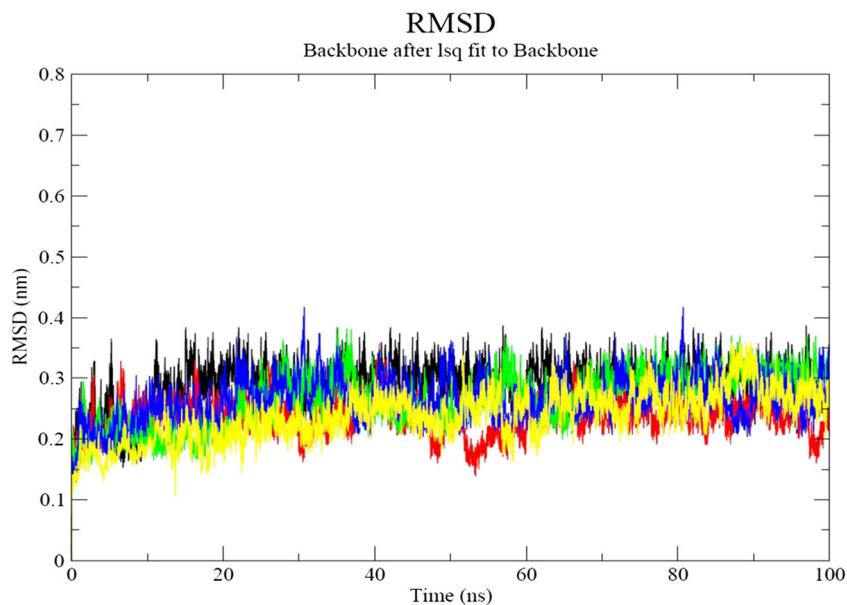


Fig. 10 Schematic representations (2D and 3D) of the binding interactions between the PR active site and ZINC00117321

Fig. 11 Root mean square deviation (RMSD) values of free PR (*blue*), and PR-ZINC00936598 (*red*), PR-ZINC00869973 (*green*), PR-ZINC01020370 (*black*) and PR-Levonorgestrel (*yellow*) complexes



complex are clearly stable from the beginning to the end of the simulation. From these results, it can be concluded that the protein–ligand complexes preserve stability throughout the 100 ns of MD simulation.

Also, in order to study the flexibility of the residues of these structures throughout the simulation, root mean square fluctuation (RMSF) of the apo and complex forms of PR backbone atoms was computed over the entire trajectory [42]. Residues with high RMSF values divulge more flexibility, whereas low RMSF values reflect restrictions on the movement of residues in 100 ns of MD simulation, and thus

less flexibility. The rate of RMSF differences is shown in Fig. 13, showing that the great majority of free PR residues have RMSF values <0.25 nm. It can be seen that almost all systems have the same fluctuations in each residue. However, PR-Levonorgestrel and PR-ZINC00869973 complexes fluctuate more than the other complexes in some cases. Furthermore, again it seems that amino acids Glu23, Pro24, Asp25, Val26, Ile27, Gln53, Ser56, Val57, Trp60, Leu86, Gly90, Arg94, Leu91, Trp93, Gln143, Phe146 and Lys150 play roles in binding of ligands to the PR and enjoy less flexibility, suggesting stability of the active site. Our data also

Fig. 12 RMSD values of PR-ZINC00936598 (*red*), PR-ZINC00869973 (*green*), PR-ZINC01020370 (*black*) and PR-Levonorgestrel (*blue*) complexes

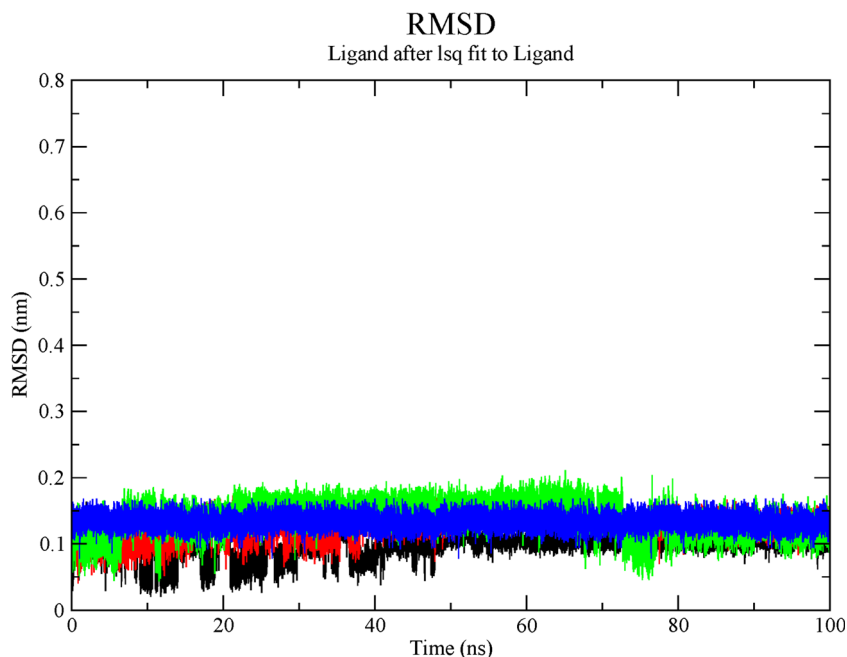
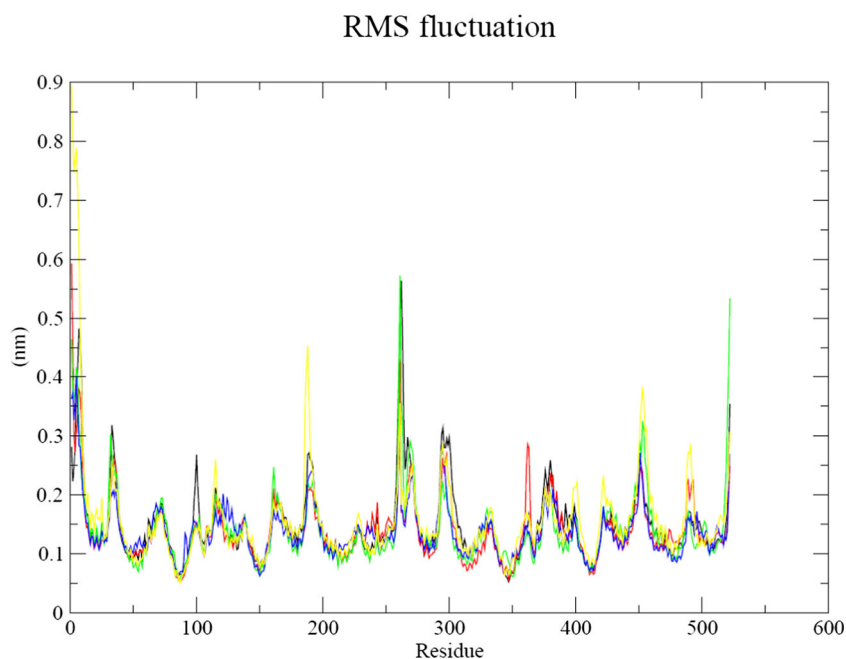


Fig. 13 Root mean square fluctuation (RMSF) values of free PR (*blue*), and the PR-ZINC00936598 (*red*), PR-ZINC00869973 (*green*), PR-ZINC01020370 (*black*) and PR-Levonorgestrel (*yellow*) complexes



suggest that ligand binding to PR, and the bound formation, results in no major changes in flexibility of protein structure residues, confirming the RMSD results. This result supports the findings of a previous study [43].

The level of compactness or folding rate of the backbone atoms during the MD simulation was also evaluated using the radius of gyration (Rg) analysis [44]; Rg studies concentrate on protein structure compactness. As shown in Fig. 14, the

Radius of gyration

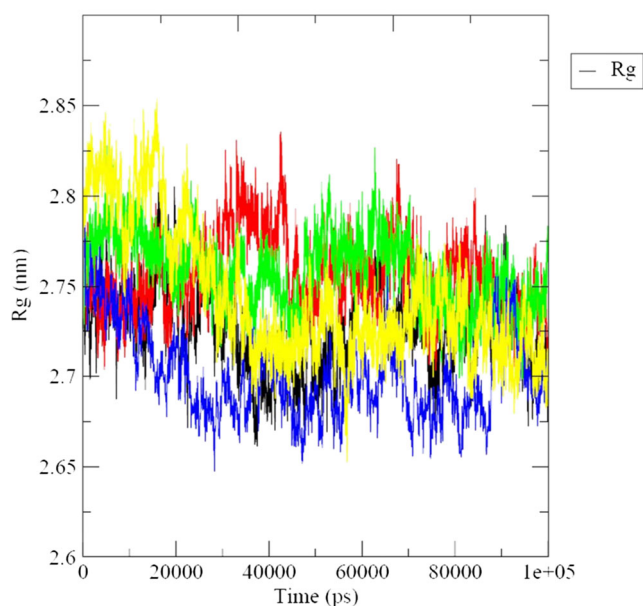


Fig. 14 Radius of gyration (Rg) values of free PR (*blue*), and the PR-ZINC00936598 (*red*), PR-ZINC00869973 (*green*), PR-ZINC01020370 (*black*) and PR-Levonorgestrel (*yellow*) complexes

free PR and PR-Levonorgestrel complex Rg values declined over the 100 ns MD simulation, whereas in the other complexes the Rg rate remains almost intact. Our data suggest that, while the inhibitor did not remarkably affect the flexibility and the deviation of the PR residues (Figs. 11 and 13), it was not able to induce a noticeable movement in PR structure, and hence protein compactness remains unchanged during MD simulation [45].

Intermolecular interactions of lead compounds with PR were evaluated during the simulation using *g_hbond* [46]. As depicted in Fig. 15, analysis of PR-Levonorgestrel

Hydrogen Bonds

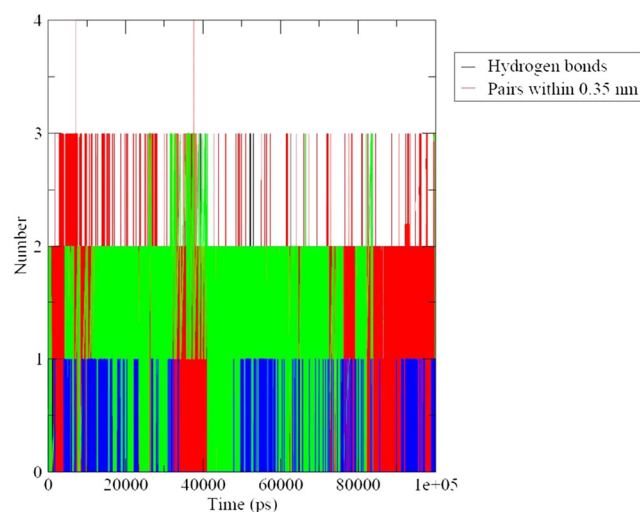


Fig. 15 H-bond values of PR-ZINC00936598 (*red*), PR-ZINC00869973 (*green*), PR-ZINC01020370 (*black*) and PR-Levonorgestrel (*blue*) complexes

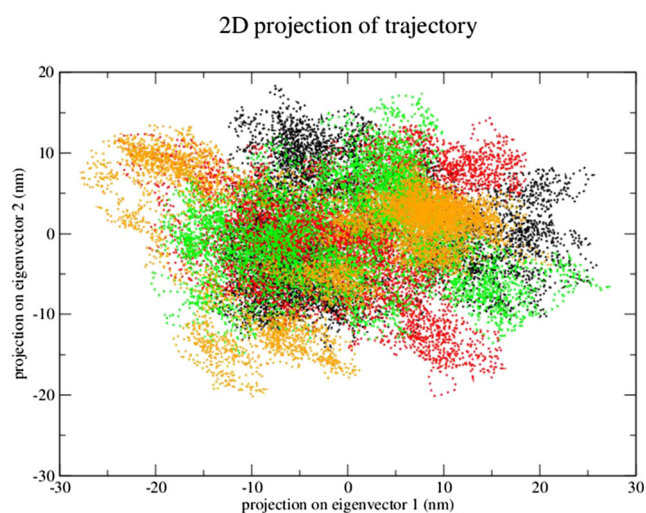
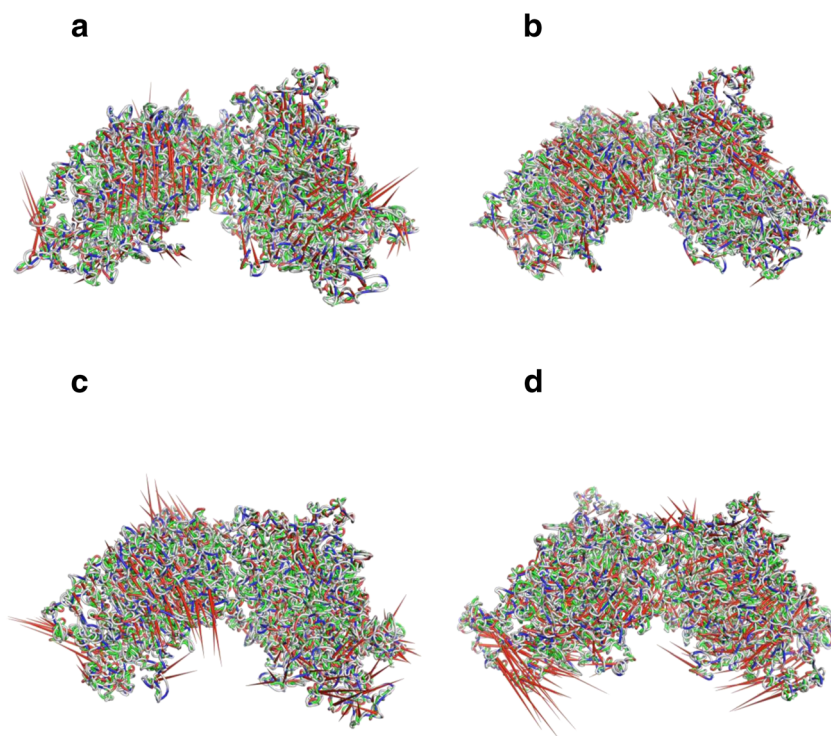


Fig. 16 First two eigenvectors describing the projection of protein motion in phase space for PR-ZINC00936598 (*red*), PR-ZINC00869973 (*green*), PR-ZINC01020370 (*black*) and PR-Levonorgestrel (*orange*) complexes

complex revealed one hydrogen bond during the course of 100 ns simulation and a maximum of two hydrogen bonds. Similarly, in the case of the PR-ZINC01020370 and PR-ZINC00869973 complexes, the results revealed one hydrogen bond and a maximum of three hydrogen bonds during the 100 ns simulation. However, in the case of the PR-ZINC00936598 complex, the results showed at least one hydrogen bond and a maximum of four hydrogen bonds throughout 100 ns simulation. Comparison of H-bond analysis from MD simulations confirmed that the lead compound

Fig. 17a–d Porcupine plots based on principal component analysis (PCA) of the protein backbone from the simulation. Complexes: **a** PR-ZINC01020370, **b** PR-ZINC00936598, **c** PR-ZINC00869973, **d** PR-Levonorgestrel



ZINC00936598 was more potent compared to ZINC01020370 and ZINC00869973.

Principal component analysis

In the present study, in order to better understand the conformational changes, the effect of ligand binding to the overall PR structure motion was investigated using PCA methods. The 2D projection of the first two major principal components (PC1 and PC2) was performed using ED, dividing conformational subspace to essential subspaces [47], for all lead compound-bound PR structures (Fig. 16). As illustrated in Fig. 16, it is obvious that the eigenvectors calculated from the MD trajectory for all systems are quite diverse, clearly demonstrating the difference in structural motion between the systems. It can be concluded that ligand binding to the PR structure resulted in conformational change. Therefore, the less occupied the conformational space in PCA analysis, the greater the inhibitory power of the bound ligand toward the protein structure. Our data are consistent with data reported by Singh et al. [48].

On the other hand, the first and the second principal modes of the lead compound-PR complexes were illustrated using porcupine plots [49]. As shown in Fig. 17, the protein loops and directions of domain motion have been plotted using spines. In the case of the PR-ZINC00936598 complex, it is obvious that chains A and B move downward-right and upward-left, respectively, and these movements in reverse direction were able to strike out the active site of the protein, and to establish more interactions between the ligand and active site

Table 5 Binding free energy results of PR complexes using MM-PBSA calculations. All energies in kJ mol^{-1} . SASA Solvent accessible surface area

	PR-ZINC01020370	PR-ZINC00936598	PR-ZINC00869973	PR-Levonorgestrel
van der Waal energy	-122.717 ± 13.284	-182.430 ± 12.082	-201.224 ± 9.423	-215.132 ± 10.188
Electrostatic energy	-39.109 ± 9.670	-59.195 ± 8.740	-60.966 ± 7.467	-31.076 ± 4.655
Polar solvation energy	112.213 ± 14.864	200.815 ± 14.071	174.099 ± 9.731	100.380 ± 6.639
SASA energy	-12.562 ± 0.799	-18.192 ± 0.773	-17.851 ± 0.568	-17.213 ± 0.613
Binding energy	-62.175 ± 11.597	-59.002 ± 13.335	-105.943 ± 11.959	-163.041 ± 10.100

residues. Similarly, in the case of PR-ZINC00869973, such motions, the same as PR-ZINC00936598, are more visible and with a sharper angle. Concerning the PR-ZINC01020370 complex, with a slight difference, chain A and chain B move downward and upward, respectively. However, in the case of PR-Levonorgestrel complex, chain A and chain B move counter-clockwise and clockwise, respectively, showing a different pattern of movement than the other complexes. All these motions demonstrate the conformational changes induced by ligand binding to the PR structure [50].

Free energy calculations

In order to investigate the stability and binding of lead compounds after MD simulation, binding free energy of the compounds was estimated by the MM-PBSA method. MM-PBSA is a powerful tool used to study the binding free energy of protein–ligand complexes. As listed in Table 5, Levonorgestrel ($-163.041 \text{ kJ mol}^{-1}$) and ZINC00869973 ($-105.943 \text{ kJ mol}^{-1}$) compounds, enjoy less binding energy than ZINC01020370 ($-62.175 \text{ kJ mol}^{-1}$) and ZINC00936598 ($-59.002 \text{ kJ mol}^{-1}$). Similarly, calculated van der Waal energies for Levonorgestrel ($-215.132 \text{ kJ mol}^{-1}$) and ZINC00869973 ($-201.224 \text{ kJ mol}^{-1}$) compounds were less than those of the other hits, whereas, electrostatic energy values in ZINC00869973 ($-60.966 \text{ kJ mol}^{-1}$) and ZINC00936598 ($-59.195 \text{ kJ mol}^{-1}$) were lower than the others. In the case of SASA energy, all four compounds have almost the same value. However, in contrast to the other energies, polar solvation energy contributes positively to the total binding free energy value. The strong computed binding energies support our docking results [51].

Conclusions

In this study, we used a wide range of computational methods to examine the effect of plant-derived drug compounds on the structure of PR. VS, ADMET study, molecular docking, MD simulation, PCA and MMPBSA analyses led us to findings that could explain the important effects of these compounds on the structure of PR. Among the 20,000 compounds studied after VS, ADMET and docking, three compounds

(ZINC00936598, ZINC01020370 and ZINC00869973) were selected based on docking energies.

The MD simulation for 100 ns of the complex of each of these three compounds with the PR structure showed that, in the RMSD analysis, each of the three complexes was equilibrated and stable. RMSF analysis showed less flexibility in the residues during simulation, and confirmed the stability of common amino acids in the interactions (Glu23, Pro24, Asp25, Val26, Ile27, Gln53, Ser56, Val57, Trp60, Leu86, Gly90, Arg94, Leu91, Trp93, Gln143, Phe146 and Lys150). However, the Rg analysis of all complexes remained intact, indicating the stability of PR compactness during simulation. Additionally, H-bond analysis revealed the greater power of ZINC00936598 in PR inhibition. Furthermore, PCA analysis confirmed that ligand binding to PR structure resulted in conformational changes, and also changes in the direction of different domain movements, in each structure. Finally, the MMPBSA analysis indicated strong ligand binding energies with PR after simulation, confirming the docking results.

Acknowledgment We thank Behbahan Faculty of Medical Sciences for financial support (grant number: 9523).

Compliance with ethical standards

Conflict of interest None Declared.

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