## **ORIGINAL CONTRIBUTION**



# Risk of seizures associated with antipsychotic treatment in pediatrics with psychiatric disorders: a nested case–control study in Korea

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Received: 8 January 2020 / Accepted: 31 March 2020 / Published online: 7 April 2020 © Springer-Verlag GmbH Germany, part of Springer Nature 2020

# Abstract

Antipsychotic drugs raise seizure risk in adults, and antipsychotic drug use is increasing among pediatric psychiatric disorder patients. However, few studies have examined seizure risk in this younger patient population. To evaluate seizure risk in pediatric patients on antipsychotics, we conducted a nested case–control study using a nationwide database. Patient information was retrieved from the Korean Health Insurance Review and Assessment (HIRA) database from 2008–2018. Antipsychotic use among newly diagnosed psychiatric patients was gathered starting 1 year before the index date and categorized as recent, past, consistent, or none. Seizure cases among these patients were defined based on (1) prescription of antiepileptic drugs or (2) an electroencephalography (EEG) examination among patients with seizure diagnostic code. A conditional logistic regression model was constructed to estimate odds ratios (ORs) and 95% confidence intervals (CIs) for seizure risk due to antipsychotic use. In total, 1523 seizure cases and 6092 seizure-free controls aged 8–19 years with newly diagnosed psychiatric disorders were included for analysis. Logistic regression revealed a significant association between antipsychotic use and seizure development (recent users OR = 4.03, 95% CI 3.4–4.79; consistent users: OR = 2.84, 95% CI 2.44–3.3). Seizure risk enhanced further with an increase in the number of antipsychotic drugs used. Risperidone, aripiprazole, quetiapine, olanzapine, paliperidone, and blonanserin were independently associated with greater seizure risk. Pediatric patients receiving antipsychotic users, should be carefully monitored for seizure development.

Keywords Antipsychotics · Pediatrics · Seizure · Adverse drug events · Nested case-control study

# Introduction

Antipsychotic prescriptions for children and adolescents have increased substantially in recent years [1–8]. While most studies documenting this rise have originated from the US and Europe [1, 2, 4, 5, 7, 8], a few studies from Asia have reported a similar increase in pediatric antipsychotic

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**Electronic supplementary material** The online version of this article (https://doi.org/10.1007/s00787-020-01525-4) contains supplementary material, which is available to authorized users.

<sup>2</sup> Department of Psychiatry, School of Medicine, Kyungpook National University, Daegu, Republic of Korea prescriptions [3, 6]. Despite this growing use, there is a lack of evidence demonstrating the long-term therapeutic efficacy of antipsychotics for children and adolescents [1, 9], and only a few such drugs have been approved for this age group, primarily for autism spectrum disorders, bipolar disorder, and schizophrenia. Thus, pediatric patients often receive multiple antipsychotic drugs for non-approved psychiatric conditions [9, 10], and there is great potential for serious adverse reactions, such as seizures.

Antipsychotics are well known to lower the seizure threshold and increase seizure risk in adults [11–13], but such an association has not been clearly demonstrated for children and adolescents even though the consequences may be more severe in the developing brain [14]. Indeed, pediatric seizures are associated with reductions in brain tissue volume, cognitive ability [15, 16], and quality of life [17]. Given the recent increase in antipsychotic use among pediatric patients and the general lack of information on potentially deleterious health effects, it is crucial to investigate the seizure risk in this population. To the best of our knowledge,

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only two studies have reported on the associations between antipsychotics and adverse events including seizure among pediatric patients in Western countries [18, 19], but neither examined the seizure risks associated with specific agents or the influences of drug dosage, exposure duration, and other relevant clinicodemographic factors. Further, these studies did not consider pre-existing health conditions or medication histories for seizure-associated neurologic conditions that could predispose to psychiatric disorders. To examine the risk of seizures in pediatric patients receiving antipsychotics, we utilized a nationwide population-based dataset containing extensive information on disease conditions and drug treatment history. We aimed to investigate the impact of the following factors on seizure development: (1) antipsychotic prescription status (i.e., recent user, past user, consistent user, or non-user), (2) antipsychotic polypharmacy, and (3) the specific type of antipsychotic agent.

# Methods

#### **Data source**

We used claims data for pediatric patients with a diagnosed psychiatric disorder from the Health Insurance Review and Assessment (HIRA) database from 2010 to 2018. The Republic of Korea has a universal health care system that covers the entire population, the vast majority (97%) through the National Health Insurance Services (NHIS) and 3% by the Medical Aid Program. The HIRA database consists of claims records for all NHIS beneficiaries submitted by medical institutions for reimbursing healthcare providers. Thus, this database contains medical information for nearly all of the Korean population. From the claims data, we used age, sex, diagnosis, prescription records, and type of medical insurance to examine seizure incidence among the pediatric population receiving antipsychotic agents and associated risk factors. Prescription records provided information about active ingredients, issue dates, treatment duration, and route of administration. The study was approved by the Institutional Review Board of Kyungpook National University (IRB number: KNU 2018-0141). The need for informed patient/guardian consent was waved as the data were anonymized.

## **Cohort population**

For this nested case–control study, we created an eligible cohort consisting of pediatric patients newly diagnosed with a psychiatric disorder and without seizures at baseline. The eligible cohort population excluded youth  $\leq 7$  years of age as such patients are rarely prescribed antipsychotics [3] and seizures are more likely related to other risk factors such as

fever compared to older pediatric patients [20-22]. From the pediatric population aged 8-19 years, we first selected 29,069 individuals who were newly diagnosed with a psychiatric disorder and without a history of any psychiatric disorder for at least 2 years prior to the initial 2010-2018 HIRA claims date. The psychiatric disorder was identified by the F code for mental, behavioral, and neurodevelopmental disorders of the International Classification of Diseases (ICD)-10. We then reviewed all medical records for the 2 years before the first date of psychiatric diagnosis to rule out pre-existing seizures, neuropathology underlying seizures, and other neurological diseases related to seizures because most seizure cases due to neurologic conditions emerge within 2 years of diagnosis [23–25]. Patients with a diagnosis of seizure, prescription of an antiepileptic drug (AED), or neurologic disorders within 2 years before the first date of psychiatric diagnosis were excluded from our cohort. Supplemental Tables 1 and 2 summarize the ICD-10 codes of neurologic disorders and psychiatric drugs, respectively, for the final cohort included in the analysis.

#### Selection of cases and controls

The cases and controls were selected from this eligible cohort population. Seizure cases were defined as individuals receiving an AED prescription or an electroencephalographic (EEG) examination within 90 days after seizure diagnosis. Controls were selected from the subjects without seizure development in a 4:1 ratio by matching to cases according to age, sex, and the first date of psychiatric diagnosis. The index date of cases was defined as the first date of seizure diagnosis. For controls, the index date was assigned as the same index date of the matched cases.

#### Assessment of antipsychotic exposure

The classification of antipsychotic exposure was based on prescription records gathered starting the year before the index date. We included both typical and atypical antipsychotics in Anatomical Therapeutic Chemical (ATC) class N05A (except lithium; Supplemental Table 3). Antipsychotic use was categorized into the following four groups to account for duration and regency: (1) past user, with an antipsychotic prescription > 90 days before the index date; (2) recent user, with an antipsychotic prescription within 90 days before the index date; (3) consistent user, with antipsychotic prescriptions throughout the observation period; (4) non-user, without records of antipsychotic prescriptions during the observation period. The average number of antipsychotic agents per day was used as a metric of antipsychotic polypharmacy. The value was calculated by dividing the sum of total prescription days per each antipsychotic drug by the observation period. We also assessed the individual seizure risks for the 10 most frequently prescribed antipsychotic agents. Patients who received an antipsychotic drug for  $\geq 30\%$  of days during the year before the index date were defined as users of that agent.

# Concomitant prescription of other psychiatric medications and mental health

In previous studies, the use of other psychiatric medications and the specific psychiatric condition were included as potential factors influencing seizure risk [26–29]. Therefore, we identified prescription records for other psychiatric drugs during the year prior to the index date using the following ATC codes: N04A (anticholinergic drugs), N05B (anti-anxiety drugs), N06A (antidepressant drugs), N06B (attentiondeficit/hyperactivity disorder drugs, ADHD drugs), and lithium (Supplemental Table 2). Only patients receiving these drugs for  $\geq$  30% of days during the observation period were considered users. Psychiatric diagnoses were identified during the same period using the ICD-10 codes indicated in Supplemental Table 4.

#### **Data analysis**

The characteristics of cases and controls are presented as numbers of patients and proportions. A conditional logistic regression model was constructed to estimate odds ratios (ORs) and 95% confidence intervals (CIs) for the associations between various covariates and seizure development. We also constructed two multiple logistic regression equations to estimate the influences of antipsychotic use and antipsychotic polypharmacy on seizure risk after adjusting for covariates. Model 1 included antipsychotic use, history of inpatient stay, and insurance type as variables. Model 2 added each additional psychiatric drug used as a covariate because other psychiatric drugs have also been identified as seizure risk factors [26]. Separate conditional logistic models were constructed to estimate the effects of individual antipsychotic agents on seizure risk. We also performed an additional adjustment for psychiatric diagnosis 1 year before the index date as supplementary information [26–29]. All statistical analyses were performed using SAS Enterprise Guide 6.1 (SAS Institute Inc., Cary, NC, USA).

# Results

A total of 1523 cases and 6092 controls were selected from an eligible population of 18,579 (Fig. 1). Table 1 summarizes the demographic and clinical variables of cases and controls as well as the univariate associations between these variables and seizure incidence. Among cases, 55.4% (844/1523) received a prescription for antipsychotics compared to only 30.8% (1879/6092) of controls. Although the primary psychiatric disease was not used as a matching variable, the distribution of disorders was similar between control and case groups. Depression was the most common primary diagnosis in both groups (case 26.2%, control 25.48%), followed by a reaction to severe stress and adjustment disorder.

About half of the case-patients used antipsychotics consistently (27.9%) or recently (22.9%). The average daily number of antipsychotic medications used was also higher in cases (mean 0.36, standard deviation [SD] 0.50) than controls (mean 0.22, SD 0.46). According to univariate logistic analysis, recent antipsychotic users were at greatest risk of seizure development compared to non-users (OR 4.03, 95% CI 3.40, 4.79), followed by consistent users (OR 2.84,

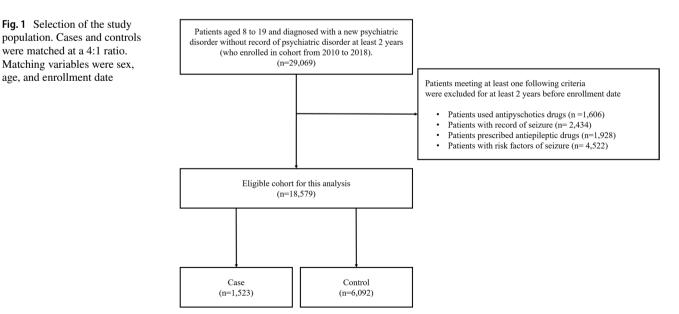


Table 1 Clinicodemographic characteristics of pediatric cases and controls, and univariate analysis of seizure risk factors

Characteristics	Cases <sup>a</sup> $(n=1523)$	Controls <sup>a</sup> ( $n = 6092$ )	Crude ORs (95% CI) <sup>b</sup>
At first admission			
Sex			
Male	797 (52.33)	3188 (52.33)	_
Female	726 (47.67)	2904 (47.67)	_
Age (years)			
8–13	439 (28.82)	1756 (28.82)	_
14–19	1084 (71.18)	4336 (71.18)	_
Insurance type			
Health insurance	1365 (89.63)	5413 (88.85)	1 (ref)
Medical aid	158 (10.37)	679 (11.15)	0.92 (0.77-1.11)
Primary diagnosis <sup>c</sup>			
Anxiety disorder	181 (11.88)	764 (12.54)	_
Depression	399 (26.2)	1552 (25.48)	_
ADHD	148 (9.72)	773 (12.69)	_
Somatoform disorder	37 (2.43)	171 (2.81)	_
Reaction to severe stress, and adjustment disorder	218 (14.31)	882 (14.48)	_
Mental retardation	20 (1.31)	94 (1.54)	_
Behavioral and emotional disorders	100 (6.57)	455 (7.47)	-
Emotional disorders with onset specific to childhood	29 (1.90)	116 (1.90)	_
Nonorganic disorder	46 (3.02)	243 (3.99)	_
Tic disorder	28 (1.84)	88 (1.44)	-
Bipolar disorder	50 (3.28)	152 (2.5)	_
Schizophrenia spectrum	40 (2.63)	72 (1.18)	_
Autism disorder	181 (11.88)	598 (9.82)	_
Within 1 year before the index date			
Inpatient history			
No	1500 (98.49)	6024 (98.88)	1 (ref)
Yes	23 (1.51)	68 (1.12)	1.36 (0.84–2.19)
Use of antipsychotic drugs <sup>d</sup>			
Non-user	679 (44.58)	4213 (69.16)	1 (ref)
Recent user	349 (22.92)	581 (9.54)	4.03 (3.40-4.79)
Past user	70 (4.60)	365 (5.99)	1.19 (0.90–1.57)
Consistent user	425 (27.91)	933 (15.32)	2.84 (2.44-3.30)
Average daily number of antipsychotics			
Mean (SD)	0.36 (0.50)	0.22 (0.46)	N/A
Use of other psychiatric drugs <sup>d,e</sup>			
Anticholinergic drugs	227 (14.90)	578 (9.49)	1.70 (1.44-2.01)
Antianxiety drugs	412 (27.05)	970 (15.92)	2.16 (1.87-2.49)
SSRIs and SNRIs	483 (31.71)	1315 (21.59)	1.77 (1.55-2.02)
Tricyclic antidepressants	23 (1.51)	54 (0.89)	1.72 (1.05-2.81)
MAO inhibitors	83 (5.45)	193 (3.17)	1.81 (1.38–2.37)
ADHD drugs	107 (7.03)	391 (6.42)	1.11 (0.88–1.40)
Lithium	55 (3.61)	99 (1.63)	2.27 (1.62–3.17)

ORs odds ratios, CI confidence interval, SD standard deviation, MAO monoamine oxidase, SSRI serotonin selective reuptake inhibitor, SNRI serotonin-noradrenaline reuptake inhibitor, ADHD attention deficit hyperactivity disorder

<sup>a</sup>Data expressed as number (%)

<sup>b</sup>Odds ratio from the conditional logistic regression model stratified by matched set. Cases and controls were matched for age and sex

<sup>c</sup>Primary diagnosis was defined as the first psychiatric disease record at cohort enrollment

<sup>d</sup>Use of another psychiatric drug defined as a prescription covering  $\geq$  30% of days during the year before the index date

eConditional logistic regressions were conducted separately for each indicated psychiatric drug

95% CI 2.44, 3.30). The risk of seizure was also higher in patients prescribed other psychiatric medications within 1 year before the index date.

Table 2 presents the seizure risk from antipsychotic use with and without adjustment for other psychiatric medications (e.g., antianxiety and antidepressant drugs). In both models, recent and consistent users were at significantly higher risk of seizure development than non-users (Model 1: OR = 4.07, 95% CI 3.42, 4.83; Model 2: OR = 3.97, 95% CI 3.32, 4.74) while past use of antipsychotics was not significantly associated with seizure incidence (Model 1: OR = 1.19, 95% CI 0.90, 1.58; Model 2, OR = 1.16, 95% CI 0.88, 1.54). Moreover, multivariable logistic regression identified significant associations between seizure incidence and both antianxiety drug and MAO inhibitor use within 1 year before the index date.

The relationships between the average daily number of antipsychotic agents and seizure risk are shown in Table 3. There was a positive association between seizure incidence and the average number of antipsychotics used both without and with adjustment for other psychiatric medications

 
 Table 2
 Associations between seizure incidence and use of antipsychotics with or without other psychiatric drugs

	Adjusted OR (95% CI)		
	Model 1 <sup>a</sup>	Model 2 <sup>b</sup>	
Use of antipsychotic drug			
Non-user	1 (ref)	1 (ref)	
Recent user	4.07 (3.42-4.83)	3.97 (3.32-4.74)	
Past user	1.19 (0.90–1.58)	1.16 (0.88–1.54)	
Consistent user	2.87 (2.46-3.34)	2.77 (2.31-3.34)	
Inpatient history (Exposure per	riod)		
No	1 (ref)	1 (ref)	
Yes	1.05 (0.86–1.28)	1.03 (0.85–1.26)	
Insurance type			
Health insurance	1 (ref)	1 (ref)	
Medical aid	0.76 (0.46-1.28)	0.78 (0.46-1.30)	
Use of other psychiatric drugs			
Anticholinergic drugs	-	0.72 (0.59-0.88)	
Antianxiety drugs	-	1.38 (1.17–1.63)	
SSRIs and SNRIs	-	1.20 (0.13–1.39)	
Tricyclic antidepressants	_	1.41 (0.84–2.37)	
MAO inhibitors	_	1.43 (1.06–1.92)	
ADHD drugs	-	0.93 (0.73-1.19)	
Lithium	-	1.36 (0.96–1.93)	

*ORs* odds ratios, *CI* confidence interval, *MAO* monoamine oxidase, *SSRI* serotonin selective reuptake inhibitor, *SNRI* serotonin-noradrenaline reuptake inhibitor

<sup>a</sup>Model 1 was adjusted for insurance type and inpatient history during the exposure period

bModel 2 was adjusted for insurance type, inpatient history, and use of other (non-antipsychotic) psychiatric drugs

(model 1, OR = 1.73, 95% CI 1.55, 1.93; model 2, OR 1.47, 95% CI 1.27, 1.70). Antianxiety drugs, SSRIs/SNRIs, MAO inhibitors, and lithium were all associated with increased risk of seizures in the multivariable-adjusted model.

In addition, we confirmed the same tendency of antipsychotic seizure risk after adjustment for the specific psychiatric disease instead of other psychiatric drugs. Supplementary Table 6 presents the associations between seizure incidence and antipsychotic use after adjustment for specific psychiatric disease. In Supplementary Table 7, we present the associations between seizure incidence and antipsychotic polypharmacy after adjustment for psychiatric disease.

Finally, Table 4 presents the individual associations between the ten most frequently prescribed antipsychotic agents and seizure incidence after adjustment for insurance type and hospitalization (inpatient history). The most frequently prescribed antipsychotic was risperidone, followed by aripiprazole. Risperidone, aripiprazole, quetiapine, olanzapine, paliperidone, and blonanserin were significantly associated with greater seizure incidence.

# Discussion

Several reports have demonstrated an association between seizure onset and the use of antipsychotics in adults [30], but there were limited reports in pediatrics. Using data from general practice and hospital records in the UK between 1999 and 2015, Brophy et al. reported that the seizure rate increased 1.4-fold in children after antipsychotic use [19]. A study by Jerrell et al. based on Medicaid data from 1996 to 2015 in the US also found elevated seizure risk in pediatric patients prescribed risperidone (OR = 1.62, 95% CI 1.13, 2.31) or multiple antipsychotics (OR = 3.41, 95% CI 2.34, 4.91) compared to age-matched patients receiving no antipsychotic medication [18]. In the current study, we confirm this association in the Korean pediatric population using a large nationally representative dataset.

Several mechanisms have been proposed to explain elevated seizure risk from antipsychotic treatment. Although antipsychotics mainly target dopamine D2 receptors, they may also block several other receptors in the dopamine receptor family (D1, D3, D4, and D5) as well as histamine H1 receptors and  $\alpha$ 1-adrenoreceptors, which can lower seizure threshold [31, 32] and disturb the neurosteroid system involved in seizure development [26, 33]. Further, repeated stimulation by antipsychotics may facilitate seizure occurrence by a 'kindling effect' [32, 34].

In our study population, an association between antipsychotic use and seizures was observed only in patients who recently (within 90 days before the index date) or consistently received antipsychotics, but not in patients who received antipsychotics in the past (> 90 days before 
 Table 3
 Association between

 seizure incidence and average
 daily number of antipsychotic

 drugs with or without other
 psychiatric drugs

	Adjusted OR (95% CI)	
	Model 1 <sup>a</sup>	Model 2 <sup>b</sup>
Average daily number of antipsychotic drugs	1.73 (1.55–1.93)	1.47 (1.27–1.70)
Inpatient history (Exposure period)		
No	1 (ref)	1 (ref)
Yes	0.96 (0.79-1.17)	0.96 (0.79–1.17)
Insurance type		
Health insurance	1 (ref)	1 (ref)
Medical aid	1.01 (0.61–1.69)	0.96 (0.57-1.60)
Use of other psychiatric drugs		
Anticholinergic drugs	-	0.95 (0.76–1.18)
Antianxiety drugs	-	1.57 (1.34–1.85)
SSRIs and SNRIs	-	1.38 (1.20–1.59)
Tricyclic antidepressants	-	1.26 (0.76–2.09)
MAO inhibitors	-	1.38 (1.04–1.84)
ADHD drugs	-	1.00 (0.79–1.26)
Lithium	-	1.57 (1.11–2.22)

*ORs* odds ratios, *CI* confidence interval, *MAO* monoamine oxidase, *SSRI* serotonin selective reuptake inhibitor, *SNRI* serotonin-noradrenaline reuptake inhibitor, *ADHD* attention deficit hyperactivity disorder

<sup>a</sup>Model 1 was adjusted for insurance type and inpatient history during the exposure period

<sup>b</sup>Model 2 was adjusted for insurance type, inpatient history, and use of other psychiatric drugs (non-antipsychotic drugs)

	Cases <sup>a</sup> $(n=1523)$	Controls <sup>a</sup> ( $n = 6092$ )	Adjusted OR (95% CI) <sup>b</sup>
Typical antipsychoti	ics		
Haloperidol	28 (1.84)	77 (1.26)	1.26 (0.80-1.99)
Perphenazine	12 (0.79)	38 (0.62)	1.22 (0.63-2.35)
Atypical antipsycho	tics		
Risperidone	217 (14.25)	537 (8.81)	1.60 (1.35–1.91)
Aripiprazole	204 (13.39)	489 (8.03)	1.68 (1.40-2.02)
Quetiapine	80 (5.25)	193 (3.17)	1.35 (1.03–1.78)
Olanzapine	51 (3.35)	111 (1.82)	1.61 (1.14-2.28)
Paliperidone	27 (1.77)	61 (1.00)	1.60 (1.01-2.55)
Amisulpiride	13 (0.85)	38 (0.62)	1.04 (0.54-2.00)
Blonanserin	16 (1.05)	25 (0.41)	2.28 (1.20-4.36)
Clozapine	4 (0.26)	20 (0.33)	0.65 (0.22–1.94)

ORs odds ratios, CI confidence interval

<sup>a</sup>Use of a given antipsychotic drug was defined by a prescription covering  $\geq 30\%$  of days during the year before the index date

<sup>b</sup>Conditional logistic regression was performed separately for each antipsychotic agent after adjusting for insurance type and inpatient history during the exposure period

the index date) even after adjusting for covariates. These results suggest that the effect of antipsychotics on seizure risk may disappear after discontinuation. Consistent with this notion, Thabet et al. reported that a healthy 3-year-old girl completely recovered 3 days from the date of incidental aripiprazole ingestion (30 mg tablets) [35]. In our study, the point estimates for ORs in recent users were higher than in continuous users, and the confidence intervals for estimated ORs did not overlap between the groups in model 1. Therefore, new users in particular should be carefully monitored for the emergence of seizures.

Our results also support previous studies showing an even higher seizure risk under antipsychotic polypharmacy. Jerrell et al. [18] reported a 3.41-fold greater

Table 4Individual oddsratios for seizure incidence inpediatric patients using theten most frequently prescribedantipsychotic agents

seizure risk among pediatric patients prescribed multiple antipsychotics compared to pediatric patients not receiving any psychiatric medication. Similarly, multiple studies have reported that seizures are a dose-dependent side effect of antipsychotics [36–39]. Further, co-prescription of antipsychotics tends to increase the total dose [40, 41], and may further enhance seizure risk through the drugdrug interaction. Most antipsychotics are metabolized by cytochromes P450 (CYP) enzymes in the liver, such as CYP1A2, CYP3A4, and CYP2D6 [42]. Thus, antipsychotic polypharmacy could alter CYP enzyme activity, resulting in additional adverse drug–drug interactions.

Among the most frequently prescribed antipsychotics, we found that the atypical antipsychotics (i.e., risperidone, aripiprazole, quetiapine, and olanzapine) independently associated with greater seizure incidence. Lertxundi et al. suggested that atypical antipsychotics may have a higher seizure risk than typical antipsychotics [43]. However, a review by Hedges et al. concluded that both typical and atypical antipsychotics can increase the seizure risk [30]. In our study, the number of patients treated with typical antipsychotics was too small (less than 2% in both cases and controls) to confirm an association with seizures, so this issue requires additional investigation.

Moreover, our findings suggest differences in seizure risk for individual agents between adults and children. Aripiprazole treatment reportedly carries a lower seizure risk than other agents in adult patients [30, 43]. Indeed, a WHO report of adverse drug reactions reported the lowest seizure rate (2.59%) among patients taking aripiprazole [44]. A cohort study of adults in Taiwan by Wu et al. [12] also reported a 0.41-fold lower risk for seizures while taking aripiprazole compared to risperidone (although the difference did not reach statistical significance). In contrast to previous studies in adults [11-13, 39], the seizure risk of aripiprazole treatment was not lower than that of other agents in our study. Also inconsistent with previous studies in adults [11–13, 39], we did not observe a significant relationship between clozapine and seizure risk. These discrepancies underscore the importance of evaluating individual agent risk separately in children. For instance, antipsychotic-drug pharmacokinetics and pharmacodynamics may differ between children and adults [45]. Indeed, an analysis of the FDA Adverse Event Reporting System database revealed a significant difference in the safety profile of antipsychotics across age groups [46].

In addition to antipsychotics, we found associations between seizure risk and other psychiatric drugs, including anti-anxiety drugs, SSRIs, MAO inhibitors, and lithium, after adjusting for the use of antipsychotics. All of these drugs have been shown to increase seizure risk and are frequently co-prescribed with antipsychotic drugs in psychiatric patients [12]. Thus, future studies should explore the effects of co-prescribed psychiatric medications on seizure risk.

There are several limitations to this study. First, associations were based on prescription data from claims records, which do not necessarily reflect the actual dose taken as the database contains no information on adherence. In fact, adherence in patients with psychiatric disorders may be substantially lower than among patients with physical disorders [47]. Second, seizure incidence was based on insurance claims data rather than actually seizure records and so does not reflect the patient's clinical condition (i.e., seizure frequency and severity). Nonetheless, all patients were either receiving AEDs or were confirmed by EEG examinations. Third, antipsychotic users may have been at a more severe disease stage than non-users. To minimize the effect of disease severity on seizure risk, we used the first date of psychiatric diagnosis as a matching covariate when selecting the controls and adjusted for recent psychiatric diagnosis 1 year before the index date. However, we cannot completely rule out a residual effect due to the association between psychiatric disease severity and seizure development, particularly in cases of ADHD or autism [28, 29]. In addition, this study could not assess the impact of antipsychotic dose [13] due to a lack of information in the database, which remains further study to know the dose-dependent effect of them in pediatric patients.

Using real-world data, we demonstrate enhanced seizure risk in pediatric psychiatric patients taking antipsychotics, especially among new users. In addition, this risk is further elevated by the administration of multiple antipsychotic agents (polypharmacy). Our findings indicate the need for careful monitoring of children and adolescents receiving antipsychotic treatment and for appropriate management of treatment regimens to reduce seizure risk.

Acknowledgements This research was supported by Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Education (NRF-2018R1D1A1B07043416).

Author contributions Soo Min Jeon, Susan Park, and Jin-Won Kwon conceived the study, and Soo Min Jeon, Susan Park, Dohoon Kim, and Jin-Won Kwon executed the analysis and reviewed the results. Soo Min Jeon and Susan Park wrote the first draft of the manuscript. Jin-Won Kwon coordinated the study, and all authors approved the final manuscript as submitted and agree to be accountable for all aspects of the work.

### **Compliance with ethical standards**

**Conflict of interest** The authors declare that they have no conflicts of interest.

**Ethical approval** Ethical approval for the study was obtained from the Institutional Review Board of Kyungpook National University (IRB number: KNU 2018–0141). The requirement for informed consent

from the study population was waived by the board because the data was anonymous.

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