



Efficacy and safety of drugs for attention deficit hyperactivity disorder in children and adolescents: a network meta-analysis

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Abstract

The aim of this study is to gather evidence of head-to-head double-blind randomized-controlled trials on the efficacy and safety of available treatments for attention deficit hyperactivity disorder (ADHD) in children and adolescents. A systematic review was conducted by two independent reviewers in ten electronic databases (PROSPERO register CRD42016043239). Methodological quality of included studies was evaluated according to the Jadad scale. Network meta-analyses were performed including double-blinded head-to-head trials comparing active allopathic drugs in patients (0–18 years old) diagnosed with ADHD. The results of efficacy and safety of atomoxetine (ATX), bupropion, buspirone (BSP), dexamphetamine, edivoxetine (EDX), guanfacine (GXR), lisdexamfetamine (LDX), methylphenidate (MPH), mixed amphetamine salts, modafinil, pindolol (PDL), reboxetine (RBX), selegiline, and venlafaxine were analyzed using ADDIS software v.1.16.5. Forty-eight trials were identified ($n = 4169$ participants), of which 12 were used for efficacy analysis and 33 for safety analysis. On the CGI-I scale, the analysis revealed that MPH was more effective than ATX and GXR. For the safety outcomes, according to drug ranks, LDX was more likely to cause sleep disorders (39%) as well as loss of appetite (65%) and behavior problems such as irritability (60%). BSP (71%) and EDX (44%) caused less appetite decrease. For behavioral effects, PDL was considered safest (50%). For any adverse events, RBX (89%) was the safest alternative. The lack of head-to-head trials properly reporting outcomes of interest limited some comparisons. Network meta-analysis offered a broader overview on the available treatments for ADHD, especially for safety issues, and contributes towards evidence gathering and clinical practice decisions. A core outcome set for ADHD should be designed to guide the conduction and report of clinical trials.

Keywords ADHD · Systematic review · Multiple treatment comparison · Efficacy · Safety

Introduction

Attention deficit hyperactivity disorder (ADHD) is the most common psychiatric disorder that affects around 3.4% (CI 95% 2.6–4.5%) of school-age children worldwide [1].

According to the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders 5th edition (DSM-V), ADHD is characterized by symptoms such as inattention, hyperactivity, and impulsivity [2]. This syndrome may be caused by several changes in the neurotransmitter system. Although its pathophysiology mechanisms have not been completely elucidated [3], studies have shown the involvement of catecholamines, especially noradrenaline and dopamine [4–6].

Some studies have investigated the differences between the pharmacological mechanisms of the two main group of drugs for ADHD (stimulants and non-stimulants), but there are still some gaps about their therapeutic effects and possible adverse events [7–9]. Stimulant medication, i.e., methylphenidate (MPH) and dexamphetamine (DEX), are the drugs of choice as the first therapeutic strategies [10, 11]. Other options include lisdexamfetamine (LDX) and mixed amphetamine salts (MAS). However, 30% of

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patients do not respond clinically to these stimulants or are intolerant to therapies whose major complaints are adverse effects such as insomnia, decreased appetite, irritability, mood lability, headache, and gastrointestinal symptoms [11, 12]. Atomoxetine (ATX), a non-stimulant drug, is the second-line treatment for ADHD. Some other available therapeutic alternatives of non-stimulants include: bupropion (BUP), clonidine, guanfacine (GXR), theophylline, modafinil (MOD), amantadine (AMA), selegiline (SLG), and venlafaxine (VEN), some of them of off-label use [13, 14]. The most common adverse events of these drugs are: insomnia, decreased appetite, sedation, dizziness, anxiety, abdominal pain, and headache [15–20]. Given this great amount of available strategies, therapeutic decision-making can be difficult if no clear delimitation on the clinical profile of each drug exists.

Double-blind randomized-controlled trials (DBRCT) of direct comparison between active drugs, also referred to as head-to-head (HTH) trials, can provide clear evidence on health technology profiles, being useful for therapeutic decision-making and protocols improvement. However, the high financial cost and the large amount of patients needed to provide significant results may limit this type of study being carried out [21, 22].

Systematic review and meta-analysis are useful tools for strengthening primary efficacy and safety results of clinical trials, preventing additional trials being carried out on a topic [23]. Moreover, the introduction of the statistical concept of multiple treatment meta-analysis, also referred to as multiple treatment comparison (MTC), network meta-analysis (NMA), or indirect meta-analysis, allows the comparison of more interventions simultaneously even when they have not been directly compared by clinical trials [21, 24]. This offers a broader overview of all available treatment in the same model. Compared with pairwise meta-analyses, NMA also allow rank ordering the interventions on the best, second best and so on, which support clinical decisions [24].

The previous studies have already demonstrated significant evidence on the efficacy and safety of some of the drugs used for ADHD [25–31]. A recent systematic review with NMA comparing some active drugs (ATX, LDX, clonidine, GXR, and MPH) and placebo found no differences among the therapies for safety outcomes [32]. However, there are still other therapies currently available or recently approved for ADHD worldwide that should be better investigated. This evaluation may also guide the update and reformulation of treatment protocols.

Thus, our goal was to perform an NMA to gather in one single model further evidence from HTH DBRCT of all available pharmacological treatments for ADHD in children and adolescents.

Methods

This systematic review is part of a larger project about drugs for ADHD and was performed in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines and Cochrane Collaboration recommendations [33–35]. The PROSPERO registration number is CRD 420160433239.

Search strategy and selection criteria

A systematic review was previously conducted by two independent reviewers in ten electronic databases (updated February 2017). Studies meeting the following criteria were included: HTH DBRCT directly comparing active allopathic drugs (any dosage or regimen) in children and adolescents (0–18 years old) diagnosed with ADHD. Crossover and parallel group studies were included. Other types of studies, records in non-Roman characters or trials using only placebo as main comparator were excluded. Initially, 24,765 registers of DBRCT were found (see Appendix 1 for complete search strategies). After exclusion of duplicate studies, titles and abstracts of 14,504 articles were read. Of these, 303 met the inclusion criteria and were fully read. Finally, 53 studies referring to 48 clinical trials were included for data extraction and analyses.

Data extraction and quality assessment

The following data were extracted from the 48 trials: (1) author name(s), publication date, patient characteristics (diagnosis, gender, age, and comorbidities); (2) type of treatment, duration, and dosage; (3) efficacy outcomes reported as psychometric scales; (4) safety outcomes assessed based on the incidence of any adverse events (overall rate reported by the authors of the studies), the most common being sleep disturbance, decreased appetite, and behavior events such as irritability, crying, anxiety, nervousness, aggression, and restlessness. Methodological quality of included trials was assessed according to the Jadad scale [36].

Statistical analysis

The included studies were analyzed using the NMA technique. We compared the efficacy and safety of drugs using ADDIS (Aggregate Data Drug Information System) software v. 1.16.5. NMA is a technique recommended by the International Society for Pharmacoeconomics and Outcome Research (ISPOR) to compare outcomes between different treatments [37]. NMA uses a Bayesian approach and allows comparisons among all treatment arms of the

studies, including direct and indirect comparisons simultaneously [38].

To obtain the pooled effect sizes, a random-effect model based on the Markov chain Monte Carlo (MCMC) simulation method was built using a Bayesian approach. A consistency model was drawn for each evaluated outcome and treatments' relative effect sizes were calculated using odds ratios (OR) for binary outcomes and mean difference (MD) for continuous outcomes. Our model adopted a final random effect rather than a fixed-effect model as it is the most appropriate and conservative analysis to account for variance among studies. The goodness of fit of the model was assessed using residual deviances (DIC). To increase the estimate precision of the relative effect sizes of comparisons and to properly account for correlations between multi-arm trials, rank probabilities involving all the interventions were built for each outcome. Results were reported with 95% credibility intervals (CrI). Rank probabilities were also built to increase the estimate precision of the relative effect sizes of comparisons, enabling conclusions to be drawn for each outcome of interest [24, 37]. These ranks account for all treatments and order them according to their probability of being the best, second best and so on. The robustness of the models was estimated using node splitting analysis, which reveals possible differences among direct and indirect comparisons of a particular node and its ramifications in the network; *p* values < 0.05 reveal inconsistencies in the network that should be further investigated.

Results

Electronic searches of the systematic review identified 48 HTH DBRCT (*n* = 4169 participants) [4, 16–20, 39–81]. Studies were published between 1971 and 2016, especially by the United States of America (USA) (50.0%), Iran (26%) and Canada (12.5%). The mean age of patients was 9.35 years (SD 1.46) with a majority of males 77.5%. Most patients were diagnosed with combined symptoms of ADHD (77.6%), while 22.5% were predominantly inattentive, and 2.0% were predominant hyperactive/impulsive. Overall, 23 trials (47.9%) (*n* = 1209) reported patient's comorbidities, being ODD (oppositional defiant disorder) the most prevalent (23.8%), followed by conduct disorder (CD = 6.3%) and anxiety (3.0%). The mean duration of treatments was 7 weeks (SD 13.17) and the most commonly used drugs were MPH (77.0%), DEX (20.8%), MAS (16.6%), ATX (12.5%), and LDX (6.3%) (see Supplementary Material Table S1). The Jadad scale indicates that the studies presented moderate-to-good methodological quality (mean score 4, ranging from 1 to 5).

Efficacy outcomes

A total of 12 articles (*n* = 1552 patients) were identified as providing data on efficacy outcomes [4, 16, 18–20, 60, 66–68, 73, 81, 82]. The following drugs were reported: MPH, SLG, MAS, BUP, ATX, reboxetine (RBX), MOD, AMA, VEN, memantine (MEM), and GXR.

Considering that studies reported data on several different psychometric scales, the total number of studies that could be used in each comparison was very low. For the ADHD Rating Scale created by DuPaul in 1991, two studies were gathered [18, 60], while six trials [4, 16, 19, 20, 67, 73] informed the ADHD Rating Scale IV introduced by DuPaul in 1998. Two other studies [4, 66] reported data from the Clinical Global Impression Severity scale created by Guy in 1976, two referred to Guy's 1976 Clinical Global Impression Improvement (CGI-I) scale [81, 82] and another two [66, 68] to the CRS proposed by Conners in 1997. NMA was conducted for each one of these outcomes. However, probably due to the lack of standardized scales and inadequate reporting of results, consistency analyses revealed few statistical differences. Only for Guy's 1976 CGI-I scale was it possible to compare three drugs (ATX, GXR, and MPH). MPH was found to be more effective than GXR (MD 1.92 [CrI 95% 0.64–5.94]) and ATX (MD 3.15 [CrI 95% 0.75–13.71]). GXR was more effective than ATX (MD 1.65 [CrI 95% 0.65–4.17]) (see Fig. 1). Other complete analyses are shown in the supporting information (Figs. S1–S6). Node splitting analyses were not performed for these networks due to their simple geometry.

Safety outcomes

A total of 33 articles (*n* = 3493 patients) evaluated at least one safety outcome [4, 16–20, 45, 50–53, 55–57, 60–68, 72–75, 77–79, 81–83] reporting data on: (1) any adverse event, (2) sleep disturbance, (3) decreased appetite, or (4) behavior events (e.g., irritability, crying, anxiety, nervousness, aggression, and restlessness). A network of comparisons was built for each outcome of interest. For sleep disturbances, 14 drugs were included (BUP, buspirone—BSP and DEX, edivoxetine—EDX, GXR, ATX, MPH, LDX, and MOD, pindolol—PDL, RBX, SLG, VEN, and MAS), with 17 direct comparisons between them; MPH vs. ATX involved three studies, while comparisons of MPH vs. BUP, MPH vs. BSP, MPH vs. DEX, and MPH vs. SLG involved two studies each (see Fig. 2). For the outcome of decreased appetite, the analysis included 12 drugs with 14 possible direct comparisons, the most common being MPH vs. MAS (five studies). For the outcome of behavior events, EDX, DEX, BUP, GXR, ATX, MPH, LDX, PDL, VEN, MOD, and MAS were evaluated. Finally, for the outcome of any adverse event, eight drugs were analyzed

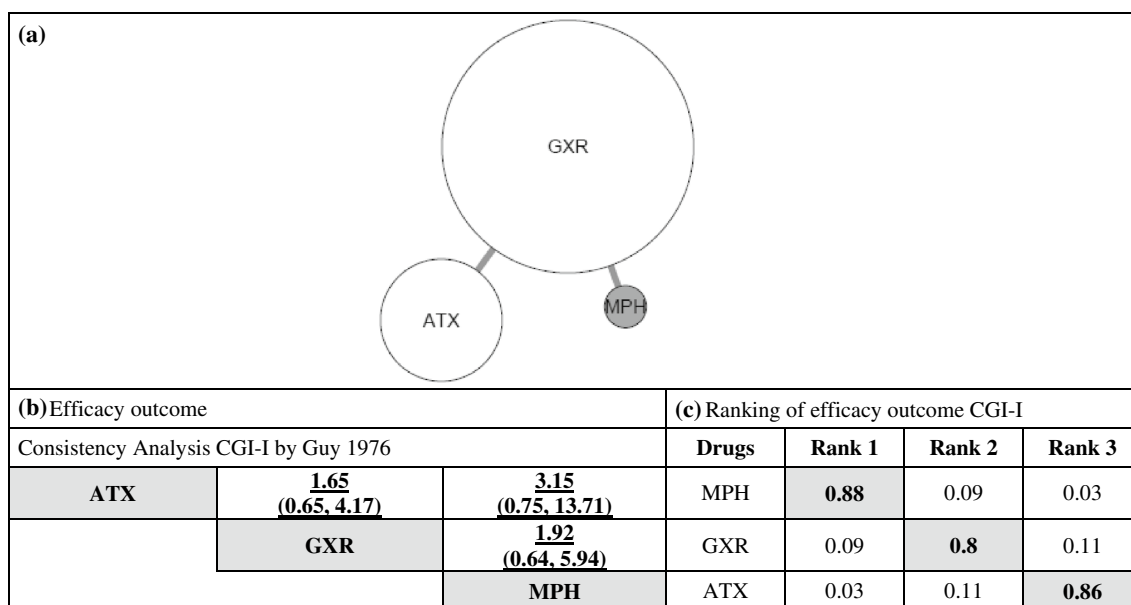


Fig. 1 **a** Network of comparisons for efficacy outcome by CGI-I (Guy 1976). The nodes (drugs) are represented by circles. The grey circles represent stimulant drug and the white circles represent non-stimulant drugs. The lines connecting each drug represent direct comparisons, while indirect ones were statistically estimated. The thickness of the line represents the amount of existing comparisons and the size of the circles (nodes) indicates the sample-size number. **b** Consistency analysis for the outcome of efficacy. Drugs are reported in alphabetical order. The values presented correspond to the mean difference (MD) associated with its credibility interval (CrI). When the CrI does not cross the 0 null line, there is a statistically significant differ-

ence between the treatments. Comparisons are made between a first drug (e.g. ATX) and a second drug (e.g. GXR) with presentation of the estimated value (1.65 [0.65–4.17]). An MD value of less than 0 demonstrates that the first drug in the comparison is the more effective. An MD value greater than 0 indicates that the second drug in the comparison is more effective. The highlighted pictures presented statistical differences. **c** Rank probabilities of drugs. The values are given as the probability of each treatment occupying a position. Ranking 1 is the best therapy and the last one is the worst treatment for this outcome. *ATX* atomoxetine, *GXR* guanfacine, *MPH* methylphenidate

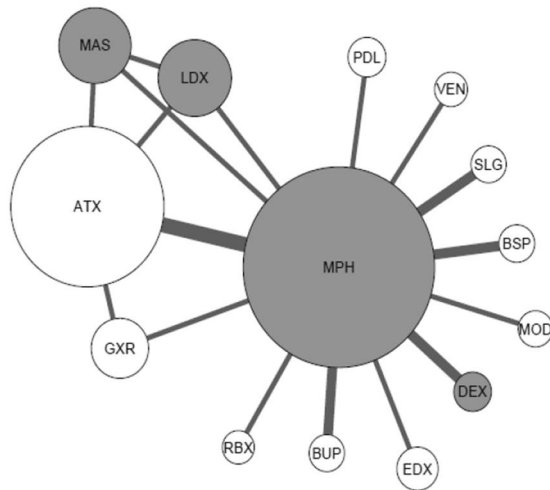
(BUP, EDX, ATX, GXR, MPH, LDX, RBX, and MAS), the comparison MPH vs. ATX being the most prevalent ($n = 3$ studies) (see Fig. 2).

The consistency analysis showed many statistical differences among drug profiles for the outcome of sleep disorders. ATX presented significantly more chance of causing sleep problems compared to BSP (OR 0.05 [CrI 95% 0.00–0.40]) and BUP is less safe than BSP (OR 0.04 [CrI 95% 0.00–0.57]) for this outcome. BSP was safer than DEX, EDX, GXR, LDX, MPH, MAS and PDL (see Fig. 3). In addition, DEX (OR 0.06 [CrI 95% 0.00–0.72]), GXR (OR 0.08 [CrI 95% 0.00–0.99]), LDX (OR 0.04 [CrI 95% 0.00–0.47]), MPH (OR 0.07 [CrI 95% 0.00–0.68]), MAS (OR 0.05 [CrI 95% 0.00–0.55]), and PDL (OR 0.05 [CrI 95% 0.00–0.76]) showed statistically unfavorable results when compared to SLG. Moreover, the drugs DEX, GXR, LDX, MPH, MAS, and PDL also presented a worst profile than VEN. The options MAS and LDX proved to cause more insomnia than MOD (OR 0.12 [CrI 95% 0.01–0.89] and OR 0.10 [CrI 95% 0.01–0.76], respectively). Finally, ATX was safe than LDX (OR 4.02 [CrI 95% 1.71–10.49]), MPH (OR 2.43 [CrI 95% 1.35–4.57]), and MAS (OR 3.31 [CrI 95% 1.39–7.44]) for this same outcome (see Fig. 3).

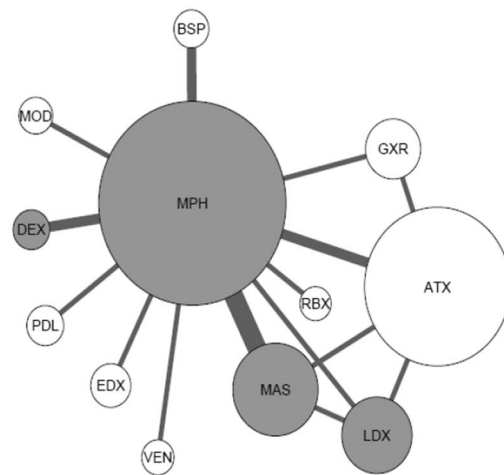
The drug ATX caused more loss of appetite than BSP (OR 0.04 [CrI 95% 0.01–0.22]), EDX (OR 0.10 [CrI 95% 0.03–0.42]), and GXR (OR 0.40 [CrI 95% 0.18–0.89]). The same occurred for DEX when compared to EDX (OR 0.10 [CrI 95% 0.02–0.59]), as well for LDX vs. MPH (OR 0.45 [CrI 95% 0.21–0.93]) vs. MOD (OR 0.09 [CrI 95% 0.01–0.49]) and vs. VEN (OR 0.07 [CrI 95% 0.01–0.59]). On the other hand, BSP showed to be safer than LDX (OR 63.97 [CrI 95% 11.28–574.44]), MPH (OR 29.54 [CrI 95% 5.43–222.02]), MAS (OR 43.31 [8.29–359.74]), PDL (OR 17.57 [CrI 95% 2.38–191.82]), and RBX (OR 26.24 [CrI 95% 2.01–506.95]) for this outcome. Other differences were seen between EDX vs. LDX, MPH, MAS, PDL, and RBX. Both ATX and GXR were better options than LDX (see Fig. 4).

Concerning behavior effects, LDX, MPH, and MAS led to significantly more events when compared to PDL (OR 0.17 [CrI 95% 0.03–0.68]; OR 0.25 [CrI 95% 0.05–0.95] and OR 0.10 [CrI 95% 0.01–0.84], respectively). For the outcome of incidence of “any adverse event”, the drugs ATX, BUP, LDX, and GXR were statistically less safe than RBX (OR 0.10 [CrI 95% 0.01–0.77]; OR 0.04 [CrI 95% 0.00–0.64]; OR 0.10 [CrI 95% 0.01–0.89], and OR 0.07 [CrI

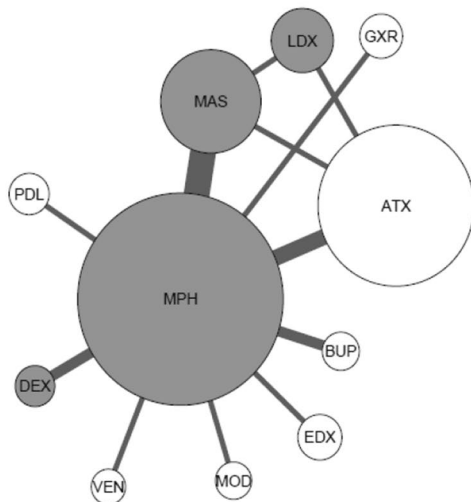
SAFETY OUTCOME – SLEPP DISTURBANCE



SAFETY OUTCOME – DECREASED APPETITE



SAFETY OUTCOME – BEHAVIOR EVENT



SAFETY OUTCOME – ANY ADVERSE EVENT

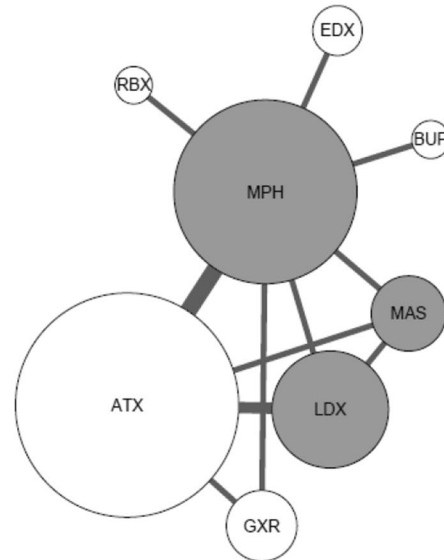


Fig. 2 Network of comparisons for safety outcomes: sleep disturbance, decreased appetite, behavior event, and any adverse event. The nodes (drugs) are represented by circles. The grey circles represent stimulant drugs and the white circles represent non-stimulant drugs. The lines connecting each drug represent direct comparisons, while indirect ones were statistically estimated. The thickness of the line

represents the amount of existing comparisons and the size of the circles (nodes) indicates the sample number. *ATX* atomoxetine, *BUP* bupropion, *BSP* buspirone, *DEX* dexamphetamine, *EDX* edivoxetine, *GXR* guanfacine, *LDX* Lisdexamfetamine, *MPH* methylphenidate, *MAS* mixed amphetamine salts, *MOD* modafinil, *PDL* pindolol, *RBX* reboxetine, *SLG* selegiline, *VEN* venlafaxine

95% 0.01–0.65], respectively). No other statistical difference was obtained (see Supporting Information Figs. S7 and S8).

According to drug rankings (see Fig. 5), LDX was more likely to cause sleep disorders (39% chance of being the worst option) as well as loss of appetite (65%) and behavior problems such as irritability (60%). BSP and VEN were the best options against sleep disorders, being ranked with 62, 31% of chances, respectively. For behavioral effects,

PDL was considered safest (50%). BUP was more likely to cause any adverse event (54%), while RBX (89%) followed by EDX (39%) were considered safer options for this outcome. All networks for safety outcomes were subjected to analysis by the node splitting method. All analyses revealed *p* values superior to 0.05, ensuring the robustness of the networks (see Supporting Information Tables S2–S5).

ATX	0.99 (0.21-4.87)	0.05 (0.00-0.40)	2.93 (0.86-10.29)	0.72 (0.13-3.64)	1.90 (0.73-5.04)	4.02 (1.71-10.49)	2.43 (1.35-4.57)	3.31 (1.39-7.44)	0.42 (0.04-2.62)	3.10 (0.82-11.83)	0.56 (0.02-6.30)	0.17 (0.01-1.75)	0.21 (0.02-1.53)
	BUP	0.04 (0.00-0.57)	2.85 (0.47-19.55)	0.69 (0.08-5.82)	1.77 (0.34-10.94)	4.08 (0.78-22.69)	2.36 (0.59-10.86)	3.30 (0.62-17.48)	0.40 (0.02-4.29)	3.00 (0.49-19.17)	0.56 (0.01-8.66)	0.15 (0.01-2.60)	0.20 (0.01-2.55)
	BSP	66.55 (6.37- 5759.04)	15.09 (1.22- 1533.65)	42.84 (4.44- 3790.56)	86.48 (8.91- 8035.95)	51.52 (6.89- 4204.75)	71.71 (7.85- 6349.11)	9.51 (0.46- 908.84)	67.23 (6.85- 5723.91)	14.27 (0.29- 1298.61)	3.40 (0.08- 457.44)	4.48 (0.24- 548.87)	
	DEX	0.25 (0.03-1.62)	0.64 (0.15-2.69)	1.37 (0.35-5.87)	0.83 (0.27-2.46)	1.10 (0.27-4.17)	0.14 (0.01-1.13)	1.06 (0.21-4.99)	0.18 (0.01-2.62)	0.18 (0.01-2.62)	0.06 (0.00-0.72)	0.07 (0.01-0.66)	
	EDX	2.81 (0.45-17.92)	5.59 (1.00-37.05)	3.45 (0.73-17.05)	4.72 (0.82-28.83)	0.56 (0.04-6.79)	4.48 (0.60-32.84)	0.81 (0.02-13.43)	0.22 (0.01-4.26)	0.29 (0.02-3.55)			
	GXR	2.12 (0.64-7.46)	1.27 (0.49-3.25)	1.81 (0.52-5.38)	0.21 (0.02-1.53)	1.70 (0.33-6.73)	0.29 (0.01-3.52)	0.08 (0.00-0.99)	0.11 (0.01-0.89)				
	LDX	0.59 (0.24-1.45)	0.84 (0.27-2.15)	0.10 (0.01-0.76)	0.75 (0.16-3.42)	0.14 (0.00-1.68)	0.04 (0.00-0.47)	0.05 (0.00-0.41)					
	MPH	1.39 (0.57-2.89)	0.17 (0.02-1.02)	1.29 (0.38-4.15)	0.24 (0.01-2.38)	0.07 (0.00-0.68)	0.09 (0.01-0.57)						
	MAS	0.12 (0.01-0.89)	0.93 (0.23-4.07)	0.17 (0.01-2.05)	0.05 (0.00-0.55)	0.06 (0.01-0.50)							
	MOD	7.42 (0.86-99.79)	1.27 (0.03-36.37)	0.38 (0.01-9.58)	0.49 (0.03-9.85)								
	PDL	0.19 (0.01-2.45)	0.05 (0.00-0.76)	0.07 (0.01-0.69)									
	RBX	0.31 (0.01-16.21)	0.38 (0.02-19.78)										
	SLG	1.42 (0.06-51.47)											
	VEN												

Fig. 3 Consistency analysis: sleep disturbance. Drugs are reported in alphabetical order. Comparisons are made between a first drug (e.g. ATX) and a third drug (e.g. BSP), with presentation of the estimated value in the gap (0.05 [0.00–0.40]). The values presented correspond to the odds ratio (OR) associated with its credibility interval (CrI). An OR value greater than 1 demonstrates that the first drug in the comparison is the safer. An OR value of less than 1 indicates that

the second drug in the comparison is safer. The highlighted pictures presented a statistically significant difference between drugs. ATX atomoxetine, BUP bupropion, BSP buspirone, DEX dexamphetamine, EDX edivoxetine, LDX Lisdexamfetamine, MPH methylphenidate, MAS mixed amphetamine salts, MOD modafinil, PDL pindolol, RBX reboxetine, SLG selegiline, VEN venlafaxine

Discussion

Our study was able to gather further evidence on 14 drugs used for ADHD treatment in children and adolescents, especially for safety outcomes. Of these drugs, six are approved in the USA (ATX, MPH, DEX, LDX, GXR, and MAS) and six in many European countries (ATX, MPH, DEX, LDX, MAS, and GXR) [84, 85].

As expected, the methodological quality of included trials was considered overall good, revealing that studies were well designed, conducted, and reported. The comparison of HTH DBRCT can provide high level and clear evidence and may support clinical decisions. Baseline characteristics of ADHD patients were similar among the included trials, being the diagnostic of combined symptoms of the disorder the most common, along with ODD comorbidity.

Despite psychostimulant drugs such as MPH and amphetamines (DEX, LDX, and MAS) being considered as the first-line pharmacological agents [86], other important factors including adverse effects, toxicity, personal preference, the presence of a psychiatric problem, and cost should be taken into account during therapeutic decisions [75]. Currently, several alternatives such as ATX, BUP, BSP, EDX,

MOD, PDL, GXR, RBX, SLG, and VEN are being studied to improve treatment alternatives, both in children or adolescents and adults [87]. Our results showed significant differences in one psychometric scale for efficacy (CGI-I), which revealed that MPH was more effective than GXR and ATX. Another similar study [32] concluded that the best clinical response measured on the same scale was from LDX, followed by MPH. Among the non-stimulants, the previous studies also concluded that GXR has more probability of being effective than ATX [32]. Moreover, NMA associated with the previous pairwise meta-analyses addressing the efficacy and tolerability of drugs used in ADHD and other psychiatric disorders [25, 32, 85], demonstrated only few statistical differences among drugs that were similarly highlighted in our results. Researchers who used other psychometric scales showed that ATX and MPH have no significant difference in the clinical profile [85]. Thus, because a few significant differences among drug’s efficacy exist, safety outcomes are paramount for decision-making.

The drugs BSP, PDL, and RBX were, in general, safer than the others. BSP, a anxiolytic agent with an antidepressant action [72], was approved by the FDA (US Food and Drug Administration) in 1986 and is indicated for

ATX	0.04 (0.01-0.22)	1.04 (0.27-4.08)	0.10 (0.03-0.42)	0.40 (0.18-0.89)	2.56 (1.26-5.74)	1.16 (0.74-1.93)	1.70 (0.98-3.39)	0.22 (0.04-1.18)	0.71 (0.17-2.82)	1.11 (0.15-7.85)	0.19 (0.02-1.39)
	BSP	25.74 (2.93-12.51)	2.71 (0.28-27.06)	10.18 (1.55-92.34)	63.97 (11.28-574.44)	29.54 (5.43-222.02)	43.31 (8.29-359.74)	5.51 (0.58-74.75)	17.57 (2.38-191.82)	26.24 (2.01-506.95)	5.00 (0.32-81.96)
		DEX	0.10 (0.02-0.59)	0.39 (0.08-1.64)	2.45 (0.58-10.85)	1.11 (0.31-4.01)	1.64 (0.44-6.84)	0.20 (0.03-1.67)	0.67 (0.11-4.18)	1.07 (0.11-9.79)	0.19 (0.01-2.03)
			EDX	3.96 (0.81-17.93)	25.00 (5.70-117.49)	11.36 (3.17-43.01)	16.82 (4.29-73.93)	2.11 (0.28-17.98)	6.75 (1.09-41.92)	10.47 (1.18-102.17)	2.03 (0.15-20.08)
				GXR	6.42 (2.39-18.55)	2.91 (1.33-6.61)	4.30 (1.79-11.39)	0.55 (0.09-3.43)	1.72 (0.38-8.20)	2.79 (0.33-21.10)	0.47 (0.05-3.80)
					LDX	0.45 (0.21-0.93)	0.66 (0.30-1.59)	0.09 (0.01-0.49)	0.27 (0.06-1.18)	0.44 (0.05-3.10)	0.07 (0.01-0.59)
						MPH	1.47 (0.90-2.62)	0.19 (0.04-0.92)	0.61 (0.16-2.18)	0.95 (0.14-6.58)	0.16 (0.02-1.13)
							MAS	0.13 (0.02-0.69)	0.41 (0.09-1.57)	0.64 (0.09-4.61)	0.11 (0.01-0.80)
								MOD	3.24 (0.40-22.67)	4.78 (0.40-60.99)	0.90 (0.06-10.55)
									PDL	1.56 (0.17-15.83)	0.27 (0.02-2.83)
										RBX	0.19 (0.01-2.47)
											VEN

Fig. 4 Consistency analysis decreased appetite. Drugs are reported in alphabetical order. Comparisons are made between a first drug (e.g., ATX) and a second drug (e.g., BSP), with presentation of the estimated value (0.04 [0.01–0.22]). The values presented correspond to the odds ratio (OR) associated with its credibility interval (CrI). An OR value greater than 1 demonstrates that the first drug in the comparison is the safer. An OR value of less than 1 indicates that the

second drug in the comparison is safer. The highlighted pictures presented a statistically significant difference between drugs. *ATX* atomoxetine, *BSP* buspirone, *DEX* dexamphetamine, *EDX* edivoxetine, *GXR* guanfacine, *LDX* Lisdexamfetamine, *MPH* methylphenidate, *MAS* mixed amphetamine salts, *MOD* modafinil, *PDL* pindolol, *RBX* reboxetine, *VEN* venlafaxine

generalized anxiety disorder [88], but, because of its dopaminergic effects, it was supposed that BSP might also be effective in treating ADHD (off-label use). In our study, BSP and SLG, an antidepressant agent (type B monoamine oxidase inhibitor) that is metabolized to amphetamine and MPH stimulant compounds, were probably the best options to avoid sleep disorder reactions, especially when compared to ATX and MPH. We evidenced significant differences among these last two drugs, being MPH more responsible for cases of insomnia than ATX. Despite a few significant differences have been found in the network regarding CGI-I by Guy 1976 favoring MPH over ATX, one should consider that this NMA was built with only two studies, providing large credibility intervals for this comparison. Hence, taking into account the efficacy data of a previous study [85], we may suggest that ATX would be as effective as MPH and less likely to cause sleep disturbances. However, neither drug was considered the best option for this outcome.

According to clinical experience, stimulants like MPH often adversely affect sleep, either due to a direct drug effect or due to a secondary “rebound” effect. On the other hand, ATX might have fewer negative effects on sleep, because it is a non-stimulant that has highly selective inhibition of the presynaptic norepinephrine transporter with a little affinity for other neurotransmitter transporters or receptors [64]. Despite ATX having been approved in USA and Australia, as well as in South America, the Middle East, Africa, Asia,

and Europe [66], there is still a need for better quality evidence about this agent that support its use in clinical practice [63]. As well, despite MPH being the reference drug for the treatment of ADHD [75], our results revealed worse safety profiles compared with other options, mainly regarding sleep disturbances, loss of appetite, and behavior events.

GXR was revealed to be safer than ATX, LDX, MPH, and MAS against loss of appetite. In another study, researchers found a greater probability of GXR being discontinued than ATX [32] due to adverse events. However, further study is needed to confirm this outcome in ADHD treatment.

PDL was the safest option in behavior events, causing less crying and irritability. On the other hand, LDX was more likely to cause disturbances of sleep, loss of appetite, and behavioral problems. Some researchers [78] compared LDX with ATX and reported adverse events such as decreased appetite, restlessness, drowsiness, excoriations, tics, indifference, nausea, and irritability, leading to LDX discontinuation in DBRCT. The study by Coghill [75, 89] comparing LDX with MPH also reported adverse events such as anorexia, loss of weight and appetite, nausea, and insomnia in 72.1% of the 196 participants who were treated with LDX. This drug became the first long-acting, amphetamine-based medication to be approved in Europe and is one of the drugs used as a first-line treatment for ADHD in USA, Canada, and Brazil. Several European countries use LDX for the treatment of children and adolescents with ADHD who have had

(a) Rank of probabilities - Security outcome Sleep Disturbance														(b) Rank of probabilities - Security outcome Decreased Appetite														
Drug	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	Rank 6	Rank 7	Rank 8	Rank 9	Rank 10	Rank 11	Rank 12	Rank 13	Rank 14	Drug	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	Rank 6	Rank 7	Rank 8	Rank 9	Rank 10	Rank 11	Rank 12	
LDX	0.39	0.26	0.16	0.09	0.05	0.03	0.01	0	0	0	0	0	0	0	LDX	0.65	0.24	0.08	0.02	0.01	0	0	0	0	0	0	0	0
MAS	0.15	0.25	0.26	0.16	0.1	0.05	0.02	0.01	0	0	0	0	0	0	MAS	0.09	0.43	0.33	0.11	0.02	0.01	0	0	0	0	0	0	0
DEX	0.17	0.18	0.17	0.13	0.13	0.11	0.06	0.03	0.01	0.01	0	0	0	0	DEX	0.06	0.11	0.14	0.13	0.14	0.19	0.13	0.07	0.03	0.01	0	0	
PDL	0.21	0.19	0.14	0.15	0.1	0.1	0.06	0.03	0.01	0.01	0	0	0	0	MPH	0	0.01	0.2	0.38	0.29	0.1	0.02	0	0	0	0	0	
MPH	0	0.02	0.11	0.28	0.37	0.18	0.04	0	0	0	0	0	0	0	ATX	0	0.01	0.07	0.2	0.32	0.26	0.11	0.02	0	0	0	0	
GXR	0.02	0.05	0.08	0.1	0.13	0.27	0.19	0.1	0.04	0.01	0.01	0	0	0	RBX	0.17	0.14	0.11	0.07	0.08	0.11	0.12	0.1	0.07	0.02	0.01	0	
ATX	0	0	0	0	0.01	0.03	0.21	0.31	0.25	0.12	0.05	0.01	0	0	PDL	0.02	0.04	0.05	0.07	0.09	0.18	0.28	0.15	0.08	0.03	0.01	0	
BUP	0.01	0.02	0.03	0.04	0.05	0.08	0.13	0.18	0.18	0.14	0.08	0.03	0.02	0	GXR	0	0	0	0	0.01	0.06	0.2	0.39	0.26	0.07	0.01	0	
RBX	0.03	0.02	0.02	0.02	0.02	0.06	0.08	0.08	0.13	0.13	0.13	0.13	0.1	0.05	MOD	0	0	0.01	0.01	0.01	0.04	0.07	0.14	0.25	0.26	0.17	0.04	
EDX	0.01	0.01	0.01	0.02	0.02	0.04	0.09	0.13	0.18	0.25	0.13	0.07	0.03	0	VEN	0	0.01	0.01	0.01	0.02	0.04	0.07	0.11	0.2	0.24	0.2	0.09	
MOD	0	0	0.01	0.01	0.01	0.04	0.07	0.06	0.1	0.16	0.24	0.16	0.11	0.03	EDX	0	0	0	0	0	0.01	0.02	0.09	0.27	0.44	0.16		
SLG	0	0	0	0	0	0.01	0.02	0.02	0.05	0.07	0.15	0.2	0.27	0.2	BSP	0	0	0	0	0	0	0	0.03	0.09	0.16	0.71		
VEN	0	0	0	0	0	0.01	0.02	0.03	0.05	0.1	0.17	0.31	0.22	0.09														
BSP	0	0	0	0	0	0	0	0	0	0.01	0.03	0.09	0.26	0.62														

(c) Rank of probabilities - Security outcome Behavior Event											(d) Rank of probabilities - Security outcome Any adverse Event									
Drug	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	Rank 6	Rank 7	Rank 8	Rank 9	Rank 10	Rank 11	Drug	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	Rank 6	Rank 7	Rank 8
LDX	0.6	0.13	0.08	0.05	0.04	0.03	0.02	0.02	0.01	0.01	0	BUP	0.54	0.17	0.07	0.05	0.05	0.05	0.05	0.01
MAS	0.08	0.34	0.31	0.14	0.07	0.03	0.02	0.01	0	0	0	GXR	0.24	0.37	0.18	0.08	0.06	0.04	0.03	0
GXR	0.15	0.23	0.18	0.12	0.07	0.07	0.06	0.06	0.03	0.02	0.01	MAS	0.06	0.15	0.2	0.16	0.16	0.14	0.11	0.01
MPH	0	0.01	0.07	0.3	0.28	0.22	0.09	0.03	0	0	0	LDX	0.02	0.11	0.21	0.27	0.23	0.12	0.04	0
ATX	0	0.01	0.04	0.08	0.16	0.22	0.21	0.17	0.07	0.02	0	ATX	0.01	0.07	0.23	0.32	0.25	0.1	0.02	0
EDX	0.03	0.08	0.09	0.07	0.12	0.13	0.11	0.12	0.13	0.09	0.04	MPH	0	0	0.02	0.05	0.18	0.45	0.29	0.01
DEX	0.06	0.06	0.08	0.08	0.07	0.09	0.15	0.15	0.14	0.1	0.02	EDX	0.13	0.12	0.08	0.05	0.06	0.09	0.39	0.08
BUP	0.02	0.04	0.04	0.05	0.06	0.09	0.1	0.12	0.21	0.17	0.1	RBX	0	0	0	0	0.01	0.01	0.07	0.89
VEN	0.02	0.05	0.04	0.04	0.04	0.04	0.09	0.11	0.16	0.19	0.21									
MOD	0.03	0.05	0.06	0.05	0.08	0.08	0.1	0.11	0.13	0.18	0.12									
PDL	0	0	0	0.01	0.01	0.01	0.05	0.1	0.1	0.22	0.5									

Fig. 5 Rank probabilities for the security outcomes: **a** sleep disturbance, **b** decreased appetite, **c** behavior event, and **d** any adverse event. The values are given as the probability of each treatment occupying a position. Ranking 1 is the worst therapy (more likely to lead to the onset of the adverse event) and the last one is the best (safest)

treatment for this outcome. *ATX* atomoxetine, *BUP* bupropion, *BSP* bupropion, *DEX* dexamphetamine, *EDX* edivoxetine, *GXR* guanfacine, *LDX* Lisdexamfetamine, *MAS* mixed amphetamine salts, *MOD* modafinil, *MPH* methylphenidate, *PDL* pindolol, *RBX* reboxetine, *SLG* selegiline, *VEN* venlafaxine

a clinically inadequate response to MPH [78]. However, our results discourage the use of LDX, given its safety profile, and we recommend that other above-mentioned drugs are taken into account for further investigation.

Finally, RBX presented promising results in the NMA. This is a selective norepinephrine reuptake inhibitor [90–93] used to treat depression. It has been approved and marketed in the United Kingdom and Germany since 1997, besides Italy, Spain, Sweden, Denmark, Ireland, Austria, and Finland [91]. However, some clinical studies conducted in USA and Canada, prompted by the FDA, resulted in a letter of non-approval, and this drug was ultimately rejected after preliminary acceptance [92]. In May 2001, the FDA declined a new drug application because of a lack of compelling evidence of efficacy. At present, it is unclear whether further investment will be made to seek sufficient evidence of efficacy to gain marketing approval for RBX for ADHD treatment [91,

93, 94]. The previous non-controlled studies and controlled trials support the promising efficacy of RBX for treating ADHD in patients without psychiatric comorbidities [95].

The major limitations of the present study include few comparisons that were able to be drawn for efficacy outcomes. Moreover, NMA was not sufficiently sensitive to provide solid conclusions for some other safety outcomes. The reasons for this weakness are mainly the lack of enough studies properly reporting outcomes and the absence of a core outcome set (COS) for ADHD. COS are useful methodologies to standardize the outcomes that should be reported to evaluate a clinical condition such as ADHD in clinical trials [96]. This may ensure evidence gathering for future studies and standardize the reporting of results, avoiding selective bias and loss of information. Given the wide range of psychometric scales and symptom measures in psychiatry, we reinforce the need for a COS construction to allow

future evidence gathering on efficacy outcomes. Furthermore, other studies with the drugs that showed promising results (i.e. PDL and RBX) should be conducted to place these drugs in clinical practice. We have evaluated “any adverse event” as an overall safety outcome (as reported by the authors of the original trials), but further evaluation on specific adverse events is paramount to draw conclusions about drug’s profile.

NMA has the advantage of producing information that cannot be obtained only with the conventional pairwise meta-analysis of HTH DBRCT. All available therapeutic options seem to present a similar efficacy profile. First- and second-line therapies (MPH and ATX) were not the safer options among treatments used for ADHD. Other drugs such as BSP, PDL, and RBX may provide safer alternatives with a certain equivalent efficacy. Our results can guide future studies, reinforcing the need for the development of a COS for ADHD to support evidence generating for clinical practice.

Author contributions SV and RP conceived and designed the study; SCOSP, FST, and HHLB acquired and analyzed data; SCOSP, FST, and HHLB drafted the manuscript; SV and RP read and approved the final version of the manuscript.

Compliance with ethical standards

Conflict of interest The authors declare no conflict of interest.

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