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The potential use of ascorbic acid to recover the cellular senescence of lipopolysaccharide-induced human apical papilla cells: an *in vitro* study

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Abstract

Objectives To examine the effect of lipopolysaccharide (LPS) on cellular senescence induction of human apical papilla cells (hAPCs) and evaluate the potential use of 50 µg/ml ascorbic acid to recover cellular senescence and regenerative functions. **Materials and methods** hAPCs were treated with LPS at 1 and 10 µg/ml either with or without 50 µg/ml ascorbic acid for 48 h. The cellular senescence biomarkers were analyzed by senescence-associated β -galactosidase (SA- β -gal) staining and senescence-related gene expression, p16 and p21. Cell migration, at 12 h and 24 h, was evaluated using a scratch wound assay. Mineralization potential was assessed at 21 days using Alizarin red S staining and dentine sialophosphoprotein (DSPP) and bone sialoprotein (BSP) gene expression.

Results 1 μ g/ml and 10 μ g/ml LPS stimulation for 48 h induced cellular senescence, as shown by remarkable SA- β -gal staining and p16 and p21 gene expression. The percentage of wound closure and mineralized formation was reduced. The co-incubation with ascorbic acid significantly down-regulated the level of SA- β -gal staining. The reduction of senescence-associated gene expressions was observed. Ascorbic acid improved cell migration, mineralized nodule formation, and the expression of DSPP and BSP genes in LPS-treated hAPCs.

Conclusions LPS significantly promoted cellular senescence on hAPCs and diminished the cell function capacity. Copresence of ascorbic acid could impede cellular senescence and possibly improve the regenerative capacity of LPS-induced senescent hAPCs *in vitro*.

Clinical relevance The data support the *in vitro* potential benefit of ascorbic acid on cellular senescence recovery of apical papilla cells.

Keywords Regenerative endodontics · Inflammation · Immature tooth · Aging

Introduction

Regenerative endodontic procedures (REPs) are one of the treatment options for infected immature teeth with pulp necrosis. Although current clinical studies demonstrated promising successful outcomes [1], some unfavorable outcomes have also been consistently reported [2–6]. The stem

cell of the dental papilla (SCAP) is mentioned to play roles in REPs. However, the information regarding the fate and potential of these stem cells after an infection is limited [7]. Lipopolysaccharide (LPS), the gram-negative bacterial endotoxin, stimulates the production of the inflammatory cytokines and intracellular reactive oxygen species (ROS) production and also has different effects on cell proliferation, differentiation, ROS production, and mitochondrial dynamic alteration [8–19]. Various studies reported the correlation between ROS alteration and the induction of cellular senescence [20].

Cellular senescence is an irreversible arrest of cell division. The arrested cells remain viable and can secrete a variety of substances into the environment. Diverse stress inducers can promote cellular senescence, especially oxidative stress, causing irreparable DNA damage to cells.

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The accumulated DNA damage can trigger the signaling pathways and activate the cell cycle arrest [21, 22]. Previous studies revealed the alteration of stem cell proliferation or differentiation capacity under a senescent environment [23, 24]. While there are various models for cellular senescence induction, LPS is a model that has been confirmed to induce cellular senescence in a variety of cells including mesenchymal cells [25–27], dental pulp stem cells [28], and alveolar osteocytes [29]. However, there are no studies on the role of LPS in triggering cellular senescence in cells associated with REPs, including apical papilla cells (APCs). One of the senescent biomarkers commonly used to detect cellular senescence is the detection of senescence-associated beta-galactosidase (SA-β-gal), a lysosomal enzyme associated with cells with senescence conditions. In addition, the expression of p16 and p21, which are inhibitors of cyclin-dependent kinases (CDK) involved in the progression of the cell cycle, also shows great accuracy in detecting senescence.

Ascorbic acid (AA) has been known as a cofactor for various enzyme activities. It is a critical antioxidant acting as a free radical scavenger by eliminating ROS production, resulting in attenuating oxidative stress [30]. Studies in dental fields confirm the positive effects of AA under an inflammatory-induced environment by reducing ROS production [31–33]. Moreover, it has other valuable benefits, including enhancing cellular stemness, proliferation, and differentiation in various dental stem cells [33–37]. It also appears to have the ability to counteract inflammatory cytokines, which are considered one of the senescence-associated secretory phenotypes (SASPs) [22, 32], potentially contributing to the subsiding of the senescent condition. Recent studies demonstrated that AA could retard cellular senescence in stem cells [38–42], suggesting that it can be a possible intervention to attenuate cellular senescence.

Therefore, this study examined the effect of LPS on cellular senescence induction and evaluated the potential use of AA to recover the cellular senescence and regenerative potential of hAPCs by detecting cellular senescence biomarkers, cell migration, and mineralization potential.

Materials and methods

This study was approved by the Human Experimental Committee, Faculty of Dentistry, Chiang Mai University (No.5/2021).

Apical papilla cells obtention

With written informed consent, unsorted hAPCs were harvested from the apical papilla tissues of non-carious immature mandibular third molars from 16- to 20-year-old patients (N = 3). The apical papilla tissues were gently separated from the root apex, minced, and digested with 3 mg/ml Collagenase I (Gibco/Invitrogen, Gaithersburg, MD, USA) and 4 mg/ml Dispase II (Sigma-Aldrich, St Louis, MO, USA) for 45 min under 37 °C. Cells were cultured in complete α -MEM (Sigma-Aldrich) comprised of 10% fetal bovine serum (Sigma-Aldrich), 1% penicillin-streptomycin (Sigma-Aldrich), and 100 mol/L L-ascorbic acid (Sigma-Aldrich) under a 37 °C humidified atmosphere containing 95% air and 5% CO₂ with the medium change every three days. Cells at the second to third passages were used. Cells were designed into 6 groups as follows (Fig. 1):

- Control: hAPCs in regular complete media
- **D-gal 20 mg/ml:** hAPCs in media containing 10 mg/ml of D-galactose (D-gal) for 48 h (*as a positive control*)
- LPS 1 μg/ml: hAPCs in complete media containing 1 μg/ml of LPS for 48 h
- LPS 1 μg/ml + AA: hAPCs in complete media containing 1 μg/ml of LPS and 50 μg/ml of ascorbic acid for 48 h
- LPS 10 μg/ml: hAPCs in complete media containing 10 μg/ml of LPS for 48 h
- LPS 10 μg/ml + AA: hAPCs in complete media containing 1 μg/ml of LPS and 50 μg/ml of ascorbic acid for 48 h

hAPCs cultured in regular complete media served as the negative control group, while the hAPCs in the positive control group were treated with 20 mg/ml D-galactose (G5388, Sigma-Aldrich). D-gal was selected because it is a common model for cellular senescence induction [41, 43, 44]. In the experimental groups, LPS from *Escherichia coli* (O111:B4; Sigma-Aldrich), either at 1 µg/ml or 10 µg/ml was added to hAPCs in order to mimic the inflammatory state of endodontic infection [12]. In groups containing AA, freshly prepared L-ascorbic acid (A4544; Sigma-Aldrich) at 50 µg/ml of AA was selected because it did not adversely impact the hAPCs viability (from our pilot study) while having anti-inflammation and ROS reduction effects [32]. For each experiment, all groups were performed in triplicate.

Senescence-associated-β-galactosidase (SA-β-gal) staining

To evaluate the cellular senescence, an SA- β -gal staining kit (Cell signaling Technology, USA) was used following the manufacturer's protocol. Cells at 2×10⁴ cells/well in 24-well plates were assigned into experimental groups, as previously mentioned. After 48 h of incubation, cells were fixed and incubated overnight with 1 ml of the staining solution in a dry incubator without CO₂. Five random fields of each well were captured at ×200 magnification using a light

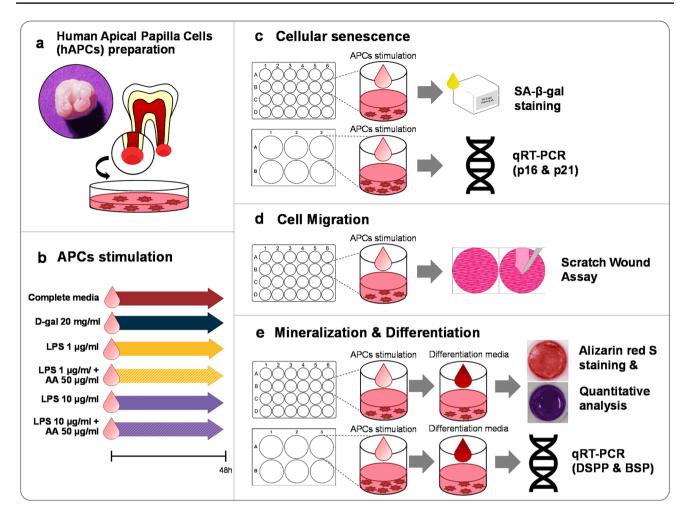


Fig. 1 A diagram illustrating the overall methodology of the experiment: hAPCs harvesting (\mathbf{a}), hAPCs stimulation protocol (\mathbf{b}), cellular senescence investigation (\mathbf{c}), cell migration assay (\mathbf{d}), and mineralization and differentiation observation (\mathbf{e})

microscope (DMi8 Microscope, Leica Microsystem CMS, Germany). The quantification was developed at the same standard command in ImageJ software (RRID:SCR_003070, National Institutes of Health, Bethesda, MD, USA) and measured the percent area of blue-stained SA- β -gal-positive cells [45].

The expression of senescence-associated genes: p16 and p21

The expressions of senescence-associated genes (p16 and p21) were evaluated using a quantitative reverse-transcription polymerase chain reaction (qRT-PCR). hAPCs at 3×10⁵ cells/well in 6-well plates treated as previously mentioned for 48 h were analyzed. Gene expression analysis per sample was performed in triplicate. Total RNAs were extracted using TRIzolTM Reagent (Invitrogen, Burlington, ON, Canada) and evaluated using Nanodrop equipment (NanoDrop Technologies Inc., Wilmington, DE). Isolated RNA was then converted to cDNA with ReverTra Ace® qPCR RT

Master Mix (TOYOBO CO., LTD., Japan). The qRT-PCR was performed using SensiFASTTM SYBR® no-ROX kit (Bioline, London, UK) with a LightCycler 480 Real-Time PRC system (Roche Applied Science, Rotkreuz, Switzerland). The denaturing, annealing, and extension conditions for each PCR cycle were at 95 °C for 5 s, 60 °C for 10 s, and 72 °C for 20 s, respectively. Relative differences in amplified products were calculated using the comparative cycle threshold (C_T) method. The housekeeping enzyme glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used to normalize with C_T values. The $2^{-\Delta\Delta C}_T$ was calculated to analyze the relative changes in gene expression obtained from the control group. Primer sequences used for the analysis are described in Table 1.

Cell migration by wound healing assay

Similarly assigned to the previous experiment, a direct wound was carefully created in each well using a sterile

Gene	Primer sequences (5'-3')
p16	Forward primer: CAA CGC ACC GAA TAG TTA CG Reverse primer: GAA GGA CCT GTG CGA CCA
p21	Forward primer: GTC TTG TAC CCT TGT GCC TC Reverse primer: AAA GAT GGT GAG GTT TGC TG
BSP	Forward primer: CCA GAG GAA GCA ATC ACC AAA Reverse primer: TTG AGA AAG CAC AGG CCA TTC
DSPP	Forward primer: AAT GGG ACT AAG GAA GCT G Reverse primer: AAG AAG CAT CTC CTC GGC
GAPDH	Forward primer: ACC ACA GTC CAT GCC ATC AC Reverse primer: TCC ACC ACC CTG TTG CTG TA

 Table 1
 Primer sequences of genes used in the study

plastic pipette tip generating a similar size of cell-free zone in the middle of each well. Then, the media was refreshed to remove the floating cells and debris. The plates were incubated for 24 h under automated live-cell imaging platforms (DMi8 Microscope, Leica Microsystems CMS, Germany) for live monitoring and imaging of cell behavior. A random field from each well of the scratched area was captured at 0 h, 12 h, and 24 h at \times 5 magnification. The experiments were repeated three times, and migration distance from the wound edge was analyzed using ImageJ software (Software 1.48q, Rayne Rasband, National Institutes of Health, USA). The percentage of cell migration was quantified by calculating the %Wound Closure by using the %Area of the cell-free zone measured at the initial time (0 h) compared to 12 h and 24 h [46]. (Wound closure (%) = $((A_{t=0}-A_{t=\Delta h})/A_0) \times 100$, where $A_{t=0}$ is the area of the wound measured immediately after scratching (t = 0h) and $A_{t=\Lambda h}$ is the area of the wound measured h hours after the scratch is performed.)

Mineralization formation and the expression of osteo-/odontogenic differentiation genes

After 48 h of incubation as per the previous experimental design, the medium was replaced with a differentiation medium containing complete α-MEM, 50 mg/ml of ascorbic acid (Sigma-Aldrich), 10 nmol/ml of dexamethasone (Sigma-Aldrich), and 10 mmol/ml of ß-glycerophosphate (Sigma-Aldrich) and renewed every 3 days. On day 21, Alizarin Red S staining was used to qualify mineralization formation. After fixation with 4% paraformaldehyde, cells were incubated with 0.5 ml Alizarin red S (Sigma-Aldrich) for 15 min, washed, and left air-dry for 1 week. To quantitatively measure the amount of calcium deposit, 10% cetylpyridinium chloride monohydrate (Sigma-Aldrich) in 10 mmol/L of sodium phosphate was used to destain, while absorbance was measured using a spectrophotometer (Bio-Rad Laboratories Inc., Hercules, CA, USA) at the wavelength of 550 nm.

Osteo-/odontogenic gene expression was evaluated using qRT-PCR, hAPCs at 3×10^5 cells/well in 6-well plates cultured in differentiation media for 21 days. Similar standard protocols for gene expression were conducted, as previously mentioned. The relative changes of BSP and DSPP expressions were calculated using $2^{-\Delta\Delta C}_{T}$. Primer sequences of BSP and DSPP genes are described in Table 1.

Statistical analysis

The experiment was conducted in triplicates and presented in mean \pm SD (standard deviation). Data were statistically analyzed with either one-way analysis of variance (ANOVA) or Tukey's or Dunnett's T3 test using SPSS 22.0 software (SPSS Inc, Chicago, IL, USA). A statistically significant was set at *P* < 0.05.

Results

Ascorbic acid impedes the cellular senescence of hAPCs

LPS stimulation-induced cellular senescence in hAPCs was confirmed by the expressions of cellular senescent biomarkers. APCs treated with LPS at both concentrations exhibited a significantly high percentage of stained SA- β -gal-positive cells when compared to the negative control group (P <0.001) (Fig. 2a,b). The percentage area of SA- β -gal staining was observed at 16.35 ± 2.78% and 12.05 ± 2.18% in cells treated with 10 µg/ml LPS and 1 µg/ml LPS, respectively. The level of p16 (P = 0.001) and p21 (P < 0.001) expression was significantly upregulated in both LPS groups (Fig. 2c,d) in a dose-dependent manner. APCs stimulated with LPS at 10 µg/ml showed the highest level of p16 and p21 expression compared to the untreated control group.

Compared to LPS groups without AA treatment, coincubation of AA was found to reduce the percentage area of stained SA- β -gal cells both in 1 µg/ml and 10 µg/ ml LPS-treated groups (P < 0.001). The levels of p16 and p21 expressions were also reduced in groups with AA with significance was only observed in the 1 µg/ml LPS-treated group (P = 0.001 and P = 0.004, respectively) (Fig. 2c,d).

Potential of ascorbic acid to improve regenerative functions of LPS-induced cellular senescence of hAPCs

Cell migration capacity

To explore the migration capacity of LPS-treated apical cells, the percentage of wound closure was analyzed using

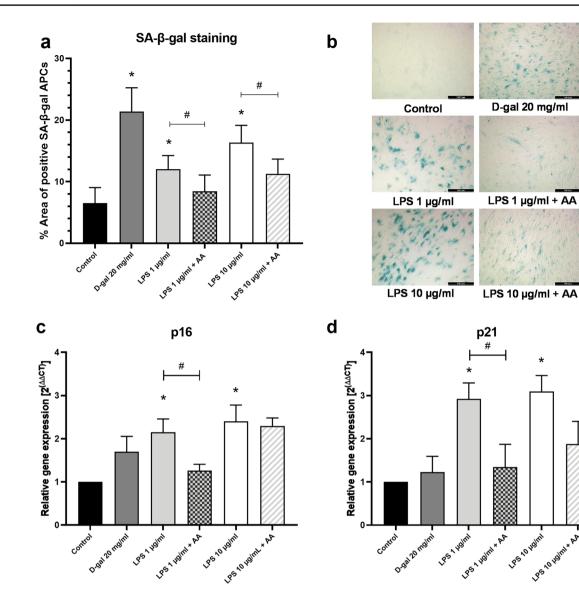


Fig. 2 The effect of LPS on cellular senescence. The percentage area of SA- β -gal-positive cells was determined by SA- β -gal staining (a). SA-β-gal-positive cells represented in blue under the light microscope ($\times 200$ magnification, bar 138 µm) (b). The expression of senescence-

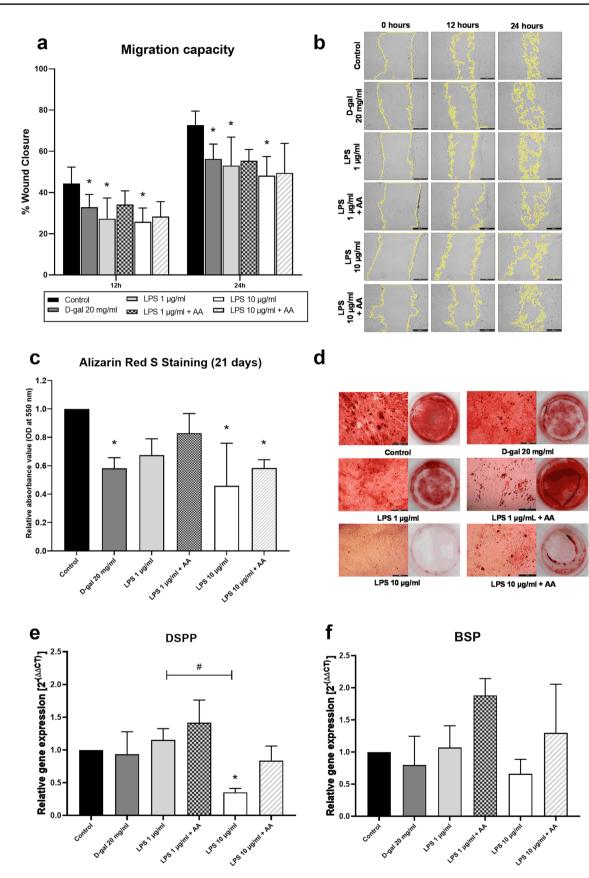
associated gene: p16 (c), and the expression of senescence-associated gene: p21 (d). *P < 0.05 compared with the control group. *P < 0.05compared between two different groups. Data are presented as mean \pm SD

LPS 10 Holmit AA

the scratch wound assay. The level of %wound closure significantly decreased in all groups containing D-gal and 1 µg/ml and 10 µg/ml LPS when compared to the control group at both 12 h (*P* = 0.027, *P* < 0.001, and *P* < 0.001, respectively) or 24 h (P = 0.013, P = 0.002, and P < 0.0020.001, respectively) (Fig. 3a,b). Among the groups, cells treated with 10 µg/ml LPS showed the least migration. AA tended to elevate the migration potential of 1 µg/ml and 10 μ g/ml LPS-treated APCs (at 12 h P = 0.408 and P =0.979, respectively, and at 24 h P = 0.996 and P = 1.000, respectively) compared to those without AA.

Mineralization capacity

All samples showed positive Alizarin red S staining, as shown by red nodules in the samples (Fig. 3d). The quantitative analysis exhibited reduction trends of calcium deposition in all groups containing D-gal and LPS when compared to the control group. A significant reduction of mineralization production was observed in both APCs treated with 10 μ g/ml LPS and D-gal (P = 0.008 and P = 0.042, respectively) (Fig. 3c). Co-incubation of AA tended to elevate the ratio of mineralization in APCs treated with 1 μ g/ml (P =



<Fig. 3 The effect of cellular senescence on the regenerative potential of hAPCs. The results of migration potential showed in the percentage area of %Wound closure at 12- and 24-h time points (**a**) **P* < 0.05 compared with the control group; and representative images of the migrated cells from scratch wound assay at 0 h, 12 h, and 24 h, scale bar = 100 µm (**b**). The quantitative analysis of mineralized matrix formation at 21 days (**c**); and the captures from cell culture plates and light microscope, scale bar = 500 µm (**d**). Data are presented as mean ± SD. Statistical analyses were performed using one-way ANOVA and Tukey's test. The effect of cellular senescence on osteo-/odontogenic differentiation as determined by DSPP and BSP gene expression (**e**, **f**). **P* < 0.05 compared with the control group. #*P* < 0.05 compared between two different groups. Data are presented as mean ± SD. Statistical analyses were performed using one-way ANOVA and either Tukey's or Dunnett's T3 test

0.791) and 10 μ g/ml (P = 0.895) LPS compared to those without AA.

Osteo-/odontogenic differentiation capacity

The expression of the DSPP gene was significantly down-regulated in APCs treated with 10 µg/ml LPS when compared to the control groups (P = 0.045). Co-incubation of AA was likely to upregulate the DSPP gene expression in both APCs treated with 1 µg/ml and 10 µg/ml LPS (P = 0.730 and 0.182, respectively) compared to those without AA.

A similar trend of BSP gene expression was observed as the reductions of gene expressions were observed in APCs treated with 10 µg/ml LPS when compared to the control group (P = 0.457). Moreover, AA was found to upregulate the BSP expression in both APCs treated with 1 µg/ml and 10 µg/ml LPS (P = 0.214 and 0.848) compared to those without AA (Fig. 3e,f).

Discussion

REPs are currently a treatment option for infected immature teeth with pulp necrosis. Cells located at the apical papilla play an essential role in the regenerative phase of REPs. A concern has been raised regarding the impairment of stem cells under the inflammatory condition which would affect the treatment [2, 47–50]. Cellular senescence, characterized as a permanent cell cycle arrest, is one of those conditions that should be considered since it would impair the regeneration process [51]. To date, there are no studies investigating the consequences of cellular senescence in cells associated with REPs, including APCs.

LPS is one possible stimulant that generates stressinduced senescence in various cell types [25–27]. Generally, it is proven to mediate inflammatory responses and plays roles in reactive oxygen species (ROS) production, creating oxidative stress conditions in many kinds of cells including dental pulp stem cells [11–14, 28]. Previous studies have reported that the repetitive stimulation of LPS could induce chronic inflammation, and the term "inflammaging" is generally used to define a connection between aging and chronic inflammation [52, 53]. However, information regarding the effects of LPS on the induction of cellular senescence is limited to certain areas, such as mesenchymal stem cells, dental pulp stem cells, and alveolar osteocytes [25–29]. Therefore, it is valuable for the endodontic field to investigate these effects in APCs, cells that play major roles in REPs. The present findings would fill the gap in knowledge associated with the current unpredictable clinical outcome after REPs.

This present study demonstrated the application of 1 µg/ ml and 10 µg/ml of LPS-induced cellular senescence in APCs. Later, it impacted the regenerative function of the cells, as shown by the reduction of cell migration, mineralization, and differentiation capacities. These findings are in accordance with other studies examining the effects of LPS in other cell types. For instance, previous studies using repeated stimulation of 10 ng/ml E.coli LPS for 36 h and P. gingivalis for 144 h reported cellular senescence induction in dental pulp stem cells [28] and alveolar osteocytes [29], respectively. The term "inflammaging" is used to explain this situation since a connection between aging and chronic inflammation is reported. Oxidative stress, generated after inflammation, is a key factor that induces DNA damage by disturbing the cell cycle progression via the activation of p16 and p21.

Various studies confirmed that LPS stimulation could induce cellular senescence via the p16 and p21 pathways [25, 27, 54]. The remarkable expressions of p16 and p21 were recently reported in DPSCs and alveolar osteocytes after receiving repeated LPS stimulation [28, 29, 55]. Similar findings were observed in our study, showing the significant upregulation of p16 and p21 in APCs after LPS stimulation for 48 h. To compare the effect of LPS-induced cellular senescence, D-galactose (D-gal), a common model used to study cellular senescence [41, 43, 44], was used in this study. The results showed that LPS could induce more potent of senescence markers than the D-gal group, suspecting that LPS might has other cooperative pathways. LPS could also directly initiate cellular senescence by the release of proinflammatory cytokines, but D-gal normally relies only on the pathway of ROS production. Further investigations are required to support this hypothesis.

Considering the function of the cells, age-related cellular senescence or replicative senescence is usually associated with the loss of cell migration and differentiation capacity [56–61]. This present study demonstrated that LPS-induced APCs showed the declination of cell migration, and also mineralization. However, at the gene level, the reduction of DSPP gene expression was significantly observed only in the 10 μ g/ml LPS group. This implicates that the high concentration of LPS is a key point generating negative effects on

both gene level and mineralization potential. Interestingly, it was found that the expression of the BSP gene, associated with osteogenic differentiation, did not significantly alter, meaning that LPS-induced senescent cells might produce bone rather than dentin [15, 62].

To control cellular senescence, this study attempted to explore an antioxidant intervention which is able to prevent or reverse senescent phenotypes. Ascorbic acid (AA), an essential vitamin, is one of the well-known antioxidants that participates in redox oxidative pathways [30]. Previous research has shown that it has a positive impact on dental stem cells by promoting stemness marker expression, proliferation, and differentiation [34-37]. Also, it has been reported to effectively delay cellular senescence in various kinds of cells [38-42]. In this present study, the co-incubation of 50 µg/ml AA could impede LPS-induced cellular senescence, as shown by the reduction of SA-βgal staining and the expression of p16 and p21. Also, it was shown to improve cell migration, mineralization, and osteo-/odontogenic differentiation capacity, especially in APCs treated with LPS 1 µg/ml. There are various reasons that can be hypothesized to support the positive role of AA under inflammatory conditions. Firstly, AA has the potential to neutralize pro-inflammatory cytokines, which are recognized as senescence-associated secretory phenotypes (SASPs) [22, 32]. Secondly, as a common ROS scavenger, AA should reduce the ROS level, which may increase during LPS induction. Lastly, AA may act on the AKT/mTOR signaling pathway, as it has been shown to inhibit this pathway and subsequently improve mineralization potential via dentinogenic gene expression [41, 63, 64]. While this study does not directly observe inflammatory cytokines, ROS levels, and specific signaling pathways, it is important to note some inherent limitations. Therefore, further studies are required to confirm the proposed hypothesis, focusing on the exact mechanism and pathways of AA in cellular senescence.

In relation to clinical endodontics, this present study revealed that infection induced by LPS not only affects pulpal status but also induces APCs into a cellular senescence condition, which has an additional negative effect on their regenerative function. This may implicate many unpredictable histological outcomes reported in teeth treated with REPs. Therefore, in this study, we attempted to reverse the cellular senescence condition using an antioxidant, AA, which is readily available. The results support the use of AA, which could potentially be employed as medication or in other forms of supplements, to improve cellular conditions. Nevertheless, further studies are required to examine various concentrations of AA and explore other aspects of this vitamin. Certainly, there are some limitations in this study as it was limited to *in vitro* experiments that may not completely replicate the cells' conditions in a clinical situation. Therefore, the results should be interpreted with caution. Moreover, another concern in this study is the incubation

period of LPS which was only one specific time. We speculate that the effects might vary if longer or shorter incubation times are applied. Therefore, further investigations focusing on senescent cells should be prioritized to enhance therapeutic benefits in REPs. In-depth research into these inflammatory conditions and cellular senescence is necessary to bridge the knowledge gap.

Conclusion

Based on the results of this study, 1 ug/ml and 10 ug/ml of LPS could induce cellular senescence in human APCs which negatively impaired the regenerative function. Co-incubation with 50 μ g/ml AA could recover the cellular senescence while promoting the regenerative capacity of the cells. The findings imply that LPS-induced senescence causes negative effects on the regenerative capacity of APCs. Consequently, this senescence might disrupt pulp-dentine regeneration in REPs. However, AA could potentially be used to attenuate cellular senescence in APCs.

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Author contribution Chananporn Teawcharoensopa: data curation, formal analysis, investigation, software, visualization, writing – original draft preparation. Tanida Srisuwan: conceptualization, funding acquisition, methodology, project administration, resource, supervision, validation, writing – review and editing

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Declarations

Ethics approval and consent to participate All procedures performed in studies involving human participants were in accordance with the ethical standards of the Human Experimental Committee, Faculty of Dentistry, Chiang Mai University (No.5/2021), and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards. Informed consent was obtained from all individual participants included in the study.

Conflict of interest The authors declare no competing interests.

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