#### **RESEARCH**



# **Infuence of bioceramic cones on the quality of root canal flling relative to bond strength and adaptation of the adhesive interface**

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#### **Abstract**

**Aim** To evaluate the bond strength (BS) and analysis of the adhesive interface in root canals flled with bioceramic gutta percha sealers and cones.

**Material and methods** Ninety-six maxillary canines were divided into eight groups according to the endodontic sealer (AH Plus, AH Plus Bioceramic, Bio-C Sealer or Bio-C Sealer Ion<sup>+</sup> and gutta percha cones (conventional or bioceramic) tested. They were analyzed using the BS test, failure pattern, analysis of the adhesive interface by scanning electron microscopy and confocal laser scanning microscopy. The BS data were compared between groups using the analysis of variance test with the Turkey post-test. The chi-square test was used to assess the type of failure and the non-parametric Mann–Whitney and Kruse-Wallis tests  $(P < 0.05)$ .

**Results** Analysis of variance showed higher BS values for the groups of bioceramic gutta percha cones in Bio-C Sealer Ion<sup>+</sup> (8.38 ± 4.27), AH Plus Bioceramic (6.19 ± 3.28), Bio-C Sealer (5.70 ± 3.18), AH Plus (4.61 ± 2.11) and for conventional gutta percha cones in AH Plus sealers (4.26 $\pm$ 2.35), Bio-C Sealer Ion + (3.63 $\pm$ 2.29), Bio-C Sealer (2.94 $\pm$ 2.32) and AH Plus Bioceramic  $(1.19 \pm 0.89)$  ( $P < 0.05$ ). Relative to the type of failure and adaptation of the types of filling material, a higher percentage of mixed failures was observed (gaps between 1  $\mu$ m-10  $\mu$ m) for the group with bioceramic gutta percha cones ( $P < 0.001$ ).

**Conclusion** The bond between sealers and bioceramic gutta percha cones showed higher bond strength values and greater penetration into the dentin tubules.

**Clinical relevance** The flling the root canal system with bioceramic sealers should be associated with bioceramic gutta percha cones.

**Keywords** Bioceramic · Bond interface · Bond strength · Endodontics sealers

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### **Introduction**

The primary endodontic treatment is considered the option for maintaining infamed and/or infected teeth because it removes the cause (eg, bioflm and infamed pulp tissue) and establishes adequate conditions to repair or maintain periapical tissues health  $[1, 2]$  $[1, 2]$  $[1, 2]$ . According to the study by Silva et al. [\[2\]](#page-12-1), it was observed that patients diagnosed with apical periodontitis undergoing primary endodontic treatment had a success rate of 81.1% to 87.4%. Successful endodontic therapy is contingent on the proper disinfection and complete obturation of the root canal system [[1](#page-12-0)].

The epoxy resin-based sealer AH Plus resin sealer is currently widely used due to its excellent physical and handling properties  $[3, 4]$  $[3, 4]$  $[3, 4]$  $[3, 4]$  $[3, 4]$ . As a result, it is often used as a benchmark to compare to other formulations. However, there are disadvantages such as mutagenicity, cytotoxicity and hydrophobicity, which specifcally reduce the compatibility within hydrophilic root canals [[3](#page-12-2), [4\]](#page-12-3).

The calcium silicate-based bioceramic sealers contain concentrations of calcium di and trisilicates, alumina, zirconia, bioactive glass, glass ceramics, hydroxyapatite and calcium phosphates in their composition [\[5](#page-12-4)[–7](#page-12-5)] and setting occurs in the presence of moisture due to contamination by fuids such as blood or saliva [[8](#page-12-6)]. Calcium silicates, hydroxyapatite and calcium phosphates have bioactive characteristics [\[8](#page-12-6)[–19](#page-13-0)], and osteoinductive potential in bone healing [[12](#page-12-7)] that allow the proliferation of fbroblasts, collagen formation and osteocalcin production [\[13,](#page-12-8) [14](#page-13-1)]. This interaction with biological tissues has been attributed mainly to dissociation in an aqueous medium, with the release of calcium ions  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  $[10, 11, 13, 17, 20, 21]$  and the formation of the apatite layer on the dentin surface [\[9](#page-12-11), [16\]](#page-13-5).

However, despite the bioactive characteristics, the high solubility of calcium silicate-based sealers can result in root canal fllings with gaps that allow the extravasation of fuids and by subproducts of microorganisms to reach the periradicular region [\[22,](#page-13-6) [23\]](#page-13-7). Furthermore, the frst generation of calcium silicate-based materials demonstrated a long hardening time [[21](#page-13-4), [24\]](#page-13-8), low radiopacity (less than 3 mm of aluminum thickness), difficulty in handling and grayish discoloration due to the presence of bismuth oxide, which restricted the use of these materials for flling the root canal system [[24](#page-13-8)].

Thus, with the aim of improving the physicochemical properties of bioceramic sealers, the Bio-C Sealer Ion<sup>+</sup> sealer was developed. According to the manufacturer this product is composed of calcium and magnesium silicate, calcium sulfate, potassium sulfate, zirconium (radiopacifying agent) and silicon dioxide. Moreover, considering the low solubility of the AH Plus resin sealer, the development of the AH Plus Bioceramic sealer was proposed, with the aim of conferring bioactive properties on it, and improving its physicochemical properties such as radiopacity and film thickness, with the purpose of reducing the formation of gaps [[25](#page-13-9)] incorporating dimethyl sulfoxide as a fller particle into the traditional composition, tricalcium silicate (5 to 15%), and zirconium dioxide (50–70%) as a radiopacifer [[7](#page-12-5), [25\]](#page-13-9).

Root canal system flling requires not only a flling sealer but it is also necessary to associate it with gutta percha—a solid material [\[26\]](#page-13-10). From the time when bioceramic compounds were introduced into Endodontics, gutta percha cones coated with bioceramic compounds were developed. By chemical affinity, these are able to form a layer of bioactive components that help with the bond between the flling sealer and the root dentin, generating a byproduct of the biomineralization reaction between the dentin wall and calcium and hydroxyl ions [\[27](#page-13-11)[–30\]](#page-13-12). This bioactive layer is responsible for eliminating the voids and fluid penetration at the bond interface  $[31-34]$  $[31-34]$ . Recently, gutta percha cones were developed. According to their manufacturer, in addition to being coated in the manufacturing process, bioceramic particles were incorporated into them, with the aim of developing a chemical interaction between the gutta percha cones and bioceramic sealers, and leading to their integration with tissues and dentin structures. This formulation was based on previous studies of coated cones, which showed evidence of the formation of a thick biomineralized layer, with a regular and stable morphology, favoring a possible micromechanical anchorage of the bioceramic flling sealer between the gutta percha cone and the root dentin [[27](#page-13-11)[–30](#page-13-12)].

Therefore, the aim of the present study was to evaluate the bond strength and the adhesive interface of the flling of root canals with coated gutta percha cones, with bioceramic compounds incorporated into them, and associated with epoxy resin-based sealers (AH Plus) and bioceramic-based (Bio-C Sealer, Bio-C Sealer Ion<sup>+</sup> and AH Plus Bioceramic). The null hypothesis tested was that there would be no signifcant diference in (1) bond strength and (2) bond interface quality of bioceramic gutta percha sealers and cones.

## **Material and methods**

This study was approved by the Research Ethics Committee of the Ribeirão Preto School of Dentistry, University of São Paulo (CAAE: 61010022.8.0000.5419). The sample calculation was made by using the SigmaPlot v.12.00 program (Systat Software, San Jose, CA) based on two-tailed parameters, 5% significance level ( $\alpha$  = 0.05), 95% confidence interval, 90% statistical power ( $β = 0.10$ ), 1:1 ratio of specimen allocation in the experimental groups, standard deviation (based on previous results) [[35](#page-13-15)[–38](#page-13-16)], which indicated the need to include a minimum of 10 specimens in each group.

Furthermore, for the confocal laser scanning fuorescence microscopy analysis, 2 teeth were used for each group, totaling 16 samples.

Ninety-six human maxillary canines with a buccolingual/mesiodistal dimension  $\leq 1.5$  mm and a root length of 16 mm were used, determined by scanning in a PreXion 3D® cone beam computed tomography scanner (Prexion Co. Ltd, Tokyo, Japan), with an endodontic acquisition protocol of 90 kV, 4 mA, 37 s, isotropic voxel of 0.10 mm and field of view of  $5 \times 5$  mm. Two-dimensional morphometric data of circularity and major and minor diameters were obtained using the OnDemand 3D Project Viewer program (Cybermed Inc., Tustin, CA, USA) to determine the degree of fattening of root canals [[36](#page-13-17)[–41\]](#page-13-18). The inclusion criteria were established following meticulous observation and cone-beam computed tomography. Only well-developed single-rooted teeth with a Vertucci type I configuration and straight root canals (curvature  $\lt 5^\circ$ ), without any prior root canal preparation or obturation, and featuring similar canal size and cross-sectional shape were eligible for selection. Teeth exhibiting cracks, resorptions, caries, or prior root canal treatment were excluded from the study.

An operator who was unaware of the study objectives generated a list of random numbers using the Sealed Envelope website [\(https://www.sealedenvelope.com/](https://www.sealedenvelope.com/)) with a 1:1 allocation ratio and random block sizes of 10. To maintain confdentiality, this list was stored in a fle that was kept secure. The list was only opened by a blinded assistant after the teeth were included in the study and prior to the endodontic treatment. Based on the random numbers from the list, each tooth was assigned an enrollment number and then randomly allocated to one of eight groups according to the flling protocol.

After conventional endodontic access to the cavity, the root canals were irrigated with 2.5 mL of 2,5% sodium hypochlorite (NaOCl), applied with a disposable plastic syringe (Ultradent Products Inc., South Jordan, UT, USA). The specimens were explored with a manual type of instrument (Dentsply Maillefer, Ballaigues, Switzerland) until the free extremity of the instrument appeared in the apical foramen. From this measurement, 1.0 mm was subtracted to establish the working length (WL) [[36](#page-13-17), [38,](#page-13-16) [41](#page-13-18)]. Biomechanical preparation was performed with the Wave One Gold Large instrument (45./05) (Wave One Gold, Dentsply Sirona, Ballaigues, Switzerland) in accordance with the manufacturer's recommendation. Subsequently, irrigation was performed with 2 mL of 17% ethylenediaminetetraacetic acid (EDTA) for 5 min, followed by fnal irrigation with 5 mL of 2.5% NaOCl. The canals were dried using a Capillary Tip suction cannula (Ultradent Products Inc., South Jordan, UT, USA) and with absorbent R50 paper cones (Reciproc, VDW, GmbH, Munich, Germany).

After biomechanical preparation, the specimens were randomly distributed, using the random.org program (<http://www.random.org>) to form eight experimental groups  $(n=10)$ , according to the conventional (Conform Fit, Dentsply Sirona, Ballaigues, Switzerland) or bioceramic gutta percha cones (Angelus, Londrina, Brazil) and epoxy resin-based endodontic sealers (AH Plus; Dentsply DeTrey GmbH, Konstanz, Germany) and calcium silicatebased AH Plus Bioceramic (Dentsply DeTrey GmbH, Konstanz, Germany), Bio-C Sealer (Angelus, Londrina, Brazil), Bio-C Sealer Ion<sup>+</sup> (Angelus, Londrina, Brazil) (Fig. [1\)](#page-2-0).

The canals were flled using the single cone technique, and adaptation of the gutta percha cones to the WL was verifed by visual, tactile and radiographic means. The sealers were manipulated in accordance with the manufacturers' instructions and they were inserted into the canals with the aid of a manual K #45 fle (Dentsply Sirona, Ballaigues, Switzerland) in movements of counterclockwise rotation. The gutta percha cones with endodontic sealer were introduced up to the WL and the excess flling material at the canal entrance was removed with Paiva-type tampers (Golgran, São Paulo, Brazil), followed by vertical condensation of the flling mass with light pressure in the apical direction for 5 s. The canal entrance was temporarily sealed with glass ionomer sealer (Ketac Molar Easy-Mix; 3M, Maplewood, MN, USA) [\[36,](#page-13-17) [38](#page-13-16), [41\]](#page-13-18).

Subsequently the teeth were sectioned, obtaining 3 slices of each root third (cervical, middle and apical), with a thickness of approximately  $1.0 \pm 0.3$  mm. The first and second slices of each third were used for testing extrusion of the root-end flling (push-out test); the third slice was



<span id="page-2-0"></span>**Fig. 1** Flowchart of Experimental Groups of diferent gutta percha cones and endodontic sealers

used to assess the quality of the bond interface by scanning electron microscopy (SEM) analysis [\[36,](#page-13-17) [38](#page-13-16), [41](#page-13-18)].

The slices were placed on metal bases with holes measuring 1.2 mm, 1.5 mm and 2.5 mm in diameter in their central portion and metal rods with an active tip of 0.8 mm, 1 mm and 1.5 mm in diameter, for the cervical, middle and apical thirds, respectively. The specimens were positioned in the same direction as the hole in the metal base, with their cervical surface facing downwards, and the rods were fxed in the upper portion of the testing machine and positioned over the flling material. The testing machine was activated at a constant speed of 0.5 mm/ min until the maximum stress required for displacing the flling material was reached [[36](#page-13-17), [38](#page-13-16), [41](#page-13-18), [42](#page-13-19)]. The force required for displacing the flling material was measured in Newtons (N). To calculate the bond strength (BS), the resulting force was converted into Megapascals (MPa) by dividing the extrusion force of the material by the lateral area of the material [\[36,](#page-13-17) [38](#page-13-16), [41](#page-13-18)].

For analysis of the failure type, the slices were evaluated with the aid of a Leica M165C stereomicroscope, (Leica Mycrosystems, Mannheim, Germany) at 25×magnifcation, and the LAS v4.4 software program (Leica Mycrosystems, Mannheim, Germany). The failures observed were determined in percentages and classifed as follows: a) adhesive to dentin: if the flling material was displaced from the dentin; b) adhesive to flling sealer: if the gutta percha was displaced from the flling sealer; c) mixed: if the gutta percha was displaced from both the dentin and the flling sealer; d) cohesive in dentin: if fracture occurred in the dentin; e) cohesive in the flling sealer: if fracture occurred in the flling sealer [[36,](#page-13-17) [38,](#page-13-16) [41](#page-13-18)].

## **Qualitative analysis of the bond interface and of sealer penetration—SEM**

For the SEM analysis, the third slice of dentin of each root third (cervical, middle and apical) was used. The preparation for SEM was carried out by polishing the dentin specimens with abrasive paper of decreasing grain size up to 1200 grit. After this, the specimens were rinsed in distilled water and superficially decalcified in 6 M hydrochloric acid (HCl) for 30 s and deproteinized in 2% NaOCl for 10 min [[36–](#page-13-17)[38,](#page-13-16) [41](#page-13-18)]. Subsequently, the specimens were rinsed, dehydrated and fixed on cylindrical aluminum structures  $(10 \times 10 \text{ mm})$  using double-sided adhesive tape according to the methodology described in previous studies [[36](#page-13-17)[–38\]](#page-13-16), [41](#page-13-18)]. After vacuum sputter-coating, the specimens were analyzed by a scanning electron microscopy (JSM 5410, JEOL Ltd., Tokyo, Japan) operating at 20 kV.

The photomicrographs were captured at 100x, 250x, and  $500 \times$  magnification. In the images captured at  $250 \times$  magnification, 12 measurements were performed at equidistant points on the bond interface to identify empty spaces (voids or gaps). According to the methodology described in a previous study [[43\]](#page-13-20), adaptation of the filling sealer to the root canal wall was classifed according to the following criteria: a) good: the majority of sections did not show any gaps between the sealer and the dentin; b) reasonable: the majority of sections showed some small flaws  $(<1 \mu m)$  between sealer and dentin; c) poor: the majority of sections showed many gaps (between 1 and 10 µm) between sealer and dentin; d) no adaptation: the majority of sections showed no adaptation between sealer and dentin (gaps > 10 µm)  $[36-38]$  $[36-38]$ , [41](#page-13-18)].

## **Qualitative analysis of the bond interface and of sealer penetration—Confocal laser scanning microscopy (CLSM)**

For the confocal laser scanning fuorescence microscopy analysis, the following dyes, respectively, were used at the time of flling: Fluo-3 (Sigma-Aldrich, Merck KGaA, Darmstadt, Germany) for sealers based on bioceramic compounds (AH Plus Bioceramic, Bio-C Sealer and Bio-C Sealer Ion<sup>+</sup>) and Rhodamine B (Sigma-Aldrich, Merck KGaA, Darmstadt, Germany) for epoxy resin-based sealer (AH Plus). The 16 samples were used and distributed into eight groups according to the flling protocol.

Subsequently, the samples were sectioned into 1-mmthick slices, and qualitatively evaluated using laser confocal scanning microscopy with inverted fuorescence Leica TCS-SPS (Leica, Mannheim, Germany). Images of the flled areas were acquired using the epifuorescence mode with absorption and emission wavelengths for Rhodamine B of 553/568 nm and for Fluo-3 of 360/449 nm, respectively, using the Leica Application Suite- Advanced Fluorescence (Leica Systems).

Samples were analyzed 10 m below the sampling surface using an objective lens

with  $20 \times$  magnification in a  $5 \times 5$  mm field of view, with a resolution of  $512\times512$  pixels. The slices were qualitatively analyzed for each group, subgroup and thirds in which sealer penetration and the density of tags formed were observed.

## **Statistical analysis**

Parametric tests were used for statistical analysis of the bond strength values since they showed normal distribution (Shapiro–Wilk, *P*>0.05) and homogeneity of variance (Levene test,  $P > 0.05$ ). Three-way analysis of variance was used to evaluate the infuence of endodontics sealers (AH Plus, AH Plus Bioceramic, Bio-C Sealer and Bio-C Sealer Ion<sup>+</sup>), root thirds (cervical, middle and apical) and gutta percha cones (conventional and bioceramic) on bond strength values. The Turkey test was used for multiple comparisons between groups  $(P>0.05)$ .

The chi-square test was used to assess the type of failure after the bond strength test  $(P > 0.05)$ . The non-parametric Mann–Whitney and Kruse-Wallis tests (*P*<0.05) were used to analyze the data relative to the adaptation of flling material to the dentin wall. All the statistical tests were performed using SPSS v.25 software (IBM, USA) with the signifcance level set at 95% (*P*>0.05).

### **Results**

Table [1](#page-4-0) presents the mean and standard deviation values of the bond strength according to the gutta percha cones (conventional and bioceramic) and endodontic sealers (AH Plus, AH Plus Bioceramic, Bio-C Sealer, Bio-C Sealer Ion<sup>+</sup>).

The results of the analysis of variance showed that flling with bioceramic gutta percha cones associated with bioceramic sealers showed higher bond strength values (Bio-C Sealer Ion<sup>+</sup>:  $8.38 \pm 4.27$ ; AH Plus Bioceramic:  $6.19 \pm 3.28$ and Bio-C Sealer: 5.70±3.18) (*P*<0.05) (Table [1](#page-4-0)).

Whereas relative to conventional gutta percha cones, when associated with bioceramic sealers (Bio-C Sealer Ion +:  $3.63 \pm 2.29$ ; Bio-C Sealer:  $2.94 \pm 2.32$  E AH Plus Bioceramic:  $1.19 \pm 0.89$  ( $P < 0.05$ ), showed the lowest bond strength values (Table [1\)](#page-4-0).

Whereas the bond strength values of conventional  $(4.26 \pm 2.35)$  and bioceramic  $(4.61 \pm 2.11)$  gutta-percha cones associated with AH Plus sealer showed no statistically significant difference between them  $(P > 0.05)$ (Table [1\)](#page-4-0).

Relative to the diferent thirds evaluated, the cervical third showed the highest bond strength values, followed by the middle and apical thirds, irrespective of the gutta percha cone (conventional or bioceramic) or endodontics sealer (epoxy resin-based or bioceramic) evaluated  $(P < 0.05)$ . When the middle and apical thirds of Bio-C Sealer sealer associated with conventional gutta percha cones were evaluated, no statistically signifcant diferences were observed (*P*>0.05) (Table [2](#page-4-1)).

<span id="page-4-0"></span>**Table 1** Mean and standard deviation values of bond strength according to the sealer and gutta percha cones evaluated

	Conventional cone $Mean + SD$	Bioceramic cone $Mean \pm SD$		
AH Plus	$4.26 + 2.35$ Aa	$4.61 \pm 2.11$ Ab		
AH Plus Bioceramic	$1.19 + 0.89$ Bb	$6.19 + 3.28$ Aab		
Bio-C Sealer	$2.94 + 2.32Ba$	$5.70 \pm 3.18$ Ab		
Bio-C Sealer Ion <sup>+</sup>	$3.63 + 2.29Ba$	$8.38 + 4.27$ Aa		

\*Diferent capital letters indicate statistical diference in rows and lowercase letters indicate statistical diference in columns in the Turkey test  $(P < 0.05)$ 

<span id="page-4-1"></span>**Table 2** Mean and standard deviation values of bond strength according to groups and root thirds evaluated

	Conventional cone					
	Cervical	Middle	Apical			
AH Plus		$6.78 \pm 1.55$ Ac $3.27 \pm 1.26$ BCc	$2.72 \pm 1.75$ Ccd			
AH Plus Bioce- ramic		$2.02 \pm 0.69$ Ad $0.93 \pm 0.87$ Abd	$0.62 \pm 0.35$ Bg			
Bio-C Sealer		$5.84 \pm 0.98$ Ac $1.84 \pm 1.23$ BCcd	$1.14 \pm 0.82 \text{C}$ f			
Bio-C Sealer $ion+$	$5.93 + 1.85$ Ac	$3.31 \pm 1.85$ Bc	$1.65 + 1.26$ Cce			
	Bioceramic cone					
AH Plus		$6.27 \pm 1.98$ Ac $4.78 \pm 1.76$ Bbc	$2.70 + 0.58$ Cc			
AH Plus Bioce- ramic		$9.98 \pm 2.03$ Ab $5.54 \pm 1.80$ Bb	$3.06 + 0.56Cb$			
Bio-C Sealer	$9.38 \pm 1.65$ Ab	$5.43 \pm 1.37$ Bbc	$2.30 + 0.54Cb$			
Bio-C Sealer $Ion+$	12.39 + 2.98Aa	$8.39 \pm 2.51$ Ba	$4.36 + 2.75Ca$			

\*Diferent capital letters indicate statistical diference in rows and lowercase letters indicate statistical diference in columns in the Turkey test  $(P<0.05)$ 

Table [3](#page-5-0) presents the failure pattern data for the diferent types of gutta percha cones (conventional and bioceramic) in the diferent endodontic sealers (AH Plus, AH Plus Bioceramic, Bio-C Sealer, Bio-C Sealer Ion<sup>+</sup>). The chi-square test showed a statistically signifcant diference with a higher percentage of adhesive failures to the flling material for conventional gutta percha cones associated with AH Plus, AH Plus Bioceramic, Bio-C Sealer, Bio-C Sealer Ion<sup>+</sup> sealers, and for the bioceramic gutta percha cones associated with AH Plus sealer  $(P < 0.001)$ . Whereas for the bioceramic gutta-percha cones associated with AH Plus Bioceramic, Bio-C Sealer and Bio-C Sealer Ion<sup>+</sup> sealers, a higher percentage of mixed failures was observed  $(P < 0.001)$ .

Table [4](#page-5-1) presents the scores obtained according to Balguerie et al. [\[43\]](#page-13-20) based on the SEM images. The non-parametric Kruse-Wallis test showed evidence of statistically signifcant diference between the diferent types of gutta percha cones (conventional and bioceramic) and endodontic sealers (AH Plus, AH Plus Bioceramic, Bio-C Sealer, Bio-C Sealer Ion<sup>+</sup>). The SEM analysis showed evidence of a higher percentage of reasonable failures with gaps smaller than 1 m for the bioceramic gutta percha cones associated with the AH Plus Bioceramic sealer; bad failures with gaps ranging between 1 and 10 m for the conventional gutta percha cones associated with AH Plus sealer, Bio-C Sealer Ion<sup>+</sup>, Bio-C Sealer and for the bioceramic gutta percha cones associated with the Bio-C Sealer Ion<sup>+</sup> sealer. Furthermore, failures greater than 10 μm were observed, with maladaptation at the adhesive interface, for conventional gutta percha cones associated with AH Plus Bioceramic and Bio-C Sealer sealers.

<span id="page-5-0"></span>**Table 3** Type of failure after the push-out test for diferent types of gutta percha and endodontic sealer

Groups		CC/AHP CC/AHBC CC/BCS CC/BCI CB/AHP				CB/AHBC	CB/BCS	CB/BCI
Ad	10.4	33.4	16.7	10.4	2.1	16.7	8.3	16.7
Amo	79.2	52.0	77.0	85.4	52.1	22.9	16.7	35.4
М	10.4	12.6	6.3	4.2	41.6	58.3	68.7	43.7
Cd	$\Omega$			0	$\Omega$	2.1	4.2	4.2
C <sub>mo</sub>	$\theta$	0		0	4.2	$\Omega$	2.1	$\Omega$

\*Types of failure *Ad* Adhesive to dentin, *Amo* Adhesive to flling material, *M* mixed, *Cd* Cohesive in dentin, *Cmo* Cohesive in flling material. *CC* Conventional cone, *CB* Bioceramic cone. *AHP* AH Plus, *AHBC* AH Plus Bioceramic, *BCS* Bio-C Sealer, *BCI* Bio-C Sealer Ion+

<span id="page-5-1"></span>**Table 4** Percentage distribution of the types of adaptation of flling material to root dentin, evaluation by means of SEM, considering diferent types of gutta percha and endodontic sealer

Groups	CC/AHP	<b>CC/AHBC</b>	CC/BCS	CC/BCI	CB/AHP	CB/AHBC	CB/BCS	CB/BCI
Good / Score 0		$\bf{0}$	2.8	$\mathbf{U}$	$\theta$	5.6		
Reasonable / Score 1	11.1	11.1	2.8	$\theta$	19.4	58.3	33.3	33.3
Poor / Score 2	55.5	41.7	44.4	66.7	61.1	30.5	47.3	41.7
$S/A / Score$ 3	33.4	47.2	50	33.3	19.4	5.6	19.4	25
Median		3						

*CC* Conventional cone, *CB* Bioceramic cone. *AHP* AH Plus, *AHBC* AH Plus Bioceramic, *BCS* Bio-C Sealer, *BCI* Bio-C Sealer Ion+

The statistical analysis observed in the evaluation of the experimental groups could be confrmed by the qualitative analysis of the SEM images (Figs. [2](#page-6-0), [3](#page-7-0) and [4](#page-9-0)), which allowed the observation of areas of maladaptation (yellow arrows) and adaptation (yellow asterisks) at the bond interface between the gutta percha cone, endodontic sealer and root dentin. In the apical third, irrespective of the Experimental Group, it was possible to observe a predominance of endodontic sealer in the polar areas (Figs. [2](#page-6-0)C, F, I, L and [3C](#page-7-0), F, L). For bioceramic gutta percha cones associated with Bio-C Sealer and Bio-C Sealer Ion<sup>+</sup> sealers (3G, 3H, 3I, 3J, 3 K, 3L) it was possible to observe perfect adaptation at the bond interface, with integrity of the flling margins and the lowest percentage of gaps. SEM analysis at  $250 \times$  magnification allowed a more uniform and thinner layer of endodontic sealer to be verifed in the specimens flled with gutta percha cones and bioceramic sealers (Fig. [4D](#page-9-0), F, H).

For the conventional gutta percha cones associated with the AH Plus sealer, the analysis by confocal laser scanning fuorescence microscopy showed greater penetration into the interior of the dentin tubules in a regular and homogeneous manner, with the formation of longer tags (Fig. [5A](#page-10-0), B, C). When associated with bioceramic sealers, however, there was no uniform penetration of the sealer into the adhesive interface and there were more empty spaces with the presence of shorter, irregularly shaped tags (Fig. [5D](#page-10-0), E, F, G, H, I, J, K, L).

For the bioceramic gutta percha cones associated with the AH Plus sealer, penetration into the interior of the dentin tubules in a regular and homogeneous manner was observed, with the formation of longer tags (Fig. [6A](#page-11-0), B, C). Whereas for the bioceramic sealers, regular penetration of the flling sealer into the dentin tubules was observed, with the formation of shorter and less numerous tags, however with the formation of a homogeneous layer between cone/sealer/ dentin (Fig. [6D](#page-11-0), E, F, G, H, I, J, K, L).

#### **Discussion**

In this study an evaluation of the bond strength and analysis of the bond interface was performed in root canals flled with bioceramic gutta percha sealers and cones. The null hypothesis tested was not accepted since the teeth endodontically treated with bioceramic gutta-perch sealers and cones showed higher bond strength values. This was due to interparticle bonds between the bioceramic sealer, bioceramic gutta percha cones and dentin calcium hydroxyapatite during the solidifcation and hydration reaction, which was able to eliminate empty spaces and fuid penetration at the bond interface.

Relative to the methodology, a push-out test was performed. This allowed evaluation of the mechanical performance of the bond between gutta percha and flling



<span id="page-6-0"></span>**Fig. 2** Photomicrographs of the bond interfaces of flling material to root dentin in conventional gutta percha cone in diferent endodontic sealers (100x). **A**, **B**, **C** Bond interface between AH Plus sealer, conventional gutta percha cone and root dentin in the cervical, middle and apical thirds, respectively. **D**, **E**, **F** Bond interface between AH Plus Bioceramic sealer, conventional gutta percha cone and root dentin in the cervical, middle and apical thirds, respectively. **G**, **H**, **I**

Bond interface between Bio-C Sealer sealer, conventional gutta percha cone and root dentin in the cervical, middle and apical thirds, respectively. **J**, **K**, **L** Bond interface between Bio-C Sealer Ion+ sealer, conventional gutta percha cone and root dentin in the cervical, middle and apical thirds, respectively. d: dentin; c: endodontic sealer; g: gutta percha; yellow arrows: gaps at the bond interface; yellow asterisks: regions of juxtaposition at the bond interface

sealer in the cervical, middle and apical thirds. This was followed by complementary analysis of the failure pattern in a stereomicroscope and analysis of the adhesive interface by laser scanning confocal microscopy and scanning electron microscopy, thereby enabling visualization of the endodontic fller sealer layer and evaluation of empty spaces present at the adhesive interface [\[36,](#page-13-17) [38](#page-13-16), [40](#page-13-21), [41](#page-13-18), [44](#page-13-22)–[46](#page-14-0)]. Although this test shows limitations regarding the variations to sample thickness, tip and root canal diameter [[47](#page-14-1), [48](#page-14-2)], in the present study these variables



Bioceramic Cone

<span id="page-7-0"></span>**Fig. 3** Photomicrographs of the bond interfaces of flling material to root dentin in bioceramic gutta percha cone in diferent endodontic sealers (100x). **A**, **B**, **C** Bond interface between AH Plus sealer, bioceramic gutta percha cone and root dentin in the cervical, middle and apical thirds, respectively. **D**, **E**, **F** Bond interface between AH Plus Bioceramic sealer, bioceramic gutta percha cone and root dentin in the cervical, middle and apical thirds, respectively. **G**, **H**, **I** Bond

were standardized, as recommended by Brichko, Burrow & Parashos [[49\]](#page-14-3), so that the risk of bias was minimized.

For the analysis under confocal laser scanning microscopy, Fluo-3 was used. This emits fuorescence in the presence of calcium ions corresponding to the specifc waveband of the argon laser (488 nm) that detects the presence of

interface between Bio-C Sealer sealer, bioceramic gutta percha cone and root dentin in the cervical, middle and apical thirds, respectively. **J**, **K**, **L** Bond interface between Bio-C Sealer Ion<sup>+</sup> sealer, bioceramic gutta percha cone and root dentin in the cervical, middle and apical thirds, respectively. d: dentin; c: endodontic sealer; g: gutta percha; yellow arrows: gaps at the bond interface; yellow asterisks: regions of juxtaposition at the bond interface

calcium silicate-based sealers [\[28](#page-13-23), [50–](#page-14-4)[52](#page-14-5)]. Thus, the calcium present in calcium silicate-based sealers binds to Fluo-3 and its fuorescence, in a green tone observed in the confocal images, and increases according to the stability of the bonds formed. Whereas Rhodamine B is the red fuorescent marker used for the epoxy resin-based flling sealer (AH Plus), since



# Bio C Sealer

Bio C Sealer Íon

<span id="page-9-0"></span>**Fig. 4** Photomicrographs of the bond interfaces of flling material to ◂root dentin in conventional and bioceramic gutta percha cones in different endodontic sealers (250x). **A**, **B** Bond interface between AH Plus sealer, conventional gutta percha cone and root dentin in the cervical, middle and apical thirds, respectively. **C**, **D** Bond interface between AH Plus Bioceramic sealer, conventional and bioceramic gutta percha cones, respectively. **E**, **F** Bond interface between Bio-C Sealer sealer, conventional and bioceramic gutta percha cones, respectively. **G**, **H** Bond interface between Bio-C Sealer Ion<sup>+</sup> sealer, conventional and bioceramic gutta percha cones, respectively. d: dentin; c: endodontic sealer; g: gutta percha; yellow arrows: gaps at the bond interface; yellow asterisks: regions of juxtaposition at the bond interface

this marker has affinity for humidity and less affinity for calcium ions, due to the leaching phenomenon [[28](#page-13-23)].

Relative to the results obtained, when the bioceramic gutta percha cones associated with bioceramic sealers (AH Plus Bioceramic, Bio-C Sealer and Bio-C Sealer Ion<sup>+</sup>) were evaluated, higher bond strength values were observed, due to the occurrence of ionic exchanges between the silicates of gutta percha cones and bioceramic sealers during the hydration process. During this process, the hydrates formed by covalent bonds are less soluble and precipitate forming calcium and hydroxyl ions, favoring the formation of hydroxyapatite, which provides the material with greater resistance [\[53\]](#page-14-6), and probably increases the bond strength to the root canal walls. Moreover, calcium silicate nanoparticles expand inside the dentin tubules after the hydration reaction, thereby allowing physical–mechanical imbrication to occur [[46,](#page-14-0) [54,](#page-14-7) [55\]](#page-14-8).

According to Roussel [[52\]](#page-14-5), based on the hydration reaction, the adhesive interaction of hydroxyapatite to root dentin occurs by integrated bonds between the sealer and bioceramic gutta percha cones, forming a unique network with covalent bonds between the calcium silicates and water, thereby allowing a three-dimensional flling, and consequently, increasing the bond strength [[56\]](#page-14-9). This interaction of the bioceramic material is responsible for the elimination of empty spaces and consequent reduction of fuid penetration into the adhesive interface [\[31](#page-13-13), [34,](#page-13-14) [46](#page-14-0)] as observed in the present study in the SEM photomicrographs. This made it possible to verify the more uniform and thinner endodontic sealer layer in the bioceramic gutta percha cones, with a prevalence of mixed failures and the presence of gaps ranging between  $1 \mu m$  and  $10 \mu m$  at the adhesive interface. This was also shown in the confocal laser scanning fuorescence microscopy, in which regular penetration of the flling sealer into the dentin tubules was observed since the homogeneous mass of the flling sealer allowed distribution of forces and stresses throughout the root. The mixed failure pattern could be an indicator of bond strength, due to the similarity between the chemical properties of the root dentin, sealers, calcium phosphate and apatite coating of the bioceramic cones [[31\]](#page-13-13), suggesting that the endodontic sealer adheres to the bioceramic gutta percha cone and root dentin by means of covalent bonds [\[53](#page-14-6)].

Furthermore, more extensive tubular penetration was observed in the cervical third compared to the middle and apical thirds. This corroborates the fndings of studies in the literature, in which they reveal that the depth of penetration of the sealer varies in the cervical, middle and apical thirds [[34,](#page-13-14) [57](#page-14-10)[–59](#page-14-11)], since the apical region has the lowest number and smallest diameter of dentin tubules per square millimeter [\[60](#page-14-12), [61](#page-14-13)]. Whereas Osiri et al. [\[32](#page-13-24)] observed that flling root canals with sealer and bioceramic gutta percha cones provided higher bond strength values in the apical area and better sealer penetration into the cervical, middle, and apical thirds than canals flled with AH Plus and conventional gutta percha cones.

Penetration of the bioceramic sealer is infuenced by the physicochemical properties of the sealers, such as solubility and dimensional alteration, the flling technique, anatomy of the root canal system, number and diameter of dentin tubules [[28\]](#page-13-23). Penetration of bioceramic sealers into the dentin tubules occurs by means of mechanical and chemical imbrication, thereby reducing microleakage and favoring the chemical formation of hydroxyapatite [\[62\]](#page-14-14). Diferences in the chemical composition of bioceramic sealers may efect its interaction with root dentin [\[46](#page-14-0), [63\]](#page-14-15), as observed in the present study, in which the magnesium and potassium ions present in the chemical composition of the Bio-C Sealer Ion<sup>+</sup> sealer, allowed greater compatibility and chemical bonding with the phosphate ions of root dentin, favoring bond strength and less formation of gaps, in agreement with the study by Janini et al. [\[19](#page-13-0)].

Whereas the group of conventional gutta percha cones with bioceramic sealers (AH Plus Bioceramic, Bio-C Sealer and Bio-C Sealer Ion<sup>+</sup>) showed lower bond strength values and a thicker flling line. These factors probably caused an increase in stress, thereby generating gaps greater than 10 µm observed in the qualitative-quantitative evaluation of the specimens by SEM. Thus, there was no occurrence of uniform penetration of sealer into the adhesive interface leading to more empty spaces with the presence of shorter, irregular-shaped tags. In this case, the bonding process between the calcium silicate particles of the bioceramic sealer to the conventional gutta percha cones occurred only by means of interparticle adhesion of the Bronsted-Lorry acid–base type, with low chemical interaction and physical anchorage by roughness between the surfaces of materials [[64\]](#page-14-16). These results corroborate with Cimpean et al. [[46](#page-14-0)], which also observed in their study, that the most prevalent failure pattern was adhesive to flling material, suggesting limited chemical bonding between endodontic flling sealer and root dentin.

For the groups flled with epoxy resin-based sealer, irrespective of the type of gutta percha cone (conventional or



<span id="page-10-0"></span>**Fig. 5** Representative images of confocal laser scanning fuorescence microscopy of the diferent experimental groups of the conventional gutta percha cone. **A**, **B**, **C** Penetration of the AH Plus sealer into the dentin tubules in the cervical, middle and apical thirds, respectively. **D**, **E**, **F** Penetration of the AH Plus Bioceramic sealer into the dentin

bioceramic), similar results were observed in terms of bond strength, failure pattern, analysis of the bond interface and intratubular penetration. Interaction between the latex of conventional gutta percha cones and the organic solvents present in the chemical composition of epoxy resin-based sealers, resulted in an interaction with greater solubilization

tubules in the cervical, middle and apical thirds, respectively. **G**, **H**, **I** Penetration of the Bio-C Sealer sealer into the dentin tubules in the cervical, middle and apical thirds, respectively. **J**, **K**, **L** Penetration of the Bio-C Sealer Ion<sup>+</sup> sealer into the dentin tubules into the cervical, middle and apical thirds, respectively

of the flling material, mainly when there was a thicker layer of sealer [\[65\]](#page-14-17), as observed in the single cone flling technique performed in the present study. Moreover, the interaction between the bioceramic gutta percha cone (inorganic compound) and the epoxy resin-based sealer (low polarity organic compound) was weak due to the incompatibility



<span id="page-11-0"></span>**Fig. 6** Representative confocal laser scanning fuorescence microscopy images of the diferent experimental groups of the bioceramic gutta percha cone. **A**, **B**, **C** Penetration of the AH Plus sealer into the dentin tubules in the cervical, middle and apical thirds, respectively.

between the materials, and thus, the polymerization reaction of the sealer would occur diferently in an aqueous media [\[64](#page-14-16)], weakening the flling material bond to root dentin. This was contrary to the situation observed when using bioceramic gutta percha sealers and cones, in which there was greater interaction and chemical compatibility.

It is pointed out that the degree of moisture in the root canal system [[46](#page-14-0), [66,](#page-14-18) [67\]](#page-14-19), suggested by the manufacturers

<sup>2</sup> Springer

**D**, **E**, **F** Penetration of the AH Plus Bioceramic sealer into the dentin tubules in the cervical, middle and apical thirds, respectively. **G**, **H**, **I** Penetration of the Bio-C Sealer sealer into the dentin tubules in the cervical, middle and apical thirds, respectively. **J**, **K**, **L**

when using bioceramic materials, may interfere with the penetration of the sealer into complex anatomies of the root canal system, such as polar areas, isthmuses, dentin tubules. This allowed less anchorage of the flling material to the dentin walls, and consequently, led to lower bond strength values [\[15,](#page-13-25) [67](#page-14-19)]. SEM photomicrographs and on focal laser scanning fuorescence microscopy made it possible to verify a uniform, thin layer of AH Plus sealer on conventional and bioceramic cones, with a prevalence of adhesive failures in the flling material and the presence of gaps ranging between 1  $\mu$ m and 10  $\mu$ m at the adhesive interface. Thus, more extensive penetration into the dentin tubules occurred in a regular and homogeneous way with the formation of longer tags.

Thus, based on the results of the present study, it can be concluded that flling the root canal system with bioceramic sealers should be associated with bioceramic gutta percha cones, with the aim of obtaining higher bond strength values of the flling material to the root dentin, and greater adaptation of at the adhesive interface formed between the sealer, gutta percha cone and dentin wall. Furthermore, it is essential to highlight that, although these results provide valuable insights into the materials and their bonding properties, clinical studies should be conducted to establish the direct clinical signifcance of these fndings.

### **Conclusion**

In conclusion, the adhesive interface formed between sealers and bioceramic gutta percha cones showed higher bond strength values and greater penetration into the dentin tubules. The bond between the Bio-C Sealer Ion $<sup>+</sup>$  endo-</sup> dontic sealer and the bioceramic gutta percha cone was the most effective.

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**Data Availability** Data may be provided upon request.

#### **Declarations**

**Ethical approval** This study was approved by the Research Ethics Committee of the Ribeirão Preto School of Dentistry, University of São Paulo (CAAE: 61010022.8.0000.5419).

**Informed consent** For this type of study, formal consent is not required. Informed consent was obtained from all individual participants included in the study.

**Competing interests** The authors declare no competing interests.

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