ORIGINAL CONTRIBUTION

New women-specific diagnostic modules: the Composite International Diagnostic Interview for Women (CIDI-VENUS)

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Abstract The World Health Organization-Composite International Diagnostic Interview (WHO-CIDI) is a highly structured interview for the assessment of mental disorders, based on the definitions and criteria of the fourth edition of the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). Over the past decade it has become evident that the CIDI does not sufficiently address the assessment needs of women. Women are affected by most mental disorders, particularly mood and anxiety disorders, approximately twice as frequently as men. Women-specific disorders, such as Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), psychiatric disorders during pregnancy and postpartum as well as during the perimenopause, menopause and beyond are not addressed by the standard CIDI diagnostic modules. In addition, the CIDI in its current form does not address the potential effect that female reproductive milestones may have on diagnosis, treatment and prevention of mental disorders in women. Our aim was to

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A. Rieder e-mail: amber.rieder@gmail.com develop a new women specific platform (CIDI-VENUS; CIDI-V) to be embedded in the existing CIDI that will address the above mentioned current deficiencies. Guided by a team of experts in the field of Women's Mental Health from Canada and Germany the following modules were developed: 1) A complete menstrual history and comprehensive contraceptive history with a link to the Premenstrual Symptoms Screening Tool (PSST). 2) A complete perinatal history of pregnancies, miscarriages, terminations, still births, death of a child, with details of current pregnancy including gestation and expected date of confinement, labour history and breastfeeding, history of tobacco, alcohol, and other substance use including prescription drugs during pregnancy and postpartum, a section on specific phobias and on recurrent obsessive/ compulsive thoughts/behaviours (OCD) related to the baby with a link to the Perinatal Obsessive-Compulsive Scale (POCS), as well as a link to the Edinburgh Postnatal Depression Scale (EPDS). 3). A detailed history of use of hormone therapy (e.g. pills, patches, implants, etc.) with a focus on (peri-) menopausal women, differentiating between physical and psychological symptoms with a link to the Menopause Visual Analogue Scales (M-VAS) and to the Greene Climacteric Scale. 4) An iterative module concluding each CIDI section to specify the course of mental disorders during the reproductive stages and menopausal transition. While retaining core diagnostic sections and diagnostic algorithms, the CIDI-V is enriched by women-specific diagnostic modules, providing a wealth of clinically relevant information about women's mental health, not available anywhere else in our current psychiatric diagnostic instruments.

Keywords Composite international diagnostic interview · CIDI-VENUS · Menstrual cycle · Pregnancy · Postpartum · Menopausal transition

Introduction: standardized diagnostic interviews for the assessment of mental disorders

Several diagnostic instruments exist for the assessment of mental disorders in clinical and epidemiological research. These include the Structured Clinical Interview for DSM-III-R (SCID) (Spitzer et al. 1992; Williams et al. 1992), the MINI International Neuropsychiatric Interview (M.I.N.I.) (Sheehan et al. 1998); the Schedule for Affective Disorders and Schizophrenia (SADS) (Endicott and Spitzer 1978), the Schedules for Clinical Assessment in Neuropsychiatry (SCAN) (van Gülick-Bailer et al. 1995), the Diagnostic Interview Schedule (DIS) (Robins et al. 1981), the Present State Examination (PSE) (Wing et al. 1974) and the Composite International Diagnostic Interview (CIDI) (Wittchen et al. 2001). The most frequently used tool in clinical and community epidemiological studies worldwide is the World Health Organization-Composite International Diagnostic Interview (WHO-CIDI) (Robins et al. 1988; Wittchen et al. 1991; Wittchen 1994; Kessler and Üstün 2004). Based on its predecessor, the DIS, for DSM-III and DSM-III-R (APA 1980, 1987), the CIDI was the product of a close collaboration with the authors of the PSE, within the context of WHO/ADAMHA Task Force on Diagnostic Classification and Instruments (Lépine et al. 1993; Semler et al. 1987; Wittchen and Nelson 1996). An attempt was made at the time, to cover within one instrument the definitions, criteria and diagnostic algorithms of both the ICD-10 (WHO 1993, Diagnostic Criteria for Research) and the DSM-IV (APA 2000). Since then several versions, modifications and variants of the CIDI have been developed for use in small and large scale epidemiological and clinical studies for lifetime, 12-month and cross-sectional diagnoses; additionally interval and change- versions for longitudinal research became available, supplemented by various additional diagnostic modules (Andrews and Wittchen 1995; Cottler et al. 1991; Kessler and Üstün 2004; Kessler et al. 1998a, b, 2000; Lachner and Wittchen 1996; Lieb et al. 2000; Rubio-Stipec et al. 1993; Wittchen et al. 1995, 1998, 1996; Wittchen and Pfister 2004; overview see Wittchen et al. 2001). It is important to note that the diagnostic algorithms were retained in all versions, thus allowing for cross-walks from earlier to later versions even when changes in the diagnostic system occurred. Divided into 16 diagnostic sections, the CIDI allows the fully standardized symptom and syndrome assessment of a total of 56 core diagnoses of mental disorders including information regarding onset, recency, severity, and impairment as well as patterns of co-morbidity. It offers also some crude information about help seeking and health care utilization, and provides data about the temporal relationships of syndromes by incorporation of symptom and timerelated questions for persistence and duration. Symptom questions address problems that the respondent has experienced, probing additionally for significance and causation (i.e. substance induced/ or due to general medical conditions) as well as for symptoms that have occurred in the person's lifetime or in other time-frames (e.g., past 12 months). Diagnoses of mental disorders can be obtained for the corresponding time-frames (current: 2 or 4 weeks, 12 months, lifetime) by the use of computerized algorithms (Essau and Wittchen 1993). The CIDI is a standardized diagnostic interview. The interviewer is instructed to ask all questions exactly as written, to code the respective answer of the respondent (interviewers are not allowed in the interview to code clinical impression, except for supplementary observational items), and to follow the fixed skip rules to enhance efficiency. All interview questions must be read exactly as written and the interviewer should not rephrase the question (Kessler and Üstün 2004; Wittchen and Semler 1990). The administration is further facilitated by the use of a Respondent Booklet, providing a visual presentation of more complex response options, symptom lists, and dimensional questionnaires. The CIDI can be administered by non-clinicians given appropriate standard training. Learning the CIDI requires a training seminar of several days up to one week duration for the paper and pencil administration and 2 to 3 days for the Computer Assisted Personal Interview (CAPI) version. The CIDI is applicable for the age groups of 14 to 65 years and for respondents from different cultural and educational background (Robins et al. 1988). Respondents with severe intellectual disturbances, dementia or acute psychotic states should be excluded on the basis of the optional CIDI Mini-Mental Examination module (Wittchen and Pfister 1997).

In summary, the CIDI is easy to administer, available in several languages and has established reliability and validity (Andrews and Peters 1998; Essau and Wittchen 1993; Kessler et al. 1998a, b; Knappe et al. 2008; Lachner et al. 1988; Reed et al. 1998; Spengler and Wittchen 1988; Wittchen et al. 1989, 1996, 1998, 1999).

The need for a female-specific diagnostic interview

Over the past decade it became increasingly evident, that neither the CIDI nor other standard diagnostic interviews provide sufficiently detailed information about femalespecific disorders, such as PMDD, female-specific characteristics of psychopathological presentations such as mental disorders with post-partum onset, the relationship of characteristics of the menstrual cycle with psychopathology and peri-and post menopausal manifestations of syndromes (Soares and Zitek 2008; Steiner et al. 2003a; Yonkers and McCunn 2007). Given the increased psychopathological burden for women associated with most diagnoses (Andrade et al. 2003), the lack of such an instrument has also impeded the accumulation of better clinical-epidemiological information regarding the core factors associated with the increased incidence and prevalence of mental disorders in women. Epidemiological studies consistently show that with the onset of the reproductive years at menarche, mood disorders are at least twice as common in women than in men (Kessler 2003: Lewinsohn et al. 1998: Steiner et al. 2003a: Wittchen and Jacobi 2005). A similar gender-specific pattern is also evident in anxiety, eating and somatoform disorders as well as with regard to the type and extent of comorbid patterns (Escobar et al. 1989; Fairburn and Harrison 2003; Rief et al. 2001; Wittchen and Jacobi 2005; Yonkers and McCunn 2007). There is also considerable evidence that onset, course, and prognosis of these disorders may be different for men and women (Fehm et al. 2005; Wittchen and Jacobi 2005).

Due to the fact that almost all epidemiological instruments do not address the specific characteristics of women's reproductive years, it has been difficult to relate psychopathological syndromes and their course to core female-specific issues, such as the menstrual cycle, pregnancy, postpartum, and menopause (Steiner et al. 2003a; Yonkers and McCunn 2007). Additionally, some disorders that are exclusively relevant to women such as PMDD and Perinatal and Perimenopausal Disorders are not covered by the existent standard diagnostic tools. Despite the wide range of instruments available that specifically address some of these critical issues, these tools are typically questionnaires covering only a few domains and can not easily be embedded into one coherent and conceptually sound assessment instrument. Thus, except for some recent attempts to supplement the standard CIDI with femalespecific diagnostic categories such as PMDD (Wittchen et al. 2002), so far-and to our knowledge-there is no instrument covering a broader spectrum of women-specific mental disorders.

Designing a female-specific diagnostic interview

In response to this marked deficit, the authors convened a working group to explore existing instruments and their suitability for developing a female-specific diagnostic assessment tool. The group decided, after careful review of existing evidence, on the following principles:

- The instrument should be a modification of an existing instrument, rather than a new stand-alone instrument. This should allow for easy comparison of any newly generated female specific data with existing data bases.
- 2. In-depth psychometric analyses should be performed on all newly-added as well as modified modules and sections.

- The standardized interview approach should be maintained to increase inter-rater reliability and to ensure consistency between different research groups and different settings.
- 4. A lifetime interview approach in addition to crosssectional data should be used to ensure lifetime information about the reproductive cycle. The interview should have established reliability and validity with regard to lifetime retrospective information as well as age of onset.
- 5. The utility of the instrument would profit substantially from incorporating dimensional aspects (Regier 2007; Shear et al. 2007).
- 6. The interview should be available in a computerized format (CAPI and diagnostic analysis) to avoid costly separate data entry and analysis.
- 7. Pilot data demonstrating the feasibility of incorporating female-specific questions and modules should be available from at least one clinical setting (see Steiner et al. 2008; Rieder et al. 2009).

Based on these considerations the group chose the CIDI platform as the most appropriate, promising and comprehensive interview available in meeting these requirements. This decision was further supported by a number of additional advantages, such as (a) the CIDI is modular and flexible allowing easy incorporation of diagnostic and syndromes modules as well as questionnaires, (b) the availability of existing training programs and (c) the relative ease of reliable administration and analysis. We acknowledged though the well known limitations of a non-clinician interview, ie lack of more subtle psychopathological differentiations a clinician might be able to code, clinical features and clinical severity ratings. Based on these considerations, a series of supplementary additions was designed, incorporated into the existing CIDI, and pilot-tested without changing the established skip rules, diagnostic modules, and algorithms of the CIDI (Steiner et al. 2008).

The content of the CIDI-VENUS (CIDI-V, Martini et al. 2007a, b; Steiner et al. 2007a, b)

Table 1 describes the structure of the standard WHO-CIDI, detailing in which sections what type of modular extensions were incorporated.

1. Section A

The rather brief introductory Section (Section A, Demographics) of the CIDI, which originally only included crude biosocial and socio-demographic information, was supplemented by a series of new questions providing a

WHO-CIDI Sections		CIDI-V Interview		CIDI-V Respondent Booklet
Α	Demographics	A-W		
		Reproductive history : current pregnancy (expected date of delivery, first day of last menstrual period); multiple pregnancy; live births (gestational age at birth, birth weight, mode of delivery, breastfeeding history); adverse pregnancy outcomes (miscarriages, abortion, stillbirth, sudden infant death)		 PSST (Steiner et al. 2003b) M-VAS (Steiner et al. 2008) Greene Climacteric Scale (Greene 1998) List V0: Abdominal operation
		Menstrual history: premenstrual symptoms; regularity and duration of a cycle		- List V1: Indication for abdominal operation
		Obstetric and gynaecologic history: operations; contraceptive history		- List V2: Contraception methods
		Menopausal history: symptoms and causes (e.g., surgically induced) of		- List V3: Cause of amenorrhoea
		menopause; hormone therapy		- List V4: Menopausal symptoms
С	Somatoform disorders)		
D	Anxiety disorders		- phobic fear of pregnancy and delivery and avoidance strategies (e.g., elective caesarean section)	- List D71: Fear/ avoidance of pregnancy and associated circumstances
Е	Depressive disorders	- relation of respective	- number of episodes of mood problems starting	- EPDS (Cox et al. 1987)
F	Bipolar disorders	syndrome problems to menstrual cycle (luteal	during pregnancy and postpartum, incl. onset and recency	- B-SIS (Born et al. 2008)
G H	Psychotic disorders Eating Disorders	phase), pregnancy, postpartum,	- weight gain/loss during pregnancy, postpartum,	- List G1: delusions pertaining the child
		breastfeeding, and peri-/ postmenopause	- worning sickness and Hyperemesis gavidarum during pregnancy	
к	Obsessive-compulsive			- POCS (Lord et al. 2008)
	disorder)		 List K1: obsessions pertaining the child List K2: compulsions pertaining the child
N	Posttraumatic Stress Disorder	 occurrence of significant events during 1st, 2nd, or 3rd trimester of pregnancy and associated pregnancy and birth complications (e.g., preterm delivery) experience of childbirth and questions regarding subsequent symptoms of posttraumatic stress disorder 		
в	Nicotine	- substance consumption during pregnancy and breastfeeding; amount per		
Т	Alcohol	day	3, 3, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 1997, 19	
L	Drugs and medication	<u> </u>		

Table 1 Sections of the standard WHO-CIDI and women-specific supplements of the CIDI-V (Wittchen and Pfister 1997; Martini et al. 2007a, b;Steiner et al. 2007a, b)

wide range of female-specific general health information, that cuts across all diagnostic categories. This expansion also links initial answers to subsequent questions in the interview. For example, if the stem questions for menopause are denied, respective questions are skipped later on in the interview (and respectively suppressed in the computerized version). This section also includes a standardized assessment of the respondents' menstrual cycle, pregnancy, postpartum period, peri-and postmenopause as well as a detailed obstetric and gynaecologic history. The questions are partly supported by respondent lists and questionnaires as part of the Respondent Booklet (Martini et al. 2007b; Steiner et al. 2007b).

2. Iterative Modules to relate symptoms and disorders to reproductive stages and menopausal transition in diagnostic sections

Based on this background information collected in Section A, the subsequent diagnostic sections are supplemented by an Iterative Module (see Table 2) to assess the temporal association of previously reported symptoms and disorders in each respective Section with regard to menstrual cycle, pregnancy, postpartum period, peri-and postmenopause. These additional questions at the end of the diagnostic Section allow the determination of how onset, course and symptom pattern of the respective syndrome is related to women-specific issues. In the mood, anxiety, eating, somatoform and psychotic disorders sections (psychopathological syndromes sections) the instrument asks specifically about the associated symptoms and their impact (e.g., improvement or worsening, increase or decrease of frequency or symptom magnitude) during the different phases of the menstrual cycle and during pregnancy, postpartum, and menopausal transition. For substance use disorders (use of nicotine, alcohol, drugs) and use of medications (substance use sections) the possible teratogenic effects on the offspring were considered in relation to pregnancy and postpartum, assessing whether the respondent stopped, reduced or continued substance use during pregnancy and breastfeeding (see Table 2).

The Section for Depressive Disorders allows for differentiation of the subtypes of major depression including specification of severity (e.g. severe episode with psychotic features).

The Section for Specific Phobias was expanded by questions regarding the strong fear (or avoidance) of pregnancy and delivery. Fertile women who prevent a pregnancy despite of the desire to have a child were asked about excessive

Table 2 Example of questions of the iterative module in psychopathological syndromes and substance use sections

Iterative module: psychopathologic syndromes section

Menstrual cycle	Were any of these (respective syndrome problems) related to your menstrual cycle? Did they get worse before [1], during [2] or after [3] your menstruation [code lowest number]? <i>If yes, specify and code, which.</i>		
Pregnancy	Did any of these (respective syndrome problems) start while you were pregnant? If yes, specify and code which.		
	Did any of these (respective syndrome problems) change during pregnancy?		
	Overall, while you were pregnant, would you say that these (respective syndrome problems) got better [1], worse [3] or remain unchanged [2]?		
	Did any of these (respective syndrome problems) change during pregnancy? Overall, while you were pregnant, would you say that these (respective syndrome problems) got better [1], worse [3] or remain unchanged [2]?		
Postpartum/	Did any of these (respective syndrome problems) start in the year after having a baby? If yes, specify and code which.		
Breastfeeding	Did any of these (respective syndrome problems) change in the year after having a baby? Overall, in the year after having a baby, would you say that these (respective syndrome problems) got better [1], worse [3] or remain unchanged [2]?		
	Did any of these (respective syndrome problems) start while you were breastfeeding? If yes, specify and code which.		
	Did any of these (respective syndrome problems) change while you were breastfeeding? Overall, while you were breastfeeding, would you say that these (respective syndrome problems) got better [1], worse [3] or remain unchanged [2]?		
Menopause	Did any of these (respective syndrome problems) start when you became peri-or postmenopausal? If yes, specify and code, which.		
	Did any of these (respective syndrome problems) change when you became peri-or postmenopausal? Overall, when you became peri-or postmenopausal, would you say that these (respective syndrome problems) got better [1], worse [3] or remain unchanged [2]?		

Pregnancy	Did you (use substance X) when you learned that you were pregnant? Did you completely stop/ reduce (using substance X) when you learned that you were pregnant? <i>Code type and amount per day.</i>
Breastfeeding	Did you (use substance X) when you were breastfeeding? Did you completely stop/ reduce (using substance X) when you were breastfeeding? <i>Code type and amount per day.</i>

Questions were partly adapted to the content of the respective section (e.g., asking for severity or frequency instead of or additionally to worsening)

avoidance strategies (e.g., usage of several contraception methods), whereas for pregnant women, requested anaesthesia or elective caesarean section were considered to be relevant.

The Section of Posttraumatic Stress Disorder is extended by a set of questions concerning the occurrence of potentially traumatic events during pregnancy, associated complications during gestation or childbirth, and experience of childbirth (incl. subsequent psychopathological symptoms). For Eating Disorders additional questions concerning weight gain or weight reduction in connection with pregnancy (incl. Hyperemesis Gavidarum), postpartum, and menopause were added (see Table 1).

3. Probe flow chart and time-related questions

The inclusion of women-specific issues also made it necessary to amend some of the CIDI-specific probe questions that are used for specific symptoms and syndromes to exclude substance-related and somatic-related factors (Essau and Wittchen 1993; Rubio-Stipec et al. 1993). Here the instrument allows for an additional specification for serious symptoms which are mainly attributed to menstrual cycle, pregnancy, postpartum, or menopause as a specific variant of a 'somatic condition'.

The analysis of a temporal coincidence of psychological symptoms and women-specific issues further required the expansion of the CIDI time-related questions (Essau and Wittchen 1993), allowing now for coding the exact time a particular symptom occurred.

4. Modifications of the Respondent Booklet (Martini et al. 2007b; Steiner et al. 2007b)

The supplementary questions and modules also prompted the need for a considerable expansion of the Respondent Booklet and the incorporation of dimensional scales established in previous research. In particular we added:

The Born-Steiner Irritability Scale (B-SIS), (Born et al. 2008) which is a self-rating scale to assess irritability, a prominent symptom in the spectrum of

female-specific mood disorders (Born and Steiner 2000).

- The Premenstrual Symptoms Screening Tool (PSST), (Steiner et al. 2003b) which was developed on the basis of DSM-IV research criteria for the Premenstrual Dysphoric Disorder (APA 2000) and reflects these criteria with additional severity ratings.
- The Edinburgh Postnatal Depression Scale (EPDS) (Cox et al. 1987) as a short, reliable, valid and widely and internationally accepted screening questionnaire to assess depression and anxiety during pregnancy and the postpartum period.
- The Greene Climacteric Scale (Greene 1998) as a reliable and valid questionnaire, which measures psychological, somatic, and vasomotor menopausal symptoms.
- The Perinatal Obsessive-Compulsive Scale (POCS) (Lord et al. 2008)

- The Menopause Visual Analogue Scales (M-VAS) (Steiner et al. 2008) (see Table 1).

Diagnostic analysis and output

Maintaining the integrity of the overall computerized algorithmic platform for the standard sections of the CIDI, we expanded the CIDI output that typically only reveals categorical diagnostic information (for threshold and subthreshold disorders, core syndromes and information about onset, subtype and recency) (Wittchen 1993).

The CIDI-Venus standard output (see Fig. 1) was supplemented by:

 women-specific information regarding the individual gynaecological history (e.g., menarche, abdominal operations, and hormonal therapy),

Fig. 1 Example for the patient ID sex Age date of interview interviewer: Female XXX xxx XXX CIDI-Venus standard output XXX Diagnoses according to DSM-IV Criteria (with corresponding ICD-10 F-Codes) 2.8 Obsessive-Compulsive Disorder F42.8 First Onset: Ever more than 1 year ago at age 22 Most Recent occurrence: within last 2 weeks F. Additional Information and Criteria Anxiety Disorders F42.8 Obsessive-Compulsive Disorder First Onset Ever: more than 1 year ago at age 22 Most Recent occurrence: within last 2 weeks V. Additional information Women's Mental Health PB is (or was) menstruating PB is pregnant and/or has had a pregnancy PB has given live birth/s Premenstrual symptoms (PSST): criteria not met Premenstrual Dysphoric Disorder (PMDD): criteria not met first menstrual period: more than 1 year ago at age 14 most recent menstrual period: within last Ž weeks Average length of menstrual period: 28days No menopause mood symptoms First usage of birth control or contraception methods: more than 1 year ago at age 18 Last usage of birth control or contraception methods: within last 2 weeks number of pregnancies: 3 First pregnancy more than 1 year ago at age 21 Last pregnancy more than 1 year ago at age 24 number of miscarriages: 1 number of abortions: 0 number of stillbirths: 0 number of live births: 2 number of child loss: 0 1st child born XXX born by a planned caesarean section, for medical reason duration of breastfeeding: 25 weeks 2nd child born born by an operative delivery (forceps delivery, vacuum extraction) duration of breastfeeding: 20 weeks Score of the Edinburgh Postnatal Depression Scale (EPDS): 21 for pregnant women: expected day of confinement (EDC): 0 MVASP/ MVASM: no entry Greene Climacteric Scale: no entry Change of symptoms during reproductive stages: premenstrual worsening of obsession/ compulsion postpartal onset of obsession/ compulsion postpartal worsening of obsession/ compulsion

- adverse pregnancy outcomes (number and dates of abortions, miscarriages, stillbirths, or sudden infant death),
- number of children and information concerning birth outcomes (e.g., gestational age, birth weight and length, duration of childbirth),
- the PSST and the corresponding decision rules (Steiner et al. 2003b) as well as scoring of the EPDS, the Greene Climacteric Scale, the M-VAS, and the POCS (Cox et al. 1987; Greene 1998; Lord et al. 2008)

The output for each diagnosis shows whether the respondent attributes the beginning or an aggravation of the reported psychopathological syndromes to womenspecific issues (menstrual cycle, pregnancy, postpartum, or menopause). It also provides information about termination or reduction in substance use during pregnancy and while breastfeeding.

Conclusion and outlook

The standardized question format of the CIDI-V provides a systematic and comprehensive approach to current femalespecific core questions in mental disorders and psychopathological research, allowing a reliable examination of a wide range of mental disorders with embedded modular additions of women-specific conditions and factors (menstruation, pregnancy, postpartum, or menopause). The availability of a standardized and comprehensive categorical and dimensional examination of mental disorders and psychopathological syndromes during pregnancy as well as pregnancy and delivery outcomes (e.g., gestational age, mode of delivery) is expected to provide an extensive and solidly coordinated basis for cross-sectional and longitudinal studies in epidemiological and clinical settings. Linked to the already existent family-genetic CIDI version (Lieb et al. 2000) the instrument might also enhance the efficiency and the detail of studies dealing with the familial transmission of mental disorders as well as perinatal research in general.

The development of a male-specific CIDI supplement might be a future challenge, aiming a more detailed examination of gender-differences as well as an investigation of conditions that are more common in men (e.g. ADHD, autism spectrum disorders) (van Engeland and Buitelaar 2008; Wittchen and Jacobi 2005).

The CIDI-V was primarily developed for epidemiological studies to examine women-specific disorders, but it can also be used for clinical practice. Particularities concerning occurrence (prevalence and incidence), maintenance, comorbidity patterns, and temporal relationships with the female reproductive cycle may be explored on this basis more comprehensively. The CIDI-V utility is enhanced by further covering critical issues like the impact of adverse pregnancy outcomes (e.g. stillbirth) and consequences of abdominal operations.

The CIDI-V is available as lifetime and 12-month crosssectional CAPI as well as paper and pencil version in English (Steiner et al. 2007a, b) and German (Martini et al. 2007a, b). The psychometric exploration of CIDI-V is currently underway; however one would expect that the reliability and validity of diagnostic sections and embedded instruments will not differ significantly from those in previous studies, given that only some of the context variables are different.

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