ORIGINAL ARTICLE



### Genotypic and pathogenic characterization of genotype VII Newcastle disease viruses isolated from commercial farms in Egypt and evaluation of heterologous antibody responses

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Received: 5 December 2016/Accepted: 14 February 2017/Published online: 25 March 2017 © Springer-Verlag Wien 2017

Abstract Newcastle disease viruses (NDV) represent a major threat to poultry production worldwide. Recently in Egypt NDV circulated extensively, even in vaccinated farms. In the present study samples were collected from sixteen vaccinated broiler farms in animals exhibiting the typical gross lesions of NDV. Virus isolation and pathogenicity studies for positive samples were carried out in accordance to reference procedures and phylogenetic analysis was carried out based on partial sequences of the *Fusion* gene. Furthermore, *in vivo* investigation of the ability of heterologous antibody, induced by commercially available lentogenic strain-based vaccines, to efficiently reduce viral shedding was examined. Results revealed that all the sixteen farms were positive for the presence of

**Electronic supplementary material** The online version of this article (doi:10.1007/s00705-017-3336-y) contains supplementary material, which is available to authorized users.

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NDV. Out of these fifteen were confirmed to due to velogenic viruses, based on a main death time (MDT)  $\leq$ 48 hours and partial sequencing of the F gene that showed the presence of a polybasic amino acid motif. However, three patterns in the cleavage site of these velogenic viruses were identified in the present study. Phylogenetic analysis revealed that all fifteen isolates were clustered with class II genotype VIIb while the remaining isolate (B81) was class II genotype II. Results of the in vivo study revealed that adequate heterologous antibody levels, induced by the proposed vaccination program, sufficiently protected birds from morbidity and mortality. However, virus shedding was quantitatively affected in relation to the time of challenge after vaccination. Altogether, with an absence of vaccines able to induce homologous antibody to the presently circulating viruses, higher antibody levels, which depend on efficient and timely implementation of the vaccination program, are considered as highly important in relation to the reduction of virus shedding.

### Introduction

Newcastle disease (ND) is a contagious viral disease that commonly affects most avian species, inducing a high morbidity and mortality up to 100% [5]. ND virus (NDV) is an enveloped, single-stranded, negative-sense RNA virus classified within the family *Paramyxoviridae* with isolates designated as avian paramyxovirus-1 (APMV-1) [30]. NDV is composed of six genes and their encoding six structural proteins: nucleoprotein (NP), phosphoprotein (P), matrix (M), fusion (F), hemagglutinin-neuraminidase (HN), and the RNA polymerase (L) [26]. The sequence of the F protein's cleavage site represents the primary molecular determinant of NDV virulence [15]. However, NDV strains with identical cleavage site sequences have shown significant differences in their virulence [12], which highlights the ultimate importance of characterizing the pathogenicity of NDV strains via internationally recognized tests such as mean death time (MDT), intracerebral pathogenicity index (ICPI), and intravenous pathogenicity index (IVPI) [6]. Isolates of NDV are categorized into 4 pathotypes: a- Lentogenic or avirulent forms; b- Mesogenic isolates: of moderate virulence but not fatal; c- Velogenic viscerotropic isolates of high virulence causing fatal enteric disease. d- Velogenic neurotropic isolates of high virulence causing high mortalities and signs of nervous system infection [17]. Genotypically, APMV-1 is classified into two clades designated as class I and class II. The majority of APMV-1 strains, including both virulent and nonpathogenic strains, belong to class II within which are classified the viruses of economic importance to chickens, while class I isolates mainly circulate in wild waterfowl [2]. The class II genotypes I and II include mainly avirulent strains and NDV vaccine strains [32] while virulent strains belong to class II genotypes III to IX and XI to XVI [9]. Virulent viruses belong to genotypes V, VI and VII are highly mobile, spread globally and are responsible for the majority of recent outbreaks in poultry and wild birds worldwide [14].

In Egypt, NDV was identified for the first time in 1947 [10]. Since then, devastating NDV outbreaks are frequently reported in Egypt. Based on genotypic characterization both class II genotype II and VI have been frequently identified in Egypt [20, 35, 36]. However, class II genotype VII is purported to be the cause of the current outbreaks in Egypt [21, 40].

Despite the routine intensive vaccination programs implemented in Egypt and worldwide genotype VII NDV still represents a major threat to poultry production [13, 22, 42]. Several factors could be responsible for this failure in vaccination such as the persistence of immunosuppressive diseases [24], improper vaccination strategies, low cross-protective-immunity between the vaccines used and field strains [50], continuous evolution of the virus, the role of wild birds in the spread of the infection [34], inadequate application and storage of vaccines [23] in addition to, differing genetic resistance to NDV among various breeds of chickens [25].

It is widely accepted that a homologous vaccine could provide increased protection against infection with genotype VII NDV, with a significant reduction in virus shedding compared to what is seen with the LaSota vaccine [19, 50]. However, even with a homologous inactivated vaccine a higher level of specific antibodies may be required to reduce virus shedding significantly. On the other hand, heterologous vaccination can induce significantly higher levels of antibodies after an optimum period of time that, theoretically, could prevent NDV transmission [33]. Altogether, the effective level of antibodies required to reduce NDV shedding depend on: 1using a genotype matched vaccine (to the field strain); 2allowing sufficient time for the vaccinated birds to develop the optimum immune response; and 3- the ultimate level of antibodies produced.

Thus, the present study was performed to genotypically and pathologically characterize NDV viruses isolated from vaccinated broilers farms, in addition, evaluate the efficiency of the commonly used (in the Egyptian market) NDV vaccines with a new vaccination strategy.

#### Material and methods

#### **Ethics statement**

The present study was conducted in strict accordance with the recommendations of the Ministry of Agriculture and Land Reclamation and Ministry of Environment, Egypt for experimental animal infection. The protocol of the study was reviewed and approved by the committee of laboratory biosafety for the reference laboratory for quality control on poultry production (RLQP). All virus isolation and animal experiments were performed in the virology unit and biological experiments and research unit at RLQP, under strict biosafety level 3 control facilities.

# Sample collection and direct detection of NDV using RT-PCR

Tracheal swabs were collected from sixteen vaccinated broiler farms (30-45 days old) with suspected Newcastle disease (ND), located in nine separate governorates (Table 1). Swabs were collected from twenty birds per farm and pooled, as one sample for each farm, in buffered saline solution with antibiotic (10,000 U/ml penicillin, 10 mg/ml streptomycin, 0.25 mg/ml gentamicin and 5,000 IU/ ml nystatin), adjusted to pH 7.0-7.4 [38]. Collected samples were directly screened for the presence of NDV by RT-PCR. Briefly, RNA was extracted from the pools of tracheal swabs using the QIAamp Viral RNA Mini Kit (Qiagen) according to the manufacturer's instructions. Samples were amplified using the QuantiTect probe RT-PCR kit (Qiagen), primers and a thermal profile, as previously described by Wise, et al. [49]. Furthermore, the extracted RNA was screened for presence of AI-H5, AI-H7, AI-H9 and IB using primers and a thermal profile, as previously described by Slomka, et al. [8, 43, 45] respectively.

 Table 1
 Results including: Mean Death Time (MDT); hemagglutination (HA) and hemagglutination inhibition (HI) test results; virulence criteria; the F protein cleavage site amino acid sequence; and finally the predicted genotype of the isolated viruses

Name (designated name in the study)	Year <sup>a</sup>	Governorate	MDT <sup>b</sup> (hrs)	HA (log.)	ICPI <sup>c</sup>	HI ND	F-protein cleavage site	Genotype
NDV-B7-RLQP-CH-EG-12 (B7)	2012	Kafr El-sheikh	36	5	1.73	+	112R <u>K</u> QKR*F117	VII
NDV-B23-RLQP-CH-EG-12 (B23)	2012	Alexandria.	36	5.6	-	+	112RRQKR*F117	VII
NDV-B34-RLQP-CH-EG-12 (B34)	2012	El-Minya	48	6.6	-	+	112RRQKR*F117	VII
NDV-B102-RLQP-CH-EG-12 (B102)	2012	Fayoum.	48	7.4	-	+	112RRQKR*F117	VII
NDV-B106-RLQP-CH-EG-12 (B106)	2012	Fayoum.	48	5.4	-	+	112RRQKR*F117	VII
NDV-B109-RLQP-CH-EG-12 (B109)	2012	Ismailia.	36	6.2	-	+	112RRQKR*F117	VII
NDV-B110-RLQP-CH-EG-12 (B110)	2012	Fayoum	48	6.8	-	+	112RRQKR*F117	VII
NDV-B113-RLQP-CH-EG-12 (B113)	2012	Alexandaria	36	6.2	-	+	112RRQKR*F117	VII
NDV-B114-RLQP-CH-EG-12 (B114)	2012	Sharkia	36	6.6	-	+	112RRQKR*F117	VII
NDV-B127-RLQP-CH-EG-12 (B127)	2012	Dakhlia	48	5.8	-	+	112RRQKR*F117	VII
NDV-B161-RLQP-CH-EG-12 (B161)	2012	Port Said	48	5.4	-	+	112RRQKR*F117	VII
NDV-F270-RLQP-CH-EG-11 (B270)	2011	Menofia	48	6	1.72	+	112RRQKR*F117	VII
NDV-B81-RLQP-CH-EG-12 (B81)	2012	Fayoum.	>108	8.6	-	+	112GRQ <u>G</u> R* <u>L</u> 117.	II
NDV-B83-RLQP-CH-EG-12 (B83)	2012	Fayoum.	48	6.6	-	+	112RRQKR*F117.	VII
NDV-F460-RLQP-CH-EG-13 (F460)	2013	Sharkia	36 hr	4.2	1.71	+	112RRQ KR*F117	VII
NDV-F388-RLQP-CH-EG-14 (F388)	2014	Menofia	36 hr	5.4	1.66	+	112RRQKR*F117.	VII

<sup>a</sup> Year of collection from vaccinated broiler farm

<sup>b</sup> Mean death times (MDT) less than 60 h are indicative of a virulent NDV strain

<sup>c</sup> Intracerebral pathogenicity index (ICPI) values 0.7 or greater are identified as virulent by the O.I.E.

#### Virus isolation and pathogenicity assessment

The clarified supernatant from the swab pools (100  $\mu$ l/egg) was inoculated into the allantoic cavity of 10 day-old embryonated specific pathogen free (SPF) eggs (SPF farm, Koam Osheim, El-Fayoum, Egypt). The inoculated eggs were incubated at 37 °C and candled daily for 5 days. Allantoic fluid was collected from dead embryos after the first 24 hours and examined for hemagglutination (HA) and hemagglutination inhibition (HI) activity using four HA units, according to OIE guidelines [38]. The egg infective dose 50 (EID50) was calculated, according to Reed and Muench [41].

The level of pathogenicity was determined by MDT in accordance with the reference procedure [38]. Briefly, ten-fold serial dilutions of each of the 16 isolates was inoculated intra-allantoically into 5 ten-day old SPF eggs, before being incubated at 37 °C and monitored daily for dead embryos. Eggs with dead embryos were discarded after the first 24 hours. The ICPI was carried out for selected isolates: B7, B270, F460 and F388 in 10 one-day

old SPF chicks and calculated according to OIE [38] instructions.

#### Genetic and phylogenetic analysis

Viral RNA was extracted from the allantoic fluid using the QIAamp viral RNA mini kit (Qiagen, Germany). The first quarter of the coding region of the F gene was amplified using a OneStep RT-PCR kit (Qiagen), primers and a thermal profile as previously described by Mase, et al. [29]. The PCR products (766 bp) generated from the sixteen isolates was subjected to electrophoresis on a 2 % agarose gel and the specific band cut precisely and purified using a QIA-quick gel extraction kit (Qiagen- USA), according to the manufacturer's instructions. The purified PCR products were used as templates for sequencing on an Applied Biosystems 3130 genetic analyzer (Hitachi, Japan) using a Big dye Terminator V3.1 cycle sequencing kit (Perkin-Elmer, Foster city, CA, USA) according to the manufacturer's instructions. Nucleotide and amino acid sequences were aligned using BioEdit software v7.0 [16].

Representative strains for all NDV genotypes and NDV subgenotype VII were retrieved from the GenBank database (accession numbers are shown in Figs. 1 and 2 and sequence details are available in Supplementary Table 1) and aligned with the sequences of the isolates from the present study. A phylogenetic tree was constructed using the Maximum likelihood method based on the Kimura 2-parameter model with 1000 bootstrap replicates, using MEGA version 4 software [47]. The trees were subsequently viewed and edited using FigTree v1.4.2 software (http://tree.bio.ed.ac.uk/software/figtree/).

The gene sequences generated in this study (n = 16) were submitted to GenBank and assigned accession numbers: KM288609 to KM288622 and KP316015, KP316016.

#### Vaccine protection study

Sixty-five SPF chicks were purchased from Koum Oshiem SPF farm, Fayoum, Egypt and housed in BSL3 isolators in the

animal experimental facilities of RLOP. Egypt, with continuous access to food and water. All chicks were serologically tested prior to vaccination using hemagglutination inhibition (HI) test for antibodies against NDV. Chicks were randomly divided into 3 vaccinated groups of 15 birds each and 2 control groups of 10 birds each. Groups 1, 2 and 3 were vaccinated intranasally (IN) with 100 ul of CLONE 30 per bird (live lentogenic strain- LaSota) at 1 and 11 days and subcutaneously (S/C) with 0.3 ml of killed NDV vaccine per bird (inactivated lentogenic strain - Ulster strain) at one day old. The first and second groups were challenged with 100 µl of inoculum containing  $10^6$  median egg infectious doses (EID50) of B7 strain (KM288609) at 21 and 30 days respectively while the 3<sup>rd</sup> group was kept unchallenged and received 100 µl of buffered saline solution. The 4<sup>th</sup> group was challenged with 10<sup>6</sup> EID50 of B7 without previous vaccination.

Birds were observed daily for 14 days post challenge. Trachea, lung, proventriculus and duodenum samples from all dead birds and 3 chickens from the vaccinated groups



Fig. 1 A phylogenetic tree using partial nucleotide sequences of the NDV-F gene representing NDV class I and II. Sequences obtained in this study are marked with a solid black circle. Accession numbers for the previously published sequences available in GenBank are indicated



Fig. 2 A detailed phylogenetic tree of NDV genotype VII using partial nucleotide sequences of the NDV-F gene. Sequences obtained in this study are marked with solid black circles. Accession numbers for the previously published sequences available in GenBank are indicated

were collected for histopathology. Oropharyngeal and cloacal swabs were collected in buffered saline solution with antibiotic for quantification of virus shedding. Briefly, oropharyngeal and cloacal swabs were collected at 2, 7 and 14 days post challenge and the viral RNA extracted using a QIAamp viral RNA mini kit (QIAGEN, Germany) according to the manufacturer's instruction. The specific primers, probe and PCR conditions used were as previously described by Wise, et al. [49]. Quantification of virus shedding was performed by absolute quantification using a standard curve for a known titred strain.

#### Statistical analysis

Statistically significant differences in the level of viral shedding between different groups were evaluated using the Student's t-test in Microsoft Excel.

#### Results

# NDV detection, confirmation and pathogenicity evaluation

The sixteen samples, each representing one farm, were positive for NDV and negative for IB, AIV-H5, H7 and H9 by real-time PCR. These results were confirmed by HA and HI results (Table 1). Furthermore, the results of the pathogenicity characterization of the sixteen isolates using MDT and ICPI indicated that fifteen of the tested isolates showed a MDTs  $\leq$  48 hrs. The ICPI was calculated for the 4 following strains, B7, B270, F460 and F388, and they were characterized as velogenic strains based on their respective ICPIs of 1.73, 1.72, 1.71 and 1.66 (Table 1). Only one strain "B81" showed a MDT > 108 hrs (Table 1).

#### Genetic and phylogenetic analysis

Based on the results of the partial F gene sequencing, the cleavage site amino acid sequence of the sixteen isolates was consistent with the pathotyping results identified by MDT and ICPI. However, three separate patterns of cleavage site sequence were identified in the velogenic isolates (Table 1).

Phylogenetic analysis results revealed that fifteen isolates were assigned to class II genotype VII while isolate B81 was assigned to class II genotype II (Fig. 1). Further, the sequences of the fifteen velogenic isolates were investigated based on: the criteria for identification of NDV subgenotypes proposed by Diel, et al. [12]; and the genetic characterization of virulent viruses circulating in west and central Africa investigated by Snoeck, et al. [46]. The results revealed that all fifteen velogenic viruses in the present study belong to genotype VIIb (Fig. 2).

#### **Protection study**

A vaccination program which includes vaccination at one day of age with inactivated and live vaccines followed by live vaccination at 10 days old was investigated. Geometric mean HI (log<sub>2</sub>) titers exhibited following this program were 7.26, 7.86 and 7.6 at 7, 14 and 21 days post vaccination (dpv) respectively. To determine whether these titers could protect and efficiently reduce viral shedding and, in addition, to evaluate whether the timing of challenge could effect vaccine efficiency, we inoculated vaccinated chickens with 100  $\mu$ l of inoculum containing 10<sup>6</sup> EID50 of B7 virus at 21 or 30 dpv.

In non-vaccinated challenged groups, all chickens developed severe depression, respiratory and nervous signs that began at 2 days post challenge (dpc). By 5 dpc mortality had reached 100% with a high level of viral shedding (Table 2). Neither clinical signs nor mortalities were observed in the two vaccinated groups. However, higher virus shedding was observed after challenge at 21 dpv compared to 30 dpv (at 2 and 7 dpc); however, at 14 dpc no virus shedding was observed in both groups (Table 3).

The histopathological examination of trachea, lung, proventriculus and small intestine samples revealed severe inflammatory and necrotic reactions in response to infection without prior vaccination (Fig. 3). On the other hand mild or no reactions were recorded in the vaccinated but challenged groups (Fig. 4). No pronounced differences were observed between the birds challenged at 21 and 30 dpv.

#### Discussion

ND represents one of the most important avian viral diseases and has a devastating impact on poultry production worldwide. Velogenic NDV is widely spread in many areas affecting intensive poultry production globally [32], including Egypt, with recurrent outbreaks being frequently reported [36].

NDVs with an ICPI  $\geq$ 0.7, multiple basic amino acids (at least three arginine (R) or lysine (K)) within the cleavage site of the fusion protein [38] and an MDT of less than 60 hours [37] are designated as velogenic viruses. Based on these criteria, 15 out of the 16 samples tested in the present study were velogenic viruses. The MDT was 36 to 48 hours for all fifteen isolates and the ICPI for the four tested isolates was between 1.66 and 1.73. Furthermore, partial sequencing of the F gene showed the presence of polybasic amino acid motifs <sup>112</sup>RRQKRF<sup>117</sup> in all fifteen isolates except B7 and B109. This cleavage site pattern has previously been reported in European genotype VII isolates [1] as well as isolates in China [27]. The B7 sequence <sup>112</sup>RKQKRF<sup>117</sup> motif was also previously identified in highly virulent NDV isolates [44].

In the context of our phylogenetic analysis, it is worth noting that globally three main panzootics have been identified [4, 28]. The first started in the mid 1920s continuing until the 1950s and caused by NDV genotypes II, III, and IV. This seemed to be restricted to the South East of Asia where the outbreaks began. In the late 1960s and 1970s genotypes V and VI emerged and caused the second pandemic. The third pandemic, caused by VIb emerged during the 1980s. Since then, genotype VII has spread worldwide and is thought to be responsible for outbreaks reported in the Far East, Middle East, Africa and Europe [18, 28, 32] as well as South America [39], constituting the fourth panzootic [7]. In the present study, phylogenetic analysis revealed that all the virulent viruses belonged to

Table 2 Results of viral shedding analysis in the challenged, non-vaccinated group

	$Log_{10}$ viral copy No. (mean $\pm$ SD)*						
	2 days post challenge		5 days post challenge				
	Oropharyngeal	Cloacal	Oropharyngeal	Cloacal			
Challenged non vaccinated group	8,34 ± 2,94 (10/10)	8,43 ± 3,04 (10/10)	6,78 ±1,46 (10/10)	9,09 ±3,07 (10/10)			

\* Swabs were collected from all 10 birds at each time point

	$Log_{10}$ viral copy No. (mean $\pm$ SD)*							
	2 days post challenge		7 days post challenge		14 days post challenge			
	Oropharyngeal	Cloacal	Oropharyngeal	Cloacal	Oropharyngeal	Cloacal		
Challenge at 21 days	1,99 ± 2,67 (6/15)	ND	1,22 ± 1,77 (7/15)	ND**	ND	ND		
Challenge at 30 days	$0,66 \pm 1,14 \ (4/15)$	ND	0,63 ± 1,08 (4/15)	ND	ND	ND		

Table 3 Results of viral shedding analysis in the challenged vaccinated group:

\* Swabs were collected from all 10 birds at each time point

\*\* Not detected (ND): no virus shedding detected by real time PCR; absolute quantification

Fig. 3 The histopathological examination of trachea, lung, proventriculus and small intestine samples revealed severe inflammatory and necrotic reaction in response to infection without prior vaccination. Briefly, (A) Trachea showed sloughed epithelium with haemorrhages (x20). (B) Air capillaries were filled with cellular exudates (x20). (C) Proventriculus showed haemorrhages in the mucosal epithelium and severe lymphocytic inflammation (x10). (D) Severe sloughed necrotic intestinal villi (x20)



genotype VIIb, according to the unified nomenclature and classification system of NDV proposed by Diel, et al. [12]. VIIb along with VIId are the predominant genotypes and still continue to spread in the world; however, other new sub-genotypes (VIIi and VIIh) have emerged and seem to have replaced older subgroups in countries like Pakistan and Israel [34].

In addition to direct airborne transmission, NDV can be transmitted via a fecal-oral route and through feed and water contaminated with infected respiratory secretions [3]. It is worth noting that all APMV1 viruses belong to a single serotype and vaccination with any NDV vaccine should protect against morbidity and mortality from any virulent NDV challenge; however this does not equally inhibit virus shedding [31]. If we bear in mind that mass-vaccination

can protect only about 60% of the flock with the remaining animals having insufficient immunity [11] limiting NDV shedding represents a major concern for the control and prevention of this disease. Considering these factors, in the present study we examined whether heterologous vaccines could provide immunity that prohibits virus shedding, and whether this depends on antibodies titers and the timing between vaccination and challenge.

In the present study isolate B7, which had been confirmed to be velogenic with the highest ICPI among the tested isolates, was selected for *in vivo* challenge. Challenge of birds with  $10^6 \text{ EID}_{50}$  (4<sup>th</sup> group) caused the deaths of all birds at 5 dpc with very high viral shedding (Table 2) and typical respiratory and nervous system manifestations. Using the proposed vaccination program significantly **Fig. 4** The histopathological examination of trachea, lung, proventriculus and small intestine samples revealed mild or non-existent reactions within the vaccinated-challenged groups. Briefly, (A) The group of vaccinated-challenged birds showed normal histological structure within the trachea, (B) lungs, (C) proventriculus and (D) intestine (all figures are x20, Haemotoxylin and Eosin, H&E staining)



reduced the viral shedding at 2 dpc with no clinical signs, when compared to the positive control group. Furthermore no viral shedding could be detected at 14 dpc. These findings indicate that heterologous vaccination not only prevent mortality and morbidity but also could reduce viral shedding to a very low level. This could be attributed to the very high levels of antibody induced by the proposed vaccination program as well as the efficiency of vaccines applied under experimental conditions (flock immunity) [48]. However, it is worth noting that under field conditions multiple factors could contribute in a reduction in the effectiveness of vaccination, which highlights the importance of antibody specificity [33]. Also, it is worth noting that challenging at 30 dpv significantly reduced viral shedding, when compared to challenging at 21 dpv. This finding supported by the Miller, et al. [33] conclusion that highlighted the importance of having enough time between vaccination and challenge to develop a proper immune response to prevent transmission. Further work is required to select vaccine strains that confer high antibody titers and specificity to the currently circulating field strains in Egypt. Until this is achieved vaccines inducing high antibody titres and a vaccination process providing higher flock (herd) immunity is strongly recommended to control ND in Egypt.

Acknowledgements The authors would like to thank collogues in Virology and Biotechnology Unit, Reference Laboratory for Veterinary Quality Control on Poultry Production for their technical help. They would also like to thank the broiler farms' owners for their cooperation and patience during sample collection.

#### Compliance with ethical standards

**Funding** A. Samy is currently a postdoctoral fellow in Anses France, funded by the Science & Technology Development Fund in Egypt (STDF) and Institut Français d'Egypte (IFE), Project ID 18551.

**Conflict of interest** All authors declare that they have no conflict of interest.

**Ethical approval** All applicable international, national, and/or institutional guidelines for the care and use of animals were followed. This article does not contain any studies with human participants performed by any of the authors.

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