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Record‑breaking food over the Yangtze River in early summer 2020: role of the north Indian Ocean and north tropical Atlantic SST

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Abstract

The Yangtze River valley (YRV) sufered an extreme food in the early summer (June-July; JJ) 2020, contemporaneous with warm sea surface temperature (SST) over the north Indian Ocean (NIO) and the north tropical Atlantic (NTA) regions. It is suggested that the warm NIO condition played dominant role in the heavy rainfall in China. The present study confrmed the contribution of the NIO warming and examined the underly processes by conducting statistical analysis. There are two ways by which the NIO SSTAs can infuence the fooding in JJ 2020 by reinforcing the anomalous western North Pacifc anticyclone (WNPAC). One is through an anomalous Kelvin wave in lower level troposphere that propagates into western Pacifc and induces suppressed convection. The other is through a reversed Walker circulation over the Indo-Pacifc regions that causes divergent circulation in lower level troposphere around WNP. In addition, we show that the warm NTA SSTAs could also enhance WNPAC and YRV food through an anomalous zonal vertical circulation, with anomalous ascending motion over the NTA region and anomalous descending motion over tropical central-eastern Pacifc. The intensifed WNPAC facilitated moisture fux transport to YRV through southwesterly anomalies and resulted in extreme food over YRV in JJ 2020. This study suggests that the NIO and NTA SSTAs can cause extreme food event in YRV independent of El Niño-Southern Oscillation (ENSO), which highlights the importance of considering SSTAs over the NIO and NTA regions when predicting extreme climate events in China besides ENSO.

1 Introduction

Located within the East Asian summer monsoon region, summer rainfall accounts for the largest proportion for annual rainfall over eastern China (Wu et al. [2003](#page-12-0)). The unusual interannual variability of summer rainfall over eastern China is often concurrent with severe droughts and foods, which repeatedly caused immense economic losses and social damage (Chen and Zhai [2013;](#page-11-0) Huangfu et al. [2018;](#page-11-1) Jiang et al. [2008;](#page-11-2) Ohba et al. [2015;](#page-12-1) Zhou and Chan [2007](#page-12-2)). For example,

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the severe food that occurred in the summer of 1998 caused 15 million people homeless and huge economic losses (Huang and Zhou [2002;](#page-11-3) Yuan et al. [2017](#page-12-3); Zong and Chen [2000\)](#page-13-0). In early summer (June-July; JJ) of 2020, many regions in eastern China suffered another devastating flood event. This flood hit the mid-to-lower reaches of the Yangtze River valley (YRV) and caused an increase in rainfall amounts up to 63% above the climatological value. Therefore, the variability and prediction of such extreme rainfall events has become a critical and urgent issue in climate research and a great concern to policy-makers (Ding et al. [2020\)](#page-11-4).

Intensive efforts have been made to improve understanding of the physical processes responsible for summer rainfall variability in eastern China. Climatologically, a zonally elongated Meiyu rain-band along YRV in central China is visible in JJ (Zhou and Yu [2005](#page-13-1)). The interannual variability of Meiyu rainfall over the YRV region is infuenced by many factors, including the El Niño-Southern Oscillation (ENSO) event, the Indian Ocean and North Atlantic sea surface temperature anomalies (SSTAs), the western North Pacifc (WNP) subtropical high (WNPSH) as well as intraseasonal variability of the Madden–Julian Oscillation (Chen et al. [2020;](#page-11-5) Gao et al. [2018](#page-11-6); Gu et al. [2009;](#page-11-7) Lau and Weng [2001;](#page-11-8) Li et al. [2017](#page-12-4); Zhang et al. [2019;](#page-12-5) Zhou and Chan [2007](#page-12-2)). Variability of these climate modes is considered to afect the occurrence of extreme rainfall events in the YRV.

Tropical SSTAs are recognized as important external forcing that impact the variability of summer rainfall in eastern China. At the interannual timescale, traditional eastern Pacifc (EP) ENSO is one of the crucial factors infuencing the variability of summer rainfall in eastern China (Huang and Wu [1989;](#page-11-9) Wu et al. [2003](#page-12-0); Zhang et al. [1999](#page-12-6), [2019\)](#page-12-5). Previous studies implied a positive correlation between tropical eastern Pacifc SSTAs in winter and YRV rainfall anomalies in the following summer. In post-El Niño summer, a large-scale anomalous anticyclone over WNP (WNPAC) is considered as the key bridge for conveying El Niño-related infuences to East Asia (Wang and Zhang [2002;](#page-12-7) Wu et al. [2003](#page-12-0)). Anomalous WNPAC could enhance summer rainfall in mid-to-lower reaches of YRV by modulating the strength and location of WNPSH and regulating moisture fux transportation to eastern Asia (Chang et al. [2000\)](#page-11-10). Thus, following super El Niño events, extreme Meiyu rainfall foods over YRV often appeared, such as the dramatic foods occurred in 1998 and 2016 (Chen et al. [2018;](#page-11-11) Gao et al. [2018](#page-11-6)). In these years, El Niño-related WNPAC intensifed the water vapor fux transport from the warm oceans to YRV by southwesterly anomalies, which favored the serious fooding in the YRV (Zhou and Yu [2005\)](#page-13-1).

Maintenance of WNPAC in post-El Niño summer is attributed to remote forcing of warming condition in the Indian Ocean, which contributes to the persistence of WNPAC via a Kelvin wave-Ekman divergence mechanism (Xie et al. [2009\)](#page-12-8) or a zonal overturning vertical circulation over the tropical Indo-Pacifc Ocean (Annamalai et al. [2005](#page-11-12); He and Wu [2014](#page-11-13)). Meanwhile, anomalous easterly winds on south side of the anomalous WNPAC maintained the warming condition north Indian Ocean (NIO) by reducing southwest monsoon and surface evaporation (Du et al. [2009](#page-11-14)). This positive feedback between air-sea interactions in the Indo-WNP region prolongs atmospheric response to El Niño (Kosaka et al. [2013](#page-11-15); Xie et al. [2016\)](#page-12-9). In addition, many studies suggested that the anomalous WNPAC is associated with north tropical Atlantic (NTA) SSTAs (Chen et al. [2015](#page-11-16); Ham et al. [2013;](#page-11-17) Hong et al. [2014](#page-11-18); Rong et al. [2010\)](#page-12-10). For example, Rong et al. [\(2010\)](#page-12-10) pointed out that, in post-El Niño summer, positive SSTAs over the NTA region trigger an atmospheric Kelvin wave stretched downstream to equatorial Indo-Pacifc region, which causes low-level easterly wind anomalies and strengthens the WNPAC. Hong et al. ([2014](#page-11-18)) found that the impact of tropical Atlantic SST on WNPSH, connected by a zonally overturning vertical circulation anomaly over equatorial central Pacifc and tropical Atlantic, was enhanced after the 1980s.

In post-El Niño summer, El Niño can induce SSTAs in the Indian Ocean and tropical Atlantic Ocean through atmospheric bridges (Klein et al. [1999;](#page-11-19) Yin and Zhou [2019,](#page-12-11) [2020\)](#page-12-12). This implies that influences of the Indian Ocean and tropical Atlantic SSTAs on WNPAC may be a linkage for ENSO event. Recent studies implied that WNPAC is associated with SSTAs over the Indian Ocean and tropical Atlantic regions even without ENSO (Kosaka et al. [2013;](#page-11-15) Chen et al. [2015](#page-11-16); Xie et al. [2016](#page-12-9)). For example, Kosaka et al. [\(2013\)](#page-11-15) identifed a coupled air-sea interaction mode between warming NIO SST and WNPAC when El Niño-related SSTAs are removed. In addition, Chen et al. ([2015\)](#page-11-16) indicated an intensifed relationship between tropical Atlantic SSTAs and WNPAC with ENSO efect removed. Therefore, it suggests that the NIO and NTA SSTAs may infuence the YRV summer rainfall anomalies by modulating WNPAC in years without ENSO.

Recently, the 2020 YRV fooding event has been studied by many researchers on diferent timescale such as submonth and sub-seasonal timescales (Ding et al. [2021](#page-11-20); Liu et al. [2020](#page-12-13); Qiao et al. [2021;](#page-12-14) Takaya et al. [2020](#page-12-15); Zheng and Wang [2021](#page-12-16); Zhou et al. [2021\)](#page-12-17). On the sub-month timescales, they found that the North Atlantic Oscillation (NAO) pattern (Liu et al. [2020](#page-12-13)), mid-latitude teleconnection and the Pacifc-Japan (PJ) pattern (Qiao et al. [2021\)](#page-12-14) as well as the quasi-biweekly oscillation (QBWO) (Ding et al. [2021\)](#page-11-20) contributed to the extreme Yangtze fooding. Zheng and Wang ([2021\)](#page-12-16) suggested that the enhanced rainfall in June 2020 is regulated by interactions among the Pacifc, Atlantic, and Indian Oceans. The NIO SST warming state in summer 2020 is considered as a main contributor to the YRV extreme rainfall in June and July (JJ) (Ding et al. [2021](#page-11-20); Zhou et al. [2021](#page-12-17)). The present study focuses on the processes associated with the extreme fooding event in JJ 2020 and emphasizes the joint infuences of the NIO and NTA SSTAs on the YRV rainfall in JJ 2020.

The rest of the paper is organized as follows. Section [2](#page-1-0) describes dataset and methods used in the present study. Section [3](#page-2-0) presents the features of the record-breaking YRV rainfall in JJ 2020. The infuences of the NIO and NTA SSTAs on the anomalous YRV rainfall in JJ 2020 are addressed in Section [4.](#page-4-0) Section [5](#page-9-0) gives the summary and discussion.

2 Data and method

The datasets used in this study are described as follows. The monthly mean rainfall data is from 160 stations of the Chinese Meteorological Data Center in China, which meets the standards of the World Meteorological Organization. The Climate Prediction Center's Merged Analysis of Precipitation (CMAP) is employed with a horizontal resolution of $2.5^{\circ} \times 2.5^{\circ}$ and period spanning from 1979-present (Xie and Arkin [1997](#page-12-18)). The monthly mean SST is from the National Oceanic and Atmospheric Administration (NOAA) Extended Reconstruction version 5 (ERSST.v5b) and has a resolution of $2.0^{\circ} \times 2.0^{\circ}$ and spans the period from 1854 to present (Huang et al. [2017](#page-11-21)). The monthly mean horizontal winds, air temperature, specifc humidity, sea level pressure, vertical p-velocity, and geopotential height were provided from the National Centers for Environmental Prediction-Department of Energy (NCEP-DOE) Reanalysis 2, with a horizontal resolution of $2.5^{\circ} \times 2.5^{\circ}$ from 1979 to present (Kanamitsu et al. [2002\)](#page-11-22).

Statistical analysis performed in this study was from 1980 to 2020, in which the monthly anomalies were calculated by removing the 42 years average. The long-term linear trends of all variables were removed to avoid any possible impact of global warming. Linear regression and correlation analyses were applied to examine the relationship between pairs of variables. The statistical signifcance of these analyses was evaluated used the two-sided Student's *t* test. Partial regression and partial correlation analysis were adopted to measure the relationship between two variables without the efect of other variables. The Niño3.4 index is defned as the averaged SSTAs in the Niño3.4 region (5° S–5° N, 170–120° W). The NIO SSTAs index is defned as the averaged SSTAs over the region $(0-25^{\circ} N, 60-120^{\circ} E)$. The NTA SSTAs index is defned as the averaged SSTAs over the region (10–22° N, 90–45° W). The WNPAC is defned as the diference in the 850 hPa westerly wind averaged over a northern region $(20-30° \text{ N}, 110-140° \text{ E})$ and a southern region $(5-15° \text{ N},$ 100–130° E) (Wang et al. [2001](#page-12-19)).

3 Features of the record‑breaking YRV rainfall

Figure [1](#page-2-1) illustrates spatial patterns of rainfall anomaly in summer months of 2020, which are derived from the 160 stations dataset in China. In June and July (Fig. [1a,](#page-2-1) [b](#page-2-1)), positive rainfall anomalies are mainly located over middle to lower reaches of the YRV. Negative rainfall anomalies are observed over southern China. In August (Fig. [1c](#page-2-1)), the

Fig. 1 Spatial distribution of rainfall anomalies (mm day−. 1) over East China in **a** June, **b** July, **c** August, and **d** early summer (June-July mean; JJ) 2020, based on China 160 station data. The red boxes indicate middle to lower reaches of the Yangtze River valley (YRV; 27–34° N, $107.5 - 122$ ° E)

anomalous Meiyu rain-band shifted to northern China and negative rainfall anomalies appeared in the YRV. Therefore, in this study, rainfall anomaly averaged over June and July (hereafter abbreviated as JJ) is chosen to investigate the extreme rainfall in summer 2020 over the YRV. Based on spatial pattern of JJ averaged rainfall anomalies (Fig. [1d](#page-2-1)), the YRV is defned over the domain [27–34° N, 107.5–122° E]. This defnition is similar to the location used in a number of earlier studies (Gong and Ho [2002;](#page-11-23) Li and Lu [2017;](#page-12-20) Luo et al. [2013\)](#page-12-21). Thirty-two stations are evenly located across this region (fgure is not shown). The rainfall anomaly averaged over these stations is 3.19 mm day⁻¹, 5.22 mm day⁻¹, and -0.82 mm day⁻¹ in June, July, and August, respectively. In JJ, the area-averaged rainfall anomaly in YRV is 4.20 mm day⁻¹, which is approximately 63% more than the average indicated by climatology, resulting in a recordbreaking food in the region in JJ 2020. In the following, the YRV rainfall index (YRVRI) is defned as the JJ rainfall anomalies averaged over these 32 stations.

Strong convective activities and abundant moisture fux transport are two key factors responsible for extreme precipitation events. Figure [2a](#page-3-0) shows the equivalent potential temperature (θ_e) anomalies and wind anomalies at 850 hPa around the YRV region in JJ 2020. θ_{ρ} is determined by both humidity and temperature and has been widely used in Meiyu rainfall research (Chen and Zhai [2015](#page-11-24); Zhou et al. [2004](#page-12-22)). The climatological θ_{ρ} decreases with latitude in lower troposphere as warmer and moister air is generally located in the south and the relatively cooler and drier air is occupied in the north (Ding [1992\)](#page-11-25). A positive value of θ_e anomaly indicates a wetter and warmer condition. As shown in Fig. [2a](#page-3-0), strong southwesterly wind anomaly is located to the south of the YRV, and weak surface northeasterly wind anomaly is located to the north of the YRV. As a result, positive θ_{α} anomalies are observed to the south of the YRV, and negative θ_{ρ} anomalies are seen to the northern regions. The anomalous θ_e pattern in JJ 2020 intensified the meridional gradient of the θ_e in the YRV, which is helpful for northward advection of the θ_{ρ} and generation of convective instability over the YRV (Ninomiya and Shibagaki [2007](#page-12-23)). The major region covered with intensified θ ^{*e*} gradient corresponds well with that overlapped with enhanced rainfall in Fig. [1d.](#page-2-1) Figure [2b](#page-3-0) shows the vertical motion anomaly at 500 hPa as well as the column-integrated moisture fux anomaly in JJ 2020. Strong upward motion anomaly is seen along the YRV. Abundant moisture fux was transported to the YRV by the anomalous southwesterly wind from oceans in the subtropics and tropics. These water vapor fux anomalies converge over the YRV and favor the heavy rainfall there. Thus, the strong upward movement and the abundant moisture fux transportation contributed to the extreme food event over the YRV in JJ 2020.

To obtain a comprehensive picture of the food situation, Fig. [3](#page-4-1) further illustrates the spatial pattern of large scale summer rainfall and atmospheric circulation anomalies in JJ 2020. The remarkable positive rainfall anomalies in YRV are also detected in the GPCP (Fig. [3a](#page-4-1)) and CMAP (fgure is not shown) dataset in JJ 2020. Besides, negative rainfall anomalies occupy the South China Sea (SCS) and WNP regions. The dipole rainfall anomaly pattern resembles the Pacifc-Japan (PJ) teleconnection pattern (Huang and Li [1988;](#page-11-26) Nitta [1987](#page-12-24)), which provides a crucial connection in climate variability between tropics and midlatitude regions. In its positive phase, the PJ pattern brings a wetter summer to central China, Korea, and Japan (Huang and Sun [1992](#page-11-27); Wakabayashi and Kawamura [2004\)](#page-12-25), such as the summers of 1993 and 1998. An anticyclonic wind anomaly is observed over the WNP region. The anomalous southwesterly wind along the northwestern fank of the anomalous anticyclone favorable substantial water vapor fux transport to the YRV from the SCS and WNP regions. Corresponding with the WNPAC, the WNPSH was enhanced and extended more southwestward compared to the climatological result (Fig. [3b](#page-4-1)). As shown by previous studies (Chen et al. [2019](#page-11-28);

Fig. 2 Enhanced rainfall conditions averaged during JJ 2020. **a** 850 hPa equivalent potential temperature (θ_e) anomaly (shadings; K) and wind anomaly (vectors; m s −1). **b** 500 hPa vertical motion anomaly (shadings; 10^{-2} Pa s⁻¹) and column integrated moisture fux anomaly (vectors, surface to 300 hPa; kg m^{-1} s⁻¹). The red box indicates the YRV

gpm line averaged during 1980–2020

Gao et al. [2018;](#page-11-6) Guo et al. [2002](#page-11-29)), a southwestward shifted WNPSH is favor for positive rainfall anomalies in the YRV region by modulating moisture fux transport. In addition, atmospheric circulation was strengthened in middle and high latitudes over the Eurasian continent, with a stronger ridge around the Ural Mountain and a deeper trough over the Lake Baikal. According to the Omega equation (Holton [2004](#page-11-30)), anomalous trough induces ascent motion anomalies in areas ahead of the trough, which favors positive rainfall anomalies in the YRV region.

In this section, we have used monthly data to identify the features of the record-breaking YRV rainfall and large scale atmospheric circulation anomalies in JJ 2020. The analysis shows that anomalous strong WNPAC is the key system that contributes to the extreme food in the YRV by transporting abundant moisture fuxes. In the following, we will explore the major factors responsible for the anomalous WNPAC from the aspect of external forcing.

Fig. 4 SST anomalies (°C) averaged during **a** December-January– February (DJF) and **b** JJ 2020. In **b**, the red boxes indicate the NIO and SCS region (0–25 \degree N, 60–120 \degree E) and the NTA region (10–22 \degree N, 90–45° W), respectively

4 Role of the NIO and NTA SSTAs

The above prominent atmospheric conditions in JJ 2020, which were featured by a southwestward shifted WNPSH and a strong WNPAC, are quite similar with the regression maps with respect to the Niño3.4 index in preceding winter obtained by Wu et al. [\(2003\)](#page-12-0). In fact, the extreme summer rainfall events, such as 1998 and 2016, are closely connected to strong El Niño events in preceding winter (Chen et al. [2018;](#page-11-11) Gao et al. [2018\)](#page-11-6), with a standardized Niño3.4 index of 2.04 and 2.32 for 1998 and 2016, respectively. In strong post-El Niño summers, warm conditions in the Indian Ocean and SCS were often generated, which could anchor and enhance the anomalous WNAPC, known as the Indowestern Pacifc Ocean Capacitor (IPOC) mode (Xie et al. [2016\)](#page-12-9). In preceding winter of 2020, no signifcant SSTAs are visible in the eastern equatorial Pacifc (Fig. [4a\)](#page-4-2). Positive SSTAs are located over the central equatorial Pacifc. This SSTAs pattern suggests that a weak CP El Niño event (Ashok et al. [2007](#page-11-31)) occurred in preceding winter of 2020. In the simultaneous JJ (Fig. [4b](#page-4-2)), negative SSTAs are located in the eastern equatorial Pacifc, which indicates a transition to La Niña. In addition, positive SSTAs are observed over the NIO and NTA regions in JJ 2020. The following analysis will be focused on the possible infuences of the warming SSTAs over the NIO and NTA regions on the anomalous WNPAC and rainfall over YRV in JJ 2020.

Figure [5a](#page-5-0) shows the evolution of three months mean SSTAs indices and the WNPAC index from preceding

Fig. 5 a Evolution of the normalized Niño 3.4 SSTAs index (5° S–5° N, 170–120° W; green curve), NIO SSTAs index (red curve), NTA SSTAs index (blue curve), and the WNPAC index (black curve) smoothed by using a 3-month running from October–November-December 2019 to June-July–August 2020. **b** Lead-lag regression coefficients of WNPAC with respect onto the NIO (red solid line) and NTA (blue solid line) SSTAs indices for JJ during 1980–2020, respectively, and lead-lag partial regression coefficients of WNPAC with respect onto the NIO (red dashed line) and NTA (blue dashed line) SSTAs indices for JJ during 1980–2020, excluding the Niño3.4 efect in preceding winter. The flled circles in **b** denote that the regression coefficients exceed the 90% confidence levels based on the Student's *t* test

October–November-December (OND) in 2019 to June-July–August (JJA) in 2020. The result shows that the standardized Niño3.4 index is rather weak from preceding winter to following summer, with an amplitude below 0.5. Positive SSTAs in the NTA region appeared since preceding winter and enhanced slightly in summer. The NIO SSTAs exhibited a warm condition from spring and persisted and enhanced sharply in summer. It is also notable that the evolution of the standardized WNPAC index corresponds well with that of the NIO SSTAs index since early spring. Fig-ure [5b](#page-5-0) further displays the lead-lag regression coefficients of WNPAC index upon the NIO and NTA SSTAs indices in JJ during 1980–2020 from preceding OND in 2019 to JJA

in 2020. Positive correlations are obtained for both the NIO and NTA SSTAs indices connected with the WNPAC index. The remarkably positive NIO-related WNPAC value persists from February–March-April (FMA) to JJA. Lead-lag partial regression analysis onto the NIO index, which excludes the efect of Niño3.4 SSTAs, captures similar features except for a weaker amplitude. This result is consistent with the fndings in previous studies (Kosaka et al. [2013](#page-11-15); Xie et al. [2016](#page-12-9)) which suggested that the anomalous anticyclonic system over the WNP is coupled with the positive SSTAs over the NIO and SCS regions even without the efect of ENSO. The signifcant WNPAC related to the NTA index persists from January–February-March to JJA. Without the efect of ENSO, the partial regression result onto the NTA index is weak and only signifcant in summer time. This partial regression corresponds with the results obtained by previous studies which found a signifcant connection between the NTA SSTAs and the anomalous anticyclone over the WNP when the Niño3.4-related SSTAs in preceding winter were excluded (Ham et al. [2013;](#page-11-17) Hong et al. [2014\)](#page-11-18). Thus, statistically speaking, the close connections between the above two SSTAs indices and the WNPAC index during 1980–2020 imply important impacts from the NIO and NTA SSTAs on the anomalous WNPAC in JJ 2020.

The statistical correlations between the NIO and NTA SSTAs and the YRV summer rainfall in 2020 are verifed in Fig. [6](#page-6-0) and Fig. [7.](#page-6-1) Figure [6a](#page-6-0) shows time series of the normalized YRVRI and the two SSTAs indices. The standardized NIO index reached its peak with a value of 1.87 standardized deviation (SD) in JJ 2020 for the period since 1980. The value of the standardized NTA index is 1.33 SD in JJ 2020. The correlation coefficient between the YRVRI and the NIO (NTA) SSTAs index is 0.54 (0.26), which is signifcant at the 99% (90%) confdent level. This result suggests a positive correlation between the NIO and NTA SSTAs with the YRV summer rainfall during 1980–2020. This is further confrmed by the SSTAs pattern that regressed onto the YRVRI (Fig. [6b](#page-6-0)). In general, the interannual variability of summer rainfall in the YRV is signifcantly correlated with SSTAs in the NIO region, NTA region and the tropical eastern Pacifc.

Figure [7](#page-6-1) shows the reconstructed rainfall anomaly pattern in JJ 2020 using the NIO and NTA SSTAs indices, based on the linear regression approach. There is an obvious meridional dipole rainfall pattern anomaly over East Asia and WNP for both the two SSTAs indices, which is consistent with the anomalous JJ rainfall pattern occurred in 2020 (Fig. [3a](#page-4-1)). Positive rainfall anomalies are located from middle to lower reaches of the YRV region to most parts of Japan; negative rainfall anomalies are situated over a large area around the Philippines Seas. An anticyclonic wind anomaly is observed over the WNP for both SSTAs indices. The southwesterly wind anomalies lead to the positive rainfall

Fig. 6 a Time series of the normalized YRV rainfall index (YRVRI; green bar), NIO SSTAs index (red curve) and NTA SSTAs index (blue dashed curve) averaged during JJ 2020. Black dashed lines indicate the one standardized deviation. **b** JJ averaged SST anomalies (shadings; °C) regressed onto the YRVRI during 1980–2020. Dotted regions indicate the 90% confdence level based on Student's *t* test, and red box indicates the NIO and NTA regions, respectively

anomalies in the YRV region by transporting abundant water vapor fux from the WNP and SCS regions. The amplitude and the range of the reconstructed rainfall anomaly related to the NIO index in the YRV region are larger than that related to the NTA index, which indicates a larger contribution to the YRV JJ rainfall anomalies from the NIO SSTAs than that from the NTA SSTAs. Therefore, both the NIO and NTA SSTAs jointly resulted in the record-breaking YRV food in 2020 summer with the NIO SSTAs dominated.

The above results show a link between the NIO and NTA SSTAs with the anomalous WNPAC as well as the rainfall anomalies over the YRV in JJ 2020 using statistical analysis. In the following analysis, we will explain the possible physical processes through which the NIO and NTA SSTAs can force the anomalous WNPAC, which then results in the rainfall anomalies in the YRV.

4.1 Role of the NIO SSTAs

Based on the above analysis, the warming condition over the NIO is likely to be one of the key factors that induce the extreme rainfall over the YRV in JJ 2020 by modulating the WNPAC. The role of the NIO SSTAs in the climate variability over the WNP has been discussed in many previous studies (Li et al. [2008;](#page-12-26) Xie et al. [2016](#page-12-9); Yang et al. [2007](#page-12-27)). Two primary mechanisms have been implied to explain the (a) Reconstructed rainfall & UV850 against NIO

Fig. 7 Reconstructed rainfall anomaly (shadings; mm day−1) and 850 hPa wind anomaly (vectors; m s −1) averaged in JJ 2020 against **a** the NIO SSTAs index and **b** the NTA SSTAs index. Red boxes indicate the YRV region

physical processes connecting the positive SSTAs over the NIO and the anomalous WNPAC, which includes the Kelvin wave induced Ekman divergence (WIED) mechanism (Xie et al. [2009](#page-12-8)) and the anomalous zonal overturning circulation between the NIO and SCS-Philippine Sea (Annamalai et al. [2005;](#page-11-12) He and Wu [2014\)](#page-11-13). The following analysis implied that both the above two processes forced by the warming NIO SSTAs were visible in JJ 2020, which made it possible for the enlargement and maintenance of the anomalous WNPAC.

To further understand the forcing impacts from the NIO SSTAs, regressed maps of anomalous SST, 850-hPa winds, rainfall and tropospheric temperature with respect onto the NIO SSTAs index during 1980–2020 as well as the anomalies in JJ 2020 are shown in Fig. [8.](#page-7-0) There are positive SSTAs (Fig. [8a](#page-7-0)) and rainfall anomalies (Fig. [8c\)](#page-7-0) located over the NIO region, which suggest that a moist-adiabatic adjustment mechanism for the SSTAs forcing of tropospheric temperature (Emanuel et al. [1997](#page-11-32)). The anomalous tropospheric temperature displays a Matsuno-Gill pattern, which is consistent with the localized heating in the NIO region and **Fig. 8** Regression pattern of **a** SST (shadings; °C) and 850 hPa wind (vectors; m s^{-1}), **c** rainfall (shadings; mm day−1) and tropospheric (850–250 hPa mean) temperature (contours for $-0.4, -0.3, -0.2, 0.2$, 0.3, 0.4; K) with respect to the normalized NIO SSTAs index averaged during JJ for the 1980–2020 period. (**b**, **d**) Same as (**a**, **c**), but for anomalies in JJ 2020 (contours $are-0.75, -0.45, -0.15, 0.15,$ 0.45, 0.75; K). Dots in (**a**, **c**) denote where the regression coefficients exceed the 90% confdence level based on Student's *t* test. Red boxes in (**b**, **d**) indicate the YRV region

45N

30N

15N

 Ω

15S

45N

30N

15N

 $\mathbf 0$

15S

30E

60E

90E

<u>2</u> 1.6 1.2 0.8 0.4 0.2 0.2 0.4 0.8 1.2 1.6

120E

150E

180

[mm/dav]

30E

60E

 $\overline{5}$

90E

120E

150E

180

[mm/day]

featured by a baroclinic Kelvin wave-like wedge penetrating into the western Pacifc along the equator (Fig. [8c](#page-7-0)). This tropospheric warming triggers the suppression of convection over the subtropical WNP by inducing surface northeasterly wind anomalies and surface Ekman divergence to the north of the equator (Xie et al. [2009\)](#page-12-8). As a result, an anomalous anticyclone develops over the WNP (Fig. [8a](#page-7-0)), which is accompanied by decreased rainfall anomalies (Fig. [8c](#page-7-0)). An anomalous cyclone is centered over the East China Sea and Japan (Fig. [8a\)](#page-7-0). This anomalous cyclone is likely forced by the anomalous upper-tropospheric convergence related to the suppressed convection over the subtropical WNP through a PJ-like teleconnection (Nitta [1987\)](#page-12-24). Strong southwesterly wind anomalies on the western fank of the anomalous anticyclone transport abundant moisture fux from the SCS region and increase summer rainfall over eastern China and Japan. In addition, easterly wind anomalies on the southern fank of the WNPAC weaken the prevailing southwesterly monsoon and maintain the NIO warming by reducing surface evaporation (Du et al. [2009\)](#page-11-14). Therefore, the positive atmosphere–ocean feedback over the NIO-WNP region, in which the warming SSTAs over the NIO causes the WNPAC via the warm tropospheric Kelvin wave and the anomalous easterly winds on the southern fank of the WNPAC enhance the NIO warming, results in the formation and maintenance of the strong WNPAC and the extreme food over the YRV in JJ 2020. The regressed results are similar with that in JJ 2020 (Fig. $8b$, [d](#page-7-0)). As shown in Fig. $8b$, significant positive SSTAs dominate the NIO region. A remarkable lower-level anticyclone occupies the SCS and WNP regions. In Fig. [8d,](#page-7-0) a warm tropospheric Kelvin wave wedge penetrates into the tropical western Pacifc; positive and negative rainfall anomalies are located over the Meiyu band and the WNP region, respectively. Therefore, it is convinced that the NIO warming can induce the anomalous WNPAC and positive rainfall anomalies over the YRV in JJ 2020.

In addition, an anomalous reversed Walker circulation over the tropical Indo-Pacific Ocean is observed in the feld regressed by the NIO index (Fig. [9a](#page-8-0), [c\)](#page-8-0) and in JJ 2020 (Fig. [9b](#page-8-0), [d\)](#page-8-0). The NIO region is overlaid by an anomalous upper-level divergence (Fig. $9a, b$) and an anomalous lowerlevel convergence (Fig. [9c, d](#page-8-0)), which suggests an enhanced anomalous ascending motion there. According to Lindzen and Nigam ([1987](#page-12-28)), this circulation anomaly represents an atmospheric response to the NIO warming which could induces enhanced convective heating. At upper level, anomalous divergent winds fow from the NIO to tropical western Pacifc. Opposite potential velocity anomalies and corresponding divergent wind anomalies are seen over the tropical western Pacifc, featuring by an anomalous upper-level convergence and an anomalous lower-level divergence. An anomalous zonal overturning circulation thus forms over the Indo-Pacifc region. Descending branch of the anomalous overturning circulation in the western Pacifc contributes to the development and enhancement of the WNPAC. Therefore, in JJ 2020, the NIO warming could also contribute to **Fig. 9** Regression pattern of velocity potential (shadings; 10^6 m^2 s⁻¹) and the corresponding divergent winds (vectors; m s.−1) at **a** 200 hPa and **c** 850 hPa with respect to the normalized NIO SSTAs index averaged during JJ for the 1980–2020 period. (**b**, **d**) Same as (**a**, **c**), but for anomalies in JJ 2020

the development of the WNPAC by inducing a direct and thermally driven divergent circulation over the Indo-Pacifc region. This result is consistent with previous fndings which indicated that the positive SSTAs over the NIO could induce an anomalous anticyclone over the WNP by an anomalous zonal overturning circulation between the NIO and SCS-Philippine Sea regions (Annamalai et al. [2005;](#page-11-12) He and Wu [2014](#page-11-13)).

4.2 Role of the NTA SSTAs

The observed result shows that the WNPAC may also be associated with the NTA SSTAs in the JJ of 2020. Many previous studies have verifed the contribution to the WNPAC from the tropical Atlantic (Ham et al. [2013](#page-11-17); Hong et al. [2014;](#page-11-18) Chen et al. [2015,](#page-11-16) [2018](#page-11-11)). For example, Hong et al. [\(2014](#page-11-18)) implied that the warm NTA SST excites a zonally overturning circulation anomaly, with descent motion over the equatorial central Pacifc and ascent motion over the tropical Atlantic and eastern Pacifc. The anomalous descent motion over the equatorial central Pacifc induces a low-level anticyclonic anomaly to the west and therefore enhances the WNPAC. To investigate the possible physical processes connecting the positive SSTAs over the NTA region and the anomalous WNPAC as well as rainfall anomalies over the YRV in JJ 2020, the regressed results with respect onto the NTA SSTAs index and the anomalies in JJ 2020 are calculated.

Figure [10a](#page-9-1) shows the regression pattern of SSTAs and lower tropospheric stream function onto the NTA SSTAs index. Significant positive SSTAs occupy over large regions of the NTA Ocean. To the northwest of NTA positive SSTAs, anomalous cyclonic circulation in the lower tropospheric stream function feld is observed. Negative SSTAs are seen over the central to eastern equatorial Pacifc, which is induced by surface northeasterly wind anomalies on the western fank of the cyclonic circulation. This result is consistent with previous studies (Ham et al. [2013](#page-11-17); Kucharski et al. [2007\)](#page-11-33) which implied that the warm NTA SSTAs could afect the SST in the equatorial central Pacifc and lead to the development of the La Niña event by enhancing the speed of climatologic trend wind. Positive SSTAs over NTA region and anomalous cyclonic circulation in the lower tropospheric stream function feld are observed in JJ 2020 (Fig. [10b\)](#page-9-1). Negative SSTAs are mainly located over the eastern equatorial Pacifc. As a response to the positive SSTAs, large anomalous convergence circulation is seen over NTA region (Fig. [10c](#page-9-1)), which results in enhanced convective activities and positive rainfall anomalies (Fig. [10e](#page-9-1)). The anomalous convergence circulation (Fig. [10d](#page-9-1)) and rainfall (Fig. [10f](#page-9-1)) in JJ 2020 located to the east compared to the regressed results. Anomalous diabatic heating associated with positive rainfall anomalies cause the anomalous cyclonic circulation (Fig. [10a,](#page-9-1) [b](#page-9-1)) via a Gill-pattern Rossby wave response (Gill [1980](#page-11-34)). Anomalous divergence circulation is located over large areas of North Pacifc in both the regressed feld and in JJ 2020 (Fig. [10c,](#page-9-1) [d\)](#page-9-1). The upper-level convergence circulation anomalies are opposite to that in the lower-level feld (fgure is not shown), which indicates a zonal overturning vertical circulation between the North Atlantic and Pacifc regions, consistent with fndings in previous studies (Hong et al. [2014](#page-11-18)). Anomalous divergent circulation in the stropical Pacifc result in anomalous decending motion and accordingly, negative rainfall anomaly occurred over the subtropical Pacifc (Fig. [10e](#page-9-1), [f\)](#page-9-1). The associated diabatic cooling anomalies induce an anticyclonic anomaly

Fig. 10 Regression of **a** SST anomaly (shadings; °C) and 850 hPa stream function anomaly (contours; 10^6 m² s⁻¹), **c** 850 hPa velocity potential anomaly (shading; 10^6 m² s⁻¹) and the corresponding divergent wind anomaly (vectors; m s⁻ $^{\prime}$). **e** rainfall anomaly (mm day−1) with respect onto the normalized NTA SSTAs index averaged over JJ for the 1980–2020 period. (**b**, **d**, **f**) Same as (**a**, **c**, **e**), but for the anomalies in JJ 2020. Dots in (**a**, **c**, **e**) denote where the regression coefficients exceed the 90% confidence level based on Student's *t* test

center in the WNP via the Gill response (Fig. [10a](#page-9-1), [b](#page-9-1)). Thus, it implies a teleconnection between the NTA SSTAs and the anomalous WNPAC. Finally, the anomalous southwesterly flow on the western edge of the WNPAC enhances moisture fux transport to the YRV region and results in positive anomalies there (Fig. [10e](#page-9-1), [f\)](#page-9-1). Thus, positive SSTAs in the NTA region play an important role in the maintenance of the strong WNPAC and the extreme rainfall over YRV in JJ 2020 by inducing an atmospheric teleconnection.

5 Summary and discussion

This study investigated the extreme food over the YRV in JJ 2020 and the possible factors using observational dataset and statistical analyses. The amount of rainfall over the YRV in JJ 2020, which was approximately 63% more than the climatology averaged during 1980–2020, resulted in a record-breaking food in this region since 1980. It is suggested that the warm NIO condition seem to dominate the heavy rainfall in China in JJ 2020. The present study confrmed the contribution of the NIO warming and showed two underly processes by conducting statistical analysis. Besides, we found that the warm NTA SSTAs also contributed to the extreme flood event in YRV.

In JJ 2020, warm conditions in the NIO facilitated the enhanced YRV rainfall by strengthening the WNPAC and intensifying the moisture fux transportation to the YRV. Positive SSTAs in the NIO induced an eastward propagating Kelvin wave and suppressed convective activities over the WNP and enhanced the WNPAC. The associated easterly wind anomalies on the southern fank of the WNPAC weakened climatology westerlies wind and reduced surface evaporation, facilitating the maintenance of the warming condition over the NIO. Positive feedback between the WNPAC and the NIO warming intensifed the magnitude and temporal persistence of the WNPAC. Alternately, positive SSTAs over the NIO impact the WNPAC by an anomalous reversed Walker circulation between the NIO and SCS-Philippine Sea regions. As a result, southwesterly wind anomalies on the western fank of the WNPAC transported abundant moisture fux from tropical oceans and increased summer rainfall over YRV in JJ 2020.

In addition to the role of positive SSTAs over the NIO, positive SSTAs over the NTA also contributed to the strong anomalous WNPAC and the above normal rainfall in YRV via an atmospheric teleconnection. The NTA warm SSTAs frst caused a zonal overturning circulation between the NTA and tropical Pacifc regions, with anomalous ascent motion over the NTA and anomalous descent motion over the central-eastern Pacifc. The anomalous descent motion caused decreased rainfall in the tropical central-eastern Pacifc, which led to the WNPAC via a Rossby wave response related to the anomalous diabatic heating. The results also show that the contribution from positive SSTAs in the NIO to the WNPAC and positive rainfall anomalies in the YRV is larger than that from positive SSTAs in the NTA region. Therefore, the anomalous WNPAC, which is generated and maintained by the efects of the warming SSTAs over the NIO and NTA regions, gave rise to the extreme food event in the YRV in JJ 2020 by transporting unusually large number of water vapor fuxes from the tropical oceans.

A severe food also occurred in YRV in 1998 summer. During 1997–98, a super El Niño event occurred in the equatorial eastern Pacifc. Many studies have revealed the dominant infuences of the 1997/98 El Niño on the extreme floods in YRV (Huang et al. [1998](#page-11-35); Yuan et al. [2017](#page-12-3); Chen et al. [2019\)](#page-11-28). Warm conditions of the IO and SCS in summer 1998 were generated by the major El Niño through the IPOC mode (Xie et al. [2016](#page-12-9)). The Indian Ocean and SCS warming forced an anomalous anticyclone in the lower troposphere over the Indo-Northwest Pacifc region and anomalous convergence of moisture fux in the mid and lower reaches of the YRV region (Yuan et al. [2017](#page-12-3)). Similar circulation anomalies and SSTA pattern in the tropical Indian Ocean happened for summer 2020. However, only a weak El Niño occurred in central Pacifc in the preceding winter of 2020. It is suggested that the warm IO condition can be traced back to the super Indian Ocean Dipole (IOD) event in late 2019 (Takaya et al. [2020](#page-12-15); Zhou et al. [2021\)](#page-12-17). The record-breaking IOD sustains the IO warming through the summer 2020 by oceanic dynamics processes and monsoon modulation. Therefore, it indicated that the major Yangtze River food happened in summer 1998 is a typical case of the warm IO and SCS that followed a super El Niño event in previous winter, whereas the extreme food in summer 2020 is not anticipated from El Niño conditions but coupled ocean–atmosphere processes in the Indian Ocean. In addition, positive SST anomalies in NTA also contribute to the extreme food in YRV in summer 2020 through an anomalous zonal vertical circulation. In summer 1998, previous studies showed that a strong negative phase of North Atlantic triple mode plays an important role in the extreme food along the YRV by stimulating a stronger than normal Ural high through a zonal teleconnection wave pattern across the Eurasian continent (Yuan et al. [2017](#page-12-3)).

The present study suggests that warming SSTAs over the NIO and NTA regions are two important factors infuencing the extreme food event over the YRV in JJ 2020. However, the reconstructed rainfall anomaly over the YRV in JJ 2020 using the NIO and NTA SSTAs indices (Fig. [7\)](#page-6-1) is less than observed rainfall anomaly (Fig. $3a$). It seems that other factors, such as the middle and high latitude systems (Li et al. [2017](#page-12-4); Li and Lu [2017](#page-12-20)), the Artic sea ice extent (Wu et al. [2009](#page-12-29); Zhao et al. [2004](#page-12-30)) as well as the global warming (Li et al. [2018](#page-12-31); Ma et al. [2020;](#page-12-32) Zhu et al. [2016](#page-13-2)) may also play a role in modulating the rainfall anomaly in the YRV in JJ 2020. The co-efects of the tropical and extratropical factors on the extreme food event over the YRV in JJ 2020 require further investigation. This study attempts to investigate ocean roles by conducting the statistical analysis using historical data. The statistical analysis does not give the statistical confdence level for a particular event. This weakness may be partially overcome by verifying the sequence of processes and supporting results with modeling experiments in future study. In addition, Takaya et al. ([2020\)](#page-12-15) pointed that the warming SST over the NIO was related to the super positive Indian Ocean Dipole (IOD) in 2019. The mechanism for the formation of the positive SSTAs over NTA is unclear and remains an interesting issue for future study.

Author contribution All the authors contributed to conceptualize and design the study. Data were gathered by Xiaoxue Yin; an initial draft of the paper was prepared by Xiaoxue Yin; the article was repeatedly revised to generate the fnal version by Lian-Tong Zhou, Kui Liu, Yongqiu Han, and Zhaoyang Du.

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Data availability Data that support the fndings of this study are openly available online. The CMAP data are freely available at [https://psl.](https://psl.noaa.gov/data/gridded/data.cmap.html) [noaa.gov/data/gridded/data.cmap.html.](https://psl.noaa.gov/data/gridded/data.cmap.html) The NECP-DOE reanalysis data are freely available at [https://psl.noaa.gov/data/gridded/data.ncep.](https://psl.noaa.gov/data/gridded/data.ncep.reanalysis2.html) [reanalysis2.html.](https://psl.noaa.gov/data/gridded/data.ncep.reanalysis2.html) The ERSST.v5b data are freely available at [https://](https://psl.noaa.gov/data/gridded/data.noaa.ersst.v5.html) [psl.noaa.gov/data/gridded/data.noaa.ersst.v5.html.](https://psl.noaa.gov/data/gridded/data.noaa.ersst.v5.html)

Code availability The codes used for the processing of data can be provided on request to the corresponding author.

Declarations

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