

“70th Birthday Professor Riederer” Induction of glial cell line-derived and brain-derived neurotrophic factors by rasagiline and (–)deprenyl: a way to a disease-modifying therapy?

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Abstract Neuroprotection has been proposed in neurodegenerative disorders, such as Parkinson’s and Alzheimer’s diseases, to delay or halt disease progression or reverse neuronal deterioration. The inhibitors of type B monoamine oxidase (MAO), rasagiline and (–)deprenyl, prevent neuronal loss in cellular and animal models of neurodegenerative disorders by intervening in the death signal pathway in mitochondria. In addition, rasagiline and (–)deprenyl increase the expression of anti-apoptotic Bcl-2 protein family and neurotrophic factors. Neurotrophic factors, especially glial cell line-derived neurotrophic factor (GDNF) and brain-derived neurotrophic factor (BDNF), are required not only for growth and maintenance of developing neurons, but also for function and plasticity of distinct population of adult neurons. GDNF and BDNF have been reported to reduce Parkinson and Alzheimer’s diseases, respectively. GDNF protects the nigra-striatal dopamine neurons in animal models of Parkinson’s disease, and its administration has been tried as a disease-

modifying therapy for parkinsonian patients. However, the results of clinical trials have not been fully conclusive and more practical ways to enhance GDNF levels in the targeted neurons are essentially required for future clinical application. Rasagiline and (–)deprenyl induced preferentially GDNF and BDNF in cellular and non-human primate experiments, and (–)deprenyl increased BDNF level in the cerebrospinal fluid of parkinsonian patients. In this paper, we review the induction of GDNF and BDNF by these MAO inhibitors as a strategy of neuroprotective therapy. The induction of prosurvival genes is discussed in relation to a possible disease-modifying therapy with MAO inhibitors in neurodegenerative disorders.

Keywords Neuroprotection · GDNF · BDNF · MAO inhibitor · Parkinson’s disease · Gene induction

Abbreviations

AD	Alzheimer’s disease
BBB	Blood–brain barrier
BDNF	Brain-derive neurotrophic factor
DA	Dopamine
GDNF	Glial cell line-derived neurotrophic factor
GFLs	GDNF family of ligands
NGF	Nerve growth factor
NT-3	Neurotrophic factor-3
NTF	Neurotrophic factor
PD	Parkinson’s disease

70th Birthday Professor Riederer.

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Introduction

Neuroprotective therapy is proposed to delay disease progression or reverse neuronal loss in Parkinson’s disease

(PD), Alzheimer's disease (AD) and other neurodegenerative disorders. The inhibitors of type B monoamine oxidase (MAO-B), (–)deprenyl (selegiline) and rasagiline, are among the most promising drug candidates for neuroprotection (Ebadi et al. 2006; Youdim et al. 2006; Naoi and Maruyama 2009, 2010; Naoi et al. 2007; Riederer and Laux 2011). MAO-B inhibitors prevent neuronal death in the cellular and animal models through suppression of death signaling and induction of pro-survival, anti-apoptotic *Bcl-2* and *neurotrophic factor (NTF)* genes.

NTFs are associated with the growth and survival of neurons during development, and the synaptic function and plasticity of adult neurons. NTFs are composed of four major groups: neurotrophins [nerve growth factor (NGF), brain-derived neurotrophic factor (BDNF), neurotrophin-3, -4 (NT-3, 4)], glial cell line-derived neurotrophic factor (GDNF) family of ligands (GFLs) [GDNF, neurturin, artemin, persephin], neurotrophic cytokines (neurokines), and a new family of cerebral dopamine (DA) neurotrophic factor and mesencephalic astrocyte-derived neurotrophic factors. NGF and BDNF are required for hippocampal plasticity and their reduction is associated with degeneration of cholinergic neurons and cognition impairment in AD (Conner et al. 2009). On the other hand, GDNF was reported to decrease in surviving neurons of the substantia nigra in the brain of PD patients (Chauhan et al. 2001).

NTFs are proposed as therapeutic agents to protect neurons in PD, AD, Huntington's disease and amyotrophic lateral sclerosis (Rangasamy et al. 2010; Aron and Klein 2011). GDNF protects neurons in animal and cellular models of PD (Cohen et al. 2011), whereas BDNF protects neurons in AD models (Nagahara et al. 2009). However, clinical trials of NGF in AD failed to prove beneficial effects and had to be abandoned because of adverse events. Therefore, this review deals mainly with GDNF and its role in PD. GDNF cannot be transported into the brain through the blood–brain barrier (BBB), and several delivery methods have been proposed. As an alternative practical system, molecules permeable through the BBB, including MAO-B inhibitors, are proposed to enhance the endogenous synthesis of GFLs and neurotrophins.

This review presents the induction of neuroprotective GDNF and BDNF by rasagiline and (–)deprenyl in cellular models and the molecular mechanism underlying the gene induction. Rasagiline increased GDNF expression in the cerebrospinal fluid (CSF) of non-human primates after systemic administration, whereas (–)deprenyl increased BDNF in the CSF in parkinsonian patients. These results suggest that GDNF or BDNF may be preferentially induced by rasagiline or (–)deprenyl, respectively. The role of MAO inhibitors in the induction of pro-survival genes is discussed as a disease-modifying therapy for neurodegenerative disorders.

Neurotrophic factors in neuro-psychiatric disorders

After the findings on NGF (Levi-Montalcini and Hamburger 1951), NTFs have been expected to protect neurons from degeneration and repair the deteriorated structure and function of specific neurons in the brain. In normal aging and AD, the expression of BDNF and its receptors (TrkB.FL, TrkB.T1, TrkB.T2) was reported to decrease, suggesting their role in cognitive function (Tapia-Arancibia et al. 2008). BDNF supports the survival of cholinergic neurons and also shows a neurotrophic effect on DA neurons in PD models. Postmortem studies of patients with depression showed reduced BDNF levels in the hippocampus and cerebral cortex (Altar 1999). In rat model of depression, BDNF infused in the dentate gyrus of hippocampus produced an anti-depressant effect (Shirayama et al. 2002). These results suggest the association of BDNF with the pathophysiology of depression.

GDNF and neurturin promote survival of DA and other neurons, and are proposed to protect neurons in PD (Hong et al. 2008). In the brain of PD patients, GDNF was reported to decrease (Chauhan et al. 2001) and GDNF administration protected DA neurons in rodent and primate models of PD (Zhang et al. 1997; Grondin et al. 2002; Kells et al. 2010). Treatment of PD patients with GDNF was performed by use of direct infusion into the putamen, BBB-permeable GDNF derivatives, viral vector delivery system with recombinant adeno-associated viruses or lentiviruses, or by transplantation of neural stem cells and genetically modified astrocytes and fibroblasts (Hong et al. 2008; Aron and Klein 2011). The beneficial results of GDNF treatment were reported in the phase I clinical trials (Gill et al. 2003; Slevin et al. 2007), but the phase III trials did not present concrete positive results (Lang et al. 2006). The limited penetration of administered GDNF through the BBB and into target neurons and the rapid clearance from the brain may have caused the disappointing results.

GDNF regulates neuronal survival through activation of cellular signaling, mRNA translation and new protein synthesis. GDNF binds to a selective receptor, GFR α 1- α 4, and activates GFR α -Ret complex, and its phosphorylation activates the downstream signal pathway. GDNF binds also to another receptor, the neuronal cell adhesion molecules (NCAM), and activates focal adhesion kinase (FK) and Fyn kinase. In addition, GDNF protects neurons by suppressing death receptor–caspase pathway (Yu et al. 2008). GDNF activates pro-survival pathways, including phosphatidylinositol-3-kinase (PI3K)/Akt, Ras/extracellular-signal-regulated kinase (ERK), Src kinase and phospholipase C- γ (PLC- γ) pathway (Mograb et al. 2001). GDNF suppresses mitochondria-dependent death pathway by inhibition of caspase-3 activation, endoplasmic reticulum stress and translocation of apoptogenic Bax, and by upregulation of

anti-apoptotic Bcl-2 and Bcl-X_L (Ghribi et al. 2001; Li et al. 2007). GDNF also suppresses microglia activation and subsequent increase in oxidative stress and inflammatory reaction (Xing et al. 2010).

On the other hand, neurotrophins activate one or more of the tropomyosin-related kinase (Trk) family of receptor tyrosine kinase (TrkA, TrkB and TrkC) and also p75 neurotrophin receptor (p75NTR), a member of tumor necrosis factor receptor superfamily (Reichardt 2006). Neurotrophins activated signal pathways in the downstream of Trks, Ras, PI3-kinase, PLC- γ 1 and MAP kinase. Through p75NTR, neurotrophins activate nuclear factor- κ B (NF- κ B) and Jun kinase, and promote NF- κ B-dependent neuronal survival.

Neuroprotection by rasagiline and (-)deprenyl and induction of GDNF and BDNF

Rasagiline and (-)deprenyl protect neurons from cell death through preventing oxidative stress and production of neurotoxins from protoxicants, such as MPP⁺ from MPTP. In intrinsic apoptosis, rasagiline and (-)deprenyl directly suppress the activation of mitochondrial death pathway (Naoi and Maruyama, 2009, 2010). (-)Deprenyl, rasagiline and structurally related propargylamine derivatives of MAO inhibitors protect neurons in animal models of PD (Kupsch et al. 2001), multiple system atrophy (Stefanova et al. 2008) and amyotrophic lateral sclerosis (Kupershmidt et al. 2009).

These MAO-B inhibitors induce neuroprotective genes, including anti-apoptotic Bcl-2 (Akao et al. 2002) and GDNF (Maruyama et al. 2004), and anti-oxidant enzymes and redox protein (Andoh et al. 2005; Nakaso et al. 2006).

Rasagiline and (-)deprenyl preferentially increase the expression of mRNA and protein of GFLs or neurotrophins, respectively, in human dopaminergic neuroblastoma SH-SY5Y cells (Maruyama et al., in preparation). The amounts of GDNF and neurotrophins were quantified as reported previously using the enzyme immunoassay (EIA) (Maruyama et al. 2004). Figure 1 shows that rasagiline increased GDNF protein in the cells more markedly than (-)deprenyl and the increase was the highest at 10⁻⁷ M. (-)Deprenyl induced BDNF expression and the increase was marked at 10⁻⁹-10⁻⁸ M. Ladaostigil [TV3326, (N-propargyl)-(3R)-aminoindan-5-yl]-ethyl methyl carbamate], a cholinesterase and MAO inhibitor, increased BDNF levels to 10⁻⁵-10⁻⁴ M, but did not affect GDNF. The (S)-enantiomers of rasagiline and deprenyl, desmethyldeprenyl and aminoindan, a rasagiline metabolite, did not affect the GDNF levels.

NTF induction by rasagiline has been confirmed in animal experiments. Rasagiline and (-)deprenyl increased mRNA levels of GDNF, NT-3 and NGF, and rasagiline increased BDNF protein levels in rat midbrain (Weinreb et al. 2009). We also proved NTF induction by rasagiline in non-human primates. Rasagiline (0.1, 0.25 and 2 mg/day) was systematically administered in Japanese monkeys (n = 4) for 4 weeks by daily subcutaneous injection and the cerebrospinal fluid (CSF) was taken once a week

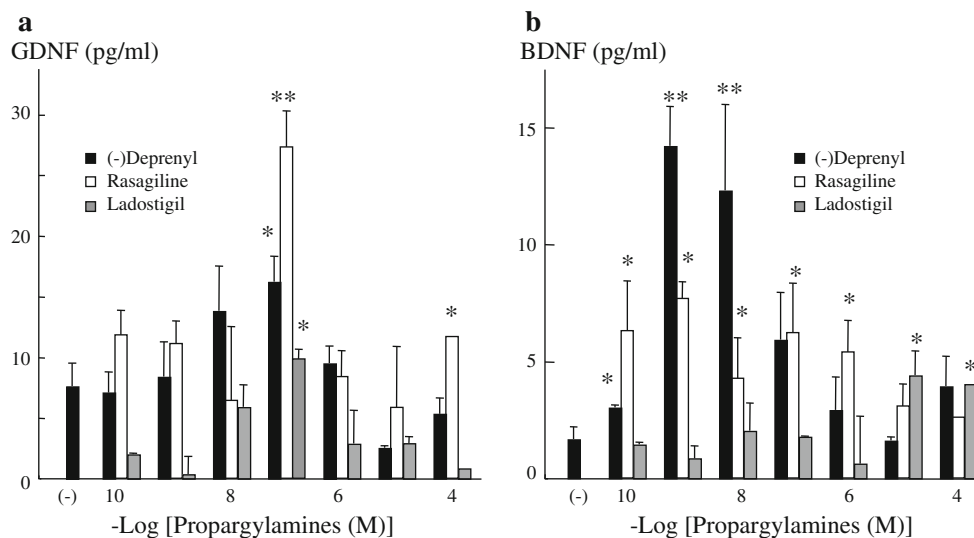


Fig. 1 Effects of (-)deprenyl, rasagiline and ladostigil on NTF expression in SH-SY5Y cells. SH-SY5Y cells were incubated with the MAO-B inhibitors for 24 h, in Hanks' minimum essential medium (MEM). GDNF (**a**) and BDNF (**b**) were quantified by the EIA. Experiments were repeated at least three to four times in triplicate or

quadruplicate measurements, and the column and bar represent the mean and SD. Differences were statistically evaluated by analysis of variance (ANOVA) followed by Scheffe's *F* test. * and ** significantly different from control, *p* < 0.05 and 0.01

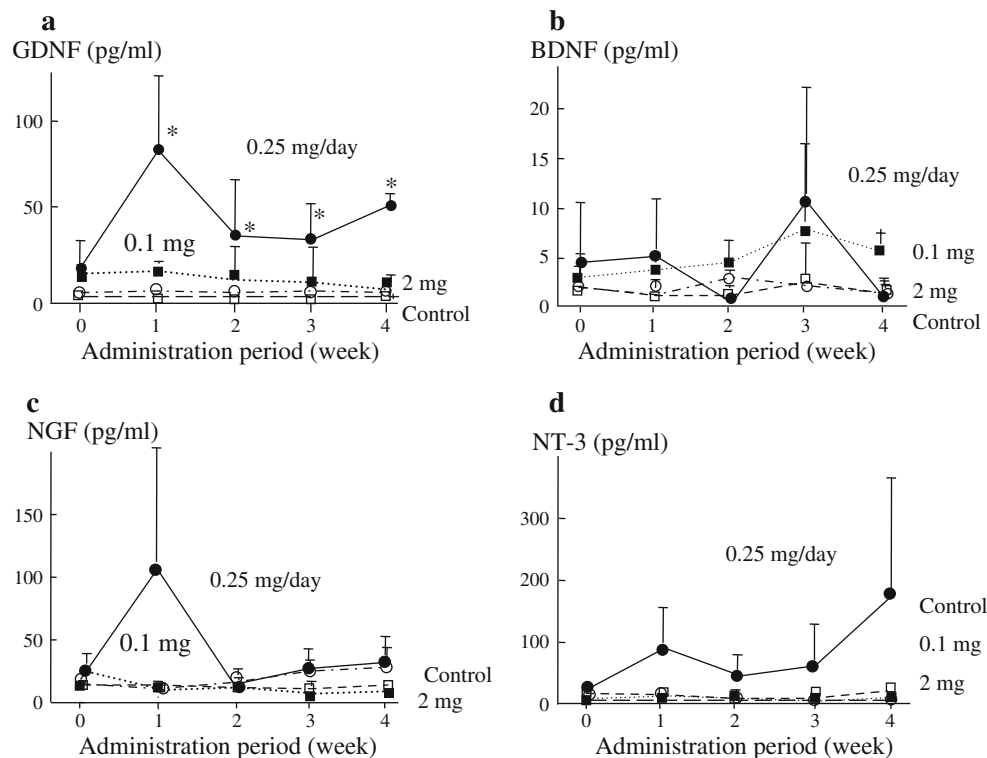


Fig. 2 Effects of systematic administration of rasagiline on NTF levels in the CSF from Japanese monkeys. Rasagiline (2, 0.25 and 0.1 mg/day) and saline as control were subcutaneously administered in Japanese monkeys ($n = 4$ for each groups), and the lumbar CSF was taken from anesthetized monkeys four times, once in every week. White and black boxes, black and white circles represent the NTF levels in monkey group treated with saline or 0.1, 0.25 and 2 mg/day

rasagiline, respectively. **a**, **b**, **c**, and **d**: GDNF, BDNF, NGF and NT-3 levels. NTF levels were quantified by the EIA and the *point and bar* represent the mean of triplicate measurements of four samples. *, significantly different from the basal levels, $p < 0.05$, using Student's two-tailed *t* test. [The Ethical Committee of Kyoto University Primate Research Institute, Inuyama, Aichi, Japan, approved the research project and the experiment protocol]

(Maruyama et al., in preparation). The levels of GDNF and neurotrophins (NGF, BDNF, NT-3) in the CSF were quantified by the EIA assay. As shown in Fig. 2, rasagiline at 0.25 mg/day significantly increased GDNF levels. Rasagiline at 0.25 and 0.1 mg/day induced also NGF, BDNF and NT-3, but at 1 mg/day did not increase these four NTF levels in the CSF. Increased levels of NTF, caused by rasagiline, returned to the basal values after 1 week's washout.

NTF induction by (–)deprenyl was investigated in parkinsonian patients; (–)deprenyl increased BDNF levels in the CSF (Maruyama et al., in preparation). Eight patients, who were diagnosed as having PD on the basis of neurological examinations and neuroimaging in Kushiro Rosai Hospital (Kushiro, Hokkaido, Japan), were subjected to this experiment. Before and after treatment with (–)deprenyl (5 mg/day, for 2–8 weeks orally), the lumbar CSF was taken and NTF contents were quantified by EIA assay. In five patients, BDNF levels increased markedly (Fig. 3). The mean and SD of the BDNF levels in the CSF before and after the treatment were 1.93 ± 1.06 and 7.17 ± 4.98 pg/ml and the difference was significant,

$p < 0.025$, using Student's two-tailed *t* test. GDNF was not increased by (–)deprenyl in a majority of the patients, but increased markedly in three patients with the basal levels lower than 4 pg/ml. The average GDNF values were not changed by (–)deprenyl treatment: 3.56 ± 2.59 versus 3.63 ± 3.43 pg/ml.

The role of MAO in the induction of pro-survival genes by MAO-B inhibitors

The role of MAO in the induction of pro-survival genes, including *NTFs* and anti-apoptotic *Bcl-2*, by rasagiline and (–)deprenyl has not been clarified. These MAO-B inhibitors increase neuroprotective genes at concentrations quite lower than those required for the inhibition of enzymatic activity, suggesting that gene induction does not depend on inhibition. Rasagiline and (–)deprenyl increase pro-survival genes in cells expressing only MAO-A, but not MAO-B, such as SH-SY5Y and PC12 cells. Only the (*R*)-isomer of rasagiline and deprenyl can increase *Bcl-2* and *NTFs*, suggesting the presence of the binding site that

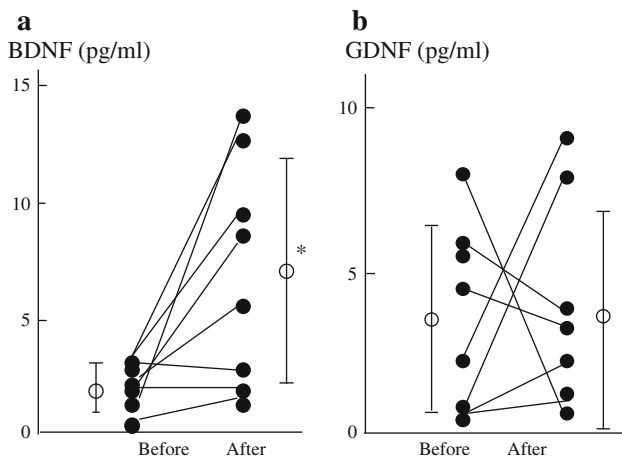


Fig. 3 Effects of (–)deprenyl on BDNF and GDNF levels in the CSF from parkinsonian patients. The CSF was taken before and after (–)deprenyl treatment. BDNF (**a**) and GDNF (**b**) were quantified by EIA, and each connected point represents the sample from the same patients ($n = 8$). *Significantly different from the basal levels, $p < 0.05$, using Student's two-tailed t test. [The patients were fully informed about the aims and the potential risks of CSF sampling and the analysis of BDNF and GDNF. The Ethical Committee of Kushiro Hospital, Kushiro, Hokkaido, Japan, approved the protocol of this study]

initiates signal pathway to induce pro-survival genes. We found that MAO-A is required for the induction of pro-survival Bcl-2 (Inaba-Hasegawa et al. 2012). The reduction of MAO-A expression with short-interfering (si)RNA suppressed the Bcl-2 induction by rasagiline, (–)deprenyl and befloxatone, a reversible MAO-A inhibitor. The involvement of MAO-A was also indicated by Bcl-2 induction of moclobemide, another reversible MAO-A inhibitor (Chiou et al. 2006). These results suggest that compounds with affinity to MAO-A also might induce neuroprotective genes.

The intracellular signal pathway to induce pro-survival genes may be common for Bcl-2 and NTFs. The ERK 1/2-NF- κ B pathway mediates the induction of GDNF and Bcl-2 (Maruyama et al. 2004; Inaba-Hasegawa et al. 2012). The *GDNF* gene has multiple transcription factor binding sites at the promoter sequence, such as camp response element (CRE) binding protein (CREB), which may function as a transcription factor in regulating GDNF expression. CREB phosphorylation is induced by activation of distinct signal systems: protein kinase C (PKC), calmodulin kinase II (CaMKII) and ERK 1/2 and serine/threonine kinase Akt. Rasagiline activates these signal pathways and upregulates the endogenous NTF synthesis (Weinreb et al. 2007).

We found that the type of MAO may be associated with the preferential induction of GDNF or BDNF by rasagiline and (–)deprenyl (Inaba-Hasegawa et al., in preparation). Rasagiline and (–)deprenyl induced GDNF preferentially in neuroblastoma MAO-A-expressing SH-SY5Y cells and

neurotrophin human glioblastoma MAO-B-expressing U118MG cells. These results suggest that the two classes of NTFs may be induced in the targeted cell types, depending on the presence of MAO-A or MAO-B. MAO-A and MAO-B are distributed in distinct neuron populations and brain regions. MAO-A is expressed in the catecholaminergic and dopaminergic cell groups, whereas MAO-B is present in the serotonergic and histaminergic neurons, as well as astrocytes (Bortolato et al. 2008). The compounds which can selectively induce GFLs and neurotrophins may be applied as neuroprotective therapy targeted at distinct neuronal or glial population in the brain.

MAO inhibitors may bind to MAO at the site without inhibiting the activity, or to other amine oxidase, D1, D2 receptors or other protein in neuronal cells (see references in the review, Naoi and Maruyama 2009). In addition to MAO inhibitors, NTFs are induced by compounds increasing DA transmission (DA agonists, L-DOPA), anti-depressants, anti-psychotics, anti-dementia drugs, immunophilin ligands and neurotrophic hormones (melatonin, estrogen, vitamin D₃) (Saavedra et al. 2008). DA, nor-adrenaline and adrenaline increase the mRNA and protein levels of NT-3 in primary cultured astrocytes (Mele et al. 2010). The studies on the target protein and binding site of these compounds may bring us clues to develop novel neuroprotective agents.

The criteria for considering neuroprotective drug candidates in PD have been proposed: scientific rationale; penetration of the BBB; safety and tolerability and efficiency in animal PD models; an indication of benefit in clinical studies for parkinsonian patients (Ravina et al. 2003). The effects on disease progression have been presently determined symptomatically using the United PD Rating Scale (UPDRS) or PD Quality of Life (PDQUAL) score. Using imaging with position emission tomography (PET) and single photon emission tomography (SPECT), the integrity of the DA system in the nigra striatum may be monitored (Booij and Berendse 2011). However, these methods are not sensitive or specific to quantify the effects on progressive neuronal loss in neurodegenerative disorders. As a surrogate marker, NTF levels may indicate the potency of agents to delay, halt or repair neuronal loss in neurodegenerative disorders.

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