DEMENTIAS - REVIEW ARTICLE

# Induced pluripotent stem cells as tools for disease modelling and drug discovery in Alzheimer's disease

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Abstract Alzheimer's disease (AD) is a progressive neurodegenerative brain disorder that leads to a progressive decline in a person's memory and ability to communicate and carry out daily activities. The brain pathology in AD is characterized by extensive neuronal loss, particularly of cholinergic neurons, intracellular neurofibrillary tangles composed of the tau protein (NFTs) and extracellular deposition of plaques composed of  $\beta$ -amyloid (A $\beta$ ), a cleavage product of the amyloid precursor protein (APP). These two insoluble protein aggregates are accompanied

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by a chronic inflammatory response and extensive oxidative damage. Whereas dys-regulation of APP expression or processing appears to be important for the familial, earlyonset form of AD, controversy exists between the ''Baptists" (in favour of  $A\beta$ ) and the "Tauists" (in favour of tau) as to which of these two protein dysfunctions occur at the earliest stages or are the most important contributors to the disease process in sporadic AD. However, more and more "non-amyloid" and "non-tau" causes have been proposed, including, glycation, inflammation, oxidative stress and dys-regulation of the cell cycle. However, to get an insight into the ultimate cause of AD, and to prove that any drug target is valuable in AD, disease-relevant models giving insight into the pathogenic processes in AD are urgently needed. In the absence of a good animal model for sporadic AD, we propose in this review that induced pluripotent stem cells, derived from dermal fibroblasts of AD patients, and differentiated into cholinergic neurons, might be a promising novel tool for disease modelling and drug discovery for the sporadic form of AD.

Keywords Stem cells - Cell culture model - Alzheimer's disease - Drug discovery

# Alzheimer's disease

Alzheimer's disease and the urgent need for early diagnosis and specific treatments

Alzheimer's disease (AD) is a progressive neurodegenerative brain disorder that leads to progressive decline in a person's memory and ability to learn, make judgments, communicate and carry out daily activities. In the course of the disease, episodic memory is affected early, caused by

neuronal dysfunction and cell death in the hippocampus and other medial temporal structures. As the disease progresses further, neurons also die in other cortical regions of the brain (Arendt [2009\)](#page-6-0). At that stage, sufferers develop abnormalities in a range of cognitive domains as well as neuropsychiatric symptoms such as apathy, agitation or psychotic symptoms (Aalten et al. [2008](#page-6-0)). Patients with AD not only suffer emotionally and physically, but also represent a significant financial and emotional burden for caregivers, society and the community. Thus, it is becoming increasingly important to find the initial cause(s) of AD.

Induced pluripotent stem cell (iPSC) technology, whereby a patient's somatic cells can be reprogrammed to a pluripotent state by the forced expression of a defined set of transcription factors, may offer a way forward to the development of novel personalized neuroprotective therapies that prevent AD (Huber et al. [2006;](#page-7-0) Holmquist et al. [2007;](#page-7-0) Maczurek et al. [2008\)](#page-7-0). In addition, a growing focus is on biomarkers which enable detection of the disease in its early stages and will allow for preventative treatment (Song et al. [2009\)](#page-8-0).

Histopathology of Alzheimer's disease: key to pathogenesis and therapy?

The brain pathology in AD that is associated with cognitive decline and profound dementia is characterized by extensive neuronal loss, particularly of cholinergic neurons, intracellular neurofibrillary tangles (NFTs) and extracellular deposition of  $\beta$ -amyloid (A $\beta$ ) plaques (Braak and Del Tredici [2004](#page-6-0); Thal et al. [2006\)](#page-8-0). These two insoluble protein aggregates accumulate in susceptible regions of the brain and are accompanied by a chronic inflammatory response and extensive oxidative damage (Sastre et al. [2006](#page-7-0); Weisman et al. [2006;](#page-8-0) Fuller et al. [2010\)](#page-6-0).

Senile plaques, composed of crosslinked (e.g. by glycation or oxidation)  $\beta$ -amyloid (A $\beta$ ) peptide, are present in specific brain regions of AD patients (Loske et al. [2000](#page-7-0); Thal et al. [2002](#page-8-0)). A $\beta$  has been proposed to have a variety of toxic properties such as the ability to block communication between neurons, to cause degeneration of neurites, to contribute to oxidative stress and ultimately to lead to neuronal cell death (Kuhla et al. [2004\)](#page-7-0). In addition,  $A\beta$ causes inflammation, as evidenced by the activation of the inflammatory cells of the brain, microglia and astroglia, mainly around the amyloid plaques (Wong et al. [2001\)](#page-8-0).

The second protein aggregation problem in AD is largely intracellular, and results from the deposition of neurofibrillary tangles in neurons. These tangles are mainly composed of the cytoskeletal protein tau, and it has been suggested that hyper-phosphorylation and glycation contribute to their insolubility (Chen et al. [2004\)](#page-6-0). In the CNS, tau is found in greatest abundance in neurons, where it stabilizes microtubules and is therefore key to maintenance of axonal integrity. Hyper-phosphorylation leads to ''neurofibrillary tangles'', destabilization of the cytoskeleton, axonal degeneration and eventually neuronal cell death (Goedert et al. [1995a](#page-7-0), [b;](#page-7-0) Gotz et al. [2010](#page-7-0)). Recent studies suggest, that tauopathy in sporadic Alzheimer's disease may begin in the third decade and possibly starts in the lower brainstem rather than in the transentorhinal region (Braak et al. [2011](#page-6-0)).

Considerable controversy still continues amongst the "Baptists", and the "Tauists" (favouring either amyloid or tau as the major contributor to the disease, respectively) as to which of these two protein dysfunctions occurs at the earliest stages or are the most important contributors to the disease process. In addition, more and more ''non-amyloid" and "non-tau" causes have been proposed, including disturbances in the insulin/insulin receptor glycation, inflammation, oxidative stress and dys-regulation of the cell cycle. Detailed descriptions of these ''non-amyloid'' and ''non-tau'' causes have been published in extensive reviews by the group of Peter Riederer and his collabora-tors (Thome et al. [1996;](#page-8-0) Münch et al. [1997](#page-7-0), [1998;](#page-7-0) Retz et al. [1998;](#page-7-0) Riederer and Hoyer [2006](#page-7-0); Arendt et al. [2010](#page-6-0); Rahmadi et al. [2011](#page-7-0); Srikanth et al. [2011](#page-8-0)).

## Anti-amyloid drugs

The most favoured hypothesis about the cause of AD is the 'amyloid cascade hypothesis'. This hypothesis states that the aberrant production, aggregation and deposition of  $A\beta$ is the causative process in the pathogenesis of both familial and sporadic (late-onset) AD (FAD and LOAD) (Iwatsubo et al. [1994;](#page-7-0) Karran et al. [2011\)](#page-7-0).

 $A\beta$  is a proteolytic fragment of the amyloid precursor protein (APP). In the amyloidogenic pathway, APP is first cleaved by  $\beta$ -secretase (BACE1) to generate a slightly shorter N-terminal ectodomain, APPs- $\beta$  (Borchelt et al. [1996](#page-6-0); Scheuner et al. [1996;](#page-7-0) Tomita et al. [1997\)](#page-8-0). This is then cleaved by  $\gamma$ -secretase within the transmembrane domain to generate  $A\beta$  peptides of 40- and 42 amino acids in length (Gotz et al. [2010](#page-7-0)) .

The view that  $A\beta$  plays a central role in AD pathogenesis has developed from observations that patients with mutations in the APP and presenilin (PSEN) genes show both accelerated plaque deposition and the onset of dementia at an early age, and that all these patients demonstrate an increase in the production of  $A\beta$ , particularly the longer and more aggregation prone  $\overrightarrow{AB}$  1-42 (Butterfield et al. [2002\)](#page-6-0).

Based on the ''amyloid cascade hypothesis'', there was great hope to find a cure for AD by lowering the concentration of  $A\beta$  using a variety of different therapeutic

approaches. Various ''anti-amyloid drugs'' targeting different pathways of  $A\beta42$  production and/or aggregation have been developed and tested in clinical trials with AD patients. Their mechanisms of action include:

- Inhibiting the enzymatic actions of the secretases with  $\beta$ - and  $\gamma$ -secretase inhibitors, thereby lowering the production of  $A\beta$  (Imbimbo and Giardina [2011](#page-7-0)).
- Changing the action of the  $\gamma$ -secretase and changing A $\beta$ production from  $\beta$ 1-42 to shorter amyloid chain lengths using amyloid modulators (Czirr and Weggen [2006\)](#page-6-0).
- Eliciting an anti-A $\beta$  antibody response (active immunization) or providing recombinant  $A\beta$  antibodies (passive immunization), both leading to amyloid removal by the immune system (Münch and Robinson [2002;](#page-7-0) Robinson et al. [2004](#page-7-0); Dasilva et al. [2006](#page-6-0); Panza et al. [2010](#page-7-0)).
- Metal chelators which dissipate  $\overrightarrow{AB}$  plaque deposits by chelating divalent metal ions (Fe<sup>2+</sup>, Cu<sup>2+</sup> and  $\text{Zn}^{2+}$ ). A current example is clioquinol, with impressive effects in transgenic, APP overexpressing animal models and interesting results in phase I and II clinical trials (Bush [2002;](#page-6-0) Faux et al. [2010](#page-6-0); Adlard et al. [2011;](#page-6-0) Bareggi and Cornelli [2012\)](#page-6-0).

Unfortunately, all ''anti-amyloid drug'' candidates have so far failed to produce the expected therapeutic breakthroughs. They did, however, succeed in their effort to lower amyloid production and/or to remove amyloid plaques, but the cognitive decline in the treated patients did not slow down (Wan et al. [2009;](#page-8-0) Smith [2010](#page-8-0); Castellani and Smith [2011\)](#page-6-0).

These results suggest that  $A\beta$  might not be the dominant cause of sporadic AD (at least in some patients), and the "anti-amyloid approach" may not be an effective treatment for AD by itself, or may need to be given prophylactically (Golde et al. [2011\)](#page-7-0).

### Anti-tangle drugs

Tau, the protein component of the neurofibrillary tangles, is a microtubule-associated protein. It is proposed that the neurofibrillary tangles are formed as a result of abnormal hyper-phosphorylation, caused by an imbalance of kinase and phosphatase activities (Goedert et al. [1995a](#page-7-0), [b\)](#page-7-0). A variety of kinases involved in the hyper-phosphorylation of tau have been described. These include glycogen synthase kinase-3 (GSK-3), mitogen-activated protein kinase (MAP)-kinase and microtubule affinity-regulating kinase 1 (MARK1). In addition, an insufficient activity of protein phosphatases, especially protein phosphatase 2A (PP2A), has also been suggested to be responsible for hyper-phosphorylation of tau. Another approach to the inhibition of tangle formation might be the inhibition of tau crosslinking, e.g. by advanced glycation endproducts by the use of anti-glycation agents (Kuhla et al. [2007](#page-7-0); Krautwald and Münch [2010;](#page-7-0) Rahmadi et al. [2011\)](#page-7-0). Furthermore, it has been suggested that microtubule (MT)-stabilizing drugs such as epothilone D (EpoD), which improve in existing tau pathology and related behavioural deficits in aged PS19 mice, might hold promise for the treatment of AD and related tauopathies.

Inhibitors of kinases and activators of phosphatases are the main classes of ''anti-tangle'' drugs (Navarrete et al. [2011](#page-7-0)). Two ''anti-tangle'' drugs, the GSK-3 inhibitors Tideglusib (Noscira, Spain) and the tau aggregation inhibitor methylthioninium chloride, Rember (TauRx Therapeutics, Singapore), have been tested in phase II clinical trials with some positive results, but the results of large phase II trials are still outstanding.

However, with growing uncertainty of the therapeutic potential of drugs targeting amyloid and tau, other novel therapies have recently been proposed, including those targeting glycation, oxidative stress and inflammation (Retz et al. [1998;](#page-7-0) Maczurek et al. [2008](#page-7-0); Rahmadi et al. [2011](#page-7-0); Srikanth et al. [2011](#page-8-0)).

However, to get an insight into the ultimate cause of AD, and to prove that any drug target is valuable in AD, disease-relevant models giving insight into the pathogenic processes in AD are urgently needed. In the absence of a good animal model for sporadic AD, we propose in this review that induced pluripotent stem cells (iPSCs), derived from dermal fibroblasts of AD patients, and differentiated into cholinergic neurons, might be a promising novel tool for disease modelling and drug discovery particularly for the sporadic form of AD. In the following sections, we will introduce the concept of iPSCs and review recently published studies in which these cells were used for AD disease modelling, and yielded interesting, and sometimes unexpected results.

# Induced pluripotent stem cells (iPSCs) as a key to disease pathogenesis and drug discovery

Introduction to induced pluripotent stem cells (iPSCs)

The discovery of induced pluripotent stem cells (iPSCs), whereby a patient's somatic cells can be reprogrammed to a pluripotent state by the forced expression of a defined set of transcription factors, has the potential to enable in vitro disease modelling and be used for drug discovery programs. In 2006, it was demonstrated that retroviral-mediated introduction of four transcription factors into mouse fibroblasts could convert them into cells closely resembling pluripotent embryonic stem cells (ESCs) (Takahashi and Yamanaka [2006\)](#page-8-0). In that study, Yamanaka and his group

found that the introduction of a combination of four transcription factors—octamer-binding protein 4 (also known as *Pou5f1*), Sox2, Krüppel-like factor 4 (Klf4) and  $c$ -Myc into mouse fibroblasts was sufficient to induce the expression of endogenous pluripotency genes and thus reprogram the somatic cells to a new state with colony morphology, cell morphology, growth characteristics, gene expression and antigen expression similar to mouse ESCs. This stunning discovery was quickly replicated using human somatic cells, with the Yamanaka and Daley groups employing essentially the same gene cocktail (Takahashi et al. [2007;](#page-8-0) Park et al. [2008\)](#page-7-0) and the Thomson group using a slightly different one (i.e. OCT4, NANOG, SOX2 and  $LIN28$ ) (Yu et al.  $2007$ ). Further evidence that these reprogrammed cells are pluripotent was achieved by demonstrating they are capable of germ-line transmission in chimeric mouse assays (Okita et al. [2007;](#page-7-0) Wernig et al. [2007\)](#page-8-0). Importantly, this work also showed that use of c-Myc should be avoided in reprogramming gene cocktails, as reactivation of the exogenous  $c$ -*Myc* transgene can lead to tumour formation.

The ability to reprogram human somatic cells to a pluripotent state provides a means to generate large numbers of patient-specific differentiated cells for both research and transplantation. Equally important, this reprogramming technology also enables the production of disease-specific cells from confirmed patients with disorders without a clear pattern of inheritance (''sporadic'' cases). Accordingly, our group and others have generated hiPSCs from patients with sporadic AD. These new hiPSC lines will enable investigation of the development and maintenance of cholinergic neurons in a context uniquely related to AD, with the potential for high-throughput chemical screening to identify lead compounds for AD treatment (Fig. [1](#page-4-0)). In our hands, colonies of AD-iPSCs were morphologically indistinguishable from control (Co) iPSC and hESCs (Fig. [1a](#page-4-0)). Further characterization revealed that AD-iPSCs were genetically and phenotypically indistinguishable from control hESC/hiPSCs. Hypomethylated OCT4 promoter regions indicate successful reprogramming of AD-Fibs (24.4 vs. 66.7 %, Fig. [1](#page-4-0)b). Using immunofluorescence staining, feeder-free cultures of AD-iPSCs typically expressed undifferentiated pluripotent markers OCT4, NANOG, SSEA4 and TRA160 (Fig. [1](#page-4-0)c). Quantitative gene expression analyses of pluripotency-associated genes were not significantly different across all pluripotent cell lines. In contrast, parental fibroblasts (AD-Fib) expressed extremely low levels of NANOG, OCT4, SOX2 and GDF3, but had similar levels of CMYC and KLF4 expression (Fig. [1](#page-4-0)d). Furthermore, extended feeder-free culture showed no chromosomal abnormalities in ALZ1/ALZ7 as determined by standard G-banding karyotypic analysis (Fig. [1](#page-4-0)e).

Although hiPSCs share key morphological and molecular characteristics with human embryonic stem cells (O'Connor et al. [2011](#page-7-0)), genetic and epigenetic differences have been identified (Bock et al. [2011](#page-7-0); Nishino et al. 2011; Wang et al. [2011](#page-8-0)).

For example, the reprogramming process and/or subsequent culture can result in random DNA alterations not present within the genome of the parent cell (Hayden [2011](#page-7-0)). Since random integration of the transgene might lead to clonal heterogeneity and possible functional diversity, it is recommended to validate findings from one hiPSC clone with multiple independently derived hiPSC clones from the same patient (Sidhu [2011\)](#page-8-0).

## Drug discovery for AD using iPSCs

Another potential challenge for both high-throughput drug screening and developmental investigations of Alzheimer's-specific hiPSC cell lines is the production of large numbers of highly purified, mature cholinergic neurons. Encouragingly, methods for differentiating and purifying cholinergic neurons from hiPSC cultures have been published though it is presently unclear whether these neurons are, or can be induced to become, fully mature (Israel et al. [2012](#page-7-0)).

A further challenge for hiPSC-based investigation of neurological disorders is that these disorders manifest themselves within the complex 3-dimensional architecture of the brain. This architecture is difficult to reproduce in vitro, leading to some limitations with in vitro drug screening for novel neurological pharmaceuticals. However, careful design of the drug screening assay parameters and detection methods should enable identification and preclinical validation of new lead compounds that have the potential to at least delay, if not cure, progression of diseases such as Alzheimer's disease (Grskovic et al. [2011\)](#page-7-0).

Although iPSC technology seems promising, several safety obstacles need to be addressed before iPSCs transits to the clinic; in particular, the risk of insertional mutagenesis when using integrative viruses and the transmission of pathogens when in media and/or feeder layers containing animal products. While transgene/viral-free methods have been developed, a majority of iPSCs are still derived on animal feeder layers, which offsets the benefits of a xeno-free autologous transplantation. The use of animal feeder layers also introduces inconsistent and variable reprogramming outcomes, making the screening of suitable, fully reprogrammed iPSC colonies labour intensive (Chan et al. [2009](#page-6-0)). This is reflected in iPSC lines generated under different experimental conditions and show varying degrees of differentiation into hematopoietic and neural lineages (Feng et al. [2010;](#page-6-0) Hu et al. [2010\)](#page-7-0), which also limits its therapeutic potential. The use of defined media, <span id="page-4-0"></span>Fig. 1 Characterization of Alzheimer's disease specific hiPSCs (AD-iPSCs). a Colony morphologies of hiPSCs from a non-demented control (CoiPSC) and a sporadic AD patient (AD-IPSC) under feeder-free conditions. Scale 500 um. b OCT4 promoter DNA methylation analysis using bisulfite sequencing. Open squares unmethylated, closed squares methylated. c Immunofluorescence staining of typical undifferentiated Co-hiPSCs; nuclear/surface markers, OCT4, NANOG, TRA160, SSEA4. Scale 200 µm. d Gene expression analyses of pluripotency-related gene of a non-demented control (Co-iPSC), two sporadic AD patients (ALZ1 and ALZ 27), and the original AD fibroblast cultures (AD-Fib) using quantitative PCR. \*\*\* $p < 0.0005$ . e Standard G-banding karyotypic analysis of AD-iPSCs after extended propagation under feeder-free conditions. Experiments were approved by the UNSW HREC, approval number 08021



however, minimizes variable and/or inhibitory components present in serum and growth-factor secreting feeder cells. Consequently, some laboratories have generated iPSCs under feeder-free conditions by using extracellular matrices and serum-free media (Sun et al. [2009;](#page-8-0) Vallier et al. [2009a](#page-8-0), [b\)](#page-8-0). While the phenotypic outcomes have been tested, transcriptomic characterization of feeder-free derived iPSCs has not been fully explored. The advent of whole transcript gene expression microarrays was capitalized on to identify underlying molecular events that may underpin the differences between feeder-derived, feeder-free derived iPSCs and human embryonic stem cells (hESCs) propagated under identical conditions. We for the first time reported that feeder-free iPSCs (ff-iPSCs) resemble hESCs more than feeder-derived iPSCs (f-iPSCs) in terms of overall gene expression patterns governing pluripotency and other biological functions. The processes related to pluripotent signature in hESCs (i.e. DNA replication and

cell cycle) were substantially enriched in ff-iPSCs and expression of bivalent genes was lower (Chung et al. [2012](#page-6-0)). The advantages of a feeder-free defined system are such that homogenous populations of patient-specific pluripotent stem cells can be generated, batch-to-batch differences created by serum and feeder-cells can be eliminated and scale-up cultures can be easily carried out. This is of particular interest in regenerative medicine.

AD disease modelling with iPSCs: identification of differences in cell phenotype and specific, ADrelated cellular processes

The key to modelling any human disease is the identification of a disease-specific unique cellular phenotype. The most successful examples of this strategy have used diseases that have strong genetic components and affect a highly defined cell type leading to a characteristic difference to an unaffected cell, e.g. for diseases with a known molecular mechanism, such as in spinal muscular atrophy, Hutchinson–Gilford Progeria syndrome, familial Parkinson's disease or Down syndrome (Ebben et al. [2011](#page-6-0); Malpass [2011;](#page-7-0) Jung et al. [2012](#page-7-0); Shi et al. [2012\)](#page-8-0).

Similarly, iPSCs have been created from patients with familial AD (FAD) characterized by mutations in APP, PSEN1 and PSEN2. For example, Yagi et al. ([2011](#page-8-0)) generated iPSCs from fibroblasts of AD patients with mutations in PSEN1 (A246E) and PSEN2 (N141I), and characterized their subsequent differentiation into neurons. They found that FAD-iPSC-derived neurons showed increased A $\beta$ 42 secretion. Furthermore, secretion of A $\beta$ 42 from these neurons sharply responds to  $\gamma$ -secretase inhibitors and modulators, indicating the potential for identification and validation of amyloid-lowering drugs (Yagi et al. [2011;](#page-8-0) Yahata et al. [2011](#page-8-0)).

In a further study, it was shown that iPSC-derived neuronal cells express functional proteins involved in  $A\beta$ production, including amyloid precursor protein,  $\beta$ -secretase, and  $\gamma$ -secretase, and were capable of secreting A $\beta$  into the conditioned media (Yahata et al. [2011\)](#page-8-0). Although  $A\beta$ production was inhibited by  $\beta$ - and  $\gamma$ -secretase inhibitors and an NSAID, there were different susceptibilities to all three drugs between early and late differentiation stages (Yahata et al. [2011\)](#page-8-0).

In another study, Israel et al. created iPSCs from two patients with familial AD, both caused by a duplication of the amyloid-precursor protein gene (APP; termed APPDp), two with sporadic AD (termed sAD1, sAD2) and two nondemented controls (Israel et al. [2012](#page-7-0)). They showed that relative to controls, iPSC-derived, purified neurons from the two APPDp patients and patient sAD2 exhibited significantly higher levels of the pathological markers  $A\beta(1-40)$ , phospho-tau (Thr 231) and active glycogen synthase kinase- $3\beta$ . Neurons from these patients also accumulated large RAB5-positive early endosomes compared to controls, indicating an impairment of autophagy. Interestingly, they also showed that treatment of purified neurons with  $\beta$ -secretase inhibitors, but not y-secretase inhibitors, caused significant reductions in phospho-Tau (Thr 231) and GSK-3 $\beta$  levels (Israel et al. [2012\)](#page-7-0).

Encouragingly, methods for differentiation and purifying cholinergic neurons from hiPSC cultures have been published though it is presently unclear whether these neurons are, or can be induced to become, fully mature. Israel et al. ([2012\)](#page-7-0) described in their manuscript that differentiated and purified neurons contained glutamatergic, GABAergic and cholinergic neuronal subtypes. However, the two manuscripts about AD-iPSCs disease modelling did not contain descriptions about validated differentiation methods for pure cultures of cholinergic neurons (Yagi et al. [2011](#page-8-0); Israel et al. [2012\)](#page-7-0). However, protocols

published describing the differentiation of ESCs to cholinergic neurons might prove useful for the cholinergic differentiation of iPSCs (Bissonnette et al. [2011](#page-6-0)).

These two studies demonstrate that iPSC technology can be used to observe patient-specific phenotypes in vitro, which reflect both the familial and the sporadic forms of the disease in a remarkable manner.

AD disease modelling with iPSCs: mapping differences in gene and protein expression

Both Yagi et al. [\(2011](#page-8-0)) and Israel et al. ([2012\)](#page-7-0) used protocols that induce differentiation to multiple neuronal subtypes. However, in the early stages of AD there is a preferential loss of cholinergic neurons and their innervation of the hippocampus and neocortex (Schliebs and Arendt [2011](#page-7-0)).

One of the most interesting questions is whether the neurons derived from iPSCs of AD patients can be differentiated into cholinergic neurons, by activating specific intracellular signalling pathways including repressor element 1-silencing transcription factor (REST) and its corepressor (CoREST) (Ooi and Wood [2007](#page-7-0)). Furthermore, it will be interesting to find out if AD iPSCs are distinctly different from those from age and gender-matched healthy controls in terms of global expression of mRNA and protein.

The induction of pluripotency largely revert somatic cells to their embryonic or 'ground' state. Using a developmental approach and disease-related perturbations or stressors, the life history of the disease can be recapitulated in vitro from iPSCs creating differentiable phenotypes. The alternative approach of culturing adult stem cells without a pluripotent stage would certainly maintain epigenetic cellular memory but it would be subsequently difficult to separate disease 'cause' from 'effect' (Murrell et al. [2008](#page-7-0); Valenzuela et al. [2008](#page-8-0)). Similarly, the direct reprogramming of fibroblasts to neurons is likely to retain this 'cell memory' (Vierbuchen et al. [2010](#page-8-0); Qiang et al. [2011\)](#page-7-0).

However, there are also limitations and drawbacks on the use of iPSCs for disease modelling and drug discovery. One of the limiting factors in the utility of iPSC lines for drug discovery and safety is the considerable technical 'noise' obscuring the disease-related 'signal'. A major contributor to this noise is the lack of consistency and poor target cell enrichment during iPSC differentiation. However, our feeder-free system for generating iPSCs offers a robust system for obtaining a homogeneous population of these cells that follow pluripotent signature patterns (Chung et al. [2012](#page-6-0)). The other key paradigm to circumvent the poor signal problem, which may then be tailored to the disease could be stratification of samples based on genetics (monogenic vs. polygenic/sporadic) and clinical history

<span id="page-6-0"></span>(responders vs. non-responders). A further problem is the large clonal variation of iPSCs, which requires the generation of a couple of clones from each patient and comparison of properties among these different clones to prove a general biological characteristic of the patient.

#### Outlook: personalized medicine for AD patients

The use of iPSC cellular models is therefore likely to lead to novel insights into the pathogenesis of AD, and to help discover new drugs for its treatment and/or prevention. Since these models are derived from individual patients, the cellular characteristics can be related to clinical features of the disease in that patient. An individual's variations in the disease process and their cellular response to drugs may be reflected in the cellular model. If this is shown to be the case, a patient's treatment regimen in the future could conceivably be individualized, based on the behaviour of the cellular model. For example, in the study by Israel et al. [\(2012](#page-7-0)) only 1 out of the 2 sporadic AD patients showed similarities to familial AD cell lines in terms of amyloid production, phospho-tau and active glycogen synthase kinase- $3\beta$  levels, suggesting aetiological heterogeneity in the sporadic cases with a potential for differential treatment.

Defining AD subgroups with iPSC technology presents an excellent opportunity for a truly personalized approach to the treatment of AD. However, using current reprogramming and differentiation technology, it is unlikely that generating individual neurons from hiPSC for every patient for treatment will be economically viable. It is more likely that use of newly derived AD-hiPSCs will enable in vitro disease modelling that then enables patient-specific therapies based upon appropriate characterisation of AD patient groups by genetics and biomarker profile, and subsequent appropriate, targeted drug treatment.

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