

Effect of high frequency repetitive transcranial magnetic stimulation on reaction time, clinical features and cognitive functions in patients with Parkinson's disease

Silvie Sedláčková · Irena Rektorová ·
Hana Srovnalová · Ivan Rektor

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Abstract The aim of the present study was to investigate the effects of one session of high-frequency repetitive transcranial magnetic stimulation (rTMS) applied over the left dorsal premotor cortex (PMd) and left dorsolateral prefrontal cortex (DLPFC) on choice reaction time in a noise-compatibility task, and cognitive functions in patients with Parkinson's disease (PD). Clinical motor symptoms of PD were assessed as well. Ten patients with PD entered a randomized, placebo-controlled study with a crossover design. Each patient received 10 Hz stimulation over the left PMd and DLPFC (active stimulation sites) and the occipital cortex (OCC; a control stimulation site) in the OFF motor state, i.e. at least after 12 h of dopaminergic drugs withdrawal. Frameless stereotaxy was used to target the optimal position of the coil. For the evaluation of reaction time, we used a noise-compatibility paradigm. A short battery of neuropsychological tests was performed to evaluate executive functions, working memory, and psychomotor speed. Clinical assessment included a clinical motor evaluation using part III of the Unified Parkinson's Disease Rating Scale. Statistical analysis revealed no significant effect of rTMS applied over the left PMd and/or DLPFC in patients with PD in any of the measured parameters. In this study, we did not observe any effect of one session of high frequency rTMS applied over the left PMd and/or DLPFC on choice reaction time in a noise-compatibility task, cognitive functions, or motor features in patients with PD. rTMS applied over all three stimulated

areas was well tolerated and safe in terms of the cognitive and motor effects.

Keywords Repetitive transcranial magnetic stimulation · Parkinson's disease · Choice reaction time · Dorsal premotor cortex · Dorsolateral prefrontal cortex · Executive functions

Introduction

Repetitive transcranial magnetic stimulation (rTMS) has been studied as a potential treatment in many neurological disorders. Several studies have demonstrated positive effects of one session of high frequency rTMS applied over the motor cortex (MC) on motor symptoms of patients with Parkinson disease (PD). Nevertheless, there is no evidence to suggest that the motor cortex is the most suitable cortical target for rTMS in those patients (Siebner 2005).

Results from lesion studies in nonhuman primates and brain imaging investigations in humans support the hypothesis that the dorsal premotor cortex (PMd) is involved in integrating external information with motor commands and could potentially serve as an area where a selection process for movement is mediated (Halsband and Passingham 1985; Wessel et al. 1997). Accumulating evidence indicates that the PMd is not only active during demanding motor tasks, but also plays a role in various cognitive tasks (e.g. Jonides et al. 1993; Paulesu et al. 1993; Smith et al. 1998; Marois et al. 2006; Praamstra et al. 1999). These findings are in accordance with results of neuroanatomical studies revealing that PMd has a close relationship with the primary motor cortex as well as with the prefrontal cortex (Barbas and Pandya, 1987; Luppino et al. 1993). Behavioural after-effects of rTMS applied

S. Sedláčková (✉) · I. Rektorová · H. Srovnalová · I. Rektor
First Department of Neurology, St. Anne's Teaching Hospital,
Masaryk University, Pekařská 53, 656 91 Brno, Czech Republic
e-mail: sedlackova.silvie@centrum.cz

over the PMd were studied on precued-choice reaction times with low frequency stimulation (1 Hz) in healthy subjects. Delayed reaction times were described after stimulation with no significant impact on error rates or movement times (Terao et al. 2007).

The dorsolateral prefrontal cortex (DLPFC) is anatomically connected with the rostral part of supplementary motor area (SMA) (Bates and Goldman-Rakic 1993) and sends projections to the striatum (Selemon and Goldman-Rakic 1985). Using [(11)C] raclopride PET, Strafella and colleagues demonstrated that high frequency rTMS applied over the left DLPFC leads to dopamine release in the ipsilateral caudate nucleus (Strafella et al. 2001). Dopamine is implicated in movement as well as in a range of frontal executive-type cognitive processes (Cropley et al. 2006). It has also been shown that the DLPFC possesses cortico-cortical connections with the parietal and premotor cortices that are involved in visuomotor control of action, and DLPFC has a crucial role in the cognitive control of motor behaviour (Hoshi 2006). Furthermore, several previous studies have demonstrated a positive effect of high frequency rTMS over the left DLPFC on executive functions in patients with depression, Parkinson Disease, and with mild cognitive impairment of vascular etiology (e.g. Triggs et al. 1999; Speer et al. 2001; Moser et al. 2002; Boggio et al. 2005; Rektorova et al. 2005).

High frequency rTMS applied over the motor cortex leads to facilitatory after-effects on corticospinal excitability, while low-frequency stimulation leads to opposite (i.e. inhibitory) after-effects (Siebner and Rothwell 2003). Nevertheless, it is not precisely known what effect (high or

low frequency) rTMS applied over the DLPFC and/or PMd has on these cortices specifically. Therefore, the aim of the present study was to primarily investigate whether high frequency rTMS applied over the left PMd and/or the left DLPFC would have any measurable impact on choice reaction time and executive functions in patients with PD. Motor scores prior to and after each stimulation were assessed in addition to our primary outcomes.

Method

Subjects

We studied ten patients (9 males, 1 female) with PD (mean age 63.7 ± 6.7). The patients fulfilled the established criteria for diagnosis of Parkinson's disease according to the Parkinson's Disease Society of UK Brain Bank (Gibb and Lees 1988); for patients characteristics, see Table 1. The patients were selected with regard to presence of akinesia and bradykinesia of the upper limbs predominantly expressed on the right side and with minimal tremor. Nine patients were taking L-Dopa/carbidopa (mean dose 802.5 ± 325.5 mg/day); of those, eight were also taking DA-agonist (8 patients- pramipexole with a daily dose of 1.8 ± 0.5 mg; one patient- ropinirole with a daily dose of 15 mg); four of those patients were also on entacapone (mean daily dose 750 ± 192 mg). One patient was given only pramipexole in a daily dose of 2.1 mg; see Table 1. The medication regimen had been stable in all patients for at least 4 months prior to the study. All patients were tested

Table 1 Clinical characteristics of individual patients with Parkinson's disease

Patient	Age (years)	Sex	Education (years)	Disease duration (years)	UPDRS ON/OFF	MADRS	Years of L-dopa intake	L-Dopa/carbidopa (mg/day)	Other antiparkinsonian medication (mg/day)
1	65	M	12	12	19/29	5	10	1,250	Pramipexole 2.1 Entacapone 800
2	62	M	12	8	14/23	3	4	562.5	Pramipexole 1.05 Entacapone 600
3	61	M	12	4	5/8	4	2	750	Pramipexole 2.1
4	62	M	12	5	8/13	6	4	500	Pramipexole 2.1
5	52	M	17	7	11/19	5	7	1,250	Pramipexole 2.1
6	62	M	12	12	14/23	4	11	1,060	Pramipexole 1.05 Entacapone 600
7	79	M	17	2	8/14	5	1	375	–
8	65	M	12	23	24/35	6	21	600	Ropinirole 15 Entacapone 1000
9	67	F	12	3	9/16	3	2	875	Pramipexole 2.1
10	62	M	17	2	4/5	2	–	–	Pramipexole 2.1
	63.7 ± 6.7		13.5 ± 2.4	7.8 ± 6.5	$11.6 \pm 6.3/18.5 \pm 9.3$	4.3 ± 1.4	6.9 ± 6.4	802.5 ± 325.5	

after overnight withdrawal (at least 12 h) of dopaminergic medication at the same time of day. All of the patients were right-handed. The Montgomery-Asberg Depression Rating Scale (Montgomery and Asberg 1979) with a cut-off score of 10 was used to exclude the patients with depression (Silberman et al. 2006). All subjects gave their written informed consent as approved by a local ethics committee.

Transcranial magnetic stimulation

rTMS was applied using the Magstim Super Rapid Magnetic Stimulator (Magstim Company, Whitland, UK) and a figure-eight air-cooled coil (7 cm mean diameter). A crossover design was used. Each patient received three sessions of 10 Hz stimulation in random order: over the left PMd (an active stimulation site), over the left DLPFC (an active stimulation site) and over the left occipital cortex (OCC, serving as a control stimulation site, as this permitted verification of any non-specific effects of rTMS). The sessions were separated from each other by at least 1 day without stimulation. One session of high frequency rTMS (10 Hz) consisted of three rTMS blocks (15 × 30-pulse trains; 100% resting motor threshold intensity, inter-train interval of 10 s, total number of 1,350 stimuli), each separated by a 10 min interval. Frameless stereotaxy (Brainsight Frameless 1.5; Rogue Research Inc., Montreal, Canada) was used to target the optimal position of each stimulated side and to ensure the same cortical location in all patients. The coordinates for the left DLPFC [$X = -40$, $Y = 32$, $Z = 30$] were chosen based on the probable location as revealed by a PET study of verbal working memory (Petrides et al. 1993) and used by other authors (Strafella et al. 2001; Barrett et al. 2004) and corresponding to cytoarchitectonic area 9/46 as defined by Petrides and Pandya (1999). For a location of the left dorsal premotor cortex [$X = -21$, $Y = -2$, $Z = 52$], we used the coordinates as defined in a previous TMS study by Chouinard et al. (2003) and corresponding to the probable location of PMd revealed by a Positron emission tomographic study as being ~20 mm anterior to the location of the primary MC for hand (Fink et al. 1997). Coordinates [$X = -56$,

$Y = -58$, $Z = -3$] were chosen for the occipital cortex (Strafella et al. 2001).

A magnetic resonance (MR) image of each subject's brain was acquired and transformed into the standardized stereotaxic space. The coordinates of the DLPFC, PMd, and OCC were transformed to the subject's brain coordinate ("native") space with an inverse version of the native-to-stereotaxic transformation matrix (Paus et al. 1997; Paus 1998). This allowed us to determine where the target region was located in a given subject on the MR images. Using frameless stereotaxy, the coil was placed over an appropriate location, marked on the MR images. For the DLPFC, the coil was oriented tangentially to the scalp with the short axis of the figure-eight coil angled at 45° away from the midline, inducing a posterior–anterior current in the brain. For the PMd, we oriented the coil tangentially to the scalp with the short axis of the figure-eight coil perpendicular to the interhemispheric fissure (Chouinard et al. 2003). In that case, the resulting electric current induced in the brain flowed in lateral-to-medial directions. For the occipital stimulation (OCC), the coil was held tangentially to the skull with the handle pointing back (Bermphohl et al. 2005).

Procedure

We evaluated the effect of rTMS over different cortical areas by using the reaction time (RT) protocol, a short battery of neuropsychological tests, and neurological examination using the Unified Parkinson's Disease Rating Scale (UPDRS part III). The whole evaluation after each stimulation lasted approximately 30 min. For a timeline of an rTMS session, see Fig. 1. A previous study in PD patients reported that the effect of a single session of high frequency rTMS over the MC, manifested as an improvement in UPDRS, may last at least 1 h after stimulation (Siebner et al. 2000). The battery of neuropsychological tests was chosen carefully in order to meet our primary endpoints and the total length of examination.

For the evaluation of choice reaction time, we used a noise-compatibility paradigm (as modified by Praamstra)

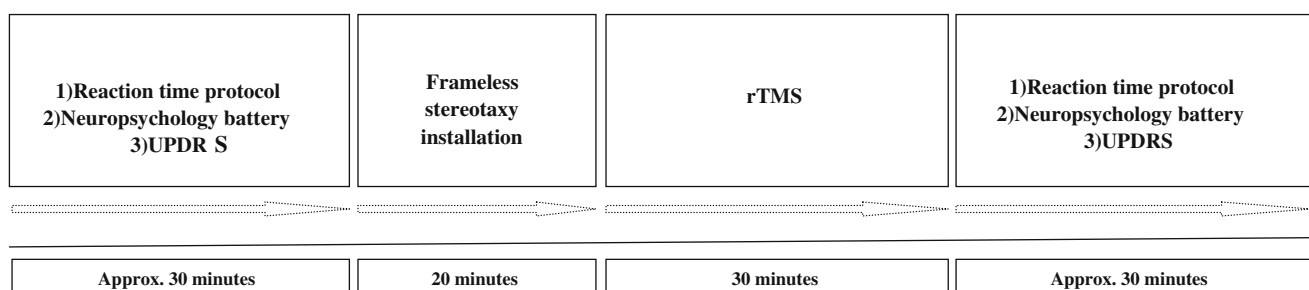


Fig. 1 A timeline of an rTMS session with relative tasks

prior to and immediately after each rTMS session. In this task, subjects perform the choice reaction on two different stimuli: compatible and incompatible. For the analysis of the behaviour responses, decision errors were calculated (Praamstra et al. 1998).

Compatible stimuli

Nine arrows were presented on the screen (in three columns and three lines); all of the arrows pointed to the right or left, respectively.

Incompatible stimuli

The target arrow (in the centre) pointed to the right or left, and was surrounded by eight distractor arrows with an opposite orientation.

Stimuli were presented for 100 ms with a 3–4 s inter-stimulus interval in a 20 min block. Subjects were instructed to move a joystick with their right hand as soon as possible according to the orientation of the arrow in the centre (the target arrow). Before the experimental session, all subjects performed one practice block in order to familiarize themselves with the task.

A short battery of neuropsychological tests was performed to evaluate executive function, working memory and psychomotor speed. The battery included a Verbal Fluency Test (VFT; Halstead 1947), Trail Making Tests (TMT) A and B (Halstead 1947), and the Digit Span subtests of the Wechsler Memory Scale (Wechsler 1975). The tests were performed prior to the first rTMS session and immediately after the completion of the reaction time protocol. TMT A and B were practiced prior to the study to avoid susceptibility to practice effects (Collie et al. 2003). For the Digit Span subtest and the Verbal Fluency Test (animal, food, clothing, occupations), different variants were used. The performance of all the patients but one was within the normal range in all of the evaluated

psychological tests. One patient was out of normal range in TMT A prior to an rTMS session on the first day of stimulation.

The neurological evaluation included the Unified Parkinson's Disease Rating Scale (UPDRS, part III); this was performed before and after each rTMS session.

Results

For effects of rTMS on choice reaction time, UPDRS III and cognitive functions, see Tables 2 and 3. One patient prematurely withdrew from the study, and did not undertake the control stimulation over OCC (the reason for the patient's withdrawal was unrelated to the study). The statistical analysis was performed using the two-way ANOVA.

Reaction time

The two-way ANOVA did not show any significant effect of the factors "Time" (prior to and after rTMS session) and "Site of Stimulation" (PMd, DLPFC, OCC) for compatible stimuli ($F_{(2,52)} = 0.35860$, $P = 0.700368$) and incompatible stimuli ($F_{(2,52)} = 0.27499$; $P = 0.760674$). The number of errors was low, and all errors occurred in the incompatible condition (see Table 2). There was no difference in the number of errors and in the reaction time of error responses when the data collected prior to and after each appropriate rTMS session were compared ("data not shown").

Neurocognitive tests

The data analyses did not reveal any significant effect of the factors "time" and "site of stimulation" for VFT ($F_{(3,36)} = 0.23295$; $P = 0.872820$), TMT A ($F_{(3,35)} =$

Table 2 Effect of rTMS on reaction time and unified Parkinson's disease rating scale (part III)

	Pre-rTMS/PMd	Post-rTMS/PMd	Pre-rTMS/DLPFC	Post-rTMS/DLPFC	Pre-rTMS/OCC	Post-rTMS/OCC
COM	725 ± 116	729 ± 95	702 ± 120	770 ± 195	700 ± 102	720 ± 64
INCOM	781 ± 116	811 ± 121	752 ± 88	835 ± 197	768 ± 78	804 ± 93
Numbers of errors (%)	5.6	6.2	5.3	5.9	5.9	6.3
UPDRS III	18.8 ± 9.5	18.4 ± 8.5	16.9 ± 8.8	17.4 ± 7.9	17.0 ± 6.8	17.8 ± 7.1

COM reaction time after compatible stimulus (in milliseconds), INCOM reaction time after incompatible stimulus (in milliseconds), UPDRS Unified Parkinson's disease rating scale, Pre-rTMS/PMd prior to repetitive Transcranial Magnetic Stimulation applied over the left Premotor Dorsal Cortex, Post-rTMS/PMd after repetitive Transcranial Magnetic Stimulation applied over the left Premotor Dorsal Cortex, Pre-rTMS/DLPFC prior to repetitive Transcranial Magnetic Stimulation applied over the left Dorsolateral Prefrontal Cortex, Post-rTMS/DLPFC after repetitive Transcranial Magnetic Stimulation applied over the left Dorsolateral Prefrontal Cortex, Pre-rTMS/OCC prior to repetitive Transcranial Magnetic Stimulation applied over the left Occipital Cortex, Post-rTMS/OCC after repetitive Transcranial Magnetic Stimulation applied over the left Occipital Cortex

Table 3 Effects of rTMS on cognitive function

Tested domain	Psychological test	Pre-rTMS	Post-TMS/PMd	Post-TMS/DLPFC	Post-rTMS/OCC
Executive functioning	VFT- <i>category</i> ^a	16.7 ± 3.7	15.3 ± 3.3	16.1 ± 4.7	15.7 ± 3.8
Working memory					
Executive functioning	TMT A ^a	61.8 ± 26	62.7 ± 26.6	60.8 ± 28.2	63.1 ± 19.8
Visuomotor coordination	TMT B ^a	150.7 ± 78.5	160.7 ± 77.2	151.2 ± 104.2	158.8 ± 73.7
PM speed					
Attention					
Working memory	Digit span ^a	14.6 ± 3.2	14.4 ± 3.1	14.9 ± 3.7	13.1 ± 3.9

VFT letter verbal fluency test, PM speed psychomotor speed, TMT A/B trail making test A/B, Pre-rTMS prior to the repetitive transcranial magnetic stimulation, Post-rTMS/PMd after repetitive transcranial magnetic stimulation applied over the left premotor dorsal cortex, Post-rTMS/DLPFC after repetitive transcranial magnetic stimulation applied over the left dorsolateral prefrontal cortex, Post-rTMS/OCC after repetitive transcranial magnetic stimulation applied over the left occipital cortex

^a Raw scores

0.01570; $P = 0.99726$), TMT B ($F_{(3,35)} = 0.03638$; $P = 0.99055$) and Digit span ($F_{(3,35)} = 0.48241$; $P = 0.69664$).

UPDRS (Part III)

The two-way ANOVA did not show any significant effect of the factors “time” and “site of stimulation” for the UPDRS III ($F_{(2,52)} = 0.03021$; $P = 0.97026$).

rTMS applied over the PMd, DLPFC, and OCC was well tolerated and safe in terms of the cognitive and motor effects in patients with PD. During the OCC stimulation, no visual phenomena were observed.

Discussion

In the present study, we did not demonstrate any effect of one session of high frequency rTMS applied over the left PMd and/or DLPFC on choice reaction time, executive functions, and motor performance in patients with PD.

We questioned whether the cognitive tests were sensitive to the stimulated cortical areas. For the evaluation of reaction time, we used a noise-compatibility task, in which performance requires subjects to attend to a centrally fixated stimulus while ignoring distractor elements (incompatible stimuli). A consistent finding is that response times are longer with incompatible than with compatible stimuli. A stimulus-response conflict with the necessity of suppression of automatic activation has been proposed to explain this effect (e.g. Eimer et al. 1995; Ridderinkhof 2002). Using visual guidance, PD patients may improve motor performance (Brown and Marsden 1988). It has thus been proposed that patients may be more susceptible to the interfering effects of incompatible stimuli due to distractor elements (Praagstra et al. 1998).

PMd is believed to be engaged in visuomotor control of action (Halsband and Passingham 1985; Wessel et al.

1997). Increased rCBF as measured by H₂(15)O PET during complex finger movements was demonstrated in PD patients compared to controls (Samuel et al. 1997). According to the authors of that study, a switch from the use of striato-mesial frontal to parietal-lateral premotor circuits may facilitate the performance in PD patients. The involvement of the PMd in the inhibition of a prepotent motor response was reported in a functional imaging study with a response inhibition task (Sylvester et al. 2003). In accordance with previous results, Praamstra et al. (1999) confirmed the role of the premotor cortex in the inhibitory control of automatic response in a choice reaction task by means of rTMS. It is well documented that the DLPFC is involved in the suppression of automatic responses (Jahanshahi et al. 1998) and in resolving stimulus conflict (Liu et al. 2006; Milham et al. 2003, 2005).

A short neurocognitive battery of tests sensitive to assessing executive functions was used including the Trail Making Test, Verbal Fluency Test, and the Wechsler Digit Span subtest. The results from functional imaging studies and rTMS revealed an engagement of the DLPFC in the Verbal Fluency Test (Frith et al. 1991; Kalbe et al. 2009; Jenkins et al. 2002) and the Digit Span subtest (Hoshi et al. 2000; Gerton et al. 2004). These results are in line with findings in patients with lesions of the DLPFC, who usually present a decreased conceptualization, decreased attention resources (inattention), impaired ability to employ active cognitive strategy (word-finding, impaired memory retrieval), impaired set shifting and set maintenance (distractibility) (Dubois et al. 2008). The accumulating evidence indicates that the premotor cortex plays a role in various cognitive tasks such as temporal maintenance or update of verbal information used for solving non-motor cognitive tasks (e.g. Paulesu et al. 1993; Smith et al. 1998), response selection (Marois et al. 2006; Praamstra et al. 1999), or spatial attention (e.g. Jonides et al. 1993).

Taken together, although both stimulated regions are likely to be involved in both of our choice- reaction and cognitive tasks, the acute after-effects of rTMS were not sufficient to induce any measurable behavioural changes in our PD subjects.

One possible explanation of our negative results could be that our patients' cognitive performance was within the normal range (except for baseline TMT A performance in one patient). Nevertheless, "off-line" rTMS (evaluation after stimulation) has been successfully used in a number of studies of cognition and reaction time tasks even in healthy subjects, and the positive effects of rTMS have been demonstrated (Jahanshahi 2005; Pascual-Leone et al. 1993; Pascual-Leone et al. 1999; Cappa et al. 2002; Evers et al. 2001; Jenkins et al. 2002).

With regard to our negative results, the laterality of rTMS (left-sided stimulation) has to be discussed as well. Could right-sided or bilateral stimulation have induced any measurable effects? We were in favour of the left-sided stimulation since our patients were all right-handed and were selected with regard to the presence of bradykinesia and rigidity predominantly expressed on the right side. Also, it has been proposed that the PMd in the left hemisphere is dominant for the selection of actions (Schluter et al. 1998, 2001; Rushworth et al. 2003) and may be implicated in response selection (Iacoboni et al. 1998). Tasks involving interference resolution (detection/resolution) revealed a network including bilateral DLPFC (Nee et al. 2007). However, both functional imaging and rTMS studies indicate that performance of verbal fluency tasks as well as of tasks that require resolving stimulus conflict or suppression of habitual responses is related predominantly to the left side (Liu et al. 2006; Milham et al. 2003; Milham and Banich 2005; Sylvester et al. 2003; Jahanshahi et al. 1997, 1998; Rektorova et al. 2005).

In terms of rTMS effects on cognitive and motor symptoms of PD, variable results have been described in literature. Better performance in the Stroop test and other tests evaluating executive functions (e.g. Hooper Visual Organization Test, Wisconsin Card Sorting Test) was observed after repeated sessions of high rTMS over the left DLPFC (Boggio et al. 2005). An improvement in neuropsychological measures and in motor performance (UPDRS part III) was found also by other authors (Epstein et al. 2007). However, in both of these studies PD patients with concurrent depression were involved and improvement in depression was also described. Therefore, the results might reflect the impact of mood changes rather than effects of rTMS per se. Positive cumulative benefits of high frequency rTMS on motor functions (improvement of upper limb bradykinesia and gait speed) were observed in patients with PD after repeated sessions of rTMS applied over the bilateral left and right MC and DLPFC in each

session (Lomarev et al. 2006). Fregni et al. (2004) reported improvement in mood and in motor functions again after repeated sessions of high-frequency rTMS as evaluated by Activity of Daily Living scores. Conversely, no clinical benefit on motor functions (as measured by the UPDRS part III) was reported in two other studies after repeated high frequency rTMS applied over the left DLPFC (del Olmo et al. 2007; Rektorova et al. 2007).

The clinical experience with stimulation applied over the PMd in PD is very limited and has been mostly evaluated in terms of changes in cortical excitability of the ipsilateral motor cortex (Buhmann et al. 2004; Bäumer et al. 2009). In a recent study, one session of low rTMS over PMd was applied in patients with advanced PD. Beside changes in cortical excitability (silence period), no clinically relevant effect as measured by UPDRS (part III) was observed (Bäumer et al. 2009). Therefore, the clinical correlate of these changes remains unclear (Buhmann et al. 2004; Bäumer et al. 2009). Indeed, we cannot fully exclude the possibility that repeated sessions might be needed in order to produce any beneficial behavioural effects on motor symptoms of PD in particular. Nevertheless, the change in motor scores was not the primary outcome in our study.

A possible limitation of our study could have been that our patients were stimulated in the OFF state. Other methodological limitations of this study include the small sample size and the heterogeneity of patients, especially with respect to PD duration. Our patients had a normal cognitive performance even in their OFF state (except for baseline TMT A performance in one patient). We preferred to stimulate in the OFF state also because we wanted to be able to distinguish between the potential effect of rTMS and the possible effects of dopaminergic treatment. It has been demonstrated that dopaminergic treatment may induce both positive and negative effects on executive functioning in PD patients (Gotham et al. 1988; Kulisevsky et al. 1996).

The main problem regarding the optimal stimulation parameters remains unsolved. Currently, there is no consensus on the stimulation parameters to be used, which is complicated by the fact that the susceptibility of individual subjects to the influence of rTMS is very variable (Tergau et al. 1999; Maeda et al. 2000; Sommer et al. 2002; Siebner et al. 2002). Recently, a meta-analysis evaluating the effect of rTMS on motor signs in PD was conducted including only controlled studies with low or high rTMS applied over MC or DLPFC. This study confirms that only high-frequency rTMS can significantly reduce motor signs in PD patients. No other analysis in terms of site stimulation (MC versus DLPFC), state of patients (ON versus OFF state), and other parameters of stimulation including the number of sessions needed to produce any effect were evaluated (Elahi et al. 2009). It has been suggested that a certain

number of magnetic stimuli is needed to induce a beneficial after-effect in PD when rTMS is applied to motor cortex (5 Hz, 90%MT, 2250 pulses, OFF state; Siebner 2005).

Taken together, we did not produce any measurable behavioural effects of rTMS applied over the left DLPFC and/or PMd on cognitive performance in our PD patients. The motor symptoms of PD as measured by the UPDRS III scores did not change either. Although studies on the therapeutic use of rTMS applied over different cortical areas in patients with PD have grown considerably, there are only a limited numbers of studies that have proven a relevant clinical effect of rTMS. The main problem remains unsolved, i.e.: the basic mechanism mediating the effects of rTMS is still poorly understood; there is no consensus on the site of stimulation and stimulation parameters to be used; and the susceptibility of individual subjects to the influence of rTMS is variable.

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