ORIGINAL PAPER

Fluorescence and visual immunoassay of HIV‑1 p24 antigen in clinical samples via multiple selective recognitions of CdTe QDs

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Received: 24 August 2021 / Accepted: 19 October 2021 / Published online: 17 November 2021 © The Author(s), under exclusive licence to Springer-Verlag GmbH Austria, part of Springer Nature 2021

Abstract

Human immunodefciency virus (HIV) infection inficts signifcant economic and social burdens on many countries worldwide. Given the substantial morbidity and mortality from HIV infection, there is an urgent need for accurate and early detection of the virus. In this study, immunofuorescence and visual techniques are described that detect the HIV-1 p24 antigen, which relied on selective recognition of Ag⁺/Ag nanoparticles (Ag NPs) and Cu²⁺/Cu⁺ using cadmium telluride quantum dots (CdTe QDs). After the sandwich immunoreactions were accomplished, the alkaline phosphatase (ALP) hydrolyzed L-ascorbic acid 2-phosphate (AAP) to form ascorbic acid (AA) that further reduces Ag^+ and Cu^{2+} to Ag NPs and Cu⁺, respectively. This method was highly sensitive and selective and could detect as low as 1 pg/mL of p24 antigen by naked eyes and had a good linearity in the concentration range 1–100 pg/mL. When using Ag^+ and Cu^{2+} as media, the limit of detection (LOD) of the new method was 0.3 pg/mL and 0.2 pg/mL, respectively. Compared with clinical electrochemiluminescence immunoassay (ECLIA) results and clinical data, this method demonstrated good consistency for the quantifcation of HIV-1 p24 antigen in 34 clinical serum samples. In addition, this method could accurately distinguish HIV from other viruses and infections such as *hepatitis B virus*, *systemic lupus erythematosus*, *hepatitis C virus*, *Epstein-Barr virus*, *cytomegalovirus*, *lipemia*, and *hemolysis*. Therefore, our dual-mode analysis method may provide additional solutions to identify clinical HIV infection.

Keywords Immunofuorescence · Visual detection · HIV-1 p24 antigen · Clinical samples · Selective recognition of CdTe QDs · Silver nanoparticles

Introduction

HIV infection/acquired immune deficiency syndrome is one of the major diseases causing signifcant morbidity and mortality worldwide. Efective management of HIV infection relies on early and accurate detection of the disease [[1,](#page-7-0) [2](#page-7-1)]. The current HIV diagnosis techniques mainly detect the virus antigen and nucleic acid. Electrochemiluminescence immunoassay (ECLIA) is a highly sensitive and specifc technique for quantitative detection of the HIV-1 p24 antigen and corresponding antibodies in human serum or plasma [[3\]](#page-7-2). Despite its sensitivity of pg/mL, the technique is relatively expensive. The urgent need for rapid HIV diagnosis has accelerated the development of several HIV detection techniques, which include visual, colorimetric, fluorescence, photoelectrochemical, ECL, and electrochemical [\[4](#page-7-3)[–11](#page-7-4)]. These methods offer unique and varied advantages in HIV diagnosis such as point-of-care testing (POCT) among others.

Scheme 1 Detection of HIV-1 p24 antigen based on immunoassay and selective recognition reaction. **A**, **B** Selective recognition reaction of QDs with Ag^+/Ag NPs and Cu^{2+}/Cu^+ . **C** Immunofluorescence

and visualization detection of HIV-1 p24 antigen based on multiple selective recognitions of CdTe QDs

For POCT analysis, the choice of the signal readouts is extremely important. Various luminescent nanomaterials including QDs [[12](#page-7-5), [13](#page-7-6)], copper nanoclusters [[14](#page-7-7)], copper nano-assemblies [[15](#page-7-8)], silver nanoclusters [\[16\]](#page-7-9), and gold nanoclusters [\[17](#page-7-10), [18](#page-7-11)] are being applied in disease diagnosis and biological imaging among other functions. Among the luminescent nanomaterials, QDs offer significant advantages such as simple and rapid synthesis and low cost, require non-complicated or inexpensive devices, and have a long shelf life. Certain QDs (CdTe/CdSe QDs, etc.) have unique properties such cation exchange with metal ions $(Ag^+/Hg^{2+}/Hg^{2+})$ $Cu²⁺$). Cation exchange reaction (CER) readily and rapidly occurs at room temperature (RT), and the color of the solution before and after the reaction can be distinguished with the naked eyes [[19–](#page-7-12)[21](#page-7-13)]. QDs can identify metal ions, accurately distinguish metal ions of diferent valences, and identify complexes of metal ions such as Cu^{2+}/Cu^{+} , Ag⁺/Ag NPs, $Ag^+/C-Ag^+$ -C, and $Hg^{2+}/T-Hg^{2+}-T$ [[19,](#page-7-12) [22](#page-7-14)–[25\]](#page-7-15). The selective CER property of QDs has been applied in analysis of AA and ALP, as well as in the diagnosis of urinary stone diseases by measuring the level of oxalate in urine in our preliminary work.

We developed a highly sensitive visual and fuorescent immunoassay for HIV-1 p24 antigen by combining multiple QD-based selective recognition reactions. The application of this method for the clinical diagnosis of HIV was also assessed with Ag⁺ and Cu²⁺ as signal media, respectively [\[19,](#page-7-12) [23\]](#page-7-16). In this work, ALP hydrolyzes its substrate, AAP to produce reductant AA that further reduced Ag^+ and Cu^{2+} to Ag NPs and $Cu⁺$. Ag⁺/Ag NPs and $Cu²⁺/Cu⁺$ could then be identifed using QDs, respectively (Scheme [1](#page-1-0)). Preliminary fndings demonstrated the high sensitivity of the technique, which was comparable to that of the ECL method. As low as 1 pg/mL of p24 antigen could be recognized by naked eyes. The p24 antigen contents of 13 clinical HIV-positive samples which had been detected by our method were consistent with that of clinical ECLIA and RT-PCR fndings. The specifcity of the technique using 14 samples from the patients with other diseases (*hepatitis B virus*, *Epstein-Barr virus*, *cytomegalovirus*, *hepatitis C virus*, *systemic lupus erythematosus*, *lipemia*, and *hemolysis*) and 7 healthy individuals was also satisfactory. Therefore, the novel fuorescence method is an alternative technique for accurate HIV infection diagnosis.

Experimental section

Reagents

All reagents used in this study were of analytical grade level and were used without further purification. The 96-well plates were purchased from Boruijie Biotechnology Company (Chengdu, China). Purity CdCl₂, KBH₄, $\text{Na}_3\text{C}_6\text{H}_5\text{O}_7$ ·2H₂O, NaNO₃, Mg(NO₃)₂, HCl, and NaOH were purchased from Kelong Chemical Reagents (Chengdu, China). 3-(*N*-Morpholino) propanesulfonic acid (MOPS) was purchased from Solarbio Technology Co., Ltd (Beijing, China). Anti-HIV-1 p24 antibody (Ab_1) , anti-HIV-1 p24 antibody (Biotin-Ab₂), and HIV-1 p24 protein were purchased from Abcam Company (Shanghai, China). Streptavidin–alkaline phosphatase (SA-ALP), bovine serum albumin (BSA), human serum albumin (HSA), thrombin, transferrin, and papain were purchased from Sigma Company (Shanghai, China). Tween-20 was obtained from Sangon Biotechnology Co., Ltd (Shanghai, China). Na₂TeO₃, 3-mercaptopropionic acid (MPA), $_{\text{L}}$ -ascorbic acid-2-phosphate (AAP), AgNO₃, and CuSO4 were purchased from Aladdin Reagent Co., Ltd (Shanghai, China). The buffers include blocking buffer, 1% $(w/v, g mL^{-1})$ BSA in 10 mM pH 7.4 MOPS buffer; assay buffer, 10 mM MOPS buffer (100 mM NaNO $_3$, 2.5 mM Mg $(NO₃)₂$) at pH 7.4; and washing buffer, 10 mM MOPS buffer (100 mM NaNO₃, 2.5 mM Mg (NO₃)₂) at pH 7.4 supplemented with 0.05% (v/v) Tween-20. Purity deionized water (18.2 M Ω -cm) was obtained from the Milli-Q water system (Chengdu Ultrapure Technology Co., Ltd., Chengdu, China). All stock solutions and regents were stored in a refrigerator at 4 °C before use.

Synthesis of CdTe QDs

The CdTe QDs were synthesized as previously described [$25-27$ $25-27$]. Briefly, 52 μ L of MPA was added into freshly prepared 50 mL solution containing 0.5 mmol CdCl₂ and 0.2 g trisodium citrate before adjusting the pH to 10.5 using NaOH. Na₂TeO₃ (0.1 mmol) and KBH_4 (50 mg) were added into the above mixture before refuxing the fnal solution for 1 h to obtain the CdTe QDs. The CdTe QDs were precipitated using *n*-propanol and centrifuged at 11,000 rpm to obtain pure CdTe QDs. The red CdTe QDs were re-dispersed in high purity water before use.

Immunoassay

The process was performed using a 96-well plate. Briefy, 10 μL of 20 μg mL⁻¹ Ab₁ and 30 μL assay buffer were added in each well and incubated overnight at 4 °C. The plate was washed three times using 200 μL of washing bufer to remove unbound antibodies. Uncoated active sites were saturated using 100 μL of blocking bufer at 37 °C for 1 h.

Forty microliters of HIV-1 p24 protein or serum samples with 60 μ L assay buffer were added in the wells and incubated for 1 h at 37 °C. The wells were rinsed three times before adding 40 μL biotin-Ab₂ (5 μg mL⁻¹) and 60 μL assay bufer. The wells were rinsed three times after incubation for 1 h at 37 °C. To form the $Ab_1-p24-Ab_2-SA-ALP$ sandwich complexes, 40 μL SA-ALP (5 μg mL⁻¹) and 60 μL assay bufer were added in the plate wells and incubated at RT for 15 min.

Fifty microliters of AAP (1 mM) and 100 μL assay bufer were added to the wells and incubated at 37 °C for 20 min before transferring the solution into EP tubes. CER was performed using either $AgNO₃$ or CuSO₄.

CER was performed as follows: For AgNO₃, 50 μ L $AgNO₃$ (5 µM) was added into the tubes and incubated for 20 min at RT. After adding 0.5 μL CdTe QDs, a further 10 min incubation at RT was performed. For CuSO₄, 5 μL $CuSO₄$ (50 µM) was added into the tubes and incubated at RT for 2.5 min. Then, 0.3 μL CdTe QDs was added and incubated 5 min at RT. Fluorescence was detected with 365 nm as excitation wavelength.

Results and discussion

Principles and feasibility of HIV‑1 p24 antigen analysis

The dual-mode fuorescence and visual of HIV-1 p24 antigen analysis strategy are mainly based on immune reaction to form $Ab_1-p24-Ab_2-SA-ALP$ sandwich complexes. The p24 antigen content positively correlated with ALP content. ALP catalyzes the production of reducing AA from AAP. AA reduces $Ag⁺$ to Ag NPs or Cu²⁺ to Cu⁺. QDs selectively react with Ag^+ and Ag NPs (Scheme [1A,](#page-1-0) the quenching power of Ag+ on QDs is stronger than that of Ag NPs, mode 1) and Cu^{2+} and Cu^{+} (Scheme [1B,](#page-1-0) the quenching power of Cu^{+} on QDs is stronger than that of Cu^{2+} , mode 2). P24 antigen is then detected based on the fuorescence signals (Scheme [1C\)](#page-1-0). Herein, $Ag⁺$ was used in the turn-on mode, whereas $Cu²⁺$ was used in the turn-off mode in the p24 antigen analysis strategy.

In our previous work, we found that QDs can selectively detect Ag^+ and Ag NPs and Cu^{2+} and Cu^+ [\[19,](#page-7-12) [23](#page-7-16)]. In this study, transmission electron microscopy (TEM) analysis of QDs under diferent conditions further vali-dated these findings (Fig. [1](#page-3-0)). When $Ag⁺$ was added to QDs (Fig. [1A\)](#page-3-0), spherical QDs reunited to $Ag₂Te$ significantly (Fig. [1B](#page-3-0)). Energy dispersive spectroscopy (EDS) (Fig. [1C](#page-3-0) [and D\)](#page-3-0) revealed that Ag could be found after CER. This implies that ion exchange occurred between Ag^+ and Cd^{2+} ,

Fig. 1 Verifcation of the feasibility of selective recognition reaction and p24 antigen analysis. TEM images of QDs (A) , QDs + Ag⁺ (B) , $QDs + Cu^{2+} (E)$, and $QDs + Cu^{+} (F)$. The EDS images of CdTe QDs

(**C**) and Ag^+ + CdTe QDs (**D**). **G** Feasibility. The error bars originated from at least three repeated tests

resulting in the formation of Ag₂Te. Both Cu^{2+} and Cu^{+} can trigger the CER resulting agglomeration of QDs to form CuTe. The agglomeration power of $Cu⁺$ on QDs was superior to that of Cu^{2+} (Fig. [1E](#page-3-0) vs. [1F\)](#page-3-0) but comparable to that of Ag+. Fluorescence experiments further verifed the above phenomenon in the absence of immune reaction (Fig. [1G](#page-3-0)). Ag^+ , Cu^{2+} , and Cu^+ significantly reduced the fuorescence signal of QDs. AA inhibits the quenching of QDs by Ag^+ (Fig. [1G-b](#page-3-0) vs. [1G-c](#page-3-0)). The fluorescence quenching ability of $Cu⁺$ to QDs is superior to that of $Cu²⁺$ (Fig. [1G-j](#page-3-0) vs. [1G-k, l, and m](#page-3-0)). Furthermore, AA produced by hydrolyzation of AAP by ALP inhibited the quenching of QDs by $Ag⁺$ with similar efficiency as directly added AA (Fig. [1G-c](#page-3-0) vs. [1G-d](#page-3-0)).

Regarding the feasibility of $p24$ immunoassay using $Ag⁺$ and Cu^{2+} , the concentration of p24 antigen (0, 10 pg/mL, 100 pg/ mL, and 1 ng/mL) was directly proportional to the intensity of the fluorescence signals. Therefore, Ag⁺ can potentially be used for p24 antigen analysis (Fig. [1G-e, f, g, and h\)](#page-3-0). Diferent from $Ag⁺$, when using $Cu²⁺$, the fluorescence signal of the solution decreased (Fig. [1G-n, o, p\)](#page-3-0) with an increase in p24 antigen concentration of (1–100 pg/mL). This resulted from the generation of Cu⁺. Therefore, Cu²⁺ is also efficient for p24 antigen analysis, and its sensitivity is similar to that of Ag^+ .

Analytical performance of HIV‑1 p24 antigen

Under the optimized conditions (Figs. S1 and S2), analytical performance of p24 antigen using $Ag⁺$ as a medium was investigated. Diferent p24 concentrations generated varied color intensities under UV light irradiation, visible to the naked eye. For instance, the emission generated by 1 pg/mL p24 antigen was signifcantly stronger than 0.1 pg/mL p24

(Fig. [2A](#page-4-0)). Between 1 and 100 pg/mL, the red color of the solutions deepened with increase in p24 concentration. We found a perfect linear relationship between the intensity of the fuorescence signals and the logarithm of p24 concentration $(1-100 \text{ pg/mL})$ (Fig. [2B and C](#page-4-0)). The linear equation of the relationship can be expressed as $Y = 163LogC + 135$ $(R^2=0.996)$. The LOD of this method was 0.3 pg/mL (3) S/N, $n=11$). The LOD was calculated without p24 antigen given that the fuorescence signal was three standard

Fig. 2 Analytical performance and selectivity of p24 antigen via multiple selective CER. Mode 1 (Ag+-mediated recognition): **A** Color change caused by adding increasing concentration of p24 antigen, **B**, **C** fuorescence intensity change caused the addition of different concentration of p24 antigen, and **D**, **E** fuorescence intensity change caused by adding diferent types and concentrations of inter-

fering proteins. Mode 2 (Cu^{2+} -mediated recognition): **F** Color change caused by adding increasing concentration of p24 antigen and **G**, **H** Fluorescence intensity change caused by the addition of diferent concentration of p24 antigen. The error bars originated from at least three repeated tests

deviations higher than the background signals [\[28,](#page-7-18) [29\]](#page-8-0) and comparable to most existing analytical methods (Table [1](#page-5-0)). Although the sensitivity of this strategy is not optimal, the advantages such as simple to use at room temperature, without instruments, and uses low-cost reagents with visual analysis make it stand out. The reproducibility of this method was assessed using 10 pg/mL of HIV-1 p24 antigen. The relative standard deviation (RSD) of fve consecutive detections was 3.6%. The specifcity of the method was assessed using proteins potentially present in clinical samples for HIV-1 diagnosis. P24 antigen (10 and 100 pg/mL) induced signifcantly stronger fuorescence, relative to other interference proteins used at higher concentrations (1 ng/ mL, Fig. [2D and E](#page-4-0)).

When using Cu^{2+} for p24 antigen detection, in contrast with $Ag⁺$, the color of the solution weakened gradually with increase in p24 concentration 1–100 pg/mL (Fig. [2F\)](#page-4-0). The sensitivity using Cu^{2+} was similar to that of Ag^{+} , with the lower limit of visual reading of 1 pg/mL. The fuorescence intensity of the solutions and the logarithm of p24 concentration (1–100 pg/mL) also displayed a good linear relation-ship (Fig. [2G and H](#page-4-0)). The LOD when using Cu^{2+} was 0.2 pg/ mL, similar to that of Ag^+ . This method was reproducible, and the RSD of fve consecutive detections of 10 pg/mL HIV-1 p24 antigen was 4.2%.

In summary, the p24 antigen analysis system based on immune recognition and visual/fuorescent changes of QDs caused by Ag^+ or Cu^{2+} is highly sensitive and selective. In contrast, the Ag+-assisted mode is more stable, but the medium should avoid halogen elements. The Cu^{2+} -assisted

mode analysis is fast and requires high levels of operators. The method we presented is a proof-of-concept study. With the automatic reaction and instrumentations applied in commercial or clinical applications, future low-cost, high sensitivity, and integrated detection machines could be applied in this study.

Application of this strategy in clinical samples

The core of an analysis method is its practical application. We compared the utility of this method with that of ECLIA methods using 34 clinical samples, including 13 HIV-positive samples (diferent ages, gender, and diferent periods), 14 samples from patients with other diseases, and 7 healthy individuals. The accuracy of our method (mode 1, Fig. [3A\)](#page-6-0) was comparable to that of the ECLIA method (Roche, COI, Fig. $3B$), where the linear correlation coefficient was as high as 0.996 (Fig. [3C](#page-6-0)). The performance of our test was also consistent with that of PCR fndings (Fiebig stage and RNA results of PCR analysis, Table S1) [[34](#page-8-1)]. Analysis of samples from patients with *hepatitis B virus*, *hepatitis C virus*, *Epstein-Barr virus*, *cytomegalovirus*, *systemic lupus erythematosus*, lipemia, and hemolysis demonstrated that the method was highly specific (Fig. [3D](#page-6-0)). The specificity of the method was further validated using 7 samples from healthy individuals (Table $S1$, Fig. $3D$). Overall, the system is highly sensitive and specifc for p24 antigen detection in clinical

Table 1 Comparison of immune methods for the determination of HIV p24 antigen

Method	System	Linear range; LOD	Verify practicality	Reference
Naked eye	Gold nanoparticles	NM ^g ; 10^{-18} g/mL	HIV-infected serum	$\left[5\right]$
Visual	Microfluidic, multicolor immunosensor	$0-3$ ng/mL; 0.5 ng/mL	Serum; recovery	[9]
Visual	Centrifugal microchannel array chip, TMB	$NM;110$ pg/mL	HIV-positive serum	$\lceil 30 \rceil$
FL^a	Peptidic β -sheets; Congo red	$0.1 - 150$ pg/mL; 0.61 pg/mL	HIV-positive serum	$[4]$
FL	Gold nanoclusters	5-1000 pg/mL; 5 pg/mL	HIV-positive serum samples	$\lceil 8 \rceil$
FL	Ce(III) coordination polymer	$4 - 28$ pg/mL; 1.1 pg/mL	Healthy human serum; recovery	[6]
FL	o-Phenylenediamine, HRP	1.4–90 pg/mL; 0.5 pg/mL	Commercial human serum; recovery	[31]
PEC^b	Liposome-amplified	1.0 pg/mL-50 ng/mL; 0.63 pg/mL	Artificially positive human serum; recovery	$\lceil 11 \rceil$
ECL ^c	P-RGO@Au@Ru-SiO ₂ composite	1 pg/mL-1 ng/mL; 1 pg/mL	Human serum; recovery	$\lceil 10 \rceil$
EC ^d	Graphene oxide-HRP-thionine	0.5 pg/mL-8.5 ng/mL; 0.15 pg/mL	Human serum	[7]
EC	$Fe3O4 @ SiO2 nanomagnetic probes$	$0.001 - 10$ ng/mL; 0.5 pg/mL	Human serum; recovery	$[32]$
CL ^e	Microfluidic, PEO-PPO-PEO ^t	0.86-800 pg/mL; 0.86 pg/mL	HIV-positive serum	$\lceil 33 \rceil$
FL/visual	QDs; Ag ⁺ ; Cu ²⁺ ; ALP	$1-100$ pg/mL; 0.25 pg/mL	Serum from patients with HIV positive	This work

^aFluorescence; ^bphotoelectrochemical; ^celectrochemiluminescence; ^delectrochemical; ^echemiluminescence; ^fpoly(ethylene oxide)-poly(propylene oxide) triblock copolymer; ^gnot mentioned

Fig. 3 Analysis results of clinical serum samples. The concentration of p24 antigen in HIV-positive patients' serums detected by our method (**A**) and clinical immune-ECL strategy (**B**). **C** Consistency of clinical ECL and our method on HIV-positive samples. **D** Anti-inter-

serum samples. It is therefore a feasible alternative for HIV infection diagnosis.

Conclusions

We successfully developed a highly sensitive and specifc immunofuorescence and visual method for HIV diagnosis by detecting the p24 antigen. The method relied on selective detection of $\text{Ag}^{\text{+}}/\text{Ag}$ NPs and $\text{Cu}^{\text{2+}}/\text{Cu}^{\text{+}}$ using QDs. The method is relatively economic, with a LOD of pg/mL level, visible to the naked eyes. The performance of this method for HIV infection diagnosis from clinical samples was comparable to the traditional ECLIA and PCR techniques. Given the superior luminescence, the stability of QDs, and the portability of the fuorometer, this new method ofers a strong alternative for HIV diagnosis. Given the analytical sensitivity of this strategy for p24 antigen, if combining with

ference ability of the method was evaluated by using serum samples from patients with diferent diseases and healthy persons. The error bars resulted from at least three repeated measurements

nucleic acid signal amplifcation strategies, it will be promising to achieve ultra-early HIV infection screening [\[35](#page-8-6)[–39](#page-8-7)]. In addition, the color recognition POCT mode has certain limitations for color blind or color weak people, which can be improved by changing the reading mode, such as distance or height.

Supplementary Information The online version contains supplementary material available at<https://doi.org/10.1007/s00604-021-05075-7>.

Acknowledgements We would like to thank Dr. Shanling Wang of the Analytical & Testing Center of Sichuan University for TEM work.

Author contributions Piaopiao Chen, Zhuoyun Tang and Zeliang Wei: performed the experiments and wrote the manuscript;

Piaopiao Chen, Jia Geng, Chuanmin Tao and Binwu Ying: designed the experiments and revised the manuscript;

Ke Huang and Shixin Yan: performed the synthesis and characterization of QDs and data processing;

Yinhao Wei, Dongdong Li and Jin Huang: afford provided the clinical samples and performed clinical experiments.

Funding This work was supported by the Science and Technology Planning Project of Sichuan (2020YFS0136); National Natural Science Foundation Regional Innovation and Development (U20A20394); Sichuan Science and Technology Program (2021YFS0232); Sichuan Province Health and Family Planning Commission (Sichuan Health Office issued [2017] 70); Science and Technology Project of Chengdu (2017-CY02-00018-GX); China Postdoctoral Science Foundation (2019M653391); Sichuan University Post-Doctor Research Project (2020SCU12051); and Post-Doctor Research Project, West China Hospital, Sichuan University (2020HXBH065).

Declarations

Conflict of interest The authors declare no competing interests.

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