



Nitrogen-doped graphene quantum dot–based sensing platform for metabolite detection

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Abstract

A novel fluorescent sensing platform based on nitrogen-doped graphene quantum dots (N-GQDs) is presented, which is able to detect various metabolites (cholesterol, glucose, lactate, and xanthine) rapidly, sensitively, and selectively. Hg^{2+} can attach on the surface of N-GQDs, leading to the quenching of N-GQD fluorescence. In the presence of cysteine (Cys), Hg^{2+} is released from N-GQDs and associates with Cys. Then, the fluorescence of N-GQDs is recovered. Hydrogen peroxide, resulting from the enzymatic oxidation of metabolites, can convert two molecules of Cys into one molecule of cystine, which cannot bind with Hg^{2+} . So, the fluorescence of N-GQDs quenched again. For cholesterol, glucose, lactate, and xanthine, the limits of detection are 0.035 $\mu\text{mol/L}$, 0.025 $\mu\text{mol/L}$, 0.07 $\mu\text{mol/L}$, and 0.04 $\mu\text{mol/L}$, respectively, and the linear ranges are 1–12 $\mu\text{mol/L}$, 0.06–3 $\mu\text{mol/L}$, 0.2–70 $\mu\text{mol/L}$, and 0.12–17 $\mu\text{mol/L}$, respectively. The presented method was applied to quantify metabolites in human blood samples with satisfactory results.

Keywords Nitrogen-doped graphene quantum dots · Fluorescent sensing · Metabolites · Cysteine

Introduction

Many metabolic diseases can be monitored by different endogenous metabolites [1]. So, it is of crucial importance to monitor human metabolism for personalized therapy. Therefore, simple and fast protocols for the quantitative detection of metabolites in biological matrices have aroused great interest and are very important for diagnosis and health care [2, 3]. However, current technologies for metabolite assay such as colorimetry [4–6], electrochemistry [7–10], photoelectrochemistry [11], and high-performance liquid chromatography [12–14] often suffer from low selectivity, large sample consumption, complicated pretreatment, bulk instruments, and long waiting time [15]. Each of these makes it infeasible in a typical laboratory and clinic environments.

Therefore, there is a need to further develop high sensitivity and selectivity methods for detecting metabolites.

Graphene quantum dots (GQDs) have the advantages of low toxicity, good biocompatibility, high water solubility, chemical inertness, stable photoluminescence, rich surface groups, and easy functionalization [16, 17]. These outstanding properties make them promising candidates for numerous exciting applications, such as medical diagnosis, bioimaging [18, 19], catalysis [20, 21], and photovoltaic devices [22, 23]. The optical and electrical properties of GQDs can be effectively tuned by doping heteroatoms [24, 25]. Having a comparable atomic size and five valence electrons for bonding with carbon atoms, the N atom is popular for chemical doping of carbon nanomaterials [24, 26].

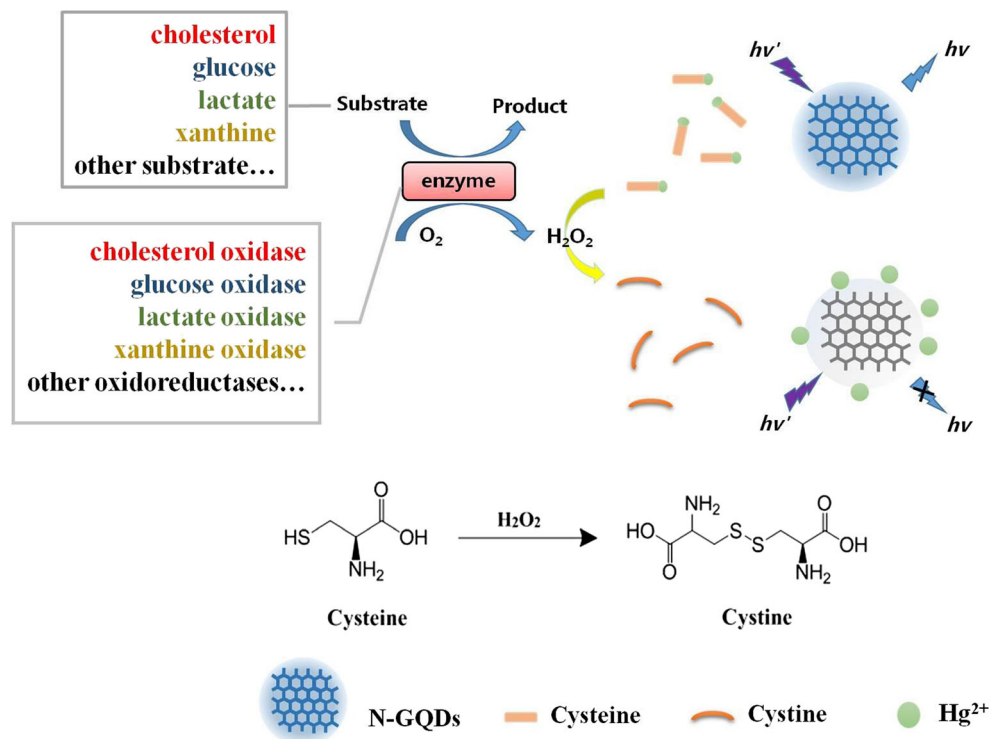
In this work, we developed a novel N-GQD-based label-free biosensor for rapid detection of metabolites (cholesterol, glucose, lactate, and xanthine), which is convenient, sensitive, and low cost. As illustrated in Scheme 1, the positively charged Hg^{2+} may attach on the negatively charged N-GQD surface by electrostatic interaction. This process leads to non-radiative electron/hole recombination and effective electron transfer, which results in the N-GQD fluorescence quenching [27–30]. Based on the previous report, the quenching process was dynamic quenching [31]. In the presence of Cys, Hg^{2+} is released from the surface of N-GQDs and associated with Cys

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Scheme 1 Schematic illustration of the sensing system based on N-GQDs



via Hg-S bond [28], forming a more stable Hg-Cys complex, which enlarges the distance between Hg^{2+} and N-GQDs, leads to the break of electron transfer, and results in the recovery of N-GQD fluorescence. Hydrogen peroxide, resulting from the enzymatic oxidation of metabolites, such as cholesterol, glucose, lactate, and xanthine, converts two molecules of Cys into one molecule of cystine. This process leads to the conversion of two active thiol groups (-SH) into one inactive disulfide bridge (-SS-) [32], which cannot stably bind with Hg^{2+} . So, the fluorescence of N-GQDs quenched again. Based on the mechanisms illustrated above, a sensitive fluorescence sensing method for metabolite detection is developed.

Experiment

Reagents and chemicals

All chemicals used were at least of analytical reagent grade and used without further purification. The water used in all experiments had a resistivity higher than 18 $M\Omega/cm$. Hydrogen peroxide, NaOH, NaCl, KCl, $CaCl_2$, citric acid, glucose, lactate, and xanthine were obtained from Beijing Dingguo Biotechnology Co., Ltd. Cholesterol, alanine, serine, threonine, aspartic acid,

and lysine were obtained from Sigma-Aldrich Chemical Co.

Instruments

The fluorescence spectra were obtained by using a Shimadzu RF-5301 PC fluorophotometer equipped with a xenon lamp using right-angle geometry. UV-vis absorption spectra were obtained by a Varian GBC Cintra 10e UV-vis spectrometer. In both experiments, a 1-cm path-length quartz cuvette was used. FT-IR spectra were recorded by a Bruker IFS66V FT-IR spectrometer equipped with a DGTS detector. Transmission electron microscopy (TEM) was conducted using a Hitachi H-800 electron microscope at an acceleration voltage of 200 kV. XRD patterns were obtained by a Rigaku D/Max 2550 X-ray diffractometer.

Synthesis of N-GQDs

As previously reported [33], N-GQDs were prepared from citric acid (carbon source) and ammonia (nitrogen sources). 2 g citric acid and 0.3 mL ammonia were heated at 210 $^{\circ}C$ for 6 h together in a Teflon-lined autoclave. 10 mL ultrapure water was used to dissolve the resulting dark brown mixture. Next, the pH of N-GQD dispersion was adjusted to 7.0 by adding NaOH aqueous solution. To remove the large dots, the supernatant was centrifuged at 12,000 rpm for 10 min.

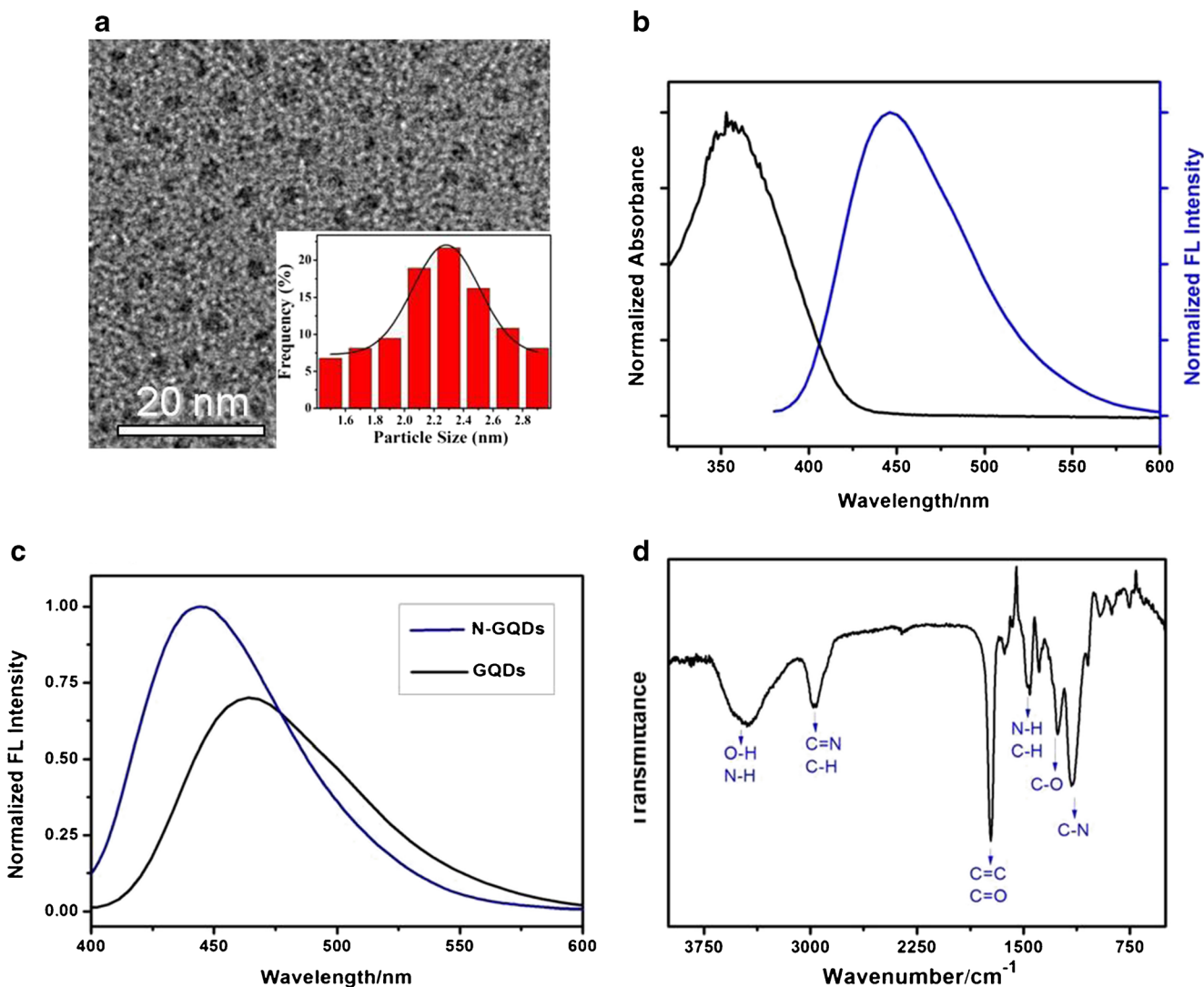


Fig. 1 **a** TEM image of N-GQDs. Inset: size distribution diagram of N-GQDs. **b** Normalized UV-vis absorption spectra and fluorescence emission spectra of N-GQDs. **c** Normalized fluorescence spectra of N-GQDs and undoped GQDs. **d** FT-IR spectra of N-GQDs

Subsequently, the obtained liquid was diluted to 200 mL with ultrapure water. The concentration of as-prepared N-GQD stock solution was 10 mg/mL. Finally, the as-prepared N-GQDs were stored at 4 °C for further use. The quantum yield of N-GQDs is 15.5% by using quinine sulfate as reference.

H₂O₂ detection

For H₂O₂ detection, different amounts of H₂O₂ were added in a series of 1.5 mL solution containing 200 μL N-GQDs, 50 μL PBS (0.2 mol/L, pH = 7.5), 40 μmol/L Hg²⁺, and 100 μmol/L cysteine. Then, the solution was incubated at 45 °C for 20 min. The fluorescence spectra were recorded in the 400–700-nm wavelength range at the excitation wavelength of 370 nm.

Metabolite detection

For metabolite (cholesterol, glucose, lactate, and xanthine) detection, different amounts of metabolites were added in a series of 1.5 mL solution containing 200 μL N-GQDs, 50 μL PBS (0.2 mol/L, pH = 7.5) and 40 μmol/L Hg²⁺, 100 μmol/L cysteine, and oxidases (10 μmol/L cholesterol oxidase or 2.5 μmol/L glucose oxidase or 5 μmol/L lactate oxidase or 5 μmol/L xanthine oxidase). The fluorescence spectra were recorded in the 400–700-nm wavelength range at the excitation wavelength of 370 nm.

Real sample assay

The blood samples of healthy persons were supplied by the Hospital of Changchun China, Japan Union Hospital.

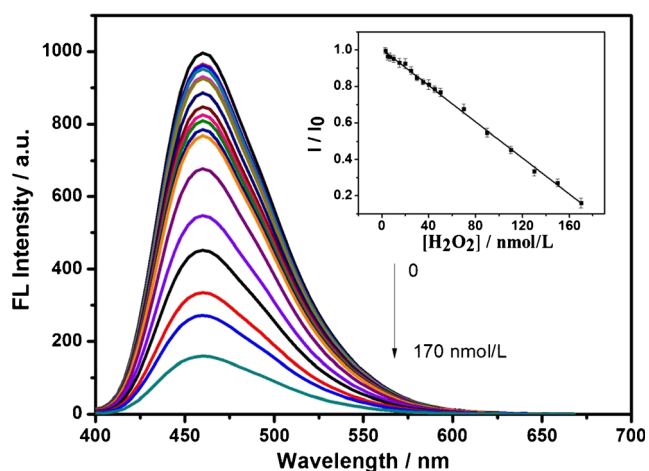


Fig. 2 The fluorescence spectra of N-GQDs/ Hg^{2+} /cysteine system with different concentrations of H_2O_2 in the range of 0–170 nmol/L (0, 3, 5, 7, 10, 15, 20, 25, 30, 35, 40, 50, 70, 90, 110, 130, 150, 170 nmol/L) Inset: the relationship between I/I_0 and the concentration of H_2O_2 in the range of 3–170 nmol/L. I and I_0 are fluorescence intensities of the N-GQDs/ Hg^{2+} /cysteine system in the presence and absence of H_2O_2 relatively. The error bars were gained from three parallel test results

Acetonitrile was added to the blood samples (the volume of acetonitrile and blood was 1.5:1) and shaken for 2 min. Then, the product was centrifuged at 10000 rpm for 10 min to remove protein. A series of different concentrations of metabolites (cholesterol, glucose, lactate, and xanthine) were added to the obtained serum samples [34]. Then, the samples were subjected to 5-fold dilutions and detected by the method described above. All experiments were performed in compliance with the relevant laws and institutional guidelines, and the writing of informed consent for all samples was obtained from human subjects.

Results and discussion

Characterization and feasibility

The TEM image of N-GQDs is shown in Fig. 1a, which indicates the nearly spherical shape of N-GQDs. The as-prepared N-GQDs are mostly uniform in size and have a diameter of 2.25 nm. The XRD data (Fig. S1) showed that N-GQDs possessed a peak at 22° (002), corresponding to its graphite structure [35, 36]. The UV-vis absorption spectra of N-GQDs (Fig. 1b) show a strong absorbance at 352 nm, which probably result from π - π^* transition in aromatic structures [19]. Figure 1a shows the fluorescence spectra of N-GQDs and pure GQDs. It reveals that the fluorescent emission peaks of N-GQDs and GQDs are at 445 nm and 464 nm, respectively. The fluorescent spectra of N-GQDs have a 19-nm blue shift compared with undoped GQDs, which is due to the strong electron affinity of N atoms doped in the N-GQD [37]. In addition, the fluorescence intensity of N-GQDs increased by about 37% than that of

GQDs. The N-doping-induced modulation of the electronic and chemical characteristics of the N-GQDs may contribute to the highly efficient fluorescent emission [38]. The FT-IR spectra were used to study the existence of surface functional groups of N-GQDs. As shown in Fig. 1d, the FT-IR spectrum of N-GQDs reveals the C-N stretching vibrations at 1159 cm^{-1} and the C-O bending vibrations at 1261 cm^{-1} , N-H and C-H bending vibrations at 1450 cm^{-1} , C=C and C=O stretching vibrations at 1720 cm^{-1} , C=N and C-H stretching vibrations at 2966 cm^{-1} , and absorption bands of O-H and N-H stretching vibrations at 3437 cm^{-1} , which indicated the presence of carboxyl and hydroxyl functional groups on the surface of N-GQDs.

The feasibility study of the proposed method was conducted. As shown in Fig. S2 (A), Besides Hg^{2+} , other metal ions such as Ag^+ and Cu^{2+} can also quench the fluorescence of N-GQDs, but the binding strength between these ions and N-GQDs is much weaker than Hg^{2+} . As reported in the literature, it is probably because the Hg^{2+} ions have a stronger affinity towards the carboxylic groups on the GQDs surface than other metal ions [27, 39, 40]. Thus, their quenching ability is not as strong as Hg^{2+} . The relationship between I/I_0 and the concentration of Hg^{2+} in the range of 0–70 $\mu\text{mol/L}$ is shown in Fig. S2(B). I and I_0 are fluorescence intensities of the N-GQDs in the presence and absence of Hg^{2+} relatively. Figure S3(A) shows that there is no significant change in the fluorescence intensity of N-GQDs after mixing with H_2O_2 or Cys. A significant decrease in fluorescence intensity can be observed after mixing with Hg^{2+} . After adding cysteine to N-GQDs/ Hg^{2+} system, the fluorescence intensity recovered to about 91% of the original N-GQDs. However, after adding H_2O_2 , the fluorescence intensity decreased again. The inset of Fig. S3(A) shows the photo of a probe system solution before and after H_2O_2 addition under a UV lamp. According to Fig. S3(B, C), metabolites or metabolite oxidases cannot influence the fluorescence intensity of N-GQDs, N-GQDs/ Hg^{2+} , or N-GQDs/ Hg^{2+} system, which indicates they are not able to bind to Hg^{2+} or N-GQDs.

Optimization for detection conditions

In order to optimize the conditions for H_2O_2 detection, we investigated the effects of incubation time, pH, and temperature on the fluorescence intensity of N-GQDs/ Hg^{2+} /cysteine/ H_2O_2 system. As shown in Fig. S4, the fluorescence intensity of N-GQDs (A) decreased within 15 min; (B) decreased with the increase of pH value until 7.5; and (C) decreased with the increase of temperature between 25 and 45°C . Thus, we adopted 20 min as the reaction time, 45°C as an optimized temperature, and chose PBS buffer solution (pH = 7.5).

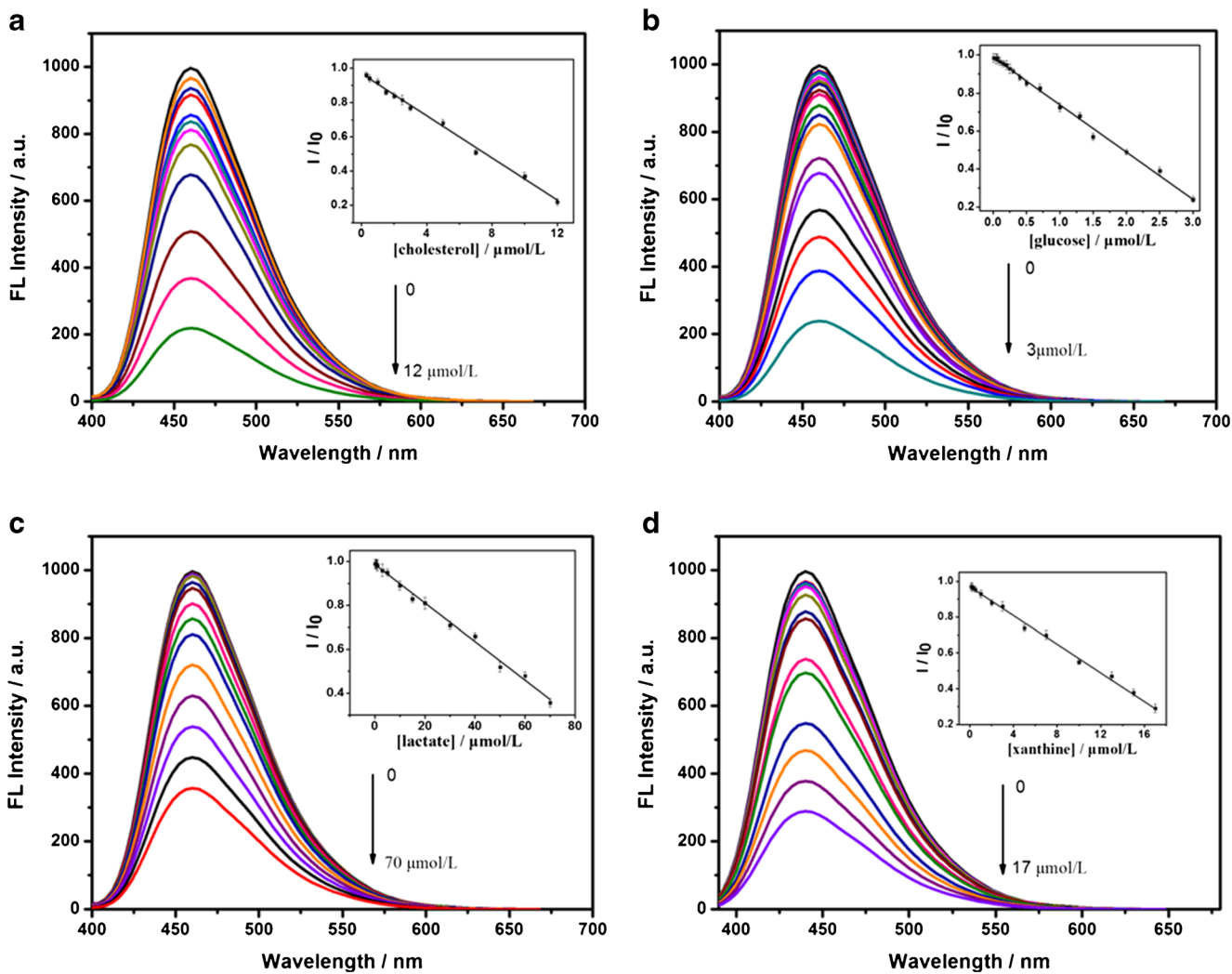


Fig. 3 The fluorescence spectra of N-GQDs/Hg²⁺/cysteine system with different concentrations of **a** cholesterol (0, 1, 1.5, 2, 2.5, 3, 5, 7, 10, 12 μmol/L); inset: the relationship between I/I_0 and the concentration of cholesterol in the range of 1–12 μmol/L; **b** glucose (0, 0.06, 0.01, 0.05, 0.1, 0.2, 0.25, 0.3, 0.4, 0.5, 0.7, 1, 1.3, 1.5, 2, 2.5, 3 μmol/L); inset: the relationship between I/I_0 and the concentration of glucose in the range of 0.06–3 μmol/L; **c** lactate (0, 0.2, 1, 3, 5, 10, 15, 20, 30, 40, 50, 60,

70 μmol/L); inset: the relationship between I/I_0 and the concentration of lactate in the range of 0.2–70 μmol/L; **d** xanthine (0, 0.12, 0.2, 0.3, 0.5, 1, 2, 3, 5, 7, 10, 13, 15, 17 μmol/L); inset: the relationship between I/I_0 and the concentration of xanthine in the range of 0.12–17 μmol/L. I and I_0 are fluorescence emission intensities of the detection system in the presence and absence of metabolites relatively. The error bars were obtained from three parallel test results

As for the detection of metabolites (cholesterol, glucose, lactate, and xanthine), the effect of oxidase concentrations, reaction temperatures, pH, and incubation times on the detection of metabolites were studied (Fig. S5), and the optimal detection conditions are listed in Table S1.

Detection for H₂O₂

Under the optimal conditions, the fluorescence spectra of N-GQDs/Hg²⁺/cysteine system with various concentrations of H₂O₂ are shown in Fig. 2. It can be seen that the fluorescence intensity of the system decreases rapidly with the increase of

Table 1 The linear regression equations, linear ranges, R^2 , and LOD of metabolites

Analyte	Regression equation	Linear range (μmol/L)	R^2	LOD (μmol/L)
Cholesterol	$I/I_0 = 0.969 - 0.0612[\text{cholesterol}]$ (μmol/L)	1–12	0.995	0.035
Glucose	$I/I_0 = 0.989 - 0.249[\text{glucose}]$ (μmol/L)	0.06–3	0.998	0.025
Lactate	$I/I_0 = 0.988 - 0.009[\text{lactate}]$ (μmol/L)	0.2–70	0.996	0.07
Xanthine	$I/I_0 = 0.970 - 0.039[\text{xanthine}]$ (μmol/L)	0.12–17	0.997	0.04

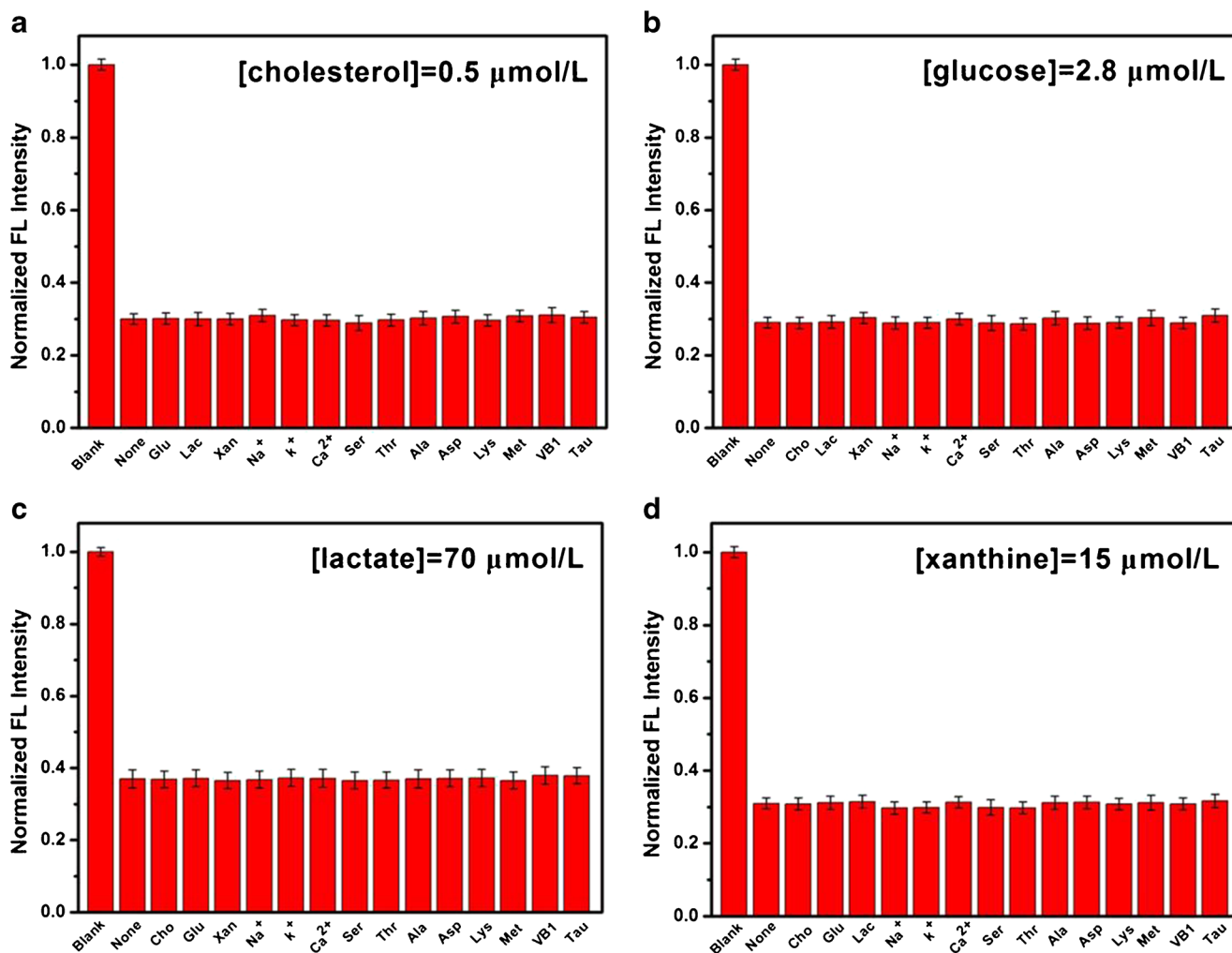


Fig. 4 The interference of potentially interfering substances (Na⁺ (2000 $\mu\text{mol/L}$), K⁺ (2000 $\mu\text{mol/L}$), Ca²⁺ (2000 $\mu\text{mol/L}$), Ser (1000 $\mu\text{g/L}$), Thr (1000 $\mu\text{g/L}$), Ala (1000 $\mu\text{g/L}$), Met (1000 $\mu\text{g/L}$), VB1 (1000 $\mu\text{g/L}$), Tau (1000 $\mu\text{g/L}$), and Lys (1000 $\mu\text{g/L}$)) on the determination for **a** cholesterol (0.5 $\mu\text{mol/L}$), **b** glucose (2.8 $\mu\text{mol/L}$), **c**

lactate (70 $\mu\text{mol/L}$), and **d** xanthine (15 $\mu\text{mol/L}$). As potential interfering substances, the concentrations of cholesterol, glucose, lactate, and xanthine are 5 $\mu\text{mol/L}$, 20 $\mu\text{mol/L}$, 300 $\mu\text{mol/L}$ and 100 $\mu\text{mol/L}$, respectively

H₂O₂ concentration. The relative fluorescence intensity I/I_0 of N-GQDs/Hg²⁺/cysteine/H₂O₂ system has a linear correlation with H₂O₂ concentration in the range of 3–170 nmol/L (Fig. 2, inset). The linear regression equation is

$$I/I_0 = 1.004 - 0.005[H_2O_2] \text{ (nmol/L)}$$

The coefficient of determination is $R^2 = 0.996$. The limit of detection (LOD) for H₂O₂ was 1.02 nmol/L. The LOD was based on the equation $\text{LOD} = 3\sigma/s$, where σ was the standard deviation of the blank signals of the N-GQDs/Hg²⁺/cysteine system and s was the slope of the calibration curve.

A comparison of linear ranges and LOD between this work and that of other detection methods is listed in Table S2.

Compared with other work, our method offers a satisfactory linear range and LOD.

Detection for metabolites

Under the optimal conditions, the fluorescence spectra of N-GQDs/Hg²⁺/cysteine system with various concentrations of metabolites (cholesterol, glucose, lactate, and xanthine) are shown in Fig. 3. It can be seen that the fluorescence intensities of the detection system were all significantly decreased with the increasing concentration of metabolites. For cholesterol, glucose, lactate, and xanthine, the linear ranges are 1–12 $\mu\text{mol/L}$, 0.06–3 $\mu\text{mol/L}$, 0.2–70 $\mu\text{mol/L}$, and 0.12–17 $\mu\text{mol/L}$, respectively. And the limits of detection are 0.035 $\mu\text{mol/L}$, 0.025 $\mu\text{mol/L}$, 0.07 $\mu\text{mol/L}$, and 0.04 $\mu\text{mol/L}$, respectively. The linear regression equations, linear ranges, R^2 , and LOD are shown in Table 1. The

concentrations of cholesterol, glucose, lactate, and xanthine in healthy human adult blood are supposed to be between 2.9 and 6.0 mmol/L; 3.9 and 7.8 mmol/L; 0 mmol/L; and 155 and 428 $\mu\text{mol/L}$, respectively [34]. So, the proposed method has sufficient sensitivity for the determination of these metabolites in real serum samples. A comparison of linear ranges and LOD between this work with that of other detection methods is listed in Tables S3–S6. Compared with other works, our method offers relatively good linear ranges and LOD.

Interference study

As shown in Fig. 4, the selectivity of the present fluorescence method was testified by investigating the fluorescence response of the sensing system to other potential interfering substances including Na^+ , K^+ , Ca^{2+} , serine (Ser), threonine (Thr), alanine (Ala), lysine (Lys), methionine (Met), vitamin B₁ (VB1), and taurine (Tau). As potential interfering substances in the detection for other metabolites, the effects of cholesterol, glucose, lactate, and xanthine are also studied. The “Blank” column indicates there is no analyte or interference, the “None” column indicates there is only analyte but no interference in the detection system, and others show the coexisting of analyte with one of the interferences. The results indicated that this detection method has satisfactory selectivity against common metal ions and biomolecules. As shown in Fig. 4, with the other metabolites present, the system exhibited an identical response to the selected analytes, revealing this method can distinguish the selected analytes if many of them are present concurrently owing to the specific catalyzation of different oxidases to its substrate.

Real sample detection

To further demonstrate the practicality of the proposed detection method, we detected the concentration of cholesterol, glucose, lactate, and xanthine in human blood by standard addition method, and the results are listed in Table S7. It shows that the recoveries of these four metabolites are in the range of 98.2–101.8%. The relative standard deviations (RSD) were no more than 2.1%. These results demonstrated that the method developed in this work has potential applications in the practical measurement of metabolites. Nevertheless, this fluorescence assay also has its limitations, such as the potential toxicity of Hg^{2+} may hinder the utilization in intracellular sensing, and working under the ultraviolet excitation leads to prone interferences by biological substrates. Thus, the construction of fluorescent probes with superior biocompatibility and anti-interference ability is still needed in the following work.

Conclusion

In this work, a facile fluorescence sensing platform has been developed based on N-GQDs. It enables rapid, ultrasensitive, and selective detection of metabolites in human blood sample. This method has the potential in the diagnosis of metabolic disorders and other associated diseases. Combined with smart-phone-based or other portable fluorometers, the detection method developed in this work is also available for home-based healthcare.

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Compliance with ethical standards

All experiments were performed in compliance with the relevant laws and institutional guidelines, and the writing of informed consent for all samples was obtained from human subjects.

Conflict of interest The authors declare that they have no competing interests.

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