## **ORIGINAL PAPER**



# Colorimetric determination of ascorbic acid using a polyallylamine-stabilized IrO<sub>2</sub>/graphene oxide nanozyme as a peroxidase mimic

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#### Abstract

The authors describe a peroxidase-mimicking nanozyme composed of  $IrO_2$  and graphene oxide (GO). It was synthesized from monodisperse  $IrO_2$  nanoparticles with an average diameter of  $1.7 \pm 0.3$  nm that were prepared by pulsed laser ablation in ethanol. The nanoparticles were then placed on polyallylamine-modified GO nanosheets through electrostatic interaction. The peroxidase-like activity of the resulting nanocomposites was evaluated by catalytic oxidation of 3,3',5,5'-tetramethylbenzidine in the presence of  $H_2O_2$ . Kinetic results demonstrated that the catalytic behavior of the nanocomposites follows Michaelis-Menten kinetics. Experiments performed with terephthalic acid and cytochrome C confirmed that the peroxidase-like activity originated from the electron transfer mechanism rather than from generation of hydroxy radicals. The peroxidase-like activity is inhibited in the presence of ascorbic acid (AA). Based on this property, a colorimetric assay was developed for the determination of AA by exploiting the peroxidase-like activity of  $IrO_2/GO$  nanocomposites. The linear relationship between absorbance at 652 nm and the concentration of AA was acquired. The limit of detection for AA is 324 nM. Further applications of the method for AA detection in real samples were also successfully demonstrated.

Keywords Pulsed laser ablation  $\cdot$  IrO<sub>2</sub>/GO nanocomposites  $\cdot$  Nanozymes  $\cdot$  Nanoprobes  $\cdot$  Peroxidase-like activity  $\cdot$  Colorimetric detection

Huiyuan Sun and Xueliang Liu contributed equally to this work.

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# Introduction

Ascorbic acid (AA) participates in many physiological and biochemical processes as a cofactor for several enzymes [1, 2]. Insufficient or excessive AA can lead to scurvy and anemia, accompanied by some psychological abnormalities [3]. Therefore, it is important to develop a convenient and rapid method with high selectivity and accuracy for the determination of AA in physiological and clinical diagnosis. Various methods have been developed to detect AA in recent years, including fluorescence [4], ultra-performance liquid chromatography (UPLC) with UV detector [5] and chemiluminescence (CL) [6].

A variety of nanomaterials such as  $Fe_3O_4$  [7],  $CeO_2$  [8, 9], CoOOH [10], noble metal nanoparticles [11–13], metal organic frameworks [14, 15] and carbon nanomaterials [16, 17], which are called artificial enzymes or nanozymes have been reported to exhibit peroxidase-like activity. In the presence of H<sub>2</sub>O<sub>2</sub>, these nanozymes can catalyze the substrates such as 3,3',5,5'-tetramethylbenzidine (TMB), 2,2'-azino-bis(3ethylbenzthiazoline-6-sulfonic acid) (ABTS) and ophenylenediamine (OPD) to develop blue, green and orange color, respectively. The peroxidase-like activity of nanomaterials can be adjusted by AA resulting in the color change which can be directly observed visually. Peroxidasebased nanoprobes were reported to determine AA with high sensitivity and selectivity based on the antioxidant properties of AA [18]. Unlike nature enzymes, nanozymes with low cost and high stability can be easily designed and synthesized by physical-chemical methods, which show a promising potential in environmental monitoring and biological analysis.

Chemical method has achieved great success in preparation of nanomaterials. However, chemical reagents such as metal salts, surfactants and solvents are indispensable in the synthesis process, which is not an environmentally friendly way [19, 20]. As an alternative to traditional chemical method, pulsed laser ablation in liquid (PLAL) has drawn much interest in preparation of nanoparticles [21, 22]. Briefly, the dispersion of nanoparticles can be obtained by focusing the pulsed laser beam on the surface of a bulk target immersed in liquid. It has been reported that the PLAL-synthesized nanoparticles tend to be absorbed on supports owing to the surface charge and the absence of surface ligands [23, 24]. However, it's still a challenge for synthesis of homogeneous ultrasmall nanoparticles using PLAL method.

Herein, we report a facile and green method to synthesize  $IrO_2/GO$  nanozyme as a peroxidase mimic for the colorimetric detection of AA. The ultrafine  $IrO_2$  nanoparticles with narrow size distribution were prepared by PLAL. To prevent the aggregation, the polyallylaminemodified GO was chosen as the support of  $IrO_2$  due to its remarkable hydrophilicity and high surface area [25].  $IrO_2/GO$  nanocomposites exhibited excellent peroxidaselike activity towards the oxidation of TMB in the presence of  $H_2O_2$ . It is the first report to prepare  $IrO_2/GO$ nanozyme for colorimetric detection of AA based on the inhibition of peroxidase-like activity of catalyst.

# **Experimental**

# Materials

Iridium plate (thickness 2 mm, diameter 12 mm) with purity 99.99% was purchased from China New Metal Materials Technology Co., Ltd. (Beijing, China, https://cnm2188.en. china.cn). Ascorbic acid (AA), graphene oxide (GO) sheets, ethanol, poly(allylamine hydrochloride) (PAH), H<sub>2</sub>O<sub>2</sub>, dimethylsulfoxide (DMSO), CH<sub>3</sub>COOH and CH<sub>3</sub>COONa·3H<sub>2</sub>O were obtained from Aladdin Industrial Corporation (Shanghai, China, https://www.aladdin-e.com). TMB was obtained from J&K Scientific Ltd. (Beijing,

China, https://www.jk-scientific.com). Sodium chloride (NaCl), potassium chloride (KCl), calcium chloride (CaCl<sub>2</sub>), urea, uric acid (UA), glucose, lactose and terephthalic acid (TA) were bought from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China, https://www.sinoreagent.com). Fructose, maltose monohydrate, glutamic acid (Glu), serine (Ser), lysine (Lys) and phenylalanine (Phe) were bought from Sigma-Aldrich (Shanghai, China, https://www.sigmaaldrich. com/ china-mainland.html). Reduced cytochrome C (Cyt C) was purchased from Abcam (Shanghai, China, https://www. abcam.cn). Bovine serum albumin (BSA) was purchased from Beijing Jingke Hongda Biotechnology Co., Ltd. (Beijing, China, http://www.jingke.com.cn). The Mizone beverage (20 mg AA per 100 mL) and Vitamin C tablets (420 mg AA per tablet) were bought from local supermarket and pharmacy, respectively. Ultrapure water with a resistivity of 18.25 MΩ·cm was obtained by using a Millipore Ultrapure water system.

# Preparation of polyallylamine (PAH)-stabilized IrO<sub>2</sub>/GO

The ultrafine  $IrO_2$  colloid was synthesized by laser ablation method. 100 mg PAH was dissolved in 50 mL 1 mg·mL<sup>-1</sup> GO dispersion to get polyallylamine- modified GO dispersion.  $IrO_2$  colloid was mixed with certain amount of modified GO dispersion and incubated at room temperature to obtain  $IrO_2/$ GO nanocomposites. The nanocomposites were centrifugalized, dried and redispersed in water for further use. The peroxidase-like catalytic activity of  $IrO_2/$ GO nanocomposites was then investigated and the composites were characterized by different techniques. See the supporting material for the detailed procedures.

# **Catalytic reaction mechanism**

To verify whether hydroxyl radicals are involved in the reaction system, TA is employed. As a fluorescence probe, TA can capture hydroxyl radicals in reaction system and generate high fluorescent 2-hydroxy terephthalic acid. Briefly, TA (0.5 mM), H<sub>2</sub>O<sub>2</sub> (10 mM) and 10  $\mu$ L IrO<sub>2</sub>/GO were mixed and added into 500  $\mu$ L acetate buffer (0.1 M, pH = 4.0) and the mixture was incubated at room temperature for 60 min. Subsequently, the fluorescence spectra of the reaction solution at 350–600 nm were recorded by a fluorescence spectrophotometer with an excitation wavelength of 315 nm.

Cyt C was used to verify the electron transfer effect of  $IrO_2/GO$  nanocomposites. The reduced Cyt C solution was diluted by acetate buffer (0.1 M, pH = 4.0). 10 µL IrO<sub>2</sub>/GO and 50 µL Cyt C were added into 440 µL acetate buffer (0.1 M, pH = 4.0). Then the mixture was incubated at room temperature for 4 h. The control experiment was conducted in the absence of IrO<sub>2</sub>/GO nanocomposites. Experiment in hypoxia was also conducted to eliminate the influence of dissolved oxygen. The buffer was bubbled by  $N_2$  for 30 min and the solution was incubated for 4 h in a nitrogen atmosphere. The absorption spectra of Cyt C were recorded using a UV-vis absorbance spectrometer at 300–800 nm.

#### Colorimetric determination of ascorbic acid (AA)

The colorimetric detection of AA was performed in the IrO<sub>2</sub>/GO–H<sub>2</sub>O<sub>2</sub>–TMB reaction system. Specifically, 10  $\mu$ L H<sub>2</sub>O<sub>2</sub> (250 mM), 5  $\mu$ L TMB (50 mM in DMSO), 470  $\mu$ L acetate buffer (0.1 M, pH = 4.0) and 10  $\mu$ L different concentrations of AA (final concentrations: 0–70  $\mu$ M) were mixed in a 1.5 mL tube, then 5  $\mu$ L IrO<sub>2</sub>/GO dispersion was added into the above reaction system. The absorbance variations at 652 nm were recorded by a UV-vis spectrometer after 10 min of the reaction at room temperature.

To investigate the feasibility of the established method for detecting AA in real samples, the colorimetric assay for AA detection was also performed in simulated serum, vitamin C tablets and Mizone beverage. The "serum" was simulated by 5 wt% BSA solutions with different concentrations of AA (1.0 mM, 2.5 mM and 5.0 mM). The vitamin C tablets were dissolved in 40 mL water and filtered by a PTFE syringe filter to make a colloid. The Mizone beverage was ready for detection without further preparations. Then 10  $\mu$ L simulated serum, vitamin C colloid and Mizone beverage were tested respectively. The detection procedure was the same as mentioned above.

# **Results and discussion**

#### **Choice of materials**

IrO<sub>2</sub> nanoparticles have a wide range of applications in hydrogen evolution and oxygen evolution reactions [26], however, their properties in peroxidase mimic activity have rarely been reported. Similarly, PLAL has been mostly studied on the preparation of noble metals such as Au, Pt and Ag [27], the preparation of Ir nanomaterials by PLAL has not been reported yet. Metal Iridium nanoparticles are easily oxidized to form IrO<sub>2</sub> nanoparticles when exposed to air, therefore, the dispersion of IrO<sub>2</sub> nanoparticles can be prepared by pulsed laser ablation of Iridium targets. However, the colloid was unstable and the IrO<sub>2</sub> nanoparticles aggregated, which would significantly reduce the catalytic activity. The IrO<sub>2</sub> nanoparticles were then adsorbed on polyallylamine- modified GO nanosheets and wouldn't aggregate.

## Characterization of the IrO<sub>2</sub>/GO nanocomposites

The preparation process and peroxidase-like activity of  $IrO_2/$ GO nanocomposites are illustrated in Fig. 1. Briefly, the  $IrO_2$ 

nanodispersion was firstly prepared by pulsed laser ablation in ethanol with assistance of ultrasonication. After polyallylamine modification, the surface charge of GO was changed from negative charge to positive charge. Then a certain amount of modified GO dispersion was mixed with IrO<sub>2</sub> nanodispersion by ultrasonication and incubated at room temperature to obtain the IrO<sub>2</sub>/GO nanocomposites. As a typical reaction substrate, TMB was used to evaluate the peroxidaselike activity of IrO<sub>2</sub>/GO nanocomposites in the presence of H<sub>2</sub>O<sub>2</sub>. The deep blue color of oxidized TMB was observed, which demonstrated the high peroxidase-like activity of IrO<sub>2</sub>/ GO nanocomposites. However, when AA was added, the catalytic oxidation of TMB was inhibited and the color of reaction solution changed from blue to colorless with increasing concentration of AA. Therefore, the IrO<sub>2</sub>/GO nanocomposites can be used for colorimetric detection of AA based on the high peroxidase-like activity.

The TEM and HADDF images of IrO2 nanoparticles and IrO<sub>2</sub>/GO nanocomposites are shown in Fig. S1 and Fig. 2. As seen in Fig. S1, the monodisperse and ultrafine IrO<sub>2</sub> nanoparticles were successfully prepared by PLAL. One can see that the ultrafine and highly dispersed IrO<sub>2</sub> nanoparticles were uniformly decorated on the surface of GO nanosheets (Fig. 2b and c) after mixing with the polyallylaminemodified GO dispersion. The HRTEM image of the IrO<sub>2</sub> nanoparticles inserted in Fig. 2b shows that the d-spacing value of 0.224 nm, which refers to the (200) facet of IrO<sub>2</sub> [28]. The average size of  $IrO_2$  nanoparticles was  $1.7 \pm$ 0.3 nm by counting more than 200 nanoparticles. The monodisperse IrO2 nanoparticles on GO indicated that GO had effectively inhibited the aggregation of IrO<sub>2</sub> nanoparticles. There were no unsupported IrO<sub>2</sub> nanoparticles observed, which indicated that the GO was an excellent support.

The driving force for  $IrO_2$  nanoparticles depositing on polyallylamine-modified GO was the electrostatic interaction, which had been confirmed by the results of zeta potential analysis (Fig. S2). In spite of the drastic sonication, the  $IrO_2$  nanoparticles were still uniformly and firmly anchored on the surface of GO nanosheets, which implied a strong interaction between  $IrO_2$  and polyallylaminemodified GO. The concentration of  $IrO_2/GO$  was 240.3 µg·mL<sup>-1</sup> with  $IrO_2$  loading 38.2 wt%, which was confirmed by the ICP-OES analysis.

To further confirm the chemical states of  $IrO_2/GO$  nanocomposites, the XPS analysis was evaluated. The survey spectra of  $IrO_2/GO$  nanocomposites with strong peak intensity of Ir 4d and 4f, C 1 s and O 1 s are presented in Fig. S3. The peaks at 62.2 eV and 65.2 eV in high resolution spectra corresponded to the binding energies of  $4f_{7/2}$  and Ir  $4f_{5/2}$  of Ir<sup>4+</sup> (Fig. S3c), respectively [29]. Clearly, there were no peaks of the metallic Ir(0) at 60.8 eV, which confirmed the completely oxidation of IrO<sub>2</sub> after laser ablation [30].



Fig. 1 Schematic illustration of the preparation of PAH stabilized  $IrO_2/GO$  nanocomposites and the colorimetric detection of AA based on the peroxidase-like activity of  $IrO_2/GO$  nanocomposites

#### Peroxidase-like activity of IrO<sub>2</sub>/GO

In order to investigate the peroxidase-like activity of  $IrO_2/GO$ , TMB was chosen as a typical chromogenic substrate in the presence of  $H_2O_2$  at room temperature. The enzymatic activities of GO and  $IrO_2/GO$  are presented in Fig. 3, while the buffer and  $H_2O_2$  were employed as negative and positive control, respectively. The blue color and the maximum absorbance at 652 nm of  $IrO_2/GO-H_2O_2$ -TMB reaction system suggested the high peroxidase-like activity of  $IrO_2/GO$ , while there were no color changes without  $IrO_2/GO$  catalyst or  $H_2O_2$ (a, b and d). A faint blue color in the GO system indicated an insignificant peroxidase-like activity of GO compared to  $IrO_2/$ GO nanocomposites. The results demonstrated that the color change was attributed to the high peroxidase-like activity of  $IrO_2/GO$  nanocomposites.

To get better experimental results, the following parameters were optimized: (a) pH value of buffer; (b) temperature; (c) the concentration of  $H_2O_2$ ; (d) the dosage of  $IrO_2/GO$  catalyst. Respective data and figures are given in the Electronic Supporting Material (Fig. S4–6). The following experimental conditions were found to give best results: (a) Best pH value of buffer: 4; (b) Best temperature value: 55 °C. The catalytic activity was enhanced with increasing concentrations of  $H_2O_2$  and  $IrO_2/GO$ . To simplify the experiment, all colorimetric reactions were carried out at room temperature. Therefore, the experiment parameters with pH value of 4.0 and concentrations of TMB 0.5 mM,  $H_2O_2$  5 mM and  $IrO_2/GO$  2.4 µg·

 $mL^{-1}$  were chosen in the following colorimetric detection assay at room temperature.

Furthermore, the steady-state kinetics of the oxidation process were investigated using the enzyme kinetic model. The kinetic data were obtained by varying the TMB concentrations at a fixed H<sub>2</sub>O<sub>2</sub> concentration and vice versa. Typical Michaelis-Menten curves were obtained in a certain concentration range of TMB or  $H_2O_2$  as shown in Fig. 4. The Michaelis-Menten constant  $(K_m)$  and the maximum velocity  $(v_{max})$  were obtained from the Lineweaver–Burk double reciprocal plots (Fig. 4b and d).  $K_m$  indicates the affinity of an enzyme to its substrate. It is believed that a low  $K_m$  value suggests a high affinity [31]. While the  $K_m$  of IrO<sub>2</sub>/GO nanocomposites towards TMB and H<sub>2</sub>O<sub>2</sub> were 0.56 mM and 5.19 mM respectively, which were both slightly higher than horseradish peroxidase (HRP, 0.434 mM to TMB and 3.70 mM to  $H_2O_2$ ) (Table S1) [8]. Compared to HRP, the similar K<sub>m</sub> values and high v<sub>max</sub> values of IrO<sub>2</sub>/GO nanocomposites indicated that IrO<sub>2</sub>/GO was a highly potential candidate for colorimetric assays based on the peroxidase-like activity.

Furthermore, the mechanism of peroxidase-like activity of  $IrO_2/GO$  nanocomposites was investigated. It has been reported that the peroxidase-like activity of nanozymes can be ascribed to the generation of hydroxyl radical and the electron transfer process. To clarify the catalytic mechanism of  $IrO_2/GO$  nanocomposites, terephthalic acid (TA), a fluorescence probe for hydroxyl radical, was used to check the production





of hydroxyl radicals in the  $IrO_2/GO-H_2O_2$  reaction system [32]. As shown in Fig. 5a, there was no fluorescence of TA



**Fig. 3** UV-vis absorption spectra of (a) TMB, (b) TMB +  $H_2O_2$ , (c) TMB + GO +  $H_2O_2$ , (d) TMB +  $IrO_2/GO$ , and (e) TMB +  $IrO_2/GO$  +  $H_2O_2$  solution after mixing for 10 min. Inset: the color change of the corresponding solution

without  $H_2O_2$ . And the strong fluorescence intensity of TA and  $H_2O_2$  reaction solution at 435 nm implied that the hydroxyl radical can be produced by the intrinsic decomposition of  $H_2O_2$ . On the contrary, the fluorescence intensity at 435 nm decreased after  $IrO_2/GO$  was added, which indicated that the catalyst was able to quench hydroxyl radical instead of promoting the generation of hydroxyl radical. The experiment results excluded the generation of hydroxyl radical mechanism of peroxidase-like activity of  $IrO_2/GO$  nanocomposites.

As an active reactant in the electron transfer process [33, 34], Cyt C was selected to evaluate the electron accepting ability of IrO<sub>2</sub>/GO. The absorption spectra of Cyt C with and without IrO<sub>2</sub>/GO are presented in Fig. 5b. The two absorption peaks at 520 nm and 550 nm revealed the reduced state of Cyt C (black line), and subsequently disappeared after incubation with IrO<sub>2</sub>/GO for 4 h. The oxidized state of Cyt C was confirmed by a new absorption peak at 530 nm (blue line). To eliminate the influence of dissolved oxygen, the solution was bubbled with N<sub>2</sub> for 30 min and incubated with the IrO<sub>2</sub>/GO for 4 h in a nitrogen atmosphere. As shown in Fig. 5b, the oxidized state of Cyt C was also obtained in hypoxia

Fig. 4 Steady-state kinetic assay of IrO<sub>2</sub>/GO nanocomposites with IrO<sub>2</sub>/GO concentration of 2.4  $\mu$ g·mL<sup>-1</sup>. (a) and (b) TMB (0.5 mM) with varied concentrations of H<sub>2</sub>O<sub>2</sub>, (c) and (d) H<sub>2</sub>O<sub>2</sub> (5 mM) with varied concentrations of TMB. Analytical wavelength: 652 nm



(red line). The experiment results clearly demonstrated the electron transfer mechanism of peroxidase-like activity of  $IrO_2/GO$  nanocomposites.

# **Colorimetric determination of AA**

The IrO<sub>2</sub>/GO nanocomposites were applied for colorimetric detection of AA. The detection was conducted with 0.5 mM of TMB, 5 mM of H<sub>2</sub>O<sub>2</sub>, 5  $\mu$ L IrO<sub>2</sub>/GO dispersion and varied concentrations of AA. As shown in Fig. 6a, the corresponding solution color changed from deep blue to colorless with the increasing concentration of AA, which was clearly visible. In the absorption spectra of the reaction systems with varied concentrations of AA, the absorption peak of ox-TMB at 652 nm decreased as the concentration of AA increased

(Fig. 6a). The corresponding absorbance exhibited good linearity to the concentration of AA in the range of 5–70  $\mu$ M with a coefficient of determination (R<sup>2</sup>) equal to 0.9931 (Fig. 6b). The limit of detection (LOD) for AA was estimated to be 324 nM (signal/noise = 3). The kinetics absorbance changes of oxidized TMB at 652 nm with varied concentrations of AA are presented in Fig. S7. As shown in Table S2, this assay exhibits good performance compared to previously reported methods.

For further investigation of the selectivity of the colorimetric detection assay, some other compounds in metabolism like amino acids, carbohydrates and metal ions were selected for test with the same concentration, as presented in Fig. 7. No blue color was observed after adding AA, which was clearly different from the control experiment. However, the color

Fig. 5 (a) Fluorescence emission spectra of TA with  $H_2O_2$ , TA with IrO<sub>2</sub>/GO and TA with both IrO<sub>2</sub>/ GO and  $H_2O_2$ . (b) UV-vis absorption spectra of reduced Cyt C, Cyt C with IrO<sub>2</sub>/GO and Cyt C with IrO<sub>2</sub>/GO under N<sub>2</sub> atmosphere





changes of solution with other compounds were almost imperceptible compared with the control experiment. The values of absorbance of solution at 652 nm with different substance are also presented in Fig. 7. Compared to the absorbance change with the addition of AA, no obvious inhibition effects were observed after the system was treated with different inferential substrates alone. We noticed that the activity of  $IrO_2/GO$  nanozyme was slightly reduced with inorganic salt. However, their effect was far less than that of AA when investigated with the same concentration. The experimental results demonstrated that the colorimetric assay based on  $IrO_2/GO-H_2O_2$ -TMB possessed high selectivity for AA.

To further investigate the feasibility of the colorimetric method for detecting AA in real samples, AA concentrations were determined in simulated serum, Vitamin C tablets and Mizone beverage. As listed in Table 1, the experimental results were in good agreement with the specifications, and the recoveries for AA in real samples were in the range of 97.7–103%, indicating that this IrO<sub>2</sub>/GO system can be applied for



Fig. 7 The selectivity of colorimetric assay for AA detection based on the peroxidase-like activity of IrO<sub>2</sub>/GO nanocomposites. The concentration of all interferential substances and AA were 100  $\mu$ M (inset: the corresponding photographs of reaction solutions). Analytical wavelength: 652 nm

the determination of AA in practical samples. Furthermore, the relative standard deviation (RSD) was within the range of 1.02-1.89%. Although the IrO<sub>2</sub>/GO nanozyme has large linear range for detection of AA, its limit of detection is slightly high compared to some other nanomaterials with fluorescence method as shown in Table S2. Taken together, the colorimetric assay based on IrO<sub>2</sub>/GO-H<sub>2</sub>O<sub>2</sub>-TMB was feasible and reliable for detecting AA in real samples.

# Conclusion

The IrO<sub>2</sub>/GO nanocomposites were successfully synthesized by an environmentally friendly strategy and exhibited high peroxidase-like activity. The following parameters were optimized: pH, temperature, concentrations of  $H_2O_2$  and  $IrO_2/GO$ . A colorimetric method for AA detection was developed in the IrO<sub>2</sub>/GO–H<sub>2</sub>O<sub>2</sub>–TMB reaction system. Despite the requirement of constant temperature and pH, the method had the advantage of high accuracy and selectivity and good practicability, which was successfully applied for detecting AA in real samples. Our results indicate that the  $IrO_2/GO$  nanocomposites with high peroxidase-like activity will have potential in different applications, such as food safety, environmental monitoring and biomedical diagnosis.

**Table 1**Detection of AA in different samples (n = 3)

Sample	<sup>a</sup> Concentration of AA (mM)	<sup>b</sup> Experimental results (mM)	Recovery (%)	RSD (%)
BSA	1.0	1.03	103	1.34
	2.5	2.54	101.6	1.89
	5.0	5.03	100.6	1.05
Tablet	60.13	58.76	97.7	1.39
Beverage	1.14	1.16	101.7	1.02

<sup>a</sup> Concentration of AA from the simulated serum, ingredients table of vitamin C tablet and beverage

<sup>b</sup> Results obtained by this work

Analytical wavelength: 652 nm.

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# **Compliance with ethical standards**

**Conflict of interest** The author(s) declare that they have no competing interests.

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