



# A signal-on ratiometric fluorometric heparin assay based on the direct interaction between amino-modified carbon dots and DNA

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## Abstract

Amino-modified carbon dots (C-dots) with positively charged surface were prepared. They display strong blue fluorescence and are shown to act as quenchers of the green fluorescence of FAM-labeled ssDNA such as the F-probe used in this work that was immobilized on the C-dots. On the addition of highly negatively charged heparin (Hep), it will interact with the C-dots and displace the F-probe from C-dots. Once the F-probe is displaced by Hep, its green fluorescence is restored. The intrinsic blue fluorescence of the C-dots remains stable after addition of Hep. Thus, a signal-on ratiometric fluorometric assay was developed for the ultra-sensitive detection of Hep. The underlying mechanisms of quenching and recovery are discussed. Under optimized conditions, the recovery of the ratiometric fluorescence of the system composed of C-dots and quenched F-probe is proportional to the Hep concentration in the range of 0.01–2.0  $\mu\text{g}\cdot\text{mL}^{-1}$  ( $= 0.00125\text{--}0.25 \text{ U}\cdot\text{mL}^{-1}$ ). The method was successfully applied to the determination of Hep in spiked serum samples.

**Keywords** Fluorescent carbon nanomaterial · ssDNA quenching platform · Fluorescence assay · Ratiometric strategy · Sensitive detection

## Introduction

Heparin (Hep), a highly negatively charged glycosaminoglycan with linear structure, can be employed universally as an anticoagulant in clinical treatment, such as joint replacement. Hep can not only be used in surgeries to prevent thrombosis, but also be applied to prevent and treat arterial thromboembolism, venous thrombosis, and pulmonary embolism. The therapeutic dosage of

Hep is maintained within the ranges of 2–8  $\text{U}\cdot\text{mL}^{-1}$  during cardiovascular surgery and 0.2–1.2  $\text{U}\cdot\text{mL}^{-1}$  for postoperative and long-term care [1, 2]. The control and appropriate dosage of Hep are crucial. Hep overdose results in several side effects that involve spontaneous hemorrhage. Thus, quick and facile monitoring of Hep during the therapeutic process or drug quality control is a crucial task. Numerous analytical methodologies, including the strong anion exchange-high performance liquid chromatography [3], colorimetric method based on gold nanomaterials [4] and metal organic framework nanosheets as peroxidase mimics [5], and fluorescent methods based on aggregation, have been fabricated to directly detect Hep [6–8]. Moreover, indirect methods, such as anti-factor Xa activity assay, were also applied to monitor Hep levels [9]. These methods show improved accuracy and reliability but still suffer from the disadvantages of being time consuming, complicated, and lacking sensitivity.

A fluorometric strategy based on the interaction between Hep and fluorogen is an effective approach owing to the advantages of simplicity and sensitivity [2, 6, 7]. For instance, fluorescent silicon nanoparticles are prepared for Hep assay because that Hep-induced silicon nanoparticle aggregation turns off fluorescence intensity [6]. Another signal-off fluorescent assay based on the strong affinity of protamine and Hep

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was established based on the system of fluorescent silicon dots and gold nanoparticles [8]. However, the reported fluorescence sensing strategies for Hep were based on the “signal-off” approach, which may constraint the achievement of excellent analytical performance. The Hep-binding peptide was employed as raw material to synthesize a specific fluorogen-conjugated peptide, which recognized and combined with Hep to turn on the fluorescence signals [1, 2, 10]. However, the high cost of peptide and the complex synthesis are possible negative factors for the extensive application of this strategy in Hep testing. Therefore, the design and fabrication of a fluorescent approach for Hep detection with signal-on strategy is urgently needed.

Fluorescence assay platforms based on the affinity of fluorophore-labeled DNA probes on nanomaterials are powerful tools for detecting biomolecules [11, 12]. A number of nanomaterials can be used as carrier to load single-stranded DNA (ssDNA) or hairpin DNA to form fluorophore-quencher pairs through fluorescence resonance energy transfer (FRET) [13, 14]. The detecting principle of this method is mainly based on the specific action of adsorbed DNA and biomolecules to form a complex, leave the surface of the nanomaterials, and light the fluorophore [11, 12]. However, in the system of adsorbed fluorophore-labeled DNA probes and nanomaterials, the possible interaction between targets and nanomaterials was often ignored. The application of the interaction between targets and nanomaterials in the systems involving a mixture of nanomaterials and DNA may also be a new testing origin to inspire the development of new kind biosensors [15]. Liu and co-workers constructed an interesting fluorescence glucose assay based on the reaction of nanoceria and  $\text{H}_2\text{O}_2$  to desorb and light quenched DNA from the surface of nanoceria [15]. Using the DNA as a probe, we envisage whether a new method for analytes can be established based on the interaction of analytes and nanomaterials to displace the adsorbed DNA probe. Carbon dots, a new type of fluorescent nanomaterial, garner widespread interest owing to their facile preparation, stable fluorescence property, prospects in biomedicine, and biocompatibility [16–18]. Although numerous studies about fluorescence assay on the basis of the fluorescence of carbon dots have been conducted [16–18], the use of carbon dots as an internal reference fluorescence signal and carrier for fluorophore-labeled DNA to fabricate analytical method is rare. Using an internal reference signal can be developed as ratiometric assay [19, 20] to improve the reproducibility of the sensing results, because of the avoiding of possible interferences from surrounding environment and fluctuations of probe concentration.

Herein, we design and synthesize amino-rich surface carbon dots (C-dots) through a facile heating melting method that utilizes citric acid, glutathione, and polyethylenepolyamine (PEPA) as raw materials. These C-dots, which contained abundant positively charged amino on the surface, were

excellent nanoquenchers for FAM-labeled ssDNA with stable C-dots internal fluorescence. Interestingly, Hep can recover the fluorescence intensity of quenched FAM-labeled ssDNA from the complex of C-dots and FAM-labeled ssDNA. During this process, the displacement of the FAM-labeled ssDNA from C-dots by Hep attributed to electrostatic action was responsible for the recovery of FAM. This mode of action was based on the interaction of Hep and C-dots, markedly deviating from that of the common target acting on adsorbed DNA [11, 12, 14]. Furthermore, the luminous intensity of C-dots was stable with or without ssDNA and Hep. Thus, with FAM-labeled ssDNA as a probe and C-dots as the internal reference fluorescence signal, a signal-on ratiometric fluorescence assay strategy for Hep with excellent performance was developed.

## Experimental

### Chemicals and apparatus

The DNA sequences used in this work were synthesized and obtained from Takara Biotechnology Co., Ltd. (<http://www.takarabiomed.com.cn/>). FAM-labeled DNAs with different compositions and lengths, including FAM-labeled TCAACATCAGTCTGATAAGCTA (named as F-probe), FAM-A10, FAM-A20, and FAM-A40, were selected. Herein, FAM-A10 represents FAM modified DNA with 10 consecutive adenines. TAMRA-labeled A20 (TAMRA-A20) were also used. All sequences are listed from the 5'- to 3'- End. Two kinds of graphene oxide (GO) nanosheet with different sizes (GO1 > 500 nm and GO2 ~50–200 nm) were purchased from Nanjing XFNano Materials Technology Company (<http://xf.xfnano.com/>) and used as received. Heparin injection (Hep,  $50 \text{ mg}\cdot\text{mL}^{-1}$ ,  $6250 \text{ U}\cdot\text{mL}^{-1}$ ) was purchased from Chengdu Haitong Pharmaceutical Co., Ltd. (<http://www.hepatunn.com/about.aspx>). Hyaluronic acid (HA) was obtained from Zhejiang Jingjia Medical Technology Co., Ltd. (<http://www.hairont.com/>). Bovine serum albumin (BSA), Dextran (Dex), Chondroitin sulfate (Chs), Citric Acid (CA) and Reduced Glutathione (GSH) were purchased from Aladdin Chemistry Co. Ltd. (<http://www.aladdin-reagent.com/>). Protamine sulfate salt and Adenosine triphosphate (ATP) were purchased from Sigma-Aldrich (<https://www.sigmaaldrich.com/china-mainland.html>). Fetal bovine serum (FBS) was obtained from Gibco Company (Thermo Fisher Scientific, <https://www.thermofisher.com/cn/zh/home.html>). All other reagents of analytical grade purchased from Sinopharm Chemical Reagent Co., Ltd. (<http://www.reagent.com.cn>) were used without further purification. Healthy male New Zealand white rabbits, average weight of about 2.5 kg, were obtained from the Laboratory Animal Center at Fujian Medical University (<http://www.fjmu.edu.cn/>). The animal

experiments were in accord with animal experiment ethics and approved by Ethics Committee for laboratory animals of Fujian Medical University.

UV-vis absorption spectra were measured on a UV-2250 spectrophotometer (Shimadzu Corporation, <https://www.shimadzu.com.cn/>). The Cary Eclipse Fluorescence Spectrophotometer (Agilent Technologies, <https://www.agilent.com/home>) was used to collect the fluorescence spectra with both excitation and emission slit widths of 5 nm. The excitation wavelength for C-dots and FAM-labeled DNAs were 345 nm and 488 nm, respectively. The emission scan range of C-dots and FAM-labeled DNAs were 378–582 nm and 508–582 nm, respectively. All UV-vis absorption and fluorescence measurements were performed at room temperature under ambient conditions. Fourier Transform Infrared Spectroscopy (FTIR) was collected using a NICOLET iS50 Infrared Spectroscopy (Thermo Fisher Scientific, <https://www.thermofisher.com/cn/zh/home.html>). Transmission electron microscopy (TEM) images were obtained on FEI Talos F200S (<https://www.fei.com/tem/talos-f200s/?ind=MS>). Zeta-potentials and dynamic light scattering (DLS) were measured on Litesizer 500 Nanometer laser particle size analyzer (Anton Paar GmbH, <https://www.anton-paar.com/cn-cn/>). Fluorescence anisotropy was measured on Spectrofluorometer FS5 (Edinburgh, <https://www.edinst.com/products>), and the detail of the calculated process of the fluorescence anisotropy value was shown in [supplementary material](#).

### Preparation of C-dots

C-dots were prepared according to our reported works [21, 22] with certain revision ([Supplementary material](#)).

### Quenching behavior of C-dots toward FAM-labeled DNAs

The as-prepared C-dots at the concentration of  $6.25 \mu\text{g}\cdot\text{mL}^{-1}$  were applied to quench 50 nM FAM-labeled DNAs of different sequences in 10 mM phosphate buffered saline containing 10 mM NaCl, pH 7.4 (defined as PB saline, unless otherwise specified). The quenching efficiency (QE) was calculated by  $(F_{\text{DNA}} - F_0)/F_{\text{DNA}}$ , where  $F_0$  and  $F_{\text{DNA}}$  are the fluorescence intensity of the FAM-labeled DNAs quenched or not quenched by C-dots, respectively.

### Detecting performance of Hep using this method

During testing,  $F_0$  and  $F$  are defined as the fluorescent intensity of the F-probe in the system of C-dots and F-probe (C-dots/F-probe) at 520 nm without and with the addition of Hep, respectively, unless otherwise specified.  $F_{\text{C-dots}}$  is defined as the fluorescence intensity of C-dots at 425 nm.

The Hep selectivity experiments were conducted by adding  $2.0 \mu\text{g}\cdot\text{mL}^{-1}$  interferences, such as  $\text{Cl}^-$ ,  $\text{HCO}_3^-$ ,  $\text{HPO}_4^-$ , glucose, sodium citrate, ATP, Dex, HA, Chs, and BSA, to the mixture containing  $6.25 \mu\text{g}\cdot\text{mL}^{-1}$  C-dots and 50 nM F-probe in 10 mM PB saline (pH 7.4), respectively. Moreover, the fluorescence intensity of the C-dots/F-probe toward Hep with or without the presence of interferences was also measured and compared.

The C-dots/F-probe contained  $6.25 \mu\text{g}\cdot\text{mL}^{-1}$  C-dots and 50 nM F-probe in 200  $\mu\text{L}$  of 10 mM PB saline (pH 7.4). A series of Hep solutions at different concentrations were added to the mixed solution, which was then incubated for 10 min prior to fluorometric measurements. The emission spectra of C-dots and F-probe were monitored with the excitation wavelengths of 345 and 488 nm, respectively. The detection of Hep in simulated serum samples was tested in 1% fetal bovine serum (FBS) diluted with PB saline. Other reagents and testing conditions were similar to those in the detection process in aqueous media.

### Detection of Hep in real serum samples

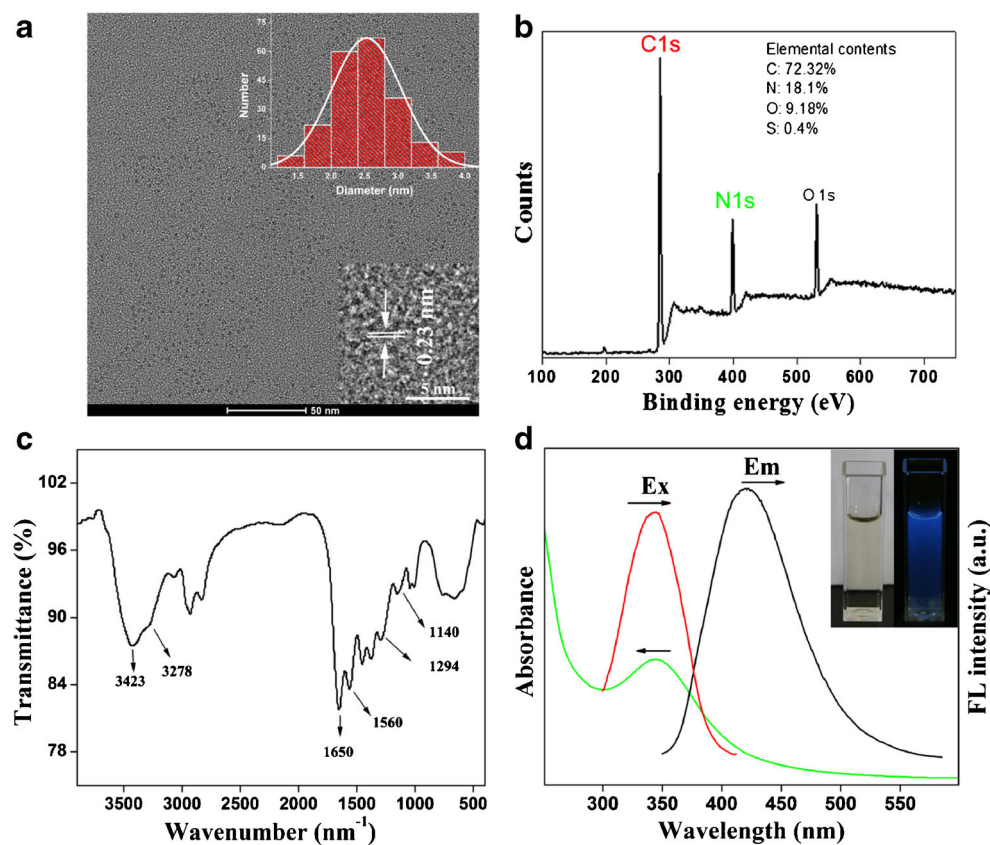
Rabbit blood from New Zealand white rabbits was used in the preparation of rabbit serum through centrifugation at 8000 rpm for 10 min. The concentrations of Hep in the diluted rabbit serum samples were detected by the standard addition method.

## Results and discussion

### Characterization of C-dots

The morphology, elemental components, molecular structure, and optical properties of C-dots were studied (Fig. 1). C-dots were quasi-spherical in shape and relatively regular in size. C-dots presented a narrow distribution with average diameter of 2.50 nm and lattice parameter of 0.23 nm after calculating the all particles in Fig. 1a. The XPS result of the C-dots showed the three main element components of C, O, and N, thereby suggesting the successful doping of N. Although the original reacting material of GSH contained S, the content of the element is rare in C-dots (Fig. 1b) possibly owing to the passivation of PEPA during preparation [23]. The FTIR spectrum of the C-dots revealed that the band at  $1650 \text{ cm}^{-1}$  was attributed to the characteristic stretching vibration absorption of C=O. The strong signals at  $3278$  and  $3423 \text{ cm}^{-1}$  were assigned to the stretching vibration of  $-\text{NH}_2$  and  $-\text{OH}$ , respectively. The bands at  $1294$  and  $1140 \text{ cm}^{-1}$  were assigned to the stretching vibration of the C-N bonds, confirming the doping effect of N during preparation. Moreover, the observed strong peak at  $1560 \text{ cm}^{-1}$  was attributed to the N-H bending vibration, suggesting the amino-rich surface characteristic of the C-dots

**Fig. 1** TEM image (a), XPS survey spectrum (b), FTIR spectrum (c), and optical properties of UV–vis and fluorescent spectra (d) of C-dots. Inset of (a) is the distribution of nanoparticle sizes and HRTEM image of C-dots. Inset of (d) is the picture of C-dots under visible (left) and UV (right) light

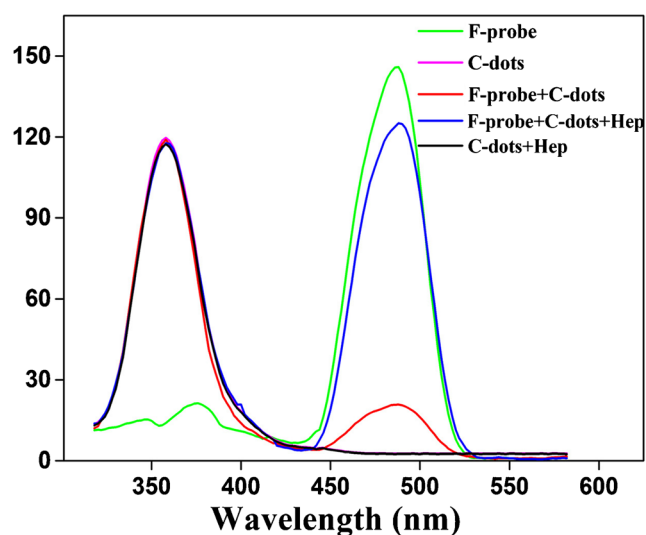


[24]. The presence of amino and other hydrophilic groups was speculated to not only enhance the water solubility of C-dots (Fig. S1) but also modulate the surface charge of C-dots [25]. C-dots exhibited an evident absorption peak at around 345 nm and a maximum fluorescence emission at around 425 nm with excitation at a suitable wavelength of 345 nm, shown using UV–vis test and fluorescence measurement, respectively (Fig. 1d). Furthermore, the aqueous solution of C-dots showed blue fluorescence under UV irradiation with the absolute photoluminescence quantum yield of 12.6%. Furthermore, C-dots showed good fluorescence stability under salt conditions (Fig. S2) and photo excitation (Fig. S4), which was shown in detailed in [supplementary material](#).

### Feasibility of the detection of Hep by C-dots/F-probe

The fluorescence assay platform based on the formation of FRET pairs from fluorophore and nanomaterials has attracted extensive research interests [11]. One of the primary aims of the fluorescence assay platform is the design and preparation of a new kind of nanomaterial, such as carbon-based materials, as quenching carrier [14, 26]. Herein, the interaction between C-dots and the FAM-modified ssDNA was investigated. Considering the internal fluorescence of the C-dots, synchronous scan

fluorescence spectroscopy [27], was applied to evaluate the fluorescent intensity of C-dots and F-probe in different conditions. Thus, the technique known as synchronous excitation fluorescence spectroscopy was carried out (Fig. 2). The set value of the wavelength difference



**Fig. 2** Synchronous fluorescence spectra ( $\Delta\lambda = 50$  nm, scan range from 320 to 582 nm) of the F-probe, C-dots, C-dots/F-probe, C-dots/F-probe + Hep and C-dots+Hep, respectively

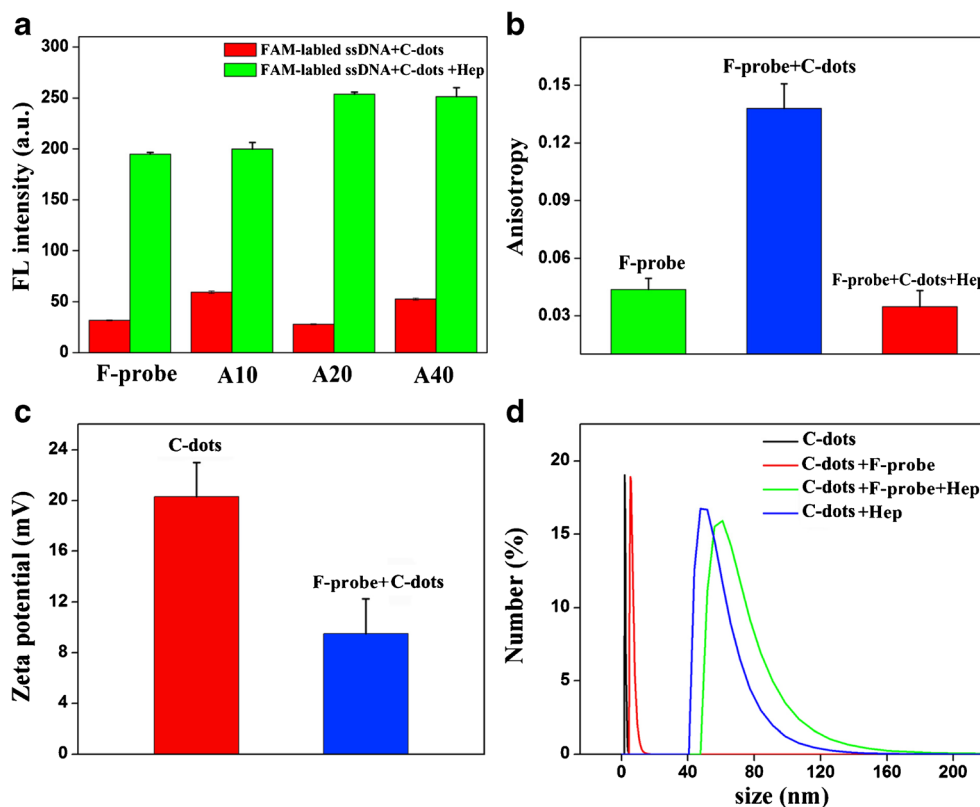
( $\Delta\lambda$ ) between the emission and excitation wavelengths ( $\Delta\lambda = \lambda_{em} - \lambda_{ex}$ ) [27] was 50 nm. The C-dots with or without Hep exhibited stable intensity at the emission wavelength of 360 nm. And the emission wavelength of single F-probe was 480 nm. In the C-dots/F-probe, the emission peak at 480 nm was quenched, whereas the fluorescence emission at 360 nm attributed to the C-dots remained stable. Moreover, in the C-dots/F-probe, the added Hep recovered the quenched F-probe at 480 nm with the stable fluorescence intensity of C-dots. These results not only revealed that C-dots functioned as effective quenchers for the FAM-labeled ssDNA but also confirmed the feasibility of Hep detection by the fluorescence assay based on the C-dots/F-probe. Moreover, the stable fluorescence emission of C-dots can be applied as a reference for the variable fluorescence intensity of the F-probe controlled by Hep to be a ratiometric strategy. To the best of our knowledge, this is the first example of Hep monitoring by using a system containing C-dots and dye-labeled ssDNA through ratiometric strategy.

### Principle of the assay system for Hep

The principles of fluorescence assay platform based on nanomaterials as quencher and fluorophore-labeled ssDNA are mainly ascribed to the recognition and binding of the

ssDNA to the targets [11, 12]. To investigate the principle of Hep testing by using the C-dots/F-probe, we applied several other FAM-labeled DNAs with different lengths and compositions, including FAM-A10, FAM-A20, FAM-A40, and F-probe. As shown in Fig. 3a, C-dots ( $6.25 \mu\text{g}\cdot\text{mL}^{-1}$ ) exhibited similar QE for various FAM-modified DNAs (50 nM), indicating the strong and general quenching capacity of C-dots towards fluorophore-labeled ssDNA. Furthermore, Hep recovered all quenched probes, indicating the generality of Hep by coupling C-dots with fluorophore-labeled ssDNA. As for arbitrary DNA sequences that can be used as Hep probe, we concluded that the detection process differed from current reported assays for biomolecules constructed on nanoquenchers and special DNA probes, which were based on the interaction of the DNA probes and target biomolecules [11]. The Hep assay in this work was due to the interaction of Hep with the total mixture of C-dots and DNA probes. The diversification of the mixture of the C-dots and FAM-labeled ssDNA to Hep was further investigated through anisotropy measurement, which is a powerful tool for molecular interaction probing [28]. Figure 3b showed that the fluorescence anisotropy of the free F-probe was 0.04, whereas that of C-dots/F-probe was 0.14. These values indicated that the F-probe anchored on C-dots [28]. Moreover, the anisotropy of the mixture of C-dots, F-probe, and Hep was virtually equal to that of free DNA, suggesting that Hep made F-probe remove from C-dots [28].

**Fig. 3** **a** Quenching efficiency and fluorescence enhancement of different FAM-labeled ssDNAs quenched by C-dots with and without Hep addition. **b** Fluorescence anisotropy of the F-probe, C-dots/F-probe, and the C-dots/F-probe with the addition of Hep. **c** Zeta-potential histogram of C-dots and the C-dots/F-probe. **d** DLS of free C-dots and C-dots in the presence of F-probe, Hep, and the mixture of F-probe and Hep



In order to further investigate the underlying mechanism of the detection of heparin through the C-dots/F-probe, the famous and classical quenching example of dyes labeled ssDNA and GO was applied as a reference. As shown in Fig. S5A, with 488 nm as excitation wavelength for F-probe, the 85% QE of the C-dots for the F-probe was comparable with that of commercial large GO (GO1 > 500 nm) and slightly lower than that of small GO (GO2 ~ 50–200 nm) (Fig. S5B). It is known that the main interaction between GO and ssDNA is  $\pi$ - $\pi$  stacking, hydrogen bonding and hydrophobic interaction [14, 28]. As shown in Fig. S5B, the introduction of Hep cannot recover the quenched F-probe by GO, suggesting that Hep didn't affect the existing interaction between GO and F-probe. Compared with the recovered fluorescence of the introduction of Hep into the C-dots/F-probe, we estimated that the removal of F-probe from C-dots by the introduction of Hep was originated some different interactions.

The effect of Hep on the C-dots/F-probe was further verified by zeta potential and DLS measurements, as shown in Fig. 3c and d. The zeta potential and size distribution of pure C-dots were measured as 20.3 mV and ca. 2.2 nm, respectively, revealing the positively charged C-dots owing to the amino-rich surface [29, 30]. However, the zeta potential of the C-dots/F-probe decreased to 9.3 mV, suggesting negative DNA binding onto positive C-dots through electrostatic interaction. The C-dots/F-probe showed particle sizes of ca. 7 nm, suggesting that aggregates of C-dots were formed through the electrostatic adherence of C-dots by using DNA. Furthermore, the measured size of the aggregates of the C-dots and Hep was ca. 50 nm, indicating that the presence of the Hep can induce the mixture of C-dots and Hep to form a large assembly (Fig. 3d). Moreover, aggregates with size of ca. 60 nm were formed through the introduction of Hep into the C-dots/F-probe, suggesting that further assembly occurred in the C-dots/F-probe with the added Hep.

Thus, the above results suggested the principle of the fluorescent assay for Hep in two steps (Scheme 1). Small size C-dots can assemble into an aggregate to load and quench FAM-labeled ssDNA through electrostatic interaction regardless of the relation of the ssDNA base sequence. As for the

introduction of Hep, the highly negative Hep interacted with C-dots through the stronger electrostatic interaction between Hep and C-dots. Thus, the introduction of Hep displaced the adsorbed ssDNA from C-dots and promoted further assembly of C-dots to trigger the fluorescence of the FAM-labeled ssDNA with the stable fluorescence of C-dots. These findings indicated that the interaction between Hep and nanomaterials can be used as a testing foundation for the analytical platform of DNA-based method.

This testing process was further proven through the introduction of protamine, a proven Hep antagonist (Fig. S6). With the existence of protamine, C-dots were released from Hep because of the strong affinity of Hep and protamine. Furthermore, the positively charged C-dots again interacted with the F-probe, and the quenching of F-probe was reappeared. The results demonstrated and agreed with the discussed Hep testing principle.

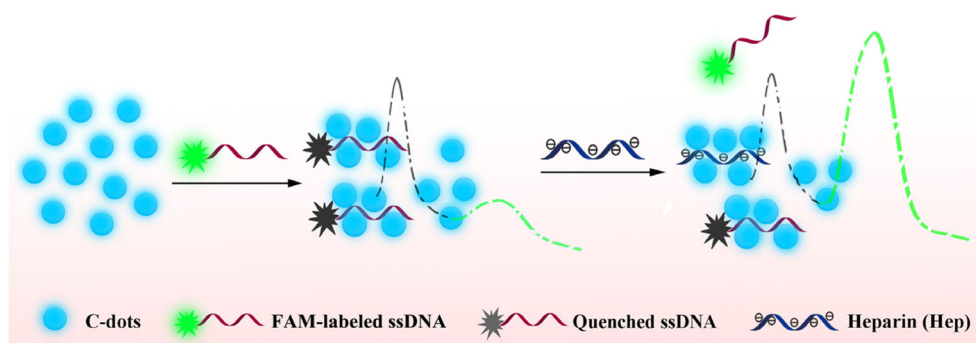
### Optimization of the experimental conditions (see the supplementary material for details)

Several conditions were optimized to improve the sensitivity of the ratiometric method for Hep detection. As shown in Fig. S7 and Fig. S8, pH 7.4 was chose as the suitable operating condition, 10 min was set as the suitable time for the reacting time of Hep and the C-dots/F-probe, and  $6.25 \mu\text{g}\cdot\text{mL}^{-1}$  C-dots was selected as the optimized concentration of C-dots.

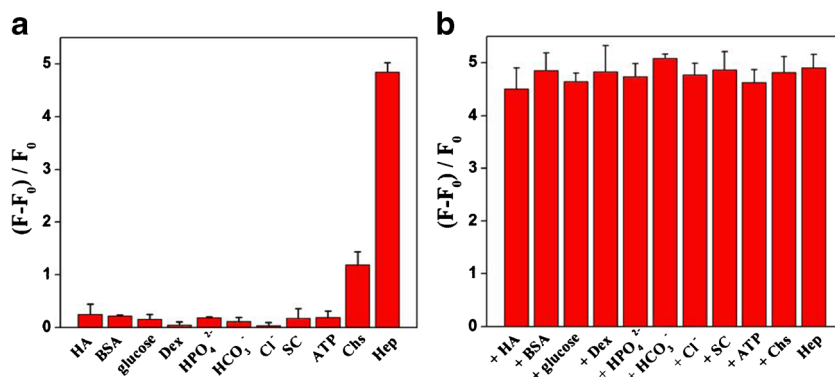
### Selectivity of the assay for Hep

Selectivity is an important factor for Hep detection in real applications in biological samples. Controlled experiments for possible interferences and analogues of Hep were investigated to evaluate the specificity. Figure 4a showed the changes in fluorescence intensity of F-probe after the addition of interferents and Hep into the C-dots/F-probe. Chondroitin sulfate (Chs) and hyaluronic acid (HA) share a highly similar molecular structure with Hep, but only Hep resulted in significant increase of fluorescence, whereas slightly altered fluorescence intensity for Chs can be observed. Other interfering

**Scheme 1** Schematic of heparin (Hep) detection through the interaction of C-dots and ssDNA



**Fig. 4** **a** Fluorescent enhancing efficiency  $((F-F_0)/F_0)$  of the C-dots/F-probe with the addition of Hep or other substances. **b** Fluorescence enhancing efficiency  $((F-F_0)/F_0)$  of the C-dots/F-probe toward Hep and other interferents with Hep



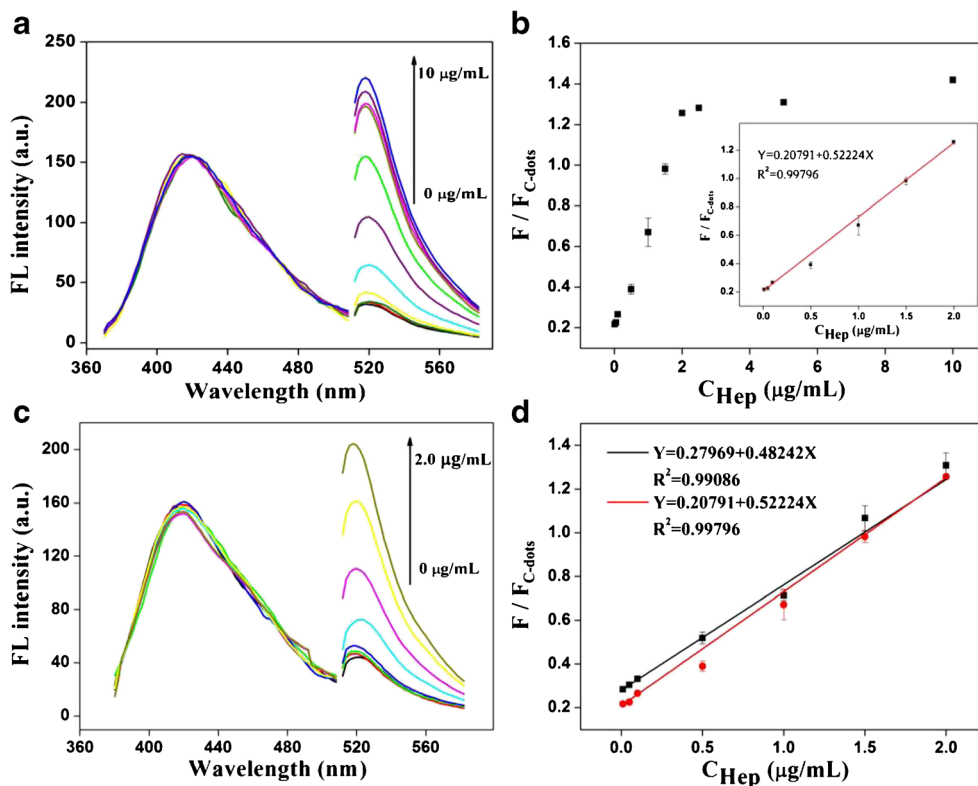
substances containing HA exerted negligible effect on the recovered fluorescence intensity of F-probe. Competitive investigation of Hep detection in the presence of interference was further carried out to evaluate specificity (Fig. 4b). The findings demonstrated that the changed fluorescence intensities of the sensing of Hep with or without common interferents were close. It indicated that influence from interferent was negligible. These results revealed the high selectivity of this analytical method for Hep.

**Detection of Hep in PB saline and simulated serum**

Under the optimized conditions, the fluorescence profiles of the C-dots/F-probe were measured for variable concentration

of Hep. With the increment in Hep concentration, the fluorescence of C-dots centered at 425 nm stabilized, and the fluorescence intensity of F-probe at 520 nm gradually increased (Fig. 5a). The fluorescence of F-probe (F) or the ratio  $(F/F_{C-dots})$  increased with increasing concentration of Hep. Notably, a phenomenon of saturated  $F/F_{C-dots}$  occurred after  $2 \mu\text{g/mL}$  Hep added (Fig. 5b). This was because that the original fluorescence intensity of the added 50 nM F-probe to form the C-dots/F-probe. A linear relationship between the  $F/F_{C-dots}$  and the concentration of Hep in the range of  $0.01\text{--}2 \mu\text{g}\cdot\text{mL}^{-1}$  was observed. The linear regression equation was  $F/F_{C-dots} = 0.20791 + 0.52224C_{\text{Hep}} (\mu\text{g}\cdot\text{mL}^{-1})$  ( $R^2 = 0.99796$ ). The calculated limit of detection (LOD) based on  $3\delta/s$  was  $9.04 \text{ ng}\cdot\text{mL}^{-1}$ , which was markedly lower than the required

**Fig. 5** Fluorescence emission spectra of the C-dots/F-probe changed with increased Hep concentrations in PB saline (a) and 1% FBS (c). **b** Relationship and linear calibration plot (inset) between  $F/F_{C-dots}$  and the concentration of Hep ( $0.01\text{--}2 \mu\text{g}\cdot\text{mL}^{-1}$ ). **d** Comparison of the calibration curve of  $F/F_{C-dots}$  to various concentrations of Hep in PBS (Red) and 1% serum (Black). Error bars are the standard deviation of three independent experiments. Herein, F is defined as the fluorescent intensity of F-probe at 520 nm,  $F_{C-dots}$  is defined as the fluorescence intensity of C-dots at 425 nm



**Table 1** Comparison of the reported fluorescent sensors for Heparin

Structure of the chemsensors	Response type	Dynamic range	LOD	Ref
NRCNRs and Hg <sup>2+</sup> ion	Turn on	0.05–50 µg·mL <sup>-1</sup>	0.013 µg·mL <sup>-1</sup>	[31]
TPE-1	Turn on	0.32–5.5 µg·mL <sup>-1</sup>	3.8 ng·mL <sup>-1</sup>	[32]
H-aggregates	Turn-on	0–14 µM	52 nM	[33]
BSA-stabilized Au nanoclusters (amino-functionalized GO)	Turn-on	100 ng·mL <sup>-1</sup> to 30 ng·mL <sup>-1</sup>	40 ng·mL <sup>-1</sup>	[34]
Z-TPE-5	Turn-on	36–180 ng·mL <sup>-1</sup>	1.53 ng·mL <sup>-1</sup>	[35]
Aminophenol-based carbon dots	Turn-off	10–100 nM	8.2 nM	[7]
SiQDs coupled with AuNPs.	Turn-off	0.002–1.4 µg·mL <sup>-1</sup>	0.67 ng·mL <sup>-1</sup>	[8]
Si NPs	Turn-off	0.02–2.0 µg·mL <sup>-1</sup>	18 ng·mL <sup>-1</sup>	[6]
GQDs and PAMAM-Gu <sup>+</sup>	Turn-on (Ratiometric detection)	0.04–1.6 µg·mL <sup>-1</sup>	0.02 µg·mL <sup>-1</sup>	[36]
C-dots and FAM-labeled ssDNA	Turn-on (Ratiometric strategy)	0–2.0 µg/mL (0–0.25)	9.04 ng/mL	This work

concentration of Hep in clinical treatment of cardiovascular surgery or long-term therapy [1, 2]. In addition, the relative standard deviation (RSD) for six replicate measurements of 0.1 µg·mL<sup>-1</sup> Hep was 4.7%, suggesting the good reproducibility of this method. Furthermore, we compared the analytical performance of several fluorometric assays for Hep (Table 1). Excellent linear range and LOD were obtained in the present method. Moreover, compared with the reported method based on special nanomaterials or peptides as signal source [1, 2, 5, 10], this strategy exhibited the advantages of convenience and quick operation.

Considering the need of real Hep monitoring in clinical treatment, this method was applied to test various concentrations of Hep in diluted FBS. Figure 5c showed that coupled with the stable fluorescence at 425 nm of C-dots, a similar increased fluorescence trend of F-probe observed in Fig. 5a was ascribed to the added Hep. This result suggested that the effect of composition in the serum on this method for Hep assay was disregarded. Moreover, a calibration curve with a similar slope to that of the condition in PB saline was obtained (Fig. 5d). This result suggested that the serum constituents virtually exerted slight influence on this fluorescence strategy.

**Table 2** Results of heparin determination by this method in 1% rabbit serum

Sample	Added (µg·mL <sup>-1</sup> )	Calculated <sup>a</sup> (µg·mL <sup>-1</sup> )	Recovery (%)	RSD (%)
1	0.50	0.5598	106.6	2.58
2	1.00	0.9688	96.88	0.06
3	1.50	1.5142	101.0	0.85

<sup>a</sup> Average value of three independent determinations

### Detection of Hep in rabbit serum samples

This method was used to determine the amount of Hep in rabbit serum samples by using the standard addition method to further evaluate the accuracy of the practical Hep assay. As listed in Table 2 and calculated from linear regression equation in PB saline, the average recoveries of Hep in rabbit serum samples reached 96.88%–106.6% with low RSD, which was acceptable for quantitative assays performed in biological samples. This outcome indicated the excellent potential applicability of this method.

### Conclusions

This paper reports a novel fluorescence method for Hep detection by taking advantage of the strong electrostatic interactions between C-dots and ssDNA and the efficient contending effect of Hep to displace ssDNA. The detection process can be performed rapidly at room temperature without any catalyst or oxidizer. This method offered advantages of efficiency, convenience, and high sensitivity for Hep detection. Under the optimum condition, a good linear response for Hep detection with low detection limit was achieved. Furthermore, the method was successfully applied in the detection of Hep in real serum samples, suggesting wide clinical application in the future.

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**Compliance with ethical standards** The author(s) declare that they have no competing interests.

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