



# Detection of glutathione based on MnO<sub>2</sub> nanosheet-gated mesoporous silica nanoparticles and target induced release of glucose measured with a portable glucose meter

Qingqing Tan<sup>1</sup> · Ruirui Zhang<sup>2</sup> · Rongmei Kong<sup>1</sup> · Weisu Kong<sup>1</sup> · Wenzhi Zhao<sup>1</sup> · Fengli Qu<sup>1</sup> 

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## Abstract

The authors describe a novel method for the determination of glutathione (GSH). Detection is based on target induced release of glucose from MnO<sub>2</sub> nanosheet-gated aminated mesoporous silica nanoparticles (MSNs). In detail, glucose is loaded into the pores of MSNs. Negatively charged MnO<sub>2</sub> nanosheets are assembled on the MSNs through electrostatic interactions. The nanosheets are reduced by GSH, and this results in the release of glucose which is quantified by using a commercial electrochemical glucose meter. GSH can be quantified by this method in the 100 nM to 10 μM concentration range, with a 34 nM limit of detection.

**Keywords** MnO<sub>2</sub> nanosheets · Mesoporous silica · Personal glucose meter · Glutathione · Portable detection · Target induced release

## Introduction

Glutathione (GSH), the dominant nonprotein thiol in mammalian and eukaryotic cells, is synthesized endogenously from the precursor amino acids L-cysteine, L-glutamic acid, and glycine [1]. It participates in several vital biological functions, including protein and DNA synthesis, amino acid transport, enzyme activity, and maintenance of intracellular redox homeostasis, metabolism and detoxification [2]. Levels of GSH are associated with kinds of human diseases, such as cancer,

HIV, AIDS, aging, and Alzheimer's disease [3–5]. Due to the biological and clinical significance, it is of sustained interest in accurate and selective quantification of GSH. Numbers of methods and strategies so far have focused on determination of GSH, e.g., high-performance liquid chromatography (HPLC) [6], electrochemistry [7], chemiluminescence [8], surface-enhanced Raman scattering (SERS) [9], mass spectrometry [10], and fluorescence spectroscopy [11–15]. These methods, however, not only require expensive instruments and sophisticated operations but also involve complicated sample pretreatment, which limits their applications in clinical diagnostics and treatment.

Point-of-care (POC) testing allows rapid, on-site, and affordable detection of biomarker at home, which brings considerable convenience to the patient. The personal glucose meter (PGM) is currently one of the most widely used diagnostic devices in POC testing because of its portable size, time-saving, low cost and reliable quantitative results [16]. Up to now, various PGM-based methods have been fabricated for quantitative detection of a wide range of non-glucose targets based on target-responsive controlled release of glucose from gated-mesoporous silica nanoparticles (MSNs) [17–22]. For example, Tang et al. constructed an immunoassay for quantitative detection of aflatoxins based on target-induced

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Qingqing Tan and Ruirui Zhang contributed equally to this work.

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✉ Fengli Qu  
fengliquhn@hotmail.com

<sup>1</sup> College of Chemistry and Chemical Engineering, Qufu Normal University, Qufu, Shandong 273165, People's Republic of China

<sup>2</sup> Beijing Key Laboratory of Ionic Liquids Clean Process, Key Laboratory of Green Process and Engineering, Institute of Process Engineering, Chinese Academy of Sciences, Beijing 100190, People's Republic of China

release of glucose from the Au nanoparticles-gated MSNs by coupling a competitive-type displacement reaction mode with PGM [23]. Lu et al. established an efficient approach to quantitatively monitor telomerase activity using DNA-capped MSNs by coupling with a PGM based on target-responsive release strategy [24]. Among these methods, MSNs exhibit exceptional biocompatibility, high surface area, large pore volume, and ease of functionalization, which make it possible to load large numbers of glucose by different gates and diverse design strategies.

Ultrathin MnO<sub>2</sub> nanosheets, one type of redox-active 2D nanomaterial, are composed of three atomic layers includes two O layers and one Mn layer. Each Mn is coordinated to six O atoms to form an edge-sharing MnO<sub>6</sub> octahedron [25]. As a result of the presence of Mn-vacancies, single-layer MnO<sub>2</sub> nanosheets were negatively charged [26]. At the same time, MnO<sub>2</sub> nanosheets with strong oxidation ability can be reduced into Mn<sup>2+</sup> by GSH, dithiothreitol and ascorbic acid [27–29]. These together led to the successful development of diverse assay platforms for GSH detection [30, 31]. Therefore, MnO<sub>2</sub> nanosheets provide the possibility for fabricating portable, rapid and cost-effective PGM-based detection device for GSH detection.

We report a novel approach for rapid and selective detection of GSH using a PGM based, target-responsive release of glucose from MnO<sub>2</sub> nanosheet-gated MSNs. Glucose was successfully loaded in the pores of the aminated MSNs, which were then coated by negatively charged MnO<sub>2</sub> nanosheets via electrostatic interaction. The MnO<sub>2</sub> nanosheets served as “gates” to prevent the release of the glucose. In the presence of GSH, MnO<sub>2</sub> nanosheets can be reduced into Mn<sup>2+</sup>, leading to open the gates and induce the release of glucose from the pore. The released glucose can be monitored using an external PGM. By evaluation of the PGM signal, the concentration of GSH in the sample can be calculated.

## Experimental section

### Reagents and materials

Glutathione (GSH) (reduced form) was purchased from Aladdin Chemical (Shanghai, China, [www.aladdin-e.com](http://www.aladdin-e.com)). Tetramethylammonium hydroxide, manganese chloride tetrahydrate (MnCl<sub>2</sub>·4H<sub>2</sub>O), (3-aminopropyl) triethoxysilane (APTES), glucose, glutamic acid (Glu), glycine (Gly), aspartic acid (Asp), tyrosine (Tyr), lysine (Lys), and ascorbic acid (AA) were purchased from Sigma-Aldrich (USA, [www.sigma-aldrich.com](http://www.sigma-aldrich.com)). Tetraethyl orthosilicate (TEOS), hexadecyl trimethylammonium bromide (CTAB), aqueous ammonia solution (NH<sub>3</sub>·H<sub>2</sub>O, 28%), methanol, sodium hydroxide (NaOH), sodium chloride (NaCl), potassium chloride (KCl), calcium chloride (CaCl<sub>2</sub>) and manganese

chloride (MnCl<sub>2</sub>) were bought from Sinopharm Chemical Reagent Co., Ltd. (Shang hai, China, [www.sino-reagent.com](http://www.sino-reagent.com)). Other reagents were of analytical grade and used without further purification. All solutions were prepared with Milli-Q water (resistivity > 18 MΩ cm) from a Millipore system.

### Apparatus

Transmission electron microscopy (TEM) images were carried out on a JEM-2100 PLUS microscope (Japan, <https://www.jeol.co.jp/en>, Japan) at an acceleration voltage of 200 kV. Ultraviolet-visible (UV-vis) absorption spectra were measured using a Varian Cary-300 bio UV/vis spectrophotometer (USA, <https://www.varian.com>). The zeta potential was determined by Apparatus Mk II microelectrophoresis (England, <http://www.rankbrothers.co.uk>). All glucose levels were recorded using a PGM (China, <http://www.sinocare.com>).

### Detection of GSH

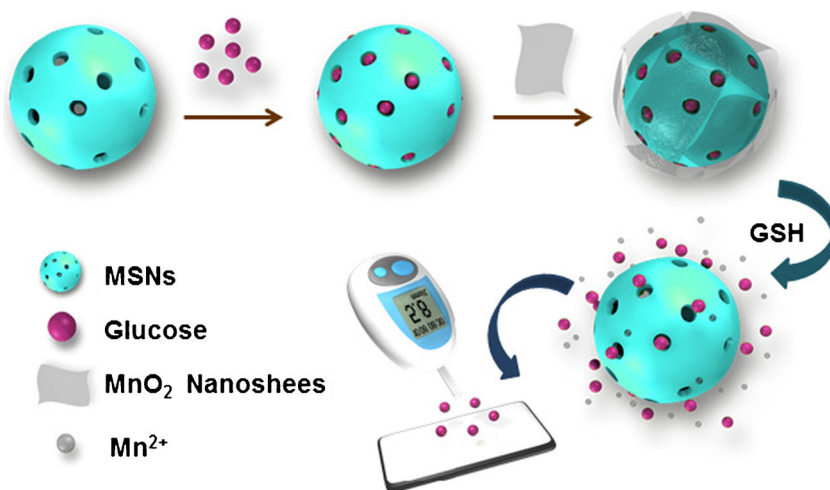
The glucose-loading MSNs capped with MnO<sub>2</sub> nanosheets (MSNs-G@MnO<sub>2</sub>) were prepared according to the literatures [24, 32]. 50 μL of GSH at various concentrations were added into 100 μL of the glucose-loading MSNs capped with MnO<sub>2</sub> nanosheets (MSNs-G@MnO<sub>2</sub>). The samples were shaken occasionally during the reaction at room temperature. During this process, GSH reduces MnO<sub>2</sub> to Mn<sup>2+</sup>, which results in the destruction of the MnO<sub>2</sub> nanosheets and causes the release of glucose. After incubation for 10 min, the concentration of released glucose was determined by a commercially available PGM.

## Results and discussion

### Choice of materials

MSNs have high pore volume, large surface area, controlled particles size, and excellent biocompatibility. They are promising candidates for loading a wide range of substances [24]. MnO<sub>2</sub> nanosheets, two-dimensional layered materials, with high specific surface area and super light absorption capacity, which has attracted significant attention in developing covering-type and “turn-off-on” fluorescence sensing platforms [32]. In addition, MnO<sub>2</sub> nanosheets can be reduced to Mn<sup>2+</sup> by some reducing substances. Taking into account its abilities of covering and oxidation, we selected MnO<sub>2</sub> nanosheets to construct GSH detection platform.

**Scheme 1** Schematic illustration for quantitative detection of glutathione using an external PGM



**Detection mechanism**

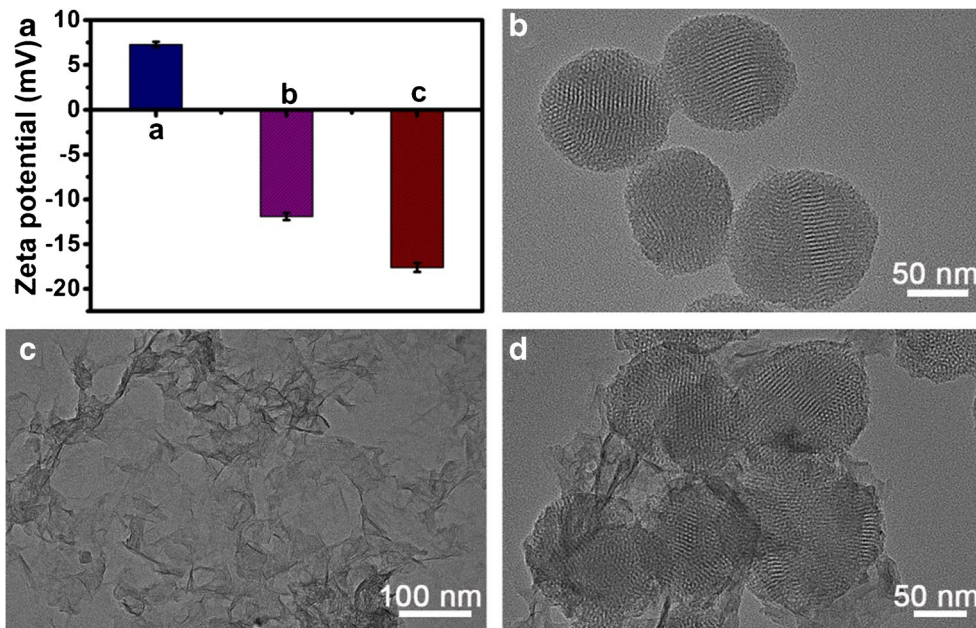
The detection of GSH is based on the target-responsive release of glucose from MnO<sub>2</sub>-nanosheet-gated mesoporous silica nanoparticles (MSNs-G@MnO<sub>2</sub>, Scheme 1). Noticeable amounts of glucose are firstly loaded into the pores of MSNs due to the strong preferential interaction between glucose and silica walls [33]. Then, the gates of positively charged aminated MSNs are sealed by negatively charged MnO<sub>2</sub> nanosheets due to the electrostatic interaction. Upon the introduction of GSH, the MSN-G@MnO<sub>2</sub> is gradually falling apart since GSH reduces MnO<sub>2</sub> to form Mn<sup>2+</sup> ions. This leads to the decomposition of the MnO<sub>2</sub> nanosheets. As a result, the “gate” is destroyed and allows the pore-trapped glucose to diffuse out of MSNs for PGM detection. In this case, the

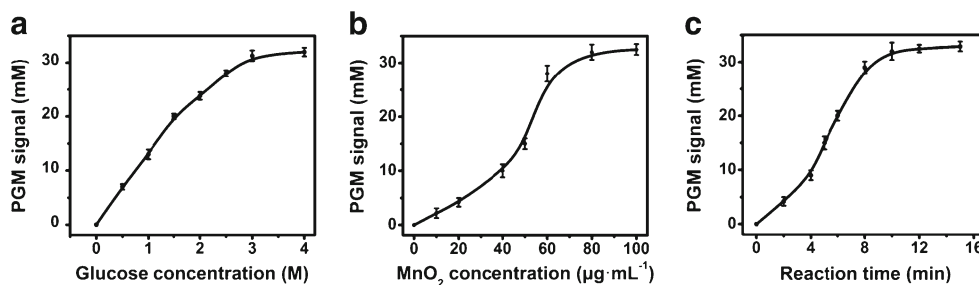
acquired PGM signal is directly proportional to GSH concentration.

**Characterization of MnO<sub>2</sub>-nanosheet-gated MSNs**

Amino groups were introduced on the outlet of MSNs using established methods [24]. As shown from column “a” in Fig. 1a, the zeta potential of the aminated MSNs was 7.27 mV, indicating that APTES was successfully conjugated onto the MSNs to display positively charged nature. Since the MnO<sub>2</sub> nanosheets exhibited a negative zeta potential (−11.9 mV), when aminated MSNs were coated by MnO<sub>2</sub> nanosheets, the zeta potential became more negative (−17.6 mV) (Fig. 1a). This indicates that MnO<sub>2</sub> nanosheets can be assembled onto aminated MSN by electrostatic interaction. Figure 1b shows typical TEM image of the aminated

**Fig. 1** (a) Zeta potentials of a the aminated MSNs, b MnO<sub>2</sub> nanosheets and c MnO<sub>2</sub> nanosheets-coated MSNs. TEM images of (b) the aminated MSNs, (c) MnO<sub>2</sub> nanosheets and (d) MnO<sub>2</sub> nanosheets-MSN nanoparticles





**Fig. 2** Dependence of the PGM signal on (a) glucose concentration (b) MnO<sub>2</sub> nanosheets concentration and (c) release time of glucose ( $C_{[\text{GSH}]} = 100 \mu\text{M}$ ). The error bars were derived from the standard deviation of three measurements. Error bar = SD ( $n = 3$ )

MSNs with uniform, nearly spherical morphology and narrow size distribution. The aminated MSNs possess well-ordered nanopores, which provided sufficient space for glucose loading. Ultrathin MnO<sub>2</sub> nanosheets were prepared via a one-step approach [32]. As shown in Fig. 1c, MnO<sub>2</sub> nanosheets displayed a large 2D and ultrathin plane with occasional folds and wrinkles. The formation of MnO<sub>2</sub> nanosheets-MSNs was also confirmed by TEM (Fig. 1d), which indicated that MnO<sub>2</sub> nanosheets can be assembled onto the surface of aminated MSNs and the MnO<sub>2</sub> nanosheets-MSNs can serve as an ideal nanocontainer for encapsulating glucose.

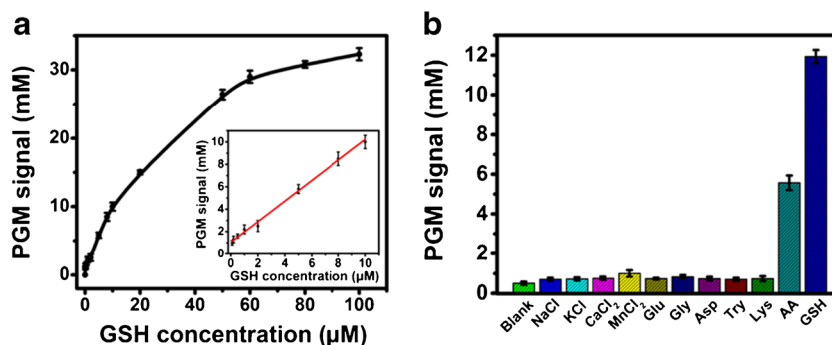
### Optimization of method

Before optimizing experimental conditions, we studied the stability of the MSNs-G@MnO<sub>2</sub> system (Figure S1). After that, the following parameters were optimized: (a) concentration of glucose (Fig. 2a); (b) concentration of MnO<sub>2</sub> nanosheets (Fig. 2b); (c) releasing time for glucose (Fig. 2c). Respective data and Figures are given in ESM. We found the following experimental conditions to give best results: (a) Concentration of glucose: 3 M; (b) Concentration of MnO<sub>2</sub> nanosheets: 80 μg·mL<sup>-1</sup>; (c) Release time for glucose: 6 min.

### Analytical performance of PGM-based nanoprobe toward GSH detection

Under the optimal conditions, the PGM-based nanoprobe was employed for quantifying GSH with various concentrations based on target-responsive controlled release of glucose from MSNs-G@MnO<sub>2</sub>. The detection was carried out using an external PGM after GSH reacted with MSNs-G@MnO<sub>2</sub> for 6 min at room temperature. As shown in Fig. 3a, the PGM signal increased with the increasing GSH concentration. A linear dependence between PGM signal (mM) and GSH level (μM) was achieved in the range from 100 nM to 10 μM. The linear regression equation was  $Y \text{ (mM)} = 1.0497 + 0.9184 \times C_{[\text{GSH}]} \text{ (}\mu\text{M)}$ ,  $R^2 = 0.9943$ . The limit of detection (LOD) was 34 nM, as calculated in terms of the rule of  $3 \times$  standard deviation over the blank signal. Compared with other methods determination of GSH reported previously [7, 11, 15, 25, 30], our method gave lower or comparable detection limit (Table 1).

To investigate the selectivity of the MSNs-G@MnO<sub>2</sub> nanoprobe for GSH, the PGM signals were recorded in the presence of potential interferences, including a wide range of electrolytes and biological species (GSH at a concentration of 10 μM and all other compounds at concentrations of 10 mM).



**Fig. 3** (a) Relationship between PGM signal and the GSH concentration. Inset shows a linear standard plot between PGM signal and the GSH concentration. (b) Selectivity of MSNs-G@MnO<sub>2</sub> nanoparticles for

GSH over other potential interferences. The error bars were derived from the standard deviation of three measurements. Error bar = SD ( $n = 3$ )



**Table 1** Comparison of this method with the newly reported approaches for GSH determination

Materials	Methods	Linear range ( $\mu\text{M}$ )	Linear range (nM)	Ref.
Carbon dots–Ni(IV)	Chemiluminescence	0.31–31	200	[7]
Carbon dots	Fluorescence	0–175	110	[15]
UCNPs- $\text{MnO}_2^{\text{a}}$	Fluorescence	0–10,000	900	[30]
NMM <sup>b</sup>	Fluorescence	0.01–0.6	3.5	[11]
iridium(III)complex- $\text{MnO}_2^{\text{c}}$	Fluorescence	1–200	130	[25]
MSNs-G@ $\text{MnO}_2^{\text{d}}$	PGM-based	0.1–10	34	This work

<sup>a</sup> Upconversion nanoparticles modified with  $\text{MnO}_2$ -nanosheets

<sup>b</sup> N-methylmesoporphyrin IX

<sup>c</sup> Iridium(III) complex  $[\text{Ir}(\text{Cl-phq})_2(\text{Cl-phen})]^+$  assisted with  $\text{MnO}_2$ -nanosheets

<sup>d</sup> Glucose-loading MSNs capped with  $\text{MnO}_2$  nanosheets

Among them, only reducing biomolecules (AA and GSH) caused comparatively high PGM signals, while amino acids and electrolytes did not induce an obvious increase in the PGM signal (Fig. 3b). Although AA can also cause a response to this system, its concentrations ( $\mu\text{M}$  levels) are relatively lower than that of GSH (mM levels) in biological systems [34, 35]. In addition, other thiols, such as cysteine, homocysteine have little effect on this system [14, 25, 27, 31]. Moreover, owing to the ideal sensitivity of our strategy, the serum sample needed to be diluted before the measurement. Under such conditions, the concentration of AA would be at nM level, and would not cause interference to the assay. Thus, the specificity of MSNs-G@ $\text{MnO}_2$  nanoprobe was acceptable, which makes it a promising method for the detection of GSH in biological samples.

### Application analysis in serum samples

In order to estimate the potential applicability in complex biological samples, MSNs-G@ $\text{MnO}_2$  was applied to detect GSH in human blood samples. The accuracy of the sample analysis was measured by calculating the recovery of spiking a known amount of standard GSH in three 100-fold diluted

human serum samples. The total analytical results are summarized in Table 1. 2  $\mu\text{M}$  and 4  $\mu\text{M}$  of GSH were added into each serum samples, respectively. The recovery of GSH is ranged from 97.5% to 102.5%, and the RSD is ranged from 1.9% to 3.5%. These results indicated that the MSNs-G@ $\text{MnO}_2$  nanoparticles had the advantages of being low-cost, rapid, and portable, which can be available for GSH detection in clinical applications (Table 2).

### Conclusions

We have successfully designed a portable, sensitive sensor for quantitative detection of GSH using a PGM based on the target-induced release of glucose from  $\text{MnO}_2$ -nanosheet-gated MSNs. Interestingly, this detection method is fast and convenient. In addition, this method exhibits a good linear response to the concentration range from 100 nM to 10  $\mu\text{M}$  with a detection limit of 34 nM. More importantly, compared with the standard instrumental sensing methods, this PGM-based assay system is low-cost, rapid, portable and user-friendly. Thus, the strategy can be used for quantitative detection of a wide range of non-glucose targets.

**Table 2** Recoveries results of the determination of GSH in diluted serum samples

Sample	Determined GSH ( $\mu\text{M}$ )	Spiked ( $\mu\text{M}$ )	Measured ( $\mu\text{M}$ )	Recovery <sup>a</sup> (%)	RSD (n = 3)
1	4.10	2	6.05	97.5	2.1
		4	8.09	102.3	2.8
2	4.25	2	6.28	101.5	2.9
		4	8.20	98.8	3.5
3	4.30	2	6.35	102.5	1.9
		4	8.26	99.0	2.6

<sup>a</sup> Mean value of three independent measurements

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**Compliance with ethical standards** The author(s) declare that they have no competing interests.

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