# ORIGINAL PAPER

# Mediatorless amperometric bienzyme glucose biosensor based on horseradish peroxidase and glucose oxidase cross-linked to multiwall carbon nanotubes

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Abstract We report on a bienzyme-channeling sensor for sensing glucose without the aid of mediator. It was fabricated by cross-linking horseradish peroxidase (HRP) and glucose oxidase (GOx) on a glassy carbon electrode modified with multiwalled carbon nanotubes (MWNTs). The bienzyme was cross-linked with the MWNTs by glutaraldehyde and bovine serum albumin. The MWNTs were employed to accelerate the electron transfer between immobilized HRP and electrode. Glucose was sensed by amperometric reduction of enzymatically generated H<sub>2</sub>O<sub>2</sub> at an applied voltage of -50 mV (vs. Ag/AgCl). Factors influencing the preparation and performance of the bienzyme electrode were investigated in detail. The biosensor exhibited a fast and linear response to glucose in the concentration range from 0.4 to 15 mM, with a detection limit of 0.4 mM. The sensor exhibited good selectivity and durability, with a long-term relative standard deviation of <5 %. Analysis of glucose-spiked human serum samples yielded recoveries between 96 and 101 %.

**Keywords** Amperometric bienzyme biosensor · Multiwall carbon nanotubes · Cross-linking · Mediatorless · Glucose

### Introduction

Since the first report on glucose enzyme biosensors by Clark and Lyons [1], the analysis of glucose has attracted intense

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S. Xu · H. Qi · C. Zhang School of Chemistry & Chemical Engineering, Shaanxi Normal University, Xi'an 710062, China research interest. Glucose is a necessary substance directly involved in metabolic processes in the body [2]. The monitoring of glucose is essential in clinical diagnosis of kinds of diseases, such as Islet cell carcinoma and glucose metabolism disorders [3]. Among developed approaches, amperometric biospecific enzyme glucose biosensors have been generally considered in terms of the simple operation, sensitive determination, fast response, and low cost [4].

Usually, the glucose biosensors are based on monoenzymeglucose oxidase (GOx) through the oxidation of glucose and the reduction of dissolved oxygen [5]. However, low sensitivity and serious interference problem arising from uric acid, ascorbic acid at high anodic potentials limited the development of monoenzyme-glucose biosensor. An alternative approach to improve the biosensor performance is construction of bienzymatic peroxidase/oxidase biosensors [6-8]. In this system, H<sub>2</sub>O<sub>2</sub> generated in the process of GOx oxidizing glucose is subsequently reduced by the horseradish peroxidase (HRP). HRP is then electrically connected to the electrode surface at low applied potentials [9]. Compared with monoenzyme biosensor, this cascade schemes amplified the electrochemical responses and obviously enhanced the sensitivity of the biosensor [10]. Otherwise, the detection of glucose is under mild applied potentials, thus increasing the specificity of the biosensor and avoiding the accumulation of H<sub>2</sub>O<sub>2</sub> which would inactivate GOx [11, 12].

Different electrode modifying materials would influence the biosensor performance such as the sensitivity, selectivity, stability, etc [13]. Carbon nanotubes (CNTs) has been widely used as modifying material for the construction of biosensors during the past decade because of their unique structures, large edge/basal plane ratio, enhanced electronic properties, and rapid electrode kinetics [14, 15]. CNTs could accelerate the electron-transfer between the electrode and redox centers of enzymes, and improve the conductive property, thus the performance of CNTs-based biosensor is improved largely [16, 17]. There have several reports about cooperating of two enzymes (peroxidase and oxidases) for the construction of bienzyme biosensors to detect glucose [18–21], cholesterol [22], acetylcholine [23], glucosinolate [24], and *a*-1-fetoprotein [25].

Thereinto, HPR/GOx was immobilized on CNTs modified electrode for glucose detection by various immobilization methods, such as adsorption [26], entrapment in gels, membranes or polymer matrices [20, 27–31] and layer-by-layer assembly [32–34] with/without redox mediator. As we known, reliable immobilization of enzyme on electrode is vital in biosensor fabrication concerning of simple immobilization process and high retention of its bioactivity and stability [17]. Adsorption is simple and easily carried out, but it suffers from stability problem. Entrapment or encapsulation results in a low enzymatic reaction rate because of diffusion-controlled process [34]. Layer-by-layer assembly is advantageous due to its simplicity and versatility, whereas stability may be lower compared with the chemical methods [35].

Cross-linking was a commonly used immobilization technique with strong interaction between enzymes and carriers, thus reducing the leakage of enzymes and improving the stability of the biosensor. Previously, we constructed an amperometric H<sub>2</sub>O<sub>2</sub> monoenzyme biosensor by cross-linking HRP to CNTs-modified glass carbon electrode surface, which showed the advantages of good stability [36]. The aim of the current study is to fabricate a stable bienzyme biosensor for glucose detection using cross-linking technique. Glutaraldehyde was used as the cross-linked reagent to attach HRP and GOx onto multiwall carbon nanotubes (MWNTs) which were immobilized on glassy carbon electrode, and bovine serum albumin was added to provide suitable micro-circumstance for HRP and GOx. By combining the benefits of CNTs and cross-linking film, the biosensor offered an excellent amperometric response for glucose with high stability and quick response. The influencing factors on the bienzyme sensor response to glucose were examined in detail.

# Experimental

### Reagents

HRP (250 U mg<sup>-1</sup>) was purchased from Sino-American Biotechnology Company (Luoyang, China http://www.sabc.com. cn). GOx (145 U mg<sup>-1</sup>) was supplied by Wako pure Chemical Industies, Ltd. (Osaka, Japan http://www.wako-chem.co.jp). Glutaraldehyde and bovine serum albumin were purchased from Sigma (St. Louis, Mo, USA http://www.sigmaaldrich. com). MWNTs were purchased from Shenzhen Nanotech Port Co. Ltd. (Shenzhen, China http://www.nanotubes.com.cn). Phosphate buffer solutions (0.1 M) with various pH values were prepared by mixing stock standard solutions of  $K_2HPO_4$ and  $KH_2PO_4$  and adjusting the pH with HCl or NaOH. All double-distilled water was used in all experiments.  $H_2O_2$ solutions were prepared daily from 35 %  $H_2O_2$  solution. All other chemicals were of analytical grade and used without further purifications.

# Apparatus and measurements

Electrochemistry measurements were performed with a Bioanalytical Systems BAS-100B/W electrochemical analyzer (BAS Co, U.S.A http://www.basinc.com). All electrochemical experiments employed a three-electrode cell (10 mL, single electrolyte compartment) with a glass carbon working electrode (GCE), a platinum wire auxiliary electrode and an Ag/AgCl (3 M NaCl solution) reference electrode. All potentials were referred to this reference electrode. All measurements were carried out in isothermal reactor at constant temperature ( $30\pm0$ . 2 °C) with 0.1 M phosphate buffer solution as background electrolyte. Cyclic voltammetric experiments were carried through in quiescent solutions with the scan rate of 50 mV s<sup>-1</sup>.

## Fabrication of bienzyme biosensors

MWNTs were pretreated as described previously [36]. The GCE (3 mm in diameter) was polished with 0.3  $\mu$ m alumina slurry followed by rinsing thoroughly with doubly distilled water. Then it was ultrasonicated in ethanol and double distilled water for several minutes, and allowed to dry at room temperature.

The biosensor was prepared by immobilizing the MWNTs and bienzyme on GCE in three steps. In the first step, the MWNTs were immobilized by casting 25 µL of treated MWNTs solution onto the GCE and then evaporating the N, N-dimethylformamide solvent in air to form MWNTs modified electrode (MWNTs-GCE). In the second step, HRP was immobilized on MWNTs-GCE based on the cross-linking reaction. 5 µL of the optimized enzyme solutions containing HRP (40 mg mL<sup>-1</sup>), bovine serum albumin (80 mg mL<sup>-1</sup>) and glutaraldehyde (0.10 %, 50  $\mu$ L mL<sup>-1</sup>) were coated onto the MWNTs film, and was rotated with 5,000 rpm for 10 s and allowed to stay in air for dry. In the third step, 5 µL of the optimized enzyme solutions containing GOx (20 mg mL<sup>-1</sup>), bovine serum albumin (80 mg mL<sup>-1</sup>) and glutaraldehyde (0.10 %, 50  $\mu$ L mL<sup>-1</sup>) were casted on HRP-MWNTs-GCE based on the cross-linking reaction and was rotated with 5,000 rpm and dried in ambient conditions. Then the GOx-HRP-MWNTs-GCE was obtained. When not in use, the resulted electrode was stored in 0.1 M phosphate buffer solution with pH 7.0 at 4 °C.

#### **Result and discussion**

## Design of the electron transfer pathway

In preliminary experiment, two methods were used to immobilize bienzyme onto the electrode. One method was integrating the mixture of HRP and GOx within one layer, but it was found the current response was quite low. Although the coimmobilization of HRP and GOx made enzymatically generated H<sub>2</sub>O<sub>2</sub> immediately reduced by HRP, the far distance of HRP to the electrode surface caused by the larger bulk of GOx molecule than HRP led to a steric hindrance effect, which did not facilitate electron transfer between MWNTs and HRP. Thus, we anticipated a bienzyme sensor architecture using two layers to have high current responses. A first layer contained cross-linked HRP onto a MWNTs-modified electrode enabled fast electron transfer between the oxidized active site of HRP and the electrode surface. On top of this layer, a second layer was precipitated by cross-linking GOx with glutaraldehyde and bovine serum albumin. The bienzyme sensor architecture and the presumed electron-transfer pathway are shown in Fig. 1. The reaction pathway can be approximately expressed as:

$$Glucose + O_2 \xrightarrow{GOx} Gluconolactone + H_2O_2$$
(1)

$$H_2O_2 + HRP_{red} \xrightarrow{HRP} HRP_{ox} + H_2O$$
(2)

$$HRP_{ox} + 2e \rightarrow HRP_{red}$$
(3)

The amperometric response of bienzyme electrode were preliminarily tested with 0, 5 and 10 mM glucose in pH 7.0 phosphate buffer solution. As shown in Fig. 2, amperometric response increased with increasing concentration of glucose from 0 to 10 mM. To verify whether the current response was due to direct catalysis of GOx with glucose, a control experiment in the absence of HRP was performed. No current response to glucose could be observed at the GOx-MWNTs-

Fig. 1 Reaction scheme for glucose detection at the MWNTs-modified bienzyme electrode

GCE, which confirmed that the catalytic current is due to the catalysis react of HRP with enzymatically generated  $H_2O_2$ .

Optimization of the working electrode architecture

Since the different loading of HRP and GOx at the electrode might affect the performance of the biosensor, the enzyme compositions (HRP/GOx ratio) were optimized by measuring the amperometric responses of 5 mM glucose. From Fig. 3 it can be seen that higher current response was resulted for a higher HRP/GOx ratios because increasing of HRP activity improved the sensitivity of bienzyme sensor [7]. A largest current response was observed for a HRP/GOx ratio of 2/1 (40 mg HRP/20 mg GOx). This HRP/GOx ratio was taken for the subsequent construction of the bienzyme biosensor. However, when the ratio of HRP/GOX was larger than 2/1, much lower response currents were observed. As GOX is indispensable for the catalysis of glucose, an appropriate amount of GOX is necessary.

### Effects of reduction potential

Studies to investigate the dependence of the biosensor response on the applied potential were performed. We explored the effects of applied potential for the amperometric detection of glucose at HRP-GOx-MWNTs-GCE over the potential range from -150 to 100 mV. The result was shown in Fig. 4. The current response increased as the applied potential shifted positively from -150 to -50 mV and arrived at a maximum value at -50 mV. It is preferable to control the lower working potential to avoid or decrease the interference from other electroactive substances potentially present in serum such as ascorbic acid, uric acid etc. Therefore, a detection potential of -50 mV was selected for further work.

#### Effect of pH and temperature

The study of the influence of pH on the amperometric response of the biosensor was investigated between 4.0





Fig. 2 Chronoamperometric response of HRP/GOx bienzyme sensor in 0.1 M phosphate buffer solution (pH=7.0) at -50 mV in the presence of 0 mM, 5 mM and 10 mM

and 9.0 in 0.1 M phosphate buffer solution. The maximum current response was attained at pH 7.0 which is near to the optimum pH observed for free GOx molecule. Therefore, the suitable pH with the maximal performance of the bienzyme biosensor was set at pH 7.0.

The effect of temperature on the bienzyme biosensor response was studied by measuring the steady-state current of 5 mM glucose solutions at temperatures ranging from 20 to 60 °C. As the temperature ranged from 20 to 40 °C, the current response increased. With the temperature up to 50 °C, the current response decreases rapidly, probably due to the denaturation of



Fig. 3 Effect of component bienzyme solution on the response of the biosensors in 0.10 M phosphate buffer solution (pH 7.0) containing 5 mM glucose at -50 mV



Fig. 4 Effect of applied potential on the amperometric responses in 0.10 M phosphate buffer solution (pH 7.0) in the presence of 10 mM gucose

the enzymes. So 30 °C was chosen for further experiments.

#### GOx-HRP-MWNTs-GCE biosensor performance

By using the optimized working parameters, the response of glucose to GOx-HRP-MWNTs film at GCE was studied using chronoamperometry mode. A linear calibration plot for glucose (R=0.9983) was obtained in the 0.4–15 mM concentration range, and the linear regression equation was I=8.6325+1.3287 *C* (unit of *C* is mM). The limit of detection was 0.4 mM at a signal-to-noise ratio of 3.

The apparent Michaelis-Menten constant ( $K_m$ ), an indication of the enzyme-substrate kinetics, is commonly used to evaluate the biological activity of immobilized enzymes. The calculated  $K_m$  obtained from the Lineweaver-Burk equation [37] was estimated to be 7.7  $\mu$ M, much lower than that the bienzyme immobilized on poly(toluidine blue O) [26], neutral red functionalized CNTs [27] and thionin functionalized CNTs [19].

$$\frac{1}{I_{SS}} = \frac{K_m}{I_{\max}} \cdot \frac{1}{C} + \frac{1}{I_{\max}}$$

Where,  $I_{ss}$  is the steady state current after the addition of substrate, C is the bulk concentration of the substrate and  $I_{max}$  is the maximum current measured under saturated substrate conditions. The low  $K_m$  value indicated that the immobilized HRP and GOx possessed high enzymatic activity, and the present electrodes exhibited high biologically affinity to glucose. This fact suggests that the Michaelis-Menten equilibrium was favored in our electrode design, probably as a

Table 1	Figures of	f merits of	comparable	methods fo	r determination	of glucose
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Electrode material	Linear range (mM)	LODs (µM)	рН	Stability (days/ percent of the initial response)	Reference
Au/SWNT/HRP-GOD/PPy	0.03–2.43	0.03	6.8	7/82	[26]
GC-CNT-HRP-GOD-Nf	0.025-0.4	0.5	7.4	7/97	[25]
GC/MWNT/GOx+HRP/PTBO	0.1-1.2	0.03	7.4	25/75	[27]
(PAH-CNT-HRP)5/(ConA/GOD)5	0.002-0.17	0.257	6.5	8 /93	[30]
SAM-PNT/HRP-GOx	0.5-2.4	73	9	30/85	[38]
GOD/FeTMPyP/RGNRs	0.5-10	0.2	7.4	14/96.2	[39]
HRP-GOx-MWNTs-GCE	0.4–15	400	7	20/90	This work

*PPy* electropolymerized pyrrole, *Nf* nafion, *PTBO* poly(toluidine blue O), *PAH* poly(allylamine hydrochloride), *ConA* concanavalin A neutral red (NR), *PNT* peptide nanotube, *FeTMPyP* iron(III) meso-tetrakis (N-methylpyridinum-4-yl) porphyrin, *RGNRs* graphene nanoribbons

consequence of the microenvironment provided by glutaraldehyde and bovine serum albumin.

#### Selectivity

# Stability and repeatability

The stability of HRP-GOx-MWNTs-GCE was also tested. It was found that the current response to the glucose decreased about 10 % after storage in 0.1 M pH 7.0 phosphate buffer solution at 4 °C for 20 days, indicating good stability of HRP-MWNTs-GCE. Therefore, HRP-GOx molecules can be firmly immobilized on the surface of the MWNTs and not leak out of the biosensor. The response time of the sensor, calculated as the time elapsed between 5 and 95 % of response height, was fast (less than 5 s). The reproducibility was checked by monitoring the current response for 10 replicate injections of 5.0 mM glucose with an applied potential of -50 mV. The relative standard deviation was 4.5 %, indicating a good reproducibility of the biosensor. Furthermore, the fabrication reproducibility of six different electrodes, showed an acceptable reproducibility with a relative standard deviation of 6.4 % for the currents determination at a glucose concentration of 5 mM. The good stability and reproducibility was partially attributed to the strong interactions between enzymes and carriers via crosslinking immobilization, which resulted in little leakage of HRP- GOx molecules from the biosensor.

 Table 2
 Analytical results of glucose in real samples

Sample No.	Found (mM) <sup>a</sup>	Added (mM)	Total found (mM) <sup>a</sup>	Recovery (%)
1	5.53±0.09	1.50	7.12±0.07	101
		2.00	$7.30{\pm}0.10$	97
2	$6.28 {\pm} 0.13$	1.00	$7.13 {\pm} 0.08$	96
		1.50	$7.62 \pm 0.12$	98

<sup>a</sup> Average  $\pm$  one standard deviation (*n*=5)

The effects of common interfering species on the amperometric responses at the GOx-HRP-MWNTs modified electrode at -50 mV were studied. Common interferences for glucose detection in real application include ascorbic acid, uric acid, dopamine and acetaminophen. The amperometric responses were obtained by adding interfering species of different concentration to the solution containing 5 mM glucose. No apparent change (<5%) in the current response was found when the concentration of ascorbic acid, uric acid, dopamine and acetaminophen was less than 2 mM, 3 mM, 1 mM and 1 mM, respectively. Compared with nonenzyme biosensor, the anti-interferential ability is much higher than that glucose oxidase adsorbing on poly(methyl methacrylate)bovine serum albumin core-shell nanoparticles with the tolerance concentration of only 0.1 mM for ascorbic acid and 0.5 mM for uric acid, respectively [34]. This result indicated good selectivity of the biosensor because lower detection potential could limit the oxidation of the easy-oxidized interfering substances. Table 1 showed the parameter of GOx-HRP-MWNTs in terms of analytical performance and stability are compared with earlier reported amperometric glucose biosensors.

# Sample analysis

To demonstrate the straightforward real application of the glucose biosensor, two serum samples were analyzed. The sample was diluted to its half concentration with 0.1 M phosphate buffer solution at pH 7.0. The diluted samples were then determined by the as-prepared bienzyme system at a potential of -50 mV. Table 2 summarized the obtained results. As can be seen, the mean recoveries ranged between 96 and 101 %. These results indicated that the biosensor suffered from littlie interference from serum sample matrix and thus can be directly used to determine glucose in serum without sample pretreatment.

### Conclusion

In this work, we presented a simple mediator-free amperometric bienzymatic glucose biosensor by cross-linking GOx and HRP on the MWNTs modified electrode. The special nanostructure of MWNTs resulted in a high catalytic activity of the immobilized enzymes and accelerates the direct electron transfer between the heme in HRP and the electrode. The designed bienzyme-channeling sensor provides a promising strategy to construct sensitive, stable and anti-interferential amperometric biosensors for glucose with fast response. It shows potential that the strategy developed in this work may be easily extended for the preparation of other multienzyme biosensors for detection of uric acid, cholesterol, etc.

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