

# Centri-voltammetric determination of glutathione

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**Abstract** Centri-voltammetry is a method for concentrating an analyte on an electrode with the aid of a centrifuge. It can be performed in the presence or the absence of a solid carrier/support. This is followed by a voltammetric (analytical) scan. Specifically, we describe here an application of the technique to the determination of glutathione (GSH). Silica gel is used as the carrier precipitate to which gold nanoparticles were added in order to improve accumulation as a result of their strong affinity for thiols. Voltammetry was performed with a carbon paste electrode modified with multi-wall carbon nanotubes. The response to GSH is linear in the 25 and 800  $\mu\text{M}$  concentration range (the correlation coefficient being 0.9915) and the relative standard deviation is 3.40 % (at 250  $\mu\text{M}$  of GSH and  $n=6$ ). The procedure was successfully applied to the determination of GSH in wine and in synthetic plasma using the standard addition method. The recoveries are 100.8 % and 100.0 %, respectively.

**Keywords** Centri-voltammetry · Gold nanoparticle · Silica gel · GSH · Multi-walled carbon nanotube

## Introduction

Glutathione (GSH) is a tripeptide ( $\gamma$ -Glu-Cys-Gly) that contains a -SH group. It helps to prevent the damage of the cells

by neutralizing harmful molecules generated during energy production. Recently, GSH has been encountered in many tumor tissues and altered levels of GSH in plasma have been implicated in a number of pathological conditions including macular degeneration, diabetes, Alzheimer's, Parkinson's and HIV diseases [1–7].

Sensitive and accurate determination of GSH is also important for food analysis. GSH prevents formation of free radicals and detoxifying cells. It also inhibits enzymatic and non-enzymatic mechanisms involved in browning of the fruit juice and other foods [8–12]. Additionally, GSH prevents the oxidation of phenolic compounds in wine and is claimed to play a major role in protecting volatile thiols during the aging of bottled white wines [13].

Several methods have been available for the detection of GSH such as high-performance liquid chromatography [14–17], spectrofluorimetry [18] and spectrophotometry [19, 20]. However, most of these techniques experience difficulties at the sample preparation step and the necessity of derivatization or lack of sensitivity limits their practical utility [21]. Electrochemical methods, on the other hand, provide a simple and sensitive alternative for GSH detection [22, 23]. The detection principle in these techniques is based on following the electrochemical oxidation reaction of GSH as shown in Eq. 1.



The main drawback of the method is the high background current resulted from the strong adsorption of the hydro-sulfide group of GSH on the metallic electrodes like platinum, gold and silver [24, 25]. Modified electrodes like boron-doped diamond electrodes [26], carbon nanotube paste electrodes [4] and sol-gel-derived ceramic-carbon nanotube nanocomposite electrodes [27] have been utilized in order to facilitate the electrochemical oxidation of GSH. Gold nanoparticles (AuNPs) have also been employed for detection of thiol-containing amino acids based on the strong affinity of the -SH groups to gold [28, 29].

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Centri-voltammetry on the other hand, is a method which combines the advantages of centrifugation and voltammetry. The method offers a practical way for the application of coprecipitation in the same cell allowing direct voltammetric scan afterwards. In this way, the loss of analyte is prevented which usually is the case for other preconcentration techniques. The first application of this method, developed by our group, includes sensitive heavy metal detection with good reproducibility [30, 31]. Ürkmez et al. [32] applied the method for anodic stripping analysis of mercuric ions at gold film electrode where sub ppb levels of mercury were detected.

More recently, the scope of the method was extended by applying centri-voltammetry for detection of biological compounds. The method was named as bio-centrivoltammetry [33, 34]. In our first work, we manage to construct a xanthine biosensor by immobilizing xanthine oxidase onto the working electrode of centri-voltammetric cell [33]. In the second bio-centrivoltammetric application, we manage to monitor the acetyl choline esterase enzyme activity biocentrivoltammetrically [34]. A survey including previous centri-voltammetric studies were summarized in Table 1. Growing demand for more selective and sensitive determinations of biologically important molecules encourages the usage of more selective carriers as well as new electrode materials adoptable to the centri-voltammetric cell.

Carbon nanotubes (CNTs) offer better sensitivity, fast response, good reversibility, enhanced electron transfer and easy immobilization of biological substances with retention of activity when used as an electrode material for some reagents [35–42].

On the other hand, silica gel is a stable non-swelling inorganic material which is defined as an ideal support for organic groups. It has also been used for accumulation of different substances as an adsorbent. This material has high mass exchange characteristics, fast adsorption kinetics, high surface area and very high thermal resistance [43]. In some studies silica gel was modified by suitable reagents and as a result, more effective adsorbents were obtained [43–47].

In this study, the GSH content of the solution was driven onto the multi-wall carbon nanotube (MWCNT) modified

carbon paste electrode surface by means of a centrifugal force in the presence of silica gel. The preconcentration step was enriched by addition of AuNP which are known to have a strong affinity to the thiol groups. In centri-voltammetric techniques, the analyte, together with carrier precipitate and supporting electrolyte accumulate on the electrode surface as a thin film. In this manner, the insertion of AuNPs into this film would increase the conductivity of the film which resulted with enhanced activity of the electrode surface. The analyte preconcentrated as a thin film is then detected by applying voltammetric scan. After the working parameters like silica gel and AuNP amounts, adsorption time, centrifugation speed and time were optimized, the analytical characteristics were explored. The performance of the developed centri-voltammetric system was also tested by detecting GSH in wine and synthetically prepared plasma samples.

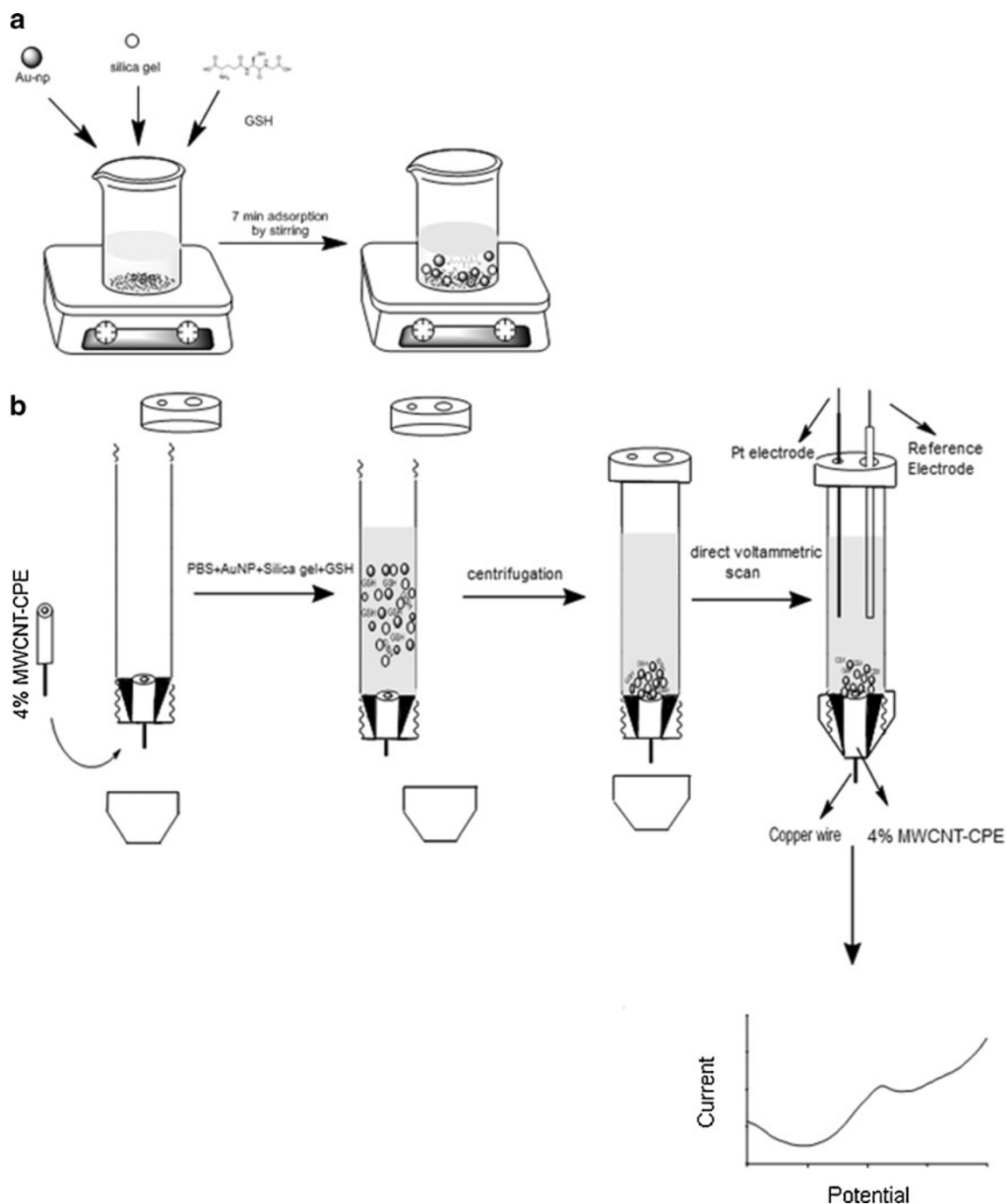
## Experimental

### Apparatus

Differential pulse voltammetric measurements were carried out with a FRA 2  $\mu$ -AUTOLAB Type III electrochemical measurement system from ECO CHEMIE Instruments B.V., (Netherlands, www.ecochemie.nl) controlled by GPES software. The experiments were conducted in a 10 mL centri-voltammetric cell, at room temperature (25 °C), using a three-electrode configuration. A platinum electrode served as an auxiliary electrode while an Ag/AgCl electrode as reference electrode, and 4 % MWCNT modified CPE was used as the working electrode. The auxiliary and reference electrodes were inserted into the cell through the Delrin cover while the working electrode was placed at the bottom of the cell. A Sigma 3-16PK centrifuge was used for centrifugation (www.sigma-zentrifugen.de). The home-made cell, made from a Delrin tube, was constructed to be compatible to both the centrifuge and voltammetry. The working electrode was placed at the bottom of the cell to provide a flat surface for the deposits (Fig. 1).

**Table 1** The summary of all centri-voltammetric studies

Analyte	Method	Carrier Material	Linear Range	LOD	RSD (%)	$R^2$	References
Pb(II) ions	Centri-voltammetry	Al(OH) <sub>3</sub>	$1 \times 10^{-9}$ to $1 \times 10^{-6}$ M	$2.2 \times 10^{-9}$ M	5.30	-	[30]
Pb(II) ions	Centri-voltammetry	XAD-7 resin	$5.0 \times 10^{-9}$ to $1.0 \times 10^{-6}$ M	$5.2 \times 10^{-9}$ M	3.30	0.995	[31]
Hg(II) ions	Centri-voltammetry	Not used	3.0 pM to 10.0 nM	3 pM	-	0.9941	[32]
Xanthine	Biocentri-voltammetry	Not used	0.1 to 1 $\mu$ M 5 to 50 $\mu$ M	$9.2 \times 10^{-8}$ M	3.43	0.984 0.997	[33]
Acetylthiocholine chloride	Biocentri-voltammetry	Not used	1.0 to 350 $\mu$ M	-	3.60	0.99	[34]
GSH	Centri-voltammetry	Silica gel/AuNP	25 to 800 $\mu$ M	264.2 $\mu$ M	3.40	0.9915	This work



**Fig. 1** Demonstration of the centri-voltammetric procedure **a**) adsorption process, **b**) the stages of centri-voltammetry

### Reagents

Graphite powder (particle size  $<50\ \mu\text{m}$ , Merck, [www.merck.com](http://www.merck.com)) and mineral oil (Aldrich, [www.sigmaaldrich.com](http://www.sigmaaldrich.com)) were purchased. MWCNT (diam. =  $110\text{--}170\ \text{nm}$ , length =  $5\text{--}9\ \mu\text{m}$ , 90+%) was obtained from Aldrich ([www.sigmaaldrich.com](http://www.sigmaaldrich.com)). A 0.01 M GSH stock solution was prepared freshly by dissolving the appropriate amount of GSH (L-Glutathione reduced,  $\gamma$ -L-Glutamyl-glycine GSH, cell culture tested, Sigma, [www.sigmaaldrich.com](http://www.sigmaaldrich.com)). The solution was then

deaerated with  $\text{N}_2$  gas. The silica gel (Silica Gel 60, particle size  $\leq 0.04\ \text{mm}$  ( $\geq 400$  mesh ASTM, for preparative column chromatography) was used as the carrier material, which was supplied from Fluka ([www.sigmaaldrich.com](http://www.sigmaaldrich.com)) while gold colloid was obtained from Sigma ( $0.75\text{A}_{520}$  units/mL; concentration:  $\sim 0.01\ \%$  as  $\text{HAuCl}_4$ , [www.sigmaaldrich.com](http://www.sigmaaldrich.com)). Phosphate buffer solution  $\text{KH}_2\text{PO}_4$ , Merck/purity 99,995 %, 0.05 M, pH 7.0, [www.merck.com](http://www.merck.com)) was used as the supporting electrolyte. Synthetic plasma samples were prepared by incorporating the reagents into the Tris-HCl including

140 mM NaCl (99.0–100.1 % supplied from Pancreac, ([www.pancreac.es](http://www.pancreac.es)), 4.5 mM KCl, 2.5 mM CaCl<sub>2</sub> (Calcium chloride dehydrate, ACS reagent, ≥99 % from Sigma-Aldrich, [www.sigmaaldrich.com](http://www.sigmaaldrich.com)), 0.8 mM MgCl<sub>2</sub> (magnesium chloride hexahydrate, GR for analysis 99.0–101.0 % obtained from Merck, [www.merck.com](http://www.merck.com)), 2.5 mM urea (for molecular biology, powder used from Sigma, [www.sigmaaldrich.com](http://www.sigmaaldrich.com)), and 4.7 mM glucose (D-(+) glucose monohydrate for microbiology from Merck, [www.merck.com](http://www.merck.com)). 10 mM Tris-HCl (Trizma<sup>®</sup>hydrochloride, reagent grade, ≥99.0 % (titration), crystalline supplied from Sigma, [www.sigmaaldrich.com](http://www.sigmaaldrich.com)) buffer was used as the background of the synthetic plasma solution. All solutions were prepared by using double distilled water and other chemicals were all of analytical grade.

### Electrode preparation

MWCNT modified CPE was prepared by using previously optimized ratios which is 66:30:4 % (w/w) graphite powder/mineral oil/MWCNT [35]. A portion of the resulting paste was then packed firmly into the electrode cavity (3.0 mm diameter and 5.0 mm depth) of a cell made of Delrin where electrical contact was established via a copper wire. The surface of the paste electrode was smoothed with a weighing paper and rinsed carefully with double distilled water.

### Procedure

As can be followed from Fig. 1, the GSH solution was placed in a beaker and 1.0 mg of silica gel and 30 μL of AuNP solution were added. The stirred was switched on and the mixture was allowed to complete adsorption process for 7 min. Then, the mixture was placed into the centri-voltammetric cell and centrifuged for 4 min at 4000 rpm. After that the cell was carefully placed in the voltammetric stand where reference and counter electrodes were immersed into the working solution. Differential pulse voltammograms were recorded in the potential range between 0 V and +1.0 V in 50.0 mM phosphate buffer (pH 7.0) medium. The electrode surface was renewed prior to each use.

### Sample application

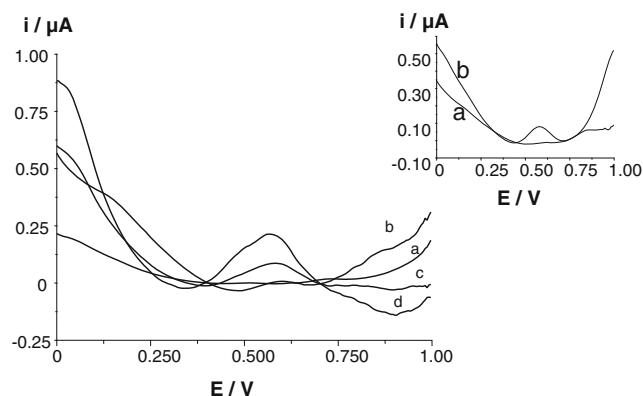
The procedure was applied for the detection of GSH in food and clinical sample to show the versatility of the method developed. Synthetically prepared plasma sample and the red wine sample from local market were analyzed using the standard addition method. The wine sample was diluted in 1:100 ratios with 50 mM pH 7.0 phosphate buffer solutions and spiked with 100 μM GSH standard. The synthetic plasma sample was prepared according to the procedure reported before [48]. Synthetic plasma solution was comprised of

140 mM NaCl, 4.5 mM KCl, 2.5 mM CaCl<sub>2</sub>, 0.8 mM MgCl<sub>2</sub>, 2.5 mM urea, and 4.7 mM glucose. 10 mM Tris-HCl buffer was used as the background of the synthetic plasma solution. The final pH of the solution was adjusted to 7.3 with addition of proper amount of 1 M HCl. The standard solutions were prepared from using the synthetic plasma electrolyte as a background solution and then proper amount of analytes was spiked to the phosphate buffer solution (pH 7.0). The recovery values were calculated upon three successive additions of standard GSH solution into the mixtures.

## Results and discussion

### Electrochemical detection of GSH by centri-voltammetry

The effective side of the suggested method can easily be seen from Fig. 2 where 400 μM GSH was used and centrifugation was applied at 4000 rpm prior to voltammetric scan. With MWCNT-CPE, wide and small peak of GSH at 0.6 V was obtained when there is no silica-gel and AuNP in the medium (Fig. 2b). After the addition of silica gel, a little more significant but still wide peak was obtained (Fig. 2c). It has been believed that this process produces a thin film on the electrode surface along with the GSH content of the solution. As a result, the analyte is enriched in this film at a certain extent which results with an improvement at the signal. Actual improvement was observed when 30 μL of AuNP solution was added into the cell as described in the procedure. As a result, GSH peak has doubled (Fig. 2d). Here, AuNP serves as a carrier reagent and a modifier. Due to strong affinity of these nanoparticles to the thiol groups, it has been believed that the accumulation process is strengthened and as a result more significant GSH peak was obtained.



**Fig. 2** Differential pulse voltammetric responses of the 4 % MWCNT/CPE with centri-voltammetry **a**) background, **b**) 400 μM GSH, **c**) 400 μM GSH including silica gel, **d**) 400 μM GSH including silica gel and AuNP, in 50 mM phosphate buffer solution (pH 7.0), working potential: 0 V/+1.0 V. Inset: A comparison of **a**) bare CPE and **b**) 4 % MWCNT modified CPE for 400 μM GSH including silica gel and AuNP

In order to observe the effect of MWCNT, the procedure was performed with and without MWCNT modified CPE. It can be seen that when the 4 % MWCNT was incorporated into the CPE, a significant and well-defined peak obtained relating to electrochemical oxidation of GSH with centri-voltammetry whilst no distinct peak current was obtained with bare CPE (Fig. 2 inset). The voltammograms show that the plain CPE had a current value of 0.0047  $\mu\text{A}$  while the MWCNT including CPE had current value of 0.087  $\mu\text{A}$ . The significant increase in current value and the decrease in peak potential (as in the case of MWCNT) can be attributed to the electrocatalytic activity of CNT, which can mediate the electron transfer reactions [35].

#### Optimization of the experimental parameters

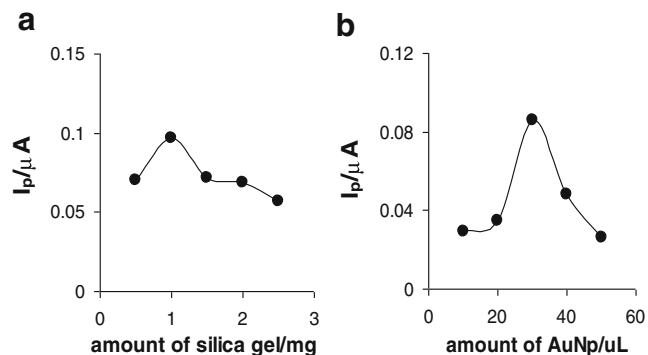
The experimental parameters including silica gel and AuNP amounts, pH, adsorption time and centrifugation parameters were optimized before the examination of analytical characteristics.

##### Effect of silica gel amount

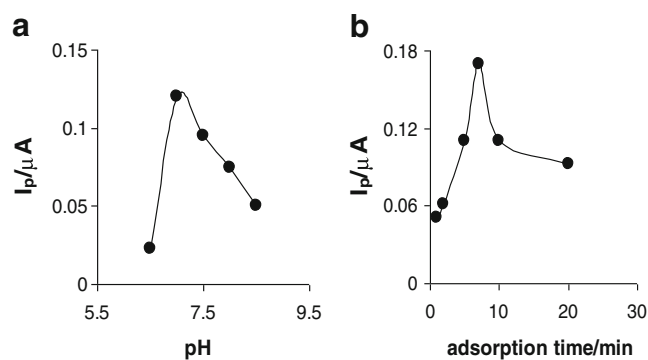
Figure 3(a) demonstrates the effect of silica particle amounts (0.5, 1.0, 1.5, 2.0, 2.5 mg) on the current response of 250  $\mu\text{M}$  GSH. As can clearly be seen from the figure, the peak current increases when the silica gel amount was increased from 0.5 to 1.0 mg and then a slight decrease was obtained for amounts greater than 1.0 mg silica gel. This can be attributed to the altered surface conductivity of the electrode due to the thickening of the film. Therefore, 1.0 mg of silica gel was chosen as optimum amount of carrier material and used for further studies

##### Influence of AuNP amount

In order to examine the effect of AuNP amount, the commercially available gold colloid solution was used for this



**Fig. 3** The effects of **a)** silica gel amount and **b)** AuNP amount for 250  $\mu\text{M}$  GSH on the sensor response in 50 mM phosphate buffer solution (pH 7.0), working potential: 0 V/+1.0 V

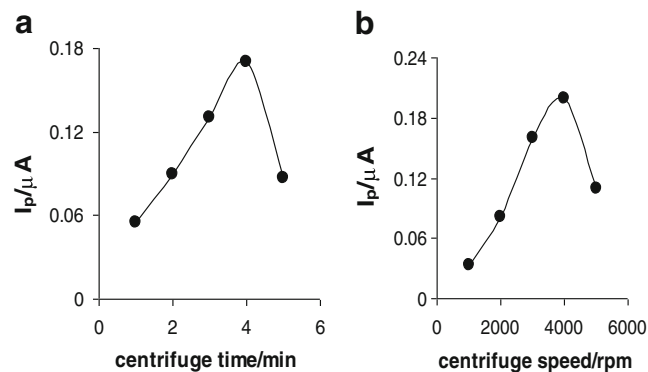


**Fig. 4** The effects of **a)** pH and **b)** adsorption time for 250  $\mu\text{M}$  GSH on the sensor response. Conditions: 50 mM phosphate buffer solution, 1 mg silica gel, 30  $\mu\text{L}$  AuNP working potential: 0 V/+1.0 V

purpose which was applied before in our previous works [24, 49, 50]. Similarly, various amounts of AuNP (10, 20, 30, 40, and 50  $\mu\text{L}$ ) were tested to examine their effect on the current response of 250  $\mu\text{M}$  GSH (Fig. 3 (b)). As can clearly be seen from the Figure, best results were obtained with 30  $\mu\text{L}$  of AuNP solution. The decrease in the peak current for higher amounts of AuNP can be assigned to the thickening of the film which may have caused a change on the surface characteristics.

##### Influence of pH

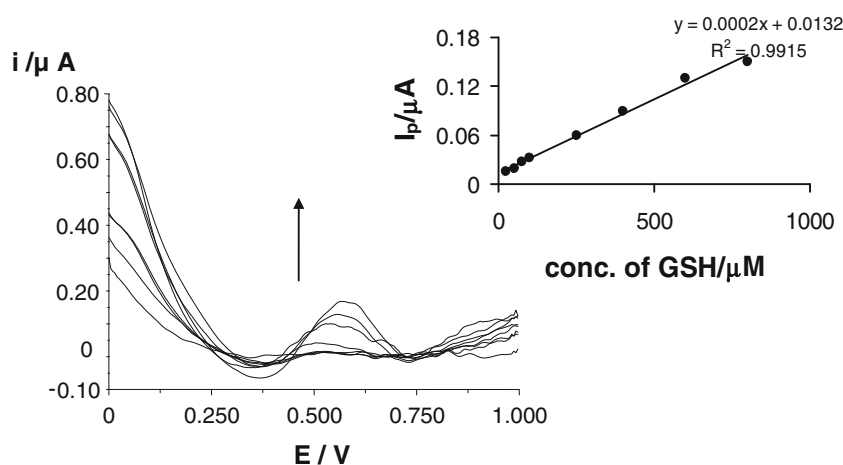
The medium pH is usually regarded as a one of the most important factors in electrochemical measurements. The electrochemical behavior of GSH in 50 mM phosphate buffer solution was studied in a pH range of 6.0 to 8.0 (Fig. 4 (a)) and best results were obtained at pH 7.0. Then a gradual decrease was obtained as the pH value increases. In accordance with previous studies on GSH [14, 24, 51, 52] this decrease can be attributed to structural effect that provides the increment of electronic density, facilitating the oxidation of the species formed in the chemical step [14].



**Fig. 5** The effects of centrifugation parameters on the sensor response, **a)** centrifuge time, **b)** centrifuge speed for 250  $\mu\text{M}$  GSH. Conditions: in 50 mM phosphate buffer solution (pH 7.0), 1 mg silica gel, 30  $\mu\text{L}$  AuNP, 7 min adsorption time, working potential: 0 V/+1.0 V



**Fig. 6** Differential pulse voltammetric response curves of 4 % MWCNT-modified CPE when successive additions of different concentration GSH. Inset: the linear range of GSH sensor



### Influence of the adsorption time

The time elapsed in adsorption process is of great importance allowing the maturation of the precipitate and an effective enrichment of the analyte. The interaction of GSH with AuNPs added into 250  $\mu\text{M}$  GSH solution was examined by allowing the mixture for adsorption of 1–20 min. It is evident from Fig. 4(b) that best peak current value was obtained when 7 min. was applied as adsorption period. The decline in the response observed for longer adsorption times can be attributed to the agglomeration in the solution at some extent which may cause an alteration in nanoparticle behavior. Therefore, 7 min was selected as the optimum time and longer adsorption times were avoided.

### Centrifugation parameters

The centrifugation parameters are vital for a sensitive and reproducible determination in centri-voltammetry. Figure 5 (a) demonstrates the influence of the centrifugation time on centri-voltammetric results for 250  $\mu\text{M}$  GSH. An increase in the current was observed from 1 to 4 min. and then, a sharp

decrease was observed. Longer times might cause dispersion of deposited analyte on the electrode surface that result with decrease in current values [32]. As a result, 4 min. was taken as optimum working potential and used for further studies.

The effect of centrifugation speed on the centri-voltammetric results in the presence of 250  $\mu\text{M}$  GSH, 50 mM phosphate buffer (pH 7.0) for 4 min with adsorption time of 7 min can be seen in Fig. 5(b). The peak current gives a maximum at 4000 rpm and the decrease for higher speed is observed probably due the thickening of the film with a reduced conductivity.

### Analytical characteristics

After the optimization of experimental parameters, analytical characteristics were examined. The linear range was obtained between 25–800  $\mu\text{M}$  where with the equation of  $y = 0.0002x + 0.0132$  and correlation coefficient of  $R^2 = 0.9915$  respectively (Fig. 6). R.S.D values were calculated for 250  $\mu\text{M}$  GSH ( $n=6$ ) and found as 3.40 %. LOD value was also calculated from the calibration graph and found as 264.2  $\mu\text{M}$ . These calculation was based on the formulation

**Table 2** A summary of the recent investigations for GSH detection strategies based on various types of methods

Methods	Analytical Range	LOD	R.S.D. (%)	$R^2$	References
Fluorescence measurement	0–80 mM	0.178 mM	2.33	0.9941	[53]
HPLC-ECD	0–60 $\mu\text{g mL}^{-1}$	63.5 fM	2.70	0.9989	[54]
Spectrofluorometric assay	0–1000 $\mu\text{M}$	-	5.10	1.00	[55]
UPLC	0.3–100 $\text{mg L}^{-1}$	0.017 $\text{mg L}^{-1}$	3.80 6.20	0.998	[56]
CE-LIF	1–130 $\mu\text{M}$	65 nM	6.00 6.35	0.999	[8]
CV FIA (Amperometry)	$1.0 \times 10^{-4}$ – $5.0 \times 10^{-3}$ $\mu\text{M}$ 0.5–100 $\mu\text{M}$	10 $\mu\text{M}$ 0.5 $\mu\text{M}$	3.66	-	[57]
Centri-voltammetry	25–800 $\mu\text{M}$	264.2 $\mu\text{M}$	3.40	0.9915	This work

HPLC-ECD High-performance liquid chromatographic method with electrochemical detection, UPLC Ultra-performance liquid chromatography, CE-LIF Capillary electrophoresis coupled with laser-induced fluorescence, CV Cyclic voltammetry, FIA Flow Injection Analysis

of 3 s/m (for LOD), where  $m$  is the slope of the calibration curve and  $s$  is the standard deviation of the blank current values.

On the other hand, the performance of the developed method was compared with other methods devoted for the determination of GSH in terms of analytical characteristics. The results were demonstrated in Table 2. As can clearly be seen from the Table, the overall performance of the developed sensor is in acceptable limits.

The interference effects of ascorbic acid and  $\gamma$ -cysteine were searched on the GSH peaks. For the same concentration of these analytes, the effect at pH 7.0 was calculated as 8.4 % and 9.4 %, respectively demonstrating that the similarity in the structure does not increase the interfering effect.

### Sample application

In order to verify the applicability of the suggested method, the wine and synthetically plasma samples were analyzed as described in experimental section. Each experiment was employed for three times by applying standard addition method ( $n=3$ ). For wine samples the recovery of the analytical signal was calculated as 100.8 % while for synthetically prepared plasma sample recovery value was found as 100.0 %.

### Conclusion

Present paper describes the utility of centri-voltammetry as an efficient method for organic molecules as well as the metallic ions. Here, the GSH content of a solution was driven onto the MWCNT modified carbon paste electrode surface by means of a centrifugal force in the presence of silica gel. The addition of AuNP co-precipitating along with the analyte constitutes the original part of this work. The insertion of AuNP into the film would provide enhanced activity of the electrode surface by increasing the conductivity of the film. The performance of developed centri-voltammetric system was also tested by detecting GSH in wine and synthetically prepared plasma samples without any need for sample preparation step. Recovery values demonstrate that it is possible to apply centri-voltammetry for GSH detection in real samples directly after dilution step, since the technique is not affected by the sample matrix and sample nature. On the other hand, ongoing works continue in our lab for application of centri-voltammetry at different areas.

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