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# Growth factor expression in degenerated intervertebral disc tissue An immunohistochemical analysis of transforming growth factor beta, fibroblast growth factor and platelet-derived growth factor

Abstract Degenerated intervertebral disc has lost its normal architecture, and there are changes both in the nuclear and annular parts of the disc. Changes in cell shape, especially in the annulus fibrosus, have been reported. During degeneration the cells become more rounded, chondrocytelike, whereas in the normal condition annular cells are more spindle shaped. These chondrocyte-like cells, often forming clusters, affect extracellular matrix turnover. In previous studies transforming growth factor  $\beta$  $(TGF\beta)$  –1 and –2, basic fibroblast growth factor (bFGF) and plateletderived growth factor (PDGF) have been highlighted in *herniated* intervertebral disc tissue. In the present study the same growth factors are analysed immunohistochemically in degenerated intervertebral disc tissue. Disc material was obtained from 16 discs operated for painful degenerative disc disease. Discs were classified according to the Dallas Discogram Description. Different disc regions were analysed in parallel. As normal control disc tissue material from eight organ donors was used. Polyclonal antibodies against different growth factors and TGF $\beta$  receptor type II were used, and the immunoreaction was detected by the avidin biotin complex method. All studied

degenerated discs showed immunoreactivity for TGF $\beta$  receptor type II and bFGF. Fifteen of 16 discs were immunopositive for TGF $\beta$ -1 and -2, respectively, and none showed immunoreaction for PDGF. Immunopositivity was located in blood vessels and in disc cells. In the nucleus pulposus the immunoreaction was located almost exclusively in chondrocyte-like disc cells, whereas in the annular region this reaction was either in chondrocyte-like disc cells, often forming clusters, or in fibroblast-like disc cells. Chondrocyte-like disc cells were especially prevalent in the posterior disrupted area. In the anterior area of the annulus fibrosus the distribution was more even between these two cell types. bFGF was expressed in the anterior annulus fibrosus more often in chondrocytelike disc cells than in fibroblast-like disc cells. Control discs showed cellular immunopositivity for only TGF $\beta$ -1 and -2 and TGF $\beta$  receptor type II. We suggest that growth factors create a cascade in intervertebral disc tissue, where they act and participate in cellular remodelling from the normal resting stage via disc degeneration to disc herniation.

**Keywords** Intervertebral disc  $\cdot$  TGF- $\beta \cdot$  FGF  $\cdot$  PDGF

## Introduction

Intervertebral disc degeneration is a complex process characterised by biochemical and structural changes in both the nucleus pulposus and annulus fibrosus. The distinction between normal ageing and degeneration is important, but difficult to distinguish either morphologically or biomechanically. Different types of annular defects and tears, rim lesions, concentric tears and radiating clefts, can be observed in conjunction with the disc degeneration process [3].

To image degenerated discs, discography and magnetic resonance imaging (MRI) have been used. In some comparative studies MRI seemed to be more accurate [4, 21]. On the other hand MRI signal intensity depends strongly on the water content of the disc tissue sample [30] and thus the early stages of degeneration which do not affect the water content may not be detected by MRI [30].

Discography offers a sensitive evaluation of disc morphology and provides, compared to MRI, additional information about intradiscal pressure condition and pain provocation [3].

The relationship between intradiscal pressure and the morphological patterns in discography was first observed by Nachemson [11]. During discography typical pain reproduction has been noticed to associate with annular tears extending to the outer annulus [16]. None of the discograms showing normal morphology reproduced the patients' typical pain [16].

Type-I collagen has been abundantly located as a ring in the outer zone and in the outer lamellas of the inner zone of the annulus fibrosus [22]. Type-II collagen was present in the inner annulus, but not in the outer zone. In degenerated annulus fibrosus collagen biosynthesis has been noticed to be increased, but due to the faster turnover the total content of collagen remained unchanged [8]. The reinsertion of stimulated nucleus pulposus cells in an experimental animal model retarded disc degeneration [15]. It delayed the formation of cell clusters of chondrocyte-like cells, the destruction of disc architecture, and production of type-II collagen. Oegema et al have noted that in degenerated discs fibronectin content was elevated suggesting disc cell response to altered environment [14]. Fibronectin was frequently present as fragments capable of stimulating cells to produce metalloproteases and cytokines [14].

Growth factors are proteins regulating cell growth and the turnover of extracellular matrix components. We have previously demonstrated basic fibroblast growth factor (bFGF), platelet-derived growth factor (PDGF), vascular endothelial growth factor (VEGF) and transforming growth factor $\beta$ -1 and -2 and their receptor type II in human herniated intervertebral disc tissue [26-28]. In the present study we have focused on these same growth factors targeting disc degeneration in the absence of herniation.

## **Materials and methods**

We obtained 16 discs from 12 patients operated for painful degenerative disc disease at the Texas Back Institute in Plano, TX, USA. The patients had undergone previous spine operations, mainly posterior fusions. The disc samples were convenience samples and the location of the sample within the disc prior to removal was judged clinically by the operating surgeon. Patients were operated by anterior fusion. Preoperative evaluation of degeneration, pain and possible annular tears were classified by the Dallas Discogram Description [20]. After removal, tissue representing different disc regions was immediately frozen in liquid nitrogen in the operating theatre. Anterior annulus fibrosus, nucleus pulposus and posterior annulus fibrosus were stored at  $-70^{\circ}$ C in a deep-freeze. Eight micrometer-thick cryostat sections were fixed in ice-cold acetone. Eight normal control discs were obtained from five organ donors. Morphologically, all control discs lacked signs of degeneration, such as fissures and annulus fibrosus and nucleus pulposus could clearly be distinguished with well demarcated annular lamellae, corresponding to Thompson grades I and II [24]. The samples were collected 1 h post-mortem in various hospitals in Finland. In all cases the cause of death was unrelated to the spine. The control disc material was treated identically to the surgical samples. From frozen discs representative samples of various disc regions (anterior/posterior annulus fibrosus, nucleus pulposus) were cut with an electric saw. The control disc samples were then stored and processed further as described above.

All immunoreactions were detected using an avidin biotin complex-(ABC-) peroxidase staining method (Vectastain Elite, Vector Laboratories, Burlingame, CA, USA). As chromogen substrate we used AEC (immunoreaction shown in red). Tissue sections were counterstained by haematoxylin.

#### Antibodies

Polyclonal anti-human TGF- $\beta$ -1, TGF- $\beta$ -2 and TGF- $\beta$ receptor type II antibodies (Santa Cruz Biotechnology, Inc., Santa Cruz, CA, USA) were used at the dilutions 1:200,1:50 and 1:100 respectively. Polyclonal bovine bFGF antibody (R & D Systems Inc., Minneapolis, MN, USA) was used at the dilution 1:500 and polyclonal PDGF antibody (R & D Systems Inc) was used at the dilution 1:100. For all antibodies (TGF $\beta$ -1, -2, TGF $\beta$  receptor type II, PDGF and bFGF) preincubation with the corresponding antigen (1:10) was done [26– 28]. Sections were also stained omitting the primary antibody.

Samples were classified as being immunopositive if more than 20 immunopositive cells were noted. If only a few scattered immunopositive cells were found the total disc sample was classified as being immunonegative, as well as if there was a total lack of immunoreaction. All samples were independently examined blinded to their origin by two observers.

## Statistical analysis

Statistical analysis was done using the Sigma Stat Version 1.0 (Jandel Scientific GmbH, Erlerath, Germany) software program. Groups were compared using the Fisher exact test. The level of statistical significance was set at P < 0.05.

## Results

Clinical data of the patients are described in Table 1. The age of the patients varied from 29 years to 63 years (mean 44.8 years). According to the Dallas Discogram Description the degree of degeneration was 3 in five discs and 2 in seven discs. In one disc the degree of degeneration was 1. Discography data were missing in three discs. The age of the control donors varied from 28 years to 53 years (mean 43 years; Table 2).

Immunopositivity of TGF $\beta$  –1 and –2 was detected in 15 of 16 degenerated discs, whereas TGF $\beta$  receptor type-II immunopositivity was noted in all degenerated

Table 2	Clinical	data	of	control	disc	patients	(organ	donors)
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Patient	Gender	Age	Disc level
1.	F	53	L3-4
2. 3.	M M	45 45	L1–2 L3–4
4.	F	41	L3–4
5.	F	31	L2-3

discs. All degenerated discs showed positive immunoreaction for bFGF, but somewhat surprisingly none of the degenerated discs were PDGF immunopositive (Fig. 1a).

Immunoreaction was present either in fibroblast-like disc cells, mainly seen in the annular area of the discs, or in chondrocyte-like disc cells (Fig. 1b, c), scattered more evenly throughout the discs. Chondrocyte-like disc cells were especially present in the nucleus pulposus. Fibroblast-like disc cells were spindle-shaped, often forming lines, whereas chondrocyte-like disc cells were more rounded, often forming cell clusters (Fig. 1c). Immunopositive (TGF $\beta$ -1 and -2, and TGF $\beta$  receptor type II and bFGF) blood vessels were also detected.

Detailed results of the studied degenerative disc samples are presented in Tables 3 and 4. Control discs appeared normal according to conventional histological staining. Furthermore, control discs did not show any immunoreactivity for PDGF or bFGF. TGF $\beta$ -I, -II and TGF $\beta$  receptor type II immunoreactivity was, however, noted.

Sections that were stained omitting the primary antibody did not show any immunopositivity. Antigenpreabsorbed immunoreactions were also totally negative.

As can be deduced from Table 4, in the anterior annulus the prevalence of bFGF immunopositivity in

of the	Patient	Gender	Age	DDD grade	Level	Discography result
e	1.	М	40	Deg 2Leak 4Pain R	L4–5	Posterior rupture
	2.	F	29	Deg 3Leak 3Pain R	L5-S1	Both anterior and posterior rupture
	3.	М	63	-	L2-3	Data missing
	4.	М	44	Deg 2Leak 2Pain D	L4–5	Anterior rupture
	5.	F	31	Deg 2Leak 3Pain R	L5-S1	Posterior rupture
				Deg 2Leak 3Pain S	L4–5	Posterior rupture
	6.	М	60	Deg 2Leak 4Pain S	L5-S1	Posterior rupture
				Deg 2Leak 3Pain D	L4-L5	Posterior rupture
	7.	М	42	Deg 3Leak 3Pain	L5-S1	Data missing
				Deg 2Leak 3Pain	L4-L5	Posterior rupture
	8.	F	47	Deg 3Leak 3Pain	L5-S1	Posterior rupture
ription degen-	9.	Μ	44	_	L4-L5	Posterolateral rupture
k degree	10.	F	64	_	L3-L4	Data missing
-4), Pain	11.	F	33	Deg 1Leak 4Pain S	L4-L5	Posterior rupture
dissim-	12	М	41	Deg 3Leak 3Pain S	L3-4	Posterior rupture
, R pain				Deg 3Leak 3Pain S	L4-L5	Totally fissured

Table 1Clinical data of thepatients operated fordegenerative disc disease

Dallas Discogram Description [20] *Deg* Degree of disc degeneration (scale: 0–3), *Leak* degree of disc rupture (scale: 0–4), *Pain* provocation of pain (*D* dissimilar pain, *S* similar pain, *R* pain reproduction)



chondrocyte-like disc cells was particularly high (present in 85,7% of samples). In the posterior annulus fibrosus and nucleus pulposus all growth factors, with the exception of PDGF which was totally absent from all degenerated discs, were highly prevalent in chondrocytelike disc cells (present in 53.3–100% of samples). The prevalence of growth factor immunopositivity in

Fig. 1 In all figures the ABC-peroxidase immunostaining method was used. The used AEC chromogen shows the specific immunoreaction in red. All the used antibodies were of polyclonal type and as counterstain we used hematoxylin.a Platelet-derived growth factor (PDGF) immunostaining in posterior annulus fibrosus from a 40 year old male patient. Note the total lack of positive immunoreaction. Arrows mark pale nuclei of disc cells. Original magnification×370. **b** Transforming growth factor (TGF $\beta$ -1) immunopositive chondrocyte-like disc cells (open arrows) in anterior annulus fibrosus. The surgical sample was obtained from a 42-year-old male patient operated for painful degenerative disc disease. The operation level was L5-S1. Original magnification $\times 370$ . **c** The TGF $\beta$ -receptor type II immunopositivity (open arrows) in cluster of chondrocyte-like posterior annulus fibrosus disc cells from a 40-year-old male patient. The operation level was L4–5. Original magnification×370

fibroblast-like disc cells was lower (present in 0-50% of samples), with the highest prevalence in anterior annulus (present in 31.5-50% of samples).

Statistical differences in immunoreactivity with respect to disc region and disc cell type are shown in Table 5. In the nucleus pulposus immunopositivity was almost exclusively located in chondrocyte-like disc cells. In the posterior annulus fibrosus, which was often disrupted, statistically significant immunopositivity in chondrocyte-like disc cells was noted for bFGF, TGFβ -2 and TGF $\beta$  receptor type II (P=0.0169, P=0.0025 and P = 0.0183 respectively). Furthermore, bFGF and TGF $\beta$ -2 immunopositivity was more often located in chondrocyte-like disc cells than in fibroblast-like disc cells (P = 0.0001 and P = 0.0092 respectively). In the anterior annulus fibrosus only for growth factor bFGF (P=0.0063) immunopositivity in chondrocyte-like disc cells predominated. Furthermore, only in the anterior annulus fibrosus bFGF immunopositivy in chondrocytelike disc cells was detected more often than such immunoreactivity for TGF $\beta$ -1 and -2. In addition, only in the anterior annulus fibrosus TGF<sup>β</sup> receptor type II was located both in chondrocyte-like and fibroblast-like disc cells (Table 5).

## Discussion

Degenerated disc has lost its normal architecture. The shape of the annulus cells changes markedly with degeneration: a healthy disc contains spindle-shaped cells, whereas in degenerated discs cells are more rounded and are surrounded by unusual accumulations of extracellular matrix components [6, 18]. In the present study growth factor immunopositivity was noted in spindle shaped (fibroblast-like) as well as rounded (chondrocyte-like) disc cells. With respect to different areas of the disc, immunopositivity in chondrocyte-like disc cells was highly prevalent for most growth factors in the posterior annulus, and particularly in the nucleus pulposus. Compared with the other

Patient	Area	TGFβ −1	TGFβ –2	TGFβ receptor type II	BFGF	PDGF
1	Ant ann Nucleus	DC	DC	DC DC	DC DC	_
2	Ant ann Nucleus	F F,DC	DC DC F,DC	DC DC F,DC	DC  	 
3	Ant ann Nucleus	F F DC	F F DC	 F DC	 DC	 
4	Ant ann Nucleus	DC - -	- -	Г - - -	DC DC DC	_
5	Ant ann Nucleus	– DC	DC DC DC	F - DC DC	DC DC DC	_
	Ant ann Nucleus Post ann	– F F	DC DC DC DC	DC DC DC DC	DC DC DC DC	_ _ _
6	Ant ann Nucleus Post ann	F F	F F DC	F F	F,DC F,DC -	_ _ _
	Ant ann Nucleus	F DC	F DC	F DC	F,DC DC	_
Patient	Area	TGFβ-I	TGFβ-II	TGFβ receptor type II	BFGF	PDGF
6 7	Post ann Ant ann Nucleus Post ann Ant ann Nucleus	DC DC DC F DC	F DC DC DC F DC	F DC DC DC F,DC DC F,DC	DC - DC  F,DC DC	   
8.	Post ann Ant ann Nucleus Post ann	F,DC F DC -	F,DC F DC DC	F,DC F,DC DC DC	DC F,DC DC -	_ _ _
9	Ant ann Nucleus	– DC	F DC	DC DC E	DC DC	_
10.	Nucleus Post ann	F,DC DC	– DC	DC DC	 DC	  –
11	Ant ann Nucleus Post ann	DC DC	DC DC DC	F DC –	DC DC DC	_
12.	Ant ann Nucleus Post ann Ant ann Nucleus Post ann	DC DC DC F DC	DC DC DC F DC	DC DC DC F DC DC	DC DC DC DC DC DC DC DC	- - - -

DC chondrocyte-like disc cell immunopositivity, F fibroblast-like disc cell immunopositivity, – no immunoreaction, ... data not available, *Ant ann* anterior annulus fibrosus, Post ann posterior annulus fibrosus, Nucleus nucleus pulposus

growth factors, bFGF immunopositivity was highly prevalent in chondrocyte-like disc cells particularly in the anterior annulus. Interestingly, PDGF immunopositivity was, however, absent from all disc regions. Thus in degenerated discs, there may be some regional differences with respect to the expression of growth factors. Growth factor expression is particularly prevalent in the rounded chondrocyte-like disc cells. In the anterior annulus the prevalence of growth factor immunopositivity is somewhat more even between chondrocyte-like and fibrocyte-like disc cells. But also in this region immunopositivity for bFGF was more prevalent in the chondrocyte-like disc cells. The observed growth factor immunoreactivity in disc cells suggests that these cells may be actively regulating extracellular matrix component turnover.

Discography showed disruption of the intervertebral discs, especially in the posterior region. The immunoreactivity for growth factors was detected throughout the discs, not only in the disrupted areas. Furthermore, the fact that immunopositivity was observed more often in chondrocyte-like, than fibroblast-like, disc cells may suggest that the former disc cell type is more metabolically active participating in the cellular remodelling of disc degeneration. We have in previous studies located these same growth factors in herniated intervertebral disc tissue [26-28]. In herniated disc tissue the predominant immunopositive disc cell type was the chondrocyte-like disc cell [26-28]. Fibroblast-like disc cell immunopositivity was rare in herniations. These findings may suggest a step-by-step change in cell type from normal disc tissue to pathological processes; i.e. disc degeneration and disc herniation.

In this study and in our earlier studies on herniated disc tissue [26–28] TGF $\beta$ -1, –2 and TGF $\beta$  receptor type II were the only growth factors observed in control discs. Some studies have suggested that this growth factor is absent in control disc tissue [7, 23]. However, in a recent biochemical tissue culture study on growth factors and inflammatory mediators in patients undergoing surgery for scoliosis, lumbar radiculopathy and discogenic pain, production of TGFβ-1 was demonstrated both in control (scoliosis) and degenerate human disc tissues [2]. In the same study Burke et al. [2] demonstrated the production of bFGF in control (scoliotic) as well as degenerated human nucleus pulposus in vitro. However, in the present immunohistochemical study and in earlier study by us on herniated disc tissue [26] bFGF could not be demonstrated in control discs. In a rat animal model on disc degeneration Nagano et al. [12] could not observe bFGF in control discs. When comparing the injured annulus fibrosus of merinos to intact ones, bFGF, TGFB and osteonectin were strongly localized in blood vessels and cells in the vicinity of annular lesion [9] The immunohistochemical expression was maximal 12 month after the operation, and diminished by 26 months after the operation. In control discs, the expression of bFGF and TGFβ was localized to sparsely distributed cells in the annulus fibrosus.

Table 4 Summary of immunostaining results for TGF  $\beta$ -1 and -2, TGF $\beta$ receptor type II and bFGF in degenerated intervertebral disc tissue samples obtained from various regions of the disc

Disc area	Growth	Location of immunoreaction			
		DC	F	No immunoreactivity	
Anterior annulus	TGFβ-1	3/16	7/16	6/16	
Posterior annulus Nucleus		8/15 13/16	3/15 4/16	4/15 1/16	
Anterior annulus	TGFβ-2	6/16	7/16	3/16	
Nucleus		13/16	2/15	2/16	
Anterior annulus Posterior annulus	TGF $\beta$ receptor type II	8/16 9/14	8/16 4/14	1/16 2/14	
Nucleus	<b>hECE</b>	$\frac{14}{16}$	2/16	1/16	
Posterior annulus	UFGF	12/14 10/13	0/13	3/13	
Nucleus		14/14	1/14	0/14	

DC chondrocyte-like disc cell, F fibroblast-like disc cell

<b>Table 5</b> Statistically significant differences in TGF $\beta$ -1, -2 and TGF $\beta$ receptor type II, and	Disc region	Statistically significant difference in immunoreactivity			
bFGF immunopositivity in different disc regions and disc cell types. (Fisher Exact Test, the level of statistical significance $p < 0.05$ )	Anterior annulus fibrosus	Cell type DC DC DC DC F Antibody bFGF	bFGF versus TGF $\beta$ –1 bFGF versus TGF $\beta$ –2 bFGF versus no immunoreaction TGF $\beta$ rec versus no immunoreaction TGF $\beta$ rec versus no immunoreaction Localization of immunoreaction DC versus F	P = 0.0007 $P = 0.0106$ $P = 0.0004$ $P = 0.0155$ $P = 0.0155$ $P = 0.0063$	
	Posterior annulus fibrosus	Cell type DC DC DC Antibody bFGF TGFβ-2	bFGF versus no immunoreaction TGFβ-2 versus no immunoreaction TGFβrec versus no immunoreaction Localization of immunoreaction DC versus F DC versus F	P = 0.0169 $P = 0.0025$ $P = 0.0183$ $P = 0.0001$ $P = 0.0001$	
<i>DC</i> chondrocyte-like disc cell, <i>F</i> fibroblast-like disc cell, <i>bFGF</i> basic fibroblast growth factor, <i>TGF</i> $\beta$ -1 transforming growth factor $\beta$ -1, <i>TGF</i> $\beta$ -2 transforming growth factor $\beta$ -2, <i>TGF</i> $\beta$ rec transforming growth factor $\beta$ receptor type II	Nucleus pulposus	Cell type DC DC DC DC Antibody bFGF TGFβ-1 TGFβ-2 TGFβrec	bFGF versus no immunoreaction TGF $\beta$ -1 versus no immunoreaction TGF $\beta$ -2 versus no immunoreaction TGF $\beta$ rec versus no immunoreaction Localization of immunoreaction DC versus F DC versus F DC versus F DC versus F	P < 0.0001 $P < 0.0002$ $P = 0.0002$ $P < 0.0001$ $P < 0.0001$ $P = 0.0038$ $P < 0.0001$ $P < 0.0001$	

In an experimental animal model the degeneration process was delayed with the reinsertion of autogenous activated nucleus pulposus [15]. This activation was produced by coculturing nucleus pulposus cells with annulus fibrosus cells. During the coculture both cell types were proliferating. Furthermore, reinsertion of the nucleus pulposus delayed especially the formation of clusters of chondrocyte-like disc cells [15]. Such clusters were noted in the present study both in the nucleus pulposus and in annular areas of the degenerated discs. Furthermore, injection of intact nucleus pulposus has been demonstrated to be far more effective in delaying degeneration rather than injection of only nucleus pulposus cells [13], thus highlighting the importance of the extracellular matrix. In chondrocyte-like disc cell clusters marked matrix metalloproteinase activity has been demonstrated [19]. Interestingly, such enzyme activity was particularly intense in herniated discs [19]. The presence of growth factors, matrix metalloproteinases and oncoproteins [29] suggests that these particular disc cells have been activated in pathological conditions and regulate the turnover of extracellular matrix components. In rat degenerated intervertebral discs bFGF and its receptor were localized in chondrocyte-like

Fig. 2 Expression of growth factors (bFGF, TGF $\beta$ -1, -2 and TGF $\beta$  receptor type II) in different disc regions. (*DC* chondrocyte-like disc cell, *F* fibroblast-like disc cell, *bFGF* basic fibroblast growth factor, *TGF* $\beta$  transforming growth factor  $\beta$ )



rounded cells, and the proliferation capacity of these cells exceeded that of normal annular spindle-shaped cells [12].

Experimental animal models suggest important functions for the above growth factors in intervertebral disc physiology and pathophysiology. Minamide et al. [10] have shown that epidural application of bFGF in the rabbit facilitates the resorption of the sequestrated intervertebral disc fragment, and stimulates neovascularization and proliferation of inflammatory cells. This effect was dose-dependent. In cell cultures, TGF $\beta$  and FGF have been demonstrated to be potent cellular proliferation stimulators [25]. Cells from the nucleus pulposus and the transition zone reacted more than annulus fibrosus cells. Furthermore, TGFB was far more potent than FGF as a stimulator of cellular proliferation. In addition, TGFβ-1 decreased the level of active matrix metalloproteinase-2 (MMP-2) in nucleus pulposus cells [17]. Furthermore, the cell surface levels of metalloproteinase inhibitors also decreased. In another cell culture study, the presence of TGF $\beta$  first enhanced cellular proliferation, later on the mitogenic response decreased [5]. In addition, TGF $\beta$ -1 is a potent stimulator for proteoglycan production by disc cells [1].

Since there was a time gap between discography and the operation, possible local irritation by the discography procedure was not present at the time of operation when the tissue samples were taken for analysis. Of note, the growth factor immunoreactivity was detected throughout the discs, not only in the disrupted posterior areas.

Earlier we noted marked PDGF immunoreactivity in herniated disc tissue [27]. This immunoreactivity was located in blood vessels and cells, both chondrocytelike disc cells and fibroblast-like disc cells. In the present study such disc cell-associated immunoreactivity was not observed. Furthermore, normal control discs were totally PDGF immunonegative. This may suggest that PDGF is latent until the disc becomes herniated. Characterising the nature of the PDGF activator, whether another growth factor or some other substance in the nerve root area, will require further research. We expect that more information on disc cell remodelling, production of different proteins that affect the extracellular matrix and cell proliferation, may be obtained by focusing future research on signal transfer mechanisms in disc cells and the gene activation process in these cells.

Our results show that growth factors are expressed in degenerated discs, in a different pattern than in control discs. Different types of expression were observed in the various disc areas (Fig. 2). In degenerated intervertebral disc tissue chondrocyte-like disc cells in the nucleus pulposus were immunopositive to all other growth factors except PDGF. In the anterior annulus fibrosus the most prevalent growth factor present in chondrocyte-like disc cells was bFGF. TGF $\beta$  receptor type II was expressed in both chondrocyte-like and fibroblast-like disc cells, whereas in the posterior annulus fibrosus the most prevalent growth factors expressed in chondrocyte-like disc cells were bFGF and TGF $\beta$ -2.

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