ORIGINAL ARTICLE

# Impact of circulating erythrocyte-derived microparticles on coagulation activation in sickle cell disease

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Received: 5 September 2014 /Accepted: 26 November 2014 / Published online: 9 December 2014  $\oslash$  Springer-Verlag London 2014

Abstract Sickle cell disease (SCD) is characterized by a hypercoagulable state as a result of multiple factors, including chronic hemolysis and the presence of circulating cell-derived microparticles (MPs). The aim of this work was to study the impact of erythrocyte-derived circulating microparticles (glycophorin A; CD235 positive) on coagulation activation and their probable role in contribution to painful crisis in SCD patients. Peripheral blood samples of 25 SCD patients during painful crisis and in steady state were studied for the presence of erythrocyte-derived MPs using flow cytometry. Estimation of D-dimer level, as a marker of coagulation activation, was done using semiquantitative assay. Thirty-six healthy individuals, age- and sex-matched, were included as a control group. Erythrocyte-derived MPs level was significantly higher in SCD patients during painful crisis compared to control group  $(p=0.02)$ , but no statistically significant difference was found between erythrocyte-derived MPs level in SCD patients in steady state compared to controls or to SCD patients during painful crisis  $(p=0.3$  and 0.49, respectively). D-dimer level was higher in SCD patients both during crisis and in steady state compared to controls  $(p<0.001)$ . SCD during painful crisis is associated with increased levels of erythrocytederived MPs and D-dimer which may contribute to the hypercoagulable state observed in such group of patients.

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Keywords Coagulation activation  $\cdot$  D-dimer  $\cdot$ Erythrocyte-derived microparticles . Sickle cell disease

### Introduction

Sickle cell disease (SCD) is a progressive hemoglobinopathy caused by substitution of glutamic acid by valine in the sixth amino acid of β-globin chain (Dover and Platt [1998\)](#page-5-0). This amino acid substitution results in polymerization of abnormal sickle hemoglobin (HbS) upon de-oxygenation and causes erythrocytes to take on its characteristic sickle shape (Bunn and Forget [1986](#page-5-0); Edelstein et al. [1973](#page-5-0)).

Formation of deoxy-HbS polymer fibers triggers a whole series of changes of red blood cell membrane; ion channels are affected and their dysfunction is responsible for cellular dehydration which favors deoxy-HbS polymerization, creating a vicious circle leading to more deoxy-HbS formation, release of hemichromes leads to formation of protein band 3 aggregates on which anti-band 3 IgGs accumulate, and release of heme and Fe3+ favors an oxidizing microenvironment. Furthermore, loss of normal cell membrane phospholipid asymmetry leads to exposure of anionic phosphatidylserines (PS) at the external side of membrane creating a procoagulant surface. Finally, microparticles are released (Stuart and Nagel [2004\)](#page-5-0).

Microparticles (MPs) represent a heterogeneous population of vesicles with a diameter of 0.15–1 μm that are released by budding of the plasma membrane from nearly every type of cell during activation, injury, or apoptotic processes (Ardoin et al. [2007\)](#page-5-0). MPs express high levels of PS on their outer leaflet together with surface markers from their cell of origin (Hugel et al. [2005](#page-5-0)). The function of MPs is dependent on cell type from which they originate (Mezentsev et al. [2005](#page-5-0)).

MPs play important role in the painful vaso-occlusive crisis process through activating properties conferred to them by

their reorganized membrane (Piccin et al. [2007](#page-5-0)). Erythrocytederived MPs are known to expose a high amount of PS at their outer surface, thus providing an anionic phospholipid surface suitable to the assembly of the tenase and prothrombinase complexes (Nébor et al. [2013\)](#page-5-0). MPs derived from monocytes and endothelial cells express tissue factor (Shet et al. [2003](#page-5-0)); once coagulation cascade is initiated by tissue factor, thrombin generation is greatly accelerated in the presence of PS (Zwaal and Schroit [1997;](#page-5-0) Mann [1999;](#page-5-0) Setty et al. [2001](#page-5-0)). Moreover, hydrolysis of PS by secretory phospholipase A2 leads to generation of vasoactive prostaglandins, leukotrienes, and thromboxanes (Neidlinger et al. [2005,](#page-5-0) [2006](#page-5-0)).

The aim of our work was to study the impact of erythrocyte-derived circulating microparticles (glycophorin A; CD235 positive) on coagulation activation and their probable role in contribution to painful crisis in SCD patients.

## Subjects and methods

#### Subjects

This is a prospective case-control study that included 25 SCD patients, 14 males (56  $\%$ ) and 11 females (44  $\%$ ). Their ages ranged between 3 and 27 years (median 11 and mean 12.56± 6.07 years). Diagnosis of SCD was established using hemoglobin electrophoresis and/or high-performance liquid chromatography at Pediatric Hematology Clinic, New Children Hospital, Cairo University; 15/25 cases (60 %) had Hb S-beta thalassemia,  $9/25$  cases (36 %) had Hb SS, while 1 case (4 %) had Hb SC disease. Thirty-six age- and sex-matched healthy subjects were enrolled as a control group. All participants and/ or their guardians gave informed consent before recruitment. The study was approved by the Ethics Committee, Cairo University and in accordance with the principles of Helsinki Declaration.

# Methods

Patients' medical records were thoroughly reviewed for disease course, transfusion history, splenectomy, and hydroxyurea therapy. Detailed history of painful crisis, its frequency and duration of hospitalization, was obtained. Peripheral blood samples were collected for 25 SCD patients during painful crisis and for 17/25 SCD patients in steady state during a subsequent follow-up visit. Painful crisis was defined as seeking medical treatment for not otherwise explained pain in extremities, back, abdomen, chest, or head, while steady state was defined as a period without pain or painful crisis for at least 4 weeks (Ballas and Lusardi [2005](#page-5-0)). Laboratory workup included complete blood count, markers of hemolysis (reticulocyte count, serum bilirubin, and lactate dehydrogenase), coagulation profile (prothrombin time, activated partial thromboplastin time, and D-dimer assay), and erythrocytederived MPs using anti CD235 (glycophorin A) monoclonal antibodies.

For each patient, 2 ml venous blood samples were collected from the antecubital vein without a tourniquet to avoid stressing the cells. Blood was collected into sodium citrate vacutainer, and within 15 min, cells were removed by centrifugation (20 min at  $1550 \times g$  at 20 °C) to prevent platelet destruction and concurrent formation of platelet-derived MPs. Thus, prepared platelet-poor plasma was free of leukocytes and erythrocytes, and contains about 1 % of the original number of platelets (van Beers et al. [2009\)](#page-5-0). Plasma aliquots of 250 μL were immediately stored at−80 °C until used.

Detection of erythrocyte-derived microparticles by flow cytometry

Frozen plasma samples  $(250 \mu L)$  were thawed on melting ice for 1 h and centrifuged for 30 min at  $18,890\times g$  at 20 °C to pellet the MPs. Two hundred twenty-five microliters of the supernatant were removed and the pellet resuspended in 225 μL phosphate-buffered saline (PBS) containing citrate (154 mmol/L NaCl, 1.4 mmol/L phosphate, 10.9 mmol/L trisodium citrate, pH 7.4). Again, the MPs suspension was centrifuged for 30 min at  $18,890 \times g$  at 20 °C and 225 µL of supernatant were removed. The MPs pellet was resuspended in 75 μL PBS-citrate.

Five microliters of MPs suspension were added to 35 μL CaCl<sub>2</sub>-containing PBS (154 mmol/l NaCl, 1.4 mmol/l phosphate, 2.5 mmol/l CaCl2), then 5 μL FITC-labeled annexin V (PN IM2375- Beckman coulter) and 10 μL of PE-labeled CD 235 (anti-glycophorin A) monoclonal antibody (AO7792, Beckman Coulter) or isotype-matched control antibodies were added to tubes. After sample incubation for 15 min at room temperature in the dark, 900  $\mu$ L of PBS-CaCl<sub>2</sub> were added to all tubes (except for the control tube, 900 μL of PBS-citrate were added) to make a total volume of 955 μL. Samples were analyzed for 1 min in flow cytometer (FC500, Beckman Coulter). Both forward scatter and side scatter were set at logarithmic gain. MPs were identified on the basis of their size and on their ability to bind cell-type specific CD 235 (anti-glycophorin A) antibodies and annexin V. Number of microparticles (NMP) per milliliter of plasma was estimated using number of events (N) of cell-specific antibody binding as follows:

NMP/mL= $N \times$ [955 μL/μL flow rate in 1 min] $\times$ [100 μL/ 5 μL]×[1,000 μL/250 μL] (Berckmans et al. [2005](#page-5-0); van Beers et al. [2009](#page-5-0)).

D-dimer assay was performed using D-Dimer semiquantitative agglutination kit (D205-000, TECO, Germany) according to manufacturer's instructions, and the results were interpreted as grades ranging from grade 1 to grade 7, where grade 1, <250 ng/ml (negative); grade 2, 250–500 ng/ml; grade 3, 500–1000 ng/ml; grade 4, 1000–2000 ng/ml; grade 5, 2000–4000 ng/ml; grade 6, 4000–8000 ng/ml; and grade 7, 8000–16,000 ng/ml.

## **Statistics**

Data were statistically described in terms of mean±standard deviation (SD), median and range, or frequencies (number of cases) and percentages when appropriate. Comparison of numerical variables between study groups was done using Mann Whitney U test for independent samples. For comparing categorical data, chi-square  $(\chi^2)$  test was performed. Exact test was used instead when the expected frequency was less than 5. Correlation between various variables was done using Spearman rank correlation equation. p value less than 0.05 was considered statistically significant. All statistical calculations were done using computer programs SPSS (Statistical Package for the Social Science; SPSS Inc., Chicago, IL, USA) version 15 for Microsoft Windows.

## **Results**

In the studied SCD patients, 15/25 (60 %) were on chronic transfusion, 11/25 (44 %) had been splenectomized, and 14/25 (56 %) were on hydroxyurea therapy.

During painful crisis, duration of hospital stay ranged from 1–13 days (median 2.5 days and mean of  $2.95\pm5.02$  days). History of previous painful crisis showed that four patients (16 %) had low frequency (<1 time/year), 11 patients (44 %) had moderate frequency (1–5 times/year), while 10 patients (40 %) showed high frequency (>5 times/year) of painful attacks. Markers of hemolysis and coagulation in SCD during painful crisis are shown in Table 1.

The erythrocyte-derived MPs level in control group and SCD patients (during painful crisis and steady state) are shown in Table [2](#page-3-0) and Fig. [1.](#page-3-0) SCD patients during painful crisis had significantly higher median number of erythrocyte-

Table 1 Markers of hemolysis and coagulation of sickle cell disease patients during painful crisis  $(n=25)$ 

Test	Mean	SD	Range	Median
LDH (U/L)	563.76	486.03	216-1960	340
Total bilirubin (mg/dl)	2.25	1.49	$1.2 - 7.9$	1.8
Direct bilirubin (mg/dl)	0.44	0.22	$0.1 - 1$	0.4
Reticulocyte count $(\%)$	9.5	6.35	$1 - 21$	7.4
aPTT(s)	34.66	4.44	$23 - 46$	34
<b>INR</b>	1.04	0.08	$0.94 - 1.2$	1.01

LDH lactate dehydrogenase, aPTT activated partial thromboplastin time, INR international normalized ratio of prothrombin time

derived MPs than control group  $(p=0.02)$ . However, no statistically significant difference was detected between median numbers of erythrocyte-derived MPs of SCD patients in steady state when compared to control group or to patients during painful crisis  $(p=0.3$  and 0.49, respectively).

Our study showed that splenectomy, blood transfusion, frequency of painful crisis, and hydroxyurea therapy did not affect erythrocyte-derived MPs levels [data not shown]. However, the number of received blood transfusion/year is significantly correlated to the number of erythrocyte-derived MPs  $(p=0.03, r=0.44)$  (Fig. [2](#page-4-0)). Correlation of erythrocytederived MPs with markers of hemolysis and coagulation showed no correlation in SCD patients during painful crisis (Table [3](#page-4-0)).

D-dimer levels ranged between grades 1 and 7 with median grade 3 in SCD patients during painful crisis, while it ranged between grades 2 and 4 with median grade 3 during steady state. All control subjects showed negative D-dimer. There were statistically significant differences between D-dimer levels in SCD patients during crisis and steady state in comparison to normal control ( $p$  value <0.001 for both), while no statistically significant difference was evident between Ddimer levels in patients during crisis and in steady state  $(p=$ 0.31).

No correlation was found between erythrocyte-derived MPs and D-dimer either in crisis ( $p=0.19$ ,  $r=-0.27$ ) or in steady state ( $p=0.34$ ,  $r=-0.25$ ); however, borderline inverse correlation between activated partial thromboplastin time and erythrocyte-derived MPs during painful crisis was evident (Table [3](#page-4-0)).

## Discussion

Erythrocyte-derived MPs were found to be increased in SCD patients. This increase is detected by flow cytometric measurement of cell specific anti- CD 235 (anti-glycophorin A) monoclonal antibody and annexin V. Annexin V provides a highly sensitive assay for exposure of phospholipids in erythrocytes (Tait and Gibson [1994\)](#page-5-0) and correlates linearly with the ability of red blood cells to support prothrombinase activity (Kuypets et al. [1996](#page-5-0)).

Several previous studies stated that high numbers of both erythrocyte-derived and platelet-derived MPs are present in patients with SCD (Allan et al. [1982;](#page-5-0) Wun et al. [1998](#page-5-0); Shet et al. [2003](#page-5-0); van Beers et al. [2009;](#page-5-0) Camus et al. [2012](#page-5-0); Tantawy et al. [2012\)](#page-5-0). In our study, the level of erythrocyte-derived MPs was higher in SCD patients than in controls; however, there was no statistically significant difference between the level of erythrocyte-derived MPs in SCD patients during their steady state and during painful crisis; it comes in agreement with van Beers et al. [\(2009\)](#page-5-0) who found that the number of MPs did not

Group	Erythrocyte-derived microparticles (NMP/ml)					
	Mean	SD.	Range	Median	<i>p</i> value	
Control group $(n=36)$	22,778	15,083	2,547-66,213	19,099		
SCD during painful crisis $(n=25)$	30,203	12,842	11,460-56,027	28,013	$0.02*$	
SCD during steady state $(n=17)$	27,114	17.705	10,187-75,126	22.919	0.3	

<span id="page-3-0"></span>Table 2 Erythrocyte-derived microparticles in sickle cell disease patients and controls

 $*_{p<0.05}$  (statistically significant)

differ significantly between baseline conditions and during a painful crisis in SCD.

The level of erythrocyte-derived MPs was higher in splenectomized SCD patients, although no statistically significant difference was found. The number of circulating abnormal RBC and MPs that express PS are increased after splenectomy and patients with hemolytic anemias are at risk of thromboembolic complications, particularly following splenectomy, and it has been stated that splenectomized patients with thalassemia intermedia have significantly higher levels of MPs and thrombin-antithrombin complexes when compared to non-splenectomized patients (Westerman et al. [2008\)](#page-5-0).

The number of erythrocyte-derived MPs is significantly correlated to the number of received blood transfusion/year. MPs accumulate in blood products during storage (Rubin et al. [2008](#page-5-0)); therefore, repeated transfusion leads to the introduction of more MPs to multitransfused patients, accordingly leading to increased risk of adverse outcomes and patients are more prone to hypercoagulability (Kriebardis et al. [2012\)](#page-5-0).

Semiquantitative assay of D-dimer level was used in our study as a marker of coagulation activation. There was statistically significant increase in the D-dimer level in SCD patients both in steady state and during crisis; SCD has been known to be a hypercoagulable state (Ataga and Key [2007](#page-5-0); Adam et al. [2009\)](#page-4-0). The mechanism of hypercoagulability is probably multifactorial and involves abnormalities in platelet function, thrombin generation, and fibrinolysis (Stuart and Setty [2001](#page-5-0)). Furthermore, it was demonstrated that even patients with sickle trait may be at increased risk for deep venous thrombosis (Austin et al. [2007](#page-5-0); Adam et al. [2009\)](#page-4-0); however, we did not find any significant correlation between erythrocyte-derived MPs and Ddimer in painful crisis or in steady state. This is in contrast to Shet et al. [\(2003\)](#page-5-0) who stated that the total number of MPs, total tissue factor-positive MPs, monocyte-derived tissue factor-positive MPs, and erythrocyte-derived MPs are correlated with D-dimer, thrombin-antithrombin complexes, and  $F1 + 2$  levels in SCD patients, suggesting that MPs may contribute to the hypercoagulable state observed in patients with SCD and other hemolytic anemias. van Beers and colleagues ([2009](#page-5-0)) also reported that the majority of MPs in SCD patients originate from platelets and erythrocytes, and there is a strong association of erythrocytederived MPs and markers of fibrinolysis and coagulation activation (vWF-Ag, D-dimer, and  $F1 + 2$ ) using enzyme-linked immunosorbent assay (ELISA). In addition, they found a relation between erythrocyte-derived MPs and the activation of factor XI and the ability of anti-factor XI to block thrombin generation by MPs isolated from plasma samples of SCD patients. This difference in our findings compared to others could be attributed to the use of semiquantitative latex agglutination test in our study to assess D-dimer levels versus the more sensitive, yet more costly, ELISA technique used in other studies.

Borderline inverse correlation between number of erythrocyte-derived MPs and activated partial thromboplastin

Fig. 1 Erythrocyte-derived microparticles detected in a sickle cell disease patient sample (erythrocyte-derived microparticles showed positive CD235 and annexin V (H2 area, 1.8 %; number of microparticles  $(N)$ =47; calculated NMP/mL plasma=58,573.18))



<span id="page-4-0"></span>

Fig. 2 Correlation between erythrocyte-derived MPs and the number of received blood transfusion per year

time during painful crisis was found in our study. This comes in agreement with Horne et al. [\(2006](#page-5-0)) who were using ex vivo experiments with hemolysates and showed that erythrocytederived MPs enhance coagulation activation. Furthermore, in patients with idiopathic thrombocytopenic purpura, erythrocytederived MPs are correlated with shortening of activated partial thromboplastin time and increased factor XI activity (Fontana et al. [2008](#page-5-0)).

On studying the relation between erythrocyte-derived MPs and markers of hemolysis, we did not find any correlations during painful crisis. This is in contrast to van Beers et al. [\(2009\)](#page-5-0) whose study showed that erythrocyte-derived MPs strongly correlated with plasma levels of hemolytic markers, i.e., hemoglobin and lactate dehydrogenase. This difference may be attributed to the difference in disease severity where the

Table 3 Correlation of erythrocyte-derived microparticles with markers of hemolysis and coagulation in sickle cell patients during painful crisis

Test	$R$ value	$p$ value
LDH (U/L)	0.09	0.69
Total bilirubin (mg/dl)	0.02	0.91
Direct bilirubin (mg/dl)	0.09	0.68
Reticulocyte count $(\%)$	0.13	0.53
D-dimer	$-0.27$	0.19
aPTT	$-0.36$	0.07
<b>INR</b>	$-0.32$	0.11

LDH lactate dehydrogenase, aPTT activated partial thromboplastin time, INR international normalized ratio of prothrombin time

median duration of hospital admission for treatment of painful attack in van Beers and colleagues study was 8 versus 3 days in our study, indicating more severe painful crisis in their cohort. Moreover, their patients were not treated with chronic blood transfusion in contrast to ours where 44 % received chronic blood transfusion and it was found that erythrocyte-derived MPs differ between in vivo and ex vivo condition regarding their properties and the stimulus for their generation (Tissot et al. [2010\)](#page-5-0).

In conclusion, SCD is associated with increased levels of circulating erythrocyte-derived MPs and D- dimer which may contribute to the hypercoagulable state and precipitation of painful crisis in these patients. However, larger sample size and studying levels of MPs from other cellular origins are required for identification of exact mechanism of such hypercoagulable state. Approaches to control this hypercoagulable state in SCD patients are required and should be studied on large scale in the treatment regimen to reduce the frequency and severity of painful crisis.

Conflict of interest The authors declare that they have no conflict of interests.

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