

# The Arabian camel (*Camelus dromedarius*) as a major reservoir of Q fever in Saudi Arabia

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**Abstract** Serum samples from 489 male and female camels were tested for antibodies against *Coxiella burnetii* using indirect enzyme-linked immunosorbent assay (ELISA). Antibodies to *C. burnetii* were recorded in sera of 252 (51.64 %) camels. Significant differences in prevalence were found between male and female camels, juvenile and adult camels, and different ecotypes and different sampling locations. Three hundred seven camels were simultaneously tested for *C. burnetii* antibodies by ELISA and indirect immunofluorescence (IFA) tests. Close agreement was found between the results of the two tests. A high prevalence of *C. burnetii* antibodies was also recorded in milk samples tested by ELISA. Clinical samples from serologically positive camels were subjected to PCR analysis using primers which amplify the repetitive transposon-like and transposase gene regions of *C. burnetii*. Positive DNA amplification was obtained from both regions, with the highest shedding of *C. burnetii* in fecal samples (27.59 %) followed, in descending order, by urine (23.81 %), blood (15.85 %), and milk (6.5 %). The present results indicate that camels are a major reservoir of *C. burnetii* in Saudi Arabia. High prevalence of *C. burnetii* in camels, poor sanitary standards under which these animals are kept, and the consumption of raw camel milk indicate that camels can also be a major source of Q fever transmission to humans in Saudi Arabia.

**Keywords** Arabian camel · *Camelus dromedarius* · *Coxiella burnetii* · ELISA · Immunofluorescence · PCR

## Introduction

The world population of the Arabian one-humped camel (*Camelus dromedarius*) is about 20 million. Of these, more than 800,000 of the finest camel ecotypes are found in Saudi Arabia. For thousands of years, the camel has been closely associated with the lives of inhabitants of the Arabian Peninsula. It has been mentioned in holy books and in countless anthologies and verses from ancient Arabic poetry. Today, the camel remains a highly valued beast for its meat, milk, wool, skin, and folk medicine. It also serves as a means of transportation and sport and a source of pride and wealth. Efforts to improve camel health and productivity are, however, limited as most camels are still reared by nomads under poor management and sanitary conditions. Several infectious diseases are known to affect camels, including a number of zoonotic infections (Abbas et al. 1987; Wernery and Kadan 1995). Among the zoonoses, *Coxiella burnetii*, the causative agent of Q fever, appears to be one of the most widespread infections in camels. It has been reported in camels from almost all parts of the Middle East and North and East Africa where these animals are reared (Wernery and Kadan 1995). Very high prevalence of Q fever antibodies was reported in the sera of camels in some countries, namely, 66 % in Egypt (Soliman et al. 1992), 80 % in Chad (Schelling et al. 2003), 62 % in Saudi Arabia (Hussein et al. 2008) and up to 100 % in nomadic camels in southeastern Ethiopia (Gumi et al. 2013).

The objective of the present study was to investigate the prevalence of anti-*C. burnetii* antibodies in the blood and milk of camels in Saudi Arabia and to determine the shedding routes of the organism in infected camels.

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## Materials and methods

Four hundred eighty nine camels of either sex were tested for antibodies against *C. burnetii*. The animals were selected randomly at camel enclosures, markets, slaughter houses, and free-ranged herds in five geographical locations. They were broadly divided into juvenile or sexually premature (1–2 years) and adult ( $\geq 3$  years) animals. The camels belonged to *Maghater*, *Majahim*, and mixed ecotypes. All camels were clinically normal, but some harbored the camel tick, *Hyalomma dromedarii*. None of the adult females was pregnant while some were lactating.

### Serological tests

Ten-milliliter jugular blood samples were drawn from each camel into a plain vacutainer tube and allowed to clot at room temperature for 3 h. Serum was separated by centrifugation at 1500g for 15 min and stored at  $-20\text{ }^{\circ}\text{C}$ . The sera were diluted at 1:100 and tested using an indirect enzyme-linked immunosorbent assay (ELISA) designed to detect antibodies against phases I and II *C. burnetii* antigens (CHEKIT-Q fever enzyme immunoassay; IDEXX laboratories, Bommeli Diagnostics, AG, Bern, Switzerland). Tests were performed in microtiter plates pre-coated with inactivated *C. burnetii* antigens (Nine Mile reference strain) according to the manufacturer's protocol. However, instead of using peroxidase-conjugated monoclonal anti-ruminant IgG supplied with the test kits, a specific goat anti-camel IgG peroxidase conjugate was used (Triple J. Farms, 777 Jorgensen Place, Bellingham, WA 98226, USA). The optical density (OD) was determined at 450 nm using a microtiter plate reader. OD percentage (OD%), corresponding to the intensity of color change and hence antibody concentration, was determined as follows:

$$\text{OD\% of the test sample} = 100 (S-N)/(P-N)$$

where  $S$ ,  $N$ , and  $P$  are the OD values of the tested, negative control, and positive control sera, respectively. A good visual cutoff was observed at OD%=40, and samples with OD values  $\geq 40$  were considered positive while samples with OD values  $< 40$  were considered negative.

Ninety two female camel sera were tested simultaneously by both ELISA and indirect immunofluorescence (IFA). The latter assay was performed using a commercial kit designed to detect IgG antibodies against phase II *C. burnetii* (Nine Mile strain) antigen (Vircell, S. L. Pza. Dominguez Ortiz I. Poligono Industrial Dose de Octubre. 18320 Santa Fe, Granada, Spain). Specific FITC-conjugated goat anti-camel IgG (Triple J. Farms, 777 Jorgensen Place, Bellingham, WA 98226, USA) was used. The first positive serum dilution was recorded at 1:64. Positive sera were further titrated by serial

twofold dilutions up to a maximum titer of 1:8192. The results were determined using fluorescence microscopy (Axioskop 2 Plus; Zeiss, Gttingen, Germany) at  $\times 400$  magnification. Positive sera showed bright apple green fluorescence against a dark background.

ELISA test was also applied to detect *C. burnetii* antibodies in defatted milk samples from 48 lactating females. Sera from the same camels were tested simultaneously by ELISA. For collecting milk samples, the udders were thoroughly washed and dried and the teats were cleaned using disinfectant swipes. The first two streams of milk were discarded. Ten-milliliter milk samples were then collected from each camel into clean, sterile polystyrene tubes and transferred in ice to the laboratory. The samples were centrifuged, the fat-fraction was removed and discarded, and the nonfat fraction was frozen at  $-20\text{ }^{\circ}\text{C}$  until tested. Each milk sample was diluted 1:5 in PBS solution and tested in the same manner as serum.

### DNA extraction and PCR assay

Polymerase chain reaction (PCR) was applied to detect *C. burnetii* DNA in clinical specimens from camels. A total of 209 samples, comprising 82 whole blood, 77 milk, 21 urine, and 29 fecal samples, were collected from seropositive camels. All samples were kept frozen at  $-80\text{ }^{\circ}\text{C}$  until tested. DNA was extracted from blood, milk, and urine using Qiagen DNeasy blood and tissue extraction kit (GmbH, Hilden, Germany). DNA extraction from fecal samples was carried out using a Bioline extraction kit (Bioline, Humber Rd, London, UK). Extractions were performed following the manufacturer's instructions. Nested PCR was performed for DNA amplification using primers which amplify transposon-like region and transposase gene. Positive control *C. burnetii* DNA was provided by Professor Klaus Henning of the Institute of Epidemiology, Friedrich-Loeffler-Institute in Germany. The PCR was carried out in DNA thermal cycler (Bioline, Humber Road, London, UK). Following initial denaturation at  $95\text{ }^{\circ}\text{C}$  for 8 min, rapid PCR program was performed consisting of 35 cycles of denaturation at  $95\text{ }^{\circ}\text{C}$  for 15 s, annealing at  $52\text{ }^{\circ}\text{C}$  for 5 s, and extension at  $72\text{ }^{\circ}\text{C}$  for 18 s. Re-amplification was performed using 35 cycles of denaturation at  $95\text{ }^{\circ}\text{C}$  for 15 s, annealing at  $48\text{ }^{\circ}\text{C}$  for 5 s, and extension at  $72\text{ }^{\circ}\text{C}$  for 18 s. Amplification products were separated by agarose gel electrophoresis, stained with ethidium bromide and visualized under UV transilluminator (Mohammed et al. 2014).

### Statistical analysis

Data were analyzed with the incidence of *C. burnetii* coded as a binary dependant variable (0 for sero-negative and 1 for seropositive animals). Frequencies and means of *C. burnetii*

**Table 1** Serological prevalence of Q fever in camels in Saudi Arabia; proc frequency and independency test using chi-square

Factors	Animals		Prevalence of Q fever				$\chi^2$	Prob	
			+ve		-ve				
	No.	%	No.	%	No.	%			
Ecotype:	Maghatir	178	36.40	98	55.06	80	44.94	11.93	<0.005
	Majahem	191	39.06	91	44.64	100	50.79		
	Mixed <sup>b</sup>	120	24.54	61	50.83	59	49.17		
Age:	Adult	322	65.85	205	63.66	117	36.34	55.56	<0.0001
	Juvenile	167	34.15	47	28.14	120	71.86		
Sex:	Female	360	73.62	227	63.06	133	36.94	72.53	<0.0001
	Male	129	26.38	25	19.38	104	80.62		
Location <sup>a</sup>	A	29	5.93	19	65.52	10	34.48	107.2	<0.0001
	B	118	24.13	82	69.49	36	30.51		
	D	115	23.52	48	41.74	67	58.26		
	E	104	21.27	68	65.38	36	34.62		
	F	123	25.15	23	18.70	100	81.30		

<sup>a</sup> A, Amaria; B, Hait; C, Harad; D, Jouf; E, Al-Kharj; and F, Riyadh

<sup>b</sup> Mixture of *shul*, *humr*, and *sufir* camels in relatively small number each

prevalence and titres were computed using Statistical Analysis System V. 9.1 software for Windows. A probability value of  $p \leq 0.05$  was considered significant. The relationship between ELISA and IFA tests was achieved using the PROC CORR procedure.

**Results**

Serology

Proc frequency and independency test results for the prevalence of Q fever antibodies in camels using chi-square are summarized in Table 1. Out of 489 camels tested for anti-*C. burnetii* antibodies by indirect ELISA, 252 camels were found to be serologically positive for antibodies against the organism, giving an overall prevalence of 51.53 % (Table 1). The highest prevalence was recorded in *Magahim* camels, which are the main camels raised for milk production in

Saudi Arabia. The prevalence rate was more than three times in female as compared to male camels and more than twice in adult compared to juvenile camels. The prevalence also varied significantly in camels from different localities.

Comparison between ELISA and IFA tests for detection of *C. burnetii* antibodies in camels' sera is given in Table 2. The prevalence rates revealed by ELISA and IFA tests were 69.57 and 61.96 %, respectively. There was a high level of agreement (Kappa=86 %) between the results of the two tests, indicating that either of them can be used for serological surveys of Q fever in camels or to confirm each other. High IFA titers equal to or exceeding 1:8192 were recorded in some camels, probably indicating recent infection.

The results of ELISA tests in serum and milk also agreed closely (Table 3). Out of the 48 female camels tested, 30 camels revealed antibodies against *C. burnetii* in milk and 32 were positive by the serum test. The latter animals included all the camels shown to be positive by ELISA milk tests. Spearman's correlation analysis showed highly significant

**Table 2** Comparison between ELISA and IFA tests for detection of anti-*C. burnetii* antibodies in camel sera

Test	Number tested	Number positive	Prevalence	Titration <sup>a</sup>				
				Mean	±SD	SEM	Min	Max
ELISA	92	64	69.57 %	147.73	12.99	1.62	40.47	375.13
IFA	92	57	61.96 %	793.82	213.60	26.6	64	≥8192

<sup>a</sup> OD percentage for ELISA test and serial twofold dilutions for IFA test

**Table 3** Comparison of ELISA tests for Q fever antibodies in serum and milk samples from camels

	No. tested	No. positive	Percentage	Titration (OD %)			
				Mean	±SD	Min	Max
Serum	48	32	66.67	186.65	19.24	44.83	375.13
Milk	48	30	62.50	143.20	13.55	40.84	284.51

positive correlation (0.61) between the test results both in serum and milk ( $p < 0.0001$ ).

### PCR

Positive PCR amplification was obtained from camels' blood, feces, milk, and urine samples using primers which amplify repetitive transposon-like and transposase gene regions of *C. burnetii* (Fig. 1; Table 4). As the table shows, the shedding of *C. burnetii* by these animals was highest in fecal samples and urine (27.59 and 23.81 %, respectively), followed by blood (15.85 %) and least in milk (6.5 %).

### Discussion

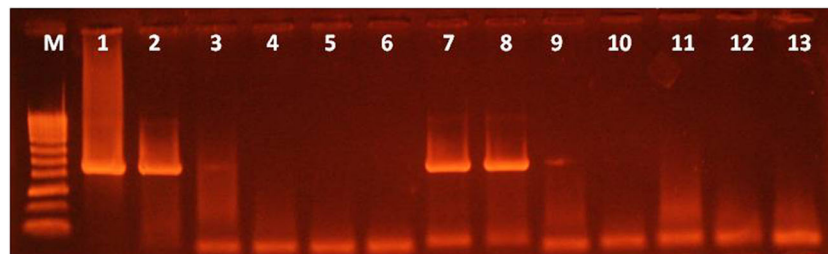
There is a striking paucity of information on the status of Q fever in man and animals in Saudi Arabia, although the disease has been described as hyperendemic among the Kingdom's inhabitants since the 1960s (Gelpi 1966; Lippi et al. 1968). It was only in 2008 that camels were screened for Q fever for the first time in the Kingdom (Hussein et al. 2008). The results of that study and the present results indicate an alarmingly high prevalence of *C. burnetii* among Saudi indigenous camels (62 and 51.53 %, respectively). This is the highest prevalence among all species of farm animals recently screened for Q fever in Saudi Arabia (unpublished report, 2014). Such high prevalence is clearly attributable to the poor management and hygienic conditions under which camels are kept in that country, in addition to their frequent exposure to heavy sandstorms and dust contaminated with airborne infections, presumably including *C. burnetii*, during desert grazing.

Another contributing factor could be the common infestation of camels with the camel tick, *H. dromedarii*. This tick is known to harbor *C. burnetii* and to secrete it in its feces and saliva (Reháček and Brezina 1968).

The present study showed that serological prevalence of camel coxiellosis was more than three times higher in female than male camels. This higher susceptibility of females, especially adult females, is due to the remarkable affinity of *C. burnetii* to the udder, placenta, and other female reproductive organs of ruminants (Aitkin 1989; Marrie 1990; Kilic et al. 2005). Up to one billion organisms per gram may be found in these tissues (CDC 1997).

The study also showed that the prevalence of *C. burnetii* in camels was significantly affected by age, the prevalence in adult camels being more than double the prevalence in juvenile camels. Age has been recognized as an important risk factor for *C. burnetii* seropositivity in other species of animals—in general, the older the animal is, the higher is the risk of it being exposed to infection and of becoming seropositive (Klaasen et al. 2014; Jung et al. 2014). The same is true for humans where the prevalence of Q fever increases with age (Psaoulaki et al. 2006; Kardeñosa et al. 2006).

Significant differences in the prevalence of *C. burnetii* in animals are known to occur between different countries and different geographical locations within the same country. In the current study, the detection of a higher prevalence of *C. burnetii* in camels in Hait versus Riyadh city could be attributed to a number of factors. Hait is a small agricultural village about 25 km from Riyadh, with high densities of camels and small ruminants. The animals are kept by nomadic herdsmen under poor hygienic and husbandry conditions. Besides, the area is heavily polluted by sewage water from Riyadh, and numerous rats roam about near camel sites. It is



**Fig. 1** Electropherogram (2 % agarose) showing results of the amplification of 448 bp of the transposase gene region of *Coxiella burnetii* using Cox P4 and CoxM9 primers. Lane M is the HyperLadder IV, lanes 1–3 samples from camel blood, and lanes 4–13 samples from camel milk

**Table 4** Detection of *Coxiella burnetii* DNA in samples from camels using PCR

Sample	No. examined	No. positive	Positive (%)	No. negative	Negative (%)
Blood	82	13	15.85	69	84.15
Milk	77	05	6.49	72	93.51
Urine	21	05	23.81	16	76.19
Feces	29	08	27.59	21	72.41

also an open area surrounded by sand dunes and exposed to frequent sandstorms. At the same time, the village adjoins a historical water spring and mountain caves that attract many visitors. All of these factors might contribute to the higher risk of coxiellosis in the area.

No records are found of molecular detection of *C. burnetii* in farm animals in Saudi Arabia, apart from our own (Mohammed et al. 2014). However, several studies have been carried out in other countries which documented the presence of *C. burnetii* DNA in various clinical samples, such as blood, milk, birthing fluids, aborted fetuses, and tissue samples of domestic and wild animals (Rodolakis et al. 2007; Fretz et al. 2007; Garcia-Perez et al. 2009; Rousset et al. 2009; Rahimi 2009; Rahimi et al. 2010; Angen et al. 2011; Jung et al. 2014). Our study also constitutes the first world record of direct identification of *C. burnetii* by PCR in feces, urine, and milk, and the second in the blood, of camels. To our knowledge, the only other record of direct detection of *C. burnetii* DNA from camels was from Iran, where partial DNA of 16S ribosomal RNA gene of *C. burnetii* was detected in 10.8 % of blood samples from local camels (Doosti et al. 2014). The present PCR results showed that the camel is capable of shedding *C. burnetii* in its feces, urine, milk, and blood, with the highest percentage of shedding being recorded in fecal samples (27.6 %) suggesting that feces might be the preferred shedding route of this organism in camels. Since *C. burnetii* tends to localize in the reproductive tract of infected female animals, specimens of vaginal mucus and birthing fluids of female camels should also be investigated as additional sources of transmission of the Q fever agent, especially to herders assisting these animals during parturition or abortion (Berri et al. 2000, 2007).

The PCR analysis of camel samples in the present study was not designed for comparison with serological results but to investigate shedding routes of *C. burnetii* in camels, which showed feces to be more important in transmitting *C. burnetii* than urine, blood, and mil. However, this does not preclude the fact that PCR is becoming increasingly used in diagnosis and other studies of coxiellosis in animals, not only because of its higher specificity and sensitivity compared to conventional serology but also more importantly because it measures current infection, unlike conventional serological methods which do not differentiate between past and ongoing infections. On the other hand, PCR is more laborious and more costly than conventional serology and requires laboratories with PCR

capabilities which are not available in many laboratories in developing countries. For this reason, serological methods, particularly ELISA and IFA, are still more widely used than PCR for large-scale surveys of *C. burnetii* in animals.

Some authors consider ELISA to be more specific and sensitive than IFA for serological surveys of *C. burnetii* (Soliman et al. 1992; Kovakova et al. 1987; Field et al. 2000). In the present study, however, we compared the seroprevalence of *C. burnetii* in camels using both ELISA and IFA and the results of the two tests agreed closely. Therefore, either of these tests can be used to screen anti-*C. burnetii* antibodies in animals. The infectivity of *C. burnetii* is so high that with some strains of this organism, only one microorganism may be sufficient initiate infection (Waag 1997). Human infection with *C. burnetii* is usually acquired from farm animals (Guatteo et al. 2011; Schimmer et al. 2014). Therefore, the prospects of transmission of this organism from camels to humans in Saudi Arabia are high, not only because of the exceptionally high prevalence of the infection in camels and their capability of shedding *C. burnetii* in their secretions and excretions but also because of the widespread tradition, throughout the Arabian Peninsula, of consuming raw camel milk (Alshaikh et al. 2007) and the belief held by many desert dwellers that consuming diluted camel urine (usually diluted with milk) was an effective remedy for many human ailments, including abdominal disorders, liver diseases, and cancer (Khorshid 2011; Al-Bashan 2011).

In conclusion, the high prevalence of *C. burnetii* in camels and the lack of basic sanitary knowledge by most camel herders as well as the consumption of unpasteurized camel milk clearly indicate that camels in Saudi Arabia might play a major role as a reservoir of *C. burnetii* and a significant source for the transmission of Q fever to humans.

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