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# **Nodal sets of smooth functions with finite vanishing order and** *p***-sweepouts**

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### **Abstract**

We show that on a compact Riemannian manifold  $(M, g)$ , nodal sets of linear combinations of any  $p + 1$  smooth functions form an admissible *p*-sweepout provided these linear combinations have uniformly bounded vanishing order. This applies in particular to finite linear combinations of Laplace eigenfunctions. As a result, we obtain a new proof of the Gromov, Guth, Marques–Neves upper bounds on the min–max *p*-widths of *M*. We also prove that close to a point at which a smooth function on  $\mathbb{R}^{n+1}$  vanishes to order *k*, its nodal set is contained in the union of  $k W^{1,p}$  graphs for some  $p > 1$ . This implies that the nodal set is locally countably *n*-rectifiable and has locally finite  $\mathcal{H}^n$  measure, facts which also follow from a previous result of Bär. Finally, we prove the continuity of the Hausdorff measure of nodal sets under heat flow.

**Mathematics Subject Classification** 9Q05 · 35P20

# **1 Introduction**

This article concerns the regularity of nodal sets in families of smooth functions with finite vanishing order. Our motivation comes in part from the work of Marques–Neves [\[22\]](#page-12-0), who use admissible *p*-sweepouts in a compact Riemannian manifold  $(M, g)$  to prove the existence

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of infinitely many closed minimal hypersurfaces if *M* has positive Ricci curvature. Each admissible *p*-sweepout is essentially a *p*-dimensional family of co-dimension 1 cycles in *M* (see Sect. [4.1\)](#page-9-0), and the associated min–max *p*-widths  $\omega_p(M)$  (see Theorem [3\)](#page-3-0) can be thought of as giving a non-linear version of the spectrum of the Laplacian. An analogy like this was first proposed by Gromov in [\[11](#page-12-1)].

Marques–Neves suggested in [\[22](#page-12-0), Sect. 9] that one might push this analogy further by considering *p*-sweepouts formed from the nodal sets of linear combinations of Laplace eigenfunctions. However, it was not clear at the time that a *p*-dimensional family of cycles defined in this way would satisfy the technical conditions needed to be admissible as a *p*-sweepout. In Theorem [2](#page-2-0) we provide a general construction of admissible *p*-sweepouts from the nodal sets of families of smooth functions that have uniformly bounded vanishing order. Our construction applies in particular to finite linear combinations of eigenfunctions. Theorem [2](#page-2-0) also yields a new proof of the Weyl-type upper bounds on the *p*-widths  $\omega_p(M)$ .

To view a family of nodal sets as an admissible *p*-sweepout, one must control the extent to which the nodal sets can concentrate in small balls in  $M$  (see Sect. [4.1\)](#page-9-0). Estimates that provide this control follow both from the new general  $W^{1,p}$  regularity result that we present here, Theorem [1,](#page-2-1) and from previous work of Bär [\[2](#page-11-0)] (see Proposition [1\)](#page-1-0). Both Theorem [1](#page-2-1) and Proposition [1](#page-1-0) imply that near a point of finite vanishing order, the nodal set of a smooth function on  $\mathbb{R}^{n+1}$  is countably *n*-rectifiable and has locally finite  $\mathcal{H}^n$  measure (see Sects. [2,](#page-5-0) [3\)](#page-8-0). They also allow us to study in Sect. [1.3](#page-4-0) the evolution of nodal sets for families

$$
\left\{e^{-t\Delta_g}u\right\}_{t\geq 0}, \qquad u \in L^2(M, g)
$$

under heat flow.

#### **1.1 Regularity and measure of nodal sets for families of smooth functions**

By a result of Whitney [\[26\]](#page-12-2), every closed subset of  $\mathbb{R}^{n+1}$  is the nodal set  $Z_f = f^{-1}(0)$ of some smooth real-valued function  $f$ . This means that, in general,  $Z_f$  can be arbitrarily irregular. Constraints on the derivatives of  $f$  restrict the possible behavior of  $Z_f$ , however. For example, if  $f(x) = 0$  and  $\nabla f(x) \neq 0$ , then, by the implicit function theorem,  $Z_f$  is a smooth manifold near *x*.

Solutions of elliptic or parabolic PDEs satisfy more sophisticated constraints that allow for quantitative estimates on Hausdorff measures of nodal and singular sets. Early results in this setting are due to Carleman [\[3](#page-11-1)], who established finite vanishing order for solutions to second order elliptic equations. His method strongly influenced later work. Further developments of particular note include the work of Garafalo–Lin  $[9,10]$  $[9,10]$  on elliptic equations and Lin [\[16](#page-12-5)] for parabolic equations, with the strongest quantitative results by Hardt–Simon [\[13\]](#page-12-6), Donnelly–Fefferman [\[4](#page-11-2)], Naber–Valtorta [\[24\]](#page-12-7), and recently Logunov [\[19](#page-12-8)[,20](#page-12-9)], Logunov– Malinnikova [\[18](#page-12-10)].

We are concerned here, however, with what can be about  $Z_f$  if  $f$  vanishes to finite order but does not necessarily satisfy a PDE. Lin showed in [\[17](#page-12-11)] that such functions include finite linear combinations of Laplace eigenfunctions (alternative proofs were given by Donnelly [\[6](#page-12-12)] and Jerison–Lebeau [\[15](#page-12-13)]). Jerison–Kenig [\[14](#page-12-14)] also obtained similar statements about solutions to certain differential inequalities.

<span id="page-1-0"></span>Throughout, *f* is a smooth function. Therefore, it has finite vanishing order in an open set  $U \subseteq \mathbb{R}^{n+1}$  if for each  $x \in U$  there exists a multi-index  $\alpha$  for which  $D^{\alpha} f(x) \neq 0$ . If  $|\alpha| = \gamma$ , and  $D^{\beta} f(x) = 0$  for all multi-indices  $\beta$  with  $|\beta| < \gamma$ , then f is said to have vanishing order  $\gamma$  at *x*. The following was shown by Bär:

**Proposition 1** ([\[2\]](#page-11-0), Lemma 3) Let  $f : \mathbb{R}^{n+1} \to \mathbb{R}$  be smooth and suppose that f vanishes to *order*  $\gamma$  *at*  $x_0 \in \mathbb{R}^{n+1}$ *. Then there is*  $\bar{r} > 0$  *and a hyperplane*  $P \subseteq \mathbb{R}^{n+1}$  *such that*  $Z_f \cap B_{\bar{r}}(x_0)$ *is contained in the union of countably many graphs of smooth real-valued functions from P* ∩ *B*<sub> $\bar{r}$ (*x*<sub>0</sub>) *to P*<sup>⊥</sup>*. Moreover, we can estimate the Hausdorff measure of the nodal set by*</sub>

$$
\mathcal{H}^n(Z_f \cap B_r(x_0)) \le (n+1)2^n \gamma r^n
$$

*for all*  $r < \bar{r}$ *.* 

The radius  $\bar{r}$  in Proposition [1](#page-1-0) can be chosen uniformly over  $\theta \in \Theta$  for families

<span id="page-2-2"></span>
$$
f^{\theta}(x) := F(x, \theta) \tag{1.1}
$$

where  $F \in C^{\infty}(U \times \Theta)$ , the set  $\Theta$  is a finite-dimensional compact smooth manifold (possibly with boundary), and  $U \subseteq \mathbb{R}^{n+1}$  is open. Denoting by  $\Gamma_u$  the graph of a function *u*, we obtain the following regularity result.

<span id="page-2-1"></span>**Theorem 1** *Let*  $f^{\theta}$  *be as in* [\(1.1\)](#page-2-2) *and suppose that the vanishing order of*  $f^{\theta_0}$  *at*  $x_0 \in U$  *is*  $\gamma < \infty$ *. Then there is p* > 1*, a ball B<sub>r</sub>*( $x_0$ ) *about*  $x_0$ *, a neighbourhood*  $V_{\theta_0}$  *of*  $\theta_0$ *, and a <i>hyperplane*  $P \subset \mathbb{R}^{n+1}$  *such that* 

$$
\left\{f^{\theta}=0\right\} \cap B_{\bar{r}}(x_0) \subset \bigcup_{i=1}^{\gamma} \Gamma_{f_i^{\theta}} \quad \textit{for every } \theta \in V_{\theta_0},
$$

*where the functions*  $f_i^{\theta}$  *belong to*  $W^{1,p}(P, P^{\perp})$  *for*  $\theta \in V_{\theta_0}$ *,*  $i = 1, \ldots, \gamma$  *and* 

$$
\sup_{\substack{i=1,\ldots,\gamma,\\ \theta\in V_{\theta_0}}} \|f_i^{\theta}\|_{W^{1,p}} < \infty.
$$

Our proof of Theorem [1,](#page-2-1) which does not rely on Proposition [1,](#page-1-0) is given in Sect. [2.2.](#page-6-0) The main technical input is the work of Parúsinski–Rainer [\[25,](#page-12-15) Theorem 3.5] on the regularity of roots of smooth families of polynomials (see Theorem [5\)](#page-6-1). The *W*1,*<sup>p</sup>* regularity is optimal if one is given a continuous parametrization of the nodal set of a smooth function over a given hyperplane (e.g.  $f(x, y) = y^q - x$  for some  $q > 1$  and the hyperplane  $\{y = 0\}$ ). It is possible that one could make a 'good' choice of hyperplane and establish better regularity of the functions  $f_i^{\theta}$ .

### **1.2 Nodal sets as** *p***-sweepouts**

As part of an analogy suggested by Gromov [\[11](#page-12-1)] between the min–max  $p$ -widths  $\omega_p(M)$  of a compact Riemannian manifold (*M*, *g*) (see [\[22,](#page-12-0) Definition 4.3] or [\[12,](#page-12-16) Appendix 3]) and the eigenvalues of the Laplacian  $\Delta_g$ , Marques and Neves proposed in [\[22,](#page-12-0) Section 9] studying *p*-sweepouts given by nodal sets of linear combinations of eigenfunctions. We show here that one can indeed construct admissible *p*-sweepouts in this way (in the sense of [\[22,](#page-12-0) Sect. 4.2]). In fact, we prove the following stronger result:

<span id="page-2-0"></span>**Theorem 2** *Let* (*Mn*+1, *g*) *be a smooth, compact Riemannian manifold and suppose that*  $f_0, \ldots, f_p \in C^\infty(M, \mathbb{R})$  *satisfy the following property: There exists*  $\gamma > 0$  *such that for*  $every\ x_0 \in M$  and  $every\ (\theta_0, \ldots, \theta_p) \in \mathbb{R}^{p+1}\setminus\{0\}$ , the vanishing order of  $\theta_0 f_0 + \cdots + \theta_p f_p$ *at*  $x_0$  *is at most*  $\gamma$ *. Then the map* 

$$
\Phi : \mathbb{RP}^p \to \mathcal{Z}_n(M, \mathbb{Z}_2)
$$
  

$$
[\theta_0 : \cdots : \theta_p] \mapsto \partial {\theta_0 f_0 + \cdots + \theta_p f_p} < 0
$$

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*is an admissible p-sweepout.*

Here,  $\mathcal{Z}_n(M,\mathbb{Z}_2)$  is the space of mod 2 flat *n*-cycles in *M* (see [\[7,](#page-12-17) p. 423]). For the proof see Sect. [4.3.](#page-10-0) Let us write

$$
\Delta_g \varphi_j = \lambda_j^2 \varphi_j, \qquad 0 = \lambda_0 < \lambda_1 < \lambda_2 \leq \cdots \geq \infty
$$

for the eigenvalues and eigenfunctions of the Laplacian (with multiplicity). As mentioned above, that non-zero finite linear combinations of the eigenfunctions have finite vanishing order was first proved in [\[17](#page-12-11), Theorem 4.2] and later by different methods in [\[15,](#page-12-13) Theorem 14.10] and [\[6](#page-12-12), Theorem 4.1]. Thus Theorem [2](#page-2-0) applies to linear combinations of the eigenfunctions  $\varphi_i$ . In the context of *p*-sweepouts, it is therefore natural to define

$$
\varphi_p(M) := \sup_{\theta \in \mathbb{R} \mathbb{P}^p} \mathbf{M}(\partial \{ \theta_0 \varphi_0 + \dots + \theta_p \varphi_p < 0 \}),
$$

where **M** denotes the mass of an element in  $\mathcal{Z}_n(M,\mathbb{Z}/2)$ . Combining the Weyl-type lower bounds on  $\omega_p(M)$  [\[11](#page-12-1), Sect. 4.2], [\[12,](#page-12-16) Sect. 3] and Theorem [2](#page-2-0) gives

$$
c \, p^{\frac{1}{n+1}} \le \omega_p(M) \le \phi_p(M) \le \sup_{\theta \in \mathbb{R}^p} \mathcal{H}^n(\{\theta_0 \varphi_0 + \dots + \theta_p \varphi_p = 0\}).\tag{1.2}
$$

To see the last inequality, we use that if *f* is a function of finite vanishing order, then **M**( $\partial$  { *f* < 0}) is simply the Hausdorff measure  $\mathcal{H}^n$  ( $\partial$  { *f* < 0}) of the topological boundary of  ${f < 0}$ . Notice that the linear combination of eigenfunctions  $f(x_1, x_2) = 1 + \cos(x_1)$ on the two-torus  $\mathbb{T} = \mathbb{R}^2 / (2\pi \mathbb{Z})^2$  satisfies

<span id="page-3-1"></span>
$$
\mathbf{M}(\partial\{f < 0\}) = 0 < \mathcal{H}^1(\{f = 0\}) = 2\pi.
$$

That is, for a general linear combination of eigenfunctions the mass of the associated mod 2 flat chain can be strictly less than the measure of the nodal set because the nodal set can have a large singular part. However, it is not known if the third inequality in [\(1.2\)](#page-3-1) can in fact be strict.

Marques and Neves also raise the question of understanding the exact asymptotic relationship between  $\omega_p(M)$  and  $\phi_p(M)$  as  $p \to \infty$ . Their "asymptotic optimality" conjecture is that  $\phi_p(M)/\omega_p(M)$  tends to 1.

<span id="page-3-2"></span>In the course of proving Theorem [2,](#page-2-0) we establish the following:

**Corollary 1** *Let*  $(M^{n+1}, g)$  *be a smooth, compact Riemannian manifold and let*  $\{\varphi_j\}_{j=1}^{\infty}$  *be an orthonormal basis for*  $L^2(M, g)$  *consisting of real-valued eigenfunctions of the Laplacian. The map*

$$
\Phi : \mathbb{RP}^{\infty} \to \mathcal{Z}_n(M, \mathbb{Z}_2)
$$
  

$$
[\theta_0 : \cdots : \theta_p : 0 : 0 : \cdots] \mapsto \partial \{\theta_0 \varphi_0 + \theta_1 \varphi_1 + \cdots + \theta_p \varphi_p < 0\}
$$

*is a weak homotopy equivalence.*

<span id="page-3-0"></span>Corollary [1](#page-3-2) is proved in Sect. [4.4.](#page-11-3) Finally, we provide a new proof, given in Sect. [4.5,](#page-11-4) of the Weyl-type upper bounds on the min–max p-widths  $\omega_p(M)$  of a compact smooth manifold *M*, originally established by Guth in [\[12,](#page-12-16) Theorem 1] when *M* is a closed unit ball and for more general compact manifolds by Marques–Neves in [\[22](#page-12-0), Theorem 5.1]. Our argument is similar to the one outlined by Gromov in [\[11,](#page-12-1) Sect. 4.2B].

**Theorem 3** [\[11](#page-12-1)[,12](#page-12-16)[,22](#page-12-0)] *Let M be a compact smooth manifold M without boundary, and define the min–max p-width*  $\omega_p(M)$  *by* 

$$
\omega_p(M) = \inf_{\Phi \in \mathcal{P}_p} \sup_{x \in X} \mathbf{M}(\Phi(x)),
$$

where the infimum is over admissible p-sweepouts  $\Phi: X \to \mathcal{Z}_n(M, \mathbb{Z}_2)$ . Then,

$$
\omega_p(M) \leq C \cdot p^{\frac{1}{n+1}}.
$$

#### <span id="page-4-0"></span>**1.3 Nodal sets under heat flow**

Given a function  $v \in L^2(M)$ , write

$$
v = \sum_{j=0}^{\infty} c_j \varphi_j, \qquad c_j \in l^2(\mathbb{N}).
$$

For each  $\epsilon > 0$ , define  $N_{\epsilon}(v) : L^2(M) \rightarrow [-\infty, \infty]$  by

$$
N_{\epsilon}(v) = \log \left( \sum_{j=0}^{\infty} c_j^2 e^{\epsilon \lambda_j} \right).
$$
 (1.3)

It follows from both [\[17](#page-12-11), Theorem 4.3] and [\[15](#page-12-13), Theorem 14.10] that if  $N_e(v)$  is finite for some  $\epsilon > 0$ , then v has finite vanishing order, bounded by an explicit function of  $N_{\epsilon}(v)$ . Therefore, Theorem [1](#page-2-1) also applies to certain infinite linear combinations of eigenfunctions. Let, for instance,  $u : M \times \mathbb{R}_+ \to \mathbb{R}$  solve the heat equation

<span id="page-4-2"></span>
$$
\left(\partial_t + \Delta_g\right)u(x, t) = 0\tag{1.4}
$$

with initial data  $u(x, 0) = u_0(x) \in L^2(M)$ . Suppose that  $N_\epsilon(u_0) < \infty$  for some  $\epsilon > 0$ . Writing  $\psi = \prod_{\lambda_k} u_0$  for the first non-zero eigenspace projection of  $u_0$ , and changing the time variable from *t* to  $\theta = \frac{2}{\pi} \arctan(t)$ , we define  $f^{\theta}(x)$  by

$$
f^{\theta}(x) := \begin{cases} e^{-\lambda_k^2 \tan(\theta \pi/2)} u(x, \tan(\theta \pi/2)), & \theta \in [0, 1) \\ \psi(x), & \theta = 1 \end{cases}.
$$

It follows from writing  $f^{\theta}(x)$  as a Fourier series that  $F(x, \theta) := f^{\theta}(x) \in C^{\infty}(M \times [0, 1])$ . Setting  $\Theta = [0, 1]$ , it is easy to see that  $f^{\theta}(x)$  satisfies

$$
\sup_{\theta \in \Theta} \inf_{\epsilon > 0} N_{\epsilon} \left( f^{\theta} \right) < \infty,\tag{1.5}
$$

since  $N_e(u_0) < \infty$  for some  $\epsilon > 0$ . Therefore, there exists  $C > 0$  so that

$$
\sup_{t\geq 0} \mathcal{H}^n(\{x \in M : u(x, t) = 0\}) \leq C. \tag{1.6}
$$

It is natural to compare the nodal set  $Z_{\theta} = \{f^{\theta}(x) = 0\}$  as  $\theta \to 1$  with the nodal set of  $\psi(x) = \lim_{\theta \to 1} f^{\theta}(x)$ . We do this with the help of Corollary [2,](#page-4-1) which follows from either Theorem [1](#page-2-1) or Proposition [1.](#page-1-0) We write

$$
Sing_f := \{ x \in U \mid f(x) = 0, \nabla f(x) = 0 \}
$$

<span id="page-4-1"></span>for the singular set of a smooth function.

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**Corollary 2** Let U be an open subset of  $\mathbb{R}^{n+1}$ . Fix  $f \in C^{\infty}(U, \mathbb{R})$  with finite vanishing order *on U*. *Suppose*  $F \in C^{\infty}(U \times [0, 1])$  *with*  $f^{\theta}(\cdot) := F(\cdot, \theta)$  *for*  $\theta \in [0, 1]$  *and*  $f^{1} = f$ . *Then, for any compact*  $K \subset U$  *with*  $\mathcal{H}^n(K \cap \text{Sing}_f) = 0$ *, we have* 

$$
\lim_{\theta \to 1} \mathcal{H}^n(Z_{f^{\theta}} \cap K) = \mathcal{H}^n(Z_f \cap K).
$$

Corollary [2,](#page-4-1) which we will prove in Sect. [3](#page-8-0) follows from the implicit function theorem if  $\text{Sing}_f = \emptyset$  but otherwise is non-trivial. In general,  $\mathcal{H}^n(Z_f)$  is neither lower nor upper semi-continuous as a function of *f* .

Corollary [2](#page-4-1) applies to the function  $u(x, t)$  satisfying [\(1.4\)](#page-4-2). Indeed, note that by [\[13,](#page-12-6) Theorem 1.7], since  $\psi$  is an eigenfunction, we have  $\mathcal{H}^{n-1}(\text{Sing}_{\psi}) < \infty$ . Hence,

$$
\lim_{t \to \infty} \mathcal{H}^n(Z_{u(\cdot,t)}) = \mathcal{H}^n(Z_{\psi}). \tag{1.7}
$$

### <span id="page-5-0"></span>**2** *W***1***,<sup>p</sup>* **regularity for nodal sets**

In this section, we prove Theorem [1.](#page-2-1) We begin by recalling some results and outlining the proof in Sect. [2.1.](#page-5-1) We give the full argument in Sect. [2.2.](#page-6-0)

### <span id="page-5-1"></span>**2.1 Outline of the Proof of Theorem [1](#page-2-1) and background**

<span id="page-5-2"></span>Our proof of Theorem [1](#page-2-1) has three steps. The first is to apply the Malgrange preparation theorem  $([21]$  $([21]$  $([21]$ ; or see  $[23]$  or  $[8]$  $[8]$ , Chapter IV Sect. 2] for later proofs).

**Theorem 4** (Malgrange; [\[21\]](#page-12-18)) *Let U be an open subset in*  $\mathbb{R}^{n+1}$  *and suppose that*  $f \in C^{\infty}(U)$ *satisfies*

$$
\frac{\partial^j}{\partial x_{n+1}^j} f(0) = 0 \quad \forall j \le k - 1 \quad \text{and} \quad \frac{\partial^k}{\partial x_{n+1}^k} f(0) \ne 0. \tag{2.1}
$$

*Then there exists an open neighborhood*  $\tilde{U}$  of 0, a non-vanishing smooth function  $c \in C^{\infty}(\tilde{U})$ *and smooth functions*  $a_j$  ∈  $C^\infty({x_{n+1}} = 0) \cap U$  *for*  $j = 0, ..., k - 1$ *, such that (writing*  $\bar{x} = (x_1, \ldots, x_n, 0)$ *)* we have

$$
f(x) = c(x) \left( x_{n+1}^k + a_{k-1}(\bar{x}) x_{n+1}^{k-1} + \dots + a_0(\bar{x}) \right)
$$
 (2.2)

 $in \tilde{U}$ .

This theorem (which is also used in the proof of Proposition [1\)](#page-1-0) will allow us to deduce that close to a point at which a smooth function has finite vanishing order, the nodal set is described by the real roots of a smooth family of polynomials. The second step in our proof comes from the work of De Lellis–Grisanti–Tilli [\[5\]](#page-11-5) about continuous selections of *Q*−valued functions:

<span id="page-5-4"></span>**Proposition 2** (Theorem 1.2 of [\[5\]](#page-11-5)) Let  $f : [a, b] \to \mathcal{Q}_q(\mathbb{R}^n)$  be a  $C^{k, \alpha}$  Q-valued function. *Then there exist functions*  $g_i$  :  $[a, b] \to \mathbb{R}^n$  *such that*  $g_i \in C^{k, \alpha}([a, b])$  *and the Q*−*tuple* { $f(x)$ } *coincides with* { $g_i(x)$ } $_{i=1}^Q$  *for every x*.

<span id="page-5-3"></span>**Proposition 3** (Theorem 5.1 of [\[5](#page-11-5)]) Let  $A \subseteq \mathbb{R}^m$ . If  $f : A \rightarrow \mathcal{Q}_Q(\mathbb{R})$  is continuous, then *there exist continuous functions*  $g_i : A \to \mathbb{R}$  *for*  $1 \leq i \leq Q$  such that  $f(x) = \sum_{i=1}^{Q} [[g_i(x)]]$ 

Given such a continuous selection, the third step, which is the key technical ingredient to our argument, is the recent work  $[25]$  of Parusinski and Rainer on the regularity of a continuous parametrization of the roots for such a family.

<span id="page-6-1"></span>**Theorem 5** (Theorem 3.5 of [\[25](#page-12-15)]) *Fix*  $k \in \mathbb{N}$ . *There exists p* =  $p(k) > 1$  *such that the following is true. Let*  $I \subseteq \mathbb{R}$  *be a compact interval and let*  $\{P_{a_v}\}_{v \in \mathcal{N}}$ *, for some indexing set N , denote a family of monic polynomials*

$$
P_{a_{\nu}(t)}(X) := X^k + a_{\nu,k-1}(t)X^{k-1} + \dots + a_{\nu,1}(t)X + a_{\nu,0}(t).
$$
 (2.3)

*with*  $a_{\nu,j} \in C^{\infty}(I; \mathbb{C})$  *for all*  $\nu \in \mathcal{N}$ ,  $j = 0, \ldots, k - 1$ *. Let* 

$$
\Xi := \{ \lambda_{\nu} \in C^{0}(I; \mathbb{C}) : P_{a_{\nu}}(\lambda_{\nu}) = 0 \text{ on } I \text{ for some } \nu \in \mathcal{N} \}. \tag{2.4}
$$

*Then, the distributional derivative of each*  $\lambda_j$  *is a measurable function on*  $I$  *with*  $\lambda'_j \in L^q(I)$ *for every q* ∈ [1, *p*). *and if* { $a_{v,i}$ }  $_{i=0,\ldots,k-1}$ ;  $_{v\in\mathcal{N}}$  *is bounded in*  $C^L(I;\mathbb{C})$  *for some sufficiently large L, then*  $\Xi$  *is bounded in*  $W^{1,q}(I; \mathbb{C})$  *for every q*  $\in$  [1, *p*)*.* 

### <span id="page-6-0"></span>**2.2 Proof of Theorem [1](#page-2-1)**

<span id="page-6-3"></span>The following Lemma reduces Theorem [1](#page-2-1) to a local statement in which we can apply the regularity of roots result given in Theorem [5.](#page-6-1)

**Lemma 1** (Reduction to polynomials with smoothly varying coefficients) Let  $K \subseteq U$  be *compact. There exist*  $R, \bar{r} > 0$ , finitely many points  $(x_i, \theta_i) \in K \times \Theta$ , as well as coordinate *patches*  $U_i = \{y_1, \ldots, y_n, t\}$  *and*  $V_i$  *centered at*  $x_i, \theta_i$  *with the following property. For every*  $(x, \theta) \in K \times \Theta$ , *either*  $Z_{f^{\theta}} \cap B(x, \overline{r}) = \emptyset$  *for every*  $\theta$  *or there exists i so that for every*  $\rho \in (0, \bar{r})$ 

$$
B_{\rho}(x) \subseteq \mathbf{C},\tag{2.5}
$$

*where*  $C = (-R, R)^{n+1}$  *is an open cube centered at the origin in*  $U_i$ *. Moreover, in each coordinate patch*  $U_i \times V_i$ *, there exists*  $Q \leq \gamma$  *and smooth functions*  $a_q(y, \theta)$  *so that* 

$$
Z_{f^{\theta}}|_{U_i\times V_i}=Z_{P^{\theta}}
$$

*with*

<span id="page-6-2"></span>
$$
P^{\theta}(y,t) = t^{\mathcal{Q}} + \sum_{q=0}^{\mathcal{Q}-1} t^q a_q(y,\theta).
$$
 (2.6)

*Proof* Write  $Z_K = \{(x, \theta) \in K \times \Theta \mid f(x, \theta) = 0\}$ . For every  $(x, \theta) \in Z_K$ , we combine the finite vanishing assumption on  $f^{\theta}$  with Malgrange preparation (Theorem [4\)](#page-5-2). This yields the existence of  $r = r(x, \theta) > 0$ ,  $Q \leq \gamma$ , coordinates patches  $U = U(x, \theta) =$  $\{y_1, \ldots, y_n, t, \theta\}, V = V(x, \theta)$  centered at  $x, \theta$ , and smooth functions

$$
a_q: (-R, R)^n \times V \to \mathbb{R}, \quad c: (-R, R)^{n+1} \times V \to \mathbb{R}
$$

in these coordinates so that *c* is non-vanishing and

$$
f(y, t, \theta) = c(y, t, \theta) \cdot P^{\theta}(y, t)
$$
\n(2.7)

with  $P^{\theta}$  as in [\(2.6\)](#page-6-2). This means that the zero set of  $f^{\theta}$  restricted to  $C \times V$  coincides with that of  $P^{\theta}$ . The proof is completed by applying the Lebesgue number lemma to the covering of  $\pi(Z_K)$  by the collection of coordinate cubes C, where  $\pi : Z_K \to K$  is the natural projection.

Ц

Lemma [1](#page-2-1) reduces Theorem 1 to the case when  $f^{\theta} = P^{\theta}$  and the set *U* is  $C = (-R, R)^{n+1}$ . Let us denote  $\Omega := \mathbb{C} \cap \{t = 0\}$ . The *Q* complex roots of a degree *Q* polynomial depend continuously on the coefficients, which means that there exists a continuous *Q*-valued function  $R \in C^0(\Omega \times \Theta, \mathcal{A}_O(\mathbb{C}))$  such that

$$
R(y, \theta) = \sum_{t: P(y, t, \theta) = 0} [[t]].
$$
\n(2.8)

We will write  $R^{\theta}(y) = R(y, \theta)$  and define  $\mathcal{R}^{\theta}(y) := \text{Re}(R^{\theta}(y))$ . By Proposition [3,](#page-5-3) there exist continuous single-valued functions  $\mathcal{R}_j^{\theta}(y) : \Omega \times \Theta \to \{t = 0\}^{\perp} \simeq \mathbb{R}$  for  $1 \le j \le \mathcal{Q}$ , with the property that for every  $y \in \Omega$  we have  $\mathcal{R}^{\theta}(y) = \sum_{j=1}^{Q} [\mathcal{R}^{\theta}_{j}(y)]$ . Hence,

$$
Z_{f^{\theta}} \subseteq \bigcup_{j=1}^{Q} \Gamma_{\mathcal{R}_{j}^{\theta}},\tag{2.9}
$$

where  $\Gamma_g$  denotes the graph of *g*. We now check that each  $R_f^{\theta}$  belongs to  $W^{1,p}(\Omega)$  for some  $p > 1$ .

To see this, fix  $i \in \{1, \ldots, n\}$  and let  $\mathcal{L}_i$  denote the set of lines parallel to the  $y_i$ -axis that intersect  $\Omega$ . Proposition [2](#page-5-4) implies that for any line  $L \in \mathcal{L}_i$ , there exist continuous functions  $R^{\theta}_{j,L} \in C^0((L \cap \Omega) \times V, \mathbb{C})$  for  $j = 1, \ldots, Q$  such that for every  $(y, \theta) \in (L \cap \Omega) \times V$  we have

$$
\sum_{j=1}^{Q} [R^{\theta}_{j,L}(y)] = \sum_{t:P(y,t,\theta)=0} [z].
$$
\n(2.10)

In order to apply Theorem [5,](#page-6-1) set  $\mathcal{N} = V \times \mathcal{L}_i$ ,  $I := [-R, R]$  and define  $\tilde{a}_{(\theta, L), i} \in C^\infty(I, \mathbb{C})$ to be the restriction of  $a_i(\cdot, \theta)$  to *L*:

$$
\tilde{a}_{(\theta,L),j}(s) = a_j(se_i, \theta),
$$

where  $e_i$  is the *i*th standard basis vector. Notice that  ${\{\tilde{a}_{(\theta, L), j}\}_{(\theta, L) \in \mathcal{N}}; j = 0, ..., Q-1}$  is bounded in  $C^k(I, \mathbb{C})$  for every k. Thus by Theorem [5](#page-6-1) and the fact that *i* was arbitrary, there exists  $p > 1$  and a constant  $C > 0$  such that

<span id="page-7-0"></span>
$$
\sup_{\substack{1 \le i \le n, 1 \le j \le Q \\ \theta \in V, L \in \mathcal{L}_i}} \left\| \partial_{x_i} R_{j,L}^{\theta} \right\|_{L^p(L \cap \Omega)} < C. \tag{2.11}
$$

The same therefore holds with  $R^{\theta}_{j,L}$  replaced by its real part. Hence,

$$
\left\|\partial_{x_i}\mathcal{R}_j^{\theta}\right\|_{L^p(L\cap\Omega)} \le \sum_{j=1}^Q \left\|\partial_{x_i}\mathcal{R}_j^{\theta}\right\|_{L^p(L\cap\Omega)} = \sum_{j=1}^Q \left\|\partial_{x_j}\text{Re}\left(\mathcal{R}_{j,L}^{\theta}\right)\right\|_{L^p(L\cap\Omega)}
$$
(2.12)

since for every  $y \in L \cap \Omega$  the *Q*-tuple  $\left( Re \left( R^{\theta}_{1,L}(y) \right), \ldots, R^{\theta}_{Q,L}(y) \right)$  is a permutation of  $(\mathcal{R}_1^{\theta}(y), \ldots, \mathcal{R}_Q^{\theta}(y))$ . Combining this with [\(2.11\)](#page-7-0) and Fubini's Theorem, we deduce that

$$
\sup_{1 \le i \le n, 1 \le j \le Q} \int_{\Omega} \left| \partial_{x_i} \mathcal{R}_j^{\theta}(x) \right|^p dx < \infty. \tag{2.13}
$$

This shows that  $\mathcal{R}^{\theta}_{j} \in W^{1,p}(\Omega \times \Theta)$  and completes the proof of Theorem [1.](#page-2-1)

### <span id="page-8-0"></span>**3 Non-concentration of nodal sets and Proof of Corollary [2](#page-4-1)**

<span id="page-8-1"></span>The following result gives an estimate on the extent to which the nodal set of a smooth function can concentrate near a lower dimensional set.

**Proposition 4** *Let U be an open subset of*  $\mathbb{R}^{n+1}$  *and let*  $\Theta$  *be a smooth, compact manifold, possibly with boundary. Consider*  $F \in C^{\infty}(U \times \Theta)$ , *and suppose there exists*  $\gamma > 0$  *such that for every*  $\theta \in \Theta$  *and*  $x \in U$ *, the vanishing order of*  $f^{\theta} := F(\cdot, \theta)$  *at x is at most*  $\gamma$ *. Fix compact sets*  $K ⊂ U$  *and*  $E ⊂ \mathbb{R}^{n+1}$  *with*  $E$  *being m*−*rectifiable for some*  $m ≤ n$ . *Write* 

$$
\text{Lip}_1(E, K) := \{ \iota(E) \mid \iota : E \to K \text{ is Lipschitz with } ||\iota||_{\text{Lip}} \le 1 \}
$$

*and denote by A<sub>r</sub> the r*−*neighborhood of A*  $\subset \mathbb{R}^{n+1}$ . *Then there exist*  $\bar{r} > 0$  *and*  $C =$  $C(n) > 0$ , so that the following non-concentration estimate holds:

<span id="page-8-2"></span>
$$
\sup_{\substack{E' \in \text{Lip}_1(E,K) \\ \theta \in \Theta}} \mathcal{H}^n \left( Z_{f^{\theta}} \cap E'_r \cap K \right) \leq C r^{-1} \cdot \mathcal{H}^{n+1}(E_r) \quad \forall r \leq \bar{r}.
$$
 (3.1)

Proposition [4](#page-8-1) follows easily from Proposition [1](#page-1-0) and the fact that for a closed *m*−rectifiable  $E \subset \mathbb{R}^{n+1}$  we have

$$
\lim_{r \to 0} \frac{\mathcal{H}^{n+1}(E_r)}{r^{n+1-m}} = \frac{\alpha(n+1-m)}{2^m \alpha(m)} \mathcal{H}^m(E),
$$

where  $\alpha(l)$  is the volume of a unit ball in  $\mathbb{R}^l$  ([\[7](#page-12-17), Theorem 3.2.29]). Using Theorem [1,](#page-2-1) rather than Proposition [1,](#page-1-0) one can prove a weaker version of  $(3.1)$  in which the constant *C* is allowed to depend on *f* and the expression  $(r^{-1} \cdot \mathcal{H}^{n+1}(E_r))$  is raised to some power  $\delta > 0$ . Proposition [4](#page-8-1) will be used in Sect. [4](#page-9-1) to check a non-concentration condition in the definition of a p-sweepout. We use it now to prove the continuity result in Corollary [2.](#page-4-1)

#### **3.1 Proof of Corollary [2](#page-4-1)**

Let us write  $E = \text{Sing}_f$ , and let  $K \subset U$  be a fixed compact set. By the implicit function theorem, for every compact subset  $L \subseteq K \backslash E$  and every  $\epsilon > 0$  there exists  $\eta > 0$  so that

$$
\left|\mathcal{H}^{n}\left(Z_{f_{\theta}}\cap L\right)-\mathcal{H}^{n}(Z_{f}\cap L)\right|\leq\epsilon,\qquad\forall\theta\geq1-\eta.\tag{3.2}
$$

Moreover, by Proposition [1,](#page-1-0) for *r* sufficiently small, we have the estimate

$$
\sup_{\theta \in [1-\eta,1]} \mathcal{H}^n \left( Z_{f_{\theta}} \cap E_r \cap K \right) \leq C r^{-1} \cdot \mathcal{H}^{n+1}(E_r).
$$

Since *E* is a closed *n*−rectifiable set, its *n*-dimensional Minkowski content is equal to a constant times its *n*−dimensional Hausdorff:

$$
\lim_{r \to 0} \frac{\mathcal{H}^{n+1}(E_r)}{r} = \mathcal{H}^n(E) = 0.
$$

In particular, for  $r > 0$  sufficiently small

$$
\sup_{\theta \in [1-\eta,1]} \mathcal{H}^n \left( Z_{f_{\theta}} \cap E_r \cap K \right) \leq \epsilon.
$$

Combining this with the estimate in  $(3.2)$  completes the proof of the Corollary.

<span id="page-8-3"></span>

### <span id="page-9-1"></span>**4 Nodal sets as** *p***-sweepouts**

<span id="page-9-3"></span>In this section we will prove Theorem [2](#page-2-0) and Corollary [1](#page-3-2) together with Theorem [3.](#page-3-0) We will need the following simple fact.

**Lemma 2** *Let* (*Mn*+1, *g*) *be a smooth Riemannian manifold without boundary. Suppose that*  $f \in C^0(M, \mathbb{R})$  *has*  $\mathcal{H}^{n+1}(Z_f) = 0$  *and fix*  $\varphi \in L^\infty(M)$ *. Then the map* 

$$
\mathbb{R} \rightarrow \mathcal{Z}_n(M, \mathbb{Z}_2)
$$
  

$$
\delta \mapsto \partial | \{ f + \delta \phi < 0 \} |
$$

*is continuous at*  $\delta = 0$  *with respect to the flat topology on*  $\mathcal{Z}_n(M, \mathbb{Z}_2)$ *.* 

*Proof* Fix  $\epsilon > 0$  and write  $\mathcal{F}(S, T)$  for the distance between  $S, T \in \mathcal{Z}_n(M, \mathbb{Z}_2)$  in the flat metric (see [\[7](#page-12-17), p. 367]). The definition of the flat metric implies that

<span id="page-9-2"></span>
$$
\mathcal{F}(\partial \left| \{ f + \delta \phi < 0 \} \right|, \partial \left| \{ f < 0 \} \right|) \le \mathcal{H}^{n+1}(\{ f < 0 < f + \delta \varphi \}).\tag{4.1}
$$

Using the definition of Hausdorff measure, the compactness of  $Z_f$  and the Lebesgue number lemma, there exists  $\alpha_0 = \alpha_0(\epsilon) > 0$  such that

$$
\mathcal{H}^{n+1}\left(\{x \in M \,:\, d(x, Z_f) < \alpha\}\right) < \epsilon, \qquad \forall \alpha \le \alpha_0. \tag{4.2}
$$

Since *f* is uniformly continuous and

$$
\{f < 0 < f + \delta \varphi\} \subset \{|f| \le \delta \, \|\varphi\|_{L^{\infty}(M)}\},\tag{4.3}
$$

there exists  $\delta_0 = \delta_0(\epsilon) > 0$  such that

$$
\{f < 0 < f + \delta \varphi\} \subset \{x \in M \,:\, d(x, Z_f) < \alpha_0/2\}, \qquad \forall \delta \le \delta_0. \tag{4.4}
$$

Thus choosing  $\delta < \delta_0$  shows that the left-hand side of [\(4.1\)](#page-9-2) is at most  $\epsilon$ , which completes the proof.  $\Box$ 

#### <span id="page-9-0"></span>**4.1** *p***-Sweepouts**

Let us recall the definition of a *p*-sweepout (see  $[22, \text{Sects. } 3.7, 4.1]$  $[22, \text{Sects. } 3.7, 4.1]$ ). Firstly, a map  $\Phi$ :  $S^1 \to \mathcal{Z}_n$  (*M*,  $\mathbb{Z}_2$ ) is a *sweepout* if it is continuous in the flat topology and the class [ $\Phi$ ] ∈  $\pi_1(Z_n(M, \mathbb{Z}_2))$  is non-zero. If we let *X* denote a cubical subcomplex of  $[0, 1]^m$  for some *m*, then a continuous map  $\Phi : X \to \mathcal{Z}_n$  (*M*,  $\mathbb{Z}_2$ ) is an *admissible p*-*sweepout* if there exists  $\lambda \in H^1(X, \mathbb{Z}_2)$  such that

- <span id="page-9-6"></span>(i) For any  $\gamma : S^1 \to X$  we have  $\lambda(\gamma) \neq 0$  if and only if  $\Phi \circ \gamma : S^1 \to \mathcal{Z}_n(M, \mathbb{Z}_2)$  is a sweepout;
- <span id="page-9-5"></span><span id="page-9-4"></span>(ii) The cup product  $\lambda^p \neq 0 \in H^p(X, \mathbb{Z}_2)$ .
- (iii) With  $B_r(p)$  denoting the ball of radius *r* centered at *p* in *M*, we have

$$
\limsup_{r \to 0^+} \sup_{x \in X, \ p \in M} \|\Phi(x)\| \, (B_r(p)) = 0. \tag{4.5}
$$

<span id="page-9-7"></span>*Remark 1* We recall the content of [\[22](#page-12-0), Remark 4.2] which says that if  $\gamma$  and  $\gamma'$  are homotopic in *X*, then  $\Phi \circ \gamma$  is a sweepout if and only if  $\Phi \circ \gamma'$  is a sweepout.

#### <span id="page-10-1"></span>**4.2 Almgren's isomorphism**

In [\[1](#page-11-6)], Almgren constructed an isomorphism between  $\pi_1(\mathcal{Z}_n(M,\mathbb{Z}_2))$  and  $H_{n+1}(M,\mathbb{Z}_2)$ . For the proof of Theorem [2](#page-2-0) we will need to know how to use Almgren's isomorphism to check when an element of  $\pi_1(\mathcal{Z}_n(M,\mathbb{Z}_2))$  is non-zero (so we recall here just the essentials that are required to do that and refer the reader to [\[22,](#page-12-0) Sect. 3] or to the original paper [\[1](#page-11-6)] for more information). Given a continuous map  $\Phi : S^1 \to \mathcal{Z}_n(M, \mathbb{Z}_2)$ , there exist  $0 = s_0 < s_1 < \cdots < s_K = 2\pi$ , a constant  $\rho = \rho(M) \ge 1$  and  $A_j \in \mathcal{Z}_{n+1}(M, \mathbb{Z}_2)$  for  $j = 0, \ldots, K - 1$  such that

$$
\partial A_j = \Phi(s_{j+1}) - \Phi(s_j), \qquad \mathbf{M}(A_j) \le \rho \mathcal{F}(\Phi(s_{j+1}), \Phi(s_j)),
$$

and such that  $\left[\sum_{j=0}^{K-1} A_j\right] \in H_{n+1}(M,\mathbb{Z}_2)$  only depends on the homotopy class of  $\Phi$  (to see in general that  $\sum_{j=0}^{K-1} A_j$  defines an element of  $H_{n+1}(M,\mathbb{Z}_2)$ , see [\[7,](#page-12-17) Sect. 4.4.6]). Thus we may define

$$
F_M(\Phi) := \left[\sum_{j=0}^{K-1} A_j\right] \in H_{n+1}(M, \mathbb{Z}_2). \tag{4.6}
$$

The induced map  $F_M$ :  $\pi_1(\mathcal{Z}_n(M, \mathbb{Z}_2)) \to H_{n+1}(M, \mathbb{Z}_2)$  is well-defined and an isomorphism. Moreover, the *A<sub>j</sub>* are unique in the following sense: There is a constant  $v = v(M) > 0$ such that if  $B_i \in \mathcal{Z}_{n+1}(M,\mathbb{Z}_2)$  for  $j = 0,\ldots,K-1$  are such that  $\mathbf{M}(B_i) \leq v$  and  $\partial B_j = \Phi(s_{j+1}) - \Phi(s_j)$ , then  $A_j = B_j$ .

### <span id="page-10-0"></span>**4.3 Proof of Theorem [2](#page-2-0)**

For  $\theta = [\theta_0 : \cdots : \theta_p] \in \mathbb{R} \mathbb{P}^p$  and  $x \in M$ , write  $f^{\theta}(x) = \theta_0 f_0(x) + \cdots + \theta_p f_p(x)$ . By Theorem [1,](#page-2-1)

$$
\mathcal{H}^{n+1}(Z_{f^{\theta}}) = 0 \quad \forall \theta \in \mathbb{R} \mathbb{P}^p.
$$

Lemma [2](#page-9-3) thus implies that  $\Phi$  is continuous in the flat topology. The non-concentration estimate in Proposition [4](#page-8-1) also shows that  $\Phi$  satisfies [\(iii\).](#page-9-4) Moreover, since *X* is homeomorphic to  $\mathbb{RP}^p$  in our case, we know that  $H^1(X, \mathbb{Z}_2) = H^p(X, \mathbb{Z}_2) = \mathbb{Z}_2$ . This means that the generator  $\lambda$  of  $H^1(X, \mathbb{Z}_2)$  satisfies  $\lambda^p \neq 0$  in  $H^p(X, \mathbb{Z}_2)$ , which shows that  $\Phi$  satisfies [\(ii\).](#page-9-5) It therefore remains to check  $(i)$  for which we need the following:

**Claim** *There exists a generator*  $\hat{\gamma}$  *of*  $\pi_1(\mathbb{R}P^p) = \mathbb{Z}_2$  *for which*  $\Phi \circ \hat{\gamma} \neq 0 \in \pi_1(Z_n(M, \mathbb{Z}_2)).$ 

Assuming this for the moment, we will prove [\(i\).](#page-9-6) Let  $\gamma : S^1 \to X$  be a continuous map. Note that since *X* is homeomorphic to  $\mathbb{RP}^p$ , this defines an element  $[\gamma] \in \pi_1(\mathbb{RP}^p)$ . Now, if  $\lambda(\gamma) \neq 0$ , then  $[\gamma] \neq 0$ , which means that  $[\gamma] = [\hat{\gamma}]$ . Using Remark [1](#page-9-7) followed by the claim, this implies that  $\Phi_*(\gamma) = \Phi_*(\hat{\gamma}) \neq 0$ , i.e.  $\Phi \circ \gamma$  is a sweepout. Conversely, if  $\Phi \circ \gamma$  is a sweepout, then it must be the case that  $[\gamma] \neq 0$ , which implies that  $\lambda(\gamma) \neq 0$ .

To prove the claim, consider the continuous map  $\hat{\gamma}: S^1 \to \mathbb{R} \mathbb{P}^p$  given by

$$
\hat{\gamma}(s) = [\cos(s/2), \sin(s/2) : 0 : \cdots : 0].
$$

Therefore Almgren's isomorphism (Sect. [4.2\)](#page-10-1) implies that there exist  $0 = s_0 < s_1 < \cdots <$  $s_K = 2\pi$  such that the class  $[\Phi \circ \hat{\gamma}]$  is non-zero in  $\pi_1(\mathcal{Z}_n(M, \mathbb{Z}_2))$  if and only if

$$
\sum_{j=0}^{K-1} \left[ \left\{ p \in M \setminus Z_{f_0} : -\cot(s_j/2) < \frac{f_1}{f_0} < -\cot(s_{j+1}/2) \right\} \right] \in H_{n+1}(M, \mathbb{Z}_2) \tag{4.7}
$$

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Since we know that  $\mathcal{H}^{n+1}(Z_{f\hat{y}(s)}) = 0$  for every  $s \in S_1$  (by Theorem [1\)](#page-2-1), the sum above is equal to [*M*], which generates  $H_{n+1}(M,\mathbb{Z}_2)$  and is therefore non-zero. This completes the proof of Theorem 2. proof of Theorem [2.](#page-2-0)

### <span id="page-11-3"></span>**4.4 Proof of Corollary [1](#page-3-2)**

It can be shown that  $\mathbb{RP}^{\infty}$  and  $\mathcal{Z}_n(M,\mathbb{Z}_2)$  are both weakly homotopically equivalent to the Eilenberg–MacLane space  $K(\mathbb{Z}_2, 1)$  (this means that they are connected, with  $\pi_1 \simeq \mathbb{Z}_2$  and  $\pi_k = 0$  for  $k > 1$ ). So to establish a weak homotopy equivalence we only need to establish firstly continuity of the map (which follows from the previous arguments), and secondly that a generator of  $\pi_1(\mathbb{R}P^{\infty})$  is mapped to a generator of  $\pi_1(\mathcal{Z}_n(M,\mathbb{Z}_2))$ . But this is exactly what the argument above shows: We can pick  $\hat{\gamma}$  as our generator of  $\pi_1(\mathbb{RP}^{\infty})$  and then using the Almgren isomorphism we see that its image in  $\pi_1(\mathcal{Z}_n(M,\mathbb{Z}_2))$  is non-trivial; and every non-trivial element is a generator. non-trivial element is a generator.

### <span id="page-11-4"></span>**4.5 Proof of Theorem [3](#page-3-0)**

Fix a compact smooth manifold *M*. Classical theorems of Whitney [\[27](#page-12-21), Theorems 1, 4] guarantee the existence of a smooth diffeomorphism  $J : M \rightarrow N$  between M and a real analytic submanifold *N* of Euclidean space, which of course admits a real analytic metric.

Denote by  $V_p$  the span of the first  $p + 1$  eigenfunctions of the Laplacian for this real analytic metric on *N*. By [\[15,](#page-12-13) Theorem 14.3],

<span id="page-11-7"></span>
$$
\sup_{f \in V_p \setminus \{0\}} \mathcal{H}^n(Z_f) \le C p^{\frac{1}{n+1}},\tag{4.8}
$$

where *C* depends only on *N*. Moreover, Theorem [2](#page-2-0) shows that

$$
\Phi_p : \mathbb{RP}^p \to \mathcal{Z}_n(N, \mathbb{Z}_2)
$$
  

$$
[\theta_0 : \cdots : \theta_p] \mapsto \partial {\theta_0 \psi_0 + \cdots + \theta_p \psi_p} < 0
$$

is an admissible *p*-sweepout for all *p*. Composing  $\Phi_p$  with the pullback  $\mathcal{J}^*$  gives an admissible *p*-sweepout on *M*. Since

$$
\mathbf{M}\left(\partial\{f<0\}\right)\leq\mathcal{H}^n(Z_f)
$$

for all *f* ∈ *V<sub>p</sub>*\{0}, the estimate in [\(4.8\)](#page-11-7) completes the proof of the theorem.  $\Box$ 

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