# AN ANALYTIC APPROACH TO CARDINALITIES OF SUMSETS

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Let d be a positive integer and  $U \subset \mathbb{Z}^d$  finite. We study

$$
\beta(U) := \inf_{\substack{A, B \neq \emptyset \\ \text{finite}}} \frac{|A + B + U|}{|A|^{1/2} |B|^{1/2}},
$$

and other related quantities. We employ tensorization, which is not available for the doubling constant,  $|U+U|/|U|$ . For instance, we show

 $\beta(U) = |U|$ ,

whenever U is a subset of  $\{0,1\}^d$ . Our methods parallel those used for the Prékopa– Leindler inequality, an integral variant of the Brunn–Minkowski inequality.

## 1. Introduction

The aim of this study is to understand the nature of structures in  $\mathbb{Z}^d$ , the presence of which implies that the sumset must be large. The archetype is Freiman's theorem that if a set  $A \subset \mathbb{Z}^d$  is proper d-dimensional, then

(1) 
$$
|A + A| \ge (d+1)|A| - \binom{d+1}{2}.
$$

The assumption on dimension can be expressed as  $S_d \subset A$  for a d-dimensional simplex  $S_d$ . In general, the *induced doubling* of a set U is the quantity

$$
\inf_{A \supset U} \frac{|A+A|}{|A|};
$$

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our main aim is to give lower estimates for it and related quantities. Applications for the sum-product problem, related to the work of [\[1\]](#page-32-0), will be the subject of another paper.

While our main interest is in  $\mathbb{Z}^d$ , we shall mostly formulate our results for general, typically torsion-free commutative groups. Since we work with finite sets and a finitely generated torsion-free group is isomorphic to some  $\mathbb{Z}^d$ , it is not more general, but we rarely need the coordinates.

In the first part we work with sets, in the second part we study a weighted version which will be necessary for the proof of the main results. By introducing a weighted analog, we will be able to use tensorization: that is we prove a d dimensional inequality by induction on dimension alongside a two point inequality. This is a method commonly used in analysis, for instance, in the Prékopa–Leindler inequality  $[14]$  and Beckner's inequality  $[3]$ . We discuss this more below, but also invite the reader to the excellent survey paper of Gardner [\[4\]](#page-32-3).

## Part I: sets 2. Main results

Let  $U$  be a finite set in a commutative group  $G$ . We modify the above definition of induced doubling to use sums of different sets, which are often better behaved.

**Definition 2.1 (Induced doubling).** The *induced doublings* of U are the quantities

$$
\alpha(U) = \inf_{A \supset U, B \supset U} \frac{|A + B|}{\sqrt{|A||B|}},
$$

the (unrestricted) induced doubling;

$$
\alpha'(U) = \inf_{A \supset U, B \supset U, |A| = |B|} \frac{|A + B|}{|A|},
$$

the isometric induced doubling;

$$
\alpha''(U) = \inf_{A \supset U} \frac{|A + A|}{|A|},
$$

the isomeric induced doubling.

Conjecture 2.2. In the above definitions, the infimum is a minimum.

We rarely can estimate induced doubling directly, typically, it will be through a related quantity involving the sum of three sets.

**Definition 2.3 (Induced tripling**  $\beta$ ). The *triplings* of U are the quantities

$$
\beta(U) = \inf_{A,B} \frac{|A + B + U|}{\sqrt{|A||B|}},
$$

the (unrestricted) tripling;

$$
\beta'(U) = \inf_{A,B, |A| = |B|} \frac{|A + B + U|}{\sqrt{|A||B|}},
$$

the isometric tripling;

$$
\beta''(U) = \inf_A \frac{|A + A + U|}{|A|},
$$

the isomeric tripling.

These infima may and may not be minima. Estimates we later derive for  $\beta$  are weaker than the obvious max(|A|,|B|) when the sizes of A and B are rather different. Thus, we also consider an asymmetric version as follows.

Definition 2.4 (Asymmetric induced tripling  $\beta_p$ ). For  $1 < p < \infty$  we put

$$
\beta_p(U) = \inf_{A,B} \frac{|A+B+U|}{|A|^{1/p}|B|^{1-1/p}}.
$$

Thus  $\beta(U) = \beta_2(U)$ . We shall estimate these quantities rather preciesly for sets contained in *quasicubes*, which we define recursively as follows.

<span id="page-2-0"></span>Definition 2.5 (Quasicubes). A 0-dimensional quasicube is any singleton.

Let  $U$  be a finite set in a commutative group  $G$ . We say that  $U$  is a d-dimensional quasicube, if there is a proper subgroup  $G'$  such that U is contained in two distinct cosets, say  $G' + x$  and  $G' + y$ , both  $U \cap (G' + x)$  and  $U \cap (G' + y)$  are  $(d-1)$ -dimensional quasicubes and  $x - y$  is of infinite order in the factor-group  $G/G'$ .

For instance, in  $\mathbb{Z}^2$  any four points that lie on two distinct parallel lines (i.e., a trapezoid) form a quasicube. A d-dimensional quasicube has  $2^d$  elements, and its dimension is indeed d according to the following definition.

**Definition 2.6 (Set dimension).** Let  $A$  be a finite set in a commutative group G. Let H be the subgroup generated by  $A-A$ , that is, the smallest group  $H$  with the property that  $A$  lies in a single coset of  $H$ . As a finitely generated group, H is isomorphic to some  $H' \times \mathbb{Z}^d$ , where H' is a torsion group. We call  $d = \dim A$  the dimension of A.

The central result of the present paper is that subsets of quasicubes induce large additive doubling and tripling. Indeed much of what we prove was known for cubes in [\[7\]](#page-32-4), but their geometric methods do no extend to quasicubes (or subsets of quasicubes).

<span id="page-3-0"></span>Theorem 2.7 (Subsets of quasicubes have maximal  $\beta$ ). Let U be a d-dimensional quasicube in any commutative group. For every  $V \subset U$  we have

(2) 
$$
\beta(V) = |V|, \quad \alpha(V) \ge |V|^{1/2}.
$$

In particular,

<span id="page-3-1"></span>
$$
\beta(U) = 2^d, \quad \alpha(U) \ge 2^{d/2}.
$$

A short streamlined self-contained proof of Theorem [2.7](#page-3-0) can also be found in a follow up paper of Green and the authors [\[6\]](#page-32-5).

The main innovation of the tripling  $\beta$  is that it allows one to efficiently account for the additive expansion of the lower dimensional subsets (fibers) of  $U$  in a recursive fashion. The core estimate is Theorem [11.1,](#page-24-0) where we show that a certain functional is minimized by geometric progressions.

The power of Theorem [2.7](#page-3-0) comes from the fact that the estimates [\(2\)](#page-3-1) do not depend on the dimension of U or V. It is utilised in  $[15]$  to give a structural result for sets with up to polynomially large additive doubling, the regime not amenable for traditional methods like Fourier analysis. The structural result was in turn used in [\[9\]](#page-32-7) and [\[15\]](#page-32-6) as a drop-in replacement for the notoriously involved multi-scale device introduced by Bourgain and Chang [\[1\]](#page-32-0) to tackle the Erdős–Szemerédi conjecture.

In comparison, the authors of [\[1\]](#page-32-0) implicitly analysed a quantity similar to  $\alpha$  but resorted to iterative dyadic pigeonholing, with compounded logarithmic losses leading to a significantly worse estimate. In particular, such an analysis would give non-trivial bounds only for well-balanced quasicubes with all the lower-dimensional fibers being of comparable size and thus extracting structural information using methods of [\[1\]](#page-32-0) had been problematic.

As a corollary of Theorem [2.7,](#page-3-0) it follows that iterated sumsets of quasicube sumsets grow logarithmically, which is essentially sharp.

Corollary 2.8 (Quasicubes have large iterated sumset). Let  $U$  be a d-dimensional quasicube in any commutative group. For every  $V \subset U$  and  $k \geq 2$  we have

$$
|(2^k - 1)V| \ge |V|^k.
$$

**Proof.** The base case  $k=2$  follows from the definition of  $\beta$  and Theorem [2.7.](#page-3-0) For larger  $k$ , one has

$$
|(2k - 1)V| = |(2k-1 - 1)V + (2k-1 - 1)V + V|
$$
  
\n
$$
\geq |(2k-1 - 1)V|\beta(V) \geq |V|k.
$$

The trivial bound

(3)  $\beta(U) \le \min(|U|, 2^d)$ 

holds for any set U of dimension d, so the induced tripling (i.e.  $\beta$ ) of quasicube subsets is as large as it gets. We conjecture that this holds for a larger class of sets.

<span id="page-4-0"></span>Conjecture 2.9 (Log-span conjecture). Let  $V$  be a finite set with the property that for any  $k \leq \dim V$ , any k-dimensional subset of V has at most  $2^k$  elements. Then

$$
\beta(V) = |V|
$$

and in particular,

$$
\alpha(V) \ge |V|^{1/2}.
$$

We conjecture that in fact  $\beta$  is determined by the linear dependence matroid of the set in question, in the following sense.

<span id="page-4-1"></span>Conjecture 2.10 (Linear matroid conjecture). Let  $U, V$  be finite sets of equal cardinality in any group,  $\varphi: U \to V$  a bijection. If for every  $U' \subset U$ we have  $\dim \varphi(U') \leq \dim U'$ , then  $\beta(V) \leq \beta(U)$ . In particular, if always  $\dim \varphi(U') = \dim U'$ , then  $\beta(V) = \beta(U)$ .

Note that Conjecture [2.9](#page-4-0) would follow quickly from Conjecture [2.10](#page-4-1) and Theorem [2.7.](#page-3-0)

<span id="page-4-3"></span>Theorem 2.11 (Discrete Prékopa–Leindler for quasicubes). Fix  $1 \lt \sqrt{ }$  $p < \infty$  and let q be the conjugate exponent defined via

$$
1/p + 1/q = 1.
$$

Let U be a d-dimensional quasicube in any commutative group and  $V \subset U$ . We have

$$
\beta_p(V) \ge c_p^d |V|, \quad \text{where } c_p = \frac{p^{1/p} q^{1/q}}{2} \le 1.
$$

<span id="page-4-2"></span>The flexibility of choosing  $p$  allows us to deduce the following discrete Brunn–Minkowski inequality.

П

Corollary 2.12 (Discrete Brunn–Minkowski for quasicubes). Let  $U$ be a subset of a d-dimensional quasicube in any commutative group. For any finite sets  $A, B$  we have

$$
|A + B + U|^{1/d} \ge \frac{|U|}{2^d} \left( |A|^{1/d} + |B|^{1/d} \right).
$$

Note if U is a quasicube, then  $|U|=2^d$ , and we obtain

$$
|A + B + U|^{1/d} \ge |A|^{1/d} + |B|^{1/d}.
$$

This result was obtained for cubes by Green and Tao [\[7,](#page-32-4) Lemma 2.4]. Their methods, which rely on the continuous Brunn–Minkowski inequality, seem to not generalize to quasicubes. We remark that our results are somewhat in a similar spirit to that of [\[2,](#page-32-8) Section 5], where lower bounds for sumsets of subsets of  $\{0, \ldots, M-1\}^d$  are provided.

The reader may also see [\[8,](#page-32-9)[12,](#page-32-10)[10,](#page-32-11)[11\]](#page-32-12) for other work on discrete-type Brunn–Minkowski inequalities. For instance, in [\[8\]](#page-32-9), they prove an inequality of the form

<span id="page-5-0"></span>(5) 
$$
|\overline{A} + B| \ge |A|^{1/d} + |B|^{1/d},
$$

for finite and non-empty subsets of  $\mathbb{Z}^d$ . One can check that  $\overline{U}$  has much different structure than U for general quasicubes. Indeed Theorem [2.7](#page-3-0) is most useful for small and medium-sized subsets of a quasicube, while  $\overline{U}$ always essentially contains a quasicube and thus is of size exponential in the dimension. Some comparison of [\(5\)](#page-5-0) to [\[7\]](#page-32-4) may be found at the end of [\[11\]](#page-32-12). Also in [\[11\]](#page-32-12), they study lower bounds for  $|A + B|$  where A and B are the intersection of a convex set with  $\mathbb{Z}^d$ . For instance, they prove the following.

<span id="page-5-1"></span>**Theorem 2.13** ([\[11\]](#page-32-12)). Let  $K, L \subset \mathbb{R}^d$  be non-empty and bounded. Then for any  $\lambda \in (0,1)$ , one has

$$
|(\lambda \cdot K + (1 - \lambda) \cdot L + (-1, 1)^d) \cap \mathbb{Z}^d| \ge \lambda |K \cap \mathbb{Z}^d|^{1/d} + (1 - \lambda) |L \cap \mathbb{Z}^d|^{1/d}.
$$

Theorem [2.13](#page-5-1) is another successful instance of the Brunn–Minkowski inequality and is well suited for integers defined by bounded sets. While there are several differences to the current work, the main one is that the structure in the additional summand,  $(-1,1)^d$ , present in Theorem [2.13](#page-5-1) is relaxed considerably. We do highlight, however, that in Theorem [2.7](#page-3-0) and Theorem [2.13,](#page-5-1) one proceeds by formulating a functional analog and tensorization.

Proof of Corollary [2.12.](#page-4-2) Apply the inequality from Theorem [2.11,](#page-4-3)

$$
|A + B + U| \ge \frac{|U|c_p^d}{2^d}|A|^{1/p}|B|^{1/q}
$$

with the optimal choice of  $p$  which is defined by

$$
1/p = \frac{|A|^{1/d}}{|A|^{1/d} + |B|^{1/d}}.
$$

Theorem [2.11](#page-4-3) can be viewed as a discrete Prékopa–Leindler inequality, which we recall (see also [\[4,](#page-32-3) Theorem 4.2]).

<span id="page-6-0"></span>Theorem 2.14 (Prékopa–Leindler [\[14\]](#page-32-1)). Let  $0 < \lambda < 1$  and

$$
g, h, F \colon \mathbb{R}^d \to \mathbb{R},
$$

be non-negative measurable functions satisfying for all  $x, y \in \mathbb{R}^d$ 

$$
F((1 - \lambda)x + \lambda y) \ge f(x)g(y).
$$

Then

$$
\int F \geq \|f\|_p \|g\|_q,
$$

with  $p = 1/\lambda$  and  $1/p + 1/q = 1$ .

Note that Theorem [2.14](#page-6-0) can be used to deduce the Brunn–Minkowski inequality, in a similar manner to Corollary [2.12.](#page-4-2) Theorem [2.11](#page-4-3) can be intepreted to be a discrete analog of Theorem [2.14.](#page-6-0)

#### 3. Inequalities between doublings and triplings

<span id="page-6-1"></span>We conjecture that the defined six quantities are actually only two, and connected by simple inequalities.

Conjecture 3.1 (Doubling-tripling conjecture). For every finite set  $U$ in any commutative group we have

$$
\alpha(U) = \alpha'(U) = \alpha''(U) \le \beta(U) = \beta'(U) = \beta''(U) \le \alpha(U)^2.
$$

<span id="page-6-2"></span>We list some properties.

**Statement 3.2 (Basic Inequalities).** Let  $V$  be a finite set in a commutative group G,  $|V|=n$ , dim  $V=d$ . We have

$$
\alpha(V) \le \alpha'(V) \le \alpha''(V) \begin{cases} < 2^d, \\ < (n+1)/2, \\ < d+1 \le \beta(V) \le \beta'(V) \le \beta''(V) \begin{cases} \le 2^d, \\ < n. \end{cases}
$$

Proof. The inequalities

$$
\alpha(V) \le \alpha'(V) \le \alpha''(V), \quad \beta(V) \le \beta'(V) \le \beta''(V)
$$

follow immediately from the definitions. Taking  $A = V$  in the definition of  $\alpha''(V)$ , we have

$$
\alpha''(V) \le \frac{|V+V|}{|V|} \le \frac{1}{|V|} \binom{|V|+1}{2} = \frac{n+1}{2}.
$$

Taking  $A = \{0\}$  in the definition of  $\beta''(V)$ , we find that

$$
\beta''(V) \le |V| = n.
$$

Since  $V$  has dimension  $d$ , we may assume

$$
V \subset H' \times \mathbb{Z}^d.
$$

Thus for large enough N, we have  $V \subset A$ , where

 $A := H' \times \{-N, \ldots, N\}^d$ .

Since

$$
\frac{|A+A|}{|A|} \to 2^d \quad \text{as } N \to \infty,
$$

we find that  $\alpha''(V) \leq 2^d$ . Also,

$$
A + A + V \subset H' \times \left\{-2N - \max_{v \in V} |v|_{\infty}, \dots, 2N + \max_{v \in V} |v|_{\infty}\right\}^{d},
$$

and so

$$
\beta''(V) \le \frac{|A + A + V|}{|A|} \to 2^d \quad \text{as } N \to \infty.
$$

Note that  $\beta(V) \geq d+1$  follows from the more general Theorem [2.7](#page-3-0) which we prove later.П **Statement 3.3 (Basic Inequalities II).** For every finite set U in any commutative group we have

<span id="page-8-0"></span>(6) 
$$
\alpha(U) \leq \beta(U), \ \alpha'(U) \leq 4\beta'(U), \ \alpha''(U) \leq 3\beta''(U),
$$

<span id="page-8-2"></span>(7) 
$$
\beta(U) \leq \alpha(U)^2, \ \beta''(U) \leq \alpha(U)^3,
$$

<span id="page-8-3"></span>(8) 
$$
\alpha''(U) \le \alpha(U)^2, \ \beta''(U) \le \beta''(U+U) \le \beta(U)^2.
$$

**Proof.** We may assume  $U \subset G = H' \times \mathbb{Z}^d$ . If  $d = 0$ , then all

$$
1 = \alpha(U) = \alpha'(U) = \alpha''(U) = \beta(U) = \beta'(U) = \beta''(U),
$$

so we may assume  $d\geq 1$ .

We first show the second inequality in [\(6\)](#page-8-0). Let A, B be such that  $|A|=|B|$ and let k be a large integer. Since  $d \geq 1$ , we may choose a  $x \in G$  be such that the sets

$$
A+x,\ldots,A+kx,
$$

are disjoint, and

 $B + x \ldots$ ,  $B + kx$ ,

are also disjoint. Indeed, there is a group homomorphism  $\pi: G \to \mathbb{Z}$  and so such it is enough to establish such an x for subsets of  $\mathbb{Z}$ . But here we may choose x larger than  $\max A - \min A$ . Put

$$
A' = U \cup \bigcup_{i=1}^{k} (A + ix), \ B' = U \cup \bigcup_{i=1}^{k} (B + ix).
$$

These sets satisfy

$$
U \subset A', B' \quad \text{and} \quad |A'| = |B'| \ge k|A|.
$$

We have

<span id="page-8-1"></span>
$$
(9) \ \ A' + B' = (U + U) \cup \bigcup_{i=1}^{k} (A + U + ix) \cup \bigcup_{i=1}^{k} (B + U + ix) \cup \bigcup_{i=2}^{2k} (A + B + ix).
$$

As  $|A+U|, |B+U|, |A+B|$  are all smaller than  $|A+B+U|$ , we find

$$
|A' + B'| \le |U + U| + (4k - 1)|A + B + U|.
$$

Thus

$$
\frac{|A' + B'|}{|A'|} \le \frac{|U + U|}{k|A|} + \left(4 - \frac{1}{k}\right) \frac{|A + B + U|}{|A|}.
$$

As this is true for any A and B with  $|A|=|B|$ , we find

$$
\alpha'(U) \le \frac{|U+U|}{k} + 4\beta'(U),
$$

and the second statement of [\(6\)](#page-8-0) follows from letting  $k\to\infty$ .

The proof of the third statement of [\(6\)](#page-8-0), that is  $\alpha''(U) \leq 3\beta''(U)$ , proceeds similarly. The only difference is we take  $A = B$  so some parts of [\(9\)](#page-8-1) coincide and the 4 is reduced to 3.

We could use the same approach to show  $\alpha(U) \leq 4\beta(U)$ . The proof below due to Thomas Bloom allows one to get rid of the factor. We need the following from [\[13\]](#page-32-13).

<span id="page-9-1"></span>**Lemma 3.4 (Petridis).** Let  $X, Y, Z$  be finite subsets of a commutative group with the property that for all  $X' \subset X$ , we have

$$
\frac{|X' + Y|}{|X'|} \ge \frac{|X + Y|}{|X|}.
$$

Then

$$
|X + Y + Z||X| \le |X + Y||X + Z|.
$$

<span id="page-9-0"></span>Let  $A, B \subset G$  be finite with the property that for any  $A' \subset A$  and  $B' \subset B$ 

(10) 
$$
\frac{|A+B+V|}{|A|^{1/2}|B|^{1/2}} \le \frac{|A'+B+V|}{|A'|^{1/2}|B|^{1/2}}, \quad \frac{|A+B+V|}{|A|^{1/2}|B|^{1/2}} \le \frac{|A+B'+V|}{|A|^{1/2}|B'|^{1/2}}.
$$

Using this Lemma, we proceed to prove that  $\alpha(V) \leq \beta(V)$ .

By a standard limiting argument we may assume WLOG that the infimum in the definition of  $\beta(V)$  is taken over A, B satisfying [\(10\)](#page-9-0). This implies in particular that for any  $A' \subset A$ 

$$
\frac{|A+B+V|}{|A|} \le \frac{|A'+B+V|}{|A'|}.
$$

Applying Lemma [3.4](#page-9-1) with  $X = A$ ,  $Y = B + V$  and  $Z = V$ , we conclude

$$
|A + B + V + V||A| \le |A + B + V||A + V|,
$$

and rearranging gives

$$
\frac{|A+V+B+V|}{|A+V|^{1/2}|B+V|^{1/2}}\left(\frac{|B+V|^{1/2}|A|^{1/2}}{|B|^{1/2}|A+V|^{1/2}}\right)\leq \frac{|A+B+V|}{|A|^{1/2}|B|^{1/2}}.
$$

Applying with the roles of  $A$  and  $B$  swapped, we also find

$$
\frac{|A+V+B+V|}{|A+V|^{1/2}|B+V|^{1/2}}\left(\frac{|A+V|^{1/2}|B|^{1/2}}{|A|^{1/2}|B+V|^{1/2}}\right)\leq \frac{|A+B+V|}{|A|^{1/2}|B|^{1/2}},
$$

and so

$$
\frac{|A+V+B+V|}{|A+V|^{1/2}|B+V|^{1/2}}\leq \frac{|A+B+V|}{|A|^{1/2}|B|^{1/2}}.
$$

A shifted version of V is included in both  $A+V$  and  $B+V$ , so

$$
\alpha(V) \le \frac{|(A+V) + (B+V)|}{|A+V|^{1/2}|B+V|^{1/2}}.
$$

Thus we conclude that

$$
\alpha(V) \leq \beta(V).
$$

For  $(7)$  and  $(8)$  we need Plünnecke's inequality.

<span id="page-10-0"></span>**Lemma 3.5 (Plünnecke).** Let X and Y be subsets of a commutative group. Let k be a positive integer and  $|X + Y| = c|X|$ . Then there is a  $X' \subset X$  such that

$$
|X' + kY| \le c^k |X'|.
$$

In particular,

<span id="page-10-1"></span>**Lemma 3.6 (Plünnecke).** Let  $X, Y$  be finite sets of an additive group. Then there is  $X' \subset X$  such that

$$
|Y + Y| \le |X' + Y + Y| \le |X'| \frac{|X + Y|^2}{|X|^2} \le \frac{|X + Y|^2}{|X|}.
$$

We now proceed to [\(7\)](#page-8-2). Let  $A, B$  be any sets containing U. After swapping the roles of A and B, we may suppose  $|A| \leq |B|$ . By Lemma [3.5,](#page-10-0) there is an  $A' \subset A$  such that

$$
|A' + 2B| \le \left(\frac{|A+B|}{|A|}\right)^2 |A'|.
$$

As  $A' + B + U \subset A' + 2B$ , we conclude

$$
\beta(U) \le \frac{|A' + B + U|}{\sqrt{|A'||B|}} \le \sqrt{\frac{|A'|}{|A|}} \frac{|A + B|^2}{|A||B|} \le \frac{|A + B|^2}{|A||B|}.
$$

As A and B are arbitrary, we conclude

$$
\beta(U) \le \alpha(U)^2.
$$

We approach the first inequality in  $(8)$  similarly. Let A and B be arbitrary sets containing U. Then by Lemma [3.6](#page-10-1)

$$
\frac{|B+B|}{|B|} \le \frac{|A+B|^2}{|A||B|},
$$

and  $\alpha''(U) \leq \alpha(U)^2$  follows.

We now proceed to the second statement of  $(7)$ . Let A and B be sets containing U with  $|B| \le |A|$ . By Lemma [3.5](#page-10-0) we may find an  $A' \subset A$  such that

$$
|B + B + U| \le |A' + 3B| \le \left(\frac{|A + B|}{|A|}\right)^3 |A|.
$$

Dividing both sides by |B| and using  $|B| \leq |A|$  gives  $\beta''(U) \leq \alpha(U)^3$ .

We now proceed to the second statements of [\(8\)](#page-8-3). First,  $\beta''(U) \leq \beta''(2U)$ follows immediately from the definitions. Let  $A, B$  be arbitrary with  $|B|$  ≤ |A|. We find, by Lemma [3.5,](#page-10-0) a  $B' \subset B$  such that

$$
|B' + 2(A+U)| \le \left(\frac{|A+B+U|}{|B|}\right)^2 |B'|,
$$

and hence

$$
\frac{|2A+2U|}{|A|} \le \frac{|A+B+U|^2}{|A||B|}
$$

п

and so  $\beta''(2U) \leq \beta(U)^2$  follows.

**Problem 3.7.** How tight are these inequalities? For the discrete cube  $K_d =$  $\{0,1\}^d$  we have  $\beta(K_d)=2^d$ ,  $2^{d/2} \le \alpha(K_d) \le (3/2)^d$ , so  $\beta \le \alpha^2$  is pretty tight, the exponent is definitely not lower than  $\log 2/\log(3/2)$ .

## 4. The independence problem

In the preceding sections we tacitly assumed that the ambient group  $G$  is fixed, and the sets  $A, B$  in the definition of the  $\alpha$ 's and  $\beta$ 's are taken from this group. Sometimes we shall consider different groups, and the possibility of dependence arises.

For this section we change the notations to  $\alpha(U,G)$ , to indicate the ambient group (and similarly for all other parameters).

<span id="page-11-0"></span>Conjecture 4.1 (The independence hypothesis). Let  $G$  be a group, G' its subgroup,  $U \subset G'$  and let  $\vartheta$  be any of the functionals  $\alpha, \alpha', \alpha'', \beta, \beta', \beta''$ . We have

$$
\vartheta(U, G) = \vartheta(U, G').
$$

We cannot even answer Conjecture [4.1](#page-11-0) even in the following simple special case. Let  $G = \mathbb{Z}^d$ , and assume that  $U \subset p \cdot \mathbb{Z}^d$ . Do we get the same values of  $\alpha, \alpha', \alpha'', \beta', \beta''$  if we restrict  $A, B$  to be subsets of  $p \cdot \overline{\mathbb{Z}}^d$ ?

<span id="page-11-1"></span>The only case where we can show this in generality is for  $\beta$ .

**Theorem 4.2 (Independence for**  $\beta$ **).** Let G be a group, G' its subgroup,  $U\subset G'.$  We have

$$
\beta(U, G) = \beta(U, G').
$$

**Proof.** Take  $A, B \subset G$  and split them according to cosets of  $G'$ , say

$$
A=\bigcup A_i, B=\bigcup B_j.
$$

Assume that  $A_1$  is the largest of the  $A_i$  and similarly for B. The sets  $A_1 + B_j + U$  are disjoint (as j varies), and hence

$$
|A + B + U| \ge \sum_{j} |A_1 + B_j + U| \ge \beta(U, G')\sqrt{|A_1|} \sum_{j} \sqrt{|B_j|}.
$$

By symmetry of  $A$  and  $B$ ,

$$
|A + B + U| \ge \beta(U, G')\sqrt{|B_1|} \sum_i \sqrt{|A_i|}.
$$

Forming the geometric mean of the above two inequalities and using Hölder of the form

$$
\sum x_i^2 \leq (\max x_i) \sum x_i
$$

separately for the numbers  $|A_i|$  and  $|B_j|$ , we obtain the desired result.

An important special case is easily seen.

<span id="page-12-0"></span>Statement 4.3 (Cartesian products with torsion). Let  $G$  be a group,  $G = G' \times H$  with H torsion-free,  $U \subset G'$  and let  $\vartheta$  be any of the functionals  $\alpha, \alpha', \alpha'', \beta', \beta''$ . We have

$$
\vartheta(U, G) = \vartheta(U, G').
$$

In particular, this implies that by embedding  $\mathbb{Z}^d$  into  $\mathbb{Z}^k$  with  $k > d$  these values do not change.

**Proof.** If  $G'$  is a torsion group, then all these functionals have value 1. Assume this is not the case, and fix a  $g \in G'$  of infinite order.

Take  $A, B \subset G$ . We are going to construct  $A', B' \subset G'$  such that

$$
|A' + B'| = |A + B|, |A' + B' + U| = |A + B + U|,
$$

and the restrictions used to define  $\alpha, \alpha', \alpha'', \beta', \beta''$  are preserved.

Let  $H'$  be the subgroup of H generated by the elements in the  $H$ projection of  $A \cup B$ . Since H is torsion-free, we have  $H' \cong \mathbb{Z}^d$  for some d. Let

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 $e_1, \ldots, e_d$  be a system of generators for H'. For fixed integers  $m_1, \ldots, m_d$  (to be chosen later) define a homomorphism  $\varphi: G' \times H' \to G'$  by

$$
\varphi(x,y_1e_1+\ldots+y_de_d)=x+(m_1y_1+\ldots+m_dy_d)g.
$$

Put  $A' = \varphi(A)$ ,  $B' = \varphi(B)$ . It is clear that for  $m_1, \ldots, m_d$  large enough (and dependent on  $A, B, U$ ,  $\varphi$  is one-to-one on  $A, B, A + B, A + B + U$  and the claim follows. П

## 5. Torsion

The presence of torsion is the source of difficulties. We conjecture it should not matter much.

**Conjecture 5.1.** Let G be a group, H its torsion subgroup,  $G' = G/H$  the factor group,  $\varphi: G \to G'$  the natural homomorphism,  $U \subset G$ ,  $U' = \varphi(U) \subset G'$ and let  $\vartheta$  be any of the functionals  $\alpha, \alpha', \alpha'', \beta', \beta''$ . We have

$$
\vartheta(U') = \vartheta(U).
$$

**Remark 5.2.** The case of  $\beta$  follows from Statement [5.3](#page-13-0) below and super-multiplicativity (Theorem [7.4\)](#page-18-0) as  $\beta$  is always at least 1.

<span id="page-13-0"></span>Statement 5.3 (Projections and torsion). Let G be a group,  $H$  its torsion subgroup,  $G' = G/H$  the factor group,  $\varphi: G \to G'$  the natural homomorphism,  $U \subset G$ ,  $U' = \varphi(U) \subset G'$  and let  $\vartheta$  be any of the functionals  $\alpha, \alpha', \alpha'', \beta, \beta', \beta''$ . We have

$$
\vartheta(U') \ge \vartheta(U).
$$

**Proof.** For concreteness, let us prove Statement [5.3](#page-13-0) for the case of  $\beta$ , as for the other functionals the argument is similar.

For an arbitrary  $\epsilon > 0$  there are  $A', B' \subset G'$  such that

$$
\frac{|A' + B' + U'|}{|A'|^{1/2}|B'|^{1/2}} \le \beta(U') + \epsilon.
$$

WLOG we may assume H is of finite order. Take  $A := \phi^{-1}(A')$  and  $B :=$  $\phi^{-1}(B')$ , so that  $|A|=|H||A'|$  and  $|B|=|H||B'|$ . At the same time clearly,

$$
|A + B + U| \le |A' + B' + U'||H|,
$$

so

$$
\beta(U) \le \frac{|A + B + U|}{|A|^{1/2}|B|^{1/2}} \le \beta(U') + \epsilon.
$$

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The claim follows as  $\epsilon$  can be taken arbitrarily close to zero.

Statement 5.4 (The trivial lower bounds). Let  $G$  be a group,  $H$  its torsion subgroup,  $U \subset G$ . If U is contained in a single coset of H, then

$$
\alpha(U) = \alpha'(U) = \alpha''(U) = \beta(U) = \beta'(U) = \beta'(U) = 1,
$$

otherwise

$$
\beta(U) \ge 2, \ \alpha(U) \ge 3/2.
$$

**Proof.** The statement is trivial when  $U$  is contained in a coset of  $H$ .

Otherwise, we may assume WLOG that U contains the union of  ${0}$  $\oplus U_0$ and  $\{1\} \oplus U_1$  with some  $U_0, U_1 \subset G/\mathbb{Z}$ . We also write

$$
A = \bigsqcup_{i=1}^{N} a_i \oplus A_i
$$

and

$$
B = \bigsqcup_{j=1}^M b_j \oplus B_j
$$

with  $A_i, B_j \subset G/\mathbb{Z}$  and some  $N, M$ , so that the integers  $\{a_i\}$  and  $\{b_j\}$  are monotone increasing. Then  $|A+B+U|$  contains the disjoint union of

$$
(a_1 + b_1) \oplus (A_1 + B_1 + U_0),
$$
  
\n
$$
(a_1 + b_1 + 1) \oplus (A_1 + B_1 + U_1), \dots, (a_N + b_1 + 1) \oplus (A_N + B_1 + U_1),
$$
  
\n
$$
(a_N + b_2 + 1) \oplus (A_N + B_2 + U_1), \dots, (a_N + b_M + 1) \oplus (A_N + B_M + U_1).
$$

Since in any group

$$
|A_i + B_j + U_k| \ge \max\{|A_i|, |B_j|\},\
$$

we conclude that

$$
|A + B + U| \ge \sum_{i=1}^{N} |A_i| + \sum_{j=1}^{M} |B_j| = |A| + |B| \ge 2|A|^{1/2}|B|^{1/2}.
$$

In a similar way, for an arbitrary  $A \supset U$  holds

$$
|A + B| \ge |A| + |B| - \min\{|A_1|, |A_N|, |B_1|, |B_M|\} \ge \frac{3}{2}|A|^{1/2}|B|^{1/2},
$$

and hence  $\beta(U) \geq 2$  and  $\alpha(U) \geq 3/2$ .

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#### 6. Projection and compression

By *projection* we mean the application of any homomorphism. We think projections never increase the value of our  $\alpha$ 's and  $\beta$ 's.

Conjecture 6.1 (Projection conjecture). Let G be a group,  $H$  its subgroup,  $G' = G/H$  the factor group,  $\varphi: G \to G'$  the natural homomorphism,  $U \subset G, U' = \varphi(U) \subset G'$  and let  $\vartheta$  be any of the functionals  $\alpha, \alpha', \alpha'', \beta', \beta''.$ We have

$$
\vartheta(U') \leq \vartheta(U).
$$

**Remark 6.2.** For  $\beta_p$  the conjecture follows from Theorem [7.5](#page-18-1) as  $\beta_p \geq 1$ always.

**Remark 6.3.** Essentially this means the following. Given sets  $A, B \subset G$ (subject to certain conditions, depending on which of the functionals we consider) we need to find  $A', B' \subset G'$  such that

$$
\frac{|A'+B'|}{\sqrt{|A'||B'|}}\leq\frac{|A+B|}{\sqrt{|A||B|}}
$$

for the  $\alpha$ 's, or

$$
\frac{|A'+B'+U'|}{|A'|^{1/p}|B'|^{1-1/p}}\leq\frac{|A+B+U|}{|A|^{1/p}|B|^{1-1/p}}
$$

for the  $\beta$ 's. The natural approach of taking  $A' = \varphi(A), B' = \varphi(B)$  may not work even when  $G = \mathbb{Z}^2$ ,  $G' = \mathbb{Z}$ .

We establish an important special case.

<span id="page-15-0"></span>Theorem 6.4 (Projection conjecture with no torsion). Let  $G$  be a group, H its subgroup,  $G' = G/H$  the factor group,  $\varphi: G \to G'$  the natural homomorphism,  $U \subset G$ ,  $U' = \varphi(U) \subset G'$  and let  $\vartheta$  be any of the functionals  $\alpha, \alpha', \alpha'', \beta_p, \beta', \beta''.$  If H is torsion-free, then

$$
\vartheta(U') \leq \vartheta(U).
$$

**Definition 6.5.** Let G be a group, H its subgroup,  $G' = G/H$  the factor group,  $\varphi: G \to G'$  the natural homomorphism. The *compression along*  $\varphi$  is the mapping  $C_{\varphi}$  of finite subsets of G into finite subsets of  $G' \times \mathbb{Z}$  defined as follows. Let  $A\subset G$  be a finite set. We put

$$
C_{\varphi}(A) = \bigcup_{x \in \varphi(A)} (x \times \{0, 1, \dots, |A \cap \varphi^{-1}(x)| - 1\}.
$$

That is, each part of  $A$  in a coset of  $H$  is replaced by an interval of the same size. If  $G = \mathbb{Z}^d$  and  $H = \mathbb{Z}^k$  with  $k < d$ , then we can naturally represent the compression in  $\mathbb{Z}^d$ , which is the classical usage of this term.

In what follows we will write  $\varphi_A^{-1}$  $_{A}^{-1}(x)$  as an alias for  $\varphi^{-1}(x) \cap A$ . For a given set A and  $x \in G'$ , such a set is called the *fiber* of A above x. One can say that the compression operator "normalizes" each fiber of A by replacing it with an initial segment in Z.

Clearly,  $|C_{\varphi}(A)| = |A|$  always.

Statement 6.6 (Compressions shrink sumsets). Let G be a group,  $H$ its subgroup,  $G' = G/H$  the factor group,  $\varphi: G \to G'$  the natural homomorphism,  $A, B \subset G$ . If H is torsion-free, then

$$
C_{\varphi}(A) + C_{\varphi}(B) \subset C_{\varphi}(A + B).
$$

**Proof.** The claim is standard and can be adopted from e.g. [\[5\]](#page-32-14).

Let  $z \in \varphi(C_{\varphi}(A) + C_{\varphi}(B))$ . There are  $z_a \in \varphi(A)$  and  $z_b \in \varphi(B)$  such that  $z = z_a + z_b$ . By the Cauchy-Davenport inequality and the definition of the compression,

$$
|\varphi_{C_{\varphi}(A)+C_{\varphi}(B)}^{-1}(z)| = |\varphi_A^{-1}(z_a)| + |\varphi_B^{-1}(z_b)| - 1
$$
  

$$
\leq |\varphi_A^{-1}(z_a) + \varphi_B^{-1}(z_b)| \leq |\varphi_{C_{\varphi}(A+B)}^{-1}(z)|,
$$

and the claim follows.

**Theorem 6.7 (Compressions).** Let G be a group, H its subgroup,  $G' =$  $G/H$  the factor group,  $\varphi: G \to G'$  the natural homomorphism,  $U \subset G$ , and let  $\vartheta$  be any of the functionals  $\alpha, \alpha', \alpha'', \beta_p, \beta', \beta''$ . If H is torsion-free, then

$$
\vartheta(C_{\varphi}(U)) \leq \vartheta(U).
$$

Proof. Indeed, the previous statement implies that

$$
\frac{|C_{\varphi}(A) + C_{\varphi}(B)|}{\sqrt{|C_{\varphi}(A)||C_{\varphi}(B)|}} \le \frac{|A + B|}{\sqrt{|A||B|}}
$$

and

$$
\frac{|C_\varphi(A)+C_\varphi(B)+C_\varphi(U)|}{|C_\varphi(A)|^{1/p}|C_\varphi(B)|^{1-1/p}}\leq \frac{|A+B+U|}{|A|^{1/p}|B|^{1-1/p}}.
$$

Also, the restrictions are preserved (if  $A\supset U$ , then  $C_{\varphi}(A)\supset C_{\varphi}(U)$ ; if  $|A|=$  $|B|$ , then  $|C_{\varphi}(A)| = |C_{\varphi}(B)|$ .

**Proof of Theorem [6.4.](#page-15-0)** We can naturally embed  $G'$  into  $G' \times \mathbb{Z}$  as  $G' \times \{0\}$ . With this embedding we have  $U' \subset C_{\varphi}(U)$ , hence

$$
\vartheta(U, G) \ge \vartheta(C_{\varphi}(U), G' \times \mathbb{Z}) \ge \vartheta(U', G' \times \mathbb{Z}) = \vartheta(U', G');
$$

in the last step we apply Statement [4.3.](#page-12-0)

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#### 7. Direct product

The behaviour of our quantities under direct product and a somewhat more general operation (tensorization, see Theorem [7.5](#page-18-1) below) is important for our applications.

<span id="page-17-0"></span>Conjecture 7.1 (Multiplicativity hypothesis). Let  $G = G_1 \times G_2$ ,  $V_1 \subset$  $G_1, V_2 \subset G_2, U = V_1 \times V_2$ , and let  $\vartheta$  be any of the functionals  $\alpha, \alpha', \alpha'', \beta_p, \beta', \beta''.$ We have

$$
\vartheta(U) = \vartheta(V_1)\vartheta(V_2).
$$

Submultiplicativity is easy.

<span id="page-17-1"></span>Statement 7.2 (Sub-multiplicativity). Let  $G = G_1 \times G_2$ ,  $V_1 \subset G_1$ ,  $V_2 \subset$  $G_2, U = V_1 \times V_2$ , and let  $\vartheta$  be any of the functionals  $\alpha, \alpha', \alpha'', \beta_p, \beta', \beta''$ . We have

$$
\vartheta(U) \leq \vartheta(V_1)\vartheta(V_2).
$$

**Proof.** We show only for  $\vartheta = \alpha$ , the rest being similar. Let  $A_1, B_1$  be arbitrary sets containing  $V_1$  and  $A_2, B_2$  be arbitrary sets containing  $V_2$ . Then  $A_1 \times A_2$  and  $B_1 \times B_2$  contain  $V_1 \times V_2$  and so

$$
\alpha(V_1 \times V_2) \le \frac{|A_1 \times A_2 + B_1 \times B_2|}{(|A_1||B_1||A_2||B_2|)^{1/2}} = \frac{|A_1 + B_1||A_2 + B_2|}{(|A_1||B_1||A_2||B_2|)^{1/2}}.
$$

Thus

$$
\alpha(V_1 \times V_2) \le \alpha(V_1)\alpha(V_2).
$$

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The multiplicativity hypothesis, Conjecture [7.1,](#page-17-0) would have consequences for the comparison problems of Section [3.](#page-6-1)

Statement 7.3. Let U be a subset of a commutative group.

- If Conjecture [7.1](#page-17-0) holds for  $\alpha'$ , then  $\alpha(U) = \alpha'(U) \leq \beta'(U)$ .
- If Conjecture [7.1](#page-17-0) holds for  $\alpha''$ , then  $\alpha''(U) \leq \beta''(U)$ .

If Conjecture [7.1](#page-17-0) holds for  $\beta'$ , then  $\beta(U) = \beta'(U)$ .

Proof. The inequalities

$$
\alpha'(U) \le \beta'(U), \quad \alpha''(U) \le \beta''(U),
$$

follow from [\(6\)](#page-8-0), that is

$$
\alpha'(U) \le 4\beta'(U), \quad \alpha''(U) \le 3\beta''(U),
$$

and Conjecture [7.1](#page-17-0) with the tensor power trick. We prove only the first of the two inequalities, the second follows similarly. Indeed for any  $n\geq 1$ , first using Conjecture [7.1](#page-17-0) for  $\alpha'$  and then Statement [7.2](#page-17-1) for  $\beta'$ , we find

$$
\alpha'(U)^n = \alpha'(U^n) \le 4\beta'(U^n) \le 4\beta'(U)^n.
$$

Thus

$$
\alpha'(U) \le 4^{1/n} \beta'(U),
$$

and the result follows from allowing  $n \to \infty$ . We now show that Conjecture [7.1](#page-17-0) implies

$$
\alpha(U) = \alpha'(U).
$$

By Statement [3.2,](#page-6-2) it is enough to show  $\alpha'(U) \leq \alpha(U)$ . Let A and B be sets containing U. Then  $A \times B$  and  $B \times A$  contain  $U \times U$  and are of the same size, so

$$
\alpha'(U^2) \le \frac{|A \times B + B \times A|}{|A||B|} = \frac{|A + B|^2}{|A||B|}.
$$

The result then follows from Conjecture [7.1](#page-17-0) for  $\alpha'$ . The inequality  $\beta(U)$  $\beta'(U)$  is similar.

We are far from knowing the multipliciativity of  $\alpha$ , as we cannot even compute  $\alpha({0,1}^d)$ . We do know multiplicativity of  $\beta$ .

<span id="page-18-0"></span>Theorem 7.4 (Multiplicativity of  $\beta$ ). Let  $G = G_1 \times G_2$ ,  $V_1 \subset G_1$ ,  $V_2 \subset G_2$ ,  $U = V_1 \times V_2$ . We have

$$
\beta_p(U) = \beta_p(V_1)\beta_p(V_2).
$$

This will follow from supermultiplicativity, which we shall establish in a more general setting.

<span id="page-18-1"></span>**Theorem 7.5** ( $\beta$  along fibers). Let G be a group, H its subgroup,  $G' =$  $G/H$  the factor group,  $\varphi: G \to G'$  the natural homomorphism,  $U \subset G$ ,  $V = \varphi(U)$ . We have

$$
\beta_p(U) \ge \beta_p(V) \min_{x \in V} \beta_p(U \cap \varphi^{-1}(x)).
$$

If H is a direct factor, this can be reformulated as follows.

<span id="page-18-2"></span>**Corollary 7.6.** Let  $G = G_1 \times G_2$ ,  $V \subset G_1$ , and for each  $x \in V$  given a set  $W_x \subset G_2$ . Put

$$
U = \bigcup_{x \in V} \{x\} \times W_x.
$$

We have

$$
\beta_p(U) \ge \beta_p(V) \min_{x \in V} \beta_p(W_x).
$$

Theorem [7.5](#page-18-1) (and thus Theorem [7.4](#page-18-0) and Corollary [7.6\)](#page-18-2) will be proved in a yet more general form in Section [10.](#page-22-0) It turns out that a functional analog of  $\beta$  that we introduce shortly, provides greater flexibility for carrying out an induction argument.

# Part II: functions 8. Functional tripling

We shall consider nonnegative-valued functions in the space  $\ell^1(G)$ . A set A naturally corresponds to the function  $1_A$ .

**Definition 8.1.** The max-convolution of the non-negative functions  $f, g \in$  $\ell^1(G)$  is

$$
(f \overline{\ast} g)(x) = \max_{t} f(t)g(x - t).
$$

This generalizes the notion of sumset. For the indicator functions  $1_A, 1_B$ of sets  $A, B$  we have

$$
1_A \overline{*} 1_B = 1_{A+B}.
$$

One can replace the notion of cardinality of a set with the  $\ell^1$  norm of a function. However, we have a more robust notion.

**Definition 8.2.** The *level sets* of a function  $f$  are the sets

$$
\mathcal{F}(t) = \{x \in G \colon f(x) \ge t\}.
$$

The *distribution function* of f is the function  $F: \mathbb{R}^+ \to \mathbb{Z}$  given by

$$
F(t) = |\mathcal{F}(t)|.
$$

Note that this is different from the definition used in probability theory.

**Definition 8.3.** Let  $f, g$  be functions with distribution functions  $F, G$ . If  $F = G$ , we call them *identically distributed* and write  $f \sim g$ .

<span id="page-19-0"></span>**Definition 8.4.** The *functional triplings* of a function  $f$  are the quantities

$$
\gamma(f) = \inf_{g,h} \frac{\|f \ast g \ast h\|_1}{\|g\|_2 \|h\|_2},
$$

the unrestricted tripling;

$$
\gamma_p(f) = \inf_{g,h} \frac{\|f \bar{\ast} g \bar{\ast} h\|_1}{\|g\|_p \|h\|_q},
$$

its asymmetric variant, where  $1/p+1/q=1$ ;

$$
\gamma'(f) = \inf_{g \sim h} \frac{\|f \bar{\ast} g \bar{\ast} h\|_1}{\|g\|_2 \|h\|_2},
$$

the isometric tripling;

$$
\gamma''(f) = \inf_{g} \frac{\|f \overline{\ast} g \overline{\ast} g\|_1}{\|g\|_2^2},
$$

the isomeric tripling.

### Conjecture 8.5.

$$
\gamma = \gamma' = \gamma''.
$$

Tripling of sets can be expressed via functional tripling.

<span id="page-20-1"></span>Theorem 8.6 (Function and Set analog of  $\beta$  are the same). Let U be any finite set in a commutative group. We have

$$
\beta_p(U) = \gamma_p(1_U), \ \beta'(U) = \gamma'(1_U), \ \beta'(U) = \gamma''(1_U).
$$

**Proof.** We prove only  $\beta_p(U) = \gamma_p(1_U)$ , as the other equalities follow similarly (in fact the definitions of  $\gamma', \gamma''$  are designed just for this). We have

$$
\frac{|A + B + U|}{|A|^p |B|^q} = \frac{\|1_U \times 1_A \times 1_B\|_1}{\|1_A\|_p \|1_B\|_q},
$$

and the inequality  $\gamma_p(1_U) \leq \beta_p(U)$  follows from taking an infimum over A and B.

To prove the reverse inequality, we need a lemma, which is a multiplica-tive analog of Prékopa–Leindler, Theorem [2.14.](#page-6-0)

<span id="page-20-0"></span>Lemma 8.7 (Multiplicative Prékopa–Leindler). Let  $a, b, c$  be measurable functions  $\mathbb{R}_+ \to [0,1]$  and  $1 < p, q < \infty$  are Hölder conjugates, that is

$$
\frac{1}{p} + \frac{1}{q} = 1.
$$

Assume that for any  $u, v \in \mathbb{R}_+$ 

$$
c(uv) \ge a(u)b(v).
$$

Then

$$
||c||_1 \ge \left(\int_0^1 a^p(t^{1/p})dt\right)^{1/p} \left(\int_0^1 b^q(t^{1/q})dt\right)^{1/q}.
$$

Proof. Define

$$
h(x) := c(e^{-x})e^{-x}
$$

and further

(11) 
$$
f(x) := a^p(e^{-x/p})e^{-x}
$$

(12) 
$$
g(x) := b^q (e^{-x/q}) e^{-x}.
$$

We then have that for any  $x, y > 0$ 

$$
h(x/p + y/q) \ge f^{1/p}(x)g^{1/q}(y),
$$

so by the Prékopa–Leindler inequality, Theorem [2.14,](#page-6-0)

$$
||h||_1 \geq ||f||_1^{1/p} ||g||_1^{1/q}.
$$

The claim follows after the change of variables  $t=e^{-x}$ .

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We want to prove that for any non-negative functions  $g,h$ 

$$
||1_V * g * h||_1 \ge \beta(V) ||g||_p ||h||_q.
$$

After rescaling, we may assume max  $q = max h = 1$ . Let

$$
S(t) := \{ z \colon 1_V \overline{\ast} g \overline{\ast} h(z) \ge t \}.
$$

Further define the distribution functions

$$
G(t) := \{ z \colon g(z) \ge t \}
$$

and

$$
H(t) := \{ z \colon h(z) \ge t \}.
$$

For any  $u, v$  then have the inclusion

$$
G(u) + H(v) + V \subset S(uv),
$$

so

$$
|S(uv)| \ge \beta_p(V)|G(u)|^{1/p}|H(v)|^{1/q}.
$$

It follows from Lemma [8.7](#page-20-0) that

$$
||1_V * g * h||_1 \ge \beta_p(V) \left( \int_0^1 G(t^{1/p}) dt \right)^{1/p} \left( \int_0^1 H(t^{1/q}) dt \right)^{1/q}
$$

The result now follows from the layer-cake principle of the form

$$
\int F(t^{1/p})dt = \int f(t)^p dt.
$$

.

П

### 9. The independence problem

The independence problem arises as it did for sets.

For this section we change the notations to  $\gamma(U,G)$  etc. to indicate the ambient group.

Theorem 9.1 (Ambient group does not change  $\gamma$ ). Let G be a group,  $G'$  its subgroup,  $U \subset G'$ . We have

$$
\gamma_p(1_U, G) = \gamma_p(1_U, G').
$$

Proof. This follows from Theorem [8.6](#page-20-1) and Theorem [4.2.](#page-11-1)

Conjecture 9.2 (Functional independence hypothesis). Let  $G$  be a group, G' its subgroup,  $f \in \ell^1(G')$  and let  $\vartheta$  be any of the functionals  $\gamma', \gamma''$ . We have

$$
\vartheta(f, G) = \vartheta(f, G').
$$

#### 10. Direct product

<span id="page-22-0"></span>**Theorem 10.1** (Multiplicativity). Let  $G = G_1 \times G_2$ ,  $f_1 \in \ell^1(G_1)$ ,  $f_2 \in$  $\ell^1(G_2)$ , and define  $f \in \ell^1(G)$  by  $f(x,y) = f_1(x)f_2(y)$ . We have

$$
\gamma_p(f) = \gamma_p(f_1)\gamma_p(f_2),
$$
  
\n
$$
\gamma'(f) \le \gamma'(f_1)\gamma'(f_2),
$$
  
\n
$$
\gamma''(f) \le \gamma''(f_1)\gamma''(f_2).
$$

**Proof.** The  $\leq$  inequalities all follow from the fact that (with  $g_i, h_i$  defined similarly to  $f_i$ )

$$
f \overline{*} g \overline{*} h(x, y) \le f_1 \overline{*} g_1 \overline{*} h_1(x) f_2 \overline{*} g_2 \overline{*} h_2(y)
$$

for any  $x \in G_1$  and  $y \in G_2$ .

The reverse inequality for  $\gamma_p$  follows from a much more general Theorem [10.2](#page-22-1) (and Theorem [10.3\)](#page-23-0) towards which we immediately proceed. п

<span id="page-22-1"></span>**Theorem 10.2 (Tensorization).** Let G be a group, H a subgroup,  $G' =$  $G/H$  the factor group,  $\varphi: G \to G'$  the natural homomorphism,  $f \in \ell^1(G)$ . Define  $f_{\varphi} \in \ell^1(G')$  by

$$
f_{\varphi}(x) := \gamma_p \big( f|_{\varphi^{-1}(x)} \big).
$$

We have  $\gamma_n(f) \geq \gamma_n(f_\varphi)$ .

**Proof.** Let  $g, h \in \ell^{\prime}(G)$  be non-negative. We have

<span id="page-22-2"></span>(13)  
\n
$$
||f \bar{x} g \bar{x} h||_1 = \sum_{z \in G} \max_{x_1 + x_2 + x_3 = z} f(x_1) g(x_2) h(x_3)
$$
\n
$$
= \sum_{z_1 \in G'} \sum_{z \in z_1 + H} \max_{\substack{w_1, w_2, w_3 \in G' \\ w_1 + w_2 + w_3 = z_1}} \max_{\substack{x_i \in H + w_i \\ x_i \in H + w_i}} f(x_1) g(x_2) h(x_3)
$$
\n
$$
\geq \sum_{z_1 \in G'} \max_{\substack{w_1, w_2, w_3 \in G' \\ w_1 + w_2 + w_3 = z_1}} \sum_{z \in z_1 + H} \max_{\substack{x_1 + x_2 + x_3 = z \\ x_i \in H + w_i}} f(x_1) g(x_2) h(x_3).
$$

Define the functions  $g', h'$  on  $G'$  as follows

$$
g'(w_2) := ||g|_{\varphi^{-1}(w_2)}||_p, h'(w_3) := ||h|_{\varphi^{-1}(w_3)}||_q.
$$

One can further estimate [\(13\)](#page-22-2)

$$
\geq \sum_{z_1 \in G'} \max_{\substack{w_1, w_2, w_3 \in G' \\ w_1 + w_2 + w_3 = z_1}} f_{\varphi}(w_1) g'(w_2) h'(w_3) \geq \gamma_p(f_{\varphi}) \|g\|_p \|h\|_q.
$$

The last inequality follows from the observation that

$$
||g'||_p = ||g||_p, ||h'||_q = ||h||_q.
$$

We can specialize Theorem [10.2](#page-22-1) to cartesian products.

<span id="page-23-0"></span>**Theorem 10.3.** Let  $G = G_1 \times G_2$ , f a function on G. For  $x \in G_1$ , define  $f_x(y) = f(x, y)$ , functions on  $G_2$ . Let  $g(x) = \gamma_p(f_x)$ , a function on  $G_1$ . We have  $\gamma_p(f) \geq \gamma_p(g)$ .

**Proof.** We let  $\varphi: G_1 \times G_2 \rightarrow G_1$  by projection. Then

$$
f_{\varphi}(x) = \gamma(f_x),
$$

П

and so the result follows from Theorem [10.2.](#page-22-1)

We are now ready to prove Theorem [7.5.](#page-18-1)

**Theorem [7.5.](#page-18-1)** Let U be as in the statement and  $f = 1_U =: U$ . Then, by Theorem [8.6,](#page-20-1) for  $x \in V$ 

$$
f_{\varphi}(x) := \gamma_p \left( f|_{\varphi^{-1}(x)} \right) = \beta_p(U \cap \varphi^{-1}(x)).
$$

In particular, we have the point-wise bound

$$
f_{\varphi}(x) \ge 1_V(x) \min_{t \in V} \beta_p(U \cap \varphi^{-1}(t)),
$$

so again by Theorem [8.6](#page-20-1) and homogenity

$$
\gamma_p(f_{\varphi}) \ge \beta_p(V) \min_{t \in V} \beta_p(U \cap \varphi^{-1}(t)).
$$

The result now follows from Theorem [10.2,](#page-22-1) as

$$
\beta_p(U) = \gamma_p(f) \ge \gamma_p(f_\varphi) \ge \beta_p(V) \min_{x \in V} \beta_p(U \cap \varphi^{-1}(x)).
$$

#### 11. Functional tripling for functions supported on quasicubes

The goal of this section is to prove Theorem [2.7.](#page-3-0) The basic strategy is to use tensorization to reduce to a two-point inequality.

It is enough to show  $\beta(V) = |V|$ , since then by  $(7), \alpha(V) \ge |V|^{1/2}$  $(7), \alpha(V) \ge |V|^{1/2}$  follows.

We let  $U$  be a  $d$  dimensional quasicube, defined in Definition [2.5.](#page-2-0) Thus U is  $d$  dimensional as thus we may assume

$$
U \subset H' \times \mathbb{Z}^d,
$$

where H' is a torsion subgroup. We first show we may assume  $H' = \{0\}$ . Let  $\pi$  be the projection to  $\mathbb{Z}^{\bar{d}}$ . Then by induction, it follows that  $|\pi(U)| = |U|$ . Thus for  $V \subset U$ , to prove Theorem [2.7,](#page-3-0) it is enough to show

$$
\beta(\pi(V)) \ge |V|,
$$

as  $\beta(V) \geq \beta(\pi(V))$  by Theorem [7.5.](#page-18-1) By Theorem [4.2,](#page-11-1) we may assume

$$
V \subset U \subset \mathbb{Z}^d.
$$

<span id="page-24-0"></span>Central to our study will be the following.

Theorem 11.1 ( $\gamma$  for two-point functions). For  $0 \le \delta \le 1$ ,

$$
f_{\delta} := 1_{\{0\}} + \delta 1_{\{1\}}.
$$

Then

 $\gamma(f_{\delta}) = \delta + 1$ ,

and more generally,

$$
\gamma_p(f_\delta) \ge \frac{p^{1/p}q^{1/q}}{2}(1+\delta).
$$

We remark that the stronger

$$
\gamma_p(f_\delta) \ge (\delta^c + 1)^{1/c}, \quad 2^{1/c} = p^{1/p} q^{1/q}
$$

is probably true, though we do not require it (see this mathoverflow post [\[16\]](#page-32-15)). Such a result would be useful for quasicubes that are asymmetrical in size. We also remark that Prékopa  $[14, Equation 2.4]$  $[14, Equation 2.4]$  proved Theorem [11.1](#page-24-0) in the special case  $p=q=2$  and  $\delta=1$  and his proof extends to the  $\delta=0$  case.

<span id="page-24-1"></span>We now present an important family of examples. First, they are a natural guess for minimizers of  $\gamma_p(f_\delta)$  and indeed show that Theorem [11.1](#page-24-0) is best possible. Secondly, in the proof of Theorem [11.1](#page-24-0) below, we show that to bound  $\gamma_p(f_\delta)$  from below it is enough to consider g and h, from Definition [8.4,](#page-19-0) from the following.

**Example 11.2.** Fix  $0 < \delta < 1$ . Let  $g = (1, \delta, \ldots, \delta^r)$  and  $h = (1, \delta, \ldots, \delta^s)$ . Then

$$
||f_{\delta} \overline{\ast} g \overline{\ast} h||_1 = \sum_{j=0}^{r+s+1} \delta^j = \frac{1 - \delta^{r+s+2}}{1 - \delta},
$$

while

$$
||g||_p^p = \frac{1 - \delta^{p(r+1)}}{1 - \delta^p},
$$

and

$$
||h||_q^q = \frac{1 - \delta^{q(s+1)}}{1 - \delta^q}.
$$

Note that

(14) 
$$
\frac{1 - \delta^{r+s+2}}{(1 - \delta^{p(r+1)})^{1/p} (1 - \delta^{q(s+1)})^{1/q}} \ge 1.
$$

Indeed, this follows from the inequality

<span id="page-25-0"></span>
$$
(1 - xy) \ge (1 - x^p)^{1/p} (1 - y^q)^{1/q}, \quad 0 \le x, y \le 1,
$$

which is an application of Hölder's inequality applied to the vectors

$$
(x^n)_{n \in \mathbb{Z}_{\geq 0}}, \quad (y^n)_{n \in \mathbb{Z}_{\geq 0}}.
$$

Thus [\(14\)](#page-25-0) is minimized by allowing  $r, s \rightarrow \infty$  and so

$$
\frac{\|f_\delta \bar{x} g \bar{x} h\|_1}{\|g\|_p \|h\|_q} \ge \frac{(1 - \delta^p)^{1/p} (1 - \delta^q)^{1/q}}{1 - \delta}.
$$

In the most important case, that is  $p = q = 2$ , we have

$$
\frac{\|f_\delta \bar{\ast} g \bar{\ast} h\|_1}{\|g\|_2 \|h\|_2} \ge 1 + \delta,
$$

<span id="page-25-1"></span>while the more general case is a bit harder.

Lemma 11.3 (Minimizer for  $\gamma_p$ ). Let  $0 < \delta < 1$  and

$$
g = h = (1, \delta, \delta^2, \dots).
$$

Then we have

$$
\frac{\|f_\delta * g * h\|_1}{\|g\|_p \|h\|_q} \ge \frac{p^{1/p} q^{1/q}}{2} (1+\delta).
$$

**Proof.** Similar to the  $p=q=2$  case above it suffices to show that

$$
\frac{(1 - \delta^p)^{1/p} (1 - \delta^q)^{1/q}}{1 - \delta} \ge \frac{p^{1/p} q^{1/q}}{2} (1 + \delta)
$$

or

$$
(1 - \delta^{p})^{1/p} (1 - \delta^{q})^{1/q} \ge \frac{p^{1/p} q^{1/q}}{2} (1 - \delta^{2}).
$$

This follows upon applying Hölder's inequality:

$$
\int_{\delta}^{1} s^2 \frac{ds}{s} \le \left(\int_{\delta}^{1} s^p \frac{ds}{s}\right)^{1/p} \left(\int_{\delta}^{1} s^q \frac{ds}{s}\right)^{1/q}.
$$

Proof of Theorem [2.7](#page-3-0) and Theorem [2.11.](#page-4-3) We first show how Theo-rem [11.1](#page-24-0) implies Theorem [2.7.](#page-3-0) Thus we assume  $p=q=2$ . By the discussion at the beginning at the current section we may assume that  $V \subset \mathbb{Z}^d$ . By Theorem [4.2](#page-11-1) we can further assume that in fact  $V \subset \mathbb{Q}^d$ . Since  $\beta$  is invariant under bijective linear transformations of  $\mathbb{Q}^d$ , after a suitable translation and choosing a basis  $\{e_i\}$  for the ambient group  $\mathbb{Q}^d$  (now viewed as a linear space) one can WLOG write

$$
V=0\oplus V_0\cup e_1\oplus V_1,
$$

where  $V_0$  and  $V_1$  are  $d-1$  dimensional quasicubes.

Now, we again use the independence of the ambient group (Theorem [4.2\)](#page-11-1) to reduce the ambient group to the one generated by V, so that now  $V \subset$  $G\!:=\!\mathbb{Z} e_1\!\times\!\mathbb{Z}^{d-1}.$ 

Let  $A, B \subset \mathbb{Z}^d$  and write

<span id="page-26-0"></span>
$$
A = \bigcup_i ie_1 \oplus A_i, \quad B = \bigcup_j je_1 \oplus B_j.
$$

We claim that  $\gamma(1_V) = |V|$  and in particular,

(15) 
$$
|A+B+V| \geq ||f \ast g \ast h||_1,
$$

where

$$
f = |V_0| 1_{\{0\}} + |V_1| 1_{\{1\}}, \quad g(i) = |A_i|^{1/2}, \quad h(j) = |B_j|^{1/2}.
$$

We induct on the dimension on  $V$ . The base case follows directly from Theorem [11.1](#page-24-0) and homogenity of  $\gamma$ .

We let  $\pi_1$  be projection onto the first coordinate and

$$
X_k = \pi_1^{-1}(k) \cap (A + B + V).
$$

Then,  $X_k$  contains all the fiber sumsets as long as the first coordinate equals  $k$ , so

$$
|X_k| = \max\{\max_{i+j=k} |A_i + B_j + V_0|, \max_{i+j=k-1} |A_i + B_j + V_1|\}
$$
  
\n
$$
\geq \max\{\max_{i+j=k} \beta(V_0)|A_i|^{1/2}|B_j|^{1/2}, \max_{i+j=k-1} \beta(V_1)|A_i|^{1/2}|B_j|^{1/2}\}
$$
  
\n
$$
= \max\{\max_{i+j=k} \gamma(1_{V_0})|A_i|^{1/2}|B_j|^{1/2}, \max_{i+j=k-1} \gamma(1_{V_1})|A_i|^{1/2}|B_j|^{1/2}\}
$$
  
\n
$$
= \max\{\max_{i+j=k} |V_0||A_i|^{1/2}|B_j|^{1/2}, \max_{i+j=k-1} |V_1||A_i|^{1/2}|B_j|^{1/2}\}
$$
  
\n
$$
= f * g * h(k).
$$

Summing over  $k$  gives [\(15\)](#page-26-0). By Theorem [11.1,](#page-24-0) we have

$$
|A + B + V| \ge ||f \ast g \ast h||_1 \ge (|V_1| + |V_2|) ||f||_2 ||g||_2 = |V||A|^{1/2} |B|^{1/2},
$$

which implies Theorem [2.7.](#page-3-0)

We now handle the case of general  $p$ . Everything proceeds the same as in the  $p=2$  case, except the induction claim is

$$
\gamma_p(1_V) \ge \frac{|V| p^{d/p} q^{d/q}}{2^d}.
$$

П

Theorem [2.11](#page-4-3) now follows from Theorem [8.6.](#page-20-1)

We now proceed to the proof of Theorem [11.1.](#page-24-0) We first need the following lemma.

<span id="page-27-0"></span>**Lemma 11.4** ( $\gamma$  and permutations). Let  $f, g, h: \mathbb{Z} \to \mathbb{R}$  be non-negative functions with finite support. Let  $\sigma, \tau, \rho$  be permuations of the support of  $f, q, h$ , respectively. Set

$$
f_{\sigma}(x) := f \circ \sigma(x),
$$

and similarly for g and h. Then

$$
||f_{\sigma} \overline{\ast} g_{\tau} \overline{\ast} h_{\rho}||_1,
$$

is minimized for a choice of permutations that makes each function nonincreasing.

**Proof.** We may suppose, after translation, that the smallest element of the support is zero for all three functions. Put  $F := f \overline{*} g \overline{*} h$  and let  $\sigma, \tau, \rho$  be some permutations such that  $f_{\sigma}, g_{\tau}, h_{\rho}$  are non-increasing. Note that  $G:=f_{\sigma} \overline{*} g_{\tau} \overline{*} h_{\rho}$ is then also non-increasing. Let s be a sufficiently large number and order the sequence  $F(0),...,F(s)$  (which will end with zeroes) via

$$
(16) \t\t\t F_0 \geq \cdots \geq F_s.
$$

We claim that for  $0 \le v \le s$ 

<span id="page-28-1"></span>
$$
f_{\sigma} \ast g_{\tau} \ast h_{\rho}(v) = G(v) \le F_v,
$$

and the result follows from this claim. Let  $m, n, r$  be such that  $m+n+r=v$ and

$$
f_{\sigma}(m)g_{\tau}(n)h_{\rho}(r) = G(v).
$$

It follows by the choice of  $\sigma, \tau, \rho$ , that for any  $i \leq m, j \leq n, k \leq r$ 

$$
G(v) = f_{\sigma}(m)g_{\tau}(n)h_{\rho}(r)
$$
  
\n
$$
\leq f_{\sigma}(i)g_{\tau}(j)h_{\rho}(k)
$$
  
\n
$$
= f(\sigma(i))g(\tau(j))h(\rho(k))
$$
  
\n
$$
\leq F(\sigma(i) + \tau(j) + \rho(k)).
$$

It follows that for any

<span id="page-28-0"></span>(17) 
$$
t \in {\sigma(0), ..., \sigma(m)} + {\tau(0), ..., \tau(n)} + {\rho(0), ..., \rho(r)}
$$

holds

 $G(v) \leq F(t)$ .

But the sumset on the RHS of [\(17\)](#page-28-0) is of size at least  $m+n+r+1$ , by the Cauchy-Davenport inequality. Thus, there are at least  $v + 1$  values in the sequence [\(16\)](#page-28-1) that are no less than  $G(v)$ , and hence

 $G(v) \leq F_v$ .

**Proof of Theorem [11.1.](#page-24-0)** We aim to show that for non-negative valued  $q$ and h in  $\ell_1(\mathbb{Z})$ 

<span id="page-28-2"></span>(18) 
$$
\frac{\|f_{\delta} \ast g \ast h\|}{\|g\|_p \|h\|_q} \geq c_{\delta} = \frac{(1 - \delta^p)^{1/p} (1 - \delta^q)^{1/q}}{1 - \delta}.
$$

We remind the reader that  $c_{\delta}$  is the infimum of [\(18\)](#page-28-2) over all g,h of the form

(19) 
$$
g = (1, \delta, \dots, \delta^r), \quad h = (1, \delta, \dots, \delta^s),
$$

as shown in Example [11.2.](#page-24-1)

П

We suppose there is a  $g, h \in \ell^1(\mathbb{Z})$  such that [\(18\)](#page-28-2) is smaller than  $c_{\delta}$ . By continuity, we may suppose both  $g$  and  $h$  have finite support. By Lemma [11.4,](#page-27-0) we may permute  $g,h$  so they are both non-increasing. After translation of the supports, we suppose

$$
g=(g_0,\ldots g_r),\quad h=(h_0,\ldots,h_s).
$$

We further assume that  $r+s$  is minimally chosen. Thus

$$
\frac{\|f_\delta \overline{\ast} u \overline{\ast} v\|_1}{\|u\|_p \|v\|_q} \geq c_\delta,
$$

for any  $u$  and  $v$  satisfying

$$
|\supp(u)| + |\supp(v)| < r + s + 2.
$$

By compactness, there exists  $g,h$  which minimize [\(18\)](#page-28-2) subject to supp $(g) \subseteq$  $\{0,\ldots,r\}$ , supp $(h) \subseteq \{0,\ldots,s\}$ , and

(20) 
$$
||g||_p = 1, \quad ||h||_q = 1.
$$

Because the value of  $(18)$  doesn't change by multiplying g and h by constant, this is also a minimum over all g and h where  $\text{supp}(g) \subseteq \{0, ..., r\}$ and supp $(h) \subseteq \{0, \ldots, s\}$ 

Set

$$
p(x) = f_{\delta} \overline{\ast} g \overline{\ast} h(x).
$$

Let

$$
Q_1 \subset \{0,\ldots,r\}, \quad Q_2 \subset \{0,\ldots,s\}.
$$

We let  $R(Q_1)$  be the set of all indices  $n \in \{0, \ldots, r+s+1\}$  such that if

$$
p_n = f_i g_j h_k, \quad (i+j+k=n),
$$

then  $j \in Q_1$ , and similarly for  $Q_2$ . We now analyze what happens when we replace g with  $g_t$  which we get by multiplying all  $g(i)$  by  $(1-t)$  where  $i \in Q_1$ . (t is a small enough positive real number.)

In  $f_{\delta} \overline{*} g_t \overline{*} h$ , the values corresponding to  $R(Q_1)$  will be multiplied by  $(1-t)$ , the other values will be the same as in  $f_{\delta} \bar{*} g \bar{*} h$ .

$$
r(t) := \frac{\|f_{\delta} \ast g_t \ast h\|_1}{\|g_t\|_p \|h\|_q}.
$$

 $r'(0)$  is the right-hand derivative of  $r(t)$  at 0. By minimality,  $r'(0) \geq 0$ .

The right-hand derivative of  $|| f \overline{*} g \overline{*} h ||_1$  at 0 is

$$
-\sum_{y\in R(Q_1)} p(y)
$$

and the right-hand derivative of  $||g_t||_p$  is

$$
-\frac{1}{p} \frac{1}{\|g_t\|_p^{p+1}} p(1-t)^{p-1}(-1) \sum_{x \in Q_1} g(x)^p
$$

which is equal to

$$
\frac{\sum_{x \in Q_1} g(x)^p}{\|g\|_p^{p+1}}
$$

at 0.

So

$$
0 \le r'(0) = \frac{\|p\|_1 \sum_{x \in Q_1} g(x)^p}{\|g\|_p^{p+1} \|h\|_q} - \frac{\sum_{y \in R(Q_1)} p(y)}{\|g\|_p \|h\|_q}.
$$

By symmetry we get a similar inequality for any  $Q_2 \subset \{0,\ldots,s\}$ , so by reframing the inequalities (21)

<span id="page-30-0"></span>
$$
||p||_1^{1/p} \ge \frac{||g||_p \left(\sum_{y \in R(Q_1)} p(y)\right)^{1/p}}{\left(\sum_{x \in Q_1} g(x)^p\right)^{1/p}}, \quad ||p||_1^{1/q} \ge \frac{||h||_q \left(\sum_{y \in R(Q_2)} p(y)\right)^{1/q}}{\left(\sum_{x \in Q_2} h(x)^p\right)^{1/p}}.
$$

We now define new functions,

$$
a(i) = \delta^{-i}g(i), \quad b(j) = \delta^{-j}h(j).
$$

We set

$$
Q_1 = \{i : a(i) = \max a\}, \quad Q_2 = \{j : b(j) = \max b\}
$$

and set

$$
u(i) = g(i)1_{Q_1}(i), \quad v(j) = h(j)1_{Q_2}(j),
$$

$$
R(Q_1) \supseteq \text{supp}(f_\delta \overline{\ast} u \overline{\ast} v),
$$

$$
R(Q_2) \supseteq \text{supp}(f_\delta \overline{\ast} u \overline{\ast} v).
$$

So  $\sum_{y \in R(Q)} p(y) \ge ||f_{\delta} \overline{*} u \overline{*} v||_1$  is true for both  $Q_1$  and  $Q_2$ .

<span id="page-31-0"></span>Combining it with [\(21\)](#page-30-0), we get

$$
(22) \t ||p||_1^{1/p} \ge \frac{||g||_p||f_\delta * u * v||_1^{1/p}}{||u||_p}, \t ||p||_1^{1/q} \ge \frac{||h||_q||f_\delta * u * v||_1^{1/q}}{||v||_q}.
$$

Multiplying the two inequalities in [\(22\)](#page-31-0), we get

$$
\frac{\|f_\delta * g * h\|_1}{\|g\|_p \|h\|_q} \ge \frac{\|f_\delta * u * v\|_1}{\|u\|_p \|v\|_q}.
$$

If either a or b is not constant, then u or v has a value of 0 at some point. Then by Lemma [11.4](#page-27-0) we can rearrange it to a non-increasing order, with making

$$
\frac{\|f_\delta \mathbin{\overline{*}} u \mathbin{\overline{*}} v\|_1}{\|u\|_p \|v\|_q}
$$

smaller or equal after the rearrangement.

Now  $|\text{supp}(u)|+|\text{supp}(v)|<|\text{supp}(g)|+|\text{supp}(h)|$ , so because we started with a counterexample with minimal supports,

$$
\frac{\|f_\delta \mathbin{\overline{*}} u \mathbin{\overline{*}} v\|_1}{\|u\|_p \|v\|_q} \geq c_\delta.
$$

This is a contradiction, because we assumed that

$$
\frac{\|f_\delta \mathbin{\overline{*}} g \mathbin{\overline{*}} h\|_1}{\|g\|_p \|h\|_q} < c_\delta.
$$

So  $a$  and  $b$  must both be constant, but then  $(18)$  cannot be smaller than  $c_{\delta}$ , as proved in Example [11.2.](#page-24-1) Thus, the ratio in [\(18\)](#page-28-2) is at least  $c_{\delta}$ . By Lemma [11.3,](#page-25-1)

$$
c_{\delta} \ge p^{1/p} q^{1/q} \frac{(1+\delta)}{2}.
$$

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