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Evaluation of environmental and physiological indicators in lactating dairy cows exposed to heat stress

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Abstract

This study aimed to better understand environmental heat stress and physiological heat strain indicators in lactating dairy cows. Sixteen heat stress indicators were derived using microenvironmental parameters that were measured at the surrounding of cows and at usual fixed locations in the barn by using handheld and fixed subarea sensors, respectively. Twenty high-producing Holstein–Friesian dairy cows (> 30.0 kg/day) from an intensive dairy farm were chosen to measure respiration rate (RR), vaginal temperature (VT), and body surface temperature of forehead (FT), eye (ET), and muzzle (MT). Our results show that microenvironments measured by the handheld sensor were slightly warmer and drier than those measured by the fixed subarea sensor; however, their derived heat stress indicators correlated equally well with physiological indicators. Interestingly, ambient temperature (T_a) had the highest correlations with physiological indicators and the best classification performance in recognizing actual heat strain state. Using segmented mixed models, the determined T_a thresholds for maximum FT, mean FT, RR, maximum ET, mean ET, VT, mean MT, and maximum MT were 24.1 °C, 24.2 °C, 24.4 °C, 24.6 °C, 24.6 °C, 25.3 °C, 25.4 °C, and 25.4 °C, respectively. Thus, we concluded that the fixed subarea sensor is a reliable tool for measuring cows' microenvironments; T_a is an appropriate heat stress indicator; FT, RR, and ET are good early heat strain indicators. The results of this study could be helpful for dairy practitioners in a similar intensive setting to detect and respond to heat strain with more appropriate indicators.

 $\textbf{Keywords} \ \ \text{Heat stress} \cdot \text{Heat strain} \cdot \text{Dairy cow} \cdot \text{Ambient temperature} \cdot \text{Physiological indicator} \cdot \text{Threshold}$

Introduction

Heat waves are predicted to increase in both frequency and magnitude (Ranjitkar et al. 2020), putting dairy cows at greater risk due to their high heat production but limited heat dissipation capacity (Kadzere et al. 2002). In the present study, heat stress refers to the total amount of environmental heat stressors that animals are exposed to, whereas heat strain refers to the overall animal response induced by heat

stress. These two concepts are separated for better interpreting the indicators from environment and animal perspectives, respectively.

To characterize thermal environment, efforts have been made for decades to develop thermal indices (TIs), among which temperature-humidity indices (THIs) as a family of indices incorporating environmental temperature and humidity are most prevalent in both studies and practice. Recently, advanced TIs compassing more components of thermal environment have been proposed, adding wind speed (WS) and solar radiation (SR), both of relevance contributing to creating the thermal environment of the cow (Mader et al. 2010; Wang et al. 2018). Mostly, validation of TIs has been done based on their correlations with animal-based heat strain indicators (Li et al. 2009; Ji et al. 2020; Yan et al. 2020). However, results are highly inconsistent among relevant studies due to huge differences in climate, housing, management, and animal, stressing the fact that the selection of



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TIs should continue in specific regions for both study and production purposes.

The location of sensors greatly impacts the resulting calculation of TIs especially when weather data came from nearby weather stations (Wijffels et al. 2021). Sensors have been placed on cows to measure the closest cows' microenvironments (Schüller and Heuwieser 2016). However, in practice, there is a trade-off between the cost and the benefits of deploying more accurate microenvironmental sensors. Microenvironmental sensors were deployed more commonly at single (center) or multiple (equally spaced) fixed locations in the barn (Li et al. 2020; Pinto et al. 2020). Due to the movement of cows, the fixed measurement is sometimes close to the cow and sometimes far away from the cow, which may affect the accuracy of the microenvironmental measurement. Therefore, it should be investigated whether the use of these fixed measurements is adequate to represent the microenvironments to which cows are exposed.

Segmented models and polynomial models are standard methods performed to fit animal-based variables as functions of environmental variables (Carabaño et al. 2016). Although polynomial models have shown better fit, segmented models are most welcomed and used due to high interpretability and sufficient goodness of fit. More importantly, TI thresholds for different animal-based heat strain indicators can help determine which animal indicator reacts first to heat stress. Growing attention has recently been paid to earlier heat abatement by using the most sensitive physiological heat strain indicators (Hoffmann et al. 2020). Body surface temperatures (BSTs) have shown to be good early indicators (Dalcin et al. 2016; Amamou et al. 2019; Wang et al. 2018), among which facial parts might be promising locations for the probability to be integrated with a cow facial recognition system (Qiao et al. 2021). Locations and thresholds, however, are still worth investigating. Thresholds developed by relevant studies are difficult to compare directly, particularly when they were determined using different animals, weather conditions, and analytic methodologies (Carabaño et al. 2016).

To explore the abovementioned questions, the present study was conducted to comprehensively evaluate both heat stress and heat strain indicators. Specifically, the objectives of this study were to (1) investigate the differences between microenvironmental parameters measured at the surrounding of cows and those measured at usual fixed locations in the barn; (2) evaluate environmental indicators' correlations with physiological indicators and their ability in recognizing cows' actual heat strain states; and (3) compare the sensitivity of physiological indicators to heat stress.

We hypothesized that fixed subarea sensors would be good in measuring cows' microenvironment; heat stress indicators would perform differently in representing thermal environment; and BST of specific locations would provide an alternative in reflecting heat strain in dairy cows.

Materials and methods

Location

The present study was carried out for 20 days from May to June 2021 at an organic intensive dairy farm in Shandong, China (coordinates: 34° 50′ 37″ N, 115° 26′ 11″ E; altitude: 52 m), which belongs to a temperate continental monsoon climate. This timepoint was selected to capture the pattern of changes in physiological heat strain indicators when the weather got warmer from spring to summer and cows first began to feel thermal discomfort.

Housing, animals, and management

The dairy farm was an organic intensive system that relied totally on home-grown feed and was free of antibiotics. The study free-stall barn (15 m×90 m, oriented along the north-south longitudinal axis) had the capacity of 122 cows, with concrete floors and no outdoor area. The double-pitched roof covered the entire area of the barn and therefore prevented most direct SR from affecting the cows indoor.

Cows with milk yield above 30.0 kg/day (the average of previous 3 days), in mid-lactation (between 100 and 200 days in milk (DIM)), and normal body condition score (BCS; within 2.75-3.50) (Wildman et al. 1982) were screened out. BCS was evaluated by two trained raters with a high agreement (intraclass correlation coefficient: 0.96). Twenty-six high-producing Holstein-Friesian cows met the inclusion criteria, and 20 of them were randomly selected. Mean ± standard deviation daily milk yield, parity, DIM, and BCS of selected cows were 40.9 ± 5.1 kg/day, 2.7 ± 0.9 , 150.2 ± 21.1 , and 3.0 ± 0.2 , respectively. The cows were milked three times daily at 0830-0910 h, 1630-1710 h, and 0000–0040 h, and were fed a total mixed ration three times daily after milked. The cows had free access to water. Cow information, including daily milk yield, DIM, and parity, was acquired from the milking system (Afimilk, Kibbutz Afikim, Israel).

Cooling measures included electronic fans (turned on when indoor temperature reaching 20 °C) and sprinklers. The former was installed at lying zone at an interval of 6 m and along feeding line at an interval of 12 m, while the latter was installed along feeding line at an interval of 2 m. Sprinklers were used since the 11th test day according to the cooling management of the farm. To eliminate the interference of evaporative cooling by sprinklers, only the observations from the first 10 test days were entered into analysis.



Physiological measurement

Respiration rate (RR), vaginal temperature (VT), and three BSTs measured at forehead (FT), eve (ET; medial canthus), and muzzle (MT) were used as physiological heat strain indicators. Two trained observers with a high agreement (intraclass correlation coefficient: 0.91) determined RR by timing 15 flank movements and converting to breaths per min (bpm). VT was measured every 5 min using a data logger (DS1922L, Maxim Integrated, San Jose, CA, USA) attached to a blank vaginal controlled internal drug release (CIDR: Pfizer Animal Health, New York, NY, USA). CIDRs were kept intravaginally for a week since the first test day. FT, ET, and MT were taken by a photographer using a portable infrared camera (VarioCAM HR, InfraTec, Dresden, Germany) with a resolution of 640 × 480 pixels. Infrared photography was performed right after RR observation. The emissivity was set to 0.98 and the distance between cows and camera was approximately 1.5 m, as per previous studies (Peng et al. 2019). The infrared images were interpreted and calibrated with IRBIS 3 Standard software (YSHY, Beijing, China).

Physiological measurement was conducted twice on each of the 10 test days (0800–1130 and 1330–1630). For each measurement, each cow was expected to be observed twice, once when standing and once when lying, contributing to 80 observations expected for each test day. For every observation, the location of the test cow was recorded for further merging with the corresponding fixed subarea sensor.

Microenvironmental measurement and thermal indices calculation

Microenvironmental parameters were simultaneously measured at the surrounding of cows and at usual fixed locations in the barn by using handheld and fixed sensors, respectively. For handheld measurement, a Kestrel 5400 heat stress tracker (Nielsen-Kellerman, Boothwyn, PA, USA) was held in hand by the photographer at a distance of 1.5 m from

the cows. The environmental parameters were averaged during the process of infrared photography for every observation. For fixed measurement, environmental parameters were recorded every 10 min with Kestrel 5000 environment meters and Kestrel 5400 heat stress trackers (Nielsen-Kellerman, Boothwyn, PA, USA). Specifically, Kestrel 5000 measured ambient temperature (T_a) , wet bulb temperature $(T_{\rm w})$, dew point temperature $(T_{\rm dp})$, relative humidity (RH), and WS, and Kestrel 5400 measured black globe temperature $(T_{\rm bg})$ and wet bulb globe temperature (WBGT) additionally. The barn was divided into six subareas (three in the lying zone and three in the standing zone; Fig. 1). Sensors were fixed 2.2 m above the ground in each subarea to avoid being destroyed by the cows and to get as close to them as possible. Besides, SR was continuously recorded every 5 min with a weather station (H21 weather station and 3-LIB-M003 pyranometer, Onset Computer Co. Ltd., Bourne, MA, USA).

The environmental parameters were further used for calculating TIs listed in Table 1. Besides, $T_{\rm a}$, $T_{\rm bg}$, and WBGT were regarded as separate heat stress indicators and entered directly into the following analysis, contributing to 16 candidate heat stress indicators in total. For every observation, the derivation of heat stress indicators used microenvironmental data from two sources (i.e., the handheld sensor and the fixed subarea sensor). The fixed subarea sensors were determined by merging with the location of the test cows.

Statistical analysis

Data were summarized as mean, standard deviation, minimum, and maximum. Two-way analyses of variance (ANOVA) including interaction were performed to investigate the effect of zone (lying vs. standing) and source of sensors (handheld vs. fixed subarea) on microenvironmental parameters. A Bland–Altman plot was used to reveal the difference between handheld and fixed temperature readings (Altman and Bland 1983). To select heat stress indicator, correlation analyses between heat stress and heat strain indicators based on Pearson correlation coefficient were performed first. The

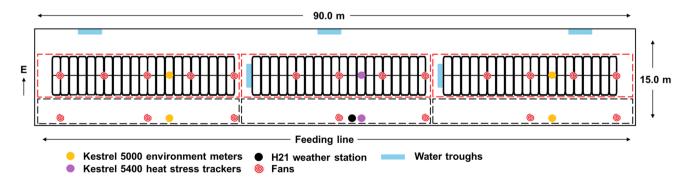


Fig. 1 Layout of the study barn and locations of fixed measurement points. The red and black dashed boxes represent three subareas of the lying zone and the standing zone, respectively



Table 1 List of the heat stress indicators calculated in this study

Heat stress	Formula	Resource					
indicator							
Temperature-	$THI_1 = (1.8 \times T_a + 32) - (0.55 - 0.0055 \times RH) \times (1.8 \times T_a - 26.8)$	NRC (1971)					
humidity	$THI_2 = (0.35 \times T_a + 0.65 \times T_w) \times 1.8 + 32$	Bianca (1962)					
index (THI)	$THI_3 = 0.8 \times T_a + (RH/100) \times (T_a - 14.4) + 46.4$	Mader et al. (2006)					
	$THI_4 = T_a + 0.36 \times T_{dp} + 41.2$	Yousef (1985)					
	$THI_5 = (0.55 \times T_a + 0.2 \times T_{dp}) \times 1.8 + 49.5$	NRC (1971)					
	$THI_6 = (T_a + T_w) \times 0.72 + 40.6$	NRC (1971)					
Adjusted	$THI_{adj} = THI_3 + 4.51 - 1.992 \times WS + 0.0068 \times SR$	Mader et al. (2006)					
temperature-							
humidity							
index (THI _{adj})							
Black globe-	$BGHI = T_{bg} + 0.36 \times T_{dp} + 41.5$	Buffington et al. (1981)					
humidity							
index (BGHI)							
Comprehensive	$CCI = T_a + Equation(1) + Equation(2) + Equation(3)$	Mader et al. (2010)					
climate index (CCI)	Equation(1) = $e^{(0.00182 \times RH + 1.8 \times 10^{-5} \times T_a \times RH)} \times (0.000054 \times T_a^2 + 0.00192 \times T_a - 0.0246) \times (RH - 30)$						
	Equation(2) = $\frac{-6.65}{e^{\left(\frac{1}{(2.26 \times WS + 0.23)^{0.45} \times (2.9 + 1.14 \times 10^{-6} \times WS^{2.5} - \log_{0.3}(2.26 \times WS + 0.33)^{-2})\right)}} - 0.00566 \times WS^{2} + 3.33$						
	Equation(3) = $0.0076 \times SR - 0.00002 \times SR \times T_a + 0.00005 \times T_a^2 \times \sqrt{SR} + 0.1 \times T_a - 2$						
Heat load index	$HLI(T_{bg} < 25) = 10.66 + 0.28 \times RH + 1.9 \times T_{bg} - WS$	Gaughan et al. (2008)					
(HLI)	$HLI(T_{bg} > 25) = 8.62 + 0.38 \times RH + 1.55 \times T_{bg} - 0.5 \times WS + e^{2.4-WS}$						
Dairy heat load	DHLI = $(1.681813 \times (1 + e^{-(-8.50749 + 0.206159 \times T_{bg} + 0.0488399 \times RH)})^{-1} - 0.0002) \times (1.6812 - 0.0002)^{-1} \times 100$	Lees et al. (2018)					
index (DHLI)							
Equivalent	ETI = $27.88 - 0.456 \times T_a + 0.010754 \times T_a^2 - 0.4905 \times RH + 0.00088 \times RH^2$	Baeta et al. (1987)					
temperature	$+ 1.1507 \times WS - 0.126477 \times WS^{2} + 0.019876 \times T_{a} \times RH - 0.046313 \times T_{a} \times WS$						
index (ETI)							
Equivalent	ETIC = $T_a - 0.0038 \times T_a \times (100 - RH) - 0.1173 \times WS^{0.707} \times (39.2 - T_a) + 1.86 \times 10^{-4} \times T_a \times SR$	Wang et al. (2018)					
temperature							
index for cat-							
tle (ETIC)							

 T_a , ambient temperature (°C); RH, relative humidity (%); T_w , wet bulb temperature (°C); T_{bg} , black globe temperature (°C); T_{dp} , dewpoint temperature (°C); WS, wind speed (m/s); SR, solar radiation (W/m²)

classification performances of heat stress indicators were compared then using receiver operator characteristic (ROC) curves in which the actual heat strain state was determined using a RR threshold of 48 bpm and a VT threshold of 38.6 °C, respectively (Li et al. 2020). The performance in correlation and ROC analyses as well as the ease of obtaining data was considered to select the most appropriate heat stress indicator. The selected heat stress indicator was further conveyed to segmented mixed models to customize the thresholds

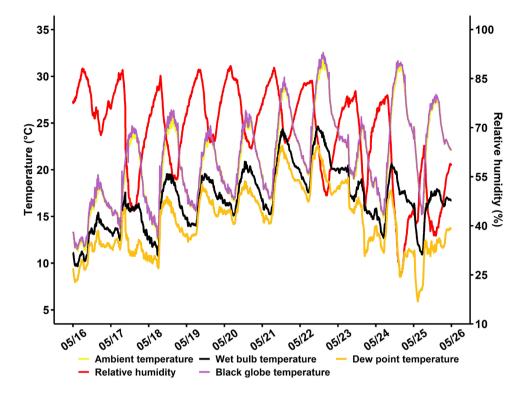
with physiological heat strain indicators. Random intercept effect was included for cow. The model can be written as follows:

$$Y_{ij} = \beta_0 + u_{0i} + \beta_1 X_j + \beta_2 (X_j - X_{bp}) X_k + \varepsilon_{ij}, X_k = \begin{cases} 0 i f X \leq X_{bp} \\ 1 i f X > X_{bp} \end{cases}$$

where Y is the physiological heat strain indicators, β_0 is the population intercept, u_{0i} is the random intercept effect for



Fig. 2 The overall variation of environmental parameters using the average of all fixed subarea sensors



i-th cow, X is the selected heat stress indicator, X_{bp} is the breakpoint, X_k is the dummy variable, β_I is the left slope, β_2 is the difference between right slope and left slope, and ε_{ij} is the random residual for the *j*-th observation.

All statistical analyses were performed using R version 3.4.4 (https://www.R-project.org/). Two-way ANOVA were performed using ANOVA function included in "car" package. Correlation analyses were performed using the cor function. ROC curves were plotted using the "pROC" package and their areas under the curve (AUCs) were compared using roc.test function. The basic linear mixed models were fitted using lme function included in the "nlme" package, and then updated using the "segmented" package. Significance was declared at P < 0.05 and tendency was declared at 0.05 < P < 0.10.

Results

Environmental and physiological description

During the study, all temperature parameters followed a similar trajectory, whereas RH followed the opposite (Fig. 2). Consistently, $T_{\rm bg}$ was slightly higher than $T_{\rm a}$, and their trajectories almost coincided. Only a few SR readings exceeded zero, all of which occurred during sunset and sunrise when sunlight shined inside from the side of the barn.

All microenvironmental parameters were higher in the afternoon than in the morning, except for $T_{\rm dp}$ and RH which were higher in the morning (Table 2). All physiological parameters were higher in the afternoon than in the morning except for mean and maximum ET which remained unchanged during the daytime (Table 2). When summarizing daily mean, a wide range was found for all microenvironmental and physiological parameters (Table 2).

Differences in microenvironmental parameters measured by handheld and fixed subarea sensors

There was a tendency for higher T_a measured by the handheld sensor than measured by the fixed subarea sensor (P = 0.056; Table 3), and the difference was 0.3 °C and 0.6 °C for lying and standing zones, respectively. The $T_{\rm w}$ measured by the handheld sensor was significantly lower than the $T_{\rm w}$ measured by the fixed subarea sensor (P < 0.0001), in which the difference was smaller at the lying zone than at the standing zone with a tendency of a zone by source interaction $(-0.4 \,^{\circ}\text{C vs.} - 1.0 \,^{\circ}\text{C}, P = 0.066)$. There was a zone by source interaction for $T_{\rm dp}$ (P = 0.013), with a smaller difference between handheld and fixed subarea readings obtained at the lying zone than that obtained at the standing zone $(-0.9 \, ^{\circ}\text{C})$ vs. -2.1 °C). Similarly, a zone by source interaction was found for RH (P = 0.001), with a smaller difference between handheld and fixed subarea readings obtained at lying zone than that obtained at the standing zone (-4.8% vs. - 11.3%).



Table 2 Summary of microenvironmental and physiological parameters by measurement period (morning, afternoon)^a and daily mean

Parameter ^b	Morning		Afternoon			Daily mean			
	\overline{n}	Mean ± SD	Min, Max	n	Mean ± SD	Min, Max	n	Mean ± SD	Min, Max
$T_{\rm a}$	200	21.9 ± 4.0	11.7, 30.0	170	25.5 ± 3.9	16.3, 31.6	10	21.1 ± 3.1	14.7, 25.8
$T_{ m w}$	200	18.2 ± 3.0	10.5, 24.7	170	18.9 ± 2.7	13.4, 24.1	10	16.9 ± 2.5	12.5, 21.2
$T_{ m dp}$	200	16.2 ± 3.4	9.5, 22.6	170	15.3 ± 3.7	8.5, 21.8	10	14.5 ± 3.0	10.9, 19.1
RH	200	72.5 ± 13.4	38.4, 87.7	170	55.4 ± 13.9	25.0, 76.2	10	68.3 ± 10.3	47.9, 78.2
WS	200	0.9 ± 0.9	0.0, 2.7	170	1.6 ± 0.7	0.0, 2.7	10	0.9 ± 0.6	0.1, 2.0
$T_{ m bg}$	200	22.6 ± 4.0	12.2, 30.3	170	26.1 ± 3.9	17.0, 32.6	10	21.5 ± 3.1	15.1, 26.2
RR	238	49.2 ± 12.8	25.4, 91.4	340	57.3 ± 16.1	27.2, 100.0	10	55.8 ± 9.2	40.1, 72.3
VT	169	38.6 ± 0.3	37.9, 39.4	220	38.7 ± 0.4	38.0, 40.2	7	38.7 ± 0.1	38.5, 38.9
Mean FT	232	30.3 ± 1.2	28.1, 33.5	330	31.4 ± 1.9	28.1, 35.9	10	30.9 ± 1.5	28.9, 33.7
Max FT	232	31.3 ± 1.2	28.7, 34.3	330	32.2 ± 1.8	28.5, 36.8	10	31.7 ± 1.5	29.6, 34.4
Mean ET	230	36.9 ± 0.6	35.6, 38.4	309	36.9 ± 0.8	35.5, 39.7	10	36.9 ± 0.6	35.8, 37.7
Max ET	230	37.7 ± 0.5	36.5, 38.8	309	37.7 ± 0.6	36.5, 40.3	10	37.6 ± 0.5	36.7, 38.2
Mean MT	222	35.0 ± 0.8	33.0, 36.7	306	35.3 ± 1.0	33.0, 38.3	10	35.2 ± 0.8	33.9, 36.5
Max MT	222	35.9 ± 0.7	33.5, 37.7	306	36.2 ± 0.9	33.6, 38.9	10	36.0 ± 0.7	34.7, 37.2

SD, standard deviation; Min, minimum; Max, maximum; T_a , ambient temperature (°C); T_w , wet bulb temperature (°C); T_{dp} , dewpoint temperature (°C); RH, relative humidity (%); WS, wind speed (m/s); T_{bg} , black globe temperature (°C); RR, respiration rate (breaths per min); VT, vaginal temperature (°C); FT, forehead temperature (°C); ET, eye temperature (°C); ET, muzzle temperature (°C)

There was a zone by source interaction for WS (P < 0.0001), whereby the handheld sensor had lower readings than the fixed subarea sensor when measuring at lying zone (1.3 m/s vs. 2.2 m/s), but higher readings than it when measuring at the standing zone (0.9 m/s vs. 0.4 m/s). Besides, the lying zone had a higher $T_{\rm bg}$ than the standing zone (P < 0.0001).

The Bland–Altman plot comparing the difference between handheld and fixed $T_{\rm a}$ readings is shown in Fig. 3, where a date-related color gradient was added to facilitate visualizing the temporal variation of $T_{\rm a}$ during this study. In general, $T_{\rm a}$ increased as time went by. The difference at both lying and standing zones shrank as $T_{\rm a}$ increased, and the mean difference was nearly zero when $T_{\rm a}$ reached above 30 °C.

Correlations between heat stress and heat strain indicators

Pearson correlation coefficients between heat stress and heat strain indicators presented in Fig. 4 show that heat stress indicators derived using data from the handheld sensor had slightly higher correlations with most physiological indicators than heat stress indicators derived using data from the fixed subarea sensor. Besides, FT correlated most with heat stress indicators, followed by MT, RR, ET, and VT. For FT and ET, mean temperature yielded higher correlations with most heat stress indicators than maximum temperature. For MT, maximum

Table 3 Summary of environmental parameters (mean ± SD) during the measurement period by source (handheld and fixed subarea sensors) and zone (lying and standing zones)

Parameter	Lying zone $(n=493)$		Standing zon	ne $(n = 161)$	P value		
	Handheld	Fixed	Handheld	Fixed	Zone	Source	Zone×source
$T_{\rm a}$	24.8 ± 3.8	24.5 ± 4.0	22.6 ± 3.4	22.0 ± 3.6	< 0.0001	0.056	0.559
$T_{ m w}$	17.9 ± 2.3	18.3 ± 2.7	17.4 ± 2.3	18.4 ± 3.1	0.211	< 0.0001	0.066
$T_{ m dp}$	14.0 ± 3.5	14.9 ± 3.9	14.4 ± 2.9	16.5 ± 3.7	< 0.0001	< 0.0001	0.013
RH	53.1 ± 14.5	57.9 ± 17.3	61.4 ± 13.1	72.7 ± 14.9	< 0.0001	< 0.0001	0.001
WS	1.3 ± 0.9	2.2 ± 1.5	0.9 ± 0.9	0.4 ± 0.6	< 0.0001	0.060	< 0.0001
$T_{\rm bg}$	25.3 ± 3.4	25.1 ± 4.0	23.2 ± 3.0	22.7 ± 3.7	< 0.0001	0.114	0.496

SD, standard deviation; T_a , ambient temperature (°C); T_w , wet bulb temperature (°C); T_{dp} , dewpoint temperature (°C); RH, relative humidity (%); WS, wind speed (m/s); T_{bg} , black globe temperature (°C)



^aMorning: 0800-1130; afternoon: 1330-1630

^bThe microenvironmental parameters were summarized using the average of all fixed sensors (sampling frequency: 10 min)

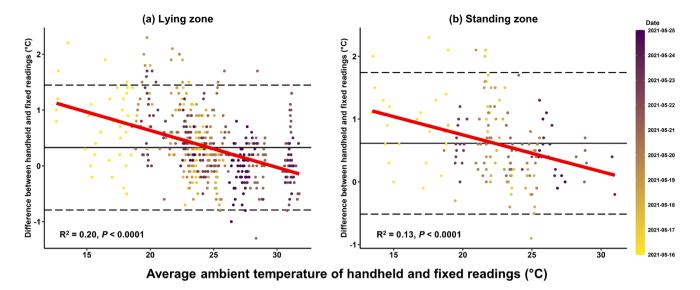


Fig. 3 A Bland–Altman plot showing the ambient temperature difference between handheld and fixed subarea readings measured at **a** the lying zone and **b** the standing zone. The limits of agreement are shown with dashed horizontal lines above and below the horizontal

solid lines indicating the mean value (95% CI of a and b: -0.8 to 1.4 and -0.5 to 1.7, respectively; mean difference of a and b: 0.3 and 0.6, respectively). Linear regression lines are shown in red

temperature performed slightly better in correlations with heat stress indicators than mean temperature.

Specifically, when using handheld sensor, six physiological indicators (RR, mean FT, maximum FT, mean ET, mean MT, and maximum MT) yielded the highest correlation with T_a (r = 0.58, 0.84, 0.81, 0.52, 0.67, 0.67, respectively, all P < 0.0001; Fig. 4a). When using fixed subarea sensor, seven physiological indicators (RR, VT, mean FT, maximum FT, mean ET, mean MT, and maximum MT) yielded the highest correlation with T_a

(r = 0.57, 0.36, 0.83, 0.79, 0.50, 0.66, 0.66, respectively, all <math>P < 0.0001; Fig. 4b).

Classification performance of heat stress indicators

The four ROC curves with the highest AUCs among 16 candidate heat stress indicators are shown in Fig. 5. When using a RR of 48 bpm (Li et at. 2020) to determine the actual heat strain state, the AUC of $T_{\rm bg}$ (0.749) was significantly higher than that of THI1 (0.725) or THI5 (0.724) (P=0.017, 0.015, respectively; Fig. 5a).

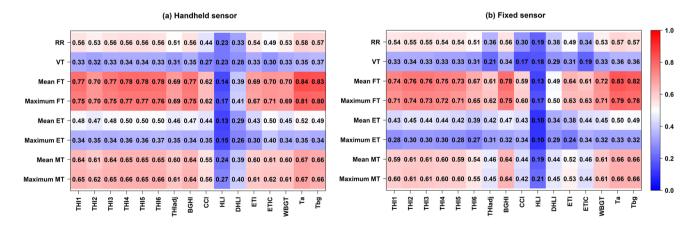
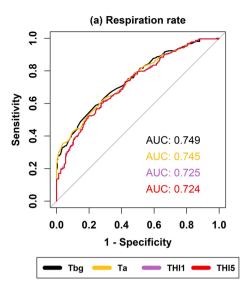


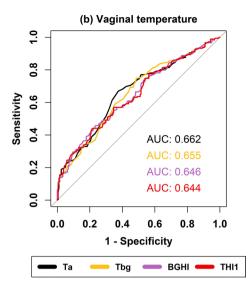
Fig. 4 Pearson correlation coefficients between heat strain indicators and heat stress indicators derived using data from **a** handheld sensor and **b** fixed subarea sensor. RR, respiration rate (breaths per min); VT, vaginal temperature (°C); FT, forehead temperature (°C); ET, eye temperature (°C); MT, muzzle temperature (°C); THI, temperature-humidity index; THI_{adj}, adjusted temperature-humidity index; BGHI, black globe-humidity index; CCI, comprehensive climate index; HLI,

heat load index; DHLI, dairy heat load index; ETI, equivalent temperature index; ETIC, equivalent temperature index for cattle; WBGT, wet bulb globe temperature (°C); $T_{\rm a}$, ambient temperature (°C); $T_{\rm bg}$, black globe temperature (°C). WBGT, $T_{\rm a}$, and $T_{\rm bg}$ were obtained directly by environmental sensors. Other thermal indices were calculated based on formulas listed in Table 1



Fig. 5 The receiver operator characteristic (ROC) curves of the four heat stress indicators with the highest area under the curve (AUC) on recognizing cows' actual heat strain states based on a respiration rate and b vaginal temperature. $T_{\rm bg}$, black globe temperature (°C); $T_{\rm a}$, ambient temperature (°C); THI, temperature-humidity index; BGHI, black globehumidity index. THIs and BGHI were calculated based on formulas listed in Table 1





Besides, T_a had the second highest AUC (0.745) which was significantly higher than that of THI1 or THI5 (P=0.036, 0.031, respectively; Fig. 5a). When using a VT of 38.6 °C (Li et at. 2020) to determine the actual heat strain state, the AUC of T_a (0.662) was the highest, and no significant difference was found among the AUCs of the best four ROC curves (all P>0.05; Fig. 5b).

Threshold development and comparison

The slopes of the segmented model for RR indicate that for every one unit increase in T_a below and above 24.4 °C, RR increased by 1.53 bpm and 3.37 bpm, respectively (Table 4). The VT was relatively stable with a slope of 0.02 when T_a was below 25.3 °C, representing the presence of a plateau period. Then, VT increased by 0.11 °C for every one unit increase in T_a when T_a exceeded 25.3 °C. Similarly, the left slopes for mean and maximum ET were fairly small of 0.02 and -0.02, respectively. Mean

Table 4 Parameter estimates (mean \pm SEM) of segmented mixed models with T_a (°C) as predictor

Heat strain indicator	Intercept	Breakpoint	Left slope	Right slope
RR	16.6 ± 4.3	24.4 ± 0.8	1.53 ± 0.19	3.37 ± 0.38
VT	38.2 ± 0.1	25.3 ± 0.6	0.02 ± 0.004	0.11 ± 0.02
Mean FT	26.1 ± 0.6	24.2 ± 0.2	0.16 ± 0.03	0.61 ± 0.03
Maximum FT	27.7 ± 0.6	24.1 ± 0.3	0.14 ± 0.03	0.54 ± 0.02
Mean ET	36.3 ± 0.4	24.6 ± 0.5	0.02 ± 0.02	0.17 ± 0.02
Maximum ET	38.0 ± 0.4	24.6 ± 0.5	-0.02 ± 0.02	0.12 ± 0.01
Mean MT	32.4 ± 0.3	25.4 ± 0.6	0.10 ± 0.01	0.30 ± 0.03
Maximum MT	33.3 ± 0.3	25.4 ± 0.8	0.11 ± 0.01	0.23 ± 0.03

SEM, standard error of the mean; T_a , ambient temperature (°C); RR, respiration rate (breaths per minute); VT, vaginal temperature (°C); FT, forehead temperature (°C); ET, eye temperature (°C); MT, muzzle temperature (°C)



and maximum ET began to increase by 0.17 °C and 0.12 °C, respectively, for every one unit increase in $T_{\rm a}$ when $T_{\rm a}$ exceeded 24.6 °C. For FT, a greater increase per unit $T_{\rm a}$ was witnessed for mean FT when $T_{\rm a}$ exceeded 24.2 °C (0.61 °C vs. 0.16 °C), and for maximum FT when $T_{\rm a}$ exceeded 24.1 °C (0.54 °C vs. 0.14 °C). For MT, a greater increase per unit $T_{\rm a}$ was witnessed for mean MT (0.30 °C vs. 0.10 °C) and maximum MT (0.23 °C vs. 0.11 °C) when $T_{\rm a}$ exceeded 25.4 °C.

A date-related color gradient was added to the fitted models to facilitate visualizing the temporal variation of $T_{\rm a}$ during this study (Fig. 6). In general, $T_{\rm a}$ increased as time went by, indicating that the changes in physiological indicators well captured the onset of heat strain in dairy cows. The comparison of the thresholds (Fig. 7) shows that maximum FT, mean FT, RR, maximum ET, mean ET, VT, mean MT, and maximum MT began to increase sequentially when $T_{\rm a}$ exceeded 24.1 °C, 24.2 °C, 24.4 °C, 24.6 °C, 25.3 °C, 25.4 °C, and 25.4 °C, respectively. The corresponding heat strain thresholds for maximum FT, mean FT, RR, maximum ET, mean ET, VT, mean MT, and maximum MT were 31.1 °C, 30.1 °C, 53.8 bpm, 37.5 °C, 36.7 °C, 38.7 °C, 35.1 °C, and 36.1 °C, respectively.

Discussion

Differences in microenvironmental parameters measured by handheld and fixed subarea sensors

The environmental parameters of different locations inside the barn are not homogeneously distributed due to the interaction of building layout and cooling measures such as ventilation and sprinkler facilities (Collier et al. 2006; Mondaca et al. 2019; Herbut 2013). Additionally, cows dissipate heat through a variety of ways, including excretion, sweating, and panting, all of which contribute to the formation of the microenvironment (Kadzere

et al. 2002; Schüller and Heuwieser 2016). In the present study, the handheld sensor recorded higher $T_{\rm a}$ and lower RH compared with the fixed subarea sensor at both lying and standing zones. This tendency is consistent with Schüller and Heuwieser (2016) who found that the $T_{\rm a}$ and RH measured using mobile loggers mounted on cows were 1.56 °C higher and 1.75% lower than measured using stationary loggers, respectively. Our results could not be directly compared numerically with the results of Schüller and Heuwieser (2016) due to the differences in barn structure, cooling measures, and measurement distance. However, closer measurement in their study (30 cm to body surface) should result in a higher temperature record to some extent.

In theory, the closer the sensor is placed to the cow, the more precisely the microenvironment the cow is exposed to may be estimated. However, microenvironmental sensors worn on cows may have some problems during long-term continuous measurement, such as being easily crushed, contaminated by feed dust, lost, and difficult to calibrate regularly, resulting in inaccurate and incomplete data. Measuring the precise microenvironment around cows in the barn is impractical unless the material and cost issues are solved. On the other hand, fixed subarea measurement is more accessible and cost-effective, since the correlations with physiological indicators were not greatly reduced. Besides, due to the combined effect of the air heated by cows rising with air pressure and the sunlight radiating downward from the roof, T_a was expected to drop first and then rise from the ground to the roof (Hempel et al. 2018). Our results show that the difference in T_a between handheld and fixed (height: 2.2 m) readings was reduced to about 0.3–0.5 °C around the threshold of heat strain, and further to almost zero when T_a increased above 30 °C, making fixed subarea readings being a reliable representative of cows' microenvironments. This also indicates that the T_a gradient became much less favorable to the cows since heat was unable to passively flow from the cow to the environment. The critical point (30 °C) is very close to the finding of Maia et al. (2005) that cattle can gain sensible heat when air temperature is close to and above 32 °C. There have been some actual cases where a series of sensors were deployed to accurately measure the microenvironmental variables of subareas and further informed the activation of local environment-controlled cooling measures (Chen and Chen 2019). By combining microenvironmental sensors with a cow perception system, local cooling equipment can be automatically turned on and off according to the presence of cows, allowing the energy to be saved and the cows to be cooled more precisely. As a result, the readings of fixed subarea sensors were used for the subsequent threshold analysis in this study.

The present study provides more information by considering the difference between lying and standing zones. No zone by source interaction was found for $T_{\rm a}$ and $T_{\rm bg}$. However, a large spatial variation of RH was found between lying and standing

zones, in which the variation was greater within the standing zone. This effect further resulted in the trending or significant interaction of other humidity-related parameters (i.e., $T_{\rm w}$ and $T_{\rm dp}$). These results are consistent with a previous study conducted in two naturally ventilated dairy barns in which the observed spatial deviations were reported to be as high as approximately $\pm 20\%$ (Hempel et al. 2018). Therefore, it is preferable to measure the lying and standing zones separately, and a single or too few sensors might be insufficient to account for these variations especially for studies focusing on the relationship between environment and animals.

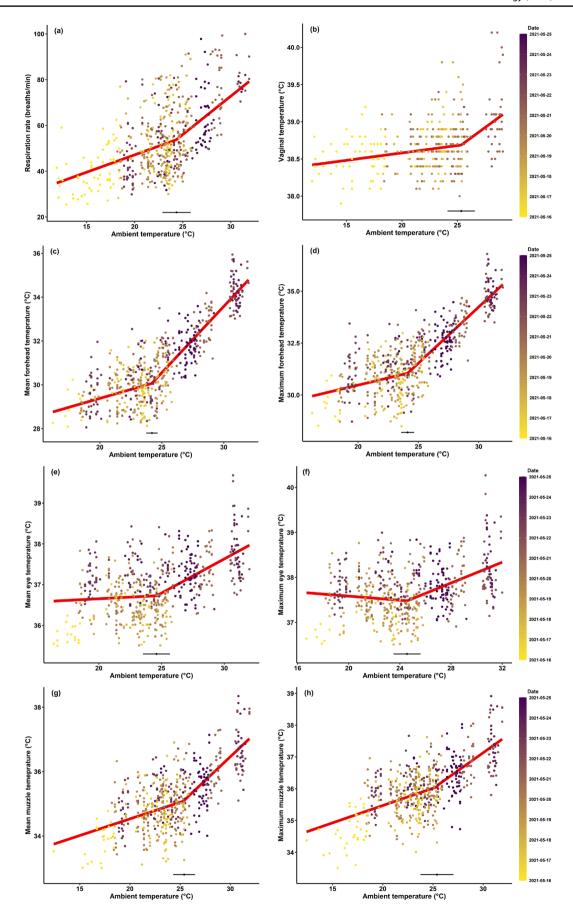
Selection of heat stress indicators

In the present study, $T_{\rm a}$ was selected as the most appropriate heat stress indicator since it had the highest correlations with most physiological heat strain indicators, the best classification performance in recognizing the actual heat strain state, and the easiest access. This is not the first study that reported $T_{\rm a}$ as an appropriate heat stress indicator for dairy cows. Similar results have been demonstrated in temperate climates (Kovács et al. 2018; Li et al. 2020; Tian et al. 2021), Mediterranean climates (Davison et al. 2020), tropical climates (Kabuga 1992; Mbuthia et al. 2021), and subtropical climates (Dikmen and Hansen 2009; Ji et al. 2020).

In this study, cows were kept in an area with a typical temperate continental monsoon climate. This kind of climate is characterized by the lack of transition throughout late spring and early summer, leaving animals with no time to adapt and suffering from acute heat strain (Carabaño et al. 2016). Therefore, this study focused on the sudden heat stress event happened in May to capture the pattern of changes in physiological heat strain indicators when cows first experienced thermal discomfort during the cycle of hot and cold climate in the same year. Our results show a huge environmental variation beginning with a sudden increase in T_a accompanied by a decrease in RH, whereas THI did not change much in the early days of this study. Therefore, T_a was dominant and RH did not play an important role in the thermal environment during this study, which might lead to T_a alone being more effective as a heat stress indicator. However, TIs encompassing RH (e.g., THI) are expected to be superior at characterizing the severity of heat stress during humid months when RH has a greater impact (Bohmanova et al. 2007).

Although more complicated TIs taking into account SR and WS have shown good performances in predicting heat strain indicators in cattle (Li et al. 2009; Wang et al. 2018; Yan et al. 2020; Hammami et al. 2013), they performed poorly in this study. This is mainly because WS and SR are less dominant in indoor settings (Li et al. 2020; Gorczyca and Gebremedhin 2020). Although electronic fans were used to facilitate air flows in this study, WS averaged 1.2 m/s only, much lower than the mean WS (5.16 m/s) where the CCI was originally developed (Mader et al. 2010). Besides, SR was zero for the majority of the time due to the protection of the double-pitched roof. The







◄Fig. 6 Observed values and predictions of segmented mixed models for a respiration rate, b vaginal temperature, c mean forehead temperature, d maximum forehead temperature, e mean eye temperature, f maximum eye temperature, g mean muzzle temperature, and h maximum muzzle temperature. 95% CI of the breakpoints are marked as a line above the x-axis

close readings of $T_{\rm a}$ and $T_{\rm bg}$ also indicate a minor effect of SR in heating indoor air temperature. Although $T_{\rm a}$ outperformed in the present study, TIs incorporating more components of thermal environment would be far more useful in grazing pastures.

Sensitivity of physiological indicators to heat stress

In this study, all physiological indicators had significant correlations with heat stress indicators, indicating good performance in reflecting the true response of cows to heat stress. Notably, ET and VT showed lower correlation coefficients with heat stress indicators compared with FT, MT, and RR, which is consistent with Peng et al. (2019). This could be due to the presence of the plateau in which ET and VT stayed relatively stable within thermoneutral conditions. To some extent, ET is in good proximity to core body temperature in terms of correlation with thermal environment, and thus could be used as an external sensor to predict core body temperature.

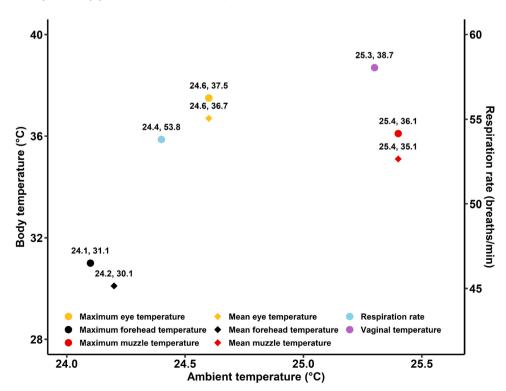
The responding sequence of heat strain indicators has been reported by previous studies. Mean FT was found to increase at lower THI compared with RT (71.4 vs. 74.1) (Peng et al. 2019). A lower THI threshold was determined in RR than RT in 139 lactating Holstein–Friesian cows (65 vs. 70) (Pinto et al.

Fig. 7 Comparison of thresholds for different physiological heat strain indicators

2020). Similarly, RR increased at lower BGHI thresholds than RT in the study by Dalcin et al. (2016) who used 38 lactating cows from different genetic groups. More recently, RR and RT thresholds were compared in 826 lactating Holstein–Friesian cows taking into account various animal-related factors (Yan et al. 2021). Their results showed that the THI thresholds for RR were consistently lower than those for RT. The temporal difference between RR and RT was determined as an hour in a climate-controlled chamber (Gaughan et al. 2000). All of this evidence indicates that increased core body temperature should be regarded as the outcome of insufficient thermoregulation instead of an early indicator.

In the present study, the responding sequence of heat strain indicators has been confirmed. By comparing $T_{\rm a}$ thresholds, FT was found to be most sensitive to heat stress, followed by RR, ET, VT, and MT. In general, peripheral body temperature, respiratory dynamics, and core body temperature sequentially react to the external stress caused by thermal environment (Shu et al. 2021). Interestingly, MT was found to have the highest $T_{\rm a}$ threshold (25.4 °C), even higher than VT (25.3 °C). We speculate that this higher threshold might be due to the combined effect of the ambient environment and the hot air exhaled from the cows' lungs. As a result, MT may tend to react to changes in the environment in a similar way that the core body temperature does. This result also points out that not all BSTs are good indicators of heat strain when earlier thresholds are expected.

The use of an early indicator allows for early detection of heat strain in dairy cows, and the corresponding threshold can support early treatment by informing the use of cooling measures. However, the selection of heat strain indicator should consider





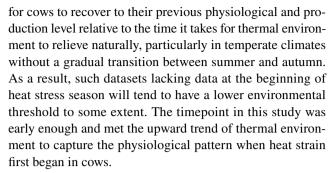
the actual situation in field. For instance, cows' surfaces are always wet when sprinklers or soakers are used during heat stress seasons, rendering most BSTs (e.g., FT and MT) useless as heat strain indicators. The ET, on the other hand, is less likely to be affected by water, but had higher $T_{\rm a}$ thresholds compared with RR. Collectively, RR is expected to be the most appropriate heat strain indicator because of its high correlation with heat stress indicators, earlier threshold, and good feasibility.

In this study, the earliest manifestation of heat strain was determined by comparing the $T_{\rm a}$ thresholds. Ideally, this should be done by looking at not only the relationship with environmental indicators, but also the time when the physiological indicators cross the thresholds. Further studies are required which measure these heat strain indicators continuously to confirm the responding sequence of heat strain indicators found in this study.

Thresholds for heat strain in dairy cows

The milk production and the determined T_a thresholds in this study were both higher than recent studies (Li et al. 2020; Ji et al. 2020), which is contrary to the consensus that high-producing dairy cows are more thermally sensitive (Collier et al. 2012). Therefore, the negative effect of increased milk yield on heat tolerance might be confounded or modified by other factors, probably the organic strategies (i.e., homegrown feed and free of antibiotics). Organic dairy farms have shown to be more tolerant to heat stress compared with traditional intensive farms due to the better adaptability of animals to environment (Blanco-Penedo et al. 2020). However, to know the effect of the conducted organic strategies, further studies are required which compare the thermal tolerance of herds reared under different strategies after controlling productivity, parity, DIM, and other influencing factors.

From a methodological point of view, there may be two reasons to explain the lower thresholds determined in some relevant studies. On the one hand, there is a spatial difference among relative studies in terms of their locations of measurement points. As discussed above, when using usual fixed measurements within a certain height, the greater horizontal distance between sensor and cow might result in lower measurement and threshold of T_a , especially when only a single fixed sensor is used (Hempel et al. 2018). On the other hand, the temporal pattern of heat stress and heat strain is often ignored. Some studies did not observe physiological indicators from the beginning of heat stress season but began their measurements from severely stressed months until the temperature dropped sufficiently (Peng et al. 2019; Yan et al. 2021). Lots of evidence has shown that dairy cows have carryover effects of heat strain in autumn (Bertocchi et al. 2014; Becker et al. 2020), and cows acclimate to having a higher physiological level after long-term exposure to heat stress (Amamou et al. 2019). Therefore, it takes longer



Since different animals began to feel thermal discomfort at different environmental conditions, the classification performance of environmental indicators in recognizing heat strain states was limited in this study. Thus, comparing the thresholds on physiological side might reveal some information for further development of heat strain detection using animal-based indicators. For BST, the determined thresholds for mean and maximum FT were 30.1 °C and 31.1 °C, respectively, which are consistent with a recent study using an identical infrared camera (30.1 °C and 30.3 °C, respectively) (Peng et al. 2019). For RR, the determined threshold was 53.8 bpm, which is very close to the study of Collier et al. (2012) where the onset of heat strain was determined at a RR of 60 bpm. For VT, our threshold (38.7 °C) is higher than a recent study using Holstein heifers (38.32 °C) (Tian et al. 2021). However, heifers should have higher body temperatures relative to lactating cows (Sartori et al. 2002). Therefore, we speculate that this difference might be due to different insertion depths or sensor accuracy (Burfeind et al. 2010).

Conclusion

In conclusion, the fixed subarea sensor is a reliable tool for measuring cows' microenvironments, and $T_{\rm a}$ seems to be an appropriate heat stress indicator in early summer when heat strain first begins in dairy cows. On the other hand, FT and RR, as well as ET, are good early indicators of heat strain in dairy cows. In practice, the use of heat strain indicators should consider the actual situation, and RR would be most appropriate in the settings equipped with evaporative cooling devices. The results of this study could be helpful to dairy practitioners in a similar organic intensive setting, allowing them to use more appropriate indicators to better detect and respond to heat strain in dairy cows.

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Declarations

Ethics approval The experimental protocols were approved by the Experimental Animal Care and Committee of Institute of Animal Sciences, Chinese Academy of Agricultural Sciences (approval number IAS2021-220).

Conflict of interest The authors declare no competing interests.

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