

The influence of surface type on the absorbed radiation by a human under hot, dry conditions

A. W. Hardin¹ · J. K. Vanos^{1,2}

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Abstract Given the predominant use of heat-retaining materials in urban areas, numerous studies have addressed the urban heat island mitigation potential of various “cool” options, such as vegetation and high-albedo surfaces. The influence of altered radiational properties of such surfaces affects not only the air temperature within a microclimate, but more importantly the interactions of long- and short-wave radiation fluxes with the human body. Minimal studies have assessed how cool surfaces affect thermal comfort via changes in absorbed radiation by a human (R_{abs}) using real-world, rather than modeled, urban field data. The purpose of the current study is to assess the changes in the absorbed radiation by a human—a critical component of human energy budget models—based on surface type on hot summer days (air temperatures >38.5 °C). Field tests were conducted using a high-end microclimate station under predominantly clear sky conditions over ten surfaces with higher sky view factors in Lubbock, Texas. Three methods were used to measure and estimate R_{abs} : a cylindrical radiation thermometer (CRT), a net radiometer, and a theoretical estimation model. Results over dry surfaces suggest that the use of high-albedo surfaces to reduce overall urban heat gain may not improve acute human thermal comfort in clear conditions due to increased reflected radiation.

Further, the use of low-cost instrumentation, such as the CRT, shows potential in quantifying radiative heat loads within urban areas at temporal scales of 5–10 min or greater, yet further research is needed. Fine-scale radiative information in urban areas can aid in the decision-making process for urban heat mitigation using non-vegetated urban surfaces, with surface type choice is dependent on the need for short-term thermal comfort, or reducing cumulative heat gain to the urban fabric.

Keywords Absorbed radiation · Urban climate · Thermal comfort · Albedo · Extreme heat · Urban heat island

Introduction

The expansion and growth of cities in conjunction with projected climate change have the potential to exacerbate urban high-temperature extremes and their associated human health risks. Challenges that cities are confronted with regarding the urban heat island (UHI) intensity—such as energy demands and heat stress vulnerabilities—are dependent on how cities expand and develop (Steeneveld et al. 2011). These challenges underline the need to understand the influence of the built environment on heat exposure at finer scales, which affects human health, well-being, and productivity in cities through thermal comfort (Theeuwes et al. 2015). The cascading effects of urbanization and adaptive demands manifest at various scales in the natural and built environment (Grimm et al. 2008), where improved observations at fine spatial and temporal scales can have valuable information for understanding these effects.

The UHI is a well-known mesoscale phenomenon caused by numerous factors related to land cover, energy use, anthropogenic heat, and the configuration and expanse

✉ J. K. Vanos
jkvanos@ucsd.edu

A. W. Hardin
Aaron.Hardin@ttu.edu

¹ Texas Tech University, Lubbock, TX 79409, USA

² Present address: University of California, San Diego, La Jolla, CA 92093, USA

of buildings, with high-heat-retaining materials collecting daytime heat and releasing it overnight (Grimmond et al. 2010; Oke 1987). While it is important to understand the meteorological differences of the ambient environment above impervious and natural surfaces, surface characteristics of radiant temperature and albedo play an important role in the absorbed radiation by a human (R_{abs}) and the total thermal stress on a person (Snir et al. 2016). For example, an asphalt versus concrete surface will result in differing total available energy, sensible heat and latent heat fluxes, and thus air temperatures, all of which influence thermal, radiant, and moisture properties of microclimates within a city (Oke et al. 1992). These microclimate variations can significantly affect the thermal comfort of humans through changes in convective and evaporative heat fluxes, and the amount of radiation absorbed by a human (Brown and Gillespie 1986; Krüger et al. 2013; Vanos et al. 2012). An understanding of these properties at a fine scale within complex urban areas is critical information to implement spatially congruent urban adaptation measures to direct UHI mitigation actions (Solís et al. 2016).

Urban dwellers are more prone to suffering from heat-related illnesses or death than those living in rural areas (Tan et al. 2010). According to the most recent National Health Statistics Report, heat-related deaths were the second leading cause of weather-related deaths between 2006 and 2010 in the USA (Berko et al. 2014). Large variations in heat vulnerability affect how humans respond and adapt to heat, due in large part to variable design, as well as socioeconomic factors such as education, poverty rates, and access to air conditioning (Harlan et al. 2006). Recent research has identified that within neighborhoods and microclimates, differences in surface temperatures and ambient characteristics can vary significantly, particularly on the warmest days (Chow et al. 2012; Vanos et al. 2016; Jenerette et al. 2015). These differences are primarily attributable to non-uniform gains in solar radiation, and have implication for human thermal comfort.

The combination of all short- and long-wave radiant fluxes in a given point location results in a mean radiant temperature (T_{mrt}) (Thorsson et al. 2007; Kenny et al. 2008), which is the most significant heat gain to urban surfaces and human heat load on warm-hot days. Therefore, accurate radiation monitoring or modeling is required for assessing the thermal environment's influence on human heat stress. Numerous models exist to estimate the energy budget of a human in a given environment (see Vanos et al. 2010; Chen et al. 2012). These models generally assess a combination of vapor pressure, air temperature, mean radiation load, and wind speed to model the energy streams of convection, evaporation, radiation, and metabolism towards and away from a human.

In situ observation to understand thermal comfort is a common area of research within Europe (e.g., Ketterer and Matzarakis 2014; Matzarakis et al. 2011; Thorsson et al. 2007) and select North American cities (e.g., Middel et al. 2014), yet such information is comparatively limited in North America. Moreover, the majority of research examining urban heat-health risks in the USA is often based on sparse standardized meteorological observations characterizing the mesoscale variation in urban climate (Kuras et al. 2015; Kuras et al. 2017), which gives little evidence of the linkages between urban form, temperature, and human health (Theeuwes et al. 2015). Probable reasons for the lack of urban microclimate evidence is due to the expensive nature of high-end meteorological stations with net radiometers, the difficulty in safely setting up stations in areas where humans prevail, and the complexity in processing the data. The current study attempts to overcome these limitations by comparing three methods of radiation prediction/measurement to test lower-cost methods over various urban surfaces during days of extreme heat. Just as these surfaces will have their own unique energy budget, the humans that stand on these surfaces will also have their own energy budget, where the major energy streams affecting a human budget (Brown and Gillespie 1986; Fanger 1970) can be quantified. Understanding the various flux components to and from a human body, specifically the influence of radiation on the human energy budget, can provide directed strategies for reducing localized heating and thus heat stress.

The current study examines radiation balances over various urban surfaces in order to estimate R_{abs} . The goal is to examine the radiational environments experienced by a human over ten common urban surfaces during high temperatures (air temperature (T_a) >38 °C) and high sky view factors (SVFs) in the semi-arid climate zone of Lubbock, Texas. We first calculate and statistically compare three methods to estimate the R_{abs} by a human in each microclimate, and second, determine the variations in radiation balances and R_{abs} over the various surfaces and how the balances (e.g., long-wave versus short-wave incoming and outgoing) affect the R_{abs} . This analysis provides quantitative information pertaining to urban heating due to radiation absorption and the subsequent impacts on the human energy budget (and thus thermal comfort) that can lead to heat stress.

Data and methods

Field tests

Microclimate data were collected using a portable weather station situated over ten surfaces on 13 days (Table 1)

Table 1 Date, surface, weather type (dry tropical - DT; moist tropical, MT), and description of each portable weather station deployment

Surface	Date	SSC	Description
Dry grass	6/29/14	DT	Open yard with short Bermuda grass.
Sand	6/30/14	DT	White sand volleyball court.
Wet grass	7/14/14	MT	Urban park in residential neighborhood with short Bermuda grass.
Asphalt	8/06/14	DT	Asphalt parking lot with no cars.
School blacktop	8/07/14	DT	Asphalt surface at elementary school.
Tennis court	8/08/14	DT	Green painted tennis court (asphalt).
Concrete	8/24/14	DT	Tan concrete roof of 4-story parking garage with no cars.
Gray roof 1	8/26/14	MT	Gray roof of 12-story building.
Gray roof 2	8/31/14	DT	Gray roof of 12-story building.
Artificial turf	9/01/14	DT	Green artificial turf with small black rubber pellets.
Green roof 1	9/02/14	DT	Tall brown switchgrass with some visible soil.
Green roof 2	9/03/14	MT	Tall brown switchgrass with some visible soil.
Green roof 3	9/04/14	MT	Short green grass with some visible dark soil.

throughout the summer months of 2014 in Lubbock, Texas (33.57° N, 101.88° W). Lubbock is situated in a semi-arid climate with mean daily maximum summer temperatures of 33.3 °C (92 °F) and predominantly clear skies. Data were generally collected from midday to the late afternoon, and thus, we performed analyses on data collected between 1300 and 1800 h local standard time to maintain consistency between days. The portable weather station (Fig. 1) consisted of an R.M. Young Model 05305 anemometer with propeller for wind speed and direction, a Campbell Scientific CNR4 net radiometer measuring incoming and outgoing long-wave and short-wave radiation, a Campbell Scientific HMP45C air temperature (T_a) and relative humidity (RH) probe, and a cylindrical radiation thermometer (CRT) measuring the radiant temperature. Data were recorded using a Campbell Scientific CR3000 micrologger at 30-s intervals.

The station was deployed when an oppressive weather type (dry tropical (DT) or moist tropical (MT); Sheridan (2002)) was forecasted to arrive, or the maximum T_a was forecasted to be at or above 100 °F. A DT weather type was present on nine of the 13 study days, with an MT weather type present on the remaining four (see Table 1). The spatial synoptic classification (SSC) provides a way to monitor commonality in weather conditions between the deployments, allowing for improved comparisons of the data given low variability in the air temperatures.

The CRT (small tan cylinder displayed in Fig. 1) is a copper cylinder (10-cm height and 1.0-cm diameter) filled with conductive epoxy with a copper-constantan thermocouple inserted in the middle. It is designed to have the representative geometry (cylinder) and radiational properties of an average clothed human (albedo of 0.39 and emissivity of 0.95) (Brown and Gillespie 1986; Kenny et al. 2008;

Fig. 1 Portable weather station over artificial turf and a green roof in Lubbock, TX



Monteith 1973). The CRT measures a value of radiant temperature that is then used to provide a value of R_{abs} (Wm^{-2}), which is an integration of the total solar and terrestrial radiation fluxes that are absorbed by a cylindrical body (Kenny et al. 2008). The CRT was designed by Brown and Gillespie (1986) and was further updated by Kryš and Brown (1990) and Kenny et al. (2008), with outdoor applications by Kenny et al. (2009a) and Vanos et al. (2012a).

Due to a HMP45C sensor malfunction, T_a and RH data from the portable station are unavailable from 8/24/14 onwards. For the dates of 8/26/14 and 8/31/14 (gray roof), the T_a and RH data were obtained from a long-term weather station (Davis Vantage Pro 2) on the same rooftop, approximately 10 m from the portable station. For the dates of 09/01/14 (artificial turf) and 09/02/14–09/04/14 (green roof), T_a and RH data were obtained from the Lubbock Weather Forecast Office (WFO) meteorological station, located approximately 2.5 km from each location. As air temperature variations across the city (16 km) were 0.5–2.0 °C based on observations at intraurban weather stations and the airport, the difference in the T_a and RH observations from the WFO to the given surface is expected to be small. Additionally, T_a and RH vary minimally across a large area and are difficult to modify with urban design due to the efficiency of wind at mixing heat and moisture, whereas the wind speed and radiation are easily modified and thus have a great impact at the microscale (Brown and Gillespie 1995).

Calculation of radiation absorbed by a human

The total radiation absorbed by a human depends on incoming short-wave radiation (K_{in}), reflected short-wave radiation (K_{up}), incoming long-wave radiation (L_{in}), and emitted long-wave radiation from the ground (L_{up}). Here, we use three different methods to calculate the R_{abs} by a human based on ambient conditions over various but common urban surfaces: (1) a theoretical estimation model (R_{est}) based on the basic principles of atmospheric radiation requiring no direct measurements, (2) horizontal short- and long-wave radiation measurements provided by the CNR4 net radiometer (R_{cnr}), and (3) a simple cylindrical radiation thermometer (R_{crt}) as in Kenny et al. (2008). The simultaneous deployment of a CNR4 and CRT offers a unique opportunity to compare methods of calculating R_{abs} in hot conditions. For each method, we model a human after a cylinder for proper geometric representation, and hence, a more accurate estimate of the absorption of short- and long-wave radiation (Brown and Gillespie 1986; Kryš and Brown 1990; Kántor and Unger 2011; Holmer et al. 2015).

This subsection is presented as follows: we first present the theoretical equations used to estimate incoming and outgoing radiation fluxes; second, we determine components of direct beam and diffuse short-wave radiation using the

CNR; third, we present the equations used to determine R_{abs} by a cylinder based on inputs from either theoretical estimations or values from CNR measurements (Eqs. 9–14); finally, we provide the calculation of R_{abs} using the CRT.

The theoretical estimation of absorbed radiation, R_{est} , first models the radiation received on a horizontal surface (Eqs. 1–8). The beam component of the solar radiation (K_b) incident on a horizontal surface is estimated as follows:

$$K_b = K_p \cos(\psi), \quad (1)$$

where K_p is the incoming direct radiation received perpendicular to the beam (Campbell and Norman 1998) and ψ is the zenith angle (°), calculated every minute.

The incoming direct irradiance received on a surface perpendicular to the beam is as follows (Campbell and Norman 1998):

$$K_p = K_o \tau^m, \quad (2)$$

where K_o is the solar constant defined as the amount of radiation hitting the top of Earth's atmosphere on a plane surface normal to the solar beam (1367 Wm^{-2}) (Oke 1987), τ is the atmospheric transmittance, and m is the optical air mass number. For zenith angles less than 80°, m can be estimated as Campbell and Norman (1998):

$$m = \frac{P_a}{101.3 \cos(\psi)}, \quad (3)$$

where P_a is atmospheric pressure (kPa). Because pressure was not directly measured, the P_a was calculated using the following equation (Campbell 1977):

$$P_a = P_o e^{\frac{-A}{8200.0}}, \quad (4)$$

where P_o is sea level pressure (101.3 kPa) and A is altitude in meters.

Transmissivity was calculated by determining the root mean square error (RMSE) (Eq. 20) between estimated K_{in} and K_{up} from the CNR4 with different ranges of τ , as in Kenny et al. (2008). The τ value with the smallest error was then chosen as the value for a given day, and hence, we have a single τ for each deployment. Values are listed in Table 2.

To estimate the incoming diffuse radiation (K_d) in the theoretical estimation model, we calculate K_d as follows (Campbell and Norman 1998; van den Brink et al. 2016):

$$K_d = 0.3(1 - \tau^m) K_o \cos(\psi). \quad (5)$$

For clear days, we also assume that $K_{\text{in}} = K_b + K_d$, and on full overcast days (June 29, 2014 in the current study), we assume $K_{\text{in}} = K_d$.

For the estimation model of absorbed radiation (i.e., R_{est}), incoming and outgoing long-wave radiation (L_{in} and L_{up}) were estimated based on a linear approximation of the dependence of full radiation on temperatures above 283 K developed by Monteith and Unsworth (1990). The equations

Table 2 Average values of T_a (°C), T_{crt} (°C), ΔT_{c-a} (°C), τ (%), wind speed V (ms⁻¹), R_{cnr} (Wm⁻²), R_{crt} (Wm⁻²), R_{est} (Wm⁻²), and energy budget (B) (Wm⁻²) for each surface. The energy budget values in parentheses signify the modeling of the given physical activity listed in the methods section ‘Energy budget analysis’

Surface	T_a	T_{crt}	ΔT_{c-a}	τ	V	R_{cnr}	R_{crt}	R_{est}	B
Dry grass	38.8	40.6	1.8	66	1.04	547.9	455.2	486.6	226.1 (398.2)
Sand	36.6	41.8	5.2	68	3.02	557.2	647.5	496.3	242.3 (440.9)
Park—moist grass	32.6	34.0	1.4	38	0.83	446.2	405.3	395.1	113.6 (152.3)
Asphalt	35.2	36.7	1.5	70	3.57	540.6	454.9	481.3	206.5
School blacktop	37.3	39.3	2.0	66	1.90	558.6	470.5	492.8	234.0 (428.3)
Tennis court	35.4	38.7	3.3	60	1.52	533.9	500.4	461.9	208.6 (315.3)
Concrete	34.7	36.6	1.9	64	2.00	549.8	457.5	504.0	220.0
Gray roof 1	33.4	35.1	1.8	56	1.15	525.9	423.6	476.1	195.1
Gray roof 2	36.2	36.8	0.6	66	1.67	558.9	405.8	492.8	230.6
Artificial turf	37.0	38.7	1.7	69	3.25	535.3	480.1	473.3	225.7 (416.7)
Green roof 1	34.4	36.5	2.1	60	1.78	503.9	456.1	474.0	175.5
Green roof 2	32.3	34.2	1.9	68	2.88	523.6	460.3	470.9	190.1
Green roof 3	30.3	31.8	1.5	65	4.25	535.3	439.4	458.8	194.2

for estimating incoming long-wave radiation (L_{in}) and outgoing long-wave radiation (L_{up}) (Wm⁻²) are as follows:

$$L_{in} = 213 + 5.5T_a \tag{6}$$

$$L_{up} = 320 + 5.2T_a. \tag{7}$$

These equations are commonly employed when only the T_a is known, and hence, they are merely used in the current analysis for the R_{est} model.

The net radiometer is considered the most reliable means of collecting radiation data because it measures both direct solar (combined beam and diffuse) sky and ground radiation (pyranometer), as well as sky and terrestrial radiation (pyrgeometers) (Brock and Richardson 2001). For the values measured by the CNR, we break up the incoming beam (direct) and diffuse (isotropic) components of the K_{in} recorded by the CNR (Monteith and Unsworth 1990). This is accomplished using the ratio of K_d/K_b and $K_d = K_{in} - K_b$ in combination with Eqs. 1, 2, and 5, giving us the following ratio (Kenny et al. 2008):

$$K_b = \frac{K_{in}}{1 + \frac{0.3(1-\tau^m)}{\tau^m}}. \tag{8}$$

For the overcast day in the CNR model, we again assume $K_{in} = K_d$.

With the four components of radiation (i.e., K_{in} , K_{up} , L_{in} , and L_{up}) estimated theoretically as provided by the above equations, or measured by the CNR, we can now make use of a mathematical interpretation to represent the amount of radiation absorbed by a human.

A vertical cylinder is typically used to model a human in a standing position (Brown and Gillespie 1986; Kryz and Brown 1990), where the view factor of the cylinder is 0.5

since any point on the cylinder can only “see” half of the sky and half of the ground hemisphere.

Using the cylinder concept, we calculate the absorbed K_b and K_d (W) as follows (Kenny et al. 2008):

$$K_{b(abs)} = (1 - \alpha_h) K_p \sin(\psi) A_{cs} \tag{9}$$

$$K_{d(abs)} = 0.5(1 - \alpha_h) K_d A_{cyl}. \tag{10}$$

where A_{cs} is the vertical cross-sectional area of the cylinder (m²) and α_h is average skin and clothing albedo (0.39). Equations 9 and 10 are summed to give $K_{in(abs)}$. Absorbed reflected radiation is calculated as follows:

$$K_{up(abs)} = 0.5(1 - \alpha_h) K_{up} A_{cyl} \tag{11}$$

$$L_{in(abs)} = 0.5\epsilon_h K_{in} A_{cyl} \tag{12}$$

$$L_{up(abs)} = 0.5\epsilon_h K_{up} A_{cyl}, \tag{13}$$

where A_{cyl} is the surface area of the cylinder and ϵ_h is the emissivity of a human (0.95). From the above, the total radiation absorbed by a human (R_{abs}), in Wm⁻², is calculated as follows (Vanos et al. 2012):

$$R_{abs} = A_{eff} \frac{K_{in(abs)} + K_{up(abs)} + L_{in(abs)} + L_{up(abs)}}{A_{cyl}}, \tag{14}$$

where A_{eff} is the effective area factor, which is 0.78 for a standing human, accounting for irregularities in the human body (Campbell and Norman 1998).

Finally, we calculate R_{abs} through the use of the CRT (R_{crt}). The R_{crt} is modeled based on the assumption that the radiation absorbed by the cylinder equals the radiation emitted by the cylinder.

The radiation absorbed by the cylinder (Wm^{-2}) is calculated as follows (Brown and Gillespie 1986):

$$R_{\text{crt}} = \epsilon\sigma(T_{\text{crt}} + 273.15)^4 + \rho C_p \frac{(T_{\text{crt}} - T_a)}{r_m}, \quad (15)$$

where ϵ is the emissivity of the cylinder (0.95), σ is the Stefan-Boltzman constant ($5.67 \times 10^{-8} \text{ Wm}^{-2} \text{ K}^{-4}$), ρC_p is the volumetric heat capacity of air ($1212 \text{ Jm}^{-3} \text{ K}^{-4}$), and T_{crt} is the temperature of the CRT ($^{\circ}\text{C}$). The resistance of the cylinder to sensible heat transfer, r_m (sm^{-1}), is determined by Kenny et al. (2008):

$$r_m = \frac{D}{ARe^n Pr^{0.33}k}, \quad (16)$$

where Re is the Reynolds number ($VD\nu^{-1}$), Pr is the Prandtl number (0.71), D is the diameter of the cylinder (0.01 m), V is the wind speed (ms^{-1}), ν is kinematic viscosity of air ($1.5 \times 10^{-5} \text{ m}^2 \text{ s}^{-1}$), k is thermal diffusivity of air ($22 \times 10^{-6} \text{ m}^2 \text{ s}^{-1}$), and A and n are empirical constants derived from experiments on heat flow from cylinders: if $Re < 4000$, $A = 0.683$, and $n = 0.466$; if $4000 < Re < 40,000$, $A = 0.193$ and $n = 0.618$; and if $Re > 40,000$, $A = 0.0266$, and $n = 0.805$ (Kreith and Black 1980). The Prandtl number is considered constant because it is independent of temperature and only heat transfer through air, not any other gas (Monteith and Unsworth 2008).

These methods have only been tested over grass in fair-weather conditions in the temperate city of Guelph, ON Canada (24.0°C) by Kenny et al. (2008), and hence, the current study provides information on the validity of the methods during extreme heat ($T_a > 100^{\circ}\text{F}$). We further compare the three methods using R_{abs} values for input into a human energy budget equation (i.e., we multiply by the A_{eff}), and hence, results are not directly comparable to that of Kenny et al. (2008).

Energy budget analysis

The human energy budget (B) was calculated over each surface using Eq. 17, summing the energy streams towards and away from the body utilizing the COMFA energy budget model (Kenny et al. 2009a; Brown and Gillespie 1986; Vanos et al. 2012a).

$$B = M + R_{\text{abs}} - E - C - L_{\text{emit}}, \quad (17)$$

where E and C are evaporative and convective heat losses, respectively, L_{emit} is long-wave emitted by the body, R_{abs} is calculated using the CNR measurements as outlined in “Calculation of radiation absorbed by a human” section, and M is metabolic heat load (Wm^{-2}). Equations used to determine each energy flux can be found in Vanos et al. (2012a), Brown and Gillespie (1986), Kenny et al. (2009a) and

Kenny et al. (2009b). We estimate the energy budget of an average human standing with a metabolic activity (M_{act}) of 87 Wm^{-2} (1.5 METs), and a clothing insulation of 0.34 clo (T-shirt, light athletic shorts, socks, shoes) (ISO9920 2007). For surfaces on which physical activity often occurs, we also estimate the B for the following sports (METs) and average activity speeds (v_a) (Ainsworth et al. 2000), with all clothing insulation set to 0.34 clo excluding football:

- Grass field: soccer (7 METs), $v_a = 3.0 \text{ ms}^{-1}$
- Sand: beach volleyball (8 METs), $v_a = 1.0 \text{ ms}^{-1}$
- Grass—park: walking (2.0 METs), $v_a = 2.0 \text{ ms}^{-1}$
- School blacktop: basketball (8.0 METs), $v_a = 3.0 \text{ ms}^{-1}$
- Artificial turf: American football (8.0 METs), $v_a = 0.3 \text{ ms}^{-1}$ (Deren et al. 2014); clothing insulation = 0.62 clo (McCullough and Kenney 2003).
- Tennis court: tennis (5.0 METs), $v_a = 2.0 \text{ ms}^{-1}$.

Statistical evaluation and sensitivity testing

Although we attempt to complete a comparison of the different surfaces on the same tropical weather type days (largely DT), we experienced four MT weather types, including one overcast MT day. Therefore, to compare the different days and surface types in terms of their radiation balance, we calculated the z -scores of the ratio of K_{in} to L_{up} and K_{in} to Q^* . This method allows for a standardized comparison between surfaces when higher K_{in} values may have caused either high L_{up} and/or high Q^* , as we only had one high-end weather station so it could not perform the direct simultaneous comparisons. Tests of linearity were performed on the relationships between K_{in} versus L_{up} , and K_{in} versus Q^* , displaying significant ($p < 0.05$) linearity and correlations ($r = 0.644$ and 0.805 , respectively).

Statistical evaluation of the three different methods to estimate the R_{abs} was carried out by using mean bias error (MBE), mean absolute deviation (MAD), and root mean square error (RMSE), calculated as follows (Kenny et al. 2008):

$$\text{MBE} = \frac{\sum R_a - R_b}{n} \quad (18)$$

$$\text{MAD} = \frac{\sum |R_a - R_b|}{n} \quad (19)$$

$$\text{RMSE} = \sqrt{\frac{\sum (R_a - R_b)^2}{n}}, \quad (20)$$

where R_a and R_b are the methods for estimating R_{abs} and n is the total number of measurements taken. All analyses and testing were completed in Python version 7.3-2 and SPSS version 24.

Results

Radiation and thermal microclimate

Table 2 presents a summary of the meteorological conditions present during each field deployment of the portable microclimate station. As the station was set up to represent a human, all values are at a height of 1.6 m for average human height. The greatest difference between the CRT temperature and T_a ($\Delta T_{c-a} = T_{crt} - T_a$) was found over the sand (5.2 °C) and tennis court (3.3 °C), which indicates that there is a higher exchange of heat via free convection from the CRT. The remaining ΔT_{c-a} values ranged from 0.6–2.1 °C, thus indicating a lower convective heat exchange from the cylinder to the air. These observations indicate that the amount of convective heat transfer between the air and cylinder plays an important role in the calculation of R_{crt} , and is discussed further in “Sensitivity testing” section.

The four fluxes of radiation and the net radiation (Q^*) for each deployment are displayed in Fig. 2. The deployment on 7/14/14 was under overcast conditions with moist grass, and although the day was very hot (MT weather type), this surface presents a significantly lower radiation budget due to the clouds. Figure 2 displays the wide range of K_{in} values between the non-overcast days (587.7–916.7 Wm^{-2}), which is primarily the result of varying minor intermittent cloud cover, and secondarily due to lower sun angles as the summer progressed (a slightly decreasing trend existed from the first (June 29) to the last deployment (Sept. 4), with 50- Wm^{-2} difference from day 1 to day 13. As we ensured high SVFs, the variation in Q^* was largely controlled by the K_{in} , with L_{up} and K_{up} also varying based on surface type, yet to a lesser extent. Due to the variability in K_{in} by day, z-scores standardized by the K_{in} are displayed for Q^* and L_{up} . The

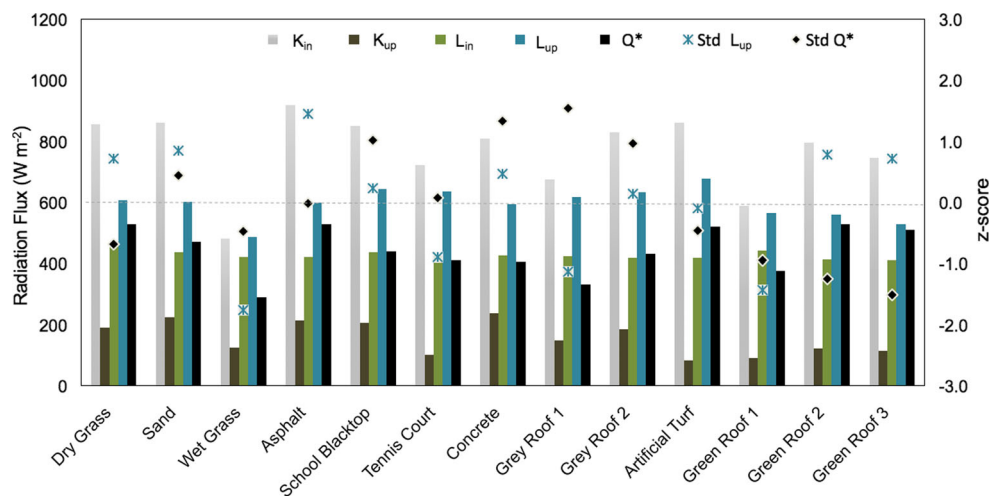
z-scores were not significantly above or below the mean, staying within ± 2.0 . The highest Q^* values after standardizing for K_{in} were over the sand, school blacktop, concrete, and both gray roof deployments. Without standardizing, we would have falsely concluded that the dry grass, artificial turf, and asphalt were the highest radiation budget (as indicated by the black bars), yet these high non-standardized Q^* values are largely due to high K_{in} . The lowest Q^* was found over wet grass and the three green roof deployments. The standardized L_{up} values were highest over asphalt, sand, and green roof deployments 2 and 3, while low L_{up} were found on gray roof 1, wet grass, the tennis court, and green roof 1.

Energy budgets calculated for a standing person over each surface were either “warm” or “hot” (+121 to +200 Wm^{-2}) (Brown and Gillespie 1986), with the vegetated roof surface resulting in the lowest energy budgets. These results align well with a similar study by Snir et al. (2016), who demonstrated a proportional relationship with vegetation and index of thermal stress in a given open location. When modeling an individual exercising, all estimates entered into the “hot” range ($>250 Wm^{-2}$) for exercising individuals (Kenny et al. 2009b). The R_{abs} had the greatest influence on the energy budget estimates until a metabolic heat load was applied, at which point the metabolic heat load was the most important factor.

Calculating radiation absorbed by a human

Values of R_{abs} were calculated using the three methods outlined in the methodology using measurements from the net radiometer (CNR) and the CRT. Average values for all three methods are presented in Table 2 along with average T_a (°C), CRT temperature (°C), ΔT_{c-a} (°C), and wind speed (ms^{-1}) over each surface.

Fig. 2 Average values of incoming solar (K_{in}), reflected solar (K_{up}), incoming long-wave (L_{in}), outgoing long-wave (L_{up}), and net radiation (Q^*) in Wm^{-2} on all surfaces. Standardized L_{in} and Q^* using z-scores are shown for comparative purposes



The R_{CNR} method is considered the most accurate method to calculate R_{abs} of those in this study because it uses direct measurements of the radiation components using advanced and high-cost research-grade instrumentation (Kenny et al. 2008). On average for all surfaces, estimates of L_{abs} ($L_{\text{up(abs)}}$ plus $L_{\text{in(abs)}}$) from the CNR accounted for approximately 70% of the overall R_{abs} , with the remaining 30% from K_{abs} (20% $K_{\text{in(abs)}}$ and 10% $K_{\text{up(abs)}}$). However, the influences of the surface on R_{abs} is controlled by outgoing variables, with moderate variation found in the $L_{\text{up(abs)}}$ between surfaces, yet considerable variation in the $K_{\text{up(abs)}}$. This finding demonstrates the importance of albedo in altering the R_{abs} by a human. The largest average R_{CNR} values occurred over the dry grass, sand, school blacktop, concrete, and the gray roof, demonstrating R_{CNR} values near or above 550 Wm^{-2} . The minimum average R_{CNR} value was found over the wet grass due to constant cloud cover and lower surface temperatures of the moist grass.

Table 3 displays the statistical comparisons between the three methods used to calculate R_{abs} . When compared to the R_{CNR} method, the CRT underestimated the R_{abs} over all surfaces, excluding the sand surface (high $\Delta T_{\text{C-a}}$ and high V). The gray roof 1 deployment had the largest error between R_{CRT} and R_{CNR} , corresponding to the lowest $\Delta T_{\text{C-a}}$ ($0.6 \text{ }^\circ\text{C}$). The deployments with an error value above 15% had minor intermittent cloud cover throughout the deployment. As demonstrated in Fig. 3, the R_{CRT} responded moderately well to the minor intermittent cloud cover during the overall clear day, yet the response is also lagged as compared to the CNR, as was highly affected by wind; both T_{CRT} and wind speed sensitivity factors are assessed alone in “Sensitivity testing” section.

Figure 3 displays the R_{abs} values for the sand and tennis court surfaces. The R_{abs} values range from 400 and 750 Wm^{-2} and peaks between 14:35 and 14:50 and at 16:50 for sand. The tennis court does not have a discernible peak in R_{CNR} because of the minor intermittent cloud cover that causes large variations in the R_{abs} values. Clouds have some effect on R_{CRT} as can be seen in the decreases in R_{CRT} that coincide with decreases in R_{CNR} . One example of this occurs at approximately 15:11 over the tennis court (Fig. 3a). When a cloud passes over, the CRT temperature decreases which lessens the amount of convective heat transfer between the cylinder and the air. R_{CRT} presents the most variability of all methods even under clear skies due to it depending on the measurements of T_{a} , T_{CRT} , and most importantly the wind speed. All deployments showed a trend of R_{CNR} and R_{est} decreasing as the sun lowers on the horizon and as a result the cylinder receives less incoming solar radiation. $K_{\text{in(abs)}}$ is the only component of R_{CNR} that decreases in the late afternoon and is responsible for this gradual dip in R_{CNR} values.

Sensitivity testing

To assess the errors between the three methods, a sensitivity analysis was performed on Eq. 15. R_{CRT} is calculated based on a complex interaction of sensible heat transfer, the resistance of the cylinder to that heat transfer, and the amount of long-wave radiation emitted by the cylinder. This analysis shows how changes in the meteorological inputs (i.e., T_{a} , T_{CRT} , and wind speed) affect the calculation of R_{abs} using the CRT and further identify suitable meteorological conditions for using the CRT. Base values for the sensitivity analysis

Table 3 Statistical evaluation of the differences in the three R_{abs} methods. RMSE (%) is the percent of the mean of two variables analyzed

Surface	MBE (Wm^{-2})	MAD (Wm^{-2})	RMSE (Wm^{-2})	RMSE (%)	% error
$R_{\text{CRT}} - R_{\text{CNR}}$					
Dry grass	−92.7	93.3	96.6	19.3	20.3
Sand	90.3	90.3	99.7	16.6	−13.9
Wet grass	−40.9	41.7	59.1	13.9	10.0
Asphalt	−85.7	85.7	88.2	17.7	18.8
School blacktop	−88.2	90.0	94.4	18.4	18.7
Tennis court	−33.5	46.6	54.2	10.5	6.6
Concrete	−91.7	91.7	94.9	18.8	20.1
Gray roof 1	−102.3	102.5	110.1	23.2	24.1
Gray roof 2	−153.0	153.0	154.1	32.0	37.7
Artificial turf	−70.5	70.5	72.0	14.0	11.5
Green roof 1	−47.8	58.5	76.3	15.9	10.4
Green roof 2	−63.3	63.3	65.9	13.4	13.7
Green roof 3	−95.8	97.1	106.0	21.8	21.7

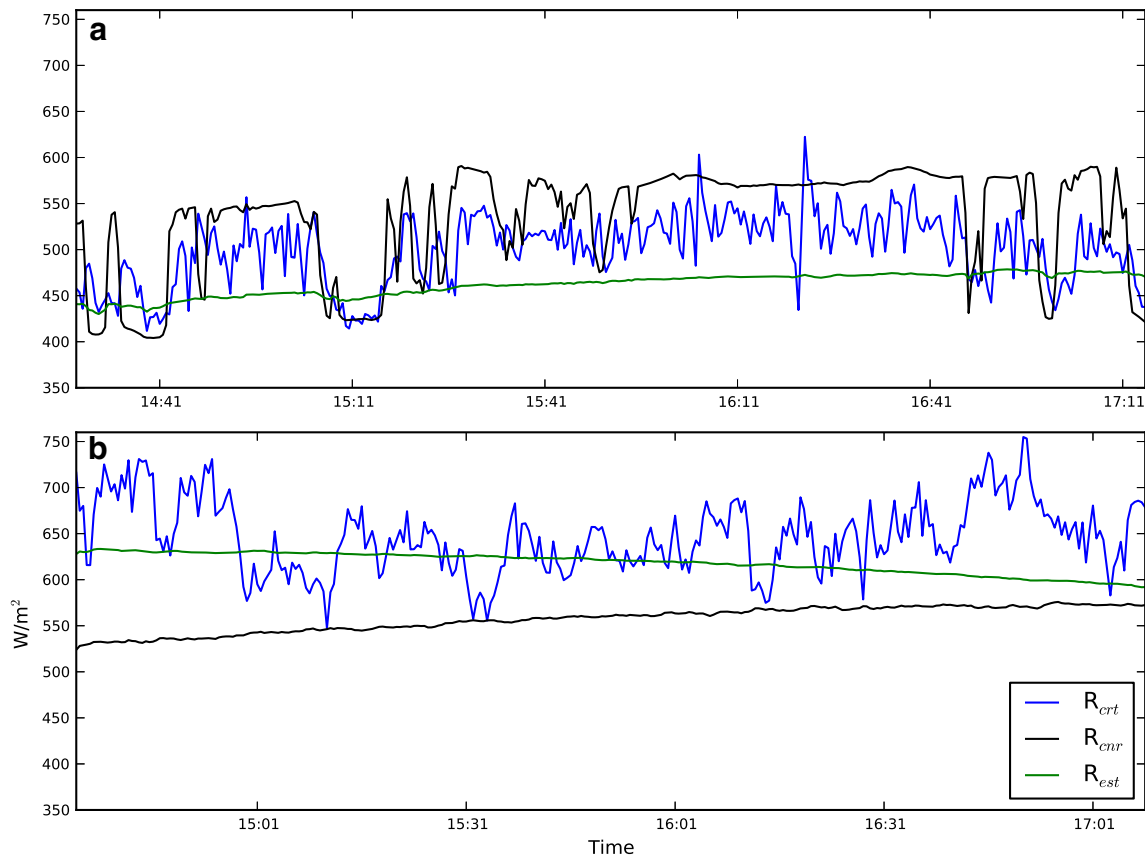


Fig. 3 Time series of R_{cnr} (black), R_{crt} (blue), and R_{est} (green) over tennis court (a) and sand (b)

were obtained by calculating the averages of all surfaces for T_{crt} , T_a , ΔT_{c-a} , r_m , and V . Each of the input variables were changed using the following ranges and increments:

- $T_a = 27\text{--}47$ °C at increments of 0.1 °C
- $T_{crt} = 27\text{--}47$ °C at increments of 0.1 °C
- $\Delta T_{c-a} = -1.0\text{--}10$ °C at increments of 0.1 °C
- $r_m = 10.0\text{--}146$ sm^{-1} at increments of 1 sm^{-1}
- $V = 0.0\text{--}10.0$ ms^{-1} at increments of 0.05 ms^{-1} .

Figure 4 displays the results of all sensitivity tests for the listed variables. Responses of T_{crt} , T_a , and ΔT_{c-a} display linearity with R_{crt} , with T_a showing an inverse relationship (Fig. 4a, b, c). With all other variables held constant, an increase in T_a of 1.0 °C resulted in a 23.8 Wm^{-2} decrease in R_{crt} due to a lower ΔT_{c-a} , and thus a lower convective term in Eq. 15, which is also shown by the similar but positive linear relationship of R_{crt} to ΔT_{c-a} in plot C. The R_{crt} was particularly sensitive to T_{crt} , where an increase of 1 °C resulted in an increase of R_{abs} by 28.8 Wm^{-2} . The T_{crt} is weighted more heavily in Eq. 15 as it is used in both terms (emitted long-wave radiation and sensible heat transfer).

The sensitivity between wind speed and r_m (Fig. 4d, e) has a largely non-linear relationship with R_{crt} , although above 2 ms^{-1} , the relationship is nearly linear (Fig. 4d).

R_{crt} is the most sensitive to wind speed between 0–1 ms^{-1} within which R_{crt} changes by 50 Wm^{-2} ; however, between 1 and 10 ms^{-1} , the R_{crt} has a step change of 14 Wm^{-2} per 1 ms^{-1} . The sensitivity analysis of R_{crt} to r_m shows a strong exponential decrease in R_{crt} with increasing resistance values (Fig. 4e). R_{crt} is the most sensitive between r_m values of 0–40 sm^{-1} where there is net change in absorbed radiation of 130 Wm^{-2} compared to a change of 30 Wm^{-2} between 40 and 146 sm^{-1} . The sensitivity of r_m to wind speed is shown in Fig. 4f, where there is a large exponential decrease in r_m between 0 and 1 ms^{-1} . This decrease has a large influence on the R_{abs} , causing a step change of 110 Wm^{-2} , whereas at wind speeds between 1 and 10 ms^{-1} , the R_{abs} varies by only 24 Wm^{-2} throughout the full range.

While both wind speed and ΔT_{c-a} modulate R_{crt} , the ΔT_{c-a} plays the larger role out of the two, and a low ΔT_{c-a} may be the cause of a higher error. For example, a decrease in ΔT_{c-a} explains 61% of the percent error results in Table 3 using linear regression, while the relationship between wind speed and percent error provided a coefficient of determination of 0.01. However, numerous other parameters affect the variables within Eq. 13, yet a higher ΔT_{c-a} directly results in less error from the R_{cnr} estimates.

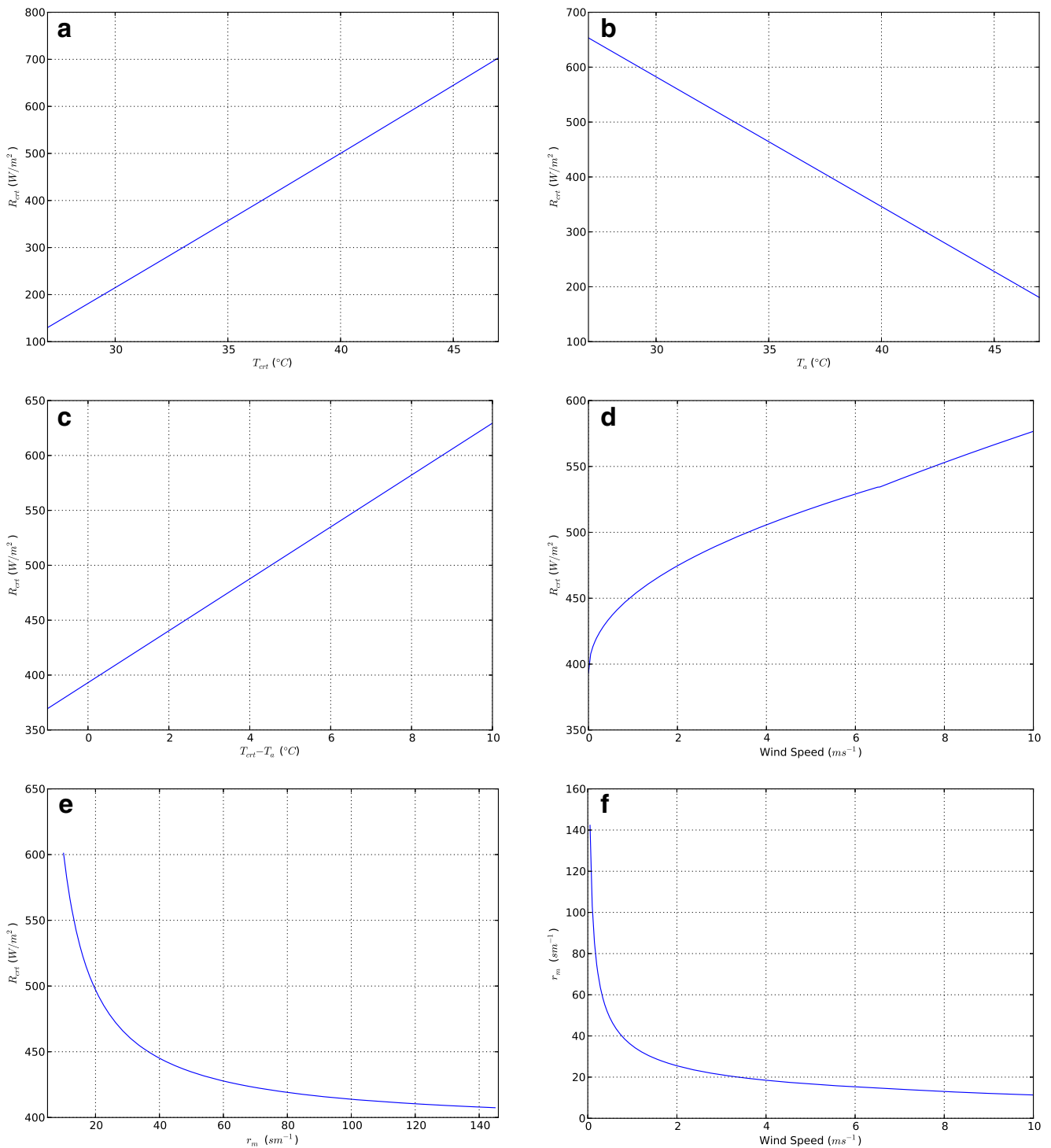


Fig. 4 Sensitivity of R_{crt} to CRT temperature (a), air temperature (b), difference between T_{crt} and T_a (c), wind speed (d), and resistance of a cylinder to heat transfer (e). Sensitivity of resistance of cylinder to wind speed (f)

Discussion

The current study examined the radiation environment and thermal energy budget experienced by a model human over ten common urban surfaces during extreme heat conditions

($T_a > 38$ $^{\circ}C$) on predominantly clear days in Lubbock, Texas, using three methods: estimation, net radiometer, and cylindrical radiation thermometer. The net radiometer provides the most accurate measurements of the four components of radiation, and hence, the most accurate R_{abs} value.

Radiative fluxes and urban heat mitigation potential

An integrated estimation of the short- and long-wave radiation fluxes into one value (such as T_{mrt} or R_{abs}) is an important parameter to use and understand when implementing UHI mitigation measures in urban and landscape planning (Matzarakis et al. 2007). Such measures often focus on reducing heat gain to the urban fabric and lowering surface temperature and sensible heat flux. The current study showed that the surface type altered the values of K_{up} and L_{up} , with a larger influence on K_{up} ; however, the decreased surface temperature from a higher albedo may be offset by increased solar radiation reflected by the surface, as also found by Erell et al. (2014). These relatively low-albedo surfaces resulted in relatively lower K_{up} values (e.g., artificial turf with a 0.09 albedo and K_{up} of 89 Wm^{-2}). However, a higher albedo increases the amount of reflected solar, and thus the K_{up} absorbed by a human. For example, we found that for surfaces with albedos >0.22 and on the clearest days ($\tau >60\%$), the average K_{up} imposed on a human was 209 Wm^{-2} , as compared to 105 Wm^{-2} on lower-albedo surfaces and clear days. However, there was minimal difference in the standardized $L_{\text{up(abs)}}$, signifying that a change in albedo has the greatest acute effect on K_{up} , which acts to increase the overall R_{abs} by a human. This increase directly causes a decline in thermal comfort, as found by Middel et al. (2016) in sunny, hot conditions.

The thermal influences of K_{up} align well with that found by Erell et al. (2014), which suggested that the reduction in albedo in canyons is not enough to offset increased radiant loads on a human in an urban environment. A recent study by Taleghani et al. (2016) also found that incorporating solar reflective cool pavements may increase the T_{mrt} based on a modeled environment, thus decreasing comfort (based on the PET model; Matzarakis et al. (2007)). Although reducing the heat absorbed into city fabric through lower albedos is an important UHI mitigation technique—particularly for overnight temperatures—it may not considerably improve human thermal comfort since the K_{up} imposed on a human increases and the L_{up} is less sensitive. It must be noted that our observations are only for high SVF conditions which are less common in cities (other than rooftops), but allow us to better understand independently how the surface type affects human thermal comfort, which differs from understanding the influence of radiation on energy usage in buildings. The current study also has strength in assessments under real-world conditions that allow the quantification of cumulative effects on the surface in direct afternoon sun (e.g., thermal inertia).

A study by Lindberg et al. (2016) also assessed the influence of ground surface on T_{mrt} using the SOLWEIG model and simultaneous observations over grass and asphalt, finding the T_{mrt} during heat-wave episodes to be higher over the

asphalt in full sunlit locations. However, there was a minimal difference in the albedos (0.16 versus 0.18 for asphalt and grass, respectively), and thus, the reduced T_{a} over the moist grass aids in reducing the heat load. Results from the current study, as well as those by Taleghani et al. (2016) and Lindberg et al. (2016), and Erell et al. (2014), demonstrate that low-albedo strategies on dry surfaces may not improve the thermal comfort as expected, and that energy partitioning into latent heat (using vegetation or water) may be a more important focus in improving thermal comfort in the daytime.

Past work by Bowler et al. (2010), Golden (2004), and Rosenzweig and Solecki (2006) show that green roofs and green areas can reduce air temperature in cities. Hot and arid locations can benefit the greatest from techniques that reduce the radiation absorbed by the urban fabric—thus reducing the R_{abs} by a human—where employing shade and/or transpirational cooling can significantly lower surface temperatures and sensible heating, thus the K_{up} and L_{up} from a surface. Effective urban greenspace (with shade and moisture) can improve the frequency and amount of active use in urban parks (Lin 2009; Thorsson et al. 2007; Thorsson et al. 2004), environmental valuation and aesthetics of a neighborhood (Knez and Thorsson 2006), as well as thermal comfort and heat stress (Ketterer and Matzarakis 2014; Vanos 2015). An example of this in the current study is demonstrated by the vegetated surfaces being much cooler than artificial turf, which was found to have the most extreme conditions at the surface (highest L_{up} of 675 Wm^{-2} , and a surface temperature of $78 \text{ }^{\circ}\text{C}$), slightly higher than that found by Snir et al. (2016). The blacktop, gray roof, and tennis court also displayed L_{up} values above 630 Wm^{-2} .

While thermal discomfort was predominant when modeling a human's heat balance based on a standing MET, heat stress was found to be a large concern based on the modeling of individuals using sport-specific metabolic activity levels and clothing inputs. In all energy budget estimations during physical activity (excluding the cloudy day), the athletes would have been entering a range of uncompensable exertional heat stress. As the given days were near heat-warning thresholds and monitoring took place midday, it is unlikely that many individuals would attempt to perform such activities. Nonetheless, the example provided here displays a method of estimating heat stress during high METs on hot days, why high MET activity should be avoided or limited, and of modeling the influence of possible design changes on thermal comfort. Such an example is also provided by Grundstein et al. (2017) for exertional heat illness in American football.

Finally, results from the current study show that green roofs, even if not fully vegetated, effectively mitigate the radiation budget of a surface (Q^*). Green roofs are a

promising cooling technique for UHI heat island mitigation and lowered energy use (Santamouris 2014). The cooling provided can be enhanced through shade; hence, a future empirical study comparing surface type impacts on the various human energy budget fluxes under both sun-exposed and shaded conditions and in canyon and open conditions is important future research.

Estimating the radiation absorbed by a human

In comparing the three methods of estimating radiation absorbed by a human, we found that the R_{crt} is largely sensitive to $\Delta T_{\text{c-a}}$ and wind speed. Percent errors between the various methods are generally acceptable within 10% of R_{cnr} (Krys and Brown 1990) as challenges exist with respect to the accurate data collection of short- and long-wave radiation measurements, with lags often present in instruments, and with the inherent difficulty in measuring all meteorological variables. The value of 10% from Krys and Brown (1990) also corresponds to a narrow range of fair weather clear conditions in short timespans, and thus, the current testing provides information on the CRT performance in a wider range of conditions with some minor intermittent cloud cover during the overall clear days. Intermittent cloud cover may introduce errors between the two methods as the cylinder has a steady state output, so there may be a delayed response of the CRT temperature to cloud cover (Kenny et al. 2008). Averaging data over 5 min prior to RMSE and percent error calculations as in Kenny et al. (2008) would greatly diminish said errors. The CNR detects and models this change at a very high temporal resolution (1 s), yet the CRT can take up to 6 min to adapt to this change, and therefore, disagreement may be present on days of intermittent clouds due to this lag in the CRT. This notion of errors due to slower response time is supported further by results showing that the $\Delta T_{\text{c-a}}$ may be a more important factor than the wind. Research is ongoing to determine the response time of the CRT, and thus, determine accurate lag corrections or averaging windows. As compared to other low-cost radiation instruments (such as the 20-min response time of the black globe thermometer; Kántor and Unger (2011)), a 4–6-min lagged time is a significant improvement for low-cost radiational monitoring. Further, measurements under non-dynamic conditions or in environments primarily composed of diffuse radiation, as presented by Krys and Brown (1990), we would also expect to find closer agreement between R_{crt} and R_{cnr} . The low errors under cloudy conditions support this finding.

Although maintaining a relatively stationary environment with no change in surface type or shade (other than intermittent clouds at times) allowed for the comparisons by surface type, direct comparisons could be accomplished with multiple high-end weather stations over the various

surfaces simultaneously; however, this would be costly. Validating low-cost solutions to monitoring the radiational environment (such as the CRT or the gray globe thermometer; Thorsson et al. (2007) and Johansson et al. (2014)) is an important future research direction to support accurate T_{mrt} and R_{abs} measurements throughout urban areas. Since the notion of using a cylinder for T_{mrt} calculations for a human was introduced, it is continually applied in observational and modeling studies by others (e.g., Erell et al. 2014; Kántor et al. 2014; Thorsson et al. 2007; Holmer et al. 2015). Further studies assessing the usefulness of such instruments in shaded and sun exposures would provide critical information on the value of shade in addition to surface selection for thermal comfort and UHI mitigation.

Conclusions

Human exposure to hot weather is an increasingly important public health concern, particularly in cities dominated by impervious materials absorbing and re-emitting high loads of radiant energy. The purpose of the current study was to assess the changes in the absorbed radiation by a human—an important component of human energy budget models—over varying urban surface types with high SVFs on hot summer days. Field tests conducted using a high-end microclimate station suggest that although high-albedo surfaces may help reduce the UHI intensity, they may not improve acute human thermal comfort due to increased reflected outgoing radiation that affects the amount of radiation a human body absorbs. Atmospheric transmissivity controls the incoming radiation and thus a large proportion of the overall R_{abs} , yet the variability of reflected radiation plays a key role in R_{abs} . A future study simultaneously assessing combinations of surface and shade types in clear conditions can better assess radiant differences under similar atmospheric conditions to evaluate the effects on R_{abs} .

To examine the potential for low-cost and less-complex measurement opportunities of R_{abs} or T_{mrt} measurements, two methods (a CRT instrument and theoretical modeling) were compared to the R_{abs} values produced using a single high-end net radiometer. Sensitivity testing of data collected at a high sampling frequency revealed that absorbed radiation by the CRT is highly sensitive to wind speed and the differential between T_{a} and T_{crt} , with the largest errors attributable to wind speeds $<2 \text{ ms}^{-1}$ and low amounts of sensible heat transfer based on $\Delta T_{\text{c-a}}$ differences. It is recommended that for further use of the CRT, data should use collection intervals or smoothed averages at 5 min or greater (as opposed to 30 s used here).

Given that an important reason for mitigating the UHI is to lessen heat stress on humans, and that radiation is

often the main contributor of heat gain to humans in hot, clear conditions, then it follows that urban design decisions can benefit from fine-scale observations of R_{abs} . However, the choice for dry heat mitigation techniques (i.e., not considering vegetation or water) is highly dependent on the combined consideration of the purpose of the space (i.e., human use or not) and timescale of its use, such as improving the short-term thermal comfort, or reducing cumulative heat gain to buildings. Gaining a fuller understanding of the various and distinct microclimates present throughout a city (i.e., rooftops and canyons), their intended use, and their radiant and thermal properties can help improve the benefits of targeted urban climate adaptation.

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