

Practical pediatric nephrology

The diagnosis of renovascular disease

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Abstract. Renovascular disease is an important cause of remediable hypertension in childhood. Specific diagnostic procedures currently available to investigate affected children include Doppler and computed duplex sonography, angiotensin converting enzyme (ACE) inhibitor sensitisation of radionuclide imaging, captopril-stimulated plasma renin activity, hypotensive responses to ACE inhibitor, renal vein renin measurements, renal angiography and magnetic resonance angiography. Carbon dioxide digital subtraction angiography and computerised tomographic and spiral angiography are also available and may play an important future role in such evaluations. Utilising this array of procedures it is usually possible to define the anatomical and functional status of the renal vasculature and be guided towards the most appropriate therapeutic manoeuvres.

Key words: Renovascular disease – Hypertension – Renin – Duplex sonography – Renography – Captopril – Angiography

Introduction

Renovascular disease, if clinically significant, usually manifests itself as hypertension, although renal arterial abnormalities can be present without an increase in blood pressure. Renovascular hypertension can be defined as hypertension resulting from a lesion (or lesions) that impairs blood flow to a part, or all, of one or both kidneys. It constitutes between 5% and 25% of cases of secondary hypertension in children [1]. In contrast, the prevalence of renovascular disease in unselected hypertensive adults is less than 1% [2]. It presents more commonly in younger

children. At paediatric centres seeing substantial numbers of hypertensive children, 8%–10% of patients referred for evaluation and treatment have renovascular disease [3–8]. It is second only to coarctation of the aorta as a cause of surgically remediable hypertension in children [9, 10]. The most common abnormality is some form of renal artery stenosis. It is of historical interest that the first published case of renovascular hypertension treated operatively was a 5.5-year-old boy in whom nephrectomy resulted in normalisation of blood pressure [11].

Causes of renovascular disease

The most common condition causing renovascular disease in childhood is fibromuscular dysplasia, which is reported in 70% of patients [9, 10, 12–15]. This is in contrast to the adult situation where 60% of cases of renovascular disease are due to atherosclerosis [15]. Fibromuscular dysplasia predominantly affects the media of the arterial wall. If the intima is the layer most involved, the term intimal hyperplasia is used to describe the appearances. The most characteristic lesions are those causing areas of arterial narrowing alternating with aneurysmal sections, giving rise to a “string of beads” appearance angiographically. The cause is unknown but it might be speculated that uncontrolled release of “growth factors” may play a part. It has been reported as a familial disorder [16] and occurs, especially with intimal hyperplasia, in association with neurofibromatosis [17–21].

Apart from the above, renal artery stenosis is seen in patients with idiopathic hypercalcaemia (William’s syndrome) [22], Marfan’s syndrome [23], the rubella syndrome [24], Takayasu’s disease [25], the Klippel-Trenaunay-Weber syndrome [26] and the Feuerstein-Mims syndrome (linear sebaceous naevus) [6]. Renovascular hypertension has also been reported associated with or following systemic vasculitis and Kawasaki disease [27–29], with renal arteriovenous fistulae [30], renal artery disruption after trauma [9], following neonatal renal artery thrombosis [31] and as a sequel to abdominal radiation [32, 33]. Rarely it is

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caused by external compression of the renal arteries by hilar lymph nodes [6] or pheochromocytoma [34]. Renal tumours, such as Wilms', may also produce hypertension by a similar mechanism, but renin secretion by the tumour may also contribute [35]. Renal artery aneurysms due to fibromuscular dysplasia or following systemic vasculitis or Kawasaki disease can be associated with hypertension [16, 29]. Aneurysmal change is also a manifestation of angiodysplasia, as seen in the Klippel-Trenaunay-Weber syndrome [26]. Renal artery stenosis also occurs post transplantation in approximately 5% of transplant recipients [8, 36].

Anatomical variations

Unilateral main renal artery stenosis may occur in childhood but it is common to see bilateral disease and intrarenal arterial involvement either in association with main artery disease or in isolation [6, 12, 37]. Intrarenal artery disease may affect one or two branch vessels or may present with extensive peripheral renal vascular involvement [9, 38]. Of 54 patients reviewed at the Hospital for Sick Children, London [6], 38 had bilateral renal arterial disease (main arteries alone in 7, main and intrarenal vessels in 13, intrarenal vessels alone in 18). Unilateral disease occurred in 16 patients (main vessels alone in 6, main and intrarenal vessels in 4, isolated intrarenal pathology in 6). Similar findings have been reported in a number of other series from major centres.

It is also well recognised that children with renovascular disease, with or without hypertension, may have extra renal arterial abnormalities, including significant pathology in the mesenteric, splenic and hepatic vessels [6, 39]. A substantial number of these individuals have neurofibromatosis type 1 [8]. Important associations with abdominal coarctation (middle aortic syndrome) [40] and intracranial arterial disease [6, 41] are seen. In the Hospital for Sick Children series, 11 of 54 patients (20%) with renovascular disease had coarctation of the abdominal aorta [6]. Of 16 with neurological symptoms who underwent cerebral angiography, 9 had intracranial arterial disease [6, 41].

Clinical features

There are no pathognomonic symptoms of renovascular disease when a child presents with hypertension. It is also apparent that a substantial number of patients have no symptoms when an increased blood pressure is detected during routine examination. In a recent review of a number of reports in the literature, 60% of children were specifically noted to have no symptoms of hypertension [42]. Clinical examination might reveal evidence of some of the syndromes associated with renovascular disease. In addition, a bruit might be identified over the abdomen, back or elsewhere that might indicate underlying vascular pathology. There are, however, limits to the clinical value of an upper abdominal bruit in identifying renal artery stenosis,

with both false-positive and false-negative findings reported [12, 14, 38, 43, 44].

Preliminary diagnostic tests

The majority of children with renovascular disease require preliminary investigations that are common to hypertension in general. When findings compatible with this cause emerge, and other aetiologies have been eliminated, it is possible to embark on specific diagnostic procedures. There are recommended investigative procedures that have been published for the evaluation of children found to be hypertensive [3, 45–48]. These will include routine measurement of plasma electrolytes and renal function, urinalysis and some measure of end organ effect, such as a two-dimensional echocardiogram. An abdominal ultrasound and a 99m technetium-dimercaptosuccinic acid (DMSA) scan give some structural and functional information concerning the kidneys. A peripheral plasma renin activity (PRA) measurement and some measure of plasma or urine catecholamines would complete this preliminary screening.

In children with renovascular disease there may be some degree of hypokalaemia due to secondary hyperaldosteronism, but renal function is usually not impaired unless there is severe renal artery involvement or accelerated hypertension. Urinalysis is usually unremarkable unless there has been "malignant" hypertensive damage to the kidney, when proteinuria and occasionally haematuria may be present. In the majority of children with renovascular hypertension, the peripheral venous PRA levels will be high [49], although approximately 15% of patients with arteriographically proven renal artery stenosis have normal values [42, 50]. It is essential that blood specimens for PRA assays are obtained under standard conditions and interpreted in relation to normal values for age [42, 50]. The refinement of angiotensin converting enzyme (ACE) challenge tests for plasma renin measurements will be dealt with subsequently.

Renal imaging in terms of simple B mode or real-time ultrasonography offers the possibility of identifying the size, shape and echotexture of both kidneys. However, in renovascular disease it is not uncommon to find that on standard ultrasonographic examination no abnormality is detectable. More refined ultrasonographic techniques may, therefore, be needed [51]. DMSA scanning may reveal evidence of renal asymmetry or patchy decreases of isotope uptake within the parenchyma in patients with renovascular disease, as well as entirely normal findings in the presence of marked pathology [51]. Various other radionuclide scanning modalities have also been used for initial screening in children with hypertension, including 99m technetium-diethylenetriamine pentaacetic acid (DTPA) [13, 42, 50]. Without ACE priming, however, only a proportion of children with arteriographically confirmed renal artery stenosis will have abnormalities detected. In the absence of radionuclide scanning facilities, the intravenous urogram utilising the rapid sequence technique may still have a place and provide information suggestive of renal artery stenosis [42]. However, it is not reliable, even with

ACE priming, and although it can supply additional anatomical information it is not recommended if other techniques are available [52].

It is also important to remember the association between renovascular disease and phaeochromocytoma. This can either be due to renal artery compression by tumour or possibly to renal haemodynamic changes as a result of catecholamine release in the vicinity of the kidney [53–56]. PRA may, therefore, be increased in the presence of a phaeochromocytoma and urine and plasma catecholamines may be increased in the presence of renovascular disease.

Specific tests for the diagnosis of renovascular hypertension

Further investigations for renovascular disease would be justified if there was no evidence of an alternative explanation for the hypertension, and if the investigative findings were compatible with a renin-dependent hypertensive state without obvious cause. Additional investigative procedures might include Doppler ultrasonography, computed duplex sonography, ACE inhibitor sensitisation of radionuclide imaging techniques, captopril-stimulated PRA, hypotensive responses to ACE inhibition, renal vein renin measurements, renal angiography, magnetic resonance angiography, carbon dioxide (CO₂) digital subtraction angiography, computerised tomographic angiography and spiral angiography [57]. How far these investigations should be taken would depend on the severity of the hypertension, the ease of pharmacological control, the age of the child and the likelihood of some therapeutic benefit arising as a result.

Doppler and computed duplex sonography

Doppler ultrasonography can be used to demonstrate changes in flow in renal arteries due to stenotic lesions [58, 59]. Computed duplex sonography can measure blood flow velocities and absolute renal blood flow volume [60]. The sensitivity and specificity of these tests for renal artery stenosis have been of the order of 84%–100% and 73%–98.5%, respectively [61–65]. However, even in experienced hands, 20% of studies are technically unsatisfactory and, hence, have limited application. Nonetheless, as a non-invasive test for initial assessment of renovascular disease and in monitoring results of corrective surgery, duplex Doppler ultrasonography has some role [61]. In the detection of renal artery stenosis in transplant patients it has been shown to be associated in the majority, but not all studies, with a high sensitivity [66–68] and a specificity of 75% [68]. In addition, Garel et al. [69] have utilised intrarenal Doppler ultrasonography in an attempt to predict curability of renovascular hypertension. They showed that a negative intrarenal Doppler ultrasound result can be predictive of cure with endovascular therapy or surgery [69]. Others have supported the use of this type of technology for identifying renal artery stenosis in native and transplanted kidneys, but emphasise its limitations. It

unquestionably diagnoses stenotic lesions only when they are severe [70].

ACE inhibitor renography

Refinements of radionuclide imaging techniques, particularly utilising ACE inhibitor sensitisation to unmask main renal artery or major branch artery stenosis, have also proved helpful in renovascular disease [52, 71–77]. These utilise the principle that a reduced renal perfusion pressure, due to renal artery stenosis, results in angiotensin 2-mediated efferent arteriolar vasoconstriction to maintain glomerular filtration rate (GFR) and that the ACE inhibition reduces this postglomerular efferent resistance. The effect of this is that the GFR distal to the stenosis is decreased and individual kidney function can be assessed non-invasively using radionuclide studies [78]. A number of radiopharmaceuticals have been used for this purpose including DTPA, ¹²³Iodine (I) and ¹³¹I-orthoiodohippurate, ^{99m}Tc-mercaptoacetyl glycyl glycyl glycine (MAG-3) and DMSA, with captopril being used most often as the ACE inhibitor [52, 77, 78]. The sensitivity and specificity rates for ACE inhibitor renography in renovascular disease of adults has been of the order of 90% [52]. Diagnostic criteria are not standardised and hence interpretation of data is complex. However, an assessment of both the scintigraphic images and the computer-generated time curves provides useful information. Utilising these data it is possible to identify patients with renovascular hypertension as well as, in some series, providing predictions on the blood pressure response following surgical or angioplastic intervention [52, 61, 77, 78].

Such techniques have mainly been utilised in adults and there are limited data in children. Minty et al. [79], however, have shown that, compared with renal angiography, captopril-primed DMSA scans gave a sensitivity of 80% and a specificity of 89% of the renal pathology being due to renovascular disease.

Captopril-stimulated PRA

Some have used the peripheral blood renin responsiveness to administered captopril as a means of diagnosing renovascular disease in hypertensive patients [52, 80]. This followed the report in 1979 by Case et al. [81] of marked increases in peripheral PRA in patients with renovascular hypertension after angiotensin blockade. There are two studies that have reported the use of this technique in children. Hamed et al. [82] concluded that it might distinguish renovascular disease from other causes of hypertension. The study of Gauthier et al. [83] found the predictive value of a positive test to be only 43% and concluded that it was not sufficiently accurate to be used as a screening test.

Hypotensive response to ACE inhibition

Instead of measuring the change induced in plasma renin levels following ACE inhibition, some have studied the

hypotensive response to captopril [84, 85]. Daman-Willems et al. [85] showed in children that a 10% fall of mean systolic blood pressure or a 15% fall of diastolic blood pressure after a single oral dose of captopril was significantly correlated with the initial PRA. They concluded that the technique did have value in screening for renin-dependent hypertension in children.

Renal vein renin measurements

Selective main and segmental renal vein renin sampling have proved valuable in paediatric practice [1, 6, 86–88]. These techniques allow lateralisation of the kidney from which renin release is occurring and identification, from the segmental veins within the renal parenchyma, of the origins of local sources of renin release. This is in contrast to the majority of papers concerning adults in which a lack of sensitivity and specificity has been reported [61]. The technique may be particularly helpful in renovascular disease in children with its high incidence of bilateral intrarenal arterial disease making for diagnostic difficulties. In addition, some predictive information concerning surgical or interventional radiological treatment can be obtained. This might be possible, for example, by demonstrating excess renin release from one kidney and lack of release from the contralateral side which, in unilateral disease, would be the normal kidney. Ratios of more than 1.5 between values in the main renal veins are considered significant and predict a positive response to surgery, especially if a ratio of less than 1.3 exists between the contralateral kidney and the low inferior vena cava value [86, 88]. This latter finding points to suppression of the less-affected or normal kidney.

However, there are a number of reasons why renal vein renin levels may fail to demonstrate lateralisation in the presence of haemodynamically significant renal artery stenosis [42]. These might include technical errors, bilateral disease and segmental artery involvement. Segmental vein sampling might overcome the last of these, but is technically challenging, especially in small children, and samples may not be precisely from the same areas affected by the arterial lesions [88]. When undertaking such studies, there needs to be careful standardisation of the technique and handling of samples, as well as a knowledge of the normal range of ratios in children without renal arterial disease [89]. Stimulation of renin release by frusemide [12] and captopril [90] have their advocates, with claims of improved accuracy, but there are some risks of change of renin release with time that can make for difficulties in interpretation.

Renal angiography

Renal vein renin studies are usually coupled with selective renal angiography [58, 86, 91], which nowadays utilises intraarterial digital methodology as opposed to conventional contrast technology [92]. This would normally involve a flush aortogram, followed by selective renal arteriography with angled views utilising non-ionic contrast

medium. It has to be stressed that this, coupled with a renal vein renin study, is a skilled, invasive and expensive investigation not to be embarked on too lightly. However, it is the definitive study and currently the “gold standard” for diagnosing renovascular disease in children. If surgical or invasive radiological treatment is being considered, it is still mandatory to precede it with angiography.

Intravenous digital angiography was heralded as a means of less invasively investigating patients with presumed renovascular pathology, but has not really lived up to expectation. Although it might demonstrate the main renal arteries, it fails to adequately visualise the major branches or the intrarenal vasculature that are so frequently affected in childhood [93, 94]. In view of the association with extra renal arterial disease, cerebral angiography is also required at times, especially in the presence of cranial bruits or neurological complications [6, 41]. Occasionally, indirect information concerning cerebral arterial pathology can be obtained by undertaking functional studies of cerebral blood flow. An example of such a technique is the 99m technetium-hexamethyl propyleneamine oxide scan, which might indicate the presence of intracranial disease [57].

Magnetic resonance angiography

Magnetic resonance angiography is full of promise in childhood renovascular disease, but awaits full evaluation. Currently, it only seems valuable in detecting pathology in the main renal artery or its major branches [95–97]. It is, therefore, a less-attractive tool in paediatric practice. It does, however, have a role in terms of defining the normality or otherwise of the major vessels, and clearly can be useful in post-transplant renal arterial stenosis [98].

CO₂ digital subtraction angiography

Other techniques may be of value in paediatric practice in due course and that involving the use of digital subtraction angiography with CO₂ as an intravascular contrast agent is a case in point [99, 100]. This has proved to be safe and clinically useful in adults, especially those with concomitant renal insufficiency or a history of iodinated contrast reaction [101–103]. It remains to be seen whether it might be applied equally safely to children.

Computerised tomographic and spiral angiography

Computerised tomographic angiography and spiral angiography also hold enormous potential for the investigation of renal arterial disease and have been utilised, to an extent, in adult practice [104–107], but much less frequently in paediatrics. Current constraints in terms of routine use centre around the requirement of a substantial contrast bolus and the interpretation of the three-dimensional images. Nonetheless, it may have a major impact in due course on our investigative procedures for childhood renovascular hypertension.

Conclusion

It can be seen that the refined diagnostic techniques currently available allow for a quite-sophisticated approach to be taken when evaluating children suspected of renovascular disease. The mainstay of this approach, however, relies on well-tried techniques, including ultrasonography, isotope scanning with and without captopril priming, peripheral and renal vein renin measurements and intraarterial digital subtraction angiography. Utilising this array of procedures, it is usually possible to define the anatomical and functional status of the renal vasculature and the kidneys and be guided into the most appropriate therapeutic manoeuvre to improve or cure the raised blood pressure. It remains to be seen if the newer investigative tools, including magnetic resonance angiography, CO₂ angiography or computerised tomographic and spiral angiography, will improve the handling of affected children and allow for more precise diagnostic information without added risk.

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Literature abstract

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Urinary IL-6/EGF ratio: a useful prognostic marker for the progression of renal damage in IgA nephropathy

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Interleukin 6 (IL-6) is produced by human mesangial and tubular cells, and its urinary levels has been proposed as a marker of mesangial proliferation and tubulointerstitial damage. Epidermal growth factor (EGF) is expressed within the Henle's loop and the distal tubule and has been shown to accelerate recovery from renal injury. In the present study we have defined renal gene and protein expression of IL-6 and EGF in 10 normal, 10 nonproliferative glomerulonephritis (NPGN) and 30 IgA nephropathy (IgAN) human kidneys by RT-PCR, in situ hybridization and immunohistochemical techniques. Moreover, urinary IL-6 and EGF levels were measured in 41 patients with IgAN and in 20 normal subjects (N). In normal kidneys, EGF was localized in Henle's loop and distal convoluted tubule whereas IL-6 was mainly located in the proximal tubule and, less, within the glomerulus. In IgAN patients, EGF was decreased whereas IL-6 expression was upregulated. These

modifications paralleled the degree of tubulointerstitial damage. Moreover, IgAN patients as a whole exhibited a reduction of EGF and an increase of IL-6 urinary concentration (EGF values: N, 12.96 ± 1.15 ; IgAN Grades 1–2, 20.05 ± 2.64 ; Grades 3–4, 7.60 ± 1.70 ; Grade 5, 3.14 ± 0.71 , ng/mg urinary creatinine. IL-6 values: N, 2.04 ± 0.51 ; IgAN Grades 1–2, 3.26 ± 0.38 ; Grades 3–4, 5.67 ± 0.92 ; Grade 5, 27.20 ± 9.70 pg/mg urinary creatinine), that correlated with the degree of histological lesions, the presence of hypertension and serum creatinine level. Interestingly, patients with the highest urinary IL-6/EGF ratio showed a worse evolution in a three year follow-up. In conclusion, our data show that: (1) renal IL-6 and EGF expression are strictly correlated to the degree of tubulointerstitial damage; and (2) urinary IL-6/EGF ratio might be a valuable prognostic marker for the progression of the renal damage in IgAN.