

# Retinoic acid enhances nephron endowment in rats exposed to maternal protein restriction

John Makrakis · Monika A. Zimanyi · M. Jane Black

Received: 15 January 2007 / Revised: 20 June 2007 / Accepted: 21 June 2007 / Published online: 12 September 2007  
© IPNA 2007

**Abstract** A reduced nephron complement at birth renders the kidney susceptible to renal disease in adulthood. Retinoic acid (RA; the active metabolite of vitamin A) is linked to nephrogenesis in vitro and in vivo. The aim of this study was to determine the effect of administration of retinoic acid in midgestation in rats on nephron endowment in offspring exposed to maternal protein restriction. Rats were fed either a normal-protein diet (NPD) or a low-protein diet (LPD) during pregnancy and lactation. Half of the dams in the LPD group were injected intraperitoneally with retinoic acid (20 mg/kg) during gestation at embryonic day 11.5. At 4 weeks of age, the offspring were anesthetized and perfusion-fixed, and nephron number estimated using unbiased stereological techniques. Body weight and kidney volume was significantly reduced in all LPD offspring. There was a significant 29% reduction in nephron number in the LPD group compared with the NPD offspring, whereas the number of nephrons in kidneys from the LPD + RA offspring was not significantly different compared with controls. In conclusion, administration of a single bolus dose of retinoic acid during midgestation restored nephron endowment to normal in offspring exposed to maternal protein restriction.

**Keywords** Vitamin A · Retinoic acid · Intrauterine growth restriction · Maternal protein restriction · Nephron endowment · Nephrogenesis · Stereology

## Introduction

Intrauterine growth restriction (IUGR) as evidenced by a low birth weight for gestational age is considered to be a predisposing factor for hypertension and renal disease [1–5]. In particular, low birth weight is thought to be a major contributing factor to the marked increase in the incidence of hypertension and renal disease in at-risk populations, such as the Australian Aborigines [5, 6].

In experimental studies, low birth weight due to IUGR results in significant reduction in the weight of many vital organs at birth, including the kidneys [7–10], and can ultimately lead to permanent abnormalities in renal structure [11, 12]. Of particular importance, IUGR often leads to reduced nephron endowment in the low-birth-weight infant [12, 13]. This may have serious clinical implications later in life, as nephrogenesis in humans is complete at birth [14], with no new nephrons formed after this time. Thus, whereas low-birth-weight infants may have postnatal catch-up growth, the nephrons of the kidney can only enlarge. In rodents, nephrogenesis is completed a few days after birth, with a full complement of nephrons developed by postnatal day 10 in rats [15]. Previously in our laboratory, we have shown that maternal protein restriction during pregnancy and lactation in rats leads to about a 30% reduction in nephron endowment in the offspring [16]. Other laboratories report similar findings in other similar models of IUGR [8, 17, 18].

Congenital reduction in nephron endowment at birth has been linked to the development of hypertension later in life [19]. Although recent experimental studies from our laboratory demonstrate that reduction in nephron endowment does not necessarily lead to hypertension in adulthood (due to adequate compensatory hypertrophy) [20, 21], we and others have recently shown that a congenital nephron

J. Makrakis · M. A. Zimanyi · M. J. Black (✉)  
Department of Anatomy & Cell Biology, Monash University,  
Post Office Box 13C,  
Melbourne, VIC 3800, Australia  
e-mail: jane.black@med.monash.edu.au

deficit renders the kidney susceptible to subsequent postnatal renal insults [22, 23], and therefore it is imperative to maximize nephron endowment at birth. In this regard, there have been a number of studies linking vitamin A acting via the c-ret receptor, with the stimulation of nephrogenesis in the fetal kidney [24–29]. For instance, Lelievre-Pegorier et al. [25] showed that nephron endowment in the fetus is linearly correlated with circulating vitamin A levels, with a 50% reduction in circulating vitamin A in the fetus resulting in a 20% reduction in nephron endowment. Interestingly, a single injection of retinoic acid (RA) (the active metabolite of vitamin A) to a control group of pregnant rats at midgestation can lead to supernumerary nephron endowment in the kidneys of the offspring [25]. Hence, the aim of our study was to determine whether administration of RA during midgestation can restore nephron endowment in offspring exposed to maternal protein restriction to a level similar to that of control offspring.

## Methods

### Animals

Female and male Wistar Kyoto (WKY) breeder rats (at 12 and 10 weeks of age, respectively) were obtained from the Australian Resource Centre, Perth. The female rats were divided into three experimental groups: a control normal-protein-diet group (NPD), a low-protein-diet group (LPD) and a low-protein-diet-plus-retinoic-acid group (LPD + RA). The dietary regimes and the protocol for administering the RA are described in the next section. To generate the offspring used in this study, the dams were time-mated. To do this, the female rats were identified as being in estrous by vaginal smears. The male rat was then placed into the cage with the female and taken out the following morning. This was then considered as day 0.5 of gestation in the offspring, following confirmation of vaginal sperm in the dams. The dams were housed individually throughout pregnancy and maintained at an ambient temperature of 21°C. Food and water were administered ad libitum. At postnatal day 2, litters were reduced to eight pups. In reducing the litters, the pups that appeared to be runts of the litter were culled, and the remainder to be culled was randomly selected. At 4 weeks of age, the offspring (male and female) were assigned a number and randomly chosen for kidney analyses ( $n=7$  or 8 per group). It has previously been shown that there is no difference between the number of nephrons in male and female offspring [30, 31]. All animal experiments were approved by the Monash University, Biochemistry, Anatomy and Microbiology Animal Ethics Committee, and treatment and care of the animals

conformed to the Australian Code of Practice for the Care and Use of Animals for Scientific Purposes.

### Administration of diets and retinoic acid

The female breeder rats were fed either an LPD (8.7% casein) or an NPD (20% casein) for 2 weeks prior to mating, during pregnancy, and for 4 weeks postpartum [21, 32]. The dams were maintained on the diets during lactation, as nephrogenesis is not complete in the rat until postnatal day 10 [15]. The semipurified diets (obtained from Glenn Forest Stockfeeders, Perth) differed only in their starch and casein content (see Table 1) [21, 32]. The amount of vitamin A in the diet did not differ between the LPD and NPD diets (Table 1).

All trans retinyl acetate (Sigma-Aldrich, Irvine, UK) (at a melting point of 58°C) was dissolved in corn oil to make a stock solution of 1 g/10 ml. Each female breeder rat in the LPD + RA group received an intraperitoneal injection of RA from the stock solution at a dose of 20 mg/kg on embryonic day 11.5 [25]. It must be kept in mind when designing strategies utilizing vitamin A supplementation during pregnancy that both low and high doses of vitamin A can be teratogenic [33, 34]. A pilot study was initially undertaken to confirm that the dose of RA administered to the pregnant rats raised serum vitamin A levels but was not teratogenic to the fetuses. In the pilot study, vitamin A levels in the pregnant dams were not affected by the administration of the LPD diet.

The dams from the NPD and LPD groups were injected intraperitoneally with corn oil vehicle, at a similar amount per body weight, at the same time point (embryonic day 11.5) in pregnancy. At 4 weeks of age (the time of weaning), the offspring were anesthetized and perfusion-fixed with 4% paraformaldehyde in a 0.1 molar phosphate buffer at a pressure of 100 mmHg. Prior to perfusion fixation, both heparin sodium (500 U in 0.1 ml IV) to reduce blood clotting and papaverine hydrochloride

**Table 1** Composition of semipurified diets fed to dams during pregnancy

| Diet Composition (% by weight) | Low-protein diet (LPD) | Normal-protein diet (NPD) |
|--------------------------------|------------------------|---------------------------|
| Casein (acid)                  | 8.7                    | 20                        |
| Sucrose                        | 10                     | 10                        |
| Starch (total)                 | 64.41                  | 53.11                     |
| Cellulose                      | 5                      | 5                         |
| Safflower oil                  | 7                      | 7                         |
| Methionine                     | 0.14                   | 0.14                      |
| Minerals (AIN_93_G)            | 3.5                    | 3.5                       |
| Vitamins (AIN_93_G)            | 1                      | 1                         |
| Choline Chloride 50% w/w       | 0.25                   | 0.25                      |

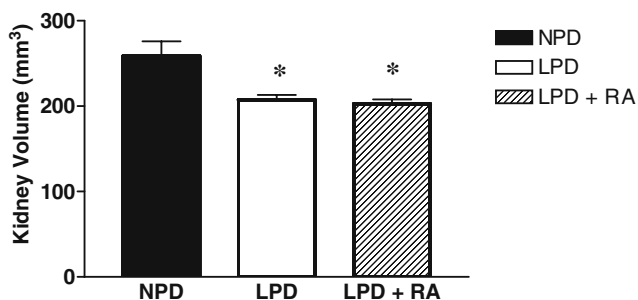
(1.2 mg in 0.1 ml) to dilate the vasculature were administered intraperitoneally [21]. On completion of fixation, the right kidneys were excised, decapsulated, assigned an experimental number, and stored in 10% buffered formalin.

Stereological estimation of kidney volume, nephron number, and glomerular size

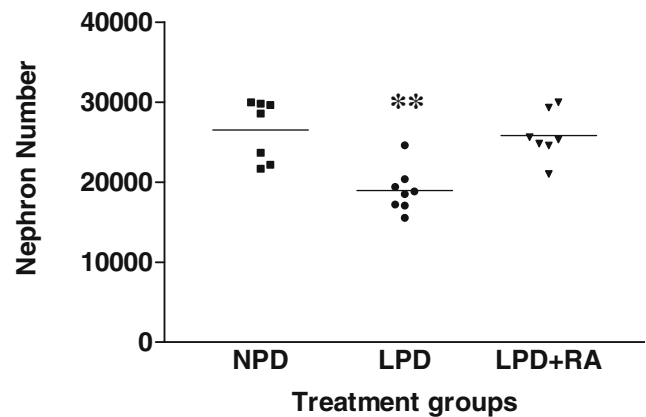
Perfusion-fixed right kidneys ( $n=7$  or  $8$  per group) were sliced at 1 mm in the horizontal plane using a razor blade slicing device. Kidney slices were dehydrated through graded alcohols and embedded in glycolmethacrylate. The blocks were exhaustively sectioned at 20  $\mu\text{m}$ . Every tenth (sampled section) and 11th (look-up section) were collected (with the first section between one and ten chosen at random), and stained with haematoxylin and eosin. The sampled sections (every tenth section) were projected onto a microfiche screen, an orthogonal grid was superimposed, and the volume of the kidney was estimated using the Cavalieri principle [35]. The number of glomeruli (and thereby nephrons) was determined using a physical disector/fractionator stereological approach. The numerical density, which is the number of nephrons per volume of kidney tissue, was also determined. These stereological methods are routine in our laboratory and have been described in detail previously [20, 36]. Also, using unbiased stereological techniques, mean glomerular and renal corpuscle volumes were determined as previously described [20, 36]

Statistical analysis

Data were analyzed using Graphpad Prism version 3.00 (Graphpad Software, USA). Prior to statistical analysis, all data were tested for normality and found to be normally distributed. Data were then analyzed using a one-way analysis of variance (ANOVA) followed by a Bonferroni



**Fig. 1** Kidney volume at 4 weeks of age in the normal-protein diet (NPD) rats (solid bars;  $n=7$ ), low-protein diet (LPD) rats (clear bars;  $n=8$ ), and LPD + RA (haiched bars;  $n=7$ ) offspring. Values are mean  $\pm$  standard error of the mean (SEM). \*  $p<0.01$  compared with NPD control offspring



**Fig. 2** Total nephron number per kidney at 4 weeks of age in offspring from the normal-protein diet (NPD) (■) ( $n=7$ ), low-protein diet (LPD) (●) ( $n=8$ ), and LPD + retinoic acid (RA) (▼) ( $n=7$ ) offspring. Data points represent individual animals, and the lines represent the mean number of glomeruli. \*\* $p<0.001$  compared with the NPD and LPD + RA groups

post hoc test. Results are expressed as means  $\pm$  standard error of the mean (SEM). Statistical significance was considered as a  $p$  value  $\leq 0.05$ .

## Results

### Body weights of offspring

At termination of the experiment (4 weeks of age), there was a marked reduction in body weight in all offspring exposed to maternal protein restriction during pregnancy and lactation. Mean body weights averaged  $61.3 \pm 4.3$  g in the NPD group, whereas mean body weights averaged  $50.4 \pm 1.5$  g in the LPD group and  $51.7 \pm 0.9$  g in the LPD + RA group. In accordance with the body-weight data at 4 weeks of age, kidney size was significantly lower in the LPD and LPD + RA groups compared with the NPD controls (Fig. 1). There was no statistical difference in kidney volumes between the LPD and LPD + RA groups (Fig. 1). When adjusted for body weight, there was no significant difference in the kidney volume-to-body weight ratio between groups (NPD:  $4.14 \pm 0.24$  mm<sup>3</sup>/g; LPD:  $4.37 \pm 0.22$  mm<sup>3</sup>/g; LPD+RA:  $4.05 \pm 0.14$  mm<sup>3</sup>/g).

### Total nephron number

At 4 weeks of age, there were significantly fewer ( $p<0.001$ ) glomeruli (and thereby nephrons) in the kidneys of the LPD offspring compared with the NPD and LPD + RA offspring (Fig. 2). The LPD offspring had approximately 29% fewer glomeruli than the NPD offspring and 22% fewer nephrons than the LPD + RA offspring. Interestingly, there was no difference in nephron number between the NPD group and

**Table 2** Stereological estimates of the numerical density of glomeruli (number of glomeruli per volume of kidney tissue) and glomerular and renal corpuscle volumes in the normal-protein diet (NPD), low-protein diet (LPD), and LPD + retinoic acid (RA) groups

|   | NPD ( <i>n</i> =7) | LPD ( <i>n</i> =8) | LPD+RA ( <i>n</i> =7) |
|---|--------------------|--------------------|-----------------------|
| Number of glomeruli / mm <sup>3</sup>                       | 101±10             | 101±13             | 128±7*                |
| Glomerular volume (×10 <sup>-4</sup> mm <sup>3</sup> )      | 2.94±0.27          | 3.29±0.30          | 2.42±0.11             |
| Renal corpuscle volume (×10 <sup>-4</sup> mm <sup>3</sup> ) | 3.53±0.36          | 3.69±0.34          | 2.92±0.15             |

\**p*<0.001 compared with the NPD and LPD groups

the LPD + RA group. As a consequence, there was a significant increase (*p*<0.001) in the numerical density of nephrons (number of nephrons per volume) in the kidneys of the LPD + RA offspring when compared with the NPD and LPD groups (Table 2).

Microscopically, the kidney morphology looked similar between the groups; however, the increased density of glomeruli was apparent in the cortex of the kidneys from the LPD + RA group (Fig. 3).

#### Glomerular and renal corpuscle volume

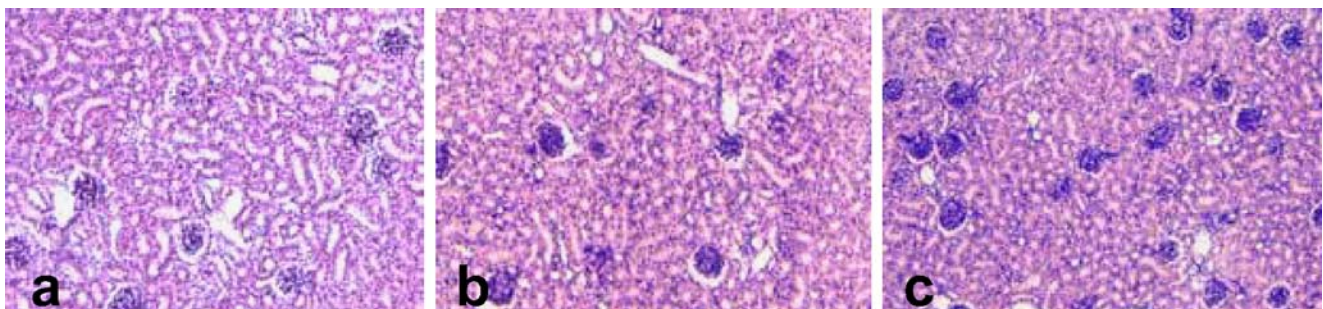
Mean glomerular and renal corpuscle volumes are shown in Table 2. There was no statistical difference in mean glomerular volume or mean renal corpuscle volume in kidneys from the NPD, LPD, and LPD + RA offspring. However, it is to be noted that in the kidneys of the LPD group, where there were fewer nephrons compared with the other groups, there was a trend for glomerular volume to be enlarged, but this just failed to reach statistical significance (*p*=0.0706).

#### Discussion

In this study, offspring exposed to maternal protein restriction during pregnancy and lactation had a significantly reduced body weight, kidney size, and nephron endowment at weaning. Importantly, administration of a bolus dose of RA at embryonic day 11.5 was able to restore

nephron endowment to normal in offspring exposed to maternal protein restriction without affecting body weight or kidney size, such that the number of nephrons per volume of kidney tissue was increased in these animals above that seen in the kidneys of control NPD offspring.

There have been several studies both in vivo and in vitro demonstrating a stimulatory effect of RA on nephrogenesis [24–29]. The findings of the study reported here support this concept. Importantly, administration of RA during pregnancy led to an increase in the number of nephrons per mm<sup>3</sup> of kidney tissue above that found in control kidneys. This is an interesting finding, as in a recent study in our laboratory, we found that the main determinant of nephron number during normal gestation is kidney size [37]. In that study in baboons, we found a remarkably strong correlation between kidney weight and nephron number ( $R^2=0.917$ , *p*=0.0002) and kidney volume and nephron number ( $R^2=0.837$ , *p*=0.001). Strong correlations between kidney size and nephron endowment have also been described in human kidneys [38]. Hence, the findings of the study reported here indicate that administration of RA during pregnancy, early in gestation, is able to stimulate nephrogenesis per volume of kidney tissue over and above control levels. In support of our results, similar findings have also been described in the offspring of Sprague-Dawley rats that were fed a normal-chow diet during pregnancy and administered a bolus dose of RA also at embryonic day 11.5 [25]. The kidneys of those offspring also had supernumerary nephron endowment and an increased density of nephrons within the kidneys when compared



**Fig. 3** Representative light micrographs of the renal cortex in **a** normal-protein diet (NPD), **b** low-protein diet (LPD), and **c** LPD + retinoic acid (RA) groups. There was an observable increase in

glomerular density in the renal cortex in the LPD + RA group compared with the NPD and LPD groups

with control offspring. In that study by Lelievre-Pegorier et al. [25], administration of RA during pregnancy appeared to retard postnatal growth of the offspring, with body weights and kidney weights significantly reduced at postnatal day 14. However, in our study, postnatal growth did not appear to be affected by the administration of RA during fetal development. Body weights of the LPD + RA offspring were reduced compared with controls, but this appeared to be the result of maternal protein restriction, with body weights at 4 weeks of age significantly reduced in all offspring exposed to maternal protein restriction. There was no difference in body weights between the LPD and LPD + RA treatment groups.

The mechanisms by which RA stimulates nephrogenesis are not fully understood. In renal development, the formation of nephrons within the metanephros (the permanent kidney) commences when the ureteric bud invades the metanephric mesenchyme, with signals from the metanephric mesenchyme causing the ureteric bud to grow and undergo branching. Reciprocal signals from the ureteric bud then stimulate the metanephric mesenchyme to differentiate and form nephrons at the tips of the ureteric branches [39–41]. Studies from Merlet-Benichou's laboratory suggest that RA mediates its effects on nephrogenesis by stimulating ureteric branching morphogenesis [24, 26]. These investigators suggest that the likely molecular candidate mediating these early nephrogenic effects is glial-cell-line-derived neurotrophic factor (GDNF), acting via its cell-surface receptor GDNF- $\alpha$  and subsequently activating the receptor tyrosine kinase c-ret [25]. Upregulation of c-ret is known to lead to increased branching morphogenesis of the ureteric bud and in turn enhance nephron formation [42, 43], and findings from Mendelsohn's laboratory support the concept that vitamin A stimulates branching morphogenesis through c-ret [27, 29]. In embryonic kidney cultures, Moreau et al. demonstrated that RA leads to upregulation of c-ret expression, thus linking increased c-ret expression with the enhanced nephrogenesis [26]. Interestingly, this c-ret gene expression in cultured metanephroi is up-regulated by addition of RA in a dose-dependent manner, whereas GDNF gene expression remained unchanged [26].

Alternatively, administration of RA may mediate its effects on nephrogenesis via stimulation of the metanephric mesenchyme. In this regard, Welham et al. [44] reported an increase in apoptotic nuclei in the metanephric mesenchyme of the developing kidneys of rat offspring exposed to maternal protein restriction. Thus, their findings suggest that the reduced nephron formation in LPD offspring may be the consequence of reduced numbers of nephron precursor cells and/or loss of supportive interstitial precursors. Hence, if this is the case, an alternative explanation for our findings in this study is that administration of RA

during pregnancy is able to prevent the increase in cellular apoptosis in the metanephric mesenchyme as a result of maternal protein restriction. Whether administration of RA acts to directly rectify mechanisms leading to impaired nephrogenesis as a result of maternal protein restriction or whether it acts via an independent mechanism could not be determined. The administration of RA to the NPD control dams would help to elucidate this. Clearly, further studies are required to elucidate the molecular mechanisms leading to the stimulation of nephrogenesis. The results from our study demonstrate that this is an ideal animal model in which to undertake such studies, and the addition of an NPD + RA group would be beneficial.

No doubt the timing of administration of RA during pregnancy is likely to influence the degree to which nephrogenesis is affected. In culture, it has been shown that the response to RA is significantly greater in embryonic kidneys derived from 13-day-old embryos compared with 14-day-old embryos [24]. In support of very early time points being critical for nephron endowment, studies by Wintour et al. [45] showed that dexamethasone administered to the sheep fetus at a mean age of 27 days' gestation (term, 147 days) results in the sheep fetus having a low glomerular number (approximately 60% of that in control animals). Interestingly, at that early time point in the fetal lamb kidney, the ureteric bud has only just begun to invade the metanephric mesenchyme [46]. Taken together with the findings of our study, it is clearly evident that adverse or stimulatory triggers very early or just prior to the onset of nephrogenesis can have marked effects on nephron endowment at birth. Whether RA administration can also stimulate nephrogenesis at a time point late in gestation when nephrogenesis is well advanced or nearing completion is unknown and is important to determine in future studies.

In this study, we did not measure blood pressure or assess renal function in the offspring. We would expect, based on our previous findings [21], that blood pressure and renal function would not be different between offspring from the different groups at 5 weeks of age, even though nephron endowment is different. However, our recent findings [22] suggest that by restoring nephron endowment in LPD offspring that this would lead to a reduction in the relative risk of renal disease in adulthood. Further studies are required to determine whether this is the case.

In conclusion, this study demonstrated that RA is able to stimulate nephrogenesis in the IUGR fetus exposed to maternal protein restriction, thus restoring nephron endowment to levels similar to the non-growth-restricted fetus. However, as RA can be teratogenic at high doses, we do not advocate that RA be administered during pregnancy to women at risk of giving birth to a low birth

weight infant. Instead, we propose that by using this experimental model, downstream molecules following RA stimulation of nephrogenesis can be identified, which may then provide subsequent therapeutic targets.

## References

- Barker DJ, Osmond C, Golding J, Kuh D, Wadsworth ME (1989) Growth in utero, blood pressure in childhood and adult life, and mortality from cardiovascular disease. *BMJ* 298:564–567
- Barker DJ, Winter PD, Osmond C, Margetts B, Simmonds SJ (1989) Weight in infancy and death from ischaemic heart disease. *Lancet* 2:577–580
- Lackland DT, Egan BM, Fan ZL, Syddall HE (2001) Low birth weight contributes to the excess prevalence of end-stage renal disease in African Americans. *J Clin Hypertens* 3:29–31
- Luyckx VA, Brenner BM (2005) Low birth weight, nephron number and kidney disease. *Kidney Int (Suppl)* 97:S68–S77
- Hoy WE, Rees M, Kile E, Mathews JD, Wang Z (1999) A new dimension to the Barker hypothesis: low birth weight and susceptibility to renal disease. *Kidney Int* 56:1072–1077
- Thomas M (2005) Deprivation and dialysis: pathways to kidney failure in Australian Aborigines. *Adv Chronic Kidney Dis* 12:84–87
- Goldstein RS, Hook JB, Bond JT (1979) The effects of maternal protein deprivation on renal development and function in neonatal rats. *J Nutr* 109:949–957
- Merlet-Benichou C, Gilbert T, Muffat-Joly M, Lelievre-Pegorier M, Leroy B (1994) Intrauterine growth retardation leads to a permanent nephron deficit in the rat. *Pediatr Nephrol* 8:175–180
- Langley-Evans SC, Welham SJ, Sherman RC, Jackson AA (1996) Weanling rats exposed to maternal low-protein diets during discrete periods of gestation exhibit differing severity of hypertension. *Clin Sci* 91:607–615
- Langley-Evans SC (1997) Maternal carbenoxolone treatment lowers birthweight and induces hypertension in the offspring of rats fed a protein-replete diet. *Clin Sci* 93:423–429
- Allen LH, Zeman FJ (1973) Influence of increased postnatal nutrient intake on kidney cellular development in progeny of protein-deficient rats. *J Nutr* 103:929–936
- Hinchliffe SA, Lynch MR, Sargent PH, Howard CV, Van Velzen D (1992) The effect of intrauterine growth retardation on the development of renal nephrons. *Br J Obstet Gynaecol* 99:296–301
- Merlet-Benichou C, Vilar J, Lelievre-Pegorier M, Moreau E, Gilbert T (1997) Fetal nephron mass: its control and deficit. *Adv Nephrol Necker Hosp* 26:19–45
- Hinchliffe SA, Sargent PH, Howard CV, Chan YF, Van Velzen D (1991) Human intrauterine renal growth expressed in absolute number of glomeruli assessed by the disector method and Cavalieri principle. *Lab Invest* 64:777–784
- Larsson L, Aperia A, Wilton P (1980) Effect of normal development on compensatory renal growth. *Kidney Int* 18:29–35
- Zimanyi MA, Bertram JF, Black MJ (2000) Nephron number in the offspring of rats fed a low protein diet during pregnancy. *Image Anal Stereol* 19:219–222
- Langley-Evans SC, Welham SJ, Jackson AA (1999) Fetal exposure to a maternal low protein diet impairs nephrogenesis and promotes hypertension in the rat. *Life Sci* 64:965–974
- Gilbert JS, Lang AL, Grant AR, Nijland MJ (2005) Maternal nutrient restriction in sheep: hypertension and decreased nephron number in offspring at 9 months of age. *J Physiol* 565:137–147
- Brenner BM, Garcia DL, Anderson S (1988) Glomeruli and blood pressure: less of one, more of the other? *Am J Hypertens* 1:335–347
- Black MJ, Briscoe TA, Constantinou M, Kett MM, Bertram JF (2004) Is there an association between level of adult blood pressure and nephron number or renal filtration surface area? *Kidney Int* 65:582–588
- Zimanyi MA, Bertram JF, Black MJ (2004) Does a nephron deficit in rats predispose to salt-sensitive hypertension? *Kidney Blood Press Res* 27:239–247
- Zimanyi MA, Denton KM, Forbes JM, Thallas-Bonke V, Thomas MC, Poon F, Black MJ (2006) Developmental nephron deficit is associated with increased susceptibility to secondary renal injury due to advanced glycation end-products (AGEs). *Diabetologia* 49:801–810
- Plank C, Ostreicher I, Hartner A, Marek I, Struwe FG, Amann K, Hilgers KF, Rascher W, Dotsch J (2006) Intrauterine growth retardation aggravates the course of acute mesangioproliferative glomerulonephritis in the rat. *Kidney Int* 70:1974–1988
- Vilar J, Gilbert T, Moreau E, Merlet-Benichou C (1996) Metanephros organogenesis is highly stimulated by vitamin A derivatives in organ culture. *Kidney Int* 49:1478–1487
- Lelievre-Pegorier M, Vilar J, Ferrier M-L, Moreau E, Freund N, Gilbert T, Merlet-Benichou C (1998) Mild vitamin A deficiency leads to inborn nephron deficit in the rat. *Kidney Int* 54:1455–1462
- Moreau E, Vilar J, Lelievre-Pegorier M, Merlet-Benichou C, Gilbert T (1998) Regulation of c-ret expression by retinoic acid in rat metanephros: implication in nephron mass control. *Am J Physiol* 275:F938–F945
- Mendelsohn C, Batourina E, Fung S, Gilbert T, Dodd J (1999) Stromal cells mediate retinoid-dependent functions essential for renal development. *Development* 126:1139–1148
- Gilbert T, Merlet-Benichou C (2000) Retinoids and nephron mass control. *Pediatr Nephrol* 14:1137–1144
- Batourina E, Gim S, Bello N, Shy M, Clagett-Dame M, Srinivas S, Costantini F, Mendelsohn C (2001) Vitamin A controls epithelial/mesenchymal interactions through *Ret* expression. *Nat Genet* 27:74–78
- Vehaskari VM, Aviles DH, Manning J (2001) Prenatal programming of adult hypertension in the rat. *Kidney Int* 59:238–245
- Neugarten J, Kasiske B, Silbiger SR, Nyengaard JR (2002) Effects of sex on renal structure. *Nephron* 90:139–144
- Brandt Corstius H, Zimanyi MA, Maka N, Herath T, Thomas W, van der Laarse A, Wreford NG, Black MJ (2005) Effect of intrauterine growth restriction on the number of cardiomyocytes in rat hearts. *Pediatr Res* 57:796–800
- Wilson JG, Roth CB, Warkany J (1953) An analysis of the syndrome of malformations induced by maternal vitamin A deficiency. Effects of restoration of vitamin A at various times during gestation. *Am J Anat* 92:189–217
- Campbell JL Jr, Smith MA, Fisher JW, Warren DA (2004) Dose-response for retinoic acid-induced forelimb malformations and cleft palate: a comparison of computerised image analysis and visual inspection. *Birth Defects Res B Dev Reprod Toxicol* 71:289–295
- Gundersen HJ, Bendtsen TF, Korbo L, Marcussen N, Moller A, Nielsen K, Nyengaard JR, Pakkenberg B, Sorrensen FB, Vesterby A, West MJ (1988) Some new, simple and efficient stereological methods and their use in pathological research and diagnosis. *APMIS* 96:379–394
- Black MJ, Briscoe TA, Dunstan HJ, Bertram JF, Johnston CI (2001) Effect of angiotensin-converting enzyme inhibition on renal filtration surface area in hypertensive rats. *Kidney Int* 60:1837–1843

37. Gubhaju L, Black MJ (2005) The baboon as a good model for studies of human kidney development. *Pediatr Res* 58:505–509
38. Nyengaard JR, Bendtsen TF (1992) Glomerular number and size in relation to age, kidney weight, and body surface in normal man. *Anat Rec* 232:194–201
39. Saxen L (1987) *Organogenesis of the kidney*. Cambridge University Press, Cambridge, pp 1–34
40. Moritz KM, Wintour EM (1999) Functional development of the meso-and metanephros. *Pediatr Nephrol* 13:171–178
41. Kuure S, Vuolteenaho R, Vainio S (2000) Kidney morphogenesis: cellular and molecular regulation. *Mech Dev* 92:31–45
42. Vega QC, Worby CA, Lechner MS, Dixon JE, Dressler GR (1996) Glial cell line-derived neurotrophic factor activates the receptor tyrosine kinase RET and promotes kidney morphogenesis. *Proc Natl Acad Sci USA* 93:10657–10661
43. Sainio K, Suvanto P, Davies J, Wartiovaara J, Wartiovaara K, Saarma M, Arumae U, Meng X, Lindahl M, Pachnis V, Sariola H (1997) Glial-cell-line-derived neurotrophic factor is required for bud initiation from ureteric epithelium. *Development* 124:4077–4087
44. Welham SJ, Wade A, Woolf AS (2002) Protein restriction in pregnancy is associated with increased apoptosis of mesenchymal cells at the start of rat metanephrogenesis. *Kidney Int* 61:1231–1242
45. Wintour EM, Moritz KM, Johnson K, Ricardo S, Samuel CS, Dodic M (2003) Reduced nephron number in adult sheep, hypertensive as a result of prenatal glucocorticoid treatment. *J Physiol* 549:929–935
46. Wintour EM, Alcorn D, Butkus A, Congiu M, Earnest L, Pompolo S, Potocnik SJ (1996) Ontogeny of hormonal and excretory function of the meso-and metanephros in the ovine fetus. *Kidney Int* 50:1624–1633