

Preoperative predictors of liver decompensation after mini‑invasive liver resection

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Abstract

Background Post-hepatectomy liver failure (PHLF) represents the most frequent complication after liver surgery, and the most common cause of morbidity and mortality. Aim of the study is to identify the predictors of PHLF after mini-invasive liver surgery in cirrhosis and chronic liver disease, and to develop a model for risk prediction.

Methods The present study is a multicentric prospective cohort study on 490 consecutive patients who underwent miniinvasive liver resection from the Italian Registry of Mini-invasive Liver Surgery (I go MILS). Retrospective additional biochemical and clinical data were collected.

Results On 490 patients (26.5% females), PHLF occurred in 89 patients (18.2%). The only independent predictors of PHLF were Albumin-Bilirubin (ALBI) score (OR 3.213; 95% CI 1.661–6.215; $p < .0.0001$) and presence of ascites (OR 3.320; 95% CI 1.468–7.508; *p*=0.004). Classifcation and regression tree (CART) modeling led to the identifcation of three risk groups: PHLF occurred in 23/217 patients with ALBI grade 1 (10.6%, low risk group), in 54/254 patients with ALBI score 2 or 3 and absence of ascites (21.3%, intermediate risk group) and in 12/19 patients with ALBI score 2 or 3 and evidence of ascites (63.2%, high risk group), $p < 0.0001$. The three groups showed a corresponding increase in postoperative complications (20.0%, 27.5% and 66.7%), Comprehensive Complication Index (5.1 \pm 11.1, 6.0 \pm 10.9 and 18.8 \pm 18.9) and hospital stay $(6.0 \pm 4.0, 6.0 \pm 6.0, 6.0 \pm 5.0, 6.0 \pm 5.0)$

Conclusion The risk of PHLF can be stratifed by determining two easily available preoperative factors: ALBI and ascites. This model of risk prediction offers an objective instrument for a correct clinical decision-making.

Keywords Post-hepatectomy liver failure · Mini-invasive liver surgery

Abbreviations

PHLF	Post-hepatectomy liver failure
MILS	Mini-invasive liver surgery
HCC	Hepatocellular carcinoma
CCC	Mass-forming cholangiocarcinoma
ALBI	Albumin-Bilirubin score
LR	Liver resection
BMI	Body Mass Index
CART	Classification and regression tree analysis

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Liver resection (LR) is the best available curative treatment for most primary and secondary malignancies of the liver. In the past decades—thanks to technological advancements, improvements in surgical techniques and refnements in perioperative management—a dramatic reduction in post-LR morbidity and mortality has occurred $[1, 2]$ $[1, 2]$ $[1, 2]$. Despite these advancements, liver resection in cirrhotic patients may still be burdened by potentially life-threatening complications, among which post-hepatectomy liver failure (PHLF) remains the most fearsome and less efectively treated. According to recent literature PHLF may occur with an incidence that varies between 0.7 and 34% [\[3](#page-8-2), [4\]](#page-8-3), and is the leading cause of prolonged hospitalization, increased costs and poor longterm outcomes [[5\]](#page-8-4). For this reason, several surgical and hepatological studies identifed upper limits in terms of liver function and extent of resection in order to reduce the risk of PHLF, and ultimately to guide treatment decision [\[6](#page-8-5)[–11](#page-8-6)].

The advent of mini-invasive liver surgery (MILS)—in terms of videolaparoscopic, hybrid or robotic approach brought a revolution in the conception of what is feasible, useful and relatively riskless in hepatic surgery for cirrhotic patients. Several retrospective comparative studies and metaanalyses demonstrated that the application of mini-invasive techniques to liver surgery may strikingly reduce the risks of PHLF with respect to open surgery $[12–16]$ $[12–16]$ as a consequence of reduced liver mobilization, decreased intraoperative fuid losses and minor surgical trauma [\[17](#page-8-9)]. These data suggest that MILS may be offered to cirrhotic patients even beyond the current guidelines (i.e., for presence of portal hypertension, abnormal bilirubin or Child–Pugh stage>A) without worsening short-term outcomes. However, to the best of our knowledge, no studies have identifed the independent predictors of PHLF after MILS in cirrhosis and chronic liver disease.

The primary endpoint of this study is to identify the preoperative variables that most impact on the development of PHLF after MILS in cirrhosis, and to develop a model for risk prediction. The secondary endpoints of the study are to evaluate ninety-day mortality, complication rates and length of hospital stay according to the predicted risk of PHLF.

Materials and methods

The Italian Group of MILS (I Go MILS) registry was established in 2014 with the goals to create a hub for data and projects on a national basis and to promote the difusion and implementation of MILS programs on a national scale [\[18](#page-8-10)]. It is a prospective and intention-to-treat registry opened to any Italian center performing MILS, without restriction criteria based on number of procedures. The registry is based on 34 clinical variables regarding indication, intra- and postoperative course.

In this study data from all consecutive patients enrolled in the I Go Mils registry from November 2014 up to December 31th 2016 were extracted with the following inclusion criteria: presence of chronic liver disease or cirrhosis (F3–F4 according to METAVIR) at enrollment; at least one liver resection completed during the surgical procedure; conversion to open surgery was not considered an exclusion criteria. Patients enrolled in the registry but with no details about the performed procedure or the postoperative outcome, patients who resulted unresectable at exploration and patients who underwent the frst step of an ALPPS were excluded.

Details on the available peri- and intraoperative data from the I Go Mils registry have been described elsewhere [[18\]](#page-8-10). For the purposes of this study, a retrospective collection of additional data was requested to each participating center and included the following variables: preoperative biochemical analyses (platelet count, AST, creatinine, total bilirubin, INR, albumin), preoperative presence of ascites (detection of ascites at last radiological imaging), etiology of cirrhosis, viral status for HCV/HBV (active/ suppressed), postoperative development of PHLF (graded according to the definition of the International Study Group of Liver Surgery, ISGLS [\[19\]](#page-8-11)) and 90-day mortality. The deadline for data collection was set at December 31th 2018.

The study was formally approved at a central level by the Scientifc Board of the I Go Mils registry, and at a local level by the Institutional Review Board of the Fondazione IRCCS Istituto Nazionale dei Tumori di Milano, Milan, Italy.

Preoperative evaluations and defnitions

Clinically relevant portal hypertension (PH) was defned as the presence of esophageal varices and/or presence of ascites and/or a low platelet count $(< 100 \times 10^9/L)$ with associated splenomegaly [[20\]](#page-8-12).

The additional data collection allowed for the calculation of the Model for End-Stage Liver Disease (MELD) score [[21\]](#page-8-13) and the Albumin-Bilirubin (ALBI) grade [[22\]](#page-8-14).

MILS were performed within conventional guidelines and the extent of liver resection was classifed according to the Brisbane 2000 terminology [\[23\]](#page-8-15). Major hepatectomy was defned as the resection of more than two adjacent segments of the liver. Difficulty of liver resection was graded according to a recently proposed complexity score into 3 levels: low, intermediate, and high. Low difficulty included wedge resection and left lateral sectionectomy; intermediate difficulty included anterolateral segmentectomy and left hepatectomy; high difficulty included postero-superior segmentectomy, right posterior sectionectomy, right hepatectomy, central hepatectomy, and extended left/right hepatectomy [[24\]](#page-8-16).

MILS included liver resections performed by pure laparoscopy, hybrid laparoscopy (hand-assisted) and robotic laparoscopy.

Postoperative outcomes

Postoperative complications were graded according to the Dindo–Clavien Classifcation (DCC) [[25\]](#page-8-17). Moreover in this study we also assessed the Comprehensive Complication Index (CCI), a linear scale ranging from 0 to 100 integrating in a single formula all complications by severity, validated for abdominal surgery. CCI considers all complications as well as the treatment received, detaining the overall burden of a procedure [[26](#page-8-18)].

Post-hepatectomy liver failure was defined as the impaired ability of the liver to maintain its synthetic, excretory, and detoxifying functions. PHLF was scaled according to the ISGLS [[19](#page-8-11)] indications into three grades: Grade A: PHLF that does not require changes of the patient's clinical management; Grade B: deviation of the patient's clinical management that does not require invasive therapy; Grade C: PHLF mandating invasive treatments.

Postoperative mortality was registered as intraoperative, in-hospital, at 30- and at 90-days from surgery.

Statistical analysis

Conventional statistics were used for patient characteristics with median and interquartile range (IQR) for continuous variables, or mean and standard deviation when more informative; categorical data were expressed by means of absolute numbers and percentages. Comparisons between groups were performed by means of Chi-square test for categorical variables, and by means of Kruskal–Wallis or Mann–Whitney test for continuous variables.

A small subset of patients had missing data $\left($ < 10%): Little's test was run for categorical and continuous variables, and suggested that these data were missing completely at random (MCAR). Missing values were imputed for the purpose of the multivariable analysis using Markov Chain Monte Carlo regression imputation with fve repeated imputations.

The main endpoint of the study was to identify the preoperative predictors of PHLF and to build a model for risk prediction. We considered of clinical interest the development of PHLF that required changes in the clinical management of the patient. Thus, for the purposes of the regression analysis, PHLF was transformed into a binary variable (grade 0–A: absent; grade B–C: present). A simple regression was performed on all the baseline clinical variables, including also those surgical variables (extent of hepatectomy, difficulty of liver resection, location of the nodule) that are supposed to be planned preoperatively. Then, multivariable logistic regression was performed on the variables resulted significant (at a $p < 0.05$) at simple regression: for composite scores sharing a common variable (i.e., ALBI and MELD that share bilirubin), only the score with the higher c-statistic (area under the receiver operator curve, AUC) was included in multivariable analysis, in order to avoid colinearity. Estimates on the imputed datasets were combined by using Rubin rules [[27\]](#page-8-19). Finally, in order to identify patient groups with diferent "profles of risk", the analysis of signifcant risk factors at simple regression was made by means of classifcation and regression tree (CART) modeling, through Chi-square Automatic Interaction Detector (CHAID). CHAID analysis builds a predictive model, or tree, to help determine how variables best merge to explain the outcome in the given dependent variable [[28\]](#page-8-20). For this model, continuous predictors were categorized based on considerations of model interpretability as well as statistical performance.

The level of statistical significance was set at $p < 0.05$. Statistical analysis was performed using SPSS ver. 20 software (SPSS Inc., Chicago, IL, USA).

Results

Patient characteristics and intraoperative variables

Among Centers that participate the I go MILS registry, 40 contributed with complete baseline and perioperative data on patients who underwent MILS within the study period fulflling the inclusion criteria. The study population thus included 490 patients with a median number of 7.5 (IQR 2–15.5) patients per Center. For the retrospective collection of additional data, 36 Centers sent complete data for 470 patients, covering 96% of the case series.

Baseline patients characteristic are resumed in Table [1.](#page-3-0) Among 490 patients, 130 (26.5%) were female, the median age was 68.6 (IQR 61.4–74-7) years and the median BMI was 25.3 (IQR 23.3–28.1). In most patients the etiology of chronic liver disease was hepatitis C virus (263 patients, 59.0%), liver function was within Child–Pugh A score in 463 patients (94.5%) and the median MELD score was 8 (IQR 7–9). The liver parenchyma was cirrhotic in 339 (69.2%) patients, portal hypertension was present in 190 cases (38.8%) and 32 patients (6.5%) had preoperative evidence of mild ascites.

Hepatocellular carcinoma was the main indication to MILS (445 patients, 90.8%), with a median size of the largest nodule of 30 (IQR 20–40) mm. The lesions were localized on the antero-inferior segments in 397 patients (81%), being segment 6 (122 patients, 24.9%) and segment 3 (95 patients, 19.3%) the most frequent localizations.

Intraoperative characteristics are resumed in Supplementary Table 1. The surgical approach was pure laparoscopic for 438 (89.3%) patients and major hepatectomies were performed in 33 (6.7%) cases. Wedge resection was the most common procedure and had been performed in 245 (50.0%)

Table 1 Baseline characteristics of the study population

IQR Interquartile range, *BMI* Body Mass Index, *MELD* model for end-stage liver disease, *ALBI* albumin-bilirubin score, *HCC* hepatocellular carcinoma, *CCC* mass-forming cholangiocarcinoma

patients. Overall, 43 MILS (8.7%) were converted to open procedures, being bleeding the main cause for conversion (15 patients, 34.8%).

The median operative time was 205 (IQR 150–270) minutes, median blood loss was 150 (IQR 50–300) mL and intraoperative red blood cell transfusions were needed in 24 cases (4.9%).

Difficulty of liver resection according to Kawaguchi [\[24\]](#page-8-16) was low in 295 patients (60.2%), intermediate in 140 (28.6%) and high in 55 (11.2%) . As shown in Supplementary Table 2, intraoperative blood losses, duration of surgery

IQR Interquartile range, *DCC* Dindo Clavien classifcation, *PHLF* Post-hepatectomy liver failure, *ISGLS* International Study Group of Liver Surgery, *CCI* Comprehensive Complication Index ${}^{\rm a}$ Mean \pm SD

and conversion rates were significantly different across the three grades of difficulty, thus validating the proposed classifcation.

Postoperative outcomes

Details on postoperative outcomes for the entire patient population are summarized in Table [2](#page-3-1). Intraoperative mortality was 0%. One patient died during hospital stay, thus 30- and 90-days mortality were 0.2% and 0.2%. Postoperative complications occurred in 116 patients (23.7%), and were graded 1 and 2 according to DCC in the majority (78.4%) of cases; the median (IQR) and mean $(\pm SD)$ CCI were 0 (0–2) and $5.8(\pm 11.4)$, respectively. PHLF grade B or C occurred in 89 patients (18.2%). The median postoperative hospital stay was 5 days (IQR 4–7).

Logistic regression and identifcation of risk groups for PHLF

The results of simple and multivariable logistic regression on preoperative variables related to the risk of developing PHLF grade B or C are summarized in Table [3.](#page-4-0) In particular, at multivariable logistic regression, only ALBI score (OR 3.213; 95% CI 1.661–6.215; *p*<0.0001) and presence of ascites (OR 3.320; 95% CI 1.468–7.508; *p*=0.004) turned to be independent predictors of PHLF.

A classifcation tree was then developed through Chisquare Automatic Interaction Detector (CHAID) analysis.

Again, ALBI grade and presence of ascites were retained by the model, and allowed the identifcation of three groups at distinct risk of developing PHLF. In particular, 217

Table 3 Simple and multivariable logistic regression on preoperative characteristics to predict the risk of developing PHLF grade B-C

BMI Body Mass Index, *MELD* model for end-stage liver disease, *ALBI* albumin-bilirubin score, *HCC* hepatocellular carcinoma, *CCC* massforming cholangiocarcinoma

a Combined estimates on the imputed datasets (see text for details). INR and albumin were not included in multivariable analysis because they incorporated into composite scores (ALBI and MELD). b AUC = .528 (95%CI 0.460-.596); ^c AUC = .650 (95%CI 0.583-.716); ^dAUC = .713 (95%CI 0.647-.780). In order to avoid colinearity between Child–Pugh score, MELD and ALBI, only ALBI was included in multivariable analysis because of a higher c-statistic (area under the receiver operator curve, AUC)

patients identifed by liver function within ALBI grade 1 were classifed at low risk of PHLF (10.6%), 254 patients with an ALBI grade 2 or 3 and absence of ascites were classifed at intermediate risk of PHLF (21.3%) and 19 patients with ALBI grade 2 or 3 and evidence of ascites were classifed at high risk of PHLF (63.2%). The model performance was distinguished by a classifcation error rate of 0.04 and a C index of 0.66 (95% CI 0.59–0.73).

As shown in Fig. [1,](#page-5-0) the three risk groups showed signifcantly diferent postoperative complication rates, CCI and length of hospital stay. In fact, by increasing the risk class, a parallel increase in postoperative complications rates $(20.0\%, 27.5\% \text{ and } 66.7\%, p < 0.0001), \text{ CCI (mean ± SD)}$ 5.1 \pm 11.1, 6.0 \pm 10.9 and 18.8 \pm 18.9, *p* < 0.0001) and length of hospital stay (mean \pm SD 6.0 \pm 4.0, 6.0 \pm 6.0 and 8.0 ± 5.0 days, $p < 0.0001$) was observed.

Conversion to open surgery occurred in 14 patients of Group 1 (6.5%), 27 patients of Group 2 (10.6%) and 2 patients of Group 3 (10.5%), with no statistical diference among the three groups $(p=0.27)$. When excluding from analysis the 43 patients who underwent conversion to open surgery, PHLF occurred in 75 patients (16.8%); the PHLF rates were signifcantly diferent among the three groups occurring in 20 cases (9.9%), 45 cases (19.38%) and 10 cases (58.8%) of Group 1, 2 and 3, respectively $(p < 0.0001)$. When analyzing only the 43 patients who underwent conversion to open surgery, PHLF occurred in 14 patients (32.6%) and PHLF occurred in 3 cases (21.4%), 9 cases (33.3%) and 2 cases (100%) of Group 1, 2 and 3, respectively $(p=0.05)$.

Finally, the proposed risk stratifcation was compared to other validated models for open surgery. As shown in

A Main variables

Table [4](#page-6-0), our model showed the highest accuracy in terms of AUC.

Discussion

Despite several advancements in operative techniques and perioperative management, PHLF may still occur after liver resection in cirrhotic patients, with a variable incidence ranging between 0.7 and 34% [[3,](#page-8-2) [4\]](#page-8-3). It is the most common complication, and most fearsome one since it may result in increased costs, prolonged hospitalization and ultimately in increased postoperative mortality [[5](#page-8-4)]. For this reason, current hepatological guidelines discourage liver resection in cirrhotic patients who present with portal hypertension, abnormal bilirubin or signifcantly impaired liver function (Child–Pugh B or C) [[11\]](#page-8-6). More recent studies, based on studies on open liver surgery, identifed MELD score, extension of hepatectomy, and liver stifness as predictors of PHLF [[2,](#page-8-1) [7](#page-8-21), [8,](#page-8-22) [29\]](#page-8-23), and combined these factors in order to better stratify postoperative risks and refne patient selection before liver surgery.

The advent of MILS has dramatically changed the scenario of short-term outcomes after liver surgery. Diferently from the open approach, MILS requires small incisions and minimal liver mobilization, which result in a reduced section of the collateral lymphatic circulation and decreased intraoperative fuid and protein losses [[17\]](#page-8-9). Several studies and meta-analyses demonstrated a reduced rate of postoperative ascites and PHLF with respect to open surgery, as a consequence of the aforementioned advantages [[12](#page-8-7)[–16](#page-8-8)].

B Tree representation

Fig. 1 Defnition of three classes of risk associated with PHLF according to ALBI grade and presence of ascites. **a** Patients' partition according to PHLF risk classes. **b** ALBI grade and preoperative presence of ascites led to the identifcation of three groups at distinct risk of developing PHLF: low risk (10.6%); intermediate risk (23%) and

high risk (65.5%). By increasing the risk classes, a parallel and signifcant increment in postoperative complications, CCI and mean hospital stay was demonstrated. *PHLF* indicates post-hepatectomy liver failure, *p.o.* postoperative, *CCI* Comprehensive Complication Index, *LOS* length of stay

Table 4 Accuracy of diferent predictors of PHLF

PHLF Post-hepatectomy liver failure, *AUC* area under the curve, *MELD* model for end-stage liver disease, *ALBI* albumin-bilirubin score

Nonetheless, PHLF may still occur in nearly 20% [[13](#page-8-24), [30\]](#page-8-25) of cirrhotic patients undergoing MILS in cirrhosis, and it is still largely unpredictable. For this reason, the present study was designed with the aim of identifying the independent predictors of PHLF in these patients.

There is a large heterogeneity in literature for what regards the defnition of PHLF: in this study we adopted the defnition proposed by the International Study Group of Liver Surgery (ISGLS) [[19](#page-8-11)], and considered as events those liver dysfunctions requiring changes in the clinical management of the patient (grade B and C). Ninety-day mortality, complication rates and length of hospital stay were our secondary endpoints.

The study cohort was prospectively collected by a multicenter Italian registry (the I Go Mils Registry) [[18\]](#page-8-10), that in the present study included patients with cirrhosis and chronic liver disease from 40 Centers. Patients were mostly within Child–Pugh A; however, nearly 40% presented with clinically relevant portal hypertension and more than 50% had an ALBI grade > 1. The short-term outcomes of the entire cohort were in line with literature [\[31\]](#page-8-26), being intraoperative mortality rate 0% and in-hospital and 90-days mortality 0.2%; the median postoperative hospital stay was 5 days (IQR 4–7). Despite these results, PHLF grade B or C was a relatively frequent complication and occurred in 89 patients (18.2%).

To explore the infuence of diferent baseline patient characteristics on the risk of developing PHLF, a simple and multivariable logistic regression analysis was conducted on the entire cohort of 490 patients. The analysis demonstrated that ALBI grade (OR 3.21 for each point increase; 95% CI 1.66–6.21; $p < 0.0001$) and preoperative presence of ascites (OR 3.32; 95% CI 1.46–7.50; *p*=0.004) were the only independent predictors of PHLF (Table [3\)](#page-4-0). The ALBI score is an evidence-based model for assessing the severity of liver dysfunction that includes only objectively defned values, such as serum bilirubin and albumin. ALBI was demonstrated to be more accurate than the Child–Pugh score in predicting patients' mortality, without requiring subjective determinants of liver failure, in patients with hepatocellular carcinoma [\[22\]](#page-8-14). Moreover, in a recent large cohort study, ALBI grade 2/3 turned to be independently associated with the risk of developing PHLF following hepatic resection [[32\]](#page-8-27). On the other side the presence of ascites is a reflection of a decompensated cirrhosis, and not surprisingly its presence is refected in a higher rate of postoperative liver decompensation.

In order to better stratify the risk of developing PHLF, we evaluated the baseline patients characteristics by means of classifcation and regression tree (CART). Again, ALBI grade and presence of ascites turned to independently predict the risk of PHLF, and allowed the identifcation of three risk classes: patients with an ALBI grade = 1 had a low risk of PHLF of 10.6%; patients with an ALBI grade = 2/3 and absence of ascites had an intermediate risk of PHLF of 21.3%; patients with an ALBI grade = $2/3$ and presence of ascites had a high risk of PHLF of 63.2% (*p*<0.0001 among the three risk classes). In the last group of patients (ALBI grade $= 2/3$ and presence of ascites) alternative treatments, i.e., locoregional or chemotherapeutic therapies, might be evaluated in order to avoid the high risk of PHLF and postoperative complications (66.7%) that might cause prolonged hospital stay and augmented costs.

It is interesting to observe that intraoperative blood loss, length of surgery and conversion rates were similar among the three risk classes: the diferent PHLF rates were likely related to baseline liver function rather than to intraoperative courses. As expected, patients who underwent conversion to open surgery had a higher rate of PHLF than patients who had the entire procedure by means of MILS (32.6% vs 16.8%, respectively), but the risk stratifcation was effective independently from this event.

By increasing the risk class, a parallel increase in postoperative complications rates, CCI and length of hospital stay was observed. These diferences refect the important weight of PHLF on postoperative course, and make the proposed classifcation a useful and objective instrument for prediction of short-term prognosis.

This study has some limitations. Firstly, in the present series there were a small number of major hepatectomies that were likely performed in very well selected cases. This may be among the reasons why the extent of hepatectomy did not turn out to be correlated with the risk of PHLF. Larger studies including a higher number of major hepatectomies are needed to analyze their impact on postoperative outcomes, and will be probably feasible in the next few years following a larger implementation of the technique.

Secondly, we collected only morbidity and mortality occurring within the frst three months from surgery, because long-term outcomes were outside the study purposes. The intentional choice of 90-day follow up is based on the idea that at the PHLF resolution liver function and patient status return to the preoperative baseline. However, even if PHLF efective has a negative infuence on postoperative survival, long-term outcomes may be infuenced by many other factors especially in oncologic patients (that constituted 96.3% of the case series). Finally the proposed risk stratifcation was not externally validated. However, the model performance was distinguished by a classifcation error rate of 0.04 and a C index of 0.66 (95% CI 0.59–0.73), higher than previously proposed models.

In conclusion, the present study demonstrates that the risk for PHLF after MILS can be accurately assessed before surgery by assessing ALBI grade and preoperative presence of ascites. Both these variables are easy to defne before surgery and can provide a practical method to stratify cirrhotic patients at risk of PHLF.

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