

# Biliary stenting is not a prerequisite to endoscopic placement of duodenal covered self-expandable metal stents

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## Abstract

**Background** Duodenal covered self-expandable metal stent (cSEMS) can be used in malignant or benign gastroduodenal obstruction. The need for biliary stenting in patients with no concomitant biliary stricture, before duodenal cSEMS placement, remains unknown. The aim of this study was to determine whether cSEMS placement is responsible for biliary obstruction.

**Methods** This is a single-center, retrospective, case-controlled study, including 106 patients with symptomatic gastric outlet obstruction or duodenal fistula who received a covered nitinol duodenal stent by using through-the-scope/over-the-wire placement procedure. The main outcome measurement was the occurrence comparison of jaundice and bilirubin level, between patients with previous or concomitant biliary stenting (cSEMS + BS group), and patients with no biliary stent (cSEMS group) during an observational period of 90 days.

**Results** Hundred and six patients underwent cSEMS placement between June 2005 and March 2014: 53 in the

cSEMS group (58 % male, mean age  $66.4 \pm 13.3$  years) and 53 in cSEMS + BS group (60 % male, mean age  $70.4 \pm 11.6$  years). The obstruction was due to cancer in 45 % in cSEMS group and 87 % in cSEMS + BS group. No case of jaundice was reported in the cSEMS group or in the cSEMS + BS group. In cSEMS group, the mean bilirubin level ( $\mu\text{mol/L} \pm \text{SD}$ ) was  $8.0 \pm 4$  at baseline and  $8.5 \pm 4.6$  at day 10, while in the cSEMS + BS group it was  $91.4 \pm 108$  at baseline and  $35.3 \pm 39$  at day 10 ( $p < 0.01$ ). Patients from the two groups were matched on age, gender and bilirubin level at baseline. Evolution of bilirubinemia was  $+0.98 \pm 2.76 \mu\text{mol/L}$  in experimental group and  $+0.39 \pm 522 \mu\text{mol/L}$  in the control group ( $p = 0.34$ ). No significant difference was observed between the two groups in term of technical success, clinical effectiveness, migration and other complications.

**Conclusions** Previous biliary stenting is not required before endoscopic covered duodenal stent placement in patients with no associated biliary obstruction. Prospective studies are needed.

**Keywords** Gastric outlet obstruction · Duodenal fistula · Covered duodenal stent · Biliary stent · Jaundice · Biliary adverse events

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Gastric outlet obstruction (GOO) is a therapeutic challenge. As causation is usually advanced gastric, duodenal or bilio-pancreatic cancer, relief of GOO symptoms and improvement of oral intake are the primary goals in such advanced malignancies. Endoscopic placement of a duodenal self-expandable metallic stent (SEMS) has emerged as a broadly accepted first-line palliative treatment for patients with advanced malignant gastroduodenal obstruction [1], as the procedure has higher clinical success rates, lower

morbidity and mortality rates, and shorter length of hospital stay than surgical gastrojejunostomy [2, 3]. Moreover, these patients are mostly poor surgical candidates.

Uncovered SEMs are widely used in these indications despite recurrent obstruction due to tumor ingrowth or hyperplasia [4]. Covered SEMs (cSEMs) have thus been developed in order to prevent tumor ingrowth [5] in malignant gastroduodenal obstruction. Although covered stents are associated with a more frequent rate of migration [6], cSEMs are removable and could represent an alternative to surgery or endoscopic dilation for benign mechanical obstruction such as peptic ulcer, chronic pancreatitis or radiation-induced stenosis [7]. cSEM placement has been also described as an alternative treatment for duodenal fistula and surgical leakage [8]. However, placement of a cSEM covering the major papilla may cause bile duct obstruction by mechanical occlusion of the ampulla of Vater. Despite the lack of data, some authors recommend concomitant biliary stenting to guarantee adequate bile outflow before duodenal cSEM placement in the second duodenum [9–14], whereas other authors have suggested that the rate of biliary adverse events after cSEM placement is overestimated [15]. It thus remains unknown whether biliary stenting is needed before cSEM placement in patients without concomitant biliary stricture.

The aim of this study was to compare the occurrence of jaundice after duodenal cSEM placement in patients with biliary stenting versus patients without biliary stenting.

## Materials and methods

### Patients and study design

The study was performed in accordance with the Declaration of Helsinki, good clinical practice and all applicable regulatory requirements. The local Clermont-Ferrand Institutional Review Board approved this clinical trial (IRB #00008526/Ref: 2014/CE44).

This observational study reviewed medical records of all patients who consecutively underwent endoscopic duodenal SEM placement in our facility between June 2005 and March 2014. All patients presented either malignant or benign gastroduodenal stenosis with obstructive symptoms, i.e., nausea, vomiting, bloating with no oral intake or liquid-only intake [score  $\leq 1$  on the gastric outlet obstruction scoring system (GOOSS)], or duodenal fistula. Pyloro-duodenal stenoses or fistulas were documented by CT scan, radiological opacification or endoscopy. Patients with uncovered SEMs were first excluded. Then, among patients with a covered SEM, we excluded those in whom the papilla was not covered by the stent, those with nonfunctional previous biliary drainage and those with a temporary

7-day duodenal stent placed to access the papilla for a secondary retrograde biliary stent placement.

Patients with a cSEM alone (cSEM group) were defined as the experimental group and compared against patients with a cSEM associated with functional biliary stenting (cSEM + BS group) defined as the control group. In this control group, biliary stenting (BS) either preceded the duodenal stent or was performed at the same endoscopic time as duodenal stent placement but only when patients presented with associated biliary stricture.

In a second step, we applied a case-control study design to match patients from the two groups on age, gender and bilirubin level at baseline.

### Equipment

Through-the-scope (TTS) silicon-covered nitinol Harnarostents (NDC Duodenum/Pylorus or DPC Duodenum/Pylorus, M.I. Tech, Korea) were used in all patients. The NDC stent has a body diameter of 20 mm, a flare diameter of 26 mm at the proximal tip and a length of 60, 90 or 110 mm. Both tips have an 18-mm uncovered bare portion. The DPC stent has a body diameter of 20 mm, a flare diameter of 40 mm at the proximal tip and a length of 90, 110 or 130 mm. Only the large proximal tip is uncovered over 20 mm, with body and distal tips remaining fully covered, the design aim being to prevent distal stent migration. The stents are tightly mounted on a TTS/OTW delivery system with an outer diameter of 10.2F (3.4 mm) and an overall length of 230 cm. They can be resheathed if deployed less than 70 %. Each tip of the stent carries four radiopaque gold marks. Endoscopes used were a side-viewing duodenoscope with a working channel of 4.2 mm (TJF 160, Olympus Tokyo, Japan), a colonoscope with a working channel 3.8 mm (AOI 180, Olympus) or a 2-channel gastroscope with a working channel of 3.7 mm (GIF-2T200, Olympus).

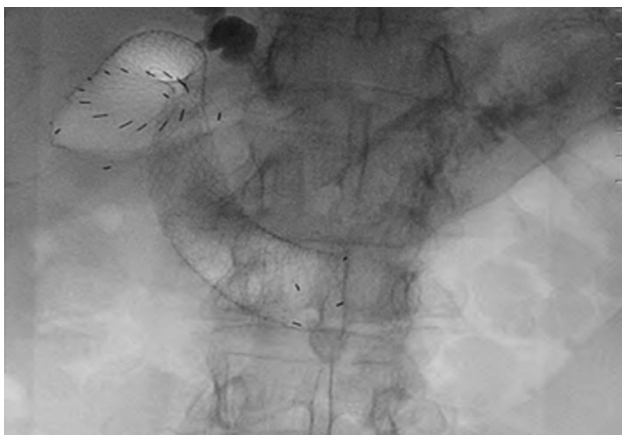
### Procedure

Written informed consent was obtained from all patients prior to endoscopic procedures. All procedures were performed with patients in supine position, intubated and sedated with propofol, in an interventional endoscopy room, under endoscopic and fluoroscopic guidance. In a first step, 50 cm<sup>3</sup> of Telebrix 30<sup>®</sup> was injected via the working channel of the endoscope to assess stenosis length and morphology. A guidewire (0.035 inch Dreamwire, Boston Scientific) was passed through the stenosis using an ERCP catheter (Tandem XL 5.5F, Boston Scientific) and advanced to the angle of Treitz. If the gastroduodenal stenosis was difficult to catheterize, the patient was placed in left lateral decubitus to facilitate catheterization. When initial

opacification was unable to assess stenosis length and locate the distal end of the stenosis because it was too tight, opacification had to be performed via the triple lumen catheter advanced over the guidewire. If required, the wire was exchanged with an extra-stiff 430-cm guidewire (Wallstent/Boston Scientific) to enable insertion of the delivery device if the duodenal anatomy presents an angulated distortion. The stent delivery system was then advanced over the guidewire through the stricture, under fluoroscopic guidance. The sheath was slowly withdrawn in continuous motion but frequently repositioning the proximal stent tip due to its tendency to move away from the scope. The stent was deployed from its distal tip, located in the third duodenum, to its proximal tip, through the pylorus, under fluoroscopic and endoscopic control. The stent was at least 4 cm longer than the stenosis (2 cm longer at each end) in order to cover the entire stenosis and anticipate post-procedure stent shortening due to continued radial stent expansion. Balloon dilation before or after stent placement was not performed as suspected to increase risk of perforation. Adequacy of stent placement and stent performance was assessed after stent deployment by endoscopy and fluoroscopy using a contrast injection through the scope (Fig. 1). In all patients with concomitant biliary stricture, a biliary metal stent was inserted by endoscopic retrograde, EUS-guided or percutaneous antegrade route if ERCP failed. When a biliary metal stent had already been placed before duodenal obstruction, this stent was left in place.

## Definitions

Technical success was defined as successful stent deployment through the stricture with established patency



**Fig. 1** Covered duodenal stent without biliary stenting: fluoroscopic view

confirmed by a good path of contrast medium through the stent and downstream under fluoroscopic guidance.

Clinical success was defined as relief of symptoms and resumption of diet (GOOSS  $\geq 2$ ) and duodenal fistula closure confirmed by endoscopic opacification after stent removal. Stent occlusion by tumor ingrowth or overgrowth was defined as recurrence of obstructive symptoms and evidence of GOO on endoscopy or barium radiography.

Stent migration was defined as gastric, small bowel or colon location of a cSEMS on endoscopy, fluoroscopic examination or CT scan.

## Follow-up and study endpoint

Data were collected from medical records of clinical follow-up visits with the endoscopist or oncologist at day 30, 60 and 90 or from hospital records when patients were still hospitalized. When data were missing from the medical records, we contacted the primary care physician and appropriate medical laboratories.

Follow-up was 90 days. All cSEMS in patients with benign indications were removed within this 90-day follow-up window. In these patients, if the stenosis was not calibrated after stent removal, another covered stent was placed until duodenal calibration was obtained. In patients with malignant disease, the covered stent was removed intraoperatively if the patient underwent surgery after initial stent placement, or left in place otherwise.

Primary endpoint was the occurrence of jaundice after cSEMS placement. Secondary endpoints were bilirubine-mia at baseline compared to day 10, technical success, clinical success, migration rate and other adverse events including pancreatitis, stent occlusion, perforation, gastrointestinal bleeding and peritonitis.

## Statistical analysis

Data were collected and managed using REDCap [16] electronic data capture tools hosted at Clermont-Ferrand University Hospital. Baseline characteristics are expressed as mean  $\pm$  standard deviation. Categorical variables were compared between groups using a Chi-squared test (or Fisher's exact test when necessary). Quantitative variables were compared using the Student's *t* test (or Kruskal–Wallis test). Intra-group comparisons of bilirubin levels at baseline and after stent placement were performed using the paired Student's *t* test. Survival and adverse event-free survival were assessed using the Kaplan–Meier method. Between-group comparisons were carried out without adjustment using the log-rank test and with adjustment using the Cox model. Propensity score matching was performed to correct the bias associated with use of biliary stenting. A

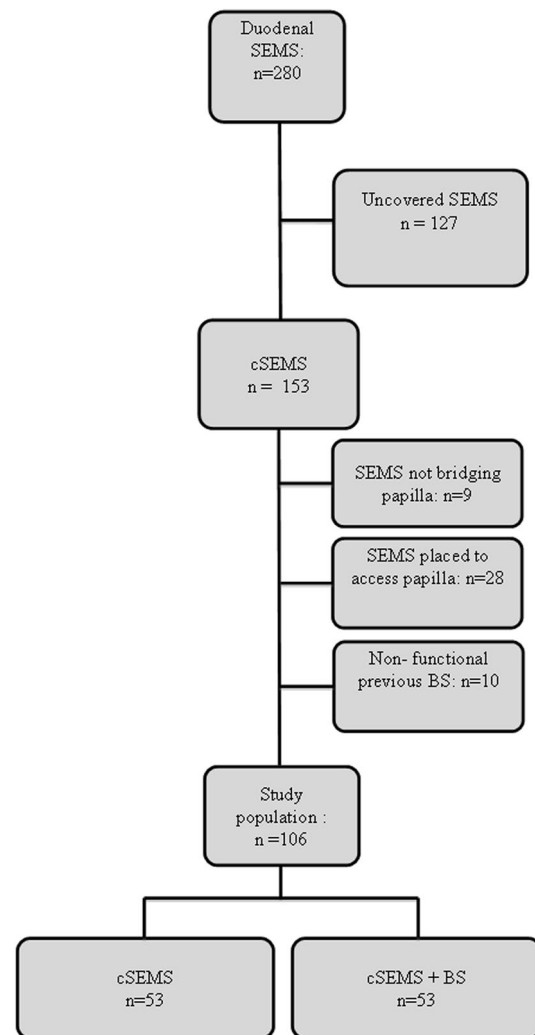
propensity score was generated for each patient by running a logistic regression with technique as dependent variable and age, gender and initial bilirubin included as covariates. Patients were propensity score-matched using radius matching, no replacement and 0.1 caliper width. A two-tailed  $p$  value  $< 0.05$  was considered statistically significant. Statistical analyses were performed using STATA v12 (Stata Corp, College Station, Texas, USA). Data were analyzed according to Strengthening the Reporting of Observational Studies in Epidemiology guidelines for reporting observation studies.

## Results

From June 2005 to March 2014, 280 patients underwent 367 duodenal SEMs placement procedures. Of these, 127 patients with uncovered SEMs were excluded. Of the remaining 153 patients who underwent a covered SEMs placement procedure, we excluded nine patients with a stent that did not bridge the papilla, 28 patients who underwent a temporary 7-day stent in order to secondarily access the papilla and 10 patients with a nonfunctional previous biliary stent (Fig. 2).

Thus, 106 patients were finally included: 53 in the cSEMS group (58 % male, mean age  $66.4 \pm 14.6$  years) and 53 in the cSEMS + BS group (60 % male, mean age  $70.4 \pm 11.6$  years). Gastrointestinal obstruction was due to malignant disease in 24 patients (45 %) in the cSEMS group and 46 patients (87 %) in the cSEMS + BS group. Among the cSEMS + BS group patients, 26 (49 %) had previous biliary stenting and 27 (51 %) required concomitant biliary stenting due to associated biliary tract stenosis. Patient characteristics are reported in Table 1.

Technical success was achieved in 100 % of patients in both groups. Clinical success was achieved 88 % of cSEMS group patients and 90 % of cSEMS + BS group patients, without significant difference ( $p = 0.73$ ). No cases of jaundice or cholangitis were reported in either the cSEMS or cSEMS + BS groups during the 90-day follow-up period. In the cSEMS group, mean bilirubin level ( $\pm$ SD) was  $8.0 \pm 4 \mu\text{mol/L}$  at baseline rising to  $8.5 \pm 4.6 \mu\text{mol/L}$  at day 10 ( $p = 0.43$ ). In the cSEMS + BS group, mean bilirubin level was  $91.4 \pm 107.8 \mu\text{mol/L}$  at baseline and then fell significantly to  $34.7 \pm 40.8 \mu\text{mol/L}$  at day 10 ( $p < 0.001$ ). Pre- versus post-procedure difference in bilirubin levels was  $+0.5 \pm 3.5 \mu\text{mol/L}$  in the cSEMS group and  $-56.7 \pm 82.7 \mu\text{mol/L}$  in the cSEMS + BS group ( $p < 0.001$ ). There were 27 (25 %) cases of stent migration: 15 (28 %) in the cSEMS group and 12 (22 %) in the cSEMS + BS group ( $p = 0.50$ ). Two patients (2 %) presented with cSEMS occlusion: one (2 %) in the cSEMS group and one (2 %) in the cSEMS + BS group ( $p = 1$ ).



**Fig. 2** Patients selection

Gastrointestinal bleeding occurred in two cases (2 %): one (2 %) in the cSEMS group and one (2 %) in the cSEMS + BS group, on days 2 and 30, respectively, after cSEMS placement. Both bleeding episodes were related to an ulcer located at the upper cSEMS tip and were treated successfully with medical therapy (proton-pump inhibitor). One case of duodenal perforation occurred in the cSEMS + BS group (2 %), none in cSEMS group ( $p = 1$ ). One case (2 %) of biliary peritonitis was reported in the cSEMS + BS group after EUS-guided biliary drainage. Only the best supportive care was offered to both these patients, who presented with terminal illness and died at days 26 and 7 post-procedure, respectively. There were no reported cases of stent incarceration. We found one case (2 %) of edematous pancreatitis after stent retrieval in a patient with no biliary stenting vs no cases in the cSEMS + BS group ( $p = 1$ ). Death was recorded in seven (13 %) cSEMS group patients and in 14 (26 %) cSEMS + BS group patients. All deaths were related to

**Table 1** Patients characteristics at baseline

	All <i>n</i> = 106	cSEMS group <i>n</i> = 53	cSEMS + BS group <i>n</i> = 53	<i>p</i> value
Male gender	63 (59)	30 (58)	32 (60)	0.84
Age (years old)	68.4 ± 13.3	66.4 ± 14.6	70.4 ± 11.6	0.17
Indication <i>n</i> (%)				
Malignant disease	70 (66)	24 (45)	46 (87)	<0.001
Pancreatic adenocarcinoma	39 (36)	13 (25)	26 (49)	
Cholangiocellular carcinoma	5 (5)	1 (2)	4 (8)	
Ampullary carcinoma	7 (7)	0 (0)	7 (13)	
Gastric cancer	6 (6)	6 (11)	0 (0)	
Gallbladder cancer	2 (2)	0 (0)	2 (4)	
Duodenal adenocarcinoma	3 (3)	1 (2)	2 (4)	
Other cancer	8 (8)	3 (6)	5 (9 %)	
Benign disease	36 (34)	29 (55)	7 (13)	<0.001
Radiation-induced stenosis	4 (4)	3 (6)	1 (2)	
Stenosis due to duodenal ulcer	7 (7)	7 (13)	0 (0)	
Stenosis due to acute pancreatitis	3 (3)	3 (6)	0 (0)	
Stenosis due to chronic pancreatitis	15 (14)	10 (19)	5 (9)	
Caustic stenosis	1 (1)	1 (2)	0 (0)	
Duodenal fistula	6 (6)	5 (9)	1 (2)	
Bilirubin level at baseline (μmol/L) ± SD	53.4 ± 88.5	9.3 ± 5.8	90.3 ± 106.9	<0.001

*cSEMS* covered self-expandable metal stent, *BS* biliary stenting

advanced course of malignant disease. Outcomes of the 106 procedures are reported in Table 2.

In a second investigation, patients from both groups were matched on age, gender and bilirubin level at baseline (Table 3), enabling us to compare 19 patients in the experimental group (cSEMS alone) against 15 patients in the control group (cSEMS + BS). Outcomes after the matching procedure are reported in Table 4. There were no cases of jaundice in either the experimental group or the control group during the 90-day follow-up period. Evolution of bilirubinemia was  $0.98 \pm 2.76$  μmol/L in the experimental group and  $0.39 \pm 522$  μmol/L in the control group, without statistically significant difference between groups ( $p = 0.34$ ) (Fig. 3).

## Discussion

Currently, covered duodenal stenting can be performed in several situations in benign and malignant diseases. In cases of malignant obstruction, temporary cSEMS placement with perioperative stent removal is useful in patients scheduled for surgery, as it can enable preoperative oral feeding or enteral feeding by nasojejunal tube placement and surgical pylorus preservation in resection by the Whipple procedure. Similarly, cSEMS are useful in

patients with unknown resectable status and in patients pending histological proof, especially in emergency procedures. In cases of benign gastroduodenal obstruction, cSEMS placement could prove useful after unsuccessful endoscopic dilation or as an alternative to surgery. Indeed, temporary stent placement in peptic ulcer stenosis can be expected to be beneficial, as dilation in the stenotic portion is more gradual and sustained than endoscopic dilation [17–20]. In cases of paraduodenal pancreatitis, cSEMS placement could be useful after unsuccessful medical treatment, associating Taylor's method and subcutaneous injections of somatostatin analogs. Moreover, a growing number of GOO cases involve radiation-induced stenosis of the duodenum, and our own institution is increasingly using chemoradiotherapy after initial disease control under chemotherapy in patients treated for locally advanced pancreatic adenocarcinoma, in line with the GERCOR protocol [21]. Moreover, temporary 7-day cSEMS placement could also be useful to access the ampulla of Vater 7 days later and achieve secondary retrograde biliary drainage in patients with failed ERCP due to an initial duodenal stenosis. This explains the exclusion of 28 patients who underwent cSEMS placement in this indication (Fig. 2). Most recently, case studies have suggested the potential efficiency of cSEMS in the treatment of gastrointestinal fistula or postsurgical leakage [8].



**Table 2** Main outcomes

	All <i>n</i> = 106	cSEMS group <i>n</i> = 53	cSEMS + BS group <i>n</i> = 53	<i>p</i> value
Jaundice or cholangitis	0	0	0	1
Bilirubin levels (μmol/L) ± SD				
Bilirubin at baseline	53.4 ± 88.5	9.3 ± 5.8	90.3 ± 106.9	<0.001
Bilirubin at day 10	23.6 ± 32.9	8.5 ± 4.6	35.3 ± 39.9	<0.001
Evolution	−31.6 ± 68.1	0.5 ± 3.5	−56.2 ± 82.7	<0.001
Technical success	106 (100)	53 (100)	53 (100)	1
Clinical success	94 (93)	46 (88)	48 (91)	0.73
Other adverse events				
Migration	27 (25)	15 (28)	12 (23)	0.5
Gastrointestinal bleeding	2 (2)	1 (2)	1 (2)	1
Duodenal perforation	1 (1)	0 (0)	1 (2)	1
Stent obstruction	2 (2)	1 (2)	1 (2)	0.86
Biliary peritonitis	1 (1)	0 (0)	1 (2)	1
Acute pancreatitis after stent retrieval	1 (1)	1 (2)	0 (0)	0.5
Death (all causes)	21 (20)	7 (13)	14 (26)	0.09

cSEMS covered self-expandable metal stent, BS biliary stenting

**Table 3** Patient characteristics after the matching procedure

	All <i>n</i> = 34	cSEMS group <i>n</i> = 19	cSEMS + BS group <i>n</i> = 15	<i>p</i> value
Male gender	21 (62 %)	12 (63 %)	9 (60 %)	0.85
Age (years old)	71 ± 12	71 ± 11	71 ± 13	0.93
Indication				
Malignant disease	22 (65 %)	11 (58 %)	11 (73 %)	0.35
Benign disease	12 (35 %)	8 (42 %)	4 (27 %)	0.35
Bilirubin level at baseline				
(μmol/L) ± SD	9.8 ± 6.36	9.47 ± 5.66	10.17 ± 7.00	0.38

cSEMS covered self-expandable metal stent, BS biliary stenting, SD standard deviation

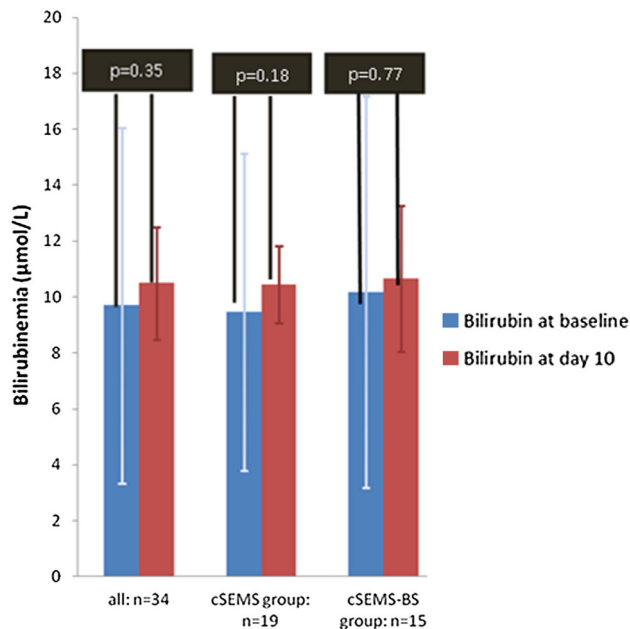
**Table 4** Outcomes after the matching procedure

	All: <i>n</i> = 34	cSEMS group: <i>n</i> = 19	cSEMS + BS group: <i>n</i> = 15	<i>p</i> value
Jaundice or cholangitis	0	0	0	1
Evolution in bilirubin level (μmol/L) ± SD	0.69 ± 4	0.98 ± 2.76	0.39 ± 5.22	0.34
Technical success	34 (100 %)	19 (100 %)	15 (100 %)	1
Clinical success	31 (93 %)	18 (95 %)	13 (87 %)	0.2
Other adverse events				
Migration	9 (26 %)	4 (21 %)	5 (33 %)	0.46
Gastrointestinal bleeding	1 (2.94 %)	1 (5.26 %)	0 (0 %)	1
Stent obstruction	2 (5.88 %)	1 (5.26 %)	1 (6.67 %)	1
Death	5 (14.71 %)	2 (10.53 %)	3 (20 %)	0.43

cSEMS covered self-expandable metal stent, BS biliary stenting, SD standard deviation

Biliary stricture is associated with malignant gastro-duodenal obstruction in only 60 % of cases [22]. In benign condition, associated biliary stricture is rare and occurs

mostly in patients with advanced chronic pancreatitis. Some teams recommend systematic concomitant biliary stenting to guarantee adequate bile outflow before



**Fig. 3** Evolution of bilirubinemia before and after SEMs placement in subjects matched for age gender and bilirubinemia

duodenal cSEMS placement whenever papilla occlusion is expected [9–14]. However, this recommendation appears to be based on a theoretical risk of mechanical occlusion of the papilla that could lead to jaundice or cholangitis: Indeed, data come from small case-series and observational retrospective studies with various types of covered stents. None of those studies were designed to focus on this specific issue. Furthermore, cases of obstructive jaundice despite biliary stenting have been reported [11], and some teams report lower rates of biliary adverse events after cSEMS placement [23, 24].

Another point supporting concomitant biliary stenting is the presumed inaccessibility of the common bile duct after cSEMS placement [11]. However, covered stents are removable, even at 3 months after initial placement. Thus, after covered stent removal, secondary access to the papilla can be achieved in cases of initially impassable duodenal stricture. We found no cases of stent fracture or incarceration or difficulties during covered stent retrieval.

On the other hand, concomitant or previous common bile duct drainage can lead to specific and sometimes life-threatening adverse events such as post-ERCP pancreatitis or bleeding. A second antegrade or retrograde biliary stent is costly and time-consuming to place compared to single duodenal stent. Cases of advanced pancreatic cancer or chronic pancreatitis can make fail retrograde biliary stenting due to periampullary tumor infiltration or altered ampulla position, respectively, and may require antegrade EUS-guided or percutaneous biliary drainage, which bring their own specific morbidities, particularly risk of bile leak [25]. There was one case of bile leak with peritonitis in the

cSEMS + BS group due to a concomitant EUS-guided biliary drainage. The issue of concomitant or previous biliary stenting before duodenal cSEMS placement thus remains crucial and as yet unresolved.

To our knowledge, this study reports the largest series in the literature to date on covered duodenal stents (Table 5). We report no case of jaundice in 53 patients with covered duodenal stents bridging the ampulla of Vater nor in a control group with duodenal covered stents associated with concomitant or previously efficient biliary stenting during a 3-month follow-up period. Patients receiving duodenal stents without biliary drainage showed no significant change in bilirubin levels after stent placement. This was confirmed by comparison of two patient groups re-matched on age, gender and bilirubin level at baseline, which found no between-group differences in terms of bilirubinemia patterns. The presence of a control group with associated biliary stenting is an important feature of this study design as it strengthens the evidence that duodenal cSEMS does not cause biliary obstruction. The follow-up period of 90 days after stent placement corresponds to the deadline beyond which cSEMS were retrieved in benign indications. Furthermore, previous studies reported cases of jaundice occurring from 2 to 73 days post-procedure (median = 10 days) [15, 23, 24]. We assume that this 90-day follow-up window associated with bilirubin measurement on day 10 was adequate to detect mechanical occlusion of the bile duct due to duodenal stent covering. Our results are consistent with Kim et al. [15], which is the only other study designed to assess this specific issue, despite a different study design and different endpoints. Kim et al. [15] studied duodenal cSEMS placed under fluoroscopic guidance by radiologists and reported only one case of stent-caused jaundice among nine patients receiving covered stent bridging the ampulla of Vater with no associated biliary stenting. Here, the primary endpoint was the occurrence of jaundice after stent placement and is associated with the secondary endpoint, i.e., bilirubinemia at baseline versus at day 10 after stent placement. The rationale for choosing these clinical and biological criteria was that patients with advanced malignancies or complicated benign diseases such as chronic pancreatitis may present increased bile duct diameter without cholestasis or jaundice. All patients in Kim's study presented with malignant disease, and CT scans were mandatory to distinguish malignant bile duct obstruction from obstruction due to the stent itself. This is contrast to our study, where 55 % of cSEMS group patients had benign disease. Thus, jaundice or cholestasis appears more suitable criteria than radiological criteria. To explain the absence of jaundice or cholestasis, we presume that despite mechanical contact between the impermeable silicon membrane of covered stents and the ampulla of Vater, bile flow is not interrupted: Indeed,

**Table 5** Comparison of biliary adverse events reported after cSEMS placement in the second duodenal area

Author	Year	Journal	Design	Control group	Numbers	Associated BS	cSEMS without BS	Jaundice	Delay	Comments
JUNG [12]	2000	Radiology	Retrospective	NO	3	66.7 %	1	1	J1	–
SONG [23]	2004	JVIR	Retrospective	NO	24	91.7 %	2	2	J1, J73	1 case of jaundice despite BS
YOON [24]	2006	JVIR	Retrospective	NO	43	65.0 %	15	3	J7	cSEMS imputability not proven
KIM [15]	2008	JVIR	Retrospective	cSEMS versus SEMS	27	66.7 %	9	7	11	1 case of jaundice due to cSEMS itself—6 malignant biliary obstruction
DIDDEN [11]	2013	GIE	Prospective	NO	7	100.0 %	0	1	J 148	1 case of jaundice despite BS
WAIDMANN [5]	2013	WJG	Retrospective	cSEMS versus SEMS	16	50.0 %	8	0	–	–
Current study	2014	–	Retrospective	cSEMS versus cSEMS + BD	106	50.0 %	53	0	–	–

duodenal angulation and intense peristalsis probably help keep a gap between the stent and the duodenal wall, even when the stent is completely expanded, thus enabled continued bile outflow.

In conclusion, this study suggests that previous biliary stenting is not required before endoscopic covered duodenal stent placement in patients with no associated biliary obstruction. Further prospective randomized studies are needed to confirm these results.

**Conflict of interest** All authors have no conflict of interest to declare.

**Disclosures** L. Poincloux, F. Goutorbe, O. Rouquette, A. Mulliez, M. Goutte, G. Bommelaer, and A. Abergel have no conflicts of interest or financial ties to disclose.

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