



# Quantitative Helly-Type Theorems via Sparse Approximation

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## Abstract

We prove the following sparse approximation result for polytopes. Assume that  $Q$  is a polytope in John's position. Then there exist at most  $2d$  vertices of  $Q$  whose convex hull  $Q'$  satisfies  $Q \subseteq -2d^2 Q'$ . As a consequence, we retrieve the best bound for the quantitative Helly-type result for the volume, achieved by Brazitikos, and improve on the strongest bound for the quantitative Helly-type theorem for the diameter, shown by Ivanov and Naszódi: We prove that given a finite family  $\mathcal{F}$  of convex bodies in  $\mathbb{R}^d$  with intersection  $K$ , we may select at most  $2d$  members of  $\mathcal{F}$  such that their intersection has volume at most  $(cd)^{3d/2} \text{vol } K$ , and it has diameter at most  $2d^2 \text{diam } K$ , for some absolute constant  $c > 0$ .

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## 1 History and Results

Helly’s theorem, dated from 1923 [13], is a cornerstone result in convex geometry. Its finitary version states that the intersection of a finite family of convex sets is empty if and only if there exists a subfamily of  $d + 1$  sets such that its intersection is empty. In 1982, Bárány et al. [4] introduced the following quantitative versions of Helly’s theorem: there exist positive constants  $v(d)$ ,  $\delta(d)$  such that for a finite family  $\mathcal{F}$  of convex bodies (that is, compact convex sets with non-empty interior) in  $\mathbb{R}^d$ , one may select  $2d$  members such that their intersection has volume at most  $v(d) \text{vol}(\bigcap \mathcal{F})$ , or has diameter at most  $\delta(d) \text{diam}(\bigcap \mathcal{F})$ .

The problem of finding the optimal values of  $\delta(d)$  and  $v(d)$  has enjoyed special interest in recent years (see e.g. the excellent survey article [3]). In [4] (see also [5]) the authors proved that  $v(d) \leq d^{2d^2}$  and  $\delta(d) \leq d^{2d}$ , and they conjectured that  $v(d) \approx d^{c_1 d}$  and  $\delta(d) \approx c_2 d^{1/2}$  for some positive constants  $c_1, c_2 > 0$ .

For the volume problem, in a breakthrough paper, Naszódi [17] proved that  $v(d) \leq e^{d+1} d^{2d+1/2}$ , while  $v(d) \geq d^{d/2}$  must hold. Improving upon his ideas, Brazitikos [6] found the current best upper bound for volume:  $v(d) \leq (cd)^{3d/2}$  for a constant  $c > 0$ .

For the diameter question, Brazitikos [8] proved the first polynomial bound on  $\delta(d)$  by showing that  $\delta(d) \leq cd^{11/2}$  for some  $c > 0$ . In 2021, Ivanov and Naszódi [14] found the best known upper bound,  $\delta(d) \leq (2d)^3$ , and also proved that  $\delta(d) \geq cd^{1/2}$ . Thus, the value conjectured in [4] for  $\delta(d)$  would be asymptotically sharp.

In the present note, we show that given a finite family  $\mathcal{F}$  of closed convex sets, one can select at most  $2d$  members such that their intersection sits inside a scaled version of  $\bigcap \mathcal{F}$  for a suitable location of the origin. Clearly, it suffices to prove this statement for the special case when  $\mathcal{F}$  consists of closed halfspaces intersecting in a convex body. As an application, we obtain an improvement on the diameter bound,  $\delta(d) \leq 2d^2$ , and retrieve the best known bound for  $v(d)$ . The crux of the argument is the following sparse approximation result for polytopes, which is a strengthening of [14, Thm. 2].

**Theorem 1.1** *Let  $\lambda > 0$  and  $Q \subset \mathbb{R}^d$  be a convex polytope such that  $Q \subseteq -\lambda Q$ . Then there exist at most  $2d$  vertices of  $Q$  whose convex hull  $Q'$  satisfies*

$$Q \subseteq -(\lambda + 2)d Q'.$$

We immediately obtain the following corollary.

**Corollary 1.2** *Assume that  $Q = -Q$  is a symmetric convex polytope in  $\mathbb{R}^d$ . Then we may select a set of at most  $2d$  vertices of  $Q$  with convex hull  $Q'$  such that*

$$Q \subseteq 3d Q'.$$

As usual, let  $B^d$  denote the unit ball of  $\mathbb{R}^d$  and let  $S^{d-1}$  be the unit sphere of  $\mathbb{R}^d$ . A standard consequence of Fritz John’s theorem [16] states that if  $K \subset \mathbb{R}^d$  is a convex body in John’s position, that is, the largest volume ellipsoid inscribed in  $K$  is  $B^d$ , then  $B^d \subseteq K \subseteq dB^d \subseteq -dK$  (see e.g. [2]). Thus, we derive

**Corollary 1.3** *Assume that  $Q \subset \mathbb{R}^d$  is a convex polytope in John’s position. Then there exists a subset of at most  $2d$  vertices of  $Q$  whose convex hull  $Q'$  satisfies*

$$Q \subseteq -2d^2 Q'.$$

For  $n \in \mathbb{N}^+$ , we will use the notation  $[n] = \{1, \dots, n\}$ . For a family of sets  $\{K_1, \dots, K_n\} \subset \mathbb{R}^d$  and for a subset  $\sigma \subset [n]$ , let

$$K_\sigma = \bigcap_{i \in \sigma} K_i,$$

as in [14]. Also, let  $\binom{[n]}{\leq k}$  stand for the set of all subsets of  $[n]$  with cardinality at most  $k$ . Using this terminology, we are ready to state our quantitative Helly-type result.

**Theorem 1.4** *Let  $\{K_1, \dots, K_n\}$  be a family of closed convex sets in  $\mathbb{R}^d$  with  $d \geq 2$  such that their intersection  $K = K_1 \cap \dots \cap K_n$  is a convex body. Then there exists a  $\sigma \in \binom{[n]}{\leq 2d}$  such that*

$$\text{vol}_d K_\sigma \leq (cd)^{3d/2} \text{vol}_d K \quad \text{and} \quad \text{diam } K_\sigma \leq 2d^2 \text{diam } K$$

for some constant  $c > 0$ .

To conclude the section we formulate the following conjecture, which was essentially stated already in [4]. This would imply the asymptotically sharp bound for  $v(d)$ , see the remark after the proof of Theorem 1.4.

**Conjecture 1.5** *Assume that  $\{u_1, \dots, u_n\} \subset S^{d-1}$  is a set of unit vectors satisfying the conditions of Fritz John’s theorem. That is, there exist positive numbers  $\alpha_1, \dots, \alpha_n$  for which  $\sum_{i=1}^n \alpha_i u_i = 0$  and  $\sum_{i=1}^n \alpha_i u_i \otimes u_i = I_d$ , the identity operator on  $\mathbb{R}^d$ . Then there exists a subset  $\sigma \subset [n]$  with cardinality at most  $2d$  so that*

$$B^d \subset cd \text{conv} \{u_i : i \in \sigma\}$$

with an absolute constant  $c > 0$ .

That the above estimate would be asymptotically sharp is shown by taking  $n = d + 1$  and letting  $\{u_1, \dots, u_n\}$  to be the set of vertices of a regular simplex inscribed in  $S^{d-1}$ .

Note that we study quantitative Helly-type questions that require selecting at most  $2d$  sets, which is the smallest cardinality for which such estimates may hold. Versions obtained by relaxing this cardinality bound have been studied e.g. by Brazitikos [7], Dillon and Soberón [9], and Ivanov and Naszódi [14]. In particular, an estimate which matches Theorem 1.1 asymptotically was given in [14] when selecting  $2d + 1$  vertices of the polytope, and an asymptotically sharp estimate for the quantitative Helly-type

theorem for the diameter was proved in [9] for sufficiently large sub-families. Further quantitative Helly-type results have been studied in [15] (for log-concave functions) and [11] (continuous versions).

## 2 Proofs

**Proof of Theorem 1.1** The condition  $Q \subseteq -\lambda Q$  ensures that  $0 \in \text{int } Q$ . Among all simplices with  $d$  vertices from the set of vertices of  $Q$  and one vertex at the origin, consider a simplex  $S = \text{conv} \{0, v_1, \dots, v_d\}$  with maximal volume. We write  $S$  in the form

$$S = \left\{ x \in \mathbb{R}^d : x = \alpha_1 v_1 + \dots + \alpha_d v_d \text{ for } \alpha_i \geq 0 \text{ and } \sum_{i=1}^d \alpha_i \leq 1 \right\}. \tag{1}$$

For every  $i \in [d]$ , let  $H_i$  be the hyperplane spanned by  $\{0, v_1, \dots, v_d\} \setminus \{v_i\}$ , and let  $L_i$  be the closed strip between the hyperplanes  $v_i + H_i$  and  $-v_i + H_i$ . Define  $P = \bigcap_{i \in [d]} L_i$  (see Fig. 1). Note that

$$P = \{x \in \mathbb{R}^d : \text{vol}_d(\text{conv}(\{0, x, v_1, \dots, v_d\} \setminus \{v_i\})) \leq \text{vol}_d(S) \text{ for all } i \in [d]\}. \tag{2}$$

This follows from the volume formula

$$\text{vol}_d(\text{conv} \{0, w_1, \dots, w_d\}) = \frac{1}{d!} |\det(w_1 \ w_2 \ \dots \ w_d)|$$

for arbitrary  $w_1, \dots, w_d \in \mathbb{R}^d$ , which implies that for all  $x \in \mathbb{R}^d$  of the form  $x = cv_i + w$  with  $w \in H_i, i \in [d]$ ,

$$\text{vol}_d(\text{conv}(\{0, x, v_1, \dots, v_d\} \setminus \{v_i\})) = |c| \text{vol}_d(S).$$

Next, we show that

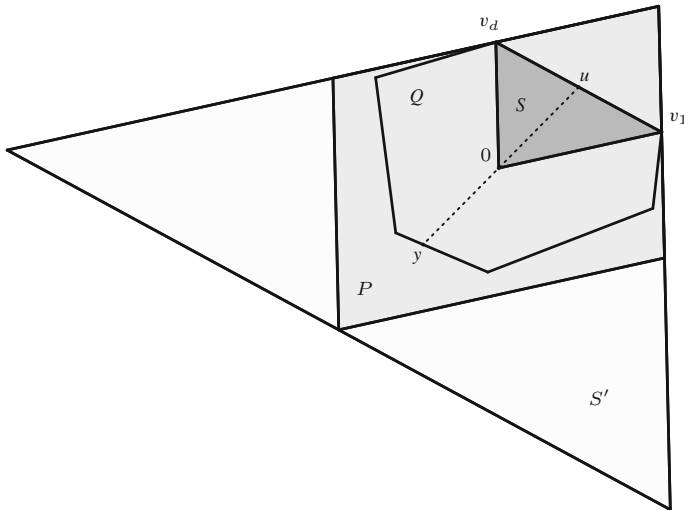
$$P = \{x \in \mathbb{R}^d : x = \beta_1 v_1 + \dots + \beta_d v_d \text{ for } \beta_i \in [-1, 1]\}. \tag{3}$$

Indeed, since  $v_1, \dots, v_d$  are linearly independent, we may consider the linear transformation  $A$  with  $A(v_i) = e_i$  for  $i \in [d]$ . Note that

$$A(P) = \bigcap_{i \in [d]} A(L_i) = \{x \in \mathbb{R}^d : x = \beta_1 e_1 + \dots + \beta_d e_d \text{ for } \beta_i \in [-1, 1]\}.$$

Thus, (3) holds. Since  $S$  is chosen maximally, (2) shows that for any vertex  $w$  of  $Q$ ,  $w \in P$ . By convexity,

$$Q \subseteq P. \tag{4}$$



**Fig. 1** Positions of the convex body  $Q$ , the simplex  $S$  of maximal volume, its homothetic copy  $S'$ , and the parallelepotope  $P$

Let  $S' = -2dS + (v_1 + \dots + v_d)$ . By (1),

$$S' = \left\{ x \in \mathbb{R}^d : x = \gamma_1 v_1 + \dots + \gamma_d v_d \text{ for } \gamma_i \leq 1 \text{ and } \sum_{i=1}^d \gamma_i \geq -d \right\}. \tag{5}$$

Then, from (3) and (5),

$$P \subseteq S'. \tag{6}$$

Let  $u = (1/d)(v_1 + \dots + v_d)$  be the centroid of the facet  $\text{conv}\{v_1, \dots, v_d\}$  of  $S$ . Let  $y$  be the intersection of the ray from  $0$  through  $-u$  and the boundary of  $Q$ . By Carathéodory's theorem, we can choose  $k \leq d$  vertices  $\{v'_1, \dots, v'_k\}$  of  $Q$  such that  $y \in \text{conv}\{v'_1, \dots, v'_k\}$ . Set  $Q' = \text{conv}\{v_1, \dots, v_d, v'_1, \dots, v'_k\}$ .

Note that  $[y, u] \subseteq Q'$ , which implies  $0 \in Q'$ . Thus,

$$S \subseteq Q'. \tag{7}$$

Since  $Q \subseteq -\lambda Q$ , we have that  $-u \in \lambda Q$ . Since  $\lambda y$  is on the boundary of  $\lambda Q$ , we also have that  $-u \in [0, \lambda y]$ . We know that  $0, \lambda y \in \lambda Q'$ , so

$$u \in -\lambda Q'. \tag{8}$$

Combining (4), (6), (7), and (8):

$$Q \subseteq P \subseteq S' = -2dS + du \subseteq -2dQ' - \lambda dQ' = -(\lambda + 2)dQ'. \tag{9}$$

□

**Proof of Theorem 1.4** As shown in [4], we may assume that the family  $\{K_1, \dots, K_n\}$  consists of closed halfspaces such that  $K = \bigcap K_i$  is a  $d$ -dimensional polytope. Let  $T$  be the affine transformation sending  $K$  to John’s position. Let  $\tilde{K}_i = TK_i$  for  $i \in [n]$ ,  $\tilde{K} = TK$ , and for some  $\sigma \subset [n]$ , let  $\tilde{K}_\sigma = \bigcap_{i \in \sigma} \tilde{K}_i$ . We claim that there exists  $\sigma \in \binom{[n]}{\leq 2d}$  such that the following two properties hold:

$$\tilde{K}_\sigma \subseteq -2d^2 \tilde{K}, \tag{10}$$

$$\text{vol}_d \tilde{K}_\sigma \leq (cd)^{3d/2} \text{vol}_d \tilde{K} \tag{11}$$

for some constant  $c > 0$ . Estimates (10) and (11) are affine invariant, so this will suffice to prove Theorem 1.4.

Recall that since  $\tilde{K}$  is in John’s position,  $B^d \subseteq \tilde{K} \subseteq dB^d$  (see [2] or [12, Thm. 5.1]). Setting  $Q = (\tilde{K})^\circ$ , this yields that  $(1/d)B^d \subseteq Q \subseteq B^d$  (here and later on,  $K^\circ$  stands for the polar set:  $K^\circ = \{x \in \mathbb{R}^d : \langle x, y \rangle \leq 1 \text{ for all } y \in K\}$ .) In particular,  $Q \subseteq -dQ$ . Hence, we may apply Theorem 1.1 to  $Q$  with  $\lambda = d$ , we obtain a subset of at most  $2d$  vertices of  $Q$  such that their convex hull  $Q'$  satisfies

$$Q \subseteq -(d + 2)dQ' \subseteq -2d^2Q'. \tag{12}$$

The family of closed halfspaces supporting the facets of  $(Q')^\circ$  is a subset of  $\{\tilde{K}_1, \dots, \tilde{K}_n\}$  with at most  $2d$  elements. Thus, we can choose  $\sigma \in \binom{[n]}{\leq 2d}$  such that  $\tilde{K}_\sigma = (Q')^\circ$ . Taking the polar of (12), we obtain

$$\tilde{K}_\sigma \subseteq -(d + 2)d\tilde{K} \subseteq -2d^2\tilde{K},$$

which shows (10).

Let  $P$  be the parallelotope enclosing  $Q$  from the proof of Theorem 1.1 and set  $P' = -(1/(2d^2))P$ . Statement (9) implies

$$Q' \supseteq P'.$$

Since  $S$  is chosen maximally, the volume of  $S$  is at least the volume of the simplex obtained from the Dvoretzky–Rogers lemma [10] (see also [17, Lem. 1.4]):

$$\text{vol}_d(S) \geq \frac{1}{\sqrt{d!}d^{d/2}}. \tag{13}$$

Using (13),

$$\text{vol}_d(P') = (2d^2)^{-d} \text{vol}_d(P) = (2d^2)^{-d} \cdot 2^d d! \text{vol}_d(S) \geq d^{-5d/2} (d!)^{1/2}. \tag{14}$$

Note that  $P'$  is centrally symmetric, so we can use the Blaschke–Santaló inequality (see [1, Thm. 1.5.10]) for  $P'$ :

$$\text{vol}_d(P') \cdot \text{vol}_d((P')^\circ) \leq \text{vol}_d(B_2^d)^2. \quad (15)$$

Using the inclusions  $\tilde{K} \supseteq B_2^d$  and  $\tilde{K}_\sigma = (Q')^\circ \subseteq (P')^\circ$ , as well as (14) and (15):

$$\frac{\text{vol}_d \tilde{K}_\sigma}{\text{vol}_d \tilde{K}} \leq \frac{\text{vol}_d((P')^\circ)}{\text{vol}_d(B_2^d)} \leq \frac{\text{vol}_d(B_2^d)}{\text{vol}_d(P')} \leq \frac{\pi^{d/2} d^{5d/2} (d!)^{-1/2}}{\Gamma((d/2) + 1)} \leq (cd)^{3d/2} \quad (16)$$

for some absolute constant  $c > 0$ . This shows (11) and concludes the proof.  $\square$

**Remark** We briefly explain how Conjecture 1.5 would imply the asymptotically optimal bound on  $v(d)$ . First note that the estimate (12) would hold with the factor  $cd$  instead of  $2d^2$ . Then, in the rest of the proof of Theorem 1.4, we could replace all instances of the factor  $2d^2$  with  $cd$ . In particular, one would get the linear upper bound  $\delta(d) \leq cd$  from the improvement of (10), while the rest of the calculations would show that the final quotient in (16) is at most  $(c'd)^{d/2}$  for some absolute constant  $c' > 0$ .

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