RESEARCH PAPER

Valorization of cheese whey and orange molasses for fungal biomass production by submerged fermentation with *Rhizopus* **sp.**

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Abstract

Submerged fermentation (SmF) is an attractive biotechnological option for waste treatment, generating fungal bioprotein from food industry by-products. Using diferent *Rhizopus* sp. strains as fermentation agents, this paper describes a global strategy to identify interactions between cultivation parameters (pH 4.75–7.75, 7.5–82.5 g/l glucose, 0.75–3.75 g/l nitrogen, incubation time up to 5 days) for valorization of food industry by-products. Selected parameters and/or their interactions are critical for most of the proposed resulting values, giving the opportunity to optimize the process depending on the objective and making an "in silico" pre-evaluation of the process conditions. SmF of orange molasses leads to a high biomass and protein yield (11.9 g biomass/l and 4.0 g protein/l), with $43.1 \pm 0.1\%$ of essential amino acids and chemical oxygen demand (COD) reduction of almost 50%. Experiments with cheese whey result in $76.3 \pm 1.1\%$ of glucose consumption and a biomass production of 5.6 ± 2.2 g/l with $48.9 \pm 5.1\%$ of essential amino acids. SmF of orange molasses and cheese whey could contribute to promoting a sustainable feed industry while reducing by-product treatment.

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Graphical abstract

Rhizopus sp. SmF Central composite rotatory design

Keywords Food waste treatment · Submerged fermentation · Fungal bioprotein · *Rhizopus oryzae* · Parameters optimization

Introduction

Food processing industries produce billions of tons of organic by-products and wastewater each year, which become, in a significant proportion, organic-rich waste streams. EU directive 2018/851 [[1](#page-13-0)] establishes that food wastes cannot be disposed of in a landfll without a previous valorization, due to environmental and economic concerns. Significant efforts have been made to use these organic pollutants as valuable resources for microbial bioconversion, removing organic material and generating valuable end products [[2\]](#page-13-1). In this context, by-products from the dairy industry (mainly cheese whey) and from the fruit industry (molasses generated during juice production) are very relevant, both quantitatively and qualitatively. Cheese whey (CW) is the liquid by-product portion produced by casein coagulation during the cheese-making process. The current total worldwide production of whey is estimated at about 180–190 million tons/year, and only half of this by-product is used for food and feed production [[3\]](#page-13-2). CW generates important environmental problems due to its large volume of production (9 l of whey per kg of cheese) [[4\]](#page-13-3) and high chemical oxygen demand (COD), approximately between 50 and 102 g/l [[5](#page-13-4)]. Therefore, proper management, with treatment or reuse, is mandatory before its elimination. The same problem is observed in the fruit industry. Worldwide production of citrus fruits in 2016 was close to 124 million tons, of which almost 70 million tons corresponded to oranges [\[6](#page-13-5)]. More than 18 million tons of those oranges were required for processing and over 50% are discarded as organic waste [[7\]](#page-13-6), including the orange molasses (OMs). OMs are generated after product extraction from solid by-products by skin and pulp maceration process with calcium carbonate, which breaks down the vegetable matrix. Considering the potential environmental problems caused by this huge quantity of organic material, an efficient waste treatment is vital for food industries sustainability.

Several organisms can use these products as carbon and nutrient sources, generating high-value products and reducing their waste potential. This has been applied to several by-products and with diverse organisms including yeast, bacteria, fungi or insect [[8,](#page-13-7) [9\]](#page-13-8). Compared to yeast or bacteria, fungi are easy to be harvested, have low nucleic acid and high protein proportion [\[10](#page-13-9)]. Fungal fermentation reduces COD of pollutant to signifcant levels, [[11](#page-13-10), [12](#page-13-11)], produces fungal biomass which can be used as a source of animal feed and, potentially, in human diets, and also presents diversity in high-value end products [[13–](#page-13-12)[17](#page-13-13)]. When the by-product is liquid, the use of *Rhizopus oryzae,* a flamentous fungus, is an attractive option to treat high-strength wastewater. This genus can use pentoses and hexoses, components of agricultural wastes, as the carbon source for the production of high-value products from food by-products, including organic acids (lactic acid and fumaric acid) [\[18–](#page-13-14)[20](#page-13-15)], enzymes $[21-24]$ $[21-24]$ $[21-24]$, and volatile compounds $[25]$ $[25]$. The main biopolymer of *Rhizopus* is chitosan, a polysaccharide composed of $β-(1-4)$ p-glucosamine and *N*-acetyl-p-glucosamine with high value due to its technological uses $[26]$. This biopolymer is usually obtained from the crustacea, but *R. oryzae* has overcome the industrial feasible source in the last years [\[27](#page-13-20), [28](#page-13-21)]. Other authors have considered *Rhizopus* sp. as a bioconversion agent to transform large volumes of liquid wastes into fungal bioprotein (FBP), an alternative source of protein to animal protein or other vegetable ingredients commonly used in feed for livestock and aquacul-ture diets, such as soybeans, wheat, corn and fish meal [[17,](#page-13-13) [29](#page-13-22)[–33](#page-14-0)]. The main components of the resulting biomass are proteins, carbohydrates, fatty acids, components of the cell wall, nucleic acids and vitamins, and their relative proportion and nutritional value must be analyzed case by case due to the dependence of the selected substrate [[34\]](#page-14-1).

The EFFPA (European Former Foodstuff Processor Association) states that 5 million tons of food products are used in animal feed $[35]$ $[35]$ $[35]$, and that there is an upward trend to 7 million tons by 2025. The sustainability of feed production systems is being challenged due to factors such as scarcity of land, soil and water, competition between food and fuel, climate change, together with increased competition for arable land and non-renewable resources. One of the keys to sustainable livestock development is the efficient use of available resources, including the reduction of food waste and the application of new resources for animal feed that do not compete with human food. Cereals and oilseeds are the fundamental components of livestock feed, but their impact on prices is very high and manufacturers need a continuous and guaranteed supply that allows them to cover the needs of livestock feed. The EU is totally dependent on imports to supply the internal market with protein intended for animal feed (mainly soya), therefore, new alternative sources of protein are urgently needed. Harvesting fsh species that are used for fshmeal production has reached its maximum capacity, increasing the fsh meal price. Considering the current fshmeal production and aquaculture growth, an alternative protein source is needed [[36\]](#page-14-3). Alternative protein sources must have lower or similar prices to actual protein sources (soybean, fish meal), must be produced in a sustainable manner, not exposed to fuctuations in the market and not dependent on geographical factors and climate variability. The price of soybeans varied between 295 and 435 euros per ton in 2016 [\[37](#page-14-4)], so the production of *Rhizopus* biomass should not exceed these amounts to be competitive in price and attractive to feed manufacturers. Therefore, the use of fungal biomass as an alternative protein for feed manufacturers could be an exceptional example of resource efficiency in the circular economy of the EU.

When fungal fermentation is considered for by-product treatments, carbon consumption (COD reduction) and biomass production are critical parameters. To maximize them, the effects of several process variables like substrate composition, substrate concentration, medium pH, inoculation, nutrient addition, incubation time and temperature have been previously studied by many researchers [[38–](#page-14-5)[40](#page-14-6)], but optimization failed to evaluate multiple parameters at a time. This multiparametric strategy has been considered by other authors to maximize enzyme production during *Rhizopus* growth, including the Plackett–Burman design [[41](#page-14-7)] and response surface methodology (RSM) [\[42](#page-14-8)].

In this paper, we consider *R. oryzae* to optimize industry waste treatment (organic carbon consumption) and highvalue product generation (mainly biomass, fungal protein, pure chitosan and fumaric acid) with a global strategy that would identify interactions between cultivation parameters. Based on our preliminary results, central composite rotary design (CCRD) and RSM were used to study the efect of nitrogen and glucose concentration, medium pH and culture time. Results obtained using synthetic medium were evaluated using real agro-industrial by-products, CW and OM, as substrate and the obtained biomasses' amino acid (AA) and fatty acid (FA) profles were analyzed for using them as potential animal feed.

Materials and methods

Microorganism and culture media

Top cultures (Belgium) provided commercial *R. oryzae* culture (internal code ROR001). The inoculum was received as a powder and stored at 4 °C until use. The specifcation sheet claims, at least, 8×10^6 spores per gram of starter when it was packaged. Two food-derived *Rhizopus* sp. strains isolated and characterized in our laboratory (ROR003 and ROR004) [[43\]](#page-14-9) were used to validate the model and to compare the potential uses of our own strains for the development of biotechnological strategies.

Potato dextrose agar and buffered peptone water (both from Oxoid, Basingstoke, Hampshire, England) were used for fungal propagation, count and dilution when required. Tween 80 (Merck, Darmstadt, Germany) was used for inoculum preparation. All media were prepared as recommended by the producer and sterilized at 121 °C for 15 min. Plates

for total fungal counts (active cell and/or spores) were incubated at 30 °C for 48 h.

Analytical determinations

Culture was fltered through the 300 µm sterile metal flter and retentate was considered as the fungal mycelium. Fungal mycelium was washed with distilled water (1:2 w/w). Dry matter (DM) was calculated by drying the sample at 60 °C for 24 h, until constant weight [[44](#page-14-10)]. Protein content of the substrates and the mycelia during CCRD development was determined by Kjeldahl [[45](#page-14-11)]. Mycelia protein content during model validation and CW and OM fermentation was determined by the Biuret method as proposed by Satari et al. [\[39](#page-14-12)] due to its simplicity after a comparison with the Kjeldahl method as done before by Ferreira et al. [\[46\]](#page-14-13). Briefy, approximately 100 mg of sample was mixed with 3 mL of 1 M NaOH (Fischer Scientific, Loughborough, UK) and boiled for 10 min. After immediate cooling in an ice bath, required dilutions were prepared with 1 M NaOH, $CuSO₄ \times 5H₂O$ (2.5% w/v) (Merck, Darmstadt, Germany) and added to the test tubes (25% v/v fnal volume) and then mixed gently for 5 min. The clear supernatant was collected after centrifuging (6714 g, 5 min), and the absorbance was read at 555 nm. Diferent concentrations of bovine serum albumin (BSA, Sigma-Aldrich, Steinheim, Germany) dissolved in 1 M NaOH were used as standard.

Total fat was determined as described previously [[47](#page-14-14)]. Briefy, biomass (500–1000 mg) was mixed with 3 ml of methanol, 1.5 ml of chloroform (both from Fischer Scientifc, Loughborough, UK) and 1.2 ml of water and homogenized for 1 min. In addition, 1.5 ml of chloroform and 1.2 ml of water were added, homogenized again and centrifuged (1450 g, 15 min). Aqueous and protein phases were removed and the lipid phase (at the bottom of the tube) in chloroform was determined. Moisture and impurities were removed by passing through Na₂SO₄ (Fischer Scientific, Loughborough, UK). The solvent was evaporated under nitrogen fush.

Total glucose and reducing sugars were determined by dinitrosalicylic (DNS) acid reagent method [[48\]](#page-14-15) adjusted to microplate (Thermo Fisher Scientifc, Roskilde, Denmark) assay procedure. DNS acid reagent was prepared by dissolving 8 g of NaOH in 100 ml of distilled water. Then, 5 g of DNS (Fischer Scientifc, Loughborough, UK), 250 ml of distilled water and 150 g of potassium sodium tartrate tetrahydrate (Sigma-Aldrich, Steinheim, Germany) were added and made up to volume (500 ml). 25 µl of sample, blank or standard (different concentrations of p-glucose, Fischer Scientific, Loughborough UK) and 25 µl of DNS reagent were added to each well and incubated for 10 min at 100 °C. The microplate was rapidly cooled in an ice bath and 250 µl of distilled water was added to each well. Absorbance was read at 540 nm.

Fumaric acid was determined by the Fumarate Assay Kit (Sigma-Aldrich, St. Louis, USA) as described in the microplate assay procedure. The pH of the culture was determined using a potentiometer (Crison micropH 200, Hach Lange Spain S.L.U., Spain).

COD was determined using the COD spectroquant cell test (Merck, Darmstadt, Germany).

Extraction and precipitation of chitosan were done as described previously by Zamani et al. [[44](#page-14-10)]. Briefy, wet mycelium of *Rhizopus* was treated with 0.5 M NaOH (30 ml of sodium hydroxide per gram of mycelium dry weight) at 90 °C for 2 h. Alkali-insoluble material (AIM) was separated by centrifugation (4000*g*, 10 min), washed four times with distilled water, and stored at 4 °C until use. The yield of AIM from biomass was measured after drying it at 60 °C until constant weight. Sulfuric acid (1% v/v) (Fischer Scientifc, Loughborough, UK) was mixed with AIM (100 ml/g), the mixture was heated at 121 °C for 20 min, followed by hot filtration (> 90 °C) and chitosan was precipitated in an ice bath for 2 h. The bottom phase was centrifuged (4000*g*, 10 min) and the pellet was dried until constant weight.

The AA profle was determined as done before [[43\]](#page-14-9). Protein quality was evaluated by the essential amino acid index (EAAI) as described before [\[49](#page-14-16)]. EAAI is based on the content of essential amino acids (EAA) compared to a reference protein or specifc requirements for human nutrition [[50](#page-14-17)] and it is used as a rapid method to evaluate and optimize the AA content of food and feed formulations. The EAAI equation is described as follows:

$$
EAAI = \sqrt[n]{\sum n \frac{mg \text{ of EAA in 1 g of tested protein}}{mg \text{ of EAA in 1 g of reference protein}}},
$$
\n(1)

n is the number of EAA referenced.

FA acid profle was determined by adding 5 ml of sodium methoxide (Fischer Scientifc, Loughborough, UK, 0.2% w/v in methanol) to previously extracted lipid fraction and boiling for 10 min in a refux system. Samples were cooled by introducing them into ice. After that, they were neutralized by adding HCL (5% v/v) (Fischer Scientifc, Loughborough, UK) in methanol and again boiled for 10 min, cooled in ice and mixed with 5 ml of *n*-hexane (Fischer Scientifc, Loughborough, UK). Saturated sodium chloride (Fischer Scientifc, Loughborough, UK) was added forcing the separation of the hexane from the inorganic part. At that point, the methyl esters were dissolved in the hexane part, dried and dissolved in C19 methyl ester (internal standard). GC-FID analysis was ftted with a DB-23 column of Agilent Technologies (60 m \times 0.25 mm). The program was 150 °C for 1 min, a 5 °C/min gradient up to 200 °C, a second gradient of 2 °C/ min up to 230 °C and 20 min at 230 °C. Fatty acid methyl esters were identifed by comparing the retention times with standard and were expressed as percentages of total fatty acid methyl esters.

Parameters optimization via central composite rotary design (CCRD) and statistical analysis

An optimization of fermentation conditions was done to maximize biomass production (g/l), protein production (% DM), glucose consumption (%), biomass yield (gram of biomass DM/gram of consumed glucose), chitosan production (% biomass DM) and fumaric acid production (g/l) .

Optimization was done in synthetic culture medium, which includes (g/l): 7.5–82.5 glucose, 3.0 KH_2PO_4 (Panreac Química SA, Barcelona, Spain), $0.5 \text{ MgSO}_4 \times 7\text{H}_2\text{O}$, 0.5 FeSO_4 (both from Sigma-Aldrich, Steinheim, Germany) and 0.5 KCl (Merck, Darmstadt, Germany). Nitrogen was 0.75–3.75 g/l (Proteose peptone, Oxoid, Basingstoke, Hampshire, England) and 1 ml of olive oil was added as the antifoaming agent. Culture initial pH was adjusted with sterile 1 M NaOH and 1 M HCl. Submerged fermentation (SmF) was carried out on sterile 1 l pirex bottles (500 ml medium) with sterile air flux 2.0 v/v per minute, incubated at 30 °C, inoculated with 0.1% of spore suspension in dark conditions and without shaking. Inoculum spore suspension was prepared as described before [[43](#page-14-9)] and adjusted to 10^7 cfu/ ml just before inoculation.

Based on preliminary experiences (not shown), a CCRD was carried out, which contained 27 experimental trials (Supplementary material Table S.1). Five levels of the varying four factors (glucose, nitrogen, pH and incubation time) were used in the central composite design (Table [1\)](#page-4-0). Considered runs included $2⁴$ factorial design (16 runs), star points (8 runs) and central points (3 runs). Results were expressed as a second-order equation, formally presented as Eq. [\(2](#page-4-1)):

for statistical analysis (Statgraphics Centurion XVI software package) of the model. Factors were considered signifcant when their probability (*p* value) was lower than 0.05.

Model validation

Model validation comprised two steps. First, independent runs were carried out using synthetic medium (SM) to compare the obtained values with the model. Diferent experimental conditions were carried out with the SM (Table [2,](#page-5-0) ROR001 (*n*=3), ROR003 (*n*=1) and ROR004 (*n*=2) in conditions 1–9).

Later, the model was validated at optimal conditions for protein and biomass production (SM, 3.75 g/l nitrogen, 32 g/l glucose, 5 incubation days and 6.12 initial pH, Table [2,](#page-5-0) condition 10) with a food-derived strain (ROR004). Twelve independent experiments $(n=12)$ were run and compared with the predicted values.

Finally, CW and OM were used as food industry-derived by-products for the model validation in diferent fermentation conditions (Table [2](#page-5-0), conditions 11–16). Bovine CW samples were obtained fresh from a commercial cheese factory (Vascolac S.L. Zamudio, Spain) and heated at 110 °C for 1 min to remove the precipitated proteins. Extra nitrogen (proteose peptone 0.25 g/l), glucose (9.96 g/l) and micronutrients (KH₂PO₄ 4 g/l, KCL 0.5 g/l, MgSO₄×7H₂O 0.5 g/l, FeSO₄ 0.5 g/l and olive oil 0.8% v/v as antifoaming) were added. Each experimental condition included a diferent percentage of partially deproteinized CW and SM (Table [2](#page-5-0), conditions 11–13). Whey and nutrients were sterilized (121 °C 15 min) separately and mixed in sterile conditions and inoculated with the original strain (ROR001, $n = 2$). Commercial OM was obtained from a fruit-processing factory during the production of orange juice (Indulleida S.A. Vilanova de

$$
Y = B0 + AX_1 + BX_2 + CX_3 + DX_4 + ABX_1X_2 + ACX_1X_3 + ADX_1X_4 + BCX_2X_3 + BDX_2X_4 + CDX_3X_4 + AAX_1^2 + BBX_2^2 + CCX_3^2 + DDX_4^2,
$$
\n(2)

where *Y* is the response parameter, X_1 , X_2 , X_3 and X_4 are the coded independent variables, *A*, *B*, *C* and *D* are linear coefficients, AA, BB, CC and DD are quadratic coefficients and *AB*, *AC*, *AD*, *BC*, *BD* and *CD* are the interactive coeffcients. ANOVA (analysis of variance) models were used

Table 1 Coded variables screened for five levels $(-\alpha, -, 0, +, +\alpha)$

Factor	$-\alpha$	Low $(-)$	θ	$High (+)$	α
pH	4.75	5.50	6.25	7.00	7.75
Glucose (g/l)	7.5	15.0	37.5	60.0	82.5
Nitrogen (g/l)	0.75	1.50	2.25	3.00	3.75
Time (days)					

Segrià, Spain). Original pH of the substrate was adjusted with NaOH 4 M before autoclaving (121 \degree C 15 min) and the final substrate pH was 5.4 ± 0.1 . When required, medium was supplemented up to 2 g/l nitrogen with $(NH_4)_2SO_4$ (Fischer Scientifc, Loughborough, UK) (Table [2](#page-5-0), conditions 14 and 15) before autoclaving. Samples were inoculated with a food-isolated *Rhizopus* sp. strain (ROR004).

Statistical analysis

Diferences between fungal samples were determined by one-way ANOVA statistics analyzed using the software package SPSS (IBM Corp. V 24.0, New York, USA). When equal variances were not assumed (Levene test), Welch

Table 2 Experimental runs conducted to validate the model

Experimental conditions	Strain	Medium	Glucose (g/l)	Nitrogen (g/l)	pH	Time (days)
1	ROR001	SM	37.5	2.25	6.25	3
$\overline{2}$	ROR003	SM	37.5	2.25	6.25	3
3	ROR004	SM	37.5	2.25	6.25	3
$\overline{4}$	ROR001	SM	37.5	3.75	6.25	3
5	ROR003	SM	37.5	3.75	6.25	3
6	ROR004	SM	37.5	3.75	6.25	3
7	ROR001	SM	37.5	0.75	6.25	3
8	ROR003	SM	37.5	0.75	6.25	3
9	ROR004	SM	37.5	0.75	6.25	3
10	ROR004	SM	32.0	3.75	6.12	5
11	ROR001	40% (v/v) CW	18.6 ± 1.0	0.78 ± 0.0	6.00	$\overline{4}$
12	ROR001	18% (v/v) CW	13.8 ± 0.5	0.49 ± 0.0	6.00	$\overline{4}$
13	ROR001	9% (v/v) CW	11.7 ± 0.2	0.36 ± 0.0	6.00	$\overline{4}$
14	ROR004	OM	24.0 ± 0.3	0.20	5.50	5
15	ROR004	OM	23.0 ± 2.8	2.00	5.50	5
16	ROR004	OM	20.8 ± 4.5	2.00	5.40	$\overline{2}$

SM synthetic medium, *CW* cheese whey, *OM* orange molasses

statistic was used to compare samples. The level of signifcance was set at $p < 0.05$.

Results and discussion

Infuence of the studied variables on the considered products

Preliminary characterization of selected by-products shows that reducing sugars are 21.5 ± 2.6 and 22.6 ± 0.7 g/l in CW and OM, respectively, the nitrogen content is higher in CW $(1.3 \pm 0.1 \text{ g/l})$ and, as expected, quite lower in OM (0.20 g/l). Original pH is 6.1 ± 0.1 in CW and pH 4.7 ± 0.1 in OM.

CCRD was selected to predict selected variables in such high diferent by-products. Based on the preliminary characterization, the substrate conditions used for model development range were selected. These parameters include a wide pH range (4.75–7.75), glucose concentration (7.5–82.5 g/l),

nitrogen concentration (0.75–3.75 g/l) and the usual incubation time (1–5 days) (Table [1](#page-4-0)). Nitrogen's minimum concentration is higher than present in OM, but preliminary experiments (not shown) and published results [[12,](#page-13-11) [51\]](#page-14-18) suggested that OM would require nitrogen supplementation to maximize biomass production. This point was confrmed in later experiments (see Table [2,](#page-5-0) condition 14 and related results).

As described later, the statistical analysis of the results obtained after CCRD runs demonstrate that only few factor interactions have a significant effect on the results. To simplify the number of parameters and their interactions for the prediction of the variable, those interactions with a *p* value higher than 0.7 have been removed from the model and not considered in further analysis as recommended by Anderson, Whitcomb [\[52](#page-14-19)]. The obtained and predicted results during model generation are shown in supplementary material (Table S.2). Statistical analysis of the results obtained after this purge shows that the proposed model is signifcant for almost all the response factors considered (Table [3](#page-5-1)). The *F*

Table 3 Statistical parameters (ANOVA) of the equations in each studied variable; biomass (g DM/l), biomass yield (g DM/g consumed glucose), protein (% DM), chitosan (% DM), glucose consumption (%) and fumaric acid (g/l)

*Statistically signifcant (*p*<0.05)

test is used to analyze the statistical signifcance of proposed equations for each interesting parameter (Eq. [2](#page-4-1)) and the analysis of variance (ANOVA) was used for the response surface quadratic model. As an overview, equations derived from the considered variables can predict positively biomass, biomass yield, protein concentration, fumaric acid and consumed glucose (*p* values lower than 0.05, Table [3](#page-5-1)). The percentage of variation $(R^2$ value) that can be attributed to the dependent variables indicates that those selected variables explain between 70 and 95% of the fnal values (75.69, 81.96, 76.99, 94.55 and 70.64 for biomass, biomass yield, protein, fumaric acid and glucose consumption, respectively). However, the proposed variables do not predict chitosan concentration in a significant way (*p* value of 0.3208 and R^2 value of 52.53) (Table [3](#page-5-1)), therefore, it is excluded from further analysis. Other authors found that chitosan production depends on different factors like dimorphism, obtaining higher productions when fungi are grown in filamentous form [[40\]](#page-14-6) and longer incubation periods [\[53](#page-14-20)]. Although our experimental conditions lead to flamentous growth form (results not shown) and some conditions include long incubation periods, the obtained chitosan yields are lower than published results [[39\]](#page-14-12), obtaining concentrations between 1 and 3% of total fungal biomass (Table S.2).

Results demonstrate that nitrogen, glucose and incubation time are significant factors ($p < 0.05$) for biomass production (Fig. [1a](#page-6-0)). When nitrogen is high in the medium, but glucose is low $(C/N \leq 4)$, or when nitrogen is low, and glucose is high ($CN \ge 16$), biomass production decreases, especially when fermentation time is 2 days or lower, which reinforces the idea that the carbon:nitrogen ratio should be balanced (C/N ratios around 8, Table S.2) for maximal production (Fig. [2a](#page-7-0)). Incubation period has also a positive impact on produced biomass (Fig. [1a](#page-6-0)) and high biomass is also harvested in low ($C/N \leq 4$) ratios. We observe fungal growth up to 4 days in most cases with maximum production of 9.3 g/l (Table S.2), in agreement with the published results [\[46,](#page-14-13) [54](#page-14-21)].

Glucose and the interaction between glucose \times time and glucose² are significant factors ($p < 0.05$) for biomass yield (biomass produced per glucose consumed) (Fig. [1b](#page-6-0)). When glucose is poor, the biomass yield parameter is dependent on the interaction of glucose \times time, resulting in higher productivity when the incubation time is longer. As explained in the paragraph above, biomass production (g DM/l) is highly dependent on longer incubation periods when glucose is at a low concentration (15 g/l) in the medium, which leads to a higher biomass yield. In contrast, when the medium is rich in glucose, the higher incubation period does not

Fig. 1 Pareto charts of variables and equation coefficients (**a** biomass production, constant=7.75077; **b** biomass yield, constant=0.763243; **c** protein, constant=−66.2311; **d** glucose consumption, constant=−63.0902)

Fig. 2 RSM analysis of variables (**a** RSM analysis for biomass production, pH 6.25 time=3 days; **b** RSM analysis for biomass yield, pH 6.25, nitrogen=2.25 g/l; **c** RSM analysis for protein concentration,

pH 6.25, time=3 days; **d** RSM analysis for glucose consumption, pH 6.25, nitrogen = 2.25 g/l)

lead to higher productivity (Fig. [2b](#page-7-0)). The increase in C/N ratio could lead to a reduction in the formation of biomass, thereby redirecting the pyruvate fow to fumarate production [\[55](#page-14-22)]. Our results show that the lowest yields $(< 0.16 \text{ g/g})$ are always obtained at a high glucose concentration $(>60 \text{ g/l})$, and highest yields $(>0.33 \text{ g/g})$ in contrast, at low glucose concentrations $(< 15 \text{ g/l})$ (Table S.2).

Nitrogen, glucose and the interaction between nitro $gen \times glucose$ and nitrogen \times time are significant factors $(p<0.05)$ for protein concentration (Fig. [1](#page-6-0)c). Protein concentration is a vital parameter in obtaining a high-value biomass for feed application [[34](#page-14-1)]. The highest protein proportion is obtained when the medium is rich in nitrogen and poor in glucose (Fig. [2](#page-7-0)c), this condition provides a C/N ratio of 10:1 or less, which ensures a high protein content [[56](#page-14-23)]. Our results show that C/N ratios \leq 4 lead to higher protein production $(>35\%)$ than the values obtained at higher C/N ratios (Table S.2).

Fumaric acid production is not considered for model validation due to the low production in the studied conditions. Results confrm that high biomass production conditions do not match with high fumaric acid production conditions as reported previously [[57](#page-14-24)]. *Rhizopus* strains tend to form cotton-like mycelia, which limits the mass transfer of oxygen and nutrients onto the microorganisms and the release of the produced organic acids into bulk solutions. These conditions lead to low yield and productivity of organic acids during fermentation which could be alleviated by growing fungi in pellet form [\[57](#page-14-24)].

The obtained results report maximal yield of 0.08 g fumaric acid per gram of consumed glucose (0.12 mol/mol) (Table S.2), which is much lower than the maximal theoretical yield in a nongrowth situation of 2 mol of fumaric acid per mole of consumed glucose [\[58\]](#page-14-25). This efect can be because the CCRD conditions were not optimized for fumaric acid production, where C/N ratios ranging from 120:1 to 150:1 are suggested [[59](#page-14-26)] and the highest C/N ratio was 20:1. Adding a neutralizing agent like $CaCO₃$ or developing simultaneous fermentation–separation process that avoids the use of neutralizing agents while preventing product inhibition and maintaining a high level of dissolved oxygen in the fermentation broth are also possible strategies for improving fumaric acid yield [[60,](#page-14-27) [61\]](#page-14-28). Results confrm that it is not possible to maximize the co-production of fumaric acid and biomass in a single-step fermentation process.

As expected, lower initial glucose concentration always leads to a higher proportional glucose consumption and when glucose concentration is high, longer incubation periods are required to obtain maximal glucose consumptions (Fig. [2](#page-7-0)d). Nitrogen concentration is critical (has a rather high coefficient) in the glucose consumption equation (Fig. [1](#page-6-0)d), resulting in a relative high nitrogen proportion becoming

necessary for high glucose consumption and confrming the idea that C/N ratio is critical for this fungus metabolism. For glucose consumption, the considered signifcant factors are glucose and time (Fig. [1d](#page-6-0)).

Multiparameter optimization and RSM analysis allow fnding the optimal compromise to obtain a combination of high-value products and a COD reduction, related to reducing sugars consumption, as result of the by-product treatment. In this case, food and feed production strategy would require identifying the optimal conditions for the highest biomass production with the highest protein concentration, as well as identifying the highest sugar consumption in the case of by-product treatment. The resulting conditions are medium glucose concentration (32 g/l), high nitrogen (3.75 g/l) in a slight acid medium (6.12) and being incubated for long time (5 days). In these conditions, SM fermented with ROR004 (condition 10, Table [2](#page-5-0)) arrives up to 8.1 ± 1.9 g biomass DM/l. $52.4 \pm 12.2\%$ protein and consumes $99.6 \pm 0.1\%$ of total sugars and leads the expected values in most of the parameters (Fig. [3,](#page-8-0) condition 10).

Model validation

A comparison was done between Kjeldahl and Biuret methods for protein determination which is summarized in Table [4](#page-8-1). The Biuret method determines peptide bonds, while the Kjeldahl method determines total nitrogen and in general a conversion factor of 6.25 is used for protein calculation,

Table 4 Comparison between Kjeldahl and Biuret-based methods

Condition	Biuret protein $(\%)$	Kjeldahl protein $(\%)$		
	31.1 ± 3.4	34.2 ± 6.0		
$\overline{4}$	$34.0 + 3.7$	40.9 ± 0.6		
	29.6 ± 5.1	30.4 ± 2.4		
10	42.1 ± 5.1	61.7		

Determined in ROR001 biomass (condition 1, *n*=4 for Kjeldahl, $n=3$ for Biuret; condition 4 $n=2$; condition 7, $n=2$; condition 10 $n=1$ for Kjeldahl and $n=6$ for Biuret). Experimental conditions are described in Table [2](#page-5-0). There are no statistically significant $(p < 0.05)$ diferences between Biuret and Kjeldahl protein determinations

which could lead to an overestimation. Results show that the Kjeldahl method results in 1.2 ± 0.2 times higher values compared to the Biuret method (Table [4](#page-8-1)). Ferreira et al. [[46\]](#page-14-13) also found a similar relation $(0.15 \text{ g/g higher values})$ between Kjeldahl- and Biuret-based methods. However, both methods show the same trend, and as expected with higher nitrogen in the medium higher Kjeldahl nitrogen values are obtained. The Biuret results for model validation have been adjusted to the Kjeldahl values using a conversion factor of 1.2.

Sixteen independent assays were performed to test the proposed model's accuracy (Table [2](#page-5-0)). Three SM compositions were selected (Table [2,](#page-5-0) conditions 1–9) and incubated in independent experiments with three fungal strains ROR001 (*n*=3), ROR003 (*n*=1) and ROR004 (*n*=2) for

Fig. 3 Comparison between predicted and obtained values for biomass production (**a**), protein concentration (**b**), biomass yield (**c**) and reducing sugars consumption (**d**). Experimental conditions are described in Table [2.](#page-5-0) Error bars represent SD

model validation. The obtained results are in accordance with predictions for most cases, although the ROR004 strain produces a higher protein proportion when more nitrogen is available in the medium compared to ROR001 and ROR004 (conditions 1–6) (Fig. [3](#page-8-0)b) and biomass production is slightly higher in ROR003 and ROR004 also in nitrogen-rich conditions (1–6) (Fig. [3](#page-8-0)a). The parameter "reducing sugar consumption" is lower than the predicted results for two non-commercial *Rhizopus* sp. strains in low nitrogen fermentation condition (condition 8 and 9) (Fig. [3](#page-8-0)d), although other parameters, such as biomass production, protein and biomass yield are not afected for predictions by lower nitrogen content (Fig. [3](#page-8-0)a–c). ROR004 seems to be the strain which produces higher biomass and accumulates higher protein proportion in nitrogen-rich medium (\geq 2.25 g/l).

Twelve $(n=12)$ extra runs were done with SM and optimal conditions to maximize biomass production and protein concentration (Table [2](#page-5-0), condition 10). Obtained values (Fig. [3,](#page-8-0) condition 10) demonstrate a good correlation $(R^2=0.983)$ between the observed and predicted values in a rather repetitive manner (small SD). As described by the model, long incubation time and high nitrogen would have a positive impact on the biomass and protein production, 8.1 ± 1.9 g/l and $52.4 \pm 12.2\%$ DM, respectively.

When the highest studied proportion of CW is used as substrate (40%), obtained results match with expected biomass yield variables but do not match with biomass, protein and reducing sugar consumption (Fig. [3,](#page-8-0) condition 11). However, when medium CW proportion (18%) is used, all the studied variables are well adjusted (Fig. [3](#page-8-0), condition 12). Concentrations higher than 40% (whey:medium) resulted in low fungal growth, confrming previous observations (not shown) and pointing that cheese derived whey has to be diluted to support the growth of this fungi. Other authors have reported growth in deproteinized whey, up to 6 g dry mycelia/l after 3 days [\[62](#page-14-29)] that would agree with our predictions for pH 6.0, $t=4$ days, reducing sugars 18.6 g/l, nitrogen 0.78 g/l $(6.6$ g biomass DM/l, Fig. [3](#page-8-0) a, condition 11). Diferences in whey preparation protocol would explain the diference, especially our short thermal process and the long process proposed by Chatterjee et al. [\[62](#page-14-29)]. Lactoferrin and derived peptides have a relatively high concentration in bovine whey $(>1 \text{ g/l of whey})$ [[63](#page-14-30)] which could be the cause of inhibition, but further research is required to clarify this effect.

Results obtained with OM are shown in Fig. [3](#page-8-0), conditions 14–16. As predicted, a longer incubation period leads to higher biomass production (up to 9–11.9 g/l, 120 h) and, although the nitrogen is ten times lower in experimental condition 14 compared to condition 16 (Table [2](#page-5-0)), biomass production is 1.8 times higher in the frst one due to the longer incubation period. Reducing sugars consumption and protein production are higher than predicted in the lowest nitrogen concentration, (Fig. [3](#page-8-0)b, d, condition 14); since the model was created with higher nitrogen concentration range, it cannot predict accurately reducing sugars consumption and biomass yield in these low nitrogen concentration cases. Obtained equations are valid for supplemented OM fermentation with the added value that a second strain is used in the test, demonstrating that proposed equations are valid to predict the growth parameters of diferent *Rhizopus* sp. strains. Final biomass production is 11.9 g DM/l when incubation time is 5 days, which is a higher value than the obtained one at optimal conditions in SM (Table [2,](#page-5-0) condition 10), although protein production is lower (39.6%, Fig. [3](#page-8-0)b) due to lower nitrogen content in the medium.

In addition, it is interesting to note that the model can be "forced out" from the range of variables. Nitrogen concentrations in conditions 12, 13 and 14 are lower than the model— α value for this variable, but the equations are able to predict biomass and protein (Fig. [3](#page-8-0)a, b). In any case, the authors recommend maintaining the values in the range of the model to have stronger predictions.

Obtained biomass (g biomass/l) and protein yield (g protein/l) in SM, 8.1 and 4.3, respectively, are in accordance or are even higher than previously reported [\[10,](#page-13-9) [51](#page-14-18)]. Other authors found higher biomass production (up to 38.7 ± 3.7 g/l), but in consequence a lower protein proportion was obtained leading to similar protein yields (g/l) [[32,](#page-14-31) [33](#page-14-0)]. The biomass obtained in the studied by-products achieves a lower protein concentration (Fig. [3b](#page-8-0)), but higher protein yield in the optimal conditions for OM (4.7 g/l OM Table [2](#page-5-0), condition 15). Other studied conditions lead to lower protein yield (2.9 g/l OM Table [2,](#page-5-0) condition 14 and 1.4 g/l in CW Table [2,](#page-5-0) condition 12). Reducing initial sugars and increasing nitrogen in the medium, by supplementation or by combining with higher nitrogen by-products, will result in the fnal C/N ratio becoming lower, which could lead to a higher protein concentration [\[56\]](#page-14-23). Other authors [\[39](#page-14-12)] reported lower protein yield in citrus wastes' free sugars without supplementation than obtained hereby.

The model could be used for a preliminary selection of the process conditions, simulating the efects of variable modifcations (nitrogen supplementation or longer fermentation periods) on determinant end products, such as biomass and protein yield, and evaluate if the resulting process could be cost efective, or even selecting the best process regarding obtained profts and generated costs. Fermentation reduces the COD of the treated by-products. COD reduction values are around 50% for OM and CW fermentation after 120 h and lower in shorter incubation time. Other authors found higher COD reductions when initial COD was much lower than in this case [[10,](#page-13-9) [12](#page-13-11)] and lower when initial COD was higher [[51](#page-14-18)]. Total reducing sugars dropped below 5 g/l in initial 48 h and below 3.5 g/l after 120 h of fermentation $(Table 5)$ $(Table 5)$.

Table 5 COD and reducing sugars reduction of OM (Table [2](#page-5-0), condition 16 at 48 h, conditions 14–15 at 120 h) and CW (Table [2](#page-5-0), condition 12) during submerged fermentation

Experimental conditions are described in Table [2](#page-5-0)

Biomass characterization

The nutritional value and utility of fungal biomass depends on the nutrient content and composition. Thus, biomasses obtained with *Rhizopus* sp. in optimal SM, CW and OM (Table [2](#page-5-0) conditions 10, 12 and 15), have been characterized for AA and FA profle.

Obtained proteins profles are dominated by Glu, Ala, Asp, Leu, Arg and Lys (Table [6\)](#page-10-1) and result in high-quality protein, both in SM and in industrial by-products. The percentage of total EAA is 40.9 ± 2.5 , 43.0 ± 0.1 and $48.9 \pm 5.1\%$ in SM, OM and CW biomasses, respectively. Obtained EAAI for human consumption is 1.4 for SM and OM and 1.6 for CW, which means that profles fulfll human consumption requirements determined by FAO standards [\[50\]](#page-14-17). There are no significant differences $(p < 0.05)$ between AA profiles of the obtained biomasses, thus, the beneficial AA profle will be guaranteed within medium modifcations. The overall EAA (mg/g fungal biomass) is 214.4 ± 13.0 , 170.2 ± 0.2 and 121.3 ± 12.6 mg/g fungal biomass in SM, OM and CW, respectively (Table [6](#page-10-1)). Biomass grown in CW is the poorest biomass in EAA, with signifcantly lower Phe, Ile, Leu, Pro and Ala concentrations. Although the EAA profle (% EAA of total AA) does not difer signifcantly within biomasses, lower protein concentration in CW biomass leads to lower EAA content. Lower protein concentration in this

Table 6 Amino acid composition of the *Rhizopus* biomasses grown in SM, CW and OM (Table [2](#page-5-0), condition 10, 12, 15) and most used commercial feed

AA	AA profile (% of total AA)			AA (mg/g fungal biomass)			AA (mg/g product)	
	SM	OM	CW	SM	OM	CW	Fish meal	Soybean meal
His	$2.0 \pm 1.5^{\text{a}}$	$2.8 \pm 0.3^{\rm a}$	3.4 ± 0.3^a	$10.4 \pm 7.7^{\rm a}$	$10.3 \pm 0.2^{\text{a}}$	$8.5 \pm 0.8^{\rm a}$	17.8	12.8
Thr	5.4 ± 0.6^a	5.1 ± 0.1^a	5.5 ± 0.6^a	28.2 ± 3.0^a	20.0 ± 0.6^a	$13.7 \pm 1.4^{\rm a}$	26.4	18.5
Val	6.1 ± 0.6^a	$5.9 \pm 0.2^{\text{a}}$	$5.3 \pm 0.8^{\rm a}$	32.1 ± 2.9^a	23.4 ± 0.9^a	$13.2 \pm 1.9^{\rm a}$	30.3	22.7
Met	$0.4 \pm 0.5^{\text{a}}$	$0.4 \pm 0.5^{\text{a}}$	$0.6 \pm 0.7^{\rm a}$	2.0 ± 2.8^a	$0.2 \pm 0.3^{\rm a}$	$1.5 \pm 1.7^{\rm a}$	17.7	6.7
Lys	7.1 ± 2.0^a	$8.0 \pm 0.7a$	$8.0 \pm 0.2a$	$37.2 \pm 10.7^{\rm a}$	$30.9 \pm 1.8^{\rm a}$	$19.7 \pm 0.5^{\text{a}}$	48.1	30.2
Ile	3.8 ± 0.6^a	$4.4 \pm 0.2^{\rm a}$	4.3 ± 0.1^a	20.1 ± 2.9^b	18.0 ± 0.2^b	$10.7 \pm 0.2^{\text{a}}$	25.7	21.6
Leu	8.3 ± 1.5^a	$7.6 \pm 0.5^{\text{a}}$	$8.0 \pm 0.2^{\text{a}}$	43.5 ± 7.8^b	31.6 ± 0.2^{ab}	$19.7 \pm 0.4^{\text{a}}$	45.5	36.6
Phe	4.2 ± 0.4^a	$4.7 \pm 0.2^{\rm a}$	$4.5 \pm 0.4^{\rm a}$	$22.1 \pm 2.1^{\rm b}$	$19.0 \pm 0.1^{\rm b}$	11.3 ± 1.0^a	25.1	23.9
Cys	BL	BL	4.7 ± 6.7	BL	BL	11.7 ± 16.6		
Tyr	3.6 ± 0.1^a	$4.0 \pm 0.4^{\text{a}}$	$4.5 \pm 0.5^{\text{a}}$	$18.9 \pm 0.4^{\text{a}}$	$16.7 \pm 0.2^{\text{a}}$	11.2 ± 1.2^a		
EAA	$40.9 \pm 2.5^{\text{a}}$	43.0 ± 0.1^a	48.9 ± 5.1^a	$214.4 + 13.0^a$	$170.2 \pm 0.2^{\text{a}}$	121.3 ± 12.6^a	236.6	173.0
EAAI ¹	1.4 ± 0.0^a	$1.4 \pm 0.4^{\rm a}$	$1.6 \pm 0.5^{\text{a}}$					
Arg	$7.7 \pm 1.4^{\rm a}$	$7.0 \pm 0.5^{\text{a}}$	$6.0 \pm 0.9^{\rm a}$	$40.2 \pm 7.3^{\circ}$	28.2 ± 1.3^a	$14.9 \pm 2.3^{\text{a}}$		
Ala	$9.7 \pm 4.0^{\rm a}$	$7.9 \pm 1.4^{\rm a}$	$6.2 \pm 0.8^{\text{a}}$	50.9 ± 21.2^{ab}	36.9 ± 2.3^b	15.4 ± 2.0^a		
Pro	5.2 ± 1.4^{ab}	$5.7 \pm 0.7^{\rm b}$	4.2 ± 0.1^a	27.4 ± 7.1^{ab}	21.1 ± 0.4^b	10.3 ± 0.3^a		
Asn	9.7 ± 0.1^a	$10.5 \pm 1.1^{\text{a}}$	9.4 ± 0.0^a	$50.6 \pm 0.5^{\circ}$	45.5 ± 0.9^b	23.4 ± 0.0^a		
Ser	6.3 ± 0.9^a	$5.5 \pm 0.2^{\rm a}$	7.0 ± 2.6^a	$32.9 \pm 4.7^{\circ}$	21.0 ± 0.2^a	$17.3 \pm 6.3^{\circ}$		
Gln	13.1 ± 0.1^a	$13.5 \pm 0.5^{\text{a}}$	11.9 ± 0.4^a	$68.8 \pm 0.5^{\circ}$	53.4 ± 2.1^b	29.4 ± 1.1^a		
Gly	$7.4 \pm 2.3^{\rm a}$	$7.1 \pm 2.8^{\text{a}}$	6.4 ± 1.1^a	$39.0 \pm 12.1^{\circ}$	$19.8 \pm 0.2^{\text{a}}$	$15.9 \pm 2.7^{\rm a}$		
NEAA	$59.1 \pm 2.5^{\rm a}$	$57.0 \pm 0.1^{\text{a}}$	51.1 ± 5.1^a	$309.9 \pm 13.0^{\circ}$	226.0 ± 0.2^b	126.6 ± 12.6^a		

BL below detection limit

¹Reference [\[50\]](#page-14-17); data related to fish meal and soybean meal are based on [[81](#page-15-0)]; same letters in the same row mean no significant differences between the means at 95% confidence; values are expressed as means \pm SD ($n=2$)

biomass could be related to medium inhibition, which ends in lower biomass and protein production and higher fat accumulation.

Fish meal and soybean meal are the most used protein sources in animal feeding [\[64\]](#page-15-1), and the fungal biomasses obtained in the selected conditions are compared to these commercial meals in terms of protein, fat and AA and FA profle. AA concentration of biomasses grown in OM and CW are in general lower than fsh meal, and only the biomass grown in SM reaches its great profle (Table [6\)](#page-10-1). EAA concentration of biomass grown in OM is quite similar to soybean meal, but the biomass grown in CW, however, does not reach the EAA concentration required to use it as high-quality alternative protein source. In all the fungal biomasses, sulfur AA is lower than the required concentration, and previous studies also showed that the production of sulfur AA is limited in *zygomycetes* biomass, and therefore, feed should be supplemented in those AA [[12,](#page-13-11) [65](#page-15-2)]. Lysine is considered the most critical AA in fsh feed and often the most limiting one in feed ingredients [[12](#page-13-11)]. Lysine content of fungal biomasses is lower than in fsh meal (Table [6](#page-10-1)), but biomasses from SM and OM have higher and similar lysine and protein content compared to soybean meal (3.0 and 47.5%, respectively) (Table [6\)](#page-10-1).

Protein recommendations for fresh monogastric and ruminants feed are between 12 and 18% [[66](#page-15-3), [67\]](#page-15-4); in aquaculture, the protein needs are higher, as most herbivorous and omnivorous fsh required 25–35% of protein in their diet, while carnivores required higher levels ranging from 40 to 55% in their diet [[68](#page-15-5)]. Fungal biomass through fermentation of SM and OM would meet these required protein levels which makes them interesting alternative protein sources and could contribute greatly towards protecting the surrounding environment and promoting a sustainable feed industry.

Lipids provide palatability and energy value to the formulation of feed. Comparing the FA composition, there are diferences regarding the fermented substrate. Biomass of CW leads to a higher fat fraction $(31.1 \pm 10.6\%)$ than in SM $(6.6 \pm 0.4\%)$ and OM $(4.2 \pm 0.4\%)$ (Table [7\)](#page-11-0) and OM leads to signifcantly higher polyunsaturated fatty acids (PUFA) and lower monounsaturated fatty acids (MUFA) proportion (Table [7\)](#page-11-0). Main FA of the biomasses are oleic (C18:1), palmitic (C16:0), linoleic (C18:2n-6) and stearic acid (C18:0) in agreement with results reported previously [[43](#page-14-9), [51](#page-14-18), [69\]](#page-15-6). Several medium and long FA (14:1, 15:1, 17:0, 17:1, 20:5n-3, 22:1, 22:5n-3 and 22:6n-3) are below the detection limit in all the biomasses. The higher fat fraction and MUFA composition of the CW biomass could be related to the higher proportion of olive oil used as the antifoaming agent in CW fermentation due to higher foam production or with the possible adsorption of whey–FA in the fungal biomass $[46]$ $[46]$. In this condition, fat fraction is five and seven times higher than in SM and OM, respectively, and C18:1 increases up to $75.7 \pm 3.8\%$. Biomass obtained through the fermentation of OM otherwise, is 2.9

BL below detection limit

Data related to B fish meal and A soybean meal are based on [[82](#page-15-7), [83](#page-15-8)]; ^CThese values correspond to FA > C:20; same letters in the same row mean no significant difference between the means at 95% confidence; values are expressed as means \pm SD ($n=2$)

Table 7 Fatty acid profle (% of total FA) of *Rhizopus* biomasses grown in SM, CW and OM (Table [2](#page-5-0), condition 10, 12, 15) and most used commercial feed

and 4 times richer in PUFA than the biomasses obtained in SM and CW which were almost twice richer in MUFA (Table [7\)](#page-11-0). It should be mentioned that gamma-linolenic acid (GLA C18: 3n-6) increases up to 8.6% of the profle of biomass grown in OM. This FA of the ω-6 series is the precursor of DGLA (dihomo-gamma-linolenic acid C20:3n-6) [\[70\]](#page-15-9), which produces short-lived second messengers, including prostaglandins of series 1 (PGE1) and thromboxane A1 (TxA1), with anti-infammatory, vasodilatory and anti-aggregatory actions [\[71\]](#page-15-10). Other authors have described that stress conditions during microorganism cultivation would lead to desaturation of membrane FA, which enhanced membrane fuidity, related to this fact [[72\]](#page-15-11). The slightly more acidic pH of OM could lead to a higher accumulation of PUFA in fungal cells, however, further experiments are required to determine if the differences in FA profle of *Rhizopus* sp. biomass are related to the cultivation conditions or to the *Rhizopus* strain used as reported previously [[73](#page-15-12)]. Compared to soybean meal, obtained biomasses have higher total lipids; compared to fish meal however, biomasses through fermentation of OM and SM show lower total lipids (Table [7](#page-11-0)). FA profles are also quite diferent, while biomasses have higher C18:1 and lower C18:2 than soybean meal, the biomasses have higher C18:1, C18:2 and C18:3 as well as a lower proportion of FA higher than C20 (represent the 47.1% of total fsh meal lipids) than fsh meal. In general, obtained biomasses could add a higher nutritional value regarding lipid content and FA profle compared to soybean meal, but FA profle is not as good as fsh meal profle regarding essential highly unsaturated fatty acids (HUFA).

Freshwater fsh can convert C18 PUFA to C20 or C22 HUFA by elongation and desaturation reactions, thus, their essential fatty acids (EFA) requirements are met by PUFA $(18:3n-3$ and $18:2n-6)$ [[74](#page-15-13)]. Marine fish otherwise cannot perform [\[75\]](#page-15-14) or have limited capability [[76\]](#page-15-15) for such conversion, therefore they have requirements for n-3 HUFA (20:5n-3 and/or 22:6n-3), so fungal biomass should be added with other feed which includes those FA.

Rhizopus biomass has already been tested as fish meal substitute in fish feed [[77–](#page-15-16)[79\]](#page-15-17), always without total substitution, where similar responses and good growth rates have been obtained compared to fsh meal-based feed. Therefore, the *Rhizopus* biomass could present as an alternative to the large quantities of fsh meal necessary for aquaculture.

Nutritional requirements regarding FA profle for cattle, dairy, swine and poultry are not specifc, and just a minimum amount of C18:2n-6, $> 0.1\%$ in swine and around 1.1% in poultry is required due to its benefts in clutch size and egg mass [\[66](#page-15-3), [80\]](#page-15-18). Obtained biomasses provide 0.5, 0.8 and 1.8% in fungal biomass grown in SM, OM and CW. To the best of our knowledge, no farm trail has been done with *Rhizopus* biomasses in these species.

For any industrial process, the price of the substrate and the produced valuable end products has a huge impact on the economic feasibility of the proposed scenario. Byproduct treatments, OM and CW treatments in this case, are costly processes due to investment and operating costs, even so, the results presented here reinforced the idea that fungal treatment of food industry by-products is a promising technology for alternative protein source production, contributing to the income of the plants. In the proposed scenario, the fermentation process should be installed near the by-product generating industries and would be focused on producing mainly fungal biomass for animal or human consumption. The model described and validated in this paper is a necessary milestone, but the collaboration between engineers, specialist in *Rhizopus* metabolism and animal nutritionist would be required to confrm that this technology is feasible, scalable and cost efective.

Conclusions

Optimization of fermentation parameters for simultaneous production of fungal biomass, protein and glucose consumption result in a multiparametric model with signifcant interactions between considered parameters (mainly nitrogen and carbon concentration and fermentation time). These models can be used to optimize the fermentation with a defned objective. In synthetic medium, best conditions lead to total consumption of glucose and maximizing biomass yield and protein production up to 8.1 g/l with a 52.4% DM, respectively. When applied to real food industry by-products, this paper confrms OM as a promising organic by-product for fungal fermentation due to high COD reduction, high biomass production, high protein yield, even without nitrogen addition and micronutrient supplementation, and high nutritional value of the obtained biomass (EAA and omega-6 FA proportion), comparable or even better than soybean meal. Fungal biomass obtained by fermentation of OM is, therefore, a very promising alternative protein source in animal feed. CW requires to be diluted (consuming clean water and increasing fnal waste volume) and needs to be supplemented to assure fungal growth. In addition, obtained COD reduction and biomass production are lower than with OM.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no confict of interest.

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