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Impact of Chromogranin A deficiency on catecholamine storage, catecholamine granule morphology and chromaffin cell energy metabolism in vivo

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Abstract Chromogranin A (CgA) is a prohormone and granulogenic factor in neuroendocrine tissues with a regulated secretory pathway. The impact of CgA depletion on secretory granule formation has been previously demonstrated in cell culture. However, studies linking the structural effects of CgA deficiency with secretory performance and cell metabolism in the adrenomedullary chromaffin cells in vivo have not previously been reported. Adrenomedullary content of the secreted adrenal catecholamines norepinephrine (NE) and epinephrine (EPI) was decreased 30–40 % in *Chga*-KO mice. Quantification of NE and EPI-storing dense core (DC) vesicles (DCV) revealed decreased DCV numbers in chromaffin cells in

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Chga-KO mice. For both cell types, the DCV diameter in Chga-KO mice was less (100–200 nm) than in WT mice (200-350 nm). The volume density of the vesicle and vesicle number was also lower in Chga-KO mice. Chga-KO mice showed an ~47 % increase in DCV/DC ratio, implying vesicle swelling due to increased osmotically active free catecholamines. Upon challenge with 2 U/kg insulin, there was a diminution in adrenomedullary EPI, no change in NE and a very large increase in the EPI and NE precursor dopamine (DA), consistent with increased catecholamine biosynthesis during prolonged secretion. We found dilated mitochondrial cristae, endoplasmic reticulum and Golgi complex, as well as increased synaptic mitochondria, synaptic vesicles and glycogen granules in Chga-KO mice compared to WT mice, suggesting that decreased granulogenesis and catecholamine storage in CgA-deficient mouse adrenal medulla is compensated by increased VMAT-dependent catecholamine update into storage vesicles, at the expense of enhanced energy expenditure by the chromaffin cell.

Keywords Norepinephrine · Epinephrine · Dense core vesicle · Synaptic vesicle · Mitochondria

Abbreviations

CA	Catecholamines
CgA	Chromogranin A protein
Chga	Mouse Chromogranin A gene
DA	Dopamine
DC	Dense core
DCV	DC vesicle
EPI	Epinephrine
GC	Golgi complex
KO	Knockout

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Norepinephrine
Decreased DC with swelled halo
Swelled empty vesicle
Synaptic vesicle
Transmission electron microscopy
Vesicular monoamine transporter
Wild-type

Introduction

Chromogranin A (CgA), the index member of the chromogranin/secretogranin protein family, is co-stored and co-released with catecholamines from dense core (DC) vesicles (DCV) in the adrenal medulla and the post-ganglionic sympathetic axons (Bartolomucci et al. 2011; Winkler and Fischer-Colbrie 1992). The extracellular function of CgA includes the generation of bioactive peptides, such as the insulin-regulatory hormone pancreastatin (Bandyopadhyay et al. 2015; Gayen et al. 2009b; Sanchez-Margalet et al. 2010; Tatemoto et al. 1986), the vasodilating and cardioprotective vasostatin (Aardal et al. 1993; Tota et al. 2008), the anti-adrenergic (Mahata et al. 2003; Mahata, et al. 2010; Mahata et al. 1997), anti-hypertensive (Mahapatra et al. 2005), anti-obesity (Bandyopadhyay et al. 2012), proangiogenic (Theurl et al. 2010) and cardioprotective catestatin (Angelone et al. 2008; Mahata et al. 2010) and the proadrenergic serpinin (Tota et al. 2012). The intracellular function of CgA includes the initiation and regulation of DCV biogenesis and sequestration of hormones in neuroendocrine cells (Elias et al. 2012; Iacangelo and Eiden 1995; Kim et al. 2001; Taupenot et al. 2002).

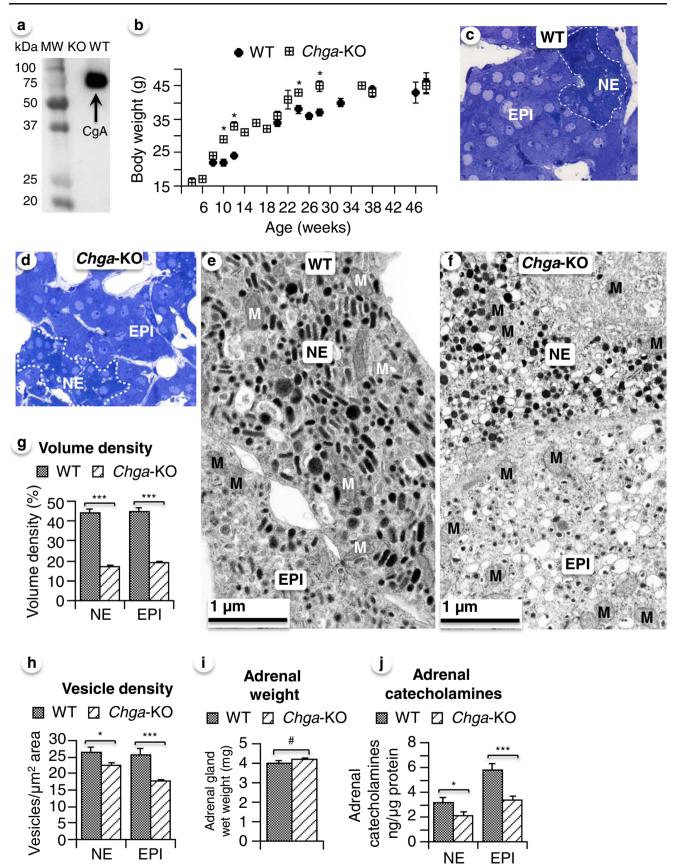
We have previously shown that Chga-deficient (*Chga*-KO) mice in mixed genetic background (50 % 129SvJ and 50 % C57BL/6) are hyperadrenergic and hypertensive (Mahapatra et al. 2005) and display diminished baroreflex sensitivity (Gayen et al. 2009a) and heart rate variability (Dev et al. 2010). It seems paradoxical that CgA deficiency is associated with dysregulated but apparently increased, catecholamine secretion, while studies in cellula (Elias et al. 2012; Kim et al. 2001) suggest a role for CgA in the production of catecholamine-containing secretory vesicles. We wish to attempt to resolve this paradox by careful examination of the morphological status of catecholamine secretory vesicles, catecholamine content, catecholamine biosynthesis and metabolic status of adrenomedullary chromaffin cells in congenic CgA-deficient and wild-type (WT) mice.

The term "vesicular cocktail" was coined by Winkler and colleagues (Winkler and Fischer-Colbrie 1992; Winkler et al. 1987) to indicate the composition of the chromaffin granules inside the DCV. This cocktail includes high concentrations of catecholamines (0.5–1 M), ATP (~150 mM), Ca^{2+} (~40 mM) and CgA (~1.8 mM) (Winkler and Westhead 1980). CgA

binds to both catecholamines and Ca^{2+} (Videen et al. 1992). CgA binds catecholamines with low affinity $(K_d=2.1\times10^{-3})$ M) but high capacity (32 mol catecholamines/mol CgA) (Videen et al. 1992) allowing it to form a binding complex within the vesicle (Berneis et al. 1973; Kopell and Westhead 1982; Mahapatra et al. 2004; Yoo and Albanesi 1991). A theoretical osmolarity of 1500 mOsm has been calculated for the internal volume of the DCV, from the concentrations of its constituents if these were not bound in an osmotically inert form (Borges et al. 2010). By reducing the number of free molecules and ions within the solution, the binding of CgA with catecholamines and Ca²⁺ provides a mechanism for reducing this theoretical intravesicular osmotic pressure, incompatible with vesicle integrity given its water permeability and facilitating the storage of high concentrations of the transmitter within the small volume of the vesicle (Haigh et al. 1989; Kopell and Westhead 1982). In addition, storage of catecholamines in an osmotically inert form, mobilized by solubilization upon exocytotic release, significantly reduces the energy burden of continuous leakage and re-uptake of catecholamines across the vesicular membrane (Henry et al. 1994; Johnson 1988; Schuldiner 1994). Thus, a lack of CgA would be expected to increase the osmotic pressure and decrease the storage capacity for catecholamines, as well as increasing the energy requirement for maintenance of a sufficient concentration of catecholamines, via vesicular transporter action, for quantal release during exocytosis.

This expectation has been borne out in neuroendocrine cell lines in which CgA has been knocked down and in chromaffin cells obtained from WT and CgA knockout (*Chga*-KO) mice. For example, PC12 cells lacking CgA expression exhibit decreased vesicle numbers and dysregulated shape and size of the vesicles, compared to WT cells (Kim et al. 2001). More appositely, chromaffin cells from *Chga*-KO mice showed ~30 % reduction in both catecholamine content and catecholamine release, upon depolarization, compared to those from

Fig. 1 a Western blot data with CgA antibody (human CgA₃₅₂₋₃₇₂) ▶ show CgA band at ~75 kDa in WT mice, which was absent in Chga-KO mice. b Age-dependent changes in body weight in male mice. Each symbol represents the weight of a single animal at that age, while symbols with error bars represent the average weight and range of weights, of multiple animals of the same age. c Highresolution toluidine blue-stained adrenal medulla in WT mice and d Chga-KO mice showing dark blue-stained NE cells (dashed white line boundary) and light blue-stained EPI cells. Low-magnification (×2500 original magnification) TEM photographs of the adrenal medulla. e WT adrenal medulla showing NE and EPI cells. f Chga-KO adrenal medulla showing NE and EPI cells. Morphometric analyses (620 vesicles from 4 mice each of the WT and Chga-KO mice). g Volume densities of chromaffin vesicles in WT and Chga-KO mice. **h** Number of chromaffin vesicles per μm^2 area. **i** Weight of the wet adrenal glands (n=8) in WT and Chga-KO mice. j Adrenal catecholamine content (NE and EPI) of WT and Chga-KO adrenal glands (n=8). KO Chga-KO; MW molecular weight standard; WT wild-type. *p<0.05; ***p<0.001



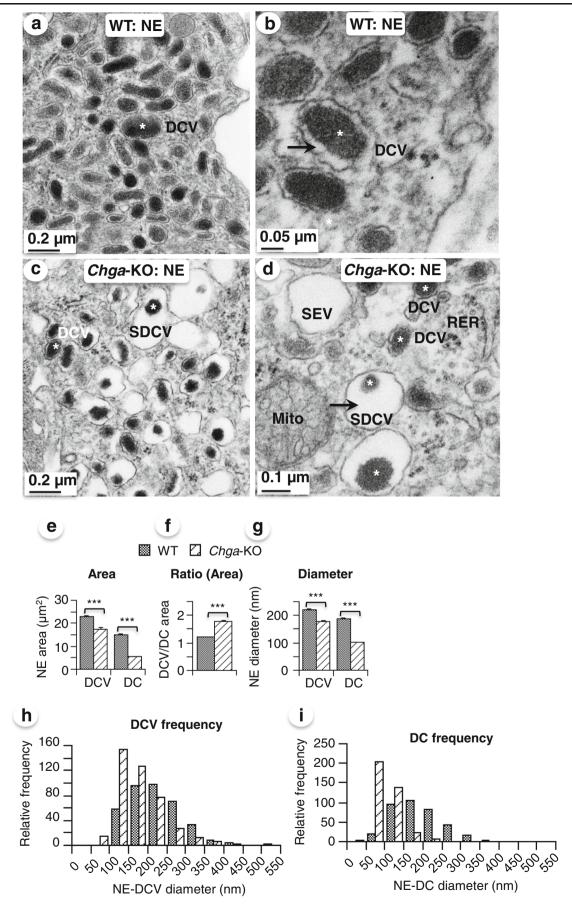


Fig. 2 Low- (×5000 original magnification) and high-magnification (×30,000 original magnification) TEM photographs of the adrenal medulla. a WT adrenal medulla showing NE cells. b NE vesicles in WT mice. c Chga-KO adrenal medulla showing NE cells. d NE vesicles in Chga-KO mice. Morphometric analyses (620 vesicles from 4 mice each of the WT and Chga-KO mice). e Area of NE vesicle in WT and Chga-KO mice. f The ratio between NE dense core vesicle and its dense core. g The diameter of NE vesicle in WT and Chga-KO mice. h Relative frequency distribution of NE vesicle diameters in WT and Chga-KO mice. i Relative frequency distribution of NE dense core vesicle; *Mito* mitochondria; *RER* rough endoplasmic reticulum; *SDCV* swelled DCV; *SEV* swelled empty vesicle

WT mice (Montesinos et al. 2008). However, no reports yet exist that quantitatively and qualitatively link CgA deficiency in vivo to the appearance and storage capacity of chromaffin granules in chromaffin cells in situ, with the exception of a single report in which quantitative analysis of vesicle and granule morphology was not conducted, perhaps due to the lack of congenic controls for the CgA-deficient mice examined (Hendy et al. 2006). Here, we provide ultrastructural stereological evidence demonstrating that a lack of CgA causes specific changes in secretory granules that are consistent with observations obtained ex vivo and in cell culture, indicative of increased osmotically active free catecholamines as a function of CgA deficiency (Colliver et al. 2000; Gong et al. 2003). In addition, we examined the effects of CgA deficiency in vivo on catecholamine content in both quiescent and hypoglycemic mice and correlated these findings with altered adrenomedullary metabolism in Chga-KO mice suggestive of an enhanced metabolic burden associated with catecholamine storage/secretion in the absence of CgA and consistent with the hypertensive and hyperadrenergic phenotypes reported previously in Chga-KO mice (Gayen et al. 2010; Mahapatra et al. 2005).

Materials and methods

Animals

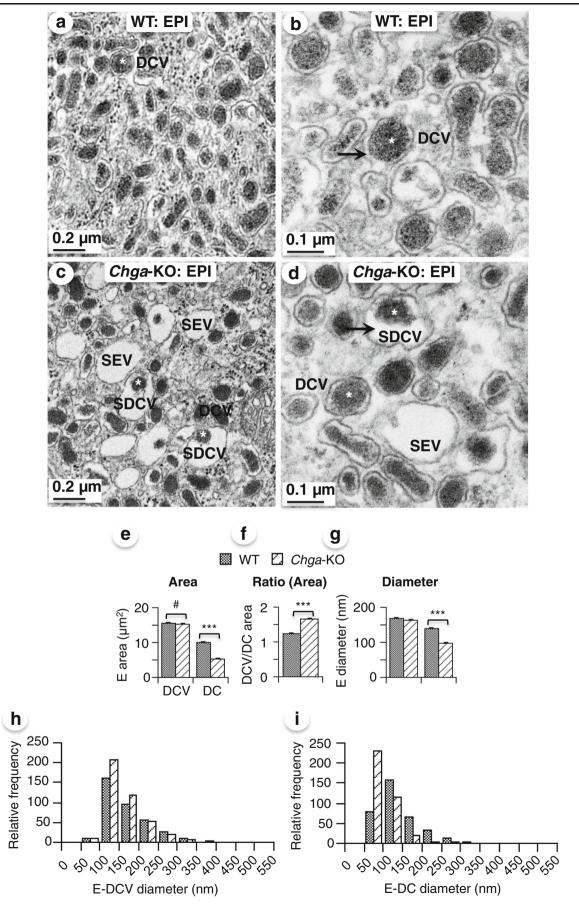
Chga-KO mice on a stable mixed genetic background (50 % 129svJ; 50 % C57BL/6 J) were backcrossed to C57BL/6 J mice for 7 generations to obtain *Chga*-KO mice with a C57BL/6 J background. Male WT and *Chga*-KO C57BL/6 mice (1–12 months in weight gain studies; 6 months old in all other experiments reported here) were studied. Mice were kept on a 12-h dark/light cycle and fed ad libitum with a normal chow diet (NCD: 14 % calories from fat; LabDiet 5P00). Institutional Animal Care and Utilization Committees from The University of California San Diego and the NIMH-IRP approved all procedures performed at each institution.

Measurement of adrenomedullary catecholamines

To extract catecholamines from the adrenal gland, 0.3 ml of ice-cold 0.4 N perchloric acid was added to the tissue. Following homogenization and centrifugation (8000 rpm, 15 min at 4 °C) the supernatant was removed. An internal standard 3,4dihydroxybenzylamine (DHBA: 20 ng) and an antioxidant sodium meta-bisulfite were added to the supernatant to make final concentrations of 0.125 mM. Alumina (40 mg, aluminium oxide, activity grade; Super I, type WA-4; Sigma-Adrich, Allentown, PA, USA) was added to the samples and the pH of the solution was raised to 8.6 by adding Tris buffer [0.96 M Tris, 50 mM EDTA (pH 8.69)]. After a 30-min incubation and centrifugation (5000 rpm, 5 min at room temperature), the supernatant was discarded and the beads were washed with water. Catecholamines were eluted with 0.4 ml of a solution of 0.1 N HCl/0.1 mM sodium meta-bisulfite. Catecholamine assay was done by using high-pressure liquid chromatography (HPLC) coupled to an electrochemical detector (Waters 600E Multisolvent Delivery system and Waters 2465 Electrochemical Detector; Milford, MA, USA). Separation was performed on an Atlantis dC18 column (2.1×150 mm, 3 µm) from Waters. The mobile phase (0.15 ml/min) was a mixture composed of phosphate-citrate buffer (2 mM NaH₂PO4, 268 µM Na₂EDTA, 50 mM sodium citrate, 10 mM diethylamine hydrochloride, 0.072 % 1-octanesulfonic acid, (pH is adjusted to pH 3.1 using phosphoric acid), 2.2 % N, N-dimethylacetamide)/acetonitrile at 95:5 (v/v). The data were analyzed using Empower software (Waters) and catecholamine levels (ng/µg protein or ng/mg adrenal) were calculated by comparing with standards and normalized according to the recovery of internal standard.

Hypoglycemic stress and measurement of adrenal catecholamines

Hypoglycemic stress was carried out as described by Hamelink et al. (2002). Briefly, Humulin R (U-100; Lilly; obtained from NIH Pharmacy) diluted in 0.9 % saline to 0.25 U/ml, or saline alone, was administered i.p. in a volume of 8 µl/g body weight, to achieve a dose of 2 U/kg. Mice were sacrificed in pairs (saline; insulin) 3 ± 0.25 h after injection. There were 18 male and 14 female mice (9 each WT and KO of males; 7 each WT and KO of females). Animals were weighed and handled (sham i.p.-injected; for stress desensitization) the night before and food removed at 1630 hours. The next day, mice were again weighed and handled in the morning and sham and insulin injection carried out at midday (i.e., about 1300 hours of 0600-1800-0600 hours lights on-lights off-lights on cycle). Mice were sacrificed by CO₂ inhalation, adrenal glands quickly dissected and frozen on dry ice and catecholamine measurement carried out after tissue disruption in perchlorate and clarification by centrifugation as described (Pacak et al. 1998).



◄ Fig. 3 Low- (×5000 original magnification) and high-magnification (×30,000 original magnification) TEM photographs of the adrenal medulla. a WT adrenal medulla showing EPI cells. b EPI vesicles in WT mice. c *Chga*-KO adrenal medulla showing EPI cells. d EPI vesicles in *Chga*-KO mice. Morphometric analyses (620 vesicles from 4 mice each of the WT and *Chga*-KO mice). e Area of EPI vesicle in WT and *Chga*-KO mice. f The ratio between EPI dense core vesicle and its DC. g The diameter of EPI vesicle in WT and *Chga*-KO mice. h Relative frequency distribution of EPI vesicle diameters in WT and *Chga*-KO mice. I Relative frequency distribution of EPI dense core diameter. *DCV* dense core vesicle; *SDCV* swelled DCV; *SEV* swelled empty vesicle

Light and Transmission Electron Microscopy (TEM)

Mice were deeply anesthetized and the adrenal glands were perfusion fixed through the left ventricle. Mice were flushed with a pre-warmed (37 °C) calcium and magnesium free buffer, which is composed of DPBS (Life Technologies, Carlsbad, CA, USA), 10 mM HEPES, 0.2 mM EGTA, 0.2 % bovine serum albumin, 5 mM glucose and 10 mM KCl (flush buffer osmolarity=354.34 mOsmol/l) for 2 min followed by perfusion with freshly prepared pre-warmed (37 °C) fixative containing 2.5 % glutaraldehyde, 2 % paraformaldehyde in 0.15 M cacodylate buffer (fixative osmolarity=1,350 mOsmol/l) for 3 min using a peristaltic pump (Langer Instruments, Boonton, NJ, USA) set at 40 rpm. Adrenal glands were dissected out and put in the same fixative overnight (2 h at room temperature and 12 h at 4 °C) and postfixed in 1 % OsO4 in 0.1 M cacodylate buffer for 1 h on ice. The tissues were stained en bloc with 2-3 % uranyl acetate for 1 h on ice. The tissues were dehydrated in graded series of ethanol (20-100 %) on ice followed by one wash with 100 % ethanol and two washes with acetone (15 min each) and embedded with Durcupan. Sections were cut at 50-60 nm on a Leica UCT ultramicrotome and picked up on Formvar and carboncoated copper grids. Sections were stained with 2 % uranyl acetate for 5 min and Sato's lead stain for 1 min. Grids were viewed using a JEOL 1200EX II (JEOL, Peabody, MA, USA) TEM and photographed using a Gatan digital camera (Gatan, Pleasanton, CA, USA). Toluidine blue stained semi-thin (1 µm) sections were photographed using an Axio Observer Stand Mot microscope (Carl Zeiss Microscopy, Thornwood, NY, USA). Micrographs were randomly taken from 3 adrenal glands each from WT and Chga-KO mice, which were fixed and processed in two different days.

Morphometric analysis

To minimize the bias measurements, samples were blinded and 3 people did measurements randomly from different cells (Plattner et al. 1997). Each dense core vesicle (DCV) has an interior dense core (DC) and a halo (empty space between the DC and the vesicle membrane), which are easily visualized using EM. To determine changes in size of the DCV and its DC in samples from *Chga*-KO and WT adrenal gland, the DCV (core plus halo) and DC diameters were measured using ImageJ (NIH). The line segment tool in ImageJ was used to measure diameters (DCV, DC and SV), length (mitochondria) and lumen width (ER and Golgi). The free-hand tool was used to manually trace around the vesicle membrane (DCV, DC and SV), core (DC) area and cytoplasm area. For determination of the volume density (%) of vesicles, the sum of the area of the vesicles was divided by the area of the cytoplasm and multiplied by 100.

Mitochondrial lengths, number per area, volume fractions and cristae volume densities were measured on the tissue images as described previously (Guo et al. 2013). Counting the total number of mitochondria in a given TEM image and dividing by the cytoplasmic area measured in that image determined the number of mitochondria per area. To determine the cristae volume density, the freehand tool in ImageJ was used to manually trace around the mitochondrial outer membrane. The area of the mitochondrion was then calculated using ImageJ. The area of each crista membrane was also calculated in the same manner. The sum of the areas of the total complement of cristae was then divided by the sum of the mitochondrial area to provide the cristae volume density. Mitochondrial fraction (volume density) was measured using stereology performed with the aid of Adobe Photoshop (San Jose, CA, USA). Point counting was used to determine the mitochondrial volume densities by overlaying a grid on each digitized image. Mitochondria and cytoplasm lying under intercepts were counted. The relative volume of mitochondria was expressed as the ratio of intercepts coinciding with this organelle to the intercepts coinciding with cytoplasm and reported as a percentage.

In vivo tissue glucose uptake and metabolism

In vivo glucose uptake and production of glucose-6-phosphate (G6P) was carried out following a published protocol (Crosson et al. 2003) but using double isotopes ³H-glucose and ¹⁴C-2-deoxyglucose (2DG). A cocktail of radiolabeled glucose and 2DG was combined and injected intraperitoneally $(1 \ \mu g/g \text{ body weight}, 10 \ \mu \text{Ci}^{3}\text{H-glucose and } 1 \ \mu \text{Ci}^{14}\text{C-2DG}$ per mouse) into each overnight-fasted mouse. Blood (5 µl) was collected (in 100 µl 1 M perchloric acid) from the tail tip at 0 and 90 min. Blood glucose concentration and radioactivity in blood were determined to calculate specific activity. Mice were euthanized and tissues were excised rapidly and frozen immediately in liquid nitrogen. To determine tissue accumulation of sugar and sugar-phosphates, tissues were homogenized in distilled water (saving an aliquot at -20 °C for subsequent protein assay) and deproteinized with 7 % perchloric acid. The samples were centrifuged. The pellets were saved for determination of glycogen content and the supernatants were neutralized with KHCO₃. One-half of the volume of each supernatant was counted for radioactivity directly and the other half was mixed with 100 mg Ag-501x8 mixed bed resin, to which distilled water was added, vortexed three times and then centrifuged (or passed through an AG 1-X8 resin anion exchange column; Bio-Rad Laboratories, Hercules, CA, USA). The radioactivity of free glucose in the supernatant was determined with a beta counter. The difference between total radioactivity (before resin treatment) and supernatant (after resin treatment) radioactivity corresponds to accumulated G6P and 2-DG-6-phosphate (2DG6P). A similar experiment with ¹⁴C-mannitol was carried out to determine the level of unincorporated radioactivity in the interstitial space. The radioactivity for mannitol incorporation was subtracted from the corresponding glucose values.

Western blotting

Adrenal glands were homogenized in a buffer containing phosphatase and protease inhibitors as described previously (Bandyopadhyay et al. 2012). Homogenates were subjected to SDS-PAGE and immunoblotted with a CgA antibody (human CgA_{352–372}).

Data presentation and statistical analysis

Data are expressed as mean±SEM. Statistical analyses were performed using Student's *t* tests as well as one-way ANOVA followed by Dunnett's post hoc test when appropriate. Statistical significance was defined as p < 0.05.

Results

Decreased volume density and number of chromaffin (NE and E) vesicles in *Chga*-KO mice

Western blot with CgA antibody (human CgA₃₅₂₋₃₇₂) demonstrates that CgA is indeed totally absent from the adrenal glands of Chga-KO mice (Fig. 1a). This antibody detected CgA at ~75 kDa in WT mice (Fig. 1a). Body weights of WT and Chga-KO male mice were comparable during development and in late adulthood; however, Chga-KO mice appeared to gain weight somewhat more rapidly than their WT counterparts in early adolescence and late adulthood (Fig. 1b). We used ~24-week-old adult male mice, of comparable body weights, for our studies. In toluidine blue-stained semi-thin sections, most of the secretory granules of E cells were stained metachromatically pale purple blue, whereas those of NE cells were stained dark blue (marked by dashed black boundary) in WT (Fig. 1c) and Chga-KO (Fig. 1d) mice. We used a mixture of freshly prepared glutaraldehyde and paraformaldehyde fixative followed by post-fixation with osmium tetroxide to clearly distinguish NE and EPI cells. The preponderance of EPI compared to NE cells was similar in WT and Chga-KO mice. The NE-storing vesicles were osmiophilic and characterized by typical intensely electron-dense granules, some of which have a flattened or tubular appearance (Fig. 1e, f). To our knowledge, ultrastructural figures on DCV in mouse NE cells are not available in the literature. However, flattened DCV of the kind visible in Fig. 1e can be seen in previous literature in rats (Coupland and Hopwood 1966; Patzak and Winkler 1986). In contrast, the EPI-storing vesicles were moderately electron dense and smaller in size (Fig. 1e, f). Compared to WT mice, both the vesicular volume density (%) (Fig. 1g) and the number of vesicles per μm^2 (Fig. 1h) were significantly lower in Chga-KO compared to WT mice.

Decreased catecholamines in the adrenal gland of *Chga*-KO mice

The adrenal gland weight was comparable between WT and *Chga*-KO mice (Fig. 1i). In the adrenal gland of WT mice, EPI ($5.83\pm0.52 \text{ ng/}\mu\text{g}$ protein) and NE ($3.19\pm0.36 \text{ ng/}\mu\text{g}$ protein) accounted for 62.8 and 34.4 % of total catecholamines, respectively. In *Chga*-KO mice, total contents of EPI ($3.35\pm0.29 \text{ ng/}\mu\text{g}$ protein) were reduced by 42.5 % and total NE ($2.14\pm0.31 \text{ ng/}\mu\text{g}$ protein) contents were reduced by 32.9 % (Fig. 1j).

NE-storing vesicles in *Chga*-KO mice exhibit reduced area and diameter

In WT mice, the NE dense core vesicles (DCV) displayed a dense core (DC; shown by an asterisk in Fig. 2a) and a tiny halo (Fig. 2b; shown by black arrow). In Chga-KO mice, there were three kinds of vesicles: (1) DC and a tiny halo (DCV), (2) decreased DC and swelled halo (SDCV, shown by black arrow in Fig. 2c) and (3) swelled halo with no noticeable DC (SEV) (Fig. 2c, d). In NE cells, we found a ~24 % decrease in the DCV area (Fig. 2e) in Chga-KO ($22.9\pm0.57 \mu m^2$) mice compared to WT ($17.47\pm0.55 \ \mu\text{m}^2$) mice (Fig. 2a–d). Chga-KO mice had an even more profound decrease (by 62.9 %) in the DC area (Fig. 2e; WT: $15.02\pm0.42 \text{ }\mu\text{m}^2$; Chga-KO: $5.56\pm$ $0.13 \,\mu\text{m}^2$). The ratio between DCV and DC was ~47 % higher in Chga-KO mice compared to WT mice (Fig. 2f). While DCV diameter (Fig. 2g; WT: 221.4±3.66 nm; Chga-KO: 178.93 ± 3.1 nm) was reduced by ~19 % in NE-storing cells, the DC diameter (Fig. 2g; WT: 188.13±3.5 nm; Chga-KO: 101.32 ± 1.55 nm) was reduced by ~46 % in the NE-storing vesicles of Chga-KO mice compared to WT mice.

Relative frequency distribution of DCV and DC diameters in *Chga*-KO mice

While 250–350 nm DCV diameters predominate in WT NEstoring cells, the preponderant DCV diameters in *Chga*-KO mice ranged from 100 to 200 nm (Fig. 2h). Likewise, DC diameters in NE-storing vesicles were higher in WT mice (200–400 nm) compared to *Chga*-KO mice (50–150 nm) (Fig. 2i).

EPI-storing vesicles in *Chga*-KO mice show reduced area and diameter

Like NE cells, the DCV in EPI cells also displayed a dense core (DC: shown by an asterisk in Fig. 3a) and a tiny halo (Fig. 3b, shown by black arrow) in WT mice. Like NE cells, there were three kinds of vesicles: (1) DC and a tiny halo (DCV) (Fig. 3c, d), (2) decreased DC and swelled halo (SDCV, shown by black arrow) (Fig. 3b, d) and (3) swelled halo with no noticeable DC (SEV) (Fig. 3b, d) in Chga-KO mice. In EPI-storing vesicles, although the DCV (Fig. 3e) area was comparable between WT ($15.43\pm0.38 \ \mu m^2$) and Chga-KO (15.18 \pm 0.47 µm²) mice, there was a ~47 % decrease in the DC area (Fig. 3e) in Chga-KO $(5.33\pm0.11 \text{ }\mu\text{m}^2)$ mice compared to WT ($10.02\pm0.28 \,\mu\text{m}^2$) mice (Fig. 3a-d). Of note, the ratio between DCV and DC was ~33 % higher in Chga-KO mice compared to WT mice (Fig. 3f). The effects of the CgA deficiency were thus less pronounced in EPI-storing vesicles, as there was no change in DCV (Fig. 3g) diameter between WT (169.46 \pm 2.94 nm) and Chga-KO mice (162.69 \pm 2.59 nm). However, DC (Fig. 3g) diameter (WT: 139.97± 2.83 nm; Chga-KO: 98.67±1.48 nm) was reduced by ~30 % in Chga-KO mice compared to WT mice (Fig. 3a-d, g).

Relative frequency distribution of DCV and DC diameters in *Chga*-KO mice

EPI cells diameters were comparable between WT and *Chga*-KO mice except in the 100–200 nm range groups, where *Chga*-KO DCVs were preponderant (Fig. 3h). In contrast, DC diameters in the range from 150 to 350 nm predominated in EPI-storing vesicles in WT mice (Fig. 3i). In *Chga*-KO mice, the preponderant DC diameter in EPI-storing vesicles was 100 nm (Fig. 3i). Thus, in general, DCVs were smaller in *Chga*-KO mice.

Effect of insulin challenge (insulin-induced hypoglycemia) on EPI and NE content and DA precursor levels, in adrenal medullae of WT and *Chga*-KO mice

In order to determine whether impairment of vesicular granulogenesis as documented in *Chga*-KO mice (Figs. 1, 2, 3) results in failure to respond to insulin-induced

hypoglycemia by both catecholamine release and its repletion consequent to enhanced biosynthesis (Wakade et al. 1988), we measured adrenomedullary NE and EPI content, as well as that of their biosynthetic precursor, DA, both before and after 3 h of insulin challenge (2 U/kg). As shown in Fig. 4a, b, EPI levels (saline, 1110.7 \pm 20.13 vs. insulin, 935.47 \pm 40.56 ng/mg adrenal) are slightly but significantly depleted relative to fasted mice by insulin challenge, whereas NE levels are unaffected, in both *Chga*-KO and WT mice. DA levels were significantly enhanced in both WT (saline, 23.7 \pm 1.35 vs insulin, 51.55 \pm 3.27 ng/mg adrenal) and *Chga*-KO (saline, 19.45 \pm 0.77 vs 44.05 \pm 3.04 ng/mg adrenal) mice (Fig. 4c).

Glucose uptake and metabolism

The level of ¹⁴C-2DG6P is assumed to represent only glucose uptake (due to lack of further metabolism of this compound) while the level of ³H-G6P represents glucose uptake as well as utilization. The net utilization of G6P is therefore represented by the difference in the levels of 2DG6P and G6P. We found increased uptake (higher level of 2DG) and utilization of glucose (larger difference in the levels of 2DG6P and G6P) in the adrenal gland from *Chga*-KO mice compared to WT mice (Fig. 5). Therefore, the difference in their levels (utilization) was higher in *Chga*-KO mice. In other words, under the condition of cellular stress occasioned by CgA deficiency, adrenal glucose metabolism was increased in *Chga*-KO mice.

Mitochondrial lengths, volume and numerical densities and cristae volume density

Since mitochondrial dysfunction is associated with hypertension (Eirin et al. 2015), we reasoned that *Chga*-KO mice, by virtue of its hypertensive and hyperadrenergic phenotypes, would affect mitochondrial ultrastructure. Thus, while *Chga*-KO mice displayed reduced mitochondrial length in NE cells when compared to WT, the length was comparable in EPI cells (Fig. 6a–e). Both the mitochondrial volume and numerical densities in NE and E cells were higher in *Chga*-KO mice compared to WT mice (Fig. 6f, g). Likewise, *Chga*-KO mice showed increased cristae volume densities (Fig. 6h).

Rough endoplasmic reticulum (RER) and Golgi complex (GC)

Since the ER plays crucial roles in mitochondrial function (Arruda et al. 2014; Oakes and Papa 2015) and mitochondrial dysfunction is associated with hypertension (Eirin et al. 2015), we sought to determine whether ER ultrastructure had been altered in *Chga*-KO mice. We found dilated ER lumen (shown by dashed white line) and increased ribosomal density in *Chga*-KO mice, indicating increased protein synthesis (Fig. 7a-d).

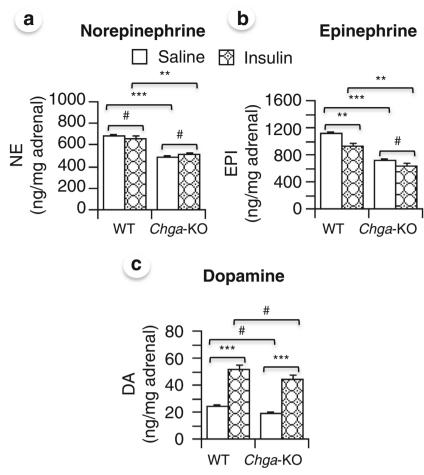


Fig. 4 Adrenal catecholamine content in both quiescent and hypoglycemic mice. a Norepinephrine. b Epinephrine. c Dopamine. **p < 0.01; ***p < 0.001; # not significant

The Golgi complex (GC) is the site of processing, packaging and sorting of proteins and lipids en route from the ER to the plasma membrane and other destinations (Sengupta and Linstedt 2011). We detected immature secretory granules (ISG: before accumulation of catecholamines) and DCV (after

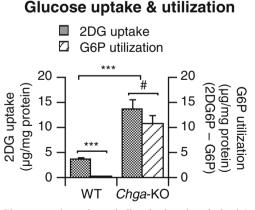


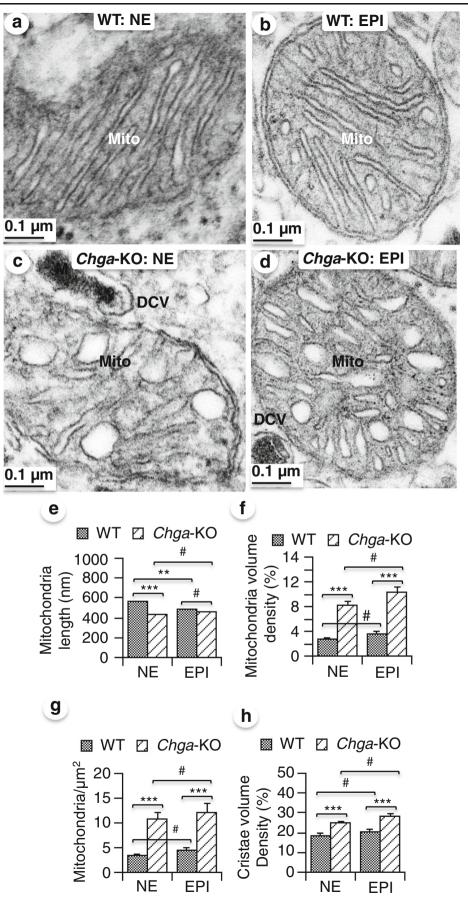
Fig. 5 Glucose uptake and metabolism in the adrenal gland (n=6). 2-deoxy-glucose (2DG) uptake and utilization of glucose-6-phosphate (G6P) in overnight fasting mice. **p<0.01; ***p<0.001; ns not significant

accumulation of catecholamines) adjacent to GC (Fig. 7e, f). Like the ER, the GC also initiates stress signaling to alleviate stress (Jiang et al. 2011). Therefore, we reasoned that hypertension phenotype in *Chga*-KO mice would alter the ultrastructure of GC. We found dilated GC lumen in *Chga*-KO mice as compared to WT mice (Fig. 5e–g).

Splanchnic nerve terminal and synaptic vesicles

Since pre- and postsynaptic sympathetic dysfunctions have been implicated in the pathophysiology of human or animal primary hypertension (de Champlain et al. 1999; Tsuda and Masuyama 1991), we looked at the cholinergic synapses in the adrenal medulla. We found an increased number of

Fig. 6 High-magnification (×30,000 original magnification) TEM photographs of mitochondria. **a** WT NE cells showing a mitochondrion. **b** WT EPI cells showing a mitochondrion. **c** *Chga*-KO NE cells showing a mitochondrion. **d** *Chga*-KO EPI cells showing a mitochondrion. Morphometric analyses (60 mitochondria from 4 mice each of the WT and *Chga*-KO mice). **e** Mitochondrial length. **f** Mitochondrial volume density. **g** Mitochondria per μ m² area of cell. **h** Cristae volume density. **p<0.01; ***p<0.001; # not significant



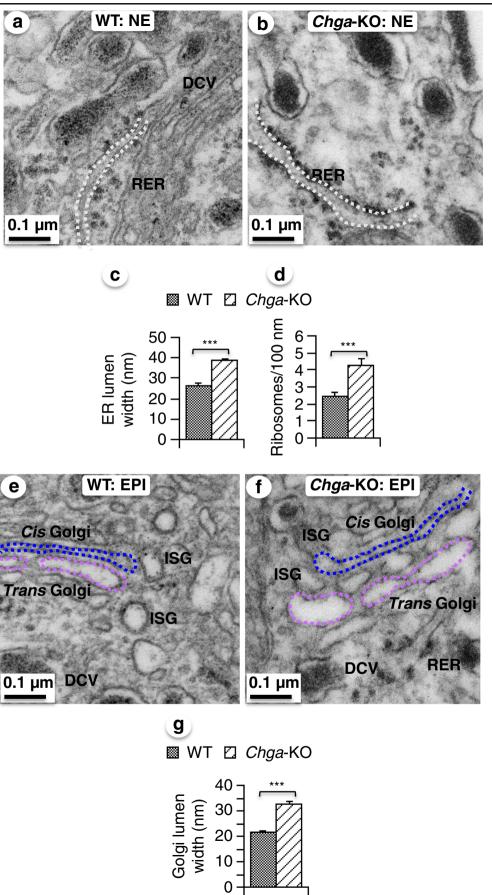


Fig. 7 High-magnification (×30,000 original magnification) TEM photographs of rough endoplasmic reticulum (RER) and Golgi complex (GC). a WT NE cells showing a RER. b *Chga*-KO NE cells showing a dilated RER. c WT E cells showing a GC. d *Chga*-KO E cells showing a dilated GC. Morphometric analyses (60 RER and GC from 4 mice each of the WT and *Chga*-KO mice). e ER lumen width. f Ribosomes per μm² area of ER. g Golgi lumen width. ***p<0.001</p>

mitochondria per unit area (Fig. 8a, b, e) and synaptic vesicles (SV) (Fig. 8c, d, f) per μ m² of the synapse (shown by dashed blue line) in *Chga*-KO chromaffin cells compared to WT mice. In contrast, *Chga*-KO mice displayed a decreased SV area and diameter (Fig. 8g, h).

Active zone, exocytosis and endocytosis

Since vesicle fusion takes place at the active zone, we reasoned that hyperadrenergic *Chga*-KO would show more vesicles at the active zone (Fernandez-Busnadiego et al. 2013). Consistent with our hypothesis, we found more vesicles adjacent to the active zone in *Chga*-KO mice compared to WT mice (Fig. 9a-c). We also found exocytotic and endocytotic vesicles, which are shown by white and blue arrows, respectively (Fig. 9d, e).

Changes in glycogen granules

At the ultrastructural level, glycogen appears as roughly circular granules from 150 to 400 Å in diameter (Revel et al. 1960). We found an increased number of glycogen granules in *Chga*-KO mice compared to WT mice (Fig. 9f–h).

Discussion

The accuracy of ultrastructural morphometric analyses to assess cell-specific response in the adrenal gland following Chga-ablation largely depends on the quality of tissue preservation and on the precise identification of NE and EPI cells. The classical paper by Coupland (1965) used 5 % glutaraldehyde in sliced adrenal gland and post-fixation with 1 % OsO₄ to differentiate NE and EPI cells. Subsequently, Coupland and colleagues showed that NE and EPI granules can be differentiated quite clearly in tissues fixed in glutaraldehyde only, glutaraldehyde followed by potassium dichromate, iodate or sodium molybdate, as well as glutaraldehyde followed by OsO₄ (Coupland and Hopwood 1966). Others and ourselves were unable to distinguish NE and EPI cells using immersion fixation with glutaraldehyde alone or with a mixture of 2.5 % glutaraldehyde and 0.6 % or 5 % paraformaldehyde (Fargali et al. 2014; Grabner and Fox 2006; Kim et al. 2005; Mahapatra et al. 2005). Immersion fixation with 2 % glutaraldehyde and 2 % paraformaldehyde also failed to distinguish NE and EPI cells (Diaz-Vera et al. 2012). Here, we show that perfusion fixation with freshly prepared fixative consisting in a mixture of 2.5 % glutaraldehyde and 2 % paraformaldehyde followed by post-fixation with 1 % OsO_4 and en bloc staining with uranyl acetate resulted in clearly distinguishable NE and EPI cells.

The methodology developed here, based on the earlier work of Coupland, allowed us to make quantitative assessments of granule morphology critical for determining the role of CgA in granulogenesis within the adrenal gland in vivo. A principal observation was the decreased numbers of NE and EPI granules in adrenal medullae of Chga-KO mice, indicating a role of CgA in granule biogenesis in vivo consistent with preliminary findings in Chga-KO mice in mixed background (Mahapatra et al. 2005); of decreased DCV biogenesis after downregulation of CgA expression in PC12 cells (Kim et al. 2001); and of altered vesicular morphology in a transgenic mouse with CgA reduced using anti-sense methodology (Kim et al. 2005). Also consistent with our in vivo findings, it has been shown that overexpression of CgA in fibroblasts resulted in generation of granule-like structures with DCs, which were capable of releasing their contents in a regulated manner (Elias et al. 2012). A previous report suggested that granule biogenesis was not abnormal in Chga-KO mice (Hendy et al. 2006), at odds with cell culture and ex vivo data and with the quantitative in vivo data of the present report. We interpret the results of Hendy et al. (2006) as preliminary, given the lack of direct comparison of congenic mice and the use of paraformaldehyde in the absence of glutaraldehyde in their fixative prior to assaying electron microscopical examination of the chromaffin vesicles of the adrenal medulla. The additional possibility exists that on the Balb/CD1 background employed by these workers, the CgA-deficiency phenotype is less penetrant and escaped detection by the methods used. In particular, the work of Hosaka et al. established that secretogranin III may interact with CgA in mediating granulogenesis in some but not all endocrine secretory cells (Hosaka et al. 2004; Hosaka and Watanabe 2010; Huang et al. 2013). Mouse strain differences could thus account for the differential primacy of chromogranin/secretogranin family members in mediating granulogenesis and this possibility deserves further exploration in order to develop a complete exegesis of the role(s) of chromogranin(s) in endocrine secretory regulation.

For the reasons above, we carefully examined additional cellular parameters in CgA-deficient compared to WT chromaffin cells of the adrenal medulla, as well as catecholamine content of the glands themselves. It appears that NE cells are somewhat more affected by CgA deficiency as regards preponderance of tubular DCV, DCV area and diameter. Interestingly, increased catecholamine biosynthesis, as reflected in higher levels of adrenomedullary DA, appears to compensate for enhanced catecholamine release during hypoglycemia with respect to NE content but not EPI content and this is

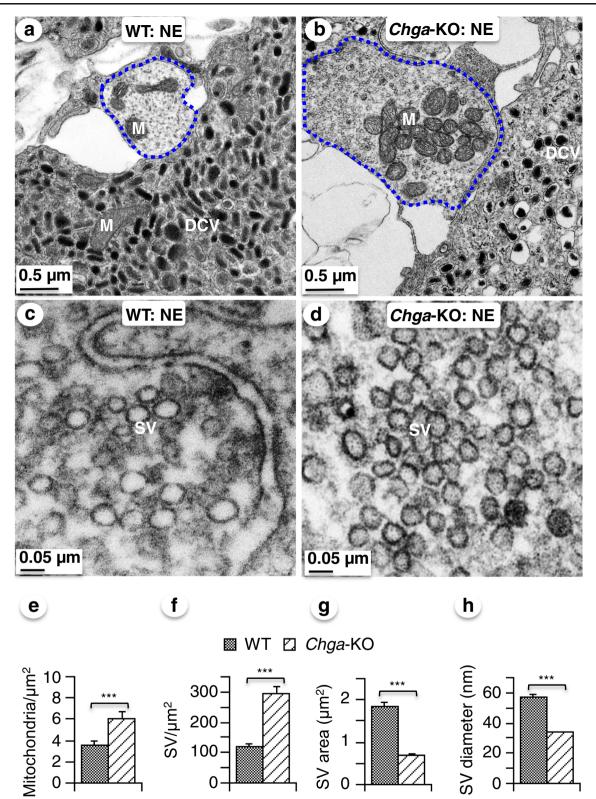


Fig. 8 Low-magnification (×5000 original magnification) TEM photographs of the axon terminal. **a** Axon terminal in the WT-NE cells. **b** Axon terminal in the *Chga*-KO NE cells. High-magnification (×30,000 original magnification) TEM photographs of the axon terminal. **c** WT NE cells showing synaptic vesicle (SV). **d** *Chga*-KO NE cells showing SV.

Morphometric analyses (20 synapses from 4 mice each of the WT and *Chga*-KO mice). **e** Mitochondria per μ m² area of the synapse. **f** SV area (μ m²). **g** SV diameter (nm). *DCV* dense core vesicle; *M* mitochondria; *SV*, synaptic vesicle. ***p<0.001

apparent in both WT and *Chga*-KO mice. We interpret these differences as indicating the ability of VMAT re-uptake to compensate for loss of efficient storage of both NE and EPI but to do so more fully with respect to NE, which requires only a single round of vesicular VMAT-driven to achieve bio-synthesis of NE, compared to EPI, which requires two rounds (first of DA and then of NE) of vesicular VMAT transport.

In both NE and EPI cells, we found a substantial number of swelled vesicles with no noticeable DC. In addition, many NE and EPI vesicles were swollen, with a dramatically decreased DC, which resulted in an increased ratio between DCV and DC. It has been suggested by several groups that the vesicle volume is determined by the concentration of soluble core molecules such as catecholamines and ATP (Colliver et al. 2000; Gong et al. 2003). Thus, vesicle swelling may be a consequence of increased intravesicular osmolality secondary to impaired catecholamine complexation and osmotic inactivation. For example, Colliver and colleagues found swelling of vesicles in PC12 cells and in primary chromaffin cells after treatment with L-DOPA, which increased vesicular catecholamine content (Colliver et al. 2000). If binding of CgA with catecholamines is saturated, then excess catecholamines will be stored outside the DC as free catecholamines. It has been shown that DCVs in hypotonic solution can accumulate water and increase their volume to keep their contents in osmotic equilibrium with their environment (Brodwick et al. 1992; Sudhof 1982). Based on the above findings, Colliver et al. (2000) suggested that increased osmotically active free catecholamines in response to L-DOPA would increase uptake of water, which would result in an increment in vesicle volume.

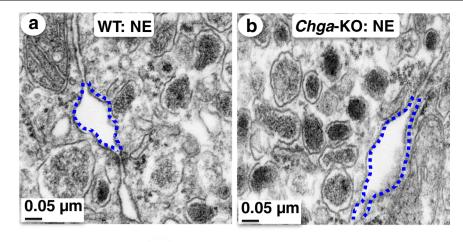
Since CgA binds catecholamines with low affinity (K_d= 2.1×10^{-3} M) but high capacity (32 mol catecholamines/mol CgA) (Videen et al. 1992) and CgA plays a critical role in forming a binding complex within the vesicle (Berneis et al. 1973; Helle et al. 1985; Kopell and Westhead 1982; Mahapatra et al. 2004; Videen et al. 1992; Yoo and Albanesi 1991), we believe that the binding complex in DC is impaired in the absence of CgA, resulting in an increase in osmotically active free catecholamines in the vesicular lumen or halo. Thus, increased concentrations of osmotically active free catecholamines in the lumen resulted in an increase in water uptake and consequent increase in vesicle volume. Consistent with decreased DC, we found 42.5 and 32.9 % decreases in EPI and NE contents, respectively, in the adrenal medulla. This is in agreement with a previous report by Borges's group, studying chromaffin cells from Chga-KO mice ex vivo, which showed ~30 % decrement in vesicular catecholamine content (Montesinos et al. 2008). Our previous report of increased plasma catecholamines in Chga-KO mice (Gayen et al. 2009a; Mahapatra et al. 2005) is in line with the aggregate findings summarized above.

Besides the swelled vesicles with or without a DC, there were many DCVs where the ratio between vesicle and core

was comparable in WT and Chga-KO mice. Based on the ultrastructural findings, we hypothesize that the CgA concentration varies in different vesicles in WT mice and therefore the vesicle sub-populations with the highest CgA levels will be disproportionately affected by CgA deficiency, i.e., in Chga-KO mice. Vesicles with no noticeable DC thus possibly represent a distinct sub-population that normally contain or require the highest CgA levels for maintenance of osmotic equilibrium and, therefore, lack of CgA within this vesicle sub-population leads to complete failure to form the DC storage complex. Osmotically active catecholamines in those vesicles are free in the lumen causing an increase in vesicular uptake of water and consequent increase in vesicular volume. Vesicles with a completely intact dense core in Chga-KO mice, conversely, would be that sub-population in which little CgA normally exists and in which other members of the chromogranin/ secretogranin protein family such as chromogranin B and secretogranin II may serve to facilitate the formation of the DC binding complex of proteins and catecholamines.

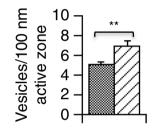
Insulin challenge of fasted mice leads to activation of the splanchnic nerve, leading to prolonged catecholamine secretion, which is in fact required for survival during this period of profound hypoglycemia (Hamelink et al. 2002). Increased DA content in response to hypoglycemic stress is consistent with the well-documented increase in tyrosine hydroxlyase enzymatic activity and increased catecholamine biosynthesis elicited by splanchnic nerve stimulation, following hypoglycemia (Sterling and Tank 2001; Thoenen et al. 1969). That these effects were strictly proportional in *Chga*-KO mice compared to WT mice strongly suggests that the former are able to compensate for impaired granular storage, presumably with enhanced vesicular transport, both during normal sympathoadrenal activation, and even during the period of enhanced catecholamine secretion accompanying prolonged hypoglycemic stress.

Increased glucose uptake in *Chga*-KO mice may be caused by higher circulating levels of catecholamines in these mice, as it has been shown that catecholamines in the presence of albumin stimulate glucose uptake in muscle. Thus, our findings suggest that glucose uptake in the adrenal gland is regulated similarly to glucose uptake in muscle and in contrast with adipocytes, in which catecholamines have been shown to inhibit glucose uptake (Kirsch et al. 1983; Mulder et al. 2005). However, since a lack of CgA would be expected to increase the osmotic pressure, decrease the storage capacity for catecholamines and increase the energy requirement for maintenance of a sufficient concentration of catecholamines (via VMAT action), increased glucose uptake in the adrenal gland in CgA deficiency fulfills a demand for more energy expenditure needed to keep free catecholamines inside the vesicles. Increased glucose utilization may also provide a stimulus to glycogen storage in Chga-KO mice as seen by ultrastructural studies.



C Active zone vesicles

WT 🖸 Chga-KO



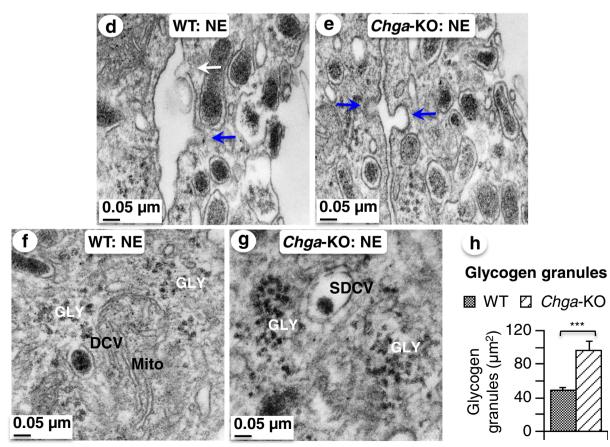


Fig. 9 High-magnification (×30,000 original magnification) TEM photographs of the active zone and glycogen granules. a WT NE cells showing an active zone. b *Chga*-KO NE cells showing an active zone. c Morphometric data showing number of DCV in 100 nm of active zone. d WT NE cells showing an exocytotic and an endocytotic vesicle. e *Chga*-KO NE cells showing endocytotic vesicles. f WT NE cell showing glycogen granules. g Glycogen granules in *Chga*-KO NE cell. Morphometric analyses (40 cells from 4 mice each of the WT and *Chga*-KO mice). h Glycogen granules per μm² area of cell. Active zone is shown by *blue broken lines*; the *white arrow* points to an exocytotic vesicle; *GLY* glycogen; *Mito* mitochondria; *SDCV* swelled DCV. ***p<0.001</p>

CgA-deficient Chga-KO mice suffer from persistent systemic stress due to increased unregulated secretion of catecholamines and corticosteroids from adrenal glands compared to WT mice, leading to hypertension (Mahapatra et al. 2005). Hypertension is commonly associated with mechanical stretch, increased production of reactive oxygen species (ROS) and fibrosis, eventuating in alteration of the structure and function of subcellular organelles (Eirin et al. 2015). Consistent with the above hypothesis, we found increased mitochondrial numerical and volume densities as well as increased cristae volume density in Chga-KO mice compared to WT mice. We have previously reported increased ROS in Chga-KO mice (Gayen et al. 2010). Others have reported that increased ROS caused dilation of cristae (Noh et al. 2013). Here, we found dilated cristae in Chga-KO mice, which may represent mitochondrial dysfunction resulting in the production of less ATP as has been reported by others in optic nerve head astrocytes (Noh et al. 2013) and by us in the adrenal gland of Chga-KO mice (Mahapatra et al. 2005). In addition to dilated cristae, we found dilated ER lumen in Chga-KO mice, which indicates ER stress (Cheville 2013; Oakes and Papa 2015). The increase in number of ribosomes is indicative of increased protein synthesis and has been reported earlier (Montesinos et al. 2008). Increased protein synthesis demands increased packaging of proteins for regulated secretion (Cheville 2013; Sengupta and Linstedt 2011). Consistent with this hypothesis, we found dilated Golgi lumen, presumably allowing increased packaging of proteins and alleviation of oxidative stress. Furthermore, these results point to the likelihood that processing or clustering of CgA in the GC, as hypothesized by others (Chanat and Huttner 1991; Kim et al. 2001; Taupenot et al. 2002; Winkler and Fischer-Colbrie 1992), is involved in initial granulogenesis. Thus, the ultrastructural findings of mitochondria, ER and GC fit well the functional impairments reported earlier (Gayen et al. 2009a, 2010; Mahapatra et al. 2005; Montesinos et al. 2008). Overall, it appears that CgA deficiency in adrenal medulla disrupted the mechanism of maintenance of integrity of catecholamine storage vesicles by increasing osmotic pressure and requiring more energy to keep catecholamines inside the vesicles. This stress permeated across the intracellular vascular system causing dilated ER lumen and mitochondrial cristae.

Increased sympathoadrenal activity plays an important role in the development or maintenance of elevated blood pressure in both hypertensive patients and in animal models of hypertension (Borkowski and Quinn 1985; Goldstein 1983; Westfall and Meldrum 1985). Existing literature reveal that synaptic mitochondria maintain and regulate neurotransmission by buffering Ca²⁺ (David and Barrett 2003; Medler and Gleason 2002). Congruent with the crucial role played by synaptic mitochondria, it has been reported that removing mitochondria from axon terminals results in aberrant synaptic transmission, which is most likely due to insufficient ATP supply or altered Ca²⁺ transients (Guo et al. 2005; Ma et al. 2009; Stowers et al. 2002). Thus, the presence of more mitochondria in the Chga-KO synapse compared to WT is indicative of increased neurotransmission, which is further supported by the presence of more SV in the Chga-KO synapse coupled with more DCV at the active zone. These ultrastructural findings correlate well with increased plasma catecholamines that we have reported earlier (Mahapatra et al. 2005).

Glycogen, a branched polymer of glucose, is the storage form of carbohydrates in mammals (Philp et al. 2012). Glycogen is used by numerous organisms as a store when glucose is abundant or as a source of glucose under conditions of metabolic depletion (Roach et al. 2012). At the ultrastructural level, glycogen appears as roughly circular granules from 150 to 400 Å in diameter (Revel et al. 1960). One of the main functions of insulin is to stimulate glycogenesis and inhibit glycogenolysis. We have previously reported *Chga*-KO mice as being hypertensive, hyperadrenergic and sensitive to insulin (Bandyopadhyay et al. 2015; Gayen et al. 2009a, b; Mahapatra et al. 2005). Therefore, increased glycogen granules in the adrenal medulla of *Chga*-KO mice may be a reflection of heightened insulin sensitivity in *Chga*-KO mice (Bandyopadhyay et al. 2015; Gayen et al. 2009b).

While lack of CgA profoundly affects vesicle formation and biogenic amine storage, there is however apparently an equally robust compensation in VMAT-mediated vesicular storage, leading to efficient catecholamine biosynthesis and release in both the resting state and even during greatly enhanced secretory output following induction of hypoglycemia following insulin treatment, in Chga-KO mice. Consistent with an enhanced metabolic burden of ATP-dependent vesicular transport in Chga-KO mice, we found evidence for profound alteration in subcellular morphology of organelles involved in energy metabolism, including mitochondria, ER and GC. The ultrastructural findings correlate well with the pathophysiological findings reported earlier in Chga-KO mice (Bandyopadhyay et al. 2015; Gayen et al. 2009a, b; Mahapatra et al. 2005). We also observed greatly enhanced glucose uptake and utilization in Chga-KO mice, consistent with increased metabolic burden on the chromaffin cell in the absence of CgA expression in the adrenal medulla. We conclude that, in addition to facilitating regulated CA secretion

from the chromaffin cell, CgA also functions to increase the energy efficiency of VMAT-dependent vesicular catecholamine storage in this endocrine cell.

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Conflict of interest The authors have nothing to declare.

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