ORIGINAL INVESTIGATION



Analysis of implantation and ongoing pregnancy rates following the transfer of mosaic diploid–aneuploid blastocysts

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Abstract Preimplantation genetic testing for aneuploidy (PGT-A) is widely used in IVF and aims to improve outcomes by avoiding aneuploid embryo transfers. Chromosomal mosaicism is extremely common in early development and could affect the efficacy of PGT-A by causing incorrect embryo classification. Recent innovations have allowed accurate mosaicism detection in trophectoderm samples taken from blastocysts. However, there is little data concerning the impact of mosaicism on viability, and the optimal clinical pathway for such embryos is unclear. This study provides new information concerning the extent to which mosaic preimplantation embryos are capable of producing pregnancies and births. Archived trophectoderm biopsy specimens from transferred blastocysts were analyzed using next generation sequencing (NGS). Unlike other PGT-A methods, NGS accurately detects mosaicism in embryo biopsies. 44 mosaic blastocysts were identified. Their clinical outcomes were compared to 51 euploid blastocysts, derived from a well-matched, contemporary control group. Mosaic embryos were associated with outcomes that were significantly poorer than those of the control group: implantation 30.1 versus 55.8% (P = 0.038); miscarriage rate 55.6 versus 17.2% (P = 0.036); and ongoing pregnancy 15.4 versus 46.2% (P = 0.003). 61% of the mosaic errors affected whole chromosomes and 39% were segmental aneuploidies. Embryo viability is compromised

Elpida Fragouli elpida@reprogenetics.co.uk by the presence of aneuploid cells. However, a minority of affected embryos can produce successful pregnancies. Hence, such embryos should not necessarily be excluded, but given a lower priority for transfer than those that are fully euploid. It is recommended that pregnancies established after mosaic embryo transfers be subjected to prenatal testing, with appropriate patient counselling.

Introduction

In recent years, there has been an unprecedented explosion in the utilization of preimplantation genetic testing for aneuploidy (PGT-A; sometimes referred to as preimplantation genetic screening), a methodology which aims to reveal chromosome abnormalities in embryos produced during in vitro fertilization (IVF) treatment. In current practice, this usually involves the sampling of approximately five trophectoderm (TE) cells at the blastocyst stage (5-6 days after fertilization of the oocyte) and detection of aneuploidy affecting any chromosome using methods, such as array comparative genomic hybridization (aCGH) or next generation sequencing (NGS) (Maxwell et al. 2016). Aneuploidy is extremely common in human embryos and is believed to be the principal cause of unsuccessful IVF treatment, responsible for most implantation failures as well as the majority of miscarriages. In theory, PGT-A should have the capacity to improve certain IVF outcomes by ensuring that embryos transferred to the uterus are chromosomally normal and, therefore, more likely to be compatible with successful implantation and viable pregnancy. The recent publication of several randomised controlled trials, supporting this hypothesis (Yang et al. 2012; Forman et al. 2013; Scott et al. 2013), coupled with innovations that have cut the costs of embryo testing (Wells et al. 2014), has led

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the number of IVF treatments in the USA that utilize this approach to increase approximately fourfold in the space of just 4 years. It is estimated that over 20% of all IVF treatments in the USA now include PGT-A and adoption continues to increase at a rapid rate.

While most published studies utilizing modern embryo testing methods have suggested that PGT-A is beneficial, controversy over the efficacy of the strategy persists and has begun to crystallise around one issue-chromosomal mosaicism-defined as the presence of two or more cell lines of different karyotype within the same embryo (Delhanty et al. 1993, 1997). Multiple investigations, going back over two decades, have suggested that mosaicism is common in preimplantation embryos produced using IVF (Delhanty et al. 1993, 1997; Magli et al. 2000; Munne et al. 2002; Coonen et al. 2004; Daphnis et al. 2005; Fragouli et al. 2008, 2011). Some mosaic embryos do not contain any chromosomally normal cells (termed mosaic aneuploid), being composed of a mixture of different aneuploid lines. Such embryos should not be problematic for PGT-A as any cells sampled will lead to the same conclusion-the embryo is 'abnormal'. However, more challenging are those embryos consisting of both normal and aneuploid cells, the existence of which prompts a variety of questions-What is the incidence of such embryos? What is their fate if transferred to the uterus? Do they negatively impact the accuracy and efficacy of PGT-A? With aneuploidy testing rapidly becoming a routine tool for IVF treatment, and already considered standard-of-care in a growing number of clinics, it is vital that we improve our understanding of the clinical consequences of mosaicism.

Until recently, many of the questions posed by mosaicism could not be addressed through the analysis of samples taken during the course of routine PGT-A, because testing strategies typically involved the removal of just one cell (blastomere) from cleavage stage embryos. Consequently, only one cell line could be detected and the embryo was classified as normal or abnormal based on that single result. The move to sampling several TE cells at the blastocyst stage has provided an opportunity to identify mosaicism within the biopsy specimen. However, the TE samples are not separated into individual cells, but instead treated as a single entity for the purposes of genetic analysis and receive a single designation (aneuploid or chromosomally normal). Methods commonly used for the purpose of PGT-A, such as aCGH or quantitative real-time PCR (Fragouli et al. 2011; Treff and Scott, 2013), are capable of examining the entire chromosome complement of TE biopsy specimens, but have suboptimal sensitivity for the detection of low-level mosaicism. Given these limitations, historically, the only way to determine whether an embryo is mosaic has been to take several distinct biopsies and test each separately to reveal whether all specimens are cytogenetically equivalent. Unfortunately, multiple biopsies are detrimental to the embryo, and thus, we find ourselves in a situation, where the procedures required for accurate characterization of the embryo alter the key factor that we want to measure—viability.

This paper presents clinical data obtained using a PGT-A method, based upon NGS (Wells et al. 2014; Fiorentino et al. 2014; Kung et al. 2015; Maxwell et al. 2016). We aimed to examine whether mosaic diploid-aneuploid blastocysts were capable of implanting and leading to ongoing pregnancies, and to assess whether pregnancy outcomes were similar to those of embryos with no detected mosaicism. The obtained results are novel and have important advantages over previously published data concerning mosaic embryo viability. In addition, the current study more than triples the amount of clinical outcome data following mosaic diploid-aneuploid embryo transfers. The accurate identification of cytogenetically heterogeneous biopsy samples allows us to address questions about embryo viability, and about the impact of mosaicism on PGT-A's clinical utility.

Results

Next generation sequencing analyses produced approximately 700,000-1,000,000 DNA sequence reads per sample, with an average of ~800,000 reads successfully aligned to the human genome. To simulate the range of possible mosaic types seen in a TE biopsy, analysis of 85 samples, each consisting of five cells derived from karyotypically stable aneuploid cell lines, mixed in different ratios with euploid cells, was carried out. Seven distinct aneuploidies were evaluated in this manner, with analysis taking place blindly. Trisomies and monosomies (whole and segmental) were reliably detected with NGS even when only present in 20% of the cells (i.e., one aneuploid cell and four normal cells). Different proportions of aneuploid cells (0, 20, 40, 60, 80, and 100%) could be distinguished from one another in all cases, indicating that the NGS method is not only capable of detecting mosaicism, but also has the potential to quantify the proportion of aneuploid cells within a sample the size of a typical TE biopsy (Table 1; Fig. 1).

To determine the impact of mosaicism on embryo viability, an attempt was made to identify mosaic blastocysts that had been transferred to the uterus and for which a clinical outcome was known. A retrospective review of 150 clinical PGT-A results associated with transferred embryos led to the identification of 44 (29.3% in the examined group of results) with slight deviations of aCGH profiles for one or more chromosomes, too subtle to be characterized as aneuploid during the initial analysis, but possibly indicative of mosaicism. These 44 embryos were generated by a total

Table 1	NGS anal	vsis of cells from	aneuploid fibroblast	lines mixed with cl	hromosomally normal	cells (mixing experiments)	1
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Aneuploid cell line karyotype	No. of aneuploid cells	No. of normal cells	Average chromosome copy number value (standard deviation)	% Mosaic	
47,XY,+13	0	5	2.03 (0.028)	0	
47,XY,+13	1	4	2.30 (0.026)	20	
47,XY,+13	2	3	2.46 (0.051)	40	
47,XY,+13	3	2	2.79 (0.075)	60	
47,XY,+13	4	1	2.93 (0.061)	80	
47,XY,+13	5	0	3.06 (0.032)	100	
47,XY,+18	0	5	2.03 (0.029)	0	
47,XY,+18	1	4	2.21 (0.012)	20	
47,XY,+18	2	3	2.42 (0.055)	40	
47,XY,+18	3	2	2.65 (0.095)	60	
47,XY,+18	4	1	2.79 (0.050)	80	
47,XY,+18	5	0	3.03 (0.055)	100	
45,X	1	4	1.76 (0.032)	20	
45,X	2	3	1.59 (0.021)	40	
45,X	3	2	1.32 (0.011)	60	
45,X	4	1	1.12 (0.021)	80	
45,X	5	0	1.00 (0.015)	100	
48,XXY,+21	0	5	Chromosome 21: 2.01 (0.027) Chromosome X: 1.01 (0.013)	0	
48,XXY,+21	1	4	Chromosome 21: 2.16 (0.036) Chromosome X: 1.22 (0.010)	20	
48,XXY,+21	2	3	Chromosome 21: 2.44 (0.045) Chromosome X: 1.53 (0.110)	40	
48,XXY,+21	3	2	Chromosome 21: 2.66 (0.078) Chromosome X: 1.66 (0.127)	60	
48,XXY,+21	4	1	Chromosome 21: 2.72 (0.076) Chromosome X: 1.85 (0.050)	80	
48,XXY,+21	5	0	Chromosome 21: 2.94 (0.053) Chromosome X: 1.96 (0.040)	100	
46,XY,del(10)(p14p12)	1	4	1.89 (0.185)	20	
46,XY,del(10)(p14p12)	2	3	1.57 (no replicates)	40	
46,XY,del(10)(p14p12)	3	2	1.39 (0.055)	60	
46,XY,del(10)(p14p12)	4	1	1.21 (0.023)	80	
46,XY,del(10)(p14p12)	5	0	1.12 (0.038)	100	
46,XX,del13(pter>q14)	1	4	1.70 (no replicates)	20	
46,XX,del13(pter>q14)	2	3	1.33 (no replicates)	40	
46,XX,del13(pter>q14)	3	2	1.21 (no replicates)	60	
46,XX,del13(pter>q14)	4	1	1.11 (no replicates)	80	
46,XX,del13(pter>q14)	5	0	0.80 (no replicates)	100	
46,XX,der(21)(21qter>21p11::Xqter)	1	4	2.12 (no replicates)	20	
46,XX,der(21)(21qter>21p11::Xqter)	2	3	2.41 (no replicates)	40	
46,XX,der(21)(21qter>21p11::Xqter)	3	2	2.60 (no replicates)	60	
46,XX,der(21)(21qter>21p11::Xqter)		1	2.73 (no replicates)	80	
46,XX,der(21)(21qter>21p11::Xqter)		0	3.00 (no replicates)	100	

Most samples were assessed in triplicate and standard deviations are provided for experiments that were carried out in triplicate

of 39 patients ("Methods", "Patient details", and Table 2). NGS assessment of surplus amplified DNA from these embryos provided results consistent with the presence of mosaicism in all 44 TE biopsies. Additional analysis of the specimens at several hundred thousand SNP loci, scattered throughout the genome, confirmed that the results obtained

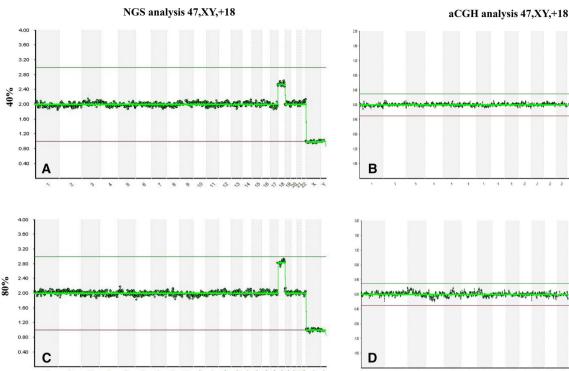


Fig. 1 Examples of NGS and aCGH analysis of groups of aneuploid (47,XY, +18)-euploid (46,XY) mixes of cells in different ratios. a, b Chromosome abnormality present in 40% of cells (two aneuploid

cells mixed with three euploid cells); c, d chromosome abnormality present in 80% of cells (four aneuploid cells with one euploid cell)

were not technical artefacts related to contamination of the sample or triploidy.

In 18 (18/44, 41%) of the TE biopsy specimens, mosaicism only affected whole chromosome(s), 14 (14/44, 32%) carried only segmental chromosome abnormalities in mosaic form, while a combination of mosaic whole and segmental aneuploidy was scored for the remaining 12 (12/44, 27%). Sixteen (16/44, 36%) of the mosaic TE samples were characterized as 'complex' abnormal (3 or more chromosome errors present), a further 15 (15/44, 34%) carried two abnormalities, and 13 (13/44, 30%) had a single mosaic chromosome error.

Taking all 44 samples together, a total of 110 mosaic abnormalities were identified, affecting almost all chromosomes. Thirty-nine (39/110, 35.4%) were whole chromosome trisomies; 19 (19/110, 17.2%) were segmental trisomies; 28 (28/110, 25.4%) were whole chromosome monosomies; and 24 (24/110, 21.8%) were segmental monosomies. Segmental abnormalities involved the gain or loss of chromosomal fragments ranging in size from 4.5 to 96.8 Mb.

In an attempt to estimate the proportion of aneuploid cells in the mosaic TE samples, we compared the numerical expression of chromosome copy obtained from the BlueFuse analytical software (Illumina, UK) to the values ascertained during the aneuploid-euploid cell mixing experiments described above. This comparison suggested a range of 20-60% aneuploid cells for 43 of the 44 TE samples, with a single sample estimated to contain 80% abnormal cells. Across the entire set of mosaic samples, the proportion of abnormal cells was predicted to average 34%. The mosaic abnormalities scored during the NGS assessment of these TE samples are summarised in Table 2. Figure 2 illustrates the aCGH and NGS profiles of two different mosaic diploid-aneuploid TE samples.

The embryos associated with the 44 mosaic TE samples were transferred to 39 patients in 40 procedures. There were 36 single embryo transfers (SETs) and four double embryo transfers (DETs, patients 12, 16, 24, and 34). One patient (number 22) underwent two separate SETs. Together, these transfers led to 17 implantations, 15 from SETs, and a pair of implantations from a DET (overall implantation rate of 38.6%, 17 of the 44 transferred embryos). There were five losses of singleton implantations, and consequently, the number of children born was 12 (27.3% of embryos produced a live birth, 12 of the 44 transferred embryos).

The transferred embryos could be subdivided into several categories. In 14 (32%) of the 44 mosaic blastocysts, the only abnormalities detected involved deletion or duplication affecting fragments of chromosome

Table 2 NGS analysis of 44 suspected mosaic diploid–aneuploid TE samples

Patient no.	Female age	TE no.	Mosaic abnormality	Percentage of biopsied cells with abnormality (estimated)	Number of embryos transferred	Clinical outcome after transfer
1	26	1-1	Whole chromosome 14 gain	20%	1	Ongoing pregnancy
2	30	2-6	Segmental chromosome 10q21.1-10q26.3 gain	20%	1	Ongoing pregnancy
			Segmental chromosome 14q11.2-14q31.1 gain	20%		
3	32	3-1	Whole chromosome 5 gain	20%	1	Ongoing pregnancy
			Whole chromosome 9 gain	20%		
			Whole chromosome 15 gain	20%		
4	33	4-4	Segmental chromosome 2p25.3-2p23.3 loss	40%	1	Ongoing pregnancy
5	33	5-1	Whole chromosome 7 gain	20%	1	No implantation
			Whole chromosome 15 gain	20%		
			Whole chromosome 18 loss	20%		
6	33	6-3	Whole chromosome 9 gain	20%	1	No implantation
			Whole chromosome 20 gain	40%		
7	34	7-3	Segmental chromosome 5q31.1-5q35.3 gain	20%	1	No implantation
			Segmental chromosome 10q11.21-10q26.3 loss	20%		
			Whole chromosome 14 gain	60%		
8	35	8-2	Whole chromosome 20 gain	40%	1	Ongoing pregnancy
9	35	9-1	Segmental chromosome 7p22.3-7p11.2 loss	60%	1	Spontaneous miscarriage
			Whole chromosome 11 loss	40%		
10	35	10-5	Segmental chromosome 5q34-5q35.3 loss	40%	1	No implantation
			Whole chromosome 9 loss	40%		
11	35	11-6	Segmental chromosome 2p25.3-2p24.3 loss	60%	1	Ongoing pregnancy
			Segmental chromosome 10q26.12-10q26.3 loss	60%		
12	35	12-3	Segmental chromosome 9q21.11-9q34.3 gain	60%	2	Ongoing twin pregnancy
			Segmental chromosome Xp22.33-Xq22.1 gain	40%		
		12-4	Segmental chromosome 14q11.2-14q24.3 gain	20%		
13	36	13-6	Whole chromosome 2 loss	20%	1	No implantation
			Segmental chromosome 8p23.3-8p21.3 loss	40%		
			Segmental chromosome 9p24.3-9p23 loss	40%		
14	36	14-2	Segmental chromosome 5q15-5q35.3 gain	40%	1	Ongoing pregnancy
			Segmental chromosome 9q31.1-9q34.3 gain	40%		
15	36	15-9	Whole chromosome 5 gain	20%	1	No implantation
			Segmental chromosome 17q23.1-17q25.3 loss	40%		
			Whole chromosome 21 loss	20%		
			Whole chromosome 22 gain	40%		

Table 2 continued

Patient no.	Female age	TE no.	Mosaic abnormality	Percentage of biopsied cells with abnormality (estimated)	Number of embryos transferred	Clinical outcome after transfer
16	36	16-5	Whole chromosome 5 gain	20%	2	No implantation
			Whole chromosome 21 loss	20%		
		16-10	Whole chromosome 21 loss	20%		
			Whole chromosome 22 gain	20%		
17	36	17-4	Whole chromosome 5 loss	40%	1	No implantation
			Segmental chromosome 17q23.2-17q25.3 loss	40%		
			Segmental chromosome 19p12-19q13.43 loss	20%		
18	37	18-2	Whole chromosome 17 loss	20%	1	Spontaneous miscarriage
19	37	19-8	Whole chromosome 19 loss	20%	1	Spontaneous miscarriage
20	37	20-10	Whole chromosome 20 gain	40%	1	Spontaneous miscarriage
			Whole chromosome 21 gain	40%		
21	37	21-5	Segmental chromosome 6q21-6q27 loss	60%	1	No implantation
22	38	22-7	Segmental chromosome 12p13.32-12q22 gain	40%	2 (2 separate SETs)	No implantation
			Whole chromosome 14 gain	40%		
			Whole chromosome 18 gain	40%		
			Whole chromosome 19 gain	40%		
			Whole chromosome 20 gain	20%		
			Whole chromosome 21 gain	20%		
		22-5	Segmental chromosome 11p15.5-11q13.4 gain	20%		
23	38	23-6	Segmental chromosome 8 loss	20%	1	No implantation
24	38	24-6	Whole chromosome 21 loss	40%	2	No implantation
		24-10	Whole chromosome 3 gain	20%		
			Whole chromosome 11 loss	20%		
			Whole chromosome 17 gain	20%		
25	39	25-9	Whole chromosome 4 loss	40%	1	No implantation
			Whole chromosome 8 gain	20%		
			Segmental chromosome 16p13.3-16p11.1 loss	20%		
			Segmental chromosome 18p11.32-18q12.1 loss	40%		
			Segmental chromosome 19p13.3-19q13.12 loss	40%		
			Whole chromosome 21 gain	40%		
26	39	26-12	Whole chromosome 2 gain	20%	1	No implantation
			Segmental chromosome 10q23.1-10q26.3 loss	40%		
			Segmental chromosome 13q21.1-13q34 loss	60%		

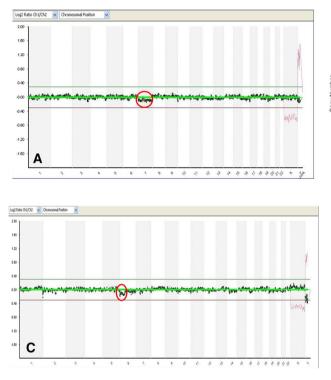
Table 2 continued

Patient no.	Female age	TE no.	Mosaic abnormality	Percentage of biopsied cells with abnormality (estimated)	Number of embryos transferred	Clinical outcome after transfer
27	40	27-9	Segmental chromosome 3q13.12-3q29 gain	60%	1	Spontaneous miscarriage
			Whole chromosome 4 loss	60%		
			Segmental chromosome 7q11.23-7q36.3 gain	40%		
			Whole chromosome 16 loss	60%		
			Segmental chromosome 17p13.3-17q21.32 loss	40%		
			Whole chromosome 18 gain	40%		
			Whole chromosome 21 loss	40%		
28	40	28-3	Whole chromosome 14 loss	40%	1	No implantation
			Segmental chromosome 20p13-20p12.3 loss	40%		
			Whole chromosome 21 loss	40%		
29	40	29-13	Whole chromosome 10 gain	20%	1	No implantation
30	40	30-8	Whole chromosome 4 loss	20%	1	No implantation
			Whole chromosome 5 gain	40%		
			Whole chromosome 6 loss	20%		
			Whole chromosome 14 loss	40%		
			Whole chromosome 19 loss	20%		
31	40	31-4	Whole chromosome 15 loss	60%	1	No implantation
			Segmental chromosome 17q21.2-17q25.3 gain	40%		
			Whole chromosome 21 loss	60%		
32	40	32-4	Segmental chromosome 1p36.3-1p31.1 loss	40%	1	No implantation
			Segmental chromosome 4p16.3-4p15.2 loss	20%		
			Segmental chromosome 10q21.2-10q26.3 gain	60%		
33	41	33-1	Segmental chromosome 6q22.31-6q27 loss	80%	1	No implantation
34	42	34-4	Whole chromosome 1 loss	40%	2	No implantation
			Whole chromosome 8 gain	40%		
			Whole chromosome 9 gain	20%		
			Whole chromosome 12 gain	40%		
			Whole chromosome 16 gain	40%		
			Whole chromosome 17 loss	40%		
			Whole chromosome 20 gain	20%		
			Whole chromosome 21 gain	20%		
			Whole chromosome 22 gain	20%		
		34-9	Segmental chromosome 11q24.1-11q25 gain	60%		
			Segmental chromosome 16q12.1-16q24.3 gain	20%		
35	42	35-1	Segmental chromosome 4p16.3-4p11 gain	40%	1	Ongoing pregnancy
			Segmental chromosome 5p15.22-5p15.2 loss	20%		

 Table 2
 continued

Patient no.	Female age	TE no.	Mosaic abnormality	Percentage of biopsied cells with abnormality (estimated)	Number of embryos transferred	Clinical outcome after transfer
36	42	36-8	Whole chromosome 5 gain	20%	1	No implantation
			Whole chromosome 9 gain	20%		
37	42	37-5	Whole chromosome 5 loss	20%	1	No implantation
			Whole chromosome 19 gain	20%		
38	43	38-1	Whole chromosome 7 loss	20%	1	Ongoing pregnancy
39	43	39-4	Segmental chromosome 3p26.3-3p22.3 gain	20%	1	Ongoing pregnancy
			Segmental chromosome 5q22.2-5q35.3 gain	30%		

The clinical outcomes after the transfers of the corresponding embryos are also shown



4.00 3.60 3.20 2.80 Copy Numbe 2.40 2.00 1.60 1.20 0.80 0.40 В 1 0 8000000 10 00 00 00 00 00 00 00 00 Chromosomal Position 4.00 3.60 3.20 2.80 Vumbe 2.4 2.0 Copy h 1.0 1.20 0.8 0.4 D Chr

Fig. 2 aCGH and NGS profiles of two different mosaic TE samples. **a** aCGH image for sample 38-1 (Table 2). A slight deviation from the *green line* (chromosome copy number 2) was observed for the profile of chromosome 7; **b** NGS re-analysis of sample 38-1 demonstrated a mosaic loss of chromosome 7. Transfer of the corresponding embryo led to an ongoing pregnancy. **c** aCGH image for sample 21-5

(Table 2). A slight deviation from the *green line* (chromosome copy number 2) was observed for a segment of the profile of chromosome 6; **d** NGS re-analysis of sample 21-5 demonstrated a mosaic segmental loss of chromosome 6 (short arm affected). The corresponding embryo failed to implant after transfer (color figure online)

(segmental mosaics). In this group, eight of the embryos implanted, there were no losses, and the ultimate birth rate was, therefore, 57.1% (8/14) per embryo transferred. Another category consisted of embryos in which mosaicism affected one or more whole chromosomes. This was detected in 30 (68%) of the 44 mosaic embryos. In

12 of these embryos, mosaicism for a segmental aneuploidy was observed as well as for whole chromosomes. The implantation rate in this group of embryos was 30%(9/30), five losses occurred, thus resulting in a birth rate per embryo of 13.3% (4/30). A subset of this group, comprising 16 embryos, were categorised as 'complex' mosaics, containing populations of cells with mosaic aneuploidy affecting three or more different chromosomes. This group displayed the lowest birth rates (1/16, 6.25%). The differences in pregnancy loss and birth rates between embryos with a mosaic segmental abnormality and those with a mosaic aneuploidy affecting a whole chromosome were statistically significant (P = 0.004). The clinical outcomes after the transfer of embryos with mosaic TE samples are summarised in Table 2.

To determine the implantation potential of embryos with mosaic chromosomal abnormalities relative to embryos with uniformly euploid biopsy specimens, the outcomes of IVF cycles in which such embryos had been transferred were compared to those of a control group in which neither aCGH nor NGS had detected any evidence of mosaicism. The control group consisted of 51 transferred embryos generated by 47 couples clinically indistinguishable from, and being treated contemporaneously with, the patients of the study group. Similar to the mosaic group, the majority (43/47) of the transfers in the control group involved a single embryo, while two embryos were transferred in four cases (patients 5, 10, 12, and 16 in Table 3). Twenty-six pregnancies were established, with a total of 29 embryos (29/51, 56.9%) successfully implanting. Five of the embryos that implanted failed to progress, leading to a birth rate of 47% (24/51) per blastocyst transferred. Details of the control group patients and their clinical outcomes are summarised in Table 3. Comparison of clinical outcomes showed that embryos associated with TE biopsies with mosaicism affecting one or more whole chromosomes had implantation and pregnancy rates reduced to approximately one-third of those achieved using blastocysts with a nonmosaic euploid biopsy sample (P = 0.023 and P = 0.0036, respectively). The implantation rate for embryos with mosaic segmental abnormalities was no different to the control group.

Discussion

In the past 5 years, PGT-A has rapidly moved from a niche application, used for small numbers of narrowly defined patients undergoing IVF, to a mainstream intervention, considered to be a standard tool in a growing number of fertility clinics around the world. Given the unprecedented increase in utilization, it is imperative that lingering controversies associated with PGT-A are urgently examined. Modern methods for the testing of chromosomes in the small number of cells removed from each embryo have a high degree of technical accuracy, but have struggled to overcome confounding biological factors, chiefly chromosomal mosaicism. Until recently, mosaicism, which is common in human preimplantation embryos, and potentially results in the biopsied cells being unrepresentative of the remainder of the embryo, has been difficult to detect. This has led to concerns that PGT-A may sometimes provide an erroneous diagnosis, resulting in viable embryos being inappropriately discarded or the inadvertent transfer to the uterus of aneuploid embryos.

In the current study, the latest cytogenetics technologies were utilized to provide new data on the frequency of mosaicism and its impact on pregnancy outcome, allowing conclusions to be drawn about the extent to which mosaicism impacts PGT-A strategies that seek to facilitate the identification and preferential transfer of euploid embryos. Aneuploidy and mosaicism were detected using NGS-an umbrella term covering a variety of powerful technologies that have in common the ability to generate large quantities of DNA sequence information, rapidly and at a low-cost per base. The validation and clinical application of NGS for the purposes of screening IVF embryos for aneuploidy have been previously described by our group and others, and have helped to significantly improve patient access to PGT-A by reducing the cost of the procedure (Yin et al. 2013; Wells et al. 2014; Fiorentino et al. 2014; Kung et al. 2015).

Following a series of advances in embryology, PGT-A has shifted from analysis of a single cell, taken at the cleavage stage of development (3 day post-fertilization) to the sampling of approximately five cells at the blastocyst stage (day-5 or -6). In the United States, over 90% of all PGT-A now involves blastocyst biopsy. The current study conclusively demonstrates the ability of NGS to detect mosaic aneuploidy affecting entire chromosomes and also parts of chromosomes in blastocyst biopsies. We initially showed this in an experimental model of samples composed of five cells and subsequently in clinical samples. Mosaicism was reliably detected even when only one cell out of five was abnormal. As well as identification of mosaicism, NGS was confirmed to provide highly accurate diagnosis of non-mosaic aneuploidy in embryo samples previously tested using a well-validated aCGH method (>99.9% concordance).

Studies of blastocysts donated for research purposes, which have been biopsied and tested at multiple sites, clearly demonstrate that mosaicism can persist to the final stage of preimplantation development, but at a decreased frequency compared with the cleavage stage (Fragouli et al. 2008, 2011; Novik et al. 2014). It is also evident from such studies that most mosaic embryos are devoid of euploid cells, carrying different types of aneuploidies in all of their cells (referred to as mosaic aneuploid). In a previous study, using less sensitive methods than described here, we concluded that approximately 10% of blastocysts of high morphological grade are mosaic for a mixture of normal and aneuploid cells (Fragouli et al. 2011). Comprehensive

 Table 3 Control group patients, embryos, and clinical outcomes after transfer

Patient no.	Female age	TE no.	TE cytogenetic result	Number of embryos transferred	Clinical outcome after transfer
1	29	1-2	46,XY	1	No implantation
2	31	2-9	46,XY	1	Ongoing pregnancy
3	32	3-11	46,XY	1	No implantation
4	33	4-3	46,XX	1	Ongoing pregnancy
5	34	5-1	46,XY	2	Spontaneous miscarriage
		5-2	46,XX		
6	34	6-3	46,XX	1	Ongoing pregnancy
7	35	7-1	46,XY	1	Ongoing pregnancy
8	36	8-6	46,XX	1	Ongoing pregnancy
9	36	9-2	46,XY	1	Ongoing pregnancy
10	36	10-5	46,XY	2	Ongoing twin pregnancy
		10-8	46,XY		
11	36	11-4	46,XX	1	No implantation
12	36	12-1	46,XY	2	Ongoing twin pregnancy
		12-2	46,XY		•
13	36	13-1	46,XX	1	Spontaneous miscarriage
14	36	14-4	46,XY	1	Ongoing pregnancy
15	36	15-15	46,XX	1	No implantation
16	36	16-8	46,XY	2	No implantation
		16-12	46,XX		
17	37	17-5	46,XY	1	No implantation
18	37	18-3	46,XY	1	No implantation
19	37	19-1	46,XX	1	No implantation
20	37	20-1	46,XY	1	Ongoing pregnancy
21	37	21-3	46,XX	1	No implantation
22	38	22-1	46,XY	1	Spontaneous miscarriage
23	38	23-10	46,XX	1	No implantation
24	38	24-8	46,XY	1	No implantation
25	38	25-3	46,XY	1	No implantation
26	38	26-2	46,XX	1	Ongoing pregnancy
27	39	27-1	46,XY	1	Ongoing pregnancy
28	39	28-2	46,XX	1	Ongoing pregnancy
29	39	29-7	46,XX	1	Ongoing pregnancy
30	39	30-3	46,XY	1	Spontaneous miscarriage
31	40	31-4	46,XX	1	No implantation
32	40	32-11	46,XY	1	Ongoing pregnancy
33	40	33-2	46,XY	1	No implantation
34	40	34-9	46,XY	1	Ongoing pregnancy
35	40	35-2	46,XY	1	Spontaneous miscarriage
36	41	36-3	46,XX	1	No implantation
37	41	37-2	46,XY	1	No implantation
38	41	38-5	46,XY	1	No implantation
39 39	41	39-2	46,XX	1	Ongoing pregnancy
40	41	40-2	46,XX	1	Ongoing pregnancy
41	42	41-15	46,XX	1	Ongoing pregnancy
42	42	42-1	46,XY	1	Ongoing pregnancy
43	42	43-1	46,XY	1	No implantation
44	42	44-11	46,XX	1	No implantation

Table 3 continued									
Patient no.	Female age	TE no.	TE cytogenetic result	Number of embryos transferred	Clinical outcome after transfer				
45	42	45-1	46,XY	1	No implantation				
46	43	46-2	46,XY	1	No implantation				
47	43	47-2	46,XX	1	Ongoing pregnancy				

cytogenetic assessment of TE and inner cell mass samples derived from the same embryos, carried out by our group and others, found no evidence of preferential allocation of mosaic abnormalities to the TE of the blastocyst (Evsikov and Verlinsky 1998; Fragouli et al. 2008). Similarly, Capalbo et al. (2013) did not observe diagnostic discrepancies between the TE and ICM or the preferential presence of mosaicism in either of the two tissues in 20 good quality blastocysts. The authors of this particular study postulated that the incidence of mosaic diploid/aneuploid embryos is even lower (4%) during the final stage of preimplantation development (Capalbo et al. 2013). The data obtained herein suggest that the true incidence of mosaic diploid-aneuploid blastocysts has been underestimated and may exceed 20%. The high frequency is only apparent now that highly sensitive NGS methods are available, capable of detecting a single-affected cell within a biopsy specimen, and revealing both whole chromosome aneuploidy and segmental abnormalities.

Importantly, the data from the current study clearly demonstrate that mosaic embryos are viable in some instances, although the likelihood of successful implantation was significantly less (38.6%) than for embryos associated with a non-mosaic, euploid biopsy specimen (56.9%). In addition, pregnancy loss rates were higher for embryos with mosaic PGT-A results (29.4 versus 20.7%), ultimately leading to a birth rate of 27.3% for mosaic embryos, versus 47% for embryos with an entirely euploid biopsy specimen.

Interestingly, not all forms of mosaicism had the same impact on embryo viability. Indeed, blastocysts with mosaic segmental abnormalities were associated with outcomes that were similar to embryos with completely normal trophectoderm biopsy specimens. Data obtained during comprehensive cytogenetic analysis of embryos at different developmental stages have shown that aneuploidies affecting fragments of chromosomes are very common at the cleavage stage (Wells and Delhanty 2000; Voullaire et al. 2000; Vanneste et al. 2009), but decline as development proceeds (Fragouli et al. 2013). This may be due to the fact that segmental abnormalities are associated with breakage of DNA strands, a form of genetic damage that typically triggers checkpoints responsible for inducing cell cycle arrest and, if repair does not occur, activating apoptotic pathways. Thus, affected cells may be eliminated, leaving behind only those cells with intact chromosomes. In addition, segmental abnormalities involving pieces of chromosome that lack a centromere (acentric fragments) are unable to attach to the spindle during mitosis and tend to be lost as cells divide. For this reason, it is likely that an embryo carrying an additional acentric fragment will ultimately end up with a normal chromosome complement. It is reasonable to suppose that most embryos from which abnormal cells have been eliminated will have an implantation potential similar to that seen for euploid embryos.

In contrast to embryos with mosaic segmental abnormalities, the implantation rate for those with mosaicism affecting whole chromosomes was only 13.3%, falling to just 6.3% if multiple chromosomes were involved. Five pregnancies achieved after transfer of a mosaic embryo ultimately miscarried, and in all cases, the embryo had mosaicism affecting a whole chromosome. These findings, therefore, suggest that unlike segmental aneuploidy, mosaic whole chromosome abnormalities tend to persist in developing blastocysts, affecting their ability to implant and lead to a viable pregnancy. Of note, we did not observe any relationship between the implantation ability of a mosaic blastocyst and the number of aneuploid cells in the TE biopsy. This is probably because the biopsy specimen represents a small, random sample of trophectoderm tissue, and does not necessarily reflect the proportion of chromosomally abnormal cells in the remainder of the embryo.

Considering the ongoing debate over the efficacy of embryo selection based upon PGT-A, these insights into the developmental potential of mosaic diploid–aneuploid blastocysts are of great value. It should be noted that all patients and their samples were de-identified prior to the initiation of this study, so we were unable to follow up on the karyotype of the live births. However, no chromosomally abnormal births have ever been reported following PGT-A at the clinic involved in this study.

Reduced viability of mosaic embryos was recently described in another study that involved the transfer of a small number of mosaic diploid–aneuploid blastocysts (Greco et al. 2015). The cytogenetic analysis of biopsied TE samples took place via aCGH, a less sensitive method than NGS in terms of the detection of mosaicism. In that investigation, approximately 5% of blastocysts were classified as mosaic. Transfers of affected embryos were undertaken for 18 women, leading to the establishment of six ongoing chromosomally normal pregnancies (33% pregnancy rate), significantly lower than embryos associated with an entirely euploid biopsy specimen.

While mosaicism is common during preimplantation development, it is rare at birth. The incidence of mosaic chromosome errors is estimated to be approximately 2% in prenatal samples and/or viable fetuses (Malvestiti et al. 2015). We have previously compared the aneuploidies seen during three different stages of development-the fertilised oocyte, cleavage stage embryo, and blastocyst stage embryo (Fragouli et al. 2013). The results obtained suggested that embryos carrying meiotic aneuploidies, originating (mostly) in the oocyte, frequently persist to the blastocyst stage and sometimes past implantation. These findings were in agreement with cytogenetic data from studies of products of conception (i.e., miscarriages), which have concluded that most aneuploidies detected once an embryo has implanted originate from errors occurring during female meiosis (reviewed in Hassold and Hunt 2001; Hassold et al. 2007). The absence of detectable aneuploid cell lines in most individuals is likely explained by the lethality of mosaicism prior to implantation or early in pregnancy. However, a minority of mosaic embryos are capable of producing chromosomally normal pregnancies, presumably due to loss of aneuploid cell lines, either via active mechanisms (e.g., apoptosis of abnormal cells) or passive processes (e.g., growth advantage of euploid cells).

The sensitivity of NGS and its increasing clinical use for the purposes of PGT-A have led to a significant increase in the detection of mosaic preimplantation embryos. If identified during IVF cycles, patients should receive counselling concerning the likely outcome of transfer. Embryos with a mosaic TE specimen should be given a lower priority for transfer than those associated with an entirely euploid biopsy. The data obtained during the current study suggest that, regardless of the proportion of abnormal cells within a TE sample, blastocysts with one or more mosaic segmental chromosome abnormalities have an implantation potential similar to that of euploid blastocysts. Consequently, in the absence of any completely euploid blastocysts, such embryos could be considered for transfer after appropriate patient counselling. Conversely, blastocysts with 1-2 mosaic errors affecting whole chromosomes, irrespective of the percentage of abnormal cells in the TE sample, were generally associated with poor clinical outcomes after transfer, suggesting that they should be given a lower transfer priority. Embryos characterized as having complex mosaic aneuploidy rarely implanted and could be excluded from transfer altogether. In addition, it is advisable to avoid transfer of embryos with mosaicism affecting chromosomes commonly associated with abnormal pregnancy,

miscarriage or chromosomally aneuploid births (for example, but not limited to 13, 16, 18, 21, and 22).

It is recommended that patients with pregnancies established after transfer of a mosaic embryo should be offered prenatal testing, ideally amniocentesis, to confirm the absence of aneuploid cells in the foetus. More detailed recommendations were recently published by the Preimplantation Genetic Diagnosis International Society (PGDIS (2016),http://www.pgdis.org/docs/newsletter_071816. html). While the likelihood of a successful pregnancy is significantly reduced when mosaicism is detected, the fact that a minority of affected embryos produce apparently healthy births suggests that the blanket exclusion of such embryos may not be appropriate. Indeed, the failure to transfer potentially viable, mosaic embryos, could ultimately harm rather than enhance IVF success rates, a vitally important consideration for PGT-A.

Methods

Ethical approval

All procedures performed in this study were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. Specifically, assessment of all embryo samples via NGS took place only after written informed consent was obtained from all patients. Ethical approval was granted to the participating IVF clinic by their internal Institutional Review Board [9.baby Family and Fertility Center (previously Tecnobios Procreazione)].

Study design

To assess the capacity of NGS to detect mosaicism, cells were isolated from well-defined karyotypically abnormal fibroblast cell lines. Aneuploidies affected entire chromosomes or smaller chromosome segments. Different numbers of chromosomally normal male (46,XY) lymphocytes and aneuploid fibroblast cells were added to microcentrifuge tubes, to simulate different degrees of diploid-aneuploid mosaicism. In all cases, a total of five cells was evaluated, since this is the number typically found in a TE specimen: 5/5 cells aneuploid (100% abnormal); 4/5 (80%); 3/5 (60%); 2/5 (40%); 1/5 (20%); and 0/5 (entirely euploid). Details of the fibroblast cell line karyotypes are shown in Table 1. All samples were tested using aCGH, the most widely applied technique for PGT-A, as well as a well-validated NGS method (Fiorentino et al. 2014; Maxwell et al. 2016). Analysis was undertaken blindly, and a second independent individual decoded the results.

Following validation of mosaicism detection, a retrospective review was undertaken of 150 previous PGT-A results. In all cases, the data had been obtained using aCGH applied to TE biopsies and the embryos had been characterized as euploid and transferred. The clinical outcomes of these transfers were known. All 150 aCGH images were deidentified prior to review. The de-identification took place by an independent individual (i.e., not associated with the participating laboratories) in a way that only information about female patient age and clinical outcome after embryo transfer was available. In 44 cases, slight deviations in the aCGH profiles had been observed at the time of initial analysis, but these did not exceed the validated thresholds for calling chromosomes 'aneuploid', and consequently, the embryos had not been excluded from transfer.

Surplus DNA samples from these specimens were reassessed via NGS in the hope that harnessing the superior sensitivity of that method would allow the presence of mosaicism to be confirmed or excluded. NGS took place using the VeriSeq protocol (Illumuina, UK), according to manufacturer's instructions. As well as chromosomal analysis, samples were subjected to genotyping of ~300,000 single nucleotide polymorphisms (SNPs) using a microarray, as described by Konstantinidis et al. (2015). This approach allows detection of triploid samples and reveals whether a biopsy specimen has been contaminated with extraneous DNA/cells. Excluding these possibilities is important since, both can make a sample with a uniform karyotype appear as though it were mosaic after NGS.

To consider the effect of mosaicism on embryo implantation potential, the clinical outcomes of transfers involving mosaic blastocysts were compared to a carefully matched group of patients who had transfers of embryos that showed no evidence of mosaicism in their associated TE specimen. This patient group was also de-identified in the same way as the patients who received possibly mosaic embryos. The two different groups of patients were from the same clinic, were indistinguishable in terms of clinical parameters, had the same average female age, and were receiving treatment during the same time period.

Patient details

The 44 TE samples re-assessed by NGS were biopsied from embryos generated by 39 couples (average female age 37.2 years, range 26–43 years). The control group consisted of 51 embryos generated by 47 couples (average female age 37.9 years, range 29–43 years).

Mixing experiments

To define the limits of mosaicism detection via NGS, aneuploid and euploid cells were combined together. The

aneuploid cells were isolated from fibroblast cell lines obtained from the NIGMS Human Genetic Cell Repository at the Coriell Institute for Medical Research (USA). These were combined with euploid male (46,XY) lymphocytes in different ratios, the proportion of abnormal cells ranging from 0 to 100% (see above). Entire chromosome gains were assessed with the use of two cell lines carrying trisomy 13 (47,XY,+13: GM00526), and trisomy 18 (47,XY,+18: GM01359), and an XXY, trisomy 21 cell line (48,XXY,+21: GM04965). Entire chromosome losses were assessed with the use of a 45,X0 cell line (45,X0: GM00857). Segmental chromosome losses and gains were assessed with the use of three cell lines carrying a partial loss of 10p [46,XY,del(10)(p14p12): GM03047], a partial loss of 13q [46,XX,del13(pter>q14): GM00509], and an unbalanced translocation between chromosomes 21 and X [46,XX,der(21)(21qter>21p11::Xqter): GM01730]. Mixing experiments were repeated three times for five of the cell lines, but the lines carrying the segmental errors affecting chromosomes 13 (GM00509) and X (GM01730) grew very poorly and could only be analyzed once each.

Ovarian stimulation and embryo culture

Controlled ovarian stimulation was induced using an antagonist (Orgalutran, Organon, Rome, Italy; or Cetrotide, Serono, Rome, Italy) and urinary or recombinant follicle-stimulating hormone (FSH) (Meropur, Ferring, Milan, Italy; or Gonal-F, Serono, Rome, Italy). A dose of 10,000 IU human chorionic gonadotrophin (hCG) (Gonasi, Amsa, Rome, Italy) or one ampoule of recombinant hCG (r-hCG; Ovitrelle, Serono, Rome, Italy) was administered when one or more follicles reached a maximum diameter of >23 mm. Oocyte collection was performed transvaginally, under ultrasound guidance, 36 h after hCG injection. Retrieved oocytes were rinsed and placed in Sydney IVF Fertilization Medium (Cook IVF, Brisbane, Australia) at 37 °C, 6% CO₂, 5% O₂, 89% N₂ for at least 4 h. Fertilization was achieved by intracytoplasmic sperm injection (ICSI), following the standard techniques. Embryo culture was carried out in EmbryoScope (UnisenseFertiliTech, Denmark), an integrated embryo-culture time-lapse microscopy system with N₂/CO₂/O₂ (89:6:5, v/v) at 37 °C without control of humidity. Immediately after ICSI, oocytes were placed inside pre-equilibrated slides (EmbryoSlide; Unisense Fertilitech) containing 12 droplets each of 25 µl fresh cleavage medium (Cook IVF) covered by 1.2 ml of mineral oil (SAGE, Biocare Europe, Rome, Italy). On day-3, cleavage medium was replaced with blastocyst medium (Cook IVF) for culture until day-5 or 6. Embryo transfers were carried out in fresh PGT-A cycles or after freeze-all cycles. Blastocysts were cryopreserved using a vitrification protocol with a closed-system device (HSV straw,

Cryo Bio System, France) and Kitazato solutions (Kitazato BioPharma Co., Japan).

Embryo sampling and preparation

TE biopsy involved the removal of approximately five cells taking place either on day-5 or day-6 of preimplantation development, depending on embryo expansion. Specifically, at 113-142 h after insemination, all fully expanded blastocysts having a visible blastocoele, where an inner cell mass could be identified and with at least a few cells forming the trophectoderm epithelium, underwent trophectoderm biopsy. All biopsy procedures were conducted on a heated stage in a dish prepared with two 20 µl droplets of Sydney IVF Blastocyst Medium (Cook IVF, Brisbane, Australia) overlaid with pre-equilibrated mineral oil. Each blastocyst had its own dish, where it was left until transfer or cryopreservation, so that the identification procedures for each biopsied embryo were safer and the time used to carry out the biopsy was shorter (pre-equilibrated medium has been used during biopsy). Three-to-eight trophectoderm cells were aspirated into the biopsy aspiration pipette (Cook, Brisbane, Australia), followed by laser-assisted or mechanical removal of the trophectoderm cells from the epithelium. A diode laser (Saturn 3, Research Instruments, Cornwall TR11 4TA, UK) was used to assist the opening of a 10-20 µm hole in the zona pellucida on day-3 or 5 and for trophectoderm biopsy. Cell preparation for chromosome analysis took place as described previously (Fragouli et al. 2011, 2013). Clinical chromosome assessment had initially taken place via the application of a single, highly validated platform for microarray comparative genomic hybridisation (aCGH) (Fragouli et al. 2011; Wells et al. 2014).

Array CGH

Array CGH analysis was carried out using 24SureTM Cytochip V3 microarrays (Illumina, UK). The protocol used was as described in Fragouli et al. (2011, 2013), with modifications according to the manufacturer (Illumina, UK Resulting aCGH images were analyzed using the BlueFuse software (Illumina, UK).

Next generation sequencing

The NGS analysis of all TE samples took place with the use of the VeriSeq strategy (Illumina, UK), and as described previously (Fragouli et al. 2015). Cytogenetic assessment occurred with the use of the BlueFuse Multi v3 software (Illumina, UK).

Determination of mosaicism levels

Cytogenetic assessment of samples via NGS revealed the copy number of each of the 23 pairs of chromosomes. The BlueFuse Multi v3 software was capable of providing clear numerical values to determine chromosome copy number during sample analysis. Hence, a chromosome with two copies in an analyzed sample had a value of 2, a chromosome with three copies had a value of 3, a chromosome with one copy had a value of 1, whereas the presence of a nullisomy had a value of 0. As mosaic diploid-aneuploid samples consisted of a combination of chromosomally normal and abnormal cells, the values given by the software were either between 2 and 3 for mosaic chromosome gains, or between 2 and 1 for mosaic chromosome losses. Using the numerical values given by the Bluefuse Multi v3 software during analysis of the mixing experiments, we were able to determine the level of mosaicism in the TE biopsies. The numerical values obtained during the mixing experiments are shown in Table 1.

Statistical analysis

Unless stated otherwise, statistical evaluations were carried out using Fisher's exact test.

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Compliance with ethical standards

Conflict of interest The authors state no conflict of interest.

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