

# Ion channelopathies and migraine pathogenesis

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**Abstract** Migraine is a common neurological disorder that affects approximately 12–20% of the general adult population. Migraine pathogenesis is complex and not wholly understood. Molecular genetic investigations, imaging and biochemical studies, have unveiled a number of interconnected neurological pathways which seem to have a cause and effect component integral to its cause. Much weight of migraine attack initiation can be placed on the initial trigger and the pathways involved in its neuronal counter reaction. Ion channels play a large role in the generation, portrayal and mitigation of the brains response to external triggers. Several genetic studies have identified and implicated a number of ion channelopathy genes which may contribute to this generalised process. This review will focus on the genetics of migraine with particular emphasis placed on the potentially important role genes *HEPH* (responsible for iron transport and homeostasis) and *KCNK18* (important for the transport and homeostasis of potassium) play in migraine cause.

**Keywords** Migraine · Ion channelopathies · Hephaestin · TRESK · *HEPH* · *KCNK18*

## Introduction

Migraine is a common neurological disorder affecting 12–20% of the general adult population (globally population dependent) and is approximately three times more prevalent in females than in males (Stovner and Andree 2010; Bolay et al. 2015). According to the World Health Organisation (WHO), migraine- and headache-related disorders are a public-health concern with a large amount of associated disability and financial cost to society (WHO 2011). Given that migraine is most prevalent in the productive years of life, financial cost to society from lost working hours and reduced productivity are significant (Semenov 2015). The WHO states that 25 million working or school days are lost every year in the United Kingdom due to migraine alone, a financial cost which can be compared to tension type headache (TTH) and chronic daily headache combined (WHO 2011). Similarly, the burden placed on primary healthcare due to migraine is high with physicians reporting that one-third of all neurological related consultations are due to migraine and related headache disorders (WHO 2011). Currently, migraine diagnosis is dependent on the presence of distinctive and concurrent episodic attacks. These attacks are classified based on the semblance of a severe pulsating (throbbing) headache with additional symptoms of nausea, phonophobia and/or photophobia. Symptoms of this calibre constitute the 70% of migraine sufferers without aura (MO). The remaining 30% of migraine patients have additional symptoms of transient, reversible, visual, sensory or motor neurological disturbances, better known as aura and termed migraine with aura (MA). Migraine can be attributed to a number of genetic, chemical and environmental interactions making its pathophysiology multifactorial in nature.

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Most pathological states of head pain are predicted to be the result of disrupted and dysregulated systems of peripheral nerve excitation. Such excitation is tightly controlled by coordinated plasmalemmal ion channels whose main function is to generate a degree of neuronal action potential proportional to the strength of the external trigger (Du and Gamper 2013). This somatosensory nociceptive reflex has a cause and effect relationship with interconnected neurons projecting to different regions of the brain. The pathway begins with a generalised peripheral signal of external origin which first excites nociceptive fibres (V1/2/3). These fibres innervate the skin, periosteum and large cranial vessels including arteries, veins and sinuses as well as the meninges (Nicolson 2016). Information is then transmitted to a large ipsilateral nuclear group termed the ‘trigemino-cervical complex’ (trigeminal ganglion). Neurons at this site cross over and project into the trigeminal nucleus caudalis (TNC) to become a division of second-order neurons. In the contralateral nucleus ventralis posteromedialis (VPM) of the thalamus, these second-order neurons terminate and third-order neurons originate to continue to transmit sensory information to the cortex. It is here where these peripheral nociceptive signals may be amplified centrally to reach pain-inducing intensity (Du and Gamper 2013). The generation, continuance and termination of the somatosensory reflex are brought about via balance in the concerted action of surrounding ion channels. This suggests that the pain felt during a migraine headache is potentially the result of uncontrolled nociceptive fibre innervations accompanied by changes in its localised environment mediated by ion channels rather than the brain itself.

This proposed pain pathway mirrors the trigemino-vascular theory which currently defines the process of migraine pathophysiology. Previous migraine studies (Akerman et al. 2011; Noseda and Burstein 2013) have integrated the anatomy of nociceptive structures of the brain with concepts of central nervous system modulation. This correlation combines regions of the brain implicated during mammalian physiological studies with biochemical observations, i.e. neurotransmitter and inflammatory peptide release (Messlinger et al. 2011). These studies suggest that disturbances in brain areas of the subcortical aminergic sensory modulatory systems and other brainstem, hypothalamic and thalamic structures (Angelini et al. 2004) are key contributors to migraine cause (Sprenger and Goadsby 2010; Goadsby 2012). This model suggests that the ventrolateral periaqueductal grey matter (PAG) and the posterior hypothalamic grey (PHG) modulatory regions are activated by nociceptive trigemino-vascular input (Knight et al. 2002; Goadsby 2012).

Data supporting this include stimulated pain afferents in the superior sagittal sinus in cat studies found to consequently activate neuronal pathways in the PAG—resulting

in subsequent inhibitory signals to the trigeminocervical complex (Knight et al. 2002). Concomitantly, other positron emission tomography (PET) investigations in migraineurs have shown recurrent PAG activation during continual migraine (Rocca et al. 2006; Sprenger and Goadsby 2010). In addition, the associated PHG area has been significantly implicated in migraine due to the appearance of dopaminergic involvement in clinical features of the premonitory phase of migraine and the accompanying neurological symptoms (Goadsby 2012). These include the identification of dopamine 2 (D2) receptors in significant quantities in rat trigeminocervical neurons (Goadsby 2012). Subsequent studies have demonstrated that dopamine-containing A11 neurons inhibit trigemino-vascular nociceptive transmission through D2 receptor-mediated responses (Charbit et al. 2009) suggesting that the prevalence of lesions and dysfunction in this region facilitate pain transmission (Charbit et al. 2009).

The complex nature of migraine pathogenesis has to date limited the advancement of research, diagnosis and the identification of causative genes. Despite centuries of research, molecular diagnostic methods aiding a definitive diagnosis remain under-developed with the genetic and pathological mechanisms underpinning migraine pathogenesis yet to be fully elucidated. However, a number of potential factors contributing to the cause of migraine have been identified and, as a result, a number of theories have been developed regarding migraine pathophysiology.

### Genetic epidemiology and twin studies

Migraine as a disorder can be considered ‘commonplace’ in the context of public awareness. Most people are quick to relate to the impact of the more subtle migraine-like symptoms or at the very least know someone who suffers with it. Migraine has a lifetime prevalence rate of 16–35% and a 1-year prevalence rate of 10–12% depending on racial culture (Russell et al. 1995; Zivadinov et al. 2001; Carson et al. 2004). As a reflection of racial liability, the disease has been found to have reduced prevalence in Hong Kong, Saudi Arabia and in African and Asian Americans (Leonardi et al. 2005).

Migraine preponderance generally follows a 1:3 male-to-female ratio (Stovner and Andree 2010). Epidemiologically this can be further refined to discriminate between the subtypes MA and MO. MO has a noted lifetime prevalence of 14.7% with 1:2.2 male-to-female ratio, while MA has a lower lifetime prevalence of 7.9% and a male-to-female ratio of 1:1.5 (Russell et al. 1996; Uygunoglu and Siva 2015). These differences in gender prevalence ratios highlight the increased risk in migraine susceptibility in females. Adding age as an antecedent epidemiological

variable identifies significant female preponderance at all ages for MA (Russell et al. 1996; Uygunoglu and Siva 2015). In contrast, no distinguishable differences in gender predisposition have been identified for MO until the age of 13 (Russell et al. 1996; Ferrari et al. 2015), suggesting that both males and females have equal MO susceptibility risk during early childhood. As a result, female hormones have been postulated to play a role in migraine initiation and cause, particularly in MO (Russell et al. 1996). Moreover, migraine has been found to peak in women between the ages of 35–45 (Ferrari et al. 2015).

Family history plays a substantial role in migraine inheritance, with familial clustering evident in 37–91% of first degree relatives of migraine probands (Stewart et al. 2006; Lemos et al. 2009). In addition, correlation between early onset and the higher number of affected relatives with strong family history has been linked with migraine onset with those aged 20 and younger (Stewart et al. 2006). Migraine tends to prominently follow the maternal line, however, with paternal orientated inheritance also observed; migraine is suggested to arise via autosomal dominant/recessive rather than X-linked inheritance (Wang et al. 2008).

Examinations of disease risk conducted using various familial based studies suggest an overall increased risk in migraine susceptibility in relatives of migraine probands (Stewart et al. 2006). First degree relatives of MO probands have a threefold increase in MO susceptibility, while first degree relatives of MA probands have a twofold disease risk increase for both MA and MO subtypes (Russell et al. 1995; Montagna 2008). More refined analysis into associated disease risk in first degree relatives of probands identified a 1.4-fold increase in MO risk amongst spouses of MO probands (Russell et al. 1995; Montagna 2008). No associative disease risk increase was found for MA in spouses of MA probands (Montagna 2008). In general, the observed increased risk of migraine amongst first degree relatives strongly supports the role genetic factors play in migraine susceptibility, while the higher risk associated with proband spouses shows compatibility with assortive mating and/or shared environmental factors (Montagna 2008).

Twin studies are renowned for their ability to prove and define the genetic cause and environmental factor contribution to disease. In the case of migraine, twin studies have demonstrated higher concordance rates for migraine amongst monozygotic (MZ) twins when compared with dizygotic (DZ) twins (Gervil et al. 1999). A study conducted by Ziegler et al. found consistently high tetrachoric correlations in female twin pairs raised both together and apart, with a defined heritability estimate of 52% (Ziegler et al. 1998). A Finnish study by Kallela et al. further supports this, noting 40–50% of migrainous cause attributable to genetic factors (Kallela et al. 1999). No distinguishable

inheritance differences were found between genders with the exception of the effects from presumed dominance (26% for men and 14% for women) (Kallela et al. 1999). In addition, a Danish twin study found a significantly high correlation between genetic liability and proband concordance rates in MZ twins with the MO migrainous subtype (Ulrich et al. 1999). In this study, 61% of MO cause was attributed to additive genetic effects and the remaining 39% due to individual-specific environmental effects (Ulrich et al. 1999). In MA classified twin sets, the correlation in genetic liability was identified to be 68% in MZ twins and 22% in DZ twins. A recurrence risk rate was also determined with MA found to have a 50% chance of reoccurring in MZ twins and only 21% in DZ twins (comparative with non-twin siblings at 27%) (Ulrich et al. 1999; Montagna 2008) highlighting that specific environmental factors encountered by twins do not directly influence MA.

These and other studies have provided plausible theories on both the cause and inheritance of migraine to identify that migraine has a multifactorial genetic pattern with varying clinical manifestations. The clinical characterisation of migraine may vary dependant on the effects of combinational additive genes and unshared environmental factors. Hence, further genetic investigations through candidate gene and genome-wide association studies are a priority.

## Genome-wide association (GWA) studies

A recent meta-analysis conducted by Anttila et al. (2013) combined and analysed GWAS data from 29 clinic- and population-based studies, comparing 23,285 migraine case and 99,425 control samples (Anttila et al. 2013). The primary meta-analysis revealed 142 significant SNPs at 12 loci associated with migraine. The single most significant SNP rs11172113 in the *LRP1* gene encodes for a low-density lipoprotein receptor-related protein-1 (*LRP1*) (Anttila et al. 2013). The *LRP1* gene has been shown to exert regulatory effects on a number of correlated cellular events including amyloid precursor protein (APP) metabolism, kinase-dependent intracellular signalling, neuronal calcium signalling and neurotransmission (von Einem et al. 2010; Spuch et al. 2012; Nakajima et al. 2013). While not directly indicative of ion channel causation, the identification of *LRP1* suggests a role for ion channel proteins involved in neuronal calcium signalling and potential glutamate neurotransmission through its direct interaction with *N*-methyl-D-aspartate (NMDA) receptors with migraine susceptibility (Spuch et al. 2012).

Additional genes previously reported from GWAS data (Anttila et al. 2010; Chasman et al. 2011) supporting the association of ion channels with migraine aetiology (either directly or indirectly) include: *PRDM16* with high neuronal

expression in GABAergic Amacrine Cells and linked involvement in oxidative stress (Chasman et al. 2011; Martin 2015; Chi and Cohen 2016); *TRPM8* which encodes for a receptor-activated non-selective cation channel activated by cold environmental temperatures and modulated intracellular pH, with variants linked with both MA and MO subtypes (Anttila et al. 2010; Chasman et al. 2011; Anttila et al. 2013); and *TGFBR2* which plays a role in homocysteine metabolism, glutamatergic neurotransmission, TGF- $\beta$  signalling and synaptic/endothelial function (Freilinger et al. 2012; Martin 2015). Other loci highlighted with genome-wide significance include various genes involved in neuron and synapse development, brain vasculature, extracellular matrix processes and pain sensation (Eising et al. 2016).

Similar findings in corresponding biological pathways were identified in the most recent migraine meta-analysis. The study is the largest genetic study of migraine to date, with 59,674 cases compared with 316,078 controls from a combined total of 22 GWA studies (Gormley et al. 2016). Results of the study by Gormley et al. noted 44 independent SNPs associated with migraine risk, mapped to 38 distinct loci. This included the first loci situated on the X chromosome and an additional 28 loci not previously reported as associated with migraine risk (Gormley et al. 2016). Moreover, the study highlighted a significantly associated ion channel gene, *KCNK5* (a family member of the *KCNK18* gene) and also reported three additional genes *SLC24A3*, *ITPK1* and *GJA1* linked to cellular ion homeostasis (Gormley et al. 2016).

GWAS data by the International Headache Genetics Consortium (IHGC) (Anttila et al. 2013) have also been utilised in a recent gene-based analysis conducted by Eising et al. (2016). The study aimed to identify brain regions, cell types and pathways involved in migraine cause using IHGC GWAS data spatially mapped with expression data from 3702 samples across 6 normal human adult brains (from the Allen Human Brain Atlas group: <http://human.brain-map.org/>) (Eising et al. 2016). The study identified a number of strong migraine-associated genes. Genes were grouped according to enrichment and expression, creating five migraine-associated modules across regions within the brain. Two of the five modules (A and C) highlighted 3151 genes largely involved in neurotransmission and highly expressed within the cortex, of which 112 contribute to voltage-gated cation channel activity (Eising et al. 2016). Module A highlighted genes (including three ion channels genes) involved in glutamatergic system function (*GLS*, *GRIK3*, *GRIN2A* and *GRM7*) (Eising et al. 2016), a pathway previously linked to migraine through gene localisation (previous GWAS studies—*MTDH*, *LRP1* and *MEF2D*) and functional observations (Ligthart et al. 2011; Goadsby 2012; Anttila et al. 2013). Genes grouped in module B

include recognised gene expression regulators that show high expression in the cerebellum and notable expression throughout the cortex (Eising et al. 2016). Genes grouped in module D include those involved in myelin formation, specifically expressed in oligodendrocytes and highly expressed in numerous subcortical brain regions and white matter (Eising et al. 2016). Recent studies in cellular neurology have noted that action potentials propagating through axons can be rapidly regulated by oligodendrocytes, with all categories of glial cells, including oligodendrocytes, containing many of the same ion channels and neurotransmitter receptors as neurons (Fields 2008). Interestingly, the genes defined in module D are highly expressed in regions implicated in the trigeminovascular pathway (Eising et al. 2016): a pathway which is tightly regulated by surrounding ion channels, recently reported to have physiological pathological evidence for its role in migraine. This is further supported in work by Guyuron et al. presenting disrupted myelin sheets in the trigeminal nerve of migraine patients (Guyuron et al. 2014).

These combined analyses of gene ontologies and co-expression data have to date revealed susceptibility areas within functional pathways involved with cortical neurotransmission, gene transcription regulation in the cortex and cerebellum and in myelination and energy supply in subcortical areas with migraine aetiology. These findings support a key role for the contribution of ion channel dysfunction to the complex multi-system cause of migraine pathophysiology.

### Familial hemiplegic migraine (FHM)

Familial hemiplegic migraine is considered a rare subtype of migraine with aura, characterised by the presence of temporary unilateral hemiparesis (numbness and/or muscle weakness). FHM has a clear autosomal dominant inheritance pattern and typically co-occurs within families (Pietrobon 2007). The prevalence of hemiplegic migraine is estimated to be around 0.01% in European populations, with familial forms attributed to 50% of the total incidence rate (Thomsen and Olesen 2004). Phenotypically, FHM has been found to show variable expressivity and genetic heterogeneity with an approximate 70–90% penetrance (Rothner 2003). It is believed that FHM may be associated with episodic, or in some cases, permanent cerebellar nystagmus and ataxia (at least 20% of pedigrees) (Montagna 2008). Symptoms of bilateral sensorimotor disturbances occur in approximately 25% of patients (Ducros et al. 2000); 40% of patients suffer with prolonged aura attacks which can result in consciousness impairment (variations between confusion and coma), agitation, fever and meningismus (Ducros et al. 2000); 15% of people present with migraine

with non-hemiplegic aura alternating with hemiplegic attacks and a few patients have reported FHM-associated seizures during a severe episode (Ducros et al. 2000). FHM is often triggered by exogenous factors (stress, light, food and sound), head trauma, epileptic seizures, recurrent confusion, coma and psychosis (Montagna 2008).

FHM was first labelled as a monogenic disease in 1993, as it was first mapped to chromosome 19 by Joutel et al. (1993). In 1996, Ophoff et al. defined the first gene (*CACNA1A*) associated with its pathophysiology at region 19p13.1 (Ophoff et al. 1996). The *CACNA1A* gene encodes for the  $\alpha 1A$  subunit of a P/Q type voltage-dependent calcium channel expressed in neuronal presynaptic terminals (Ducros et al. 2000). Missense mutations within this gene account for approximately 50% of FHM (type 1) cases and have also been correlated with two other autosomal dominant neurological disorders, episodic ataxia type 2 (EA2) and spinocerebellar ataxia type 6 (SCA6)—which is particularly interesting given their overlapping clinical features (Ducros et al. 2000; Blumenfeld et al. 2016).

In 2003, the second gene found associated with FHM pathophysiology was the *ATPIA2* gene (1q23.2) by De Fusco et al. (2003). The *ATPIA2* gene belongs to the family of P-type cation transport ATPases and the  $\text{Na}^+/\text{K}^+$  ATPases responsible for regulating electrochemical gradients within the CNS (De Fusco et al. 2003; Blumenfeld et al. 2016). The two families in which FHM2 was genetically defined experienced seizures as a result of recurrent FHM-like attacks (De Fusco et al. 2003). Subsequent reports of FHM2 diagnosis also noted the occurrence of seizures as an associated clinical feature (Jen 2015). Moreover, mutations of the *ATPIA2* gene have been associated with alternating hemiplegia observed during childhood (Bassi et al. 2004; Blumenfeld et al. 2016).

The final gene known to be associated with FHM (type 3) was identified in 2005 as the *SCN1A* gene (2q24.3) (Dichgans et al. 2005). The *SCN1A* gene encodes for a voltage-gated sodium channel protein type 1 $\alpha$ -subunit, with mutations in previous genetic studies found to be associated with paroxysmal epilepsy (Dichgans et al. 2005). The contributing pathogenesis of mutations found in these three implicated FHM causative genes are as yet not completely understood. Several mutations within these genes are believed to affect channel gating, alter neurotransmitter modulation and cause abnormal neuronal excitability—all of which are hypothesised mechanisms common to the pathophysiological cause of FHM.

### Why look further into ion channel genes?

Generations of genetic-based studies have collectively noted a significant association between ion channelopathies,

FHM and other migraine subtypes (Liu et al. 2013; Ferrari et al. 2015). As previously mentioned, several voltage-gated ion channel mutations ( $\text{Ca}^{2+}/\text{Na}^+$  channel and  $\text{Na}^+/\text{K}^+$  pump mediated) have been found to functionally alter neuronal ionic homeostasis, excitability and in some cases neurotransmission in relation to FHM pathogenesis. We will now focus on the potential correlation between common migraine and two particular ion channel genes, *HEPH* and *KCNK18* based on the provisional link, defined by Maher et al. (2012) and Lafrenière et al. (2010), respectively.

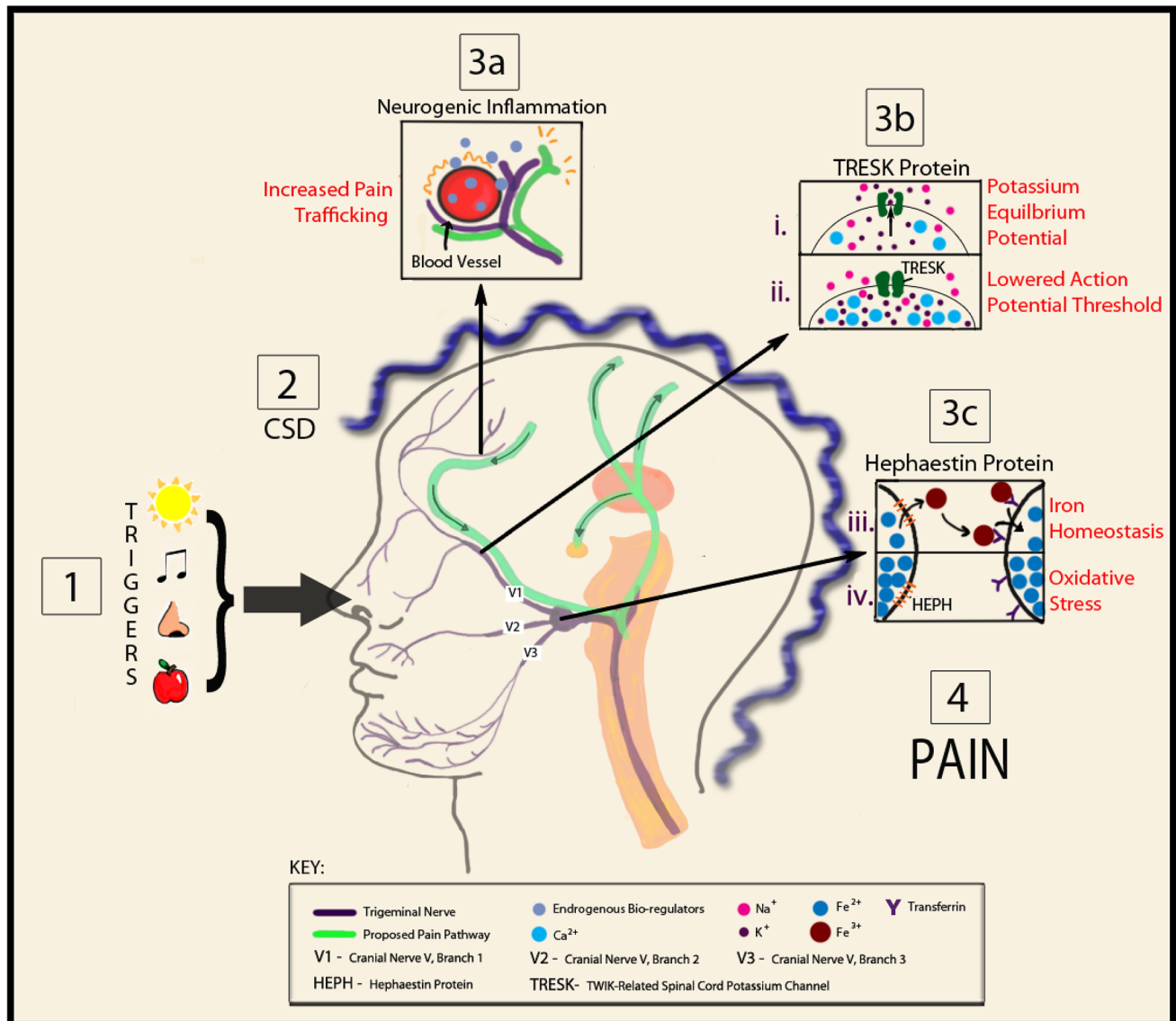
### Hephaestin and the *HEPH* gene

The hephaestin protein is a member of the ferroxidase protein family and is located at the Xq12 region on the X chromosome. It is a homologue of the free copper-carrying ceruloplasmin protein; however, unlike the soluble ceruloplasmin (due to the C-terminus transmembrane domain) hephaestin is transmembrane bound (Syed et al. 2002). The hephaestin protein is composed of 1135 amino acids with a total molecular weight of 130.4 kDa (Syed et al. 2002). Hephaestin contains 6 copper domains. Three copper atoms form a trinuclear metallic unit at domain 1 and 6; and 3 more copper atoms form mononuclear type 1 centres in domains 2, 4 and 6 amongst predicted atypical sites (Lindley et al. 1997). These predicted atypical sites have been noted to demonstrate ferroxidase activity (Chen et al. 2004).

The functional role of hephaestin is to transcribe an iron transport protein involved in cellular iron export, by oxidising ferrous to ferric iron for uptake by transferrin or other iron carriers (Fig. 1) (Nadadur et al. 2008). The *HEPH* gene has been determined to be a ceruloplasmin (CP) homologue expressed neuronally and has previously been determined essential for iron homeostasis. *HEPH* gene expression is also present throughout the human GI tract, pancreatic islets and enteric nerves (Ranganathan et al. 2012). Studies using rat models have identified that both the *CP* gene and its *HEPH* homologue play a role in iron efflux from cells in peripheral tissues as well as in the CNS (Qian et al. 2007). Given that the hephaestin protein plays a key role in the transport of iron from the intracellular to extracellular environment via the export pathway, it is considered the physiological checkpoint for whole body iron homeostasis.

### *HEPH* protein regulation

Iron homeostasis is essential for normal metabolic and neurological function (Jiang et al. 2015). Neuronal iron accumulation has been reported to contribute to multiple



**Fig. 1** A schematic representation outlining some of the predicted mechanisms contributing to migraine pathogenesis. *1* A number of various endogenous and exogenous triggers, i.e. light, food, sound and smell may simultaneously disturb the subcortical aminergic sensory modulatory systems within the brain. Disturbance within these systems ultimately leads to the nociceptive activation of the first division of the trigeminal nervous system (V1/2/3). *2* Stimulation of these fibres ignites the transmission of nociceptive information and initiates a CSD wave—causing Cortical Hyperexcitability. *3a* As a response, Cortical Hyperexcitability enhances somatotopic activity—which results in an increase in the release of endogenous bio-regulators, i.e. glutamate, neuropeptides and prostaglandins. These factors induce a regional sterile neurogenic inflammation, leading to an increase in pain trafficking. *3b* Mutations in the *KCNK18* gene and consequent TRESK dysfunction further exacerbate Cortical Hyperexcitability and pain transmission. (i) under normal circumstances, the fully functioning TRESK protein effectively controls potassium conductance and stabilises the negative resting membrane potential (excitability adjustment and depolarisation counteraction) through the transport of potassium, which subsequently regulates both Na<sup>+</sup> and Ca<sup>2+</sup> ions (potassium equilibrium potential). Dysfunction in the TRESK protein (ii) disrupts this Potassium Equilibrium Potential through prohibiting

potassium efflux, ultimately lowering the action potential threshold of the neuron, enhancing the transmission of nociceptive information and the release of various neurotransmitters (Lafrenière et al. 2010; Andres-Enguix et al. 2012). *3c* The *HEPH* gene encodes the hephaestin protein, which is functionally responsible for cellular iron homeostasis through the generation of an iron transport-appropriate protein, by oxidising Fe<sup>2+</sup> to Fe<sup>3+</sup> for the uptake by transferrin in neighbouring cells. Maintaining iron homeostasis ensures normal cellular oxidative metabolism (iii). Dysfunction of the hephaestin protein during the period of Cortical Hyperexcitability (iv) may cause excessive iron accumulation which could cause iron-catalysed free radical cell damage in the repeatedly activated nociceptive networks—essentially enhancing the perception of pain during a migraine attack and altering cell-to-cell anti-nociceptive communication (Welch et al. 2001; Nadadur et al. 2008). *4* The combination and contribution of factors *1–3b* combined with those not yet understood lead to the formation of the characteristic head pain experienced during a migraine attack. The ‘proposed pain pathway’ was adapted and summarised from Nicolson (2016) and the cause-and-effect pathophysiology associated with *KCNK18* and *HEPH* dysfunction was interpreted from Lafrenière et al. (2010), Andres-Enguix et al. (2012), Welch et al. (2001) and Nadadur et al. (2008) respectively

neurodegenerative diseases, namely Alzheimer's disease, Parkinson's disease, Huntington's disease and others (Ponka 2004; Zecca et al. 2004; Hametner et al. 2013). The elucidation of the functional and regulatory mechanisms of hephaestin may identify the genetic susceptibility of individuals to migraine and other iron-related co-morbidities.

A study conducted by Chen et al. (2004) identified that dietary iron concentrations play a key role in the regulation of *HEPH* gene transcription. Decreased levels of dietary iron resulted in increased hephaestin protein and protein activity per enteric cell (Chen et al. 2004). Moreover, the iron-dependent regulation of the hephaestin protein may be the result of a novel post-transcriptional mechanism, as current research has failed to identify an iron response element (IRE) on the hephaestin transcript (Chen et al. 2004). Currently, it is not known if the increased protein levels represent an increase in translation, an increase in protein stability or a combination of the two (Chen et al. 2004).

An additional study by Hinoi et al. (2005) identified a significant link between the homeobox transcription factor *CDX2* and hephaestin gene expression associated with intracellular iron levels. The study revealed that the activation of *CDX2* rapidly induced hephaestin expression, and RNA interference-mediated inhibition of *CDX2* resulted in lower *HEPH* expression (Hinoi et al. 2005). The study focused on the hephaestin reporter gene construct using a chromatin immunoprecipitation (ChIP) approach—suggesting that *CDX2* directly regulates *HEPH* transcription in the intestinal epithelium (Hinoi et al. 2005). *CDX2* expression has previously been found in the epithelium of the choroid plexus and localised brain tumours; however, its expression elsewhere in the central nervous system is yet to be determined (Beschorner et al. 2009). In addition, the relationship between *CDX2* and hephaestin-mediated iron levels in the brain are yet to be fully elucidated. Of note, *CDX2* activation is mediated by the activator protein Fos, with Fos expression observed in the trigeminocervical complex after meningeal irritation with blood, drawing a link between iron regulation and migraine (Goadsby 2012).

## HEPH and migraine

As previously outlined, both twin and FHM studies support the notion that the inheritance of migrainous genes contributes to the high prevalence of migraine worldwide. A recent X chromosome association scan of the Norfolk Island (NI) genetic isolate population provided convincing evidence for a novel migraine susceptibility locus mapping to chromosome Xq12 (Maher et al. 2012). More importantly, analysis of the X chromosomal data identified a cluster of associated SNPs at the Xq12 locus associated

with migraine in the NI cohort (Maher et al. 2012). The NI population provides a valuable resource for discovering variants involved in complex disease susceptibility given the reduced genetic and environmental heterogeneity. Subsequent studies by Maher et al. (2012) showed that most of the identified SNPs were also significantly associated with migraine in an outbred Australian Caucasian cohort of female migraineurs, thus identifying the *HEPH* locus as an important migraine susceptibility region for common migraine subtypes. The Xq12 locus identified in the study spans a 377 kb region and contains two genes—the hephaestin gene involved in iron transport and the *V-set* gene involved in immune response. The most significant SNP identified in the study was rs1028348, located in the 5'UTR of *HEPH* suggesting a particularly important role for *HEPH* in migraine pathogenesis (Maher et al. 2012).

The concept of the iron–migraine relationship is not new. Previous studies have reported an observed increase in iron levels in the periaqueductal grey matter (PAG) (Welch et al. 2001), the putamen, globus pallidus and red nucleus (Welch 2009) in migraine patients. These areas are of particular importance in the descending anti-nociceptive neural network, a pathway currently implicated in migraine pathophysiology. A high-resolution magnetic resonance imaging (MRI) study conducted by Welch et al. (2001) observed the highest concentration of transferrin receptors (required for iron transport) in the PAG than in any other brain regions (Welch et al. 2001). The study findings suggest that high transferrin receptor density may be a marker of the cellular requirements for iron during oxidative metabolism (Welch et al. 2001). During a migraine attack, an increase in oxidative metabolism may serve as the cause for neuronal vulnerability due to oxidative stress (Fig. 1). Increased oxidative stress levels have also been implicated in other brain stem structures activated during a migraine attack (Welch et al. 2001). A recent GWAS study also supports the genetic association of the migraine–oxidative stress relationship, with 6 new genes linked with oxidative stress reported (Gormley et al. 2016). Overexpression of transferrin receptors or malfunctions in iron cell-to-cell transport (a pathway in which hephaestin is involved) may subject these cranial tissues to excessive iron accumulation, iron toxicity and iron-catalysed free radical cell damage, potentially accentuated by repeated episodes of hyperoxia during MO or MA and with chronic daily headache (Welch et al. 2001; Hametner et al. 2013).

At this point, the role for iron accumulation in migraine pathogenesis has not been defined in detail; however, the study by Welch (2009) identified an increase in iron that may reflect free radical damage in repeatedly activated networks involved in nociception. Alternatively, impaired modulator function at an alternate locus in the nociceptive system may result in abnormal excitability of connected

structures enhancing the perception of pain (Welch 2009) combined with additive effects of impaired iron homeostasis and associated neuronal dysfunction or damage (Welch et al. 2001).

Overall, there is considerable evidence suggesting an association between iron accumulation and migraine-related symptoms, providing the fundamental basis to prioritise the investigation into *HEPH*, in an attempt to successfully identify the functional variant(s) that may influence the genetic basis of migraine.

## TRESK channel and the *KCNK18* gene

### TRESK channel structure

The TWIK-related spinal cord potassium (TRESK) channel is encoded by the *KCNK18* gene and is the most recent discovery of the potassium two pore (K2P) family (Enyedi and Czirják 2015). The general properties and structure of TRESK are similar to those of other K2P channels; however, the protein shares only a 19% homology in amino acid sequence amongst its K2P relatives, indicative of sub-family status (Enyedi et al. 2012; Enyedi and Czirják 2015).

The TRESK protein is composed of four transmembrane segments (TMS) and two extracellular re-entrant pore loops located between the 1st and 2nd, and 3rd and 4th TMS, respectively (Enyedi et al. 2012). The complete protein is thought to function as a dimer of subunits with the long intracellular loop between TMS 2 and 3 containing two docking sites for protein interaction amongst additional regulatory regions (Enyedi et al. 2012).

The two pore potassium channel TRESK is unique in both its function and regulation. It is the only member in its family whose mechanism of activation is dependent on calcium activation (calcineurin modulated) and/or M<sub>1</sub> muscarinic receptor stimulation (Enyedi et al. 2012; Enyedi and Czirják 2015). TRESK is abundantly expressed in the dorsal root ganglion and other sensory ganglia such as the trigeminal ganglion with its role to control potassium conductance and stabilisation of the negative resting membrane potential in relation to excitability adjustment, depolarisation counteraction and potassium transport across the plasma membrane (Fig. 1) (Enyedi et al. 2012).

The main requirement essential to TRESK activation is the direct, non-catalytic protein–protein interaction that occurs between the TRESK intracellular docking domain and calcineurin phosphatase. Upon a sudden influx of calcium, neuronal calmodulin is activated; this sequence of events in turn causes the activation of calcineurin. Calcineurin binds

to the TRESK docking domain, resulting in dephosphorylation of one of the TRESK main regulatory regions and subsequent activation of the TRESK channel (Enyedi et al. 2012; Enyedi and Czirják 2015). Protein Kinase A is responsible for the opposing action of calcineurin and, as a consequence, inhibits channel function and facilitates the return of neuronal membrane potential to its quiescent state preceding stimulation (Enyedi et al. 2012; Enyedi and Czirják 2015).

A possible alternate route for TRESK activation is proposed following stimulation via M<sub>1</sub> muscarinic receptors. A study conducted by Czirjak et al. (2004) examined electrochemical currents in oocytes co-expressing both TRESK channels and M<sub>1</sub> muscarinic receptors. Initial current measurements were made without M<sub>1</sub> muscarinic receptor stimulation followed by measurements after M<sub>1</sub> muscarinic receptor stimulation with carbachol. The results demonstrated TRESK channel activation with a subsequent decrease and equalisation in electrochemical gradient, suggestive of M<sub>1</sub> muscarinic receptor interplay and TRESK activation (Czirjak et al. 2004).

### TRESK and migraine

Given the functional role of TRESK in neuronal electrochemical excitability and its local expression in both the DRG and TG, it is conceivable that the TRESK channel interacts with the nociceptive pathways during migraine pathogenesis. Some evidence exists for this in rat models, which have demonstrated that down-regulation of TRESK expression increases sensitivity to painful stimuli, with TRESK overexpression in DRG neurons shown to attenuate injury-induced pain sensitisation (Tulleuda et al. 2011; Zhou et al. 2013). Notable TRESK mutations which have been identified in migraine patients that may contribute to these effects are outlined below. Reference has been made to the Exome Aggregation Consortium (ExAC: <http://exac.broad-institute.org/>). The ExAC database congregates exome data from large-scale sequencing projects, making variant allele frequencies available across disease-specific and population genetic studies (60,706 unrelated individuals). This database can serve as reference of mutation novelty or prevalence.

### Frameshift mutation F139Wfsx24

A study conducted by Lafrenière et al. (2010) identified a rare dominant-negative frame shift mutation (F139Wfsx24, ExAC: 0.0006) in the *KCNK18* gene, utilising a large, multigenerational pedigree genome-wide linkage approach (Lafrenière et al. 2010). The 2-bp deletion in *KCNK18* was found to segregate wholly amongst migraineurs with typical MA, and presented with a significant genome-wide linkage LOD score of 3.0 (Lafrenière et al. 2010). In addition,



results from a functional analysis of the frame shift mutation demonstrated absolute loss of TRESK function, while a truncated version resulted in significant impairment of TRESK activity in wild-type individuals (Andres-Enguix et al. 2012). This observation supports a role for *KCNK18* in migraine, and defined a possible relationship between TRESK dysfunction and its contribution to familial MA.

Investigation of migraine pathophysiology has highlighted the high expression levels of *KCNK18* in trigeminal sensory neurons implicating the dominant-negative TRESK mutation in both migraine and its associated symptoms of aura (MA subtype). Integrated theories suggest that cortical spreading depression is the direct cause of aura, and ultimately initiates the subsequent phases of migraine—generally resulting in dural vasodilation, oedema and headache (Enyedi et al. 2012). Functional investigations aimed at defining the link between migraine and TRESK mutations found it highly unlikely that TRESK mutations alone lead to the disturbance of trigeminal sensory neurons. Rather the functional role of TRESK activity appears to prevent the pathological activation of neurons during the early stages of CSD (Enyedi et al. 2012). These data suggest the neuroprotective mechanism regulated by TRESK is lost in patients who have dominant-negative mutations (Enyedi et al. 2012).

### Additional *KCNK18* mutations

Andres-Enguix et al. (2012) conducted additional screening for *KCNK18* mutations in unrelated migraine case ( $n = 479$ ) and control ( $n = 496$ ) cohorts. Their study identified a number of additional missense variants including R10G (ExAC: 0.087), A34V (ExAC: 0.000008), C110R (ExAC: 0.007), S231P (ExAC: 0.060 and A233V (ExAC: 0.009). Interestingly, the A233V mutation was only found in a few control samples, while the variant—A34V was found in a single Australian migraine proband and not in any control samples (Andres-Enguix et al. 2012). According to Andres-Enguix et al. (2012), R10G can be found within the TRESK N-terminus, A34V within Transmembrane domain 1 (TM1) and C110R can be found relatively close to the selectivity filter in the first pore domain with both S231P and A233V assumed to be located within the regulatory loop between transmembrane domains 2 and 4. A relationship between the two variants A34V and C110R and the TRESK selectivity filter has been suggested, identifying a possible functional effect on the regulation of potassium channel gating (Andres-Enguix et al. 2012).

As with the F139Wfsx24 frame shift mutation, a functional analysis was conducted on these additional mutations with the variants R10G, S231P and A233V shown to have no

apparent effect on TRESK function. This appears consistent with the notion that they do not contribute to migraine pathophysiology as they were found in both cases and healthy controls (Andres-Enguix et al. 2012; Rainero et al. 2014). Functional studies examining the effects of the two variants A34V and C110R have revealed conflicting results, hence their contribution to migraine remains unknown (Andres-Enguix et al. 2012; Guo et al. 2014). Currently, the role of TRESK in migraine is not entirely understood. The dominant-negative mutation may serve a complex role in migraine pathogenesis, while other non-functional variants illustrate no obvious affect. It is these gaps in our understanding, which highlight the importance of further investigations into the genetic enigma of migraine pathogenesis.

### TRESK dysfunction and related co-morbidities

Several genetic studies investigating links between K2P channelopathies and disease have identified a relationship between K2P dysfunction and Episodic Ataxia Type-1. A non-functional mutation in gene *TM6* (V408A) demonstrated that dominant-negative co-assembly of mutants with wild type samples significantly reduced potassium channel activity (Adelman et al. 1995). Similar to TRESK studies, these results conferred a significant decrease in channel activity, suppressing K2P function by up to 90% (Andres-Enguix et al. 2012).

Additional studies focusing on other disorders of defective neuronal excitability such as epilepsy suggest that ion channel mutations which cause the complete dysfunction of channel activity contribute significantly to an increased associated disease risk (Schorge and Kullmann 2010). As a result, disease severity is suggested to be dependent on other channel mutations and their combined impact (Schorge and Kullmann 2010).

This review provides support for the continued research into the role of the *HEPH* and *KNCK18* genes, further supporting continued efforts to identify new variants, which may in combination contribute to varying degrees of *HEPH/KCNK18* dysfunction in relation to migraine. It is important that future research determines the dominant or recessive nature of these variants and their interaction given that individuals may experience the effects of varying penetrance and symptomology, which ultimately complicate migraine classification and treatment. It is hoped that the classification of genetic factors and the identification of additional candidate genes will assist in the development of improved prophylactic and abortive treatment regimens to further alleviate both the personal and economic burden of migraine.

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