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## Near infrared spectroscopy can detect changes in splanchnic oxygen delivery in neonates during apnoeic episodes

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**Sir:** The pathogenesis of necrotising enterocolitis (NEC) is still unknown. Proposed risk factors include prematurity, the presence of bacteria within the lumen of the gut [3], and enteral feeding [2]. We hypothesised that alteration in the splanchnic oxygen delivery may be the final common pathway which links these diverse risk factors.

Near infrared spectroscopy (NIRS) can determine changes in concentration of oxyhaemoglobin (HbO<sub>2</sub>), deoxyhaemoglobin (Hb) and regional blood volume (Hbvol) and has an established role in continuous, non-invasive, in-vivo monitoring of cerebral oxygenation [1].

This study was approved by the local research ethics committee. Simultaneous measurements were made of peripheral oxygen saturation (SpO<sub>2</sub>), heart rate, abdominal HbO<sub>2</sub>, Hb and Hbvol. Infrared light was emitted and received from small optodes (Niro 500, Hamamatsu Photonics, Japan) placed 23 mm apart upon the abdomen just above the umbilicus and protected from light. We report three neonates with apnoea. Case 1, an infant of 28 weeks gestation weighing 0.975 kg required ileal resection for intestinal perforation. Four days after tracheal extubation, at 2 weeks of age, she developed frequent episodes of apnoea and bradycardia having up to 20 self-limiting desaturations per day. The lowest SpO<sub>2</sub> was 65%. She subsequently developed extensive NEC and died. Case 2, an infant of 33 weeks gestation, weighing 3.3 kg, was referred at 8 weeks of age because of up to 10 apnoeic episodes per day. Investigation revealed gastro-oesophageal reflux and aspiration, necessitating surgical treatment. Case 3, an infant of 37 weeks gestation, weighing 1.8 kg, was monitored during weaning from

mechanical ventilation. Two attempts to wean supplemental oxygen to room air failed. After settling he was given his routine feed while still being monitored.

In all three cases, a fall in SpO<sub>2</sub> coincided with a fall in gastro-intestinal HbO<sub>2</sub> signal and rise in gastro-intestinal Hb. Although episodes of systemic desaturation recovered within 2 min, recovery of HbO<sub>2</sub> and Hb was delayed and took an extra 3 min. Such rapid changes in gastro-intestinal oxygen delivery observed with NIRS have not been previously reported. Case 3 also demonstrates that after an enteral feed both the gastro-intestinal blood volume and oxygen delivery increased. Repeated episodes of apnoea and hypoxia causing systemic desaturation may result in chronic ischaemia of the gut due to delayed re-oxygenation even though there is rapid recovery in SpO<sub>2</sub>. Thus, although hypoxia is considered to be a minor risk factor in NEC, significant splanchnic hypoxia apparently occurs during periods of desaturation and lasts longer than has until now been appreciated.

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**Fig. 1A–C** Changes in peripheral haemoglobin saturation ( $\text{SpO}_2$ ) and abdominal oxyhaemoglobin ( $\text{HbO}_2$ ), deoxyhaemoglobin ( $\text{Hb}$ ) and blood volume ( $\text{Hbvol}$ ). **A** Case 1 shows two significant peripheral desaturations (\*) and a coincident overall increase in  $\text{HbO}_2$ . **B** Case 2 shows four significant episodes of peripheral desaturation and a decrease in  $\text{Hbvol}$  during the more severe bouts ( $\dagger$ ). **C** Case 3 shows two episodes of peripheral desaturations followed by an enteral feed and a decrease in  $\text{Hb}$  and an increase in  $\text{HbO}_2$  and  $\text{Hbvol}$ .

