

Factors impacting on the excess arseniasis prevalence due to indoor combustion of high arsenic coal in a hyperendemic village

Guo-Fang Lin · Hong Meng · Hui Du · Hong-Chao Lu ·
Yun-Shu Zhou · Ji-Gang Chen · Klaus Golka ·
Jia-Chun Lu · Jian-Hua Shen

Received: 5 May 2009 / Accepted: 17 November 2009 / Published online: 5 December 2009
© Springer-Verlag 2009

Abstract

Background A few villages in Southwest Guizhou, China represented a unique case of arseniasis due to indoor combustion of high arsenic-content coal. The present study is aimed to analyze the contribution of possible factors or of their combination to excess prevalence of arseniasis in the exposed population.

Methods An epidemiological investigation was conducted in all the members of three large ethnic, patrilineal

clans in one of the hyperendemic villages (702 residents in 178 families, including 408 Han and 294 Hmong) where farmers of different ethnic origin have been living together in the same village for generations. A multilevel model logistic regression analysis was performed.

Results The arseniasis prevalence was found to associate with the duration of As indoor exposure (years of high As coal burning and of poorly ventilated traditional stove using) and is largely dependent on the subject's ethnicity and clan consanguinity, too. The prevalence of arseniasis in ethnic Han residents was significantly higher than that in their Hmong neighbors (35.0 vs 4.8% OR = 15.18, 95% CI = 3.45–67.35). Notable variances of arseniasis prevalence were observed not only between the ethnic Han clans (G1, G3, and B) and Hmong clan P, but also between different lineages (G1 and G2) inside the ethnic Han clan. Smokers suffered more frequently from arseniasis than non-smokers (47.3 vs 15.7% OR = 5.42, 95% CI = 2.25–12.93).

Conclusions Arseniasis prevalence in this unique exposure case was impacted by an array of multiple factors. Besides a long-term indoor exposure to As, the ethnicity or the clan consanguinity of exposed subjects may play an important role, too.

Keywords Arseniasis · Indoor combustion · Coal · Ethnicity · Clan consanguinity

G.-F. Lin · J.-G. Chen · J.-H. Shen (✉)
Shanghai Institutes for Biological Sciences,
Institute of Plant Physiology and Ecology,
Chinese Academy of Sciences, 200032 Shanghai, China
e-mail: jhshen@sibs.ac.cn

H. Meng
Department of Health Statistics, Second Military Medical
University, 200433 Shanghai, China

H. Du · H.-C. Lu · Y.-S. Zhou
Prefecture Center for Disease Prevention and Control
of Southwest Guizhou Buyi and Miao Ethnic Autonomous
Prefecture, 562400 Xingyi, Guizhou, China

J.-G. Chen
Municipal Center for Disease Prevention and Control
of Shanghai, 200336 Shanghai, China

K. Golka
Leibniz Research Centre for Working Environment
and Human Factors (IfADo), 44139 Dortmund, Germany

J.-C. Lu
Department of Epidemiology, State Key Lab of Respiratory
Disease, Guangzhou Medical College, 510182 Guangzhou,
Guangdong, China

Introduction

Several villages in Southwest Guizhou Bouyei and Hmong Ethnic Autonomous Prefecture, China represent a unique case of endemic arseniasis, which is related with indoor combustion of high arsenic-content coal (Jin et al. 2003; Zheng et al. 2005; Liu et al. 2002). The exposure in

the endemic villages was given via a multiplex route, consisting of inhalation (Smith et al. 2009; Pal et al. 2007) of As-polluted indoor air, ingestion of As-contaminated food and, also possible, of direct skin penetration (Wester et al. 2004; Lowney et al. 2007). However, since the 1980s, when endemic of arseniasis was first found in the prefecture, the total As concentration in drinking water sources in the area tested have never been reported to exceed the level Chinese National Standards (GB) requires.

Since the early 1960s, as local woods and bushes had gradually faded out, farmers in the area have to burn local high As-containing coal in poorly or unventilated stoves (without chimney) for cooking, heating and drying crop and food. The highest As concentration in local coal was once detected as 3.2–3.5% (Ding et al. 2001). Since the early 1970s, hundreds of arseniasis cases emerged. All the cases concentrate in three small isolated areas in the prefecture. The area where the target village of the present investigation is located was the first one reported (877 cases, 1976; Zhou et al. 1997). Most of the cases diagnosed and confirmed so far (1,386 out of 2,241 cases) are clustered in this township (Jin et al. 2003).

The target village is a multiethnic mosaic one. Ethnic Hmong people have been living together with ethnic Han people (ethnic majority in China) in the same village for generations. The house architecture style and many aspects of daily life in ethnic Hmong families have been largely *Hanized* (Sinified). The intra-marriage (only marry the spouse from the same ethnicity, even the same ethnic offset) is still strictly followed by Hmong people.

Most of the work about this endemic population released so far was focused on environmental causes and confirmed the causality between indoor burning of high arsenic-content coal and the excess prevalence of arseniasis cases in rural population (Jin et al. 2003; Zheng et al. 2005; Liu et al. 2002; Zhou et al. 1993). In a preliminary investigation conducted in this village in 2002, a family aggregation of arseniasis cases was observed in several ethnic clans, which were proved to live in the same village for generations (Lin et al. 2003).

Expanded knowledge of various risk factors, either related or non-related to exposure, and of their combination is urgently required to pave the way for a quantitative understanding of all the factors that might impact on the excess risk of arseniasis. Since a few dental fluorosis cases were observed in the village during our preliminary field work in 2000 (not reported yet), the association of fluorosis and arseniasis was also set to be one of the objects of the present investigation.

Subjects and methods

Subjects

All members ($n = 702$, there of 369 males) of three patrilineal ethnic clans (two of Han ethnicity and one of Hmong ethnicity) were enrolled in the present investigation. All the patrilineal ethnic clans concerned have been living together in the same village for generations. Two ethnic Bouyei women who joined ethnic Han clan by marriage were excluded from the analysis. The two major ethnic Han clans (clan G and B) have been keeping intact clan genealogy records that show that their forefathers settled in the village during the first half of 19th century (in Qing dynasty). G1, G2, and G3 represent different subclans (lineages) of clan G, the largest patrilineal clan in the village. All G1 members are the consanguineous offspring of the first settler couple (settled in this village in 1822). Subclan G2 is made up of the posterity of a boy adopted by the clan in 1900. G3 members are the descendants of two brothers who joined the clan with their remarried widow mother in early 1950s. The Hmong people (including clan P and some sporadic families) in this village belong to a special Hmong offset, called *Wan-Shu-Miao* (Bent-Comb Hmong).

The present study, including its ethical aspects, was approved by the local public health authority and met all the legal requirements of Chinese laws and regulations.

Epidemiologic study

A cross-sectional epidemiologic field study was conducted in all the members of three local patrilineal clans in the target village in April 2004. The investigation was conducted at two levels: family level and individual level. The field work included door-to-door questionnaire query and physical examination. The arseniasis cases in all (three) ethnic clan members were diagnosed, namely, by dermal lesion symptoms (hyperkeratosis of palms and soles, hyper- or hypo-pigmentation of body trunk) according to “Diagnosis guideline for arseniasis, WS/T 211-01” issued by the Chinese State Ministry of Health. The main points of the guideline have been described in English elsewhere (Lin et al. 2006; Chen et al. 2009). All the dental fluorosis cases were diagnosed according to the “Clinical diagnosis guideline for dental fluorosis, WS/T 208-01”, which was formulated based on the methods recommended by WHO (1997).

The information collected at both levels (either family level or individual level) included subject’s name, gender, ethnicity, education, year of birth, smoking and tea drinking habits, arseniasis or fluorosis status, history of other

chronic diseases, history of cancers; and resident place, family annual income, the square meters of each family's kitchen, family consumption of vegetables, of meat, fish and other animal source food, and family history of cancers.

The questionnaire-based survey was conducted on door-to-door bases by the preventive medical personnel of the local Center of Disease Prevention and Control (CDC) and of the township hospital, who had taken a 2-day long training course, including the discussion and disabusing before the fieldwork started.

Statistic analyses

Grouping and coding of variables

The risk factors were grouped into non-exposure-related factors (demographic factors, such as: age, gender, ethnicity, annual income, clan, and education, etc.) and exposure-related factors (such as: drinking water source, smoking habits, tea drinking habits, alcohol consumption, vegetable consuming status, kitchen area, stove types in the family, the period the family used local high As-content coal, the period the family utilized the poorly or unventilated traditional stove, the point of time the family switched to a well-ventilated stove), respectively. Variable grouping and coding of all factors are listed in Table 1. Among all the variables, drinking water source, smoking habits, tea drinking habits, stove types, and the clan consanguinity were coded in the form of dummy variable. Reference groups are coded as “null”, others were incorporated into the model as linearity grouping variable. The individual's status of arseniasis was set as the response variable (Y).

Logistic regression analyses

A two-level logistic regression model was employed. The data of the present study comes from a two-level structure, including level 1 or the individual level, and level 2 or family level. The lower level, the individual level, is nested within the higher level, the family level. The data structure inevitably possesses the “background effect” or the “group effect”, which means that the individual risk to arseniasis might be associated with the family environment or the family life style. The statistic analysis at the individual level would go wrong if the background effect had not been taken into suitable consideration. On the other hand, type I error (false positive) would be maximized since the consequences observed by conventional procedures could be the interaction between the effect at the individual level and the background effect. The multilevel model approach would serve as an ideal system to deal with the situation with background effects.

The individual demographic, socioeconomic status and the parameters concerning the indoor exposure to arsenic were analyzed. Possible family clustering of arseniasis cases was taken into account. For a rational evaluation of the errors originated from the data of a two layer structure and for the adjustment of confounding factors, the combination of multilevel and multivariate logistic regression model and non-conditional univariate logistic regression model was applied to analyze the risk factors and their impact on the excess arseniasis prevalence.

The multilevel regression model

To prevent an ecological fallacy in the case that there are multilevel structures or aggregating data, the multilevel logistic modeling was applied. When probability of arseniasis treated as dependent variable, the individual ID and family ID were treated as independent variables, the multilevel regression model can be expressed as:

$$\text{logit}(p) = \beta_{0j} + \sum \beta_i x_{ij} + e_{0ij} \quad (1)$$

$$\beta_{0j} = \beta_0 + u_{0j}$$

$$u_{0j} \sim N(0, \sigma_{u_0}^2), \text{var}(p_{ij}) = \delta \pi_{ij}(1 - \pi_{ij})/n_{ij}. \quad (2)$$

Here: $\text{logit}(p) = \log [p/(1 - p)]$: the converted probability of arseniasis, β_{0j} : level 1 random intercept; β_i : treated as the effect of level 2 explanatory variable x_{ij} in linear functions; e_{0ij} : residual of level 1 (individual), $i = 1, 2, \dots$ for level 1; $u_{0j} = \beta_{0j} - \beta_0$: difference between logit units of level 2 and the total logits. The random variances were divided into two components ($\sigma_{u_0}^2 + \sigma_{e_{ij}}^2$). $\sigma_{e_{ij}}^2$: variance from the individuals; $\sigma_{u_0}^2$: variance of level 2, the higher $\sigma_{u_0}^2$ means the higher aggregating in level.

Similarly, the other possible risk factors can be added in the models to evaluate their effect on the arseniasis with or without the controlling of individual or family variables.

All statistic analyses were performed with SAS 9.1 software package. Fitting of the multilevel logistic regression was performed with the PROC NL MIXED procedure of the package. The judgments whether the variable would be incorporated into the model for risk assessment was based on the comparison of the statistic increases of goodness of fit of $-2\log$ -likelihood test (test of level: $\alpha = 0.05$) with different models.

Results

General description of exposed population in the village

A total of 702 subjects (thereof 369 males) in 178 families were actually included in the present study. The total

Table 1 Variate coding and univariate logistic regression analysis of arseniasis cases in target village

Variable	Code and grouping	Total	Arseniasis cases	Prevalence (%)	OR	<i>p</i>
Demographic						
Gender	Male = 1	369	98	26.6	1.679	0.005
	Female = 0 ^a	333	59	17.7	1.000 (Ref.)	
Ethnicity	Han = 1	408	143	35.0	10.792	0.001
	Hmong = 0 ^a	294	14	4.8	1.000 (Ref.)	
Age group (year)	<10 = 1 ^a	161	0	0.0	1.000 (Ref.)	0.000
	10–19 = 2	160	9	5.6		
	20–29 = 3	94	20	21.3		
	30–39 = 4	142	55	38.7		
	40–49 = 5	57	33	57.9	1.895	0.000
	50–69 = 6	43	16	37.2		
	>70 = 7	45	24	53.3		
Per capita annual income (<i>Yuan</i>)	<500 = 1 ^a	246	46	18.7	1.000 (Ref.)	
	500–1,000 = 2	318	71	22.3	1.250	0.293
	>1,000 = 3	138	40	29.0	1.775	0.025
Education level	Primary school or below = 1 ^a	219	38	17.4	1.000 (Ref.)	
	Junior high school = 2	327	71	21.7	1.321	0.212
	Senior high school = 3	123	39	31.7	2.211	0.003
	College or higher = 4	33	9	27.3	1.786	0.177
Clan	G1 (Han)	172	63	36.6	7.472	0.000
	G2 (Han)	48	7	14.6	2.207	0.109
	G3 (Han)	23	9	39.1	8.311	0.000
	B (Han)	150	62	41.3	9.109	0.000
	Other sporadic families (Hmong or Han)	114	2	1.8	0.231	0.056
	P1 (Hmong) ^a	195	14	7.2	1.000 (Ref.)	
Exposure						
Smoking habits	Yes = 1	148	70	47.3	4.817	0.000
	No = 0 ^a	554	87	15.7	1.000 (Ref.)	
Drinking water sources	Well water = 1	44	12	27.3	1.327	0.421
	Spring water = 0 ^a	658	145	22.0	1.000 (Ref.)	
Duration of indoor combustion of high As-content coal in the family (years)	<10 = 1 ^a	257	39	15.2	1.000 (Ref.)	
	10–20 = 2	129	7	5.4	0.321	0.008
	20–30 = 3	93	21	22.6	1.630	0.107
	30–40 = 4	141	47	33.3	2.795	0.000
	>40 = 5	82	43	52.4	6.163	0.000
Area of family kitchen (m ²)	Non = 0 ^a	187	40	21.4	1.000 (Ref.)	
	1–10 = 1	82	13	15.9	0.693	0.295
	10–15 = 2	300	74	24.7	1.203	0.407
	>15 = 3	133	30	22.6	1.070	0.804
Duration of using traditional stove in the family (years)	<10 = 1 ^a	151	4	2.6	1.000 (Ref.)	
	10–19 = 2	139	7	5.0	1.948	0.296
	20–29 = 3	123	31	25.2	12.380	0.000
	30–39 = 4	140	46	32.9	17.980	0.000
	>40 = 5	149	69	46.3	31.689	0.000
Other						
Fluorosis	Yes = 1	55	38	69.1	9.917	0.000
	No = 0 ^a	647	119	18.4	1.000 (Ref.)	

^a Reference group

registered permanent residents listed on the local government record then were 731 (male 382 and female 349). Twenty-nine subjects (male 13 and female 16) were absent in the village during the investigation. The rate of losses was 4.0% (male 3.4% and female 4.6%). Among all the subjects investigated, 60.8% were adults; the remainders were infants, primary school pupils or high school students. Totally 58.1% of the 702 villagers were of ethnic Han origin, 41.9% were of Hmong origin. Families with 3 or more members accounted for 82.6% (147/178) of all the families. Overall 157 villagers were diagnosed and registered as arseniasis patients before/during the investigation. The crude prevalence of arseniasis in the village was recorded as 22.4%.

All the subjects enrolled in the present investigation covered almost all the members of three major patrilineal clans (two are of ethnic Han origin and one is of Hmong origin). In addition, a few of sporadic families (mostly, of Hmong origin) in the target village were also included.

Notable variances of arseniasis prevalence were observed not only between the clans, but also between different subclans of clan G. A significant lower prevalence was recorded in the subclan G2, compared with G1 or G3 members, although the whole G clan has been living in the same big family for decades. Some families of different subclans even share the same kitchen or the same living room.

Univariate logistic regression model of arseniasis cases

Table 1 displays the results of univariate logistic regression. The association of the socioeconomic status and parameters of indoor exposure to arsenic with the arseniasis prevalence in the residents of target village is displayed. Among the demographic parameters, ethnicity (the prevalence in ethnic Han residents was significantly higher than that in Hmong residents), gender (men suffered from arseniasis more than women), age (older villagers showed a higher prevalence), clan consanguinity (the prevalence among the members of ethnic Han clans B, G1, and G3 were found significantly higher than that of the ethnic Hmong clan P members) were significantly associated with arseniasis risk. Nevertheless, per capita annual income, with the exception of the highest income group (per capita annual income >1,000 Chinese *Yuan*, an equivalent to about 145 US\$/person/year then) and the education level, with the only exception of senior high school group, showed mostly no impact on the arseniasis prevalence.

Some parameters related with As exposure were finally proved to significantly impact on the arseniasis prevalence. Smokers had a markedly elevated arseniasis risk than non-smokers. The longer a family used the local high As coal or

the longer traditional poorly or unventilated stoves were used, the higher was the chance of the family members to suffer from arseniasis. At the same time, another two parameters, i.e. the type of drinking water sources and the family kitchen area, failed to show a significant association with the arseniasis risk.

The univariate logistic regression also found that tea drinking habits, alcohol consumption, and vegetable consuming status had no impacts on the excess prevalence of arseniasis among the villages (data not listed in Table 1).

It is worthwhile to mention the high level of superposition of fluorosis with arseniasis. About 70% of the diagnosed fluorosis cases were arseniasis patients, too. The individuals diagnosed as arseniasis patients would face a nearly 10 times higher risk to suffer from fluorosis, too. All the fluorosis cases were diagnosed only by dental symptoms, no skeletal fluorosis case was ever diagnosed in the village.

Multivariate analysis of arseniasis prevalence

Fitting the data of total 702 subjects (178 families) in two-level logistic regression model, the probability of arseniasis prevalence is:

$$\text{Logit}(p) = -1.5191 + 1.2210 \times \text{family}.$$

The parameter of level 2 (family) was 1.2210 with a standard error 0.4596. The fixed effect of level 2 (family) on the arseniasis occurrence was highly significant ($p = 0.0086$). It, thus, suggested that there was a significant aggregating effect from level 2 (family). The estimated OR of families for arseniasis was 3.39 (95% CI 1.38–8.34).

Similarly, the variates that have been proved by univariate logistic regression to be significantly associated with arseniasis prevalence were put into further multivariate analysis.

Table 2 displays the multivariate analysis of arseniasis prevalence in all exposed villagers, in ethnic Han and in Hmong, respectively. After adjusting for confounding factors, the two-level multivariate logistic regression analysis confirmed the family aggregation of arseniasis cases not only in all exposed families together (with both ethnicities combined), but also in ethnic Han families.

The data also revealed the significant association of individuals' ethnicity with arseniasis ($p = 0.001$). The ethnic Han farmers suffered much more frequently from arseniasis, compared with their Hmong neighbors (OR: 15.18, 95% CI 3.45–67.35). However, no association of gender or per capita annual income with arseniasis prevalence could be confirmed.

The arseniasis prevalence was proved to be related with the exposure duration, e.g. either the period the family

Table 2 Multilevel logistic regression model analysis on the risk of arseniasis

Variable	Total				Ethnic Han				Ethnic Hmong			
	OR	95% CI		<i>p</i>	OR	95% CI		<i>p</i>	OR	95% CI		<i>p</i>
		Lower	Upper			Lower	Upper			Lower	Upper	
Fixed effect												
Intercept				0.0001				0.0001				0.039
Demographic												
Ethnicity	15.18	3.45	67.35	0.001								
Per capita annual income	0.58	0.32	1.10	0.09	0.58	0.25	1.52	0.2363	0.286	0.081	1.018	0.053
Exposure												
Smoking status	5.42	2.25	12.93	0.0001	8.28	2.48	27.94	0.0008	3.22	1.034	10.025	0.044
Years of using traditional stove	2.38	1.65	3.49	0.0001	3.62	2.03	6.36	0.0001	1.49	0.820	2.71	0.190
Years of indoor burning of high As coal	1.85	1.29	2.66	0.0001	3.58	1.87	6.62	0.0001	0.86	0.502	1.50	0.611
Stove type (traditional stove)	2.77	1.13	8.75	0.080	1.99	0.41	9.58	0.2434	0.231	0.489	1.23	0.849
Random effect												
Family level	7.24	1.15	45.71	0.037	72.39	1.80	2,912.0	0.025	4.61	0.25	85.90	0.308

burnt high As local coal indoor ($p = 0.0001$) or with the duration of using a local poorly or even unventilated traditional stove in the house ($p = 0.0001$). Every additional 10 years of usage will result in a 1.85-fold increase of arseniasis cases for high As coal burning (OR 1.85, 95% CI 1.29–2.66) and a 2.38-fold higher prevalence for traditional stove utilizing (OR 2.38, 95% CI 1.65–3.49). Smoking habits were proved among the factors that significantly increase the risk of arseniasis, too. Smokers, no matter what ethnicities they are, face a markedly increased risk, compared to their non-smoking fellow villagers ($p = 0.0001$, OR 5.42, 95% CI 2.25–12.93).

No statistically significant differences could be reached for family kitchen area, type of drinking water source, the stove type the family is using now, or the point of time the family turned to using the well-ventilated stove on the arseniasis risk in the multivariate analysis.

When variance analysis with multilevel model was performed on the higher level (family level), statistical significance was reached ($p < 0.05$).

Discussion

The causality of indoor exposure due to indoor burning of high arsenic-content coal with the typical symptoms of arseniasis (namely, skin lesions) has been shown by several studies (Jin et al. 2003; Zheng et al. 2005; Liu et al. 2002). A variance in the individual susceptibility to chronic arsenic poisoning has been suggested by Vahter (2000). Hopenhayn-Rich et al. (1996b) reported on a population chronically exposed to high levels of arsenic in drinking

water in northern Chile where ethnicity- and gender-dependent variations were found in individuals' methylating potential. The present study confirms the view that either the indoor exposure or the individual's hereditary background (ethnicity or clan consanguinity) significantly influenced the arseniasis prevalence in the exposed population. The data from our previous work suggested the Hmong ethnicity was less susceptible to arseniasis either in the comparison of two neighboring ethnic clans, one ethnic Han and one Hmong (Lin et al. 2006) or the least susceptible among all four local ethnic groups in the endemic township (a total of 11,153 residents, covering all four local ethnicities: Han, Bouyei, Hui, Hmong), of which the target village of present investigation is a part of (Chen et al. 2009). A parallel conducted work found that ethnic Hmong clan members inhaled more As from polluted indoor air and ingested more arsenic via daily food than their Han neighbors. Hair and urine samples from Hmong individuals also showed higher As body burden. The exposure duration for both ethnic clans is quite similar (Lin et al. 2006).

Family aggregation was confirmed in a two-level multivariate logistic regression analysis in all the exposed villagers. However, the aggregation could be validated in the exposed ethnic Han subjects only. It might be the case that it was, actually, the reflection of ethnic aggregation of diagnosed arseniasis cases in the village.

Interestingly, the data analysis also indicated that smoking is positively associated with an elevated risk of arseniasis in the exposed rural population. Since inhalation served as one of the major exposure routes of inorganic As and smoking considerably changed the breathing behavior.

The arsenic content of cigarettes that is reported to be between 500 and 900 ng per gram processed tobacco (Hoffmann and Hoffmann 1997) may have also contributed to the excess prevalence of arseniasis among the villagers.

Various authors have reported dose–response relationships between cancer risk and As concentration of drinking water supply (Chen et al. 1985, 1986; Chiou et al. 1995; Hopenhayn-Rich et al. 1996a, b, 1998; Tondel et al. 1999; Rahman et al. 2006). In this unique exposure scenario, the multiple exposure routes might be much more complex and may vary significantly from time to time and from case to case. The pollution situation has been improving since the last decade, as a series of administrative or technical countermeasures to fight As pollution has been pushed forward (Zhou et al. 1993; Lin et al. 2006; An et al. 2007). No proper historical exposure parameter for each ethnic clan, each subclan, any family or any individual at the moment of case diagnosis or at the year skin lesion symptom first onset that could be traced back, there is no possibility to include the indoor As exposure level or the internal As load of exposed individuals or of exposed families at the time of diagnosis or at the time the arseniasis symptoms emerged into current logistic regression analysis.

It would be surprising in the first sight that the area of kitchens in the exposed farmers' houses failed to display an association with excess arseniasis prevalence. It might be due to the fact that the indoor air concentration of As then was very high. In 1991, when the only overall field investigation ever was held in this endemic village, the total As in indoor air samples in the kitchens was found as: $0.455 \pm 0.304 \text{ mg/m}^3$ (range: 0.046–0.840 mg/m^3 ; Zhou et al. 1993). The extremely high exposure level might saturate the detoxification capacities and other defending mechanisms of exposed individuals toward inorganic As. The indoor air concentration of total As exceeded by far the levels the Chinese National Criteria (GB) requires ($<0.03 \text{ mg/m}^3$).

It would be also surprising that the per capita annual income of the exposed individuals was not associated with arseniasis prevalence. Although the deviation in the annual income among local farmers had been expanded in recent years, the overall level is still too low. The data collected from our questionnaire query show that Hmong residents in the village had an annual income of about 722 ± 389 Chinese Yuan/person/year, while their Han neighbors had a slightly higher income at the level of 990 ± 854 Yuan (Lin et al. 2006). At the time of the investigation, this was equivalent to a level less than \$0.5/day/person. The observed income differences in the study area were not meaningful for the real variances of living standard among the villagers.

It is logical that the drinking water source showed no impact on the excess prevalence of arseniasis in target village. For decades, the total As concentration in the drinking water sources in this village has never been detected to exceed the level the Chinese National Criteria requires ($<0.05 \text{ mg/l}$; Liu et al. 2002; An et al. 2007; Lin et al. 2006, 2007). Water samples collected from all 4 drinking water sources in this village during this study showed As concentrations within the range of 0.014–0.025 mg/l ($0.0181 \pm 0.0049 \text{ mg/l}$; Lin et al. 2006). However, the mean value detected slightly exceeded the WHO provisional guideline for drinking water (0.01 mg/l ; WHO 2004).

It is also worthwhile to draw attention on the observed high co-morbidity of arseniasis and dental fluorosis in the investigated villagers. Coal of the Guizhou Province is rich in some trace elements like arsenic and fluorine (Finkelman et al. 1999). Most probably, the unusual high level of co-morbidity of arseniasis and dental fluorosis is based on the fact that both hazardous elements share the same exposure route: namely, by inhalation and/or by ingestion of contaminated food.

Present analysis was conducted in a multiethnic, hyper-endemic village where three major patrilineal clans of different ethnic origins live together and have been proved to be exposed to indoor burning of high As-content coal at the similar levels and for similar time duration (Lin et al. 2006). The intact diagnosis and medical surveillance record of the residents in the village since the 1990s provided a firm data base to ensure a rational analysis. However, due to the relatively small sample size, further work with a larger exposure population in the same endemic area is expected.

Conflict of interest statement The authors declare that they have no conflict of interest.

References

- An D, Li D, Liang Y, Jing Z (2007) Unventilated indoor coal-fired stoves in Guizhou province, China: reduction of arsenic exposure through behavior changes resulting from mitigation and health education in populations with arsenicosis. *Environ Health Perspect* 115:659–662
- Chen CJ, Chuang YC, Lin TM, Wu HY (1985) Malignant neoplasms among residents of a blackfoot disease-endemic area in Taiwan: high-arsenic artesian well water and cancers. *Cancer Res* 45:5895–5899
- Chen CJ, Chuang YC, You SL, Lin TM, Wu HY (1986) A retrospective study on malignant neoplasms of bladder, lung and liver in blackfoot disease endemic area in Taiwan. *Br J Cancer* 53:399–405
- Chen CJ, Hsu LI, Wang CH, Shih WL, Hsu YH, Tseng MP et al (2005) Biomarkers of exposure, effect, and susceptibility of arsenic-induced health hazards in Taiwan. *Toxicol Appl Pharmacol* 206:198–206

- Chen JG, Chen YG, Zhou YS, Lin GF, Li XJ, Jia CG et al (2007) A follow-up study of mortality among the arseniasis patients exposed to indoor combustion of high arsenic coal in Southwest Guizhou Autonomous Prefecture, China. *Int Arch Occup Environ Health* 81:9–17
- Chen JG, Lin GF, Chen YG, Jia CG, Zhou YS, Meng H et al (2009) Arseniasis prevalence and mortality in a multiethnic, endemic township in Guizhou, China. *Int Arch Occup Environ Health* 82:499–508
- Chiou HY, Hsueh YM, Liaw KF, Horng SF, Chiang MH, Pu YS et al (1995) Incidence of internal cancers and ingested inorganic arsenic: a seven-year follow-up study in Taiwan. *Cancer Res* 55:1296–1300
- Ding ZH, Zhen BS, Long JP et al (2001) Geological and geochemical characteristics of high arsenic coal from endemic arsenosis area in southwestern Guizhou Province, China. *Appl Geochem* 16:1353–1360
- Finkelman RB, Belkin HE, Zheng B (1999) Health impacts of domestic coal use in China. *Proc Natl Acad Sci U S A* 96:3427–3431
- Hopenhayn-Rich C, Biggs ML, Fuchs A, Bergoglio R, Tello EE, Nicolli H, Smith AH (1996a) Bladder cancer mortality associated with arsenic in drinking water in Argentina. *Epidemiology* 7:117–124
- Hopenhayn-Rich C, Biggs ML, Smith AH, Kalman DA, Moore LE (1996b) Methylation study of a population environmentally exposed to arsenic in drinking water. *Environ Health Perspect* 104:620–628
- Hopenhayn-Rich C, Biggs ML, Smith AH (1998) Lung and kidney cancer mortality associated with arsenic in drinking water in Cordoba, Argentina. *Int J Epidemiol* 27:561–567
- Jin YL, Liang C, He G, Cao J (2003) Study on distribution of endemic arseniasis in China (in Chinese). *Wei Sheng Yan Jiu (J Hygiene Res)* 32:519–540
- Lin GF, Chen JG, Zhou YS, Shen JH (2003) Family aggregation of chronic arsenic poisoning associated with indoor burning of high arsenic coal. *Toxicology* 191:19 [symposium abstract]
- Lin GF, Du H, Chen JG, Lu HC, Guo WC, Meng H et al (2006) Arsenic-related skin lesions and glutathione *S*-transferase P1 A1578G (Ile105Val) polymorphism in two ethnic clans exposed to indoor combustion of high arsenic coal in one village. *Pharmacogenet Genomics* 16:863–871
- Lin GF, Du H, Chen JG, Lu HC, Kai JX, Zhou YS et al (2007) Glutathione *S*-transferases M1 and T1 polymorphisms and arsenic content in hair and urine in two ethnic clans exposed to indoor combustion of high arsenic coal in Southwest Guizhou, China. *Arch Toxicol* 81:545–551
- Liu J, Zhen B, Aposhian HV, Zhou Y, Chen ML, Zhang A, Waalkes MP (2002) Chronic arsenic poisoning from burning high-arsenic-coal in Guizhou, China. *Environ Health Perspect* 110:119–122
- Lowney YW, Wester RC, Schoof RA, Cushing CA, Edwards M, Ruby MV (2007) Dermal absorption of arsenic from soils as measured in the Rhesus monkey. *Toxicol Sci* 100:381–392
- Pal A, Nayak B, Das B, Hossain MA, Ahamed S, Chakraborti D (2007) Additional danger of arsenic exposure through inhalation from burning of cow dung cakes laced with arsenic as a fuel in arsenic affected villages in Ganga-Meghna-Brahmaputra plain. *J Environ Monit* 9:1067–1070
- Rahman M, Vahter M, Sohel N, Yunus M, Wahed MA, Streatfield PK et al (2006) Arsenic exposure and age and sex-specific risk for skin lesions: a population-based case-referent study in Bangladesh. *Environ Health Perspect* 114:1847–1852
- Smith AH, Ercumen A, Yuan Y, Steinmaus CM (2009) Increased lung cancer risks are similar whether arsenic is ingested or inhaled. *J Expo Sci Environ Epidemiol* 19:343–348
- Tondel M, Rahman M, Magnuson A, Chowdhury IA, Faruquee MH, Ahmad SA (1999) The relationship of arsenic levels in drinking water and the prevalence rate of skin lesions in Bangladesh. *Environ Health Perspect* 107:727–729
- Vahter M (2000) Genetic polymorphism in the biotransformation of inorganic arsenic and its role in toxicity. *Toxicol Lett* 112–113:209–217
- Wester RC, Hui X, Barbadillo S, Maibach HI, Lowney YW, Schoof RA, Holm SE, Ruby MV (2004) In vivo percutaneous absorption of arsenic from water and CCA-treated wood residue. *Toxicol Sci* 79:287–295
- WHO (2004) Guidelines for drinking water, 3rd edn. http://www.who.int/water_sanitation_health/dwq/gdwq3rev/en/index.html
- Zhen BS, Wang BB, Ding ZH, Zhou DX, Zhou YS, Zhou C, Chen CC, Finkelman RB (2005) Endemic arsenics caused by indoor combustion of high-arsenic coal in Guizhou Province, P.R. China. *Environ Geochem Health* 27:521–528
- Zhou DX, Liu DN, Zhu SL (1993) Investigation of chronic arsenic poisoning caused by high arsenic coal pollution (in Chinese). *Chin J Prev Med* 27:147–150