REVIEW



Pathologic conditions of hard tissue: role of osteoclasts in osteolytic lesion

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Accepted: 17 January 2018 / Published online: 22 January 2018 © Springer-Verlag GmbH Germany, part of Springer Nature 2018

Abstract

Hard tissue homeostasis is regulated by the balance between bone formation by osteoblasts and bone resorption by osteoclasts. This physiologic process allows adaptation to mechanical loading and calcium homeostasis. Under pathologic conditions, however, this process is ill-balanced resulting in either over-resorption or over-formation of hard tissue. Local over-resorption by osteoclasts is typically observed in osteolytic metastases of malignancies, autoimmune arthritis, and giant cell tumor of bone (GCTB). In tumor-related local osteolysis, tumor-derived osteoclast-activating factors induce bone resorption not by directly acting on osteoclasts but by indirectly upregulating receptor activator of NFkB ligand (RANKL) on osteoblastic cells. Similarly, synovial tissue in the autoimmune arthritis model does overexpress RANKL and contains numerous osteoclast precursors, and like a landing craft, when it comes in contact with eroded bone surfaces, osteoclast precursors are immediately polarized to become mature osteoclasts, inducing rapidly progressive bone destruction at a late stage of the disease. GCTB, on the other hand, is a common primary bone tumor, usually arising at the metaphysis of the long bone in young adults. After the discovery of RANKL, the concept of GCTB as a tumor of RANKL-expressing stromal cells was established, and comprehensive exosome studies finally disclosed the causative single-point mutation at histone H3.3 (H3F3A) in stromal cells. Thus, osteolytic lesions under various pathological conditions are ultimately attributable to the overexpression of RANKL, which opens up a common, practical and useful therapeutic target for diverse osteolytic conditions.

Keywords Osteoclasts · RANKL · Bone resorption · Cancer · Rheumatoid arthritis · Giant cell tumor of bone

Introduction

Hard tissue homeostasis is regulated by the equilibrium between bone formation by osteoblasts and bone resorption by osteoclasts (Martin and Ng 1994; Matsuo and Irie 2008; Chen et al. 2017; Katagiri and Takahashi 2002; Abdelgawad et al. 2016). In this process called remodeling, the group of cells responsible for remodeling is termed the basic multicellular unit (BMU) (Sims and Martin 2014; Buenzli et al. 2012). Currently, the concept of BMU has been expanded to include not only osteoblasts and osteoclasts, but also newly identified members such as T-lymphocytes, macrophages, osteocytes, and precursor populations of osteoblasts and osteoclasts (Sims and Martin 2014; Piemontese et al. 2017). Physiologic signaling pathways identified among BMU members ultimately influence two types of cells: osteoblasts and osteoclasts (Gyoja 2017; Chen et al. 2017; Tsuboi et al. 2016). Pathologic conditions of hard tissue alter these microenvironments, and the remodeling process is ill-balanced to either overproduce or overresorb hard tissue (Frost 1992). Because most of the pathologic conditions of hard tissue result in 'lytic' change by over-resorption (Mbalaviele et al. 2017; Johnson and Suva 2017), discussed in this review, principally, are conceptual outlines on how osteoclasts are recruited at disease sites.

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Important note on handling archived histopathological specimens

For routine histopathological diagnosis, fixation and decalcification of hard tissue, two requisite and essential steps in tissue processing, various fixative and decalcifying agents have been used in the past (Gonzalez-Chavez et al. 2013). These commonly and commercially available agents can, however, occasionally cause unexpected artifacts that may lead to the misinterpretation of histochemical results (Wallington 1979). Therefore, in this review, before going into the details of the pathologic conditions of hard tissue, first discussed are some important points on processing routine histopathological specimens archived in the laboratory.

Decalcification agents, especially those with low pH value, occasionally cause the so-called 'diffusion artifact'

This phenomenon was encountered when accessing tumorderived parathyroid hormone-related protein (PTHrP) by immunohistochemistry. As shown in Fig. 1, while positive immunoreactions were almost exclusively observed among bone-infiltrating breast cancer cells, they showed nuclear localization. Because this peculiar subcellular localization of a peptide hormone was observed solely among autopsied specimens from hard tissue archived for a limited period of time when decalcification was done by the method based on formic acid, but not among those decalcified by the ethylenediaminetetraacetic acid (EDTA)-mediated method, we concluded that this apparent nuclear localization of PTHrP was induced by diffusion artifacts (Fahimi 1973). Thus, although evaluation of simple positivity or negativity of the immunoreaction may still be possible, care must be exercised when documenting subcellular localization of specific antigens with the use of specific decalcification agents.

Optimal conditions may vary and must be adjusted for individual histopathological sample often with a history of unclear tissue fixation (kind of fixative agent) and fixation period

Formalin fixation and paraffin embedding (FFPE) of specimens has become the standard preservation procedure for diagnostic surgical pathology. Pathology departments routinely archive vast numbers of FFPE blocks at ambient temperature, considered the most cost-effective and space-saving plan. Unlike experimental samples, while this archived resource of an enormous repository of tissues with longterm and detailed clinical data provides a valuable resource of DNA, RNA and protein for translational clinical research, some specimens can be ruined by under-fixation with poor quality or reused formalin or by over-fixation attributed to



Fig. 1 Diffusion artifact in decalcified bone tissue. Diffusion artifacts attributed to decalcifying hard tissue with agents of low pH value. Histology section from an autopsied case of breast cancer with bone metastasis (a, HE, hematoxylin–eosin). By immunohistochemical analysis of PTHrP on osteolytic bone metastasis from breast cancer, decalcified specimens yield nuclear localization of the protein

(**b**, PTHrP immunostaining). This apparent nuclear localization of PTHrP is induced by diffusion artifacts, because such subcellular localization is observed solely among autopsied specimens decalcified by the method based on formic acid. Each scale bar indicates $100 \ \mu m$

being kept in formalin over a weekend. This drawback is partially overcome by the antigen retrieval method developed for immunohistochemistry (IHC) on FFPE samples (Lopez et al. 2016; von Wasielewski et al. 1994; Bukari et al. 2017); thus, presently a wide range of archived FFPE blocks can be subjected to IHC not only for diagnostic pathology but also for experimental procedures. For in situ hybridization (ISH) studies, however, handling specimens, especially of hard tissues, requires strict pre-experimental optimization of proteinase-K treatment (Kitazawa et al. 1999). As shown in Fig. 2, the treatment of fixed hard tissue specimens with serial concentrations (0-5 µg/ml) of proteinase-K at 37 C for 10 min results in markedly different ISH results; too low concentration (0 or 0.5 µg/ml, Fig. a, b) results in low sensitivity, and too high (5 µg/ml, Fig. d) in low specificity (optimal condition in this case is 2 µg/ml, Fig. c). This optimization process although essential, is sometimes very difficult with long-term formalin-fixed samples. Keeping these drawbacks and limitations in mind, data from surgical pathology specimens should be interpreted rationally.

Cancer-associated local osteolytic change: triangle of cancer cells, osteoblasts and osteoclasts

Metastatic malignancy frequently affects hard tissues. Breast cancer, for example, is frequently associated with osteolytic bone lesions either through hematogenous metastasis or by direct invasion to the bone (Ottewell et al. 2015; Liu et al. 2014), where osteoclasts play a major role in bone destruction (Singh et al. 2015; Kitazawa and Kitazawa 2002). Recently, the osteoclast differentiation factor, namely, receptor activator of NFkB (RANK) ligand (RANKL), has been identified as a prerequisite to the formation and maintenance of osteoclasts from hematopoietic precursors (Lacey et al. 1998; Yasuda et al. 1998). To elucidate the mechanism of osteoclastogenesis and bone destruction in bone-residing breast cancer, we and others have estimated in situ expression of RANKL with the use of a mouse bone-invasion model (Kitazawa and Kitazawa 2002) and autopsied samples: human breast cancer cell line, MCF-7, mixed with matrigel was subcutaneously injected into the forehead of nude mice maintained without an estrogen supplement. One, 2 and 3 weeks thereafter, the calvariae were removed and the expression of RANKL and PTHrP mRNA and osteoclastogenesis was analyzed by in situ hybridization and tartrate-resistant acid phosphatase (TRACP) activity. At early stages, spindle shaped mesenchymal cells and

Fig. 2 Optimization of proteinase-K concentration. Treatment of fixed and decalcified hard tissue specimens with serial concentrations (0–5 μ g/ ml) of proteinase-K at 37C for 10 min results in markedly different ISH results; too low concentration (0–0.5 μ g/ml, **a**, **b**) shows low sensitivity, and too high (5 μ g/ml, **d**) shows low specificity. Concentration of 2 μ g/ml is regarded as optimal in this case (**c**). Each scale bar indicates 50 μ m



osteoblasts proliferated on the bone surface expressing RANKL. Three weeks after the transplantation, cancer cells formed a nest and partially invaded the eroded bone surface, where they survived without apoptosis or necrosis (Fig. 3a, HE). Numerous osteoclasts settled on the periosteal bone surface (Fig. 3b, TRACP) adjacent to the tumor nest. At all stages, PTHrP was confined to the MCF-7 breast cancer cells (Fig. 3c, PTHrP), whereas RANKL expression was confined to the osteoblastic linage (Fig. 3d, RANKL). Thus, cancer cells per se, while aggressive and destructive to surrounding tissue, are not capable of eroding and resorbing the hard tissue. In turn, cancer cells override the preexisting physiological BMU system that maintains bone volume (by balancing between bone formation and resorption) and induce local osteolytic lesions by accelerating the bone resorption axis by upregulating RANKL through interaction with osteoblastic cells (Kitazawa and Kitazawa 2002; Le Pape et al. 2016; Wu et al. 2017). Thus, cancer cells get access to growth factors stored in the bone matrix (Yoneda et al. 2013) by manipulating osteoblasts and osteoclasts, as summarized in Fig. 4. Then, can this triangular relation among cancer cells, osteoblasts and osteoclasts in experimental animals be translated to the clinical aspects of bone metastasis? To address this issue, a series of osteolytic bone metastatic lesions from autopsied materials was analyzed by IHC and ISH. At



Fig. 4 Schematic view of the relation among osteoblasts, osteoclasts and tumor cells. The cancer cells override the preexisting physiological BMU system that maintains bone volume by balancing between bone formation and resorption, and induces local osteolytic lesions by accelerating the bone resorption axis by upregulating RANKL through the interaction with osteoblastic cells. Thus, cancer cells get granted growth factors stored in the bone matrix by orchestrating osteoblasts and osteoclasts. *BMM* bone marrow macrophages



Fig. 3 PTHrP production, RANKL expression and osteolytic change in experimental model. HE staining (**a**, HE, bar indicates 1000 μ m) shows that MCF-7 cells form a nest at the periosteal site with a space between cancer cells and the surface of the bone. TRACP staining (**b**, bar indicates 1000 μ m) shows numerous TRACP-positive osteoclasts (arrows) on bone surface nearby transplanted MCF-7 cells. Lower panels are magnified view of the boxed area in HE staining.

PTHrP expression (\mathbf{c} , bar indicates 100 µm) is observed on cancer cells, especially in the peripheral area of the nest. While apoptotic and necrotic changes are seen predominantly at the initially transplanted tumor nest, strong RANKL signals (\mathbf{d} , bar indicates 100 µm) are observed on the proliferating mesenchymal cells around cancer cells. [Modified from Fig. 2 of previous our publication in J Pathol, (Kitazawa and Kitazawa 2002)]

metastatic sites, RANKL expression was almost exclusively observed on osteoblastic cells located close to metastasizing cancer cells, where osteoclasts were induced by RANKLpositive osteoblastic cells (unpublished data). Similarly, with the use of autopsied cases of multiple myeloma, where neoplastic plasmacytic cells form typical osteolytic change called 'punched-out lesion' in hard tissue (Fig. 5a, HE), the expression of RANKL was investigated by IHC and ISH. As shown in Fig. 5b, c, RANKL-ISH (b) and -IHC (c), RANKL expression was also demonstrated mainly on osteoblastic cells but less so on typical multiple myeloma cells. Likewise, while we and some investigators attributed the major source of RANKL expression to osteoblastic cell types in the bone marrow of patients with multiple myeloma (Roux et al. 2002; Terpos et al. 2017), others have reported that primary multiple myeloma cells per se do express RANKL (Yuan et al. 2014). Thus, although direct induction and activation of osteoclasts by tumor-derived RANKL may in part contribute to the formation of osteolytic lesions, eventually almost all the osteolytic change induced by tumor cells, irrespective of their origin, can be attributed to the trilateral relation among cancer cells, osteoblasts and osteoclasts.

Among tumor-derived osteoclast-activating factors, PTHrP most commonly observed in tumor cells of various origins was first isolated from lung cancer cell line established from a patient who had squamous cell carcinoma of the lung with humoral hypercalcemia of malignancy (HHM) (Suva et al. 1987). This protein has 8 of 13 N-terminal amino acid residues identical to those present in parathyroid hormone (PTH) and is thought to mimic most of the actions of PTH through a common PTH/ PTHrP receptor (Martin and Suva 1988). In addition to its being the major factor responsible for HHM, PTHrP has now drawn attention to the high incidence of its production in breast cancer with a potential for skeletal metastases and recurrence (Kohno et al. 1994). Since the discovery of the new RANKL-RANK signaling system, most of the bone resorptive factors have been shown to promote bone resorption by upregulating RANKL gene expression on osteoblastic cells (Dougall et al. 2014). As mentioned above, growth factors released from hard tissue by osteoclasts, in turn, favor the growth and survival of cancer cells in a hard tissue milieu; the interrelation among tumor cells, osteoclasts and osteoblasts at local osteolytic lesions plays a central role in developing invasion of and metastasis to the bone as well as in a systemic effect resulting in HHM (Theriault and Theriault 2012). Interestingly, PTHrP production is also observed in some cases of multiple myeloma with HHM (Cafforio et al. 2014). Two such autopsied cases demonstrating high serum PTHrP values have been described (Kitazawa et al. 2002; Kinomura et al. 2015) where PTHrP mRNA expression was confined to tumor cells. Since PTHrP is a soluble and diffusive peptide hormone, its production and secretion by tumor cells alone



Fig. 5 HE staining of bone specimen from an autopsied case of multiple myeloma (**a**, HE). Osteoclasts are induced at eroded bone surface. By ISH (**b**), RANKL expression is mainly demonstrated on osteoblastic cells, and very weakly on typical multiple myeloma cells. By IHC (**c**), RANKL expression is also mainly demonstrated on osteoblastic cells, and very weakly on typical multiple myeloma cells. Each bar indicates 50 μ m

cannot fully explain the formation of local steep-edged or precipitous osteolytic change termed 'punched-out lesion'. Although still controversial, whether RANKL is the sole factor responsible for the formation of osteolytic punchedout lesions in multiple myeloma, and whether other additional local factors including cell-to-cell interactions are assumably involved in the formation of localized round and sharp-edged osteolytic lesion (Xu et al. 2016), the role of PTHrP released from tumor cells has broader repertories in both local and systemic osteolytic lesions than has been speculated. Inclusively, osteoclasts induced by tumorderived PTHrP may play a central role in cancer-mediated bone destruction and may offer a hospitable microenvironment for the survival of cancer cells in bone.

Rapidly progressive osteolytic change in late-stage autoimmune arthritis

Rheumatoid arthritis (RA) is a systemic disorder characterized by synovial inflammation and subsequent destruction and deformation of synovial joints (Orr et al. 2017). The articular lesions start with synovitis, focal erosion of unmineralized cartilage, and then culminate in the rapidly progressive destruction of subarticular bone by pannus at late stages of the disease (Ludwig et al. 2017). Osteoclasts, specialized cells that resorb bone, also play a central role in developing those osteolytic lesions (Udagawa et al. 2002). To elucidate the mechanism of osteoclastogenesis and bone destruction in autoimmune arthritis, the expression of RANKL, RANK and osteoprotegerin (OPG) (a decoy receptor for RANKL) mRNA in a mouse type II collagen-induced arthritis (CIA) model was investigated with the use of ISH (Mori et al. 2002). The results indicated that the inflamed and proliferating synovium formed a typical pannus (Fig. 6a, HE)

with numerous TRAP-positive mononuclear cells (Fig. 6b, TRACP). Those osteoclast precursors were RANK-positive (Fig. 6c, RANK). In the inflamed synovium, synovial fibroblastic cells around these RANK-positive cells were strongly positive for RANKL (Fig. 6d, RANKL). These data indicated that the RANKL-RANK system also plays an important role in the recruitment of osteoclast precursor populations in autoimmune arthritis (Mori et al. 2002; Udagawa et al. 2002), and the inflamed synovium is, therefore, a suitable pool for osteoclast precursors. The articular lesions of autoimmune arthritis start with persistent synovitis, progress to articular cartilage destruction by matrix metalloproteinase released from macrophages and fibroblastic cells, and then destruction proceeds to subchondral bone (Teitelbaum 2006). Because the precursors immediately differentiate into polarized, functioning multinucleated mature osteoclasts on the bone surface only after they adhere to bone matrix proteins (Teitelbaum et al. 1995), once the synovium abundant in osteoclast precursors reaches the eroded articular bone surface, numerous mature osteoclasts are rapidly recruited to the eroded sites. Thus, like numerous skilled soldiers released from landing craft invading the coast, the abundant mature and activated osteoclasts are released from the inflamed synovium, resulting in the formation of the socalled pannus. Subsequent to the local destruction of the articular cartilage in autoimmune arthritis, direct contact between mononuclear osteoclast precursors in inflamed synovial tissue and denuded subchondral bone triggers rapid induction of mature and activated osteoclasts, provoking formation of the pannus at late stages of autoimmune arthritis. These findings demonstrate that RANKL expression in the inflamed synovium plays a central role in developing

Fig. 6 Mouse type II collageninduced arthritis model shows typical severe arthritis with inflamed and proliferating synovium forming a typical pannus (a, HE) with numerous TRAPpositive mononuclear cells (b. TRACP). Those osteoclast precursors are RANK-positive (c, RANK). In the inflamed synovium, synovial fibroblastic cells around these RANK-positive cells are strongly positive for RANKL (d, RANKL). [Modified from Fig. 5 of previous our publication in HCB (Mori et al. 2002)] Each scale bar indicates 100 µm



osteolytic lesions in local subarticular bone (Mori et al. 2002), suggesting that again the RANKL–RANK system can be a good target for therapeutic intervention in autoimmune arthritis.

Giant cell tumor of bone

Giant cell tumor of the bone (GCTB), a common bone tumor accounting for 5-10% of primary bone tumors and 15-20% of benign bone tumors, usually arises at the metaphysis of the long bone of young adults aged 20-40, when the epiphysial plate has matured. It commonly affects the distal portion of the femur, the proximal portion of the tibia, and less frequently, spinal bones. When progressing, GCTB often degrades surrounding bones, causes pain, limits articular motion, induces pathological fractures, and very rarely metastasizes to the lung. Plain X-ray examination of GCTB typically demonstrates localized cystic translucent lesions with thinning cortical bone at the metaphysis resulting in the so-called 'soap bubble appearance' (Sobti et al. 2016). By histopathological examination, numerous multinucleated giant cells, at first recognized as tumor cells, are termed GCTB (Yamada et al. 2017). Consequently, longstanding debates have been held between two groups: one claiming that GCTB is a tumor of the macrophage-monocyte cell lineage that is a precursor of osteoclastic giant cells; the other stating that stromal cells themselves are the tumor cells, and that giant cells are formed secondarily to the tumorous stromal cells (McCarthy 1980). The latter concept of the origin of stromal cells prevailed in that while osteoclastic giant cells gradually disappear, only the stromal cell element survives after passaging the primary cultured samples of surgically resected GCTB (Ghert et al. 2007). Two questions (1) why such numerous non-tumorous giant cells are induced, and (2) what underlies the genetic alteration of the development of GCTB, unresolved, however, for a long time. Although after the discovery of RANKL, the concept of GCTB as a stromal cell tumor overexpressing RANKL had been established (Werner 2006), genetic alterations causing GCTB remained unknown for as long as 15 years. During this period, while comprehensive exosome studies with the use of a next generation sequencer disclosed trunk or driver mutation of many tumors one after another, dealing with mRNAs extracted from surgically removed GCTB samples had been yielding uncertain and inconsistent results because of the peculiarity that GCTB is composed of a majority of non-tumorous osteoclastic giant cells and a minority of tumorous stromal cells (Wang et al. 2012). From 2010, our group started the project of identifying causative genetic alteration in GCTB with the use of primary cultured samples of surgically resected GCTB.

To overcome the deviant heterogeneity of GCTB, the primarily cultured samples were passaged twice to enrich the tumor cell population without reducing the character of the tumor cells. This somewhat complicated procedure required considerable time and effort for examining each GCTB case, and while in the process of collecting a sufficient number of cases to satisfy the recurrence of genetic alterations, to our regret, another comprehensive and cooperative exosome study among multicentric groups identified the causative genetic alteration as a single-point mutation at histone H3.3 (H3F3A) of the gene in 2013 (Lindroth and Plass 2013). The authors also demonstrated that the same GGG to TGG point mutation at codon 34 of the H3F3A gene resulting in p.G34W is recurrently observed in 50% (monoallelic mutation) of mRNA in all the cases examined by us (Fig. 7, upper panel). Interestingly, not only chondroblastoma (Behjati et al. 2013) showing similar histologic features as GCTB, but also high-grade glioma (GBM) in childhood (Schwartzentruber et al. 2012) and pediatric diffuse intrinsic pontine glioma (DIPG) (Wu et al. 2012) share similar H3.3 mutations as illustrated in lower panel of Fig. 7. Because these H3.3 mutations are disease-specific, and because giant cell reparative granuloma (GCRG), a reactive condition often difficult for differentiating from GCTB on histopathological examination, does not carry any H3.3 mutation, types of H3.3 mutation can be useful markers for molecular pathological diagnosis (Nohr et al. 2017; Yamamoto et al. 2017). Thus, assumptions of tumor-specific driver mutation revealed by comprehensive genomic and exosome analyses have influenced classification, pathological diagnosis and treatment of the disease, allowing the pathologist to conduct companion diagnosis for molecular-targeting therapy. Recently, in addition to conventional surgical curettage and the filling of defects with artificial bony materials, anti-RANKL antibody (denosumab) therapy introduced in the treatment of GCTB with successful outcome (Branstetter et al. 2012). It apparently does not directly target the tumor cells but reduces the formation of secondarily induced osteoclastic giant cells. By diminishing the number of those cells, the therapy is assumably effective for GCTB by the reduction of the enlargement of the tumor mass, the risk of pathological fracture, and the growth factors from hard tissue released by bone resorption (van der Heijden et al. 2017). Recently, we had an opportunity to compare histopathological features of a GCTB case before and after anti-RANKL antibody therapy. While biopsy specimens before the therapy revealed typical GCTB features of abundant giant osteoclastic cells (Fig. 8a), surgically resected specimens after treatment showed bone-forming tumors with abundant osteoid formation (Fig. 8b). Genetic analysis of microdissected samples from the two histopathological specimens revealed

q24.1

q25.

q23.2

q21.3

The portion and pattern of typical mutations seen in high-grade glioma (GBM) in childhood, chondroblastoma and GCTB are illustrated (lower panel)

Because RANKL is a membrane-bound ligand, upon antibody binding, this peculiar phenomenon let us imagine the existence of RANKL-dependent reverse intracellular signaling that accelerates osteoblastic differentiation. These newly observed therapy-related consequences may lead to the development of another therapeutic strategy.

Fig. 7 A GGG to TGG point mutation at codon 34 of the H3F3A gene resulting in p.G34W is recurrently observed in 50% (monoallelic mutation) of mRNA in all the cases we examined (upper panel).

that both samples with apparently different phenotypes

shared typical GGG to TGG point mutation at codon 34

of the H3F3A gene, resulting in p.G34W (data not shown),



p13.1

q11

63 bp

q12

q21.1

226,252,160 bp

p13.3

p22.3

p22.1

p21.2

226,252,150 bp

p31.1

Fig. 8 Histopathological features of GCTB before (**a**, HE) and after (**b**, HE) anti-RANKL antibody therapy. While biopsy specimens before the therapy reveal typical GCTB features of abundant osteoclastic giant cells, surgically resected specimens after the treatment show bone-forming tumors with abundant osteoid formation. Each scale bar indicates 100 µm



Conclusions

Osteoclasts derive from hematopoietic cells of the monocyte/macrophage lineage. Since cell-to-cell interaction between cells of the osteoblast/stromal lineage and the monocyte/macrophage lineage has been regarded as a prerequisite to the formation of osteoclasts, a membrane-bound molecule expressed on osteoblasts/stromal cells has been postulated as a crucial factor for osteoclast differentiation. Recently, this membrane-bound molecule has been identified as identical to RANKL. To date, two types of receptors for RANKL are known: RANK and OPG. RANK expressed on osteoclast precursors and on mature osteoclasts transduces RANKL signaling. On the other hand, OPG is a secreted member of the TNF receptor superfamily that functions as a decoy receptor of the RANKL-RANK signaling system to inhibit osteoclastogenesis. Thus, RANKL, RANK and OPG constitute a critical system that controls bone resorption by regulating the number and activity of osteoclasts. Various pathologic conditions of hard tissue usually result in osteolytic lesions by osteoclasts, which are induced by unbalanced or altered signaling pathways among BMU members. Because the axis of RANKL and its decoy receptor OPG is one of the ultimate targets of signaling among BMU members, it is a major therapeutic target of osteolytic bone lesions irrespective of the pathogenesis of the disease.

Acknowledgements This study was partially supported by a Grant-in-Aid for Scientific Research from the Ministry of Education, Science, Sports and Culture, Japan (to RK, RH and SK).

Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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