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cAMP induced Rac 1-mediated cytoskeletal reorganization in microvascular endothelium

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Abstract It is well established that cAMP stabilizes endothelial barrier functions, in part by regulation of VEcadherin via EPAC/Rap 1. The aim of the present study was to investigate whether cAMP activates Rac 1 in microvascular endothelium. In human dermal microvascular endothelial cells (HDMEC), treatment with forskolin/rolipram (F/R) to increase cAMP by as well as the Epac/Rap 1-stimulating cAMP analogue 8-pCPT-2'-O-methyl-cAMP (O-Me-cAMP) stabilized endothelial barrier properties as revealed by raised transendothelial electrical resistance (TER). Under these conditions, immunostaining of VEcadherin and claudin 5 were increased and linearized. This was paralleled by activation of Rac 1 by $153 \pm 16\%$ (F/R) or $281 \pm 65\%$ (O-Me-cAMP) whereas activity of Rho A was unchanged. F/R and O-Me-cAMP increased the peripheral actin belt and recruited the Rac 1 effector cortactin to cell junctions, similar to direct activation of Rac 1 by CNF-1. Thrombin was used to further test the physiologic relevance of cAMP-mediated Rac 1 activation. Thrombininduced drop of TER was paralleled by intercellular gap formation, inactivation of Rac 1 and activation of Rho A at 5 and 15 min whereas baseline conditions where re-established following 60 min. Both, F/R and O-Me-cAMP completely blocked the thrombin-induced barrier breakdown. F/R completely abolished thrombin-induced Rac 1

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J. Waschke (⊠) Institute of Anatomy and Cell Biology, Julius-Maximilians-University, Koellikerstr. 6, 97070 Würzburg, Germany e-mail: jens.waschke@mail.uni-wuerzburg.de inactivation and Rho A activation whereas O-Me-cAMP only partially blocked Rac 1 inactivation. Taken together, these results indicate that Rac 1 activation likely contributes to the barrier-stabilizing effects of cAMP in microvascular endothelium and that these effects may in part be mediated by Epac/Rap 1.

Introduction

The vascular endothelium provides a barrier between blood and the surrounding tissues by limiting water and macromolecule exchange (Mehta and Malik 2006). Maintenance of endothelial barrier functions is crucial and edema formation in consequence to a loss of barrier integrity contributes to the pathogenesis of several severe disorders such as sepsis or allergic shock. Since it was reported in 1989 that adenylate cyclase-stimulating agents such as forskolin reduce endothelial permeability (Stelzner et al. 1989), it has been well established that increased intracellular cAMP strengthens endothelial barrier functions in vivo and in vitro (Lorenowicz et al. 2007; Michel and Curry 1999; van Nieuw Amerongen and van Hinsbergh 2002). The mechanisms involved include decreased actin-myosin-based contractility via a reduction of myosin light chain (MLC) phosphorylation by protein kinase A (PKA)-mediated inhibition of MLC kinase (Nishikawa et al. 1984) or by inhibition of the GTPase Rho A, which increases MLC phosphorylation by blocking MLC phosphatase (Qiao et al. 2003). Besides, cAMP via PKA phosphorylates actin-binding proteins such as vasodilator-stimulated phosphoprotein (VASP) (Blume et al. 2007; Rosenberger et al. 2007) or

filamin (Hastie et al. 1997), which may regulate endothelial barrier functions by controlling dynamics of the actin cytoskeleton. Actin filaments are thought to stabilize endothelial adherens and tight junctions (Bazzoni and Dejana 2004) and accordingly dysbalanced actin polymerization was found to increase microvascular permeability in vivo (Waschke et al. 2005).

More recently, it has been demonstrated that cAMP also directly strengthens endothelial barrier functions on the level of endothelial cell junctions by redistribution of adherens and tight junction components (Cullere et al. 2005) as well as by augmenting VE-cadherin-mediated binding (Fukuhara et al. 2005; Kooistra et al. 2005). This regulation of VE-cadherin was found to be independent of PKA but rather to be mediated by activation of the GTPase Rap 1 via the GTP exchange factor (GEF) Epac. This has been shown by using the cAMP analogue 8-pCPT-2'-Omethyl-cAMP (O-Me-cAMP), which preferentially binds to Epac but only ineffectively activates PKA (Christensen et al. 2003; Holz et al. 2006). Accordingly, O-Me-cAMP was effective to block the reorganization of endothelial adherens junctions in response to platelet-activating factor (PAF) in vivo (Adamson et al. 2008).

The downstream effectors by which cAMP and Rap 1 stabilize endothelial barrier functions are largely unclear. Because the Rho family GTPases Rac 1 and Rho A are known to be effective regulators of endothelial barrier properties (Baumer et al. 2008; Waschke et al. 2004a; Wojciak-Stothard and Ridley 2002) and Rap 1 can activate Rac 1 in fibroblasts via the GEFs Vav 2 and Tiam 1 and also is capable to inhibit Rho A via the GTPase activating protein (GAP) Arap 3, it is reasonable to assume that Rho A and Rac 1 would be good candidates to mediate the protective effects of cAMP in endothelial cells (Kooistra et al. 2007; Lorenowicz et al. 2007). Indeed, it has been shown that O-Me-cAMP-mediated inhibition of thrombin-induced permeability was paralleled by blocking thrombin-induced activation of Rho A (Cullere et al. 2005), at least in macrovascular endothelium. However, the role of Rac 1 as a potential downstream effector of cAMP is less clear. We found that cAMP, in part via PKA-dependent mechanisms, can reduce Rac 1 inactivation by C. sordelii lethal toxin (LT) and thereby block LT-induced permeability in vivo suggesting that cAMP might stabilize endothelial barrier functions via regulation of Rac 1 (Waschke et al. 2004b). Therefore, a protective effect of cAMP on endothelial barrier functions via crosstalk of Rap 1 and Rac 1 is possible but has not been investigated so far in microvascular endothelium.

Therefore, the aim of the present study was to investigate whether cAMP activates Rac 1 in microvascular endothelium. We used forskolin and rolipram (F/R) to increase intracellular cAMP in human dermal microvascular endothelial cells (HDMEC). In addition, *O*-Me-cAMP was applied because it was shown that it primarily activates Rap 1 via Epac but only weakly activates PKA (Christensen et al. 2003). We found that both F/R and *O*-Me-cAMP stabilized endothelial barrier functions, activated Rac1 and caused Rac 1-dependent cytoskeletal reorganization which might be involved in the well-established barrier-stabilizing effects of cAMP.

Materials and methods

Cell culture

The primary human dermal microvascular endothelial cells (HDMEC) obtained from breast explants (PromoCell, Heidelberg, Germany) were grown in endothelial growth medium MV containing supplement mix and were passaged using Detach kit-30 (both PromoCell). HDMEC were used from passages 2–5.

Test reagents

We used forskolin/rolipram (F/R) (both Sigma–Aldrich, Taufkirchen, Germany) at 5 and 10 μ M for 1 h and *O*-MecAMP (Biolog, Bremen, Germany) at 200 μ M for 1 h. Cytotoxic necrotizing factor 1 (CNF-1) from *E. Coli* (300 ng/ml, 120 min) was used to activate Rac 1. CNF-1 was supplied by Gudula Schmidt (Department of Pharmacology and Toxicology, University of Freiburg). Human thrombin (Sigma–Aldrich, Taufkirchen, Germany) was used at 10 U/ml for 5, 15 and 60 min. To inhibit the effects of thrombin, F/R and *O*-Me-cAMP were used as pretreatment for 1 h as described above before thrombin was added.

Measurement of transendothelial resistance (TER)

ECIS 1600R (Applied BioPhysics Inc., USA) was used to measure the transendothelial resistance (TER) of HDMEC monolayers to assess endothelial barrier integrity as described in the literature (Garcia et al. 2001; Hartmann et al. 2007; Tiruppathi et al. 1992). The sensing area within a single well of the 8-well ECIS arrays consists of 40 active working electrodes in parallel (total area = 0.02 cm^2), located at the bottom of the well, and a counter electrode. A non-invasive alternating current (<1 µA) is applied to the electrodes, which are electrically connected via the electrolytes of the cell culture medium above the cells. The ECIS device reads the associated voltage drop across the system (in-phase with the current) and determines the electrical resistance of the cell-covered electrodes. Preliminary experiments by our group have indicated that the resistance measured at an AC frequency of 4,000 Hz is most sensitive to monitor changes of transendothelial resistence in our experimental setup. Moreover, we carefully correlated changes in TER with changes in FITC-dextran flux and morphological changes in HDMEC cells under well characterized conditions such as activation and inhibition of Rho GTPases by bacterial toxins as described previously (Baumer et al. 2008). HDMEC were seeded in the wells of the electrode array and grown to confluence for 8–10 days. Before experiments, medium was exchanged (200 µl) and the arrays were plugged into the instrument. Then, a measurement of baseline transendothelial resistance was performed for 10 min to equilibrate monolayers. Afterwards, 200 µl of medium containing different mediators were applied to control wells.

Cytochemistry

HDMEC's were grown to confluence on uncoated cover slips for 7-10 days. After incubation with mediators under various conditions as indicated above, culture medium was removed and monolayers were fixed for 10 min at room temperature (RT) with 2% formaldehyde (freshly prepared from paraformaldehyde) in PBS (consisting of 137 mM NaCl, 2.7 mM KCl, 8.1 mM Na₂HPO₄, and 1.5 mM KH₂PO₄; pH 7.4). Afterwards, monolayers were treated with 0.1% Triton X-100 in PBS for 5 min. After rinsing with PBS at RT, HDMECs were preincubated for 30 min with 10% normal donkey serum (NDS) or normal goat serum (NGS) and 1% bovine serum albumin (BSA) in PBS at RT and incubated over night at 4°C with human VE-cadherin antibody (1:100 in PBS containing 0.05% NaN₃; Santa Cruz, Heidelberg), a mouse monoclonal IgG directed against claudin 5 (1:100 in PBS; Zymed, CA, USA) or a mouse monoclonal IgG directed against Rac 1 (1:100 in PBS; Upstate, Schwalbach, Germany). After several rinses with PBS $(3 \times 5 \text{ min})$, monolayers were incubated for 60 min at RT with Cy3-labeled goat anti-rat IgG, Cy3labeled goat anti-mouse IgG, Cy3-labeled goat anti-rabbit IgG or a donkey anti-goat IgG, respectively (all from Dianova, Hamburg, Germany, diluted 1:600 in PBS). For visualization of filamentous actin (F-actin), some monolayers were incubated with Alexa-phalloidin (Mobitec, Goettingen, Germany; diluted 1:60 in PBS, 1 h at RT). To visualize cortactin, an Alexa Fluor 555-conjugated cortactin mouse antibody was used (1:100, 1 h RT, Upstate). Cells incubated with antibodies or Alexa-phalloidin were rinsed with PBS $(3 \times 5 \text{ min})$. Cover slips were mounted on glass slides with 60% glycerol in PBS, containing 1.5% n-propyl gallate (Serva, Heidelberg, Germany) as anti-fading compound. Immunostained monolayers were photographed with a confocal microscope (LSM 510; Carl Zeiss Microimaging Inc, Göttingen, Germany) using identical exposure settings for all conditions (Pinhole: 112, detector gain: 684-710, amplifier offset: -0,021, amplifier gain: 1, scan speed 6). Fluorescence intensity and width (100 different reading points) of VE-cadherin and claudin 5 staining were evaluated by ImageJ.

Western blotting

HDMEC monolayers were dissolved in Laemmli sample buffer (Laemmli 1970) and subjected to sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS-PAGE, 10 and 15% gels). Protein contents were quantified by protein estimation directly from SDS-PAGE loading buffer using 0.1% (w/v) Amidoschwarz (AppliChem, Darmstadt, Germany) in 25% (v/v) methanol/5% (v/v) acetic acid. For immunoblotting, proteins were transferred in Kyhse-Andersen transfer buffer (Kyhse-Andersen 1984) to Hybond nitrocellulose membranes (Amersham, Braunschweig, Germany) which were blocked with 5% (w/v) low fat milk in PBS (pH 7.4) and incubated overnight at 4°C with the respective primary antibodies (1:500 in PBS plus 5% low fat milk). The antibodies against VEcadherin and claudin 5 as well as a polyclonal IgG raised against vasodilator-stimulated phosphoprotein (VASP) and a rabbit polyclonal IgG directed against phospho-S157-VASP (kind gift from U. Walter, University of Würzburg) were used at a dilution of 1:500. As secondary antibodies, the respective horseradish peroxidase-labelled goat anti-rabbit IgG, or a donkey anti-goat IgG (Santa Cruz, Heidelberg, Germany) were used (1:3,000 in PBS). Bound immunoglobulins were visualized by the enhanced chemiluminescence technique (ECL, Amersham). Densitometric analysis using Adobe Photoshop 7.0 was performed for quantification.

Rac 1 and Rho A activation assay

For measurement of Rac 1 or Rho A activity, the Rac G-Lisa Activation Assays Biochem KitTM (Cytoskeleton Inc., Denver CO, USA) or the Rho G-Lisa Activation Assays Biochem KitTM (Cytoskeleton Inc., Denver CO, USA), respectively was used according to manufacturers recommendations. HDMEC's were grown to about 70% confluency in 35 mm dishes. Cells were incubated in presence or in absence of different mediators in endothelial growth medium. Afterwards, monolayers were washed with ice cold PBS to remove serum proteins. Ice-cold cell lysis buffer was added and cell lysates were harvested by centrifugation at 14,000 (\sim 15,000 g) rpm at 4°C for 2 min. An aliquot was kept on ice for protein concentration measurement and samples were snap frozen at -70° C. Following adjustment of protein concentration, cell lysates were thawed and 50 µl of lysate was added to the wells of the

Rac 1 or Rho A binding plates, which are coated with Rac 1- or Rho A-binding domains. Additional wells were filled with lysis buffer or non-hydrolysable Rac 1 or Rho A as a negative or positive control, respectively. The plates were placed immediately on a cold orbital shaker at 400 rpm at 4°C for 30 min, washed twice with wash buffer at RT and 200 µl of antigen presenting buffer were added to each well for 2 min at RT. After washing three times, 50 µl of Rac 1 or Rho A primary antibody (diluted 1:200 in antibody dilution buffer) were added and incubated for 45 min on an orbital microplate shaker (400 rpm; RT). After washing 3 times, 50 µl of secondary anti HRP-labelled antibody (diluted 1:100) were added to each well on the orbital microplate shaker (RT; 45 min). The wells were then washed 3 times and 50 µl of horse radish peroxidase (HRP) detection reagent were added and incubated at 37°C for 15 min. Then, 50 µl of HRP stop buffer were added and the signal was measured immediately at 490 nm using a microplate spectrophotometer (Sunrise, Tecan GmbH, Crailsheim Germany). The results were analyzed using Microsoft Excel software.

cAMP activation assay

For quantification of intracellular cAMP levels, the commercial format A cyclic AMP "plus" enzyme immunoassay (Biomol, Germany) was used according to manufacturers recommendations. The assay is a competitive immunoassay that uses a polyclonal antibody to bind in competitive manner cAMP in samples and cAMP attached to alkaline phosphatase. HDMEC cells were grown to confluence in 35-mm dishes and incubated with medium or different mediators. After removing the media, cells were incubated for 10 min with 200 µl 0.1 M HCl to induce cell lysis and to stop endogenous phosphodiesterase activity. Cell lysates were centrifuged at 14,000 rpm for 5 min and 100 µl of the supernatant was added to the wells that are coated with a goat anti-rabbit IgG. Then, 50 µl of a solution of alkaline phosphatase conjugated with cAMP (cAMP conjugate) and 50 µl of the cAMP polyclonal rabbit antibody solution were added to the wells and incubated for 2 h on a plate shaker (500 rpm) at RT. After washing the wells $(3 \times 200 \,\mu l \text{ wash solution})$, 200 μl of the *p*-NPP substrate (solution of *p*-nitrophenyl phosphate in buffer) was added and incubated for 60 min. Thereafter, 50 µl stop solution was added and the plate was read immediately at 405 nm using a microplate spectrophotometer (Sunrise, Tecan GmbH, Crailsheim Germany). The measured optical density was used to calculate the concentration of cAMP using a standard curve. Concentrations of cAMP in pmol/ml of each control experiment were set to 100% and compared to cAMP levels of cell lysates treated with thrombin.

Transfection of HDMECs

HDMECs were transfected with a pEGFP-Rac 1^{V12} constitutive active (pEGFP-Rac 1 CA) mutant 1 day after plating using the amaxa nucleofector technology according to manufacturers' recommendations. The plasmids were kindly supplied by Kozo Kaibuchi (University of Nagoya, Japan). Forty-eight hours after transfection, cells were fixed for 10 min at room temperature (RT) with 2% formaldehyde (freshly prepared from paraformaldehyde) in PBS and immunostaining for cortactin and staining with Alexaphalloidin were carried out as described above.

Statistics

Values throughout are expressed as mean \pm standard error. Possible differences between groups were assessed using unpaired Student's *t* test and non-parametric Mann– Whitney statistic. Statistical significance is assumed for P < 0.05.

Results

Forskolin/rolipram and *O*-Me-cAMP increased TER and caused linearization of adherens and tight junctions in microvascular endothelium

For this study, we used forskolin/rolipram (F/R) to increase intracellular cAMP and O-Me-cAMP, which is known to primarily stimulate the Epac/Rap 1 pathway (Christensen et al. 2003; Holz et al. 2006). First, to investigate whether cAMP under these conditions stabilized endothelial barrier functions in microvascular endothelium, we measured transendothelial electrical resistance (TER) with ECIS 1600. In human dermal microvascular endothelial cells (HDMEC) the mean baseline TER was $27 \pm 1 \ \Omega^* \text{ cm}^2$ (n = 30). Both F/R and O-Me-cAMP increased TER within 5 min and reached maximal effects after 60 min whereas activation of Rho GTPases by CNF-1 had no effect during the first 60 min (Fig. 1a). At this time-point, F/R and O-Me-cAMP increased TER to a mean of 170 ± 18 and $141 \pm 5\%$ of controls, respectively (Fig. 1b). After 120 min, a time point where Rac 1, Cdc 42 and Rho A are significantly activated by CNF-1 in HDMECs (Baumer et al. 2008), CNF-1 increased TER to $121 \pm 4\%$ of controls (n = 5). To characterize whether, under the conditions used in our study, increased cAMP in response to F/R was effective to activate PKA and to prove that O-Me-cAMP did not significantly activate PKA, Western blotting for vasodilator-stimulated phosphoprotein (VASP) was used (Fig. 1c) because VASP is a substrate for PKA-mediated phosphorylation at serine S157 (Blume et al. 2007). As shown in the



Fig. 1 Transendothelial electrical resistance was significantly increased by treatment with F/R and O-Me-cAMP. Measurements of transendothelial electrical resistance (TER) were used to assess endothelial barrier functions. a Representative experiments are shown for the different conditions. No changes in TER were observed in the control graph as well as after 60 min of treatment with CNF-1 (300 ng/ml). In contrast, treatment with both F/R (5/10 µM) and O-Me-cAMP (200 µM) increased TER over 60 min. b Mean TER values following 60 min of incubation are shown for F/R (n = 5) and O-Me-cAMP (n = 7) as well as following 120 min for CNF-1 (n = 5). c Western blotting was used to demonstrate that F/R but not O-Me-cAMP led to activation of PKA-dependent signalling. Upper panel: In controls as well as after treatment with O-Me-cAMP (60 min) and CNF-1 (120 min), the 46 kDa VASP band was detected. In contrast, treatment with F/R (60 min) caused a partial shift of the VASP band to 50 kDa, which is characteristic for PKA-dependent VASP phosphorylation at serine 157 (S157). Lower panel F/R, but not O-Me-cAMP and CNF-1 caused phosphorylation of VASP at S157. Experiments shown are representative (n = 3)

upper panel, VASP was detected as a single band of 46 kDa under control conditions. F/R (60 min) caused a partial shift of the VASP-specific band to 50 kDa, which is due to a mobility change of phosphorylated VASP and is indicative for phosphorylation at S157 (Halbrugge et al. 1990). In contrast, neither *O*-Me-cAMP (60 min) nor CNF-1 (120 min) caused a comparable mobility shift indicating that VASP was not phosphorylated by PKA under these conditions.

To determine whether the barrier-stabilizing effects of F/R and O-Me-cAMP would be paralleled by reorganization of endothelial adherens and tight junctions, immunostaining for VE-cadherin and claudin 5 was performed. In controls, immunostaining revealed continuous distribution of VE-cadherin and claudin 5 along cell borders with filopodia-like processes (asterisks) and partially wedge-shaped cellular overlap (arrows) (Fig. 2a, b). However, staining for claudin 5 was rather weak compared to the strong staining for VE-cadherin. Following treatment with F/R, VE-cadherin staining appeared to be linearized (Fig. 2c) and claudin 5 staining intensity was profoundly enhanced (Fig. 2d). Similar effects were observed following treatment with O-Me-cAMP (Fig. 2e, f). However, VE-cadherin staining appeared to be stronger compared to both controls and monolayers treated with F/R. We quantified the effects on width and intensity of VE-cadherin and claudin 5 immunostaining (Fig. 3a-c). Both, F/R and O-Me-cAMP significantly reduced the width of VE-cadherin staining to about 50% of control values (49 \pm 2 and 47 \pm 1%, respectively) indicating that adherens junctions were linearized whereas CNF-1 had no effect. In parallel, O-Me-cAMP increased VE-cadherin immunostaining intensity up to $176 \pm 42\%$ whereas F/R and CNF-1 did not affect VE-cadherin staining intensitiy.

In addition to the effects on adherens junctions, F/R, O-Me-cAMP and CNF-1 caused linearization of tight junctions which was detectable as reduced width of claudin 5 immunstaining compared to controls $(29 \pm 1, 32 \pm 1)$ and $38 \pm 1\%$, respectively) and also enhanced intensity of claudin 5 immunostaining to 219 ± 11 , 216 ± 9 and $144 \pm 9\%$ of controls, respectively. It has to be emphasized that the changes in the width of immunostaining reveales junctional reorganization whereas the exact width of intercellular junctions under the different conditions cannot be estimated from these measurements. Western blotting demonstrated that augmented immunostaining intensities for VE-cadherin (O-Me-cAMP) and claudin 5 (F/R, O-Me-cAMP and CNF-1) were not caused by increased protein levels (Fig. 3d). Taken together, these data demonstrate that the barrier stabilizing effects of cAMP were paralleled by reorganization of endothelial adherens and tight junctions.

F/R and O-Me-cAMP significantly activated Rac 1 but had no effect on Rho A activity

Next, we analyzed the effects of F/R and O-Me-cAMP on activity of Rho family GTPases. We performed G-LISA



Fig. 2 Effects of F/R, *O*-Me-cAMP and CNF-1 on immunostaining of VE-cadherin and claudin 5. In HDMEC controls, immunostaining displayed continuous but uneven immunostaining of VE-cadherin and claudin 5 along cell borders with filopodia-like processes (*asterisks*) and apparently wedge-shaped cellular overlap (*arrows*) (**a**, **b**). Following treatment with F/R (5/10 μ M, 60 min) or *O*-Me-cAMP (200 μ M, 60 min), VE-cadherin and claudin 5 staining appeared to be more linearized (**c**-**f**). In addition, claudin 5 staining was enhanced under both conditions (**d**, **f**) whereas VE-cadherin staining appeared to be stronger only following treatment with *O*-Me-cAMP (**e**). Following treatment with CNF-1 (300 ng/ml, 120 min), staining of VE-cadherin was similar to controls (**g**) whereas claudin 5 staining appeared to be stronger and more linearized along some parts of the intercellular junctions (**h**). Note that under all conditions cell nuclei were also labelled by claudin 5 staining. *Scale bar* 20 μ m for all panels

assays specific for Rho A and Rac 1 (Fig. 4). F/R activated Rac 1 to $153 \pm 16\%$ of control levels but had no significant effect on Rho A activity ($88 \pm 6\%$). Similarly, *O*-Me-cAMP activated Rac 1 to $281 \pm 65\%$ of control levels, again without affecting Rho A activity ($102 \pm 6\%$). As a positive control, we used CNF-1, which we recently found to activate Rac 1, Cdc42 and Rho A in HDMEC under conditions where it significantly stabilized barrier functions (Baumer et al. 2008). Here, CNF-1 increased Rac 1 activity up to $231 \pm 59\%$ and Rho A activity up to $144 \pm 14\%$ of controls. These data indicate that cAMP activates Rac 1 and that this effect possibly contributes to the barrier-stabilizing effects of cAMP. In contrast, because Rho A activity was not affected, it is not likely that cAMP regulates barrier functions.

Therefore, to investigate whether cAMP-mediated Rac 1 activation is sufficient to induce Rac 1-dependent cytoskeletal reorganization, we characterized the effects of F/R and O-Me-cAMP on the localization of Rac 1 and cortactin, a downstream effector of Rac 1, as well as on the actin cytoskeleton (Fig. 5). In controls, few stress fibers were seen, Rac 1 was primarily located in the perinuclear region and cortactin was detected both in the cytoplasm as well as along some parts of the cell membrane (Fig. 5A a, B a, b). F/R, O-Me-cAMP and CNF-1 caused partial Rac 1 translocation to the cell membrane (Fig. 5A b-d). Under same conditions, F/R (Fig. 5B c, d) and O-Me-cAMP (Fig. 5B e, f) reduced the number of stress fibers and led to recruitment of cortactin to cell junctions. When CNF-1 was used to directly activate Rac 1, cortactin recruitment was even more pronounced whereas strengthening of the cortical actin cytoskeleton was similar (Fig. 5B g, h). Increased stress fiber formation following treatment with CNF-1 (Fig. 5 B g) was presumably due to simultaneous activation of Rho A (Fig. 4). To specifically test the effects of Rac 1 activation, HDMECs were transfected with constitutive active Rac 1 (pEGFP-Rac 1 CA, asterisks in Fig. 5B i,j). Transfected cells displayed a more prominent peripheral actin band (arrows in Fig. 5B i), less stress fibers and stronger junction-associated cortactin staining (arrow-heads in Fig. 5B j) compared to untransfected cells. Taken together, these results indicate that the cAMP-induced cytoskeletal rearrangement may be mediated by Rac 1-dependent mechanisms.

Increased cAMP blocked thrombin-induced Rac 1 inactivation and Rho A activation

To investigate whether cAMP-mediated Rac 1 activation would also be relevant under conditions when barrier functions are challenged by a physiologic mediator, we investi-





Fig. 3 Effects of cAMP, O-Me-cAMP, and CNF-1 on width and intensity of immunostaining for VE-cadherin and claudin 5 at cell junctions. Width and intensity of VE-cadherin (a) and claudin 5 (b) staining were measured. The mean width and the mean peak fluorescence intensity are indicated in c. F/R (5 μ M/10 μ M, 60 min) and O-Me-cAMP (200 μ M, 60 min) significantly reduced the width of VE-cadherin staining compared to controls. In addition, O-Me-cAMP also increased staining intensity for VE-cadherin. In contrast, CNF-1 (300 ng/ml,

120 min) had no effect on VE-cadherin staining. All three mediators reduced the width of claudin 5 distribution and enhanced staining intensity of claudin 5. Significant changes compared to controls are indicated by *asterisks*. **d** Western blot analyses revealed no changes of the band specific for VE-cadherin (115 kDa) or claudin 5 (24 kDa) under the different conditions indicating that total protein levels were unaffected by increased cAMP or activation of Epac/Rap 1. Experiment shown is a representative of three

gated the effects of F/R and O-Me-cAMP on thrombininduced barrier break-down. In HDMEC monolayers, mean baseline TER in monolayers for all experiments using thrombin (n = 15) was $35 \pm 2 \Omega^*$ cm². Thrombin caused a transient drop of TER (Fig. 6). The figure shows the graphs obtained from five individual experiments. TER was significantly reduced after 5 min of thrombin and reached a minimum of $58 \pm 3\%$ of controls following 9.4 min after addition of thrombin (n = 5). After 60 min, baseline TER levels were re-established. We investigated the effects of thrombin on activity of Rac 1 and Rho A as well as on intracellular cAMP levels (Fig. 7). Control lysates contained 8 ± 1.2 pmol cAMP (per mg/ml of total cellular protein). We found that after 5 min, when TER was reduced, Rac 1 activity was strongly decreased to $47 \pm 8\%$ of baseline levels whereas Rho A was activated to $181 \pm 15\%$ of controls. However, at that time, total cellular cAMP was not significantly different from controls. After 15 min of thrombin addition, Rac 1 was still significantly inactivated $(57 \pm 7\%)$ and Rho A was activated $(169 \pm 15\%)$. In addition, total cAMP levels were significantly reduced to $59 \pm 13\%$ of controls. After 60 min, activity of Rho GTPases and cAMP levels returned to baseline levels. Thrombin-induced Rac 1 inactivation (91 \pm 6% of controls) and Rho A activation (75 \pm 6% of controls) was blocked by F/R. Under these conditions, total cellular cAMP was increased to $139 \pm 12\%$ of controls. O-Me-cAMP also completely prevented Rho A activation ($108 \pm 15\%$ of controls) but only partially inhibited Rac 1 inactivation $(74 \pm 3\% \text{ of controls})$. Taken together, reduction of cAMP as well as inactivation of Rac 1 and activation of Rho A closely paralleled thrombin-mediated barrier breakdown



Fig. 4 F/R and *O*-Me-cAMP activated Rac 1 but had no effect on Rho A activity. Rac 1 G-LISA showed that F/R (5/10 μ M, 60 min) and *O*-Me-cAMP (200 μ M, 60 min) increased Rac 1 activity to 153 \pm 16 or 281 \pm 65% of control levels, respectively. Rho A activity measured by Rho G-LISA was unaffected. Under similar conditions, treatment with CNF-1 (300 ng/ml, 120 min) increased Rac 1 activity to 231 \pm 59% and slightly augmented Rho A activity to 144 \pm 14% (*n* = 5)

and therefore both events likely are involved in the mechanisms underlying the thrombin response.

Increased cAMP blocked thrombin-induced endothelial barrier breakdown

Immunostaining of F-actin and VE-cadherin demonstrated that the effects of thrombin on endothelial barrier functions were closely accompanied by formation of intercellular gaps (Fig. 8). Compared to controls (Fig. 8a, b), after 5 and 15 min of thrombin treatment, large intercellular gaps were observed at sites where VE-cadherin staining was fragmented (arrows in Fig. 8c–f) and stress fibers were increased. After 60 min, no gaps were observed but stress fibers were still more numerous than in controls (Fig. 8g, h). Both F/R and *O*-Me-cAMP completely blocked thrombin-induced gap formation and largely reduced stress fiber formation (Fig. 8i–1). Finally, thrombin-induced drop of TER was also completely abolished by F/R or *O*-Me-cAMP and TER (Fig. 9).

Discussion

The present study extends our investigations on the role of cAMP and Rac 1 in the regulation of endothelial barrier functions. We provide evidence that cAMP, under conditions where it stabilized endothelial barrier functions and induced reorganization of endothelial adherens and tight junctions, is a potent activator of Rac 1 in microvascular endothelium. Moreover, similar to direct pharmacologic activation of Rac 1 or expression of constitutively active Rac 1, increased cAMP strengthened the peripheral actin cytoskeleton and lead to cortactin recruitment to cell junctions.

cAMP-mediated barrier stabilization was paralleled by reorganization of adherens and tight junctions

It is well established that cAMP reduces both increased permeability in response to inflammatory mediators as well as baseline permeability under resting conditions in vivo and in vitro (Adamson et al. 2002, 1998, 2008, 2003; Schlegel et al. 2008). Accordingly, we found that increased cAMP in microvascular endothelium stabilized endothelial barrier functions as revealed by a significant increase in TER. Enhanced barrier function was accompanied by strengthening of the peripheral, junction-associated actin band, linearization of adherens junctions and increased immunostaining intensity of the tight junction marker claudin 5. These results are supported by previous in vitro studies in the literature (Cullere et al. 2005; Fukuhara et al. 2005; Kooistra et al. 2005) and also by a recent in vivo investigation, which demonstrated that O-Me-cAMP blocked the PAF-mediated redistribution of VE-cadherin (Adamson et al. 2008). However, it is not entirely clear at present how these effects of increased cAMP and O-MecAMP affect the ultrastructure of adherens and tight junctions. Linearization of adherens and tight junctions was detected by a reduced width of immunostaining for VEcadherin and claudin 5, respectively. This could be due to a reduction of the degree of cellular interdigitations with filopodial processes and changes of wedge-shaped intercellular overlap toward more perpendicular orientation of intercellular clefts. On the other hand, increased staining intensity of claudin 5 in response to F/R, O-Me-cAMP and CNF-1 as well as of VE-cadherin, which was only observed following treatment with O-Me-cAMP, could be caused by higher amounts of adherens and tight junction components within the intercellular cleft. Because Western blotting revealed that the total cellular amounts of VE-cadherin and claudin 5 were not increased, it can be speculated that cAMP rather may regulate the incorporation of these proteins into cell junctions. More refined studies using electron microscopy are required to address these important issues of junctional reorganization in response to increased cAMP.

cAMP enhanced endothelial barrier functions via regulation of Rho GTPases

It is possible that cAMP via Epac/Rap 1 regulates VE-cadherin-mediated adhesion by direct effects on adherens junctions because this effect was reported to be paralleled by recruitment of afadin 6 (Cullere et al. 2005; Fukuhara et al. 2005; Kooistra et al. 2005). Afadin 6 and Rap 1 have been shown to regulate E-cadherin-based adherens junctions by inhibition of E-cadherin endocytosis (Hoshino et al. 2005). However, because Rho GTPases are well known regulators



Fig. 5 F/R, *O*-Me-cAMP and CNF-1 strengthened peripheral actin and recruited Rac 1 as well as cortactin to cell junctions. **A** In controls, Rac 1 was diffusely distributed in the cytoplasm (a). F/R (5 μ M/10 μ M, 60 min) (b), *O*-Me-cAMP (200 μ M, 60 min) (c) and CNF-1 (300 ng/ml, 120 min) (d) induced translocation of Rac 1 to cell junctions. *Scale bar* 20 μ m for all panels. **B** In controls, few stress fibres were observed in the cytoplasm (a) and cortactin was primarily located in the cytoplasm (b). F/R (c) and *O*-Me-cAMP (e) led to a loss of stress fibers and strengthened the peripheral actin band. In addition,

of the cytoskeleton and of cell adhesion (Bustelo et al. 2007; Jaffe and Hall 2005) and Rac 1 is required for maintenance of VE-cadherin binding whereas Rho A via Rho

F/R (d), *O*-Me-cAMP (f) and CNF-1 (h) caused a change in cortactin localization to a continuous linear staining pattern indicating recruitment of cortactin to cell junctions. Parallel to its effects on the peripheral actin band, CNF-1 induced stress fiber formation indicating simultaneous activation of Rho A (g). HDMECs transfected with constitutively active Rac 1 (pEGFP-Rac 1 CA, marked by *asterisks*) displayed are more prominent peripheral actin band (*arrows*) and less stress fibers (i) as well as stronger junction-associated cortactin staining compared to controls (j). *Scale bar* 20 μm for all panels

kinase negatively regulates VE-cadherin-mediated adhesion under resting conditions (Baumer et al. 2008; Waschke et al. 2004a), it is conceivable that some of the protective



Fig. 6 Thrombin significantly reduced TER. Thrombin treatment resulted in a rapid and reversible decrease of TER in all experiments. Thrombin (10 U/ml) significantly reduced TER during the first 5 min. Minimal TER values of $58 \pm 3\%$ of baseline values were measured after 9.4 min of thrombin addition. After 60 min, baseline values were re-established in all experiments ($103 \pm 2\%$ of controls) (n = 5)



Fig. 7 F/R and *O*-Me-cAMP significantly reduced the effects of thrombin on Rac 1 and Rho A activity. Activity of Rac 1 was reduced whereas Rho A activity was augmented after 5 min and 15 min of thrombin treatment, as revealed by G-LISA. The concentration of global cAMP was significantly reduced after 15 min of thrombin (10 U/ ml) treatment. After 60 min, activities of Rac 1 and Rho A as well as cAMP concentration returned to baseline levels ($n \ge 5$). F/R (5 μ M/ 10 μ M) completely abolished inactivation of Rac 1, activation of Rho A and decrease of cAMP in response to thrombin. In contrast, *O*-Me-cAMP (200 μ M) abrogated the effect of thrombin on Rho A activity but not completely on Rac 1 activity ($n \ge 6$). Significant changes compared to controls are indicated by *asterisks*. Significant effects compared to experiments using thrombin alone are indicated by *hash key*

effects of cAMP on endothelial barrier functions could be mediated via Rho GTPases.

For Rho A, we found that both F/R and *O*-Me-cAMP did not modulate Rho A activity in the resting state. In contrast, F/R and *O*-Me-cAMP completely blocked thrombininduced Rho A activation. These data support previous studies, which demonstrated that increased cAMP via PKA partially inhibited thrombin-induced Rho A activation in microvascular endothelial cells (Qiao et al. 2003). However, it was not investigated in this study whether cAMP also influences baseline Rho A activity. In this study, a



Fig. 8 F/R and O-Me-cAMP completely blocked thrombin-induced intercellular gap formation. Compared to HDMEC controls (a, b), stress fiber formation was observed after 5 and 15 min of thrombin (10 U/ml) (c, e) and VE-cadherin distribution was fragmented at cell junctions (d, f). Large intercellular gaps were visible under these conditions (*arrows* in c−f). 60 min after thrombin addition, stress fibers were only slightly increased compared to controls (g) and VE-cadherin distribution closely resembled controls (h). Pretreatment of HDMEC with F/R (5/10 µM) or O-Me-cAMP (200 µM) for 60 min completely abolished the effects of thrombin which was added for additional 5 min (i–l). *Scale bar* 20 µm for all panels

mechanism has been proposed by which cAMP could interfere with thrombin-induced Rho A activation. PKA was shown to phosphorylate the guanine nucleotide dissociation inhibitor (GDI) for Rho A which resulted in reduced dissociation of Rho A from GDI which is normally triggered by thrombin via PKC-mediated GDI phosphorylation and thereby cAMP interfered with Rho A activation (Mehta et al. 2001; Qiao et al. 2003). Alternatively, because thrombin was shown to also cause Rho A activation via p115 Rho GEF (Majumdar et al. 1999), it is possible that cAMP could interfere with this mechanism. Both mechanisms would also explain why cAMP does not affect Rho A activity in the resting state. More recently, it was reported that cAMP via Epac/Rap 1 also interfered with thrombin-induced Rho A activation and that basal Rho A activity was not changed (Cullere et al. 2005). Taken together, these data indicate that cAMP might inhibit the barrier-compromising effects of thrombin in part via blocking thrombin-induced Rho A activation. However, the reduction of permeability under resting conditions cannot be simply ascribed to a mechanism involving a predominant role of Rho A.

Therefore, we also characterized whether cAMP regulates the activity of Rac 1. We found that F/R as well as O-Me-cAMP activated Rac 1 similar to direct activation of Rac 1 by CNF-1. Moreover, cAMP-mediated Rac 1 activation was sufficient to strengthen the cortical actin cytoskeleton and to recruit the Rac 1 downstream effector cortactin to cell junctions, similar to experiments where cells were transfected with constitutively active Rac 1. It is likely that recruitment of cortactin contributed to cAMP-mediated barrier stabilization under resting conditions, because it has been shown that Rac 1 via cortactin stabilized barrier functions as revealed by increased TER (Jacobson et al. 2006). This has been suggested by Fukuhara and colleagues who also observed reorganization of the cortical actin cytoskeleton and recruitment of cortactin to cell junctions (Fukuhara et al. 2005).

Because in a previous study we found that increased cAMP blocked inactivation of Rac 1 caused by the bacterial toxin LT, which directly inhibits Rac 1 by glucosylation (Waschke et al. 2004b), we studied whether increased cAMP would be effective to modulate Rac 1 inactivation in



Fig. 9 F/R and *O*-Me-cAMP completely blocked thrombin-induced drop of TER. The effect of F/R and *O*-Me-cAMP on thrombin-induced drop of TER was investigated. Thrombin (10 U/ml) resulted in a transient reduction of TER. TER was significantly reduced after 5 and 15 min after thrombin was added but was not different from controls after 60 min. Following pretreatment for 60 min with F/R (5 μ M/10 μ M) or *O*-Me-cAMP (200 μ M), thrombin did not significantly reduce TER (*n* = 5 for each condition). Significant changes compared to controls are indicated by *asterisks*. Significant effects compared to experiments using thrombin alone are indicated by *hash key*

response to a physiologic mediator such as thrombin. In our study, increased cAMP in response to F/R completely blocked thrombin-induced Rac 1 inactivation whereas *O*-Me-cAMP only partially (about 50%) inhibited this effect. Nevertheless, both F/R and *O*-Me-cAMP were equally effective to prevent thrombin-induced barrier breakdown as well as thrombin-mediated Rho A activation. Thus, these data indicate that the effect of cAMP on Rac 1 activity may be less important compared to the effect on Rho A to stabilize barrier properties under conditions of mediator-induced barrier destabilization, at least when the mediator, like thrombin, is a strong activator of Rho A.

The effects of cAMP on Rac 1 and Rho A activity seem to be mediated by both PKA-dependent and Epac/Rap 1-dependent mechanisms

Since it has been discovered that *O*-Me-cAMP primarily stimulates the Epac/Rap 1 pathway but not PKA (Christensen et al. 2003), it has been revealed that some effects that were previously thought to be mediated via PKA were in fact dependent on Epac/Rap 1. In order to study whether PKA is strictly required for Rac 1 activation, we increased cAMP by F/R to activate both PKA-dependent and -independent pathways and applied *O*-Me-cAMP to primarily stimulate the Epac/Rap 1 pathway. Both approaches caused significant activation of Rac 1. We studied phosphorylation of VASP at S157, which is typically mediated by PKA (Halbrugge et al. 1990), under these conditions to prove that F/R led to significant activation of PKA whereas *O*-Me-cAMP did not. Therefore it is safe to conclude that PKA is not required for activation of Rac 1 and thus, Rac 1 activation by increased cAMP could be solely induced by the Epac/Rap 1 pathway. However, it has to be emphasized that it is unclear at present whether F/R under the conditions used in our study, was potent to stimulate the Epac/Rap 1 pathway and therefore the role of PKA-independent pathways is not entirely clear at present.

F/R, O-Me-cAMP and CNF-1 similarly augmented the staining intensity of claudin 5 and caused linearization of claudin 5 staining indicating that these effects could be mediated by the Epac/Rap 1/Rac 1 pathway, possibly by Rap 1-mediated activation of the Rac GEFs Tiam and Vav2 (Kooistra et al. 2007). On the other hand, F/R but not O-Me-cAMP completely blocked thrombin-induced Rac 1 inactivation suggesting that PKA-dependent mechanisms were also involved. This is in line with our previous study, which showed that F/R-mediated inhibition of Rac 1 inactivation by LT was prevented by the PKA-inhibitor peptide PKI (Waschke et al. 2004b). Since Rac 1, in contrast to Rho A, lacks a PKA phosphorylation site, the effect of PKA is more likely to be indirect by activation of the Rac GEFs Tiam-1 or Trio (Dormond and Ruegg 2003; O'Connor and Mercurio 2001). Interestingly, F/R and O-Me-cAMP but not CNF-1 in addition caused linearization of adherens junctions. Therefore it is unclear whether this effect was also due to Rac 1 activation or rather was caused by other Rap 1-dependent mechanisms. Moreover, O-Me-cAMP but not F/R also increased immunostaining intensity for VEcadherin. This could be due to stronger activation of Epac/ Rap 1 by O-Me-cAMP compared to treatment with F/R. Taken together, all these data indicate that activation of Rac 1 could at least in part be mediated by Epac/Rap 1.

We found that F/R and O-Me-cAMP did not modulate Rho A activity in the resting state but both blocked thrombin-mediated Rho A activation similar to what has been shown previously (Cullere et al. 2005; Fukuhara et al. 2005; Kooistra et al. 2005; Qiao et al. 2003). It is likely that cAMP blocks Rho A activation both via PKA- and via Epac/Rap 1-dependent mechanisms. PKA can inhibit Rho A activation in endothelial cells by blocking the thrombininduced dissociation of Rho-GDI from Rho A, a step required for proper activation of the GTPase (Qiao et al. 2003). This effect is possibly mediated by direct phosphorylation of Rho A at serine 188 (Ellerbroek et al. 2003). Rap 1 on the other hand has been shown to inactivate Rho A by stimulation of the Rho GTPase-activating protein (Rho GAP) Arap 3 (Kooistra et al. 2007). Taken together, cAMP likely regulates endothelial barrier properties via regulation of Rac 1 and of Rho A. The underlying mechanisms possibly involve both PKA-dependent mechanisms as well as the Epac/Rap 1 pathway, although the relative contribution of the two is yet to be determined.

Thrombin likely induces endothelial barrier breakdown via cAMP, Rho A and Rac 1 signalling

Finally, our study provides some new insight in the mechanisms involved in thrombin-mediated endothelial barrier breakdown. In our study, the barrier compromising effects of thrombin closely correlated with inactivation of Rac 1 as well as with activation of Rho A. The activity of Rac 1 was reduced whereas Rho A was activated 5 and 15 min after thrombin addition, i.e., at a time-point were large gaps were visible in the monolayers and TER was significantly reduced. However, after 60 min of thrombin action, when barrier functions were restored, activities of Rac 1 and Rho A also had returned to baseline levels. The effect of thrombin on Rho A is well established (Essler et al. 1998; Wojciak-Stothard and Ridley 2002). However, Rac 1 inactivation in response to thrombin was found in some studies (Vouret-Craviari et al. 2002) but not in others (Qiao et al. 2003).

Because we found that increased cAMP not only abolished barrier-destabilizing effects of thrombin but also completely inhibited the effects of thrombin on Rac 1 and Rho A activity, we measured the effect of thrombin on intracellular cAMP levels. Intracellular cAMP was significantly reduced after 15 min of thrombin treatment and returned to baseline levels after 60 min, i.e., when barrier functions were restored. These results suggest that thrombin primarily decreased intracellular cAMP which in turn was responsible for inactivation of Rac 1 and activation of Rho A. Based on the above discussed important role of cAMP in the regulation of Rho A and Rac 1, this scenario is possible because it has been shown that thrombin via Ca²⁺-induced inhibition of adenylyl cyclase 6 can reduce cAMP levels (Cioffi et al. 2002). These results are supported by very recent data which showed that atrial natriuretic peptide (ANP) blocked thrombin-mediated endothelial barrier dysfunction via PKA and Epac/Rap-1-dependent mechanisms (Birukova et al. 2007). Moreover, because most inflammatory mediators cause an increase of intracellular Ca²⁺ and this is thought to reduce cAMP by various mechanisms (Curry 2002), the relevance of this pathway may not be confined to thrombin, which is not a typical inflammatory mediator.

Therefore, more refined studies are required to more closely resolve the temporo-spatial association of the effects of inflammatory mediators on intracellular Ca²⁺, cAMP levels and Rho GTPase activities. This is especially important because it is known that inflammatory mediators only modestly change levels of total cellular cAMP levels (Cioffi et al. 2002) and therefore our result that levels of total cAMP were significantly reduced after 15 min of thrombin but not after 5 min does not rule out that the primary mechanism underlying thrombin-induced barrier breakdown is the reduction of cAMP.

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