



# Structure–function association between contrast sensitivity and retinal thickness (total, regional, and individual retinal layer) in patients with idiopathic epiretinal membrane

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## Abstract

**Purpose** To investigate structure–function associations between retinal thickness, visual acuity (VA), and contrast sensitivity (CS), using the quantitative contrast sensitivity function (qCSF) method in patients with idiopathic epiretinal membrane (ERM).

**Methods** Retrospective, cross-sectional observational study. Patients with a diagnosis of idiopathic ERM were included. Patients underwent complete ophthalmic examination, spectral-domain optical coherence tomography imaging (SD-OCT) (SPECTRALIS® Heidelberg), and CS testing using the qCSF method. Outcomes included area under the log CSF (AULCSF), contrast acuity (CA), and CS thresholds at 1, 1.5, 3, 6, 12, and 18 cycles per degree (cpd).

**Results** A total of 102 eyes of 79 patients were included. Comparing standardized regression coefficients, retinal thickness in most ETDRS sectors was associated with larger reductions in AULCSF, CA, and CS thresholds at 3 and 6 cpd than those in logMAR VA. These differences in effect on VA and CS metrics were more pronounced in the central subfield and inner ETDRS sectors. Among the retinal layers, increased INL thickness had the most detrimental effect on visual function, being significantly associated with reductions in logMAR VA, AULCSF, CA, and CS thresholds at 3 and 6 cpd (all  $p < .01$ ), as well as at 1.5 and 12 cpd ( $p < .05$ ).

**Conclusion** Retinal thickness seems to be associated with larger reductions in contrast sensitivity than VA in patients with ERM. Measured with the qCSF method, contrast sensitivity may serve as a valuable adjunct visual function metric for patients with ERM.

**Keywords** qCSF · Contrast sensitivity · Epiretinal membrane · Structure–function associations · Visual function

## Key messages

- Only few studies have investigated the relationship of OCT metrics with contrast sensitivity. Even so, most of these investigations of contrast sensitivity have utilized a tests with poor test-retest reliability, restricted range of spatial frequencies, or limited clinical practicality.
- In patients with ERM, we show that retinal thickness in most ETDRS sectors is associated with larger reductions in contrast sensitivity (measured using the qCSF method) than visual acuity.
- Even in a subgroup of patients with visual acuity of 20/20, reductions in contrast sensitivity can still be seen.
- Contrast sensitivity measured with the qCSF method may serve a valuable adjunct measure of visual function in patients with ERM.

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## Introduction

Epiretinal membrane (ERM) formation is a common retinal condition caused by fibrocellular proliferation on the surface of the inner retina [1]. As the condition progresses in its severity, the membrane contracts, causing increasing distortion of retinal layers [1, 2]. Despite nonsignificant change in visual acuity (VA), which measures the ability to distinguish targets in high contrast, patients with ERM still experience a decrease in contrast sensitivity (CS), which measures the ability to detect differences of light and dark between the target and its background [3]. Moreover, patients who undergo vitrectomy for ERM may experience a limited improvement in VA but experience a significant improvement in CS [4]. However, clinical implementation of traditional CS tests has been limited by their time-consuming nature and poor test–retest reliability [5, 6]. As a promising alternative, the quantitative CS function (qCSF) method employs an intelligent, novel active learning algorithm to measure CS across multiple spatial frequencies in a time-efficient manner and with high sensitivity and test–retest reliability [7]. The qCSF has been employed in multiple retinal conditions including macular degeneration [8, 9], retinal detachment [10], retinal vein occlusion [11, 12], central serous chorioretinopathy [13], and diabetic retinopathy [14]. Structure–function associations of qCSF-measured contrast sensitivity and imaging biomarkers are currently being investigated.

Spectral-domain optical coherence tomography (SD-OCT) is the standard of care imaging modality used in the routine clinical practice to obtain a detailed view of the retinal layers in eyes with ERM. Associating structural changes on the objective clinical assessment with functional outcomes will help clinicians to better understand the degree of subjective visual impairment experienced by the patients. To date, structure–function studies on ERMs have mainly focused on associations between OCT metrics and VA, reporting that ellipsoid zone disruption [15–18], central foveal thickness (CFT) [19, 20], and retinal cysts [17] are associated with decreased VA. Meanwhile, only few studies have studied the relationship of SD-OCT structural biomarkers and contrast sensitivity, employing the Optec 6500 vision testing system, CSV-1000E chart, and CGT-2000 [4, 21, 22] sine wave grating tests that have been shown to have poor test–retest reliability, especially at lower spatial frequencies [5, 6, 8].

Our group has previously used the qCSF method to show that in maculopathy patients with VA as good as 20/25 or even VA of 20/20<sup>-1</sup> (logMAR 0.020), significant reductions in contrast sensitivity may still be observed [23]. Herein, we present a retrospective study using the

qCSF method and SD-OCT to investigate structure–function associations between retinal thickness, VA, and contrast sensitivity in patients with ERM.

## Methods

### Study design

This was a retrospective, cross-sectional observational study performed at Massachusetts Eye and Ear (MEE). It adhered to the tenets of the Declaration of Helsinki. The institutional review board (IRB) of MEE and partners approved the study protocol.

### Study subjects

Patients with a diagnosis of idiopathic unilateral or bilateral ERM were recruited during their scheduled clinical appointments from November 2017 to December 2021. Exclusion criteria included VA less than 20/200, presence of any other co-existing retinal disease, diagnosis of glaucoma, history of vitreoretinal or other intraocular surgery besides cataract, and improvement of VA more than 1 line with pinhole.

### qCSF testing methodology and study outcomes

Prior to pupil dilation, study subjects underwent contrast sensitivity testing using the qCSF method on the Manifold Contrast Vision Meter (Adaptive Sensory Technology, San Diego, CA, USA) following a protocol previously described by our group [8]. In brief, the device uses an active learning algorithm to select and display personalized optotypes of various contrasts and spatial frequencies based on each individual subject's prior responses, hence maximizing information gain [7]. This active learning system allows for CS testing over a wide range of contrast levels (128 possible contrasts, 0.0002% to 100%) and spatial frequencies (19 optotype sizes, approximately 1–27 cycles per degree [cpd]) in a relatively quick testing time (2–5 min per eye), while operating with a great test–retest reliability [24].

The main outcomes of the qCSF method include area under the logarithm contrast sensitivity curve (AULCSF), contrast acuity (CA), and CS thresholds at six spatial frequencies (1 cpd, 1.5 cpd, 3 cpd, 6 cpd, 12 cpd, and 18 cpd). AULCSF represents a global measure of CSF, and CA measures the smallest optotype at the highest level of contrast (i.e., the spatial frequency where CS threshold is 100%, illustrated by the intersection of the CSF curve with the *x*-axis) [7]. Each CS threshold represents the lowest amount of contrast that can be seen at each spatial frequency [7, 8].

**Table 1** Demographic and clinical characteristics of ERM patient cohort

	Total cohort <i>N</i> (%), mean (SD), median (IQR)	Subgroup (VA 20/20)
Sample size, eyes	102	23
Sample size, patients	79	21
Mean age, years	68.3 ± 8.5	67.6 ± 9.3
Gender		
Female	42 (53.2)	9 (42.9)
Male	37 (46.8)	12 (57.1)
Race		
White	70 (88.6)	21 (100.0)
Black	4 (2.5)	
Asian	3 (3.8)	
Unspecified	2 (2.5)	
Eye		
Right	53 (49.5)	13 (56.5)
Left	54 (50.5)	10 (43.5)
Median visual acuity		
LogMAR	0.22 (0.07, 0.37)	0.02 (0.00, 0.04)
Snellen equivalent	20/33	20/20 <sup>-1</sup>
Lens status		
Pseudophakic	42 (39.3)	8 (34.5)
No cataract	19 (17.8)	4 (17.4)
1 + NS	18 (16.8)	5 (21.7)
2 + NS	27 (25.2)	6 (26.1)
3 + NS	1 (0.9)	0 (0)
Morphological characteristics of ERM		
Continuous ectopic inner foveal layers	2 (2.0)	0 (0.0)
Cotton ball sign	12 (11.8)	2 (1.9)
Microcystic edema	15 (14.7)	3 (2.9)

ERM, epiretinal membrane; VA, visual acuity; SD, standard deviation; IQR, inter-quartile range; logMAR, logarithm of minimal angle of resolution; NS, nuclear sclerosis

## Spectral-domain OCT imaging and image analysis

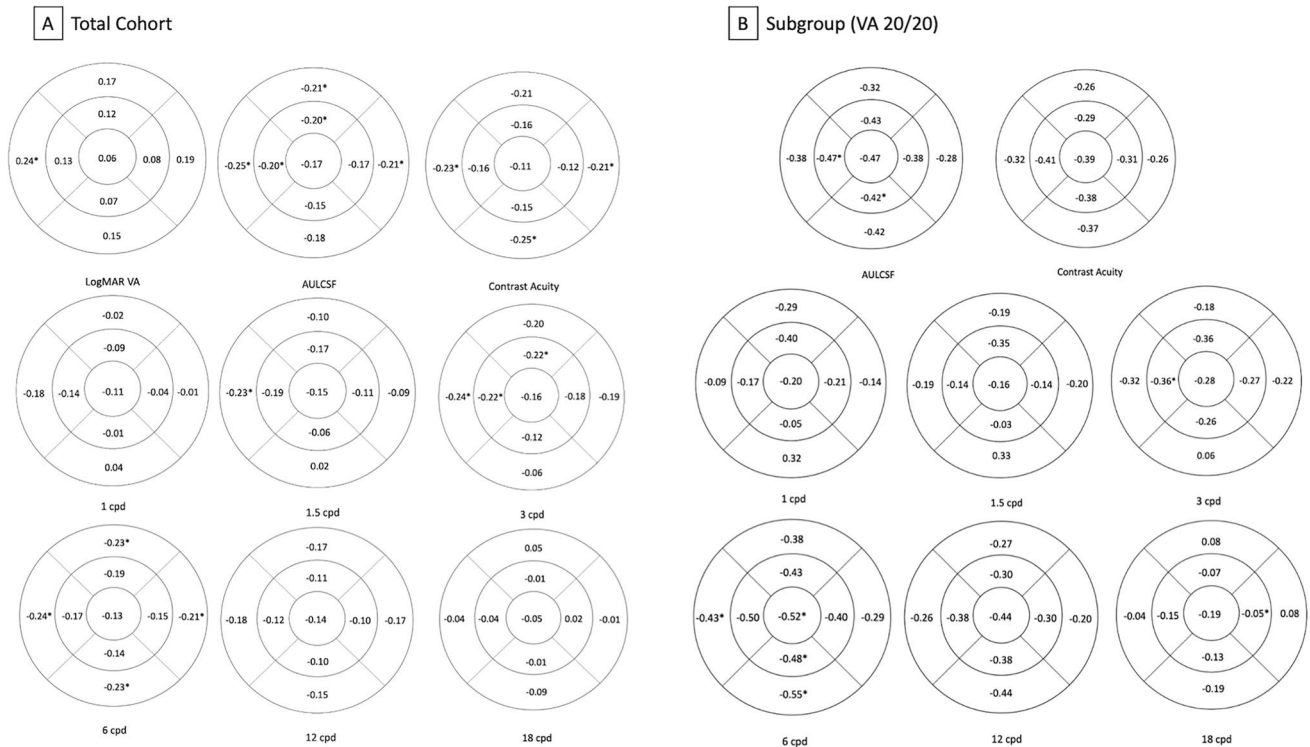
SD-OCT images were obtained after pupil dilation, using the Heidelberg Spectralis (Spectralis HRA + OCT, Heidelberg Engineering, Inc., Heidelberg, Germany) on a 30° × 30° scanning protocol, during the same clinical visit that the qCSF was employed. Complete ophthalmological examination was performed, including Snellen VA measurement and application tonometry, and the lens status was graded as either normal, pseudophakic, or by stage of nuclear sclerosis (NS). Snellen VA without correction was used in the analysis given that qCSF testing also does not involve pinhole correction.

OCT scans were either automatically or manually segmented using the Heidelberg Eye Explorer review software according to the International Nomenclature for Optical Coherence Tomography Panel [25]. All images were manually evaluated to ensure sufficient quality and confirm proper placement of segmentation lines and Early Treatment of Diabetic Retinopathy Study (ETDRS) grid (comprised of

inner and outer rings; diameters 1 mm, 3 mm, 6 mm). One image was excluded due to poor quality. Global and sectoral thicknesses of each retinal layer, including the nerve fiber layer (NFL), ganglion cell layer (GCL), inner plexiform layer (IPL), inner nuclear layer (INL), outer plexiform layer (OPL), and outer nuclear layer (ONL), were exported from the machine using a custom software developed at MEE.

## Statistical analysis

Analysis was carried out using R V.1.3.959. Normally distributed data were described as mean with SD, while data which were not normally distributed were reported as median with IQR. Snellen VAs converted into LogMAR for analysis purposes. Mixed-effects multivariate linear regression models fit by restricted maximum likelihood were performed to account for the correlation of both eyes of the same patients. These mixed-effects multivariate models were used to assess the following qCSF outcomes as dependent variables: AULCSF, CA, CS thresholds at



**Fig. 1** **A** Standardized regression coefficients (b) for associations of total retinal thickness with visual acuity and contrast sensitivity metrics (AULCSF curve, CA, and contrast sensitivity CS thresholds) per ETDRS subfield in the total cohort of ERM patients and **B** in a sub-

group analysis of patients with BCVA 20/30<sup>-3</sup>. The left side of each grid represents the temporal retina, and the right side represents the nasal retina. \* signifies statistically significant association at the level of  $p < .05$

1–18 cpd. A separate model was run for each ETDRS subfield and each retinal layer as an independent variable. The statistical significance level was set as  $p \leq 0.250$  on the initial univariate analyses for assessing all the potential confounders (including age, lens status, gender, race, and eye separately). A backward stepwise elimination procedure, based on the Akaike Information Criteria and statistical significance ( $p \leq 0.05$ ), was then used to achieve the final multivariate mixed-effects models presented. Unstandardized regression coefficients were converted to standardized regression coefficients to allow for comparisons between LogMAR VA and contrast sensitivity metrics. Lastly, a subgroup analysis using the same procedures was performed on patients with VA of 20/20 to examine changes in contrast sensitivity metrics.

## Results

### Demographic and clinical characteristics

A total of 102 eyes of 79 patients were enrolled in the study. Baseline demographic and clinical information are summarized in Table 1. The mean age of the study cohort was

$68.2 \pm 8.5$  years. The median logMAR VA was 0.22 (0.07, 0.37), which translates to a 20/33 Snellen equivalent.

### Associations between VA, contrast sensitivity, and retinal thickness per ETDRS subfield

When controlling for age and race, standardized regression coefficients (b) for associations of total retinal thickness with visual acuity and contrast sensitivity metrics per ETDRS subfield are shown in Fig. 1A. An increase in retinal thickness was associated with LogMAR VA at the outer temporal region (unstandardized regression coefficient,  $B = 1.38$ ;  $p = 0.015$ ). Contrast metrics which showed the greatest number of associations with regional retinal thicknesses were AULCSF, CA, and CS thresholds at 3 cpd and 6 cpd. Retinal thickness significantly associated with AULCSF in the outer temporal ( $B = -1.81$ ,  $p = 0.010$ ), inner temporal ( $B = 1.01$ ,  $p = 0.039$ ), outer superior ( $B = -1.42$ ,  $p = 0.042$ ), inner superior ( $B = -1$ ,  $p = 0.043$ ), and outer nasal region ( $B = -1.58$ ,  $p = 0.036$ ). Retinal thickness was associated with CA at the outer inferior ( $B = -1.28$ ,  $p = 0.023$ ), outer temporal ( $B = -1.11$ ,  $p = 0.021$ ), and outer nasal region ( $B = -1.07$ ,  $p = 0.036$ ). Further, retinal thickness was associated with CS threshold at 3 cpd at the outer temporal

**Table 2** Structure–function associations of individual retinal layer thicknesses with logMAR VA and contrast sensitivity metrics (AULCSF curve, CA, and CS thresholds)

	LogMAR VA		AULCSF		CA		1 cpd		1.5 cpd		3 cpd		6 cpd		12 cpd		18 cpd	
	b	p value	b	p value	b	p value	b	p value	b	p value	b	p value	b	p value	b	p value	b	p value
Nerve fiber layer	0.128	.206	-0.127	.204	-0.079	.435	-0.013	.897	-0.060	.553	-0.126	.203	-0.123	.208	-0.048	.638	0.036	.722
Ganglion cell layer	0.147	.145	-0.117	.253	-0.098	.333	-0.019	.853	-0.068	.513	-0.084	.421	-0.109	.283	-0.124	.222	-0.105	.300
Inner plexiform layer	0.177	.079	-0.179	.079	-0.194	.055	-0.066	.530	-0.135	.209	-0.188	.079	-0.180	.078	-0.143	.157	-0.151	.136
Inner nuclear layer	<b>0.319</b>	<b>.001**</b>	<b>-0.298</b>	<b>.003**</b>	<b>-0.277</b>	<b>.006**</b>	-0.125	.211	<b>-0.212</b>	<b>.036*</b>	<b>-0.282</b>	<b>.005**</b>	<b>-0.281</b>	<b>.004**</b>	<b>-0.205</b>	<b>.041*</b>	-0.109	.278
Outer plexiform layer	<b>0.258</b>	<b>.010**</b>	-0.151	.138	-0.125	.219	-0.071	.472	-0.128	.201	<b>-0.224</b>	<b>.025*</b>	-0.150	.139	-0.057	.577	0.078	.443
Outer nuclear layer	0.176	.079	-0.166	.097	<b>-0.208</b>	<b>.039*</b>	-0.038	.703	-0.091	.367	-0.130	.186	-0.185	.058	-0.105	.299	0.072	.474

LogMAR, logarithm of minimal angle of resolution; VA, visual acuity; AULCSF, Area Under the Log Contrast Sensitivity curve; CA, Contrast Acuity; cpd, cycles per degree  
 \*,  $p < .05$ . \*\*,  $p < .01$ . Bold values represent statistically significant values

( $B = -1.63, p = 0.016$ ), inner temporal ( $B = -1, p = 0.024$ ), and inner superior ( $B = -0.66, p = 0.021$ ). Retinal thickness was associated with CS threshold at 6 cpd at the outer inferior ( $B = -0.46, p = 0.014$ ), outer temporal ( $B = -0.47, p = 0.014$ ), outer superior ( $B = -0.42, p = 0.022$ ), and outer inferior region ( $B = -0.43, p = 0.037$ ).

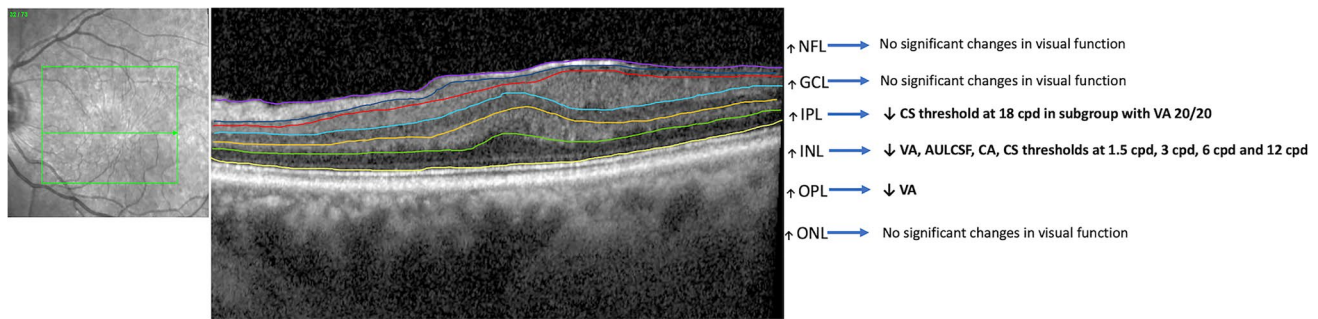
**Associations between VA, contrast sensitivity, and individual retinal layer thicknesses**

Standardized regression coefficients (b) for the association of logMAR VA or contrast sensitivity metrics are outlined in Table 2. When controlling for race (none of the other variables were found to be significant enough to be included in our final model), mixed-effects multiple linear regression analysis showed that increased INL thickness was significantly associated with worse logMAR VA ( $B = 0.011, p = 0.001$ ), AULCSF ( $B = -0.016, p = 0.003$ ), CA ( $B = -0.01, p = 0.006$ ), and decreased CS thresholds at 1.5 cpd ( $B = -0.008, p = 0.036$ ), 3 cpd ( $B = -0.014, p = 0.005$ ), 6 cpd ( $B = -0.022, p = 0.004$ ), and 12 cpd ( $B = -0.01, p = 0.041$ ). Additionally, increased OPL thickness was found to be significantly associated with worse LogMAR VA ( $B = 0.014, p = 0.010$ ) and decreased CS threshold at 3 cpd ( $B = -0.017, p = 0.025$ ). Increased ONL thickness was associated with decreased CA ( $B = -0.004, p = 0.039$ ). The results are summarized in Fig. 2.

When investigating the effect of individual retinal layer thicknesses in specific ETDRS subfields on contrast sensitivity and VA, INL showed significant associations with visual function metrics in the greatest number of ETDRS sectors compared to any other retinal layer (Supplemental Table 1). The INL showed significant regional associations with logMAR VA, AULCSF, and CS thresholds at 1 cpd, 3 cpd, and 6 cpd and 12 cpd (Supplemental Table 1).

**Subgroup analysis**

A subgroup analysis was performed in patients with BCVA 20/20<sup>-3</sup> or better. The subset included 23 eyes of 21 patients. Baseline demographics for this group are listed in Table 1. When controlling for eye (no other variable was significant enough to be included in the final multivariate model), associations of total retinal thickness with contrast sensitivity metrics per ETDRS subfield are shown in Fig. 1B. Additionally, when controlling for eye, increased INL thickness was significantly associated with worse CS thresholds at 3 cpd and 6 cpd (Table 3, Fig. 2).



**Fig. 2** Summary of individual retinal layer thickness effect on visual acuity and contrast sensitivity metrics

## Discussion

In this retrospective cross-sectional observational study, we present a cohort of 102 ERM eyes investigating structure–function associations between retinal thickness (total, regional and individual layer thickness), visual acuity, and contrast sensitivity. This is the first ERM study where contrast sensitivity is measured by employing the active-learning qCSF platform, which is reliable, sensitive, and feasible for clinical practice. This study offers valuable insight into the contribution of both regional and individual retinal thicknesses on contrast sensitivity and provides a deeper understanding of the implications of structural changes on visual function in patients with ERM.

Overall, our results show that in patients with ERM, increased total retinal thickness seems to be associated with larger reductions in contrast sensitivity than in VA, suggesting that contrast sensitivity may be a valuable adjunct metric of visual function for routine clinical practice. This derives from the fact that the absolute values of the standardized regression coefficients for the central ETDRS subfield are more than double for the associations with AULCSF and CS thresholds at 1.5, 3, 6, and 12 cpd compared to the respective regression coefficient for VA (Fig. 1A). Moreover, the absolute value of the standardized regression coefficients for the four inner ETDRS subfields are consistently larger for the associations with AULCSF, CA, and CS thresholds at 3 and 6 cpd compared to that for VA (Fig. 1A).

Increased total retinal thickness in the outer ETDRS subfields was found to be significantly associated with reductions in contrast sensitivity (more pronounced in AULCSF and CS thresholds at 6 cpd), while significant association with decreased VA was present only in the outer temporal subfield. Further, increased total retinal thickness in the inner temporal ETDRS subfield was significantly associated with reduced AULCSF and CS threshold at 3 cpd but not with significantly reduced VA (Fig. 1A). Lastly, even in patients with  $BCVA \geq 20/20^{-3}$ , retinal thickness is still

significantly associated with decreased AULCSF and CS thresholds at 3 and 6 cpd (Fig. 1B).

This is one of the first studies, that we know of, to investigate regional retinal thickness in relation to contrast sensitivity in patients with ERM. Previous literature on the effect of CFT on visual acuity rendered mixed results [16, 17, 19, 20, 26]. Only one study showed a reduction in contrast sensitivity in patients with non-foveal ERM; however, this study focused on a population only with multifocal intraocular lenses [22], which are known to be associated with reduced contrast sensitivity [27]. Moreover, this study used the CGT-2000 instrument (Takagi, Seiko, Japan), which tests only CS thresholds at ranging from 0.64 to 6.3 cpd [6] and has been shown to have poor repeatability [6]. Using the qCSF method, our results suggest that CFT may not be the most appropriate indicator of visual dysfunction in all patients with ERM, which is clinically intuitive as the area of traction caused by the ERM is not always limited to the fovea.

When investigating the effect of individual retinal layer thickness on functional outcomes, our results suggest that of all the retinal layers affected by ERMs, increased INL thickness is the most detrimental to visual function. In specific, increased INL thickness is significantly associated with worse LogMAR VA, as well as decreased AULCSF, contrast acuity, and decreased CS thresholds at 1.5, 3, 6, and 12 cpd. Further, increased OPL thickness is significantly associated with decreased VA and decreased CS threshold at 3 cpd. Comparing standardized regression coefficients derived from our mixed-effects regression models for the above associations, it seems that increased INL thickness in ERMs is associated with changes in contrast sensitivity outcomes (AULCSF and CS thresholds at 3 and 6 cpd) nearly equal to changes in VA (Table 2). Additionally, even in a subgroup analysis of patients with  $BCVA \geq 20/20^{-3}$ , increased INL thickness is still significantly associated with decreased CS thresholds at 3 and 6 cpd.

To the best of our knowledge, literature on individual retinal layer thickness and contrast sensitivity has been scarce.

**Table 3** Structure–function associations of individual retinal layer thicknesses with contrast sensitivity metrics (AULCSF curve, CA, and CS thresholds) in subgroup with BCVA  $\geq 20/20^{-3}$

	AULCSF		CA		1 cpd		1.5 cpd		3 cpd		6 cpd		12 cpd		18 cpd	
	b	p value	b	p value	b	p value	b	p value	b	p value	b	p value	b	p value	b	p value
Nerve fiber layer	-0.208	.815	-0.045	.592	-0.127	.672	-0.086	.427	-0.188	.277	-0.257	.671	-0.098	.905	-0.011	.355
Ganglion cell layer	-0.228	.277	-0.313	.496	0.109	.374	0.122	.854	0.017	.299	-0.250	.127	-0.344	.204	-0.177	.662
Inner plexiform layer	-0.063	.262	-0.129	.544	0.195	.314	0.260	.456	0.219	.667	-0.072	.185	-0.309	.296	-0.258	.015*
Inner nuclear layer	-0.533	.076	-0.481	.703	-0.087	.592	-0.110	.098	-0.371	.010*	-0.559	.032*	-0.468	.246	-0.184	.590
Outer plexiform layer	-0.137	.789	-0.130	.480	-0.187	.773	-0.109	.957	-0.033	.541	-0.151	.567	-0.132	.669	0.042	.286
Outer nuclear layer	-0.250	.915	-0.063	.669	-0.128	.409	-0.136	.191	-0.317	.134	-0.351	.735	-0.079	.449	0.247	.281

LogMAR, logarithm of minimal angle of resolution; VA, visual acuity; AULCSF, area under the log contrast sensitivity curve; CA, contrast acuity; cpd, cycles per degree  
\*,  $p < .05$

So far, VA has been mainly associated with thickening of the INL and OPL [28–30]. Other studies have correlated metamorphopsia with INL thickness [30–32]. Our study offers unique insight into the effect of these individual retinal layers on contrast sensitivity.

Among the limitations of this analysis is that it did not account for ERM stage, or other morphological changes that may occur in the presence of ERM, such as presence of retinal cysts, lamellar holes, cystoid macular edema, or ellipsoid zone disruption. These characteristics could be the focus of future studies. Some characteristics present in the eyes of this study (i.e., ectopic foveal inner layers [2], cotton ball sign [33], and microcystic edema) could have had an effect on the retinal layer segmentation for our study. However, these scans were manually checked to ensure accurate delineation of retinal layers. Second, as this was a cross-sectional study, no information on the effect of vitrectomy/ERM peeling on contrast sensitivity could be drawn; future work on that would be valuable. Furthermore, given the existing qCSF protocol in place at our institution, we compared VA and CS data without pinhole correction, but it would be interesting to see how the relative correlation between retinal thickness and these visual outcomes differ when correction is applied.

In conclusion, total retinal thickness seems to be associated with larger reductions in contrast sensitivity than in VA, especially in the central subfield and four inner ETDRS subfields. When investigating the effect of individual retinal layer thicknesses on visual function, increased INL thickness seems to be most detrimental to contrast sensitivity and VA. qCSF-measured contrast sensitivity seems to be a valuable adjunct metric of visual function in patients with ERM.

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1007/s00417-022-05819-y>.

**Author contribution** Concept and design: RZ, FV, LAK, DGV, DH, JBM. Data collection: RZ, FV, AB, HEW, GB, RK, TK. Data analysis: RZ, MW, TE. Original manuscript draft: RZ, FV. Critical revision of manuscript: RZ, FV, MW, AB, HEW, GB, RK, TK, TE, LAK, DGV, DH, JBM. Guarantors: RZ, FV, JBM.

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**Data availability** Data are available upon reasonable request. Not applicable.

**Declarations**

**Ethics approval** This study involves human participants and was approved by the institutional review board at Massachusetts Eye and Ear.

**Consent for publication** Consent was waived due to the retrospective nature of the study.

**Competing interests** LAK has received research support from the National Eye Institute (R01EY027739) and CureVac AG and has a financial arrangement with Pykus Therapeutics. DH is a consultant for Allergan, Genentech, Omeicos Therapeutics and has received financial support from the National Eye Institute, Lions VisionGift, Commonwealth Grant, Lions International, Syneos LLC, and the Macular Society. DGV is a consultant for Valitor and OliX Pharmaceuticals and has received financial support from the National Eye Institute and by grants from the National Institute of Health (R01EY025362 and R21EY0203079), Research to Prevent Blindness, Loeffler's Family Foundation, Yeatts Family Foundation, and Alcon Research Institute. JBM is a consultant for Alcon, Allergan, Carl Zeiss, Sunovion, and Genentech.

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